50 YEARS!
DREAM AND REALITY

A little the dreamer changed his pose of stone.

Sanri
MOTHER’S AGENDA

To live, to love are signs of infinite things, 
Love is a glory from eternity's spheres. 
Abased, disfigured, mocked by baser mights 
That steal his name and shape and ecstasy, 
He is still the Godhead by which all can change. 
A mystery wakes in our inconscient stuff, 
A bliss is born that can remake our life. 
Love dwells in us like an unopened flower 
Awaiting a rapid moment of the soul, 
Or he roams in his charmed sleep mid thoughts and things, 
The child-god is at play, he seeks himself 
In many hearts and minds and living forms: 
He lingers for a sign that he can know 
And, when it comes, wakes blindly to a voice, 
A look, a touch, the meaning of a face. 
His instrument the dim corporeal mind, 
Of celestial insight now forgetful grown, 
He seizes on some sign of outward charm 
To guide him mid the throng of Nature's hints, 
Reads heavenly truths into earth's semblances, 
Desires the image for the Godhead's sake, 
Divines the immortalties of form 
And takes the body for the sculptured soul. 
Love's adoration like a mystic seer 
Through vision looks at the invisible, 
In earth's alphabet finds a God-like sense; 
But the mind only thinks, "Behold the one 
For whom my life has waited long unfilled, 
Behold the sudden sovereign of my days." 
Heart feels for heart, limb cries for answering limb; 
All strives to enforce the unity all is.

To far from the Divine, Love seeks his truth 
And life is blind and the instruments deceive 
And Powers are there that labour to debase. 
Still can the vision come, the joy arrive. 
Rare is the cup fit for love's nectar wine, 
As rare the vessel that can hold God's birth, 
A soul made ready through a thousand years 
Is the living mould of a supreme Descent. 
These knew each other though in forms thus strange. 
Although to sight unknown, although life, mind 
Had altered to hold a new significance, 
These bodies summed the drift of numberless births 
And the spirit to the spirit was the same. 
Amazed by a joy for which they had waited long, 
The lovers met upon their different paths, 
Travellers across the limitless plains of Time 
Together drawn from fate-led journeyings 
In the self-closed solitude of their human past, 
To a swift rapturous dream of future joy 
And the unexpected present of these eyes. 
By the revealing greatness of a look, 
Form-smitten the spirit's memory woke in sense. 
The mist was torn that lay between two lives; 
Her heart unveiled and his to find her turned; 
Attracted as in heaven star by star, 
They wondered at each other and rejoiced 
And wove affinity in a silent gaze. 
A moment passed that was eternity's ray, 
An hour began, the matrix of new Time.

SAVITRI, Book V, Canto II: Satyavan

The power of the divine universal Shakti 
which is behind our aspiration is illimitable, 
and when it is rightly called upon 
it cannot fail to pour itself into us and to remove 
whatever incapacity and obstacle, now or later; 
Sri Aurobindo
ref. The Synthesis of Yoga, p.780

Cover: “50 years! Dream and Reality” - a drawing by Emanuele
### Auroville 50th Anniversary

**CALENDAR OF EVENTS**

**10th to 20th March 2018**

<table>
<thead>
<tr>
<th>Event</th>
<th>Dates</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>‘La Genèse du Surhomme’ Multi-Media Exhibition</td>
<td>until 10th March 2.30 - 5.30pm Centre d’Art Citadines</td>
<td>Experimental interpretation of Satprem's 'On the Way to Supermanhood', fusing immersive light and sound with painting, sculpture and scenic performances.</td>
</tr>
<tr>
<td>Early Days Photo Exhibition</td>
<td>Until 17th March Pitanga</td>
<td>Opening 4.30pm on the 3rd, open daily 8-12am, 2-6pm. Closed on Sundays.</td>
</tr>
</tbody>
</table>
| Free Store & PTDC Show | 10th March 4:30pm PTDC | PTDC FreeStore celebrations in 2 parts:  
1) See the PTDC food processing area,  
2) The PTDC supermarket and Freestore teams perform together. *Open to Aurovillians & Newcomers only.* |
| Puthiyathore Ulagam | 11th March - 7pm Sri Aurobindo Auditorium Bharat Nivas | By Auroamsadhvani group (Bharatanatyam) & Kanchana’s students (Odissi)  
Indian Classical Dance Drama depicting the journey from Sri Aurobindo's epic poem 'Savitri' to the Mother’s vision of ‘Auroville’. All are welcome! |
| Bamboo and Rammed Earth Reinforcement Workshop | 14th-17th March 9am-5pm Bamboo Center | Large scale construction course using bamboo. Annual event for those wanting to learn natural construction techniques. |
| Ongoing Exhibition Matrimandir: A Labour of Love | Until Mar 20th 9am - 5pm Town Hall | Photographic Exhibition by Paulette. Along with photographs of Matrimandir, from majestic to intimate, and its park, on display are archive photographs of the pioneers building the structure, as well as photographs of Aurovilians cleaning the discs taken the last few years. |

More details at: [www.outreachmedia.auroville.org](http://www.outreachmedia.auroville.org)  
All new events related to the 50th celebrations can be sent to [50thgeneral@auroville.org.in](mailto:50thgeneral@auroville.org.in) in order to be included in the 50th calendar of events: [www.outreachmedia.auroville.org/events/month/](http://www.outreachmedia.auroville.org/events/month/)

⇒⇒⇒GO PAPERLESS for the 50th!  
**RECEIVE THE NEWS&NOTES by EMAIL weekly!**  
Subscribe yourself at this [link](http://www.outreachmedia.auroville.org)

**Auroville Emergency Contact Numbers - Save them in your phone now!**  
→ Auroville Safety and Security Team: 9443090107 (Email: avsecurity@auroville.org.in)  
→ Ambulance: Auroville: 9442224680 - Pims: 0413-2656271  
→ Farewell: mobile number: 8903836246. reachable 24/7

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**REMINDER TO ALL GUESTS**  
from the **Auroville Guest Facilities Coordination Group**:  
ALL GUESTS in Auroville (including Indian nationals and foreigners as well as friends and family members of Aurovilians) are required by Indian law and Auroville regulations to register within 24 hours of their arrival.  
Please do so at one of the **3 Guest Registration Service locations**  
(at Visitors Centre, Town Hall, Aspiration Financial Service)  
In addition, guests are required to register each time they move to a new destination inside Auroville.

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*News&Notes 10th March 2018 [740]*
Gratitude from Auroville

The birthday week of Auroville’s 50th Anniversary, 21st to 28th February, 2018, has now passed. A wave of enthusiasm was felt with the presence and words of the Honorable Prime Minister on 25th February 2018, moving to serene prayers of hope for a luminous future by 7,000 people sitting in calm and quiet around the Bonfire in the Amphitheater, followed by the merging of waters from 321 sources from around the world at the Water Ceremony on 28th February; the ceremonies have come to an end on 4th March 2018 with the Sangaman Festival, celebrating the spirit of oneness by honoring our coworkers and residents from neighboring villages. The celebrations had many other events like the Auroville Film Festival, SEAS, a performance in a journey to search for the soul of Auroville and The Bridge, a gathering from all over the world that explored means of collaborative research. The long-awaited year of the Golden Jubilee has begun.

We feel a deep gratitude to so many people and for so many reasons. Gratitude for the warm greetings from India’s President, Shri Ram Nath Kovind, and the inspiring speech of India’s Prime Minister, Shri Narendra Modi, during his visit. Gratitude for the financial and procedural support we have received from the Government of India through its HRD representatives, the Secretary Higher Education, the Joint Secretary, the Finance Advisor, and the Deputy and Under Secretaries of the UNESCO desk. Gratitude to our Governing Board and its Chairman, Dr Karan Singh, for the continued support, encouragement and expressions of appreciation. The Secretary of the Auroville Foundation, Mr. M.V. Chunkath, was exemplary in his support and guidance. The staff of the Auroville Foundation, led by our Under Secretary, Mr. Srinivasmurthy, worked extremely hard and under great pressure to do what had to be done to make the PM’s visit a success.

We are thankful to the India Post for issuing a beautiful commemorative stamp befitting to the occasion of Auroville’s Golden Jubilee. There is deep gratitude to the Government of Tamil Nadu, under the excellent guidance of Dr. L. Subramanian, the Collector of Villupuram District, Deputy Inspector General of Police, the Superintendent of Police, Tehsildar, DSP and many other numerous officers, for the support and trust in our processes and people.

Our gratitude to the Doordarshan, other television networks and press from India and abroad for wide coverage of the Auroville’s 50th celebrations.

Auroville’s Outreach Media; the executives and team of Savitri Bhavan; the executives, coordinators and teams of Matrimandir; the trustees and teams of Bharat Nivas; Auroville Security; and L’avenir d’Auroville worked countless hours with short deadlines to manage information and people as well as to improve our infrastructure. Many thanks to the Sangamam team who organized the vibrant gathering with our coworkers and neighbors in surrounding villages. A special thanks to the Auroville Internationals who spread the message of Auroville all over the world. Gratitude to singers, artists, actors, performers, technicians, photographers, sound engineers, web experts, decorators and numerous Aurovilians who brought the beauty and joy of Auroville shining to the world on so many different occasions. SAIER has hosted our work space and meetings, and a great number of Auroville residents and volunteers made themselves available above and beyond the call of duty in so many different ways to ensure that the best of Auroville was consciously expressed in the surroundings and in the programs, as well as in the gifts that were so thoughtfully and generously offered by many Auroville units. Last, but certainly not least, well-wishers from all around the country and the world sent their good wishes and support in all forms of expression.

“Greetings from Auroville to all men of goodwill,” was the call of The Mother 50 years ago. Goodwill poured from all over the world represented by water from 321 sources, which was then merged by the children and youth of Auroville into a symbolic Oneness.

The combination of so much positive and productive energy with the great amount of love and goodwill from within Auroville and from far and wide created events and an atmosphere that did justice to what Auroville is aspiring and working to be.

We are filled with grace and gratitude towards the goodness of humanity as a whole and for the constant presence of Sri Aurobindo and Mother.

On behalf of the Residents of Auroville, the 50th Anniversary coordinating team and the Working Committee
IMPORTANT: NEWS&NOTES PAPER COPIES

[announcements]

PAPER COPIES: CURRENT DELIVERY LIST WILL BE STOPPED AND RESET ON 18TH OF MARCH

Dear All,

The News&Notes is struggling in the current conditions to continue with PRINTING weekly 850 paper copies (plus 220 Tamil and 110 French). In order to continue for the News&Notes to function correctly, the BCC has stepped in to help with the budget and material needs of the News&Notes.

First step for this to happen, is to get a proper picture of the current minimum need for PAPER COPIES from the Auroville community.

On the 18th of March, we will stop the current PAPER delivery list and will try to restart with a new updated list, compiled with all your answers as informed community members.

We would like to remind you that currently 90% of the News&Notes budget and time is spent for the PAPER COPY to happen weekly.

PAPER PRINTING ONLY has a heavy cost for our community:

- for the environment (that’s 70 trees yearly - trees of more than 30 years of age - Plus harmful ink - And a lot of petrol (hands to delivery to your door - Huge paper waste)
- for the community budget (over 6.5 lakhs yearly - current BCC budget allocated to N&N is TOTALLY of 5.6 lakhs)
- for the manpower needed (budget: 1 maintenance plus 1.5 salaries) - many hours of work

PLEASE TAKE A MOMENT TO PONDER and consider if you are READY TO SWITCH and read the News&Notes in its electronic form (to be received in your email box, or online at Auroville website, or on the Auronet) or if YOU NEED the paper copy.

Advantages of the SOFT COPY are MANY.

- It is kinder to the environment,
- It is less a strain on our community budget and resources
- It is also less labour-intensive.
- It is full-colour and could invite so much more creativity and beauty.
- It is not limited in number of pages and content.
- You can read it as big as you wish on your screen.
- Links and phone numbers are clickable.
- We could soon make all events ready to add to your calendar at a click.
- Once it is downloaded, you have it accessible at any time, and any place on your mobile.

Please send in your choice BEFORE THE 18th OF MARCH by either:

- filling the online form, to switch to soft version OR to request paper subscription. The form is available online at this link: https://goo.gl/hX6LGK
- or filling the paper forms that you can find near the BOX ready to receive your choice at the Town Hall reception desk.

Once the new total number of paper copies needed by the community is known, the proper printing device for that volume can be found to replace the 35 year-old offset printer that we are currently struggling with, the correct running budget allocated to this service, and an adequate vehicle decided.

Your support and donations are most welcome towards finding the solution to your needs. An account dedicated to receive donations for a new professional photocopy machine and a delivery vehicle has been created: “252652 - News & Notes Donations”.

We are still hoping for a massive reduction of paper copies and we thank you in advance for your willingness to try and change your reading habits, for the ones who can.

There are already over 3000 readers of the News&Notes soft version (2332 receiving by email).

You can join the weekly News&Notes email mailing list at any time at this link: groups.google.com/a/auroville.org.in/forum/#!forum/newsandnotes-list

Or read online at www.auroville.org/contents/4186.

Or on Auronet: www.auroville.org.in/group/news-notes

You can read the Tamil and French versions online at www.auroville.org/contents/4186 or register to receive them weekly by email from Aurotraductions office at this email address: avtraductions@auroville.org.in

Warmly,
The News&Notes, BCC, AVCouncil, WCom and RAS

ANNOUNCEMENTS

Concerns of discrimination related to the PM visit to Auroville

Dear Community Members,

The Auroville Council has been asked to look into the concern of possible discrimination which was reported to us relating to the Prime Minister’s visit, and to the impact of statements addressed to members of the organizing team who offered their considerable efforts to make this much appreciated event happen. The Council takes these issues very seriously and to heart.

We have already been talking to the main concerned parties. The issue has also been looked into by the Governing Board and Secretary’s office.

We are concerned to address both the facts surrounding this case, and also the wider and deeper issues within the community. We are working closely with the Working Committee, the PM taskforce members and conflict resolution groups.

We would ask the community to bear with us in this work, as in order to address these issues in a deeper and more integral and healing way, some time and much care will be needed.

With love and hope,
For the Auroville Council (Angelo, Elisa, Enrica, Martin, Matriprasad, Mita, Sandhya, Selvaraj and Shivaya)

FROM THE ENTRY SERVICE - N&N # 740

Dated: 10-03-2018

Our team is happy to recommend the following individuals as Aurovilians and Newcomers, joining Auroville, Prior to Newcomer and Aurovilian status confirmation, for Newcomers two weeks and for Aurovilians one month window for community feedback. Kindly forward your support or grievances to entryservice@auroville.org.in

NEWCOMERS ANNOUNCED:

Megha Rajesh MEHTA (Indian) Staying in Maitreye and Working at Auroville Paper and Matrimandir.
Siddharth JAIN (Indian) Staying in Bliss and Working at Auroville Campus Initiative and ABW Service.

NEWCOMERS CONFIRMED:

Alexandra SCHUMANN (Luxembourg) Lucrezia FASSI (Italian) Maheswari SHAHNUGAM (Indian) Ravikrishna PAPPULA (Indian) Sankaramurthy CHAKKRAVARTHY (Indian)

AUROVILIANS ANNOUNCED:

Chandra AYYANAR (Indian) Staying in Ponyfarm and Working at Udavi School.
Elena SAMOKHINA (Russian) Staying in Horizon and Working at Art Service.
Gopi GOPAL (Indian) Staying in Sangamam and Working at Vérité.
RamaRishnan RATHAKRISHNAN (Indian) Staying in Aurocreation and Working at Aurocreation.
Venugopal RAMASAMY (Indian) Staying in Celebration and Working at Siddhartha Forest.

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Chandra Jeet (Known as Vivek) SINGH (Indian) Staying in Needam Guest House and Working at Needam Guest House.

AUROVIJANS CONFIRMED:
Avigal LEMBERGER (Israeli)
Ion CONDEI (Italian)
Mira TONIONI (Italian)
Saranya RANJITHKUMAR (Indian)

NOTE: Individuals are entered into the Register of Residents (maintained by the Auroville Foundation) shortly after filling the B-FORM and meeting with the Secretary of the AVF. The appointment date for these is set and communicated by the Entry Service to the individual at the respective time, and NOT AT THEIR PERSONAL REQUEST.

This is the last step of the Newcomer process where the status of Newcomer Resident is switched to Aurovilian Resident.

ENTRY SERVICE OPEN TO PUBLIC TIMINGs
Monday, Wednesday, Friday 09:30AM-12:30PM
Monday to Friday (by appointment only) 02:30PM-04:30PM

Yours, The Entry Service

■ Houses available for transfer

1. Adventure Forest: Plinth area 161 Sq.m approximately.
   Double storied load bearing structure residential house with 1 Bedroom, kitchen, hall and Balcony. Separate Toilet & Bathroom. Store room without roof.

2. Apartment in Citadines 1st floor 100 M2 + terraces -2/3 BDK, 2 bathrooms, completely furnished along with individual fridge, gas, UPS, and common facilities such as: cafeteria, laundry, workshop for maintenance of the flats, garage, generator. Citadines is a collective housing experience, managed by a group who help maintain its quality, atmosphere and assure a harmonious mix of people. (Contact louis@aurowolve.org.in for visit and more information)

   Re announced:

3. Apartment in Arati - 3B Second floor: Plinth area of 161.0 Sq.m. - Double storied RCC framed structure Residential building with Brick walls plastered in cement mortar, RCC flat roofing consisting of first verandah, living cum Kitchen, Three Bed room & Toilet with common stair.

4. Creativity Apartment- Hemant House - First floor E- Block - Area: 78.36 Sq.m carpet 3BHK for family + 32.84sqm Balcony+passage. Available in June 2018 only.


For more information contact: Housing Service (Town Hall)
Phone: (0413) 2622658 - e-mail: housing@aurowolve.org.in

■ Housing Projects under construction:

1. Kalpana: The construction work is going on well. We are completing the first scope which is the structure, bricks, plastering and tiles on the roof and terraces. We will start soon the finishing. Out of 42 apartments some are still available in all the categories, STUDIO, 1 BHK, 2 BHK and 3 BHK. Will be ready 30th June 2018. Contact Person: satyakam@aurowolve.org.in

2. Satyakam is available in the model apartment on the site on: Thursday: 3pm to 5.30 pm & on 1st and 3rd Saturday: 10 am to 12.30 pm. Surya is available the 2nd and 4th Saturday.

3. Auromodele Orchard - Several houses are still to be built. Will be ready in 2018. Contact person: Padmanabhan, Auromodele.

4. Mobile: 22658 8940220333

■ Regarding building permissions

Dear community members,

This is to clarify that every structure that is being built on Auroville land, from toilets to towers, need to go through L’avenir d’Auroville for permission, as per the community approved processes currently followed.

We have heard from several Residents that if one builds a structure below 15 sq.m., there would be no need to apply for a building permission! Please note that this is not the case: applying for permission allows us to maintain more accurate maps and update the asset registry regularly.

If you would like to apply for a site/ building permission, please write to us at avenir@aurowolve.org.in for the latest forms.

Thanks for your understanding and collaboration,
Best regards,
L’avenir d’Auroville team
(Anita, Anu, Aurowi, Divya, Inge, Pino, Sindhuja, Tejaswini)

NEW SITE AND BUILDING APPLICATIONS - 10th March 2018

The following projects are recommended by L’avenir d’Auroville and feedback is now invited from the larger community. The last date for this is 24th March 2018.

BUILDING APPLICATIONS

Residential Zone:
1. Renovation of house_Sindhuja & Michael at Aurodam. Built-up area: 116 sq.m.

Green Belt:
2. House extension_Sathayaseelan & family at Adventure. Built-up area: 36 sq.m.

Please note:
- An NOC (No Objection Certificate) is issued only after evaluation and processing of the community feedback received during the two-week period.
- Any work on the site/ building should start only with an NOC.
- Site permission is valid for one year. For fencing and clearing of the site, special permission of L’avenir d’Auroville is needed.

For additional information, please write to avenir@aurowolve.org.in, call 2622-170 or come directly to L’avenir d’Auroville office in the Town Hall. The maps and details relevant to these announcements can be found on the Auronet page of L’avenir d’Auroville.

Warm regards, L’avenir d’Auroville team
(Anita, Anu, Aurowi, Divya, Inge, Pino, Sindhuja, Tejaswini)

FOR YOUR INFORMATION

PTDC CELEBRATES ITS 12 YEARS…. AND NOW?

PTDC becomes this month 12 years old. For 12 years we have accompanied, nourished, enlarged and enriched a collective experiment that offers a service to provide basic needs in the fields of food and household, aiming to help maintaining the life of the Residents of Auroville who decided to join.

And we continue joyfully offering this service.

To make this happen, our working hours are much longer than the public ones: every day from 7:30 am to 6 pm, Monday to Saturday (and often on Sundays as well).

A service of this complexity involves not only a lot of work but brings with it, naturally, continuous complications and challenges. Beautiful interaction with our community members are intertwined in days of very hectic activities that seem to never stop or reduce its pace.

The growth of members and purchases has been steady and exponential:

In 2006: our monthly purchases were 2.40 lakhs of Rupees.
In 2018: we are now checking out goods about 16,500 users per week.
In 2018: we are now checking out goods about 46 lakhs.
In 2018: we were checking out goods for 7,500 users per month (310 daily).
In 2018: we are now checking out goods about 16,500 users per month (690 daily).

In order to achieve this, we have used our humble means available together with some very dear help given to expand the space, equipment (cool room, fridges, oven...) and staff as much as we could.

Thanks for your understanding and collaboration,
Best regards,
L’avenir d’Auroville team
(Anita, Anu, Aurowi, Divya, Inge, Pino, Sindhuja, Tejaswini)
However, since about 6 months we have come to a standstill that forced us to stop taking in new members into the PTDC family. This is a very embarrassing situation for us: There are dozens of applications of residents! And each day we are turning down new or repeated requests.

We are facing two main challenges:

Challenge 1: Space for storage and operations. The building space and the containers that were donated to us have become now too small for the quantity of goods we have to purchase, handle, pack and distribute daily, which results in very uncomfortable working conditions for our staff, and an irregular flow of goods from the stocks into the stall for our members. There is a long term solution in the pipeline. It includes building a first floor set up for the future use of Free Store and Nandini, so that PTDC can then utilize the entire ground floor. For that, we have requested for GoI grants and we have been told that the grants have been allocated already for this coming year. We await the response for next years so that we can go ahead planning.

But what shall we do until that happens?? We need to find an intermediary solution for 2 or 3 years at least. This could be a temporary structure or more containers behind PTDC. We also require some further equipment.

And for that we will need financial help.

Challenge 2: Staff. PTDC receives maintenance allocation for 11 Aurovilians to work full time here and we get as well regularly volunteers and newcomers whose help is precious but these dear helpers stay for some time and then move on in their life or process. In the end we do not have the stable team, big enough, to tackle the daily work.

We therefore find ourselves nowadays over-stressed and unable to cope with the load to manage daily.

So, we clearly need more people to manage the work, at least another 4 more maintenances or the permanent commitment of the same number of people who are ready/able to work without maintenance.

BCC has refused our request for increase of maintenances because according to their note, FAMC has instructed them not to increase the number of maintenances allocated to our services due to the financial constraints of Auroville City Services.

And in this context.....

What now????????

• Shall we close for ever the possibility of growth and of accepting new members?
• What is the future of the services of Auroville that are not given the means to grow and serve the growing community?
• And those ready to work in services, will not be able to do so because there will be not funds to maintain them?

We put these questions forth to all residents of Auroville and invite proposals and effective solutions....

At Her service, with love

your PTDC team

---

**Ecological impacts of conventional vs. electric mobility**

In order to understand the ecological impacts of petrol vs. electric mobility, we analysed the results of several studies that reveal a complex mix of ecological impacts on human health, environment and natural resources. They consider many factors, such as global warming potential, toxic emissions, smog formation, land use, damage to water systems, demand for non-renewable energy. All these factors have been aggregated into a single measure called **Ecoindicator Points**.

The graphic below gives Ecoindicator Points for cars, scooters and cycles compared to their electric version. Three factors are considered separately:

- **ROAD**: ecological impact of road building and maintenance.
- **VEHICLE**: ecological impact of manufacturing and maintenance for the vehicle;
- **USE**: ecological impact of driving the vehicle.

---

**Free Trial of e-scooters & e-cycles**

Integrated Transport Service is an initiative to provide pollution free, safe and affordable transport facility for Auroville! We invite all Newcomers and Aurovilians to try out the electric bicycles and scooters for a week and offer valuable feedback!

To participate, please contact Vijay at vijaymathew@earthandus.org to receive the link for the reservation form.

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At Kinisi, we realized that the next best vehicle after the pedal cycle is the electric cycle, with very little ecological impact. We decided to provide this form of sustainable mobility to Auroville, and as a start, we rent e-cycles to Guests, Newcomers and long-term Volunteers. You are welcome to try one of our models. We are located at CSR, about 10-minutes walk from Town Hall, inside the gate facing Auromodele Guest House.

**The Kinisi Team - Sustainable Mobility for All**

Mobile: 830 046 0679 / 0680 - Landline: 0413 262-2168 / 2748
Email: kinisi@auroville.org.in - Website: http://www.kinisi.in

**Source link:** Life Cycle Assessment of conventional and electric bicycles, Andrea Del Duce, EMPA Material Science and Technology, Friedrichshafen, September 2, 2011
Justice in Auroville: What’s Your Opinion?

A questionnaire was sent out to the Residents of Auroville in September 2017. Ninety-nine Aurovilians responded.

Here is a condensed version of the compiled results. Please see Auronet for complete version (at this link: https://www.auroville.org.in/article/67770)

Love, Restorative Auroville (L’aura, Janet, Shanti, Kati, Rita)

Condensed Version

1. Do you think we are able to serve justice adequately in Auroville (ie. restore balance and fairness after it has been disrupted)?

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>I don’t know</th>
<th>No answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>21</td>
<td>53</td>
<td>17</td>
<td>8</td>
</tr>
</tbody>
</table>

2. Do you think we need to explore and improve our justice system (ie. develop and improve fair and effective modalities for restoring balance after a disruption)?

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>I don’t know</th>
<th>No answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>75</td>
<td>5</td>
<td>12</td>
<td>7</td>
</tr>
</tbody>
</table>

3. What do you think is our biggest challenge in the field of justice (ie. being able to trust in our community’s capacity to restore fairness and balance)?

Justice is our biggest challenge in Auroville.

- Participation
- Fear
- Community life
- Honesty
- Respect
- Transparency
- Sincerity
- Transcendence
- ...aspiration for beauty, harmony, perfection, fraternity.
- ...courage to stand for what’s right.
- ...real empathy to truly understand the roots of the problem.
- Harmony
- Spiritual view
- Trust
- Goodwill
- Consciousness
- Sincerity

4. What do you think would be an “ideal” way of responding when a justice challenge emerges?

Hear all parties, understand their needs, and look at how best to restore what has been broken or lost on all sides.

Have a more efficient “legal and authoritative” process in place, so that an outcome or consequence is decided upon, and can be enforced.

Call for a Meeting and allow the Residents to decide on an appropriate outcome.

Seek the wisdom of a Council of Elders (or such).

Strongly encourage the conflicting parties to find an amicable resolution (through a process like Mediation or Restorative Circle), and if no resolution is found, the dispute goes for Arbitration.

Let go of all processes and surrender it to the Divine.
Resorative Auroville Looking for Facilitators: Our work is expanding. Circles are being called, and we want to respond quickly, thoroughly and with skill. We're looking for passionate, committed Aurovilians and Newcomers who would like to learn and practice this craft with us, and become an RC Facilitator for the community.

Are you intrigued about Restorative Circles? Do you see value in holding space for difficult conversations? Are you wanting to learn how to listen better and to lend your ears to others?

For more information about our work, check out www.facebook.com/RestorativeAuroville.

If this speaks to you, please contact us at restorative@auroville.org.in

love, Restorative Auroville (Laura, Janet, Shanti, Kati)

Resorative Auroville Looking for Tamil-Speakers: We're looking for Tamil-speaking Aurovilians, Newcomers and Volunteers who would like to contribute to our project. In the ideal, we would like to be able to offer all our services in Tamil, so we're looking for people who would like to:

a) learn about RC Facilitation and join our team of Facilitators
b) offer translation support during our live Circles
c) translate our written material

d) and so much more…!

For more information about our work, check out www.facebook.com/RestorativeAuroville.

If this speaks to you, please contact us at restorative@auroville.org.in

love, Restorative Auroville (Laura, Janet, Shanti, Kati)

50th Anniversary Collaborative Film: We would like to invite everyone to participate in a collaborative movie about Auroville’s birthday. The idea is to share the best footage that you have from the anniversary and the related experiences (from November until March) that may be worth showing.

If you are interested please send us your clips via www.wetransfer.com to valentina.beatriz.s@gmail.com, or bring it to Outreach Media office, Mon-Fri 10:00 -12.00. (Located now in the ground floor of the Archives building). Resolution must be Full HD, up to 1 minute per clip and 1 clip per event maximum. You can send several clips, but please don’t send more than 1Gb per person.

Thank you! Valentina & Serena (from the Outreach media team)

"Well Bags": a project of Kuilappalayam Cultural Centre...

Our aim is to say "Goodbye to the single use of plastic bags". So, we are stitching bags out of second hand clothes at our centre for less cost with good quality, and also they are very colourful too. Our bags just cost from 5₹ only. This is a women empowerment program for the villages. Since it is a pilot project in Kuilappalayam at this moment, they are available in the Kuilappalayam local shops, restaurants and at our centre too. Please show your support, encouragement, enthusiasm, etc...

And contact us: 9843195290 or 9843382806 or write to us: kuilaculturalcentre@auroville.org.in

WARNING! About Bank Notes: If you get handed one of the new bank notes with any smallprint/ink writing on it, even just something as harmless as the number "25", don’t accept it. Unknown to most of us, any such note has ceased to be valid tender among retail outlets, and you will have to go to State Bank of India to exchange it for a clean note (as I discovered the other day in Pondy!)

NEW Upcoming DVD: “Auroville, on the path of Utopia” (“Auroville, la cité Utopique”) by Fred C. Following inquiries by a very large number of people, the 1-hour documentary about Auroville made by Fred C is now available on DVD. Those of you who want to own a physical copy don’t have to wait longer.

English version & French version available. Please contact Fred C at fred1@auroville.org.in or 96 26 01 72 47 (see trailer vimeo.com/207901433)

JADE BEAUTYSALON: happy to welcome you for Beauty and Time for yourself. Manicure, Pedicure, Waxing, Facial treatments, support for any kind of skin problems. Swiss quality. Now you can find me in Aurosarjan complex - next to Rangoli pink door. Vouchers for a nice gift card are also available. Beauty the smile of divine, feel good with yourself. Write a Whatsapp sms or call for appointment: 809 876 0113. With love, Julia

Hair dressing: Hi Everyone, this is just a general reminder to let you all know that haircuts (for men, woman and children), hair dyeing/highlighting, eyelash and Eyebrow tinting is all available for those who would like to come by sometime. I would be very happy to give you an appointment, just call, text or what’sapp me at +91 9489694626 (I am usually reachable afternoons and evenings to make an appointment).

Have a very nice day, Mimi.

THANK YOU

The DIVINE FLOWER TEAM likes to give a heartfelt and flower-full thanks to all the people who helped in making the Flower Exhibition (21-28th Feb) a huge success. Without their wonderful support, nothing meaningful would have been achieved just by us.

We would like to give special thanks to Shradhavan and her Savitri Bhavan team and SAIIER, without whose magnificent support we were nowhere.

Our gratefulness to all the advice-motivation from Richard, Kailas (Ashram) and Helmut with resources from the MM Nursery, Maret Garden, Lake Garden; Artist Prabhat (Ashram); Aurorachana, Maroma, Deepam, Shankar (Ashram); Auroville Bakery; Wellpaper; Mandala, Anamika, Flame; Nandanam & Deepanam School; Loretta; Outside and Auroville donor friends-Aryadeep, Binod, Deven, Mukesh, Narayan, Rakesh, Satyakam-Devasmita and Sibu.

Of course, our enthusiastic and sincere volunteers added their mite to bring it all together - Aryamani, Dhaya, Jayamurthy, Larry, Laxman, Laxmi, Megha, Mita, Niharika, Olga, Prabha, Ramanarayana, Ranjit, Rema, Saranraj, Sarasu, Sarojini, Shalini, Saswati, Shanti, Supriya, Surendra, Uma, and the Auroville families.

Bye, till we all meet again for the next offering of our series of exhibitions!

With Love and Gratitude, Divine Flowers Team (Narendra, Poonam, Rabindra, Ramachandra, Revathi, Samy, Elumalai)

THANK YOU ALL

Dear Aurovilians, Newcomers, Volunteers and Guests,

We would like to thank you all for your participation and cooperation during the events that took place at Matrimandir in the month of February.

February witnessed intense preparations and rehearsals for a series of very special events, starting with the SEAS collective performance on the 17th and the Mother's birthday celebration on the 21st, quickly followed by the visit of Shri Narendra Modi on the 25th, which marks the first visit by a serving Prime Minister of India to Auroville and the Matrimandir. For this special visit we have had to comply with very strict security protocols and work with multiple agencies.

Last but not least, the Dawnfire for Auroville's 50th anniversary attracted participants from far and wide, the largest attendance ever witnessed at the Amphitheatre followed by the beautiful water ceremony.

We thank the Government of India, the Auroville Foundation, the Governing Board, the Working Committee, the Auroville Council, the 50th anniversary celebration core team, the Auroville Security team and other concerned groups and individuals for their support and collaboration. A special mention also for all those who helped cleaning up the roadside after the WIP visit.

The Matrimandir executives

Acknowledgement to the 50th Anniversary participants
Our grateful acknowledgement to all who made the 50th Anniversary early morning event of 28th February at the Matrimandir Amphitheatre a memorable happening:

- The AVI Centres and well-wishers of Auroville from all over the world who facilitated the bringing of water samples to Auroville.
- Shraadmini who patiently waited and offered all the paper cut outs of banners in the shape of water drops.
- The Auroville Calligraphers who diligently wrote down the names of the water sources on the drops.
- Priya Sundaravalli who generously made and offered all the ceramic pots for the Ceremony.
- Maroma who has since years willingly supplied candles for all our events.
- The children and young adults who so sincerely performed the Ceremony.
- The team of volunteers who tirelessly managed and guided the children.
- The team of volunteers who worked hard to sort out, put in order and hand over each water sample one by one to the children.
- The team of volunteers from Auroville and Ashram who managed so well the 6000 or more attendees of the event.
- Auroville Security for organizing, directing and controlling the huge flow of traffic that came to the event.
- The Visitors Center team for carrying out the difficult job of explaining to the public that we had run out of passes!
- Vanaville for cutting of the paper drops in their press, for printing and timely delivery of the 5000 passes for the event.
- The News and Notes for their patient and kindly accommodation in publishing the announcements for the event.
- The Sri Aurobindo Ashram for their full hearted support and collaboration.
- The Auroville Choir and the musicians who held the space with beautiful and inspiring music all through the long ceremony.
- The technicians who cheerfully worked hard at setting up the sound system and took care of the sound for the event.

To all of you our love and gratitude for your participation.

We look forward to continued joyful collaboration with all of you and more, The Matrimandir Events Team.

Good Bye and Thank You:

Dear Auroville Family,

Many congratulations to Auroville for becoming 50 years of service towards Humanity.

More than that, We are humbled to see the hard work and the dedication that Aurovilians have put up for the preparation of the anniversary celebration.

We have experienced beautiful inter culture movements and glad to be part of your celebration.

Thank you once again.

1. Kalsang Dhondup
2. Tenzin Choedak
3. Thiney Tseten
4. Tenzin Tashi
5. Sonam Choetso
6. Palden Yeshi
7. Sonam Dolker
8. Dolker Lhamo
9. Tsepak Dolma
10. Tenzin Palke

We also wanted to Thank Pavilion of Tibetan Culture, North East Pavilion for inviting us to celebrate the first full moon festival in International Zone of Auroville.

We wish you all the best for the many years to come.

TASHI DELEK. THUCHEY NANG.

Thanks to our Auroville family and friends, from the Joy of Impermanence team:

On March 1st, we organized a small gathering with friends on the land allocated for Anitya, the first community of the Joy of Impermanence project. It was a very auspicious time, with a beautiful full moon rising, as the sun was setting, in perfect alignment with our planet. We planted a sacred tree from Pitchandikulam forest during a circle in which everyone was invited to put a handful of soil with their best intention to support the growth of our community and human unity. We danced together traditional tamil dance, bringing life back to this site and waking up the spirit of the sacred earth. We had a beautiful kollam made by Aish and could take shade under the yurt we borrowed from Ruslan. We would like to express our deepest gratitude to all the friends who came that day and also to everyone who has been supporting our project and helping us manifest it, with a special thanks to our dear team of Youth Link for their help in making this event such a beautiful moment.

APPEAL

3 PUPPIES NEED LOVING HOMES!

The one and only Singam, the motorbike rider, lady-stunner, the insane lion mane emperor of the cultural zone, has just joined forces with his partner in crime Maxie, the fierce Rottweiler / German Shepherd Lassie who chases all the cows away. Together they have created a spectacular trio of mamasitas. Living at the Youth Center, the puppies do well at socializing with humans, and each has a unique personality. They desperately need homes as the Youth Center has enough canine companions already!

To have a look at the pretty puppies, enquire at the YC landline (0413-2622857) or call Luc (9751621599) or Satya (9443085223).

WORK OPPORTUNITIES

An opportunity to serve the community

Background: We are looking for someone to help us take our pilot pasteurization project to the next level. As appreciated by PTDC consumers, we are supplying (when bottles are available for us to use!) 18 liters of pasteurized milk per day.

Pasteurized milk, unlike ultra-heated homogenised milk, retains all the nutrients and is the healthiest form of milk to drink (as drinking raw milk is too risky) in the tropics. Also, by making the milk available in re-usable containers, we help reduce plastic and tetra-pack waste.

Our need: We would like to slowly expand the project to help out more dairy farms, take in, process and supply more Auroville milk in other community outlets. The expansion would go hand-in-hand with regular monitoring of our dairy farms. Interested? Read more . . .

What we need from you:
- Good work organisation skills (reliability and responsibility)
- Be self-motivated and driven (entrepreneurial skills is an added bonus)
- Leadership qualities: ability to motivate, organize and supervise a small team; Ability to monitor the work of dairy farmers and give feedback
- Be accountable: we expect you to organise your work transparently and report on deliverables / outcomes
- Willingness to organize a team to handle milk on Sundays

What can you expect?
- The joy of serving a real need in the community
- A maintenance
- The current team will train you on the tasks involved, most of which are recurring, so you will get used to them soon
- Growth potential towards higher levels of responsibility
- Support in the form of a weekly meeting to help you with any challenges you face in your work

Please contact: tomas@auroville.org.in and/or bindu@auroville.org.in with a short description of your previous work experience. Preference will be given to Aurovilians/Newcomers.

Tomas, Sumathi & Bindu
EATING OUT

UTTAR PRADESH SUNDAY LUNCH AT ATITHI GRiHA: We are happy to announce that we are restarting to serve a beautiful mostly organic lunch accompanied with the usual family atmosphere of Joy Community. Ingredients are all fresh (some from our vegetable garden) and depend on the inspiration of our Japanese chef Emiko. Some of the dishes are gyozas (Japanese momo), makisushi, tempura, etc. By reservation only (1 day in advance). For info and reservation call us at 9487727393 or email us at joycommunity@auroville.org.in. 25 % discount for Aurovilians, Newcomers and SAVI registered volunteers and 50 % discount for monthly lunch scheme. Joy Community team :-)

Receptionist needed at Pitanga: Pitanga needs one or two receptionists on either part-time or full-time basis. For this work we are looking for a friendly, welcoming person who has the capacity to deal with the many daily requests of Aurovilians and guests in quiet, yet clear manner. English communication skills are a must. The work can be enriched further with other administrative features. Aurovilians and Newcomers preferred. Maintenance available. Please contact Kumar at Pitanga, 0413-262 2403

AUROVILLE RADIO / TV

Greetings Auroville...

We are happy to share with you all what we managed to capture in past week as a team of AurovilleRadio/TV. For the first time in history of AV and AurovilleRadio/TV we streamed live bonfire meditation with Water Ceremony from Matrimandir amphitheatre on 28th of February.

Please do collaborate with us in sharing event details and video clips of events happening in the community of Auroville.

We would be happy to hear from you, and also do make use of our services.

Please do follow our updated website which offers a wide range of information with written, audio and video content and stay connected with us for more event updates on our social media sites, Facebook and Twitter. Website: www.aurovilleraladio.org Facebook: www.facebook.com/auroville.radio Twitter: AurovilleRadioTV (@AurovilleRadiol) | Twitter

From our volunteers we have:

AurovilleRadioTV Watch Live Dawn Fire & Water Ceremony in Amphitheatre Live on Feb 28th, 5am - 7am IST.
Simon, Andrea, Wobbl - Auroville celebrates its 50th Anniversary Karthick - Yoga of Tamil Siddhas and Powerful Temples, 50 Poems from Auroville
Steve - Baul Music Concert
Anais - AuroSpirituals at African Pavilion
Simon - Dr. Karan Singh inaugurates New Archives Building in Town Hall
Olly, Wobbl - No Rest In The Kingdom @ Adishakti Theatre
Simon, Gino - Auro-Film Festival 2018, Orchid Show at Auroville Botanical Gardens

Auroville 50 Special - my experiment for experiencing the Auroville Spirit

On Auroville's 50th birthday, I would like to share with the community, my experiment since last few months for embodying and experiencing the Auroville spirit. The experiment involves following steps:
1: Put a large wall watch in the bathroom in such a way that you can see the seconds-showing hand easily.
2: Fill your tub or bucket with water and close the tap.
3: Invoke / imagine that purest waters from rivers of India are there in tub with its special capacity to contain and transmit 15 Auroville attributes as given by the Mother, mostly as significance of the varieties of Hibiscus flower. (30 seconds)
4: Take mugful of water and for 30 seconds invoke / imagine that first of the 15 attributes of the Auroville is contained in this mug and then pour the water over body with the sense that the specific attribute invoked is animating your physical being while you clean the body for 15 seconds. (total 45 seconds)
5: Take another mugful of water and invoke and imagine the second attribute of Auroville for 30 seconds and pour with the same sense and clean the body (total 45 seconds).

(Repeat this with concentration and aspiration till all the 15 attributes are effectuated)
Then, take your towel and swing it in air invoking and/or imagining each of the Auroville attribute for 5 seconds (Total 75 seconds) and then wipe the body with this recharged towel.

This Auroville spirit bath programme takes just about 21 minutes but I believe that with regularity and persistent it is possible to feel and experience and grow in Auroville spirit.

15 Attributes of Auroville are as follow:
1) Spiritual Beauty of Auroville
2) Ideal of Auroville
3) Beauty of Auroville
4) Charm of Auroville
5) Blossoming of Auroville
6) Concentration of Auroville
7) Progress of Auroville
8) Manyfold Power of Auroville
9) Firmness of Auroville
10) Usefulness of Auroville
11) Realisation of Auroville
12) Sweetness of Auroville
13) Effort of Auroville
14) Success of Auroville
15) Air of Auroville

Aryadeep

PS: If you have little more time, you may also add to the swinging of towel qualities of the Mother's symbol (60 seconds) and 12 gardens of Matrimandir (60 seconds).

NOTES
PTDC in Crisis
Dear Aurovilians and Newcomers
I write to highlight the challenges currently faced by the PTDC team, in the hope that the help needed will soon be forthcoming. PTDC provides a fantastic service for Aurovilians and Newcomers alike and should not be taken for granted. It embodies the essential principles we hold dear, such as sourcing organic, sustainably produced products, as well as taking us a step away from our dependence on the monetary system.
In this small space PTDC caters for the basic needs of around 1500 people. However, for several months now, the service has been closed to new members, both Aurovilians and Newcomers alike. So why is this? I made some enquiries:
The two prime difficulties now facing the PTDC team are a lack of space and a lack of staff. Although plans are underway to expand the floor space to include the Free Store/Nandini area, this will take time. A couple of shipping containers would resolve the problem in the short term but unfortunately the funds needed to provide these are not available from the BCC.
Much insufficient background work has to be carried out by the very understaffed PTDC team before the Aurovilian member is able to put the produce in his or her bag. Many goods are received in bulk and therefore must be repackaged and labelled before being displayed on the shelves, whilst vegetables have to be cleaned and packed beforehand. Additionally, the shelf space is simply insufficient to house the sheer volume of produce which is distributed each day. More staff are urgently needed for this preparatory work as well as to handle the items at the checkout counter.
Surprisingly, however, no maintenance is offered for this essential work; and although most of the hardworking PTDC staff do ask for a maintenance, a small income is necessary for many potential workers to join the team. It is surely a great pity if these issues of staff, maintenance and inadequate space are preventing the optimal functioning and further growth of such a core service in Auroville, especially as our beloved PTDC has been closed to new members for many months now!
If you have any ideas as to how we can help please contact ptdec@auroville.org.in or fionafraserjehu@hotmail.com
With thanks, Fiona (a Newcomer who's keen to join PTDC)

Two Bouquets for the Mother
“The Mother bestowed a flower for its blossom” (Hu Hu, pronounced Hu Hshu, Chinese in the Sri Aurobindo Ashram, 1951). In the end of this February we had two flower exhibitions in Auroville: in the Savithi Bhavan and in the Botanical Garden. Such exhibitions were impossible in 1968 where Auroville landscape was waste, semi deserted. For fifty years our city received the rich biodiversity with innumerable beautiful flowers. Many Aurovilians and guests created these amazing shows, in the result we can saw the celestial beauty. The both shows had the great success, many enchanted visitors received aesthetic joy in them.

Among many other flowers in Savithi Bhavan one of them has common name “blanket flower” but the Mother’s name for it “cheerfulness” and the Mother wrote, that it is “a joyful smile of nature”. For the Mother, common things became uncommon ones. Visitors arrived in the new world. A little bit pity that in Savithi Bhavan the flowers were without Latin names. The using of Latin names for the plants is not something special, it is a noble culture. The team of Auroville’s Botanical Garden created the orchids show. There are 22000 species in 880 genera of the orchids in the world. There is only one the Mother’s name for all orchids: “attachment to the Divine”. She commented: “wraps itself around the Divine and takes all its support in Him so as to be sure of never leaving Him”. According to the fossil record orchids existed on planet around 100 million years and there is possible that ever dinosaurs enjoyed the beauty of orchids. On the orchids show we can saw different species of these plants and prices of them, for example: Dendrobium (white), 450 rupees, Mokata (yellow) 850, Vanda (yellow) 1000 etc. Auroville isn’t optimal place for the orchids. Many orchids can see in the sholas (almost untouchable ecosystems) near Auroville’s Nature camp in the region Kodakanal. I never saw the prices of orchids in wildness and was happy. Their beauty is really priceless. The kingdom of flowers is Divine kingdom.

Boris

GREEN MATTERS
Sunday 11th of March Buddha Garden with Priya at 8.30 am: Buddha Garden’s concept is to welcome volunteers and teach them hands-on know-how in organic gardening, while also hosting research students studying sustainable farming practices. Buddha Garden produces organic food for Auroville and offers weekly work visits.

Directions: From Visitor’s Center about 10 minutes by cycle, follow the outbound road, take a left on the T-junction; follow the tar road in direction of Edayanchavadi village. After a large pond, turn right and follow the signs on the path that runs from a small temple and through the gate, continue down the path till you can’t go any further and voilà there’s Buddha Garden. For assistance, call 0413-2622653 or 0413-2001238
Bring water, a hat and sun protection and do come on time not to miss the walk!
Next week Sunday 18th March: Udumbu with Natcha & Yves

ACCOMMODATIONS
Available: house-sitter needed from now on for some months, in quiet retreat in the Auroville. This may suit a male Newcomer or a new Aurovilian who is committed and responsible. Love for dogs required. Contact: ambere@auroville.org.in

Needed 1: Ally (Aurovillian) and Nalia (6-year-old girl) are looking for long term house sitting starting from April. Please email to ally@auroville.org.in or call 7639318999. Thanks, Ally

Needed 2: Dear Community, I am Sangeetha Siriram, a newcomer, volunteering in Bharat Nivas and SLI. I, along with my daughter and husband, are looking for long-term house-sitting (8 months and above) possibilities. I love to garden and also have prior house-sitting experience. Please contact me at siriram.sangeetha@gmail.com or 94440-07649. Thank you!

Needed 3: Dear family! In the middle of March finally I’ll start the newcomer process. I need to move with my family (my partner Jan, my two boys Nijam age 11 and Manu age 7 and a little female puppy): we can move in April, May or wait until the end of June. If you have a place for us, please write to merianichia@gmail.com We really need a home sweet home, a place to take care with a lot of Love 🙂 Thanks! Chihara

AVAILABLE
Auroville Library of Things (ALoT), an initiative by earth&us, at the container opposite PTDC: borrow tools, toys, kitchenware, travelling & hiking gear at your convenience. alot@auroville.org.in.

HP Jet Ink printer: A few years old, working, but not perfectly. Contact Laura: 9442788016

Ladies Cycle: brand new adult ladies cycle with basket, lock and light; never used; beautiful condition; a bargain! Contact: christberth@hotmail.fr, Christiane

Amar Chitra Katha „Mahabharata“: special issue, Vol 1, 2 and 3 package: the greatest spiritual epic of all times turned into the famous Amar Chitra Katha comics. This is a hard-bound 3 volume edition - reprinted 2015. good condition. mail me or msg me: 7094403704 - isisrouxpages@gmail.com

Black matt integral helmet LS2: LS2 full face helmet, model FF302. Size L (57 to 59cm), black matt, dual visor (one transparent, one shaded), high pressure thermoplastic technology, quick release buckle. 2 Years old. mail me or msg me: 7094403704 - isisrouxpages@gmail.com

Home items: electric kettle, hardware hangers, beautiful cotton carpets, bedside lamps, all in good condition, to sell. Mail me or msg me for more information and pictures. 7094403704 - isisrouxpages@gmail.com

OFFICE SPACE FOR RENT: Completely newly renovated office space 40-50 M² very quiet and green surrounding for rent at Auromode with
following facilities: 24 hours Security service/ 24 hours Generator back-up/ Aquadyne drinking water/ Car & Bike parking. Best regards, AUROMODE TRUST - Auroshilipam, TEL: 0413-2622193-161 / Email : auromode@auroville.org.in

NO MORE POWER CUTS ANY MORE! U.P.S = Uninterrupted Power Supply via all kind of rechargeable tubular batteries and Solar U.P.S. / Solar Panels. Also purchase of old batteries. Decades of experience. Installation and maintenance, also on Sundays, by Aurovillian Govindaraja | Sangamam Community.
Cell ph.: 9431172748

Blue metal, sand, bricks & gravel: Blue metal, river sand, M - sand, blue metal dust/crushed powder, bricks and gravel can be supplied for construction purposes in Auroville by Auromila Developers, Auroville unit located in International Zone.

All the materials stated can be supplied in terms of units (1 unit = 100 cubic centimeter) / units. In addition, crushed gravel which shall be in truck loads. Transportation can be provided by us. You may tell us your requirements by phone or email. Head Office Ph: 0413-2623642, Subha: 9344390917, Karthik: 9385537513. Email: auromila.developers@auroville.org.in

Charles & Prasad

Auromila Logistics for materials transportation needs: Auromila logistics has been setup with necessary assets to provide the following services and vehicles at reasonable charges for Auromila: 1. Transportation of materials required for Auroville from Puducherry and Chennai.

2. Shifting of materials delivered at door in Auroville to any location or floor in the community/premises.

3. JCB (earthmover), tipper (Tata-Benz dump truck) and pick up vehicles (Mahendra Bolero, Leyland Dost 2nos. and Tata Ace). You may tell us your requirements by phone or email. Head Office Ph: 0413-2623642, Subha: 9344390917, Karthik: 9385537513. Email: auromila.developers@auroville.org.in

Charles & Prasad

Sicilian Organic products and kitchen tools: Dear friends, from the Dolce Vita Cafe sale we still have organic sun dried grape an...-dried grape and organic tomatoes MGP Pachino (Sicily), organic oregano Noto Valley (Sicily), anchovies (Liguria), and organic almond Avola IGP (Sicily). We also still have kitchen utensils like a multi food processor from Italy. If interested, please pass by Joy GH between 2 and 4 pm (Mon-Sat) or contact us at joycommunity@auroville.org.in. Thanks :-)

Looking for...

Upcycling is looking for a solar cooker: I’m a happy upcycler, I’ve found the way to shift from the industrial white glue (Fevicol, Bulbend) to a self-made organic one, thanks to Matt who started the story! This glue is made out of rice, and very easy to reproduce at home. You take 500g pre-boiled organic broken rice (24 Rs). You add 2 liter of water and cook it for 45 minutes and you wait for it to cool down. You mix it with 1 liter of water and that’s it, you have your glue! To make it even more efficient I would like to use a solar cooker to avoid the gas that I use to cook the rice.

I’m looking for a solar cooker to try and see if it works. If you have one and you don’t use it, I’ll be happy to borrow it for a couple of weeks, thank you. Marc, U.S. Auroville - phone: 9442006807 or mail: marcbalranda@gmail.com

Work: My name is Sharadl I am a 22-year old male who speaks fluent English, basic Tamil and French, looking for half day work in the service area and will be given to the Auroville Police station if no one claims it. If it is yours or you know whom it could belong to, please contact us on our office line 0413-2623400 or by mail to avsecurity@auroville.org.in.

Thank you, Indra for the AVST

Taxi Sharing

Auroville service of taxi sharing available with STS at: http://sharedtransport.auroville.org/ (an initiative by earthBus)

March 11th: Hello, I’m looking for a taxi share to go from Auroville to Chennai airport, leaving around 4pm. E-mail me at perineualexia@gmail.com. Thanks! Alexia

March 14th: Leaving from Auroville to Chennai airport on the 14th afternoon at 1 pm (my flight is going at 6:20 pm). If you want to share a taxi in Chennai, please get in touch at Alexander 9455696992

March 14th: taxi share to Chennai Airport. Leaving Auroville about 8 pm. One person going for departure early morning. Please call 9893512829 or email brg@fbaufauroville.org.in for info. Thanks, B.

March 15th: Proposing to go to Chennai on 15th morning 6am, 2 people going with taxi. contact Varadharajan 9442934306 landline 04132623082.

Charger for MacBook Air: I have received a 2nd hand MacBook Air, but the charger is not working (connection to computer damaged). Does anyone have a spare charger for MacBook Air that they no longer need? penny@auroville.org.in; 9442938514

House items: Dear friends, as I am moving in to my Newcomer house, I am looking for the following things towards its furnishing. Please get in touch if you can help. Email: sidoinrim@gmail.com, mobile: 9531828586, 3 window curtains (window size: 1 meter by 1 meter), gas stove, kettle, small fridge (smaller the better), small pressure cooker, pans, vessels, knives, ladles, storage boxes, sink rack for washed utensils, and other basic kitchen utilities and cutlery, water can, tall mirror, high stool, chairs (1-2), table lamp, futon mattress for 4ft by 2ft sitting area (could be longer also), lights, small indoor plants, plus other things that can be useful, setting up a home for the first time :-) Thank-you, Siddharth

Mattress single person: If anyone has a single mattress to pass on, thanks for letting me know. Love, Jake. Jakevanhayote@hotmail.com

Travel companion: I am looking for someone to share a trip to CAMBODIA April 2 to 16. Depart from Chennai. Price around 500 euros includes one domestic flight, car with driver speaking English and French, hotels and breakfast. contact chrisbherthe@hotmail.fr, Christiane

L O S T & F O U N D

Samsung mobile (Lost): white mobile, lost during 28th Celebrations, most probably at Matrimandir. Please contact louisebarrault@auroville.org.in

(Lost) Silver Kids Birkenstock Sandals and New Purple SUNGLASSES (Active) with neck ribbon. Lost somewhere in Auroville, post: PTDC / International zone/ pool during the first days of March. Precious and perfect for growing feet and body. Very grateful for returning/informing in case you have seen or found them. Ulrike Urvasi 9442069249, ulrikirishna@gmail.com

One waveboard found, one still missing! I’d like to thank the Well Cafe staff, in particular Manolo, who saved the waveboard my little son Manu had forgotten there! The other, the black and blue Nijam’s waveboard, is still missing. If you see it around (the name is written on it) please be so kind to contact us! Chiara & Jan merianichiaras@gmail.com & yogajanbudin@gmail.com

1 key (Lost): on a blue cloth keychain with letters on it, somewhere between Centerfield, Pony Farm and Aurobhatti. If found, please bring to the News and Notes desk. Thanks!

A small Mattirgol Auroville’s Symbol and its chain (Lost), on the 26th February. From the Hive Inauguration site - between Town Hall and Svedame till Realization. Thanks. anandith@auroville.org.in - 0413-2622 547. Anandi (Realization)

Forgotten motorcycle (Found): a red and black Passion Hero motorcycle with number plate P.Y.B.V.8545 was abandoned for more than 2 weeks. The owner please contact us. Anandi.

A key (lost): on a blue cloth keychain with letters on it, somewhere between Centerfield, Pony Farm and Aurobhatti. If found, please bring to the News and Notes desk. Thanks.

A 3 window curtains (window size: 1 meter by 1 meter), table lamp, futon mattress (in the service area and will be given to the Auroville Police station if no one claims it. If it is yours or you know whom it could belong to, please contact us on our office line 0413-2623400 or by mail to avsecurity@auroville.org.in.

Thank you, Indra for the AVST
**TRAVEL**

**Latest News from the Travel Shop - Inside India** located in Auroville, Tamil Nadu - We are open from 9am to 1pm and from 3:30 to 5pm.

**LATEST OFFERS from International Airlines** which change very frequently. Some offers are only available for a week or two: Oman Airways has special offers to Paris & other destinations in Europe / Air India has promotional offers to destinations in Europe / Jet Airways has promotional fares to International sectors / Qatar Airways has promotional fares to Europe & USA.

**Hotels:** International and Domestic Hotel bookings can also be done at discounted rates through us. Insurance: We highly recommend to avail of a Travel Insurance for all foreign travels. Please check with us in advance regarding flight schedules & availability! 

Companies we work with:
- Oman Airways
- Qatar Airways
- Air India
- Jet Airways

**Contact:**
- Inside India
  - Office, Opp TNEB centre, Irumbai Road
  - 0413 2622078, 2622939, 0413 2622047, 0413 2622047
  - travelshop@auroville.org.in, domestic@inside-india.com, toursandhotelbooking@auroville.org.in
  - info@insideindia.auroville.org.in

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**Women’s Kabadi Tournament**

For International Women’s Day, the women’s groups of Auroville Village Action Group are organising sports and Kabadi events in the villages surrounding Auroville.

The Women’s Kabadi Tournament will be held at AVAG on March 11th. This will be the first Women’s Kabadi tournament in our area and we expect 30 teams from different villages to participate in a day long event starting 10am to 4pm with lunch included.

All are warmly invited to come and enjoy the event. For information: 0413 2678871 - avagoffice@auroville.org.in

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**AMPHITHEATRE - MATRIMANDIR**

*Meditation with Savitri*

Read by Mother to Sunil’s music

Every THURSDAY - 5.30 to 6.00 pm [weather permitting]

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work, and is to be used only as such.

We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you

Access only for the Amphitheatre from 5.15 pm.

Please be seated by 5.25 pm.

Thank you,

Amphitheatre Team

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**Info and Donations for Aurovilles Land**

We invite you all for a presentation on Auroville’s Land situation

**Friday 9th March -4 pm, at LFAU,**

**Landboard, Town Hall 1st floor, with Sigrid.**

Welcome to share fundraising for Auroville’s land via our Facebook: [www.facebook.com/Aurovillefunding](http://www.facebook.com/Aurovillefunding). Please do share, not only “like”, for the snowball effect!

Our website is [funding.auroville.org](http://funding.auroville.org) for those approaching Auroville newly, and from the ecological perspective, and [Land Auroville.org](http://LandAuroville.org) for the extended Auroville family!

Auroville 50th is a great moment to invite for participation in Auroville’s future!

LFAU, lfau@auroville.org.in / 0413 2622657 / Townhall

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**THE CONSCIOUS FASHION FESTIVAL**

by The Conscious Fashion Hub, Upasana & shirting...

**MARCH 17th, 2018**

4 - 9.30 pm - Upasana Market

7.30 pm - Barefoot on Earth Fashion Show

**MARCH 18th, 2018**

10 - 6 pm - Upasana Market

4 pm - ‘shirting…by Upasana’ launch

Celebrating beauty beyond vanity at Upasana Design Studio, Auroville +91-413 2622939 - [www.upasana.in](http://www.upasana.in)
FREE STORE PTDC

FOOD PROCESS SHOW

SATURDAY 10TH MARCH 4:30
IN PTDC
EXHIBITIONS

MIRAGE
Last School invites you to view the journey of self-discovery presented through a few individual installations

Opening:
Saturday 10th March, 3:30 to 5:30pm

From March 10th to 18th
Monday to Friday 3:30 to 5:30pm
Week-ends 10:00 to 12:00am/3:30 to 5:30pm

Sri Aurobindo Centre for Studies
India and the World
Bharat Nivas
Auroville, India, The Earth

This exhibition, curated by Olivier Barot, will be opened on Wednesday, March 14, 2018 in the Sri Aurobindo Centre at 4.30 p.m.

Welcoming everyone......

Matrimandir to 17/11/73 & Inner Chamber
Until 31 March, 9am - 5pm - Unity Pavilion
Exhibition by Loretta. Building Matrimandir from bare earth to the minute Mother left - the land, the people, the workers’ camp, the workers and Matrimandir. & Creating the Inside of the Inner Chamber - rare photographs, Aurovilians’ memories and Mother’s instructions.

Exhibition Reminders:
- “Line of Goodwill” at Unity Pavilion until March 31 “Beginning to build the Matrimandir” at Unity Pavilion-Hall of piece - until March 31 2018
- “History of Blessing Packets” at BRAHMANASPATHI KSHTETRAM The Mother Sri Aurobindo Centre Edayanachavadi until 29 March 2018
- “On the Way to Supermanhood” at Centre D’Art Citadines Until March 10th 2018
- “The Dawn of Auroville” - Photo Exhibition on the rare texts and photographs of the early days of Auroville: 1965 to 1973 - Text by The Mother. Ongoing exhibition until 11 March 2018, at Kalakendra gallery, Bharatnivas. Open daily from 9 to 5 pm.

CULTURAL EVENTS

Jazz-Café
presents a Concert from
Jurriaan & friends
at the Visitor’s Center
on Sunday 11th March, 8:00 PM

Puthiyathore Ulagam
Sunday, 11th March - 7pm
Sri Aurobindo Auditorium
Bharat Nivas, Auroville

By Auroomsadhwani group (Bharatanatyam) & Kanchana’s students (Odissi)

Indian Classical Dance Drama depicting the journey from Sri Aurobindo’s epic poem ‘Savitri’ to the Mother’s vision of ‘Auroville’

All are welcome!
Indian Classical Dance Drama depicting the journey from Sri Aurobindo's epic poem 'Savitri' to the Mother's vision of 'Auroville'

By Auroamsadhwani group (Bharatanatyam) & Kanchana's students (Odissi)

Sunday, 11th March, 2018
7:00 pm
Sri Aurobindo Auditorium
Bharat Nivas, Auroville

All are welcome!
HIBISCUS ART FESTIVAL

50 years of Universal Celebration

at SVE DAME WELL STUDIO CAFE

10 March

Facebook HibiscusAV

All day food in Well Cafe!

Well Cafe ☎ +91 413 262 2219

MORNING PROGRAM
10-15 Paper sculpture by Krishan
10-17 Watercolor portraits by Ivana
10-17 Mandala coloring by Patric
10-12:30 Basket weaving by Well paper
12-17 Tarot reading by Vikram
13-15 Top print pattern by Maria
13-15 Express Jyotish
Astrology reading by Polina
14-16 Stone painting by Svenja
14-16:30 Basket weaving by Well paper
15-17 Zentangle by Christel
16-16:45 Laughter yoga by Ganesh

EVENING PROGRAM
17:00 Folk Dance circle by Lucile and Lison
18:15 Trad&Gipsy music by Francois and Shalini
18:45 Raffles (art and craft works as prizes)
19:10 Physical Multimedia Theater performance
"Wanna come" by Ra
19:30 "Khajuraho Dance & Art chronicles"
documentary by Vikram
20:00 Bansuri electronic / tabla keyboards by Nadvapram / Arnab
21:00 R&B, Pop, Rock, Reggae by "Soul Cypher"
22:00 "Samuel Gazz Qabret"
23:00 DJ Priscilla
followed by photo slideshow, made by Helgurd
Hindustani Classical Vocal Recital
By Shri. Bhuvanesh Komkali, grandson of Pandit Kumar Gandharva, and son of Shri. Mukul Shrivputra. His musical quest continued under the tutelage of Smt. Vasundhara Komkali till her demise in 2015, and it continues under Shri. Madhup Mudgal now. Bhuvanesh has been awarded Sangeet Natak Academy’s prestigious Ustad Bismillah Khan Yuva Puraskar amongst other awards.

Accompanied by
Shri. Abhishek Shinkar : Harmonium
Shri. Sagar Patokar :Tabla

Thursday, 15th March 2018 - 7:30 pm (1 hour approximately) at Unity Pavilion.
Organised by ARPANAA, Geeta Creativity & Mona Yantra.

arpanaa@auroville.org.in

Tango performance at Visitors Center
Wednesday March 14th, 8 pm
Auroville Tango team is inviting you to a beautiful and truly magical tango performance that will take place in Visitor Center on Wednesday March 14th, at 8 pm, as part of the 7th Auroville Holly Tango Festival.
Right Path Café will serve a delicious Latin American dinner for the occasion.

REGULAR EVENTS

Treatments. Check our website for updates, schedules & details: www.auromodeyoga.space or call 0413-2622 224.

Auroville Aikido at Auroville Budokan (Debashakti): Teenagers’ class: Monday & Wednesday evening 5 to 6.00 pm with Cristo and Surya. Children classes are full! Adults: beginners are welcome on Saturday morning 6.30 to 7.30 am (mixed levels) with Murugan/John/Surya. Advanced with Murugan/John: Tuesday, Thursday 6.00 to 7.30 am and Saturday 5.30 to 7.30 am. Please be at the Dojo/Budokan 10-15 min before class starts. Beginners may wear long loose pants & t-shirt with sleeves for the start (no tight fitting please.) White “keikogi” will be required for continued practice. For all activities at the AV Budokan: Health Fund or private insurance necessary - Reasonable contribution required for the Dojo. For more info, please write to budokan@auroville.org.in or contact Sury: 0413-2623-813 or 9655-485487.

Aikido with Sep (Tanseikai group): Practice of Aikido at the Auroville Budokan under the guidance of Sep Overlaet, 6th Dan Tokyo Aikikai.

Hours of practice: Tuesdays and Thursdays from 7 pm to 8.30 pm. Minimum age is 15. For further information contact Sep: overlaet@gmail.com / 8489755035.

Alcoholics Anonymous: meeting (open) every Saturday 6pm, Centre Guesthouse (Merriam Hill Centre). Contact: Ingrid 9443843976 or Shankar 9442010573.

Argentine Tango: Practica (practice space open to all tango dancers) Wednesdays 7.30-9 pm at SAWCHU.

Astrology, its holistic approach: Astrological Chart by Uma Gimenez. You are welcome to call and fix an appointment at 0413-2623080 or 9443699772 (Surrender). The reading can be held in English, Spanish, French and Italian.

Astrology, Vedic: Readings in traditional Vedic Astrology to address any issue or area of life where you need more clarity. A single session lasts 60 to 75 minutes, so please plan accordingly. Study sessions are also possible. Contact Vikram at 9843948288 or at vikram@auroville.org.in

AVYA Auroville Youth Activities: a brand new website presenting the regular Youth Activities available in Auroville: youthactivities.auroville.org.in. The primary goal is to provide the Auroville community (especially children/parents), with an organized and simple overview to become aware of the Activities available in Auroville, for the AV Youth. If you wish to add your activity to the website, kindly send your contact details (sport, name, phone number, email) to youthactivities.auroville.org.in.

Awareness Through the Body with Stefania on Tuesdays at 5 to 6:30@JOY GH Hall; Based on the Integral Yoga of Sri Aurobindo and the Mother. Awareness Through the Body is a comprehensive curriculum of exercises that offer practical tools for personal growth, introspection and self-knowledge, giving participants the opportunity to discover and explore more about themselves. For more info: joycommunity@auroville.org.in

Bach Flower Sessions: With Rosalba, at Baraka. Monday, Tuesday, Friday and Saturday afternoons. Advance appointments by calling 9787702844 or email to rosalba@auroville.org.in.

Bach Flower Healing Session: Bach flower essences gently help to achieve harmony and balance to all aspects of your being. For appointment call Sittara 9751798408 or email: sittara@auroville.org.in.

Brahmanasapti kshetram: The Mother and Sri Aurobindo Centre is launching regular activities: Every Thursday meditation 6:00-6:50 pm (Ever second Sunday of the month reading circle) from 5:30 pm led by Bhuvana Sundari in Tamil and English (for directions kindly consult Google maps at this link: here)

Body Care in Auromode: Facial treatment - cleaning, scrubbing, massage, moisturizing mask, rejuvenating mask, deep cooling mask.
Exotic SPA -Scrub, Wraps (chocolate, Tropicana). All materials used made from natural and organic products. Body Treatment - Cup massage. For more information contact Svetlana +919344639707.

Body fitness & Self-defense class: Learn Karate and Kick boxing for self-defense and body fitness. On Saturday and Sunday between 6.30 and 8.30 am. Place: SAWCHU building, Bharat Nilas. For more information contact: 9442485455 or 9876167917.

Brain-Waves assessment and training towards high-performance brain and meditational states of mind (non-clinical neuro-feedback) - project of LOE “Laboratory of Evolution”. Contact: egle@auroville.org.in
**BUDDHA GARDEN activities:**

- **FARM TOUR** every Monday and Thursday morning. Come and experience our new audio guide as you walk around the farm. Contribution requested.
- **JOIN OUR WEEKLY FOOD GROWING ACTIVITY CYCLE** starting every Monday, morning at 8am and continuing for a further four days 6.15 - 9.00am. Each day will consist of practical activities, discussion and reading about how we can grow our own healthy food. Booking essential. For more details contact Priya budhagardenav@gmail.com
- **COOK AND EAT LOCAL FOOD**; with Sivakala. Every Thursday 10.30 - 12.30. For further information contact Priya budhagardenav@gmail.com

**Budo Waraku:** Keiko (practice) of Budo Waraku at the Auroville Budukan on Mondays and Fridays from 7pm, to 8:30pm. Waraku is a Japanese Budo based on ancient Shinto wisdom. The ancients taught the "Kototama", the power of sound. The universe is made of sound. The practice will be directed by Seb and Yoko, direct disciples of Maeda Hiramas Sensei, the founder of Budo Waraku. Minimum age is 15. Please contact Seb overlaet@gmail.com /8489755035

**Capeoira (Group Ginga Saroba):** Classes open to all levels, led by Prof. Samuka da India and his students.
- **ADULT CLASSES:** > Monday: 5.15 PM - SAWCHU (Bharat Nivas) | Tuesday & Thursday: 6.00 PM - Deepanam School | Saturday: 4.30 PM - Dehashakti Gymnasium. Free trial class every first Thursday of the month.
- **KID CLASSES:** > Monday & Friday: 1.15 pm - Deepanam School | Contact us prior bringing a new kid,
- **OPEN RODA** (Capeoira Circle) > First Friday of each month 5.30PM - Visitor Center - Open to all!!!

Contact: info@ginga-saroba.com | www.ginga-saroba.com | 9488328435

**Children Activity Garten:** in a friendly home-environment for ALL children from 2-6. Open - Fr from 9 to 10 pm and on the regular school holidays. Contact: saroja@auravel.org.in or 76390 17692, http://activitygartenauravel.org.es.es

**Carnatic music** - **singing lessons and veena:** adults and children 8 years and older. Bruno (Utility). Telephone 2623308 / mail nadopasana@auravel.org.in

**Chinese fire cupping / Moxibustion Therapy:** Fire cupping(火罐) and Moxibustion（艾灸）are both ancient therapies based on Traditional Chinese Medicine(TCM) theory. They can remove one’s blockages and accumulated toxins from deep tissues of the body as well as improving one’s immune system; effective in acute and chronic internal organ disorders such as pain, stiffness, fever, chill, asthma, wheeze, nausea and vomiting etc…. By appointment only: Chun - 80989- 00708/chun@auravel.org.in at Arka Wellness Center

**Computer Literacy Support @ Blue Light:** The weekly beginner’s support (computer literacy) open to any community member using Linux every Saturday morning at Blue Light from 10 am-12.30 pm is back. We are located at town hall, the office is between Auroville multi-media center and the Auroville Foundation building. Email: bluelight@auravel.org.in Phone: +91 413 262200

Contact **Improvisation class** and jam at African Pavilion: every Tuesday 6pm 7.30pm. Contact improvisation is a form that utilizes the physical laws of friction, momentum, gravity and inertia to explore the relationship between dancers. The class will be led by Kartikh Rajmohan who is one of the first generation of contact dancers in India. A jam will follow after the class. All are welcome!

Contact **improvisation** at Eluciole circus (Miracle). **Every Friday from 5pm to 6:30pm** we explore different aspects of contact improvisation to develop skills, understand how the body works in relation to another and in relation to gravity. The class will be led by Kartikh Rajmohan, followed by an open jam. All are welcome! [NOTE: class will be cancelled if it is raining] tel: 9787332791

Contact **Improvisation Dance classes and jams:** Wed and Thursdays 5:30pm – 7:30pm at European House. (located inside and to the right of international house - opposite Tibetan pavilion). We will use this new space to explore and play with movement, florid, spiralling and flying. We will play with the artistry of falling off balance, counterbalance, finding the shelves of the body and learning the mechanics of the body in order to handle someone else’s weight or be lifted. Looking at body design and structure to find effortless, efficient and graceful movement. **Wednesday class** we will focus on technique and improving our contact movement vocabulary. **Thursday** will start with a structured warm up and develop into a free space jam, where we can play and dance. Both classes are designed for all experience types. Contact John: 8524963049

**Creative Fridays:** **FRIDAYS 5 to 7 pm.** At CREEVA (Centre for Research, Education and Experience in the Visual Arts) in the Creativity Studio/Atelier. Come, experience and enjoy the colours. An engaging and meditative process to help you express yourselves more freely. Please come in, in non-frangible clothes! Free for Aurovilians and Newcomers. Contribution for Guest, and reduced for Volunteers. Please call in advance: Helgard 9486534326 - 0413 2622427. helgard@auravel.org.in

**Creative Writing:** **PAUSED FOR 2 WEEKS** - will restart on Monday 12 March. A regular class presented to you by The Auroville Short Theater Festival project. Never stop to be creative, whatever happens in your life! Every Monday 4.30 to 6 pm @ Sanjana Community (after Arati, before Maduka) in Francesca’s place. For more info: 0413 2623987 or francesca@auravel.org.in. Please call or write me an email before you come if it is your first time. All of you are welcome as long as you bring with you a notebook, a pen and the fun of expressing yourself! Let’s just show up on the page and let that “something” move through us!

**Cuban Salsa:** Learn and practice Cuban Salsa, every Wednesday, 6-8pm at African Pavilion. Intermediates start at 6pm, Beginners start at 5.30pm. Class is Free and all are welcome. **Instructors:** Moxyzone & Carmen. For questions, email serrar@gmail.com

**Dance Offering:** Welcome to weekly gatherings. To listen deeply to your body, allow life to express itself uniquely and unfold through movement, to celebrate together and offer the fruits of our practises. Free authentic dance and contact improvisation. **Mondays, 5 -7 pm in Verité.** Thank you for coming on time to begin together!

**Darkali Fitness Track:** welcomes you every day from 4pm to 6:20pm. Please remember to come 30 minutes before closing time. Please note, in case of rain, the Fitness Track will be closed until the path is dry. To be aware when the Fitness Track reopens after the rain please visit Auronet group »Darkali Fitness Track».

**Eco Female open session:** Eco Female welcomes you on every Thursday from 10.30 am to 11.30 am for a small talk about our work, sustainable menstrual products and menstruation experiences. Contact number: 9487179556. Our office in the Saracon campus, near Ganesh bakery, just before Windarra.

**Explorations in Clay with Naushen:** Every Wednesday come to explore, play and express yourself through clay. 5 to 7pm at Creativity Cooperative Studio

**The Eternity Game- El Juego de la Eternidad:** An oracle with 64 cards based on Sri Aurobindo’s Yoga. Individual and groups, in English, Spanish, and French. Booking essential. Contact: Anandi: 0413 2622547 or anandij3@auravel.org.in.

**Family constellation workshop with Mohgan:** next sessions at Creativity Hall of Light: March 10th, April 7th. Contact Mohgan: 9751110486 / mohgan@auravel.org.in

**Feminine dance for all women** in Cripa, Kalabhumì on Tuesdays at 4pm. An ancient sacred art for communication, healing, transformation and to facilitate birthing. We create an opportunity to reconnect joyfully to our body, reawaken the flow of feminine energy, move to the living pulse of life and have fun in the loving presence of other women. Wear comfortable dance clothes. galit@auravel.org.in

**5 Rhythms Waves: Fridays - 7.30 till 9.00 am at CRIPA/KALABHUMI.** About 5 Rhythms dance & movement meditation: Created by Gabrielle Roth and practiced by tens of thousands worldwide - 5 Rhythms is philosophy, perspective, performance art and dynamic movement practice rooted in the principle that if you put the psyche in motion it will heal itself. Movement is both the medicine and the metaphor, reaching across all languages, cultures and age groups transform suffering into art, art into awareness, and awareness into action. Wherever the 5 Rhythms are practiced, a community is born to dance, to sweat, to change, to support, and to provide a safe space for each of us to shatter the ego’s hold and awaken the juicy, unpredictable, fascinating, edge walking, rock star part of ourselves that yearns to be free. Creativity. Connection. Community. Offered by Ireda (Newcomer) 5 Rhythms teacher in training.

**Flamenco:** by Lola at CRIPA. Every WEDNESDAY - INTERMEDIATE: 2.30 to 3.30pm - BEGINNER: 3.30 to 4.30pm. WELCOME !!

**French classes** at Savitri Bhavan, House of Mother’s Agenda: French classes at House of Mother’s Agenda, every Monday and Friday from 5 pm to 6 pm.
**From the Food Lab:** Horizon. (In front of Sve-dame), Mon., Tues., Thurs. 4.00 to 6.00pm. Call Lorenzo before coming at 09413362274. All relevant information about the after effects of food on your body for e.g. allergies, intolerance, chronic pathology. Homeopathic Immunopharmacology is available.

**GAMES:** an evening of fun board games. Fridays from 5 pm onwards, upstairs at le Zephyr restaurant in Visitors Center. We have many games already! Bring yours if you have!

**Hairdresser/Hairstylist:** Hi my name is Radina. I offer haircutting, hairstyling, highlights at my home salon Monday through Saturday for the ladies. Private home service also available. For appointments please contact 9787337465.

**Hatha Yoga in French at Auromode Yoga Space:** Vive la France! Evening Hatha class on Wednesdays (5.30 pm to 7.00 pm) is now held in French! Get yourself balanced and restored after an intensive day in a gentle Hatha Yoga way with Laure. Mercredi, 5.30 pm - 7.00 pm. Cours de Hatha Yoga en français. Reequilibrez-vous et restaurerez-vous après une journée intense avec un cours relaxant de Hatha yoga avec Laure. Details and contacts at www.auromodeyoga.space/yoga or +914132622224.

**Hatha Yoga with Bala at the African Pavilion:** Monday to Saturday: 4 to 5.30 pm - Classical Hatha Yoga by a 200hr Yoga alliance certified teacher. Hatha Yoga gives importance to the breathing, relaxation and meditation nature of a pose along with the physical nature of the Asanas. An Asana class consists of eye and neck exercises. Pranayama, sun salutations, Asanas (Poses), final Relaxation and Meditation. Beginners to Intermediate level. Contact: +91 9892699804 / 7867899203

**Heart Beat Dance** with Julie on Wednesdays at 5 to 7 pm @ JOY GH Hall. Letting go of dancing to impress, instead dance to express yourself. Improvising dance and movement, you will experience a deep sense of connection, to the core of your being. You’ll be full of energy, eager to celebrate life. No dance experience needed. For more info: mycommunity@aurowille.org.in

**Hindi & English Class:** Learn to speak, read and write Hindi at News&Notes sorbed. Simple and effective. Weekdays, 5.00 pm and 6.30 pm. Contact: +91 9820099488, +91 9488512678. For more info visit www.learntthroughgame.blogspot.in

**HOLISTIC regular sessions:** See more details and the up-coming intensives: www.aurowille-holistic.com. For the following sessions, book at contact@aurowille-holistic.com

**Quantum Shiatsu Massage:** With Sama L. Latzke.

**Sphirotherapy:** With Camille Delobel.

**Regression Therapy:** with Sigrid Lindemann.

**Thai massage** to re-harmonize the energy and heal with Christine Pauchard.

**Acupuncture** with Andres Lokuta

**Ashtanga Yoga:** Mysore style (7 -8.30am) and **Hatha Yoga** (4.30-6pm) with Christine Pauchard

**Health & Wellness Coaching:** a process that facilitates healthy, sustainable behavior change by challenging a client to listen to their inner wisdom, identify their values, and transform their goals into action.’’ Contact Christine 9489830459.

**Hum Chakra Yoga:** by Asha, EVERY MONDAY - 5 pm to 6:30 pm. Venue: Hall of Light in Creativity. The word Hum is the root vibration, the smallest, undividable unit of sound as reflection of the essential nature of Kundalini-Shakti. Hum is the descent from universality (Om) into the human heart. We will identify what are the physical and psychological symptoms of blockage, deficiency and overactive chakras, and we will work on it through different techniques. We will go deeper into the yoga asana, pranayama, meditation, chanting and through Mother’s qualities (Courage, progress, receptivity, aspiration, perseverance, gratitude, humility, sincerity, peace, equality, goodness, generosity) we will make an inner reflection to our consciousness and advance in the stages of personal evolution. Balancing our chakras, each day we will give special attention to some chakra or chakras and we will be discover the way to heal ourselves, how to be a balanced and happier person. Yoga for adults. All levels are welcome.

**Individual Yoga Sessions at Auromode Yoga Space:** (60 or 100 min).

Designed for your needs, level, age and dosha / body type. Be it your first step into Yoga or an upgrade of your personal practice. Details and booking at www.auromodeyoga.space/yoga or +9141326222124.

**inner dance:** Every Saturday from 5 to 6.30 pm at Vérite. Dance and move freely, according to your inner call. Let go, connect to your inner source and enjoy the movement that arises from within. No previous experience required; come with comfortable clothes a positive spirit! Everyone welcome to join!

**Jade Beautysalon:** Jade Beautysalon is open again, happy to welcome you for Beauty and Time for yourself. Manicure, Pedicure, Waxing, Facial treatments, support for any kind of skin problems. Swiss quality. Now you can find me in Aurosojan complex, next to Rangoli pink door. Also voucher for a nice gifts are available. Beauty the smile of divine, feel good with yourself. Write a WhatsApp sms or call for appointment: 809 876 0113, with love Julia

**Japanese Tea Ceremony:** available on request. Please contact 9dhaswamayam@aurowille.org.in or at (0413-2622192.

**Kino Aurowille:** Kino is a film making movement that advocates the production of short-films on little to no budget, using small crews, and non-competitive collaboration. There are Kino Groups around the world. Kino Aurowille is the only one in India. We invite anyone who has made a film in the last month, between 30 seconds and 6 minutes to come and screen it. We meet every first Saturday of the month at 10 a.m. at the NMC/CP (MultiMedia Center / Cinema Paradiso) at the Town Hall. Some of the films made can be found at this link: https://vimeo.com/groups/kinoaulowillemonthly

**Laughter Yoga** with Nikhil @ JOY GH; Saturdays 4 to 5 pm. Laughing Yoga is a set of joyful exercises to keep yourself healthy. Like any other exercise for example: gym, aerobics, running etc. the aim of Laughing Yoga too is to keep your body fit and mind sound. The only exception is that it’s a lot more FUN…. :) :) :) No registration needed. Please call before to confirm your coming. thank you. Contact: Veronique J. 9488512678. For more info visit www.leeleathemeatgame.blogspot.in

**Mandala Practice:** Wednesdays 2:30 pm to 5 pm, with Rosalba, exploring mandala’s practice in the greenbelt of Aurowille. Since the beginning of the Human Life, people all over the world are connected with special shapes; the Mandalas are part of them. Carl Jung, long time ago, discovered that the practice of drawing mandalas, in spontaneous way, it produces effects and a benefit on our own Life, harmonizing and rebalancing whatever is in need. - My role on all this is to guide you into the process of drawing, the mandala as a Sacred Circle, our own Universe, where to express our inner being of that moment, the moment we draw inside it, using different techniques, to reach spontaneously your center, your reconnection with yourself. Material all included in the requested contribution. Please contact me for all details: 9877025644 or rosala@aurowille.org.in. See more on the following facebook: www.facebook.com/rosala.aurowille/

**Meditation for Peace and Healing:** Join us from 5:00 to 5:45 pm every Thursday around the Peace Table at the Unity Pavilion to build and hold a Collective Space for Healing and Peace. Please offer your Presence to help in this collective experiment, whether you need healing yourself or simply want to support others in their healing and well-being.

**Meditation in Yogic Tradition:** Practical class where you learn to get prepared for meditation, sit correctly, relax, breathe, balance and center yourself, concentrate and get absorbed. Simple and effective technique. As a result, you achieve a state of tranquility, awareness and enjoyment. Every Tuesday 5.30 pm to 6.30 pm at Auromode Yoga Space. Details and contacts at www.auromodeyoga.space/yoga or +914132622224.

**Mindfulness - the art of being present:** with Jazz (long term Volunteer) Saturdays from 5:15 to 6:15pm Joy GH Hall: Mindfulness is the art of being present in the here and now, which we explore simple meditation methods that allow us to open our consciousness and engage wholeheartedly with everything that comes our way. On Donation Basis.

**MMMA (Mixed Martial Arts)** and Self-Defence for Women: Every Monday and Wednesday 5:30 to 7:00 at Dehashakti Gymnasium. Open to everyone starting from the age of 14. Please be punctual and in sportswear. Stay at home if sick or if you have open wounds or skin diseases. Free for Aurovilians & Newcomers. Fixed contribution for SAVI Volunteers and for Guests. We welcome at any time your support.
in form of donations for new material etc. AVMA account: 251884.
Giacomo: 9487340778 / giacomoaoaruville@gmail.com

Mudra-Chi Workshop: A body Prayer in a Tai-Chi Form. Every Tuesday at 4.45 pm. At Savitri Bhavan. Facilitator: Anandi. For further information or Special Classes, contact me, anandy7@auroville.org.in

NEW COLORS: The NEW COLORS children’s center is in Edayanchavady village, and offers free homework help for students from grades 1-9 from Monday to Friday between 5 to 7 pm (not on rainy days). "THE MOTHER KinderGarten" in NEW COLORS is for ages 2-7, open from Monday to Friday, morning activity 8:30am to 1pm or afternoon activity 1pm to 4pm or full day activity 8:30pm to 4pm. It is suitable for short or long term for Aurovilians & Newcomers and Guests. For registration and for further details contact Renana 9865544472 or newcolor2002@gmail.com


Introduction To The Communication Of The Heart (Also Called NVC / CNN): IN FRENCH ONLY. On Fridays from 9 am to 5pm at Creativity hall of light. Advance Registration required: Hamsini 9487544184

Odissi Dance Classes: For all interested in learning the beauty and the rhythms of Odissi dance, Devasmita is offering classes for all, including complete beginners. The class is held every Friday from 5:15-6:15pm. The class is open to all. Location: The classes are held at the Dance stage outside Satyakam’s house. When you come to New Creation Village, keep driving straight on the paved path. You will see a parking area in front of the lotus pond. Park your vehicle there, and walk straight on the paved path. On the left you will see the Dance stage. It is an open area. Registration is important. To sign up, please drop an email with your contact details (preferably with your number on which WhatsApp can be sent) at odissidanceclass@gmail.com. If, however, you are seeing this email right before the class, just drop in and register later.

OM Choir: “The voice that chants to the creator Fire, / The symbolled OM, the great assenting Word”. Every Tuesday at Savitri Bhavan, 5:45/6:00pm - and at the OM Choir in the Ashram School, opposite the Ashram Entrance, Pondicherry, Fridays at 7:00pm.

Pavilion of Tibetan Culture (International Zone) - weekly Activities
- **TUESDAY**: Swing your hips. A women’s creative Dance circle with Julie Mosmuller. From 6 to 7.30 pm.
- **WEDNESDAY**: White Wednesday. Bhakar. Tibetan Dinner at pavilion of Tibetan Culture from 6.45 to 8 pm.
- **FRIDAY**: Meditation with Max from 5.15 to 6.15 pm.
- **SATURDAY**: Pranayama yoga with Ananda. From 7 to 8 am.

We request everyone to support and cooperate with us. Everyone please be on time. Thank you, Kalsang

Pilates with Teresa: At Arka. All classes last one hour. Thursday & Thursday 7:30 am all levels / Wednesday 5:30 pm all levels / Friday 5:30pm advanced level. Teresa: 7867988992 / teresa@auroville.org.in in Prana Vastha Yoga with Helene on Mondays at 4 to 5:30 pm and Fridays at 4 to 5:30 pm @ JOY GH Hall; This practice is a 60 asanas sequence focusing on the development of strength with flexibility. The breath remains the key throughout the series and the practitioner focuses on maintaining in the breath during the whole practice. For more info: joycommunity@auroville.org.in

Psycho-spiritual work, tarot and other sessions: To bring more clarity and freedom on life issues where there was confusion and entanglement in order to allow new steps in life. Tarot, deconditioning self-inquiry, “inner personalities” discovery and balancing, guided meditation and other tools...by Antarjyoti in English or French, tel:(land): 0413-262 37 67 or email: antarcalli@yahoo.fr

Qi-Gong with Andree on Tuesday/Thursday and Saturday at 7 to 8:30 am @ JOY GH Hall; ‘Swinging’ Qi Gong for beginners, is one of the ways to rest and revitalize your energy and re-center your energy into new experience. For more info: joycommunity@auroville.org.in

Readers group IN ITALIAN: Mother’s Agenda - for all Italians speakers, visitors or residents of Auroville. LET’S KNOW AUROVILLE THROUGH THE MOTHER. L’altro modo di conoscere Auroville attraverso il diario di Mère leggendo insieme alcuni passi scelti: IL 29 FEBBRAIO 1956-L’ ENERGIA SOPRAMENTALE E’ ARRIVA SULLA TERRA- LA RAZZA NUOVA- IL DERNAR. Mercoledì ogni settimana, alla Libra in Creativity con Janaka. PER GLI AUROVILIANI CHE APPUNTAMENTO! Un grazie anticipato agli Auroviliani che vorranno aiutarmi in questo lavoro progreendo insieme. Le fotocopie dei passi proposti sono gratuite...perché ha detto Mère: “Questa Agenda è il mio regalo a quelli che mi amano”.
Contatto: Janaka al 948.762.9648 / janaka.omniauroville.org.in

Réception Francophone: Tous les mardis de 17:00 à 18:30 à La Terrasse, en haut de la Cuisine Solaire, Ananda et Michiko sont à la disposition des visiteurs francophones qui voudraient poser des questions sur Auroville. Les Auroviliens et Newcomers francophones peuvent aussi participer.

Reiki: with Marcia @ JOY GH Hall. Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by "laying on hands" and is based on the idea that an unseen "life force energy" flows through us and is what causes us to be alive. On Appointment. For more info: 7598260379.

Reiki with Betty: Traditional Milko Usui method. Healing sessions and certified workshops all levels on appointment. (English/French/Spanish). Contact by SMS or WhatsApp for details or appointment (+91)09890745351 or email betty@auroville.org.in

Relationship Based Communication with Sirish on Tuesdays from 9 to 12 and/or from 1 to 4.30pm @ JOY GH Hall; We will investigate values as the basis of understanding ourselves and others. Following what we spend time doing and what was missing in our lives gives us clues to where we find our own values. Over a few sessions, we will uncover mutual areas of overlap of values and take our communication language to a higher ground: anticipate problems and create powerful solutions. Contact 8127924550 or sirishnew@gmail.com

Restorative Circles (RC): workshops, practice groups, calling a live Circle, and other questions. Contact Laura: 9442788016, restorative@auroville.org.in, joylivinglearning@gmail.com, www.facebook.com/RestorativeAuroville

Sacred Groves - Guided tours: 3.30 pm on Monday, Wednesday and Friday. Sacred Groves, a project in sustainable building and living is recently receiving many guests. We are very happy with this attention and need to show them around and explain our project. Unfortunately, the time to do this is not always there. This is why we will give tours for all who are interested at regular timings. The tours will be given throughout the guest season at 3.30 pm on Monday, Wednesday and Friday. The Sacred Groves Team

Sanskrit Mantras: @ JOY GH Hall, Centre Field. Drop in classes on Thursday at 6:15 to 7:15pm and Regular Classes on Friday from 6:15 to 7:15pm. Chanting Mantra is performing an ancient prayer. Through the harmonious rhythm, repetition and participation, it brings mind and gains clarity, the ability to concentrate increases and a person becomes more tranquil. Through daily chanting the mind gains qualities which are essential for students of Yoga & Spiritual Scriptures.

Satsang: a sharing for spiritual upliftment; Savitri Bhavan, Saturdays 5:30-6:30 pm

SATURDAY MARKET at the Youth Centre: Weekly from 10.00am till 2.00pm. With fresh and local products as well as interactive workshop, a different theme each week!

Savitri in the morning: You are welcome to be with us for Savitri on Tuesdays 6-6.45 a.m. to 7-4.5 a.m. A native English speaker is present. If Tuesday is a special day, we shift to Thursday of that week. Prompt timing. Bring your book. Location in Residential Zone near Solar Kitchen may change. For more information, contact pat@auroville.org.in or ramanarayana@auroville.org.in or ailenaoaruville@gmail.com

Shiatsu Massage: with Sara or Simona @ JOY GH Hall; Shiatsu helps remove the blockages by re-aligning meridian points, which balances the qi and eases the body and mind. For appointment email joycommunity@auroville.org.in.

Skyworks: Tree Climbing Workshop: RECREATIONAL. You want the experience without having to learn all The knots? The ropes are already positioned in the trees. The knots are tied and tested before you hook on. After being fitted with your saddle and some short instructions on safety and climbing techniques, you are off and climbing! Kids of all ages welcome. ADVANCED You want to learn the ropes and get off the ground. During class we teach both the double and single ropes techniques plus demonstrate many of the new climbing devices available. You will learn to install the ropes in the trees, tie and use several climbing knots and ascend and descend both with the knots but also with ascenders and descenders. For conditions&appointment call Satyaaji 8300735245

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Solitude Farm activities:
- Weekly farm tour with Krishna - Saturdays 11:30am
- Cooking workshop to learn how to use local, traditional ingredients and their nutritional benefits - Saturdays 3pm
- Volunteers welcome! Drop by to visit or call Krishna 9843319260

Somatic Explorations with Maggie - every Wednesday from 5-6pm in Verité Hall. A gentle, easy and effective way to gain more ease in the body, better posture, flexibility, coordination, wellness, and balance, resulting in a decrease of the aches and pains commonly attributed to stress, injury and aging. Open to all, for further info call Maggie: 94866 23465.

Sound Bath - Unity Journey: Every Wednesday 5.30-6.30 in Unity Pavilion. Aurelio and Team will create and share an experiential space of deep relaxation through a basic tuning process and exposure to the soothing waves and vibration of pure acoustic instruments. Gongs, Bells, Chimes, Strings and diverse new and archaic sound sources will invite the listener into a sound journey into inner landscapes and mythical contemplation towards a Unity experience.
svaramsoundhealing@gmail.com

Sound Massage and Bath With Tibetan Singing Bowls and Solar Gong:
Lying on a mat with bowls of different pitches, sound energy flows right through your cells forming a beautiful OM harmonic cocoon of peace, melting away tightness and discomfort while tuning you up to its healthy grounding vibrations. The powerful mystic gong and bronze bowls take us deep inside into our true home…. Info & booking for guidance: Antarcallis: tel (land) (0413)262 47 67. Mail: antarcalli@yahoo.fr

Sound Therapy and Exploration in the Body for Self-Healing:
Harmonizing and restoring healing sessions through the magic of the sounds from a specially designed sound bed and other music instruments that enhance the self-healing powers of your being…The aim is to put you in a state of relaxation which enables you to see or feel yourself deeply according to your own awareness. In addition to the sound journey, you will be guided through your body to explore new dimensions which has an action and a benefit on the 3 levels: Physical, Energetical and Mental. This exploration based on the concepts of Chinese Medicine will help you reconnect with your organs and holistic being. In case of emergency I may help releasing sciatica pain (“Ishchas” in German). To book your appointment, please call Ishha at: (0413) 2622192 / (+91) 99433 05092

South Indian Classical Dance (Bhratnatyam):
Bharatnatyam Dance classes offered for beginners. Weekly twice. The classes are offered for children and adults. If you are interested, please contact me after 4pm on my mobile. S.Caveri: 7598368514

Stop Smoking, Not Why But How!
Free for Aurovilians and Newcomers. By Janaka. Just a homeopathic remedy made with your personal cigarettes, prepared according to the method of Dr. Giordano, my Italian homopathic doctor. Make a present to yourself! I do this as my karma yoga for you. Book at: 948.762.9648 or: Janaka.om@auroville.org.in

Tai Chi Hall @ Sharnaga: (PLEASE NOTE there will be no regular classes from January 15 to February 3). Monday & Tuesday 7.30-8.30 Chi, Monday &Tuesday 8.30 – 9.30 24-form, Wednesday & Saturday 7.30-8.30 127-form, Thursday & Friday 7.30-8.30 108-form.
taichi@aurolive.org.in

Taiwanese style Tea Ceremony: With Isha - Every Thursday 2 pm to 4.45 pm - Hall of Peace, Unity Pavilion. You will experience and learn the East Asian way of drinking and serving tea. Only organic tea will be used. All are welcome. Please sign up with the Unity Pavilion, 0413-2623576 or untypavilion@aurolive.org.in

Tango Dance Class: Argentine Tango Dancing class for beginners is offered at Joy Guesthouse every Friday 7.30-9pm. No partner is necessary. Please bring Sox or dance shoes. Practica is held for all dance levels on Wednesday 7:30-9pm at Sawchu hall, Bharat Nivas.

Tea Gathering: With Isha - Experience and learn the East Asian way of drinking and serving tea - The art of sharing joy and peace through a cup of tea with your friends will change your perspective towards tea, only organic tea will be used - Every Saturday 2 pm to 5 pm. Booking is required. Approx. 1 hour for each session, please choose your time slot. Venue: Swayam - Book at: 0413-2622192 / ishashwayam@aurolive.org.in

Tamil Literary Classes and Craft Lessons: Ilaiyngarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm-6 pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, History and Culture are opened to all Monday through Friday any time Also classes on languages, sewing, drawing, painting and various decorative works. All Aurovilians interested. Contact us to organize classes according to your schedule.
Phone No: (0413) 2623 773. Email: tami@aurolive.org.in, R. Meenakshi (Ilaiygarkal Education Centre)

Therapies with Vani: 1) Awakening the intelligence of the body: Awakening your own healing power, experiencing the Presence within by quietening the thought process and contacting the body. Disclosing your Self healing power and natural dialogue with the body. Fusion of deep guided relaxation, visualisation, energy work, pranic healing, acupressure and foot & cranial reflexology
2) Journey to the memory of the body: Journey through the trauma memories, emotional blockages and belief systems in order to release and heal these traumas, by getting aware & deprogramming this past believe systems put in place in the past, which keep you from living a very joyful life in the present. Fusion of Hladna Method, Hypnotherapy, Radical Healing, Self Inquiries
3) Life Coaching: Using awareness, visualization & imagination techniques. Life coaching is very useful in period of changes and new projects in order to get in contact with your intuitive self and find the creative & dynamic thread of your life again.
4) Reiki and Reflexology courses possible on request
For appointment contact Pitanga: 0413-2622403 or Vani: vani@aurolive.org.in

Theatre Improvisation Games: Improvisation Theatre or IMPROV, is a form of live theatre where most, if not all, created the moment it is performed. Our 1.5-hour IMPROV workshop will give you a taste of what IMPROV is all about and teach you some cool personal and performance skills that will build confidence and self-esteem to make a great impression, awaken and express creativity, develop quick-thinking & active listening skills. Date and venue: Every Friday at 4.30 pm at SAWCHU. Contact: Emz (99439 70834) or Elke (94865 20868)

Transformational Yoga: Every Wednesday and Friday from 9.00 am-10.30 am at African Pavilion. Transformational Yoga gives you the tools you need in order to make a difference in your everyday life. In depth focus of asanas, the chakras, mantras and breathing and meditation techniques gives you the knowledge you need to purify your body, stabilise your emotions, focus your mind, and increase your spiritual well-being. Transformational Yoga aims to awaken all five bodies and seven chakras in order to experience a continuous state of physical health and stamina, emotional balance higher mental guidance, unconditional love and faith, and spiritual bliss consciousness.

Ultimate Frisbee: Monday, Wednesday and Saturday at the Gaia Sports Field 4.30 pm to sundown (turn left before Gaia community gate, then right through running, throwing, & catching the disc; along with patience & teamwork and Spirit of the Game. Bring running shoes if you have them. Contact: avulim@aurolive.org.in with any questions or just come ready to play! And see ultimate@aurolive.org.in! New! Ultimate Frisbee women’s team training: Sunday 4-6 pm

YEP Week: Youth Entertainment Program presents the YEP Week, a program especially designed for guest kids, to enjoy their stay, and discover Auroville. We will take them from place to place, where the kids can visit and participate in various activities. The activities include pony riding, Papier Mâché, quilling, painting… This program (Monday to Friday, 8:30 am to 12:30 pm) offers a good balance between visits and activities. Joyfully, YEP Team. Phone: +91 95 26 56 9134 - Facebook: www.facebook.com/YEPAY

The Young Center Pizza Nights are on Friday: And so is the fire wood burning then Saturday evening 7:00 pm around, get your chappals on and kick your bike to life (or jump on your cycle), follow your nose and you’ll end up at the right place! We have pizzaiolos rolling out dough by the second and a precisely highly trained group of hands sprinkling the pizzas with all kinds of toppings and tasty Auroville cheeses. And lots more, so see you there! (closes at 10pm)

Vinyasa Flow Yoga with Bebe at Auromode Yoga Space: Monday, Tuesday 5.30 to 7.00 pm, every Thursday 9.00 am to 10.30 am. Vinyasa Yoga takes care of your body and trains your mind. In a seated society our minds become toxic - our bodies are still, but our minds are racing. Vinyasa Yoga stills the mind - during the practice we focus on breath, movements, bandhas, postures, and sequences. When mind is trained, joy and happiness come up to the surface! Details & contacts at www.auromodeyoga.space/yoga or +911432622224.
Vinyasa Yoga: at Creativity Hall of Light, every Thursday from 5 pm to 6.30 pm with Bebe Merino. This style is sometimes also called flow yoga, because of the smooth way that the poses run together and become like a dance. Please come and enjoy the classes.

Vocal & NadaYoga: cancelled until August 2018.

Wellness at Auromode Yoga Space: Thai Yoga massage, Ayurvedic Milana Oil massage, Facial treatments. Details, contacts and booking at www.auromodeyoga.space/treatments or +914132622224.

Women Temple: In Butterfly barn, Sve-dame. On the following Wednesdays, at 7-9pm: March 14 & 28. Welcome into the circle, to explore this body mystery as a portal to spirit and our unique way how it expresses itself. Through contemplation, movement, touch, self-inquiry, deep listening, celebration, ... Welcome to bring a flower and a friend! Thank you for coming. A pioneer,plane, park at the gate, follow the candles & start together on time. Darlyaa. (inspired by www.awakeningwomen.com)

YEP Week: Youth Entertainment Program presents the YEP Week, a program especially designed for guest kids, to enjoy their stay, and discover Auroville. We will take them from place to place, where the kids can visit and participate in various activities. The activities include pony riding, Papier Mâché, quilting, painting, ... This program (Monday to Friday, 8:30 am to 12:30 pm) offers a good balance between visits and activities. Joyfully, Yep Team. Phone: +91962656134 - Facebook: www.facebook.com/YEPAV.

Yoga body with Olesya: At Sharnga Guest House Yoga Hall. Asanas and Pranayama in B.K.S.Iyengar Tradition. Iyengar Yoga is a form of Hatha Yoga, a process of developing your body, vital organs, you mind and the quality of intelligence through mobility, strength, stability and alignment in asana. Morning classes: Every Monday, Tuesday and Thursday from 6.30am to 8am. Evening sessions: Every Wednesday and Saturday from 5.00pm to 6.30pm. Contribution is required. Drop-in classes. All are welcome! For more information: olesya@auroville.org.in or WhatsApp +91-915-905-2743

Yoga Nidra: Dive deep into yogic conscious sleep, enjoy total relaxation, recharge and rejuvenate. Every Friday, 5.30 pm to 6.30 pm at Auromode Yoga Space. Please bring a light blanket and a thin pillow for your comfort. Details and contacts at www.auromodeyoga.space/yoga or +914132622224.

Yoga Nidra with Stefania: On Mondays at 5:45 to 6:45 pm @ JOY GH Hall; Yoga Nidra is a systematic method of inducing complete physical, mental and emotional relaxation. During this practice the consciousness is functioning at a deeper level of awareness. For More info: joycommunity@auroville.org.in

REMINDER: The monthly schedules and activities of the Auroville Centers can be found on the following websites:

- Joy Activities: www.jayauroville.org/
- Holistic: www.auromode-holistic.com
- Pitanga: www.auromode.org/content/3185
- Savitri Bhavan: www.savitribhavan.org
- Language Lab: www.aurovillenationalelab.org/courses.php
- Auromode Yoga Space: www.auromodeyoga.space
- Verité: www.verite.in/
- Arka Wellness Centre: www.aurovillenationalelab.org/content/2886

JOY COMMUNITY ACTIVITIES

Qi Gong Class Cancelled: on Saturday 10th March class with André at Joy GH is cancelled. Sorry for the inconvenience. The class will resume on Tuesday 13th at 7:30 as usual. Joy Team

Relationship based communication With Sirish and Juan. Tuesdays March 13th, 20th, 27th. Join for morning session: 9AM - 12 PM or All day session: AM - 4:30 PM (with lunch break). How to handle chaos in relationships? We will investigate core values as the basis of understanding ourselves and others. Through a process of uncovering the challenges we face in relationships, we can examine and begin to transform the patterns. This helps us identify blocks from values & culture that interfere with creating strong family and personal relationships. We will also explore body movement to remove the blocks and release the pattern. No registration required. Joy Community Guesthouse · Center Field · +91 (0)9487272393 www.jayauroville.org www.facebook.com/jayauroville

AT CREATIVITY HALL OF LIGHT

Spontaneous Singing: Postponed for the month of March. Antoine - 8940740529 / antoine@aurowville.org.in

FAMILY CONSTELLATION WORKSHOP
SATURDAY 10th of March (not 3rd) 9am to 6pm please contact mohan 975110486 mohan@aurowville.org.in

Centre for Research, Education, and Experience in the Visual Arts (CREEVA) is delighted to present to you the following intensive full-day workshop on Photography at Kalakendra, Bharat Nivas:

How to build a photographic project: Think photography differently with Marco

On 17th and 18th March - From 10am to 12.30pm & 2.30pm to 5pm. Open Studio, Kalakendra, Bharat Nivas.

In this workshop we will go beyond the single beautiful photo. We’d rather tell stories with good images.

The ability to shoot good pictures is today within reach of everybody, and the quality of the images produced is no longer because of the skills of the photographer but because of the technological progress.

So, what and how to photograph to distinguish himself in the millions of images shot every day in the world? How can we develop a project that makes us feel authors and not just images producers?

Day 1 morning: Presentations and first meeting to know photographic skills and expectations of the students.

Talk about photography watching and analysing other photographers’ projects, and brainstorming to find a good theme for each participant to develop in one day.

Day 1 afternoon: First shooting following the guidelines of the projects. Discussion withMarco about the technical problems. Introduction, if needed, to the Technique of Photography.

Day 2 morning: Second shooting time for the students. The facilitator remains open to follow the shootings that need it most.

Day 2 afternoon: Final meeting to discuss how the shooting was, and to watch and talk about the projects one by one.

Bring your previous works and any image capturing device.

Contribution for guests is Rs. 2,000/- and for volunteers is Rs. 1,000/-.

Aurovillians and Newcomers are welcome to donate. Call Marco on 0413 2623188 to book in advance.

Our Open Studio at Kalakendra: has its door open for Residents and Visitors alike. You’re welcome to come and practice the yoga of creation in the inspiring space. For Guests and Volunteers, it is Rs. 200 and Rs. 100 respectively per session.

Aurovillians and Newcomers can contribute voluntarily. The studio is open from 10 am to 4 pm every day except for Sunday.

‘Art Matters’ - A monthly discussion series on art and related matters. 10am to 12pm, every second Saturday at different spaces.

10th March at Audrey’s apartment in Creativity.

If you wish to learn the art techniques, regular Art Classes for drawing, sketching and painting with multiple mediums are also available every day from 10 am to 12.30 pm, conducted by Jean-Marie. Call Jean-Marie on 8270071991.

VERITE

Please contact Verité to register for the following intensives:

0413 2622045, 2622606, 7094104329 or programming@verite.in

Contributions requested from guests/volunteers (volunteer reduction by advance application only)

PRANAYAMA - BREATH OF LIFE ENERGY (for all levels) with Ananda - Thursday, Friday & Saturday 15, 16 & 17 March - from 9 am to 4:30 pm

Prana is the breath of universal life energy. Mostly breathing and energy flow happens unconsciously as part of survival process. By becoming conscious and attentive to prana – and enhancing and directing its flow through the pranayama practices—we can

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rejuvenate the body-mind- energy, enhance sensitivity and perception, expand inner awareness, and open the door to higher states of consciousness. In this Pranayama training, you will
- Learn the science of Energy - Prana, Nadis, Chakras, Vayus
- Learn and practice basic pranayama techniques suitable for all times for everyone
- Learn and practice advanced pranayama techniques with restrictions
- Learn and practice bandhas (breath and energy locks)
- Learn and practice therapeutic pranayama practices useful for specific treatments.

**Ananda** has been exploring yoga, meditation, mystics, and energy work for more than 24 years, and has studied and practiced healing modalities for over 10 years. He is professionally trained with international certifications in Watsu, Aqua wellness, Foot Reflexology, Hypnotherapy, Pranic Healing, Alchemy of Touch - Rebalancing.

**FATE OR CHOICE? (FAMILY) CONSTELLATIONS** - with YUVAL Saturday, 17 March - from 9 am to 4.45 pm
In our lives hidden dynamics can unconsciously create our fate. To become aware of them, we can bring back choice by applying (family) constellation techniques.

**YUVAL** is a life & business coach.

**NEW DROP-IN SESSION:**
5 Rhythms Dance with Irena - every Tuesday starting 13th March from 5 - 6.30 pm

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**OUR INTENSIVES:**

10th March to 12 March: NLP workshop & Self improvement: With Christine Pauchard - At Sharnaga Guesthouse. This 3-day workshop is the first step for changes that you need to make which are within yourself and those are the ones that ensure lasting change and help you start seeing the word differently. To develop your talents and potential, build human resources, overcome your limits, enhance the quality of life and contribute to the realization of dreams and aspirations.

**Yoga and meditation:** 28 March - 1st April, 8 to 12 am at Taramangaling, 2 min after Botanical Garden. We will do yoga asanas, breathing exercises and Hatha yoga pradipika reading (yoga philosophy). And explore the limitations of our body & mind. To find more stability in your emotions and more peace inside.

“**Explore your Mind**”; 29 March - 1st April. 3-day Intensive in hypnotherapy with Sigrid Lindemann. Venue Sharnaga Guesthouse Yogahall.

**Ashtanga Yoga- Mysore style** with Christine Pauchard (7.30am) Mon- Wed-Fri-Sat and Hatha Yoga (5 - 6.30pm) Tuesday and Thursday. Yoga shala is at "Taramangaling" 2 minutes after Botanical garden, gate on the left side. Contact Christine directly 9489805493

**OUR REGULAR THERAPIES:**

- Transpersonal Regression Therapy: with Sigrid Lindemann
- Thai massage to re-harmonise the energy and heal with Christine Pauchard
- Health & Wellness Coaching with Christine Pauchard: Health coaching, also referred to as wellness coaching, is a process that facilitates healthy, sustainable behavior change by challenging a client to listen to their inner wisdom, identify their values, and transform their goals into action.
- Acupuncture and Qi cong with Andres Lokutta

Further information and registration on [www.auroville-holistic.com](http://www.auroville-holistic.com) and contact@auroville-holistic.com

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**OTHER EVENTS**

**Inner-Work Workshop**
Introduction to the Integral Yoga of Sri Aurobindo and the Mother
13th March (Tuesday)-Focus this week: 'The Synthesis of Yoga'
**Place:** Savitri Bhavan - Time: 9 am to 12 Noon - (For those who are new to Yoga, from 8.45 to 9 am there will be a brief presentation on Yoga and Spirituality)
- Overview with multimedia presentation
- Questions and Answers
- Practice in Daily Life
- Complimentary Concentration Exercises
- Creative Arts, Interactive Games
- Life of Sri Aurobindo and the Mother
- Introduction to the Reference Books

These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.

Led by Ashesh Joshi (Contact: 9489147202, 0413 262292)
No Registration required (except for groups) - Fees: Voluntary Contribution - All are welcome. For details on the Integral Yoga and the upcoming workshops: please visit [www.integralyoga-auroville.com](http://www.integralyoga-auroville.com)

**Silent Mind** - An integral yoga practice session.
Saturdays - 10, 17, 24 and 31st of March from 6.30 to 7.30 pm - Unity Pavilion
Why Silent Mind?
Here are some quotes from Sri Aurobindo:
- "The first thing to do in the sadhana is to get a settled peace and silence in the mind. Otherwise you may have experiences, but nothing will be permanent. It is in the silent mind that the true consciousness can be built." (Sri Aurobindo, cwsa/29)
- "The Grace is always with you; concentrate in your heart with a silent mind and you are sure also to receive the guidance and the help you aspire for." (The Mother, cwm/14)

Join these integral yoga practice sessions with Manoj Pavitran. If anyone wants to get email notifications regarding the future sessions or change of sessions, please write to manoj@auroville.org.in. All are Welcome - Financial contributions are welcome; it will go to support Unity Pavilion activities.

**The Art of Listening - Over 2 weekends - 10th-11th March and 16th-18th March 2018 - Coaching is the art of listening profoundly and asking powerful questions, facilitating sustainable and real change. This experiential certificate course provides you with core coaching skills, essential to anyone interested in optimising their relationships. You will learn to listen in a focused and intuitive way, ask questions that quickly build resonance and trust, and facilitate transformation.**

As a result, you will master an inclusive leadership style and maximise your relationships based on mutual respect and openness. **Julie**, a Certified Professional Coach from London's prestigious Coaches Training Institute, will train you to coach anyone, on any topic, focusing on each person’s full potential. Call 9655-696982 or email info@aurovilleretreat.org to register. For more details, please visit our website Auroville Retreat - [http://www.aurovilleretreat.org/revert.php?subj=87](http://www.aurovilleretreat.org/revert.php?subj=87)

**Intro to Ashtanga Yoga Primary Series:** [ARKA Yoga Hall (upstairs)](http://www.arbka.com) Two separate classes, 1 1/2 hr:
- March 10, Saturday at 10:30am & - March 12, Monday at 9am
Build flexibility, strength, and steadiness with this powerful yoga practice. Modifications and adjustments will be given to suit beginning practitioners.

For a printout of the sequence and opening invocation, please request by email Mark@auroville.org.in or text 99439-12110

**Women Temple: In Butterfly barn, Sve-dame**
On the following Wednesdays, at 7-9pm: March 14 & 28. Welcome into the circle, to explore this body mystery as a portal to spirit and our unique way how it expresses itself. Through contemplation, movement, touch, self-inquiry, deep listening, celebration... Welcome to bring a flower and a friend! Thank you for coming little early, park at the gate, follow the candles & start together on time. Darija. (Inspired by [www.awakeningwomen.com](http://www.awakeningwomen.com))

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**News&Notes 10th March 2018 [740]**
**Herbs for Health Workshop:** Pitchandikulam Forest welcomes you to their **Herbs for Health** workshop with our traditional health specialist Ms Parvati of Amirtha /Meera herals. The workshop will include a forest walk and a visit to our medicinal herb garden and nursery, where we will identify forest plants, learn about their health benefits and easy ways we can use them in everyday life. We will end the workshop with herbal tea and preparation of a herbal remedy. All welcome! **Wednesday 14th of March 9.30-12.30 at Pitchandikulam Forest (meet at the ‘Seed Room’ building opposite the parking)**

**Please arrive by 9.20** to sign in so we can start the workshop at 9.30 am. **Registration required and no unregistered admission on the day.** Fixed contribution to cover costs (contact us for details). To register email Daniela at: pitchandikulam.outreach@auroville.org.in

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**AUROVILLE ON THE PATH OF UTOPIA**

**AUROVILLE**

**On the path of Utopia**

**AUROVILLE CINEMA**

**– VISITOR’S CENTRE – VIDEO ROOM**

Reminder: --- FRIDAY 9 MARCH, “I, Daniel Blake”, by Ken Loach, UK, 2016 --- FRIDAY 16 MARCH - 7:45 PM (sharp!)

*A Cat in Paris* - Une vie de chat (original title)

Directed by Jean-Loup Felicioli & Alain Gagnol - France 2010

Synopsis: A Cat in Paris is a beautifully hand-drawn caper set in the shadowy alleyways of Paris. Dino is a pet cat that leads a double life. By day he lives with Zoe, a mute girl whose mother, Jeanne, is a detective in the Parisian police force. At night he sneaks out the window to work with Nico—a slippery cat burglar with a big heart, whose fluid movements are poetry in motion— as he evades captors and slips and swishes across the Paris skyline. The cat’s worlds collide when young Zoe decides to follow Dino on his nocturnal adventures and falls into the hands of Victor Costa, a blustery gangster planning the theft of a rare statue. Now cat and cat burglar must team up to save Zoe from the bumbling thieves, leading to a thrilling acrobatic finale on top of Notre Dame. Striking! With its graceful fluidity and feline swiftness, *A Cat in Paris* is a symphony of music and colors* (Le Monde).* An award winning animated film produced by Jacques-Rémy Girerd, director of “Raining Cats and Frogs” and “Mia and the Migoo”. All ages welcome.

Original French version with English subtitles - Duration 1 hour 02’

**Note:** Nice temporary venue at Visitors’ Center. Screen is large, we use our own projector and sound system, and the Kalabhoomi Music Studio lends us some good cushions for comfort - may not be enough in number... Welcome.
**The News&Notes is available for all to download** from the Auroville website at [http://www.auroville.org/contents/4186](http://www.auroville.org/contents/4186)

The archives are found at [http://www.auroville.org/contents/186](http://www.auroville.org/contents/186)

**Important information about News & Notes (Absolute deadline for submissions or cancellations: Tuesday 5pm)**

The contents of News & Notes are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

**Soft Version:** subscribe by clicking HERE.

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**News & Notes, Media Centre, Town Hall. Phone: 0413-2622133, email: newsandnotes@auroville.org.in**