News & Notes

Monday 14 January 2019  A weekly bulletin for residents of Auroville  Number 781

Happy Pongal!

2019
And probably each time a new world opens up, there will again be a new reversal. This is why even our spiritual life, which is such a total reversal compared to ordinary life, seems something still so... so totally different when compared to this supramental consciousness that the values are almost opposite. It can be expressed in this way (but it’s quite approximate, more than diminished or deformed): it’s as if our entire spiritual life were made of silver, whereas the supramental life is made of gold - as if our entire spiritual life here were a vibration of silver, not cold but simply a light, a light that goes right to the summit, an absolutely pure light, pure and intense; but in the other, in the supramental world, there is a richness and a power that make all the difference. This whole spiritual life of the psychic being and of all our present consciousness that appears so warm, so full, so wonderful, so luminous to the ordinary consciousness, well, all this splendor seems poor in comparison to the splendor of the new world. I can explain the phenomenon like this: successive reversals such that an EVER NEW richness of creation will take place from stage to stage, making whatever came before seem so poor in comparison. What to us seems supremely rich compared to our ordinary life, appears so poor compared to this new reversal of consciousness. Such was my experience.

Last night, my effort to understand what was missing in order to help you completely and truly come out of the difficulty reminded me of what I said the other day about Power, the transforming power, the true realizing power, the supramental power. When you enter that, when you suddenly surge into that Thing, then you see – you see that it is truly almighty in comparison to what we are here. So once again, I touched it, I experienced both states simultaneously.

But as long as this is not an accomplished fact, it will still be a progression - a progression, an ascension; you gain a little, you gain some ground, you rise higher and higher. But as long as the new reversal has not taken place, it’s as if everything had still to be done. It is a repetition of the experience below, reproduced above.

(silence)

And each time, you have the feeling of having lived on the surface of things. It’s a feeling that is repeated over and over again. With each new conquest, you feel that until then you had lived only on the surface of things - on the surface of the realization, on the surface of “surrender,” on the surface of power. It was only the surface of things, the surface of the experience. Behind the surface, there is a depth, and only when one enters into this depth does one touch the True Thing. And it is the same experience each time: what seemed a depth becomes the surface. A surface, with all that it entails of inaccuracy, yes, of artificiality - artificial - an artificial transcription. It feels like something not really alive, a copy, an imitation: it’s an image, a reflection, but not THE Thing itself. You step into another zone and you feel you have uncovered the Source and the Power and the Truth of things; then this source and power and truth in turn become an appearance, an imitation, a mere transcription in comparison to something concrete: the new realization.

(silence)

Meanwhile, we should acknowledge that we don’t have the key, it is not yet in our hands. Or rather, we know quite well where it is, and there is only one thing to do: the perfect “surrender” Sri Aurobindo speaks of, the total surrender to the divine Will, whatever happens, even in the dark of night.

There is night and sun, night and sun, and night again, many nights, but one must cling to this will for “surrender,” cling as through a storm, and put everything into the hands of the Supreme Lord. Until the day when the Sun shall shine forever, the day of total Victory.

MOTHER’S AGENDA, 15 November 1958

The Ponder Corner

To lead the Divine Life does not depend on any exterior activity or circumstances. Whatever you do from the highest work to the most ordinary, you can lead the Divine Life if you are in the true consciousness and the right attitude.

Sri Aurobindo - White Roses, Part 1, p.19
**AV COUNCIL RELATED MATTERS:**

- **Aikya, Anasuya / Sanjana** - her choice of Stewardship matter is currently with Koodam - pending agreement signature.

- **Stephanie, Fraternal Contribution waiver request for Sofio** - The Housing Board is not able to waive the entire contribution (6.5%) but agreed to waive the 6.5% concerning the part of the construction added for her Therapy Room, as it is not directly a residence for which fraternal contribution needs to be contributed. Housing Board reflected on some of her suggestions and brought about changes to facilitate better communication and service to our community members.

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**ONGOING PROJECTS under discussion with L’avenir d’Auroville:**

- **Antakarana Project** - the layout of the area has been submitted.
- **Auromeode Orchard** - the Peer Review happened with the Project Holders and a 2nd meeting will be scheduled by l’Avenir d’Auroville to settle the last details.
- **Project A** - The HS Communication Team is waiting for L’avenir d’Auroville to propose a suitable building site.
- **Project B / Generosity** - situated on the Radial Road in front of Luminosity needs to be reviewed.
- **Service area storage application for Housing Service** - Pending due to a mini DDP in process for the area.
- **Locoh Project** - Housing Service is awaiting the final proposal from the Project Holder to take over the operation of the construction and the interface with interested future participants (located between Arati, Grace and Sofio).
- **Dharamshala project** - Housing Service and Project Holders are still waiting for l’Avenir d’Auroville and FAMC approval to get things moving.
- **Terra Amata 2** - Housing Service has to give feedback to L’avenir d’Auroville on Terra Amata 1’s defects to ensure design errors are not repeated in phase 2.

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**FAMC RELATED MATTERS:**

- **Simplicity - Varuna** clarified the stewardship situation of the land with HB and the FAMC. 60% of the contribution were made so far by Varuna and Hendrik shall remain on the land until full contribution has been received by UF.
- **Happiness - FAMC** decided that Muna can go back into the family house as the exchange space proposed to her near Dana, did not work out. A solution to support the current house sitter in happiness has been worked out.
- **Raju, Aspiration** - Raju claims that his family of 4, housed in a house with 4 rooms, 2 kitchens, 2 bathrooms and a big terrace as well as a balcony is not enough for them and wants to take over the adjacent apartment, Raju’s earlier home. FAMC and HB have informed the family on the decision on Raju’s house. It will be given for House sitting to a single person of their choice until the eldest daughter turns 18 in about 3 years’ time and has signed the AV resident register, and could then become steward of the asset, if she still wishes, as Housing does not wish to give double stewardship to anybody. Raju has refused this proposal and rejected all suggested house sitters so far, even though they were fitting his requirements.
- **Management & Executives Mahalakshmi Senior home** - Communication between AVHS, Housing Service and the Project Holders is ongoing with regards to the future management of the place.
- **Management of absent stewards** - a revised proposal will be submitted to the FAMC in January.
- **Stewardship agreements for subsidized assets** - The Housing Board is working on a proposal agreement to be validated by the FAMC.
- **Kalpana** - Residents of Kalpana complained about a mail that they received from the Project Holders, stating a 5% increase of the construction cost and requesting all residents to contribute just before the handover of the keys. The matter has been referred to the FAMC.
- **Kalpana** - The compensation terms on the “Exit Auroville term” in the Kalpana Agreement was found not in line with the newly approved refund guideline of the FAMC. The new guideline was sent to the Project Holders with the request to amend the MoU (Memorandum of Understanding) in question.

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**HOUSING BOARD/HOUSING SERVICE MATTERS:**

- **Sangamam Community** - Sundar Rajamani of the Housing Board has been taking over from the previous Management and is currently looking at accounts and the renovation works needed. New stewardship agreements will be made with the residents at Housing Service.

- **Inspiration Community** - Due to construction mistakes the building is badly leaking and Housing Service intended to put a roof on the building to protect it, but the community objected. A structural engineer has been contacted to give a professional opinion.
**NEWS & NOTES**

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- **There are cases of House sitters** not respecting their agreements and refusing to move out at the end of their contracts. Proper solutions are actively sought for to deal with situations on hand and to avoid them in the future.

- **Equality** - It was reported that an AV asset is occupied by Non-Aurovilian. HB is investigating the matter to take proper action.

- **Oliver, Arya Community** - Oliver has decided to leave Auroville and his house has been offered for house sitting for 6 months to allow his repatriation/refund situation to be cleared with the FAMC, after which the asset will be announced for transfer to a new steward.

- **Dhanalakshmi, Maitreyee 1** - has requested to exchange her first floor flat against the Ground Floor New Comer flat as her husband cannot climb up the stairs anymore. The request was granted and the exchange will take place as soon as possible.

- **Daniel’s house, Sharupa** - 3 meetings were held together with the Working Committee. As no understanding was found with the current non-Aurovillian occupants, the matter was referred to the AV Foundation.

- **Store room, Petite Ferme** - Ex-Siegfried’s house has been transferred to its new steward Christine Roland without the store room that served previously as a salt-deposit for Siegfried’s unit. The salt has now been removed and the Housing Board believes that the asset can be transformed into a residence. The asset is not attached to any existing house and has sufficient space surrounding it. The Housing Service will seek a NOC to build a bathroom and a kitchen before offering it for transfer in the News and Notes.

- **Youth housing exit guidelines** - A selected resident of Humanscapes never moved into his attributed place. HB agrees to implement the exit guidelines and get the keys back. The resident is in his right to make an appeal with the HSC selection team.

**HOUSE TRANSFERS, STEWARDSHIPS AND EVALUATIONS:**

- **Benny’s house, Surrender** - The community of Surrender selected Vivek and Eve as new stewards for the house. It was noted that the building had not been well maintained thereby necessitating extensive repair work.

- **Ross’ house, Vikas** - Anand and family were selected by the community of Vikas as the new stewards. His Vikas flat will be put for transfer soon.

- **Geetha & Hemant’s flat, Creativity** - Mohgan was chosen by the community as the new steward, but he withdrew, thus Housing Board decided to transfer the flat to Rupavathi and her 3 sons, as they were the initial candidates chosen for the flat, by the community. Community members are objecting and the flat has been re-announced for transfer to a family.

- **Kalsang, Terra Amata** - the 30% received subsidy should stay with the particular Terra Amata apartment, thus HS as the steward of the subsidized part, and the value of what the steward contributed shall remain with the family on the % base for any eventual later transfer in the future if the need arises.

- **Jorinde's house, Petite Ferme** - After a few publishings in the News and Notes only 2 Newcomer Couples showed interest in the event later transfer in the future if the need arises.

- **Eric, Courage** - asked for Vivek’s apartment (up for transfer below Eric’s flat) as a possibility of expansion. The HB refused his request as it is not possible for 1 Aurovillian to hold 2 stewardships.

**REPAIR AND MAINTENANCE:**

- **Titou, Auromodele** - Being TOS, a house sitter was put in place and repairs of 1.25 Lkhs INR have been advanced against House sitting contribution.

- **Murugesan, Fraternity** - 70 000 INR repair work and plumbing was granted.

- **Usha Courage** - Full house repair needed - Rs 2.51 Lkhs, as there is the same bad leakage as in the neighbour’s place, Selvi, previously granted. HS will deal directly with the various contractors and Alexey will supervise and control the expenses.

- **Pushpa, Fraternity** - has a half finished house extension for which she got the NOC from L’avenir d’Auroville. 2.48 Lkhs are needed to finish the work. Initially she planned to self-finance the construction, needed for the return of her son to Auroville, but due to Health reasons of her husband she is not able to finance it by herself anymore. HB agrees to help her with funding the completion as needed.

- **Mandakini, Maitreyee 1** - asked for help of 52 000 Rs from HS for renovation done of the Maitreyee 1 asset she was house sitting since 2014 without any contribution for maintenance to HS. She also received a 3 Lkhs grant between 2017/2018 for her Eternity housing. HB does not agree to grant the amount but agrees to a HS loan of 50 000 Rs.

- **Tools for HS repair team** - estimate presented for 1.29 Lkhs - HB agrees under the condition that an inventory is made at least twice a year and a check in-out list for the materials is created.

**AMOUNTS AND GRANTS:**

- **Anbu - Housing Service loan** for his house of 50 000 INR to change roof was granted.

- **Marc, Madhuka** - Housing Service loan for 45 000 INR for new kitchen counter was granted.

- **Juan, Windarra** - The loan request of 2 Lkhs INR was recommended to the loan group.

- **Anbalagan, La Ferme** - 71.500 INR to close his veranda with mesh - HB recommended a 50 000 INR Housing Service loan + 20 000 INR personal loan with Financial Service.

- **Hamsini, Serenity** - does not want to pay the Fraternal Contribution (FC) on the GST increase (31 000 Rs extra) - The HB agrees that Hamsini should not pay the FC on the GST supplement and states that FC (6.5%) on all ongoing projects, who have started actual construction before the GST law has passed, should be handled in the same manner.

- **Vivek, Surrender house** - applies for a 3.5 Lkhs loan - HB recommends to Loan Group.

- **Vijaya Permal** - requests for an interest free loan of 21 000 Rs for her residence with HS. As she has registered homestay, HB recommends her to take a personal loan with Financial Service.

- **Nilen & Arati, Adventure** - Requesting for help for kitchen repair and pest control - 64 000 Rs The initial transfer rate of the house was reduced from 19 Lkhs to 15 Lkhs to allow for all the needed repairs, including kitchen and pest control. HB recommends them to take a loan, as the couple has been made aware of the financial impact before the house transfer was finalized with HS.

**The Housing Board**

**ANNOUNCEMENTS:**

- **Working Committee:**
  - **22/01: Interaction with the Community**
  - Dear Community,
  - We wish you a happy new year.

  The Working Committee’s General Meeting is scheduled for Tuesday, 22nd January, 2019, Unity Pavilion, from 4:45 to 6:15pm.

  This time’s interaction with the community is an open question and answer session, related to topics dealt with by the Working Committee in the months of August - December, 2018 (refer to our reports).

  We look forward to an interaction where inputs from the community can help us move forward in a constructive manner for the coming year and onwards.

  With regards,

  The Working Committee

- **HomeStay Application Process & Review**

  The Guest Facilities Coordination Group (GFGC) finds that it has become necessary to revisit the purpose, policies and guidelines related to Home Stays, and to possibly amend them. We have therefore decided to temporarily freeze the processing of new Home Stay applications. As part of our review process, we also need to revisit the existing Home Stays with regard to proper permissions, and compliance with the guidelines. We will announce the reopening of the Home Stay application process in the News and Notes, but please be advised that we anticipate the review process could take some months. We do regret any inconvenience this causes.

  Guest Facilities Coordination Group
Result: Natural crystal globe trial at the Matrimandir Lotus Pond

Dear Auroville community,

We would like to thank all who participated in the feedback process of the natural crystal trial in the Matrimandir marble lotus pond.

We have received total 49 feedbacks from the community.
There are 24 positive and 23 negative feedbacks for the natural crystal. There are also 2 neutral feedbacks.

In positive feedbacks, most of the people have mentioned that the natural crystal constitutes an improvement to the lotus pond. In negative feedbacks two major points were expressed:

1. The natural crystal globe is opaque. It is neither symbolically nor aesthetically suitable.
2. The natural crystal is fine, but they do not support it because the change of crystals was done without advance notice to the community.

A few people have expressed that they do not support the natural crystal nor the process.

We have conveyed the result to the donor who had donated the natural crystal with our note that a unifying proposal can be to experiment with a transparent natural crystal globe. There is already a positive response from the donor for this unifying proposal.

Considering the feedbacks received and closeness of the result we have decided to leave the transparent glass globe in position until further experiment.

We will inform the community in advance in case the next trial takes place.

Sincerely,
Matrimandir executives
Auroville, Hemant, John, Jyoti, Louis and Vladimir

FROM THE ENTRY SERVICE - N&N # 781
Dated: 14-01-2019

Our team is happy to recommend the following individuals as AUROVILIANS, NEWCOMERS and FRIENDS of Auroville, joining Auroville.

Prior to Newcomer, Aurovilian and Friend of Auroville status confirmation, for Newcomers two weeks and for Aurovilians, Return Aurovilians and Friends of Auroville status one-month window for community feedback. Kindly forward your support or grievances to entryservice@auroville.org.in.

- NEWCOMER ANNOUNCED:
Anbazhagan VEERAPPAN (Indian) Staying in Promesse and Working at AIAT

- CHILD OF NEWCOMERS:
Sashreeik Born on 27/02/2009 (Child of Siva PERUMAL Newcomer)
Rohith.A Born on 30/09/2011 (Child of Anbazhagan VEERAPPAN)
Yoshita.A Born on 04/02/2016 (Child of Anbazhagan VEERAPPAN)

- NEWCOMERS CONFIRMED:
Sedhuraman MUTHUVEL (Indian)
Shanmugapriya KUMAR (Indian)
Sriranjani BOOBALAN (Indian)

- AUROVILIAN ANNOUNCED:
Vidjea EPINAL (Indian) Staying and Working at Pitchandikulam

- AUROVILIANS CONFIRMED:
Lisa ARPI (French)
Christine QUINTIN (French)

- FRIEND OF AUROVILLE ANNOUNCED:
Edwin ZAPPE (Austrian) Professor in English and History, speaker on global communication.

NOTE: Individuals are entered into the Register of Residents (maintained by the Auroville Foundation) shortly after filling the B- FORM and meeting with the Secretary of the AVF.

The appointment date for these is set and communicated by the Entry Service to the individual at the respective time, and NOT AT THEIR PERSONAL REQUEST.

This is the last step of the Newcomer process where the status of Newcomer Resident is switched to Aurovilian Resident.

ENTRY SERVICE OPEN TO PUBLIC TIMINGS
Monday, Wednesday, Friday 09:30AM-12:00PM
Newcomer kits will be given and received only on Tuesdays & Thursdays between 2:30 pm and 4:00 pm
Yours, The Entry Service

From Housing Service

- Houses available for transfer:
1. Newcreation Field - Prakash House: Plinth Area 110.36 Sq. m. RCC framed structure with Hall Kitchen, Bedroom, Toilet & Bath. Suitable for Family. For more information e-mail to housing-transfer@auroville.org.in.

- Youth housing:
If you are Aurovilian, between 20 and 35 years old, working for Auroville full time for at least 9 months and have no/limited funds for housing, you are welcome to apply for Youth Housing.

Places in Youth Housing (Kriya and Humanscapes) are suitable for singles, couples and families. (No guarantees for immediate placement.) For more information e-mail to housing@auroville.org.in.

- Houses available in housing projects:
  - From Sunship: Immediately available. One single unit of 42 Sq.m completely furnished and equipped-kitchen, bathroom and cupboard-with Collective cafeteria, Laundry, technical maintenance and management by Aurovilians!! Contact louis@auroville.org.in for visit and more information.
  - Kalpana Housing Project: COMPLETED! The residents have moved in since 15th December 2018.

Fully equipped apartments with cupboards, equipped kitchen, bath room, fridge, hob, light, fan, solar back up system. Covered terrace for each apartment.

- 6 units are still available
  1 unit STUDIO / 2 units 1 BHk (Bed room, Hall and Kitchen)
  1 unit 2 BHk / 1 unit 3 BHk.
For information and site visit, contact: satyakam@auroville.org.in.

- Information on grants allotted for Aurovilians by Housing Board: Housing Board informs that there is no more grant available for housing extension. Financial assistance is available only for repairs.

FOR YOUR INFORMATION

School Admission

We are in the process of preparing for the next July 2019 school admission in AHA, Kindergarten and Nandanam schools and request you to fill up a form available with Dawn.
Please contact me if you need one. Note that children attending "Pre Creche" already received it.

Dawn (School admission coordinator)
For any further inquiries, please write to: schooladmission@auroville.org.in

Future School Admissions for 2019-2020 is now open!

Students who wish to enter the 9th or 11th grade this upcoming school year, from July 2019 to April 2020, are requested to apply through our website, http://www.futureschool.org.in/, wherein the ‘Admission’ section you will find the links (9th grade & 11th grade) for the student application. All applications have to be submitted before the 28th of February 2019.

TRANSFORMATION DAY CARE Now Open!

Auroville’s first Daycare Center is opening its doors on January 14th.

Enjoy your stay in Auroville.
We’ll take care of your children.
For children age 2 to 8
From 8:30 to 12:30, Monday to Friday
More information and booking www.aurovilledaycare.com
Report on 2018 Survey of the Cashew Spraying Season and its Impact in Auroville

Cashew pesticide spray in January-April is felt everywhere. Toxic pesticides pollute soil, air, water and food; affect the health of Earth, plants and animals, including us humans. In May 2018, after the toxic season of pesticide spraying during the cashew season, a call went out to all those among us who wish to turn this unhealthy situation around, to jointly work towards change, and the Healthy Cashew Network (HCN) was created.

The first visible step was a community-wide survey, aimed at finding out how this year’s cashew-spraying has affected (or not) people’s health and life in Auroville. The simple online questionnaire was mass-mailed with the support and collaboration of RAS and paper surveys held in front of PTDC and Solar Kitchen, both in English and Tamil. Over 270 entries speaking for the experience of more than 350 community members were received.

2018 Survey in terms of symptoms

- Headache: 42%
- Sore throat/throat infection: 25%
- Lethargy/tiredness/general fatigue: 21%
- Itchy/watery eyes: 19%
- Nausea/vomiting: 18%
- Sneezing/sinusitis/runny nose: 17%
- Cough: 17%
- Breathing issues/infection: 13%
- Fever: 9%
- Flu/cold symptoms: 7%
- Stomach ache: 6%
- Allergy: 4%
- Diarrhoea: 4%
- Metallic taste/smell: 4%
- No symptoms felt: 7%

Dizziness, loss of appetite, being emotional / anxiety / depression, skin irritation, muscle pain, menstruation issues: >4%

General ache, swollen glands, fogginess, belly ache, hair loss, memory loss, panic attack, sleeping and concentration problems: >1%

Almost all of the symptoms expressed are acute. Acute often also connotes an illness that is of short duration, rapidly progressive, and in need of urgent care.

Unreported as of yet and harder to measure, research indicates that chronic effects of long term exposure to certain pesticides can cause damage to nervous system, reproductive system, liver etc.; cancers, immune-system & metabolic diseases, birth defects, etc. Worst affected are the men, women and children involved in the spraying actions.

For an overview of the common pesticides used in our area, their properties and effects, please see a comprehensive table at https://auroville.org.in/article/69109.

2018 Survey in terms of symptoms:

Other questions:

- Did you leave your home and stay somewhere else?
  - Yes, 10.48%
  - No, 89.52%

- Do you believe that Auroville should take action towards reducing and avoiding pesticide use in its neighbourhood?
  - Yes, 95.36%
  - No, 0.84%
  - Other, 3.80%

- Should Auroville food distribution points and units only sell pesticide free cashews?
  - Yes, 98.25%
  - No, 1.75%

It is highly important that there is such strong community support (98%)! for supporting pesticide free cashews!

What does that mean in terms of action and moving forward?

Current work and next steps:

At this point in our work at the Healthy Cashew Network we feel that we should focus on caring for Auroville cashew plots rather than try to stop spraying in the bioregion. We feel that any work we do in the bio-region will be enhanced by a good cashew growing model within Auroville. In collaboration with the Land Board we have plans to take on an Auroville cashew plot which we will harvest ourselves. During this next cashew harvest we will see what else we can do to assist them with the monitoring of the cashew plots that they would like to undertake.

We have created a WhatsApp group for alerts for this upcoming cashew season. A peer-run group, it is intended for community members to be able to alert each other when one sees spraying happening. This can also help with monitoring of Auroville owned cashew lands as well. For those not on Whatsapp, we will also post alerts on Auronot, based on the information received through other platforms. To join this group please follow this link on Whatsapp: AV Cashew Spray Alert.

An informative map: We intend to work with the Land Board to have a map on display at the Town Hall which shows clearly which cashew plots in the Auroville area are owned by Auroville - many of which are leased out by the Land Board (with first choice given to Aurovilians) - and which not. On all Auroville cashew plots the no-pesticide policy strictly applies.

While the Land Board has no control over plots not owned by Auroville, in some cases it is possible to enter into friendly agreements with land owners and contractors; this is left to the initiative of individuals or communities and is done in some cases. We encourage networking and information sharing in this regard; if you have any such friendly understandings with your cashew owning neighbours, please share the info with us and we will do our best to function as an information hub for those interested.

Some of the directions in which we would like to expand into are:

- Creating an overview of cashew farming in Auroville (and neighbouring plots), acreages, average yield and other data of interest
- Monitoring environmental health. Here we propose the neighbourhoods to come into an active role, by assisting the Land Board in its monitoring task.
How can Auroville pick up the momentum, well in time before the next cashew season starts? Dear fellow-Aurovilians, please engage and take action, report your observations and share your suggestions with the Land Board, with the Green Center, the Healthy Cashew Network and with our working groups!

In order to achieve our goals and intentions, we really need the active participation of the community, we invite you warmly to join our efforts, and all contributions are welcome!

We are badly in need of a person to coordinate the Cashew Spraying alert system. If feel so inspired please contact us at healthycashewnetwork@auroville.org.in!

Healthy Cashew Network - working towards a safe and pesticide-free Auroville
Priya, Patricia, Anandi, Helena, Nikethana and Jasmin.

Sunday Walks are back ON!
The Green Center is happy to announce the 9th Edition of the Sunday walks to Farms and Forests: a series of over a dozen walks during the cooler season between Pongal in January and Earth day in April. The stewards of Auroville's Farms and Forests welcome Aurovilians, volunteers and guests to some of Auroville's beautiful green spaces, many of them tucked away and not easily discovered, sharing their joys and challenges and giving a precious insight into their vastly diverse work and environment. For the next walks venues, timings/locations/contacts look for this logo in the News & Notes or on Auronet (we discontinue the monthly posters).

Sunday 20th of January to Annapurna with Tomas
This is Auroville's largest farm and one of the oldest ones, it supplies most of our community's organic rice, millets, milk and dairy products. Tomas and the Annapurna team will offer a tour of the farm's main facilities and share from their rich experience in cultivating, processing and storing Auroville's staple foods, as well as building up South India's first organically certified dairy farm.

Meeting point: Solar Kitchen - Departure 2 pm, return by sunset. As Annapurna, one of Auroville’s keyhole areas, is 10 km away we have organized one bus with 40 seats (35 seats available on a first come basis). Donations are welcome!
You can get there also with your own transport, come to the meeting point at 2 pm and we can help organize a convoy with someone leading the way!

Directions: (reach Annapurna by 2:45pm please!) Follow the road from Solar Kitchen to Certitude. Turn right into the tarred road past Reve, Udavi, Edyanchavadi village, Hope and Auroorchard, till you meet the Pondy- Tindivanam highway. Cross the highway and follow the busy road to Kootroad/Tiruchittambalam (you pass Aurobindavan on the left). At the center of Kootroad, you will come to an Y-crossing; take the left towards Maylam. Follow this road for about 2 km and you’ll see a big petroN bunk on your left. Continue and pass another petrol bunk on your right (Indian Oil), still continue for another 1 km till you get to the BP petroN bunk on your left. The green, marked Annapurna gate, is directly opposite the BP petroN bunk. Enter and follow the path for about 1 km and you will see the farm building. In case you get lost, phone Tomas 94896 93801.

**As we are very short staffed this is a call to green Aurovilians, familiar with the location of Auroville’s Farms & Forests, to meet people on different meeting points on Sundays, at the start of the walks (depending on the location of the venues) please contact avgreencenter@auroville.org.in.

### MOBILITY IN AUROVILLE
- **City Transport Shuttle Service**
  Quick “Pick up and Drop” Shuttle Service. Free within central area. Further areas for a fare.
  **Where:** Visitors Center Main Gate or on call.
  **When:** daily 9.30am to 6pm.
  **How:** call 9487650951. Email: visitorscentre@auroville.org.in.
  (Please note that it is not a taxi that can be ordered in advance for an exact time).

- **Cycle Kiosk at Solar Kitchen area**
  We repair and maintain all types of bicycles, as a community service. Bike parts to full servicing at minimal costs. Free air!
  **Where:** Opposite PTDC/Foodlink/Solar Kitchen in Prosperity Area.
  **When:** Monday to Saturday: 9am to 4:30pm.
  **How:** drop in. Contact Phone Chris O.: 8940115240.

- **Cycles and children car seats rentals**
  **Where:** Vehicle Service, Town Hall.
  **When:** Monday - Saturday from 9am to 12.30 and 2.30 to 5pm.
  **How:** Contact avvehicle@auroville.org.in or Phone: 0413-2623302, Mobile: 9443074825.

- **Electric bicycles for rent at Kinisi:**
  **Where:** at CSR compound (see MAP)
  **When:** Monday-Saturday 9:30-12:30 and 2:00-4:30 pm.
  **How:** book online at http://kinisi.in, or email kinisi@auroville.org.in or call +91 8300460679 / +91 8300460680 / +91 4132622277.

- **Integrated Transport Services (ITS)**
  Electric vehicle rental, shared taxi services, local pick up & drop services, delivery services and vehicle repairs. NEW! Evening Electric Shuttle Service & Shuttle Service to Chennai.
  **Where:** opposite Solar Kitchen.
  **When:** Monday-Saturday from 9am-5pm.
  **How:** Phone: 8098776644 | 944256256 | 9840983080. lts@auroville.org.in, http://its.auroville.org.in/.

- **Visitors’ Center - Bicycle Rental**
  Available from the Kiosk, Near Dosai Corner / Dreamer’s Café.

### Roundabout Protocol
Now that the busy season is upon us, I’ve been noticing more conflicts at the traffic circle (or roundabout as they are otherwise known) at the Solar Kitchen/PTDC entrance. As a lover of traffic circles, and one who served as project manager for the creation of Boulder, Colorado’s Neighborhood Traffic Mitigation Program, I wanted to give a pointer or two about why they’re necessary to respect and protect the safety of the drivers/riders that are already there. Let’s practice this, both to avoid accidents, embrace a continual flow and ensure that NO TRAFFIC LIGHTS are ever necessary in Auroville! Swaha US

**MOBILITY IN AUROVILLE: Essentials**

- **Auroville Accessible Bus Schedule**
  The current Accessible Auroville Public BUS schedule (for Pondy trips) is always available at www.auroville.org contents/3988.
  Contact: avbus@auroville.org.in.
ACCESSIBLE AUROVILLE PUBLIC BUS - JANUARY 2019

We kindly inform all residents and guests that you can purchase the AVBus card at Aspiration and Town Hall Financial Services. The card does not have a deadline nor a name - if it is not used fully, you can give it to others.

We kindly request all for your cooperation to save difficulties to our driver:
as soon as you get on the bus, please immediately either use your card (10 ways Rs. 570) or give the immediate payment with the correct amount or through accounts for the residents.

Donations are welcome to support the year-round running of the AvBus: account number n. 251675.
For any further information please contact: avbus@auroville.org.in

Thanks for your understanding and cooperation,
With Gratitude,
The AVBus team (Raju, Sauro, Susmita)

TRIPS AUROVILLE ---> PONDY

<table>
<thead>
<tr>
<th>Morning Trips: MONDAY to SATURDAY</th>
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<tr>
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<td>8.25 am - Matrimandir office gate</td>
<td>4.25 pm - Matrimandir office gate</td>
<td>2.55 pm - Matrimandir office gate</td>
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<tr>
<td>8.30 am - Solar kitchen</td>
<td>4.30 pm - Solar kitchen</td>
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<td>4.40 pm - Kuilapalayam</td>
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<tr>
<td>(New Creation Junction)</td>
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<td>8.39 am - Kuilapalayam (SBI Bank)</td>
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<tr>
<td>8.41 am - (Former) Last School</td>
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<tr>
<td>8.46 am - Quiet</td>
<td>4.50 pm - Quiet</td>
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</tr>
<tr>
<td>9.00 am - Lotus Hotel</td>
<td>5.00 pm - Lotus Hotel</td>
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<tr>
<td>9.05 am - Ashram Dining Hall</td>
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<td>12.10 pm - Quiet</td>
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<td>12.20 pm - (Former) Last School</td>
<td>8.30 pm - (Former) Last School</td>
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<td>8.33 pm - Kuilapalayam (SBI Bank)</td>
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<tr>
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<td>12.33 pm - Certitude</td>
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<td>6.45 pm- Vérité</td>
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Accessible Auroville - NEEDS YOUR HELP FOR A SPECIAL PERFORMANCE

Accessible Auroville is going to offer a special and unique performance “Let’s Play with the Diversities” on Friday 1st March 2019.

To realize the event, we need your help to find:
- a person who knows the Sign Language
- 20 wheelchairs to be borrowed;
we would appreciate your cooperation.

Please contact: accessibleauroville@auroville.org.in

With Gratitude

Susmita and Piero Cefaloni for Accessible Auroville
POSTINGS

AV Potters Market: Gas Stove and Volunteers needed from now until 28th Jan.

- The Auroville Potters Market would like to borrow a single burner or double burner gas stove from January 24 to 28. Do you have one for us to use? aurovillepottersmarket@gmail.com
- The Auroville Potters Market needs volunteers to help from now till Jan 28. This will include putting up posters, banners, making tea, collecting payments, and many other interesting tasks! Email us with your name and phone number and availability. aurovillepottersmarket@gmail.com

Load Carriers needed for AV Marathon 2019

Hello community, The Auroville Marathon team requires a few load carriers/TATA Ace for the transporting materials to the aid-stations during the Marathon, the dates are 9th(Saturday) & 10th(Sunday) of February 2019. We would like to contribute towards the driver's time and the fuel charges. Kindly email us if you are willing to share your resources part-time or full-time with us at marathon@auroville.org.in.

The Endangered Craft Mela: Volunteer call!
From the 21st to 27th February 2019, there will be the Endangered Craft Mela in the Youth Center. This will involve around 30 Tamil crafts women and men. Some of whom will be coming from distant villages. The training priority will be children above the age of 10. We will particularly need Tamil speaking volunteers to help the sometimes only Tamil speaking participants. Please contact Alex at aschuvaa5@gmail.com.

WELL BAGS from KCC: No Plastic!

Dear Friends,
Tamil Nadu announces for “No more Plastic carry bags from January 1st - 2019 onwards!” Please join your hands and support WELLBAGS - A project of our Kulilai Creative Centre for our village women empowerment programme! PTDC, Marc’s Café, Blue Basket, HERS, Tanto and some more local shops in Kullappalayam go for WELLBAGS®. We are trying our level best for creating a “NO MORE PLASTIC BAGS ENVIRONMENT” at our surroundings. We are located near the Auroville Bakery. We are looking for some volunteers on how to design different types of bags. Please contact us for cloth bags on your special occasions, events, shops, restaurants, gifts, packages, etc... which are reasonable and available on a very low cost. Screen Printing and Lamination facilities are also available at our place!
For your contact: 9843195290 or 7867919197 / Mail id: wellbags@auroville.org.in.

Africa Safari Campsite is open again!

Camping site accommodation for Guests and Volunteers. Bathrooms and breakfast provided. We are OPEN and we have tents waiting for you! For more info and to reserve a tent, email us at africa@auroville.org.in or call +91 9384460764/9047074711. See our FB here!

Sharing is Caring!
Are you a minimalist at heart but with a house full of things? Or are you just looking to clean up your house this new year? We, at ALOT are looking for things to share with people within Auroville. We are looking specifically for ladders, grass shears, and chainsaws. Other tools and things that you are no longer using are welcome as well! Items should be working or needing minor repair. Please contact us on: 9871245566 or aloT@auroville.org.in and we will come and collect the items from you.

Eucalyptus and Teak Wood available
The Land Board is happy to announce: Eucalyptus and Teak Wood for sale for Aurovilians. Those who are interested, please write to us at Landboard@auroville.org.in.

WELCOME

DHANSREE
Dear all, We are very glad to share with you about our gift of a new born baby girl DHANSREE on the 31st of December 2018. Wishing you a great New year and Happy Pongal! Warm love and gratitude to the Divine for this great gift.
With thanks, Selvaraj, Tamillanthi and Tanish.

THANK YOU

Profoundly Grateful for your appreciation - A Midsummer Night's Dream
The Auroville Theatre Group is profoundly grateful for all the positive responses we have received for our production of MIDSUMMER NIGHT'S DREAM. This production was self-funded. We received no funding from inside or outside Auroville.
We would like to offer you a chance to show your appreciation for the beautiful costumes by UPASANA DESIGN STUDIO, for the use of the SRI AUROBINDO AUDITORIUM venue, for the delightful music from Aurovilian composer HARMUT VON LIERES, for the magical set design by SWAR, for so many other aspects of this wonderful show. We have a Pour Tous Account. Can you make a contribution towards paying the bills? The Number is 251067. Please say it is towards Midsummer Night's Dream.
We are thankful for any amount you can offer. (We spent 1 lakh 50,000.)
Thank you,
Jill Navarre, director for the A Midsummer Night's Dream cast and crew.

Santé Schedule Now Online on our Website
You can find our Santé Therapists’ Monthly Schedule at this link.

Doctor Availability in Santé for January 2019
Santé: AV Institute for Integral Health will have a slight change in the schedule of available doctors for consultations in the month of January 2019.
Our wonderful Dr. Manoj will be leaving on 10/01/2019 to pursue further studies in the U.K. We wish him all the success and hope that he returns to AV soon.
Dr. Igor will be working every morning and Dr. Brian will be available in the afternoons. This schedule will remain till Dr. Ruslan returns in mid-January 2019. We will inform the community of further changes in the schedule as soon as we can.

Please note that we are closed on TUESDAY AFTERNOONS for staff meetings and there will be no doctor on SATURDAY MORNINGS till Dr. Ruslan returns.
Thank you always for your patience and understanding!

New Doctor at AVHC
Since Monday 7 January 2019, Dr. Gayatri, who was earlier working at the Ashram Dispensary and Nursing Home, is volunteering at the Auroville Health Center every morning from 9 - 12 a.m. Thank you, Av Health Center

NewStNotes 14 January 2019 [781]
Reminder from Mattram

Next session of “Seven Eyes” course by Jerry will be on 15 January, 4 to 6:30pm at Matrigold. These sessions continue every 14 days on Tuesdays from 4 to 6:30pm until April next year. Seven Eyes is a practical and profound tool for psychological and spiritual development. Please register for coming with also a mob. no. at mattram@auroville.org.in or SMS 7639071051.

WORK OPPORTUNITIES

At AV Art Service: We are looking for someone with common sense, patience, and an ease with excel who can help us with the accounts of our co-operative umbrella. The work takes up between 5 and 7 days a month depending on the capacities of the person. We want someone who likes organising numbers! If this is you, please contact us by email: aurovillearts@auroville.org.in.

Sports

Darkali Fitness Track welcomes you!

Starting 14th January Darkali Fitness Track welcomes you every day from 4 p.m. to 6 p.m. If you would like to come in the morning please contact us at dft@auroville.org.in.

The track’s purpose is to provide to families, school groups and sadhaks that feel a little rusty, a peaceful, secure and green environment punctuated with structures and boards that offer guidance to simple yet rejuvenating exercises. Other than for its intended purpose the track’s 1.2 km path can also be used for meditative strolls, happy saunters, headphone jogging, introspective walk, union with the Divine and even, if that’s your thing, reverse walking.

• Please remember to come: 30 minutes before closing time.
• Way to the gate in Google Maps: goo.gl/dpdTgf

Darkali Team

Eating Out

Thamarai is an Auroville project standing for full potential and well-being for all and offering educational and healthcare programs to villagers in the bio region.

The Thamarai team will serve you a very special lunch:

Auroville Conscienous Food
Prepared with love by Kyonghyon Lee and her friends
on Friday, 18th January - at 12:30.
At Le Zephyr, upstairs Visitors Center
Lunch contribution 350rs Aurovilian, 500rs Guest
Booking required to Thamarai@auroville.org.in
Contribution Transferring recomended to Thamarai acc.251633 and possible to contribute at the counter this day.
Seats are limited to 40. Enquiry 8903963137
“Le Zephyr” is sponsored by the VC cafeteria “the Right Path Café” more on Thamarai:
www.facebook.com/AV.Thamarai
www.auroville.org/content/813
www.youtube.com/watch?v=b4N6ifH6t4

Auroville Radio / TV

Greetings Auroville!

We are so happy to share everything we have managed to capture this past week as the team of AurovilleRadio/TV. We are always looking for more content and you can help us out! Please do collaborate with us in sharing event details and video clips of events happening in the community of Auroville.

We would love to hear from you, and also for you to use our services and keep Auroville’s content creation machine purring like a well-oiled machine. We hope you follow our updated website, which offers a wide range of information with written, audio and video content for people of all ages.
Stay connected with us for more event updates on our social media sites, Facebook and Twitter:

Website: aurovilleradio.org, FB: facebook.com/auroville.radio, Twitter: AurovilleRadioTV

From our volunteers for the past week we have:
- Maryliz - Lotte van den Dikkenberg Delights Playing Eclectic Piano Pieces
- Nadia and Wobli - Lively Up Your Earth 6th Edition teaser with Krishna
- SEA - Sharing on Auroville Economy to Vikalp Sangam participants
- Interview with Anita on Collaborative Planning Workshop
- Interview with Andreas and Theresia von Zadow on Collaborative Planning Workshop
- Celebrating Monsoon
- Fundraising Dinner for our land
- An Update for the end of NE Monsoon by Water Group - IngMarie and Tom

Out of regular programs we have:
- GangaLakshmi continues with her Selections of The Mother and Sri Aurobindo in French.
- Loretta reads Mother’s Q and A 23/1/57.
- Marlenka continues with Synthesis of Yoga 95 and Synthesis of Yoga 96.

Here are also The News of Thursday and Monday. Your AurovilleRadioTV team

SHARINGS FOR GÉRARD MARÉCHAL

Oh, Gerard,
It is the abruptness of your departure, my brother, which shocks.

The one response, when I heard about your death and when I saw you in your room, is a NO.

It is an illusion, it is not real.

Your courage, your spirit is so strong, that it brushed aside all appearances.

I haven’t spoken much to you in the last 50 years, but I am glad I had a chance to thank you for Savitri.

The Mother had told me to learn French and you give me a tool to do so.

My love to you flows out to Fabienne and your daughter.

Love you
Frederick

Au revoir mon vieux copain Gérard

Farewell my Brother...

I first met Gérard Maréchal in Paris in July 1969, in a suburban garage where the 4 second hand cars which would constitute the First Caravan (plus one more of ‘papa Cherney’), were being worked upon by a team led by Vincenzo, Steven (Nilauro’s father) and Jean-Claude Biery.

The first thing that struck me was that Gérard was a gentle soul, friendly, a bit shy, but strong in his beliefs and convictions. During the 6 difficult and tumultuous weeks that it took us to drive from Paris to Pondichery, Krishna (Mzali, who left us many years ago), Gérard and myself formed a close friendship and kept to ourselves.

When we arrived in Auroville and settled in Aspiration on the 2nd October 1969, two things stuck out: our weekly meetings with the Mother, which left a profound impression on Gérard (and most us) and the morning diggings of the foundations of the Matrimandir, which started pretty early, I think in December 1969. It is there probably that Gérard found his vocation and shifted a few years later from Aspiration to the Matrimandir camp that was really a makeshift group of huts. There were very few motorcycles in the mid 70’s and one of them was the Matrimandir Bullet that Gérard used extensively to buy materials for the concretings that had begun in earnest. He was truly one of the pillars of the Matrimandir.

When he left for Sudan, we met only sporadically, once in Paris, but over the last few years, we had become close again and saw each other frequently with Fabienne and Namrita my wife, who loved him very much. I kept telling him that he should exercise more and restrict his beloved beedies, but he just smiled and continued working on his Savitri (in English along with the French translation of Satprem), which he finished a few days before he died and gave to me.

Auroville has lost of one its pioneers, a gentle soul and a gentleman. My heart grieves, but I know that he went fast and without suffering.

Farewell my brother, wherever you are. We will miss you and our thoughts are with Fabienne and Aurrima, whom you left behind.

Francois Gautier
No Drug in Auroville

This is the Mother’s remark about the drug abuse in Auroville. The Mother says, “I don’t consider it in the light of any moral sense; it injures your brain”, and then she addresses the community, “Take this as a challenge and remove the drug menace from Auroville”.

He pushes the soul towards the upper planes of consciousness. Indra says, “I can’t do anything here” (Subconscious existence). He asks Maruts, “Take the soul to the summit of the mind”, i.e. Pure mind. Maruts are the thought forces; they have the illumination (knowledge) to take the thoughts alone. They work as a team and take the thoughts of the victim and his soul with “Pasus” (animal impulses). They ascend plane after plane and reach the pure mind and leave the soul there. Indra gives his illumination (knowledge) to the soul and fashions it by his light, endless light, no more darkness, which transforms “Pasus” (animal impulses) into divine impulses (Gavah), which carry the urge to manifest the Truth Consciousness (Ritam). The soul descends into the mind, which shares the experiences of the soul. The animal impulses of the mind are rejected and the mind is ready to manifest the Truth Consciousness (Right Consciousness, Right Action and Vast Ananda). Now the drug abuser enjoys freedom from drug addiction.

Auroville can serve as a center for rehabilitation for drug addicts. Matrimandir, Lotus pond and the Column of Light are very good illustrations to practice the Evolutionary Yoga of Nature by which the drug abuser can liberate himself from drug addiction.

Ref: 1. The Secret of the Veda, pp. 245-280
2. The sketch is made from the account of pure mind given by Sri Aurobindo in the above pages.

Submitted by Somasundaram A

NOTES

Tamil Corner:

Riddles - Vidukathai (விடுகதை)

Continuing our tradition, we submit the riddle for this month:

I have leaves, but no branches
Flowers bloom in me but no fragrance
I bear fruits but no seeds
I have a stem but no bark
I have a young one
But I am not a cow
Who am I?

Crack you brains, pull your hair or simply subscribe to Vaasal @ tamil@auroville.org.in for the answers! Happy riddling!

ACCOMMODATIONS

NEEDED - URGENT: We are an Aurovillian family with 3 kids (Satyavan 15, Kimaya 6 and baby Neven 6 months) and we have to move out of the house we are living in for the 3 weeks of return of the stewards. We are looking for an accommodation from 31/01/2019 to 22/02/2019. Living on maintenances, our funds are very limited but we trust that a solution will be found for this bridging time. We are open to any option!

With Love, Many Thanks, Celine, Christophe & Family.
Contact 8098846079 or celine@auroville.org.in

AVAILABLE

Auroville Library of Things (ALoT), an initiative by earthBus, at the container opposite PTDC: borrow tools, toys, kithcenware, travelling & hiking gear at your convenience. alo@auroville.org.in.
NOW ONLINE! aurolot.myturn.com/library/inventory/browse.


Laptop: Asus Laptop with following specifications: Asus 5550C series laptop. Screen: 15.6 Touch Screen. Processor: Intel Core i5 3337U 1.80GHz. 4gb RAM. Hybrid storage: HDD: 750 GB and plus SSD 24 GB. Windows 8 OS. Nvidia G740M Graphics. Contact Victor on (0413)2623423 after lunch time, Or email victor@auroville.org.in.

Bike 1: Honda Activa, Pondicherry registration of 2014 model with excellent condition. If anyone is interested, please contact me in this number, 8903363122 (Rabi).


LOOKING FOR...

Family dinners: Hello, my name is Inês. I am volunteering for a year in Auroville and I miss my family. I am 20 years old and I would be glad to have dinner with a family sometimes. I can cook with you or bring something as you wish. If you are interested you can contact me at this email: inesdhmn@gmail.com. Thank you already, Kind regards, Inês.

Anyone coming from Italy? Hello, I am looking for someone who is coming from Italy and could bring along a pair of dance shoes with them(approximately 600g). If you can please contact me at kay_nag@yahoo.de. Kay

Water lilies: Aurelec needs a few water lily plants, of any colour, if anyone has some to spare? If you do, please contact me on 2622296 or by email to timwrey@auroville.org.in . Thanks - Tim

News&Notes 14 January 2019 [781]
Acoustic Guitar: Hello, my name is Hugo, I’m a new French volunteer for the next 9 months at Aqua Dyn. I’m looking for a folk/classic guitar in Auroville. My Indian numbe: +91 70947 71733. Whatsapp: +336.80.40.59.04. Email: hugo.merrien@gmail.com. Thanks, Hugo.

Mattresses and bamboo chairs: Hello everyone, I’m moving house soon and I’m looking for 2 mattresses (1.60 x 2.00 cm (approx) and a single mattress to create a cozy couch). and some bamboo chairs. If you feel it’s time to replace yours, or you have one extra that you want to donate or pass on for a nice contribution, please let me know. Whatsapp, sms or call me on: 9655853688. Hope to hear from you soon! Lakshmi

Is there someone in Auroville who’d like to visit the PIPAL TREE DIALOGUES between the 7 and 10 February 2019? To coordinate the transport, please write to eugen@auroville.org.in. Thanks, Eugen in Courage.

Gardener’s work 1: Gardener from Bommapalayam is looking for full-time work. Kindly call # 890 3938 649 for arrangements. Thank you! Submitted by Tine.

Gardener’s work 2: Veeraragavan (Veera) is looking for work at gardens. He is 45 and has been working as a gardener in Auroville for 30 years at different places. He is looking for full-time job and he is good and gentle with gardens. If you have a job for him, please call him or mail me: 9047663217, thamu.av@gmail.com. Thank you, Thamu.

 WALLET AND FOUND

Wallet (Lost): Dear All, my friend, Shivram Rawat, lost his wallet on 6 Jan somewhere between Kullapalayam and Matrimandir. It is a brown wallet and contains Government IDs including PAN card and DL. If found, please contact Aakrity, volunteer at Earth Institute, Ph: 9742802816. Thank you in advance.

Black Flip Flops (Exchanged): Friday the 4th I had lunch at G.P. and someone took my Birkenstock (black) flip flops size 41 and I took Birkenstock (black) Flip Flops size 42. I realised only later. If anyone took mine by mistake and wants to have his back, please contact Ange (Samriddhi/Forest Pottery). Phone: 80977 00425.

MISSING DOG: Dear Friends, on 10th January our very dear dog named ‘Estrela’ disappeared from our home at Acceptance Community. Estrela is a small dog with black & white longer hair, 5 years old, female and this is the first time she is outside of her home alone. If you see a dog that could be her, please contact Kayesh (+91)9537975030 or kayeshnovoaes@gmail.com.

TAXI SHARING

Auroville service of taxi sharing available with ITS at: http://sharedtransport.auroville.org/ (an initiative by earthbus).

16 January: Pick up from Chennai Airport to Auroville anytime between 8.30 am - 10 am. Sharing both ways possible, Please contact Sandhir: sandhirspiers@gmail.com.

17 January: arrival Chennai international airport at 8.30 am. One person with small luggage. Sharing possible both ways. Please email tine@auroville.org.in / call 8903386429 Thank you!

20 January: Looking for 1, 2 or maximum 3 passengers to share a taxi from Auroville to Chennai Airport. Departure from Auroville anytime from 10AM till 12noon. Please contact Sunny via WhatsApp: +917289907792 or by Indian mobile: +917289907792.

28 January: I hope to share a taxi to Mahabalipuram or to Chennai 28/01 in the morning around 10:00 from Center Field Guest House. Please contact me by email odebeaule@gmail.com or by phone +91 90-21-749276. Thank you. Ode

TRAVEL

Latest News from Inside India - Travel Shop
We are open from 09am to 1pm and from 1:30pm to 5pm. Latest offers from International Airlines: Oman Airways has special offers to Europe. Air France special fares to Europe in cooperation with Jet Airways. British Airways has promotional offers to Europe & USA. Emirates has early bird offers to selected destinations in Europe and USA.

For Summer: Most Airlines have announced their advance purchase fare for international travels for coming summer. If interested please send your travel plan to us, we will check seat availability and give you best options according to travel route and price.

Insurance: We highly recommend to avail of a Travel Insurance for all foreign travels. Please check with us in advance regarding flights & baggage policies of airlines.

- International Flight Tickets/International Hotel booking: 0413-2622078, travelshop@auroville.org.in
- Domestic Flight Tickets / Trains/Bus/Travel Insurance: 0413-2623030, domestic@inside-india.com
- Tours and Domestic Hotel booking: 0413-2622047, insideindia@auroville.org.in.

Week’s Happenings

There are 2 useful online calendars of events in Auroville: - Online Auroville Events Calendar - (no need to log in for guests! - just scroll down the page) The schedule of events for the week can be accessed by all, including Guests and Visitors on the Aurovinet login page: www.auroville.org.in.
- Auroville Art Service: artservice.auroville.org/calendar/

AT THE MATRIMANDIR

AMPHITHEATRE - MATRIMANDIR
Meditation with Savitri
read by Mother to Sunil’s music
Every THURSDAY - 5.30 to 6.00 pm [weather permitting]
Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!
Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please No Photos and do not to use your cell phones, cameras, i-pads, etc.
Dear Guests, please carry your Guest Card with you - No photos there. Access only for the Amphitheatre from 5.15 pm Please be seated by 5.25 pm, no late entry.
Thank you - Amphitheatre Team.

TALKS

“Communicating Development”
Student project presentations
Monday, January 15th, 2019
8:30 a.m - 5:00 p.m
Multi-media center/Cinema Paradiso
Sustainable Development Practicum
The American University of Paris (AUP), France

Dear Friends,
We invite you stop by the Cinema Paradiso to see and hear the presentations of development communications projects created by students participating in the AUP Sustainable Development Practicum. The presentations will roll-out over the day.

Feel free to drop by at any time!
The AUP Sustainable Development Practicum is an intensive, transformative, experience-based field course that blends: visits to many Auroville organizations and units; seminars, talks and conversations with Aurovilleans engaged in sustainable development and community building; and volunteer work focusing on development and development communications. The experience culminates with media projects created in partnership with the organizations.

Samosas, snacks, tea & great ideas are on the menu! Come help us celebrate our 11th year!
Tanya - Program Professor
Sacha and Boom-Auroville program coordinators & support team
“A History of Ladakh through its Heritage”

Discussion with Dr. Quentin Devers

Wednesday 16th January 2019 at 5pm
Town Hall - Cinema Paradiso
in French with audio translation in English, duration: 90min

A chronicle of grand fortresses, old temples, stone Buddhas, rock art and gold mines.

Dr. Quentin Devers is a permanent researcher at the French National Centre for Scientific Research (CNRS), in the Research Centre for East Asian Civilisations (CRCAO, Paris). He has been conducting extensive fieldwork in Ladakh since 2009, surveying about a thousand historical sites.

The high mountains of Ladakh have since immemorial times represented fantastic corridors travelled by merchants, bandits and armies from all origins - Tibetans, Turks, Mongols, Kashmiris, etc. fought battles in these lands, in a struggle to control their rich trade routes and their precious resources.

INVITATIONS

World Café:
series of movies waiting for you….

Unity Pavilion invites you for a series of World Café evenings on the following Wednesdays:
Jan: 16th, 23rd
Feb: 6th & 13th
from 7.00 to 9.30 PM

This film series will take us on a journey through many years of Auroville’s unfolding.

We will begin by watching on Wednesday 16 January a film about the first years of Auroville (duration: about 40 minutes).

After a little tea and biscuit break Ulli (Roper) will introduce the basic principles of the World Café format, which ends with sharing our insights, conclusions and inspirations.

All are welcome…

We cordially invite you to participate in the Pongal Festival Celebrations and enjoy the fun filled day!

A meeting between Tamil culture and French culture to celebrate the end of the harvesting time and thanksgiving according to our ancient traditions common to both cultures.

We invite you to a unique meeting, never explored in Auroville, on the occasion of Pongal, the celebration of the Tamil harvest. This echoes an old French tradition, still present today, the festival of the “moisson” (which means “harvest” in French). These festivities date back to time immemorial and remind us of how powerful our ancestral values are as vectors of gathering and cohesion.

This is why Ilaignarkal Education Centre, Mohanam Cultural Center, and the French Pavilion decided to organize this celebration in the form of a festival where our two cultures will have the opportunity to exchange in all the forms it can take according to our respective traditions. This will enable us to realize once again that we are not so different, that our customs are getting closer, and that their differences can only be mutual and collective enrichment.

Event Highlights:

- Exhibition of Indo-French Relations
- Educational and thought-provoking talk about Tamil-French culture by eminent scholars
- Traditional Tamil and French games
- Song and dance performances
- Food, handicrafts and artisan stalls
- Traditional Pongal offering with 24-spice Pongal Curry (traditionally cooked with local and seasonal veggies)

For more information contact:
Ilaignarkal Education Centre - 0413 2623773, tamil@auroville.org.in
Mohanam Cultural Centre - 0413 2623806, mohanam@auroville.org.in
French Pavilion - 0413 2622001, france@auroville.org.in

We are happy to announce this year’s Fair on Saturday the 19th January at the Youth Center!

The LOVE A_FAIR!

Starting from 10 am we will be having food, music, free games, kids’ activities, Upcycling Workshop, eco femme Workshop Handicrafts stalls, cake competition, tombola, logo competition and lots of fun!

See poster for more details
We are happy to announce this year’s Fair on Saturday the 19th January at the Youth Center!

The LOVE A_FAIR!

Saturday 19 January at the YC

Starting from 10 am we will be having food, music, free games, kids’ activities, Upcycling Workshop, eco femme Workshop Handicrafts stalls, cake competition, tombola, logo competition and lots of fun!

The LOVE A_FAIR is a callout to the community, to get together, share good moments and share our love for nature. Thus it would be super amazing if visitors **come on cycle** or **use the bus** offered from the Visitors Center, and **not bring plastic** so we can attempt to make this AN ECO-FRIENDLY FAIR!

The fair will run on Youth Center currency with the possibility to use the aurocard.

See you soon, look out for Cupid. He is searching for you <3
EXHIBITIONS

“Visual Hike”
Painting Exhibition
By A.Sathya

January 19th to February 2nd 2019
Open daily except Sunday 8am -12.30pm and 2pm - 6.00pm

Through shade and light
the landscapes reveals its self deep within.
Pitanga Cultural Centre, Samasti, Auroville, TN 605101, India.
(0413) 2622403/2622994 Pitanga@auroville.org.in

Bharat Nivas presents
At Kalakendra Art Gallery
"The Dawn of Auroville"
Ongoing Photo Exhibition on the early days of Auroville with rare historical images and texts by The Mother.
Opening hours: 9 to 4:30 pm. Sundays closed.
Ongoing until March 2019.

Savitri Bhavan
Exhibitions – JANUARY 2019
Monday-Saturday 9am-5pm

• Meditations on Savitri
The entire series of 472 paintings created by the Mother with Huta From 1961-67 is on display in the newly extended picture gallery
• Sri Aurobindo - A Life-Sketch in Photographs in the upstairs corridor
• 61 oil paintings inspired by Savitri - a Legend and a Symbol
These paintings by AGHNI illustrate the 12 Books and 49 cantos of the poem, and are accompanied by texts summarising each of the cantos. Everyone is welcome.

CULTURAL EVENTS

Water Fontaines
Piano Concert
Contemporary works
Hartmut von Lieres
Pianist, Composer
Saturday 19 January
8pm
CRIPA

The older brothers of Sierra Nevada - A review
The photographic documentary exhibited by Sri Kolari at Centre d’Arts, Citadines touched me deeply. It will surely touch a lot of Aurovilians as it belongs to the domain of adventures, exploration, art and the sacred.

We journey to the Sierra Nevada of Santa Marta, Colombia, which is inhabited by 30,000 Kogi, Arhuaco and Wiwa people. They assume the responsibility of “older brothers” to maintain the balance of the universe since their home, Sierra Nevada, is the heart of the world.

For Sri Kolari, self-taught photographer, this is an ongoing project. It started in 2015 when, on a trip to Colombia, he paid a short 3-day visit to Sierra Nevada. Sri reveals that he shot photographs only for one of those days as it was difficult to build up a trust with the residents. He has chosen to exhibit 29 pictures made up of landscapes, portraits, sacred objects and images of the everyday life of this culture which has survived Spanish conquistadors, modernism and religion by pursuing a traditional way of life.

My favorite photograph is the one of a young man alone in a field, blowing on something I imagine is of a sacred nature. The composition, the light, the curved line of the mountain in the back, as well as the delicate foaming of the clouds brings me in and out of time and makes me wonder at the endless flow and meaning of all that has gone and the mystery of all yet to be.

I ask Sri why he prefers black and white for most of his pictures and he answers that being born in India, a country where everything is so colourful and beautiful, he never tries to make a beautiful picture, but a meaningful one. A revolutionary at heart, he is photographer who engages in social and political activism. This kind of reportage shows his capacity to explore the sacred and a will to share with the world his insights into a people who lost everything and retained their soul by isolating themselves from the rest of the world.

This journey into space and time engenders in me a burst of sudden energy and inspiration. It reawakens deep thoughts about the meaning of the world, evolution and the ongoing journey of humanity. But above everything it triggers the essence of the innate seeker in me and the exploration of far-away places and higher knowledge.

It gave me life. Thank you Sri.

Chana Corinne Devor for AV Art Service
AV Renaissance Cappella
Anandamayi, Elke, Katarina, Marijke, Ane, Helena, Uma, Tineke
Gundolf, Holger, Julien, Antoine, Lucas, Eugene

PUBLIC REHEARSAL: Work in progress
Saturday Jan.19th at 7 p.m. Tibetan Pavilion
Tuesday Jan.22nd at 7.30 p.m. Pitanga

- Sacred motets by Orlando di Lasso & Tomás Luis da Victoria
  (Lamentations of Jeremiah for Maundy Thursday) à 5
- Adriaen Willaert: Ave Maria à 4
- Josef Rheinberger: Abendlied “Bleib bei uns” à 6

SCHEDULES

AT HOLISTIC
For more info & bookings: 91-9489805493 or Christine@auroville-holistic.com.
Address: Holistic Studio -Auroville Main Road -Kuilapalayam.

NLP & SELF-IMPROVEMENT-PART 1 & PART 2
PART 1 - 21 TO 23 JANUARY 2018
& PART 2: 25 TO 27 JANUARY 2019

- certification after completing part 1 & part 2 (Details HERE)
- Learn NLP skills and insights. After these 3 days your NLP can then be used anywhere & for your personal development.

- Part 1: The pre-suppositions - The 4 pillars of NLP / The rapport/ The filters of perception/ The component of NLP / sensory predicates & predicate system/ The frame objective/ anchoring resources/ Perceptual Positions Time line process

- In part 2: we will go deeper and learn more tools to overcome our limited emotions, model an effective strategy and their sub-modalities / Time line process / association- dissociation in the treatment of Phobias / system re-framing & integration of conflicting parts/how to generate a new behavior / Belief system enhancement.

AT CREATIVITY HALL OF LIGHT

Vocal & Nada-Brahma Yoga Workshop
Thursday 17th & Friday 18th January 9.30-5.00pm
A unique combination of the Italian masters’ knowledge of the voice & Indian wisdom of the primordial sound (Nad)

To register please contact Hamsini 9487544184 hamsinifr@yahoo.fr. Italian Maestro wisdom & Yogic approach: Discover & develop parts of the body involved in vocal sound production. Learn to use these parts through vocal practice and sound healing circle to consciously create and strengthen your unique musical instrument.Nada Yoga /Access inner consciousness through sound: Ancient Nada Yoga links music to spiritual growth through vibrational sound. Use musical scales inside energetic centres to deepen auditory and kinaesthetic awareness. Use Indian Raga to free emotional blockages. These techniques help you to sing in tune. Nada Yoga is a powerful meditative tool deepen movement between consciousness states, enhance inner peace and contentment. Sacred Chants Help to quite the mind & open the heart the Divine Within. No need of any previous experience, Bring a small mirror with you.

AT AUROMODE YOGA SPACE

Acupuncture and Chinese traditional medicine diagnosis
3 HALF DAY SESSIONS: JAN 17, 18 & 19
From 8.30AM - 12.30PM - With Andres Lokuta
These are 3 consecutive mornings of 4 hours.
We will practice simple but effective exercises combined with the activation of specific acupuncture points to enhance well-being. Prior booking required: +914132622224 or Contact@auromodeyogaspace.com.

AT QUIET HEALING CENTER

For appointments and registration, please contact the reception at 262239, 9488084966

Reiki Level 1 Workshop with Betty
Sunday 20 - Monday 21 January 2019 (9.30 AM - 5.00 PM)
Reiki is an ancient, non-intrusive complementary therapy. As a healing technique, it enhances the body’s own innate ability to heal itself and helps restoring balance and harmony to mind, body and spirit. Anyone can learn Reiki; no need to have any special inclination towards healing, unique gift, or prior experience. In this 2-day workshop, you will learn about the history & five practices of Reiki, the human energy system (aura and chakras), Reiki Level 1 initiation, which opens the flow of Reiki energy, and how to channel universal energy for self-healing and healing others. This workshop includes a theoretical component, attunement, hands-on practice, and certification plus level 1 manual. Betty is a Reiki Master Teacher, recognised by the Usui Reiki Federation, and practitioner of Usui Reiki since 2005.

Watsu & OBA Basic with Dariya & Daniel
Tuesday 22 -- Sunday 27 January 2019 (1.00 -- 6.00 pm)
Watsu & OBA are aquatic bodywork modalities given in a warm water pool. Watsu Basic introduces movements and body mechanics to float someone on the surface; OBA Basic introduces and offers a unique underwater experience (with nose clip).
In this workshop, you will learn and practice basic techniques and qualities of grounding, presence, stillness, flow, and attention to hold and move someone in water. You will experience floating other people and being floated, while creating a space for deep relaxation and nurturing body, mind and spirit. No previous experience required and also no need to know how to swim!

Holistic Rebalancing Massage Training with Ananda
Friday 25 - Sunday 3 February 2019 (9.00 am - 4.30 pm)
Holistic Rebalancing massage is a powerful tool for body-mind-energy work, based on a mix of deep tissue massage, joint release, energy work, breath work, body awareness and meditation.
In this 10-day workshop you will learn techniques of joint release to melt and relax, deep tissue massage to release pain/holdings/memory, energy work to heal from inside; breath work and tools for body awareness; various approaches to different body types; five types of touch related to the five elements: water, fire, air, earth, and space; special focus on neck, shoulder and back; meditations to be healthy and energetic; and effective ways to give deep healing sessions effortlessly. Ananda, professionally trained with international certifications in a wide variety of healing modalities, has been sharing his holistic rebalancing workshops across India, Vietnam and Europe.

Vedic Healing Workshop with Swami Omkar
Saturday 26 - Sunday 27 January 2019 (10.30 am - 5.30 pm)
In this 2-day workshop you will be exposed to the ancient art of Vedic Healing through Prana Vidya or the Knowledge of Prana, the universal life force which permeates all creation. Prana Vidya offers the knowledge of gaining, restoring and uplifting Prana in your body. It also explains how to transfer this life force to other people, as Prana can be given to others, who are ill or in an imbalanced state. Advantages of Prana Vidya:
- Simple to learn and practice.
- All types of life styles can experience and practice Prana Vidya.
- Healing based on Prana Vidya does not have any side-effects.
- While learning Prana Vidya, its healing power can already be experienced.
- All types of mental and physical problems can be cured.
- Character, memory power, and thought processes improve.
- Can also be used for success in education, wealth, and relationships.
- Purifies your inner being and uplifts your spiritual life.
Swami Omkar, founder of “Pranava Peetam Trust”, has been teaching Prana Vidya in India and abroad and likes to share his knowledge with everyone, who is eager to learn this ancient Vedic healing method.

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**Watsu 3 with Gianni**

Monday 28 - Sunday 03 February 2019 (8.45 am - 6.30 pm)

Watsu 3 is for people who have given enough practice sessions to develop a comfortable, intuitive awareness of how to float another person and who are ready to adapt and further explore aquatic bodywork outside the fixed form of Watsu 2. Powerful stretches and advanced techniques are introduced while rolls that require a spontaneous adaptation are learned as a gateway into Watsu’s “free flow”. **Pre-requisite: Watsu 2 and Watsu 2 mastery.**

**AT VERITE**

Please contact Vérité to register for the following intensives or therapy sessions: 0413 2622045, 2622606, 7094104329 or programming@verite.in, treatments@verite.in

**INTENSIVES IN VÉRITÉ (Registration required)**

**PRANAYAMA: BREATH OF LIFE: PART 1... 3 DAYS INTENSIVE**

- with ANANDA

Friday, Saturday & Sunday 18, 19 & 20 January

- from 9 am to 4.30 pm

Prana is the breath of universal life energy. Breathing and energy flow mostly happens unconsciously as part of survival process. By becoming conscious and attentive to prana – and enhancing and directing its flow through the pranayama practices—we can rejuvenate the body-mind-energy, enhance sensitivity and perception, expand inner awareness, and open the door to higher states of consciousness. In this part 1 training, welcome to learn, practice and experience

Unique preparatory exercises for whole body & spine

Inner Science of Energy: Nadi, Vayu, Chakra, Mudras, Bandhas

Basic and Advanced pranayama practices

Techniques: Warmup exercises, Kapalabhati, Nadi Shuddhi, Ujjayi, Shitali, Ashwini Mudra, Vajroli Mudra, Moola bandha, Kumbhaka, Chakra breathing, A-U-M Nada yoga, Mudras

Experiential, Scientific & Meditative process for essence of self

ANANDA has been exploring yoga, meditation, mysticism, and energy work for more than 24 years, and has studied and practiced healing modalities for over 10 years. He is professionally trained with international certifications in Watsu, Aqua wellness, Foot Reflexology, Hypnotherapy, Pranic Healing, Alchemy of Touch - Rebalancing.

**INTRODUCTION TO “THE MOVEMENTS” OF GURDJIEFF**

- with YOFFI

Saturday, 19 January - from 9.30 am to 12.30 pm

Gurdjieff movements, also known as “sacred dances” are a powerful tool for inner and outer awareness. The practice makes it possible to become free of the automatism and habits of our body, emotions and mind. By moving differently than we usually do, we experience new qualities of energy and meet ourselves in new ways. The movements/dances were collected and developed by Gurdjieff during his extensive travels in the near and far east and in his institute for “the harmonious development of man.”

YOFFI has been teaching Yoga and movement meditation for several years. She has experience with a variety of body work methods. Mainly, she enjoys the beauty and benefits of inner movement and wishes to share it with others.

**NEW WEEKLY CLASSES - DROP-IN (NO REGISTRATION REQUIRED)**

**FELDENKRAIS - WITH NUR BAR-ON**

(see bio below)

- Mondays - 7 to 8 am (starts 14 January)
- Tuesdays - 9 to 10 am (starts 15 January)
- Fridays - 3 to 4 pm (starts 18 January)

The Feldenkrais Method cultivates awareness through movement. Inspired by animals and human infants, we experiment with different movement possibilities and learn about patterns of holding, discovering how to move in a skillful and efficient way. Dr. Feldenkrais designed the lessons “to turn the impossible into the possible, the difficult into the easy and the easy into the pleasant”.

**NEW INDIVIDUAL THERAPY SESSIONS (BY APPOINTMENT ONLY)**

**FUNCTIONAL INTEGRATION (FI) - WITH NUR BAR-ON**

Dr. Feldenkrais developed FI, where through guidance with gentle touch, the “student” and “teacher” explore existing patterns of organizing the body. Then new possibilities are suggested to facilitate a more efficient, comfortable and pleasant way of moving. **Nur Bar-On has been practicing the Feldenkrais Method since 2010 and became a certified teacher after 3 years of study (2015-18). She has taught in Israel, Germany and Portugal, and likes to assist others in discovering more skilful ways of being in their bodies.**

**MONTHLY SCHEDULES of AV CENTERS**

**REMINDER:** The monthly schedules and activities of the Auroville Centers can be found on the following websites:

- Joy Activities: www.joyauroville.org/
- Holistic: www.auroville-holistic.com/
- Pitanga: www.auroville.org/contents/3185
- Savitri Bhavan: www.savitribhavan.org
- Language Lab: www.aurovillelanguage_lab.org/courses.php
- Auromode Yoga Space: www.auromodyogaspace.com
- Vérité: www.verite.in/
- Arka Wellness Centre: www.auroville.org/contents/2886
- Quiet: http://quiethealingcenter.info/
- Lilaloka: www.lilaloka.org

**REGULAR EVENTS**

**The Regular Events column is printed once a month, sent weekly via pdf through our mailing list, and published weekly online for anyone to access at: auroville.org/contents/4187**

**OTHER EVENTS**

**Inner-Work Workshop**

Introduction to the Integral Yoga of Sri Aurobindo and the Mother

15th January (Tuesday) - at Savitri Bhavan, 9 am to 12 noon

(For those who are new to Yoga, from 8.45 to 9 am there will be a brief presentation on Yoga and Spirituality.)

Focus this week on: ‘The Divine Mother’

- Overview with multimedia presentation
- Questions and Answers
- Practice in Daily Life
- Complimentary Concentration Exercises
- Creative Arts, Interactive Games
- Life of Sri Aurobindo and the Mother
- Introduction to the Reference Books

These Workshops are conducted every Tuesday, each week with a different focus. (Basic prerequisite is Watsu 2. Watsu 2 mastery is recommended.)

**“Growth of Consciousness”**

Dr. Ananda Reddy will conduct a series of workshops on this theme in January and February 2019 in the Savitri Bhavan Reading Room from 4pm–6pm on the following dates:

- 12 & 13 January: Shifting from the Outer to Inner Consciousness
- 19 & 20 January: First steps of the Inward Shift: Purification & Renunciation
- 2 & 3 February: Means & Methods for Inward Growth: Concentration & Meditation

For further information please contact: anandareddy102@gmail.com

**WOMEN’S KOLAM WORKSHOP**

Located at Auroville, the Women’s Kolam Workshop will be presented by Lively (for Conscious living and giving) in collaboration with Mohanam.

- 13th - 15th of January 19 - 8:30 am to 4:30 pm
- At Auroville Village Heritage Centre (Opposite Imagination Auroville), A sacred pattern of Traditional Blessings. Join us for an intensive 3-day workshop brings local & global women together to share the arts and culture of Tamilnadu:
  - Kolam techniques
  - Spiritual significance
  - Colour making
  - Dance and sharing circle

Since the dawn of time, women in South India honor an ancestral tradition that celebrates the creation of the world: The Kolam.

For more information: 0413-2622589/2623806
Or lively@auroville.org.in/mohanamprogram@auroville.org.in

**Expressing the colours of your chakras**

By Aparajita Barai

- Evaluate, balance and learn about your nature
- At the Auroville Ground Floor, Auroshilam (behind Auromode Guest house). Bookings are a must. Guest, followers & Contribution: Guests of Auromode, please register at 0413-2622047 from 9 am to 12 pm and 2 pm to 4:15 pm. Aurovilians & Newcomers: No contribution required, please book in advance.

http://www.inside-india.com,
insight@auroville.org.in
facebook.com/avinsideindia

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**Awareness Through the Body**

**Sunday 20th of January, from 9am to 4.30/5pm**

At the ATB hall in Transition school.

Amir & Lison offer a day of basic tools of ATB as a continuation for people who have already attended ATB1.

A day to explore how to implement this practice with kindergarten age, using fun as its foundation.

A space to come in contact with the inner child, to come to know oneself and the word in a more intimate way.

For more information, see: awarenessatthethbody.com

For more details and to sign up contact email connect@atbwithamir.com or WhatsApp: Amir +91 9751252209.

**Thai yoga massage intensive**

- **PRINCIPALS, FOUNDATIONS & DYNAMICS:** From 9am to 5pm
- **MEDITATION YOGA AND QI GONG:** From 6:30am to 8am
  - 14th to 20th January
  - 24th to 30th January
  - 11th to 17th February
  - 4th to 10th March
- **Level 2:** 13th to 17th March

Facilitators: Izhak, Kumar, Mar.

For TerraSoul farm community – an Auroville Activity under LEAD

For Registration and Information: Kumar at 9486365103/ sivacoumar@auroville.org.in.

**VIP - A Volunteer Introduction Program**

We are pleased to invite you for this 4-day discovery journey in Auroville for long term volunteers and interns.

**Date:** 24th, 25th and 28th, 29th January / 8.30 am - 4:30 pm

This program of 4 days is a concentrated experience of the outstanding diversity of Auroville ground realities; we’ll explore Auroville history, bio-region life, spiritual insights, environmental projects, educational activities and much more.

You will visit projects on site and meet dedicated Aurovilians, eat together, and have some fun too.

This program is designed for long term Volunteers but we do have some space for guest that wish to join the full program.

For more information please write to study@auroville.org.in

The Savi Team

**Auroville International Potters Market:** Jan 25-27

Registrations are open for the following workshops:

- **Slip Trailling with Rakhee Kano:** 25 Jan, 3-5pm
- **Throw and Stretch with Adil Writer:** 26 Jan, 3.30-5.30pm
- **Toy Making Demonstration with Usha Kane:** 27 Jan, 3-4pm

All materials will be provided and only a limited number of people can participate.

For information & registration, email aurovillepottersmarket@gmail.com with the subject 'Workshop Request'.

**Tai Chi Chuan Intensive at the Tai Chi Hall, Sharnag**

We offer an intensive from Jan 21 to Feb 9 that is suitable for absolute beginners. We will practice together the Art of Chi and the 24-form in the Stevénotvitch Method.

January 21 to February 9: Daily 7.30-10.30 except Sundays

FREE for Aurovilians, Newcomers, Ashramites, Volunteers (SAVI card). Tea and biscuits provided during a nicely timed break.

This is a recreational activity suitable for all ages.

For registration email taichia@aurowlive.org.in

During these three weeks, we will accompany you through the discovery of the energetic life force that permeates the universe and our body: the Chi. Through the ancient Taoist breathing techniques, we learn how to perceive and use it. By learning the way of moving the chi in the body (small orbit), we access the powerful control of this energy. Finding the physical and energetic centre, the Tan Tien, permits our body to explore and study the martial movement of Tai Chi Chuan. We are going to apply all these techniques precisely in the form, and hopefully in our lives.
International - Saturday 19 January, 8:00 pm:
- EIGHTH GRADE

USA, 2018, Writer-Dir Bo Burnham w/ Elsie Fisher, Josh Hamilton, Emily Robinson, and others, Comedy-Drama, 93mins, English w/ English subtitles, Rated: R

This feature directorial debut tells a semi-autobiographical story of the director. In the film Kyla is a typical 13yrs old with all her awkwardness, angst, self-loathing and reinvention that a teenage girl goes through on the cusp of high school. She turns to YouTube to express herself, where she pretends to have it all together. Her YouTube videos are a clever narrative tool that provide insight into her inner hopes and dreams. This screening has been made possible by the generous sharing by Kathryn Toll.

Children’s Film - Sunday 20 January, 4:30pm
- THE BOXCAR CHILDREN: SURPRISE ISLAND

USA, 2018, Dir: Anna Chi, w/ Joey King, J.K. Simmons, Dane DeHaan and others, animation, 81mins, English w/English subtitles, Rated: G

The continuing adventures of Henry, Jessie, Violet, and Benny as they spend the summer on their grandfather's private island.

RAINER WERNER FASSBINDER Festival @ Ciné-Club

Fassbinder, one of the most ruthless observers of human nature and one of the best-known directors - flourished during the New German Cinema movement. His extraordinarily prolific work - 41 films in a 14-years - almost certainly contributed to his early death at just 37yrs. The subject of the outsider shunned by society infuse much of his work.

Ciné-Club - Sunday 20 January, 8:00 pm:
- HANDLER DER VIER JAHRESZEITEN (The Merchant of Four Season)

Germany, 1972, Dir: Rainer Werner Fassbinder w/Hans Hirschmuller, Hanna schygulla, Irm Hermann and others, Drama, 88 mins, German w/ English subtitles, Rated: PG

Hans Epp is a self-destructive man who lives a dissatisfied life. He tries to find meaning as a fruit vendor, but a heart attack impedes his ability to work, which turns his dissatisfaction into despair.

Rating codes we often use are from Motion Picture Association of America (MPAA): G-General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A.i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmncalendar@umr@aurofilm.org.in. We appreciate your continued support. Please make a donation to “Cinema Paradiso” (account #105106) at the Financial Service or set up for a monthly support. Pls contact us at 9442224680.

Auroville Safety and Security Team:
- Auroville Safety and Security Team: 9443090107
- Ambulance: Auroville: 9442224680 - Pims: 0413-2656271
- Farewell: mobile number: 890336246, reachable 24/7
- Emergency Service of India: 108

THE ECO FILM CLUB
Sadhana Forest, January 18th, Friday
Schedule of Events:
4:00 pm: Free bus from Solar Kitchen to Sadhana Forest for the Tour
4:30 pm: Tour of Sadhana Forest
6:00 pm: Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
6:30 pm: Eco Film Club begins with “previews” of short Sadhana Forest films
8:00 pm: Dinner is served
9:30 pm: Free bus from Sadhana Forest back to Solar Kitchen

Before the movie, at exactly 4:30pm you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner!

**Note: Families and children are welcome! Dinner for children will be served at 7pm ;)

Living Without Water
49 mins / English / 2015 / Film by Sam Kingsley & Henry Richards
What's it like to live without running water? In Peru's sprawling capital, Lima, this is the everyday reality for 1.5 million children and adults, forced to pay up to a week's salary for just one day's water. And the problem isn't confined to the capital, across the country, the shortage of water is putting lives in danger and provoking conflict, as it displaces communities and threatens their agricultural livelihoods.

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at (0413) 2677682 or 2677683 or sadhanaforest@auroville.org.in.

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Important information about News & Notes (Absolute deadline for submissions or cancellations: Tuesday 5pm)

- The News & Notes is available for all to download ** from the Auroville website at http://www.auroville.org/news/articles/4186
- The notes section should ideally be no longer than 500 words. All articles and reports need to reach us by Tuesday noon.
- Visiting hours: On appointment only.
- The Tuesday deadline (5pm) is absolute
- Any modifications of the submitted News items have to be sent to the editors before Tuesday 5pm.
- We regret not being able to attend to visitors Wednesday to Friday due to work pressure.

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