Cracked Soil at Auroville’s Annapurna Farm in April 2019
HOUSE OF MOTHER’S AGENDA

Have you brought something? There's a beautiful aphorism. (Satprem reads:)

109 - All things seem hard to man that are above his attained level and they are hard to his unaided effort; but they become at once easy and simple when God in man takes up the contract.

It's perfect. There is nothing to say. Just two or three days ago I wrote something in reply to a question, and I said something like this: Sri Aurobindo is the Lord, but only a part of the Lord, not the Lord in His totality because the Lord is All - all that is manifested and all that is not manifested. Then I wrote: There is nothing that isn't the Lord, nothing - there is nothing that isn't the Lord, but those who are CONSCIOUS of the Lord are very rare. And this unconsciousness of the creation is what constitutes its Falsehood. It was so obvious suddenly: “This is it! This is it! ...” How did Falsehood come about? - Just like this: it is the creation's unconsciousness that constitutes the Falsehood of the creation. And as soon as the creation becomes conscious again of BEING the Lord, Falsehood will cease.

And that's how it is indeed: everything is difficult, everything is laborious, everything is hard going, everything is painful, because everything is done outside the Lord's consciousness. But when He takes possession of His domain again (or rather when we let Him take possession of His domain again) and things are done in His consciousness, with His consciousness, everything will become not only easy but marvelous, glorious - and inexpressibly joyful.

It came as something obvious. People ask, “What is it that is called Falsehood? Why is the creation made of Falsehood?” - It isn't an illusion in the sense of being non-existent: it's quite existent, but... it's not conscious of what it is! Not only unconscious of its origin but unconscious of its essence, of its truth. It isn't conscious of its truth. And that's why it lives in Falsehood. This aphorism is magnificent. There is nothing to say, of course, it says everything.

MOTHER'S AGENDA, 3 March 1965 - MOTHER

(Mother looks at a letter not yet opened) I wrote something to K. and he must have replied... very indignantly, no doubt!

What did you tell him? (Mother looks for a note:)

“We have faith in Sri Aurobindo, he represents for us something that we formulate for ourselves with the words we find the most adequate to express our experience. For us those words are obviously the best to formulate our experience. But if in our enthusiasm we were convinced that they are the only ones suitable to express correctly what Sri Aurobindo is and the experience he gave us, we would become dogmatic and would be on the verge of founding a religion.”

Oh, yes, indeed!

I had written to him (he had read something in White Roses) and he had answered me (he was indignant), “How can you say that Sri Aurobindo doesn't express the WHOLE Lord, that Sri Aurobindo is only a part of the Lord!” I didn't answer directly, I told him, “Take care not to become dogmatic....” And he has never understood anything.

Soon afterwards

I have found some quotations from Sri Aurobindo... marvelous!

Yesterday, I wrote something to someone else (it was in English). There was first a quotation from Sri Aurobindo: “The Power that governs the world is at least as wise as you...” ([Mother laughs] don't you know this quotation from Sri Aurobindo? It's marvelous), “and you need not be consulted for its organization, God looks to it.” Something like that. Then, below, I put my message of February 21: Above all the complications of the so-called human wisdom stands the luminous simplicity of the Divine's Grace, ready to act if we allow It to do so. And on the other page I wrote this in English (Mother looks for a note):

“In conscious communion with the Supreme Lord, I declare that I do what the Lord wants me to do so as to serve on earth His Truth and His Love.”

He had deplored (laughing) some accusations of mine against people, especially against the Catholic religion (although he isn't a Catholic at all - he is a staunch Hindu), he thought it wasn't wise from a legal standpoint and that I risked running into trouble (!) So I told him privately, “You know, the whole world's opinion of me, everyone's opinion is like zero, I couldn't care less.” Then he gaped in horror! And I told him, “Here, now you will meditate on this in all humility,” and I gave him what you've just read.

But I don't want it to get around. It came strongly on that occasion, like a necessity, I had to say that, but the time hasn't come yet to declare it publicly.

MOTHER’S AGENDA, 6 March 1965 - MOTHER

If you are not constant in aspiration,
The nature will then sink into the old lower ways

Sri Aurobindo - Gems from Sri Aurobindo, First Series, p. 7
LFAU and its campaign ACRES FOR AUROVILLE actively work for manifesting the City of Dawn by helping secure its needed physical base. We’re pleased to share the new April posts we’ve added to our website on the theme of Pioneering Auroville:

- First, our LFAU letter & A4A Flier celebrate the spiritually pioneering vision of Sri Aurobindo and The Mother and invoke the spirit of collaboration for manifesting Auroville.
- Good news: 2 new plots of Greenbelt land were purchased thanks to solidarity donations. Auroville’s Land Board made sure to have the purchases registered by February 21st! These plots were welcomed into Auroville with 2 consecration ceremonies held by the Land Board, its office and field staff, and the land fundraisers some views.
- We continue our reports by Auroville’s pioneers, this time by Constance - one of the very first! After studying Sri Aurobindo’s writings for several years, Constance came to India with a one-way ticket and joined the Ashram in 1968. He lived in Auroville and worked to build it during its first ten years. On the AVI-USA Board of Directors for three decades, he resides in Santa Fe, New Mexico with his wife, Iris, whom he met in Auroville. Remembrances and some early Auroville photos.
- And the City of Dawn’s pioneers continue to come! Each year, people of all ages arrive with an aspiration to meld their lives with Auroville’s. Rakhal is one of the “oldtimers” who co-facilitates the “Yucca Program” – the initiation week for Newcomers. Rakhal shares his experience of welcoming Auroville’s newcomers.
- The wonderful Matrimandir concreting photo (above) was taken by photographic journalist Dominique Darr. Starting in 1970, year by year, Dominique recorded Auroville’s growth with thousands of pictures. This precious heritage is contained in her book “Matrimandir – Hymn to the Builders of the Future” centredart.in/dominique-darr. She also created Auroville’s Centre d’Art to promote artistic links between Auroville and the world: centredart.in
- Finally, we have posted the inspiring messages of The Mother from 1950 to 1973 on the occasion of the significant dates of March 29th, April 4th and 24th including the momentous announcement of her experience of the Supramental breakthrough in 1956.

“Acres for Auroville” is a collaboration of LFAU & the worldwide centers of Auroville International, and fundraises for missing plots in the City of Dawn’s entire designated Master Plan area.

We thank you for your support, your enthusiasm, and your ongoing solidarity!

Please specify your donations for ‘ACRES FOR AUROVILLE’ for all Master Plan priority plots via:
Auroville Unity Fund (checks & bank transfers); Online with credit/debit cards https://donations.auroville.com/;
or via your Auroville International Center www.auroville-international.org
Information & tax deductibility https://land.auroville.org / LFAU contact: lfau@auroville.org.in - (+91-413) 2622657
**Forest Group Report April 2019**

- **Aurodam, 5th of April 2019**

  Present: Fabian (Pitchandikulam), Cassandra (Revelation), Jean (2 Banyans), Shanti (9 Palms), Rishi (Karamaruta), Rita (Centre Field), Nathalie (Revelation), Ajmal (Revelation), Jan (Fertile Field), Achilles (Baraka), David (Aurodam), Dominik (Espace), Vengades (Abri Forest), Balu S. (Azhogu Boom), Eneea (Miracle), Vinny (Hermitage), Saga T. (Kottakarai), Ambre (Nilatangam), Raj Andagere (Udumbu), Lauren Andagere (Udumbu), Segar D (Neidal), Jessamijn (Udumbu), Vatchala (Aranya forest), Elaine (Auromodel), Thanjayan (Shivam forest), Alonya (Dari Kali), Kanniyapappan (Pitchandikulam), Dave (Silence - Notes), Lakshmi (Fertile), Island (Espace), Shivaraj (Matuvaram), Sandeep (Fertile), Alex (fertile), Guy (Fertile), Glenn (Anasuya), Hans (Abri Forest), Agnes (Dari Kali - Chair), Phillippe, Natasha (Evergreen), Boobalan V. (Siddhartha Forest).

1. **David’s Health**: David wanted to let everyone know that he is very well. In addition, that he planted all of the trees in Aurodam.

2. **House repair requests**: Rita and Biggie had made requests to the Housing Service for financial help to repair their respective house roofs and the Housing Service / Board had already approved the repairs. However, it had been proposed that in the future such requests would also be approved by the Forest Group (FG). Everyone agreed that this process seems to be unnecessarily bureaucratic and in the future the FG need not be involved. Instead individuals should just approach the Housing Service directly with their requests. Hans will send a mail to the Green Group and Housing Groups clarifying the groups decision on such instances.

3. **Northern Forest Collective**: An update was provided on the positive progress which has been made by the Northern Forest Collective in the last months. In addition, a new map of the proposed northern sanctuary including wildlife corridors, priority areas for land purchase etc. was introduced.

   One individual, closely involved in the Northern Forest initiative stated that he would like to become a fully-fledged steward. For the existing stewards of the Collective this request came as a surprise as their last meeting had been on Wednesday where everything had been agreed amicably. As a result of the request, the “Uncle” decided to withdraw from his role.

   It was generally agreed in the meeting that it is up to the Northern Collective as the existing stewards of the land to decide or not whether to recommend additional individuals as forest stewards or not.

4. **Aranya forest, additional maintenance**: Vatchala had previously made a request by e-mail for a full maintenance and had come to the FG to formally request the same. She explained her work history and why she was making the request at this time. At the moment Aranya receives one full maintenance for Saravanag as well as 3 forest budgets, the forest covers just over 52 acres of Auroville land. A number of additional clarifications were requested regarding Vatchala’s day to day work commitments as well as the income that Aranya receives from hosting schools.

   The group supports Vatchala’s request for maintenance. However, at the moment the maintenance waiting list has seven people already on it and therefore it is unclear when the request may be granted.

5. **Shivam Forest**: One February the 22nd and 23rd the FG received two very strongly worded e-mails from the Land Board with regards to what they see as Thanajayan’s failure to protect plot number BO 76/8. On the other hand, Thanajayan has consistently communicated the issues with the plot with the Land Board. The legalities of the plot are clearly in dispute with very aggressive neighbours encroaching on the plot. Although Thanajayan reiterated his point of view about the plot in question, unfortunately, the Land Board had not sent a representative to the meeting to represent their point of view and at the moment are chronically understaffed. Glenn will follow up directly with them and report back to the FG.

6. **Building permissions**:
   a. **Udumbu**: Raj and Lauren made a request to build a demountable house as a staff quarters in Udumbu and presented their proposal including maps and drawings. This was approved.
   b. **Evergreen**: Amos presented his plans for an extension on his families existing very small house. This was approved.
   c. **9 Palms**: Shanti as steward and on behalf of her sister Mohini, presented building plans for a house in 9 Palms. A 6 by 4 metre storage shed was approved as a first step.

7. **Fertile**: A lively discussion was had about: addressing the risk of future local road developments, as well as potential new lands for sale and falling water tables.

**Next meeting**: Friday the 3rd of May at Miracle.

**ANNOUNCEMENTS**

**New members for AVC, FAMC, TDC and WC**

Dear community members,

The Selection Process for the AVC, FAMC, TDC and WCom took place on 13th & 14th April, 20th & 21st April 2019 at Unity Pavilion.

Here are its results:

- **AUROVILLE COUNCIL**
  - Outgoing members (4): Angelo, Elisa, Matirprasad, Sandyra.
  - New members selected (2): Ganesh, Vikram.

- **NEW TEAM (7 MEMBERS):**
  - Enrica, Ganesh, Martin, Mita, Selvaraj, Shivaya, Vikram.

- **FUNDS AND ASSETS MANAGEMENT COMMITTEE (FAMC)**
  - Outgoing members (4): Bindu, Chali, Chandresh, Yuval.
  - New members selected (3): Inge, Kalia, Marc, Nicola.

- **NEW TEAM (9 MEMBERS):**
  - Daniel E., Dhruv, Inge, Kalia, Lyle, Marc, Nicola, Nicole, Prabhu.

- **L’AVENIR D’AUROVILLE / TOWN DEVELOPMENT COUNCIL**
  - New members selected (3): Jef, Saravanan, Sreevatsa.

- **NEW TEAM (5 MEMBERS):**
  - Anita, Jef, Saravanan, Sreevatsa, Tejaswini.

- **WORKING COMMITTEE**
  - Outgoing members (2): Hemant, Inge.
  - New members selected (2): Chali, Manas.

- **NEW TEAM (7 MEMBERS):**
  - Carel, Chali, Manas, Mandakini, Partha, Ranjith, Sauro.

More details about these results and pictures of the new teams are available here: [https://drive.google.com/open?id=1VQffce8KbfnS85ro-Ke4irEid6vY4z_0J](https://drive.google.com/open?id=1VQffce8KbfnS85ro-Ke4irEid6vY4z_0J)

Please note that following the PWG guidelines, decisions during this process were taken by consensus and therefore some working groups ended up with less members than their number of available seats. Only candidates for which the room reached consensus or strong agreement were selected.

A detailed report of the event will be posted on Auronet once the RAS and the Study Group have compiled and formatted the notes taken during the process.

We warmly welcome all the members that were selected for serving in these working groups, and would like to thank all the residents that participated in the process and were present in the room. We would also like to express special gratitude to Niva and Michael for facilitating this weekend and holding the space, to the silent presence keepers for supporting us on a subtle level, and to all the Study Group members and helpers that made this selection process possible.

With gratitude,

The Residents’ Assembly Service.

*News&Notes 29 April 2019* [796]
**Update from the Working Committee**

1) Minutes 53rd meeting of the Governing Board.

After we submitted our report over the month of March 2019 to the News and Notes, we received a copy of the Minutes of the Governing Board. Extracts of these minutes have been posted at https://auroville.org.in/article/74116. The full minutes can be seen at the Working Committee office.

2) Visa situation of Auroville.

We have posted a document “Overview of visa regulations relating to Auroville - April 2019” on the Auronet at https://auroville.org.in/article/74115. This overview contains the understanding of the Working Committee on the visa regulations of the Government of India that are applicable to Auroville, as was verbally communicated to the community by the Foreigners Regional Registration Officer, Chennai, on March 26th, 2019. The Working Committee is awaiting the formal intimation of the Ministry of Home Affairs. This document may change accordingly.

The Working Committee

**L’AVENIR: Application Announcement**

NOC issued after approved process:

MITRA II Site NOC extension valid till 9th November 2019

Project Holders - SAIER

Project Architects - Architectural Selection Process

Proposed Site Location - along the Crown Road, opposite the Solar Kitchen (between the round-about to its right the future Line Of Force)

L’avenir d’Auroville team (Anita, Jef, Sreevatva, Tejaswini)

**About Mitra II proposed location: a note from the Services located in the Prosperity Area**

Since almost two years we have expressed our objection to the location of Mitra II proposed in front of Solar Kitchen, across the crown road, even with its new placement a few meters away. And we have presented a long list of signatories agreeing with our objection.

We are not against the project per se, but we are sure there are other areas more suitable for it. This area is meant for permanent residents on one side and for basic services for residents on the other, and does not correspond to the atmosphere and needs of a hostel for outside youth.

Both SAIER as well as L’avenir TDC are ignoring us and continuing with their plans.

We request community support to develop the Prosperity Area in harmony.

Thank you,

Solar Kitchen, Pour Tous Distribution Centre, Free Store, Nandini, Food Link, Library, Sante, Gilles G.

**Announcement from BCC on Wage Increase effective after April 2019**

BCC recommends to increase the wage-budget by 6%. This figure has been reached after carefully considering the inflation rate and the local variations therein.

However, a raise in the wage-budget does not mean each wage should increase by 6%. Instead, BCC recommends the services to decide on the percentage increase of wages for the workers within their activities such that those earning less can get a higher raise than those earning more per day.

Thanking you, Sincerely

BCC (Anne, Claudine, Enrica, Hari, Hendrik, Jean-Yves, Jyotiprem, Rathinam, and Hans)

**FROM THE ENTRY SERVICE - N&N # 796**

Dated: 29-04-2019

Our team is happy to recommend the following individuals as Aurovilians, Newcomers and Friends of Auroville, joining Auroville. Prior to Newcomer, Aurovillian and Friend of Auroville status confirmation, for Newcomers two weeks and for Aurovilians, Returning Aurovilians and Friends of Auroville one-month window for community feedback. Kindly forward your support or grievances to entryservice@auroville.org.in.

NEWCOMER ANNOUNCED:
- Soyoko AWAZU COLOBET (Japanese), staying in Grace and working at Discipline Farm

Aurovilians ANNOUNCED:
- Lara FORTI (Danish), staying in Maitreyee II and working at Deepanam
- Prabhakar KOLLI (Indian), staying in Kalpana and working at Auroville Consulting

Aurovilians CONFIRMED:
- Sankaramurthy CHAKKARAVARTHY (Indian)
- Sriramulu KRISHNASAMY (Indian)

FRIEND OF AUROVILLE CONFIRMED:
- Elisabetta SALPETRE (Italian)

NOTE: Individuals are entered into the Register of Residents (maintained by the Auroville Foundation) shortly after filling the B-FORM and meeting with the Secretary of the AVF.

The appointment date for these is set and communicated by the Entry Service to the individual at the respective time, and NOT AT THEIR PERSONAL REQUEST.

This is the last step of the Newcomer process where the status of Newcomer Resident is switched to Aurovillian Resident.

ENTRY SERVICE OPEN TO PUBLIC TIMINGS

Monday, Wednesday, Friday: 09:30 am - 12:30 pm
* Newcomer kits will be given and received only on Tuesdays & Thursdays between 2:30 pm and 4:00 pm.

Yours,

The Entry Service

**From the Housing Service**

**Youth Housing:**

If you are Aurovillian, between 20 and 35 years old, working for Auroville full time for at least 9 months and have no/limited funds for housing, you are welcome to apply for Youth Housing. Places in Youth Housing (Kriya and Humanscapes) are suitable for singles, couples and families. (No guarantees for immediate placement.)

For more information e-mail to housing@auroville.org.in

**Houses available in housing projects:**

1. From Sunship:

Immediately available, one office of 20 M2(First Floor) is available for transfer (Contact louis@auroville.org.in for visit and more information)

2. Kalpana Housing Project:

The Kalpana project is completed. The residents have moved in since 15th December 2018. Fully equipped apartments with cupboards, equipped kitchen, bath room, fridge, hob, light, fan, solar back up system. Covered terrace for each apartment. Two units are available. For information and site visit, contact: satyakam@auroville.org.in

Information on grants allotted for Aurovilians by Housing Board:

Housing Board informs that there is no more grant available for housing extension. Financial assistance is available only for repairs.

**FOR YOUR INFORMATION**

**Kaleidoscope No8 is out!**

Well, here we are, it is the end of the School year again... It has been a roller coaster of a year for everybody I guess. It surely was for us. We wanted to get 10 issues of Kaleidoscope, our monthly magazine, we achieved 8.

This eighth is a rather special one. A near to full color edition. With two pages under the absolute direction and supervision of each and every one of the students of this Faith Group. So, 8 not 10, failing that is... But when one thinks about it, 8 just has got to be pushed a little on the side, till it falls, and it becomes infinity. I think we are on the right track. And talking about track, if you kept a good one of the evolution of this adventure,
you will undoubtedly have noticed all the changes, the progress, all the details that makes it all quite readable and more and more so every time.

We feel this self-proclaimed bunch of 14 “weirdos” have improved a lot, that through this fun, though quite often tedious process, they have learnt a lot more than they think and have developed some qualities that they will carry on with them wherever they go next. Next, yes you read it well, as 11 of them will move on. No better time to wish them well. Let’s say it out loud: “we are quite proud of you!” For the remaining 3: “see you next year and let’s keep it up!”

It is also a good time for bowing down and saying: “Thank you very much”; “Merci Beaucoup”; “Rombo Nandri”. Indeed, we want to thank all our ‘faithful’ supporters, starting with SAIIER as it feels that none of the above would have been possible without their essential participation; Inside India for some important support at the right time and some coming computers to continue the adventure next year; Naturellement and Neem Tree for some money and feeding our Writers/Photographers/Page-makers/Editors/Ever-growing teenagers...

Above all, we want to thank these 14 individuals who made it. This special edition is a perfect representation of who they are, full of color, plenty of joyful, interesting and diverse ideas, a very special mix that illustrates Human Unity in its full Diversity. As we are contemplating the continuation of this exciting project next year, hopefully for many years more, we will need more supporters. Of course, you do not have to be a Unit of Auroville to support us (though it does help tremendously), you may do so by reading us regularly and engaging with us too at deeppanamkaleidoscope@gmail.com. I look forward to reading you soon. In the meantime, enjoy and have a great summer.

You can read us here: https://issuu.com/faitclass/docs/kaleidoscope_8

MeDiClown launches a new educational opportunity and career in India! Create Joy, Happiness, Humour, and Laughter!

MeDi Clown Academy in partnership with a medical institution and the Ekam Foundation, is offering a full-time 6-month professional accredited program: “Fellowship in the Art and Science of MeDi Clowning” (FASMC), commencing in July.

Medical Clowning is not only a global practice, but a profession in other parts of the world. Now, this full-time program, created by MeDi Clown Academy, launches MeDi Clowning as a career in India! FASMC integrates therapeutic arts (theatre, music, movement, puppetry), traditional art forms (Villu Paattu, Silambattam), academics (neurosciences, anthropology), and the science of healing through laughter, love, play and joy.

The FASMC is an interdisciplinary, inquiry and research-based instructional program providing a collaborative learning environment. The curriculum offers the opportunity of experiential learning including role play, field work, reflective practice and case studies. Scholarships and placements after the program are currently being explored.

Eligibility criteria is an undergraduate or post graduate degree in any field (Engineering, Business, Social Science, Arts, Education, MBBS, etc). Nevertheless, life experience will be considered. People of all ages and backgrounds are welcome and encouraged to apply. Let’s create together a Happy Healthy India for All.

MeDi Clown Academy, under Arts Service, is a registered activity of the Auroville Foundation. MeDi Clown Academy was awarded the YES! I am the CHANGE, 2018 award from the YES Bank Foundation, to replicate and scale up their 600-hour professional program. Deadlines for scholarships are approaching very soon.

To see our work, you can visit www.mediclownacademy.org. To follow and support us - Instagram: mediclownacademy; FB: mediclownindia. And for further questions, please email ffil@aurville.org.in

GREEN MATTERS

Water Saving Tip of the Week!!

Make sure that your water tanks don’t overflow! Purchase and install a float valve, which will automatically stop the flow of water in the tank when it is full. There are also more technologically advanced solutions, which consist of the electronic monitoring of water levels with automatic switch off, however they are more expensive.

With love from the Water Group, helping Auroville become a water-sensitive city. watergroup@aurville.org.in

RAINWATER HARVESTING REPORT 2019

As the weather seems to become more extreme, unpredictable and erratic, we are experiencing longer droughts and sometimes local cloudbursts. In Auroville and its bioregion, we are still relying on the bountiful rains and when we have long and heavy torrential rains, we don’t want to lose this extra water and let it run off and get lost. Our ponds and waterbodies in Auroville should be able to harvest more of these extra water bonuses. We need larger ponds and probably more on strategic locations. In Aurovilad and Nine Palms, we increased the volume last year. This year we continued to enlarge the capacity in Nine Palms. The soil coming out of the kolam is used to raise and enforce the dam. We have been raising, reinforcing and widening the dam and also raised the spillway.

- We worked 244.6 hours and paid Rs. 158990 to AurOMira.
- In Samriddhi, we created a percolation pond on new Auroville land.
- We worked 1.7 hours and paid Rs. 1105 to Auroville Road Service.

International Zone and Bharat Niwas

We cleaned again the existing ponds in order to have a fast and faster percolation. Last year, on 22nd November, we had a torrential rain and received 120 mm in 24 hours. All the ponds in the I.Z. were full and overflowing. In this case, there was run off from this watershed. We could increase the capacity of the ponds near Visitor Centre in able to harvest more.
- We worked 39 hours and paid Rs. 25585 to Auroville Road Service.

I would like to quote an ancient story: “After a severe drought the starving people came to ask Shiva for help. Lord Shiva was confessing to the starving people that he was helpless in the face of their suffering. He directs them instead just to write a letter to the local zamindar, as the agencies of destruction were not climatic, they were human.”

Kireet

News&Notes 29 April 2019 [796]
Talkin’Trash

Compost your paper wrapping from AV Bakery!

We all love Auroville bakery’s bread and pastries. After having eaten this delicious food, the paper used for wrapping is dirty. You would most probably think the best option to get rid of it is to through it in the paper bin. Then Eco Service could recycle it. Very good idea! But actually, dirty paper can’t be recycled. So, we kindly ask you to put any dirty paper from the bakery into your compost. It will be much happier to biodegrade there!

This is applicable only to Auroville Bakery’s paper!

If you want to join our meetings and help us dealing with waste in Auroville, please join us on 8th May at 10 am at Eco service. Greetings from Waste free Auroville.

ROOTS: next session on 5/5/2019

Dear friends, harvesting and cooking roots (turmeric, sweet potato, taro, yam, tapioca, elephant foot), other fruits and veggies is a learning, grounding, and nourishing experience. (Recipes link)

Next session: Cashew harvest + potluck breakfast at Kriya community, together with Kriya and Healthy Cashew Network (HCN) members.

Sunday, 5th May from 7 - 10 am
No. of participants: 20
Register before 4th May with Anandi Zhang: anandizhang@auroville.org.in; Whatsapp: +918940285201

MOBILITY IN AUROVILLE

MOBILITY IN AUROVILLE: Essentials

- City Shuttle
  Quick “Pick up and Drop” Shuttle Service within the city area or nearby, free of charge, operating with 2 EV vehicles (quiet electric 7-seater vans) and 1 petrol 4-seater for special needs.
  Where: Visitors Center Main Gate or on call.
  When: daily 9.30am to 6pm.
  How: call landline (best) 0413-262-2611 or 9487650951 (driver).
- Cycle Kiosk at Solar Kitchen area
  We repair and maintain all types of bicycles, as a community service.
  Bike parts to full servicing at minimal costs. Free air!
  Where: Opposite PTDC/Foodlink/Solar Kitchen in Prosperity Area.
  When: Monday to Saturday: 9am to 4:30pm.
  How: drop in. Contact Phone Chris Q.: 8940115240.
- Cycles and children car seat rentals
  Where: Vehicle Service, Town Hall.
  When: Monday - Saturday from 9am to 12.30 and 2.30 to 5pm.
  How: Contact avvehiclen@auroville.org.in or Phone: 0413-2623302, Mobile: 9443074825.
- Electric bicycles for rent at Kinisi;
  Where: at CSR compound (see MAP).
  When: Monday-Saturday 9:30-12:30 and 2:00-4:30 pm.
- Integrated Transport Services (ITS)
  Electric vehicle rental, shared taxi services, local pick up & drop services, delivery services and vehicle repairs. NEW! Evening Electric Shuttle Service & Shuttle Service to Chennai.
  Where: opposite Solar Kitchen.
  When: Monday-Saturday from 9am-5pm.
- Visitors’ Center - Bicycle Rental
  Daily/Weekly/Monthly rates.
  Where: Available from the Kiosk, Near Dosaal Corner/Dreamer’s.
  When: 9.30 am - 5pm.
  How: Contact: 0413-262-3034.

- Auroville Accessible Bus Schedule
  The current Accessible Auroville Public BUS schedule for Pondy is always available at www.auroville.org/contents/3988.
  NO Sunday SRIMA bus from 21.04.2019 onward

The bus service to Srima is suspended from 21.04.2019 onwards

We will provide the service to Srima beach again starting December 2019.

Thank you all for your support. Our sincere thanks to Daniel towards the financial support for the service to Srima beach.

Regards,
Raju For Auroville Accessible Public Bus.

POSTINGS

Summer Program for Children, age 4 to 7 years

The teachers of Kindergarten, Nandanam and Aha at Center Field will offer a Summer Program (crafts, games, stories, swimming pool and fun) to children aged 4 to 7 (but not for Yellow and Jallam groups) from 13th May until 7th June.

It will run on Monday, Wednesday and Friday, from 9 am to 12 noon. (no school bus, no lunch).

Volunteers above 13 years old are very welcome to help the teachers.

There will be a meeting on Thursday, 2nd of May at 10:30 am at Kindergarten, Center Field to prepare the program. See you there!
The Summer Program Team

Opportunity for Youth be heard/read/seen

We invite all the youth linked to AV (Aurovilians, NCs, long term volunteers) to share your views on Auroville, your experience, your highlights, your disappointments… anything you would like to express! You can also just speak about yourself and what makes feel alive, what you thrive for, what you aspire for… You can share your art, poems, songs, drawings, paintings, games… Anything you like.

We will propose everything we collect to the Auroville Today for a special edition on youth.

Please let us know if you are interested. The deadline is very close (5th of May). Send your material in high quality images or as word document to michaelismsm@auroville.org.in. Looking forward to hear from you!
Bhakti, Inge, Michael

OutreachMedia’s fifth editorial on Culture is online!

Dear friends, our fifth editorial on ‘Culture’ is now online: http://www.outreachmedia.auroville.org/05-culture/

The editorial text provides links to several different presentation formats: a personal note on culture, Portraits IV (cool morphing effects to be expected!), a video on the making of the Tibetan Sand Mandala, a video on Confluence - Re-imagining Univers-city, another video presentation on AVAG and the fantastic Kabaddi ladies, a photo gallery on non-verbal communication, and more.

Our aim with these editorials is to communicate by weaving a thread between several things that are happening around a theme. Our core values are honesty, transparency and impartiality; our guiding insight is kindness. We strive to make our editorials relevant, interesting, meaningful and add value. Is our vision in sync with yours? Do you like writing and/or making short videos and/or clicking pictures? If yes, don’t hesitate to contact us and join the fun!

Warmly,
OutreachMedia team

News&Notes 29 April 2019 [796]
**From Auroville Artists Group**

Funds for performances by Auroville Artists in Auroville should be requested now for the financial year 2019/20. Applications will be considered only until **30.05.19**. Please send a mail to av.artistgroup@gmail.com. I will send you a questionnaire about your performance details. Return it as soon as possible. In a subsequent meeting distribution of funds will be allocated.

Nuria & Rolf

---

**Reminder: Puncture Service Annual Tour**

Puncture Service will be closed for annual tour on **Saturday, 27th; Monday & Tuesday 29th & 30th April.** We are open again on 2nd May, usual timings.

---

**SECURITY**

**Thefts in Auroville**

Dear community, our team has received 5 different complaints since Sunday of thieves who had entered Auroville houses. Remember to keep all your doors and windows locked at night or when absent from home. Do not leave valuables near mesh windows or visible from outside.

The thieves seem to be good climbers too, watch the 1st floor as well. If you are out of station, inform your house sitter of the above.

Regards, Auroville Safety and Security Team

→ Auroville Safety and Security Team: 9443090107  
(Email: security@auroville.org.in)

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**THE Auroville Aikido group**

will not stop in May but will drastically reduce its practice timing this summer: you can find us every Saturday early morning from 6 to 7.30 am! Happy summer to all. Contact us: budokan@auroville.org.in

---

**Auroville Aikido - Registration of young students - School year 2019-2020**

Registration: We welcome all students (already registered and the new ones) from 8 years of age to register for the Aikido classes after the summer break -on Monday July 8th. As you may know, the classes take place at the Aikido Dojo at Dehashakti (the Auroville Budokan). Attendance: Students joining for the first time are given a one-month trial period during which they can withdraw from the activity if it is unsuitable for them. Then to integrate it and progress with the practice, students of all ages are expected to be regular and attend a minimum of 2 classes a week. A third class is available and students are encouraged to attend the 3 classes! As in any school, a written year commitment is required; presence is noted down and sent monthly to the School Board; parents are expected to communicate in case the child is/will be absent. Evaluations (kyu passage) will be held during the year. Timing: This year for practical reasons we have decided to merge the age groups. Timings will be: Monday, Wednesday and Friday from 4.30 to 5.30 pm

**Practice outfit:** In the beginning, students can wear long and comfortable pants and a T-shirt (no tight-fitting clothes). A white keikogi (practice suit) will be necessary to continue with the practice. We have some in stock and will lend them out. Nandini can also make the keikogi for your child if needed and if you are a participant to the service/coop. Please return the keikogi (with the belt!) to the Budokan if your child stops or if it needs to be changed. They are re-used!

**Conditions:** Please note that all students need to be part of the Auroville Health Fund or insured by a personal insurance.

**Contribution:** For want of a City Budget, all Auroville students are required to contribute Rs. 1000/- a year for the upkeep of the Dojo. Details will be communicated upon registration.

For registration and further inquiries, please contact Surya:  
tel:0413-2623813 - tel:9655485487 or write to budokan@auroville.org.in Adult (potential or else) Aikido students are welcome to enquire as well!

Warmly, Cristo N. Murugan and Surya

---

**THANK YOU**

**From the Auroville Comedians Group**

Dear friends, the cast of the new coming comedy wants to thank you for the support and care you shared with us last Saturday in front of PTDC. It is not easy to ask for fundraise especially in these days when many new difficulties were introduced in India making the cost of life more expensive for many of us. For that we are really grateful and aware of how lucky we are to share a community spirit with all of you. Thank you very much.

If you wish to keep following us and our adventure together, please look for our Facebook page “Comedy in Auroville”.

We will update you with our rehearsal process and other events like theatre workshops for fundraising and many other funny stuff. Truthfully grateful, The Auroville’s Comedians group

---

**Thank You from Farewell Team**

Whoever has been cleaning along the outside of the Auroville Burial and Cremation Ground fence – a heartfelt THANK YOU! The Farewell Team

---

**EATING OUT**

**AV Bakery & Café closed May 1 to 5**

AV Bakery and Café will be closed from **1st May (Wednesday) till 5th May 2019** (Sunday) for oven repair and renovation. We will resume service from **Monday, 6th May 2019. Auroville Bakery Team**

---

**Last Tibetan Dinner on 1/05 before break**

Dear Friends, On Wednesday 1st of May will be the last Wednesday dinner served before the summer holiday. We request you to register by calling or send WhatsApp to 8489306731, before Tuesday 9, 30 pm.

Take care and see you all in July. We wish you all a great summer holidays. Best wishes, Kalsang and Namgyal.

---

**Zephyr Summer break: May to mid-August**

Dear Zephyr fans out there!

Le Zephyr will be closed for the holidays, starting beginning May till mid-August! Wishing you all a wonderful summer and see you after the break! Much love, Zephyr team

---

**Friday - Saturday Dinners at Naturellement!**

For those of you who are looking for new alternatives for dinner we have good news! Naturellement Garden Café be will open on Friday and Saturday up to 9pm, from 26th of April onwards. Come and enjoy the chilled ambience, or even cool off in our ac lounge! Take away is also available :) Remember that there is a 25% discount for Aurovilians, newcomers and volunteers.

---

**Well Studio Café: Summer break till June 9th**

---

**ACCOMMODATIONS**

**Needed 1:** My name is Kavi and I am applying to be Newcomer. I am working in Pour Toua Distribution Center (PTDC). I am looking for House Sitting in Auroville. I will take care of pets and garden if necessary. If anyone need a house sitter for long or short term, I would be ready to do it. Contact: 894082173

**Needed 2:** Hi, I’m Hircha, long term volunteer with Udavi school. I’m looking for a place to house sit along with my partner for a period of 3-5 months. Phone no.: 970632611 email: hircha.lahkar@gmail.com.

---

**LOST & FOUND**

**Wallet (lost):** I have lost my light brown leather wallet - inside there is my Aadhar card, jewellery and other items. If found, please give it back. Contact number: 9498934209, Alexandra

**Keys:** lost on 25/04 in central area of Auroville. If you have found them, please call 9586177173, thanks!

**Phone (found):** I found an iPhone in the road. At the turning of Gaia, between Kalabhumi and Grace. Iphone is rose gold, pink case. The language is in Russian. If it’s yours, please contact Eden 759394821, edmuriel@gmail.com.
**MATTRAM Update**

MATTRAM - Centre for Psychological Development and Support. Guidance and support from qualified psychologists to make life again an interesting and fascinating journey.

Walk in hour everyday (except Sunday) 9:00 A.M to 10 A.M. For appointments write to us at mattram@auroville.org.in. www.mattramav.wordpress.com

---

**Auroville Health Centre closed on 4th May**

Dear Community, the Auroville Health Centre will be closed on Saturday, 4th May 2019, for our annual staff tour.

---

**Santé – Auroville Institute for Integral Health**

☎ email: sante@auroville.org.in -
Website: www.sante.auroville.org.in ☎

For emergencies, contact Auroville Ambulance: Tel: 9442224680 (24x7)
Government Ambulance: Tel: 108 (24x7)

At Santé, we value our patient’s confidentiality and make every effort to ensure their privacy.

Working Hours in May: 8:45 -12:30 Monday - Saturday
for Aurovilians, Newcomers & registered Volunteers, Guests, & Friends of Auroville
Closed every Tuesday afternoon for regular staff meetings

Please note: Blood tests and Lab collection Mon-Fri before 12:00 pm. No lab collection on Saturday.

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**SANTÉ THERAPISTS’ SCHEDULE - MAY 2019**

For appointments, call Santé reception at (0413)-2622803 or +91-9489441703 between 8:45am to 12:30 pm.

<table>
<thead>
<tr>
<th>Service</th>
<th>Therapist</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Practitioner</td>
<td>Dr. Igor</td>
<td>Monday - Saturday</td>
<td>Mornings only</td>
</tr>
<tr>
<td>General Practitioner</td>
<td>Dr. Brian</td>
<td>TOS from 15/04/19 till 06/06/19</td>
<td></td>
</tr>
<tr>
<td>Nursing Care</td>
<td>Archana/ Ezhil &amp; Thilagam</td>
<td>Monday - Saturday</td>
<td>Mornings only</td>
</tr>
<tr>
<td>Acupuncture</td>
<td>Andres</td>
<td>TOS from 27/04/19 till 08/06/19</td>
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<tr>
<td>Ayurveda Medicine</td>
<td>Dr. Bee</td>
<td>Wednesday, Friday</td>
<td>Morning</td>
</tr>
<tr>
<td>Homoeopathy</td>
<td>Michael Z.</td>
<td>Monday, Wednesday</td>
<td>Morning</td>
</tr>
<tr>
<td>Homoeopathy</td>
<td>Ingo</td>
<td>TOS from 15/04/19 till 06/06/19</td>
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<tr>
<td>Hypnotherapy and NLP</td>
<td>Denis</td>
<td>TOS from 01/05/19 till 10/06/19</td>
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<tr>
<td>Integrative Psychotherapy</td>
<td>Juan Andres</td>
<td>Mon, Tues, Thurs, Fri</td>
<td>Morning</td>
</tr>
<tr>
<td>Medical Massage</td>
<td>Galina</td>
<td>Tuesday, Friday</td>
<td>Morning</td>
</tr>
<tr>
<td>Physiotherapy</td>
<td>Galina</td>
<td>Monday, Wednesday, Thursday</td>
<td>Morning</td>
</tr>
<tr>
<td>Physiotherapy</td>
<td>Osnat</td>
<td>Monday, Friday</td>
<td>Morning</td>
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<tr>
<td>Therapeutic Shiatsu</td>
<td>Natacha</td>
<td>Tuesday - Friday</td>
<td>Morning</td>
</tr>
<tr>
<td>Women’s Wellness</td>
<td>Paula</td>
<td>Tuesday</td>
<td>Morning</td>
</tr>
<tr>
<td>Yoga for pregnant women / Childbirth Preparation</td>
<td>Paula &amp; Krishna</td>
<td>Saturday</td>
<td>Morning</td>
</tr>
</tbody>
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 hitters=

TOS = Temporarily Out of Station

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News&Notes 29 April 2019 [796]
WORK OPPORTUNITIES

Assistant Secretary: Wanted an assistant secretary with excellent written English and computer-knowledge. S/He should be able to render personal and secretarial assistance and take quick dictation. Please contact Anand Kumar (Auroville Foundation Housing, Promesse) through mail at anandkumarrepbio@hotmail.com or mobile at 9968284850.

HR Initiative is a service which helps individual Aurovilians and Newcomers who are looking for suitable work to find it, and to help Auroville units and services who are looking to fill positions to find the right individuals to step in:

Social Media Team Members: You will be part of our social media team. You can work part-time or full-time, and you have hands-on experience with some or all of the following:
- Imaging and video editing tools.
- Google Analytics for SEO, keyword, search phrases and meta data management.
- Google Adwords for online awareness campaigns and promotions.
- Google Tag Manager for event management, reporting and performance analysis.
- Handling product feeds for Google merchant for an e-commerce platform and mobile app.
- Facebook Pixels and carousel-based product promotion.
- Instagram and YouTube videos for craft and awareness.
- Blogging and connecting with media houses for regular columns and publications.

There is a minimum commitment of three months. If you have some experience in the above-mentioned skills, you can be trained in the others. Maintenance is available.

Stitching Oversight and Quality Control: You will work in an Auroville textile unit overseeing handicraft work. You should speak and write in excellent English and be well organized. Experience in an international work setting would be helpful. Part-time work with potential to become full-time. Maintenance available.

Receptionist: You are a multitasker, fast, a team player and good at working with sometimes difficult people, you have basic computer skills and you are very precise, your schedule is flexible and you are very reliable, your English communication skills are good and you understand different accents (even on the phone), full time, maintenance provided.

Maintenance and Repair Management: You have knowledge in electromechanics and hands on experience in equipment repair. Your daily tasks will be the repair of medical equipment, planning of repair works and infrastructure planning. You are responsible for keeping the equipment in good condition and ensure the smooth functioning of the setup. Maintenance available.

Administrative Work, Part Time: You carry out daily administrative tasks as well as communication on an international level to introduce/promote/spread a global concept on dentistry as an example for India and the world. Skills required: Familiarity with MS office and software for photos and video editing, work experience with social media platforms. Good command of English and willing to work in an enthusiastic team. Maintenance provided.

System Administrator: You will take care of networked system administration and maintenance. You understand system and network integration of multi-modal networking environments: Linux, servers and desktops, Windows laptops, Macbooks, android devices. You can support user needs on the various platforms, you are able to work with shell scripts, scripting and automation of routine tasks. Experience in a relevant field is a plus; someone with a Computer Science degree could be trained.

Admin and Communication work: You are dealing with the administrative work of our project and creating consistent communication within and outside of Auroville. You are a good team player and might have design skills. You know your way around social media platforms. Could be part-time. Maintenance provided after a probation period.

Guest House Management: You are in charge of receiving and interacting with guests, supervision of housekeeping, email correspondence and accounts. Expect more than 35 hours work per week. Need to be able to communicate fluently in English (other languages a plus). Maintenance provided.

Italian Cook: You are of any nationality and have cooking experience. Training is available. Expect hospitality hours of work (min 9 hrs /day). Maintenance provided; food and accommodation also possible.

Website Management: You handle regular website updating, product uploads, communication with unit holders, organizing photo shoots and product research.
Skills required: Proficiency in written and spoken English, good communication skills, organization skills, meticulous, able to work in a team. Full-time maintenance provided.

Content Creator: You are creating content for our blog, preparing press kits, mailers, social media content, proofreading for other team members and doing interviews.
Skills required: Proficiency in written English (mother tongue is preferred). This is not a full-time job, it can also be done from home independently from the office. Maintenance provided.

Please contact us for more information and if you are interested in any of these work opportunities or if you are looking for something else: hr_hub@auroville.org.in.

HR Initiative (if you are searching for work: fill in this form)

AVAILABLE

Auroville Library of Things (ALoT), an initiative by earthBus, at the container opposite PTDC: borrow tools, toys, kitchenware, travelling & hiking gear at your convenience. alo@auroville.org.in.
NOW ONLINE! aurolot.myturn.com/library/inventory/browse.

Motorbike: Do you need a motorcycle? Do you want to try the super easy Navi Honda, little "motorbike" with no gear? I will be abroad from the 19th of June to the end of July. If you are interested to take care of my bike, please write or call me for details! Kyara, +918300668334, meriani@yamaha.com.

Night guard: Are you looking for a responsible person to look after your place during the night? Please call Selvam from Kottakarai. Mob.: +91 7094755488. Submitted by Ivana Frousouva.

Electronics servicing: For good, prompt and very reliable servicing of AC’s, fridges and washing machines, call Ashok at 9786676961. Submitted by Lieve.

Carpenter: If you need a talented, reliable and accurate carpenter, please get in touch with Ajappan from Edayanchavadi. His English is fluent and his phone number is +919488725736. Submitted by Silvana.

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**LOOKING FOR...**

*Mouth Harmonica*: Does anyone have an unused, small size MOUTH HARMONICA, that I could borrow to try out? Please contact me on 978658967. Dariya

*Table fan and mobile phone*: I am looking for a table fan and a simple cellphone with camera (or not) just to avoid getting them from the market, recycle your old ones, and not adding to pollution. Please call Claudine at 2622970, or write to claudineauviroville@gmail.com. Claudine

*Smartphone (used)*: Greetings to the community, I am Amal and a long-term SAVI volunteer. I am looking for a used smartphone. I would be very grateful if you have one and choose to lend it to me. Please contact me at 9774490591 if you’d like to help me. Cheers! Amal

**TAXI SHARING**

Auroville service of taxi sharing available with ITS at: http://sharedtransport.auviroville.org/ (an initiative by earth&us).

30th April: Taxi from Auroville (Sve Dame) to Chennai airport. Please contact Hartmut. Phone: 7094812897 (best to reach me via sms), email: vonlieres@gmx.de.

1st May: Leaving at 11:30 pm to Chennai International Airport. Please contact at 8110847469. Matthias

2nd May: A taxi will be leaving Auroville to be at Chennai international airport on the 2nd of May at 3 am. For sharing it both ways, please contact 9384460576 or michielsenchrist@gmail.com. Christel

3rd May: Hello friends, we are two and are willing to share a taxi towards Chennai Airport. We will start from Auroville at around 12:30 am to 1 am early morning on Friday, 3rd May. Francisco, 9159676139.

7th May: I am leaving Auroville at 7 pm to the Chennai Airport. If you want to share a taxi, please call me at 7094771582. Jean-Louis

8th May: Leaving from Auromodele to Chennai Airport around 2:30 am. Contact at bhakti@auviroville.org.in or 9499019389. Bhakti Mills

**MOTHER AND SRI AUROBINDO’S STUDIES**

**BRAHMANASPATI KSHETRAM**

Schedule for May 2019

**Every Monday, 5.30 pm to 6.30 pm**:
Interaction on the words of The Mother and Sri Aurobindo on Auroville, by way of question and answer session in Tamil and English led by Dhanalakshmi

**Every Monday, 6.35 pm to 7.35 pm**:
Savitri reading

**Every Thursday, 6.00 pm**:
Meditation

Friday, 3rd at 6.00pm:
Reading from The Mother’s Questions & Answers - Vol-7 in English led by Rama Narayana.

Sunday, 5th at 5.30pm:
Reading the Supreme & Savitri in Tamil & English led by Buvana Sundari.

Saturday, 18th at 6.00pm:
Reciting Sri Aurobindo’s Gayatri Mantra for 30 min. (Full Moon)

Saturday, 19th at 5.30pm:
Reading from The Mother’s Questions & Answers - Vol-7 in English led by Rama Narayana.

ALL ARE WELCOME

kshetram2014@auviroville.org.in

**SAVITRI BHAVAN - May 2019**

**Savitri BHAVAN**

Full Moon Gathering
Saturday, May 18, 7:15 - 8:15 pm
in front of Sri Aurobindo’s statue

Regular Activities

Sunday, 10:30 am - 12 noon:
Savitri Study Circle

Monday, Tuesday, 3 - 4 pm:
Psychic Awakening led by Dr. Jai Singh

Tuesday, Friday, Saturday, 4 - 5 pm:
L’Agenda de Mère - listening to recordings with Gangalakshmi

Tuesday, 4:45 - 5:45 pm:
Mudra-Chi led by Anandi

Tuesday, 5 - 6 pm:
Let us learn Savitri Together (in Tamil) led by Buvana

Wednesday, 5 - 6 pm:
Essays on the Gita, led by Shradhavan

Thursday, 4 - 5 pm:
The English of Savitri, led by Shradhavan

Friday, 3 - 4 pm:
Exploring the Bhagavad Gita, led by Dr. Jai Singh

Friday, 5 - 7 pm:
The Synthesis of Yoga, led by Sraddalu

Saturday, 5 - 6.30 pm:
Satsang led by Ashesh Joshi

Timings:

Exhibitions (see under exhibition section), Main Building and Office: Monday -Saturday 9 am - 5 pm;
Reference Library: Monday to Friday, 9 am - 5 pm
Digital Library on request: Monday to Saturday, 9 am - 4 pm

NOTE: This month NO films and NO OM Choir

Everyone is welcome

**AT THE MATRIMANDIR**

**AMPHITHEATRE - MATRIMANDIR**

*Meditation with Savitri*

read by Mother to Sunil’s music

Every THURSDAY - 6 to 6.30 pm [weather permitting]

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.

We request everyone: please No Photos and do not to use your cell phones, cameras, I-pads, etc.

Dear Guests, please carry your Guest Card with you.

Access only for the Amphitheatre from 5.45 pm

Please be seated by 5.55 pm, no late entry. Thank you.

Amphitheatre Team.

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INDITIONS

Open invitation to meet for starting Sanskrit sessions

Sanskrit, also called Devabhasha - the language of the gods - carries the deep spiritual tradition and knowledge of India. It was extensively used by Sri Aurobindo and received special attention by the Mother for India. Sanskrit was chosen by the Mother as one of the four official languages of Auroville along with Tamil, English and French.

Being not only one of the oldest and highly recognized languages, Sanskrit is also widely known as possibly the most refined and scientific language of the world, with a deep impact on the integral growth of the human character.

Everyone interested in joining Sanskrit sessions for learning, teaching, conversations, chanting, plays etc. is welcome to get together to explore organizing activities and spaces. We look forward to seeing you all at Bharatnivas (International Space, next to India Space) on Tuesday, 30 April at 4 pm.

Coordinated by Anandi Zhang, Tapas and Language Team
All are welcome.

EXHIBITIONS

AadiKala, the Ministry of Tribal Affairs & TRIFED, in collaboration with Bharat Nivas, brings to you a small collection of TRIBAL ART and CRAFT from across rural India.

From 27th April to 12th May
At Kala Kendra, Bharat Nivas
Open Monday to Saturday - 9:30 am to 4 pm /
Sunday - 10 am to 4 pm

AadiKala; a new activity, setup under ASSA of Artisana Trust, aims to be an interface with both the Government of India as well as the various Indian indigenous tribes, by promoting their art and craft and by also shedding some light on their lifestyle, culture and trade. The name AadiKala is a portmanteau of the Sanskrit words Aavidvasi and Kala, which translates to tribal and art/craft respectively.

AadiKala helps the GoI by filming and documenting the lives of these tribal artisans in their rural setup and by understanding their challenges involved; and also helping educate them on the many initiatives the govt supports them with. In associating with Bharat Nivas, the pavilion of India, we’d be showcasing a small collection of some of their handcrafted work at Kala Kendra between the 27th April to 12 May.

Fund Raising at Roof Studio

Every Saturday, 4 – 6 pm
Vikas (stairs down), Auroville

Drawings and Paintings for Donation

Auroville Financial Service Account 256190
Drawings and paintings by various mediums such as oil, acrylics, watercolor, pastel and charcoal. Unfortunately, I do not have a website at the moment, so I would like to request you to come to my place. There are my works from the last exhibition at Kala Kendra (Bharat Nivas) and lots of new watercolor paintings. Please do not hesitate to contact me if you have any inquiries.

Roof Studio
Ivana Frousova
Mob: (+91) 7094344154
E-mail: ivana@auroville.org.in

Camino de Santiago

Photo Exhibition at the Aurelec Cafeteria & Art Gallery
Open from 8 am to 5 pm from 1 April to 31 May

Meditations on Savitri

The entire series of 472 paintings created by the Mother with Huta - in the picture gallery

Sri Aurobindo - A Life-Sketch in Photographs
in the upstairs corridor

Glimpses of the Mother: photographs and texts
In the square hall
Everyone is welcome.

Exhibitions – May 2019

Monday-Saturday
9am-5pm

Bharat Nivas presents
At Kalakendra Art Gallery

“The Dawn of Auroville”
Ongoing Photo Exhibition on the early days of Auroville with rare historical images and texts by The Mother.
Opening hours: 9 to 4:30 pm. Sundays closed.
Ongoing until further notice

 Tuesdays 30 April at 4 pm.
## Schedules - May 2019

### Yoga - Mixed Style

<table>
<thead>
<tr>
<th>Yoga Therapy</th>
<th>drop in - all levels</th>
<th>Mon, Wed, Fri (from 3rd)</th>
<th>08.30 - 10.00am</th>
<th>Gala</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vinyasa flow</td>
<td>drop in - all levels</td>
<td>Tuesday</td>
<td>09.00 - 10.30am</td>
<td>Bebe</td>
</tr>
<tr>
<td>Hatha flow yoga</td>
<td>drop in - all levels</td>
<td>Tuesday</td>
<td>05.30 - 07.00pm</td>
<td>Soyoun</td>
</tr>
<tr>
<td>Feminine Dance for pregnancy</td>
<td>drop in - for women</td>
<td>Wednesday</td>
<td>04.00 - 05.30pm</td>
<td>Priscilla</td>
</tr>
<tr>
<td>Vinyasa Flow</td>
<td>drop in - all levels</td>
<td>Wednesday</td>
<td>05.00 - 06.30pm</td>
<td>Bebe</td>
</tr>
<tr>
<td>Hatha flow yoga</td>
<td>drop in - level 1</td>
<td>Saturday</td>
<td>05.00 - 06.30pm</td>
<td>Soyoun</td>
</tr>
</tbody>
</table>

### Other Exercises

| Falun Dafa (Qi-Gong) | drop in - all levels | Tuesday | 05.30 - 07.00pm | Tania |
| Aviva exercise | drop in - for women | Thursday | 04.30 - 05.30pm | Suriya Gandhi |
| Understanding Martial Arts | Registration Required | Thursday | 07.15 - 08.45pm | Hong Gye |
| Pranayama | Regular Practitioners | Friday | 06.45 - 08.00am | Francois/Namrita |
| Understanding Martial Arts | Registration Required | Friday | 07.15 - 08.45pm | Hong Gye |

### Health Care at Pitanga

For the following therapies & treatments, please book your appointment on phone, (0413) 2622403/2622994

| Reading in Vedic Astrology | with Vikram | Awakening the Intelligence of the body | with Vani |
| Acupuncture | with Heidi | Life Coaching | with Vani |
|                |             | Journey to the memory of the body | with Vani |

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We are located in Center Field, after Nandanam next to Center Guest House. For info and reservations: 948727393 / Email: joycommunity@auroville.org.in www.joy.auroville.org - www.facebook.com/joyauroville

**Joy Community Activities May 2019**

<table>
<thead>
<tr>
<th>SESSIONS</th>
<th>DAY</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>Qi-gong with Lhamo</td>
<td>Monday</td>
<td>6:30 to 7:30 am</td>
</tr>
<tr>
<td>Tai Chi with Lhamo (regular Students only)</td>
<td>Monday</td>
<td>5 to 6 pm</td>
</tr>
<tr>
<td>Tai Chi with Lhamo (regular Students only)</td>
<td>Tuesday</td>
<td>6:30 to 7:30 am</td>
</tr>
<tr>
<td>Mindfulness Meditation with Jaz</td>
<td>Tuesday</td>
<td>6 to 7:30 pm</td>
</tr>
<tr>
<td>Tai Chi with Lhamo (all levels)</td>
<td>Wednesday</td>
<td>5 to 6 pm</td>
</tr>
<tr>
<td>Qi-gong with Lhamo</td>
<td>Thursday</td>
<td>6:30 to 7:30 am</td>
</tr>
<tr>
<td>Tai Chi with Lhamo (all levels)</td>
<td>Saturday</td>
<td>6:30 to 7:30 am</td>
</tr>
</tbody>
</table>

### Therapies (on Appointment only)

| Shiatsu Massage | with Sara (9443617308) or with Simona (9489511648) |
| Hypnosis        | with Lhamo (9565524237) |
| Facial Acupuncture | with Lhamo (9565524237) |
| Thai foot reflexology | with Santiago (87549 58120) |

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VERITE closed until July 1st
0413 - 2622045, 2622606, 7094104329 or programming@verite.in, treatments@verite.in

NOTE: Vérité programming activities will be closed from 21st April and resume on 1st July 2019. The office remains open and we welcome new submissions for classes, workshops and therapies. Wishing you all a happy summer break. Vérité Team.

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Lilaloka - summer break
www.lilaloka.org
Lilaloka will have Summer Break in May and June.
AUROVILLE LANGUAGE LAB

We are still looking for short or long-term volunteers for Language teaching, especially for French, and German.

We also are looking for volunteers to translate materials from English to Tamil, French, Spanish, German and Italian. The work can be done from home, and actually, from anywhere in the world. These are short video clips available on our Youtube channels, a longer film about the Tomatis method, an article about the special nature of our building, and some other short articles. If you would like to participate, please contact us.

ALL SCHEDULE OF CLASSES as of 01.05.19

<table>
<thead>
<tr>
<th>LANGUAGE</th>
<th>LEVEL</th>
<th>TIME</th>
<th>DAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>Inter</td>
<td>5 - 6 pm</td>
<td>Mon / Wed</td>
</tr>
<tr>
<td></td>
<td>Beg</td>
<td>5 - 6 pm</td>
<td>Tue and Thu</td>
</tr>
<tr>
<td>Hindi 10 Days intensive</td>
<td>Beg</td>
<td>4:30 - 5:30 pm</td>
<td>Mon to Fri (8th till 19th)</td>
</tr>
<tr>
<td>Tamil</td>
<td>Inter</td>
<td>11:30am - 12:30pm</td>
<td>Monday</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2:30 - 3:30 pm</td>
<td>Thursday</td>
</tr>
<tr>
<td>Tamil</td>
<td>Beg</td>
<td>10:15 - 11:15 am</td>
<td>Monday</td>
</tr>
<tr>
<td></td>
<td></td>
<td>01:15 - 02:15 pm</td>
<td>Thursday</td>
</tr>
<tr>
<td>Spanish</td>
<td>Inter</td>
<td>4 - 05:00 pm</td>
<td>Wednesday</td>
</tr>
<tr>
<td></td>
<td></td>
<td>11:30 am - 12:30 pm</td>
<td>Saturday</td>
</tr>
</tbody>
</table>

New students are requested to fill out the form and register BEFORE attending any classes. We have excellent university-level video and audio study materials and software in our mediatheque, which enable self-study in various languages.

**News about classes:**

*10-day intensive Tamil Beginner class*,

- Mondays from 10:15 am to 11:15 am and on Thursdays from 01:15 pm to 02:15 pm. *With Saravanan*
- The starting date will be informed by email or phone once we get enough students registered.

*10-day Intensive Hindi Beginner class from 30th April. With Disha*

The classes will take place every Tuesday and Thursday from 3 to 4 pm. It will be an active and interactive way to make learning Hindi quick, fun and easy.
- Day 3, 4, 5, 6, 7 and 8 will be spent on the students’ growing understanding of the language.
- Day 9 and 10 will be interactive and focus on building a reference material/guidebook for the students’ personal use.

The syllabus in a nutshell:

<table>
<thead>
<tr>
<th>Day</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day 1 - 2</td>
<td>Pronunciation of the Hindi language. Learning through sounds - vowels and consonants</td>
</tr>
</tbody>
</table>

As homework for day 8, *Disha* will ask the students to write down a few questions and statements in English for each of the following categories: Travel & accommodation, Food, Money, Making requests, Polite denials, Apology, Compliments, Direction, Other.

As of 01.05, *Disha* will then translate the questions and help with their proper pronunciation. This will become source material for the students: a self-created and self-written document they can carry with them and refer to whenever needed.

There will also be few video sessions during the class. Interested people, please contact us. Those who took last year’s 10-day Intensive with Vandita are welcome back. Come refresh your memory!

**News from Tomatis:**

Spaces are now available for the Tomatis listening training programs for individuals for language learning and therapeutic/well-being purposes.

It is used for children, teenagers and adults - for people of all ages. It is wonderful for improving concentration and memory, reducing stress and anxiety, as well as release of creative potential. It helps with depression and lack of confidence. It also helps with hyperactivity and attention deficit disorder. It can help with all problems related to speech, communication and expression. It is wonderful for various kinds of learning disorders. It helps with language delays and developmental delays as well. It can also help with tinnitus and certain kinds of hearing loss. And of course, it helps to learn languages faster. It is based on a lifetime of research by Dr. Alfred Tomatis and his wife Mrs. Lena Tomatis, into the connections between the ears, the brain and our nervous system.

The program is intensive, involving listening sessions through special head-phones for 2 hours a day, Monday-Friday. The length of the program varies and depends on the need and time you have available. Full-fledged programs take between 3-5 months with listening sessions separated by breaks. Shorter programs of 1 week and 3 weeks are also possible. The first step is a “Listening Test” (different from an Audiogramme/Hearing Test) which is the basic diagnostic tool, followed by a Consultation. These can be scheduled by sending an email to tomatis@aurovillelanguagelab.org.

If you want to simply “try it out” and experience a listening session, you can come to the Lab on Saturdays from 10 am -12 pm, but please book beforehand, by sending an email or calling beforehand.

For more information, please check out the Tomatis page on our website, which also has a link to a 45-minute film in French with English subtitles. You are also welcome to come to the Lab and watch the film.

It has been a long-standing dream to be able to offer this program for groups for language learning. Our full team has worked very hard over the last year to be able to do this. We now plan to start this in the summer.

We are also almost there with the Tamil Tomatis settings, and so the summer promises to be busy and interesting!
**REGULAR EVENTS – MAY 2019**

Note from the editors:
The Regular Events column is printed once a month, sent weekly via pdf through our mailing list, and published online for anyone to access at: [www.auroville.org/content/4187](http://www.auroville.org/content/4187).

Guest-houses are kindly requested to put this section up on their notice boards for their guests.

**Kindly inform us of any changes/cancellation of your event,**
or if you want your regular event to be added to the listing.

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**Online Auroville Events Calendar**
- (no need to log in for guests! - just scroll down the page)

The schedule of events for the week can be accessed by all, including Guests and Visitors, on the Auronet login page: [www.auroville.org.in](http://www.auroville.org.in)

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**AcroYoga for Beginners:** every Saturday 8:15 to 9:45 am at Arka. Partner flow: asana with a partner. Inversions: basic flying with partner. Dance: 90 47 72 27 40

**AcroYoga (open level):** UNTIL 16th May with Marc at Auromode yoga space. PLEASE NOTE CHANGE OF TIME: Every Tuesday and Thursday at 3.30 to 5 pm. More info: [contact@auromodeyogaspace.com](mailto:contact@auromodeyogaspace.com)

**Acupressure Therapy for Healing or Well-being:** Christine has a back ground as nurse and has long experience in healing physical illness with this massage; phone/whatsapp +91-9489805493 or mail christine@auromville-holistic.com; www.auromoveyogaspace.com

**Acupuncture & Traditional Chinese Medicine Diagnosis:** with Andres Lokuta - Acupuncture is a very effective therapy for acute and chronic pain, stress, fatigue, digestive, cardiovascular, hormonal imbalance etc. This therapeutic process requires the insertion of very fine needles into special energetic points. The decision to go for this treatment will be made based on traditional diagnosis through observations of the pulse, tongue, face reading and body movements. By appointment only. More info and contact info: [www.auromoveyogaspace.com](http://www.auromoveyogaspace.com)

**African Pavilion’s Regular Events:** All stopped until end of July. See you all after the summer pause!

**Auroville Aikido at Auroville Budokan (Dehashakti) with Murugan and Surya:** The Auroville Aikido group will not stop in May but will drastically reduce its practice timing this summer: you can find us every Saturday early morning from 6 to 7.30 am! Happy summer to all. Contact us: budokan@auromoveyogaspace.com

**Aikido with Sep:** STOPPED for SUMMERBREAK: from 6 May to 8 July. For further information, please contact: overlaet@gmail.com / 8497955035.

**Alcoholics Anonymous:** meeting (open) every Saturday 6pm, Centre Guesthouse (Merriam Hill Centre). Contact: Ingrid 9443849796 or Shankar 9442010573.

**AQUAGYM class with Elisa:** CANCELLED for as long as the pool will be closed. (Enjoy work out and dance in the water! At La Piscine, New Creation Every Thursday from 4 to 5 pm.) If you need more information, please contact Elisa at elisa@auromoveyogaspace.com.

**Ashtanga Yoga (Mysore style):** until 16th MAY at Auromode Yoga Space with More. PLEASE NOTE CHANGE OF DATES AND TIMES! MONDAY TO SATURDAY at 7 to 8.30 am. Info: [contact@auromodeyoga](mailto:contact@auromodeyogaspace.com)

**Ashtanga Yoga - Mysore Style:** with Christine Pauchard. "Change of venue" Tarasangamaling - 5 min after botanical garden- Check the directions on our website at the page "YOGA" - Or enter in Your GPS "Skandanav". The gate of Tarasangamaling is the third gate on the left after Skandanav gate which will be on your right side - From Monday to Saturday at 7:00 AM-/Led class on Saturday at 7am. Pre-Registration by mail must be done in advance: by phone/whatsapp +919489805493 or mail christine@auromoveyogaspace.com /www.auromoveyogaspace.com

**Ashtanga Yoga classes by Muthukamari:** Wednesday afternoon - 5 to 6 pm, at Progress Hall, Bharat Nivas. Contact: muthukamari@auromoveyogaspace.com, 8940438617.

**Astrology, Vedic:** Readings in traditional Vedic Astrology to get more clarity on any issue or area of life. Each session lasts for an hour, so plan accordingly. Weekly study group (for beginners in Vedic Astrology) meets in Aurelec Conference Room on Thursdays (from 5 to 6/6:30 pm). See [http://www.allthingvedic.in](http://www.allthingvedic.in) for other details. WhatsApp Vikram on tel: 9843948288 or email vikram@auromoveyogaspace.com.

**Auroville Discovery Visits:** Dear Auroville guests and visitors, a possibility for you to explore Auroville and our deep level, the practical life, activities, projects, architecture, education, farming, craft and more. During a morning time, or more if you need, you'll follow Veronique who speaks French and English, with your electric bicycle (best ever) around Auroville. Veronique lives and works in Auroville since 2001. For information please contact Veronique J. on +919488512678 (Whatsapp too) or email veronique@auromoveyogaspace.com.

**Ayurvedic Massage:** with Raja at Isai Ambalam Guesthouse: Acupressure and deep tissue Ayurvedic massage for Vata, Pitta and Kapha body types. On appointment, contact 9487503617 or isiaambalam@auromoveyogaspace.com.

**Bach Flower Sessions:** With Rosalba, at Baraka. Monday, Tuesday, Saturday and Saturday afternoons. Advance appointments by calling 9787708244 or email to rosalba@auromoveyogaspace.org.

**Bach Flower Healing Session:** Bach flower essences gently help to achieve harmony and balance to all aspects of your being. For appointment call Sitara 9751798408 or email: tara@auromoveyogaspace.org.

**Bead Play Shop:** Dear guests, Rio is offering bead play shop for children between 8 -13 of age, in Kottakaral, Well Paper compound, from Monday to Saturday. The timings are 10 to 12 noon and 2.30 to 4.30. The children can play with beads and create their own patterns and / or follow set patterns. For more details, contact the (Auroville Unit) Rio - 9047240618 or rio@auromoveyogaspace.org.

**Beautiful Sounds:** Individual or group Tibetan Bowl sessions for deep relaxation and being in the present moment, which can include meditation, mantra chanting, kototama, harmonic, overtone, if you wish. Individual sessions with Tuning Forks for chakra cleaning. Qi gong for facial rejuvenation, and for the back (spine, shoulders, neck). French and English speaking. For more info: please call Satyayuga, tel: 7639761930, email: jimalor@yahoo.fr.

**Bharatanatyam Dance:** with Deepa at Sawchhu (Bharat Nivas) every Saturday 9 to 10 am. r_deepa14@yahoo.co.in, 7598221586.

**Brahmanaspati Kshetram:** Our Mother and Sri Aurobindo Centre is hosting regular activities: Every Monday at 5:30-6:30 pm: The Mother and Sri Aurobindo on Auroville led by Dhanalakshmi, interaction in Tamil & English. Every Monday at 6:35-7:35pm: Savitri reading. Every Thursday at 6:00 pm: Meditation. For directions kindly consult Google maps at this link: [http://www.allthingvedic.in](http://www.allthingvedic.in)

**Bhutanateyam Dance:** with Deepa at Sawchhu (Bharat Nivas) every Saturday 9 to 10 am. r_deepa14@yahoo.co.in, 7598221586.

**Bioresonance (with Bicom machine) with Afsaneh at Quiet:** All body cells emit electromagnetic vibrations. During illness or injury these vibrations become disharmonious. The Bicom machine can read these vibrations and transmit complimentary electromagnetic vibrations to restore harmony in the body. The Bicom machine contains computerized programs to make an energy diagnosis and to determine which therapies are appropriate for specific symptoms, organs and meridians. Bioresonance therapy can be used for both diagnosis and treatment. For appointments, please contact Quiet’s reception at 9488084966. [www.quiethealingcenter.info](http://www.quiethealingcenter.info) / quiet@auromoveyogaspace.com.
Board Game Evening: Will STOP for SUMMER BREAK during beginning May till mid-August, because Le zephyr will be closed for holidays! We have many games but feel free to bring along yours.

Breath of life: Pranayama is the conscious awareness of the breath, the life force that helps you to improve concentration & perception, helps you energize, revitalise and detoxify body-mind-soul. With Pranayama breathing techniques, you will discover the potential of your breath. Individual session also available. All are welcome! Please come in empty stomach. On appointment only. For more information please contact Lakshmi – 8489764602

Darkali Fitness Track: welcomes you every day from 4.30 to 6.30 p.m. If you would like to come in the mornings please contact us at dft@aurowille.org.in. Please remember to come 30 minutes before closing time. Please note, in case of rain, the Fitness Track will be closed until the path is dry. To be aware when the Fitness Track reopens after the rain please visit Auronet group – Darkali Fitness Track –. Way to the gate in Google Maps: goo.gl/dpTdfg.

Daycare Centre: open Monday to Friday from 8.30 to 12.30. Created especially for children of guests, volunteers and newcomers, the Daycare offers a beautiful space for children (aged 2 to 8 years) to enjoy their stay in Auroville with various indoor and outdoor games and activities (incl. swimming pool). For more information and bookings visit: aurovilledaycare.com.

Deep tissue massage (with oil) (NEW) at Auromode Yoga Space with Anabel – 90 or 120 min - full and complete body massage. It has therapeutic benefits which are capable of healing your body and repairing muscles, tissues and joints. The therapist uses essential oils and works deep into the tissue in order to stimulate circulation, to improve organ functioning, to boost immune system. Ideal for treatment of major muscles groups like the neck and back. Can also relieve pain and tension, improve postural problems and help overcome and recover from everyday stress. Booking compulsory. More info: www.auromodeyogaspace.com

Daytime Yoga: with medium heat, the body is easy to work with. Offers also some more dynamic exercises.

Eco Femme Open Session: Eco Femme welcomes you on every Thursday from 1.00 pm to 2.00 pm, for a talk about our work, sustainable menstrual products and menstruation experiences. Please contact us in advance to coordinate and get information. Phone/Whatsapp +91 9385744722, email: ecofemme.org.in. Please check our website: www.ecofemme.org.

Explore Temples Around Auroville (prior booking required). We welcome you to explore temples around Auroville. You will experience one of our waste upcycling techniques exposure sessions with the experienced women of Wellington. The regular interactions are morning or afternoons. Please contact us in advance to coordinate and get information. Phone/Whatsapp +91 94879556. Our office in the Saraco campus, near Ganesh bakery, just before Windarra. Email info@ecofemme.org.

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For those who wish to make a deeper approach in understanding / Cinema -distressing event. By person suffering from psychological mindfulness, and therapy techniques will be used to help the contact@auroville Hypnotherapy and Transpersonal Regression Therapy -Hypnosis /disorder, Bipolarity Disorder program to heal Depression, General Anxiety Disorder, Sleeping Test & scientific meditation with -challenging a person to listen to their inner wisdom, identify their values, and transform their goals into action. To enhance breaking relationship, no relationship...) Health coaching, also referred to as wellness coaching, is a 1) Health coaching & Personal Development (Based on NLP): Health coaching, also referred to as wellness coaching, is a process that facilitates healthy, sustainable behavior change by challenging a person to listen to their inner wisdom, identify their values, and transform their goals into action. To enhance your relationship (bad-breaking relationship, no relationship...) include 4 to 5 sessions: 3 to 4 sessions with one to one talk sessions & 1 acupuncture massage - 2) Healing Program: From 2 weeks program: NLP sessions; AMI Test & scientific meditation with sound healing... A customize program to heal Depression, General Anxiety Disorder, Sleeping disorder, Bipolarity Disorder - And - 3) Chakra Healing. Homeopathy Sensation Method: A deeper approach in homeopathy, determining a person’s constitutional remedy for long-term healing (physical, mental and emotional). With Sigrid Lindemann
contact@auroville-jiva.com / www.aurovile-jiva.com. Horse-Assisted Therapy and Natural Horsemanship: Strengthening connection, self-confidence and discovery of the language of horses, with Mirabelle, contact@auroville-jiva.com / www.aurovile-jiva.com. Hypnosis: with Lhamo at Joy Guest House (on Appointment only) -9965352217; in modern hypnosis, the emphasis is put on our own relationship to our own creative unconscious. May we all enjoy our lives with endless creativity. Hypnotherapy and Transpersonal Regression Therapy: working on all levels of consciousness, with Sigrid Lindemann, contact@auroville-jiva.com / www.aurovile-jiva.com.Hypnotherapy Sessions with Christine P: hypnosis, mindfulness, and therapy techniques will be used to help the person suffering from psychological trauma caused by a distressing event. By reducing the impact and the symptoms associated with traumas. With Christine P. Certified EKAA. Christine@auroville-holistic.com or whatsapp: +91 9489805493 - www.aurovile-holistic.com. Japanese Tea Ceremony: available on request - Please contact fshaswayam@aurowie.org.in or at 0413-2622192. KALARI Ppayattu Classes: in the new ASPIRATION KSHETRA KALARI at Aspiration Sports ground. Contact numbers: 09042009200 / 9585153355. - Kalari Class for Beginners: Morning classes 6.30 - 7.30 Monday, Wednesday, Friday. Evening classes 5.00 - 6.00 Tuesday, Thursday, Saturday. - Kalari Classes for advanced people: Morning classes 6.30 - 7.30 Tuesday, Thursday, Saturday. Kathak Dance: STOPPED for SUMMER BREAK until further notice - with Ashavari at Progress Hall (Bharat Nivas) every Thursday/Saturday 5 to 6 pm and Sunday 10 to 11 am. 9751677716, ashavari@gmail.com. Kids dance in New Creation: Mondays and Wednesdays 3-4 pm. Prior registration please! Ulrike Urvasi tel: 7972814106 (WhatsApp), ulrikeursha@gmail.com Kino Auroville: at the MMC/CP (MultiMedia Center / Cinema Paradiso) - Town Hall. Next one is on Saturday, May 4th then SUMMERBREAK during June 2019, back in July. Kino is a film making movement that advocates the production of short-films on little to no budget, using small crews, and non-competitive collaboration. There are Kino Groups around the world. Kino Auroville is the only one in India. We invite anyone who has made a film in the last month, between 30 seconds and 6 minutes to come and screen it. Some of the films made can be found at this link: https://vimeo.com/groups/kinoaurovilemonthly. KoTree Hathya Yoga: ON HOLD up to 12th May Classes resume on Tuesday, 14th May - Tuesday, Thursday, Saturday 5pm - 6.30pm in DOUCEUR community. A fixed financial contribution is expected. 0413-2623446, Info@kolyamoga.com. Kulilai Creative Centre - Weekly Activities: SUMMER BREAK: from 20 April to 5 June. Leela, the Game of the Self Knowledge (a 2000 years old game!): Come and play the Game of your Life! Sundays, 9:30 am to 12.30 (above 15 years old), in SVEDAME, at the Butterfly Barn. English, Spanish, French, Italian, German and Russian versions all available. Contribution kindly asked. Please call before to confirm your coming, thank you. Contact: VeroniqueJ. 9488512678. For more info visit www.leelaetgame.blogspot.in. Life coaching, Neuro coaching: For those who wish to make meaningful and lasting changes in their lives. Gain clarity, set specific, measurable, achievable and realistic goals, overcome negative thought patterns, and make behavioral changes. Contact Vikram on 9843948288 or at vikram@aurowie.org.in. LilaLoka - Creative Play for ages 4+: SUMMER BREAK: closed in May and June -. Mandala Practice: Wednesdays 2:30 to 5 pm, with Rosalba, exploring mandala’s practice at Baraka Community (Green Belt). Since the beginning of the Human Life, people from all over the world are connected with special shapes; the Mandalas are part of them. Carl Jung, long time ago, discovered that the practice of drawing mandalas, in spontaneous way, it produces effects and a benefit on our own Life, harmonizing and rebalancing whatever is in need. My role on all this is to guide you into the process of drawing, the mandala as a Sacred Circle, our own Universe, where to express our inner being of that moment, the moment we draw inside it, using different techniques, to reach spontaneously your centre, your reconnection with you. Material all included in the requested contribution. Please contact me for all details: 9787702844 or rosalba@aurowie.org.in. See more on Facebook: www.facebook.com/rosalba.aurovie. MatriGold: A Visit to MatriGold: Every Thursday at 3 pm and on appointment for groups. You can listen to the amazing founding story of Matrigold and learn about the unique Gold-in-Glass technology, which was developed in Auroville for the Matrimandir. Birgitta will also talk about the impact which pure gold has on the human body. You can get a glimpse into our jewellery production process and see a beautiful video about it.
Matrigoold, Sanjana Community, first building, residential zone. Please call +91432622458, if you have trouble finding us.

Martuvam Healing Forest Activities: Herbal Walk & Talk/Consultation Siddha Herbal Medicine/Herbal food cooking classes/Quilting with Herbs. For dates and timing please contact martuvam@auroville.org.in. Cell. 93454 54232.
Website: https://www.martuvam.org/ Student Groups very welcome. Regards, MHF team.

Meditation for Peace and Healing: Join us from 5:00 to 5:45pm every Thursday around the Peace Table at the Unity Pavilion to build and hold a Collective Space for Healing and Peace. Please offer your Presence to help in this collective experiment, whether you need healing yourself or simply want to support others in their healing and well-being.

Mindful-Techniques: from HOLISTIC - Health Care Studio

1) - AML: Analysis of Multiple intelligence through fingers print:
A Scientific way to discover your hidden talent and potential. Technology to know one’s Inborn Potential & Talent. That will help you to keep your resources and abilities, and to deepen the benefits of AML: 1/Identify your hidden natural talent - 2/Enhance the learning ability - 3/Helps to identify the level of brain quotient- 4/Confidence for better life - 5/Better family relationship.

2) - Sound healing with scientific meditation sessions:
Sound has been a very vital tool for healing Mind, Body & Soul. With Exclusive Scientific Music based Therapies available in Holistic.
We use two approaches - “SSDP Super sensory development program” to develop our 5 senses, fast reading, memory enhancement, productivity, etc. And the “Healing treatment approach”: for depression, anxiety, bipolarity, mental disabilities, hyperactivity, sleeping disorders, anger management, chronic fatigue.

Mudra-Chi Workshop: A body Prayer in a Tai-Chi Form. Every Tuesday at 4.45 pm. At Savitri Bhavan. Facilitator: Anandi. For further information or Special Classes, contact me: anandi@Auroville.org.in.

Music Composition “The Ultimate Composer of Sounds”:
This is a regular weekly informal meeting to discuss about music composition, and how to develop the necessary skills. We will discuss how to be able to organize sounds, develop and manipulate them in a coherent fashion, meaningful to performer and/or listener, whatever sound palette or musical style one wishes to use (whether created from scratch or using already existing materials or a combination of both), and how to be able to notate and/or create it directly on paper or using a music software and/or device. Also, very important is how one can open oneself to the “source” and have the complete freedom and skill to materialize “that World” and the subtleties of its vibrations. All this I believe to be the highest achievement of a composer. We will look into conventional and unconventional methods, discovering, experimenting, questioning and understanding the processes by which one can become what I call the “Ultimate” composer. If interested, please contact me: pushkar@auromodeyogaspace.com. More info: http://www.pushkarcarlotto.com.


Odissi Dance: with Kanchana at Sawchhu (Bharat Nivas) every Saturday and Sunday 3 to 6pm. udavikananchan1@gmail.com, 9358386665.

OM Choir: SUMMERTIME - no OM Choir Tuesdays at Savitri Bhavan - but the OM Choirs in the Ashram School, opposite the Asram Entrance, Pondicherry will happen, Fridays at 7:00pm. “The voice that shouts to the creator Fire, The symbolled OM, the great assenting Word” Wishing you all relaxed summer times... and with The Mother’s and Sri Aurobindo’s blessing...

Oracle Card Reading: With Carmen. By using several oracle cards together (ask your guides, ego cards, trust your vibes and with the mother blessings oracle cards) I will guide you to find your own unique way to progress. You will get clear answers and practical tips to move forward in your situation. By appointment at: 9751673869. Love Carmen.

Paintings and Drawings Exhibition and Fund Raising: in Roof Studio - Vikas every Saturday from 4pm to 6pm. Come and see drawings and paintings done with various mediums such as oil, charcoal, soft pastel and watercolor. Some pieces are from the exhibition: “Ivana’s Art from Auroville”. You can get an art piece on donation basis to raise funds for a home and studio for the artist. The special account is 256190. Please do not hesitate to contact Ivana if you have any inquiries - ivana@auroworld.org.in, 709 43 44154.

Piano classes: (under the umbrella of SaiIIER). For children and adults. Classic, Jazz and the Art of Improvisation. A regular access to a private or public piano, keyboard or synthesizer is required for the student. Please write to: Hartmut von Lieres at vonlieres@gmx.de. Warmly, Hartmut.

Pilates: with Teresa in Arka. Come to enjoy a Pilates class if you look to strengthen your core, create long, lean muscles, develop core control or get rid of a regular back pain. Pilates class are focused on movements with control from the power house. Tuesdays 7:30am - all levels. Wednesdays 5:30pm - all levels. Thursday 7:30am - all levels. Fridays 5:30pm - for advanced students only. For more information you can write to: Whatsapp +917867989952 or mail teresa@auroworld.org.in.

Pilates with Savitri at New Creation dance studio. Time: Mondays from 5-6pm (intermediate), Tuesdays (intermediate) and Saturdays (basic) from 7.30 to 8.30am.

Pregnancy, Birth, Conception, Parenting: Shatsu and Acupuncture, Pregnancy Yoga, Acupressure for Birth. Offering space and time to share and grow during this special time of life. Knowledge, Trust, Awareness in Body and Breath, Empowerment. Mondays and Thursdays 8-9 am, plus your personal suited timings. Prior registration required! Place: Sanjana. Contact: Ulrike Urvasi tel: 7972831406 (WhatsApp), ulirikrishna@gmail.com

Psycho-spiritual work, tarot and other sessions:
To bring more clarity and freedom on life issues where there was confusion and entanglement in order to allow new steps in life. Tarot, deconditioning self-inquiry, “inner personalities” discovery, guided meditation and other tools...by Antarjyoti in English or French. Please contact me for an activity of ARKA WELLNESS CENTER, tel. info/booking (land): 0413-262 37 67 or email: antarcalli@yahoo.fr.

Qi Gong: with Lhamo at JOY Guest House on Monday and Thursday from 7 to 8 am. Qi-gong is a form of gentle exercise composed of movements that are repeated a number of times, often stretching the body, increasing fluid movement (blood, synovial and lymph) and building awareness of how the body moves through space. When you practice and learn a qigong exercise movement, there are both external movements and internal movements. All levels are welcome

Qi Gong: STOPPED for SUMMER BREAK until further notice - practice with Andres Lokuta, in Sawchhu, Bharat Nivas.

Readers group IN ITALIAN - Mother’s Agenda: STOPPED for SUMMER BREAK. Contatto: janaka.om@auroworld.org.in

Reiki: with Betty. Paused until July.

Reiki: with Isaac at Auromode Yoga Space. Reiki is a hands-on healing technique based on the idea that prana an unseen ‘life force energy’ flows through us. It treats the whole person: body, emotions, mind and spirit creating many beneficial effects that include relaxation and feelings of peace, security and wellbeing. On appointment only. Contact: 413 262 22 24. More info: www.auromodeyogaspace.com.

Sak Dharma - Guided tours: Sacred Groves, a housing project in sustainable building and living. Every Wednesday at 3:30 pm there is a guided tour for those interested in our work and achievements. More information: sakordroves.org.in, or email sakordroves@aurouville.org.in or call: 9487421696. The Sacred Groves Team.

Salsa at African Pavilion: Salsa beginners class led by Stephanie, Paused for summer break until end of July!

Salsa & Latin Dance with Mani at New Creation dance studio: Salsa: Tuesdays from 6-7pm - Bachata: Tuesdays from 7-8pm - Kizomba: Saturdays from 6.30 to 7.30pm beginners, 7.30 to 8.30pm intermediate.

Satsang: a sharing for spiritual upliftment; Savitri Bhavan, Saturdays 5:30-6:30 pm.

Savitri in the morning: You are invited to read Savitri with us on Tuesday mornings from 6.45 a.m. to 7.45 a.m. at Rama and Uma’s place in Course. We are following Savitri's journey to find her soul and bring a new dawn for the earth. The pronunciation, vocabulary, rhythm and discussion can help to build English. The mantric poetry of Savitri is inspiring. The story of Savitri's yoga is helpful for our life and work. We have extra books. Ground floor fully accessible. If you need further information, contact pat@aurouville.org.in, or ramanarayana@aurouville.org.in.

Savitri Group Readings: at Savitri Bhavan. Sundays 10:30-12 noon; Savitri Study Circle. Tuesdays 5-6pm: Let us learn Savitri together in Tamil, led by Buvana; Tuesdays 5.45-7.15pm: OM Choir/OM Singing, activating the inspiration by reading lines from Savitri. Thursdays 4-5pm: The English of Savitri led by Shrdhavann; Full Moon Gathering 7.15-8.15pm in front of Sri Aurobindo’s statue with Reading of Savitri organised by Murugan. Listening to Mother’s voice, reading Savitri and viewing the Full Moon charges the atmosphere and embraces all with a beautiful presence.

Shiatsu Massage: with Sara (9443617308) or Simona (9489511646) at JOY GH Hall; Shiatsu helps remove the blockages by re-aligning meridian points, which balances the qi and eases the body and mind. For appointment email joycommunity@aurouville.org.in.

Skyworks: Tree Climbing Workshops: RECREATIONAL: You want the experience without learning all the knots? The ropes are already positioned in the trees. The knots are tied and tested before you hook on. After being fitted with your saddle and some short instructions on safety and climbing techniques, you are off and climbing! Kids of all ages welcome. ADVANCED: You want to learn the ropes and get off the ground. During class we teach the experience without learning all the knots? The ropes are.

Solitude Farm activities: 1) Friday 11:30am (free for everyone): Farm Tour “Introduction to Permaculture with Krishna”.
2) Wednesday 9:30am (contribution required, max 10 people): Mini Permaculture Workshop “Renewing local food - Renaissance of well-being”. This workshop will give you a clear insight on how to re-connect with Mother Nature through the principles of natural farming and permaculture. Includes harvesting and the secrets of our salads (mini-cooking workshop), with lunch and refreshments at 12:30 pm. To sign up write to: solitudepermaculture@gmail.com or come to Solitude Farm.
3) Day Residential Workshop (Mar 1-3, Mar 8-10). For more information, visit www.aurouvillepermaculture.in/workshop.

Somatic Explorations with Maggie (STOPPED FOR SUMMER BREAK, resumes 3 July) - Wednesdays at Vérité Hall.

Sound Massage and Bath with Tibetan Singing Bowls and Solar Gong: with Antaljyoti, Paused for the summer break.

Sound Therapy and Exploration in the Body for Self-Healing: Harmonizing and restoring healing sessions through the magic of the sounds from a specially designed sound bed and other music instruments that enhance the self-healing powers of your being...The aim is to put you in a state of relaxation which enables you to see or feel yourself deeply according to your own awareness. In addition to the sound journey, you will be guided through your body to explore new dimensions which has an action and a benefit on the 3 levels: Physical, Energetical and Mental. This exploration based on the concepts of Chinese Medicine will help you reconnect with your organs and holistic being. In case of emergency I may help releasing scatica pain (“Ischias” in German). To book your appointment, please call Ishia at: (0413) 2622192 or ishawayam@aurouville.org.in.

South Indian Classical Dance (Bharatnatyam): Bharatnatyam Dance classes offered for beginners. Weekly twice. At SAWCHU (Bharat Nivas). The classes are offered for children and adults. If you are interested, please contact me after 4pm on my mobile. S.Caveri: 7598368514.

Spontaneous singing: is stopped in May and June. It will restart in July, with Antoine - 8940740529 /antone@aurouville.org.in.

Tai Chi Hall @ Sharnga: Monday & Tuesday 7.30-8.30 /Chi, Monday 8.30-9.30 & Thursday 7.30-8.30 /24-form, Tuesday 8.30-9.30 & Friday 7.30-8.30 /108-form, Wednesday & Saturday 7.30-8.30 /127-form. tachi@aurouville.org.in.

Tai Chi Quan with Lhama @JOY Guest House: Tai chi classes for Regular students are on Monday at 5 to 6 pm and Tuesday from 5:30 to 7:30 am; Tai chi for all Levels are on Wednesday at 5 to 6 pm and Saturday 7 to 8 am. Qi Gong all level on Monday and Thursday from 6:30 to 7:30 am. Lhama will be teaching 24 forms of Tai Chi Quan (which is a simple style) for beginners; but according to the students’ level she will start advance level of Taichi Quan as 42 style and Wu Style 37.

Tamil Literary Classes and Craft Lessons: Ilaignarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm-6 pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, History and Culture are opened to all Monday through Friday any time. Also, classes on languages, sewing, drawing, painting and simple handicrafts for Auroville workers and Aurovilians interested. Contact us to organize classes according to your schedule. Phone No: (0413) 2623 773. Email: tamil@aurouville.org.in. R. Meenakshi (Ilaignarkal Education Centre)

Tango - Beginners Dance Class: Argentine Tango Dancing class for beginners is offered at Humanscape (between Solar kitchen and Sante) every Monday 7pm. No partner is necessary. Please bring socks or dance shoes. More info: tango@aurouville.org.in.

Tango - “Practica”: practice space held for all tango dance levels on Wednesday 7:30-9pm at SAWCHU hall, at the entrance of Bharat Nivas. By Lifa and Mona tango@aurouville.org.in.

Tao of Tea: With Isha. Discover Yourself through the sharing of this particular tea ceremony. It will change your awareness towards tea and life. Only organic tea will be used. (non-caffeine tea available on request) All are welcome.
- every day available, venue: Swayam. Advance booking required. Approx. 1 hour for each session. Book at: 0413- 2622192 / ishawayam@aurouville.org.in.
- Also available every Thursday afternoon at Unity Pavilion-Hall of Peace: 2 to 3pm and 3:30 to 4:30pm. Advance Booking is required: call with the Unity Pavilion, 0413-2623576 or unitypavilion@aurouville.org.in.

Thai Foot Reflexology: with Santiago (on Appointment Only) at Joy GH - 87549 58120: Following the Thai foot massage tradition, pressure is applied to specific areas of the soles of the feet. In turn, a reflex reaction occurs in another part of the body, which is stimulated. Santi received his training, knowledge and certification at the Thai Yoga Massage School in Bangkok.

Therapies with Vérité Hall.
1) Awakening the intelligence of the body: Discovering your Self-healing power and natural intelligence of the body. Experiencing the Presence within by quietening the thought process and contacting the body. Fusion of deep guided relaxation, visualisation, pranic healing, acupressure and foot and cranial reflexology.
2) Journey to the memory of the body: Journey through the trauma memories, emotional blockages and belief systems in order to release and heal these traumas, by getting aware and deprogramming these past believe systems put in place in the past, which keep you from living a very joyful life in the present. Fusion of Hladina Method, Hypnotherapy, Self-Inquiries.

3) Life Coaching: Using awareness, visualization & imagination techniques. Life coaching is very useful in period of changes and new projects in order to get in contact with your intuitive self and find the creative & dynamic thread of your life again.

4) Reiki and Reflexology courses possible on request For appointment contact Pitanga: 0413-2622403 or Vani: vani@auroville.org.in.

Theatre Improvisation Games: Improvisation Theatre or IMPROV, is a form of live theatre where most, if not all, is created the moment it is performed. Our 1.5-hour IMPROV workshop will give you a taste of what IMPROV is all about and teach you some cool personal and performance skills that will build confidence and self-esteem to make a great impression, awaken and express creativity, develop quick-thinking & active listening skills. Date and venue: Every Friday at 4.30 pm at SAWCHU (Bharat Nivas).

Contact: Ema (99439 70834) or Elke (94865 20868).

Transformation Game® with Carmen: Just as life is filled with this rich variety of experience, so is the Transformation Game®, a fun and complex board game which offers a playful yet substantial way of understanding and transforming key issues in your life. It can be played at varying levels of intensity, from a light-hearted way of gaining insight into yourself, to a tool to help solve problems, clarify important personal issues, or creatively enhance relationships. By appointment. 9751673869.

Love, Carmen.

Transformational yoga: with Lakshmi. Transformational yoga inspired by the teaching of Sri Aurobindo’s Integral Yoga. It combines the basis of Hatha Yoga, Pranayama breathing, and mantras to connect with and open the heart chakra. It gives you the tools you need in order to make your everyday life. In depth focus of asanas, mantras, breathing and meditation techniques gives you the knowledge you need to purify your body, stabilize your emotions, focus your mind, and increase your spiritual well-being. Individual session also available. All levels are welcome. By appointment only. Contact: 8489764602.

Transpersonal Regression Therapy: Sessions to transform engraved patterns and trauma, and to discover the path of the soul. With Sigrid- sigrid@auroville.org.in , www.auroville-jiva.com.

Ultimate Frisbee at Gaia: Monday, Wednesday and Saturday at the Gaia Sports Field 4.30 pm to sundown (turn left before Gaia community gate). Helps improve stamina, hand/eye coordination, and focus through running, throwing, & catching the disc; along with patience & teamwork and Spirit of the Game. Bring running shoes if you have them. Contact avultimate@auroville.org.in with any questions or just come ready to play! And see ultimate.auroville.com!

Ultimate Frisbee Women’s Team training: Sunday 4-6 pm at Gaia Sports Field. Contact avultimate@auroville.org.in with any questions or just come ready to play! And see ultimate.auroville.com!

Ultimate Frisbee at Certitude: Mondays, Wednesdays and Saturdays at the Certitude Sports Ground at 4.30 pm to sundown. Ultimate Frisbee is a demanding self-refereed sport that teaches important values such as personal integrity, sportsmanship, mutual respect, non-violence, and trust. Bring running shoes if you have them and playing discs will be provided. With Abhinav and team. Contact frisbee@auroville.org.in with

Volleyball at Dehashakti: Mondays 5-6.30pm. We are looking for more people to join our fun volleyball matches at the Dehashakti sports ground. Just come by, Tanja.

Wild growing edible plants! We meet every Wednesday morning 8.30-10.30 am to create a space for abundance to grow without interference, while learning what wild plants to eat and how to eat it. Come and explore with us, at Town Hall between SALIER and Maison Des Jeunes. No pre-registration needed. Connect with Emma for questions, email: emma@growingwithwild.com, WhatsApp: tel:+46705318534.

YEP Week: Youth Entertainment Program presents the YEP Week, a program especially designed for guest kids, to enjoy their stay, and discover Auroville. We will take them from place to place, where the kids can visit and participate in various activities. The activities include pony riding, Papier Mâché, quilting, painting, etc. This program (Monday to Friday, 8:30 am to 12:30 pm) offers a good balance between visits and activities. Joyfully, YEP Team. Phone: +919626565134 - Facebook: www.facebook.com/YEPAV.

Yoga Body: with Olesya at Sharnga Guest House. Asanas and Pranayama in iyengar tradition. The balanced mind and intellect are developed through mobility, strength, stability and alignment of body in asanas. Mornings 6.45 to 8 am every Monday, Tuesday, Friday and Saturday. Evenings 5 to 6.30 pm every Monday, Wednesday and Saturday. Drop in classes at Sharnga GH Yoga Hall, left gate, after parking follow the green path and behind the swimming pool you will find Yoga Hall. Contribution for guests is required. For more information: what’s app +919159052743, olesya@auroville.org.in.

Youth center activities: Mondays, 9 am-12 pm: gardening/tree house roof repairing || Tuesdays, 9 am-12 pm: Infinity Farm Work, 6:30-8:00 pm: Night School - last time: on 30 April || Wednesdays, 9 am-12 pm: Gardening/Tree House Repairing || Thursdays, 9 am-12 pm: Infinity Farm Work, 6:30-8:00 pm: Night School until 30 April || Fridays, 9 am-12 pm: Gardening || Saturdays, 9 am-12 pm: Preparation for Pizza Night, 7:00-9:00 pm: Pizza Night (last one on May 4th)

Youth Center Farmers’ Market: STOPPED for SUMMER BREAK: no Farmers’ Market until July!

The Youth Center Saturday Pizza Nights: LAST PIZZA NIGHTS OF THE SEASON: April 27th at KALABHUJI and on 4 May - Saturday at 7:00pm at Youth Center. We are happy to share that pizza nights are open again! We invite volunteers to join in and make pizzas on Saturday mornings. We welcome you all to bring your instruments and jam together. Looking forward! With love and flowers, Youth Center Team.

Zumba with Anabel at New Creation dance studio. Mondays from 6-7pm.

Strong by Zumba with Anabel at New Creation dance studio. Wednesdays from 5.30-6.30pm.

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**TALKS**

Presentation on sound healing with harmonics chanting by Mario

Friday, 3rd May, 5 - 6 pm at Unity Pavilion

Sound healing has proven to be an interesting method for healing, even in hospitals. Mario has experienced the effect of harmonics chanting in three cases of coma patients in Jipmer and PIMS where the patients came out of coma.

Sound healing goes beyond the mind. In this presentation, Mario demonstrates harmonic chanting for the participants to experience.

As sound healing is all about frequencies, he will also speak about the negative effect and impact of other frequencies, mainly WIFI and 5 Gigahertz mobile phones.

This might be especially interesting for healers. Information will be given about today’s problem of traditional acupuncture due to heavy electromagnetic waves transmission. Healing devices developed by Mario will also be shown.
Indian - Monday, 29th April, 8:00 pm:
- ANDHADHUN (Blind Tune)
  India, 2018, Dir. Sriram Raghavan w/ Ayushmann Khurrana, Tabu, Radhika Apte, and others, Crime-Comedy, 139mins, Hindi-English w/ English subtitles, Rated: NR(R)
  Inspired by L’Accordeur (The Piano Tuner), in this film, Akash is a blind pianist who is preparing for a London concert. Sophie’s scooter bumps into Akash and upon finding he a pianist she takes him to the restaurant ‘Franco’s’ run by her father who offers him a gig. Akash meets 70s actor Pramod Sinha at the restaurant who asks him to do a private concert of his songs at his residence to surprise his wife Simi. Next Day, upon reaching his house a shocking surprise is waiting for Akash. Replete with deceit, murder, and plot twists - the film keeps viewers guessing till the end. Rated as one of the best films of last year, this film is being re-screened due to several requests.

Italian- Tuesday, 30th April, 8:00 pm:
- SMETTO QUANDO VOGLIO: AD HONOREM - (I CAN QUIT WHenever I WANT: AD HONOREM)
  Italy, 2017, Dir. Sydney Sibilla w/ Edoardo Leo, Valerio Aprea, Paolo Cabalresi, and others, Action-Comedy, 98 mins, Italian w/ English subtitles, Rated: G
  It has been a year since Pietro Zinni’s gang got caught in the Italian police, Burt Reynolds, and Cleo and Adela are maids in Sofia’s household where Sofia’s relationship with her doctor husband is rather strained which ultimately falls apart. In the meantime, Cleo conceives and informs her boyfriend Fermín who refuses to take any responsibility. Ultimately, Cleo has a still born child following a violent incident in the city. As the family goes for vacation without Antonio, they face calamity where Cleo saves Sofia’s kids. Cleo’s life with the family is revealed through her cleaning, cooking, taking the kids to and from school, serving them meals, putting them to bed. The film is being re-screened on popular demand.

International - Saturday, 4th May, 8:00 pm:
- THE ASHRAM
  India-USA, 2018, Writer-Dir Ben Rekhi w/ Sam Keeley, Manoel Orfanaki, Hera Hilmar and others, Fantasy-Mystery, 85mins, English w/English subtitles, Rated: NR (PG)
  After receiving a cryptic message, American skeptic Jamie travels to the Indian Himalayas to pick up on the trail of his missing girlfriend. There, he discovers a secretive community led by a guru with strange powers who may or may not be involved in her disappearance. As Jamie travels deeper down the rabbit hole, he quickly realizes he may have uncovered more than he bargained for, and that this mysterious mountain may contain the secrets of reincarnation - and a portal to another dimension.

Children’s Film - Sunday, 5th May, 4:30 pm:
- JANE
  USA, 2017, Dir: Brett Morgen, w/ Jane Goodall, Hugo Van Lawick, Hugo Eric Louis van Lawick and others, Documentary, 90mins, English with English subtitles, Rated: PG
  The life and work of the renowned primatology scientist, Jane Goodall, especially on her research about chimpanzees.

JOHN BOORMAN FILM FESTIVAL @CINE CLUB
Ciné-Club Sunday, 5th May, 8 pm:
- DELIVERANCE
  USA, 1972, Dir. John Boorman w/ Jon Voight, Burt Reynolds, and others, Adventure-Drama, 109 minutes, Spanish w/English subtitles, Rated: R
  On a weekend canoeing trip down a river in the Georgia back country, four urban businessmen enter a nightmare in which both nature and mankind conspire to send them through a crucible of danger and degradation in which their lives and perhaps even their souls are put at horrendous risk.

Rating codes we often use are from Motion Picture Association of America (MPAA): G-General Audiences, PG-Parental guidance suggested, PG-13-Parents strongly cautioned, R-Restricted (equivalent to Indian rating: A i.e. for Adults), NR-Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auvoirle.org.in. We appreciate your continued support. Please make a donation to “Cinema Paradiso” (account #105106) at the Financial Service or set up for a monthly contribution.

Thanking You, MMC/CP Group
Account# 105106, mmcauditorium@auvoirle.org.in

AUROFILM at MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)

Friday, 3rd May - 8:00 pm
- “The Island of Black Mor” - L’île de Black Môr (original title)
  Director: Jean-François Laguionie, France, 2004
  Synopsis: In early 1800’s England, Kid, the story’s hero, escapes an orphanage that looks like a prison, he dreams of the pirate Black Môr, that he knew from his teacher. He assembles a rag-tag crew to man his stolen vessel and they become pirates. Their quest - to find the fabled and mysterious Black Mor’s Island. The child had time to recover a strange map that promises to reveal the location of the notorious pirate Black Mor’s treasure... From the same director of the animation film “The Painting” we recently showed here.
  Original French version, with English subtitles, duration: 1h25’

AT SAVITRI BHAVAN
No Film program due to SUMMER BREAK
KINO AUROVILLE

Hey filmmakers, video-lovers, compulsive shooters!
Do you like to shoot for the sake of shooting with any device you have in your hands? Are you able to edit a short movie, no longer than 6 minutes, and especially done for Kino Auroville?

Would you like to watch your movie projected on the big screen of Cinema Paradiso?

Then join us and bring your movie the first Saturday of every month. And anyone who enjoys watching short films, please come by. All are welcome!

Next screening date: Saturday, May 4th, Cinema Paradiso, 10 a.m.

SLI presents
- The Seeds of Dreams Movie Night
Seeds of Sovereignty
Tuesday 30th April, 5pm
at SLI (Sustainable Livelihood Institute), Naicker House, Kottakara, Auroville

This year on 27th July, the SLI seed festival is going take place for a third time. Not only the success of the last two editions but also the growing tendency towards intellectual ownership by global seed companies pointing out that such initiatives need to be implemented and promoted on a progressively increasing scale. Therefore, the seed festival scales up as well and becomes the Auroville Seed Festival, organized by the SLI.

In order to promote the festival and to raise awareness of farming related issues, the SLI is organising “the Seeds of Dreams Movie Night”. Every second Tuesday until the 23th July, the SLI invites you to enjoy a documentary in a cozy atmosphere and to discuss afterwards the shown problems, ideas and solutions.

On 30th of April at 5pm, we are going to screen “Seeds of Sovereignty”, the second documentary of the Seeds of Freedom trilogy. “Seeds of Sovereignty” shares the stories of African communities embarking on a journey to revive their traditional seed diversity, and take back control over their food systems. Forging a path toward a socially just, ecologically sane and sovereign future, they are courageously challenging the corporate, profit driven model of agriculture imposed upon them. (www.seedsoffreedom.info/about-the-trilogy/synopsis/)

THE ECO FILM CLUB
Sadhana Forest, May 3rd, Friday
Schedule of Events:
4:00 pm: Free bus from Solar Kitchen to Sadhana Forest for the Tour
4:30 pm: Tour of Sadhana Forest
6:00 pm: Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
6:30 pm: Eco Film Club begins with “previews” of short Sadhana Forest films
8:00 pm: Dinner is served
9:30 pm: Free bus from Sadhana Forest back to Solar Kitchen

Before the movie, at exactly 4:30pm you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner. The entire evening including dinner is offered as a gift!

**Note: Families and children are welcome! Dinner for children will be served at 7pm :)

Wildest India: Thar Desert - Sacred Sands
52 Minutes / English / 2012 / Produced by Allison Bean
Covering 200,000 square kilometers, India’s Thar Desert is one of the harshest places on the planet. Baking heat, desiccating winds and near permanent drought has earned this unforgiving land another name - “the region of death.” As we explore India’s great desert we unveil its hidden secrets, and ultimately shed light as to how the Thar has become the most crowded desert in the world.

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at (0413) 2677682 or 2677683 or sadhanaforest@auroville.org.in. Or visit us online: sadhanaforest.org and facebook.com/sadhanaforest.

Important information about News & Notes
(Absolute deadline for submissions or cancellations: Tuesday 5pm (FOR THE ISSUE OF THE FOLLOWING WEEK - PUBLICATION DATE IS MONDAY)
The contents of News & Notes are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:
Material (no pdf files, please) may be sent (in English only) to the N&N email address (below).
Please try your best to send your announcements, reports, film schedules whenever they are ready.
The Tuesday deadline (5pm) is absolute
Any modifications of the submitted News items have to be sent to the editors before Tuesday 5pm.
We regret not being able to attend to visitors on Wednesdays and Thursdays due to work pressure.

Articles for the Notes section should ideally be no longer than 500 words. All articles and reports need to reach us by Tuesday noon.

Visiting hours: On appointment only.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

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