(Continued)

One would tend to say that it’s not a gain from the standpoint of consciousness, since things become blurred. I don’t know, is that way of being a gain?

It can only be a transition. It’s a transitory mode. From the standpoint of consciousness, it’s a tremendous gain! Because all slavery, all bonds with external things, all that is finished, it has completely fallen off – completely fallen off: there’s absolute freedom. In other words, That alone remains, the Supreme Master is the master. From that point of view, it can only be a gain. It’s such a radical realization…. It seems to be an absolute of freedom, something that’s considered impossible to realize while living the ordinary life on earth. It corresponds to the experience of absolute freedom one has in the higher parts of the being when one has become completely independent of the body. But the remarkable point (I lay great stress on this) is that it’s the consciousness OF THE BODY that has those experiences… and it’s a body that’s still visibly here (!)

Of course, there is nothing left of what gives human beings “trust of life.” There doesn’t seem to be any support from the outward world left; there is only… the supreme Will. To put it into ordinary words, well, the body feels it lives only because the supreme Lord wants it to live, otherwise it wouldn’t be able to live.

Yes, but it seems to me that a state of perfection should embrace everything, so that one can be in the supreme state without its abolishing the material state.

But it doesn’t abolish it.

No, but still you say it’s “far away,” “behind a veil,” that it no longer has its exactness and precision.

That’s a purely human and superficial perception. I don’t at all feel that I have lost anything, on the contrary! I have the sense of a state much superior to the one I had.

Even from the material standpoint?

What the Lord wants is done - that’s all; it begins there and ends there.

If He told me… Whatever He wants the body to do, it can do; it no longer depends on physical laws.

What He wants to see it can see; what He wants to hear it can hear.

Undeniably.

And when He wants to see or wants to hear materially, it sees perfectly and hears perfectly.

Oh, perfectly! At times the sight is more precise than it ever was. But it’s fleeting: it comes and goes; probably because it’s only an assurance of what will be. But, for instance, the perception of people’s inner reality (not what they think they are or what they pretend to be or what they appear to be – all that disappears), the perception of their inner reality is infinitely more precise than formerly. If I see a photograph, for example, there’s no question anymore of seeing “through” something: I almost exclusively see what the person IS. The “through” decreases to such a point that at times it no longer exists at all.

Naturally, if a human will wanted to exert itself on this body, if a human will said, “Mother must do this” or “Mother must do that,” or “she must be able to do this, she must be able to do that …,” it would be totally disappointed, it would say, “She has become useless,” because this body wouldn’t obey it anymore. And human beings constantly exert their will on each other, or they themselves receive suggestions and manifest them as their own will, without realizing that it’s all the external Falsehood. (silence)

There is a sort of certitude in the body that if, for the space of just a few seconds, I lost contact (“I,” meaning the body), if the body lost contact with the Supreme, it would die that very moment. It’s only the Supreme that keeps it alive. That’s how it is. So naturally, to the ignorant and stupid consciousness of human beings, that’s a pitiable condition - and to me, it’s the true condition! Because for them, instinctively, spontaneously and in a so to say absolute way, the sign of perfection is the power of life, of ordinary life…. Well, that no longer exists at all - it’s completely gone.

Yes, quite a few times, several times, the body did ask the question, “Why don’t I feel Your Power and Your Force in me?” And the answer was always a smiling answer (I am putting it into words, but it’s wordless), the answer is always: “Patience, patience, you must be READY for that to be.”

MOTHER’S AGENDA, March 9, 1966

MOTHER

The Divine has many essential modes of His eternal self-manifestation, possesses and finds Himself on many planes and through many poles of His being; to each mode its purpose, to each plane or pole its fulfilment both in the apex and the supreme scope of the eternal Unity.

Sri Aurobindo  the Synthesis of Yoga, p.377
In its assessment of the current solution and a future one, the acknowledgement that India’s infrastructure needs to be built and while no-one wants highways, sewage plants or solid waste projects in their backyard, these common infrastructures are needed for the good of all. We are confident that through an inclusive process with all stakeholders, the best solution and a highway routing agreeable to all can be found, preserving peace and harmony as well as our precious natural environment.

There is a Financial Service account opened for contributions towards travel expenses: FS # 252037 THANK YOU!

Highway Task Force, a task force operating under the Working Committee (htf@auroville.org.in)

**Everyone has access to the following at any time:**

- The News&Notes is available for all to download from the Auroville website at www.auroville.org/contents/4186
- French and Tamil versions at www.auroville.org/contents/4186
- The weekly updated regular events at www.auroville.org/contents/4187
- The N&N archives are found at www.auroville.org.in (No login necessary - just scroll down!)

Events/Workshops can be seen at www.auroville.org.in (No login necessary - just scroll down!)

![Community News](image)

**Working Groups Reports**

**Update from HTF (24 September)**

The HTF made a presentation to the Governing Board during their recent meeting, and the two resolutions by the community - regarding the highway and the IAC - were handed over to them. The GB chairman Dr. Karan Singh asked what they could do; and we were reminded that there are many stages of study in building a highway, and at each stage we would have the opportunity to respond. We suggested that a statement could be issued by the GB. We acknowledge their advice to move forward methodically and to focus our efforts on the local level. To respond appropriately to the many steps involved in such projects, we look forward to the guidance of Mr. Chunkath, the Secretary of AVF.

The HTF team met with the Working Committee on 17th Sept. to bring clarity on past actions and to cooperate in moving forward. Prashant from WC will join our weekly meetings during Sauro’s absence and Hemant will liaise with the Foundation.

Meanwhile the surveying company is carrying on its assessment work of the proposed alignments and buildings etc. and has informed us that the Collector and/or the District Revenue Officer is expected to visit soon.

François, who arranged a meeting in Delhi for dealing with urgently pending visa issues, was also able to obtain a meeting with the Principal Secretary of the Prime Ministers’ Office (PMO), Mr. Mishra, who was made aware of the issue of the highway. Prashant and Aravinda from HTF attended with François. They also met two other Secretaries in the same Office, including one who, as a former District Collector of Villupuram, knows Auroville intimately and understands clearly the threat of the proposed highway. All these meetings were very positive.

The MP of Villupuram, Mr. Rajendran, has been very understanding in our encounters with him, and we are grateful for his help. We look forward to his assistance in further dealing with NHAI offices, especially in Chennai.

As reported in the N&N of 17th September, Bioregional planning work in the PVAC region (Pondicherry, Villupuram, Auroville and Cuddalore) is ongoing, dealing with multiple aspects such as water, transport, waste management, coastal conservation, farming, land planning, culture and more. There is an acknowledgement that India’s infrastructure needs to be built and while no-one wants highways, sewage plants or solid waste projects in their backyard, these common infrastructures are needed for the good of all. We are confident that through an inclusive process with all stakeholders, the best solution and a highway routing agreeable to all can be found, preserving peace and harmony as well as our precious natural environment.

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Highway Task Force, a task force operating under the Working Committee (htf@auroville.org.in)

**Announcements**

**FAMC Announcement regarding Credit Cards**

Dear Friends,

The FAMC has been advised by our Chartered Accountants Advisory Panel that credit cards are considered loan instruments, and consequently, the issuance of credit cards is governed by Article 25 of the Auroville Foundation Act which states: “… the Governing Board shall have the power to borrow on the security of the properties of Auroville…” As the Governing Board has not to our knowledge discharged this power to any other group, body, or office, obtaining a credit card at this time can only be approved by the Governing Board.

The FAMC will be approaching the Governing Board:

- 1. To allow the FAMC to approve credit cards for units via the loan policy as previously communicated.
- 2. To allow Financial Service to maintain a credit card for Auroville units in need of the use of a credit card for specific purposes (e.g. car rental, online purchases that do not allow debit card use).

Those units or trusts that have credit cards issued by banks, are requested to share the details with the FAMC by 10th October latest. Expected details are as under:

1. Unit / Trust / Individual name if issued via unit
2. Bank name and credit agency (e.g. SBI/Master or visa or Rupay etc.)
3. Date of first issued and current expiry
4. Credit limit in Rupees
5. Authorised users who have access to the card and its PIN etc.

With growth of Auroville and its units, it becomes more and more important for us to have full compliance of rules laid down for Auroville Foundation. Hopping for full cooperation, The FAMC

**On GST**

The FAMC would like to reiterate to the community that it is imperative that we adhere to the laws of India, which we have, as Aurovilians, all agreed to do. This includes compliance with Goods and Service Tax (GST) rules. There are, within the GST rules, possibilities to reduce GST expenditures for units and services making transfers within a single GST vertical. Auroville Trusts have the possibility of organizing themselves in such a manner, and the FAMC encourages them to do so, if they are able to manage this administratively. The FAMC
Announcement from Auroville Health Fund
Auroville has consistently had bad experiences at the big East Coast Hospital (Moolakulam) since the past 5 to 6 years. The Auroville Health Fund Scheme will not support treatment at that hospital. East Coast hospital (Moolakulam) is not on the list of supported hospitals anymore since May 2017. Please ensure shifting to another hospital if needed. For further information contact avhealthfund@auroville.org.in.

Vacancy in Serenity Housing Project
In Serenity housing project we have a vacancy for a flat of 2 bedrooms. The project is near termination. Those interested please contact: Sonali, Tel: 9443263934 or sonali@auroville.org.in Joseba, Tel: 9486536502 or joseba@auroville.org.in

BUILDING APPLICATIONS
- Monday 1st October 2018

The following projects are recommended by L’avenir d’Auroville and feedback is now invited from the larger community.

1. In the Residential Zone:
   - Building Extension: Jairamam at Realization Community Jaya1982@gmail.com / Built up area: 33.4 sq.m. Project Brief: I am willing to extend two rooms towards east side of my existing house for my small family, for me, my wife and our son.

2. In the Green Belt:
   - Udavi School extension of six classrooms and kindergarten Sanjeev Aggarwal at Udavi School. Built up area: 450 sq.m. Architect: Hrishamani Lakkar. CA/2015/70254. Mob: 9706032611. Project Brief: Since the last three years, the school has been taking double the number of students than it did normally. Now there is a need to build additional rooms to accommodate them.

Please note:
- An NOC (No Objection Certificate) is issued only after evaluation and processing of the community feedback received during the two-week period.
- Any work should start only with an NOC.
- For additional information or feedback, please write to avenir@auroville.org.in, call 2622-170 or come directly to the L’avenir d’Auroville office in the Town Hall.

The maps and details relevant to these announcements can be found on the Auronet page of L’avenir d’Auroville.

Warm regards, L’avenir d’Auroville team (Anita, Anu, Divya, Inge, Pino, Tejaswini)

Housing Board announcement
Dear Community, the Housing Board has the following requests and announcements to convey to all.

1) Housing Service’s tasks are allocated to different members dealing with the public (full list of HS members, including Rahul, Ambalagam and Nicolai, can be found on Auronet):
   - Alexey: Housing repairs
   - Karen: Newcomer housing & Youth housing
   - Savithri: Youth and Volunteers, Account follow up for Newcomers, House-sitting & Volunteers
   - Sonja & Ole: Project development
   - Sundar K.: Transfers, Evaluations, Loans & Grant applications
   - Svenja: House-sitting, Volunteers, Housing Board & Housing Service liaison
   - Venkatesh & Aravind: Accounting

We care to answer all concerns as soon as possible and so request the members of the community to address the specific persons mentioned here, when addressing their concerns and not only go to a particular member of the housing service.

If your concern is not looked into within 15 days, you may address it in an email to the Housing Board.

2) The Housing situation has always been challenging but the situation in Housing Service has never been better as at present with the GOI funding received for housing projects many youth have been accommodated recently in Humscapes and Kriya. Yet presently we have about 130 people requiring housing soon and only around 5 houses to offer on average. We request the community members to inform the housing service when there are any unoccupied houses within their community so that housing could check with the stewards and allocate them. Housing Service only comes to know about vacant houses if stewards inform that they will be TOS. This help from the community of informing Housing about available places will be very valuable and helpful.

3) Members of the community need to understand that Housing makes all efforts to maintain harmony with regards to choosing stewards in a community.

Process:
1. The house is mentioned for transfer in the N&N.
2. Interested people are shown the house.
3. A list of interested people is communicated to the HB by HS
4. The approved list is sent to the community, sometimes in order of preference by the housing.
5. The community chooses 3 members from this list.
6. The immediate neighbors then choose in order of preference from these 3 members chosen by the community.
7. The choice is then communicated back to housing.
8. The Housing Board then makes the final choice as per policy.

(policy on Auronet)

Please note that the steward is chosen only from the list submitted by housing, the community cannot make additions to the provided list without going through Housing.

4) The Housing Board is being consistent with the policy with regards to no second stewardship and requests the community to understand that in the present situation of crisis, housing is not flexible to change the purpose of a housing asset from residential to an office or workshop space. The FAMC is required to be consulted for this.

5) In the meeting of 28.08.2018 it was decided that fraternal contribution will be used to create new housing and will no longer be available for house extensions as it was observed that many house extensions are later converted to homestays and do not serve the purpose of housing community members. It will be available only in exceptional cases. The revised fraternal contributions will be published soon by FAMC.

We hope to build a relationship of collaboration and trust with all community members and do hope that even with all the difficulties with availability of houses, members of the community can still feel this care and understanding from housing.

We also wish to convey to the community that we value Sonja’s presence in the Housing Service very much. She cares and so she still manages to be in the Housing Service, where many people could not take the pressure and had to leave. The Housing Service and the Housing Board are doing their best to expedite finding solutions to the housing crunch and be of service to the community.

With gratitude and warm regards, The Housing Board

Houses available for transfer:
1. Auromodel- Suryanivas Community: Vaiya’s House, Plinth area of 140.36 Sq.m approximately. Free standing house for family with shared parking shed. (Suitable for Family with three or four members)

2. Auromodel - Petite Fermé (ex Jorinde’s house): Plinth area of 180.90 sqm Double storeyed RCC Framed structure Residential
building with Rammed earth with Brick walls, R.c.c roofing with covered front and back verandah, living cum Kitchen, Bed room & Toilet. (Suitable for family with three members minimum)

RE ANNOUNCED

3. Windarra Farm- TerraSoul- Sandhya’s House: Plinth Area: 204.53 Sq.m. Double storied RCC framed structure Residential building with Brick walls plastered in cement mortar, RCC flat roof and first floor metal sheet roofing consisting of open verandah, living cum Kitchen Bed room & Toilet with Open steel ladder. Community-Shared Parking lot. (Suitable for Couple / family) - (Active participation and involvement in the Farm Community Project is required.)

- For more information write to housing-transfer@auroville.org.in Or call: 0413 2622658

-piece of Auroville land available near Edayanachavadi

Land survey number IR 202/7 and 8. Suitable to build two family units.
For more information contact housing-transfer@auroville.org.in mention Edayanachavadi plot in the subject)

Houses Available in Housing Projects:
1. From Sunship: Immediately available - One single unit of 42 Sq.m completely furnished and equipped-Kitchen, bathroom and cupboard- with Collective cafeteria, Laundry, technical maintenance and management by Aurovilians!!" (!Contact louis@auroville.org.in for visit and more information).

2- Kalpana Housing Project: Under construction

The finishing work at Kalpana is going on well but it takes more time than expected. It is over in the south block except the second quote of painting and the floor cleaning. It is going on in the North and East block. The balcony and stair railings are in progress in the North Block and will start soon in the East block. The landscaping work will start next week and will take at least 2 months for completion. Therefore, the new date of completion will be 30th November 2018.

- Out of 42 apartments 8 units are still available:
  - Studio : 3 units / 1 BHK (Bed room, Hall and Kitchen) - 3 units / 2 BHK - 1 unit / 3 BHK - 1 Unit
- Also available 2 offices at the ground floor in the North block.
Satyakam is available every Thursday from 3 to 5 h 30 and Saturday from 10 to 12 h 30. Or by e-mail for any information, and for a request for a site visit.

Information on grants allotted for Aurovilians by Housing Board

Housing Board informs that there is no more grant available for housing extension. Financial assistance is available only for repairs. Housing Board

FROM THE ENTRY SERVICE - N&N # 766

Dated: 01-10-2018

Our team is happy to recommend the following individuals as Aurovilians and Newcomers, joining Auroville. Prior to Newcomers and Aurovillian status confirmation, for Newcomers two weeks and for Aurovilians one-month window for community feedback. Kindly forward your support or grievances to entrieservice@auroville.org.in

For viewing pictures of the announced Newcomers and Aurovilians please have a look on Auronet.

NEWCOMERS ANNOUNCED:
Yatharth LAAD (Indian) Staying and working at AuroYali.
Poornima Deepak KALOTA (Indian) Staying in Certitude (Victor’s place) and working at Natura.
Jan BUDIN (Italian) Staying at Maitreye II and working at Matrimandir and TLC.
Naushad ALI (Indian) Staying in Douceur and working at Studio Llam, Aurelec.
Daxa S ACHARYA (Indian) Staying in Inspiration and working in Visitor Center.

CHILD OF NEWCOMER:
Aditya KALOYA (Indian) Born on 20/01/2004 (child of Poornima Deepak Kaloya).
Jiya KALOYA (Indian) Born on 11/06/2009 (child of Poornima Deepak Kaloya).

NEWCOMERS CONFIRMED:
Sathya NARAYANNA (Indian)
Sivagamy GANESH (Indian)

AUROVIILANS CONFIRMED:
Michael MARCO MANGER (French)
Andres ACOSTA (Colombian)

Spouse of an AUROVILIAN:
Ruben BERLANGA RANDALL (Mexican)

NOTE: Individuals are entered into the Register of Residents (maintained by the Auroville Foundation) shortly after filling the B-FORA and meeting with the Secretary of the AVF. The appointment date for these is set and communicated by the Entry Service to the individual at the respective time, and NOT AT THEIR PERSONAL REQUEST.

This is the last step of the Newcomer process where the status of Newcomer Resident is switched to Aurovillian Resident.

ENTRY SERVICE OPEN TO PUBLIC TIMINGS:
Monday, Wednesday, Friday 09:30AM-12:30PM
Monday to Friday (by appointment only) 02:30PM-04:30PM
Yours, The Entry Service

FOR YOUR INFORMATION

 Exhibition for 50th Auroville’s Birthday, in Louvain - Belgium

“AUROVILLE, a 50-year-old Utopia”


Events around the exhibition:
- 1/10 at 8pm: Francois Verdin (Centre Reliance LLN), “At the heart of the Auroville Project: introduction to the teachings of Sri Aurobindo”, followed by a meditation.
- 10/10 at 8pm: “Why and how to become Aurovillian?” Meeting with Marc-Olivier Picron (director and producer).
- 12/10 at 8pm: Interactive Conference (projet MDD) “Finding inspiration in Auroville for an integral transition”, guided by Charlotte Luyckx.
Vanl for the AVI.

COLLECTION OF EUROPEAN GAMES

AUROVIILANS FROM EUROPEAN ORIGIN ...

After 8 months of organizing the “European House” in the International Zone, after its inauguration in February 2018, after a lot of improvements, after a long and hot summer with many people going abroad, we came up with the idea to create a platform where Europeans can meet at least once a week to play together popular European games (boards, boules, darts, cards, backgammon, chess, ...), to come together, and to come to know fellow Europeans better than ever before. It will be a joyous and playful meeting point for everybody from any European country, to mend (finally and against all odds) a ‘European Identity’ for the purpose to, sooner or later, manifest a ‘European Plaza’, where our heritage, our past, present and future developments, of this rich and diverse continent, will be presented to the world, to India, and to any visitor interested.
Right now we are collecting games of European origin, to then present you with an indigenous array of games. Europeans love to play since time immemorial, or at least a couple of centuries or decades. Participate with ideas which games of your country should be included. Participate by donating games you might have idly lying around in your house without anybody using them. Participate by encouraging visiting friends to bring along a typical/popular game from your European country.

Once we are ready to start, the day-game will be scheduled every Saturday, from 9 am to 6 pm. Meanwhile, you can also help us with the organising of other events, by joining us with your ideas and goodwill at our weekly meetings at the ‘European House’ (opposite entrance ‘Pavilion of Tibetan Culture’) every Friday from 4:00 to 6:00 pm, or contact Denis, ph. 95002 71460, e-mail denis@auroville.org.in or Raphael. ph. 93621 69798, e-mail, raphael@auroville.org.in.

Let us create a ‘friendship space’ where we can meet regularly, where we can enjoy each other’s company, not in meetings, not with difficult discussions and decisions, but by joyfully playing a game, for the sake of playing a game together, for the sake of coming together in harmony, in unity, in joy and fun!

F/A European House: 251207
Thank you for your help, Denis & Raphael for the European House

LAST CALL for Auroville Art Camp & Festival
To all Auroville artists and art students:
This is a little reminder to let you know that there are only two weeks left to apply to our Auroville Art Camp and festival. Please write to auprivile coolantcamp@gmail.com to apply before October 15th, and for questions or enquiries.

About the Auroville Art Camp and Festival
We are organising an Auroville Art Camp and Festival in March 2019 with Artist residency taking place in Auroville, for painters. 15 Indian national artists and 15 Aurovilians artists will be selected to collaborate and work on the theme “A new world is possible” inspired by a quotation from the Mother in the Agenda:

“This is the new world and this is the new consciousness and this is the new Power; it is possible, and it is, and will be more and more manifest because it is the new world, because it has never been before. It will be because it has never been before. (Silence)
It’s lovely: It will be because it has never been before - because it has never been. (Mother looks up as if about to say something, then goes into meditation)”

The Mother, Agenda, volume 13, 1972, May 6th.

This project wishes to have an educational part as well, 5 Aurovillian students and 5 Indian national students (above 18) will participate to this art camp.

This Art Camp will take place from March 16th till March 23rd. During this week, artists will be asked to produce one piece of Art and to participate to some Public Art events. Interactions with the community will happen during evenings.

For more information: www.facebook.com/aurovilleartcamp

Looking forward to working and sharing together in love and beauty,

The Auroville Art Camp team

AQUA DYN REORGANISATION

Dear all,

This is to inform you that, after over 16 years of dedicated service to Aqua Dyn, Mr. Jayam Uthrapathy, mostly known as “Uthra”, is leaving the company for a new professional challenge. Many of you were used to contact Uthra directly on his phone or email address, whether for servicing or inquiries.

Please, directly contact the Aqua Dyn team for all the related matters at:

Tel: +91 413 262 22 01 / E-mail: aquadyn_av@gmail.com

Uthra has been playing a key role in Aqua Dyn’s development and we do wish him all the best in his new endeavor. Some new faces are joining Aqua Dyn as the team is reshaping. We thank you in advance for your kind participation.

The Aqua Dyn Team

“The water our body needs” / www.aquadynaurowille.com

Free Store: A Kind Reminder

Dear Aurovillians and Newcomers, kindly remember that the Free Store is a free service offered to all Aurovillians and Newcomers in a spirit of sharing, giving and taking.

Recently we have been receiving quite a lot of dusty, dirty shoes and unwashed clothes, and other items full of flying termites, ants and ant eggs.

We want to ask you to consider if you would like to receive or take something like that into your home.

Please bring your clothes and other goods during opening hours, and check if they are clean and in good condition. We like to exchange in a hygienic way and avoid fungus and allergic reactions.

Waste clothes can be given directly to the mechanical/bike workshops. Waste items can go straight to ECO Service. Whatever is clean, but torn or partly damaged we use in a spirit of sharing, giving and taking.

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Waste clothes can be given directly to the mechanical/bike workshops. Waste items can go straight to ECO Service. Whatever is clean, but torn or partly damaged we use in a spirit of sharing, giving and taking.

We need Cell Foam (Used for Acoustical Absorption), Wood Wool Boards (Helps us improve acoustics) and Acoustic Materials. We would be grateful if you could share.

Contact Free Store Team: aquadyn.av@gmail.com

Look forward to hear from you!

POSTINGS

Baby born: Dear Av Family & friends, we would like to share with the community that we have been blessed with a pretty baby girl S.Kavimaha. She was born on 21st September 2018, at Nallam clinic, Pondy. We would like to thank Krishna (midwife), Paul(a,midwife) and Dr. Vandana and hospital staff for their support to have normal delivery.

Love and smiles, Shanmugam & Magesh and sister Maya (Aurogreen community)

THE AUROVILLE CHOIR - CALL FOR MALE SINGERS: We - the Auroville Choir - have started our new season and it would be great if more male voices joined us. If you have some experience in choir singing, consider joining now!

The programme for this year includes music by Ola Gjeilo, Eric Whitacre, James McMillan, Kim Andre Arnesen and Karl Jenkins. Our rehearsals take place every Thursday from 18:15 to 20:00. In addition, each voice (Soprano/Alto/Tenor/Bass) has a separate rehearsal once a month on a Wednesday from 18:15 to 20:00. Our rehearsals take place at CRIPA (in Kalabhumi).

If you are interested in joining us, please contact Nuria at 7639191307, (0413) 2622310 or via email: nuria@auroville.org.in

Looking forward to hear from you!

Helps us improve acoustics at Kalabhumi Studio: If there’s any AV Project that has spare “Wood Wool Boards” or any “Open Cell Foam” (Used for Acoustical Absorption), LET US KNOW!!!!

We need these for drum screen (Shield) for improving the acoustics of the Kalabhumi Studio, and it would be much more convenient if the materials are sourced from within the community. Thanks! Edo & Mehul, for Kalabhumi mehu1992@gmail.com / 9634424066
Dear all people of good disposition. The updated AV Ambulance protocol is now available. For any urgent situation, a retired GP with many years of experience, except on holidays, is one of Santé's primary doctors on staff. To contact us, please call 0(413) 409 09 09 or email ambulance@auroville.org.in.

The Unity Pavilion Team and various activities will be taking place this week, including Peace Day Celebrations and a tournament. Our gratitude also to the Fiftieth (Dutch), Tomoko (Japanese), Jayalakshmi (Tamil), Christophe (French) and Anuradha (Hindi) for facilitating the Sound Meditation. We thank Auroville Radio for covering the event. Our gratitude also to the Finest Steam for their support in the event.

THANK YOU

Our dear PTDC needs volunteers. If you have a moment, please come by and volunteer for the weekend of the 29/30 October. Please supply contact phone number and email.

The tournament will be held on the Gaia field on Saturday and Sunday, 29th and 30th September from 6.30am to 6.30pm. Please come by and watch! 😊

For appointments about Consultation, Counseling and Therapy, please call 9443090082. Please note: Though our phone line is working, several clients have missed last week’s deadline. If you have any requirements, please contact Dhandapani, mobile 9443090082, email mattram@auroville.org.in.

SUJATA

Everyday availability of General Practitioners / Doctors at Santé

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Contact: 0413 422 0351

A New Waves, a unit under Katidallai Trust is located in Aurelec, Premises, Porur, Chennai. New Waves is offering the services of FCA, Assembly, Wave soldering, minor repair of appliances. The unit is also open to requests for custom work. Please contact 0413 262 203 or cell 9442224680 with your requirements.

Thank you for being part of Peace Day Celebrations.

The Unity Pavilion Team
**SANTÉ**  
AUROVILLE INSTITUTE FOR INTEGRAL HEALTH  
Clinic Phone: **0413-2622803**  
Email: sante@auroville.org.in / adminsante@auroville.org.in  
Website: www.sante.auroville.org.in

For emergencies, contact Auroville Ambulance: Tel: **9442224680** (24x7) OR email: ambulance@auroville.org.in

Government Ambulance: Tel: 108 (24x7)

**Working Hours:** 8:45-12:30 & 2:00-4:30 Monday - Saturday for Aurovilians, Newcomers & registered Guests, Volunteers & Friends of Auroville

**Closed every Tuesday afternoon for regular staff meetings**

**Please note:** Blood tests and Lab collection Mon-Fri only before 12:00pm.

### SANTÉ THERAPISTS’ SCHEDULE - OCTOBER 2018

<table>
<thead>
<tr>
<th>Service</th>
<th>Therapist</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>General Practitioner</strong></td>
<td>Dr. Manoj</td>
<td>Mon, Wed, Fri, Sat, Thursday</td>
<td>Morning/Afternoon</td>
</tr>
<tr>
<td><strong>General Practitioner</strong></td>
<td>Dr. Ruslan</td>
<td>Mon, Wed, Fri</td>
<td>Morning</td>
</tr>
<tr>
<td><strong>General Practitioner</strong></td>
<td>Dr. Igor</td>
<td>Tuesday, Thursday, Mon, Wed, Fri</td>
<td>Morning/Afternoon</td>
</tr>
<tr>
<td><strong>Nursing Care</strong></td>
<td>Archana/ Ezhil Thilagam</td>
<td>Mon - Sat, Mon, Wed - Sat</td>
<td>Morning/Afternoon, Closed on Tuesday afternoon for staff meeting</td>
</tr>
<tr>
<td><strong>Acupuncture</strong></td>
<td>Andres</td>
<td>TOS</td>
<td>TOS</td>
</tr>
<tr>
<td><strong>Ayurveda Medicine</strong></td>
<td>Dr. Bee</td>
<td>Wednesday, Friday, Thursday</td>
<td>Morning/Afternoon, TOS till 19/10/18</td>
</tr>
<tr>
<td><strong>Homoeopathy</strong></td>
<td>Michael Z.</td>
<td>Monday, Wednesday</td>
<td>Afternoon</td>
</tr>
<tr>
<td><strong>Homoeopathy</strong></td>
<td>Ingo</td>
<td>Tuesday, Friday</td>
<td>Morning</td>
</tr>
<tr>
<td><strong>Hypnotherapy and NLP</strong></td>
<td>Denis</td>
<td>Monday, Wednesday, Wednesday, Thursday</td>
<td>Morning/Afternoon</td>
</tr>
<tr>
<td><strong>Medical Shiatsu and Meridian Psychotherapy</strong></td>
<td>Linda - Grace</td>
<td>Tuesday, Wednesday, Thursday</td>
<td>Morning</td>
</tr>
<tr>
<td><strong>Medical Massage</strong></td>
<td>Galina</td>
<td>Tues, Wed, Fri</td>
<td>Morning</td>
</tr>
<tr>
<td><strong>Physiotherapy</strong></td>
<td>Galina</td>
<td>Monday, Thursday</td>
<td>Morning</td>
</tr>
<tr>
<td><strong>Physiotherapy</strong></td>
<td>Osnat</td>
<td>Monday, Friday, Wednesday</td>
<td>Morning/Afternoon</td>
</tr>
<tr>
<td><strong>Integrative Psychotherapy</strong></td>
<td>Juan Andres</td>
<td>Mon, Tues, Thurs, Fri, Mon, Thurs, Fri</td>
<td>Morning/Afternoon, TOS till 08/10/18</td>
</tr>
<tr>
<td><strong>Women’s Wellness</strong></td>
<td>Paula</td>
<td>Tues, Wed (gynaecology), Friday (pregnancy care)</td>
<td>Morning/Afternoon</td>
</tr>
<tr>
<td><strong>Childbirth Preparation &amp; Yoga class</strong></td>
<td>Paula / Krishna</td>
<td>Monday</td>
<td>Afternoon (4.00-6.00)</td>
</tr>
</tbody>
</table>

❖ TOS = Temporarily Out of Service
EATING OUT

WELL CAFE open on 02/10 and Special Monsoon Menu
Dear all, Well Studio Cafe will be open for Gandhi Jayanthi on Tuesday 02/10/2018.
Please join us for breakfast and lunch. Monday to Saturday from 8.30 till 16.30. Vegetarian and vegan Mediterranean food. In our beautiful garden we have rain-free tables.
New special fusion plate every day, plus a monsoon discount on the whole menu for AV, NC & volunteers: less 30%!
Now that it’s raining more than ever
Know that we still have each other
You can stand under my umbrella
Love, Well Cafe Team (at SveDame - wellcafe@auroville.org.in).
For groups and take away please call or mail us, 0413-2622 219

Goyo : short break until 03/10: Goyo, Korean silent restaurant will be closed from 25th Sep till 3rd Oct. We hope to accommodate you again at Goyo on Thursday and Saturdays from 4th Oct onwards. We also welcome groups for lunch on Monday, Tuesday and Wednesday for special occasions such as birthday parties.
For bookings: by SMS 9489693809 or email goyo@auroville.org.in, Gratitude, Goyo

Organic Lunch in Joy Community (Center Field) Tuesday at 12:45: Italian Food (by Simona) Saturday at 12.45: Japanese Food (by Emiko)
We are happy to announce that from the beginning of October we are restarting to serve a beautiful mostly organic lunch accompanied with the usual family atmosphere of Joy Community. Ingredients are all fresh (some from our amazing vegetable garden) and depend on the inspiration of the season, garden, and the chef of the day. For Italian food, some of the dishes are homemade lasagna, gnocchi, tagliatelle pasta, ravioli, etc. For Japanese food, some of the dishes are veg and sometimes fish sushi, tempura, gyoza, etc. By reservation only (1 day in advance).
For info and reservation call us at 9487272393 or email us at joycommunity@auroville.org.in. 25 % discount for Aurovilians, New Comers and SAVI registered volunteers and 50 % discount for monthly lunch scheme. Joy Community team :-)

MORE NEWS & NOTES

Boomerang
Via est vita (Lat.) - The road is life.
The age old saying goes: “Every road leads to Rome”. In what direction do the Auroville’s roads lead? Also to Rome? Of course not. I arrived in Auroville in 1991. Only 740 residents lived in the city, roads were not of high quality, and traffic was not so intensive. Every week I visited my friend Dimitrii in the Sri Aurobindo Ashram - a former professor, American of Russian origin. It seemed for me that every week I was going from a green and quiet safe Paradise, to a real Hell: in Pondicherry, there were so many motorbikes, cars, buses, lorries, etc. - noisy, poisonous, dangerous.
Dimitrii told me: he came to the Ashram for the first time in 1958, 10 years before Auroville’s inauguration. For him, Pondy was similar to a Russian village, where many animals roamed on the streets. Only two cars were in the city: one belonged to the Mother and the second one - to the Governor. Not long ago I read in The Hindu (10 Sept. 2018, p.3): “Chaotic traffic has become the order of the day at major junction in Puducherry.” Without doubt Pondy’s roads don’t lead to Rome, or to life.
In 1991 I read on one of Auroville’s roads such note: “Don’t hurry, be happy”. In the ancient Rome they had a similar expression, “festa lente” - to hurry slowly. There weren’t speed breakers on Auroville’s roads in 1991, and I didn’t see masked Aurovilians on motorbikes - the pollution was not serious. But always I’ve seen many different dead animals on the roads, killed by motorbikes and by cars. The contemporary road isn’t “life”, but “death” for these many creatures. Some weeks ago I visited Chennai by taxi and was surprised by how many police barriers there were on the road, and some of the signs on them: accident zone, school zone… The road is dangerous for the animals, but it isn’t safe for human beings either.
More and more people on this planet, more and more roads and vehicles, less and less Nature on the Earth. The roads attack Nature, and mankind is part of Nature. One can say that the roads -like a boomerang- attack people themselves. The roads are symbols of the human development and they really lead to natural degradation. The plants catch the solar rays and produce oxygen, biomass, they give shade and moisture. But the roads reflect the sun beams like any desert. It’s called entropy - loss of the sun energy for the planet. The Earth-Gaia will punish the humanity via the boomerang effect of its own wrong actions.
Boris

The Mother never saw an opaque crystal!
In three famous Agenda conversations the Mother describes the sunray hitting the globe as the apex of her persistent vision. Regarding the globe, she describes it as transparent or translucent. Once she mentions plastic, and blessed the Plexiglass ball suspended in a magnetic field reproduced in the fundaising brochure used for 17 years. But she never mentioned an opaque crystal, as the excerpts below show:
3.1.1970: I clearly saw - very, very distinctly saw, which means it was like that and it still IS like that, it’s there [gesture showing an eternal plane] - the interior of that place [the Matrimandir]. … And sunlight striking the centre; or when there is no sunlight (at night and on overcast days), an electric spotlight. … Then, inside, there will be twelve columns - the walls and twelve columns - and right at the centre; on the floor; my symbol, with above it, four symbols of Sri Aurobindo joining in a square, and above… a globe. A globe possibly made of some transparent substance, with or without a light inside, but the sun will have to strike this globe… It’s there [gesture of vision above]; I still see it when I talk about it - I SEE. As I see it, it’s very beautiful, really very beautiful… A sort of half-light: you can see, but it’s VERY peaceful, and with very clear and strong beams of light (the projected artificial light will have to be slightly golden, it shouldn’t be cold - it will depend on the spotlights). A globe that will be made of a plastic material or… I don’t know.
Satprem: Crystal? If possible, yes. …
And I wonder what substance that globe should be made of, the big one? The small one could be made of crystal perhaps: for a globe this size (gesture about one foot), I think it will do. The globe will have to be visible from every corner of the room. ... At the centre there will be the symbol [of Mother], then Sri Aurobindo’s symbol supporting a globe. A globe which we’ll try to have made of a transparent substance as crystal or... A large globe. ... And in the middle, on the floor, my symbol. At the centre of my symbol, we’ll have four parts (like a square), four symbols of Sri Aurobindo, upright, supporting a transparent globe.

10.1.1970: At the centre, on the floor, my symbol, and at the centre of my symbol, there are four symbols of Sri Aurobindo, upright, forming a square. And atop the square, a translucent globe (we don’t yet know what substance it will be made of). Then, from the top of the roof, when the sun shines, a ray of sunlight will fall on the globe (only there, nowhere else); when there is no sunlight, electric spotlights will shine a beam (ONE beam again, not a diffuse light) just there on the globe. ... And a globe not transparent but translucent. Then, at the bottom (of the globe), a light will be projected upward and will enter the globe diffusely. And from outside, rays of light will fall onto the centre. ... And the translucent globe. ... Satprem: Paolo said he would inquire right now in Italy, at Murano where they make large crystals, whether they can make glasses, say 30 cm, in crystal.

The exact measurement must be on the plan, it should be written there. Satprem: There have big glassworks there. Oh! They do marvellous things there. [The excerpts, emphasizing the play of the sun-ray as well, can be read in full in the Auronet, www.auroville.org.in/blog/paulette/70495] - Paulette

GREEN MATTERS

** readiness before the rains**

How ready are we for the coming North-East monsoon?

Extreme weather events related to man-made climate change have battered the world, with 100 climate-related disasters in the first 7 months of this year. What can be learnt from the recent floods in Kerala? The floodwaters have now receded, after forcing 8 million people to evacuate their homes and claiming 200 lives. The cost of recovery will be enormous. Much of the devastation could have been avoided had the natural environment been respected and protected. Kerala, ‘God’s own country’ with its stunningly rich biodiversity, has 44 rivers that rush down the Western Ghats before reaching the Arabian Sea. The whole state is a drainage system, from forests to paddy fields to ponds, wetlands and streams that used to contain the abundant rain water while recharging the aquifers. This natural drainage system has been decimated by disappearing forests, human habitation, plantations, pollution and similar factors. Kerala’s 61 dams normally impound the monsoon water, but this year’s rains were so extreme - 700 mm in 20 days - that hill-sides collapsed triggering landslides, and the gates of 29 dams filled to the brim were opened simultaneously. Proper dam management requires the daily release of small amounts of water when the reservoirs are full; the sudden release of massive amounts of water severely compounded the disaster.

What about Tamil Nadu, Pondicherry and Auroville?

The Chennai area used to have its own excellent drainage system with its wetlands, ponds and rivers. Unfortunately, it suffers from similar mismanagement as Kerala; wetlands are used as building sites, concreted over, while rivers, drains and the system of eris - South India's engineering marvel of cascading storage tanks built over 200 years ago - have all but disappeared. The 2016 floods in Chennai were a big a lesson, highlighting The urgency to restore some ecological balance through legislation and effective action. Rainwater harvesting (which is mandatory), maintenance of rivers, eris and tanks, strengthened building regulations and restoration of wetlands are among much needed corrective measures.

Pondicherry’s Lieutenant Governor, Dr. Kiran Bedi, has been walking along the small Union Territory’s main canals to personally see their condition. She is preparing to get de-silting work done on the Sitheri main canal, which runs through both Pondicherry and Tamil Nadu, and feeds several tanks and lakes in the Bahour area, Pondicherry’s rice bowl. If the canal is not correctly maintained, there will be flooded areas in Tamil Nadu while Bahour Lake in Pondy will stay dry! The Public Works Department (PWD), starved of funds, could not do the de-silting, hence it was decided to raise funds under the Corporate Social Responsibility scheme (CSR). In Pondy itself, much cleaning work remains as storm water drains, the canal, and the potholed roads are clogged with garbage and plastic, and thus unable to cope with gushing rainwater.

In Auroville, the rains received so far this year are below average (40% - short). We hope this will be balanced by a good North-East monsoon, and that our ponds, contour bunds, check dams and forests will be able to absorb the rains into the depleting aquifers. Auroville remains a proud example for water conservation and has much to teach in this respect; as we are getting more ‘urbanised’, we too face water management challenges at the level of town planning and building, and at the individual level, each one of us can make a difference in preserving this precious resource upon which our lives depend.

For AV Green Center: Lisbeth (writing), Jasmin, Isabelle, Island and Apple

The Green Columns will also be published on Auronet, where comments and discussions are encouraged.

**accommodations**

Needed 1: My name is Rattan Bhatia, age 26, I am from Delhi, Savi volunteer at the Auroville Theatre Group. I am looking for a house-sharing opportunity in Auroville till January. I would really appreciate if anyone can help me with this. I assure you that your house will be well maintained. Contact details: 9751465697, 9718292655, r.bhatia.bhatia12@gmail.com.

Needed 2: Dear community, I am Connie, Aurovilian and currently working in Free Store. As I have to move out of the place that I’m house sitting right now by the end of September, I am urgently looking for a place to stay with my 3 and half month old dog. If you have a place with a garden or in the forest that needs to be taken care of from the 30st of September onward, we will be happy to keep it nice and clean for you as long as needed. Long term would be perfect! You can call me on, or send a what’s app to: 9655855368 It would be lovely to hear from you! Thanks, Connie

**available**

Auroville Library of Things (ALoT), an initiative by earth&us, at the container opposite PTDC: borrow tools, toys, kitchenware, travelling & hiking gear at your convenience. alo@aurolot.org.in.

NOW ONLINE! aorolot.myturn.com/library/inventory/browse

Aloe Vera seedlings: available for taking, please contact francis@aurolot.org.in


**looking for...**

Cycle: I’m looking for a second hand cycle for a 7-year-old kid. If you have one that you don’t use anymore, please contact me at fred@aurolot.org.in, 80 98 299 472. Thanks, Fred.

Anyone going to Bangalore? The education program of the Auroville Film Festival has given a computer for repair in Bangalore. And there is also a personal laptop given. Is there anyone traveling in October to Bangalore who would pick them up and bring them back for us? 0413-2623187 or aurovillefilmfestival@aurolot.org.in.
Is anyone traveling to Newcastle-upon-Tyne or Edinburgh? Or somewhere else in Britain and you don't mind putting something in the post? I want to send a very light weight painting on a piece of silk. Krishna. Anusuya Forest. 0413263083.

**Anybody going to France from Chennai in the next 2 weeks?**

I have a packet that I need to send there. It is kind of urgent, please let me know at 7094082471 or by mail: jade.araboutwestphal@hotmail.fr, thank you! Jade

**Dog-Sitter / Dog-Sharing:** Dear All, I am looking for a person who loves Chihuahuas and could help me with dog sitting once in a while when I have to go out. This would be then like dog sharing. Her needs are going for walking twice a day and living inside the house with you. If you thing this is an opportunity to have sometimes a cute dog visiting you and coming over to stay with you for a few days then call 9943688410. Kay.

**Photoshop Classes:** Dear Community, I'm looking for someone that can give me a few classes on Photoshop... If you have a little spare time in the afternoon for 2 to 4 times only (over one month), I would be grateful. Contact me on 9443617308 Sara :)

**Kid's Bicycle:** We are looking for a bicycle for a 10-year-old girl. Please contact us if you have one. 8098167492 Olga and Maila.

**Fridge, Gas Stove, and a Baby Seat**

Dear all, we are a Newcomer family and we are looking for a fridge (preferably small), gas stove, and a baby seat for cycle. Contribution possible. Please contact Victoria, thanks: 7094823359 or victoria.bonneaux@gmail.com.

**LOST & FOUND**

**Phone (lost):** I have lost my iPhone 5s near jeffis restaurant. Someone found it and left the broken case. I would be so grateful if it could be returned. It has photos of my great grandfather who has just passed last month. They cannot be replaced. Please write to shineysuns@yahoo.com to let me know where you drop it. The Well cafe would be a good place as I live in the area. Thanks dearly. Krista/Ganga

**RF Meter (Lost):** I will be so happy if anyone has found my little green and black radio frequency meter (roughly the size of a small cell phone). It has the words 'AOUStiCOM 2' written on it, and I lost it on Tuesday morning somewhere between the Solar Kitchen, the Visitor's Centre, and Kottakarai. It's valuable to me, so please email fionafraserjehu@hotmail.com (or phone 0413-2623333 during office hours) if you've seen it.

With heartfelt thanks, Fiona

**TAXI SHARING**

Auroville service of taxi sharing available with STS at: http://sharedtransport.auroville.org/ (an initiative by earthaus)

**September 30th:** From AV center to Chennai Airport. Departure between 5 and 7pm. Whoever is interested please contact: +918940627795. Sudha

**October 1st:** leaving Citadines at 3:30am to Chennai Airport. Contact: francis.auroville@gmail.com or 75 98 14 62 88. Francis

**October 2nd:** leaving from Av at 10 am for an airport pick up. Both ways can be shared. If you want share for drop, please contact soon: sudhir@auroville.org.in, 9487068021. Sudhir.

**October 5th:** I have to go to Chennai Central Station, leaving Auroville at 10am. Anyone interested to share the taxi? Agnes Tel. Nr. 7094300959

**Week’s Happenings**

There are 2 useful online calendars of events in Auroville:

- Online Auroville Events Calendar - (no need to log in for guests - just scroll down the page) The schedule of events for the week can be accessed by all, including Guests and Visitors, on the Auronet login page: www.auroville.org.in
- Auroville Art Service: artservce.auroville.org/calendar/

**INVIATIONS AT MATRIMANDIR**

**AMPHITHEATRE - MATRIMANDIR**

**Meditation with Savitri**

read by Mother to Sunil’s music

Please note the new timing:

Every Thursday – 5.30 to 6.00 pm (weather permitting)

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please No Photos and do not to use your cell phones, cameras, i-pads, etc.

Dear Guests, please carry your Guest Card with you. No photos there. Access only for the Amphitheatre from 5.15 pm. Please be seated by 5.25 pm, no late entry. Thank you.

**Amphitheatre Team**

**AMPHITHEATER - MATRIMANDIR**

**we will sing Mother’s mantra**

“Om Namó Bhágaváté”

on Sunday 7 October - 6.30 to 7.30 pm (weather permitting...)

with Joy, Jivatman and Weidong (guitars) to guide the chanting

Everyone is welcome to join chanting or just be...

Please take your torch light for the steps.

No photos please. Dear Guests, please carry your Aurocard and note that the gardens will be open only for this moment at the amphitheatre.

**Amphitheatre Team**

**EXHIBITIONS**

**A Photo Exhibition by Nitin Joshi**

1st October until 13th October 2018

Closed on Sunday and National Holidays.

Opening hours: 9am - 12:30 and 2-5:30pm

The photographer takes you through the life of semi-nomadic Tibetan children belonging to the Changpa tribe of Tibet. This Tibetan tribe lives in the Changtang region, which is bordering China.

These photos offer fascinating snippets of the school life of these children. The school they go to is a school by the Tibetan Children’s Village organization in Sumdo (LEH-LADHAK), located at 4350 meters above sea level.

A photographic journey not to be missed!
**PLEASE NOTE THE CHANGE OF TIMINGS**

In the Desh-Videsh Sanskriti (Cultures Home and Abroad) series, Unity Pavilion proudly presents

** Tamil Thendral**
*(Evening of Tamil culture)*
on Saturday 29-09-2018

**3:30 pm onwards**
At Unity Pavilion

Program highlights:
- Dance, Veena Recital, Documentary Film,
- Fun of learning Tamil Language
- Delicious Vegetarian Dinner (cost-sharing basis)

Don't miss this unique opportunity
to get connected with Tamil Culture.

**All are Welcome**

Please make advance reservation for the contributory dinner.
Kindly contact unitypavilion@auroville.org.in or 0413 2623576

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**TALKS**

**SEA (Social Entrepreneurship Association)**

is happy to invite you to the talk:

**Building a Trust-based Scalable Alternative to College Education**

by Rishabh (Co-Founder) & Pratyush (former Student),
from NavGurukul Foundation for Social Welfare

Monday 1 October 2018 - 4.30 - 6.30 pm
SACAR Conference Hall

NavGurukul Foundation for Social Welfare is building an alternative to a college education, especially for the underprivileged of the country who do not have access to higher education, by running a free 1-year residential program to provide them with a holistic education and exposure. The program is structured to facilitate self & peer learning for the students, without the presence of any teachers, exams or assessments. Rishabh (co-founder) will talk about his journey of building NavGurukul, the values it operates on, learnings, challenges faced and the way forward for such initiatives.

All are welcome with their participation and questions :) For more info/queries: 9487600564

Thanks, Gokul for the SEA team

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**SCHEDULES**

**New Learning Opportunities**

from October 1st
Mondays and Saturdays 4 - 6pm
in cooperation with SACAR
(Sri Aurobindo Centre for Advanced Research, Pondicherry)

1. **Works of Sri Aurobindo**: Dr. Ananda Reddy will be available for those who want to study any theme from Sri Aurobindo's works. He will be offering guided study followed by online sessions on other week days. Please contact: anandareddy102@gmail.com to join in.

2. **Deepshikha is offering Indian music classes in chanting, invocatio and bhajans for learners of level one and level two. She is also interested in group exploration of the Mother’s works. For more details please contact:** deepshikha1946@gmail.com

3. **Shruti Bidwalkar will be available for anyone interested in studying Sri Aurobindo's Literary Works. For details please contact shruti@sacar.in**

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**NEWS & EVENTS**

*Centre D’Art Citadines* present

**Eric Chacra**

Photo exhibition

**Opening day:**
Wednesday 3rd of October
4.30 PM to 6.30 PM

**Opening hours:**
3.00 PM to 6.00 PM
Until Tuesday 15th October
Closed on Sundays

**Savitri Bhavan**

**Exhibitions – October 2018**

**Monday-Saturday 9-5**

**Meditations on Savitri**
The entire series of 472 paintings created by the Mother with Huta From 1961-67 is on display in the newly extended picture gallery

**Sri Aurobindo - A Life-Sketch in Photographs**
in the upstairs corridor

**Glimpses of the Mother**
photographs and texts in the Square Hall
Everyone is welcome

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Bharat Nivas presents

At Kalakendra Art Gallery
"The Dawn of Auroville"

Ongoing Photo Exhibition
on the early days of Auroville with rare historical images and texts by The Mother.

Opening hours: 9 to 4:30 pm. Sundays closed.
Ongoing until March 2019.

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More prints from the

Dara Shikoh Album
*A Moghul Masterpiece*

September to October 2018
Exhibition at
Aurelec Cafeteria & Art gallery
open from 8am to 5pm

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Please note this event arrived late for last week’s issue:

**Tai Chi Hall presents**

**“Warring Self”**

Sunday 30th of September at 7pm
at the Tai Chi Hall in Sharnga community (left gate)
a performance in progress
by Chenthuran, Deepa, Ranthinavel and Savita

Telling stories - multiple, fragmented, fluid - ours, yours, theirs - together across borders, bodies, understandings - creating conversations with one another

This production is supported by the India Foundation for the Arts

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**BHAVN**

**Bharat Nivas**

Pavilion of India, Auroville

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**CULTURAL EVENTS**

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**NEWS & NOTES 1st October 2018 [766]**

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SAVITRI BHAVAN

October 2018

EXHIBITIONS

Meditations on Savitri
The entire series of 472 paintings, in the picture gallery

Sri Aurobindo: A life sketch in photographs
In the upper corridor

Glimpses of the Mother: photographs and texts
In the Square Hall

FILMS

Mondays 6:30pm
Oct.1:
Aquadyn–Sunlight in water Duration: 30min.
Oct.8:
Water: The Great Mystery. Duration: 86min.
Oct.15
Water Ceremony for Auroville’s 50th anniversary. Dur. 42min.
Oct.22
The Messages of Water – Water Crystals in Motions. Duration: 38min.
Followed by Has Water Memory? Duration: 9min.
Oct.29:
Water Memory (Documentary of 2014 about Nobel Prize laureate Luc Montagnier) Duration: 52min.

FULL MOON GATHERING

Wednesday, Oct.24
7.15-8.15pm in front of Sri Aurobindo’s statue

REGULAR ACTIVITIES

Sundays 10.30–12 noon: Savitri Study Circle
Mondays, Tuesdays 3-4pm: Psychic Awakening led by Jai Singh
Mondays 4.45-6.15pm: Meditations with Hymns of the Rig Veda translated by Sri Aurobindo, led by Nishtha
Tuesdays 9am-12: An Introduction to Integral Yoga workshop, led by Ashesh Joshi
Tuesdays, Fridays, Saturdays 4-5pm: L’Agenda de Mère: listening to recordings with Gangalakshmi
Tuesdays 4.45-5.45pm: Mudra-Chi led by Anandi
Tuesdays 5-6pm: Let us learn Savitri Together (in Tamil) led by Buvana
Tuesdays 5.45-7.15pm: OM Choir
Wednesdays 5-6pm: Essays on the Gita, led by Shraddhavan
Thursdays 4-5pm: The English of Savitri, led by Shraddhavan
Fridays 3-4pm: Exploring the Bhagavad Gita led by Jai Singh
Saturdays 5-6.30pm: Satsang led by Ashesh Joshi

Exhibitions, Main Building and Office are open Monday-Saturday 9-5
The Digital Library can be accessed on request Monday-Saturday 9-4

Everyone is welcome
**WALK WITH VILLAGE YOUTH**

Come and Experience Simple Village Life and Culture by walking through the village with village youth for 3 hrs either morning or evening. Prior booking is necessary for preparation. (min. 5 persons)

Day: Every Saturday & Sunday
Timing: 09:30 am to 12.30 pm

**VILLAGE SPIRITUAL YATRA**

Learn the forgotten history of Bioregion & Auroville through leged of Irumbi Shiva Temple. Time: 08:00 am to 10.30am and 3.30pm - 5.00pm. Date: Every Monday and Saturday

**SOULFUL EXPERIENCE - Music - Dance - Food**

Feel the touch of your soul through freestyle dancing and traditional drumming with Campfire. Followed with Tamil Dinner.
Day: Every Wednesday Time: 6-8pm

**COOK LIKE A LOCAL**

Come and learn how to cook delicious Tamil cuisine and taste what you have prepared! Morning: 09:30 to 12:30 pm (Every Saturday)

**KOLAM RITUAL**

Let the inner spirit & emotions lead the flow of Kolam and later enjoy a Tamil breakfast after a small trip inside village early in the morning.
Day: Every Friday Timing: 06:30 am to 08.30am

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**The Auroville Bio-region Heritage Centre**

Many areas are about to open for visitors.

**NEW PROGRAMS**

Health coaching, also referred to as wellness coaching, is a process that facilitates healthy, sustainable behavior change adapted to the particularity of the person’s profile, symptoms and needs.

Please register for all the programs in advance by contacting: 0413 2623806, 2623394, or Mohanamprogram@auroville.org.in

Contributions requested from guests/Volunteers, Volunteer reduction by advance application for specific activities only.

Please visit: www.mohanam.org / Give Time a Break: Discover Village LIFE!!

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**Welcome to join HOLISTIC and our new programs in Intensive Learning, Retreats Therapies and Packages.**

Let us teach you how to take care of your health and body and grow in consciousness, happiness and sense of well-being.

Info and registration: www.auroville-holistic.com / contact@auroville-holistic.com

---

**TREATMENT**

<table>
<thead>
<tr>
<th>Health &amp; Wellness Coaching Program: a customized program to help the person understand what they are, what are their resources and weakness on the physical level, emotional level and psychic level, through one to one talk sessions, massage, scientific meditation with sound healing, breathing exercises... Different methods are used and adapted to the particularity of the person’s profile, symptoms and needs.</th>
<th>Christine Pauchard is the main facilitator. Other therapists can interact as needed.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health coaching &amp; Personal Development (based on NLP): Health coaching, also referred to as wellness coaching, is a process that facilitates healthy, sustainable behavior change by challenging a client to listen to their inner wisdom, identify their values, and transform their goals into action-contact.</td>
<td>Christine Pauchard</td>
</tr>
<tr>
<td>Acupressure massage Therapy</td>
<td>Christine Pauchard</td>
</tr>
<tr>
<td>Chakra Healing &amp; hypnotherapy</td>
<td>Marcella Cortes</td>
</tr>
</tbody>
</table>

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**REGULAR CLASSES**

Registration by mail must be done before drop in at: contact@auroville-holistic.com

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**LEARNING ACTIVITIES**

**NLP & SELF-IMPROVEMENT - PART I**

With Christine P.

6 to 8 October 2018

Learn NLP skills and insights. After these 3 days your NLP can then be used anywhere & for your personal development.

To register: contact mobile + whatapp 9489805493

- Develop a better understanding of what makes you 'tick' by working at the deepest level of the psyche
- Better understand why the people in your life behave as they do
- Recognise your own out-of-date responses to situations and people - and begin losing these
- Develop skills to change your moods and your reactions.

You want to know yourself better, unlock the immense potential within, or achieve a goal, or even clarify where you are, now, in your own life.

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**Opening the gates to the villages**

Auroville & Kazhuveli Bio-Region Eco Experience Program for October 2018

Touch | Ride | Feel | Taste | Hear | Discover | Experience

---

**POTTERY CERAMIC HANDS ON EXPERIENCE**

Come and learn how to create your own pot! from our local artisan. Timing: Every day in the month of October except Sunday. From 10.00am to 12.30pm & 02.00 pm to 04.30 pm

---

**SEED BALL CYCLE TRIP WITH LOCAL YOUTH**

A taste of bioregion villages, Mohanam invite you for cycle trip & make a greener world by throwing seed ball in the country side.

Every Saturday Morning: 8 to 11 am Afternoon: 3 to 6 pm

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**Bioregion weekend**

**ECO TOUR + CAMPING WITH LOCAL YOUTH**

Date: Every Saturday / Time: 3pm till 12.30pm next day

Meeting point: 2.45pm at Mohanam Campus, Opposite Imagination.
Includes: Transport to Perumukkal Mountain (Setup the tents on the top of mountain - Sunset meditation - Bonfire with light music - Stay in the mountains) - Take shower in the lake - Discover the village of Munnur with its ancient temple (Pottery Village) - Visit a traditional family of potters who will demonstrate their craft - Visit Salt landscape, Prawn farm, Wind turbine, Mangrove forest and Sand Dune - Finish the day on the ocean side and meditate while the sun sets over the magnificent Kaluveli landscape. (Tour will only take place once a minimum of 5 bookings has been received. Transportation will be arranged according to the number of people.)

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**News&Notes 1st October 2018 [766] 14**
## Joy Activities
### October 2018

### SESSIONS

<table>
<thead>
<tr>
<th>Activity</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Qi-gong with Lhamo</td>
<td>Monday</td>
<td>7 to 8 am</td>
</tr>
<tr>
<td>Tai Chi with Lhamo</td>
<td>Monday</td>
<td>5 to 6 pm</td>
</tr>
<tr>
<td>Tai Chi with Lhamo</td>
<td>Tuesday</td>
<td>7 to 8 am</td>
</tr>
<tr>
<td>Tai Chi with Lhamo</td>
<td>Wednesday</td>
<td>5 to 6 pm</td>
</tr>
<tr>
<td>Qi-gong with Lhamo</td>
<td>Thursday</td>
<td>7 to 8 am</td>
</tr>
<tr>
<td>Laughter Yoga with Nikhil</td>
<td>Thursday</td>
<td>5 to 6 pm</td>
</tr>
<tr>
<td>Tai Chi with Lhamo</td>
<td>Saturday</td>
<td>7 to 8 am</td>
</tr>
<tr>
<td>ATB with Stefania</td>
<td>Saturday</td>
<td>9 to 10:30 am</td>
</tr>
</tbody>
</table>

### THERAPIES (on Appointment only)

<table>
<thead>
<tr>
<th>THERAPIES</th>
<th>WITH WHOM</th>
<th>WHEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shiatsu Massage</td>
<td>with Sara (9443617308)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>with Simona (9489511648)</td>
<td></td>
</tr>
<tr>
<td>Reiki</td>
<td>with Marcia (7598260379)</td>
<td></td>
</tr>
<tr>
<td>Hypnosis</td>
<td>with Lhamo (9565524237)</td>
<td></td>
</tr>
<tr>
<td>Facial Acupuncture</td>
<td>with Lhamo (9565524237)</td>
<td></td>
</tr>
<tr>
<td>Bach Flower Remedies</td>
<td>with Stefania (948 6363 442)</td>
<td></td>
</tr>
<tr>
<td>Psychotherapy Counselling</td>
<td>with Stefania (948 6363 442)</td>
<td></td>
</tr>
<tr>
<td>Tarot &amp; Shamanic Card Reading</td>
<td>with Valentina (9791719387)</td>
<td></td>
</tr>
</tbody>
</table>

Joy Community is located in Center Field, after Nandanam School, next to Center Guest House.
For info and reservations, please contact us at: 9487272393 / Email: joycommunity@auroville.org.in
www.joyauroville.org - www.facebook.com/joyauroville

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### ARKA WELLNESS CENTER & MULTIPURPOSE HALL – OCTOBER – 2018

### THERAPIES

<table>
<thead>
<tr>
<th>TREATMENT</th>
<th>WITH WHOM</th>
<th>WHEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Body Logic, Soft Massage, Deep Tissue Massage.</td>
<td>Pepe - by appointment 9943410987</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Cranio sacral, Lomi Lomi massage, Bare foot body massage and Thai yoga massage</td>
<td>Silvana - by appointment 9047654157</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Yogic Healing and Therapeutic Massage.</td>
<td>Basu - by appointment 9443997568 or 9843567904</td>
<td>Monday to Friday 8 to 9:30 am &amp; 6:00 to 7:30 pm, Saturday &amp; Sunday any time.</td>
</tr>
<tr>
<td>Holistic Reflexology, Full body massage, Face Massage.</td>
<td>Meha - by appointment 9443635114</td>
<td>Monday to Friday 9:00 am to 5:00 pm.</td>
</tr>
<tr>
<td>Acupuncture</td>
<td>Dr. Mohammed Sahel by Appointment - 9994208068</td>
<td>Tuesday, Friday and Saturday.</td>
</tr>
<tr>
<td>Deep Core Intensive Massage</td>
<td>Sumit - by appointment 7839067619</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Ayurvedic Massage and Birenda Massage.</td>
<td>Ion Condei - by appointment 8907205842</td>
<td>Monday to Friday</td>
</tr>
<tr>
<td>Holistic Healing and Therapy</td>
<td>Dr. Mariene Denm - by appointment 8220232869, <a href="mailto:innerspirithealing@icloud.com">innerspirithealing@icloud.com</a></td>
<td>Monday to Saturday.</td>
</tr>
<tr>
<td>Psycho Spiritual Tarot, Deconditioning Self-Inquiry &amp; Innervoice Dialogue.</td>
<td>Antarjothi - By appointment 0413-2623767 or Email: <a href="mailto:antarcalli@yahoo.fr">antarcalli@yahoo.fr</a></td>
<td>Also in French.</td>
</tr>
</tbody>
</table>

### BEAUTY PARLOUR

<table>
<thead>
<tr>
<th>TREATMENT</th>
<th>WITH WHOM</th>
<th>WHEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Face Massage, Cleaning, manicure, pedicure, threading, waxing, henna &amp; hair coloring.</td>
<td>Meha by appointment 9443635114</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Hair Dressing</td>
<td>Ongkie by appointment 9843930178</td>
<td>Monday to Friday</td>
</tr>
<tr>
<td>Hair Dressing</td>
<td>Mimi - by appointment 9489694626</td>
<td>Monday to Friday</td>
</tr>
</tbody>
</table>

### REGULAR CLASSES

<table>
<thead>
<tr>
<th>CLASSES</th>
<th>WITH WHOM</th>
<th>WHEN</th>
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</thead>
<tbody>
<tr>
<td>Acro-yoga</td>
<td>Damien 9047722740</td>
<td>Saturday-Beginners class 8:15 am to 9:45 am.</td>
</tr>
</tbody>
</table>
## Pitanga Cultural Centre, Samasti

**News & Notes 1st October 2018**

### Yoga Iyengar

<table>
<thead>
<tr>
<th>Class</th>
<th>Level</th>
<th>Days</th>
<th>Time</th>
<th>Teacher</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asanas for women</td>
<td>level 2</td>
<td>Mon (until 15th)</td>
<td>07.30 - 09.00</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asanas for beginner</td>
<td>level 1</td>
<td>Mon (until 15th)</td>
<td>17.00 - 18.30</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Pranayama</td>
<td>level 2-3</td>
<td>Tues (until 16th)</td>
<td>07.30 - 09.00</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asana- self practice</td>
<td>all levels</td>
<td>Tues</td>
<td>07.00 - 10.00</td>
<td>Angela</td>
</tr>
<tr>
<td>Asanas</td>
<td>drop in</td>
<td>Tues</td>
<td>11.00 - 12.00</td>
<td>Angela</td>
</tr>
<tr>
<td>Asana- self practice</td>
<td>all levels</td>
<td>Tues</td>
<td>16.30 - 18.30</td>
<td>Angela</td>
</tr>
<tr>
<td>Asanas</td>
<td>drop in</td>
<td>Wed (except 31st)</td>
<td>06.30 - 08.00</td>
<td>Olesya</td>
</tr>
<tr>
<td>Asanas for the spine</td>
<td>drop in</td>
<td>Wed</td>
<td>11.00 - 12.30</td>
<td>Angela</td>
</tr>
<tr>
<td>Asanas - active (Regular)</td>
<td>Iyengar Practitioners only</td>
<td>Wed (until 17th)</td>
<td>17.00 - 18.30</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asanas - regular</td>
<td>level 1</td>
<td>Thurs (until 18th)</td>
<td>07.30 - 09.00</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asanas - regular</td>
<td>level 2</td>
<td>Thurs (until 18th)</td>
<td>17.00 - 19.00</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asanas</td>
<td>drop in</td>
<td>Fri</td>
<td>07.30 - 08.45</td>
<td>Angela</td>
</tr>
<tr>
<td>Asana- self practice</td>
<td>all levels</td>
<td>Fri</td>
<td>16.30 - 18.30</td>
<td>Angela</td>
</tr>
<tr>
<td>Immunity &amp; Hormonal balancing</td>
<td>level 2-3</td>
<td>Sat (until 13th)</td>
<td>07.30 - 09.15</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asanas</td>
<td>drop in</td>
<td>Sat (until 13th)</td>
<td>09.30 - 11.00</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asanas for the spine</td>
<td>drop in</td>
<td>Sat</td>
<td>16.30 - 18.00</td>
<td>Angela</td>
</tr>
</tbody>
</table>

**Note:** For Iyengar classes, please come to a drop in class first and talk to the teacher about appropriate level.

### Yoga - mixed style

<table>
<thead>
<tr>
<th>Class</th>
<th>Level</th>
<th>Days</th>
<th>Time</th>
<th>Teacher</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yoga Therapy</td>
<td>drop in</td>
<td>Mon, Wed, Fri</td>
<td>08.30 - 10.00</td>
<td>Gala</td>
</tr>
<tr>
<td>Asanas (*)</td>
<td>for teenagers</td>
<td>Mon, Wed</td>
<td>16.00 - 17.00</td>
<td>Natascha/Lisbeth</td>
</tr>
<tr>
<td>Yoga - body, breath, mind</td>
<td>drop in</td>
<td>Mon (from 8th)</td>
<td>14.00 - 15.00</td>
<td>Jani</td>
</tr>
<tr>
<td>Vinyasa flow</td>
<td>drop in</td>
<td>Tues</td>
<td>09.00 - 10.30</td>
<td>Bebe</td>
</tr>
<tr>
<td>Hatha flow yoga</td>
<td>drop in</td>
<td>Tues</td>
<td>17.30 - 18.45</td>
<td>Soyun</td>
</tr>
<tr>
<td>Yoga - Restorative</td>
<td>drop in</td>
<td>Wed (from 10th)</td>
<td>14.00 - 15.00</td>
<td>Jani</td>
</tr>
<tr>
<td>Vinyasa Flow</td>
<td>drop in</td>
<td>Wed</td>
<td>17.00 - 18.30</td>
<td>Bebe</td>
</tr>
<tr>
<td>Movement exploration in pregnancy</td>
<td>drop in</td>
<td>Thurs</td>
<td>14.30 - 16.00</td>
<td>Osnat</td>
</tr>
<tr>
<td>Asanas for children 7-9 yrs.</td>
<td>for children</td>
<td>Sat (except 6th)</td>
<td>10.00 - 11.00</td>
<td>Gala</td>
</tr>
<tr>
<td>Hatha flow yoga</td>
<td>drop in</td>
<td>Sat</td>
<td>17.00 - 18.15</td>
<td>Soyun</td>
</tr>
</tbody>
</table>

### Other Exercises

<table>
<thead>
<tr>
<th>Class</th>
<th>Level</th>
<th>Days</th>
<th>Time</th>
<th>Teacher</th>
</tr>
</thead>
<tbody>
<tr>
<td>Falun Dafa (Qi-Gong)</td>
<td>drop in</td>
<td>Tues</td>
<td>17.30 - 19.00</td>
<td>Tania</td>
</tr>
<tr>
<td>Pranayama</td>
<td>Regular practitioners</td>
<td>Fri</td>
<td>06.45 - 08.00</td>
<td>Francois/Namrita</td>
</tr>
<tr>
<td>Aviva exercise</td>
<td>drop in for women</td>
<td>Thurs</td>
<td>16.30 - 17.30</td>
<td>Suriya Gandhi</td>
</tr>
<tr>
<td>Discover energy body</td>
<td>for children, 7-9 yrs.</td>
<td>Sat (except 6th)</td>
<td>11.00 - 12.00</td>
<td>Gala</td>
</tr>
</tbody>
</table>

### Dance

<table>
<thead>
<tr>
<th>Class</th>
<th>Level</th>
<th>Days</th>
<th>Time</th>
<th>Teacher</th>
</tr>
</thead>
<tbody>
<tr>
<td>Odissi Dance (*)</td>
<td>Regular practitioners</td>
<td>Tues</td>
<td>16.00 - 17.15</td>
<td>Rekha</td>
</tr>
</tbody>
</table>

### Health Care at Pitanga

*For the following therapies & treatments please book your appointment on phone, 2622403/2622994*

<table>
<thead>
<tr>
<th>Therapy</th>
<th>Level</th>
<th>Time</th>
<th>Teacher</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thai yoga Massage</td>
<td>with Juan</td>
<td>Awakening the Intelligence of the body</td>
<td>with Vani</td>
</tr>
<tr>
<td>Foot Reflexology</td>
<td>with Lila</td>
<td>Life Coaching</td>
<td>with Vani</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Journey to the memory of the body</td>
<td>with Vani</td>
</tr>
</tbody>
</table>

**Note:** (*) Denotes classes for those willing to commit for a minimum of 3 months

Pitanga Cultural Centre, Samasti, (0413) 262 2403/2622994 - pitanga@auroville.org.in.
### Yoga & Re-creation Sessions

<table>
<thead>
<tr>
<th>Days</th>
<th>Title</th>
<th>Timings</th>
<th>Facilitator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mondays</td>
<td>Sivananda Yoga</td>
<td>6.45 to 8 am</td>
<td>Gabriele</td>
</tr>
<tr>
<td></td>
<td>Mantra Chanting</td>
<td>3 to 4.30 pm</td>
<td>Nikhil</td>
</tr>
<tr>
<td></td>
<td>Dance Offering</td>
<td>5 to 7 pm</td>
<td>Dariya</td>
</tr>
<tr>
<td></td>
<td>Hatha Vinyasa Yoga</td>
<td>5 to 6.15 pm</td>
<td>Andres</td>
</tr>
<tr>
<td>Tuesdays</td>
<td>Mindful Hatha Yoga</td>
<td>6.45 to 8 am</td>
<td>Nikhil</td>
</tr>
<tr>
<td></td>
<td>Iyengar Yoga</td>
<td>5 to 6.30 pm</td>
<td>Olesya</td>
</tr>
<tr>
<td></td>
<td>Deep Sound Bath</td>
<td>5 to 6.30 pm</td>
<td>Balu &amp; Vera</td>
</tr>
<tr>
<td>Wednesdays</td>
<td>Hatha Yoga for beginners</td>
<td>6.45 to 8 am</td>
<td>Gabriele</td>
</tr>
<tr>
<td></td>
<td>Inner Stillness Music/Dance Meditation</td>
<td>5 to 6.30 pm</td>
<td>Nikhil</td>
</tr>
<tr>
<td></td>
<td>Hatha Vinyasa Yoga</td>
<td>5 to 6.15 pm</td>
<td>Andres</td>
</tr>
<tr>
<td>Thursdays</td>
<td>Classical Hatha Yoga</td>
<td>6.45 to 8 am</td>
<td>Aishwarya</td>
</tr>
<tr>
<td></td>
<td>Iyengar Yoga</td>
<td>5 to 6.30 pm</td>
<td>Olesya</td>
</tr>
<tr>
<td></td>
<td>Chakra Toning</td>
<td>5 to 6.30 pm</td>
<td>Vera</td>
</tr>
<tr>
<td>Fridays</td>
<td>Hatha Yoga Flow</td>
<td>6.45 to 8 am</td>
<td>Aishwarya</td>
</tr>
<tr>
<td></td>
<td>Heart Energy Meditation</td>
<td>5 to 6.30 pm</td>
<td>Samrat</td>
</tr>
<tr>
<td></td>
<td>Raja Yoga</td>
<td>5 to 6.30 pm</td>
<td>Gabriele</td>
</tr>
<tr>
<td>Saturdays</td>
<td>Yin Yoga</td>
<td>6.45 to 8 am</td>
<td>Anne-Sophie</td>
</tr>
<tr>
<td></td>
<td>Meditative Hatha Yoga Flow</td>
<td>5 to 6.30 pm</td>
<td>Aishwarya</td>
</tr>
<tr>
<td></td>
<td>Hatha Vinyasa Yoga</td>
<td>5 to 6.15 pm</td>
<td>Andres</td>
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### Intensives

<table>
<thead>
<tr>
<th>Day &amp; Date</th>
<th>Title</th>
<th>Timings</th>
<th>Facilitator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fri, Sat &amp; Sun - 5, 6 &amp; 7 Oct</td>
<td>Pranayama – Breath of Life Energy (3 day intensive)</td>
<td>9 am to 4.30 pm</td>
<td>Ananda</td>
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### Therapies

<table>
<thead>
<tr>
<th>Therapies</th>
<th>Phone 0413-2622606</th>
<th>Mobile 7094104329</th>
<th><a href="mailto:treatments@verite.in">treatments@verite.in</a></th>
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</thead>
<tbody>
<tr>
<td>Chetna</td>
<td>Neurofeedback therapy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gabriele</td>
<td>Private Hatha Yoga Sessions</td>
<td></td>
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<tr>
<td>Lisa</td>
<td>Etiomedicine</td>
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<tr>
<td>Mila</td>
<td>Biodynamic Craniosacral therapy</td>
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<td>Tania</td>
<td>Reiki</td>
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**INTENSIVE IN VÉRITÉ: (24 hour registration required)**

**PRANAYAMA – BREATH OF LIFE ENERGY (for all levels) with Ananda**

Friday, Saturday & Sunday 5, 6 & 7 October - from 9 am to 4:30 pm

Prana is the breath of universal life energy. Mostly breathing and energy flow happens unconsciously as part of survival process. By becoming conscious and attentive to prana — and enhancing and directing its flow through the pranayama practices—we can rejuvenate the body-mind- energy, enhance sensitivity and perception, expand inner awareness, and open the door to higher states of consciousness. In this Pranayama training, you will

- Learn the science of Energy - Prana, Nadis, Chakras, Vayus
- Learn and practice basic pranayama techniques suitable for all times for everyone
- Learn and practice advanced pranayama techniques with restrictions
- Learn and practice bandhas (breath and energy locks)
- Learn and practice therapeutic pranayama practices useful for specific treatments.

**Ananda** has been exploring yoga, meditation, mystics, and energy work for more than 24 years, and has studied and practiced healing modalities for over 10 years. He is professionally trained with international certifications in Watsu, Aqua wellness, Foot Reflexology, Hypnotherapy, Pranic Healing, Alchemy of Touch -Rebalancing.

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News&Notes 1st October 2018 [766]
NEWS FROM AUROVILLE LANGUAGE LAB

- Susana is back, and would start her Intermediate Spanish Classes for the previous batch. The classes would be held on Wednesday and Saturday 04:00 pm to 05:00 pm and 11:30 am – 12:30 pm respectively. But interested people can join.
- Jack continues with his English Beginner’s Writing Classes.
- Puja is continuing her Hindi Intermediate batch.
- Puja also continues with her English Conversation Classes.
- Asha continues to teach English Intermediate and Beginners.
- Piero continues to teach Italian Beginners level.
- Saravanan also continues to teach Tamil Intermediate and Beginners level.
- Anabel continues to teach French.
- Anabel continues to teach Spanish Beginners level.
- The classes for English Beginners level for Morning batches, would start in October, interested people can register online: [http://register.aurovillelanguagelab.org/](http://register.aurovillelanguagelab.org/)

NEW SCHEDULE OF CLASSES – October 2018

<table>
<thead>
<tr>
<th>LANGUAGE</th>
<th>LEVEL/CLASS</th>
<th>TIME</th>
<th>DAY</th>
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<tbody>
<tr>
<td>English</td>
<td>Conversation Beginners</td>
<td>04:00 pm – 05:00 pm</td>
<td>Tues and Thurs</td>
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<tr>
<td>English</td>
<td>Conversation Intermediate</td>
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<td>Mon and Wed</td>
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<tr>
<td>English</td>
<td>Conversation All Level</td>
<td>04:00 pm – 05:00 pm</td>
<td>Mon and Fri</td>
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<tr>
<td>English</td>
<td>Writing Course Beginners</td>
<td>04:00 pm – 05:00 pm</td>
<td>Mon, Wed, Fri</td>
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<tr>
<td>French</td>
<td>Conversation Beginners</td>
<td>04:00 pm – 05:00 pm</td>
<td>Tues and Thurs</td>
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<td>Hindi</td>
<td>Conversation Intermediate</td>
<td>04:00 pm – 05:00 pm</td>
<td>Mon and Thurs</td>
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<tr>
<td>Italian</td>
<td>Conversation Beginners</td>
<td>05:00 pm – 06:00 pm</td>
<td>Mon and Wed</td>
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<tr>
<td>Tamil</td>
<td>Intensive Beginners</td>
<td>10:15 am – 11:15 am 01:00 pm - 02:00 pm</td>
<td>Mon and Thurs</td>
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<tr>
<td>Tamil</td>
<td>Intensive Intermediate</td>
<td>11:30 am – 12:30 pm 02:15 pm – 03:15 pm</td>
<td>Mon and Thurs</td>
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<tr>
<td>Spanish</td>
<td>Conversation Beginners</td>
<td>09:00 am – 10:00 am</td>
<td>Mon and Wed</td>
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<tr>
<td>Spanish</td>
<td>Conversation Intermediate</td>
<td>04:00 pm – 05:00 pm 11:30 am – 12:30 pm</td>
<td>Wednesday Saturday</td>
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</table>

New students are requested to fill out the form and register BEFORE attending any classes.

The Language Lab is open:
Monday - Friday 9:00 am 12:00 pm and 2:00 pm - 6:00 pm, Saturday 9am to 12pm.
Location: International Zone, beyond the Unity Pavilion and Pump House.
**REGULAR EVENTS**

**Note from the editors**

The Regular Events column is printed once a month, sent weekly via pdf through our mailing list, and published online for anyone to access at: auroville.org/content/4187

Guest-houses are kindly requested to put this section up on their notice boards for their guests.

Kindly inform us of any changes/cancellation of your event, or if you want your regular event to be added to the listing.

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**Online Auroville Events Calendar**
- (no need to log in for guests! - just scroll down the page)

The schedule of events for the week can be accessed by all, including Guests and Visitors, on the Aerounet login page:

www.auroville.org.in

**AVYA Auroville Youth Activities**: a brand new website presenting regular Youth Activities available in Auroville: youthactivities.auroville.org.in. The primary goal is to provide the Auroville community (especially children/parents), with an organized and single overview to become aware of the activities available in Auroville, for the AV Youth. If you wish to add your activity to the website, kindly send your contact details (sport, name, phone number, email) to youthactivities@auroville.org.in.

**AcroYoga for Beginners**: Saturday 8:15 to 9:45 am at Arka - Partner flow: asana and stretching with a partner - Inversions: basic flying with partners. Damien 90 47 72 27 40.

**African Pavilion’s regular events**: Every Thursday enjoy the drumming circle together with African dinner from 6 pm till 9 pm. We drum together - no musical training necessary! For families, children, teens, adults...for everyone! - Joyful stress release / Unifying team building.

- Active meditation / Empowerment through rhythm
Location: African Pavilion, near Visitor Centre. Contact: 9047024711 africa@auroville.org.in. Fixed Contribution is requested for building the Pavilion, thanks!

**Ashtanga Yoga- Mysore Style**: with Christine Pauchard. Monday, Wednesday, Friday, Saturday - from 6:45am to 8:30 am - at Taramangaling - Near Botanical garden. Registration by mail must be done before drop in: contact@auroville-holistic.com

**Auroville Aikido at Auroville Budokan (Dehashakti)** with Murugan and Surya: New class for Beginners. All levels on Wednesday evening 6.30 to 7.30 pm; Mixed levels on Saturday morning 6.30 to 7.30 am; Advanced (morning classes) on Tuesday & Thursday 6.00 to 7.15 am; Women & young girls from (15) Sunday morning 8.30 to 9.45 am with Surya. For all classes please be at the Dojo/Budokan 10-15 min. before class starts. Welcome to watch a class before you join. Beginners may wear long loose pants & T-shirt with sleeves for the start (no tight fitting please) then a white “keikogi” will be required -we have some. For all activities at the AV Budokan: Health Fund or private insurance necessary - Reasonable contribution for the Dojo is required. For Children classes and more info, please write to budokan@auroville.org.in or contact Surya: 0413-2623-813 or 9655-485487; Murugan: 9952-821843.

**Aikido with Sep (Tanseikai group)**: Practice of Aikido at the Auroville Budokan under the guidance of Sep Overlaet, 6th Dan Tokyo Aikikai. Hours of practice: Tuesdays and Thursdays from 7pm to 8:30pm. Minimum age is 15. For further information contact Sep: overlaet@gmail.com / 8489755035.

**Alcoholics Anonymous**: meeting (open) every Saturday 6pm, Centre Guesthouse (Merriam Hill Centre). Contact: Ingrid 9443843976 or Shankar 9442010573.

**Astrology, Vedics**: Readings in traditional Vedic Astrology to address any issue or area of life where you need more clarity. A single session lasts 60 to 75 minutes, so please plan accordingly. Study sessions are also possible. See http://www.allthingvedic.in/ for details. Contact Vikram on 9843948288 or at vikram@auroville.org.in

**Auroville Discovery Visits**: Dear Auroville guests and visitors, a possibility for you to explore and discover Auroville on a deeper level, the practical life, activities, projects, architecture, education, farming, craft and more. During a morning time, or more if you need, you’ll follow Veronique who speaks French and English, with your electric bicycle (best ever) around Auroville. Veronique lives and works in Auroville since 2001. For information please contact Veronique J. on +919488512678 (Whatsapp too) or email veroniquej@auroville.org.in

**Bach Flower Sessions**: (Paused from 21st Sept. till 6th October) - At Rosalba, at Baraka. Monday, Tuesday, Friday and Saturday afternoons. Advance appointments by calling 9787702844 or email to rosalba@auroville.org.in.

**Bach Flower Healing Session**: Bach flower essences gently help to achieve harmony and balance to all aspects of your being. For appointment call Sitara 9751798408 or email: tara@auroville.org.in

**Brahmanaspati Kshetram**: Our Mother and Sri Aurobindo Centre is hosting regular activities: Every Thursday meditation 6:00-6:60 pm - Every First Sunday of the month reading circle from 5:30 pm led by Bhuvana Sundari in Tamil and English (for directions kindly consult Google maps at this link: here)

**Blessed Souls**: Every Tuesdays from 6-7 pm. We invite all of you to open your heart to the Divine. We learn and sing all together Bhajans and Kirtans. Musicians are welcome with their instruments. Hamsini 9487544184, at Creativity.

**Board Game Evening**: Every FRIDAY from 6 pm onwards at Le Zéphyr in Visitors Centre. We have many games but feel free to bring along yours.

**Body Care in Auromode**: Facial treatment - cleaning, scrubbing, moisturizing mask, rejuvenating mask, deep cooling mask. Erotic SPA - Scrub, Wraps (chocolate, Tropicana). All materials used made from natural and organic products. Body Treatment - Cup massage. For more information contact Svetlana +9191344639707

**Breathwork and Laughing Meditation**: We do group laughter yoga exercises which are like games played by children to connect with each other and importantly to yourself in a fun/playful way via laughter and breathing. It silliness and absurdity to laugh at mundane things makes it interesting and points in direction to take life less seriously then we usually do... with Nikhil at Véritable on Mondays from 5 to 6.30 pm. Contact: 0413-2622 045 or 7904104329.

**Buddha Garden Farm Tour**: with audio companion is now available every morning Monday to Friday between 10.00am and 11.30am. Please come to the Farm Office near the entrance to get your device and a map. If you would like to download the audio companion onto your smart phone beforehand please contact priya@auroville.org.in

**Capoeira (Group ginga Saroba)** Classes open to all levels, led by Prof. Samuca do Indu and his students.

- ADULT CLASSES >> Monday: 9.15 PM - SAWCHU (Bharat Nivas) | Tuesday & Thursday: 6.00 PM - Deepanam School | Saturday: 4.30 PM - Dehashakti Gymnasium. Free trial class every first Thursday of the month.
- KID CLASSES >> Monday & Friday: 1.15 PM - Deepanam School - contact us to begin a new kid.
- OPEN RODA (Capoeira Circle) >> First Friday of each month 5.30PM - Visitor Center - Open to all!!! Contact: info@ginga-saroba.com | www.ginga-saroba.com | 9488328435

**Chess Evenings**: Warmly welcome to Thursday’s chess evenings at 6pm in ZEN+ Art Centre in Acceptance - white gate on the right. More info: 09499035375, matej@auroville.org.in, Matej

**Children Activity Garten**: in a friendly home environment for ALL children from 2 to 6. Open Mo - Fr from 9 am to 1 pm and on the regular school holidays. Contact: saroba@auroville.org.in or 76390 17692, http://activitygartenauromode.org.es.yes

**Carnatic music - singing lessons and veena**: For adults and children 8 years and older. Bruno (Utility). Telephone 2623308 / mail nadopasana@auroville.org.in.

**Chinese cupping & Moxibustion**: Fire cupping (火罐) and Moxibustion (艾灸) are both traditional therapies based on the ancient meridian theory. They are effective in stasis/toxin elimination from deep tissues while at the same time stimulating your energy flow and boosting your immune system. By appointment: Chun - 80989-00708 / chun@auromode.org in at Arka Wellness Center.


**Contact Improvisation Dance classes and jams**: at the European house: paused until Dec...
**NEW** A Focused Contact Improvisation Dance in Youth Center: Saturdays at 5pm, with Tahir, we will dance contact improvisation with a different focus every time. All are welcome. Contact improvisation is a form of improvised dancing that has been developing internationally since 1972. It involves the exploration of one's body in relation to others using the fundamentals of sharing weight, touch, and movement awareness.

Creative Writing: The Creative writing experience is back! Never stop to be creative whatever happens in your life! Every Monday 4.30 to 6 pm @ Sanjana community (after Arati, before Maduka) in Francesca’s place. For info: 0413 - 2623987 or write to avmcreativewriting@gmail.com. Please call me or write to me before this is your first time. All you need to bring with you is a pen, a notebook and the fun of expressing yourself. Let’s just show up on the page and let that “something” move through us! Donations required for guests; reduced for volunteers. If you want to know more about Francesca and the Creative Writing sessions she is giving in AV, please check her videos on her new YOUTUBE’s channel “My creative Safagen”.

Dance contemporary with Kartick at New Creation dance studio. Time: Wednesdays from 5.30 to 7pm.

Dance Contact Improv Jam with Kartick at New Creation dance studio. Thursdays from 6 to 8pm.

Darkali Fitness Track: New, redesigned Darkali Fitness Track is open every day from 4.30 p.m. till 6.50 p.m. Please remember to come 30 minutes before starting time. Please note, in case of rain the Fitness Track will be closed until the path is dry. To know when the Fitness Track reopens after the rain please visit Auronet group “Darkali Fitness Track”. Way to the gate in Google Maps: goo.gl/dpd1q1.

Eco Femme open session: Eco Femme welcomes you on every Thursday from 10.30 am to 11.30 am for a small talk about our work, sustainable menstrual products and menstruation experiences. Pass by to learn more about the hazards of disposable menstrual products, the benefits of reusable and why making the switch is so important! You will also learn about our non-profit programmes which directly benefit women and girls in India. Contact number: 9487179558. Our office in the Saracaan campus, near Ganesh bakery, just before Windarra. email: info@ecofemme.org.

Eco Handicraft with Wallpaper: All are welcome daily to experience one of our waste-upcycling techniques exposure sessions with the experienced women of Wallpaper. The regular interactions are morning or afternoons. Please contact us in advance to coordinate and get information. Phone/Whatsapp +91 9385744722, email: wallpaper@auroville.org.in. Please check our website: wallpaper.org/

The Eternity Game- El Juego de la Eternidad: An oracle with 64 cards based on Sri Aurobindo’s Yoga. Individual and groups, in English, Spanish or French. By appointment. Contact: Anandi: 0413-2622 547 or anandi7@auroville.org.in.

Fitness Swiss ball with Savitri at New Creation dance studio. Thursdays from 5 to 6pm (all levels) 5 Rhythms with Irene at Vértice on Wednesdays & Fridays from 5 - 6.30 pm: Dance meditation & creative expression (Gabriel Roth’s method). Move into new fluid, fresh energy and enjoy a simple way to de-stress, connect to yourself and others, and put a smile on your face. Dancers/movers of all ages are welcome! Contact: 0413-2622 045 or 7094104329.

Family constellation workshop with Mohgan: Creativity Hall of Light Saturdays (9am to 6pm) on these dates: 2018: 13 Oct & 10 Nov, 8 Dec. And 2019: 12 Jan - 9 Feb - 9 March. Contact Mohgan: 9751110486 / mohgan@auroville.org.in

Feminine dance for all women in Cripa, Kalabhami on Tuesdays at 4pm. An ancient sacred art for communication, healing, transformation and to facilitate birthing. We create an opportunity to reconnect joyfully to our body, reawaken the flow of feminine energy, move to the living pulse of life and have fun in the loving presence of other women. Wear comfortable dance clothes. galit@auroville.org.in

5 Rhythms with Joke Van Hove at Vértice on Saturday 5-6.30 pm: Dance meditation & creative expression (Gabriel Roth’s method). Move into new fluid, fresh energy and enjoy a simple way to de-stress, connect to yourself and others, and put a smile on your face.

Flamenco: by Lola at CRIPA. Every WEDNESDAY - INTERMEDIATE: 2.30 to 3.30pm - BEGINNER: 3.30 to 4.30pm. WELCOME!! French classes at Savitri Bhavan, House of Mother’s Agenda: French classes at House of Mother’s Agenda, every Monday and Friday from 5 pm to 6 pm.

From the Food Lab: Horizon. (In front of Sve-dame). Mon., Tues., Thurs. 4.00 To 6.00pm. Call Lorenzo before coming at 9443362274. All relevant information about the after effects of food on your body for e.g. allergies, intolerance, chronic pathology. Homeopathic Immunopathology is available.

Hairdresser/Hair stylist: Hi my name is Ladjina. I offer haircutting, hairstyling, highlights at my home salon Monday through Saturday for the ladies. Private home service also available. For appointments please contact 9787337465.

Hatha Vinyasa Yoga with Andres on Mondays and Saturdays from 5 to 6.30 pm. “The practice guides the student to a tension-free state of radiant health achieved through the postures (Asanas), breathing (Pranayama), Meditation (Dhyana), Concentration (Dharaana), activation of the energetic centers (Chakras), and Relaxation techniques. As a result, the flow of Prana (Vital Life Force) is unblocked throughout the Nadis (energy meridians). Balance is restored in the physical, mental, emotional, intuitive and psychic being. Through constant practice contentment (santosh), equanimity (samatha), conscious health, connection and well-being will be established in daily life”. Contact: 0413 - 2622 045 or 7094104329.

Hatha Yoga classes by request at Auromode Yoga Space: English or French, mornings or evenings, from Monday to Saturday, book at least 24 hours in advance. Please contact our teacher Laure: +91 8300 94 1041 or huyslaure@gmail.com.

Hatha Flow Yoga Classes with So-Young: At Creativity Hall of Light. Fridays: Hatha Flow Basics 5:30pm to 6:50pm. The class is based on the alignment of Iyengar and flow of Ashtanga. It remains authentic to ancient yoga tradition while tackling modern challenges. After class, you will be So Young!! Info: 8300874818 SoYoun

Hip-hop dance classes by Vijay at Kuilapalamay Creative Centre: On Saturday: between 5 and 6 pm / On Sunday: Between 3 and 5 pm for more information: 9843195290 (Selveraz of KCC) / 9786167917 (Sunder.K, Aspiration).

Hiphop with Kani at New Creation dance studio Mondays and Wednesdays from 7-8pm

Hindi & English Class: Learn to speak, read and write Hindi at New Creation every Sunday at 4pm. Contact Shiv: 9110810224 at Reach for the Stars. shiv.godi007@gmail.com.

HOLISTIC regular sessions: See more details and the up-coming intensives: www.auromode-holistic.com. For the following sessions, book at contact@auromode-holistic.com, Health coaching & Personal Development (Based on NLP): Health coaching, also referred to as wellness coaching, is a process that facilitates healthy, sustainable behavior change by challenging a client to listen to their inner wisdom, identify their values, and transform their goals into action-contact. Health & wellness coaching program: one to one talk session, massage, scientific meditation with sound healing, breathing exercises… Chakra Healing: Hypnotherapy & Therapeutic acupuncture massage

Holistic Singing Classes start in New Creation Studio: A Vocal and sound practices class to explore the impacts of sounds and vocal expression on your inner balance and learn how to relate with sounds and vibrations on different levels from anatomic level to psychic level. Beginners are always welcome. Every Friday at 6 pm till 7:30 pm in New Creation Studio. For more information, contact Caroline: 7797616578

Introduction to Auromode and Integral Yoga, in FRENCH: Mondays at 4:30pm and Saturdays at 3pm, at the French Pavilion (Opposite Visitors Center). Christine Pauchard gives an introduction on Auromode, followed by an introduction to Integral Yoga, and a meditation of 20/30 minutes as an immediate application. All French speakers are welcome. No advance registration required, just come on time!
IMPROV: Improvisation Theatre or IMPROV, is a form of live theatre where most, if not all, is created the moment it is performed. Our 1-hour IMPROV session will give you a taste of what IMPROV is all about and teach you some cool personal and performance skills that will build confidence and self-esteem to make a great impression, awaking and expressing your creativity, developing quick-thinking brain, and auditory listening skills. Every Friday at 4:30 pm at SAWCHU. Contact: Emma (9493708734) or Elke (9486520868).

**NEW** Jam Session and Dinner at Youth Center: on Tuesdays from 6:30pm onwards. A jam session is a relatively informal musical event, process, or activity where musicians, typically instrumentalists, play improvised solos and vamp on tunes, songs and chord progressions. Food shall be served too! One Love, Tahir. +919384460764

Japanese Tea Ceremony: available on request - Please contact ishastwayam@auroville.org.in or at 0413-2622192.

KALARIYPAYATTU CLASSES: New classes of Kalaripayattu have started in the new ASPIRATION KSHETRA KALAR! at Aspiration Sports ground. Contact numbers: 9042009200 / 9585153355

- **Kalar Modern Class for Beginners:** Morning classes 6.30 – 7.30 Monday, Wednesday, Friday Evening classes 5.00 – 6.00 Tuesday, Thursday, Saturday
- **Kalar Classes for advanced people:** Morning classes 6.30 – 7.30 Tuesday, Thursday, Saturday

Kids dance in New creation: Monday 3-4 pm and Wednesday 10.30-11.30 am Thank you! Ulrike Urvusi

Kino Auroville: Kino is a film making movement that advocates the production of short-films to little or no budget, using small crews, and non-competitive collaboration. There are Kino Groups around the world. Kino Auroville is the only one in India. We invite anyone who has made a film in the last month, between 30 seconds and 6 minutes to come and screen it. We meet every first Saturday of the month at 10 a.m. at the MMC/CP (Multimedia Center / Cinema Paradise) at the Town Hall. Some of the films made can be found at this link: https://vimeo.com/groups/kinoaurovillemonthly

KoTree Yoga: sessions at Kolangal DD in Douceur – PAUSED UNTIL FURTHER NOTICE.

Laughter Yoga: with Nikki Thursday and Saturdays from 5 to 6 pm @ Joy GH Hall. Laughing Yoga is a set of joyful exercises to keep yourself healthy. Like any other exercise for example: gymn, aerobics, running, etc. the aim of Laughter Yoga too is to keep your body fit and mind sound. The only exception is that it’s a lot more FUN... :) :) - About teacher/facilitator Nikki Thapar: CLYT (Certified Laughing Yoga Teacher), trained by Dr Madan Kataria himself, founder of Laughing Yoga movement.

Life coaching, neuro coaching: For those who are successful but maybe stuck in some area and can’t seem to break out of that rut in order to move on to next level. Gain clarity, set specific, measurable, achievable and realistic goals, overcome negative thought patterns, and make behavioural changes. Contact Vikram on 9843948288 or at vikram@auroville.org.in.

Leela, the Game of the Self Knowledge (a 2000 years old game!): Come and play the Game of your Life! Sundays, 9:30 am to 12.30 (above 15 years old), in Svedame, at the Butterfly Barn. English, Spanish, French, Italian, German and Russian versions all available. Contribution kindly asked! Please call before to confirm your coming thank you. Contact: Veronique.J. 9488512678. For more info visit www.leetethegame.blogspot.in

Mandala Practice: (Paused from 21st Sept. till 6th October) Wednesdays 2:30 to 5 pm, with Rosalba, exploring mandala’s practice in the greenbelt of Auroville. Since the beginning of the Human Life, people from all over the world are connected with special Ches; the Mandalas are devils of theirs, Carl Jung, long time ago, discovered that the practice of drawing mandalas, in spontaneous way, it produces effects and a benefit on our own Life, harmonizing and rebalancing whatever is in need. - My role on all this is to guide you into the process of drawing, the mandala as a Sacred Circle, open to the Universe, where to express our inner being of that moment, the moment we draw inside it, using different techniques, to reach spontaneously your center, your reconnection with yourself. Material all included in the requested contribution. Please contact me for all details: 978702844 or rosalba@auroville.org.in. See more on facebook: www.facebook.com/rosalba.auroville

Mantra Chanting Meditation: A spiritual practice where we chant/sing mantras filled with Love/Devotion towards divine energy, like om namah shivaya, maa kaali chants and repeat same in a group aimed to quiet the mind & help improve focus and concentration - with Nikhil at Vérité on Wednesdays from 5 to 6.30 pm. Contact: 0413-2622 045 or 7904104329.

Mattram, Centre for Psychological Development and Support: Open Walk-in for sharing thoughts, personal issues from 9:00 to 10.00 am (except Sunday). With professional Integral Psychologists: Palani on Monday & Wednesday, Jerry on Tuesday except the 9th and the 16th, Gopa every Thursday from the 11th. Appointments for Consultation, Counseling and Therapy daily (except Sunday), from 12:00 to 12:30 pm at 0413-26223551 or mattram@auroville.org.in. Mattram is situated in Mitra youth hostel behind Town Hall.

**Meditation & Musical Soundscape:** every Wednesday morning, 7:30 to 8:30am. Creativity Hall of Light. Welcome to everyone. info: Robert happy@auroville.org.in.

**Meditation for Peace and Healing:** Join us from 5:00 to 5:45pm every Thursday around the Peace Table at the Unity Pavilion to build and hold a collective Space for Healing and Peace. Please offer your Presence to help in this collective experiment, whether you need healing yourself or simply want to support others in their healing and well-being.

**Meditative Hatha Yoga:** Asanas (Postures) and Pranayama (breathing exercises), Sivananda Style to improve blood circulation and flexibility. Very relaxing/slow and meditative class filled with breaks and shavasana (relaxation after each posture) ideal for beginners and old people - with Nikhil at Vérité on Tuesdays from 6:45 to 8am. Contact: 9585153355

MMA (Mixed Martial Arts) and Self-Defence for Women: READY TO COME BACK IN SHAPE? Let’s start again to practice MMA. Every Monday and Wednesday 5:30 to 7 pm at Deshaskhti Gym. Cut your nails, be punctual and dress in sportswear. I can’t accept more than 13 students, so punctuality is a must. Free for Aurovilians and Newcomers (by the way donation are welcome if you want to roll on a new tatami), otherwise contribution is expected. Account number: 251884
Contact Giacono: 9487140778 / giaconomauroville@gmail.com.
Check our page on FB: Auroville Mixed Martial Arts, Love, Giacomo.

Mudra-Chi Workshop: A body Prayer in a Tai-Chi Form. Every Tuesday at 4.45 pm. At Savitri Bhavan. Facilitator: Anandl . For further information or Special Classes, contact me: anandl7@auroville.org.in

NEW COLORS: The NEW COLORS children’s center is in Edyanachavady village, and offers free homework help for students from grades 1-9 from Monday to Friday between 5 to 7 pm (not on rainy days). ‘The MOTHER KinderGARTEN’ in NEW COLORS is for ages 2-7, open from Monday to Friday with: morning activity 8:30am to 1pm or afternoon activity from 1pm to 4pm. Full day activity 8:30am to 4pm. It is suitable for short or long term for Aurovilians & Newcomers. For registration and for further details contact Renana 9865544472 or motherkindergarten@gmail.com or newcolors2002@gmail.com


Odissi Dance Classes: If anyone (who is staying in Auroville long-term) is interested in dedicatedly learning Odissi dance as a beginner & is willing to commit to be regular to classes, please contact odissidanceclass@gmail.com

OM Choir: “The voice that chants to the creator Fire, The symbolled OM, the great asentting Word”. Every Tuesday at Savitri Bhavan, 5:45/6:00 pm - and at the OM Choir in the Ashram School, opposite the Ashram Entrance, Pondicherry, Fridays at 7:00pm.

Pavilion of Tibetan Culture (International Zone): The Wednesday Tibetan dinners have RESTARTED (from 7pm onwards). We request everyone to register in advance for the dinner by calling 0413-2622401, 8489067332 or send an e-mail to: Katsang@auroville.org.in. All are welcome.

NEW! Piano classes: with Hartmut (under the umbrella of SAIER). For children and adults. Classic, Jazz and the Art of Improvisation. A regular access to a private or public piano, keyboard or synthesizer is required for the student. Please write to: Hartmut von Lieres at vonlieres@gmx.de. Warmly, Hartmut.
Parvati in the morning: You are invited to read Savitri with us on Tuesday mornings from 6:45 a.m. to 7:45 a.m. at Rama and Uma’s place in Courage. We are following Savitri’s journey to find her soul and bring a new dawn for the earth. The pronunciation, vocabulary, rhythm and discussion can help to build English. The mantra poetry of Savitri is inspiring. The story of Savitri’s yoga is helpful for our work and life. We have extra books. Ground floor fully accessible. If you need further information, contact pat@auroville.org.in or ramananarayana@auroville.org.in.

Shiatsu Massage with Sara (9443617308) @ JOY GH Hall; Shiatsu helps remove the blockages by re-aligning meridian points, which balances the qi and eases the body and mind. For appointment email joycommunity@auroville.org.in.

Skyworks: Tree Climbing Workshops: RECREATIONAL. You want the experience without learning all the knots? The ropes are already tied and tested before you hook on. After being fitted with your saddle and some short instructions on safety and climbing techniques, you are off and climbing! Kids of all ages welcome. ADVANCED You want to learn the ropes and get off the ground. During class we teach both the double and single ropes techniques plus demonstrate many of the new climbing devices available. You will learn to install the ropes in the trees, tie and use several climbing knots and ascend and descend both with the knots but also with ascenders and descenders. For conditions & appointments call Satyaji 8300752545.

Solitude Farm activities: - Friday 11:30am (free for everyone): Farm Tour ‘Introduction to Permaculture with Krishna’ - Saturday 9:30am (contribution required, max 10 people): Mini Permaculture Workshop “Revaluing local food - renaissance of well-being”: 9:30am: Introduction, reading Fukuoka / 10:00am: Tour: honoring organic matter, gifts of Mother Nature, biodiversity, harvest / 11:00am: The secrets of our salads (mini cooking workshop), exploring ayurvedic and nutritional benefits of local plants / 12:30pm: Lunch and closing circle.

To sign up write an email to: solitudepermaculture@gmail.com or come to Solitude Farm.

Somatics Movement: with Maggie at Vérité - Paused until Dec 5th.

Sound Bath - Unity Journey: ON PAUSE. Restarting soon!

Sound Massage and Bath With Tibetan Singing Bowls and Solar Gong: Lying on a mat with bowls of different pitches, sound energy flows right through your cells forming a beautiful OM harmonic cocoon of peace, melting away tightness and discomfort while tuning you up to its healthy grounding vibrations. The powerful mystic gong and bronze bowls take us deep inside into our true home… Info & booking for guests: Antarjyoti, tel: (0413)262 37 67. Mail: antarcall@yahoo.fr

Sound Therapy and Exploration in the Body for Self-Healing: Harmonizing and restoring healing sessions through the magic of the sounds from a specially designed sound bed and other music instruments that enhance the self-healing powers of your being…The aim is to put you in a state of relaxation which enables you to see or feel yourself deeply according to your own awareness. In addition to the sound journey, you will be guided through your body to explore new dimensions which has an action and a benefit on the 3 levels: Physical, Energetical and Mental. This exploration based on the concepts of Chinese Medicine will help you reconnect with your organs and holistic being. In case of emergency I may help releasing sciatica pain (“Ischias” in German). To book your appointment, please call Isho at: (0413) 2622192 or ishawayam@auroville.org.in.

South Indian Classical Dance (Bhratnatyam): Bhratnatyam Dance classes offered for beginners. Weekly twice. The classes are offered for children and adults. If you are interested, please contact me after 4pm on my mobile. S.Cavern: 7598368514.

Spontaneous Singing: is back on! Enjoy the pleasure of singing and discovering your own voice without any goals or prerequisite. Be surprised by what happens when your voice encounters another voice. Let us create together an intangible and magical music. Every Wednesday, 5:00 to 6:30pm at Creativity - Hall of Light. Max. 12 people. Antoine - 8940740529 / antoine@auroville.org.in

Stop Smoking, Not Why But How! PAUSED

Tai Chi Hall @ Sharna: Morning classes restarted Sept 1st, Monday & Tuesday 7.30-8.30/Chi, Monday & Tuesday 8.30-9.30/24-form, Wednesday & Saturday 7.30-8.30/127-form, Thursday & Friday 7.30-8.30/108-form. TaiChi@auroville.org.in

Tango - Beginners Dance Class: Argentine Tango Dancing class for beginners is offered at Joy Guesthouse every MONDAY 7pm to 9pm.
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No partner is necessary. Please bring socks or dance shoes. More info: jorge@aurowill.org.in

Tango - "Practica": practice space held for all tango dance levels on Wednesday 7-30pm at SAWCHU hall, at the entrance of Bharat Nivas.

Tao of Tea: With Isha. Discover Yourself through the sharing of this particular tea ceremony. It will change your awareness towards tea and life. Only organic tea will be used. (non-caffeine tea available on request) All are welcome.

- every day available. venue: Swayam. Advance booking required. Approx. 1 hour for each session. Book at: 0413-2622192 / ishawayam@aurowill.org.in

- Also available every Thursday afternoon at Unity Pavilion-Hall of Peace: 2 to 3pm and 3:30 to 4:30pm. Advance Booking is required: call with the Unity Pavilion, 0413-2623576 or unitypavilion@aurowill.org.in.

Tamil Literary Classes and Craft Lessons: Ilaigarnkral Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm - 6 pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, History and Culture are opened to all Monday through Friday any time. Also classes on languages, sewing, drawing, painting and simple handicrafts for Auroville workers and Aurovilians interested. Contact us to organize classes according to your schedule. Phone No: (0413) 263 773. Email: tamil@aurowill.org.in. R. Meenakshi (Ilaigarnkral Education Centre)

Tai Chi Quan with Lhamo @JOY Guest House: Tuesday and Saturday from 7 to 8 am, and Monday and Wednesday from 5 to 6 pm; Lhamo will be teaching 24 forms of Tai Chi Quan (which is a simple style) for beginners; but according to the students level she will start advance level of Taichi Quan as 42 style and Wu Style 37.

Therapies with Vani: Paused until October 16th.
1) Awakening the Intelligences of the Body: Discovering your Self-healing power and natural intelligence of the Body. Experiencing the Presence within by quietening the thought process and contacting the body. Fusion of deep guided relaxation, visualisation, panic healing, acupuncture and foot and cranial reflexology.
2) Journey to the Memory of the Body: Journey through the trauma memories, emotional blockages and belief systems in order to release and heal these traumas, by getting aware and deprogramming these past believe systems put in place in the past, which keep you from living a very joyful life in the present. Fusion of Hiadnla Method, Hypnotherapy, Self-Inquiries.
3) Life Coaching: Using Awareness, visualization & imagination techniques. Life coaching is very useful in periods of changes and new projects in order to get in contact with your intuitive self and find the creative & dynamic thread of your life again.
4) Reiki and Reflexology courses possible on request For appointment: Contact Pitanga: 0413-2622403 or Vani: vani@aurowill.org.in.

Theatre Improvisation Games: Improvisation Theatre or IMPROV, is a form of live theatre where most, if not all, is created the moment it is performed. Our 1.5-hour IMPROV workshop will give you a taste of what IMPROV is all about and teach you some cool personal and performance skills that will build confidence and self-esteem to make a great impression, awaken and express creativity, develop quick-thinking & active listening skills. Date and venue: Every Friday at 4.30 pm at SAWCHU. Contact: Emi (99439 70814) or Elke (94865 20868)

Traditional Hatha Yoga: with Christine Pauchard. Tuesday/Thursday from 5 to 6.30 pm at Taramangaling - Near Botanical garden. Registration by mail must be done before drop in: contact@aurovill-holistic.com.

Ultimate Frisbee: Monday, Wednesday and Saturday at the Gaia Sports Field 4.30 pm to sundown (turn left before Gaia community gate), it helps improve stamina, hand-eye coordination, and focus through running, throwing, & catching the disc; along with patience & teamwork and Spirit of the Game. Bring running shoes if you have them. Contact avultimate@aurowill.org.in with any questions or just come ready to play! And see ultimateaurowill.com/

Ultimate Frisbee women’s team training: Sunday 4-6 pm

Vocal & Nāda Yoga Class: Monday 1:30-3:30pm At Creativity. Utilising a combination of Ilaigarnkral Italian Maestro wisdom & Yogic approach: discover & develop the energy and physical parts of the body involved in vocal sound production. Learn to use these parts through vocal practice and consciously create and strengthen your unique inner Musical instrument. Access inner consciousness through sound with Nada Yoga: this ancient Indian science links music to spiritual growth through vibrational sound. Use musical scales inside energetic centres to deepen auditory and kinaesthetic awareness. And free emotional blockages. This technique also helps you to SING IN TUNE. Nada Yoga is a powerful meditative tool to deepen movement between consciousness states, enhance inner peace and contentment. Please register before coming. Hamsini at 9487544184, hamsinra@yahoo.fr.

Voice Movement Sound Bath Journey: with Balu & Vera on Tuesday from 5 - 6.30 pm at Vérête. Sound Healing is an ancient art that has been used throughout history to awaken the inner being & the body, to the frequency of the universe. The Sound Bath uses the unique frequencies of various instruments to heal the body on a cellular level. Sound Bath Meditation is effective in: - Clearing stagnant energy in the body & assisting it to flow freely once again - Increasing immune system functions - Rejuvenating the Spirit - Decreasing depression & improving one’s ability to regulate emotions - Increasing focus & attention & more. Contact: 0413 - 2622 045 or 7094104329.

Voice Frequency Healing: with Vera on Thursdays from 5 - 6.30 pm, at Vérête. Join Vera in these sessions that will enhance your knowledge of sound healing & chakra awareness. You will be guided on a vocal journey in which you will learn to utilize your unique frequency to call forth & bring out the light within you & others. Breathe in the belief that there are the creators & observers of our own lives, and we can change the reality around us by changing the reality within you, will learn simple, effective ways of using the voice for: - Healing oneself & others on a cellular level - Reconnecting with the inner being - Awakening, cleansing & aligning the chakras - Creating one’s own personal mantra. Contact: 0413 - 2622 045 or 7094104329.

Volleyball at Dehashakti: Mondays 5-6.30pm. We are looking for more people would like to join us for some fun volleyball matches at the Dehashakti sports ground. Just come by.

Warm Water Sessions for Pregnant Women: in Quiet Healing Center’s warm water pool. Every Wednesday morning, 9.30 am till 10.30 am. You are invited to experience the weightless, relaxing and connecting benefits of movement and flowing in warm water. You can come with your partner or by yourself. For further enquiries, please contact Friederike @ 9943247326.

Wellness at Auromode Yoga Space: Thai Yoga massage, Ayurvedic Milana Oil massage, Facial treatments. Details, contacts and booking at www.auromodeyoga.space/treatments or +91413 26222224.

Women Temple: PAUSED UNTIL FURTHER NOTICE Darija

World Game in sand: An activity for kids (6yrs old and above) and adults, organised by Spirit & Nature. The World Game encourages spontaneity, trust in oneself and being in the flow of the moment. An opportunity to be creative, to be able to express our own individuality and our unique, living soul. For info spiritandnature@aurowill.org.in or spiritmotion@aurowill.org.in

YEP Week: Youth Entertainment Program presents the YEP Week, a program especially designed for guest kids, to enjoy their stay, and discover Auroville. We will take them from place to place, where the kids can visit and participate in various activities. The activities include pony riding, Papier Mâché, quilling, painting... This program (Monday to Friday, 8:30 am to 12:30 pm) offers a good balance between visits and activities. Joyfully, Yep Team. Phone: +91626565134 - Facebook: www.facebook.com/YPEAV.

Iyengar Yoga is a form of Hatha Yoga, a process of developing your body, vital organs, your mind and the quality of intelligence through mobility, strength, stability and alignment of body in asana - with Olesya at Vérête on Tuesdays and Thursdays from 5 - 6.30 pm. Contact: 0413 - 2622 045 or 7094104329.

Yoga Asanas - with Olesya at Vérête on Thursdays from 6.45 to 8 am.

Yoga is a process of developing your body, vital organs, your mind and the quality of intelligence through mobility, strength, stability and alignment of body in asana - with Olesya at Vérête on Tuesdays and Thursdays from 5 - 6.30 pm. Contact: 0413 - 2622 045 or 7094104329.

Yoga with Olesya: At Sharnga Guest House Yoga Hall. Asanas and Pranayama in B.K.S.Iyengar tradition work wonders with your body, breath and mind through observation and awareness of yourself in mobility, stability and alignment. Morning classes: Mondays and Saturdays from 6.30am to 8am. Evening sessions: Wednesdays and Saturdays from 5.00pm to 6.30pm. Drop-in-class. All are welcome!
Contribution from volunteers and guests is required. For more information: olesya@auroville.org.in or WhatsApp +91-915-905-2743

Yin Yoga: blends two styles of yoga into one practice - bringing together the benefits of passively restorative holding yoga poses with more dynamic sequences and standing postures - with Anne Sophie at Vérité on Saturdays from 6.45 to 8am. Contact: 0413-2622 045 or 7094104329.

The Youth Center Pizza Nights are on Fire: every Saturday at 7.00pm at Youth Center. We are happy to share that pizza nights are open again! We invite volunteers to join in and make pizzas on Saturday mornings. We welcome you all to bring your instruments and jam together. Looking forward! With love and Flowers, Youth Center Team.

Zumba with Anabel at New Creation dance studio. Mondays from 6-7pm

STRONG BY ZUMBA: Tuesday from 5:30 to 6:30 pm in CRIPA. Total body transformation, in a one-hour class you will burn calories while toning all your body with explosive moves interchanged with isometric moves (sunges, squats) and kickboxing. Contact: Anabel, anabel_loz@hotmail.com, 9566846893.

AUROVILLE BUS SCHEDULE
The current AAP BUS schedule (for Pondy trips) is always available at www.auroville.org/contents/3988, Contact: avbus@auroville.org.in

OTHER EVENTS

- Inner Work Workshop: Introduction to the Integral Yoga of Sri Aurobindo and the Mother 2nd October (Tuesday) - at Savitri Bhavan, 9 am to 12 noon (For those who are new to Yoga, from 8.45 to 9 am there will be a brief presentation on Yoga and Spirituality.)

Focus this week on: Intimacy with the Divine:
• Overview with multimedia presentation
• Questions and Answers
• Practice in Daily Life
• Complimentary Concentration Exercises
• Creative Arts, Interactive Games
• Life of Sri Aurobindo and the Mother
• Introduction to the Reference Books

These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises. Led by Ashesh Joshi (Contact: 9489147202, 0413 2622922). No Registration required (except for groups). Fees: Voluntary Contribution. All are welcome. For details on the Integral Yoga and the upcoming workshops: please visit www.integralyoga-auroville.com.

- Earth Building Workshop: October 5th, 6th and 7th, 2018 At AuroYali, near Tibetan Pavilion

Greetings! We at AuroYali are conducting a 3-day hands-on Earth Building workshop on CSEB, Rammed Earth, mud plaster and oxide flooring. It is open to all. To register, mail us at auroyali@auroville.org.in; call on +91-8940001256.

- Stitching and Knitting course at the Auroville Fashion Studio, With Gabi & Gabi! The Auroville Fashion Studio is offering a Stitching course with Gabi (Baraka), for people who already know how to stitch on a sewing machine but want to improve their skills.

The knitting course is for Beginners with Gabi (Certitude). FOR DETAILS CONTACT: - for stitching: gabbitzter@yahoo.com for knitting: gabi@auroville.org.in

- Fundraising Workshop: Aurea center is organizing a financing and fundraising workshop at Vérité on 12th and 13th October 2018. The workshop is recommended for people with small-scale Auroville units or a new initiative looking for ways to finance and fundraise. If you are interested to attend the workshop, register here.

- Introduction to the Human Motor System: An Anatomy Course, Osnat, Sante's physiotherapist, is offering an anatomy course of the human motor system - the musculoskeletal system. This course will give theoretical knowledge of the body structure. The main focus will be the structure of the skeleton, muscles, joints and nervous system, and one class for the inner organs. Through this learning one will get a better understanding about the posture and mobility of the body. For Shiatsu students and other interested people, an additional class of topographic anatomy will also be offered.

The course is suitable for students of the different therapies, and teachers and practitioners of the different bodyworks. The teaching is given by Aurovillian, Osnat, a physiotherapy graduate from Tel Aviv University, Israel. She has worked in the field of physical rehabilitation and water therapies for the past 10 years, and is currently practicing as a physiotherapist at Santé. Every Wednesday, October 10th 2018 till December, 12th 2018 from 9:00-10:30 am for a total of 10 classes at Santé: Auroville Institute for Integral Health.

Pre-registration and a basic financial contribution of Rs. 1000 in total is requested.

For registration and further inquiries, please contact Sante reception at 0413-2622903 or by email to osnathshifman@gmail.com.

- CREATIVE WRITING PLAYGROUND: October 6th / 7th / 8th of October. From 4 to 6pm

Do you want to write a story just for the fun of it but you don't know how to start? Do you feel you have something to write inside of you but do not know what it is and how to put it on the page? Do you want to learn to write creatively for the sheer fun of it? Then participate to the Creative Writing Playground on the 6th / 7th / 8th of October. From 4 to 6pm. You will play with some technique to create a short story (or poetry or monologue or dialogue or...) just for the sheer fun of it! And at the same time you will free yourself from whatever hinders the flow of your creativity. No experience is required, indeed! What you really need is just a pen and a notebook. Let's have fun been creative together!

for more information please check my youtube page “My Creative Satsang”, or go in Facebook to the page My Creative Writing. There you will find few videos on the subject made by myself.

NB: this playground is not intended to give you professional tools on writing, but tools you can use to free your creativity from blockages and gain trust in your own creative inner world.

FILMS

AUROFILM MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)

Please note about our change of timing: From October we start at 8:00 PM!

FRIDAY 5 OCTOBER - 8:00 PM (sharp!)

• “THE MAN WHO KNEW INFINITY”

Directed by Matthew Brown - UK, 2015
With: Dev Patel, Jeremy Irons, Malcolm Sinclair
Synopsis: The Man Who Knew Infinity is a biographical film based on the 1991 book of the same name by Robert Kanigel. In 1913, Srinivasa Ramanujan, a self-taught Indian mathematics genius, traveled to Trinity College, Cambridge, where over the course of five years, forged a bond with his mentor, the brilliant and eccentric professor, G.H. Hardy, where their mutual struggle, defined Ramanujan as one of India’s greatest modern scholars, who broke more than one barrier in his world and fought against prejudice to reveal his mathematics genius to the world.

Original English version with English subtitles - Dur. 1h.54’
AT SAVITRI BHAVAN
Monday, October 1, 2018 at 6:30pm. Duration: 30min

AQUADYN - SUNLIGHT IN WATER
This video film describes the research and work of a team of Aurovillans fascinated by the mystery that is water. Although water is indispensable for life, its amazing powers are yet to be discovered; once discovered they will have to be harnessed for the health and well-being of all. This is the mission that Aquadyn has embarked upon. The purified and dynamised water produced by Aquadyn’s machines can energize our lives, as it has done so already for many people in and around Auroville.

The FRENCH PAVILION presents
“THE INTELLIGENCE OF TREES” (2nd screening)
Saturday 6th October 2018 at 5pm
Town Hall - Cinema Paradiso
A documentary film by Julia Dordel and Guido Tölke (2016), In French with English subtitles, duration: 90min

After the success of the 1st screening, we have received a great number of requests to show this fantastic film again. So here we are: we will screen again this film the coming Saturday. The film shows how a forester in Germany, Peter Wohlleben, observed that trees communicate with one another by lovingly caring for their offspring, their elders and neighboring trees when they are sick. He wrote the bestseller “The Secret Life of Trees” (sold more than a million copies) that has amazed nature lovers. His claims have been confirmed by scientists, Suzanne Simard, at the University of British Columbia in Canada. This documentary shows the meticulous and fascinating work of the scientists, necessary to the understanding of the interactions between the trees as well as the consequences of this discovery. This knowledge will change your outlook on living things, trees and forests.

CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film program 1 to 7 October 2018

Indian - Monday 1 October, 8:00 pm:
• ANGREZI MEIN KEHTA HAIN
India, 2018, Dir. Harish Vyas w/ Shivani Raghuvanshi, Anshuman Jha, Ekavali Khanna, and others, Drama, 104mins, Hindi w/ English subtitles, Rated: NR (G)
Amid the daily routine love seems lost for an elderly married couple. As their daughter turns of age, father looks forward to getting her married. Turn of events leads the protagonist to wonder about meaning and expression of love. Will he ever find the meaning of love and ways to express it? A delightful indie film not to be missed!

German - Tuesday 2 October, 8:00 pm:
• ÜBER-ICH UND DU (Superegos)
Germany, 2014, Dir. Benjamin Heisenberg, w/ Georg Friedrich, André Wilms, Nicolas Wackerbarth, and others, Comedy, 93mins, German w/ English subtitles, Rated: NR
Nick is an opportunistic con man who makes a shady living from buying, selling and stealing rare books. He hopes to lie low from the gangsters he owes money to in an abandoned villa. But the owner turns out to be at home: Curt, a well-known veteran psychoanalyst living with a heavy burden of guilt over his youthful success during the Nazi era. An unusual friendship unfolds between the thief and the old professor.

Interesting - Wednesday 3 October, 8:00 pm:
• WON’T YOU BE MY NEIGHBOR?
USA, 2018, Dir. Morgan Neville w/Joanne Rogers, Betty Aberlin, David Bianculli, and ohters, Documentary-Biography, 94mins, English w/ English subtitles, Rated: PG-13
Charming soft-spoken and yet powerfully incisive expressing his profound ideals, Fred Rogers was a unique presence on television for generations. The life of the would-be pastor is explored in this film as a man who found a more important calling in providing an oasis for children in television - through his landmark series, Mister Rogers’ Neighborhood (1968). However, that beloved personality also hid Rogers’ deep self-doubts about himself and occasional misjudgments.

Selection - Thursday 4 October, 8:00 pm:
• SWISS ARMY MAN
USA-Sweden, 2016, Dir. Dan Kwan-Daniel Scheinert w/Paul Dano, Daniel Radcliffe, Mary Elizabeth Winstead, and ohters, Adventure-Comedy-Drama, 97 mins, English w/ English subtitles, Rated: R
Hank, stranded on a deserted island and about to kill himself, notices a corpse washed up on the beach. He befriends it, naming it Manny, only to discover that his new friend can talk and has a myriad of supernatural abilities...which may help him get home.

International - Saturday 6 October, 8:00 pm:
• THE LEISURE SEEKER
Italy-France, 2018, Dir. Paolo Virzi w/Helen Mirren, Donald Sutherland, Christian McKay, and ohters, Adventure-Comedy-Drama, 112 mins, English w/ English subtitles, Rated: R
Ella and John are fleeing the suffocating care of their doctors and grown children. He is distracted but strong; she is frail but sharp. Their journey aboard the faithful old camper they call The Leisure Seeker takes them from Boston to The Ernest Hemingway Home in Key West. Sharing moments of exhilaration and anguish, they recapture their passion for life and their love for one another on a road trip that provides revelation and surprise right up to the very end.

Children’s Film - Sunday 7 October, 4:30pm
• EARLY MAN
U.K. 2018, Dir: Nick Park, w/ Eddie Redmayne, Tom Hiddleston, Maise Williams and others, Animation, 89mins, English w/ English subtitles, Rated: PG
Set at the dawn of time, when prehistoric creatures and woolly mammoths roamed the earth, Dug, along with sidekick Hognob as they unite his tribe against a mighty enemy Lord Nooth and his Bronze Age City to save their home.

MARCEL PAGNOL FILM FESTIVAL @ Ciné-Club
Ciné-Club - Sunday 7 October, 8:00 pm:
• CÉSAR
France,1936, Dir.Marcel Pagnol w/Raoul, Pierre Fresnay, Orane Demazis, Fernand Charpin and others, Drama,168min,French w/English subtitles, Rated: PG
Honorable Panisse is dying, cheerfully, with friends, wife, and son at his side. He confesses to the priest in front of his friends; he insists that the doctor be truthful. But, he cannot bring himself to tell his son Cesariot that his real father is Marius, the absent son of César, Cesariot’s godfather. Panisse leaves that to Fanny, the lad’s mother. Dissembling that he’s a petty thief. Only after the truth comes out can Marius, Fanny, César, and Cesariot step beyond the falsehoods, benign though they may be.
**The News&Notes is available for all to download** from the Auroville website at [http://www.auroville.org/contents/4186](http://www.auroville.org/contents/4186)

The Regular Events at [http://www.auroville.org/contents/4187](http://www.auroville.org/contents/4187)

The archives are found at [http://www.auroville.org/contents/186](http://www.auroville.org/contents/186)

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**Rating codes:** we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. **We appreciate your continued support. P1 make a donation to “Cinema Paradiso”** (account #105106) at the Financial Service or set up for a monthly contributions.

Thanking You, MMC/CP Group
Account# 105106, mmcauditorium@auroville.org.in

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**THE ECO FILM CLUB**

Sadhana Forest, October 5th, Friday

Schedule of Events:
4:00 pm: Free bus from Solar Kitchen to Sadhana Forest for the Tour
4:30 pm: Tour of Sadhana Forest
6:00 pm: Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
6:30 pm: Eco Film Club begins with “previews” of short Sadhana Forest films
8:00 pm: Dinner is served
9:30 pm: Free bus from Sadhana Forest back to Solar Kitchen

Before the movie, at exactly 4:30pm you are welcome to join us for a free tour of Sadhana Forest and an update of our most recent work!

After the film, you are welcome to join us for a free 100% vegan organic dinner!

**Note:** Families and children are welcome! Dinner for children will be served at 7pm :)

- **INDIA’S HEALING FORESTS**

50 mins / 2018 / English / Directed by: Nitin Das

India is a country of breathtaking natural beauty. What is less known is India’s wealth of ancient knowledge about connecting with nature to create a more meaningful life. Join us to explore some fascinating forests across India and find out the remarkable ways in which forests can heal our body, mind and spirit.

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at (0413) 2677682 or 2677683 or sadhanaforest@auroville.org.in.

Or visit us online: sadhanaforest.org and facebook.com/sadhanaforest.

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**Important information about News & Notes (Absolute deadline for submissions or cancellations: Tuesday 5pm)**

The contents of News & Notes are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

**How to submit material:** Material (no pdf files, please) may be sent in (English only) to the editor email address (below). Please try your best to send your announcements, reports, film schedules whenever they are ready.

**The Tuesday deadline (5pm) is absolute**

Any modifications of the submitted News items have to be sent to the editors before Tuesday 5pm.

We regret not being able to attend to visitors on Wednesdays and Thursdays due to work pressure.

**Articles for the Notes section** should ideally be no longer than 500 words. All articles and reports need to reach us by Tuesday noon.

**Visiting hours:** On appointment only.

**Disclaimer:** The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

**News & Notes**, Media Centre, Town Hall. Phone: 0413-2622133, email: newsandnotes@auroville.org.in

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**GO PAPERLESS for the 50th! RECEIVE THE NEWS&NOTES by EMAIL weekly!**

Subscribe at newsandnotes@auroville.org.in

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**Auroville Emergency Contact Numbers - Save them in your phone now!**

- Auroville Safety and Security Team: 9443090107 (Email: avsecurity@auroville.org.in)
- Ambulance: Auroville: 9442224680 - Pims: 0413-2656271
- Farewell: mobile number: 8903836246, reachable 24/7
- Emergency Service of India: 108

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**REMEMBRAND TO ALL GUESTS**

from The Guest Facilities Coordination Group

- **Guest Registration Service**-

**ALL GUESTS** in Auroville (including Indian nationals and foreigners as well as friends and family members of Aurovilians) are required by Indian law and Auroville regulations to register within 24 hours of their arrival.

In addition, guests are required to register each time they move to a new destination in Auroville.

The Auroville Guest Registration Service operates at 3 locations:
- Visitors Centre - at the far end of the Expo Hall (big white building on the left), opposite Dreamer’s Cafe - All days 9:30-12:30 and 2:00-5:00
- Town Hall - reception area - Monday-Saturday 9:30-12:30 and 2:00-5pm
- Aspiration - Financial Service office left side - Monday-Saturday 9:00-12:30

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**Front Cover:** 17th Century Moghul Print from the Dara Shikoh Album - from the exhibition at Aurelec Art Gallery (October 2018)