It’s an experience I have more and more clearly: for the contact with that true divine Love to be able to manifest, that is, to express itself freely, it requires a POWER in beings and in things... which doesn’t exist yet. Otherwise, everything breaks apart. There are scores of very convincing details, but, naturally, as they are “details” or very personal things, I can’t talk about them. But on the basis of the proof or proofs of repeated experiences, I am forced to say this: when that Power of PURE Love - a wonderful Power, beyond any expression - as soon as it begins to manifest fully, freely, a great many things seem to collapse instantly: they can’t hold on. They can’t hold on, they’re dissolved. Then... then everything comes to a stop. And that stop, which we might believe to be a disgrace, is on the contrary an infinite Grace! Just the ever so slightly concrete and tangible perception of the difference between the vibration in which we live normally and almost continuously and that vibration, just the realization of that infirmity, which I call nauseous - it really gives you a feeling of nausea - is enough to stop everything. No later than yesterday, this morning... there are long moments when that Power manifests, and then, suddenly, there is a Wisdom - an immeasurable Wisdom - which makes everything relax in a perfect tranquillity: “What is to be will be, it will take the time it will take.” Then, everything is fine. With this, everything is immediately fine. But the Splendor goes. We can only be patient. Sri Aurobindo, too, wrote it: “Aspire intensely, but without impatience....” The difference between intensity and impatience is very subtle (everything is a difference of vibration); it’s subtle, but it makes the whole difference. Intensely, but without impatience.... That’s it: that’s the state in which we must be.

And then, for a long, a very long time, we should be content with the inner results, that is, results of personal and individual reactions, of inner contacts with the rest of the world, and not hope for or will things to materialize too soon. Because that haste people have generally delays things. If this is the way things are, it’s the way things are. We - people, I mean - live a harried life. It is a sort of semiconscious feeling of the shortness of their life; they don’t think about it, but they feel it semiconsciously. So they are forever wanting to go - quickly, quickly, quickly - from one thing to another, to do one thing quickly in order to go on to the next, instead of each thing living in its own eternity. We are forever wanting to go forward, forward, forward... and we spoil the work. That is why some have preached that the only important moment is the present moment - which isn’t true in practice, but from the psychological point of view, it should be true. In other words, let us live every minute to the utmost of our possibility, without foreseeing or wanting or expecting or preparing the next minute. Because we are forever in a hurry-hurry-hurry... and we do everything wrong. We live in an inner tension which is totally false - totally false. All those who tried to be wise have always said it (the Chinese have preached it, the Indians have preached it): live with the sense of Eternity. In Europe, too, they said you should contemplate the sky, the stars, identify with their infinitude, try to be wise.

And I have observed it in the body’s cells: they would seem to be forever in a hurry to do what they have to do for fear of not having the time to do it. So they do nothing properly. Clumsy people (there are people who bump into everything, their gestures are brusque and clumsy) have this to a high degree - this sort of haste to do things quickly, quickly, quickly.... Yesterday, someone was complaining of rheumatic pains in his back and said to me, “Oh, it makes me waste so much time, I do things so slowly!” I said to him (Mother laughs), “So what!” He wasn’t happy. You understand, to complain if you have pain means you’re soft, that’s all, but to say, “I’m wasting so much time, I do things so slowly!” was the very clear picture of that haste in which people live - they hurtle through life... where to?... to end up in a crash! What’s the use? (silence)

Basically, the moral of all these aphorisms is that it is far more important to BE than to be seen to be - you must live, not pretend - and that it is far more important to realize a thing entirely, sincerely and perfectly than to let others know you’re realizing it! It’s the same thing again: when you feel the need to proclaim what you are doing, you spoil half of your action. And yet, at the same time, it helps you to take stock and know exactly where you stand. It was Buddha’s wisdom when he said, “The middle path”: not too much on this side, not too much on that side, don’t fall on this side, don’t fall on that side - a bit of everything, and a balanced... but PURE path. Purity and sincerity are the same thing.

MOTHER’S AGENDA, 16 September 1964

MOTHER

For me the path of Yoga has always been a battle as well as a journey,
A thing of ups and downs,
Of light followed by darkness followed by a greater light.
Sri Aurobindo
Letters on Himself and the Ashram, p.372
IMPORTANT NEWS FROM THE NEWS&NOTES!

...M ONDAY?
YES, M ONDAY!

Reminder: the News&Notes' PUBLICATION DAY is now MONDAY (instead of Saturday).

The News&Notes will still be delivered on Saturdays, but you will have more time to read it!
The Monday publication will include all events of the MONDAY to SUNDAY week ahead - with delivery on Saturday for all.
The deadline remains the same, the delivery day remains Saturday, so there is little change involved for most of you.
EXCEPT for the WEEKEND EVENTS. These announcements will need to reach us before the Tuesday of the week before.
FOR ALL, it should be a much more pleasant experience, to read leisurely over the weekend about the whole week coming ahead!
ENJOY! News&Notes

COMMUNITY NEWS

ANNOUNCEMENTS

NEW DATE: July 5th for Information Sharing Meeting to Propose Amendments to the Feedback Reviewing Process

Dear Community Members,

You are invited to participate in the rescheduled information sharing meeting aiming to bring into open new ideas about transforming the feedback reviewing process towards inclusion.

Objective of the meeting: Offer space to all community members and the working groups to propose possible ways to improve the existing feedback process and discuss establishment of a clearance procedure, keeping Auroville’s values at its core.

The meeting is going to be held on:

THURSDAY, JULY 5th
4 pm - 6 pm
Unity Pavilion

This matter is considered as a top priority, and your proposals on how to ensure transparent, effective feedback and clearance processes and to move forward, without compromising on Auroville’s principles, would be greatly appreciated.

Time-wise it is important to make the clearance process much quicker (the 2018 selection process is approaching soon) and, at the same time, keep it based on a sense of responsibility and sincerity.

To book your time slot for your presentation, please don’t hesitate to contact us at: raservice@auroville.org.in

Much love,
Your Residents’ Assembly Service

INVITATION TO A GENERAL MEETING WITH THE WORKING COMMITTEE

The Working Committee warmly welcomes all Auroville residents for a

General Meeting
on July 12th at 4.30 pm
at the Unity Pavilion

in which the Working Committee members will give a presentation on the main topics that it is dealing with, e.g.:
a) Projected National Highway through part of the Greenbelt.
b) Status disputed land purchase.
c) Resignation of three land board members and their replacement status of investigation into due diligence by the former land board members.
d) Status of filing of criminal cases against sellers etc.
e) Status of filing of civil suit against sellers etc.
f) New due diligence procedure for land purchase.
g) Status request for partial relief from GST.
h) Status on Visa.

The Growing AV Economy Initiative

Our economy is a vast and crucial issue that affects each of us and is the root cause of most of our challenges. The AV economy is basically growing at a very low pace, if at all. The Governing Board has asked the community to reflect on the slow growth and propose solutions to grow Auroville’s economy.

The FAMC, in response, has initiated the Growing AV Economy Initiative. The aims of this initiative are:

1. building community wide awareness of the present shape and state of our economy and of the initiative.
2. providing opportunities for various perspectives about the economy to be presented.
3. providing platforms to discuss and find convergence between all ideas and plan next steps.
4. consolidate insights and proposals for solutions in a report and a road-map.

The initiative will begin on July 14 with a Kick-off Meeting explaining the initiative and how it will proceed, and presenting a snapshot of Auroville’s economy today. It will conclude with a final report and presentation to the community and the Governing Board in March 2019. Between these two events, the FAMC will encourage and facilitate groups to present their perspectives and solutions to the community in a series of open events.

The community is highly encouraged to come to all events and get involved.

For the Growing AV Economy Initiative: Bindu, Lyle, Dhruv, Jörg, Elvira

Matrimandir opening after Maintenance

Matrimandir opens for visitors’ concentration from 4.7.2018.
Booking for concentration reopens from 2.7.2018 (closed on Tuesdays). Booking requests for July 4th and onward are to be sent no earlier than July 1st 2018.
Please keep in mind that 3rd July is a Tuesday.
The Visitors Centre and the Matrimandir Viewing Point remain open as usual from 9 am to 5 pm, Sundays from 9 am to 1 pm only.
For Aurovilians and Newcomers from 3rd July we revert back to usual timings.
We regret any inconvenience caused.
The Matrimandir Team.

News&Notes 2nd July 2018 [753]
The Growing Auroville Economy Initiative Kick-off Meeting

14 July 2018, 3:00pm - 5:00pm
At Unity Pavilion
(Tea and cookies available)

All are invited to come and participate in growing Auroville’s future.

The Growing Auroville Economy Initiative

Agenda:
• Introduction of the initiative
• Interactive session
• Presentation of the status of some aspects of our economy
• The way forward
Organized by FAMC, Facilitated by Elvira and Jörg

FROM THE ENTRY SERVICE - N&N # 753

Dated: 02-07-2018. Our team is happy to recommend the following individuals as Aurovilians and Newcomers, joining Auroville. Prior to Newcomer and Aurovillian status confirmation, for Newcomers two weeks and for Aurovillians one-month window for community feedback. Kindly forward your support or grievances to entryservice@auroville.org.in

NEWCOMERS ANNOUNCED:
Michael BENNASAR (French), living in Fertile, working at the Botanical Gardens.
Margit PAL (Hungarian), staying at the Dimitri Guest House, working at AM and Unity Pavilion.

CHILD OF NEWCOMER:
Amarnath ARUNACHALAM, born on 09/10/2015.

AUROVILIANS ANNOUNCED:
Nimila ARUN (Indian), staying and working at the Aruvazhi Education Centre (Promesse).

YOUTH TURNED 18:
Amarsakshi SIVARAJ (Indian) Staying at Martuvam, Studying at Future School
Aris MILES PRAT (French) Staying at Centre Field, Studying at Future School
Auromira SCHILLING (German) Staying at Nine Palms, Studying at Future School
Aurosakthi SIVARAJ (Indian) Staying at Martuvam, Studying at Future School
Gopirajan MAHALINGAM (Indian) staying at La Ferme, Working at Payanam
Perceval FAYON (French) Staying at AV Botanical Garden, Studying at Future School
Punithan SAMINATHAN (Indian) Staying at Simplicity, studying at Pondicherry University
Ruban MURUGAN (Indian) Staying at New Creation Field, Studying in NESS
Shanmugam MOORTHY (Indian) Staying at Shakti Lokha, Studying at Future School

NOTE: Individuals are entered into the Register of Residents (maintained by the Auroville Foundation) shortly after filling the B-FORM and meeting with the Secretary of the AVF. The appointment date for these is set and communicated by the Entry Service to the individual at the respective time, and NOT AT THEIR PERSONAL REQUEST.

This is the last step of the newcomer process where the status of Newcomer Resident is switched to Aurovilian Resident.

ENTRY SERVICE OPEN TO PUBLIC TIMINGS
Monday, Wednesday, Friday 09:30AM-12:30PM
Monday to Friday (by appointment only) 02:30PM-04:30PM Yours, The Entry Service

Houses available for transfer:
1. Sanjana Community - Block 4 apartment A of PLINTH AREA: 48.47 sq.m Suitable for Single or Couple.
2. Sanjana Community - Block 2 Apartment A of Plinth Area: 48.7 Sq.m Suitable for Single or Couple.

For more information contact: Housing Service (Town Hall) Phone; (0413) 2622658 - e-mail: housing@auroville.org.in

3. From Sunship: Immediately available: One single unit of 42 Sq.m completely furnished and equipped-kitchen, bathroom and cupboard- with Collective cafeteria, Laundry, technical maintenance and management by Aurovilians!!* (*Contact louis@auroville.org.in for visit and more information)

Housing Projects under construction:


UPDATE: The finishing work at Kalpana is going on well! The South block with 22 apartments will be completed by mid-July 2018. In parallel the work is going on in the North block and East block. The next works will which start soon are the balcony and staircases railings and the landscaping.

Out of 42 apartments 8 units are still available:
- Studios: 3 units - 1BHK: 3 units - 2 BHK: 1 unit - 3 BHK: 1 unit Also available are 2 OFFICES on ground floor in the North block

We are hoping to be ready by 30th August 2018.
Satyakam will be TOS from 17th June till 19th July. He will be available by e mail for any information, and for a request for a site visit. satyakam@auroville.org.in

FOR YOUR INFORMATION

Update on stray dogs
Dear Community, “Helpanimals” (a subgroup of the Council) started a project to contain the stray dog population in Auroville following the community response to the same and to the consequent concerns which will arise if the number of stray dogs are not controlled in Auroville. Other concerned individuals are also sterilizing dogs (e.g. in town hall) on their own initiative to help this cause in a caring and gentle way.

Helpanimals requests communities and/or individuals to inform them if there are any stray dogs in the vicinity of their communities which need to be neutered. As of now 9 dogs in Sukhavati/Madhuka, Kalpana have been neutered and next step will be to also vaccinate them with anti-rabies. Dogs in Auromodele are in the process to be neutered.

It would be helpful when communities inform us regarding the stray dogs, one or two members from the community take active responsibility by providing a safe corner in their community where operations can take place and care for the dogs along with our team.

Our account number for donations to continue this on-going work: 252699

Thanking in advance for this collaborative effort.
Helpanimals team and The Auroville Council
e-mail: helpanimals@auroville.org.in
**AUROVILLE GAP YEAR PROGRAMME**

Are you done with school? Wondering what to do next? Auroville Campus Initiative is launching a one-year Gap Year programme specifically designed for Auroville youth, aged 17-20 years, starting September 24th, 2018, ending end of June 2019. It is a 10-month full time programme with a one-month term break. During the programme, you will:

1. Discover your potential
2. Understand how Auroville’s is evolving
3. Meet inspirational community members and mentors
4. Activate your potential through a series of projects
5. After a month break (mid Dec to mid Jan), you will be ready to commit to a 6-month professional experience in the Learning lab of your choice in order to bridge your inner discovery with outer actions, solving real-life challenges.
6. The Gap year programme will end with a final presentation to the larger community, incorporating your insights and the outcomes of your experience.

Any question? Check Auroville Gap Year Programme website and Facebook page.

Online Applications are already open!

We are looking forward to hear from you :) With Love, Sophie, Manoj, Lalit, Valentine (AGYP team)

**Water Words: About Well Monitoring**

Maybe you’ve met Balu, the man who has the important job of measuring the water levels of some wells in Auroville. He, and we, get a lot of questions about well monitoring. We hope to answer some of these questions here.

The Water Group has documented 271 wells dug on Auroville land so far, of which 196 are in use, and 75 are not functioning or closed/abandoned. In 2016, we selected more than 80 wells for monitoring the water levels. Over time, some of these wells have become inaccessible to the monitoring person. For instance, sometimes well tops (casings) have been sealed with slabs, metal covers or masonry work, thus making it physically not possible to perform the reading. Other times, people objected to measuring well levels and did not allow us to enter the premises. On occasion the presence of aggressive dogs left free in the area of the well prevented the monitor from even entering the premises. Also, the reading of the water level in a well can be done only when the pump is not active for at least 3-4 hours before taking the reading. Wells which have an automatic pump (solar, windmill or TNEB automation) cannot be monitored because we don’t know when the pump runs.

Moreover, in terms of assessing groundwater resources, only wells which tap into a single aquifer provide us with relevant data. The water level in a well receiving water from multiple aquifers results from the combination of water levels in each aquifer, so it doesn’t provide useful data for understanding aquifer behaviour, it only tells if the combined level goes up or down. In Auroville, apart from wells on the Cuddalore Sandstone (the red soil outcropping East of Bharat Nivas till the coast), all other wells are drilled so to intercept more than one aquifer.

We are now trying to restructure well monitoring, keeping in mind all the above points. For the scientific assessment we will select wells tapping into one aquifer only, not interfering with each other (minimum distance between two wells should not be less than 150 meters), without any pump, and those which are accessible for taking readings. We will also select a few wells to provide an overview of the situation of the groundwater table.

We are looking at ways to improve well monitoring, such as considering the instalment of a 1-inch HDPE pipe down the well up to the pump level, to be able to lower the measuring tape without obstructions. Finally, all the data that we gather can be accessed at: gis.auroville.org.in. We thank you all for your cooperation and hope this has brought some clarity.

**Comments? Questions?**

Contact us: watergroup@auroville.org.in.

Water Group (Aditi, Bala, Christian, Dorle, Giulio, Ing-Marie, Jeanne, Meera, Pavanee, Tency, Tom)

www.aurovillewater.in / gis.auroville.org.in

**Lunch Scheme & CSA at Solitude Farm Café**

- **Lunch Scheme**: For Aurovillians with maintenance we do offer now lunch scheme to the same conditions as Solar Kitchen! Monday to Saturday you can have the Thali of the day at our Farm Café. For all other people we do also offer a lunch scheme, minimum is one month, 3x a week, for 150 rupees per Thali.

  **Café opening hours:**
  - Breakfast: 9:30 - 11:30
  - Lunch: 12:30 - 3:00
  - Farm store: 9:30 - 3:00

- **Community Supported Agriculture - CSA basket service**

Get a prepaid basket with local and seasonal fresh fruits and vegetables. Pick-up and delivery service are possible. Please talk to us in the Café.

**POSTINGS**

**Welcome Soham!** Our son Soham was born on 27th of May at home in water. The birth was supported by: our daughter Pari, Priscilla, Puja, Margarita, Managa, Soumya, Hans and Aran. The birth was recorded and edited beautifully. We are happy to share the movie to support conscious birthing so if anyone is interested in seeing it please send your email at premshtkati@auroville.org.in

With love and gratitude, Prem Shakti and Ravi.

**Transition School reopens**: for the new school year on Thursday, July 5. We look forward to meeting the children and the new school year!! *All the Best From the Transition Team*

**The Auroville Harmonies: Women’s Choir**

Our group is starting a new season this month. We are still looking for a few singers.

The conditions? Being a woman, an experienced singer, and able to work on the songs at home. Our goal? Celebrating human unity by singing polyphonies from all around the world. When and where? We rehearse every Tuesday from 6 to 8pm in Citadines - Centre d’art. You don’t know us yet? You can discover our last (and first) performance here: https://youtu.be/PZIi9nkHlc4

Antoine - 8940740529 - antoine@auroville.org.in

**MANGOES AND MORE AT BARAKA!**

Dear community, Baraka’s beautiful organic MANGOES and MORE are available in Baraka from Monday to Saturday, 8:30 to 12am. ♥ Baraka team

**NEPSOUND: Studio in Sharanga, Auroville**: Offering music composition for film, and sound scape/design for events or theatre productions. Nepsound also provides photo re-touching, video colour-grading, and website development. Artist: Ivan Avakian (known as Vania). Manager: Kavitha Urvase Selvaraj

repsound@auroville.org.in / www.nepsound.com / +91840568266

**New products**: JSW steel and Gorilla fans at EPS: Dear community, Easy Procurement Solutions is happy to announce that we are now able to provide JSW steel at good prices for all Auroville construction projects. Please let us know your requirements and we will be happy to provide an estimate for you. We have also developed a good relationship with Atomberg, manufacturer of Gorilla Fans, which are the most energy-efficient ceiling fans in India with brushless DC motors (BLDC). These fans can provide around 65% energy savings over conventional fans. Please let us know your requirements for new installations or to replace old conventional fans and we will be happy to provide you with an estimate.

Easy Procurement Solutions team (Angelo, Balu, Iyyappan)

- eps@auroville.org.in
**JULY 2018 SANTE THERAPISTS SCHEDULE**

From 1st July 2018, Santé will be open for work as normal during the mornings from 8:45am – 12:30pm and in the afternoons from 2:00 – 4:30.

- Clinic Phone: **0(413)-2622803**
- email: sante@auroville.org.in / adminsante@auroville.org.in
- Working Hours: 8:45-12:30 & 2:00-4:30 Monday - Saturday

For Aurovilians, Newcomers & registered Guests, Volunteers & Friends of Auroville

For emergencies, contact Auroville Ambulance: Tel: **9442224680** (24x7)

Government Ambulance: Tel: **108** (24x7)

Auroville Ambulance Service has a fully equipped ambulance for all medical emergencies with an Advanced Paramedic on board. This service should be requested judiciously for medical emergency and/or medical transport only.

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**Blood tests and Lab collection - Mon-Fri only before 12:00 pm.**

For Appointments, call Santé reception at **0413-2622803** from 8.45 to 12:30 and 2:00 to 4:30

**Santé is closed every Tuesday afternoons for staff meetings.**

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<tr>
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<th>Availability</th>
<th>Times</th>
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<tr>
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<td>Mon, Tues, Wed, Thu, Fri</td>
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<tr>
<td>Nursing Care</td>
<td>Thilagam/ Archana/ Ezhil</td>
<td>Mon-Sat Mon, Wed-Sat</td>
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<tr>
<td>Acupuncture &amp; Chinese Medicine</td>
<td>Andres</td>
<td>Mon, Wed, Fri</td>
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<tr>
<td>Ayurveda Medicine</td>
<td>Dr. Bee</td>
<td>Wed, Fri Thu</td>
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<tr>
<td>Homoeopathy</td>
<td>Michael</td>
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<td>Hypnotherapy and NLP</td>
<td>Denis</td>
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<td>Physiotherapy Wellness massage</td>
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<tr>
<td>Physiotherapy</td>
<td>Osnat (from 15/7/18 only)</td>
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<td>Psychotherapy</td>
<td>Juan Andres</td>
<td>Mon, Tues, Thurs, Fri Mon, Thurs</td>
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<tr>
<td>Childbirth Preparation class</td>
<td>Krishna / Thilagam</td>
<td>Saturday</td>
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AUROVILLE AMBULANCE PROTOCOL

The AV Ambulance Service provides the following scope of service to residents and guests of Auroville:

1. 24/7 availability of emergency response with an equipped and staffed ambulance vehicle, which arrives at the scene of emergency, within AV city area, in under thirty minutes.
2. First aid and treatment on site and during transport with an advanced paramedic on board.
3. Providing information over the phone on what to do in urgent medical situations which don’t require ambulance transport.

When to use the Auroville Ambulance service: (24/7 AV Ambulance Telephone: 9442224680)

Call the Auroville Ambulance if you, or anyone around you, experience any of the following symptoms. Ask the Ambulance dispatcher if you are unsure.

▪ Unconscious person
▪ Difficulty breathing
▪ Sudden changes in level of consciousness (disoriented, difficulty in speaking)
▪ Heavy bleeding due to accident or trauma, or fall from a height
▪ Strong pain
▪ Major or multiple injury
▪ Chest pain
▪ Seizures
▪ Signs of stroke: Speech difficulty, facial droop, one sided weakness in limbs
▪ Severe allergic reactions, snake bites or other life-threatening conditions

How to use the Auroville Ambulance Service: (24/7 AV Ambulance Telephone : 9442224680)

To avoid delay we request you to support the AV Ambulance Service team in the following manner:

1. When dialling the Auroville Ambulance, speak clearly and provide following details:
   - Caller name
   - Name of patient
   - Is the person conscious?
   - Location of accident/ emergency site with landmarks
   - Sex and approximate age (if known) of patient,
   - Describe injury briefly.
   - Is the person breathing?

   Provide all further available information as requested by the Ambulance Service. This is essential for the medical staff and persons handling the patient during transportation.

2. Follow all first aid advice as given over the phone by the Ambulance Service.

3. The caller should wait till the ambulance arrives. Do not move an injured person.

4. Do not load the patient into a taxi where he cannot get medical support needed during transportation. It is strongly recommended to wait a few minutes more if required for the ambulance to arrive rather than carry away the patient in a panic stricken manner.

5. Organize for someone to accompany the patient and stay with them in hospital if required. Pack and take along personal items, money, current medication and all relevant medical reports.

6. Being calm and supportive towards the patient and the ambulance staff facilitates the best outcome.

Trip cost: The price per trip for AV residents is Rs. 1,500, to or from Puducherry and Rs. 10,000 to or from Chennai, the cost of ambulance services is covered by the Health Fund for members. The price per trip for guests is Rs. 5,000 to or from AV- Pondy and Rs. 15,000 to or from AV-Chennai. The Ambulance Service is available for all persons needing medical transport within the AV territory. For Aurovilians, Newcomers and Friends of Auroville, the ambulance will respond to calls outside Auroville as well.

Contact numbers: Note: For people without Auroville resident status, who may need attention outside of AV, please use the free government ambulance service or the locally available ambulance services listed in the contacts below.

<table>
<thead>
<tr>
<th>Other Ambulance Services</th>
<th>Government Ambulance</th>
<th>PIMS hospital</th>
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<td></td>
<td>108</td>
<td>18004259009 / 890324400</td>
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OBITUARY

In the evening of 23 June, our dear friend and brother Ross A. Elliott left his body in PIMS at the age of 73, after a struggle with cancer that took him through several hospitals since March this year. His wife Agnijata and close friends were with him. He passed away consciously and peacefully.

Australian Ross joined Auroville in December ‘95 and has been active ever since, widely and lightly sharing his communication skills with Auroville. Starting at Matrimandir where he gave introduction talks to visitors, he soon entered the world of Entry’s newcomers, students and volunteers whom he guided around Auroville in a light-hearted, animated and highly informative way. Also his improvisation theatre sessions were much appreciated.

Auroville will miss this sociable man whose uplifting and humoristic stance in life will remain a treasured memory for many.

Ross’s remains were taken to the Crown Road’s Farewell Centre to be buried in the afternoon of June 27th at Auroville’s funeral grounds in Adventure in the presence of his wife, his son Shepherd and many friends.

We thank and salute a good friend; may he be in peace. OM~

New Creation André proceeds...

In early morning of 27 June, our dear friend and brother, André Tardeil, founder and father of New Creation, left his body at his house in New Creation after an extended struggle with cancer. His wife Babu and daughters were with him. André had just turned 77.

Originally from France, André came with the Mother’s approval to Pondicherry in 1972, having worked with the Auroville Association in Paris for two years before that. Joining Auroville in ‘73, he and his soon to be Tamil wife Babu started a school in Tezpur, Assam. On October 20, 1962, as he was visiting his brother, André was taken prisoner of war. Major Gen. KK Tewari is an Indian legendary who was commissioned in the British Indian Army on 04 Nov 1942. In 1962, he was Commander Signals of the 4 Infantry Division based in Tezpur, Assam. On October 20, 1962, as he was visiting his forward troops during the Sino-Indian war, he was taken prisoner during the battle of Namka Chu and spent seven months in captivity. During 1971 War, he was the Chief Signal Officer of Eastern Comd. He planned and developed the communication

The fires were put out by firefighting teams from Alankuppam, Kalapet and from Vanur who came with 2 fire engines. They were assisted by members of the Police Department, AV Safety and Security Services, AV Tamil Forum, Village Administration Teams, people living in Kullapalayam and Bommayarpalayam, members from many Auroville communities and members of the Auromodele community.

A big thanks to all.

Avromele Community

A report and thanks note for Major Gen KK Tewari Memorial football cup

The 2017-2018 Football cup named as “Major Gen. KK Tewari Memorial cup” was a successful event with 11 teams (Under 17) and 4 Senior teams having had participated in the event (total of 225 players). Major Gen. KK Tewari is an Indian legendary who was commissioned in the British Indian Army on 04 Nov 1942. In 1962, he was Commander Signals of the 4 Infantry Division based in Tezpur, Assam. On October 20, 1962, as he was visiting his forward troops during the Sino-Indian war, he was taken prisoner during the battle of Namka Chu and spent seven months in captivity. During 1971 War, he was the Chief Signal Officer of Eastern Comd. He planned and developed the communication
infrastructure in the erstwhile East Pakistan which contributed immensely in Command, Control and Communication of Indian Army’s Lightening Campaign.

After retirement, he followed his spiritual calling and moved to Auroville, Puducherry as one of the pioneers on the advice of ‘The Mother’ and lived there since. His retired life was devoid of materialistic pursuits and at Auroville he contributed towards divinity and self-actualization.

Maj Gen KK Tewari a true soldier of the Indian Army left for heavenly abode on 26 Sep’2016 at Auroville. He was four days short of his Ninety Fourth Birthday.

We hope to keep all inspirations and learning we received from him alive in upcoming generations. This event was a small initiative to remember him.

The General Officer came from a family of soldiers. We were happy to have so many family members present with us at the closing ceremony of the tournament, and we thank them for giving us their time and inspiring the students with some words from General Tewari’s teachings. Thank you Abha, Claude and Smiti for joining us.

I would like to extend a warm gratitude to Secretary of Auroville foundation Mr. Mohan Verghese Chunkath and Under Secretary Mr. P. Srinivasamurty for his support throughout the preparation of the event and specially for signing 225 Certificates for all participants on a short notice. Alongwith I would like to thank the complete Auroville 50th Anniversary core team members for having understood our objective and grant us the needed funds. Not just that, but also making our preparation easy and budget friendly by making available certain needful from the available materials.

This event had been so grand and successful because of the help and guidance from Mr. Senthil Kumar, Associate Secretary of Pondicherry football association who taught a lot of professional rules and regulation of conducting such a tournament.

Our gratitude further extends to Auroville units- Auroville bakery, Sami Jam, Balaji who supported us with certain donations for us to have a better event. Thank you Usha & Suba to provide homemade breakfast and lunch for players.

Most importantly, big thanks to all the Auroville team players for helping us do all the preparations. The team players alongwith few other Auroville kids were doing the event preparation from a month before the event and until 2 days after the event. A huge appreciation for them for having do this parallel to their practise and win the runner up trophy for under 17 at the tournament.

Thank you Michel for your guidance even though you were far away from the country, thank you Shankar Ganesh for leading the team for ground preparation. Thank you Marco and Cheenu for shooting beautiful pictures of the event.

Last but not the least I would thank Auroville Radio, AVNet, New and Notes and all our team players to help us reach to a maximum number of people and having had welcome a wonderful audience on all three days.

We hope we did not miss anyone.

Thank you all who were present at the event!

Love, Auroville Football team.

APPEAL

To take this course, I need about Rs.70,000/- in total. So I kindly request you to help me to raise fund which can be transferred through YouthLink account (251048), who is helping to get me there.

If you all could support me to attend this course in Thailand it would be great. It will help give me some perspective from another regions point of view and culture on the same topic. Yours truly, Umaramanan Umopathy (known as Ramanan)

Contact: +918611099182

WORK OPPORTUNITIES

Work Opportunities at Auroville Consulting: We are looking for new full time team members for multiple opportunities. Interested individuals can send their CV and Motivation Letter at hr@aurowillleconsulting.com. Please mention the opportunity title in the subject.

1) Renewable Energy Expert:
Job Description
- Strategic planning and designing and implementing renewable energy projects
- Research on national and international policy and regulatory frameworks
- Design and implementation of pilot projects in the renewable energy field
- Proposal writing and fundraising for initiatives in the renewable energy field

Skills:
- Excellent English oral and written skills.
- Proficiency in MS: Office, PowerPoint and Excel.

*First 3 months will be a trial period during which Lunch, Tea and snacks will be provided. Auroville’s maintenance will be provided after the 3-month probation period.

2) Program Coordinator
Job Description
- Design and develop new programs in close collaboration with facilitators and resource persons;
- Develop and implement marketing strategies and coordinate with communication team;
- Serves as a principal liaison between participants and organisation and other external stakeholders on day-to-day operational, and logistic issues.
- Liaising with workshop/program facilitators and participants to organise and schedule workshops;
- Maintain budget and track expenditure/ transaction;
- Facilitate overall program evaluation.

Skills:
- Exceptional English writing and speaking skills
- Proficiency in MS: Office, PowerPoint and Excel.
*First 3 months will be a trial period during which Lunch, Tea and snacks will be provided. Auroville’s maintenance will be provided after the 3-month probation period.

3) Digital Marketer
Job Description
- Managing multiple social media channels (Facebook, Instagram, LinkedIn etc.)
- Drafting content and preparing posts promoting our workshops and programs.
- Brainstorm new and creative marketing strategies and ideas

Skills:
- Proficiency in MS: Office, PowerPoint and Excel.
- Exceptional English writing skills
*First 3 months will be a trial period during which Lunch, Tea and snacks will be provided. Auroville’s maintenance will be provided after the 3-month probation period.

Work opportunity at Unity Pavilion: Unity Pavilion is looking for a suitable person to share the caretaker duties and also help with the projector and sound system etc. during events if and when needed. The ideal person would be an Aurovilian, Newcomer or long-term volunteer, with clean habits, who can stay in the premises and can offer a reasonably long-term commitment. Accommodation suitable for a single person is available. If this interests you, kindly send us a mail to unitypavilion@aurowill.org.in with your personal particulars.

Unity Pavilion team

News&Notes 2nd July 2018 [753]
Dear all, Sushi restaurant will reopen again after the hot summer on the 3rd of July from 5.30 till 9 pm. We welcome you from then onwards daily for lunch and dinner. Mondays closed. Greetings!

**Sports**

**Volleyball at Dehashakti**, **Mondays 5-6.30pm:** We are looking for more people who would like to join us for some fun volleyball matches at the Dehashakti sports ground. Just come by.

**Auroville Akido, Auroville Budokan, Dehashakti:** After a summer break, our classes are resuming in July with the following timings:

- **Children classes:** Restarts **Monday July 9th**, Monday & Wednesday afternoon classes 4-5 (7 to 11 years old) 5-6 pm (11 to 15 years old) with Cristo and Surya (more detailed separate announcement will follow)

- **Adults Beginners** and all levels with Murugan: from **Wednesday 4th**, new class on Wednesday 6.30 to 8.00 pm and Saturdays 6.30 to 7.30 am

- **Adults Advanced from Thursday 5th**, on Tuesday & Thursday 6 to 7.15 am with N.Murugan & S.John

- **Women & young girls (from age 15 Outreach Centers and others)** from **Sunday 8th**, Sunday morning 8.30 to 9.45 am with Surya. Please be at the Dojo/Budokan 15 min. before the class starts. New students may wear long loose pants & t-shirt with sleeves for the start (no tight fitting please), then a white “keikogi” will be required. For all activity at the Budokan, Health Fund or private insurance necessary & reasonable contribution required. For more info, please contact Surya: 0413-2623813 or 9655485487 - email budokan@auroville.org.in

**Sakura Sushi**

Dear listeners/viewers!

Greetings Auroville... We are happy to share with you all what we managed to capture in past week as a team of AurovilleRadio/TV. Please do collaborate with us in sharing event details and video clips of events happening in the community of Auroville. We would be happy to hear from you, and also for you to make use of our services. Please do follow our updated website which offers a wide range of information with written, audio and video content and stay connected with us for more event updates on our social media sites, Facebook and Twitter. Website: www.aurovilleradio.org Facebook: www.facebook.com/auroville.radio Twitter: AurovilleRadioTV (@AurovilleRadio) | Twitter

From our volunteers for the past week we have:

Vaidyanath - **Selected texts for International Yoga Day**

Dear Community, this is to inform you all that our first part juniors volleyball tournament program is successfully completed on Saturday, 2nd June 2018 at Certitude Sports Ground for the occasion of 50th Anniversary of Auroville.

We are planning to organize and conduct the second part of Mega event inviting youth teams from 32 villages to join together and celebrate the competition joyfully in a peaceful manner at Certitude sports ground on **Sunday 1st July 2018**.

This program will start at 8:00 am and will end at 6:00 pm. We are expecting more than 850 players to take part in one-day mega event/tournament at Certitude. Here is the teams list:

1. Alankuppam 17 Chinna Kalapet
2. Annai Nagar 18 Kalapet
3. Apprumpet 19 Kanakachettikulam
4. Auroville 20 Mathur
5. Bharati Nagar 21 Moratandi
6. Bommayarpalayam 22 Nadukupam
7. Chinna Mudaliyarchavady 23 Nessal
8. Chandra Kuppam 24 Periya Mudaliyarchavady
9. Edayanchavady 25 Pillaichavady
10. Irumbai 26 Poothurai
11. Kottakarai 27 Putthupet
12. Kottakarai Colony 28 Roughtiahkupam
13. Kottakupam 29 Rayapudupakkam
14. Kuplalayam 30 Sanjeevannagar
15. Kuzhirumpakkam 31 Thiruvai
16. Chinna Kottakupam 32 Thiruchirathamabal

The third part of the volleyball tournament for girls teams and under 18 age boys teams will take place on Wednesday, August 15th 2018. The celebration will be for the occasion of 50th Anniversary and Sri Aurobindo’s 146th birthday anniversary and 72nd India’s Independence Day.

You are all welcome to join the volleyball sports celebration on these days. Thanking you, **Auroville Volleyball Club**

***Eating Out***

**ACUR Canteen closed for maintenance:** ACUR Canteen closed for maintenance - reopens 9/07

Please note that the ACUR Canteen (City Centre Canteen) at Town Hall will be closed temporarily for maintenance and renovation work, starting from Monday 2nd July. The Canteen will open again on Monday 9th July. Apologies for the inconvenience! **ACUR team**

**Notes**

**The Bright Trio**

“To do at each moment the best we can and leave the result to the Divine decision, is the surest way to peace, happiness, strength, progress and final perfection.”

(The Mother, 14, p.117)

In June three persons asked me to write for them the recommendations in the Entry Service: they want to become Newcomers, Aurovilians. I did it with the pleasure. They are from different countries: Cassian from England, Olga from Russia, Varun from India (Delhi). For me they have something in common - like the Trinity, a sacred trio.

Cassian, like the Mother, lived for four years in Japan, for him the culture and language of this country are very attractive. Olga lived in Auroville in 1991, she was a schoolgirl. Like a magnet, Auroville for her is especially desired place. If I see Varun, sometimes I think - that is really General Krishna Tewari, they are very similar physically and spiritually. This whole trio likes Auroville - its rules, its residents, its nature.

Every man and woman has own karma. Some kind of karma is good to be Aurovilian but one isn’t always available for it. I live in Auroville for 27 years and saw people who were constantly sick in our city, any other place in the world for them was more suitable. But these three persons from England, Russia and India were created by the Lord specially for Auroville.

All Aurovilians are members of one family. They belong to different nations but there is a fraternity, brotherhood between them. I’m sure that this special trio will give new nice quality to our family. The flowers and butterflies in the city will be brighter and the birds’ songs will be more joyful with them.

**Boris**
Music, Scores, from your home country for the women’s choir: Are you TOS right now? Then this message is for you... Most probably, you are in your home country. Before you come back to Auroville, it would be very nice if you could look for some songs from your country and bring back the scores (a capella’, for 3 or 4 female voices). We will be very grateful to you for helping us sing polyphonies from all around the world.

The Auroville Harmonies
Woman’s Choir
You don’t know us yet? You can discover our last (and first) performance here:
Antoine
https://youtu.be/P2l/9mKlic4
8940745297 - antoine@aurowire.org.in

ACCOMMODATIONS

Available: I am Newcomer and I am looking for a FLATMATE to share a Newcomer apartment in Maitreyez Community until December / January. I’m a quiet person and I sleep at 10pm. If you are interested, please contact me at 7598331379 or umberto.cerasoli@gmail.com. Thanks! Umberto C.

AVAILABLE

Auroville Library of Things (ALoT), an initiative by earth&us, at the container opposite PTDC: borrow tools, toys, kitchenware, travelling & hiking gear at your convenience. alo@aurowire.org.in.

NOW ONLINE! aurolot.myturn.com/library/inventory/browse

Compost available 🌱 Are you in need of quality compost and would also like to support an Auroville activity? We are a small natural horsemanship project located in Evergreen and we routinely have extra compost that can be used for your gardens, fields, or forests. Call us or text to 8489281386 to book some today! Thank you, Camilla, Daniela, Divya, Inge, Maya, Namo.

Bike: Hero Honda Impulse end of 2013. Contact Guy ginda@gmail.com / 0413-262945 / 9626722945. Thank you.


LOST & FOUND

Wallet (Lost): I am Romel Chhadva. We have lost a brown colour wallet between 20-21 June. It has my driving license, debit card and pan card along with some cash. If someone has found them, please contact 9619996080. Will be very grateful to get it back. Thank you. Romel

TAXI SHARING

Auroville service of taxi sharing available with STS at: http://sharedtransport.aurowire.org/ (an initiative by earth&us)

July 3rd: Leaving Invocation at 3pm, for Chennai National Airport. Going to airport only, return is full. Please call +91-9443790661, Ann R.

July 13th/14th: I would like to share a taxi, coming to pick up from Chennai airport at midnight Friday 13th July to Saturday 14th with Lufthansa. Share can be both ways. Namaste, Sigrid. sigrid@aurowire.org.in.

INVITATIONS

AMPHITHEATRE - MATRIMANDIR Meditation with Savitri read by Mother to Sunil’s music
Every THURSDAY - 6.00 to 6.30 pm [weather permitting]
Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!
Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please No Photos and do not to use your cell phones, cameras, i-pads, etc.

Dear Guests, please carry your Guest Card with you - No photos there.
Access only for the Amphitheatre from 5.45 pm
Please be seated by 5.55 pm, no late entry. Thank you.
Amphitheatre Team

EXHIBITIONS

Reminder: Kalakendra Art Gallery presents:
“The Dawn of Auroville”
- A rare photo exhibition on the early history of Auroville.
Opening hours: 9 to 5 pm. Sundays closed.
until early September 2018.

News&Notes 2nd July 2018 [753]
BEGINNER The Ultimate Crash Course (21 days) Tuesday & Thursday 4pm - 5pm. Fun with Words, Learn 50 words that you’ll remember forever!, Improve pronunciation, introduction to phonetics, voice modulation, Improve comprehension skills (reading and listening), Listening and reading comprehension exercises to help you understand more when you listen or read. You will also learn to use the abundant audio/video materials available on the Lab’s Mediatheque.

INTERMEDIATE Communicative English (31 days) Monday & Wednesday 4pm - 5pm. email writing, telephone skills, day to day easy communication, improve workplace communication, give a fine make over to your written / spoken English.

We are also offering ENGLISH CONVERSATION CLASSES Advanced with Puja.

Tuesday: 6PM - 7PM Watching a video and explaining the contents, Story Telling, writing on different topics and reading out loud.

Thursday: 6PM - 7PM Debate, Regular workplace conversation, Correcting Pronunciation, correcting sentence structures within conversation, Increasing Vocabulary.

Friday: 6PM - 7PM Making a “Conversation” Movie and watching the gradual development, hearing our own sound when we speak, Discussing individual problems about “conversation”.

Puja has started HINDI CLASSES for adults last week. BEGINNER Tuesday & Thursday 5pm - 6pm. Pronunciation, Focusing on Sounds, Making small sentences, Increasing Vocabulary with the Visual Hindi English Dictionary, Video Comprehension with basic Hindi. Students can still join this class.

The regular Beginner Tamil class at a slower pace, has a change of timing: 11.30am to 12.30pm on the same days as before: Tuesdays and Thursdays. We are registering students for Intermediate Tamil Classes with Saravanan which will start in two weeks. So, if you have been through any of the beginner’s batches, please join.

Romain will offer Private FRENCH CLASSES in July. He will also offer a final 10-day Intensive French Beginner class (everyday, for 10 days, like the last time, which was a big hit and greatly appreciated). Registration is open!

Piero continues teaching Italian classes for the Pre-Intermediate level from 5 pm to 6 pm on Mondays and Wednesdays.

For more information, timings and dates, and registration, please contact the Language Lab. You can also register through email as well as online here: register.aurovillenanguagelab.org.

Places will also open out for the Tomatis programs in July.

We are urgently looking for people coming back to Auroville from Europe, who are willing to bring back some Tomatis headphones and other equipment for us ideally from Germany but other European countries are also possible; none of the equipment is heavy. So, if you are coming from Europe in the next month or two or know of someone who is please let us know urgently. We need something to be brought back from Spain as well.

We’re also looking for people coming to Auroville from Australia or New Zealand, to bring back a very small and light package. Please let us know if you hear of/ know anyone who could help.

The Language Lab is looking for people (Aurovillians and New Comers) who can give their full commitment and selves to develop programs in different Languages and participate in all aspects of the Lab. Spanish, French, German and Italian Teachers are welcome. We also welcome Long-term volunteers who would like to work on different ongoing projects of the Lab.

New students are requested to fill out the form and register BEFORE attending any classes.

We have excellent university-level video and audio study materials and software in our Mediatheque, which enable self-study in various languages.

BEGINNER courses, INTERMEDIATE courses, Advanced courses, Private Classes, Intensive beginner classes and Crash courses in Tamil, Hindi, French, Italian, English and Spanish are available.

The Language Lab is open:

Monday - Friday: 9:00 am 12:00 pm and 2:00 pm - 6:00 pm,
Saturday: 9am to 12pm.
Location: International Zone, beyond the Unity Pavilion and Pump House.

CULTURAL EVENTS

JHINI JHINI JHINI
Songs of the Mystics by Shabnam Virmani
Sunday, 8th July - 7pm
At Adishakti Theatre
Contact:
0413 2622287 - 9487514962
Entry Free!
Donations are welcome

Glimpses of the Mother
photographs and texts in the Square Hall
Everyone is welcome

SCHEDULES

Joy Community Guesthouse
Center Field, Auroville
Ph: +91 (0)9487272393
www.joyauroville.org / www.facebook.com/joyauroville

Qi-Gong classes with Andres
Monday-Wednesday and Friday from 7am-8am
The closest translation of Qi - Gong into English would be Power Management. Qi-Gong exercises are very useful in modern life, where the popular lifestyle is: “more = better”, More work, money, things, power, pleasure, success, action etc. All that pressure can create notable dis-balance in life and attract disease. But this tendency can be avoided by harmonizing inner flow of Qi. “Swinging” Qi Gong for beginners, is one of the ways to resolve old patterns of psycho-corporeal movement into new experience. It increases general well-being, especially if done as a regular practice with right attitude and joy to learn something new for yourself from the experience practicing in the group. Andres is a Practicing Traditional Acupuncturist for 18 years, he will show some exercises that are oriented to harmonize Qi flow, reduce stress, and increase vitality.

All other regular activities at Joy GH will restart later in July.

NEWS FROM AUROVILLE LANGUAGE LAB

Jack Kausch (who had given that wonderful presentation on Egyptian Hieroglyphs a few weeks ago) will offer a new Beginner English course focusing on the sounds of English, based on his knowledge of Linguistics. This will start in the second week of July. Timings will be announced. He might also offer an English writing course. Contact us and send us a writing sample by email if interested.

The ULTIMATE CRASH COURSE for Beginners and COMMUNICATIVE ENGLISH for Intermediate students with Asha has begun. Students can still register for the ongoing course.

Sri Aurobindo - A Life-Sketch in Photographs
in the upstairs corridor

Everyone is welcome
NEW SCHEDULE OF CLASSES - July 2018
At AUROVILLE LANGUAGE LAB

<table>
<thead>
<tr>
<th>LANGUAGE</th>
<th>CLASS/LEVEL</th>
<th>TIMING</th>
<th>DAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENGLISH</td>
<td>Ultimate Crash Course</td>
<td>Beginners</td>
<td>04:00 - 05:00pm</td>
</tr>
<tr>
<td></td>
<td>Communicative English</td>
<td>Intermediate</td>
<td>04:00 - 05:00pm</td>
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<tr>
<td></td>
<td>Conversation</td>
<td>Advanced</td>
<td>06:00 - 07:00pm</td>
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<tr>
<td></td>
<td>Writing Course</td>
<td>All Levels</td>
<td>To be announced</td>
</tr>
<tr>
<td></td>
<td>Intro to English</td>
<td>Beginners</td>
<td>To be announced</td>
</tr>
<tr>
<td>HINDI</td>
<td>Beginners</td>
<td>10:00 - 11:00am</td>
<td>Tuesday/Thursday</td>
</tr>
<tr>
<td>FRENCH</td>
<td>Private Class</td>
<td>All Levels</td>
<td>Flexible</td>
</tr>
<tr>
<td></td>
<td>10-Day Intensive</td>
<td>Beginners</td>
<td>To be announced</td>
</tr>
<tr>
<td>TAMIL</td>
<td>Spoken</td>
<td>Beginners</td>
<td>11.30 - 12.30pm</td>
</tr>
<tr>
<td>ITALIAN</td>
<td>Conversation</td>
<td>All Levels</td>
<td>Flexible</td>
</tr>
</tbody>
</table>

PITANGA
Programme for July 2018

Yoga Iyengar

| Asanas for women  | level 2 | Mon (From 16th) | 07.30 - 09.00 | Tatiana |
| Asanas for beginner | level 1 | Mon (From 16th) | 17.00 - 18.30 | Tatiana |
| Pranayama         | level 2-3 | Tues (From 10th) | 07.30 - 09.00 | Tatiana |
| Asanas - active   | all level | Wed (From 11th) | 17.00 - 18.30 | Tatiana |
| Asanas - regular  | level 1 | Thurs (From 12th) | 07.30 - 09.00 | Tatiana |
| Asanas - regular  | level 2 | Thurs (From 12th) | 17.00 - 18.00 | Tatiana |
| Asanas - self practice | level 2-3 | Sat (From 14th) | 07.30 - 09.15 | Tatiana |
| Asanas            | drop in | Sat (From 14th) | 09.30 - 11.00 | Tatiana |

Note: For Iyengar classes, please come to a drop in class first and talk to the teacher about appropriate level.

Yoga - mixed style

| Yoga Therapy     | drop in - all levels | Mon  | 08.30 - 10.00 | Gala |
| Asanas (*)       | for teenagers        | Mon (From 9th) | 16.00 - 17.00 | Lisbeth/suryamayi |
| Hatha flow yoga  | drop in - all levels | Mon  | 17.00 - 18.15 | Soyoun |
| Yoga Therapy     | drop in - all levels | Wed  | 08.30 - 10.00 | Gala |
| Asanas (*)       | for teenagers        | Wed (From 11th) | 16.00 - 17.00 | Lisbeth/Suryamayi |
| Hatha flow yoga  | drop in - all levels | Wed  | 17.00 - 18.15 | Soyoun |
| Svastha yoga     | drop in - all levels | Wed (From 18th) | 17.00 - 18.00 | Jani |
| Hatha flow yoga  | drop in - all levels | Thurs | 17.00 - 18.15 | Soyoun |
| Yoga Therapy     | drop in - all levels | Fri  | 08.30 - 10.00 | Gala |
| Svastha yoga     | drop in - all levels | Fri (From 20th) | 10.30 - 11.30 | Jani |
| Asanas           | for children 7-9 yrs.| Sat (From 7th) | 10.00 - 11.00 | Gala |
| Hatha flow yoga  | drop in - all levels | Sat  | 17.00 - 18.15 | Soyoun |

Other Exercises

| Pranayama         | Regular practitioners | Fri  | 06.30 - 08.00 | Francois/Namrita |
| Aviva exercise    | drop in - for women   | Thurs | 16.30 - 17.30 | Suriya Gandhi |
| Discover energy body | for children, 7-9 yrs. | Sat (From 7th) | 11.00 - 12.00 | Gala |

Dance

| Odissi Dance (*) | Regular practitioners | Tues | 16.00 - 17.15 | Rekha |

Health Care at Pitanga

For the following therapies & treatments please book your appointment on phone, 0413-2622403/2622994

Thai yoga Massage with Juan, Mar
Foot Reflexology with Lila
Readings in Vedic Astrology with Vikram

Note: (*) Denotes classes for those willing to commit for a minimum of 3 months

Pitanga Cultural Centre, Samasti, (0413) 262 2403/2622994 - pitanga@auroville.org.in.
Recreational activities (Sessions)

<table>
<thead>
<tr>
<th>Days</th>
<th>Title</th>
<th>Timings</th>
<th>Facilitator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mondays</td>
<td>5 Rhythms (starting 23 July)</td>
<td>5 to 6.30 pm</td>
<td>Joke</td>
</tr>
<tr>
<td>Tuesdays</td>
<td>Iyengar Yoga</td>
<td>5 to 6.15 pm</td>
<td>Olesya</td>
</tr>
<tr>
<td>Wednesdays</td>
<td>Somatic Explorations (starting 11 July)</td>
<td>5 to 6 pm</td>
<td>Maggie</td>
</tr>
<tr>
<td>Thursdays</td>
<td>Iyengar Yoga</td>
<td>5 to 6.15 pm</td>
<td>Olesya</td>
</tr>
<tr>
<td>Fridays</td>
<td>Yin Yang Yoga</td>
<td>5 to 6.30 pm</td>
<td>Sophie</td>
</tr>
</tbody>
</table>

Therapies

For appointment: Phone 0413-2622606  Mobile 7094104329  treatments@verite.in

Lisa  Etiomedicine (starting 17 July)

ARNA WELLNESS CENTER & MULTIPURPOSE HALL – JULY – 2018

<table>
<thead>
<tr>
<th>TREATMENT</th>
<th>WITH WHOM</th>
<th>WHEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Body Logic, Soft Massage, Deep Tissue Massage.</td>
<td>Pepe - by appointment 9943410987</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Cranio sacral, Lomi Lomi massage,</td>
<td>Silvana- by appointment 9047654157</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Bare foot body massage, and Thai yoga massage</td>
<td>Basu - by appointment - 9443997568 or 9843567904</td>
<td>Monday to Friday 8 to 9:30 am &amp; 6:00 to 7:30 pm. Saturday &amp; Sunday any time.</td>
</tr>
<tr>
<td>Yogic Healing and Therapeutic Massage.</td>
<td>Meha- by appointment 9443635114</td>
<td>Monday to Friday 9:00 am to 5:00 pm.</td>
</tr>
<tr>
<td>Holistic Reflexology, Full body massage, Face Massage.</td>
<td>Meha- by appointment 9443635114</td>
<td>Monday to Friday 9:00 am to 5:00 pm.</td>
</tr>
<tr>
<td>Deep Core Intensive Massage</td>
<td>Sumit- by appointment 7839062619</td>
<td>Monday to Saturday.</td>
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<tr>
<td>Ayurvedic Massage and Birenda Massage.</td>
<td>Ion Condei- by appointment 8903205842</td>
<td>Monday to Friday.</td>
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<tr>
<td>Chinese Fire Cupping and Moxibustion Therapy.</td>
<td>Chun - by appointment 8098900708/chun@auroville.org.in</td>
<td>Monday to Friday- 9am to 5pm.</td>
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<tr>
<td>Psycho Spiritual Tarot, Deconditioning Self-Inquiry &amp; Innervoice Dialogue.</td>
<td>Antarjothi - By appointment 0413-2623767 or Email : <a href="mailto:antarcalli@yahoo.fr">antarcalli@yahoo.fr</a></td>
<td>Also in French.</td>
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BEAUTY PARLOUR

<table>
<thead>
<tr>
<th>TREATMENT</th>
<th>WITH WHOM</th>
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<tbody>
<tr>
<td>Face Massage, Cleaning, manicure, pedicure, threading, waxing, henna &amp; hair coloring.</td>
<td>Meha by appointment 9443635114</td>
<td>Monday to Saturday</td>
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<tr>
<td>Hair Dressing</td>
<td>Mimi - by appointment 9489694626</td>
<td>Monday to Friday</td>
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REGULAR CLASSES

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<th>CLASSES</th>
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<tr>
<td>Pilates Classes</td>
<td>Teresa - 7867998952</td>
<td>Tues, Thurs and Friday.</td>
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<tr>
<td></td>
<td>Ane - 9442069221</td>
<td></td>
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<tr>
<td>AcroYoga beginners</td>
<td>Damien - 90 47 72 27 40</td>
<td>Saturday 8:15 to 9:45 am</td>
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Exhibitions

*Meditations on Savitri*
The entire series of 472 paintings created by the Mother with Huta From 1961-67 is on display in the newly extended picture gallery

*Sri Aurobindo: A life sketch in photographs*
In the upper corridor

*Glimpses of the Mother: photographs and texts*
In the Square Hall

Films

**Mondays 6:30pm**
In this month we present interviews with Aurovilians who came in the early years to Auroville.

The interviews are made by Narad.

July 2: *Interview with Tency*. Duration: 51min.


July 16: *Interview with Shraddhavan, Part 1*. Duration: 40min.

July 23: *Interview with Sanjeev*. Duration: 32min.

July 30: *Interview with Shraddhavan, Part 2*. Duration: 47min.

Full Moon Gathering

Friday, July 27 7.15-8.15pm in front of Sri Aurobindo’s statue

Regular Activities

Sundays 10.30am–12 noon: *Savitri Study Circle*

Tuesdays, Fridays, Saturdays 4-5pm: *L’Agenda de Mère*: listening to recordings with Gangalakshmi

Tuesdays 4.45-5.45pm: *Mudra-chi* led by Anandi

Tuesdays 5.45-7.15pm: *OM Choir*

Wednesdays 5-6pm: *Essays on the Gita*, led by Shraddhavan

Thursdays 4-5pm: *The English of Savitri*, led by Shraddhavan

Fridays 5.30-7pm: *Meditations with Hymns of the Rig Veda translated by Sri Aurobindo*, led by Nishtha

Exhibitions, Main Building and Office are open Monday-Saturday 9-5

The Digital Library can be accessed on request Monday-Saturday 9-4

*Everyone is welcome*
REGULAR EVENTS

Note from the editors
The Regular Events column is printed once a month, sent weekly via pdf through our mailing list, and published online for anyone to access at: auroville.org/contents/4187

Guest-houses are kindly requested to put this section up on their notice boards for their guests.

Kindly inform us of any changes/cancellation of your event, or if you want your regular event to be added to the listing.

Online Auroville Events Calendar
- (no need to log in for guests! - just scroll down the page)
- The schedule of events for the week can be accessed by all, including Guests and Visitors, on the Auronet login page: www.auroville.org.in

AVYA Auroville Youth Activities: a brand new website presenting regular Youth Activities available in Auroville: youthactivities.auroville.org.in. The primary goal is to provide the Auroville community (especially children/parents), with an organized and simple overview to become aware of the activities available in Auroville, for the AV Youth. If you wish to add your activity to the website, kindly send your contact details (sport, name, phone number, email) to youthactivities@auroville.org.in.

AcroYoga for Beginners: Saturday 8:15 to 9:45 am at Arka - Partner flow: asana and stretching with a partner - Inversions: basic flying with partners. Damien 90 47 72 27 40.

Acro Yoga with Helena on @ JOY GH: On hold for the summer.

African Pavilion’s regular events: Every Thursday enjoy the drumming circle with African friends from 6 pm till 9 pm. We drum together - no musical training necessary! For families, children, teens, adults...for everyone! Joyful stress release / Unifying team building
- Active meditation / Empowerment through rhythm
- Location: African Pavilion, near Visitor Centre. Contact: 9047074711 africapavillion@auroville.org.in.

Fixed Contribution is requested for building the Pavilion, thanks!

Auroville Akikdo at Auroville Budokan (Dehashakti): Restarting in July. New class for all: Wednesday evening 6.30 to 8 pm with Murugan. Mixed levels: Saturday morning 6.30 to 7.30 am with Murugan/John/Surya. Advanced (morning classes) with Murugan/John: Tuesday & Thursday 6.00 to 7.30 am. Women & young girls (from 15) Sunday morning 8.30 to 9.45 am. Please be at the Dojo/Budokan 10-15 min. before the class starts. Welcome to watch a class before you join. Beginners may wear long loose pants & t-shirt with sleeves for the start (no tight fitting please) then a white - kemigoi - will be required -we have some. For all activities at the AV Budokan: Health Fund or private insurance necessary - Reasonable contribution for the Dojo is required. For Children classes and more info, please write to budokan@auroville.org.in or contact Surya: 0413-2623-813 or 9655-485487.

Aikido with Sep (Tanseiakai group): Practice of Aikido at the Auroville Budokan under the guidance of Sep Overlaet. 6th Dan Tokyo Aikikai. Hours of practice: Tuesdays and Thursdays from 7pm to 8:30pm. Minimum age is 15. For further information contact Sep: overseaest@gmail.com / 9440750035.

Alcoholics Anonymous: meeting (open) every Saturday 6pm, Centre Guesthouse (Merriam Hill Centre). Contact: Ingrid 9443843976 or Shankar 9442010573.

Argentine Tango: “Practica” (practice space open to all tango dancers) Wednesdays 7.30-9 pm at SAWCHU.

Astrology, its holistic approach: Astrological Chart by Uma Giménez. You are welcome to call and fix an appointment at 0413-2623-8090 or 9443697972 (Surrender). The reading can be held in English, Spanish, French and Italian.

Astrology, Vedic: Readings in traditional Vedic Astrology to address any issue or area of life where you need more clarity. A single session lasts to 60 minutes, so please plan accordingly. Study sessions are also possible. See http://allthingsvedic.in/, for details. Contact Vikram on 9843948288 or at vikrami@auroville.org.in.

Auroville Discovery Visits: Dear Auroville guests and visitors, a possibility for you to explore and discover Auroville on a deeper level, the practical life, activities, projects, architecture, education, farming, craft and more. During a morning time, or more if you need, you’ll follow Veronique who speaks French and English, with your electric bicycle (best ever) around Auroville. Veronique lives and works in Auroville since 2001. For information please contact Veronique J, on +919488512678 (WhatsApp too) or email: veroniquej@auroville.org.in

Bach Flower Sessions: With Rosalba, at Baraka. Monday, Tuesday, Friday and Saturday afternoons. Advance appointments by calling 9787702844 or email to rosalba@auroville.org.in.

Bach Flower Healing Session: Bach flower essences gently help to achieve harmony and balance to all aspects of your being. For appointment call Sitara 9751798408 or email: tara@auroville.org.in

Bhramansapati kshetram: The Mother and Sri Aurobindo Centre is launching regular activities: Every Thursday meditation 6:00-6:60 pm - Every first Sunday of the month reading circle from 5:30 pm led by Bhuvana Sundari in Tamil and English (for directions kindly consult Google maps at this link: here).

Board Game Evening: Every FRIDAY from 6 pm onwards at Le Zephyr in Visitors Centre. We have many games but feel free to bring along yours.


Body fitness & Self-defence class: Learn Karate and Kick boxing for self-defense and body fitness. On Saturday and Sunday between 6.30 and 8.30 am. Place: SAWCHU building, Bharat Nivas. For more information contact: 9443543045 or 9785613797.

Buddha Garden Farm Tour: With audio composition is now available every morning Monday to Friday between 10.00am and 11.30am. Please come to the Farm Office near the entrance to get your device and a map. If you would like to download the audio companion onto your smart phone beforehand please contact priya@aurolive.org.in.

Capeoira (Group Ginda Saroba): Classes open to all levels, led by Prof. Samuká da India and his students.
- ADULT CLASSES >> Monday: 5.15 PM - SAWCHU (Bharat Nivas) | Tuesday: 6:00 PM - Deepanam School | Saturday: 4.30 PM - Dehashakti Gymnasium. Free trial class every first Thursday of the month.
- KID CLASSES >> Monday & Friday: 1.15 PM - Deepanam School - Contact us prior bringing a new kid.
- OPEN RODA (Capeoira Circle) >> First Friday of each month 5.30PM - Visitor Center - Open to all!!!

Contact: info@ginda-saroba.com | www.ginda-saroba.com 9488328435

Children Activity Garden: in a friendly home-environment for ALL children from 2 to 6. Open Mo - Fr from 9 am to 1 pm and on the regular school holidays. Contact: sarjoo@auroville.org.in or 76390 17692, http://activitygardenaurolive.esy.es

Carnatic music - singing lessons and veena: For adults and children 8 years and older. Bruno (Utility). Telephone 2623308 / mail nadopasana@auroville.org.in

Computer Literacy Support @ Blue Light: ON PAUSE FOR SUMMER! Email: bluelight@aurolive.org.in - Phone: +91 413 2622500

Creative Fridays: FRIDAYS 5 to 7 pm. At CREEVA Centre for Research, Education and Experience in the Visual Arts) in the Creative Studio/Atelier. **Heigard is replaced by Marie-Claire for the month of JUNE**. Come, experience and enjoy the colours. An engaging and meditative process to help you express yourselves more freely. Please come in time, in non-fragile clothes! Free for Aurovilians and Newcomers. Contribution for Guest, and reduced for Volunteers. Please call in advance: Marie-Claire 0413-2622762 / +91 9843 33 35 72.

Creative Writing: with Francesca. Summer pause until 17th of July.

Cuban Salsa: Instructors: Mouhsine & Camilla. Paused for the summer. For questions, email: serrar@gmail.com

Dance Offering: SEE YOU BACK AFTER SUMMER BREAK! Dariya

Dancing as Love: Paused for Summer. For more info: divyanishi.0222@gmail.com

Darkali Fitness Track: New, redesigned Darkali Fitness Track is open every day from 4.30 p.m. till 6.50 p.m. Please remember to come 30 minutes before closing time. Please note, in case of rain the Fitness Track will be closed until the path is dry. To know when the Fitness Track reopens after the rain please visit Auronet group in the Facebook group -Darkali Fitness Track-. Way to the gate in Google Maps: goo.gl/dpTgI.
Discussion about quality of creations whose purpose is to stimulate by visual experience: any Aurovillian, friend of Auroville, volunteer or not, you are invited to the informal discussion at Mitra compound (Town Hall area) on Tuesdays from 5 pm till 6pm. Please come to discuss everything about our drawings and paintings. It is not necessary to come all Tuesdays. If you have any inquiries, please do not hesitate to contact Ivanav: Mob (91) 7094344154, e-mail: ivana.frousova@yahoo.co.uk.

Notes: 1. There will not be any refreshment / 2. There will be mosquitoes, a repellent and long trousers are suitable as the protection / 3. If you cannot speak English, please come together with a person who will translate for you and to others.

Eco Femme open session: Eco Femme welcomes you on every Thursday from 10.30 am to 11.30 am for a small talk about our work, sustainable menstrual products and menstruation experiences. Pass by to learn more about the hazards of disposable menstrual products, the benefits of reusables and why making the switch is so important. You will also learn about our non-profit programmes which directly benefit women and girls in India. Contact number: 9487179556. Our office in the Saracon campus, near Ganesh bakery, just before Winadara. email info@ecofemme.org.

Explorations in Clay with Naushem CANCELLED at the moment. Please check this spot for when we start exploring again!

The Eternity Game- El Juego de la Eternidad: An oracle with 64 cards based on Sri Aurobindo’s Yoga. Individual and groups, in English, Spanish, and French. By appointment. Contact : Anandi: 0413-2622 547 or anandi7@auroville.org.in.

Family constellation workshop with Moghan: for next sessions at Creativity Hall of Light, contact Moghan: 9751110486 moghan@auroville.org.in

Feminine dance for all women in Cripa, Kalabhumi on Tuesdays at 4pm. An ancient sacred art for communication, healing, transformation and to facilitate birthing. We create an opportunity to reconnect joyfully to our body, reawaken the flow of feminine energy, move to the living pulse of life and have fun in the loving presence of other women. Wear comfortable dance clothes. gallt@auroville.org.in

Flamenco: by Lola at CRIPA. Every WEDNESDAY - INTERMEDIATE: 2.30 to 3.30pm - BEGINNER: 3.30 to 4.30pm. WELCOME!!

French classes at Savitri Bhavan. House of Mother’s Agenda: French classes at House of Mother’s Agenda, every Monday and Friday from 5 pm to 6 pm.

From the Food Lab: Horizon. (In front of Sve-dame). Mon., Tues., Thurs. 4.00 to 6.00pm. Call Lorenzo before coming at 9443662774. All relevant information about the after effects of food on your body for e.g. allergies, intolerance, chronic pathology. Homeopathic Immunopharmacology is available.

Hairdresser/Hairstylist: Hi my name is Ladina. I offer haircutting, hairstyling, highlights at my home salon Monday through Saturday for the ladies. Private home service also available. For appointments please contact 9787337465.

Hatha Yoga classes by request at Auromode Yoga Space: English or French, mornings or evenings, from Monday to Saturday, at least at 24 hours in advance. Contact our teacher Laure: +91 8300 94 1041 or huylslaure@gmail.com.

Hatha Flow Yoga Classes with So-You at Creativity Hall of Light. Tuesdays: Hatha Flow with Sound Mandala(432hz). Fridays: Hatha Flow Basics. Timing for both days: 5:30pm to 6:50pm. The class is based on the alignment of lanygar and flow of Ashatanga. It remains authentic to ancient yoga tradition while tackling modern challenges. After class, you will be So Young!!

Hatha Yoga with Bala at the African Pavilion: Paused for Summer.

Hindi & English Class: Learn to speak, read and write Hindi at New Creation every Sunday at 4pm. Contact Shiv: 9110810224 at Reach for the Stars.

Holistic regular sessions: See more details and the up-coming intensives: www.auroville-holistic.com. For the following sessions, book at contact@auroville-holistic.com.

Thai massage to re-balance the energy and heal with Christine Pauchard.

Health & Wellness Coaching: a process that facilitates healthy, sustainable behavior change by challenging a client to listen to their inner wisdom, identify their values, and transform their goals into action and recover the harmony inside their body. Christine Pauchard worked for 14 years as a nurse in different areas in France and therefore knows very well the human body and what it needs to keep it healthy or to get back a good health. Contact Christine 9489805493

IMPROV: Improvisation Theatre or IMPROV, is a form of live theatre where most, if not all, is created the moment it is performed. Our 1st IMPROV sessions will give you a taste of what IMPROV is all about and teach you some cool personal and performance skills that will build confidence and self-esteem to make a great impression, awaken and express creativity, develop quick-thinking &amp; active listening skills. Date and venue: Every Friday at 4.30 pm at SAWCHU. Contact: Ema (994370834) or Elke (98465 20868).

Jade Beautysalon: Jade Beautysalon is open again, happy to welcome you for Beauty and Time for yourself. Manicure, Pedicure, Waxing, Facial treatment, support for in, creating skin problems, Swiss quality. Now you can find me in Aurosarjan complex, next to Rangoli pink door. Also voucher for a nice giftcards are available. Beauty the smile of divine, feel good with yourself. Write a WhatsApp sms or call for appointment: 809 876 0113, with love Julia

Japanese Tea Ceremony: available on request - Please contact ishawayami@auroville.org.in or at 0413-2622192.

New KALARIPIYATTU CLASSES: New classes of Kalarippayattu have started in the new ASPIRATION KSHETRA KALARI at Aspiration Sports ground. Contact numbers: 9042009200 / 9885153353 Kalari Class for Beginners: Morning classes 6.30 – 7.30 Monday, Wednesday, Friday Evening classes 5.00 – 6.00 Tuesday, Thursday, Saturday Kalari Classes for advanced people: Morning classes 6.30 – 7.30 Tuesday, Thursday, Saturday

Kino Auroville: Kino is a film making movement that advocates the production of short-films on little to no budget, using small crews, and non-competitive collaboration. There are Kino Groups around the world. Kino Auroville is the only one in India. We invite anyone who has made a film in the last month, between 30 seconds and 6 minutes to come and screen it. We meet every first Saturday of the month at 10 a.m. at the MMC/CP (Multimedia Center / Cinema Paradiso) at the Town Hall. Some of the films made can be found at this link: https://vimeo.com/groups/kinoaurovillemonthly

New KoTree Hatha Yoga: One hour sessions at Kolangan DD in Dournac
- Weekly 3 early Morning sessions: 6.00 to 7.00 – Monday: Hips & Spine mobilization / Wednesday: Strength & Flexibility stabilization / Friday: Cardio & Endurance motivation
- Weekly 3 early Evening sessions: 17:00 to 18:00 – Tuesday: Hips & Spine mobilization / Thursday: Strength & Flexibility stabilization / Saturday: Cardio & Endurance motivation

A KoTree Hatha Yoga session of one hour starts with the Breath that leads into progressive structures from simple to more complex postures, these are repeated to allow the subtler energies to be activated like a wave through the body. The entire session is guided, visualization and transformation. assists in creating the individual inspiration to go deep inside. Ending with relaxation or meditation to benefit from alignment shifts and intentions made. Grace Gitadella is a Kolam Yoga, artist, dancer, performer, practitioner, teacher and discoverer/ receiver/ founder of KoTree Hatha Yoga. A financial contribution is expected. Call for more info: 0413-2632446 Kolangal DD (Dance & Drawing) Space is in Dourac community behind AV Bakery- before Roma’s Kitchen- Auromodel, once inside Dourac community go right and 2nd house on the right...

Laughter Yoga: with Nikhil @ Joy GH; ON HOLD FOR SUMMER.

Life coaching, neuro coaching: For those who are successful but maybe stuck in some area and can’t seem to break out of that rut in order to move to the next level. Gain clarity, set specific, measurable, achievable and realistic goals, overcome negative thought patterns, and make behavioural changes. Contact Vikram on 9843948288 or at vikram@aurolife.org.in

Lilaloka - Sessions of Nature’s Theater on Mondays and Tuesdays: paused until further notice.

Leela, the Game of the Self Knowledge (a 2000 years old game!): Create and play the game of your life! (for over 9 years)! Sufi Sundays, 10 am to 12.30 (above 15 years old), in Svedame, at the Butterfly Barn. English, Spanish, French, Italian, German and Russian versions all available. Contribution kindly asked. Please call before to confirm your coming, thank you. Contact: VeroniqueJ. 9488512678. For more info visit www.leetalagame.blogspot.in
Mandala Practice: Wednesdays 2:30 to 5 pm, with Rosalba, exploring mandala’s practice in the greenbelt of Auroville. Since the beginning of the Human Life, people from all over the world are connected with special shapes; the Mandalas are part of them. Carl Jung, long time ago, discovered that the practice of drawing Mandalas, in spontaneous way, it produces effects and a benefit on our own Life, harmonizing and rebalancing whatever is in need. My role on all this is to guide you into the process of drawing the mandala as a Sacred Circle, our own Universe, where to express our inner being of that moment, the moment we draw inside it, using different techniques, to reach spontaneously your center, your reconnection with yourself. Material all included in the requested contribution. Please contact me for all details: 987702844 or rosalba@aurouville.org.in

Meditation for Peace and Healing: Join us from 5:00 to 5:45pm every Thursday around the Peace Table at the Unity Pavilion to build and hold a Collective Space for Healing and Peace. Please offer your Presence to help in this collective experiment, whether you need healing yourself or simply want to support others in their healing and well-being.

MMA (Mixed Martial Arts) and Self-Defence for Women: CLASSES ON HOLD for summer. Check our page on FB: Auroville Mixed Martial Arts. Love, Grace, Mudra-Chi Workshop: A body Prayer in a Tai-Chi Form. Every Tuesday at 4.45 pm. At Savitri Bhavan. Facilitator: Anandi. For further information or Special Classes, contact me, anandi7@aurouville.org.in

NEW COLORS: The NEW COLORS children’s center is in Edayanchavady village, and offers free homework help for students from grades 1-9 from Monday to Friday between 5 to 7 pm (not on rainy days). The ‘MOTHER KinderGARTEN’ in NEW COLORS is for ages 2-7, open from Monday to Friday with morning activity 8:30am to 1pm or afternoon activity from 1pm to 4pm or Full day activity 8:30am to 4pm. It is suitable for short or long term for Aurovilians & Newcomers and Guests. For registration and for further details contact Renana 9865444472 or newcolors2002@gmail.com


Odissi Dance Classes: If anyone (who is staying in Auroville long-term) is interested in dedicatedly learning Odissi dance as a beginner & is willing to commit to be regular classes, please contact odissidanceclass@gmail.com

OM Choir: restarting! “The voice that chants to the creator Fire. The symbolled OM, the great assenting Word”. Every Tuesday at Savitri Bhavan, 5:45/6:00pm - and at the OM Choir in the Ashram School, opposite the Ashram Entrance, Pondicherry, Fridays at 7:00pm.

Pavilion of Tibetan Culture (International Zone) - weekly Activities: All activities paused. Thank you, Kalsang

Pilates with Teresa: At Arka. All classes last one hour. Tuesday & Thursday 7:30 am all levels / Wednesday 5:30 pm all levels / Friday 5:30 pm advance level. Teresa: 7867998929 / teresa@aurouville.org.in

Prana Vashta Yoga with Helena. On pause for summer.

Pregnancy, Birth, Conception, Parenting: Offering space and time to share and grow during this special time of life. Knowledge, Trust, Awareness in body and breath, Empowering. Proposing Thursday mornings 7:30-8:30am and evenings Monday 6-7:30pm. Prior registration required. Please contact us for more information or different timings. Place: Sanjana behind Arati. Ulrike Urvasi 9442069249 (sms, whatsapp), ulrikiriksha@gmail.com

Psycho-spiritual work, tarot and other sessions: To bring more clarity and freedom on life issues where there was confusion and entanglement in order to allow new steps in life. Tarot, deconditioning self-inquiry. Inner personalites’ discovery and balancing, guided meditation and other tools...by Antarjyoti in English or French, tel: 0413-262 37 67 or email: antarcalli@yahoo.fr

Psychosynthesis Counselling and Bach Flowers with Stefania on appointment in Joy Community. For info email joycommunity@aurouville.org.in or call Stefania at 9486363442.

Readers group IN ITALIAN: Mother’s Agenda – PAUSED.

Reception Francophone: Tous les mardis de 17:00 à 18:30 à La Terrasse, en haut de la Cuisine Solaire, Ananda et Michiko sont à la disposition des visiteurs francophones qui voudraient poser des questions sur Auroville. Les Auroviliens et Newcomers francophones peuvent aussi participer.

Reiki with Betty: Traditional Mikao Usui method. Healing sessions and certified workshops all levels on appointment. (English/French/Spanish). Contact by SMS or WhatsApp for details or appointment (+91898074351 or email betty@aurouville.org.in

Restorative Circles (RC): workshops, practice groups, calling a live Circle, and other questions. Contact Laura: 9442788016, restorative@aurouville.org.in, joylivinglearning@gmail.com, www.facebook.com/RestorativeAuroville

Rise and Shine Dance – Start Your Day Dancing. Every Friday 7:30-9:00am at Cirpa Hall, Kalubhumi also during the summertime. Open for all. Offering also individual sessions of feminine dance. For details contact: pashutilhiot@gmail.com

Sacred Groves - guided tours: Sacred Groves, a housing project in sustainable building and living. Every Wednesday at 3:30 pm there is a guided tour for those interested in our work and achievements. More information: sacredgroves@aurouville.org.in or email sacredgroves@aurouville.org.in or call: 984721696. The Sacred Groves Team

Saturday Market at the Youth Centre: Suspended for the SUMMER.

Savitr in the morning: You are welcome to be with us for Savitri on Tuesdays 6:45 a.m. to 7:45 a.m. A native English speaker is present. If Tuesday is a special day, we shift to Thursday of that week. Prompt timing. Bring your book. Location in Residential Zone near Sacred Kitchen may change. Then may contact: Steph@aurouville.org.in or ramanarayana@aurouville.org.in or alenaurouville@gmail.com

Shiatsu Massage: with Sara (943617108) @ JOY GH Hall; Shiatsu helps remove the blockages by re-aligning meridian points, which balances the qi and eases the body and mind. For appointment email joycommunity@aurouville.org.in.

Skyworks: Tree Climbing Workshops: RECREATIONAL. You want the experience without learning all the knots? The ropes are already positioned in the trees. The knots are tied and tested before you hook on. After being fitted with your saddle and some short instructions on safety and climbing techniques, you are off and climbing! Kids of all ages welcome. ADVANCED You want to learn the ropes and get off the ground. During class we teach both the double and single ropes techniques plus demonstrate many of the new climbing devices available. You will learn to install the ropes in the trees, tie and use several climbing knots and ascend and descend both with the knots but also with ascenders and descenders. For conditions & appointments call Satyaaji 8300752545

Solitude Farm activities:
• Weekly farm tour: Saturdays 11:30 a.m.

Somatic Explorations with Maggie –in Verité Hall. PAUSED FOR SUMMER. Restarting 11th of July. For further info call Maggie: 94866 23465.

Sound Bath - Unity Journey: ON HOLD for summer.

Sound Massage and Bath With Tibetan Singing Bowls and Solar Gong: Lying on a mat with bowls of different pitches, sound energy flows right through your cells forming a beautiful OM harmonic cocoon of peace, melting away tightness and discomfort while tuning you up to its healthy grounding vibrations. The powerful mystic gong and bronze bowls take us deep inside into our true home.... Info & booking for guests: Antarjyoti, tel: (0413)262 37 67, Mail: antarcalli@yahoo.fr

Sound Therapy and Exploration in the Body for Self-Healing: Harmonizing and restoring healing sessions through the magic of the sounds from a specially designed sound bed and other music instruments that enhance the self-healing powers of your being….The aim is to put you in a state of relaxation which enables you to see or feel yourself deeply according to your own awareness. In addition to
the sound journey, you will be guided through your body to explore new dimensions which has an action and a benefit on the 3 levels:

- Physical, Energetical and Mental. This exploration based on the concepts of Chinese Medicine will help you reconnect with your organs and holistic being. In case of emergency I may help releasing sciatica pain (“ischialgia” in German). To book your appointment, please call Isha at: (0413) 2622192 / (+91) 99433 05092

South Indian Classical Dance (Bharatnatyam): Bharatnatyam Dance classes offered for beginners. Weekly twice. The classes are offered for children and adults. If you are interested, please contact me after 4pm on my mobile. S.Caveri: 7598368514

Spontaneous Singing: Restarting now! Enjoy the pleasure of singing and discovering your own voice without any goals nor prerequisite. Be surprised by what happens when your voice encounters another voice. Let us create together an intangible and magical music. Every Wednesday, 5:00 to 6:30pm at Creativity - Hall of Light. Max. 12 people. Antoine +9407450529 / antoine@aurovil.org.in

Stop Smoking, Not Why But How! PAUSED

Swimming Classes (Advanced) at La Piscine: Wednesdays, Thursdays and Fridays 9-10am. Drop-in classes. You are an advanced swimmer if you are comfortable in crawl, back and breast stroke and are able to swim butterfly to some extent. For questions call Tanja 9778431369 or email: tanja@aurovilo.org.in

Tai Chi Hall @ Sharnaga: On Pause

Taiwanese style Tea Ceremony: With Ishta - Every Thursday 2 pm to 4.45 pm - Hall of Peace, Unity Pavilion. You will experience and learn the East Asian way of drinking and serving tea. Only organic tea will be used. All are Welcome. Please sign up with the Unity Pavilion, 0413-2623576 or unitypavilion@aurovilo.org.in

Tango Dance Class: Argentine Tango Dancing class for beginners is offered at Joy Guesthouse every Friday 7:30-9pm. No partner is necessary. Please bring socks or dance shoes. “Practica” is held for all dance levels on Wednesday 7:30-9pm at Sawchu hall, Bharat Nivas.

Tea Gathering: With Ishta - Experience and learn the East Asian way of drinking and serving tea - The art of sharing joy and peace through a cup of tea with your friends will change your perspective towards tea, only organic tea will be used - Every Saturday 2 pm to 5 pm. Booking is required. Approx. 1 hour for each session, please choose your time slot. Venue: Swayam - Book at: 0413-2622192 / ishawaswayam@aurovilo.org.in

Tamil Literary Classes and Craft Lessons: Ilaignarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm-6 pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, History and Culture are open to all Monday through Friday any time Also classes on languages, sewing, drawing, painting and simple handicrafts for Auroville workers and Auroville’s interests. Contact us to organize classes according to your schedule. Phone No: (0413) 2623 773. Email: tamil@auro vil.org.in, R. Meenakshi (Ilaignarkal Education Centre)

Therapies with Vani: Paused for Summer. Vani: vani@aurovilo.org.in.

Theatre Improvisation Games: Improvisation Theatre or IMPROV, is a form of live theatre where most, if not all, is created the moment it is performed. Our 1.5-hour IMPROV workshop will give you a taste of what IMPROV is all about and teach you some cool personal and performance skills that will build confidence and self-esteem to make a great impression, awaken and express creativity, develop quick-thinking & active listening skills. Date and venue: Every Friday at 4.30 pm at SAWCHU. Contact: Ema (99439 70834) or Elke (94865 20868)

Transformational Yoga: at African Pavilion. Paused for SUMMER.

Ultimate Frisbee: Monday, Wednesday and Saturday at the Gaia Sports Field 4.30 pm to sundown (turn left before Gaia community gate). Helps improve stamina, hand/eye coordination, and focus through running, throwing, & catching the disc; along with patience & teamwork and Spirit of the Game. Bring running shoes if you have them. Contact auultimate@aurovilo.org.in with any questions or just come ready to play! And see ultimate.aurovilo.com!

Ultimate Frisbee women’s team training: Sunday 4-6 pm

Vocal & Nada Yoga: paused until August 2018.

Volleyball at Dehashakti: Mondays 5-6.30pm. We are looking for more women who know how to play volleyball and would like to join us for some fun matches at the Dehashakti sports ground. Just come by! Tanja

Wellness at Auromode Yoga Space: Thai Yoga massage, Ayurvedic Milana Oil massage, Facial treatments. Details, contacts and booking at www.auromodeyoga.space/treatments or +91413262224.

Women Temple: SEE YOU BACK AFTER SUMMER BREAK! Dariya

World Game in sand: An activity for kids (6years old and above) and adults, organised by Spirit & Nature. The World Game encourages spontaneity, trust in oneself and being in the flow of the moment. An opportunity to be creative, to be able to express our own individuality and our unique, living soul. For info www.spiritandnature.org/ or appointment spiritandinature@aurovilo.org.in

YEP Week: Youth Entertainment Program presents the YEP Week, a program especially designed for guest kids, to enjoy their stay, and discover Auroville. We will take them from place to place, where the kids can visit and participate in various activities. The activities include pony riding, Papier Mâché, quilling, painting… This program (Monday to Friday, 8:30 am to 12:30 pm) offers a good balance between visits and activities. Joyfully, YEP Team. Phone: +919626565134 - Facebook: www.facebook.com/YPEAV.

Yoga body with Olesya: At Sharnaga Guest House Yoga Hall. PAUSED IN JUNE. Info: olesya@aurovilo.org.in or WhatsApp +91-915-905-2743.

The Youth Center Pizza Nights are on Fire: ON SUMMER PAUSE MODE

OTHER EVENTS

6 Days Bamboo Camp in Kodalkanal:
This summer, escape the heat and join us in the bamboo construction workshop at Kodalkanal - a hill station of Tamil Nadu - 2000 meters above the sea level. Learn with experienced technicians and faculties of the Bamboo Centre, in the serene surroundings of the hill station. Also an opportunity to interact and learn about the local Kodi Tribe. Completely hands on training with practical experience and cultural exchange program of different experience.

From 5th July (Thursday) to 10th July (Tuesday) 2018 9am to 6pm

A residential Bamboo camp including:
- Natural construction method - hands on training
- Practice working with bamboo as a construction material and sustainable living
- Local site seeing, camp fire, drum circles
- Reading the landscapes
- Local culture exchange

Site Location: Kavunjhi Village, Kodalkanal

Provided: Construction training, Food, transport, stay, local visits, camp fire and drum circles

Who can join? Architects, students, interns, volunteers and everyone who want to learn about bamboo construction and experience sustainable living.

Read more on: https://aurovillebamboocentre.org/1813-2/

Contact details: Email: bamboocentre@auroville.org.in
Phone: 0413-2623394. Romel: 9619996080. Murugan: 9626804400

FILMS

MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)

Dear All, MMC is going to reopen soon after some major revamping work. Aurolfilm will present film shows there from FRIDAY 13TH at 7.45 pm (program in next issue of the News & Notes). Enjoy the new experience…!
AT SAVITRI BHAVAN

Monday, July 2, 2018 at 6:30pm. Duration: 51min.

INTERVIEW WITH TENCY: In 1968 Tency saw a brochure with pictures of Sri Aurobindo and The Mother and in 1971 he travelled overland to India and came to Pondicherry. The meeting with The Mother was the defining moment in his life. In the early years in Auroville he did construction work. Since 1984 Tency has been working at the Auroville Centre for Scientific Research, CSR. It is the Scientific and Industrial Research Trust of Auroville. CSR initiates projects to bring sustainability and appropriate technologies within the community. There have been several steps in the research work, such as ferro-cement buildings, developing windmills, using solar power and now the focus is on water. When the technologies are developed, tested and mature, then the commercial units take them over.

CINEMA PARADISO
Multimedia Center (MMC) Auditorium

Special Film program: 7th July 2018

Dear All: We hoped to close the hall only briefly for three weeks but the universe had other plans as it always does. As we are sending this note to the N&N we are not sure if we can honor the opening screening on Saturday, 7 July evening. But we will try out best - as the venue gets scrubbed and cleaned and ready for an opening show in the evening. We are not there yet. Please find the schedule below. If for any reason we cannot screen on the 7th do not fret we will schedule the film later as we resume our normal schedule from Monday 9th July onward!

We have a few announcements concerning the MMC venue. We are grateful to the 50th Anniversary Team and the GOI grant for allowing us the resources for a major renovation that the venue needed after intensive use for more than 12yrs. We still need to replace our projector soon but for now it runs fine. You will find an improved sound system, an AC sized to the volume of the venue - primarily to keep our equipment dust free and healthy, and new and better chairs. We request you to join us in trying to keep the venue clean, food-and-drink free, and used with care. Here we also remind parents that we will expect you to ensure your child does not jump on the chair or practice acrobatics as they wait or get bored.

Some work will continue intermittently till September and may be a little beyond. However, we will make effort not to close the venue or close for least number of days. We thank you for all your support and good wishes. Without that we could not have proceeded to take up this task. Kindly consider contributing little bit each month towards our coffer. Kindly consider contributing little bit each month towards our coffer.

Before the movie, at exactly 4:30pm you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner!

**Note: Families and children are welcome! Dinner for children will be served at 7pm :)

THE ECO FILM CLUB
Sadhana Forest, July 6th, Friday

Schedule of Events:
4:00 pm: Free bus from Solar Kitchen to Sadhana Forest for the Tour
4:30 pm: Tour of Sadhana Forest
6:00 pm: Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
6:30 pm: Eco Film Club begins with ‘previews’ of short Sadhana Forest films
8:00 pm: Dinner is served
9:30 pm: Free bus from Sadhana Forest back to Solar Kitchen

Before the movie, at exactly 4:30pm you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner!

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THE CATHEDRAL FOREST (Friday 06/07/2018)
45 mins / 2007 / English / Directed by: Patrick Rouxel
A film on the forest of Minkebe in Gabon, to help protect it from poachers and logging. This film was commissioned by the WWF Gabon, both to raise awareness on the plight of the elephants who are being decimated for their tusks, and to promote the efforts of the eco-guards dedicated to the protection of the Minkebe forest.

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at (0413) 2677682 or 2677683 or sadhanaforest@auroville.org.in.

Or visit us online: sadhanaforest.org and facebook.com/sadhanaforest.

Important information about News & Notes (Absolute deadline for submissions or cancellations: Tuesday 5pm)

The contents of News & Notes are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material: Material (no pdf files, please) may be sent (In English only) to the N&N email address (below).

Please try your best to send your announcements, reports, film schedules whenever they are ready.

The Tuesday deadline (5pm) is absolute

Any modifications of the submitted News items need to be sent to the editors before Tuesday 5pm.

We regret not being able to attend to visitors on Wednesdays and Thursdays due to work pressure.

Articles for the Notes section should ideally be no longer than 500 words. All articles and reports need to reach us by Tuesday noon.

Visiting hours: On appointment only.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused.

In case of any dispute, the Auroville Council may be consulted and trusted sources within Auroville. The editors cannot be held responsible for any errors or omissions.

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