It is certainly easier to have friendship between man and man or between woman and woman than between man and woman, because there the sexual intrusion is normally absent. In a friendship between man and woman the sexual turn can at any moment come in a subtle or in a direct way and produce perturbations. But there is no impossibility of friendship between man and woman pure of this element; such friendships can exist and have always existed. All that is needed is that the lower vital should not look in at the back door or be permitted to enter. There is often a harmony between a masculine and a feminine nature, an attraction or an affinity which rests on something other than any open or covert lower vital (sexual) basis - it depends sometimes predominantly on the mental or the psychic or on the higher vital, sometimes on a mixture of these for its substance. In such a case friendship is natural and there is little chance of other elements coming in to pull it downwards or break it.

It is also a mistake to think that the vital alone has warmth and the psychic is something frigid without any flame in it. A clear limpid goodwill is a very good and desirable thing. But that is not what is meant by psychic love. Love is love and not merely goodwill. Psychic love can have a warmth and a flame as intense and more intense than the vital, only it is a pure fire, not dependent on the satisfaction of ego-desire or on the eating up of the fuel it embraces. It is a white flame, not a red one; but white heat is not inferior to the red variety in its ardour. It is true that the psychic love does not usually get its full play in human relations and human nature; it finds the fullness of its fire and ecstasy more easily when it is lifted towards the Divine. In the human relation the psychic love gets mixed up with other elements which seek at once to use it and overshadow it. It gets an outlet for its own full intensities only at rare moments. Otherwise it comes in only as an element, but even so it contributes all the higher things in a love fundamentally vital - all the finer sweetness, tenderness, fidelity, self-giving, self-sacrifice, reachings of soul to soul, idealising sublimations that lift up human love beyond itself, come from the psychic. If it could dominate and govern and transmute the other elements, mental, vital, physical, of human love, then love could be on the earth some reflection or preparation of the real thing, an integral union of the soul and its instruments in a dual life. But even some imperfect appearance of that is rare.

Our view is that the normal thing is in yoga for the entire flame of the nature to turn towards the Divine and the rest must wait for the true basis: to build higher things on the sand and mire of the ordinary consciousness is not safe. That does not necessarily exclude friendships or comradeships, but these must be subordinate altogether to the central fire. If anyone makes meanwhile the relation with the Divine his one absorbing aim, that is quite possible. The coming of sex on seeing the image of Krishna and Radha is due to the past association of sex with the cult of Radha Krishna. But in fact the image has nothing to do with sex. The true symbol for it would not be the human sex-attraction, but the soul, the psychic, hearing the call of the Divine and flowering into the complete love and surrender that brings the supreme Ananda. That is what Radha and Krishna by their divine union bring about in the human consciousness and it is so that you must regard it, throwing aside the old sex-associations.

LETTERS ON YOGA, vol. I, p. 820

SRI AUROBINDO

THE Gopis are not ordinary people in the proper sense of the Word: they are embodiments of a spiritual passion, extraordinary by their extremeness of love, personal devotion, unreserved self-giving. Whoever has that, however humble his or her position in other respects (learning, power of presentation, scholarship, external sanctity, etc.) can easily follow after Krishna and reach him: that seems to me the sense of the symbol of the Gopis. There are many other significances, of course— that is only one among the many. (4-1-1936)

LETTERS OF SRI AUROBINDO, 2nd series, p. 233

SRI AUROBINDO

The coming of sex on seeing the image of Krishna and Radha is due to the past association of sex with the cult of Radha Krishna. But in fact the image has nothing to do with sex. The true symbol for it would not be the human sex-attraction, but the soul, the psychic, hearing the call of the Divine and flowering into the complete love and surrender that brings the supreme Ananda. That is what Radha and Krishna by their divine union bring about in the human consciousness and it is so that you must regard it, throwing aside the old sex-associations.

LETTERS ON YOGA, vol. I, Sadhana Through Love and Devotion

SRI AUROBINDO

Let the birth of the new year be the new birth of our consciousness. Leaving the past far behind us, let us run towards a luminous future.

Mother, New Year’s Day Message - 1933

Cover: “Vasudhaiva Kutumbakam” is a Sanskrit phrase found in Hindu texts such as the Maha Upanishad, which means ‘The world is one family’. Drawing by Emanuele
The New Year 2018 is upon us and with it, the 50th anniversary of the foundation of the Auroville Universal Township - The City of Dawn - dedicated to human unity and a new uplifting consciousness for the earth.

Lands for Auroville Unified and its two dedicated land campaigns - Acres for Auroville and GreenAcres - is very pleased to announce and offer you our special commemorative New Year's card, available in e-version as an attachment with this edition of News & Notes.

Thanks to the contribution of a benefactor, this card is available in paper as well. You can pick up a hard-copy version at the Town Hall reception desk, at the LFAU office (Town hall, 1st floor), or at the Visitors Centre Information Office.

Contributions from friends like you have enabled Auroville's Land Board to add over 30 plots over the last 3 years to the Auroville mosaic. This shows that solidarity works. Let us keep it up!

Together we're building a beautiful gift for Auroville's needed physical base - at the dawn of her 50th year!

With our warm wishes and appreciation,

Lands for Auroville Unified - Acres for Auroville – GreenAcres
(www.colaap.org)
‘I tell people that the creation of a city like Auroville has more weight in the earth’s history than all the groups in the world...’

— The Mother

Mother’s Agenda, 25 October 1967

Donations for Auroville’s land should specify either ACRES FOR Auroville (Matrimandir, City & Greenbelt) or GREENACRES (Greenbelt only). Mail checks to Auroville Unity Fund, Town Hall, Auroville TN 605101 India. For credit/debit cards see www.auroville.com/donations. For bank transfers & tax exemption see www.coiscp.org/donate & www.auroville-international.org. Contact: info@auroville.org.in - Tel: 0091 413 262 2657
28 February, 1968

**THE CHARTER OF AUROVILLE**

1. Auroville belongs to nobody in particular. Auroville belongs to humanity as a whole. But to live in Auroville one must be the willing servitor of the Divine Consciousness.

2. Auroville will be the place of an unending education, of constant progress, and a youth that never ages.

3. Auroville wants to be the bridge between the past and the future. Taking advantage of all discoveries from without and within, Auroville will boldly spring towards future realisations.

4. Auroville will be a site of material and spiritual researches for a living embodiment of an actual human unity.

   — The Mother

With our greetings for this special year, and appreciation for your goodwill & solidarity, Lands for Auroville Unified (LFAU) and its two campaigns, ACRES FOR AUROVILLE and GREEN ACRES

lfau@auroville.org.in  www.colaap.org/donate1
**Auroville 50th Anniversary**  
**CALENDAR OF EVENTS**  
**29 DECEMBER 2017 - 6 JANUARY 2018**

<table>
<thead>
<tr>
<th>EVENT</th>
<th>DATE</th>
<th>TIME</th>
<th>VENUE</th>
<th>DESCRIPTION</th>
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<tbody>
<tr>
<td>50th Anniversary update gathering</td>
<td>Dec 29th</td>
<td>16:00 - 18:00</td>
<td>Bhumika Hall Bharat Nivas</td>
<td>sharing session on the progress of the preparations for the 50th anniversary. On the eve of the 50th Anniversary of Auroville let us gather in a sense of joy and gratitude to Auroville to have scored half a century</td>
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<tr>
<td>Photographic exhibition</td>
<td>Dec 20th - Mar 20th</td>
<td>10:00 - 17:00</td>
<td>Town Hall</td>
<td>Photographic Exhibition by Paulette Entitled 'A Labour of Love', this exhibition illuminates the construction of the Matrimandir, and couples archive photographs with quotations from the Mother.</td>
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<tr>
<td>Art Installation</td>
<td>Dec 23rd - Jan 3rd</td>
<td>Matrimandir Boulder Garden</td>
<td>Art Exhibition “GOLDEN SUNBEAMS” curated by Adil Series of mixed media exhibitions to be held at the Matrimandir's Boulder Garden over four separate weeks into the coming golden year. An eclectic group of artists and architects working in various media will be participating in this event.</td>
<td></td>
</tr>
<tr>
<td>Art for Land Exhibition and performances</td>
<td>Jan 1st - 15th Feb</td>
<td>Unity Pavilion</td>
<td>Make a donation to Auroville, and choose a work of art from 70 artists. Exhibition open to all, daily, from Monday 1st January at 4pm. Also weekly concerts and performances, check N&amp;N for details.</td>
<td></td>
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</tbody>
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More details at: [www.outreachmedia.auroville.org](http://www.outreachmedia.auroville.org)  
All new events related to the 50th celebrations can be sent to 50thgeneral@auroville.org.in in order to be included in the 50th calendar of events:  

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**Art for Land Exhibition 2018**  
**Opening Ceremony**  
Monday 1 January 2018 4 pm at Unity Pavilion

The program will include traditional lighting of the lamp to mark the opening, a short musical offering by Jivatman, Sharing by Chantal Gowa (Shanta), who has been a regular donor of artworks for land and a small presentation on the Land by Sigrid.  

**ALL Are Invited**

The exhibition will be open most days from 1 January to 15 February, 9.30 am to 4.30 pm. If you come with groups please phone beforehand 0413-2623574, as in case of special events the large Hall is sometimes closed to the public. For cultural events during the Art for Land Exhibition, please see further announcements in the News and Notes.

For all info and donation: [www.colaap.org](http://www.colaap.org)
Happy New Year 2018!
BEST WISHES TO ALL,
From the News&Notes Team
(Sabine, Pascal, Jayamoorthy, Arumugam, Pradeep)

WORKING GROUPS REPORTS

Entry Board Team-revised announcement
Dear residents, on 9th December, the Auroville Council and the Working Committee had completed the selection of an Entry Board. The new team was announced via N&N on the 16/12/2017.
In the meantime, one of the selected members of the Entry Board, Jean-François Pion, informed us that he would not be able to commit to the Entry Board for a full year and requested another nominee be selected in his place.
The AVC and Wcom have therefore decided to select Ramanarayanan as member of the Entry Board.
The new Entry Board, therefore, now consists of:
1. Alain (Invocation)
2. Dheena (Aspiration)
3. Joel (Surrender)
4. Mauna (Grace)
5. N. Rajendran (WDK)
6. Ramanarayana (Courage)
7. Susmita (Arati 3b)
8. Ulli (Fraternity)
9. Veronique J. (Svedame)

The two groups have met with the members of the new Entry Board and are currently working together towards next steps, such as:
• Familiarising the new team with the Entry Policy 2017
• Sharing the community feedback with the new members
• Getting the Entry Secretariat, the new Entry Board, the Aspiration team, to meet with each other in order to enable smooth transition

This new Entry Board will officially begin work on 1st January 2018, for one year, until 31st December 2018.
The full participatory selection process for the next Entry Board is to be held sometime in October / November 2018, after which the new and full team will go through an orientation and the handover of work before they begin on 1st January, 2019, for a term of three years.

We have prepared a report on how the selection itself was held within the AVC and the WCom, please see next announcement.
Thanking you, Warmly, The AVC and the WCom.

Entry Board Selection Process - A report from the AVC and WCom
Dear residents, please visit the link to read a report on the Entry Board Selection: https://goo.gl/6eTh3J

Funds and Assets Management Committee (FAMC) Monthly Report - November 2017
The month of November found us in transition with some members leaving or TOS and new members in joining. We heartily welcome Daniel, Dhruv, and Nicole as new FAMC members, who after being observers at our meetings for the month of November, have now joined FAMC as voting members.
We bade farewell to outgoing members, Amy and Ulli, as well our secretary, Angelo who left to work full-time as a member of the Auroville Council. We would also like to extend our welcome to Mr. M. V. Chunkath (IAS), Secretary, and Mr. P. R. Srinivasmurthy, Finance Administration Office, Auroville Foundation who now attend our meeting twice a month.

Last but not least, we are grateful that Gijs has agreed to come on board as FAMC secretary and chairperson and to help the team envision a more efficient and synergistic way of working.
Ayesha continues to hold together the secretarial office during these transition times which have been very hectic.

Erratum: Addition to last month’s report: Last month we reported creation of the new unit AuroMira Developers (Auromode Trust), which is engaged in the following services: carpentry, metal works, plumbing, electrical, architecture, hardware depot; and production of thermocrete & CLC (cellular lightweight cement). The unit also engages in solar services, which we had neglected to mention in our last report.

COMPLETED ISSUES
Units and Trusts:
- Holistic (ABC Trust) executive reappointments: ABC endorsed and FAMC approved the reappointment of Ms. Christine Pauchard, and Ms. Sigrid Lindemann as executives of this unit.
- Aqua Engineers (ADPS Trust) new executive appointment: ABC endorsed and FAMC approved the new executive appointment of Mr. Markus Ellermann, as third executive for a period of two years in accordance with usual practice. The other executives are Mr. Dirk Nagelschmidt and Ms. Lila Neemberry.
- Lumiere (Ankur Trust; dormant unit located in Fraternity): At the request of Suzanne, manager-executive of Lumiere, we are looking at eventually closing this dormant unit. We will be re-allocating the space occupied by this unit and, once we receive details of the land and building assets of this unit, we will invite proposals for the same.
- Eternal Builders (Kattida Kalai Trust): Upon examining the balance sheets of Eternal Builders, executives Mr. Yuval Skoles and Mr. Jonah Skoles, and managed by Mr. Anan Skoles, we noted that there were several discrepancies in their accounting method and calculation of contribution to City Services. We have asked Eternal Builders and Omega (their accounting unit) for further information and clarification.

Land related:
- Land purchase: Upon the recommendation of the Land Board, we approved the purchase of the following plots of land: - 1) IR 218/2A2 and IR 218/5A in the city centre (near Solar Kitchen) - 2) MA 295/6B (0.86 acres) adjacent to Fertile. - 3) B0 23/1A1 (1.78 acres) adjoining Fertile and Baraka.
- Land stewardship: We welcome the proposal that current stewards in the northern greenbelt collectively protect newly acquired land and steward the forest in this area. We await the Green Group’s recommendations on this proposal.
- Site application for Surya Power Plant: Provisional site application had been granted to this project pending a lease agreement between Aditi Diamonds and Pour Tous Trust. The lease agreement has now been drawn and submitted to FAMC.

Housing:
- Use of housing asset: Community residents have contested the decision of the Housing Board regarding the use and proposed stewardship of a house/space being used by the late Siegfried in Petite Ferme. Ulli, as a resource person from FAMC, has agreed to look into the issue.

- Housing Asset Valuations: A systemic change is needed in how housing asset valuations are conducted. The confusion often seems to arise when houses have extensions and alterations made by stewards, the cost of which they then expect to be included in the valuation of the asset. A subgroup with Chandresh, Dhruv and Lyle with Ulli as a resource person, in collaboration with Housing Board and taking into account Helmut’s valuation method will work on a revised proposal.

Issues related to Auroville Foundation:

- Audit Management: Ramanarayan has been coordinating with the Central Audit General auditors during the ongoing transactional audit. He has submitted a report with his observations to the FAMC office. There are open audit queries dating as far back as 2008. It was observed that communications between the auditors, AV accountants and the Foundation office needs to improve. FAMC is trying to deal with this complex issue, but it is clear that what we need is an audit management team.

- Tax exemption requests: FAMC agreed to support Social Science tax exemption requests under Section 35 (1) (ii) / 35 (1) (iii) of the Income Tax Act for contributions to three research projects, Center for Green Practices (under the Centre for Scientific Research), “AV Green Energy Fund” (under Varuna Auroville), and the Kalpana housing project, and has informed the Auroville Foundation of the same.

Miscellaneous issues:

- Memorandum of Understanding (MoU) agreement drawn with Venky: Venky (Vengatesh Kalivaradhan) has constructed a permanent 3-storey structure on Auroville land (Plot # IR192/1) near Aurodam and Visitors Centre, without receiving proper building permission was never issued. While FAMC does not condone this deliberate act of flouting community guidelines, upon Venky’s request, it agreed on the basis of a MoU to regularize the construction and allow him to operate a guest house. The TDC, including a FAMC member, is being formed to look at each of these requests.

- Leave-Auroville Allowance requests: We received two requests for financial support for leave Auroville allowance. First, from Veena residing on Aurelec campus, who wants to relocate to Mumbai, and second, from Linda Bercherie an Italian residing in Arati apartments, who had to leave Auroville due to health reasons. As per established guidelines, an ad hoc group including a FAMC member, is being formed to look at each of these requests.

- Request from Santé: Santé requested help from FAMC in providing continuous medical services to the community, given occasional constraints in shortage of doctors. The management is requesting support of hiring doctors from outside at an affordable cost. We have requested Auroville Board of Services (ABS) for providing supporting to look into possible resolutions to this issue.

ONGOING ISSUES: FAMC members are still dealing with the following issues: approval of BCC proposed 2017-18 budget, strengthening the unit imagination, and the proposed Vibrance Housing Project.

In community,

FAMC (Amy, Bindu, Chali, Chandresh, Lyle, Prabhu, Ulli, Yuval; with new members Daniele, Dhruv, Nicole as observers)
NEWS & NOTES 30TH DECEMBER 2017 [730]

P.S.

Definition of ‘Goods’ as per the CGST Act:
“goods” means every kind of movable property other than money and securities but includes actionable claim, growing crops, grass and things attached to or forming part of the land which are agreed to be severed before supply or under a contract of supply

Definition of Services’ as per the CGST Act:
“services” means anything other than goods, money and securities but includes activities relating to the use of money or its conversion by cash or by any other mode, from one form, currency or denomination, to another form, currency or denomination for which a separate consideration is charged. For a general definition of the term ‘Services’ see https://goo.gl/jdVeE4

Ravenna access
Dear community, Auroville Safety & Security Team (AVSST), Working Committee, Ravenna & Forecomers communities have decided to limit the Ravenna access to Pondicherry. For safety reason, the path will only allow cycle to pass. Starting from Friday 12th of January 2018, the Ravenna checkpost and motorcycle access will be closed at night. A gate will be installed and kept closed at night. A cycle path will be open 24/7. Regards, AVSST & WCom

Houses available for transfer
1) Apartment in Citadines: 1st floor 100 M2 + terraces -2/3 BD, 2 bathrooms, completely furnished along with individual fridge, gas, UPS, and common facilities such as: cafeteria, laundry, workshop for maintenance of the flats, garage, generator. Citadines is a collective housing experience, managed by a group who help maintain its quality, atmosphere and assure a harmonious mix of people.
2) Windarra Farm - Terrasoul- Sandyra’s House: Plinth Area - 204.53 Sqm. Double storied RCC framed structure Residential building with brick walls plastered in cement mortar, RCC flat roof and first floor metal sheet roofing consisting of open verandah, living cum Kitchen Bed room & Toilet with Open steel ladder. Community-Shared Parking lot. (Active participation and involvement in the Farm Community Project is required.)

For more information contact: Housing Service (Town Hall) / Phone; (0413) 2622658 / e-mail: housing@auroville.org.in
- From Sunship: Immediately available - One single unit of 42 Sq.m completely furnished and equipped - kitchen, bathroom and cupboard with Collective cafeteria, Laundry, technical maintenance and management by Aurovilians! Contact louis@auroville.org.in for visit and more information

Housing Projects under construction:
- 1) Kalpana: The construction work is going on well. We are completing the first scope which is the structure, bricks, plastering and tiles on the roof and terraces. We will start soon the finishing. Out of 42 apartments some are still available in all the categories, studio, 1 BHK, 2 BHK and 3 BHK. Will be ready 30th June 2018. Contact Person: satyakam@auroville.org.in / Satyakam is available in the model apartment on the site on: Thursday: 3pm to 5.30 pm & on 1st and 3rd Saturday: 10 am to 12.30 pm. Surya is available the 2nd and 4th Saturday.
- 2) Auromodele Orchard: Several houses are still to be built. Will be ready in 2018. Contact person: Padmanabhan, Auromodele. Mobile: 8940220331

From the Entry Service - N&N # 730 - Dated: 30-12-2017
Our team is happy to recommend the following individuals as Aurovilians, Newcomers and Returning Aurovilian joining Auroville. Prior to Newcomer and Aurovillian status confirmation, there is a (1) month window for community feedback. Kindly forward your support or grievances to entrieservice@auroville.org.in

NEWCOMERS ANNOUNCED:
Dimitry LEONOY (Kazakhstan) Staying in Douceur and Working at Varuna.
Anastassiya LEONOVA (Kazakhstan) Staying in Douceur and Working at Deepanam.

NEWCOMER CONFIRMED:
Marcia BOIKO (Brazilian)

CHILD OF NEWCOMER:
Vassilina LEONOVA (Kazakhstan) Studying at Deepanam.

AUROVILIANS ANNOUNCED:
Babu MARIE (Mathan) (Indian) Staying in Savitri Bhavan hostel and Working at EcoPro.
Mahesh ARUMUGAM (Indian) Staying in Youth Camp and Working at Auroinoco.
Jean Luc GUIGNARD (French) Staying in Savitri Bhavan and Working at French Pavilion.

AUROVILIANS CONFIRMED:
Ravi BORCHARDT (German)

RETURNING AUROVILLIAN:
Aditi ROSEGGER (German) Staying in Samasti and Working at Water Group-CSR.

NOTE: Individuals are entered into the Register of Residents (maintained by the Auroville Foundation) shortly after filling the B-FORM and meeting with the Secretary of the AVF.

This is the last step of the Newcomer process where the status of Newcomer Resident is switched to Aurovilian Resident.

ENTRY SERVICE OPEN TO PUBLIC TIMINGS
Monday, Wednesday, Friday 09:30AM-12:30PM
Monday to Friday (by appointment only) 02:30PM-04:30PM
Yours, The Entry Service

L’auberge d’Auroville - Upcoming works on the Certitude-Solar Kitchen road
Dear fellow Aurovilians,

For the 50th anniversary, the Earth Institute (AVEI), L’avenir d’Auroville and the Road Service are working together to stabilize the Certitude-Solar Kitchen road. We are currently getting the last few administrative steps in place. This is an information announcement to let you know that the work is about to start within the next 10 days. There will soon be another announcement with details of access routes and timelines, especially to communities which are accessed presently from this road and will be provided with temporary new accesses.

Thank you for your understanding,
L’avenir d’Auroville

(Anita, Anu, Aurovici, Divya, Inge, Pino, Sindhuja, Tejaswini)

Monthly Monday Sessions - L’auberge d’Auroville
Dear fellow Aurovilians, we would like to begin the new year with creating a space for regular interactions with you.

So, on the first Monday of every month at 3 pm, you are warmly invited to our offices for dialogue and exchange on anything and everything to do with our city’s planning.

For those who do not know where to find us, we are on the second floor of the Town Hall.

The first of these sessions is on the 8th of January 2018 as the first Monday of the month is New Year’s day.

Our team is looking forward to this sharing!
Warm regards,
L’auberge d’Auroville team
(Anita, Anu, Aurovici, Divya, Inge, Pino, Sindhuja, Tejaswini)
L’avenir d’Auroville - Site and Building applications on hold in January 2018

Dear community, the new team is processing a backlog of pending applications. Therefore, we would like to inform you that we will not be registering any new applications for the month of January 2018. We are working on setting up a new way handling your requests, from application to NOC, which you will enjoy from February 2018.

All those who have been waiting will hear from us in the new year 2018.

Thank you for your cooperation,
L’avenir d’Auroville (Anita, Anu, Aurovic, Divya, Inge, Pino, Sindhuja, Tejaswini)

PROCEEDINGS IN 2017

They went ahead in 2017…

As always, in the celebrative days before and around the year-transfer, we affectionately think of those of us who proceeded before us, recognising their work and contribution towards the steadily emerging City of Dawn, and knowing that their footprint will be forever with us.

We remember with love and gratitude our Aurovilian brothers and sisters: V. Gnanavel, Siegfried Latzke, Paulien Zuidervaart, Tekeste Zerhanes, Damien Hedley, Luciano Gemo, Karpagavalli Selvanambi, D. Kanniappan, Andrey Grigorachtchenko and Hans Pfunder.

We also mention and honour here Peter Steiger, Dorothy Borbas, Chandrah Pauld, Ravindra Shukla and Lalita Kudva, Michael Redbeard, Anie Nunally, Savita Borbas, Chandrah Pauld and sisters: V.

We remember with love and gratitude our Aurovilian brothers forever with us.

Thank you for your cooperation,
L’avenir d’Auroville (Anita, Anu, Aurovic, Divya, Inge, Pino, Sindhuja, Tejaswini)

WORK OPPORTUNITIES

Walk of Hope: Volunteers needed

On January 28th & 29th for WALK OF HOPE in Auroville and bioregion -- for Peace and Human Unity

We need you: about 30 volunteers who can commit to supporting us on Sunday (and some on Monday) in organizing a smooth and joyful event with many people walking through villages, Auroville, and on the busy tar roads.

On Sunday Jan 28th, we will walk from Irumbai Temple through Kottakkarai/Bharatipuram, Auroville/Tibetan Pavilion, Edayanavady, and Kulipalayam, where we end at Akkiam School (6:30 am - 4 pm / 10km). Already about 500 people from the villages are expected for Sunday, and our dream is that hundreds of Aurovilians and friends will join.

On Monday Jan 29th, we will walk from Auroville through Alankuppam, ending at the Mosque in Rayappattal (9:30-12:30 am / 3.5 km).

To learn more about the WALK and Sri M, visit our website www.walkofhopeauroville.org

If you enjoy the project and like to be part of the logistic assistance, please contact us on: support@walkofhopeauroville.org Harishini and Pranjali, the volunteer coordinators, will get back to you.

Thank you!

“Restorative Auroville” (Laura, Kati, Helene, Shanti and Janet)

Sales Ladies Required: Kalki Boutique at Auroville Visitor’s Center and Kalki Ponds are looking for Sales Ladies to work in the Maroma Section. The position is available to start immediately. Training for the products will be provided and assistance will be given throughout to learn and develop. Good communication and interaction skills are very important. If you are interested please contact: maroma@maroma.com or 0413-2622126. Thanks.

At Sakura Sushi: Sakura Sushi team is looking for a dynamic and communicative person, who would enjoy preparing the food to support us in our work. We need help mainly in the lunchtime; daily or evening hours from 6 pm to 9 pm and sometimes during weekend.

If interested: sakurasushi@auroville.org.in

INTERNATIONAL GARDEN

International Garden: in the International Zone, on the Aryappani Farm, (just follow the path between the European Tree and the Inuktsuk, the field opposite to Tibetan Pavilion) -

We have developed a few garden beds, and we are ready to receive seeds or seedlings farm different countries. We also have a nice seedling house to grow seedlings. We believe that the land of the International Zone is sacred, and have the potential to guide the Souls of the Nations towards Human Unity. We would like to use this potential with our work on the International Garden. We call forward all people: guests, volunteers, Aurovilians, who feel unhappy about the present state of the world and have faith in the mission of the International Zone of Auroville, to contact us and get involved in the manifestation of this garden. For more information and to get involved please write to: hungarianpavilion@auroville.org.in — Submitted by Bogi

SPORTS

Darkali Fitness Track is open again

Starting 1st January Darkali Fitness Track welcomes you every day from 4.30 pm to 6.10 pm. Please remember to come 30 minutes before the closing time. Please note, in case of rain the Fitness Track will be closed until the path is dry. To be aware when the Fitness Track reopens after the rain please visit Auronet group “Darkali Fitness Track” - Way to the gate in Google Maps: goo.gl/pd6Tuf

Darkali Team

La Piscine: Put Your Cap on!

As of January 1st 2018, unless you are totally bald, you will need a swim cap to swim at La Piscine. Not only do loose hairs clog our filtration systems, putting extra load on the pumps, many swimmers complain of unpleasant encounters with hairs catching between fingers and faces while swimming. Swim caps will be available at the reception. We currently have only a limited supply, so please bring your own cap to ensure that you will be able to swim. Thank you!
Roma’s kitchen open on Monday 1st January
Roma’s kitchen will be exceptionally open on Monday the 1st January 2018 for lunch and dinner. We look forward to seeing you.

Well Studio Cafe - OM TARA New Year Celebration
All are invited to Well Studio Cafe on Sunday 31/12
7 pm - Asiatic buffet
8 pm - Eleanor Sacred songs
9 pm - Omri Swafieleo - electro-folk - Ilham Project
10 pm - Djelan and Suresh - optimistic French Songs & World/Latino/Swing Compositions
12 pm - New Year Jam
Entry fee applies.

We recommend to book dinner in advance at D413 2622219 / 8940873735 - welcafe@auroville.org.in

Well cafe (Sve dame)

New Year’s Buffet at Visitors Centre Cafeteria
There will be a New Year’s Eve buffet at Cafeteria Visitors Centre on Sunday the 31st from 7.30pm onwards.

As always, in consideration for the planet, it will be vegan/vegetarian only. Come and enjoy!
A Happy New Year to all!
Your Cafeteria team.

Dear listeners/viewers!

TV is coming to life!

These are the TV programs produced during the week 18/24 December, covering the AVFF 2017 and the Auroville Food Festival:

- 20/12 Interview of Aneeta, coordinator of the Food Festival
- 21/12 Interview of Jamila Brown, director of the movie GoFish
- 22/12 Interview with Serena Aurora movie maker of Indian Hands and Feet
- 23/12 Interview with Eugenie Dumont director of the movie Heritage Fight
- 24 /12 Interview with Orly, one of the artists exhibiting at the AVFF

Over at the Radio, from our volunteers we have:

Zoe - Hartmant Solo on Keys.
Romet and Mimansha captured Earth&Us Presents the Happiness workshop.
Olivier and Zoe recorded GM on Celebrating our working groups.
Karthick and Zoe - Birthng New Humanity. They also recorded talk on Antarctica. Karthick and Zoe highlight Open Mic at Solitude Farm.

Gino - Interview with Serena Aurora.

Rtm - Jay and Devasmita talk on Art for Land. Jay, Devasmita invites to Christmas and Ukrainian Christmas. Talk by Dr. Alok Pandey on Mental Disorders on Spiritual Path. And here is a short interview with Adil on Golden Sunbmeas, inauguration of collective sculptural installation at Matrimandir.

Within our regular programs:

Gangalakshmi reads her Selections of Sri Aurobindo and The Mother texts in French – uncut version on the request of listeners!

Marlenka continues with Synthesis of Yoga by Sri Aurobindo. Sorry no hyperlinks due to slow internet.

Loretta is reading Mother’s Q And A - 26/9/56 and Savitri B, IV, C.H, Part2.

Out of regular programs are here news of Tuesday, Thursday, Friday and Monday.

Within the musical podcast we feature another Scores from Movies, for festive season we have jazzy mix Merry Christmas, and dreamy Celtic mix Walking with ancestors.

We wish you a happy 2018!
Your AV Radio TV Team [www.aurovilleradio.org]

Line of Goodwill
Fundamental questions need to be discussed before we can decide for or against the proposal.

- Certain Aurovilians wish to build Auroville exactly as specified in Roger Anger’s plan, since they feel that we are obliged to fulfill Mother’s Dream
- Certain Aurovilians believe that they are capable of building such a building and they are convinced that through this they are offering a service to future inhabitants
- Many Aurovilians leave the planning decisions to the experts, without caring about the results of this laissez-faire attitude
- There are still certain egoists who wish to fulfil their own dreams

Suggestions

Holding a vote on whether we want a campus or a town (1)
Holding a vote on the ‘Line of Force’ - yes or no
Which priorities do we wish to fulfill?
- Quiet, pollution-free living
- Dust-free transport arteries
- Short distances between those destinations which are visited daily - home, work, shopping, socialising, administration

Are we building the Galaxy plan, a place rooted in history, like a dream of the past or one built for a society of the future? The Galaxy was planned with the town planning knowledge of the past. Now we have to plan for the future. It means we cannot build one Line of Force and all the other buildings in a “normal manner”. Before we can decide, we need a realistic plan of how the other lines of Force are situated.

(1) A Campus is a closed settlement with gates and identity card.

Please react to this small input.
Eugen [eugen@aurovile.org.in / 2623137]

THANK YOU from the Welcome Celebration Team

The Welcome Celebration Team and the Residents’ Assembly Service are grateful and thankful to Tanto, Visitor Center Cafe, Well Studio Cafe, Naturellement for providing so generously the dinner to all of us. Auroville Bakery and Bread & Chocolate kindly offered bread that we enjoyed very much!

A big thank you to Botanical Garden who supplied the desert roses and to Light-Fish who produced the bottles for the groups. We above all appreciated the participation of all of you who could come to the event.

We really appreciate all your effort and kindness!
Much love,
Your RAS team

Sebastian - small Gratitude come-together

Dear all the wonderful people who helped after Sebastian's motorcycle accident and during his stay in Pims hospital two years back. Thanks to your help and energy, it was possible for me to recover.
We are full of gratitude to all of you!

On Sunday the 7th of January at 3.30 pm we would like to invite you for a small come together with some tea and cakes in Petite Ferme (yellow gate, yellow house in the center- please park after the gate and walk up to the house).

With love,
Sebastian, Jorinde, Ada and Mariela

[News&Notes 30th December 2017 [730]]
**ACCOMMODATIONS**

**Needed 1:** Ally (Aurovillian) and Nalia (6-year-old girl) are looking for long term house sitting starting from April. Please email to: ally@auroville.org.in or call 7639318959

**Needed 2:** Dear community, we are in need of accommodation from 31 of January till 16 of March. And we heard a lot “Oh you will not have a place in Auroville during that time! It is better if you go out.” We would love to be in Auroville, especially during the birthday, because our son Auroben was born on the 28th of February, and we wish to offer him the blessing of being in Auroville on his birthday. If by chance you would need to leave Auroville during those 6 weeks for any long period, please consider to let us stay in your home. Please do not hesitate to contact us if you go out only for a week or so, even that can be an amazing blessing for us. Even if your home is small, we would much appreciate your support, „good people can fit into a small place”. We are an Avian family of 4, and looking forward for this adventurous experiment! Wishing you Love and Light, and thank you for your support! email: bogi@auroville.org.in, ph: 7598447623

**AVAILABLE**

Please note: tools, toys, kitchenware, travelling and hiking gear can be borrowed at your convenience from Auroville Library of Things (ALoT) - at container opposite PTDC. glot@auroville.org.in

Fund raising cakes: Hello my name is Asia and I am doing a fundraiser to bring my half-sister to Auroville - my proposal is you can order a cake and I will deliver it to you in Auroville. I can bake cakes, cupcakes and cookies. If you would like a cake with a unique design let me know and I will see what I can do - contact: 7094823921 / Account#6281 - Thanks, Asia

Chairs: Hi, if you need 4 wooden chairs or1 wooden stool or a low wooden chair with braided straw on the sitting part... or all together, call Luca on: 9443385563 or 2623177

Office space: Fully furnished with AC, an office space available for rent in Aurelec - Pts contact Manisha on: 9999955121

Monitor for computer Acer: 24 inches; in very good condition;2 years old; VGA, HDMI. Energy star. TN technology- Serge: 8940347678, sukhinisergio@gmail.com

Baby-sitter: Dear all, my name is Pratyusha, and I am a volunteer. I would like to offer babysitting services to Aurovilians, newcomers or guests, I would be available on all evenings except Monday & Wednesday. I can offer Saturday afternoons as well from 2:30 pm onwards. I assure you I can take good care of children, as I can cook for them and teach interactive activities, I can also manage more than 2 kids and be very patient, while taking care of them. contact: kapavarapurpratyusha@gmail.com

Office space available @ UPSANA: Creative people, designers, writers, looking for place to work from... welcome! UPSANA is happy to host you on monthly basis. Open to Guests, Newcomer and Volunteer. Pts write to: Office@upsana.in

Fridge: we have a 4-year old 165l fridge in good condition. We are happy to swap it for something. Pts write to: Rohinik@auroville.org.in

**LOOKING FOR...**

A secretary: I need a secretary with good typing speed, excellent knowledge of English & Computer operation. Should have own laptop for working. Contact: 09946284850. Prof Anand Kumar (Promesse Community)

Computer monitors for Savi: Savi is looking to buy (or to receive 2 computer monitors. It can be of size starting from 15 inches to 22 inches. We'll appreciate your generosity. Please contact Savi at: study@auroville.org.in. Happy New Year!

Is there someone, or someone you know, coming soon from France?: We have a small package, weighing about 1kg (special magnesium powder), for Eluciole circus. We need it as soon as possible for the practice sessions to protect the girls’ hands, for later performance in Matrimandir. Please contact Penny: penny@auroville.org.in, 9442938514

Tsampa: Dear brothers from Nepal, if anyone of you is going there and could kindly bring me a 2kg-bag of Tsampa, that would help me very much in my diet! It is so nourishing and I still have to regain 6kg. also I have some Nepali-Ruppees leftover which I could give. Hoping to hear from you, Schima (Transformation)

**LOST & FOUND**

Garments (lost): At Unity Pavilion on December 15th after the talk of Nipun Metha and presentation on "Consciousness and money" various garments were left behind: a grey scarf, a beige men’s vest, a grey sweater with a hood and a black cap. If it is yours, please come and collect at the office of Unity Pavilion.

Ray Ban woman’s sunglasses brown (lost): on 14th of December near the fountain at the Matrimandir garden. If found Please write to: jisambero@gmail.com. Thanks you - Jean-Louis

Chappals (exchanged): Hi, My Brown Birkenstock chappals size 44 were taken by mistake at unity pavilion at the general meeting 22 Dec please collect your grey ones size 43 - Ph: 8072725599 - Thank you, Joel

Key pouch (Found): Two weeks ago someone left in the Bharat Nivas post office a small red hand-made leather pouch with two fairly large and two small Godrej keys in it, along with a Krishna pendant. As no one answered the alert posted on Auronet, the postmaster now gave the pouch to Mauna, ph # 9443168323.

Iphone earphone (Lost): it was put in a black small bag. Contact: lulaalaa@gmail.com, 8675608380 - Shang

Motorcycles keys (Lost): a set of 3 keys on a red leather key holder shaped as an elephant head. Eric Svedam: 9442646250

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**IN VITATIONS**

The Pavilion of Tibetan Culture invites you all to welcome the New Year and Auroville’s 50th Anniversary with a

Light Mandala Meditation for the world peace, harmony, prosperity

Sunday 31st December 2017
7pm onwards
At the Pavilion of Tibetan Culture

All are invited.

Any contribution is Welcome to support your contribution can be given to the financial service account #25144. Tibetan Pavilion Activities or directly to the unity fund with a small cover letter mentioning “for Tibetan Pavilion”.

Thank you for all your support.

We wish you all a Happy New Year!

Pavilion of Tibetan Culture team

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AMPHITHEATRE - MATRIMANDIR

Meditation with Savitri

read by Mother to Sunil’s music

Every THURSDAY - 5.30 to 6.00 pm [weather permitting]

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work, and is to be used only as such. We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you Access only for the Amphitheatre from 5.15 pm. Please be seated by 5.25 pm.

Thank you, Amphitheatre Team
“Blessed are those who take a leap towards the Future”
-Mother’s message of 1.1.1971

New Year at the Matrimandir

On 31.12.2017

• The Banyan Tree will be lit with candles to welcome the New Year. All are to maintain silence under the Banyan Tree and in the Garden of Unity. Entrance from the Office Gate from 5 to 6 pm only. Guests are requested to carry their Aurocards with them.

  • At the Unity Pond
    5.30 to 6.15 pm
    A musical offering with the Russian Singing Bells
    “O divine Master, let Thy light fall into this chaos and bring forth from it a new world. Accomplish what is now in preparation and create a new humanity which may be the perfect expression of Thy new and sublime Law.”
    Mother - “Prayers and Meditations” - 13 March, 1914

• The Inner Chamber will remain open until 9 pm for Aurovilians and Newcomers for their concentration on the last day of the Year. Newcomers have to bring along their Newcomer Card.

  • Midnight meditation in the Inner Chamber from 11 pm to 12.15 am for Aurovilians and Newcomers only. Newcomers have to bring along their Newcomer Card.
    All are requested to be seated in the Inner Chamber by 11.45 pm.

On 1.1.2018

6 am:
Collective meditation under the Banyan Tree.

Entrance from the Office Gate from 5.45 am. Guests are requested to carry their guest cards.

Bonne Année
Happy New Year to All!

Water Ceremony for Auroville’s 50th Anniversary

“Water is the symbol of a state of consciousness or plane.” – Sri Aurobindo (Letters on Yoga III)
In Her description of Sri Aurobindo’s Symbol Mother explains: “The descending triangle represents Sat-Chit-Ananda. The ascending triangle represents the aspiring answer from matter under the form of life, light and love. The junction of both - the central square - is the perfect manifestation having at its centre the Avatar of the Supreme - the lotus. The water - inside the square - represents the multiplicity, the creation.”

An appeal for collecting water

Dear Friends,
There will be a water ceremony after the early morning meditation of 28 February 2018, in the Amphitheatre. It is proposed that water from different water bodies of the world, including the seven sacred rivers of India, be collected and brought to Auroville.

The bringing together of water from all over the world in a symbolic ceremony at the centre of Auroville would not only mean a prayer for unity but also a prayer for this diminishing resource for the whole world.

We need the collaboration of the peoples of the world to make this event come true.

We invite Aurovilians, Newcomers, Guests, Visitors, and Friends of Auroville from all over the globe to help us in this endeavour.

Please bring us a little water from your place.
If you wish to participate in this attempt, then this is what we propose:
1. The water must be from a lake, river, spring etc. from your part of the world.
2. The amount can be 500-1000 ml from each water source. Or, a smaller quantity if bringing it over poses a problem.
3. To be bottled in a leak proof bottle, preferably made of glass, carried in luggage that is checked-in.
4. Each bottle must be labeled with: the name of the country and the source of the water and, if possible, the GPS location of the area from where it was collected or at least the name and place of the water source.
5. Please remember to take a few photographs of the water source so that we may post them on our link.
6. The water may reach us anytime from November 2017 to 27th February 2018.

Please contact us at: worldwater@auroville.org.in
For up-to-date information you may look up:
Auroville website: www.auroville.org/contents/4257; or Facebook: www.facebook.com/groups/285893768498965/

Looking forward to a collaborative effort with all!

Sincerely,
The Matrimandir Events Team
THOUSANDS OF SOILS. ONE EARTH.
BRING US YOURS!
FROM YOUR CORNER OF THE WORLD

On the occasion of Auroville’s 50th anniversary in FEBRUARY 2018
Auroville Earth Institute and Unity Pavilion will celebrate this special
event with the construction of a RAMMED EARTH WALL, composed
of SOILS coming from all over the WORLD. Can you contribute?

1) COLLECT 1 LITER OF SOIL
Dig below the organic
topsoil with a tool to take
your sample from the
mineral-rich subsoil. The
more you can provide, the
better!

2) PREPARE YOUR SAMPLE
Remove any stones larger
than 3 cm in diameter, as well
as any debris.

3) STORE IT IN A ZIPLOC
Put it in a ziploc bag, labelled
with the town/country of origin.

4) BRING IT OR SEND IT TO US
Hand-deliver or ship it to
us anytime up until 20th
February 2018. Contact us
for any further information.

www.earth-auroville.com
communication@earth-auroville.com

Auroville Earth Institute
UNESCO CHAIR IN EARTHEAN ARCHITECTURE

+91 (0) 413 262 3330
Auroshipam - 605101 Auroville, TN
Annual Exhibition
Bags and Women’s Garments
From LEC women’s project
We invite you to view our collection of shopping and sling bags, pouches, and women’s garments. All items are also available for sale to support sustainability of our Centre. Orders can also be undertaken. Come and visit!
Venue: Life Education Centre (LEC)
Dates: Saturday 30/12/2017, Wednesday 3/1/2018, and Saturday 6/1/2018
Time: 10 am to 1 pm and 2 pm to 4:30 pm
LEC provides opportunities for young women from the villages to widen their horizons through activities based on the spirit of Auroville and vocational training in tailoring. Life Education Centre is located past Celebration area and opposite Isai Ambalam School (Go past Verite and Colors of Nature, make a left at the T-junction at the end of the road and continue. Life Education Centre is just adjacent to the vacant land on the right and BEFORE Isai Ambalam School). To know more about the Centre, visit life-education-centre.org

In the spirit of Brotherhood, you are invited to
A General Information Meeting to collaborate in the International Zone:

“Development of the Eastern Europe - Russia - Caucasus - Middle Asia Area”

2nd January, Tuesday, 4.00 - 6.00 pm
At Unity Pavilion

“The union of liberty and equality can only be achieved by the power of human brotherhood and it cannot be founded on anything else. But brotherhood exists only in the soul and by the soul; it can exist by nothing else… When it strives for brotherhood, it is founding that equal freedom of self-development on a common aim, a common life, a unity of mind and feeling founded upon the recognition of this inner spiritual unity. These three things [liberty-equality-brotherhood] are in fact the nature of the soul; for freedom, equality, unity are the eternal attributes of the Spirit.”

(Sri Aurobindo, “Ideal of Human Unity”, chapter 34)

The International Zone of Auroville is waiting for the manifestation of the National Soul Pavilions, as a contribution towards the work on human unity and peace upon Earth. Over the last year the work has been going on to develop together the area of the International Zone designated for a group of countries of the Eurasian continent, closely related geographically, historically and ethno-culturally.

We warmly invite Aurovilians/Newcomer representatives of Russia, Ukraine, Belarus, Poland, Czech Republic, Slovakia, Romania, Moldova, Transnistria, Hungary, Bulgaria, Serbia, Slovenia, Macedonia, Croatia, Montenegro, Bosnia and Herzegovina, Georgia, Abkhazia, South Ossetia, Armenia, Azerbaijan, Kazakhstan, Turkmenistan, Uzbekistan, Kyrgyzstan, Tajikistan to participate in this work in the spirit of brotherhood. All others who feel inspired by Sri Aurobindo’s understanding of brotherhood are welcome to join.

If by some reason you cannot come on this day, please stay in touch via bratstvoauroville@gmail.com

Let’s Talk Trash Week - 12
This Sunday (31st December 2017) we will be meeting in Certitude at 6 am.
We will be starting from Auroveo - Certitude - Acceptance - Pitchandikulam Bridge
Thank you All are welcome! Gloves will be provided.
Breakfast will be provided at the end. See you all

BRAHMANASPATHI KSHETRAM
The Mother and Sri Aurobindo Centre
Edayandavadi, Auroville

From 1st of January 2018
Brahmanaspati Kshetram will welcome visitors
Monday to Saturday from 3 - 6 pm
With a permanent exhibition:
“6 Scenes from Savitri”
a collage & doll art work
by Sunandanben from Sri Aurobindo Ashram.
Symbols and characters of Savitri will be explored by reading & listening to relevant scenes from No.1 till No.6 in sequence from Monday to Saturday at 5:30 pm till end of January.

Sunday 7th & Sunday 21st 5:50 pm: reading circle
Meditation: each Thursday 5:50 pm and each Monday 7 am, all are welcome!
see (google) map for direction
3/134, Kalathu Mettu Street, Edayaravahadi, Auroville - 605101, Tamil Nadu
Email: kshetram2014@gmail.com, Mobile: +91 76 39 84 58 21

Dear Auroville fair goers,
please be informed that the

Youth Centre Fair
is ON!!
Saturday 13 January 2018
Starting for lunch at 12 pm.
(Erratum from last week, as it was announced by mistake for the 30th of Dec.)
You are welcome to join in the fun beforehand to help create games, run stalls and help providing delicious food! See you there!
YC phone number - 04132622857

EXHIBITIONS

Reminder: Talking Walls
By Claudine (Lalie Sorbet)
At Centre D’Art - Citadines
Open daily 2pm to 5 pm
Exhibition till Jan. 10th

Talking Walls - A review by Chana Corinne for AVartService
Lucy in the Sky with Diamonds is the perfect acronym for the psychedelic world of photographer Claudine Vignes (Dana) alias Lalie Sorbet. Her exhibition “Talking walls” in Centre d’Art, Citadines, which just opened up, is a little taste of what the dimension of her photographic art can be.

A psychedelic experience is a journey to new realms of consciousness. The scope and content of the experience is limitless, but its characteristic features are the transcendence of verbal concepts, of space-time dimensions, and of the ego or identity. Such experiences of enlarged consciousness can occur in a variety of ways.

In “Talking walls” you are looking at the photographs of the walls of the Biennale of Fort Kochin, but from a close up perspective. As the walls are filled with colored textures and all kind of organisms, what you end up seeing actually does not look like a wall, but more what could be an abstract painting created by the mind under
hallucinogens due to the distorted view of objects and reality. The notion of space and time is gone and, like in quantum physics, there is past, present, future and imaginary time - a kind of a space but without the hardening of the mental always at work. It is simply a reality that the naked eye cannot perceive.

The result of this treasure hunt is 20 colourful, distorted and animated photographs where you will discover a whale, a Venus landscapes, a sky, a tornado, an electrical outlet and even one called “nu” resembling strangely the “The origin of the World” by Courbet.

She explains to me that it is her background in educative video games and as a graphic publicist that developed her sense of detail and attention. In both jobs she ended up being an artistic director, she created images. Later her exploration of photography included almost everything, lately extending to portraits and everyday street life which maybe the subject of exhibitions soon to be. In this aspect Lalie Sorbet claims to take a new ownership of art and nature.

This autodidactic photographer likes to take on a subject and dig into it in her own way. Her macrophotography with insects and drops of water were the subjects of previous exhibitions in Auroville and in Chennai and her pictures were chosen for the entire interior design of Dunes, a well-known spa close to Pondicherry.

In this “Talking walls” exhibition, the real, unreal and virtual reside side by side and the world and personage of Lalie Sorbet becomes almost extra sensorial. About this quest of extraordinary worlds and realities, she says that her dream is to explore 75% of the earth.

So if you ever had the thought of taking LSD to go to another dimension of the mind, no need for it, it is right here in “Talking walls” in Auroville.

Auroville’s Land

We present the regeneration and greening of Auroville’s land up to the present situation with video, slides, Questions and Answers on Wednesday 3rd January at 3 - 4 pm at Unity Pavilion, All are welcome,

Find our info on: www.colaa.org, LFAU: lfau@auroville.org.in

Inside India presents

a one-day Introduction to ‘SHAKTI’ Creative Power, Consciousness Force and Divine Mother.

SHAKTI is the female creative energy recognised in some Hindu traditions as the transformative energy leading to the highest realisation. In Integral Yoga she is an evolutionary force that accompanies the growth of the new consciousness.

In the presentation and talk we explore the Shakti in her traditional aspects and her central role in Integral Yoga.

on 4th January 2018, Thursday

Time: 08.45 to 12 - Lunch break - 14:00 pm to 17:00

Presented by: Ela Thole
Venue: Inside India building, Ground Floor, Auroshilpam

Register in advance at 2622047 between 9 am and 12 noon or 2 pm and 4.15 pm.

or mail: insight@auroville.org.in

Aurovilians and Newcomers are welcome; contribution is required from guests.
In order to prepare the right amount of food, we need to know how many people will come. We request a contribution of Rs. 100 for Aurovilians, Newcomers and Long-Term Volunteers and Rs. 200 for guests.

Confirm before 7th JAN: info@aurovillelanguagelab.org / grace@auroville.org.in; 0413-2623308 / 2623661; 6380-042388.

In addition to learning Tamil, it is also important to understand and participate in cultural aspects and customs. Mirra Women’s Group and Auroville Language Lab decided to celebrate Pongal 2018 to honor the cultural richness of Tamil Nadu in which Auroville is immersed. In the morning, Pongal will be cooked on the traditional wood fire in the traditional way with special wood and there will be the amazing cultural and artistic activities done by the women from the nearby villages and the children of Auroville. In the evening we will have fun in a more contemporary way of celebrating Pongal with bonfire, music and dance.

For those who don't know, Pongal is a popular Hindu festival that occurs on or around 14 January across India. The day is known by various names and different customs are observed in the different Indian states (Lohri, Makar Sankranti, Uttarayan, Kicheri, Bhogali Bihu...). Despite these variations, it is a harvest and thanksgiving festival marking the start of spring, the end of the traditional farming season and the gathering of the first food from the harvest. It is unique among Hindu festivals as the date is based on a solar calendar rather than the phases of the moon. The date of Pongal marks the start of Uttarayan, the time when the sun starts to move northwards after the winter equinox. It is also considered a time of good fortune and important events are scheduled during this period.

In Tamil Nadu the harvest festival is celebrated traditionally for three-four days. Old clothes are thrown away, marking the start of new life. To mark a good harvest, milk or rice is cooked until it boils over - ‘Pongal’ means ‘it boils/rises’. The food is offered to the Sun god before people eat it to cleanse themselves of the past. It is time to offer thanks to the village cows and oxen, who played a key role in the season’s farming as they are used to plough the land. The cows and oxen are bathed, decorated with garlands and worshipped. It is time to thank family and friends who have helped in the farming season and the harvest.

OTHER EVENTS

Inner-Work-Workshop

Introduction to the Integral Yoga of Sri Aurobindo and the Mother

2nd January (Tuesday) - this week on: 'The Divine Mother' 

Place: Savitri Bhavan - Time: 9 am to 12 Noon

(For those who are new to Yoga, from 8.45 to 9 am there will be a brief presentation on Yoga and Spirituality.)

• Overview with multimedia presentation
• Questions and Answers
• Practice in Daily Life
• Complimentary Concentration Exercises
• Creative Arts, Interactive Games
• Life of Sri Aurobindo and the Mother
• Introduction to the Reference Books

These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises. Led by Ashesh Joshi (Contact: 9489147202, 0413 2622922). No Registration required (except for groups). Fees: Voluntary Contribution. All are welcome.

For details on the Integral Yoga and the upcoming workshops: please visit: www.integralyoga-auroville.com

Carnatic music - singing lessons and veena: adults and children 8 years and older. Bruno (Utility). Telephone 2623308 / mail nadopasana@auroville.org.in

New Dance Classes at New Creation Dance Studio

By Philippe - Classes start on Wednesday January 3rd

Mondays: 6-7.30 pm - SuryaSoul® Soma Dance Class

Wednesdays: 5-6.30 pm - SuryaSoul® Soma Dance Class

Saturdays: 5-6.30 pm - SuryaSoul® Spirit Dance Class

SuryaSoul® - when Yoga becomes a Dance Of Life - is a conscious, alive, celebrating, embodied dance experience which is based on the Chakra System (the 7 energy centers)
the philosophies of Tao and Yoga including worldwide music tunes. - an open invitation to all-
SuryaSoul® Soma Class - holistic dance practice: with choreographed and free forms of dancing bodymudras
SuryaSoul® Spirit Class - a conscious dance poetry: with a space of individual and collective expression & creativity

Zumba classes with Sathish: at New Creation dance studio have been shifted from Monday 6-7pm to Thursday 6-7pm

KALYI has a new activity! Paint and Create
We are offering 3 sessions to help you create your own game.
Venue: White Peacock Wednesday 3rd, Thursday 4th, and Friday 5th of January. 2018
Flexible Time: 9:00 - 12:00 (latest arrival at 11:00)
Age: 8 - 99 (must have the ability to paint with water colors)
Aurovilian and Newcomers will be asked to contribute the cost of the game.
Guests: 500 Rs. Per session or 1000 for all 3 sessions
We hope to see you there!
If you cannot attend these sessions, this material is now available at the Visitors Center.

Open Capoeira Class
The group Ginga Saroba proposes an Open Capoeira Class, for beginners of all fitness levels, on Thursday 4th of January 2018 at 6 pm at Deepanam School Amphitheater.
The art of Capoeira is meant to free individuals and empower them. Mixing martial-arts, dance, music, tradition, theater, philosophy and much more, it connects body and soul, nourishing them in a societal environment in which each individual learns to face himself, grow, rise and progress as well as create possibilities for others. More than just a martial art, Capoeira is a tool for personal development, a game that can be played by each participant in accordance with his own abilities without any judgment from others.
Join the circle!
Group Ginga Saroba
- Prof. Samuka da India & students - Ph: 9488328435

Experience Auroville Program
Joy Community, January 4th to 7th, 8 am to 5.15 pm
A four days’ intensive program to experience Unity and Diversity in the context of everyday life in Auroville, for people who are interested in joining or volunteering in Auroville or for those who seek to deepen their understanding of the community. During this time, you will have the chance to explore different aspects of the Auroville reality:
- Day one you will learn about the roots and history of Auroville.
- Day two we will become familiarized with some of its current activities.
- Day three will focus on the potentialities of the community with emphasis on youth and education.
- Day four you will try to bring it all together in synthesis with the Dream.
Here we will answer your questions and doubts. This experience will help you clarify your impressions and insights. It is an opportunity to better understand your inner calling.
Advance registration is required. NO DROP-IN. 50% discount for people under 30 and long-term volunteers.
For additional information and a detailed program please find it listed under the activities of the Joy Community website www.joyauroville.org or in our Facebook page www.facebook.com/joycommunityguesthouse or contact us via email at joycommunity@auroville.org.in or by phone at 9487273939. We are always available in Joy Community Guesthouse in Center Field for further clarifications regarding the community at large and to help you discover Auroville.

Connection as Life Energy
Introduction to Nonviolent Communication with L’aura Joy, NVC Certified Trainer
Sat, Jan 6 - Sun, Jan 7
9.30am - 5pm, with lunch break

Do you long for more joy, authenticity and depth when connecting with yourself and others?
Do you wonder what gets in the way of connecting and relating the way you truly want?
A path of Nonviolence (based on Nonviolent Communication, NVC) offers both a deeply-rooted consciousness of oneness, as well as very practical tools to live this more and more in our daily lives.
More info & register (and for venue info): contact L’aura joylivinglearning@gmail.com, 9442788016
Limited seats. Registration and contribution required. Full participation requested (2 days). [Other upcoming NVC Events and Practice Group: joylivinglearning.org]

Nonviolent Communication Practice Group for January With L’aura Joy, NVC Trainer
Dates: Jan 3, 10, 17, 24, 31 (5 Wednesdays)
Time: 4.30-6.30pm
Theme of the month: Gratitude
Advance registration and contribution requested. Full commitment (4 sessions) and prior NVC experience.
For more info and to register, contact L’aura joylivinglearning@gmail.com, 9442788016. [Other upcoming NVC events: joylivinglearning.org]

Regular Events
AcroYoga for Beginners: Saturdays 8:15 to 9:45 am at Arka. - Partner flow: warming up with asanas and stretching with a partner - Inversions: flying and playing with partners. Damien 9047 722740
Aerobic Class (Beginner): Fridays from 5-6 pm at New Creation. Gym - Basic steps but still a good workout. Please bring water and a towel… Hope to see you, Bobby.
African Pavilion’s regular events: Every Thursday enjoy the drumming circle together with African dinner from 6 pm till 9 pm. Contact Dance is every Tuesday from 6 pm to 7.30 pm. Every Wednesday dance Salsa from 6 pm to 8 pm (Intermediates start at 6pm, Beginners start at 6:30pm). Join the Hatha yoga classes from Monday to Saturday from 4 pm to 5.30 pm. Transitional yoga classes are Wednesday and Friday from 9 am to 10.30 am. Contribution is requested for building the Pavilion.
Auromode Yoga Space regular events: Good Morning, Auroville! Morning classes: Hatha & Kriya yoga every Wednesday and Friday, 7.00 am to 8.30 am, Tao Yoga every Tuesday, Thursday and Saturday, 9.00 am to 10.00 am. Evening classes: Raja Yoga every Tuesday, 5.00 pm to 6.30 pm, Yoga Nidra every Friday 5.00 pm to 6.00 pm, Meditation class every Saturday, 5.00 pm to 6.00 pm. Body therapies by appointment: Ayurvedic Oil massage, Thai Yoga massage, Facial treatments. Check our website for updates, schedules and details: www.auromodeyoga.space
Auroville Aikido at Auroville Budokan (Debashakti): Teenagers’ class: Monday & Wednesday evening 5 to 6.00 pm with Cristo and Surya. Children classes are full! Adults: beginners are welcome on Saturday morning 6.30 to 7.30 am (mixed levels) with Murugan/John/Surya. Advanced with Murugan/John: Tuesday, Thursday 6.00 to 7.30 am and Saturday 6.30 to 7.30 am. Please be at the Dojo/Budokan 10-15 min. before class starts. Beginners may wear long loose pants & t-shirt with sleeves for the start (no tight fitting please.) White “keikogi” will be required for continued practice. For all activities at the AV Budokan: Health Fund or private insurance necessary - Reasonable contribution required for the Dojo. For more info, please write to budokan@auroville.org.in or contact Surya: 0413-2623-813 or 9655-485487
Aikido with Sep (Tanseikai group): Practice of Aikido at the Auroville Budokan under the guidance of Sep Overlaet, 6th Dan Tokyo Aikikai. Hours of practice: Tuesdays and Thursdays from 7pm to 8:30pm. Minimum age is 15. For further information contact Sep: overlaet@gmail.com / 8489759303.
Alcoholics Anonymous: monthly (open) every Saturday 6pm, Centre Guesthouse (Merriam Hall Centre). Contact: Ingrid 9443843976 or Shankar 9442010573.
Argentine Tango: Practica (practice space open to all tango dancers) Wednesdays 7.30-9 pm at SAWCHU.
Astronomy, its holistic approach: Astronomical Chart by Uma Giménez. You are welcome to call and fix an appointment at 0413.
Authentic Tamil culture: Meeno, a Tamil Aurovillian, offers courses every Sunday morning to explore the beauty of the authentic Tamil Culture. Meeting point: Courage Gate. The course can be tailored to your choice including: 1. Cooking lessons, 2. How to make kolam, 3. How to wear and tie Kanga (Connie) 4. Henna design on hands and feet, 5. How to make flower garlands 6. Tailoring. If you are interested, please call Meeno to talk about the details of your class and fix the time. During the day call: 9787702180, after 5 pm you may use the landline: 0413 2623263.

AVYA Auroville Youth Activities: a brand new website presenting the regular Youth Activities available in Auroville: youthactivities.auroville.org.in. The primary goal is to provide the Auroville community (especially children/parents), with an organized and simple overview to become aware of the Activities available in Auroville, for the AV Youth. If you wish to add your activity to the website, kindly send your contact details (sport, name, phone number, email) to youthactivities@auroville.org.in.

Body Care in Auromode: Facial treatment - Exotic SPA - Deep Cleansing, Scrubbing, Massage, rejuvenating mask, deep cooling mask. Exotic SPA - Scrub, Wraps (chocolate, Tropicana). All materials used made from natural and organic products. Body Treatment - Cup massage. For more information contact SVetlana +919344639707

Body Fitness & Self-defense class: Learn Karate and Kick boxing for self-defense and body fitness. On Saturday and Sunday between 6.30 and 8.30 am. Place: SAWCHU building, Bharat Nivas. For more information contact: 9442485455 or 7861679171

Brain-Waves assessment and training: towards high-performance brain and meditational states of mind (non-clinical neuro-feedback) - project of LOE “Laboratory of Evolution”. Contact: egle@auroville.org.in

Buddha Garden activities:
- Farm Tour every Monday and Thursday morning. Come and experience our new audio guide as you walk around the farm.
- Join our weekly Food Growing Activity Cycle starting every Monday morning at 9.00 am and continuing for a further four days 6.15 - 9.00 am. Each day will consist of practical activities, discussion and reading about how we can grow our own healthy food. Booking essential. For more details contact Priya buddhagardenav@gmail.com

Budo Waraku: Keiko (practice) of Budo Waraku at the Auroville Budokan on Mondays and Fridays from 7pm. To 8.30pm. Waraku is a Japanese Budo based on ancient Shinto wisdom. The ancient taught the “Kototama”, the power of sound. The universe is made of sound. The practice will be directed by Sep and Yoko, direct disciples of Maeda Hiramasa Sensei, the founder of Budo Waraku. Minimum age is 15. For further information contact Sep: overlaet@gmail.com / 8489750535

Capoeira (Group Ginga Saroba): Classes open to all levels, led by Prof. Samuka da India and his students.
- Adult Classes >> Monday: 5.15 PM - SAWCHU (Bharat Nivas) | Tuesday & Thursday: 6.00 PM - Deepanam School | Saturday: 4.30 PM - Dehashakti Gymnasium. Free trial class every first Thursday of the month.
- Kid Classes >> Monday & Friday: 1.15 PM - Deepanam School - Contact us prior bringing a new kid.
- Open Roda (Capoeira Circle) >> First Friday of each month 5.30PM - Visitor Center - Open to all!!! Contact: info@ginga-saroba.com | www.ginga-saroba.com | 9498128439

Children Activity Garden: in a friendly home-environment for ALL children from 2 to 6. Open Mo - Fr from 9 am to 1 pm and on the regular school holidays. Contact: saroja@auroville.org.in or 76390 17692, http://activitygartenauroville.esy.es

Carnatic music - singing lessons and veena: adults and children 8 years and older. Bruno (Utility). Telephone 2612308 / mail nadopasana@auroville.org.in

Chinese fire cupping / Moxibustion Therapy: Fire cupping(火罐) and Moxibustion(艾灸) are both ancient therapies based on Traditional Chinese Medicine(TCM) theory. They can remove one’s blockages and accumulated toxins from deep tissues of the body as well as improving one’s immune system; effective in acute and chronic internal organ disorders such as pain, stiffness, fever, chill, cough, wheeze, nausea and vomiting etc... By appointment only: Chun - 09089-00708 / chun@auroville.org.in at Arka Wellness Center

Coaching and Personal Development based on NLP with Christine P.: 9489805494 / or contact@auroville-holistic.com, www.auroville-holistic.com

Contact Improvisation class and jam at Africa Pavilion: every Tuesday 6pm-7.30pm. Contact improvisation is a form that utilizes the physical laws of friction, momentum, gravity and inertia to explore the relationship between dancers. The class will be led by Karthik Rajmohan who is one of the first generation of contact dance in India. A jam will follow after the class. All are welcome!

Contact improvisation at Eluciole circus(Miracle). Every Friday from 5pm to 6:30pm we explore different aspects of contact improvisation to develop skills, understand how the body works in relation to another and in relation to gravity. The class will be led by Karthik Rajmohan, followed by an open jam. All are welcome! [NOTE: class will be cancelled if it is raining] tel: 9787332791

Creative Fridays: FRIDAYS 5 to 7 pm. At CREEVA (Centre for Research, Education and Experience in the Visual Arts) in the Creative Studio/Atelier. Come, experience and enjoy the colours. An engaging and meditative process to help you express yourselves more freely. Please come in time, in non-fragile clothes! Free for Aurovilians and Newcomers. Contribution of for Guest, and reduced for Volunteers. Please call in advance: Helgard 9486353426 - 0413 2622427. helgard@auroville.org.in

Creative Writing: a new regular class presented to you by The Auroville Short Theater Festival team. Never stop to be creative, whatever happens in your life! Every Monday 4.30 to 6 pm at Sanjana Community (after Arati, before Maduka) in Francesca's place. For more info: 0413-2623987 or francsca@auroville.org.in. Please write me an email before you come to the class if it is your first time. All of you are welcome as long as you bring with you a notebook, a pen and the fun of expressing yourself!

Cuban Salsa: Learn and practice Cuban Salsa, every Wednesday, 6-6 pm, at African Pavilion. Intermediates start at 6pm, Beginners start at 5.30pm. Cuban Salsa is for fun and all are welcome. Instructors: Moussine & Camilla. For questions, email serrar@gmail.com

Dance Class: Karthik Rajmohan is offering a new dance class at New Creation Studio. Thursdays 10-11.30 am. About his class: Explore physics and body mechanics through various contemporary dance techniques. We play with space, gravity and momentum to learn how our body is connected, to allow us to move with fluidity and grace. Karthik Rajmohan has a diploma in movement therapy and is trained in different contemporary dance techniques, somatics, yoga and physical theater. He has worked both as a performer and teacher/ facilitator in India and Europe for the past 7 years.

Dance Fitness: classes in New Creation with Elodie. Tuesday and Friday from 5pm until 6pm. If you want to fun and be active see you there!

Dance Offering: Welcome to weekly gatherings. To listen deeply to your body, allow life to express itself uniquely and unfold through movement, to celebrate together and offer the fruits of our practices. Free authentic dance and contact improvisation. Mondays, 5 -7 pm in Vértex. Thank you for coming on time to begin together!

Darkali Fitness Track: RE-OPENS on Jan. 1st Darkali Fitness Track welcomes you every day from 4.30 pm. to 6.10 pm. Please remember to come 30 minutes before closing time. Please note, in case of rain the Fitness Track will be closed until the path is dry. To be aware when the Fitness Track reopens after the rain please visit Auroonet group «Darkali Fitness Track».

Eco Femme open session: Eco Femme welcomes you on every Thursday from 10.30 am to 11.30 am for a small talk about our work,
sustainable menstrual products and menstruation experiences. Contact number: 9487179556. Our office in the Saracan campus, near Ganesh bakery, just before Windarra.

The Eternity Game- El Juego de la Eternidad: An oracle with 64 cards based on Sri Aurobindo’s Yoga. Individual and groups, in English, Spanish, and French. By appointment. Contact: Anandi: 0413-2622 547 or anandi7@aurville.org.in

Family constellation workshops: 6 Jan from 9 am to 6 pm at Creativity - Contact Mughan: 975110486 / mughan@aurville.org.in

Feminine dance for all women in Cripa, Kalabhum in Tuesdays at 4pm. An ancient sacred art for communication, healing, transformation and the facilitation of birthing. We create an opportunity to reconnect joyfully to our body, reawaken the flow of feminine energy, move to the living pulse of life and have fun in the living presence of other women. Wear comfortable dance clothes. galit@aurville.org.in

5 Rhythms Waves: Fridays - 7.30 till 9.00 am at CRIPA/KALABHUM.

About 5 Rhythms dance & movement meditation: Created by Gabrielle Roth and practiced by tens of thousands worldwide - 5 Rhythms is philosophy, perspective, performance art and dynamic movement practice rooted in the principle that if you put the psyche in motion it will heal itself. Movement is both the medicine and the metaphor, reaching across all languages, cultures and age groups transform suffering into art, art into awareness, and awareness into action. Wherever the rhythms are practiced, a community is born to dance, to sweat, to change, to support, and to provide a safe space for each of us to shatter the ego’s hold and awaken the juicy, unpredictable, fascinating, edge walking, rock star part of ourselves that yearns to be free. Creativity. Connection. Community. Offered by Irena (Newcomer) 5 Rhythms teacher in training.

Flamenco: by Lolo at CRIPA. Every WEDNESDAY - INTERMEDIATE: 2.30 to 3.30 pm - BEGINNER: 3.30 to 4.30 pm. WELCOME !!

French classes at Savitri Bhavan, House of Mother’s Agenda:

French classes at House of Mother’s Agenda, every Monday and Friday from 5 pm to 6 pm.

From the Food Lab: Horizon. (In front of Sve-dame). Mon, Tues, Thurs. 4.00 to 6.00pm. Call Lorenzo before coming at 09443362274. All relevant information about the after effects of food on your body for e.g. allergies, intolerance, chronic pathology. Homeopathic Immunopharmacology is available.

GAMES! An evening of fun board games. Every Friday from 6:30 pm onwards, upstairs at le Zephyr restaurant in Visitors Center. We have many games already! Bring yours if you have!

Hairdresser/Hairstylist: Hi my name is Ladina. I offer haircutting, hairstyling, highlights at my home salon Monday through Saturday for the ladies. Private home service also available. For appointments please contact 9787373685.

Hatha Yoga with Devasmita: The African Pavilion: Monday to Saturday: 4 to 5.30 pm - Classical Hatha Yoga by a 200hr Yoga alliance certified teacher. Hatha Yoga gives importance to the breathing, relaxation and meditation nature of a pose along with the physical nature of the Asanas. An Asana class consists of yoga and neck exercises, Pranayama, sun salutations, Asanas (Poses), final Relaxation and Meditation. Beginners to Intermediate level. Contact: +91 9876545000 / 7867989888.

Hindi & English Class: Learn to speak, read and write Hindi at New Creation every Sunday at 4pm. Contact Shiv: 9110810224 at Reach for the Stars. shiv.godi007@gmail.com

Hip Hop Class: Hip hop classes for Children at New creation Dance Studio. On Tuesdays: 6 pm to 8 pm and Saturdays: 4 to 5 pm - For more information call: 9786167917.

Hum Chakra Yoga: by Asha, EVERY MONDAY - 5 pm to 6:30 pm. Venue: Hall of Light in Creativity. The word Hum is the root vibration, the smallest, indivisible unity of sound as reflection of the essential nature of Kundalini-Shakti. Hum is the descent from universality (Om) into the human heart. We will identify what are the physical and psychological symptoms of blockage, deficiency and overactive chakra, and we will work on it through different techniques. We will go deeper into the yoga asana, pranayama, meditation, chanting and through Mother’s qualities (Courage, progress, receptivity, aspiration, perseverance, gratitude, humility, sincerity, peace, equality, goodness, generosity) we will make an inner reflection to our consciousness and advance in the stages of personal evolution. Balancing our chakras, each day we will give special attention to some chakra or chakras and we will be discovering the way to heal ourselves, how to be a balanced and happier person. Yoga for adults. All levels are welcome.

Individual Yoga Sessions at Auromode Yoga Space: (60 or 100 min). Designed for your needs, level, age and dosh/a body type. Be it your first step into Yoga or an upgrade of your personal practice. Details, contacts and booking at www. auromodeyoga.space

Inner dance: Every Saturday from 5 to 6.30 pm at Vérité. Dance and move freely, according to your inner call. Let go, connect to your inner space and enjoy the movement that arises from within. No previous experience required; come with comfortable clothes a positive spirit! Everyone welcome to join!

Japanese Tea Ceremony: available on request - Please contact ishopswayam@aurville.org.in or at 0413-2622192.

Lilaloka - Sessions of Nature's Theater on Mondays and Tuesdays: Nature’s Theater led by Anna: http://lilaloka.org/natures-theatre/ in Lilaloka, every Monday and Tuesday mornings from 10 to 12 am. Commitment required for a minimum of 1 month. Opened to children from 5 years onwards - parents can join as participants -. For more information contact Anna -. Tel. 9843528729 or annachmr@gmail.com

Leela, the Game of the Self Knowledge (a 2000 years old game!): Come and play the Game of your Life! Sundays, 10 am to 12.30pm (above 15 years old), in SVEDAME, at the Butterfly Barn. English, Spanish, French, Italian, German and Russian versions all available. Contribution kindly asked. Please call before to confirm your coming, thankyou. Contact: Veronique J. 948 85 12 678 www.leeleathegame.blogspot.in

Meditation for Peace and Healing: Join us from 5:00 to 5:45pm every Thursday around the Peace Table at the Unity Pavilion to build and hold a Collective Space for Healing and Peace. Please offer your Presence to help in this collective experiment, whether you need healing yourself or simply want to support others in their healing and well-being.

MMA (Mixed Martial Arts) and Self-Defence for Women: Every Monday and Wednesday 5:30 to 7:00 at Dehashakti Gymnasium. Open to everyone starting from the age of 14. Please be punctual and in sportswear. Stay at home if sick or if you have open wounds or skin diseases. Free for Aurovilians & Newcomers. Fixed contribution for SAVI Volunteers and for Guests. We welcome at any time your support in form of donations for new material etc. AVMMA account: 251884. Giacomo: 9487340778 / giacomoauroville@gmail.com

Mudra-Chi Workshop: A body Prayer in a Tai-Chi Form. Every Tuesday at 4.45 pm. At Savitri Bhavan. Facilitator: Anandi. For further information or Special Classes, contact me, anandi7@aurville.org.in

NEW COLORS: The NEW COLORS children’s center is in Edayanchavady village, and offers free homework help for students from grades 1-9 from Monday to Friday between 5 to 7 pm (not on rainy days). “The MOTHER KinderGARTEN” in NEW COLORS is for ages 2-7, open from Monday to Friday with: morning activity 8:30am to 1pm or afternoon activity from 1pm to 4pm or full day activity 8:30am to 4pm. It is suitable for short or long term for Aurovilians & Newcomers and Guests. For registration and for further details contact Renara: 9865444472 / motherkindergarten@gmail.com or newcolors2002@gmail.com


Introduction To The Communication Of The Heart (Also Called NVC / CNV): IN FRENCH ONLY. On the following Fridays from 9 am to 5pm: December 29th, January 12th and 16th at Creativity Hall of light. Registration: Hamsini 9487544184

Odissi Dance Classes: For all interested in learning the beauty and the rhythms of Odissi dance, Devasmita is offering classes for all, including complete beginners. The class is held every Friday from 5:15-6:15pm. The class is open to all. Location: The classes are held at the Dance stage outside Satyakam’s house. When you come to New Creation, keep driving straight on the paved path. You will see a parking area in front of the lotus pond. Park your vehicle there, and walk straight on the paved path. On the left you will see the Dance stage. It is an open area. Registration is important. To sign up, please drop an email with your contact details (preferably with your Email).
number on which WhatsApp can be sent) at odissidanceclass@gmail.com. If, however, you are seeing this email right before the class, just drop in and register later.

OM Choir: “The voice that chants to the creator Fire, /The symbolled OM, the great assenting Word”. Every Tuesday at Savitri Bhavan, 5:45/6:00pm - and at the OM Choir in the Ashram School, opposite the Ashram Entrance, Pondicherry, Fridays at 7:00pm.

Pavilion of Tibetan Culture - Wednesday dinners: event paused for the moment. See you again soon!

Pilates with Savitri: at New Creation Dance Studio on Mondays at 5pm, basic level - on Tuesdays at 7:30am, intermediate level - on Saturdays at 7.30 am, basic level. savitri@auroville.org.in

Pilates with Teresa: At Arka. All classes last one hour. Thursday & Thursday 7:30 am all levels / Wednesday 5:30 pm all levels / Friday 5:30pm advance level. Teresa: 786/7998922 / teresa@auroville.org.in

Psycho-spiritual work, tarot and other sessions: To bring more clarity and freedom on life issues where there was confusion and entanglement in order to allow new steps in life. Tarot, deconditioning self-inquiry,” inner personalities’ discovery and balancing , guided meditation and other tools...by Antarjyoti in English or French, tel(land): 0413/262 37 67 or email: antarcalli@yahoo.fr

Quantum Shiatsu Massage: With Sami A. Lutzke. www.auroville-holistic.com. Contact us by mail for more info: contact@auroville-holistic.com

Raja Yoga class at Auromode Yoga Space: Every Tuesday, 5.00 pm to 6.30 pm. Authentic Indian Yoga system, Raja Yoga is about both body and mind but the emphasis is on mental and spiritual development. It can be defined as the royal path to unity, the meditative path. Details & contacts at www.auromodeyoga.space

Readers group IN ITALIAN: Mother’s Agenda - for all Italians speakers, visitors or residents of Auroville. LET’S KNOW AUROVILLE THROUGH THE MOTHER. ...l’altro modo di conoscere Auroville attraverso il “lavoro” di Mère leggendo insieme alcuni passi scelti. Mercoledì ore 17, alla Library in Creativity con Janaka. PER GLI AUROVIJILIANI SU APPUNTAMENTO: Un grazie anticipato agli Auroviliani che vorranno aiutarmi in questo lavoro progreodendo insieme. Le fotocopie dei passi proposti sono gratuite...perché come ha detto Mère: “Questa Agenda è il mio regalo a quelli che mi amano”. Contatto: Janaka a 944 762 96 48 / janaka.om@auroville.org.in

Réception Francophone: Tous les mardis de 17:00 à 18:30 à La Terrace, en haut de la Cuisine Solaire, Ananda et Michiko sont à la disposition des visiteurs francophones qui voudraient poser des questions sur Auroville. Les Auroviéliens et Newcomers francophones peuvent aussi participer.

Regeneration Therapy: with Sigrid Lindemann. www.auroville-holistic.com. Contact us by mail for more info: contact@auroville-holistic.com

Reiki: with Marcia @ JOY GH - Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by ‘laying on hands’ and is based on the idea that an unseen ‘life force energy’ flows through us and is what causes us to be alive. If one’s ‘life force energy’ is low, then we are more likely to get sick or feel stress, and if it is high, we are more capable of being happy and healthy. Every Wednesday on Appointment. For more info: 9487227383, Joy Team.

Reiki with Betty: Traditional Mikao Usui method, Healing sessions and workshops all levels ... on appointment. (English/French/Spanish). Contact by SMS or WhatsApp for details or appointment on (0091)8098074351 or email betty@auroville.org.in

Restorative Circles (RC): workshops, practice groups, calling a live Circle, and other questions. Contact Laura: 9442788016, restorative@auroville.org.in, joylivinglearning@gmail.com, www.facebook.com/RestorativeAuroville

Salsa classes (LA style): for all level learners at the New Creation sports ground, near La piscine, every Saturday between 6.30 pm and 7.30 pm for Beginners and 7.30 pm to 8.30 pm for intermediate learners. Contact Antani: email-manikan152@gmail.com / 9159760503 / See Facebook page here.

Sanskrit Mantras: at Joy Community GH Hall, Centre Field. Drop in classes on Thursday at 6:15 to 7:15pm and Regular Classes on Friday from 6:15 to 7:15pm. Chanting Mantra is performing an ancient prayer. Through the harmonic rhythm, repetition and participation in the chant, the mind gains clarity, the ability to concentrate increases and a person becomes more tranquil. Through daily chanting the mind gains qualities which are essential for students of Yoga & Spiritual Scriptures. The specific pitches and rules of intonation and syllabic length will be learned in these classes in the traditional way.

Satsang: a sharing for spiritual upliftment; Savitri Bhavan, Saturdays 5:30-6:30 pm

Savitri in the morning: On Tuesday mornings from 6:45 to 7:45 a.m. at Maitreyi II, Newcomer house, there is a group who comes together with Savitri in English. It is a collective experience, enriched by each one attending. There are floor cushions and 10 chairs. Please bring your Savitri book or text download. NOTE - When a special event such as ashram darshan is on Tuesday, we meet on the Thursday of that week instead. For more information, contact pat@auroville.org.in, alenaauroville@gmail.com

Shiatsu Massage: helps remove the blockages by re-aligning meridian points, which balances the qi and eases the body and mind. For appointment call 944 36 17 308 Sara

Skyworks: Tree Climbing Workshops: RECREATIONAL. You want the experience without learning all the knots? The ropes are already positioned in the trees. The knots are tied and tested before you hook on. After being fitted with your saddle and some short instructions on safety and climbing techniques, you are off and climbing! Kids of all ages welcome. ADVANCED You want to learn the ropes and get off the ground. During class we teach both the double and single ropes techniques plus demonstrate many of the new climbing devices available. You will learn to install the ropes in the trees, tie and use several climbing knots and ascend and descend both with the knots but also with ascenders and descenders. For conditions/appointment call Satyaji 8531033545

Spitdume Farm activities:
- Weekly farm tour with Krishna - Saturdays 11:30am
- Cooking workshop to learn how to use local, traditional ingredients and their nutritional benefits - Saturdays 3pm
- Volunteers welcome! Drop by to visit or call Krishna 9843319260

Somatic Explorations with Maggie - every Wednesday from 5-6pm in Verité Hall. A gentle, easy and effective way to gain more ease in the body, better posture, flexibility, coordination, wellness, and balance, resulting in a decrease of the aches and pains commonly attributed to stress, injury and aging. Open to all, for further info call Maggie: 94866 33460

Sound Bath – Unity Journey: Every Wednesday 5.30-6.30 in Unity Pavilion. Aurelio and Team will create and share an experiential space of deep relaxation through a basic tuning process and exposure to the soothing waves and vibration of pure acoustic instruments. Gongs, Bells, Chimes, Strings and diverse new and archaic sound sources will invite the listener into a sound journey into inner landscapes and meditative contemplation towards a Unity experience. svaramoundsound@gmail.com

Sound Massage and Bath With Tibetan Singing Bowls and Solar Gong: Lying on a mat with bowls of different pitches, sound energy flows right through your cells forming a beautiful OM harmonic cocoon of peace, melting away tightness and discomfort while tuning you up to its healthy grounding vibrations. The powerful mystic gong and bronze bowls take us deep inside into our true home.... Info & bookings for guests: Antarjyoti, tel (land) (0413)262 37 67. Mail: antarcalli@yahoo.fr

Sound Therapy and Exploration in the Body for Self-Healing: Harmonizing and restoring healing sessions through the magic of the sounds from a specially designed sound bed and other musical instruments that enhance the self-healing powers of your being...The aim is to put you in a state of relaxation which enables you to feel your true self and feel yourself deeply according to your own awareness. In addition to the sound journey, you will be guided through your body to explore new dimensions which has an action and a benefit on the 3 levels: Physical, Energetical and Mental. This exploration based on the concepts of Chinese Medicine will help you reconnect with your organs and holistic being. In case of emergency I may help release sciatica pain (“ischias” in German). To book your appointment, please call Isha at: (0413) 2622192 / (+91) 99433 05092

South Indian Classical Dance (Bhratnatyam): Bhratnatyam Dance classes offered for beginners. Weekly twice. The classes are offered
for children and adults. If you are interested please contact me after 4pm on my mobile. S.Caveri: 7598368514

Spontaneous Singing: Every Wednesday, 5:00 to 6:30 pm at Creativity - Hall of Light. Max. 12 people. Enjoy the pleasure of singing and discovering your own voice without any goals or prerequisites. Be surprised by what happens when your voice encounters another voice. Let us create together an intangible and magical music. Antoine - 8940745292 / antoine@auroville.org.in

Stop Smoking. Not Why But How! Free for Aurovilians and Newcomers. By Janaka. Just a homeopathic remedy made with your personal cigarettes. Make a present to yourself! I do this as my karma yoga for you. Book at: 948.762.9648 or janaka.om@auroville.org.in

Tamil Literary Classes and Craft Lessons: Ilaigarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm-6 pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, History and Culture are opened to all Monday through Friday any time Also classes on languages, sewing, drawing, painting and simple handicrafts for Auroville workers and Aurovilians interested. Contact us to organize classes according to your schedule. Phone No: (0413) 262273 777. Email: tamil@auroville.org.in, R. Meenakshi (Ilaigarkal Education Centre) Tai Chi Hall @ Sharana: Monday & Tuesday 7.30-8.30 Chi, Monday &Tuesday 8.30 - 9.30 24-form, Wednesday & Saturday 7.30-8.30 127-form, Thursday & Friday 7.30-8.30 108-form. taichi@auroville.org.in

Taiwanese style Tea Ceremony: With Isha - Every Thursday 2 pm to 4.45 pm - Hall of Peace, Unity Pavilion - You will experience and learn the East Asian way of drinking and enjoying tea. Only organic tea will be used. All are Welcome. Please sign up with the Unity Pavilion, 0413-2623576 or unitypavilion@auroville.org.in

Tea Gathering: With Isha - Experience and learn the East Asian way of drinking and serving tea - The art of sharing joy and peace through a cup of tea with your friends will change your perspective towards tea, only organic tea will be used - Every Saturday 2 pm to 5 pm. Booking is required. Approx. 1 hour for each session, please choose your time slot. Venue: Swayam - Book at: 0413-2622192 / ishawswayam@auroville.org.in

Therapies with Vani: 1) Awakening the intelligence of the body: Awakening your own healing power, experiencing the Presence within by quietening the thought process and contacting the body. Discovering your Self-healing power and natural intelligence of the body. Fusion of deep guided relaxation, visualisation, energy work, pranic healing, acupressure and foot & cranial reflexology.
2) Journey to the heart of the body: Journey through the trauma memories, emotional blockages and belief systems in order to release and heal these traumas, by getting aware & deprogramming these past belief systems put in place in the past, which keep you from living a very joyful life in the present. Fusion of Hladina Method, Hypnotherapy, Radikal Healing, Self Inquiries.
3) Life Coaching: Using awareness, visualization & imagination techniques. Life coaching is very useful in period of changes and new projects in order to get in contact with your intuitive self and create the fun & dynamic thread of your life again.
4) Weiki and Reflexology courses possible on request For appointment contact Pitanga: 0413-2622403 or Vani: vani@auroville.org.in.

Thai massage to re-harmonise the energy and heal with Christine P. Registration & info: contact@auroville-holistic.com, Christine P: 9489805493 / www.auroville-holistic.com

Theatre Improvisation Games: Improvisation Theatre or IMPROV, is a form of live theatre where most, if not all, is created, is the moment it is performed. Our 1.5-hour IMPROV workshop will give you a taste of what IMPROV is all about and teach you some cool personal and performance skills that will build confidence and self-esteem to make a great impression, awaken and express creativity, develop quick-thinking & active listening skills. Date and venue: Every Friday at 4.30 pm at SAWCHU. Contract: Ema (99439 70834) or Elke (94865 20868)

Transformational yoga: Every Wednesday and Friday from 9.00 am-10.30 am at Africa Pavilion. Transformational Yoga gives you the tools you need in order to make a difference in your everyday life. A depth for pranayamas, the chakras and their correspondences, and meditation techniques gives you the knowledge you need to purify your body, stabilise your emotions, focus your mind, and increase your spiritual well-being. Transformational Yoga aims to awaken all five bodies and seven chakras in order to experience a continuous state of physical health and stamina, emotional balance and higher mental guidance, unconditional love and faith, and spiritual bliss consciousness.

Ultimate Frisbee: Monday, Wednesday and Saturday at the Gaia Sports Field 4.30 pm to sundown (turn left before Gaia community gate). Helps improve stamina, hand/eye coordination, and focus through running, throwing, & catching the disc; along with patience & teamwork and Spirit of the Game. Bring running shoes if you have them. Contact avultimate@auroville.org.in with any questions or just come ready to play!

NEW! Ultimate Frisbee women's team training: Sunday 4-6 pm

Youth Entertainment Program presents the YEPweek: a program especially designed for guest kids, to enjoy their stay, and discover Auroville. We will take them from place to place, where the kids will participate in various activities facilitated by Aurovilians. This program (Monday to Friday, 8.30 am to 12.30 pm) offers a good balance between visits, activities and free playing time. Joyfully, Yep Team (+91-962655134)

The Youth Center Pizza Nights are on Fire: And so is the fire wood oven, so when Saturday evening 7 pm comes around, get your chappals on and kick your bike to life (or jump on your cycle), follow your nose and you'll end up at the right place! We have pizzaiolos rolling out dough by the second and a precisely highly trained group of hands sprinkling the pizzas with all kinds of toppings and tasty Auroville cheeses. And lots more, so see you there! (Closes at 10pm)

Vinyasa Yoga: - at Creativity Hall of Light, every Thursday from 5 pm to 6.30 pm with Bebe Merino. This style is sometimes also called flow yoga, because of the smooth way that the poses run together and become like a dance. Please come and enjoy the classes.

Vocal & Nada Yoga: Paused - Re-starts Tuesday 2nd January 2018. Every Monday 1:30 to 3.30pm at Creativity hall of Light. Vocal yoga: Discover & develop parts of the body involved in vocal sound production to strengthen your unique musical instrument, find and free your true voice. Nada Yoga: Access inner consciousness through sound. Ancient Nada Yoga links music to spiritual growth through vibrational sound. Use musical scales inside energetic centers to deepen auditory and kinaesthetic awareness. Use Indian Raga to free emotional blockages. This technique helps you to sing in tune. Nada Yoga is a powerful meditative tool that deepens movement between consciousness states, enhances inner peace and contentment. Sacred Chants Help to quite the mind & open the heart the Divine Within. Contact Hansmini 9487544184

Wellness at Auromode Yoga Space: Ayurvedic Milana Oil massage, Thai Yoga massage, Foot massage, Head & Shoulders massage, Facial treatments. Details, contacts and booking at www.auromodeyoga.space

Women Temple: In Butterfly barn, Sve-dame On the following Wednesdays, at 7-9pm: January 17 & 31. Welcome into the circle, to explore this body mystery as a portal to spirit and our unique way how we express it through contemplation, movement, touch, self-inquiry, deep listening, celebration... Welcome to bring a flower and a friend! Thank you for coming little early, park at the gate, follow the candles & start together on time. Dariya. (inspired by www.awakeningwomen.com)

YEP Week: Youth Entertainment Program presents the YEP Week, a program especially designed for guest kids, to enjoy their stay, and discover Auroville. We will take them from place to place, where the kids can visit and participate in various activities. The activities include pony riding, Papier Mâché, quilling, painting... This program (Monday to Friday, 8:30 am to 12:30 pm) offers a good balance between visits and activities. Joyfully, Yep Team. Phone: +91 96 26 56 51 34 - Facebook: www.facebook.com/YEPAV.

Yoga body with Olesya: Asanas and Pranayama in B.K.S.Iyengar Tradition - Iyengar Yoga is a form of Hatha Yoga, where balanced mind and right intellect are developed through mobility, strength, stability and alignment of body in asana. Every Thursday and Saturday in Shambha Yoga Hall: 5.00 pm-6.30 pm - Contribution is required. For more information, please call or what's up Olesya: +91- 915-905-2743

Zumba Class Back By Popular Demand! Weekly Zumba class with Sathish. Where: New Creation dance studio. When: THURSDAYS from 6-7pm. Don't forget your water bottle!!
SAVITRI BHAVAN - JANUARY 2018

Exhibitions
In the upper corridor: Sri Aurobindo: a life-sketch in photographs
In the Square Hall: Glimpses of the Mother: photographs and texts

Films
Mondays 6.30 pm
January 8: Interview of Shraddhavan: Responses about Auroville. Duration: 54min.
January 15: Shyama or ‘Krisha the Dark One in Feminine Form’ Part 1. Duration: 55min.
January 22: Shyama or ‘Krisha the Dark One in Feminine Form’, Part 2. Duration: 83min.
January 29: Interview with Auroville by Narad. Duration: 43min.

Full Moon Gathering
Monday 18 & Wednesday 31, 7.15-8.15 pm
in front of Sri Aurobindo’s statue
Exhibitions, Main Building and Office
open Monday to Saturday 9-5

Regular Activities
Sundays 10.30-12 noon: Savitri Study Circle
Mondays & Tuesdays 3-4pm: Going Deep Within led by Dr. Jai Singh
Tuesdays 9-12 noon: Introduction to Integral Yoga led by Ashesh Joshi
Tuesdays, Fridays, Saturdays 4-5pm: L’Agenda de Mère: listening to recordings with Gangalakshmi
Tuesdays 5-6pm: Let us learn Savitri Together, led by Buvana in Tamil
Tuesdays 4.45-5.45pm: Mudra-Chi led by Anandi
Tuesdays 5.45-7.15pm: OM Choir
Wednesdays 5-6pm: Essays on the Gita led by Shraddhavan
Thursdays 4-5pm: The English of Savitri, led by Shraddhavan
Fridays 3-4pm: Exploring the Bhagvad Gita, led by Dr. Jai Singh
Fridays 5.30-7.00pm: Meditations with Hymns of the Rig Veda translated by Sri Aurobindo, led by Nishtha
Saturdays 5-6.30 pm: Satsang, led by Ashesh Joshi

EVERYONE IS WELCOME

ARKA - JANUARY – 2018

THERAPIES

<table>
<thead>
<tr>
<th>TREATMENT</th>
<th>WITH WHOM</th>
<th>WHEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Body Logic, Soft Massage, Deep Tissue Massage.</td>
<td>Pepe - by appointment 9943410987</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Cranio sacral, Lomi Lomi massage, Bare foot body massage and Thai yoga massage</td>
<td>Silvana- by appointment 9047654157</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Yogic Healing and Therapeutic Massage.</td>
<td>Basu - by appointment 9443399756 or 9435657094</td>
<td>Monday to Friday 8 to 9:30 am &amp; 6:00 to 7:30 pm, Saturday &amp; Sunday any time.</td>
</tr>
<tr>
<td>Holistic Reflexology, Full body massage, Face Massage.</td>
<td>Meha- by appointment 9443635114</td>
<td>Monday to Friday 9:00 am to 5:00 pm</td>
</tr>
<tr>
<td>Deep Core Intensive Massage</td>
<td>Sumit- by appointment 7839062619</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Acupuncture.</td>
<td>Dr. Mohammed Sahel by Appointment - 9999208068</td>
<td>Tuesday , Friday And Saturday</td>
</tr>
<tr>
<td>Chinese Fire Cupping and Moxibustion Therapy.</td>
<td>Chun - by appointment 8098900708/chun@aurville.org.in</td>
<td>Monday to Friday - 9 am to 5 pm</td>
</tr>
<tr>
<td>Psycho Spiritual Tarot, Deconditioning Self-Inquiry &amp; Inner voice Dialogue.</td>
<td>Antarjothy - By appointment 0413-2623767, or Email: <a href="mailto:antarcall@yahoo.fr">antarcall@yahoo.fr</a></td>
<td>Also in French.</td>
</tr>
<tr>
<td>Holistic Healing and Therapy</td>
<td>Dr. Marlene Deng - by appointment 8272032869, <a href="mailto:innerspirithealing@icloud.com">innerspirithealing@icloud.com</a></td>
<td>Monday to Saturday</td>
</tr>
</tbody>
</table>

BEAUTY PARLOUR

<table>
<thead>
<tr>
<th>SERVICE</th>
<th>WITH WHOM</th>
<th>WHEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Face Massage, Cleaning, manicure, pedicure, threading, waxing, henna &amp; hair coloring.</td>
<td>Meha by appointment 9443635114</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Hair Dressing</td>
<td>Ongkie by appointment 9843930178</td>
<td>Monday to Friday</td>
</tr>
<tr>
<td>Hair Dressing</td>
<td>Mimu - by appointment 9489694626</td>
<td>Monday to Friday</td>
</tr>
</tbody>
</table>

REGULAR CLASSES

<table>
<thead>
<tr>
<th>CLASSES</th>
<th>WITH WHOM</th>
<th>WHEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acro-yoga</td>
<td>Damien</td>
<td>Saturday-Beginners class 8:15 am to 9:45am.</td>
</tr>
<tr>
<td>Pilates Classes</td>
<td>Teresa-7867998952 / Ane-9442069221</td>
<td>Tuesday, Thursday and Friday.</td>
</tr>
</tbody>
</table>

New at ARKA: Power Yoga Workout & Massage Recharge
Days: Thursday and Sunday from 8:30am to 10am.
Venue: Arka Multi Hall. Contact: Mark-9943912110.

This class is a combination of Power yoga, Partnered exercises, and Thai-Yoga Massage.
Programme for January 2018

Please note: Pitanga will be closed on Monday 1st of January for the New Year.

**Yoga Iyengar**

<table>
<thead>
<tr>
<th>Āsanas</th>
<th>Mon</th>
<th>Wed</th>
<th>Fri</th>
</tr>
</thead>
<tbody>
<tr>
<td>Āsanas level 1</td>
<td>07.30</td>
<td>09.00</td>
<td></td>
</tr>
<tr>
<td>Āsanas level 2</td>
<td>16.30</td>
<td>18.30</td>
<td></td>
</tr>
<tr>
<td>Āsanas - self practice all levels</td>
<td>07.00</td>
<td>10.00</td>
<td></td>
</tr>
<tr>
<td>Pranayama level 2</td>
<td>07.30</td>
<td>09.00</td>
<td></td>
</tr>
<tr>
<td>Āsanas drop in</td>
<td>11.00</td>
<td>12.00</td>
<td></td>
</tr>
<tr>
<td>Āsanas drop in - all levels</td>
<td>16.30</td>
<td>18.00</td>
<td></td>
</tr>
<tr>
<td>Āsanas for women drop in - all levels</td>
<td>18.00</td>
<td>19.30</td>
<td></td>
</tr>
<tr>
<td>Āsanas for the spine drop in</td>
<td>07.30</td>
<td>09.00</td>
<td></td>
</tr>
<tr>
<td>Āsanas hormonal balance level 2</td>
<td>11.00</td>
<td>12.30</td>
<td></td>
</tr>
<tr>
<td>Āsanas hormonal balance level 3</td>
<td>17.00</td>
<td>19.00</td>
<td></td>
</tr>
<tr>
<td>Āsanas for women level 2</td>
<td>07.30</td>
<td>09.15</td>
<td></td>
</tr>
<tr>
<td>Āsanas drop in - all levels</td>
<td>08.00</td>
<td>09.30</td>
<td></td>
</tr>
<tr>
<td>Āsanas restorative</td>
<td>15.30</td>
<td>16.30</td>
<td></td>
</tr>
<tr>
<td>Āsanas drop in - all levels</td>
<td>16.30</td>
<td>18.00</td>
<td></td>
</tr>
<tr>
<td>Āsanas drop in - all levels</td>
<td>07.30</td>
<td>08.45</td>
<td></td>
</tr>
<tr>
<td>Āsanas hormonal balance level 3</td>
<td>09.00</td>
<td>11.00</td>
<td></td>
</tr>
<tr>
<td>Āsana- self practice level 2-3</td>
<td>11.00</td>
<td>12.00</td>
<td></td>
</tr>
<tr>
<td>Āsana - for the spine drop in</td>
<td>09.45</td>
<td>11.15</td>
<td></td>
</tr>
<tr>
<td>Āsanas for the spine drop in</td>
<td>16.30</td>
<td>18.00</td>
<td></td>
</tr>
</tbody>
</table>

Note: For Iyengar classes, please come to a drop in class first and talk to the teacher about appropriate level.

**Yoga - mixed style**

<table>
<thead>
<tr>
<th>Yoga Therapy</th>
<th>drop in</th>
<th>Mon, Wed, Fri</th>
<th>08.30</th>
<th>10.00</th>
<th>Gala</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yoga class</td>
<td>drop in - in French</td>
<td>Mon (from 8th)</td>
<td>10.30</td>
<td>12.00</td>
<td>Sylvie</td>
</tr>
<tr>
<td>Āsanas (*)</td>
<td>for teenagers</td>
<td>Mon, Wed</td>
<td>16.00</td>
<td>17.00</td>
<td>Lisbeth/Suryamayi</td>
</tr>
<tr>
<td>Svastha yoga</td>
<td>drop in - all levels</td>
<td>Weds</td>
<td>17.00</td>
<td>18.00</td>
<td>Jani</td>
</tr>
<tr>
<td>Svastha yoga</td>
<td>drop in - all levels</td>
<td>Fri</td>
<td>10.30</td>
<td>11.30</td>
<td>Jani</td>
</tr>
<tr>
<td>Yoga Nidra</td>
<td>drop in - in French</td>
<td>Fri (from 12th)</td>
<td>16.00</td>
<td>17.30</td>
<td>Sylvie</td>
</tr>
<tr>
<td>Āsanas for children 7-9 yrs.</td>
<td>Sat</td>
<td>10.00</td>
<td>11.00</td>
<td>Gala</td>
<td></td>
</tr>
</tbody>
</table>

**Other Exercises**

| Aviva exercise  | drop in - for women | Thurs | 16.30 | 17.30 | Surya/chitra |
| Discover energy body | for children, 7-9 yrs. | Sat | 11.00 | 12.00 | Gala |

**Dance**

| Odissi Dance (*) | Regular practitioners | Tues | 16.00 | 17.15 | Rekha |

**Health Care at Pitanga**

**For the following therapies & treatments please book your appointment on phone, 2622403/2622994**

| Ayurvedic Massage | with Ion, Kumar | Thai yoga Masssage | with Juan, Kumar & Mar |
| Thai shiatsu massages | with Manu | Awakening the intelligence of the body | with Vani |
| Biocedage | with Nadia | Journey through the memory of the body | with Vani |
| Life Coaching | with Vani | Releasing through Awareness | with Rosa |
| Foot Reflexology | with Lila | Readings in Vedic Astrology | with Vikram |

Note: (*) Denotes classes for those willing to commit for a minimum of 3 months

Pitanga Cultural Centre, Samasti, (0413) 262 2403 / 2622994 - pitanga@auroville.org.in.

New classes starting from January 8th at Pitanga

Hatha Yoga in French, Monday - 10.30 am - 12 am

This practice of Yoga proposes to Experimenter this intimate and profound interaction between breath and body.

Moving or stationary, the Postural work aims to untie the tensions at all levels, allowing the flow Energy. Slow Conscience and provide access to a depth.

Explore and gradually move to a note Quality, Perception, to listen to what is alive in us. Open to an interior space, Being Present.

Yoga Nidra in French, Friday - 4:30 pm - 5.45 pm

An ancient technique in which the body, lying down, is invited to abandon his deep tensions and consciousness to stay awake and present. A cleaning practice in our different physical, emotional, mental

**Painting exhibition by Iono**

December 30th Saturday-till January 13th 2018

8am - 12.00pm and 2pm - 6pm
(Closed on Sunday)
Joy Activities - January

Classes

<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Times</th>
</tr>
</thead>
<tbody>
<tr>
<td>Relationship Communication</td>
<td>Monday</td>
<td>10:30 to 12pm</td>
</tr>
<tr>
<td>Prana Vashya Yoga</td>
<td>Monday</td>
<td>3 to 4:30 pm</td>
</tr>
<tr>
<td>Yoga Nidra</td>
<td>Monday</td>
<td>5 to 6 pm</td>
</tr>
<tr>
<td>Qi-Gong</td>
<td>Tuesday</td>
<td>7:45 am to 8:45am</td>
</tr>
<tr>
<td>Awareness Through the Body</td>
<td>Tuesday</td>
<td>5 to 6:30 pm</td>
</tr>
<tr>
<td>Antigymnastique</td>
<td>Wednesday</td>
<td>9 to 11 am</td>
</tr>
<tr>
<td>Heat Beat Dance</td>
<td>Wednesday</td>
<td>5 to 7 pm</td>
</tr>
<tr>
<td>Acro Yoga</td>
<td>Thursday</td>
<td>4 to 5:30 pm</td>
</tr>
<tr>
<td>Mantra Chanting (beginners)</td>
<td>Thursday</td>
<td>6:15 to 7:15 pm</td>
</tr>
<tr>
<td>Mantra Chanting (advanced)</td>
<td>Friday</td>
<td>4 to 5:30 pm</td>
</tr>
<tr>
<td>Qi-Gong</td>
<td>Saturday</td>
<td>7:45 am to 8:45am</td>
</tr>
</tbody>
</table>

Therapies

<table>
<thead>
<tr>
<th>Therapy</th>
<th>Days</th>
<th>Times</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shiatsu Massage (on Appointment only) with Sara</td>
<td>Wednesday/Thursday</td>
<td>3 to 4:30 pm/2:30 to 4pm</td>
</tr>
<tr>
<td>Reiki (on Appointment only) with Marcia</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bach Flowers &amp; Counselling (on Appointment only) with Stefania</td>
<td>Saturday</td>
<td>7:45 am to 8:45am</td>
</tr>
</tbody>
</table>

Joy Community is located in Center Field, after Nandanam School, next to Center Guest House For info and reservations, please contact us at: 948722393 Email: joycommunity@auroville.org.in / https://www.facebook.com/joycommunityguesthouse

50 % discount for Savi registered Volunteers and people under 30. On donation basis for Aurovilians and Newcomers.

quiет

SOMATIC MOVEMENT with Maggie
Monday 8 January
9.30 AM - 5.00 PM (6 hours)
Quiet Healing Center (2622329 / 9488084966)
Somatics is a system of slow, mindful movement. It improves the function of the nervous system, creating more ease and freedom within ourselves. Somatics teaches us to recognise and release holding patterns, resulting from pain, injury, stress or habituated posture, and enhances any kind of exercise such as yoga, dance, sport or just moving through life. You will also learn a daily practice in order to maintain better flexibility, coordination, balance and wellness, resulting in a decrease of aches commonly attributed to stress, injury and ageing.

ETIOMEDICINE SESSIONS with Lisa
Quiet Healing Center (2622329 / 9488084966)
Etiomedicine is an energy treatment, which looks for the causes of a disease (mental or physical) in order to find blockages and restore the natural energy flow.

Energy blockages are most of the time due to old memories of pain or suffering: a traumatic event, a difficult life situation, a belief that does not serve you any more. These blockages are held in the memory of the cells.

During a session, the client lies down while the therapist takes the pulse of the left hand. By ‘listening’ to the information from the pulse and the sensations from the client, the therapist helps the client to reconnect with the physical and emotional feelings caused by a traumatic event, a painful situation or past conditioning. This technique allows for a direct communication with the cells without interference from the mind, thereby releasing painful memories and restoring the energy flow.

Etiomedicine treatments are short as the energy functions high speed; they usually last only half an hour and are offered in English or French. Etiomedicine may be considered as a tool for personal growth, a single therapy, or an addition to more conventional treatments.

HALL OF LIGHT – CREATIVITY

VOCAL & NADA YOGA WORKSHOP
Thursday 4th & Friday 5th January
9.00 am-4.50 pm at Creativity Hall of Light.
to register contact Hansini: 9487544184
Bring a small mirror with you.
Vocal yoga: Italian Maestro wisdom & Yogic approach
Discover & develop parts of the body involved in vocal sound production. Learn to use these parts through vocal practice and sound healing circle to consciously create and strengthen your unique Musical instrument.
Nada Yoga: Access inner consciousness through sound
Ancient Nada Yoga links music to spiritual growth through vibrational sound. Use musical scales inside energetic centres to deepen auditory and kinaesthetic awareness. Use Indian Raga to free emotional blockages. These techniques help you to sing in tune. Nada Yoga is a powerful meditative tool to deepen movement between consciousness states, and enhance inner peace and contentment.
Sacred Chants: Help to quite the mind & open the heart the Divine Within.

FAMILY CONSTELLATION WORKSHOP with Moghan
Saturday 6th of January: 9 am to 6 pm
Please contact: moghan@auroville.org.in / Ph: 9751110486

COMMUNICATION OF THE HEART (ALSO CALLED NVC / CNV)
A one-day Introduction In FRENCH ONLY
On the following Fridays from 9 am to 5pm:
December 29th, January 12th and 16th at Creativity hall of light.
Registration: Hansini 9487544184
NEWS FROM AUROVILLE LANGUAGE LAB

10-DAY INTRODUCTION TO FRENCH LANGUAGE AND CULTURE

We’re glad to announce that we will organize a 10-day French intensive program in January. It’ll begin on January 8th, and end on January 19th (two weeks, Monday to Friday). During these 10 days, you’ll learn French basics: you’ll be able to order in a restaurant, to ask for help for many situations (shop, directions…), in addition of course, to all the classic stuff including presenting yourself, telling time, etc. Also at the end of each class, we’ll introduce you some aspects of French culture and geography like music, movies, food, and landscapes!

So, don't waste any time: join our French Immersion program! Please come to Language Lab to make yourself known, get more details and register.

NEW CLASSES IN TAMIL, HINDI AND ENGLISH

A new two-month Beginners’ Tamil class will start in January. All are welcome to register.

The very first batch and the second batch that is about to finish the two-month Beginners’ Tamil class, are both invited to join the Intermediate level classes. Those who want to repeat the Beginners’ course are welcome too!

New classes for the Intermediate and Upper-Intermediate levels will start in the mornings for English and also for Hindi. Please contact us immediately to register. A new beginner level class in Hindi will also start.

TOMATIS PROGRAMS

Please contact us for both therapeutic and language programs. Have a look at the Tomatis page on our website www.aurovillelanguagelab.org for more info.

PONGAL 2018 CELEBRATION

- organised with the Mirra Women’s Group. On Sunday 14 January · See details under “Invitations”

All other classes as per the schedule.

**SCHEDULE OF CLASSES (as of 01.12.2017)**

<table>
<thead>
<tr>
<th>LANGUAGE</th>
<th>CLASS/LEVEL</th>
<th>TIMING</th>
<th>DAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENGLISH</td>
<td>Beginners</td>
<td>5.00 - 6.00pm</td>
<td>Tuesday / Thursday</td>
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<tr>
<td></td>
<td>Pre-Intermediate</td>
<td>5.00 - 6.00pm</td>
<td>Monday / Wednesday</td>
</tr>
<tr>
<td></td>
<td>Advanced Conversation</td>
<td>10.30 - 11.30</td>
<td>Saturday</td>
</tr>
<tr>
<td>FRENCH</td>
<td>Beginners</td>
<td>04.30 - 6.00pm</td>
<td>Wednesday / Friday</td>
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<td></td>
<td>Beginners (Children)</td>
<td>01.30 - 2.30pm, 11.00 - 12.00pm</td>
<td>Friday, Saturday</td>
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<tr>
<td></td>
<td>Pre-Intermediate (Closed)</td>
<td>02.30 - 4.00pm</td>
<td>Friday</td>
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<tr>
<td></td>
<td>Intermediate</td>
<td>04.30 - 5.30pm</td>
<td>Tuesday / Thursday</td>
</tr>
<tr>
<td>GERMAN</td>
<td>Beginners</td>
<td>4.30 - 6.00pm</td>
<td>Tuesday / Thursday</td>
</tr>
<tr>
<td>HINDI</td>
<td>Beginners</td>
<td>11.30am - 12.30pm</td>
<td>Tuesday / Thursday</td>
</tr>
<tr>
<td></td>
<td>Upper-Intermediate</td>
<td>10.00 - 11.30am</td>
<td>Monday / Wednesday</td>
</tr>
<tr>
<td>ITALIAN</td>
<td>All Levels</td>
<td>Contact Office</td>
<td>Monday / Wednesday/ Friday</td>
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<tr>
<td></td>
<td>Mother Tongue Project For Italian Children</td>
<td>2.30 - 4.00pm</td>
<td>Saturday</td>
</tr>
<tr>
<td>SANSKRIT</td>
<td>All Levels</td>
<td>Contact Office</td>
<td>Contact Office</td>
</tr>
<tr>
<td>SPANISH</td>
<td>Beginners</td>
<td>4.00 - 5.30pm</td>
<td>Wednesday</td>
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<tr>
<td></td>
<td></td>
<td>11.30am - 1.00pm</td>
<td>Saturday</td>
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<tr>
<td></td>
<td>Beginners</td>
<td>10.00 - 11.00am</td>
<td>Tuesday</td>
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<td></td>
<td></td>
<td>01.00 - 02.00pm</td>
<td>Thursday</td>
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<tr>
<td></td>
<td>Intermediate</td>
<td>11.00 - 12.00pm</td>
<td>Tuesday</td>
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<tr>
<td></td>
<td></td>
<td>02.00 - 03.00pm</td>
<td>Thursday</td>
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</tbody>
</table>

New students are requested to fill out the forms and register BEFORE attending any classes.

We have excellent university-level video and audio study materials and software in our mediatheque, which enable self-study in various languages.

The Language Lab is open
Monday - Saturday 9:00 am - 6:00 pm
Location: International Zone, beyond the Unity Pavilion.
Phone: 2623661/2000013/2000014, 6380042388 Email info@aurovillelanguagelab.org
Website: www.aurovillelanguagelab.org
Auromode Yoga Space: Regular Classes Schedule
January 2018

<table>
<thead>
<tr>
<th>Day</th>
<th>Class</th>
<th>Style*</th>
<th>Time</th>
<th>Teacher</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Good Morning, Auroville!</td>
<td>Active Hatha Yoga</td>
<td>07.00-08.30</td>
<td>Bala</td>
<td>except Jan.1</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Good Morning, Auroville!</td>
<td>Classical Hatha Yoga</td>
<td>07.00-08.30</td>
<td>Laure</td>
<td>Starting Jan.9</td>
</tr>
<tr>
<td>Morning Tao</td>
<td>Tao Yoga</td>
<td></td>
<td>09.00-10.00</td>
<td>Max</td>
<td>except Jan.2,9</td>
</tr>
<tr>
<td>Evening Raja</td>
<td>Raja Yoga</td>
<td></td>
<td>17.00-18.30</td>
<td>Max</td>
<td>except Jan.2,9</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Good Morning, Auroville!</td>
<td>Hatha &amp; Kriya Yoga</td>
<td>07.00-08.30</td>
<td>Bala / Max</td>
<td></td>
</tr>
<tr>
<td>Evening Hatha</td>
<td>Soft Hatha Yoga</td>
<td></td>
<td>17.00-18.30</td>
<td>Laure</td>
<td>Starting Jan.10</td>
</tr>
<tr>
<td>Thursday</td>
<td>Good Morning, Auroville!</td>
<td>Classical Hatha Yoga</td>
<td>07.00-08.30</td>
<td>Laure</td>
<td>Starting Jan.11</td>
</tr>
<tr>
<td>Morning Tao</td>
<td>Tao Yoga</td>
<td></td>
<td>09.00-10.00</td>
<td>Max</td>
<td>except Jan.4,11</td>
</tr>
<tr>
<td>Friday</td>
<td>Good Morning, Auroville!</td>
<td>Hatha &amp; Kriya Yoga</td>
<td>07.00-08.30</td>
<td>Bala / Max</td>
<td></td>
</tr>
<tr>
<td>Yoga Nidra</td>
<td>Yoga Nidra</td>
<td></td>
<td>17.00-18.00</td>
<td>Egio / Max</td>
<td></td>
</tr>
<tr>
<td>Saturday</td>
<td>Good Morning, Auroville!</td>
<td>Active Hatha Yoga</td>
<td>07.00-08.30</td>
<td>Bala</td>
<td></td>
</tr>
<tr>
<td>Meditation</td>
<td>Meditation in Yogic tradition</td>
<td></td>
<td>17.00-18.00</td>
<td>Max / Laure</td>
<td>except Dec.30</td>
</tr>
</tbody>
</table>

Individual Yoga sessions (60/100 min) by appointment, please book 1 day in advance

*all classes are adjustable and suitable for beginners and intermediate level.
Detailed description of our styles, methods and approach on www.auromodeyoga.space

Body Treatments

Mon.-Sun., by appointment, please book 1 day in advance

Thai Yoga Massage (full body 90/120 min, foot massage 30 min, head&shoulders 30 min)
Ayurvedic Milana Massage (full body 80 min)
Organic Facial Treatments (120-150 min, includes a variety of treatments and face massage)

Special Events: January - February 2018

• Marma Yoga - one-day practical retreat with Nadia, late January 2018, date TBC

• Out Of Body Experience and Its Benefits - theory and practice with Egle, one-day intensive on Sunday, January 29th

• Mantra Yoga in Vedic and Tantric Traditions - one-day practicum. Get the feel how and why mantras work and how to invoke them, with Max on Sunday, February 4th

• Yoga of Tamil Siddhas and Shiva Temples around Auroville - bus included, one-day “talk & walk” experience - theory, practice, history, sightseeing with Bala & Max, February 11th

+91 413 262 2224 (bookings) +91 7094 611951, +91 9655 356774 (information) www.auromodeyoga.space
## Sessions

<table>
<thead>
<tr>
<th>Days</th>
<th>Title</th>
<th>Timings</th>
<th>Facilitator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mondays</td>
<td>Dharma Yoga</td>
<td>6.45 to 8 am</td>
<td>Andres</td>
</tr>
<tr>
<td></td>
<td>Hatha Vinyasa Yoga</td>
<td>5 to 6.30 pm</td>
<td>Andres</td>
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<tr>
<td></td>
<td>Dance Offering</td>
<td>5 to 7 pm</td>
<td>Dariya</td>
</tr>
<tr>
<td></td>
<td>Dharma Yoga</td>
<td>6.45 to 8 am</td>
<td>Andres</td>
</tr>
<tr>
<td>Tuesdays</td>
<td>Parents with Babies Yoga (no class 16 &amp; 30 Jan)</td>
<td>9 to 10 am</td>
<td>Suryamayi</td>
</tr>
<tr>
<td></td>
<td>Heart Energy Meditation (no class 30 Jan)</td>
<td>5 to 6.30 pm</td>
<td>Ananda</td>
</tr>
<tr>
<td></td>
<td>Iyengar Yoga</td>
<td>5 to 6.15 pm</td>
<td>Olesya</td>
</tr>
<tr>
<td>Wednesdays</td>
<td>Aligned Vinyasa Yoga</td>
<td>6.45 to 8 am</td>
<td>Suryamayi</td>
</tr>
<tr>
<td></td>
<td>Somatic Explorations</td>
<td>5 to 6 pm</td>
<td>Maggie</td>
</tr>
<tr>
<td>Thursdays</td>
<td>Dharma Yoga</td>
<td>6.45 to 8 am</td>
<td>Andres</td>
</tr>
<tr>
<td></td>
<td>Hatha Vinyasa Yoga</td>
<td>5 to 6.30 pm</td>
<td>Andres</td>
</tr>
<tr>
<td></td>
<td>Iyengar Yoga</td>
<td>5 to 6.15 pm</td>
<td>Olesya</td>
</tr>
<tr>
<td>Fridays</td>
<td>Iyengar Yoga</td>
<td>6.45 to 8 am</td>
<td>Olesya</td>
</tr>
<tr>
<td></td>
<td>5 Rhythms - Dance Movement &amp; Meditation (no class 19 Jan)</td>
<td>5 to 6.30 pm</td>
<td>Irene</td>
</tr>
<tr>
<td></td>
<td>Open Heart Space Meditation</td>
<td>5 to 6.30 pm</td>
<td>Samrat</td>
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<tr>
<td>Saturdays</td>
<td>Iyengar Yoga</td>
<td>6.45 to 8 am</td>
<td>Olesya</td>
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<tr>
<td></td>
<td>Inner Dance</td>
<td>5 to 6.30 pm</td>
<td>Yoffi</td>
</tr>
<tr>
<td></td>
<td>Aligned Vinyasa Yoga (no class 13 Jan)</td>
<td>5 to 6.30 pm</td>
<td>Suryamayi</td>
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### Intensives

<table>
<thead>
<tr>
<th>Day &amp; Date</th>
<th>Title</th>
<th>Timings</th>
<th>Facilitator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fri, 5 Jan</td>
<td>Somatic - An Introduction to Every Body!</td>
<td>9.30 am to 12.30 pm</td>
<td>Maggie</td>
</tr>
<tr>
<td>Sat, 13 Jan</td>
<td>An Introduction to Antigymnastique Movements</td>
<td>2 to 4.30 pm</td>
<td>Francesca</td>
</tr>
<tr>
<td>Wed to Fri, 17 to 19 Jan</td>
<td>Pranayama - Breath of Life Energy</td>
<td>9 am to 4.30 pm</td>
<td>Ananda</td>
</tr>
<tr>
<td>Sat, 20 Jan</td>
<td>Fate or Choice - (Family Constellations)</td>
<td>9 am to 4.45 pm</td>
<td>Yuval</td>
</tr>
<tr>
<td>Sat, 27 Jan</td>
<td>An Introduction To Thai Yoga Massage</td>
<td>9 am to 4.30 pm</td>
<td>Andres</td>
</tr>
<tr>
<td>Sat, 27 Jan</td>
<td>Consciousness as Medicine</td>
<td>9 am to 12.30 pm</td>
<td>Dr. Yogesh</td>
</tr>
<tr>
<td>Mon-Fri, 29 Jan to 2 Feb</td>
<td>Yoga Immersion - 5 day (2 hr/day)</td>
<td>9 to 11 am</td>
<td>Sakshi</td>
</tr>
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</table>

### Therapies

- **Andres** Traditional Thai Yoga Massage
- **Ananda** Foot Reflexology
- **Chetna** Holistic Rebalancing: Deep tissue massage with Energy work
- **Lisa** Neurofeedback Therapy
- **Mila** Etimedicine
- **Neurofeedback Therapy** Craniosacral Therapy

**Please note:** To support the work of the presenters and staff, we ask all participants to please come in time for all sessions and intensives. Volunteer reduction by advance application only.

# ACCESSIBLE AUROVILE PUBLIC BUS - Pondy Trips (summary)

**PLEASE NOTE** there is NO BUS on MONDAY 1st of JANUARY 2018. Happy New Year to ALL!

For those who would like to contribute more to support the Accessible Auroville Public Bus here is the account number 251675 - With Gratitude, AV Bus Team - Email contact: avbus@auroville.org.in

The usual stops are served along the way: Matrimandir office gate, Solar kitchen, Certitude, Kuliapalayam, New Creation Junction, Kuliapalayam( SBI Bank ), ( Former ) Last School, Quiet, Lotus Hotel - See full schedule on Auronet

## Morning Trips: MONDAY to SATURDAY

<table>
<thead>
<tr>
<th>Departure Time</th>
<th>Destination</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.20 am - Vérité</td>
<td>Ashram Dining Hall</td>
</tr>
<tr>
<td>Arr. 9.05 am</td>
<td>Ashram Dining Hall</td>
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## Afternoon Trips: WEDNESDAY & FRIDAY

<table>
<thead>
<tr>
<th>Departure Time</th>
<th>Destination</th>
</tr>
</thead>
<tbody>
<tr>
<td>4.20 pm - Vérité</td>
<td>Ashram Dining Hall</td>
</tr>
<tr>
<td>Arr. 5.05 pm</td>
<td>Ashram Dining Hall</td>
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## Short afternoon Trips: MONDAY & SATURDAY

<table>
<thead>
<tr>
<th>Departure Time</th>
<th>Destination</th>
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</thead>
<tbody>
<tr>
<td>2.50 pm - Vérité</td>
<td>Ashram Dining Hall</td>
</tr>
<tr>
<td>Arr. 3.35 pm</td>
<td>Ashram Dining Hall</td>
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<table>
<thead>
<tr>
<th>Departure Time</th>
<th>Destination</th>
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</thead>
<tbody>
<tr>
<td>8.10 pm - Ashram Dining Hall</td>
<td>Arr. 8.55 pm - Vérité</td>
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<table>
<thead>
<tr>
<th>Departure Time</th>
<th>Destination</th>
</tr>
</thead>
<tbody>
<tr>
<td>6.00 pm - Ashram Dining Hall</td>
<td>Arr. 6.45 pm - Vérité</td>
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*News&Notes 30th December 2017 [730]*
What our judges said about the winning films in the 3 Aurovillian categories:

ABOUT AUROVILLE:
Cinema Paradiso Award to Nora Grobe Harmann for Auroville’s Children for poising direct and delicate questions to the future of Auroville, its children. The film through such exercise was able to elucidate the connection and relevance of Auroville in their lives and at the same time was able to present a glimpse of their journey of Self-discovery. The film witnessed their debilitating as a silent listener, without making hasty judgments and at the same time giving them enough space to express themselves. It presented the audience with a good insight, as Auroville turns 50.

Cinema Paradiso Special mention to Pang Zhi Tsung for Unique Town - Auroville for presenting a comprehensive episode on Auroville. The film was consistent in its energy it displayed while engaging and discovering Auroville. Further, as a rare moment in such films, the Anchor of the show displayed a beautiful openness while reflecting/contemplating about her life while experiencing Auroville. Such acts, in a sensitive manner reflects the integrity of this well-made film.

Jury Award to Serena Aurora and Eugenie Dumont for Ecovillage Design Education Program Auroville. This award is being given in recognition of the spirit of film making and constant engagement of the film makers with the medium. The film communicates the activity of the program in a imaginative and interesting manner.

Jury Special mention to Fred Chebron for The Mother Series. This film is very special as it records the testimonies of people who had met and interacted with The Mother. As Auroville celebrates the 50th Anniversary, the memory of direct experience with Mother is very important for the new Aurovilians and for the friends of Auroville. This series of films act as nuggets of memory repositories which are direct and can be easily assimilated by the audience.

Wisdom Award to Janak Chakrabarti for Tree House Community for its playful portrayal of the community work with very good visuals, music, narration and edit. The film had a very pleasant and inviting appeal to its audience through its montage of shots. The film was able to capture the free spirit of the community and at the same time, promised great adventure in its team work. A very well done film.

STUDENTS:
Cinema Paradiso Award to Masha for DotA2 Tribute for the evocative mise-en-scene and graceful choreography of its performers. The film was imaginative in its use of location, the fire, light, costume and colour. The film was able to capture the drama of the movement of the performers and playfully juxtaposed it with a Video Game.

Jury Award to TLC (The Learning Community) for A Collection of Animations. This bouquet of films was beautifully done by the students by frugal use of everyday material to tell small stories. It showed the creativity and fearless experimentation that these young minds are willing to engage in. It is a effective demonstration of the skills that they had acquired to use moving images.

Wisdom Award to Yami Aran for Open your eyes. This film is a mature attempt to bring our attention to the beauty that surrounds us which we take for granted. The film urges us to be a part of such activity which will nurture human understanding about our world exponentially. The film also makes a poignant statement about the danger of losing the nature and beauty around us, if we do not appreciate and act to preserve them.

BY AUROVILIANS / BIOREGION:
Wisdom Award to Claire, RV for Inner Dialogues for its honest, direct, simple and sensitive approach to some deep experiences about Auroville. The film was successfully able to balance conviction, vulnerability, uncertainty, discovery of the interviewees and present them in an engaging narrative while visually limiting itself to just the facial expression of the interviewees.
Wisdom Category Special Mention to Yatra Srinivasan for Be a Part of the Solution and not the problem. The film is short and sweet in effectively communicating the alternatives for reckless usage of plastic bags. It gracefully expounded a simple and hopeful solution without preaching and with a lot of positive and affirmative actions.

Jury Award to Shamu Sharma for Asylum Park, for exploring the notion of refugees in the contemporary socio political paradigm and for suggesting that asylum truly resides in love and understanding between people beyond geographical boundaries. The film, un hurried in its pacing, meandered through various negotiations before finally making its point in a simple and humane manner.

Jury Award Special Mention to Vimal for Earth and Bamboo for its great use of visuals and the rhythm of experience that it was able to conjure up with editing and music. One of the few films in which a single member crew has raised the bar of production quality of the film.

Cinema Paradiso Award to Rakhal for Together for its fantastic sound design and brilliant use of archival photographs in the edit to present a very moving film about the journey of Auroville. It was clearly able to articulate the spirit with which Auroville was manifested in a very simple manner and by using a single word in different languages like a mantra.

Cinema Paradiso special mention to Ciro Apicella for Blue Boy. This fictional film had amazing production quality and looked very professional in its overall attempt. It had a great form and definitely stands out as an inspiring example for a good collaboration.

Creativity Award to Basile for Entre Chiens Et Loups for use of virtual film making as new way for storytelling. The virtual technology and the creativity has come together to make a piece of art. The film in an engaging and unique manner makes a strong comment about the past and the contemporary political scenario in the world which poses challenges to the Human Unity.

Creativity Special Mention to Omid, Syed Habib Hashemi. This experimental film wishes to break away from the so called narrow confines of a stream lined narrative while engaging the audience in bigger political questions. The film thus asserts the very liberty in its form which it so deeply negotiates in its content through the film makers as art practitioners.

The Story of Auroville, one Video Clip at a time

While the Auroville Film Festival progressed in full swing, in a corner of the Town Hall building stood five television sets placed on pedestals, each of them playing video footage on loop. ‘Tribute to the Soiled Hands and Feet’, a video installation by filmmakers Richa and Rrivu, was one of the art installations that complemented the festival, and brought together video shot across four decades in Auroville.

Richa and Rrivu moved into Auroville’s Pitchandikulam Forest in April when they met Joss, steward of the forest, who gave them access to his studio. They unearthed over 100 hours of video footage covering four decades of Auroville’s history. “It was when Joss gave access to his studio that we got to know the wealth of recorded memories that we were laying hands on. We then realised that it deserved to be brought into the open,” Richa says.

The footage also made them realise that the story of Auroville is multi-layered and can’t be woven together into a single narrative. Each of these fragments being disconnected from each other, they can’t be strung together into a narrative film, says Rrivu. It was at this moment that they hit upon the idea of an installation, wherein each of these videos can be watched independently.

On their own, the video clips contain precious glimpses of Auroville from a time when it hadn’t yet evolved yet into the international township it now is, like a bicycle race from the late 80s, people gathering around a bonfire in soiled clothes, and a woman performing gymnastic stunts before an open crowd. The idea, Rrivu says, is to watch these clips devoid of any narrative shape or context, and just meditating on each individual clip.

The initial idea was to put up 100 television sets so that they could fit in a greater amount of footage, but they’ve decided to set up a pilot version of their project. Richa adds, “What these videos give us is an idea of the toil that went into making Auroville what it is now. This is our way of expressing gratitude for the work people have put into building this town.”

Nikhil Jayakrishnan for Auroville Film Festival

Being Part of the Solution

Operating from his Kuilapalayam-based studio Yatra Arts Media - which also doubles up as an art school where classes in music, dance and painting are held - Yatra Srinivasan has been making short and documentary films made for over a decade. Two of his films have made their way to the ongoing Auroville Film Festival - ‘Garbage to Gold’, about converting organic kitchen waste into biogas, and ‘Be Part of the Solution and Not the Problem’, on the threat posed by plastic consumption.

Like these films, social and environmental awareness runs through the heart of Yatra’s work, be it the 30-odd short and documentary films or the 45 corporate films he’s made for NGOs. “It’s something I carried over from my work in street theatre,” he mentions. Many of the street plays which he was a part of during his youth were intended to bring about social change, and when he made the shift to filmmaking, it seemed only natural that he should continue in the same vein.

Hailing from a family of performers (both his father and maternal grandfather were Therukoothu artists), Yatra Srinivasan grew up in an atmosphere of art and culture, and would accompany his father in several performances. When the time came for him to choose a vocation, he knew what he wanted. After graduating in Economics, he enrolled for a Diploma in Film Direction in Chennai.

But has he ever considered making the move to mainstream commercial cinema? “Definitely” he says, “but it’s a dream I’ve been putting away for so many years. I do have an idea for a feature length film, I only need a producer willing to back it.”

As a native of Kuilapalayam, the village just outside Auroville, Yatra Srinivasan has been witness to the growth of the international township, and has also been part of so many initiatives taken up within Auroville, that though he isn’t an Aurovillian, he admits he feels very much aligned to the ideals of Auroville.

Yatra Srinivasan continues to be active in theatre, and regularly stages performances in the surrounding villages. While it is part of his efforts to keep alive the now-fading art form, it serves as another vehicle through which he hopes to effect social change. As the title of his film says, Yatra wants to be part of the solution, not the problem.

His films, ‘Garbage to Gold’ and ‘Be Part of the Solution, Not the Problem’, were both screened on Sunday the 17th of December in the Auroville Film Festival.

Nikhil Jayakrishnan for Auroville Art Service

FILMS

AT SAVITRI BHAVAN
- No film on Monday 1st of January.

With our best wishes for 2018
Potpouri - Tuesday 2 January, 8:00 pm:
• LAMB
Ethiopia-France-Germany-Norway-Qatar, 2015, Writer-Dir. Yared Zeleke w/ Rediat Amare, Kidist Siyum, Welela Assefa, and others, Drama, 94mins, Amharic w/English subtitles, Rated: NR

When Ephraim, an Ethiopian boy, is sent from his homeland to live with distant relatives, he takes his beloved sheep with him. One day, his uncle announces that he will have to sacrifice his sheep for the upcoming religious feast, but Ephraim is ready to do anything to save his only friend and return home.

Interesting - Wednesday 3 January, 8:00 pm:
• SOS: SAVE OUR SEEDS
New Zealand, 2017, Dir. Robina McCurdy w/Levi Harrison, Earthcare Education Aotearoa-New Zealand, Documentary, 80mins, English, Rated: NR (G)

This film addresses the severe decline in seed varieties, the rapid rise of corporate control over our food and seeds, and the legislative implications of the recent Food Bill in NZ. Seeds are not just about growing plants. Sharing seeds regenerates community, as seeds carry cultural heritage. Seed sovereignty is vital for local food security and bioregional resilience. The film shows how grass-roots seed saving initiatives in NZ are making a difference, through seed swaps, seed exchanges, seed libraries, seed banks, and family seed businesses all around the country - which can be replicated and adapted anywhere. This screening is made possible by sharing of the film by Robina McCurdy during her recent visit to Auroville.

Favorites - Thursday 4 January, 8:00 pm:
• VIOLETA SE FUE A LOS CIELOS (Violeta Went to Heaven)
Chile-Argentina-Brazil, 2011, Dir. Andrés Wood w/ Francisco Acuña, Juan Alfaro, Jorge López, and others, Spanish-French-Polish w/ English subtitles, Rated: NR

It is a portrait of famed Chilean singer and folklorist Violeta Parra filled with her musical work, her memories, her loves and her hopes.

International - Saturday 6 January, 8:00 pm:
• DUNKIRK
UK-Netherlands-France-USA, 2017, Writer-Dir Christopher Nolan w/ Fionn Whitehead, Barry Keoghan, Mark Rylance, and others, History-Drama, 106mins, English-French-German w/English subtitles, Rated: PG-13

This acclaimed film tells the story of evacuation of Allied soldiers from Belgium, the British Empire, and France, who were cut off and surrounded by the German army from the beaches and harbor of Dunkirk, France for a few days in 1940, during Battle of France in World War II.

Children’s Film - Sunday 7 January, 4:30 pm:
• THE PROPHET
Lebanon, 2014, Dir: Roger Allers w/ Liam Neeeson, Salma Hayak, Alfred Molina and oth-ers, Animation, 85mins, English w/English subtitles, Rated: PG

Exiled artist and poet Mustafa embarks on a journey home with his housekeeper and her daughter; together the trio must evade the authorities who fear that the truth in Mustafa’s words will incite rebellion.

ROBERTO ROSSELLI FILM FESTIVAL @ Ciné-Club Ciné-Club - Sunday 7 January, 8:00 pm:
• VIAGGIO IN ITALIA (Journey to Italy)
Italy, 1954, Dir.Roberto Rossellini w/Ingrid Bergman, George Sanders, Maria Mauban, Paul Muller and others, Drama-Romance, 97mins,Italian w/English subtitles, Rated: NR

Alex and Katherine Joyce are an English couple who have traveled to Italy to sell a large property near Naples that they have recently inherited. Within days of their arrival, their relationship starts to disintegrate owing to misunderstandings and jealousy on both sides. Things become so strained that they agree to divorce, but following a visit to Pompeii, they get caught up in a religious procession in Naples that - as it seems, miraculously – rekindles their love for each other.

Holiday - Sunday 31 January
Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A. i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@aurorville.org.in.

We appreciate your continued support.
Pl make a contribution to “Cinema Paradiso” account (#105106) at the Financial Service or set up for monthly contributions.

Thanking You, MMC/CP Group

AUROFILM CINEMA

VISITOR’S CENTRE – VIDEO ROOM
Reminder: FRIDAY 29 DECEMBER, “THE RED TURTLE” by Michael DUDOK DE WIT, France, Japan, Belgium, 2016 (Animation)

Friday 5th. JANUARY, 7.45 pm
“The Prophet”
Directed by Roger ALLERS, USA, France, Canada, Lebanon, Qatar, 2014
Synopsis: Animated film adapted from Kahlil Gibran’s eponymous book. Set in a Mediterranean Sea-side village, Kamila cleans house for exiled artist and poet Mustafa; but the more difficult job is keeping her free-spirited young daughter, Almitra, out of trouble. The three embark on a journey meant to end with Mustafa’s return home. But first they must evade the authorities who fear that the truth in his words will incite rebellion... This breathtaking animated feature intersperses Gibran’s elegant and moving poetry within stunning animated sequences by several filmmakers: Tomm Moore (The Secret of Kells, Song of the Sea), Nina Paley (Sita Sings the Blues), Bill Plympton (Guide Dog), and a host of award-winning animators from around the world. Featuring music from Damien Rice, Glen Hansard and Yo-Yo Ma. Original English version with English Subtitles - General audience - Duration: 1h.25’

Note: Nice temporary venue at Visitors’ Center Video Room. Screen is large, we use our own projector and sound system, and theKalabhoomi Music Studio lends us some good cushions for comfort. Welcome.
Ancients, it is a discipline designed to help man to live better, to be better, to enjoy what he lives rather than being subjected to his passions, finally never satisfied. This concept of spiritual exercise is elaborated within the different Schools of Antiquity because they all have in common the concern for the man, his well-being, to live as best as possible. To do so, they will develop techniques and methods to achieve a better asceticism, meditation, how to read, to listen or to write. All will highlight the man and his serenity, the man in a harmony allowing him to live with the consciousness that life is short and that the time to live is uncertain; that existence is punctuated daily with evils, pains and obstacles that we must overcome.

This practice of philosophy as a spiritual exercise is a way of life that irrigates all antiquity, from the Hellenistic period to the Christian advent, when philosophy is partly relayed by religion, and becomes a discipline in the service of God. This conference will return on what are the spiritual exercises, their emergences, their developments and their stakes in Antiquity. It will also be a question of looking at their evolutions up to the contemporary period, notably through the notion of aesthetics of existence.

THE ECO FILM CLUB
Sadhana Forest, January 5th, Friday.

Schedule of Events:
16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
16:30 Tour of Sadhana Forest
18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
20:00 Dinner is served
21:30 Free bus from Sadhana Forest back to Solar Kitchen

Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner!

"Note: Families and children are welcome! Dinner for children will be served at 19:00 :)

By Train Across Sri Lanka
42 Minutes/ English / 2015/Directed by Alexander Schweitzer
In the 19th century the British built a railway in what was then their colony of Ceylon. Their idea was to transport goods such as tea from the highlands to the port of Colombo. Today it’s mainly only locals and tourists who use the so-called “Main Line.” The route is considered one of the most picturesque in the whole of Asia.

(Reminder: Friday 29/12 - Pushing Through the Pavement: A Permaculture Action Story)
The bus service is operated by Sadhana Forest.
For more information about the bus service please contact Sadhana Forest at (0413) 2677682 or 2677683 or sadhanaforest@auroville.org.in or visit us online: sadhanaforest.org / https://facebook.com/sadhanaforest.

THE PAVILION OF FRANCE PRESENTS
"From antiquity to contemporary space: philosophy as a way of life"
Meeting and Dialogue with Xavier Pavie
Professor at ESSEC Business School in Singapore
Researcher at the Institute of Philosophical Research at Paris Nanterre University
Saturday 30th December 2017
5 pm - Town Hall - Cinema Paradiso
In French only / duration 90min
The whole of ancient philosophy is spiritual exercise, which means any practice intended to transform, in oneself or in others, the way of living, of seeing things. It is at the same time a speech (théoria), whether inside or outside, and a practical implementation (praxis). It is in these terms that Pierre Hadot describes ancient philosophy. For him, in the lineage of the Ancients, it is a discipline designed to help man to live better,