**HOUSE OF MOTHER’S AGENDA**

*Sweet Mother, if someone falls seriously ill, is this a purely physical phenomenon or is it a difficulty in his spiritual life?*

That depends on the person! If it is someone who is doing yoga, it is quite obviously a difficulty in his spiritual life. If it is somebody who is not at all engaged in yoga and who lives an ordinary life in the most ordinary manner, it is an ordinary accident. It depends absolutely on the person. The outer phenomena may be similar, but the inner causes are absolutely different. No two illnesses are alike, though labels are put on diseases and attempts made to group them; but in fact every person is ill in his own way, and his way depends on what he is, on his state of consciousness and the life he leads.

We have often said that illnesses are always the result of a disturbance of equilibrium, but this disturbance can occur in completely different states of being. For the ordinary man whose consciousness is centred in the physical, outer life, it is a purely physical disturbance of equilibrium, of the functioning of the different organs. But when behind this purely superficial life, an inner life is being fashioned, the causes of illness change; they always become the expression of a disequilibrium between the different parts of the being: between the inner progress or effort and the outer resistances or conditions of one’s life, one’s body.

Even from the ordinary external point of view, it has been recognised for a very long time that it is a fall in the resistance of the vitality due to immediate moral causes which is always at the origin of an illness. When one is in a normal state of equilibrium and lives in a normal physical harmony, the body has a capacity of resistance, it has within it an atmosphere strong enough to resist illnesses: its most material substance emanates subtle vibrations which have the strength to resist illnesses, even diseases which are called contagious — in fact, all vibrations are contagious, but still, certain diseases are considered as especially contagious. Well, a man who, even from the purely external point of view, is in a state in which his organs function harmoniously and an adequate psychological balance prevails, has at the same time enough resistance for the contagion not to affect him. But if for some reason or other he loses this equilibrium or is weakened by depression, dissatisfaction, moral difficulties or undue fatigue, for instance, this reduces the normal resistance of the body and he is open to the disease. But if we consider someone who is doing yoga, then it is altogether different, in the sense that the causes of disequilibrium are of a different nature and the illness usually becomes the expression of an inner difficulty which has to be overcome.

So each one should find out for himself why he is ill.

From the ordinary point of view, in most cases, it is usually fear — fear, which may be mental fear, vital fear, but which is almost always physical fear, a fear in the cells — it is fear which opens the door to all contagion. Mental fear — all who have a little control over themselves or any human dignity can eliminate it; vital fear is more subtle and asks for a greater control; as for physical fear, a veritable yoga is necessary to overcome it, for the cells of the body are afraid of everything that is unpleasant, painful, and as soon as there is any unease, even if it is insignificant, the cells of the body become anxious, they don’t like to be uncomfortable. And then, to overcome that, the control of a conscious will is necessary. It is usually this kind of fear that opens the door to illnesses. And I am not speaking of the first two types of fear which, as I said, any human being who wants to be in a normal state of equilibrium and lives in a normal physical harmony, has in him the capacity of resistance, even if it is not sufficient, he has enough resistance for the contagion not to affect him. But if for some reason or other he loses this equilibrium or is weakened by depression, dissatisfaction, moral difficulties or undue fatigue, for instance, this reduces the normal resistance of the body and he is open to the disease. But if we consider someone who is doing yoga, then it is altogether different, in the sense that the causes of disequilibrium are of a different nature and the illness usually becomes the expression of an inner difficulty which has to be overcome.

Some people are spontaneously free from fear even in their body; they have a sufficient vital equilibrium in them not to be afraid, not to fear, and a natural harmony in the rhythm of their physical life which enables them to reduce the illness spontaneously to a minimum. There are others, on the other hand, with whom the thing always becomes as bad as it can be, afraid, not to fear, and a natural harmony in the rhythm of their physical life which enables them to reduce the illness spontaneously to a minimum. There are others, on the other hand, with whom the thing always becomes as bad as it can be, sometimes to the point of catastrophe. There is the whole range and this can be seen quite easily. Well, this depends on a kind ofhappy rhythm of the movement of life in them, which is either harmonious enough to resist external attacks of illness or else doesn’t exist or is not sufficiently powerful, and is replaced by that trembling of fear, that kind of instinctive anguish which transforms the least unpleasant contact into something painful and harmful. There is the whole range, from someone who can go through the worst contagion and epidemics without ever catching anything to one who falls ill at the slightest chance. So naturally it always depends on the constitution of each person; and as soon as one wants to make an effort for progress, it naturally depends on the control one has acquired over oneself, until the moment when the body becomes the docile instrument of the higher Will and one can obtain from it a normal resistance to all attacks.

**QUESTIONS AND ANSWERS, 19 June 1957**

**MOTHER**

**The Ponder Corner**

The psychic so standing in front can also extend its influence everywhere, to the mind for instance so as to transform its ideas or to the body so as to transform its habits and its reactions.

*Sri Aurobindo*


Cover: Mother drew this sketch to explain to a child the meaning of Yoga: man is below, the Divine above; the twists and turns represent the path of ordinary life, the straight line, the path of Yoga. - Submitted by Marc D. for “SQUARE and CUBE in Sri Aurobindo and Mother’s Yoga” (see NOTES)
1. Reporting
We apologize to the community for the delay in sending the report over the month of October. The absence of some members, the selection process of new members and an overload of work including the Delhi event preparations in which one of our members is actively involved made it impossible to get the report ready in time. This report covers the months of October and November.

2. Selection of new members
We welcome Sauro and Partha as new members of the Working Committee and welcome Carel and Ranjith back. All four have been appointed for a three year term. We would like to thank the resigning members Angela and Kumar, Angela for her energy and diligent work over the last three years and Kumar for having attended for a year.

3. Visa issues
On November 22nd, the Secretary of the Auroville Foundation, Mr. Chunkath, accompanied by Mr. Srinivasmurty, François Gautier and Frederick, met with officials of the Ministry of Home Affairs. They discussed a note specifying various issues relating to the Auroville Visa Policy and the status of some pending visa renewal requests. They also discussed the requirement that foreigners who wish to attend Auroville workshops and conferences will need a conference visa, and that tourist visa holders cannot attend conferences and workshops. For the discussion on this topic, an additional note prepared by the COALA team was handed over to the authorities. The authorities took note of the concerns expressed, but stated that a quick solution cannot be expected. It will probably take a few months before an amendment to the existing policy can be expected, if at all.

This means that a conference visa will be required for all those who wish to attend workshops and conferences in the coming months, and that it will not be possible for foreigners holding a tourist visa to attend workshops and conferences. The Ministry officials clarified that, in case someone holds already a valid Tourist visa for a long duration, and wishes to attend a workshop or conference in Auroville, an additional conference visa would need to be applied for. However, the original visa would retain its validity.

4. Visitors’ Centre road.
We are grateful to the Neyveli Lignite Corporation for making a donation in kind to the value of Rs 1.1 crore to Auroville from its Corporate Social Responsibility funds, specified for making the road in front of the Visitors’ Centre. The donation includes paving the road with paver blocks, as well as the service road to the back entrance of the Visitors’ Centre and the pathway from the parking area to the Visitors’ Centre. This donation is the result of the fundraising efforts of one of our members. The design of the roads etc. was done by Jan in collaboration with Nicole and the former TDC.

The paving of this road is necessary in view of the visit of the Prime Minister of India and would otherwise have been taken up by the TDC / Road Service and paid for from the regular GOI grant for Auroville. This money can now be used for other road works.

NLC has started making the paver bocks on site. The road will soon be closed for a week to do the substara work. The road will then be reopened and people will be able to drive over it for two weeks. Then it will be closed again to lay the pavers. The road work is scheduled to take 6-8 weeks.

5. Certitude road and Solar Kitchen roundabout

In a meeting attended by the Secretary, the new members of the TDC and members of the Working Committee, the TDC confirmed that the dirt road from the Certitude corner to the Solar Kitchen roundabout will be stabilized by the Road Service using the poured earth concrete technology from the Auroville Earth Institute. Also the repair works on the Solar Kitchen roundabout will start soon. The TDC stated that works will be ready before the visit of the Prime Minister.

6. Governing Board invitation to the Sri Aurobindo Society to attend the Auroville celebrations for the 50th anniversary.
At their request, a letter from concerned Aurovilians objecting to the decision of the Governing Board to invite the Sri Aurobindo Society to the Auroville celebrations, was sent by us to the Chairman and members of the Governing Board. They have responded stating their disagreement with the views of the concerned Aurovilians. These responses have been published on the Auronet (https://www.auroville.org.in/article/65972).

7. Visits New Delhi.
In the beginning of October, Hemant and Inge accompanied by Jürgen visited New Delhi to prepare the 50th events in New Delhi. They met with the Director and officials of UNESCO, Delhi to discuss details of the planned event in UNESCO; with the Director and officials of the Indira Gandhi National Centre for the Arts for preparing the events there; with the Director for the Fürdie Freiheit Foundation, who agreed to moderate the panel discussion at IGNCA; and with a executives of the Sri Aurobindo Ashram Delhi Branch.

They also met with officials of the Ministry of Human Resource Development and discussed the GOI grant for the 50th anniversary; asked for the release of the next installment of the regular GOI grant; and discussed the possibilities that Auroville qualifies as an Institution of National Importance so that donors can get with 100% income tax exemption; and enquired about the appointment of the last two members of the Governing Board and the members of the International Advisory Council.

By the end of November, Ranjith and Carel went to Delhi to participate with the other Aurovilians present in the 50th anniversary celebrations. They also met with Governing Board member Dr. Anirban Ganguly and former International Advisory Council Chairman Sir Mark Tully, and together with Inge with Governing Board Chair Dr. Karan Singh.

The main topic discussed with Dr. Karan Singh was about GST (see below).

8. Grant for 50th anniversary celebrations
We are grateful that, at the beginning of October, the Government of India approved and released a special grant to the amount of Rs 10 crores for capital expenditure for the 50th anniversary celebrations. The spending is allocated and monitored by the 50th Core Team together with the Secretary and Under Secretary of the Auroville Foundation. A request for an additional grant for ‘general’ expenditure for the 50th celebrations is still pending.

9. UNESCO resolution.
A note from the Chairman of the Governing Board, informing about a resolution on Auroville that has been tabled by the Government of India at the General Conference of UNESCO was published on the Auronet (https://www.auroville.org.in/article/65592). We have been informed that this resolution has been passed unanimously by the General Conference. We await the formal communication and will publish it on the Auronet.

10. Communal housing policy
Members of the Working Committee have participated in a working group with members of the Housing Service, the Auroville Council, and the FAMC on a communal housing policy for projects such as the “Humanscapes” project and the “X, Y and Z” housing projects. The policy has been finalized and is published on the Auronet (https://www.auroville.org.in/article/65361).

11. GST
A subgroup of members of the Working Committee and Funds and Assets Management Committee have been meeting together with Chartered Accountants and specialists from the Sri
Aurobindo Ashram to find a solution for the problems that are being faced with the implementation of GST in Auroville. The problems are caused by the fact that the Auroville Foundation has one PAN but has over 45 management trusts and departments that together hold over 400 units. Though already more than 80 GST registrations have taken place, this doesn’t resolve all the problems. The subgroup members have come to the conclusion that a request for a partial relief from GST should be made. For this purpose Dr. Karan Singh has agreed to write to concerned officials with the request that a team of GST officials meet with a small delegation from Auroville to find a solution to the problems.

During these two months, Auroville received the visits of the ambassadors of France and China.

13. Work of beach erosion control on Samuthira beach
No progress has been made in the efforts to control further beach erosion on Samuthira and other Auroville beaches, as the case at the National Green Tribunal started by TamilNadu Can is still pending. A meeting between the Secretary, members of the Working Committee, concerned Aurovilians and the headmen of the fishermen community has taken place and the decision has been made that the Auroville Foundation will implement itself in the case.

14. Rauf Ali’s legacy
Rauf Ali has left the sales proceeds of an apartment he owned in Pondicherry to Auroville to be used for helping students studying biology. The Auroville Foundation is dealing with the matter to ensure that the apartment be sold at the earliest.

15. Data Management Group.
The Data Management Group started a few years ago by the Working Committee has not been able to work as anticipated. For this reason we have decided to discontinue it. Requests for data from the Master List are now to be sent to the Working Committee, which will evaluate the request and instruct the Residents’ Service to give the requested data, if appropriate.

16. Films on Auroville
Recently, a 15:40 minutes video was filmed in Auroville which featured Bread and Chocolate (inside the restaurant and outside), Farm Fresh (inside), Svaram (tour and therapy session given by Aurelio), Visitor Centre and the Matrimandir viewing point.
This film was made without any knowledge of OutreachMedia or of the Auroville Foundation. The permission of the Auroville Foundation is required for any film to be made in Auroville, which is handled by OutreachMedia.
During the 50th anniversary celebrations Auroville many people will come to Auroville wishing to make a film. To avoid any problems, we request all those who are approached by someone who wishes to make a film to inform OutreachMedia who will then assist them with the process. OutreachMedia will not take any responsibility if a film is made without its knowledge.

17. Dispute involving a non-paying guest.
The dental clinic and an Auroville guesthouse have complained to the Working Committee about a guest who has not paid the dues. We have not been able to help resolve the issue and have advised that the issue is taken up with the police.

18. Mr. Shraddhalu Ranade follow up
We received a letter from a group of Aurovilians objecting to the decision taken by the executives of Savitri Bhavan at the request of the Working Committee to discontinue the classes given by Mr. Shraddhalu Ranade and asking that he be allowed to restart his classes. At their request, we have forwarded their letter to the Chairman and members of the Governing Board. No reply has been received as yet. Similar requests were received from a few non-Auroville residents.

Pending issues:
1. Land Board Selection
2. Entry Board selection
3. Adventure sports Ground

The Working Committee

**LAND BOARD REPORT FOR SEPTEMBER TO NOVEMBER 2017**
- Despite reduced membership at the Land Board, the work continues and we have successfully managed to obtain 2.91 acres of land.

1. MA 294/1, 1.98 acres close to Freedom through purchase
2. IR 386/1C, 0.93 acres through exchange. This is city land next to Shrandanjali and of some importance for future development in the area.
- The fence of the Adventure sports ground by the side of the road to Edayanchavadi was shifted to the correct boundary. This was done with the help of Government officials and the police. The intention was to put the fence on the correct boundary in order to prevent encroachment and misuse of the strip next to the road.
- There is continuous representation at Villupuram for various Anti Land Grab cases.
- The Land Board would like to appeal to all Aurovilians to monitor the fences around their settlements, forest and farms to prevent encroachment and contact the Green Group and then Land Board in case of problems.
- ₹ 1,46,587/- has been generated through timber and firewood sales from September to November. This amount is credited to the Unity Fund. Units and activities interested in buying firewood or timber please call 0413 262 2657 and fix an appointment.

Land Board

**UPDATE ON ROAD WORKS.**
Dear community members, this is to update you on the planned road improvement works for the occasion of Auroville’s 50th anniversary.

**Works completed:**
1. Levelling of speed breakers on the Kindergarten-Solar Kitchen stretch.

**Works in progress:**
1. Paving of the missing stretch of the Kindergarten-Solar Kitchen stretch. (the kerb stones are being laid)

**Upcoming works:**
1. The roundabout at the Solar Kitchen will be improved upon, replacing the smooth (and thus potentially slippery) paver blocks with rough granite cobblestones. This is to discourage 2 wheelers from cutting through while allowing larger vehicles to have a better turning radius.
2. The Solar Kitchen-Certitude road will be stabilised with earth…this work is replacing the planned Courage radial, which is on hold due to land ownership issues.
3. The speed breakers on the Bharat Nivas-Matrimandir stretch will be levelled.
4. The triangle in front of the visitors entrance of Matrimandir will be paved and improved.
5. The Visitor’s Centre access from the Edayanchavady-Kottakarai road till the African Pavilion will be paved. Also the pedestrian pathway from the Visitor’s Centre to the main Parking on the tar road will be done.

Please do get in touch with us for any queries and/or clarifications regarding this.

We thank you for your understanding and patience while these works are in progress and we will keep you informed of any changes or new road works.

Best regards,
L’avenir d’Auroville team (Anita, Anu, Aurovici, Divya, Inge, Pino, Sindhuja, Tejaswini)

**ANNOUNCEMENTS**

**Correction regarding previous announcement on sign boards**
Dear Community, in a recent News & Notes posting (7 October - No 718), we shared the need for identifying a group to come up with guidelines for sign boards across Auroville. It was
mentioned to contact L’avenir regarding new sign boards for approval in the interim. L’avenir has since clarified that they are unable to process such requests at the present time. So, in the meantime, please do not make permanent sign boards as these will be subject to revision once we have community-approved guidelines. The Auroville Council

**Interested to be the secretary for L’avenir d’Auroville?**

Dear residents, the new L’avenir d’Auroville team is looking for a secretary to help us out with our ever-increasing administrative tasks. We need someone that is interested in organizing, and in having fun in a new team full of energy and goodwill.

You will, of course, also need to have

1) A good grasp on the English language, written
2) A good grasp on how to use the internet and emails
3) A fair grasp of preparing meeting agendas and taking notes
4) A good deal of enthusiasm for the work
5) Keenness and ability to learn what you do not know well

For a much more detailed job description and further information please write to us at: avenir@auroville.org.in.

Best regards,

L’avenir d’Auroville team (Anita, Anu, Aurovici, Divya, Inge, Pino, Sindhuja, Tejaswini)

**Housing Board candidates as community at large representatives**

Dear Community members,

The Auroville Council is happy to present you the members who have stepped forward to serve as community at large representatives in the Housing Board.

1) Angela Raccagni (Alchemy)
2) Balaji (Kottakarai farm)
3) Bertrand (Surrender Architect)
4) Lakshmanan (ACUR, Town Hall),
5) Mona D Pingel (Yatra, Architect)
6) Sander Sunderraj (Doucoure ex-Dehashakti)
7) Sundar Rajamani (Doucoure, Boutique d’Auroville, VC)
8) Ulrich Blass (Fraternity, ABC support, Varuna)
9) Volker (Sve Dame, Food Lab)
10) Xavier Guerazzi (Reve Guest House)

We invite you to give us any feedback or comments by the 23rd of December to avcouncil@auroville.org.in.

With your feedback, the Auroville Council will recommend to the FAMC two potential members to represent the community at large in the Housing Board. The FAMC will take the final decision.

Thanking you in advance.

Warm regards,

The Auroville Council (Angela, Enrica, Elisa, Martin, Matriprasad, Mitu, Sandyra, Selvaraj, Shivaya).

**Recording of the GM Hive/Pumphouse**

Dear Residents of Auroville,

As you are aware, on the 13th November 2017 a general meeting was held at the Unity Pavillion to try to resolve the issue between The Pump House community and the Youth Hive Project.

Due to the fact that the RAS team participated in this process only for a technical assistance, we could not facilitate the meeting, nor envision further steps or provide a report or an outcome.

Therefore we publish the link of the recording by Auroville Radio: [https://goo.gl/TxFrKQ](https://goo.gl/TxFrKQ)

Much Love, Your Residents’ Assembly Team

**New Site and Building Applications - 9th Dec 2017**

The following projects are recommended by L’avenir d’Auroville and feedback is now invited from the larger community. The last date for this is 23rd Dec 2017.

**Building Applications**

Outside Master Plan:
1. Toilet & Dressing room - Jothi & Frederick for AVSRC for the sports ground @ Aspiration on plot no. KK/74. Built-up area: 37.39

NO NOC issued in the last week

Please note:
- An NOC (No Objection Certificate) is issued only after evaluation and processing of the community feedback received during the two-week period.
- Any work on the site/ building should start only with an NOC.
- Site permission is valid for two years. For fencing and clearing of the site, special permission of L’avenir d’Auroville is needed.

For additional information, please write to avenir@auroville.org.in, call 2622-170 or come directly to L’avenir d’Auroville office in the Town Hall. The maps relevant to these announcements can be found on the Auronet page of L’avenir d’Auroville.

**Housing Projects under construction:**

1. *Kalpana:* The construction work is going on well. We are completing the first scope which is the structure, bricks, plastering and tiles on the roof and terraces. We will start soon the finishing. Out of 42 apartments some are still available in all the categories, STUDIO, 1 BHK, 2 BHK and 3 BHK. Will be ready 30th June 2018. Contact Person: satyakam@avcouncil.org.in

2. *Auromodele Orchard:* Several houses are still to be built. Will be ready in 2018. Contact person: Padmanabhan, Auromodele. Mobile: 9940220333

**Houses available for transfer**

1. *Fertile Forest: Turiya’s house:* Two residential house is available. a. Ground floor & First floor with Plinth area195.05 Sq.m – Living cum Kitchen, Bed, Toilet. b. Ground floor with 110.67 Sq.m – Ferrocement and Terracotta tile roof with Living cum Kitchen, Bed, Toilet, Therapy room.

2. *Apartment in Citadines:* 1st floor 100 M2 + terraces -2 / 3 DK, 2 bathrooms, completely furnished along with individual fridge, gas, UPS, and common facilities such as: cafeteria, laundry, workshop for maintenance of the flats, garage, generator. Citadines is a collective housing experience, managed by a group who help maintain its quality, atmosphere and assure a harmonious mix of people.

3. *Windarra Farm - TerraSoul - Sandya’s House:* Plinth Area : 204.53 Sq.m. Double storied RCC framed structure Residential building with Brick walls plastered in cement mortar, RCC flat roof and first floor metal sheet roof roofing consisting of open verandah, living cum Kichen Bed room & Toilet with Open steel ladder. Community-Sharing Parking lot. (Active participation and involvement in the Farm Community Project is required.)


5. *Re announced: Surrender - Surya’s House:* Area 88.53 Sq.m. Double storied RCC framed structure Residential building with Brick walls exposed and plastered in cement mortar, RCC flat roofing consisting of front verandah, living cum Kitchen Bed room & Toilet with inner wooden stair. Community Sharing for Parking lot. Suitable for Single or Couple. Available in July 2018

For more information contact: Housing Service (Town Hall) / Phone; (0413) 2622658 / mail: housing@auroville.org.in

News&Notes 9th December 2017 [727]
From Sunship: Immediately available: One single unit of 42 Sq.m completely furnished and equipped-kitchen, bathroom and cupboard-with Collective cafeteria, Laundry, technical maintenance and management by Aurovilians!!
Contact: louis@auroville.org.in for visit and more information.

**From The Entry Service - N&N # 727 - Dated: 09-12-2017**

Our team is happy to recommend the following individuals as Aurovilians and Newcomer joining Auroville. Prior to Newcomer and Aurovillian status confirmation, there is a (1) month window for community feedback. Kindly forward your support or grievances to: entrieservice@auroville.org.in

**NEWCOMER ANNOUNCED:**
Ulaganathan RAMASAMY (Indian) Staying in Djamia and Working at Auroville Design Consultants-CSR.

**AUROVILIANS ANNOUNCED:**
Dayalan (Krishna) VIJAYAN (Indian) Staying in Djamia and Working at Earth & us and Auroville Library of Things.
Lavanya PAWAR (Indian) Staying in Pony Farm and Working at Quiet Healing Center.
Marylace PICCAND (Swiss) Staying in Invocation and Working at Kynesi.
Stefan GEBERT (German) Staying in Realization and Working at Deepanam.
Valentina PAONE (Italian) Staying in Maitreye and Working at Avitra.

**AUROVILIANS CONFIRMED:**
ANANDABASKARANVEERAPPAN (Indian) Staying in Djamia and Working at Auroville.
MarcoTullio PROETTI (Italian) Staying in Djamia and Working at Auroville.
Radhika SONI (Indian) Staying in Djamia and Working at Auroville.

**NOTE:** Individuals are entered into the Register of Residents (maintained by the Auroville Foundation) shortly after filling the B-FORM and meeting with the Secretary of the AVF.
The appointment date for these is set and communicated by the Entry Service to the individual at the respective time, and NOT AT THEIR PERSONAL REQUEST.
This is the last step of the Newcomer process where the status of Newcomer Resident is switched to Aurovilian Resident.

**ENTRY SERVICE OPEN TO PUBLIC TIMINGS**
Monday, Wednesday, Friday 09:30AM-12:30PM
Monday to Friday (by appointment only) 02:30PM-04:30PM

Yours, The Entry Service

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**FOR YOUR INFORMATION**
Update from the 50th team
Dear friends,
A little update from the 50th team:
The 50th Anniversary events for the month of November and December have begun and some are still going on.
As earlier reported, the exhibition in Paris which shows architectural images and highlights the history and significance of the building of the Matrimandir in the context of global architecture continues until March 2017, at the Cité de l’Architecture et du Patrimoine.
The three celebratory events “Journey of Auroville, City for Human Unity” in Delhi have successfully taken place. Indira Gandhi National Center for the Arts, a panel discussion took place on the 22nd, and until the 25th an exhibition was organised where Auroville product displays stalls, books, movies, presentations, activities and food were also shared with some 500 people over these days.
The event in UNESCO on the 24th was a panel discussion on the topic of unending education, which was equally attended.
The exhibition which was tailor-made for the events in Delhi now remains at the Sri Aurobindo Ashram, Delhi, until the 10th of December. After this, the exhibition returns to Auroville and will be exhibited here during the Birthday Week, and is envisaged to continue traveling around India during the 50th year.

We take this opportunity to thank the Aurovilians and units that have contributed or participated in the events! The Delhi Expo team will separately invite the community for a movie screening and a sharing of photographs and stories about the events, to the wider community.

With love, The 50th team

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**STS Announces Same Day Delivery Courier Service**
Shared Transport Service is excited to announce the launch of its New Same Day Delivery Courier Service in Auroville. You can now send your package from Auroville/Pondicherry to Chennai using STS. Courier Rates: 1 Box/Letter Rs 700 / More than 1 Box Rs 700-1000

**Terms and Conditions:**
* There will be a upfront discount of Rs 200 if the taxi is already going to Chennai City.
* The package should fit in the taxi boot.

Kind Regards, Vijay for STS - sharedtransport@auroville.org.in

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**AUROVILLE Library of Things (ALoT)**
ALoT is currently housed in a shipping container opposite PTDC. This space has been designed to facilitate sharing within the community. The current inventory comprises mainly of tools, toys, kitchenware, travelling and hiking gear. Although, eventually, we want to include all kinds of things that can be incorporated into a library system. Please drop in to donate or borrow things at your convenience or reach us at alo@auroville.org.in

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**OBITUARY**

**HANS SIDDHA PROCEEDS**
In his early morning of Wednesday 6 December, our good friend and brother Hans Pfunder left his body in Marika’s Senior Home in Samasti guided by a team of helpers and friends. Suffering from a terminal illness, his health had been deteriorating these last years. He would have been 65 next week. Hans, who had trained as electrician in Germany, had been coming to Auroville in earlier years and joined us for good in June 1996. Living till last year a solitary life in Silence adjacent to Verité, his self-styled ‘Innovations Unlimited’ supplied Aurovilians with a wide range of handy little electronic gadgets that followed the trend of the times. His yearly sojourns in small Buddhist ashrams in Thailand and Myanmar gave him perspective, peace and deep understanding. Farewell, Siddha. We will miss your friendly presence and insights; may you go in peace.

“Gate gate, para gate, para sam gate, bodhi svaha!”

OM-

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**POSTINGS**

**Remembering Dick Batstone**
Dick Batstone, who passed away last year, had a long association with Auroville. He sent the earth from the U.K. for the 1968 inauguration ceremony, he lived briefly in Auroville in the early 1970s and often visited thereafter, and he was one of Auroville’s strongest supporters in the conflict with the Sri Aurobindo Society. A founding member of AVI U.K., he was also the distributor for Sri Aurobindo’s and The Mother’s books in the U.K.

Friends will remember him as a gentle soul with a wonderful sense of humour. He was also a fine poet and writer: Prisma recently published his fascinating account of his one year stay in the Ashram in 1959 - 60 in the book Passage to More than India. Now his wife, M.E., another long-term supporter of Mother’s Dream, is visiting us. To commemorate Dick, she and his friends are planning to plant a tree in Sacred Groves at 11 a.m. next Sunday morning (10th). All who knew him are invited to come and share reminiscences of this devoted friend of Auroville.

Submitted by Alan
**Thank you, AVES!**

I wholeheartedly thank our Auroville Electricity Service for keeping us so reasonably well electrified during the recent heavy rains that day and night blessed us. 

With love, Mauna

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**Christmas Celebration at Unity Pavilion**

**Every year we have the joy of organizing Christmas celebration at the Unity Pavilion. It is a celebration spanning cultures and countries - a collective event bringing us together in fun activities, children and adults alike: cutting stars, making wishes, dancing around the Christmas Tree and singing together. The participation in this event has been growing year by year and is very much appreciated. In 2016 between 400 and 500 people participated in the activities through the day. With the yearly increased participation and the feedback we receive from the community, we can see that this event is enjoyed by children and adults alike encompassing a broad cultural spectrum with both international and local participation.**

The Unity Pavilion team takes up the responsibility of organizing the event with the help of volunteers. The expenses involved have so far been born by the Unity Pavilion together with mainly in-kind contributions from some Auroville units. With the growing participation and increase in costs including GST, the Unity Pavilion needs support in carrying this out. The main expenses include paper, scissors, glue and other materials for making stars and decorations, the Christmas food that we prepare, a small gift for the participants as well as providing lunch and refreshment for volunteers during the 2 days of prior preparations.

As we are now getting ready for this year’s event, we anticipate that we may have 500 - 800 participants through the day. To cover the event, we are this year estimating an expenditure of Rs. 20,000. We invite your generous support to enable this very happy and interactive community celebration.

Please make your contributions via FS account 251739, or contact us: 2623576, unitypavilion@auroville.org.in. Thank you for your generosity and participation, Unity Pavilion Team

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**Thank you!**

Our kindergarten roof is feeling lonely and would be happy to have some company. Anyone willing to donate a SOLAR PANEL?

(Old or new, anything functioning will do - thank you! :)

In gratefulness, the Transformation Kindergarten team.

(Mail to: transformationkg@auroville.org.in)

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**NEW yoga and wellness facility:** Dear friends, Auromode GH is happy to inform you that our new yoga and wellness facility - Auromode Yoga Space is already open. We are welcoming everybody to join our regular Yoga classes and body therapies. Expect from us a Yoga practice that is authentic, gentle and accessible.

Body therapies that is traditional and proven by ages, with an attentive and individual approach. Please check our website for schedules and details: www.auromodeyoga.space or contact us by phone: +91-413-2622224 and +91-413-2622161.

With warm regards, The Auromode Guest House, Auroshilpam

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**50 Poems from Auroville:** The compilation '50 Poems from Auroville' will be released on 27th February at 5 pm at Savitri Bhavan. There will be a selection of readings from the book and if you have been notified that one or more of your poems has been included, please confirm by email that you intend to read.

The book, which is a birthday gift to Auroville from AVI UK will be on sale at Rs.300 and all proceeds from the sale will go to ‘Acres for Auroville’. All are welcome to attend. Please reply to: a.vickers.arch@gmail.com

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**Gratitude to Bharat Nivas**

We would like to express gratitude to Bharat Nivas for supporting our social enterprise AVAL - a brand by women for the benefit of women. We are pleased to share that the ladies of AVAL have, with great love and attention, stitched cushion covers of women. We are pleased to share that the ladies of AVAL have, with great love and attention, stitched cushion covers of women. We are pleased to share that the ladies of AVAL have, with great love and attention, stitched cushion covers of women. We are pleased to share that the ladies of AVAL have, with great love and attention, stitched cushion covers of women.

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**Thank you, AVFF 2017!**

Hi everyone, For the AV Film Festival this December 16th - 23rd we are getting positively excited as we are approaching the actual Festival. We've got quite a warm response already to our calls for musicians / performers and for volunteers! But the more the merrier... So here's our last call! The stage is filling up with acts, but there is some room for even more. Contact Jurriaan: jurriangel@yahoo.co.uk or 94871 06008. If anyone wants to help out during the festival, or before or after (montage/démontage) : welcome! Even one day would be appreciated! Contact aurovillefilmfestival@auroville.org.in

Thanks! Jurriaan for AV Film Festival

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**Technical needs of AVFF 2017:** We would like to borrow a screen: 8ft wide x 6ft high, with a stand; and we would like to borrow a projector: if possible 3000 lumens, maybe 720p HD. Do you have this to lend us for 10 days? We also require a sound system for an indoor screening. Contact: aurovillefilmfestival@auroville.org.in / christophp@auroville.org.in

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**Help us catch the sun to bring us some light!**

Our kindergarten roof is feeling lonely and would be happy to have some company. Anyone willing to donate a SOLAR PANEL?

(Old or new, anything functioning will do - thank you! :)

In gratefulness, the Transformation Kindergarten team.

(Mail to: transformationkg@auroville.org.in)

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**AYFF 2017 is still looking for musicians and volunteers:** Hi everyone, For the AV Film Festival this December 16th - 23rd we are getting positively excited as we are approaching the actual Festival. We've got quite a warm response already to our calls for musicians / performers and for volunteers! But the more the merrier... So here's our last call! The stage is filling up with acts, but there is some room for even more. Contact Jurriaan: jurriangel@yahoo.co.uk or 94871 06008. If anyone wants to help out during the festival, or before or after (montage/démontage) : welcome! Even one day would be appreciated! Contact aurovillefilmfestival@auroville.org.in

Thanks! Jurriaan for AV Film Festival

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**AVFF 2017: We would like to borrow a screen: 8ft wide x 6ft high, with a stand; and we would like to borrow a projector: if possible 3000 lumens, maybe 720p HD. Do you have this to lend us for 10 days? We also require a sound system for an indoor screening. Contact:**

aurovillefilmfestival@auroville.org.in / christophp@auroville.org.in

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**Gratitude to Bharat Nivas**

We would like to express gratitude to Bharat Nivas for supporting our social enterprise AVAL - a brand by women for the benefit of women. We are pleased to share that the ladies of AVAL have, with great love and attention, stitched cushion covers for SAWCHUL and seat covers for Sri Aurobindo Auditorium at Bharat Nivas.

In 2013, AVAG trained 49 women from the Auroville Bioregion in advanced tailoring and established AVAL, a social enterprise that functions on fair trade principles and works toward the economic upliftment of the ladies and their families. We are thankful to Bharat Nivas for supporting this effort and look forward to the opportunity to collaborate with more Auroville units. For more information and placing orders, contact Anbu at: +91-413-2622224 and +91-413-2622161.

Thank you for your efforts!

Best regards,

Ain (volunteer with AVAG)
Dear listeners!,

Today (5th of December) we celebrate Auroville Radio’s birthday. Our studio has a brand new look, accompanied with smart lights for you to feel comfortable to share your story with us. Those improvements and beautification serve of course to having a better sound in our studio. And new things are still on the way…. our new web page with new interesting features is almost ready…. and more:-)

Our live streaming can be heard on: http://radio.garden/live/villupuram/auroville-radio/

From our volunteers and internship we have:

Internship Ira made an interview with Frederick The Next Big Leap for Auroville.

D interviewed Meenakshi and Yatra Srivasan on Book Launch. Stever captured Celebration of Light at Deepam.

Ray recorded Hartmunt von Lieres piano concert at CRIPA.

Rtm- interview with German Zuluaga on Kogul Indians in Colombia in Spanish, with Stella Rodriguez translations.


You can also listen to second part of Mark Luyckx World soul- Humanity in Making?

Within the regular programs:

Gangalakshmi reads her Selections of Sri Aurobindo and The Mother texts in French - uncut version on the request of listeners!

Marlenka continues with Synthesis of Yoga by Sri Aurobindo.

Loretta is reading Mother’s Q & A 27/9/56, and Savitri B.IV, C.I. Pt. 1.

Out of our regular programs are here the news of Thursday, and Monday.

Jazz lovers can listen to Jazz, Jazz, Jazz series #11, #12, #13. Ira handpicked Songs for the Cause. We also have going bongo mix Love You Die., and soca mix 2017 – Nah Leaving.

yours AV Radio Team [www.aurovilleradio.org]

NOTES

◆ SQUARE and CUBE in Sri Aurobindo and Mother’s Yoga

□ Sri Aurobindo’s Letters on Yoga, p. 949 & p. 954

“In my experience, the square symbolises the supermind”

“The square… is a symbol of complete creation”

□ Savitri, Book II, Canto 1, p. 100

“A graph shall be of many meeting worlds, A cube and union crystal of the gods;”

□ In Sri Aurobindo’s symbol: 

□ Mother’s Agenda, 12 Sept. 1956 (Mother speaks to Satprem) “A Supramental entity… a rectangle with a square basis”.

27 November 1962, “the vibrant, fluid, condensed, concentrated and tremendously active cube”.

3 January 1970, “…twelve columns. At the center, on the floor, my symbol, and at the center of my symbol, there are four symbols of Sri Aurobind, upright, forming a square. And atop the square, a translucent globe…”

… (About the Columns) Circular? Or simply square - we’ll have to see.

□ Eight Visions of the Mother, All India magazine, July 2014, pp. 26-28

“I see that this point is a white square; when I reach its base it is immense… Four eagles… dark blue… back to back in a square… I see a square portal of deep amethyst, supported by two strong white pillars…

□ A B Purani, Evening talks, 4 June 1926, p. 370 (ed.1982)

“…[Sri Aurobindo] the square always indicates to me the Supermind: it is a perfect shape… It might have been already found on the mental plane by somebody or might have come into my mind by some force. I did not pursue its meaning: it indicated to me the Supermind and I was satisfied”.

□ “Conversation with Pavitra”, 12 October 1926

(Mother speaks to Pavitra) “Between your head and your chest… a square column of blazing light”.

□ Anilbharan’s “with the Mother”, 10 December 1926

“Arriving from Bengal I find an all-round change at Pondicherry. Sri Aurobindo has retired and Mirra Devi has taken charge of creating a new world. The nucleus, the central cell (cubical form) will be formed here, of which the life will be the sadhaks present here. Every one of those sadhaks is manifesting a particular power of the universe…”

23 October 1929

“Surrender to the Divine and the integral transformation are the two great steps leading to the new perfect creation.”

This sentence contains in itself the whole of Sri Aurobindo’s Yoga. It has the force of a mantra. She saw the surrender as a square (while showing this Mother drew the square with hand on her chest) consisting of millions and millions of small offerings, full of light and from the “needle heads” of light there was rising the transformation.”

□ Anilbharan’s “Conversation with Sri Aurobindo”

2 September 1926: “The square is the geometrical symbol of the Supramental”

□ Satprem’s visions, Carnets d’une Apocalypse,

Book 3, p. 274, “A huge cube of ocean, 15 or 20 metres high”.

Book 4, p. 191 and p. 583, A kind of cube, vast, limitless, transparent - blue - immobile.”

Book 9, p. 43, “twin golden cubes”.

□ Georges V. Vrekhem’s “Beyond Man”, quoted from the Mother (French ed., p. 316):

“The absolute ‘cubic’ certitude of the supramental being’s knowledge”.

Mother drew this sketch to explain to a child the meaning of Yoga: man is below, the Divine above; the twists and turns represent the path of ordinary life, the straight line, the path of Yoga.

The top is a square.

Submitted by Marc D. (Surrender)

◆ Temple Towers in Tamilnadu

Once a Tamil visitor asked me where the Globe was. I said, ‘It is not a Globe; it is a temple, Matrimandir’.

Tamil people think that a temple means that it should have a tower with a tank adjacent to it. They say that Matrimandir is a Globe meant for meditation.

The temple tank represents the subconscious plane of consciousness in terms of universal existence. The devotees take bath in it and think that their sins are washed away from them. The water has attained purity and
divinity because the saints who are always pure and remain in the thoughts of the Divine, also take bath in it and their contact makes the water pure and divine in nature. The lotus pond in Matrimandir, which is similar to the temple tank, represents the subconscious plane of consciousness in the universe. The door in the main entrance of the temple leads to the deity in the centre of the temple premises. Above the door one sees a tower with 5 or 7 or 9 or 11 or 13 entrances or openings leading to the respective planes which represents the plane of consciousness in the universe. Sri Aurobindo has identified seven planes of consciousness in the universe. Matter, Life and Mind are the ‘Earth’ part of the universe. Supermind, Bliss (Ananda), Consciousness-force (Tapas) and Truth (Satya) constitute ‘Heaven’. Before entering the temple, a devotee is supposed to look at the tower with the planes of consciousness and has to seek the blessing of the deity to gain the knowledge and power inherent in each plane of consciousness so as to surmount the difficulties of life. Nowadays Tamil people are ignorant of this practice.

As in the case of a temple tower, one can recognise the symbols representing seven planes of consciousness in Matrimandir, though not overtly visible. While the lower half of Matrimandir represents ‘Earth’ consisting of Matter, Life and Mind, the upper half represents ‘Heaven’ consisting of four planes of consciousness namely Supermind, World of Bliss, World of Consciousness-force and World of Satya (Truth, not the mental truth). The Mother, Chit-sakti (Consciousness-force) is present in all the planes of Consciousness. Aurovilians can unite themselves with the universal Mother and seek Her blessings to overcome all the difficulties in their life. So Matrimandir is a temple with a tank, not merely a Globe for meditation. It serves also as a good illustration for those who aspire to have relations with the different planes of consciousness in the universe. Submitted by Somasundaram

**GREEN MATTERS**

*Keep it in the ground!“ and COP 23*

The UN Climate Conference COP 23, held last month in Bonn, Germany, closed with a renewed sense of hope and cautious optimism for the coming year. The extreme weather events that have shaken populations around the world certainly gave the annual event a sense of urgency. Bold leadership came from those directly bearing the brunt of climate change. The Pacific Islanders, seeking urgently to build resilience to the coming climate change impacts, stood in solidarity with German communities who are fighting coal extraction with creative tactics and determination, and Americans representing the cities and states that are resisting Trump’s fossil fuel agenda by committing to 100% renewable energy.

While the rapidly changing climate needs urgent action from our governments, with many still failing to live up to the requirements of the Paris Agreement, what is crucially needed is the backup of a massive population movement. It is local people’s power that can put real control to stop fossil fuel projects and accelerate the transition to renewables and clean energy.

The UN Secretary General, Antonio Guterres, clearly stated that investing in fossil fuel projects means an ‘un可持续性 future’ that we must avoid at all costs. Calling for more ambition, leadership and partnership, he said: ‘The world should adopt a simple rule: If big infrastructure projects aren’t green, they should not be given the green light. Otherwise we will be locked into bad choices for decades to come...’

There is hope in the rapidly falling cost of renewable energy that is starting to transform our dirty energy systems, in the pledge of the G7 countries to phase out coal power, and in the move of the largest fund in the world, the Norwegian Sovereign Wealth Fund (valued at over $3 trillion), which currently invests more than $35 billion in oil and gas companies, to divest from fossil fuels. There is hope in the ‘Keep it In the Ground’ campaign launched two years ago by The Guardian, UK-based newspaper with a massive global readership, in collaboration with the 350.org organisation. Their message is clear: Most of the oil, gas and coal reserves that states and countries are holding (at least two thirds to 80% by conservative estimates), have to stay untapped in order to avoid catastrophic Climate Change. The implications are huge for our economies, the stability of our financial system and the way we live our everyday lives.

Under the pressure of evidence, the world is starting to wake up and change. As Auroville approaches its 50th year, we call on us all to take bold and effective steps, both individually and collectively, towards a truly sustainable City the Earth Needs! Auroville Green Center: Lisbeth (writing), Jasmin, Isabelle and Island

The Green Column reports on Green topics in Auroville, the bioregion and beyond, and looks forward to your input and participation: avgeecenter@auroville.org.in

**AVAILABLE**

Please note: tools, toys, kitchenware, travelling and hiking gear can be borrowed at your convenience from Auroville Library of Things (ALoT) - at container opposite PTDC. alo@auroville.org.in

GoPro Camera: Dear Aurovillians, I have a GoPro Hero4 Black 4k photo and video camera, and a large number of accessories that I would like to pass on for a contribution. Anyone interested please telephone: 9486536586. Thanking you, Francis.

A cat: urgently looking for a New Home! The adult cat is called Meimah, she is still living in Espace, but needs a new place. She is approx. 4 years old, sterilised and very beautiful, white, fluffy with Siamese attributes. She will need some time getting used to the change, but then will be a loyal and sweet companion. If you are interested or have any ideas please write to Anna R.: anna.reincke.ar@gmail.com

Flowers at Botanical Garden: DESERT ROSES - For your dry garden we have beautiful desert roses / CLERODENDRON - It is also time again for clerodendron wathlichii to blossom. In case you're not noticed the hot summer we have young plants available. The ideal gift to offer for the coming season! We are looking forward to see you soon in the Gardens. Please remember to come in the morning between 9 and 11.30am, Monday to Friday.

Children Afternoon Activities / Co Creating with Other Parents: for kids from 3.5 and older. I am interested to get together with other parents who would like to organise activities for kids every day or at least some days a week from 1 pm till 5.30 pm - the days and times can be flexible - I could offer one afternoon to do dance activities with kids and other parents can do something else - like yoga, or art or music - it would be great both for the kids and parents to have some activity in the afternoons. For this age group there is not much happening in Auroville in the afternoon. In case you are interested let’s get together and turn this idea into reality :) - please get in touch on: taskovski@gmail.com or 87546 04810 - Irena Taskovski

A fridge and a stove: 1) a 14 months old beautiful and strong Haier fridge , 10 years warranty on the compressor, 195 liters, sold with the stabilizer and the stand 2) a 14 months old butterfly gas stove, 2 burners. Available now. At Maitreye 2. Please contact: thierry: 8903869078 - phaoncemaido@gmail.com

Reversing Diabetes: My new book, Reversing Diabetes in 21 Days is now in Auroville Library. It's also available on Amazon and at the Visitor’s Centre book store. Hoping for a Diabetes-Free Auroville! Dr Sandita Shah

Sweet Puppy: rescued in the rain, now no more trembling, but confident and wagging its tail, long ears, very big eyes and looking like a fawn, is looking for a responsible mom or dad. Contact Leonardo at Pump House (Unity Pavilion): 9270194906.

Painters: Recently my house was painted by a team of young painters. They did a very good job and I can recommend them. If you are interested, please contact me for details. Tineke: 9822 216 94434 69330

News&Notes 9th December 2017 [727]
LOOKING FOR...

**Household items:** Hello, this is Puja, we are looking for an old small table, a stove and some utensils. If anybody would like to help us by lending any of their unused small table, small stove and utensils please contact me on: 7043731136. Thank You!

**Crowd Funding:** Is anyone knowledgeable about Crowd Funding? If anyone has had direct practical experience of using it or has a friend who please contact me, as I may need help, a funding project sometime soon (ph: 2622381 home; 2622290 work; email: timmrey＠auroville.org.in) Thanks, Tim

**An office / studio place:** Ideally on an exchange basis (I can offer some knowledge or services in exchange for the use of the space) - I need a place to work from for a couple of days a week, sometimes more sometimes less - ideally all day - and sometimes only afternoons from 1 till 5.30. I need strong internet and need a room on my own. My work would be music research and doing some Skype interviews. I am a filmaker and a dance and social researchers with a lot of international experience. If you have a spare space that can be used by me please let me know on itaskovskii@gmail.com or 87546 04810 - Irena Taskovski

**A Table for Baraka:** Dear all, we need a table, any style, it can be also the regular plastic table type, just not too small, for our community activities. Please contact me at this email: rosalsa＠auroville.org.in or rosalsa.cicerellii@gmail.com. Contact number +91 9787702844. Thanks a lot! Rosalsa on behalf of Baraka Community

**Many things:** motorbike TVS XL / bike woman style but not a lady bird (bigger one and also if possible with gears) / music equipment - mixer in which I can plug a microphone and use it with a DJ software Traktor and controller Z1 / buying monitor / flat screen to connect to MacBook Air - Contact: itaskovskii@gmail.com or 87546 04810 - Irena Taskovski

**Dance, meditation and classes, and film screenings:** Looking for enthusiastic volunteer who is experienced in social media promotion, graphics design, organisation of culture events and classes to collaborate with me on the project of offering dance classes, film screenings, and other interesting activities that we will develop. Irena research in Laboratory of Evolution - Contact: itaskovskii@gmail.com or 87546 04810 - Irena Taskovski

**French Theater:** The company SDF is looking for participants to play in Albert Camus’ ‘State of Siege’. The play will be presented in French late January or early February. We are looking for French speakers to complete the casting. This piece is full of humor and our rehearsals are done with joy and good humor. Beginners or confirmed comedians, join us for good collective and creative rehearsals. If you are interested, please contact Céline at +91 80 988 46 079 or sdf＠auroville.org.in.

**House Work:** A reliable and loyal amma is looking for work a few days a week. Please contact Aditi: aditi＠auroville.org.in

**LOST & FOUND**

**Electrical bike keys (Yogan) (Found):** At Town Hall ACUR Café on Monday 4th of December - Please pass by the News office

**Mobile (Lost):** My Swipe black mobile with broken screen, has being lost on the 5th of December. I would like to get it back as my contacts are there and I need them. If you have found it please call Blue Light at 0413 2622750 or pass by the BL office at town hall. My email: chrisonjites@gmail.com. Thanks, Christian

**ACCOMMODATIONS**

**Needed:** Long Term. We are a family of 3 (Newcomers)
- I volunteer in Unity Pavilion as a flowers artist and do research under LAB of Evolution on dance exploration and human connections and I am a 5 Rythms dance meditation teacher in training. My partner Pedro (Portuguese) is a teacher and ayurvedic therapist. Our son is 3.5 years old, going to Nandanam kindergarten. We are responsible, very tidy people with a great sense of humour, and would be very happy to take good care of your home as house-sitters or becoming stewards. We can also pay contribution towards your house costs. Would be great to be part of a community that is interested in dance and creativity as well as ecology and nature. We can offer evenings of great films and many other social activities if you are interested. We need a house from tomorrow so please call us on: 87546 04810 / itaskovskii@gmail.com - Irena Taskovski

TRAVEL

**Latest News from the Travel Shop - located at Inside India in Auroshilpam:**
We are open from 09:00 to 13:00 and from 13:30 to 17:00
Latest offers from Airlines:
Jet Airways has promotional fares to international sectors. Emirates has special offers to Europe and USA. Most of the Airlines are having good fares to Europe and USA. You can send your query to us we will closely monitor and let you know best available dates & fares for your travel. Hotels: International and Domestic Hotel bookings can also be done at discounted rates through us. Insurance: We highly recommend to avail of a Travel Insurance for all foreign travels. Please check with us in advance regarding flight schedules & baggage policies of airlines.
International Flight Tickets / International Hotel booking: 0413-2622078, travelshop@aurowil.org.in, Domestic Flight Tickets / Trains / Bus / Travel Insurance: 0413-2623030, domestic@inside-india.com, Tours and Domestic Hotel booking: 0413-2622047, insidenidia@aurowil.org

**TAXI SHARING**

Please note that there is a new Auroville service of taxi sharing available with STS at: http://sharedtransport.aurowil.org/

**December 17th:** Sunday, 17th of December, 6pm - arriving Chennai Airport, going to Auroville. Taxi can be shared, only 1 Person is going, 9443843796, indrid@aurowil.org.in, Ingrid

**December 25th:** Arriving on 25.12., 8.15 am in Chennai Airport, looking to share taxi to Auroville. florian.sobiero@uni-jena.de

**December 28th:** Looking for taxi sharing on 28.12 afternoon from Auroville to Chennai airport, departing from there on 29.12, 3 am. florian.sobiero@uni-jena.de

**Week’s Happenings**

**AMPHITHEATRE - MATRIMANDIR**

Meditation with Savitri
read by Mother to Sunil’s music
Every THURSDAY - 5.30 to 6.00 pm [weather permitting]
Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!
Reminder to all:
The Park of Unity is a place for silence, meditation and inner work, and is to be used only as such.
We request everyone: please do not use cameras, i-pads, cell phones, etc. No Photos.
Dear Guests, please carry your Guest Card with you
Access only for the Amphitheatre from 5.15 pm.
Please be seated by 5.25 pm.
Thank you, Amphitheatre Team

**“UPASANA Market” (rescheduled due to bad weather)**

An experiment in giving, sharing and being.
Saturday 9th December, 2017
3 pm onwards - At Upasana

Upasana presents special pieces of clothing from its collection over time,
to celebrate its 20th anniversary!
Come and find the beauty of unique pieces
over Tea, Snacks and Music.
The generated contribution will be directed to a Social project.
Ambassador Youth program, for AV youth and Newcomers
Saturday 9th December 9.30 to 12.30 at the Visitors Center
Exploring together the International Zone
For more information you may call Shivaya 94 89 601312, Dinesh 75 98 394358, Gopi 99 43 106597, or write email to: shivaya@auroville.org.in

International Zone’s Sharing with the Community,
Monday, Dec 11, 2017 - 3:45 pm to 6 pm at Unity Pavilion
The pavilion groups and activities in the International Zone are growing. Auroville benefits daily from these developments. This Sharing will give first priority for the small or emerging groups to present their work. Then there will be a report from the International Zone Coordination Team and a discussion at Auroville’s exhibition in association with UNESCO in New Delhi, as well as reports about progress here in Auroville.
Question & Answer session is planned during the two hours at Unity Pavilion, 4:00 to 6:00 pm Monday Dec. 11th. The meeting will start with a welcome tea at 3.45pm. This is an event for the whole Community to enjoy.
The International Zone Coordination Team wants to encourage the collaboration of all nations to manifest Auroville’s International Zone with rich diversity and abiding harmony. All nations are invited to be represented at our meetings.
Presently, we are only about 10 countries who meet regularly. As more countries join at the table, the team will enjoy a wider representation of Auroville’s population! To provide your nation’s valued and welcomed representation, you should feel free to participate in any of our open regular Monday meetings.
We already have the diversity of 53 countries in Auroville, now we can collaborate for the unity in this diversity while creating together our International Zone.
For more information, email to: izcoordination@auroville.org.in

EXHIBITIONS

“Watercolour Painting Exhibition”
By A. Sathya
9th - 23rd December 2017
Open daily except Sunday 8am to 12.30pm and 2pm - 6.30pm
Watercolor or watercolour, also aquarelle, is a painting method in which the paints are made of pigments suspended in a water-based solvent. Watercolor refers to both the medium and the resulting artwork. Aquarelles painted with water-soluble colored ink instead of modern water colors are called “aquarellum atramento” by experts. However, this term has been more and more passing out of use.
Pitanga Cultural Centre, Samasti, Auroville, TN 605101, India. 04131 2622403/2622994 - Pitanga@auroville.org.in

Visible Invisible
By Dominique Jacques
Centre d’Art Citadines
9 - 23 December 2017
day to Saturday: 2.30 - 6 pm
Opening on Saturday 9th December: 4.30 - 7 pm

“Visible, Invisible” – A review by AVArts
1968-2018, don’t those dates ring the bells of change, revolution, metamorphosis? And even more, don’t they arise within you the undeniable feeling of hope?
Those are the numbers imprinted in the 20 stamps that artist Dominique Jacques designed for her upcoming exhibition “Visible Invisible”, in Citadines, commemorating the 50th birthday of Auroville.
The idea is ingenious. Stamps, a 19th century innovation, are an excellent primary source for the symbolic messages that governments seek to convey to their citizen and the world. Not only an historical source material, like coins, they are also a great tool of influence, and with art they reflect the spirit of an age and reveal much about the values of a society.
When the Indian government decided to print a stamp with the effigy of Sri Aurobindo for the creation of Auroville in 1968 and another one for the commemoration of the birth centenary of the Mother, Mirra Alfassa in 1978, it showed the impact these extraordinary people had on the nation and the world.
What makes these aquarelles and pastels so unique are their unusual composition. The expected theme is Auroville and the graphical game of the subject in each of them proves to be judicious, almost like a reflection of a wise message conveyed for each art piece.
Matrimandir, Solar Kitchen, Visitor Centre and more…… each subject is exposed double on each frame, with a different colour, different tone, side by side or up and down.
The French born artist Dominique Jacques has worked on this project for the last two years. After graduating from the famous “Ecole Nationale d’Art” in Cergy Pontoise, France, followed by a curating school, she spent many years in Italy where she remained until her move to Auroville with her husband. In Italy, apart from restoration, curing and reproduction, she removed and revealed in contraction fresco - an attempt to discover what once was and what can resurface to the eyes of all the world. It is this journey and the core of Dominique which transpires in each of her stamps.
In an analogy of her fresco yard, she wants to convey that all which is beneath is a symbolic representation of what works on the surface and what is on the top is only the appearance of what is under. The message is as physical as it is spiritual. Idealist, seeker and also finder, this refined, creative and ingenious work is a mirror of Dominique.
1968, with the creation of Auroville, the student uprising in Europe, the first travel to the moon and more, still represents a cliché for “changing the world” and is an indisputable signifier of one the greatest aspirations for humanity. 2018, and the 50th anniversary of Auroville, is symbolic of the undeniable hope that all is still possible.
Chana Corinne Devor for AVArts

TALKS

The French Pavilion presents
“Current Challenges and issues in the Mediterranean zone”
A dialogue with Nadir Benmatti
Former Algerian minister, economist and author of several publications including “Mediterrapaix”
Saturday 9th December 2017 at 5 to 6:30 pm
Town Hall - Cinéma Paradiso - In French only
Following the recent uprisings of the populations of the southern Mediterranean countries, there is no question of advancing in a process of divination or futurology. It is possible to look at the future on the basis of the data of the present, in having in mind the lessons of history: it is to sketch hypotheses of possible changes.
Sri Aurobindo Centre for Studies
India and the World
Bharat Nivas

Our Auroville Experience...
We will meet on Friday, December 8th, 2017, at 4 pm in the Resource Library, to continue our reading / study of “The Synthesis of Yoga”.
Till then... love, Astar

Insight Seminars present a one-day seminar on “INTEGRAL YOGA and AUROVILLE” -
An insight into the Integral Yoga of Sri Aurobindo and its significance for Auroville. A structured overview that can serve as a basis for further studies and explorations.

The highlights are:
- Vision and Aims of Auroville
- Evolution of Consciousness
- Yoga of Matter
- Auroville’s role in the world and in the evolutionary process
- Aspects of individual and collective practice

On 14th December 2017, Thursday
Time: 08:45 to 12:00 hrs / Lunch break / 14:00 to 17:00 hrs.

Presented by: Ela Thole
Venue: Insight Seminar room, Ground Floor, in the Inside India building - Auroshilpam (behind Auromode).
Register in advance at 2622047 between 09:00 & 12:00 hrs. or 14:00 & 17:00 hrs.
Or mail us at: insight@auroville.org.in

Contribution required from guests. Aurovilians and Newcomers are welcome, no contribution required, but please book in advance.

Transformation of Consciousness and Money

Unity Pavilion invites you for a session to explore your relationship with money in the context of transformation of consciousness and developments across the world in the spirit of gift economy. In the first part of the gathering there will be two presentations followed by questions and reflections. In the second part, we will sit in collective silence, read a reflective passage and have a circle of sharing from the heart. We will end the evening with a simple vegetarian dinner together.

Friday, 15 December, 2017
Unity Pavilion
Time: Session 1: 3:00 pm to 5:30 pm: - Presentations and Reflections
Session 2: 6:00 pm to 8:30 pm - Awakin Circle

SESSION 1 (3:00 PM - 5:30 PM -Dec. 15th)
Gift Economy and Inner Transformation
3:00 pm to 3:10 pm - Welcome and Introduction
3:10 pm to 4:30 pm - Presentation by Nipun Mehta followed by questions and reflections

In 1990s, a small group of software engineers in the Silicon Valley started offering their skills freely to build websites for non-profits and practice small acts of kindness. One of them (Nipun Mehta) decided to become a full-time volunteer and ended up co-creating an organization called ServiceSpace which is now a community that leverages technology to ignite abundance.

Mother’s Bank
4:30 pm to 5:30 pm - Presentation by Jaya and Deven
On 4th October, 1958, the Mother placed a “challenge before the whole financial world” to transform the earth by putting it into contact with the supramental forces that would make life bountiful. She also said “Money is not meant to generate money; money should generate an increase in production, an improvement in the conditions of life and a progress in human consciousness.” In September 2017, a group of 60 people from different parts of India and other countries who are connected to Sri Aurobindo and the Mother came together for a 1-week “Sourcing Our Ownness” retreat in Nainital with the theme of Integral Economy. One of the presentations that emerged out of this retreat was an exploration of “what would a financial institution or a bank look like if it were to be created today for manifestation of the New Creation based on the vision of Sri Aurobindo and the Mother?” Jaya and Deven will share some insights, questions and reflections that emerged at the retreat on this exploration of conceiving a “Mother’s Bank.”

5:30 pm to 6:00 pm - Tea & Snacks
SESSION 2 (6:00 PM - 8:30 PM - Dec. 15th)
Awakin Circle (Awakening with Kin)
6:00 pm to 7:00 pm - Collective silence
7:00 pm to 8:00 pm - Reading of an inspiring and a circle of sharing
8:00 pm to 8:30 pm - Simple vegetarian dinner

Awakin Circles started when three friends got together in 1997 to sit in silence, every Wednesday, in an ordinary living room in Silicon Valley. No teachers or gurus. No set agendas or proposed beliefs either. Just one strong principle -- when you change within, the world changes. And instead of closing the door, they left it open … to all. Today, they have organically rippled to eighty cities around the globe. Together with Nipun, who was one of those three friends, we will gather in the Peace Hall at Unity Pavilion to co-create an Awakin experience in Auroville.

You can choose to join for any one or both the sessions. Having meals together is an integral part of Awakin Circles and we welcome you to join us. We’d like to know the count for dinner by December 13th and hence request you to please email us on unitypavilion@auroville.org.in Thank you!

All are welcome

Facing Mental Challenges on the Spiritual Path
Dr. Alok Pandey, Sri Aurobindo Ashram
Saturday 23rd December 9.30 to 11am
Savitri Bhavan, Sangam Hall

How can one deal with mental disorders on the spiritual path in the light of Mother and Sri Aurobindo’s teachings? The spiritual energy surrounding Auroville is tremendous. What are its effects on our different bodies: mental, vital and physical? What are the effects of that force of revelation and transformation on each of us?

Loneliness, misunderstanding, confusion, relationship problems, are just some of the challenges a seeker faces on the spiritual path. Meanwhile, the ego could become inflated from spiritual experiences and develop distortions of perceptions.

A family may reach Auroville together and find the variation in levels of progress and knowledge between individuals leads to conflicts within the family. This could be between parents or between parents and children.

Finally, what are these subtle forces that we don’t even notice or that we feel sometimes within us that could lead us in a particular direction? Are we always protected or is there danger on the spiritual path?

This presentation will start with a 20-minute talk by Dr. Alok Pandey followed by questions and answers.

Sponsored by Santé-Auroville Institute for Integral Health
Tea at Sahara
Friday 15 Dec.

Well Café
at Sve Dame (near CSR)

Sahara Inspired Dinner and slide show

D.J. MOUHSINE

World dance 7 pm

8:30 - midnight

wellcafe@auroville.org.in

ph. (0413) 2622219
call for catering and groups
Present

“THE GRAIN OF THOUGHT”-
An Exploratory Exhibit
December 11-21, 2017

By SIDDHARTH PATHAK
Contemporary Abstractionist
Resident Artist, Kala Kendra, Bharat Nivas

Be there for the Inauguration on Monday December 11 at 4:30 P.M.

Exhibition Timings from December 12 onwards - 10 A.M. to 5 P.M.
The Exhibition is open to all!
Thank you.

Workshops for Adults and Children
“Lines & Colours” For Ages: 20+
December 9, 2017, from 2 to 5 P.M.
&
“Creating Art From Waste” For Ages: 10+
December 16, 2017, from 2 to 5 P.M.
For more information and booking, refer to:
News & Notes (December 2, 2017)

Exhibition and Workshops at -
Gallery Square Circle, Kala Kendra, Bharat Nivas, Pavilion of India, Auroville

Siddharth is a self-taught Artist who has taken it upon himself to capture states of the human mind through periods of memory formation, emotional transitions, and personal transformation. The continuous transformation of human consciousness through sentient life is his chosen area of work. His journey towards understanding the ways of our mind, has found expression through texture, colour and visual motion.

The show will display work created during his residency at Kala Kendra, Bharat Nivas, Auroville (November 10 to December 21, 2017)

www.artisttheantidote.com
www.facebook.com/ArtistTheAntidote/
www.instagram.com/artisttheantidote/
**KING LEAR : REMINDER**
The AUROVILLE THEATRE GROUP presents KING LEAR by William Shakespeare.
December 7, 8 and 9 - 7:00 pm
At Adishakti Theatre, Edayanachavadi Road near HOPE community.
An international cast takes on a story of ruthlessness and forgiveness, the horrors of greed and the tyranny of jealousy. Madness, duplicity and the testing of loyalty, truth and honor.
Join us for an astonishing KING LEAR!
Original music by Hartmut von Lieres.

**NIGHT OF JAZZ**
Nuria and the Auroville Jazz Quartet
FRIDAY 15th December
8:00 pm at CRIPA
Vocals: Nuria / Piano: Matt
Guitar: Shanks / Bass: Holger / Drums: Sreenath
Jazz Standards
All are Welcome

**SCHEDULES**

**At Creativty Hall of Light Auroville.**

**Vocal & Nada Yoga Workshop**
Thursday 14th & Friday 15th December 9.00-5.00 pm
To register please contact Hansini: 9487544184
Italian Maestro wisdom & Yogic approach. Discover & develop parts of the body involved in vocal sound production. Learn to use these parts through vocal practice and sound healing circle to consciously create and strengthen your unique musical instrument. Nada Yoga / Access inner consciousness through sound - Ancient Nada Yoga links music to spiritual growth through vibrational sound. Use musical scales inside energetic centres to deepen audio and kinesthetic awareness. Use Indian Raga to free emotional blockages. This technique helps you to sing in tune. Nada Yoga is a powerful meditative tool deepening the movement between consciousness states, enhance inner peace and contentment. Sacred Chants help to quieten the mind & open the heart to the Divine within. No need of any previous experience. Kindly bring a small mirror.

Correction of TIMINGS: FAMILy CONstellation Workshop with Moghan: Saturday 9th of December: 9 am to 6 pm (not 8.15 to 6.30 as published last week)
Please contact: moghan@auroville.org.in / 9751110486

**AT ARKA**

**Harmonal yoga for women**
1 week classes to practice Hormonal yoga for women every day - From Monday 11th of December 2017 to Friday 15th from 4.00 pm to 5.00 pm. Arka Wellness Center, Multipurpose Hall - 1st Floor, Phone: 0413 2623799.
For those who don’t know about Hormonal yoga, it is a natural treatment, combining postures, movements and breathing techniques from different yoga, which reactivates hormone production in a natural way and eliminates most symptoms of hormone problems (menopause and other problems). As it increases estradiol level, it also helps in the prevention of cardio-vascular diseases and osteoporosis. With energetic exercises of dynamic yoga, specific pranayamas and Tibetan energy techniques, Hormonal Yoga Therapy acts directly on the hypophysis, thyroid, ovaries and adrenal glands.

**The Secret of the Ring Muscles**
Paula Method for Women and Men - a 2-hour introductory class
The Paula Method is a proven series of exercises that will heal your body from almost any common ailment, be it Asthma, Arthritis, Backache, Headache, Depression, Incontinence and the list is long. When the Ring Muscles all work together, we are in good health. When the Ring Muscles do not work together, illness and imbalance result. In this class we will experience a series of exercises, in which we contract and relax certain ring muscles that creates a chain reaction, and awakens our connective tissue. No registration needed. Dress as for yoga. For more info please check: www.paulamethod.com. For more information please contact Bogi at bogiszolti@gmail.com or 7598447623

**Aviva’s Method for Men**
Saturday, 16.12.2017. Class timing: 2-5 pm, at Arka Hall
Aviva method is a physical exercise system which ensures healthy blood flow in the lower body and regulates the related glands for optimal hormone level. One practicing it can enjoy all the benefits of the healing oxygen, minerals and hormones carried by blood to the body parts in this area. These set of exercises developed specifically for men to bring improvement for prostate problems, to increase fertility, to cease depression, and to regulate bowel movements. It uses elements of folk dances, certain habits of natural communities, wisdom of shepherds and facts stated by Western medicine.
For more information please contact Zsolti at bogiszolti@gmail.com or 7598447623

**VERITE INTENSIVES**
Please contact Verite to register for the following intensives (24 hour advanced registration required): 0413 2622045 / 2621367 / 7094104329 or programming@verite.in
Contributions requested from guests/volunteers (volunteer reduction by advance application only)

**8 WEEK PLAN TO MANAGE DIABETES - CONSCIOUSNESS AS MEDICINE** with Dr. Yogesh Mohan
Saturday, 9 December - from 9 am to 12:30 pm
Diabetes is not a life sentence, only a temporary aberration of blood sugar metabolism. Through a progressive awareness and inner work, we can free the body of negative mental and vital onslaughts. In an inner environment of trust and love, the body has an amazing capacity to open up, receive and heal. It is an inner work which demands a fundamental change in our perspective towards our body, food and health.
Dr. Yogesh Mohan, MD (JIPMER), PGPM (ISB), is inspired to help people heal their body and life by opening up to the Consciousness.

**PRANAYAMA - BREATH OF LIFE ENERGY** (for all levels) with Ananda
Wednesday, Thursday & Friday 13, 14 & 15 December - from 9 am to 4:30 pm
Prana is the breath of universal life energy. Mostly breathing and energy flow happens unconsciously as part of survival process. By becoming conscious and attentive to prana – and enhancing and directing its flow through the pranayama practices – we can reenergize the body-mind- energy, enhance sensitivity and perception, expand inner awareness, and open the door to higher states of consciousness. In this Pranayama training, you will
- Learn the science of Energy - Prana, Nadis, Chakras, Vayus
- Learn and practice basic pranayama techniques suitable for all times for everyone
- Learn and practice advanced pranayama techniques with restrictions
- Learn and practice bandhas (breath and energy locks)

Please contact Brigitte by email brigitte@auroville.org.in or by cellphone: 9443283980 to confirm your participation before Sunday 10th of December 2017.
All are welcome (young and ever young women). For more information about the technique, http://www.dinahrodrigues.com.br
• Learn and practice therapeutic pranayama practices useful for specific treatments.

Ananda has been exploring yoga, meditation, mystics, and energy work for more than 24 years, and has studied and practiced healing modalities for over 10 years. He is professionally trained with international certifications in Watsu, Aqua wellness, Foot Reflexology, Hypnotherapy, Pranic Healing, Alchemy of Touch - Rebalancing.

INTRODUCTION TO ANTIGYMNASTIQUE MOVEMENTS - WHEN YOUR BODY EXPLORES NEW TERRITORIES - with Francesca - Saturday, 16 December - from 2 to 4:45 pm

Antigymnastique is a self-healing body work. The movements are simple, precise and suggested in such a way that nothing is imposed on, but offered to the body, so that it finds the best way to perform. In that way we learn how to use our muscles, how to hold the posture and in which way the body and its memory are carrying patterns throughout our life. The goal is to bring the body into a more natural balanced alignment.

Mind and Body are intertwined and the Antigymnastique method focuses on the entire being.

Francesca is a certified Yoga teacher with Bihar School of yoga and Krishnamacharya Yoga Mandiram, also a licensed Antigymnastique Practitioner and Ayurvedic massage therapist.

SOMATICS: AN INTRODUCTION FOR EVERY BODY! with Maggie - Monday, 18 December - from 9.30 to 12.30 pm

Somatics is a system of slow mindful movements (mind-body training) in the tradition of Thomas Hanna. A gentle, easy and effective way to gain more ease in the body, better posture, flexibility, coordination, wellness, and balance, resulting in a decrease of the aches and pains commonly attributed to stress, injury and aging.

Maggie is a professionally trained Somatic Movement Educator and offers workshops, classes and clinical sessions in highly effective technique.

QUIET

WOGA (Yoga in Warm Water) with Dariya
Saturday 16 & Sunday 17 December 2017 (9.00 am - 5.00 pm)
Quiet Healing Center (2622329/ 9488084966)

Woga is based on yoga poses and stretches modified for warm water. Thanks to the decrease of gravity, water gives ease to the yoga movements, unblocks articulations, lengthens and melts muscles, removes negative tensions, and prevents stress, insomnia and anxiety. Sessions include breathing, warm-up exercises, a series of poses, and a relaxation period. No previous experience required and also no need to know how to swim!

Water & Dance with Dariya & Daniel
Tuesday 19 - Wednesday 20 December 2017 (9 am - 6.00 pm)
Quiet Healing Center (2622329/ 9488084966)

During these two days, we will meditatively explore ourselves on our own, with partners and in group, on land and in warm water. Connecting with our deeper longings, we give the body permission to find its own ways of expression and possibly contact others. Warm water with its sense of weightlessness and fluidity invites us to let go and experiment with our own organic, flowing way of moving. No previous experience required!

Sessions in Quiet warm water pool

Special time for babies, parents and parent to be: Sessions in Quiet’s warm water pool.

Please call me or Quiet before coming: we are dependent of the weather, the temperature of the water, minimal 32°C and the availability of the pool. The babies moved to Mondays 9.30!

For all babies with at least 1 parent: A great possibility to connect with your baby and to help him/her to explore, reconnect with water and keep freedom of movement. Please bring a special swim-nappy/pant, your swim-gear and a big towel.

Fridays 9.30: A special time for pregnant couples to connect as a(new)family and with your baby and partner.

A preparation for giving birth and being a parent. Please let me know if you are coming or are interested but can’t make it this time, we will arrange.

Info: Apple: 8903158065 preferable by SMS / Quiet 2622329/9488084966. Welcome and thank you for being on time

Joy Community Guesthouse - Center Field, Ph: +91(0)9487272393 / joyaurouville.org / facebook.com/joyaurouville

Relationship Based Communication
Tuesdays Dec 12th, 19th, 26th and Jan 2nd - from 2:30 pm to 4:00 pm. At Joy Guest House
How to handle chaos in relationships?

We will investigate values as the basis of understanding ourselves and others. Looking at what we spend time doing and what was missing in our lives gives us clues to where we find our own values. Over a few sessions, we will uncover mutual areas of overlap of values and take our communication language to a higher ground: anticipate problems and create powerful solutions.

The process expands our awareness of our role in relationships and allows us to take ownership of them. The driving intention is to find opening for joy and unconditional love in our relationships.

Sirish Agarwal will guide this discussion and energetic shift. He is a human behavior and performance specialist with five years of hands-on experience in conducting workshops on communication across barriers in families, at The Spiritual River Center. He has taught conflict resolution at Banaras Hindu University, worked as a scientist at NASA and supported individuals and communities in their human development in US and India for last 18 years. He has transformed his own family and workplace relationships with assistance from psychospiritual mentors and has formulated a unique process from this journey of deep upheaval. It is encouraged but not required to attend all four sessions. Guests will be asked for a minimum contribution (discount if joining for four sessions); Registered SAVI volunteers contribute 50%; Aurovilians and Newcomers on donation basis.

Antigymnastique class at Joy Hall
Wednesday from 9 to 11 am

Antigymnastique is a self-healing body work. The movements are simple, precise and suggested in such a way that nothing is imposed on, but offered to the body, so that it finds the best way to perform. In that way we learn how to use our muscles, how to hold the posture and in which way the body and its memory are carrying patterns throughout our life. The goal is to bring the body into a more natural balanced alignment. Antigymnastique is useful to everybody, of any age.

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From Francesca Frollo, a licensed Antigymnastique Practitioner, yoga teacher from the Bihar school of Yoga and Krishnamacharya Yoga Mandiram and a massage therapist.

OTHER EVENTS

Tai Chi Hall - classes paused 16/12 to 26/12: There will be no tai chi classes from Saturday December 16 to Tuesday December 26. The next class will be on Wednesday December 27 at 7.30am. [taichi@aurouville.org.in]

Feminine dance cancelled: Dear Women, “Feminine dance” classes on Friday morning at Cripa (7:00-8:00 am) will be cancelled till further notice. Sorry for the inconvenience. Much Love to all!
Natural Building Workshop - 18–22 December 2017 at Sacred Groves from 9:00 am
Sacred Groves is organizing a natural building workshop from 18-22 December 2017 open to everyone interested in building with mud.

This 5-day Introductory Workshop focuses on low-cost, environment-friendly building strategies especially appropriate for our climate with the world’s oldest and most widely used building material: MUD! Come learn from us through hands-on experience in techniques like: Adobe, Cob, Wattle & Daub and Introduction to mud & lime plastering

Also be a part of guided site tours and interactive sessions on the principles of building biology and why we need to build with natural & reclaimed materials and an introduction to natural plasters. For more info and to register, mail us at: sacredgroves@auroville.org.in or contact us at: 04132623696 / 7845362068

ONE DAY Awareness Through the Body WORKSHOP
Facilitated by Rosa and Francesco
Saturday 16th, December - From 9.00 am. to 4.00 pm.
Venue: Transition School ATB Hall
Focus on Attention, Sensory Awareness and Breath
Limited number of places. Registration by e-mail at: sghilli@hotmail.it

Odissi dance lessons
Agila, a young Odissi dance teacher, Newcomer in Auroville, is starting classical Odissi dance lessons for beginners above 7 years old.
The lessons shall take place in SAWCHU building in Bharat Nivas, every Wednesday from 4 pm to 5 pm. If interested, please contact Agila for details: krishnataya222@gmail.com - Ph: 9047332837 / 9698498187

Inner-Work-Workshop
Introduction to the Integral Yoga of Sri Aurobindo and the Mother
12th December (Tuesday)
• Overview with multimedia presentation
• Questions and Answers
• Practice in Daily Life
• Complimentary Concentration Exercises
• Creative Arts, Interactive Games
• Life of Sri Aurobindo and the Mother
• Introduction to the Reference Books

Focus this week on: ‘Self-mastery’
These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.
Place: Savitri Bhavan
Time: 9 am to 12 Noon
(For those who are new to Yoga, from 8.45 to 9 am there will be a brief presentation on Yoga and Spirituality.)
Led by Ashesh Joshi (Contact: 9489147202, 0413 2622922)
No Registration required (except for groups)
Fees: Voluntary Contribution
All are welcome.
For details on the Integral Yoga and the upcoming workshops: please visit: www.integralyoga-auroville.com

HOLISTIC presents
A 3-day workshop in hypnotherapy: 22–24 December
"The answers you seek never come when the mind is busy, they only come when is still"

What is hypnosis?
How do right and left brain function practically? How do conscious and subconscious interact? Explore the depths of your mind and relax! Meditate with ease! Expand your therapeutic toolbox! Apply Self-hypnosis

A 3-day Workshop combining experiential learning and “Theory of the Mind” - Certified course from EKAA [www.ekaa.co.in]

22-24 Dec at Sharnga Guesthouse Yogahall
Friday, 4 - 7 pm: Intro, Theory of the Mind and Self-hypnosis
Saturday, Sunday, 9 - 6 pm: Theory and Practice of Hypnotherapy techniques
Info meeting: Dec 20, 5- 5.30 pm at Sharnga Guesthouse Terrace

Trainer: Sigrid Lindemann
Certified Faculty in Hypnotherapy, Regression therapy and Classical homeopathy (Germany and Auroville)
Register with Sigrid: sigrid@auroville-holistic.com and 9626006961, 0413 2633888

Nonviolent Communication Practice Group for December
With L’aura Joy, NVC Trainer

Dec 6, 13, 20, 27 (4 Wednesdays) 4.30-6.30 pm
Theme of the month: “Surrendering to what is…”
Advance registration and contribution requested.
Full commitment (4 sessions) and prior NVC experience.
Contact: L’aura for more information and to register: joylivinglearning@gmail.com, 9442788016. [Other upcoming RC events: joylivinglearning.org]

Restorative Circles Learning Community
**Building a Compassionate Justice System**
With L’aura Joy
Fri, Dec 15 - Sun, Nov 17 (3 days)
9.30 am - 5 pm, with lunch break

Restorative Circles (RC) offer ways for individuals and communities to establish connection, discover meaning and recover power on profound levels. They create forums for reaching agreements that help sustain effective and nurturing relationships both personally and collectively.

This Circle process has developed within the Restorative Justice (RJ) movement, which in recent decades has rediscovered and adapted ways for communities to promote responsibility and healing. Rethinking justice, and engaging with the challenge of consciously building whole system responses to community well-being, has opened up revolutionary possibilities for furthering a culture of peace.

Conflict is an inevitable part of the diversity of life. Yet few of us individually, let alone as a community, know how to respond to conflict with behaviors that do not produce pain and damage relationships.

The RC process offers a way to create community spaces for conflict that are safe and constructive, not destructive. It has been described as a straightforward problem-solving and nonviolent restoration method that demonstrates how community members can resolve their own conflicts when provided with a constructive forum to do so.

The establishment of a restorative system empowers communities to consciously choose how they would like to respond to conflict before it occurs - a form of proactive, preventative conflict transformation. It enables them to choose a nonviolent response to conflict that involves the whole community in discovering their own sustainable strategies by addressing immediate as well as underlying long term causes.

Contact L’aura for more information and to register: joylivinglearning@gmail.com, 9442788016. [Other upcoming RC events: joylivinglearning.org]

Connection as Life Energy
Introduction to Nonviolent Communication with L’aura Joy, NVC Certified Trainer
Do you long for more joy, authenticity and depth when connecting with yourself and others? Do you wonder what gets in the way of connecting and relating the way you truly want?
Fri, Dec 22 - Sat, Dec 23 - 9.30 am - 5pm, with lunch break
A path of Nonviolence (based on Nonviolent Communication, NVC) offers both a deeply-rooted consciousness of oneness, as well as very practical tools to live this more and more in our daily lives. In re-evaluating some of our habitual and conditioned thinking, we see how much of it is life-alienating and based on a culture of scarcity and separation. We’ll learn the skills to be
able express ourselves with more clarity and to hear others’ true
and harmless) message, which in turn leads to more connection
between us. When we’re connected as human beings, we’re in
our natural state of wanting to give and collaborate with others.
More info & register (and for venue info): contact L’aura:
joylivinglearning@gmail.com, 9442788016
Limited seats. Registration and contribution required. Full
participation required (2 days). [Other upcoming NYC Events
and Practice Group: Joylivinglearning.org]

Contact Improvisation at Eluciole Circus (Miracle). Every
Friday from 5pm to 6:30pm we explore different aspects of
contact improvisation to develop skills, understand how the
body works in relation to another and in relation to gravity.
The class will be led by Karthik Rajmohan, followed by an open jam.
All are welcome!
[NOTE: class will be cancelled if it is raining] tel: 9787332791

REGULAR EVENTS

AcroYoga for Beginners: Saturdays 8:15 to 9:45 am at Arka.
Partner flow: warming up with asanas and stretching with a partner
Inversions: flying and playing with partners. Damien 9047722740

NEW Aerobic class (Beginner) in November: Starting Friday 3
November from 5-6 pm at New Creation. Gym - Basic steps but still
a good workout. Please bring water and a towel... Hope to see you,
Boldon.

African Pavilion’s regular events: Every Thursday enjoy the
drumming circle together with African dinner from 6 pm till 9 pm.
Contact Dance is every Tuesday from 6 pm to 7.30 pm. Every
Wednesday dance Salsa from 6 pm to 8 pm, (Intermediates start at
6pm, Beginners start at 6:30pm). Join the Hatha yoga classes from
Monday to Saturday from 4 pm to 5.30 pm. Transitional yoga classes
are Wednesday and Friday from 9 am to 10.30 am. Contribution is
requested for building the Pavilion.

Auroville Aikido at Auroville Budokan (Dehashakti): Teenagers’
class: Monday & Wednesday evening 5 to 6.00 pm with Cristo and
Surya. Children classes are full! Adults: beginners are welcome on Saturday morning 6.30 to 7.30 am (mixed levels) with
Murugan/John/Surya. Advanced with Murugan/John: Tuesday,
Thursday 6.00 to 7.30 am and Saturday 6.30 to 7.30 am. Please be
at the Dojo/Budokan 10-15 min. before class starts. Beginners may
wear long loose pants & t-shirt with sleeves for the start (no tight
fitting please.) White “keikogi” will be required for continued practice. For all activities at the AV Budokan: Health Fund or
private insurance necessary - Reasonable contribution required for
the Dojo. For more info, please write to budokan@auroville.org.in
or contact Surya: 0413-2623-813 or 9655-485487

Aikido with Sep (Tanseikai group): Practice of Aikido at the
Auroville Budokan under the guidance of Sep Overlaet, 6th Dan
Tokyo Aikikai. Hours of practice: Tuesdays and Thursdays from 7pm.
- 8.30pm. Minimum age is 15. For further information contact Sep:
overlaet@gmail.com / 8489750535.

Alcoholics Anonymous: meeting (open) every Saturday 6pm, Centre
Guesthouse (Merriam Hill Centre). Contact: Ingrid 94418343976
or Shankar 9442010573. 

Argentine Tango: Practica (practice space open to all tango
dancers) Wednesdays 7.30-9 pm at SAWCHU.

Astrology, its holistic approach: Astronomical Chart by Uma
Giménez. You are welcome to call and fix an appointment at 0413,
2632080 or 9443697792 (Surrender). The reading can be held in
English, Spanish, French and Italian.

Astrology, Vedic: Readings and consultation in traditional Vedic
Astrology. Contact: Vikram on 9843948288 or at
vikram@auroville.org.in

Authentic Tamil culture: Meena, a Tamil Aurovillian, offers courses
every Sunday morning to explore the beauty of the authentic Tamil
Culture. Meeting point: Courage Gate. The course can be tailored
to your choice including: 1. Cooking lessons, 2. How to make kolam,
3. How to wear a sari, 4. Henna design on hands and feet, 5. How
to make flower garlands. Tailoring. If you are interested, please call
Meena to talk about the details of your class and fix the time. During
the day call: 9787702180, after 5 pm you may use the landline: 0413,
2623263.

AYYA Auroville Youth Activities: a brand new website presenting
the regular Youth Activities available in Auroville:
youthactivities.auroville.org.in. The primary goal is to provide the
Auroville community (especially children/parents), with an
organized and simple overview to become aware of the Activities
available in Auroville for the AV Youth. If you wish to add your
activity to the website, kindly send your contact details (sport,
name, phone number, email) to youthactivities@auroville.org.in.

Bach Flower Healing Session: Bach flower essences gently help to
achieve harmony and balance to all aspects of your being. For
appointment call Sitara 9751798408 or email: tara@auroville.org.in

Brahmanaspati kshetram: The Mother and Sri Aurobindo Centre is
launching regular activities: Every Thursday meditation 6:00-6:40
am - Every first Sunday of the month reading circle from 5:30 pm
led by Bhuvana Sundari in Tamil and English (for directions kindly
consult Google maps at this link: here)

Body Care in Auromode: Facial treatment - cleaning, scrubbing,
massage, moisturizing mask, rejuvenating mask, deep cooling mask.
Exotic SPA - Scrub, Wraps (chocolate, Tropicana). All used materials
made from natural and organic products. Body Treatment - Cup
massage. For more information contact Svetlana +919446397077

Body fitness & Self-defense class: Learn Karate and Kick boxing for
self-defense and body fitness. On Saturday and Sunday between 6.30
and 8.30 am. Place: SAWCHU building, Bharat Nivas. For more
information contact: 9442848595 or 9786167917

Brain-Waves assessment and training towards high-performance
brain and meditational states of mind (non-clinical neuro-feedback)
- project of LOE "Laboratory of Evolution". Contact: eple@aurovill.org.in

BUDDHA GARDEN activities:
- FARM TOUR every Monday and Thursday morning starting on
December 11th. Come and experience our new audio guide as you
walk around the farm. Contribution requested.
- JOIN OUR WEEKLY FOOD GROWING ACTIVITY CYCLE starting
every Monday morning at 9.00am and continuing for a further four
days: 5.15 pm to 9.00am. Each day will consist of practical
activities, discussion and reading about how we can grow our own
healthy food. Booking essential. For more details contact Priya
buddhagardenav@gmail.com

Budo Waraku: Keiko (practice) of Budo Waraku at the Auroville
Budokan on Mondays and Fridays from 7pm. to 8:30pm. Waraku is a
Japanese Budo based on ancient Shinto wisdom. The ancients taught
the ‘Kototama’, the power of sound. The universe is made of sound.
The practice will be directed by Sep and Yoko, direct disciples of
Maeda Hiramasa Sensei, the founder of Budo Waraku. Minimum age
is 15. For further information contact Sep: overlaet@gmail.com / 8489750535.

Capeoire (Group Ginga Saroba): Classes open to all levels, led by
Prof. Samuka da India and his students.
- ADULT CLASSES >> Monday: 5.15 PM - SAWCHU (Bharat Nivas)
- Tuesday & Thursday: 6.00 PM - Deepanam School | Saturday: 4.30
PM - Dehashakti Gymnasium. Free trial class every first Thursday of
the month.
- KID CLASSES >> Monday & Friday: 1.15 PM - Deepanam School -
Contact us prior bringing a new kid,
- OPEN RODA (Capeoire Circle) >> First Friday of each month
3.30PM - Visitor Center - Open to all!!!
Contact: info@ginga-saroba.com | www.ginga-saroba.com | 9488328435

Children Activity Garden: in a friendly home-environment for ALL
children from 2 to 6. Open Mo - Fr from 9 am to 1 pm and on
the regular school holidays. Contact: saroja@auroville.org.in or 76390

Chinese fire cupping/ Moxibustion Therapy: Fire cupping(火鍾)
and Moxibustion (艾灸) are both ancient therapies based on
Traditional Chinese Medicine(TCM) theory. They can remove one's
blockages and accumulated toxins from deep tissues of the body as
well as improving one's immune system; effective in acute and
chronic internal organ disorders such as pain, stiffness, fever, chill,
cough, wheeze, nausea and vomiting etc... By appointment only:
Chun - 80989-00708/chun@auroville.org.in at Arka Wellness Center

Coaching and Personal development based on NLP with Christine
P.: 948980549 / or contact@aurovilholistic.com, www.aurovil-
holistic.com
Contact Improvisation class and jam at Africa Pavilion: every Tuesday 6pm-7.30pm. Contact improvisation is a form that utilizes the physical laws of friction, momentum, gravity and inertia to explore the relationship between dancers. The class will be led by Karthik Rajmohan who is one of the first generation of contact dancers in India. A jam will follow after the class. All are welcome!

Contact improvisation at Eluciode circus(Miracle). Every Friday from 5pm to 6.30pm we explore different aspects of contact improvisation to develop skills, understand how the body works in relation to another and in relation to gravity. The class will be led by Karthik Rajmohan, followed by an open jam. All are welcome! [NOTE: class will be cancelled if it is raining] tel: 9787332791

Creative Writing: a new regular class presented to you by The Auroville Short Theater Festival team. Never stop to be creative, whatever happens in your life! Every Monday 4.30 to 6 pm @ Sanjana Community (after Arati, before Maduka) in Francesca’s place. For more info: 0413-2623987 or francescas@auroville.org.in.

Please write me an email before you come to the class if it is your first time. All of you are welcome as long as you bring with you a notebook, a pen and the fun of expressing yourself!

Cuban Salsa: Learn and practice Cuban Salsa, every Wednesday, 6-8 pm, at African Pavilion. Improvisations start at 6pm, Beginners start at 6.30pm.Class is Free and all are welcome. Instructors: Mouhine & Camilla. For questions, email serrar@gmail.com

Dance Class: Karthik Rajmohan is offering a new dance class at New Creation Studio. Tuesdays 10-11.30 am / Thursdays 10-11.30 am. About his class: Explore physics and body mechanics through various contemporary dance techniques. We play with space, gravity and momentum to learn how our body is connected, to allow us to move with fluidity and grace. Karthik Rajmohan has a diploma in movement arts and is trained in different contemporary dance techniques, somatics, yoga and physical theater. He has worked both as a performer and teacher / facilitator in India and Europe for the past 7 years.

Dance Fitness: classes in New Creation with Elodie. Tuesday and Friday from 5pm until 6pm. If you want to have fun and be active see you there!

Dance Offering: Welcome to weekly gatherings. To listen deeply to your body, allow life to express itself uniquely and unfold through movement, to celebrate together and offer the fruits of our practices. Free authentic dance and contact improvisation. Mondays, 5 – 7 pm in Verité. Thank you for coming on time to begin together!

Darkali Fitness Track closed: closed due to monsoon until the further notice. See you soon! Darkali Team

Eco Femmle open session: Eco Femmle welcomes you on every Thursday from 10.30 am to 11.30 am for a small talk about our work, sustainable menstrual products and menstruation experiences. Contact number: 9487179556

The Eternity Game El Juego de la Eternidad: An oracle with 64 cards based on Sri Aurobindo’s Yoga. Individual and groups, in English, Spanish, and French. By appointment. Contact: Anandi: 0413-2622 547 or anandi7@auroville.org.in.

Family constellation workshops: 9 Dec from 9 am to 6 pm at Creativity Contact Moghan: 975110486 / moghan@auroville.org.in

Feminine dance for all women in Cripa, Kalabhumi on Tuesdays at 4pm. An ancient sacred art for communication, healing, transformation and to facilitate birthing. We create an opportunity to reconnect joyfully to our body, reawaken the flow of feminine energy, move to the living pulse of life and have fun in the loving presence of other women. Wear comfortable dance clothes. gallit@auroville.org.in

Flamenco: by Lola at Cripa. Every WEDNESDAY - INTERMEDIATE: 2.30 to 3.30 pm - BEGINNER: 3.30 to 4.30 pm. WELCOME !!

French classes at Savitri Bhavan, House of Mother’s Agenda: French classes at House of Mother’s Agenda, every Monday and Friday from 5 pm to 6 pm.

From the Food Lab: Horizon. (In front of Sve-dame). Mon, Tues, Thurs. 4.00 to 6:00pm. Call Lorenzo before coming at 09443362274. All relevant information about the after effects of food on your body for e.g. allergies, intolerance, chronic pathology. Homeopathic Immunopharmacology is available.

GAMES! An evening of fun board games. Every Friday from 6:30 pm onwards, upstairs at le Zéphyur restaurant in Visitors Center. We have many games already! Bring yours if you have!

Hairdresser/Hairstylist: Hi my name is Ladina. I offer haircutting, hairstyling, highlights at my home salon Monday through Saturday for the ladies. Private home service also available. For appointments please contact 9787337465.

Hatha Yoga with Bala at the African Pavilion: Monday to Saturday: 4 to 5.30 pm - Classical Hatha Yoga by a 200hr Yoga alliance certified teacher. Hatha Yoga gives importance to the breathing, relaxation and meditation nature of a pose along with the physical nature of the Asanas. An Asana class consists of eye and neck exercises, Pranayama, sun salutations, Asanas (Poses), final Relaxation and Meditation. Beginners to Intermediate level. Contact: +91 9892699804 / 7867899203

Hindi & English Class: Learn to speak, read and write Hindi at New Creation every Sunday at 4pm. Contact Shiv: 9110810224 at Reach for the Stars. shiv.godi07@gmail.com.

Hip Hop Class: Hip hop classes for Children at New creation Dance studio. On Tuesdays: 6: pm to 8 pm and Saturdays: 4 to 5 pm - For more information call: 9786167917

Hum Chakra Yoga: by Asha, EVERY MONDAY - 5 pm to 6:30 pm. Venue: Hall of Light in Creativity. The word Hum is the root vibration, the smallest, undividable unity of sound as reflection of the essential nature of Kundalini-Shakti. Hum is the descent from universality (Om) into the human heart. We will identify what are the physical and psychological symptoms of blockage, deficiency and overactive chakra, and we will work on it through different techniques. We will go deeper into the yoga asana, pranayama, meditation, chanting and through Mother’s qualities (Courage, progress, receptivity, aspiration, perseverance, gratitude, humility, sincerity, peace, equality, goodness, generosity) we will make an inner reflection to our consciousness and advance in the stages of potential evolution. For more information contact Anandi or annachmkr@gmail.com

Inner dance: Every Saturday from 5 to 6.30 pm at Verité. Dance and move freely, according to your inner call. Let go, connect to your inner source and enjoy the movement that arises from within. No previous experience required; come with comfortable clothes a positive spirit! Everyone welcome to join!

Japanese Tea Ceremony: available on request - Please contact ishaswayam@auroville.org.in at or 0413-2622192

Lilaloka - Sessions of Nature’s Theatre on Mondays and Tuesdays: Nature’s Theatre: http://lilaloka.org/nature-theatre/ in Lilaloka, every Monday and Tuesday mornings from 10 to 12 am. Commitment required for a minimum of 1 month. Opened to children from 5 years onward - parents can join as participants :). For more information contact Anna - Tel. 9943528729 or annachmkr@gmail.com

Leela, the Game of the Self Knowledge (a 2000 years old game!): Come and play the Game of your Life! Sundays, 10 am to 12.30 (above 15 years old), in SYEDAME, at the Butterfly Barm. English, Spanish, French, Italian, German and Russian versions all available. Contribution kindly asked. Please call beforehand to confirm your coming, thank you. Contact: Veronique J, 948 85 12 678 www.leelaethegame.blogspot.in

Meditation for Peace and Healing: Join us from 5:00 to 5:45pm every Thursday around the Peace Table at the Unity Pavilion to build and hold a Collective Space for Healing and Peace. Please offer your Presence to help in this collective experiment, whether you need healing yourself or simply want to support others in their healing and well-being.

MMA (Mixed Martial Arts) and Self-Defence for Women: Every Monday and Wednesday 5:30 to 7:00 at Dehashakti Gymnasium. Open to everyone starting from the age of 14. Please be punctual and in sportswear. Stay at home if sick or if you have open wounds or skin diseases. Free for Aurovilians & Newcomers. Fixed contribution for SAVI Volunteers and for Guests. We welcome at any time your support in form of donations for new material etc. AVMMA account: 251884. Giacomino: 9487340778 / giacomoauroville@gmail.com
Regret with Sigrid Lindemann. www.auroville-holistic.com. Contact us by mail for more info: contact@auroville-holistic.com.

Reiki: with Marcia @ JOY GH - Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by “laying on hands” and is based on the idea that an unseen “life force energy” flows through us and is what causes us to be alive. If one’s “life force energy” is low, then we are more likely to get sick or feel stress, and if it is high, we are more capable of being happy and healthy. Every Wednesday on Appointment. For more info: 9487277393, Joy Team.

Reiki with Betty: Traditional Mikao Usui method. Healing sessions and certified workshops all levels on appointment. (English/French/ Spanish). Contact by SMS or WhatsApp for details or appointment on (0091)8098074351 or email betty@auroville.org.in

Restorative Circles (RC): workshops, practice groups, calling a live Circle, and other questions. Contact Laura: 9442788016, restorative@auroville.org.in, www.facebook.com/RestorativeAuroville

Salsa in CRIPA: Salsa dance class led by Vijay, followed by practice till 8pm on Every Tuesday 6:30pm to 7:30pm. At CRIPA in Kalabhumi. Open to all: Aurovilians, Volunteers, Newcomers, and Guests! (on contribution)

Salsa classes (LA style): for all level learners at the New Creation sports ground, near La piscine, every Saturday between 6.30 pm and 7:30 pm for Beginners and 7.30 pm to 8.30 pm for intermediate learners. Contact Mani: email:manikan152@gmail.com / 9159676053 / See Facebook page here.

Saniskrit Mantras: at Joy Community GH Hall, Centre Field. Drop in classes on Thursday at 6:15 to 7:15pm and Regular Classes on Friday from 6:15 to 7:15pm. Chanting Mantra is performing an ancient prayer. Through the harmonic rhythm, repetition and participation in the chant, the mind gains clarity, the ability to concentrate increases and a person becomes more tranquil. Through daily chanting the mind gains qualities which are essential for students of Yoga & Spiritual Scriptures. The specific pitches and rules of intonation and syllabic length will be learned in these classes in the traditional way.

Satsang: a sharing for spiritual upliftment; Savitri Bhavan, Saturdays 5:30 pm

Savini in the morning: On Tuesday mornings from 6:45 to 7:45 a.m. at Maitreyi I, Newcomer house, there is a group who comes together with Savitri in English. It is a collective experience, enriched by each one attending. There are floor cushions and 10 chairs. Please bring your Savitri book or text download. NOTE: When a Savitri festival event such as aravihan's is on a Tuesday, we meet on the Tuesday of that week instead. For more information, contact pat@auroville.org.in, alena@auroville@gmail.com

Shiatsu Massage: helps remove the blockages by re-aligning meridian points, which balances the qi and eases the body and mind. For appointment call 944 36 17 308 Sara

Skyworks: Tree Climbing Workshops: RECREATIONAL. You want the experience without learning all the knots? The ropes are already positioned in the trees. The knots are tied and tested before you hook on. After being fitted with your saddle and some short instructions on safety and climbing techniques, you are off and climbing! Kids of all ages welcome. ADVANCED You want to learn the ropes and get off the ground. During class we teach both the double and single ropes techniques plus demonstrate many of the new climbing devices available. You will learn to install the ropes in the trees, tie and use several climbing knots and ascend and descend both with the knots and alone with ascenders and descenders. For conditions/appointment call Satyajit: 9831033545

Solitude Farm activities:

- Weekly farm tour with Krishna - Saturdays 11:30am
- Cooking workshop to learn how to use local, traditional ingredients and their nutritional benefits - Saturdays 3pm
- Volunteers welcome! Drop by to visit or call Krishnap 9843319260

Sound Bath - Unity Journey: Every Wednesday 5.30-6.30 in Unity Pavilion. Please note there will be NO Sound Journey on: 4/10; 22/11; 29/11. Aurelio and Team will create and share an experiential space of deep relaxation through a basic tuning process
and exposure to the soothing waves and vibration of pure acoustic instruments. Gongs, Bells, Chimes, Strings and diverse new and archaic sound sources will invite the listener into a sound journey into inner landscapes and synaesthetic contemplation towards a Unity experience. svaramsoundhealing@gmail.com

Sound Massage And Bath With Tibetan Singing Bowls AND SOLAR GONG: Lying on a mat with bowls of different pitches, sound energy flows right through your cells forming a beautiful OM harmonic cocoon of peace, melting away tightness and discomfort while tuning you up to its healthy grounding vibrations. The powerful MYSTIC GONG AND bronze bowls take us deep inside into our true home.…. Info & booking for guests: Antaryojoti, tel (land) (0413)262 37 67. Mail: antarcalli@yahoo.fr

Sound Therapy and Exploration in the Body for Self-Healing: Harmonizing and restoring healing sessions through the magic of the sounds from a specially designed sound bed and other music instruments that enhance the self-healing powers of your being...The aim is to put you in a state of relaxation which enables you to see or feel yourself deeply according to your own awareness. In addition to the sound journey, you will be guided through your body to explore new dimensions which has an action and a benefit on the 3 levels: Physical, Energetic and Mental. This exploration based on the concepts of Chinese Medicine will help you reconnect with your organs and holistic being. In case of emergency I may help releasing sciatica pain ("Ischias" in German). To book this as my Unity experience, please call ISha at: (0413) 2622192 / (+91) 99433 05992

South Indian Classical Dance (Bhratnatyam): Bhratnatyam Dance classes offered to beginners. Weekly practice. The classes are offered for children and adults. If you are interested please contact me at 4pm on my mobile. S.Caveri: 7598368514

Spontaneous Singing: Every Wednesday, 5:00 to 6:30pm at Creativity - Hall of Light. Max. 12 people. Enjoy the pleasure of singing and discovering your own voice without any goals or prerequisite. Be surprised by what happens when your voice encounters another voice. Let us create together an intangible and magical music. Antoine - 9407040529 / antoine@auroville.org.in

Stop Smoking. Not Why But How! Free for Aurovilians and Newcomers. By Janaka. Just a homeopathic remedy made with your personal cigarettes. Make a present to yourself! I do this as my karma yoga for you. Book at: 948.762.9648 or: janaka.om@auroville.org.in

Tamil Literary Classes and Craft Lessons: Ilaignarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm-6 pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, History and Culture are opened to all Aurovilians interested. Contact us to organize classes according to your schedule. Phone No: (0413) 2623 773. Email: tamil@aarovile.org.in, R. Meenakshi (Ilaignarkal Education Centre)

Tai Chi Hall @ Sharnga: Monday & Tuesday 7.30-8.30 Chi, Monday & Tuesday 8.30 - 9.30 24-form, Wednesday & Saturday 7.30-8.30 127-form, Thursday & Friday 7.30-8.30 108-form. taichi@auroville.org.in

Please note: There will be no tai chi classes from Saturday December 16 to Tuesday December 26. The next class will be on Wednesday December 27 at 7.30am

Taiwanese style Tea Ceremony: With Isha - Every Thursday 2 pm to 4.45 pm - Hall of Peace, Unity Pavilion - You will experience and learn the East Asian way of drinking and serving tea. Only organic tea will be used. All are Welcome. Please sign up with the Unity Pavilion, 0413-2623576 or unitypavilion@auroville.org.in

Tea Gathering: With Isha - Experience and learn the East Asian way of drinking and serving tea - The art of sharing joy and peace through a cup of tea with your friends will change your perspective towards tea, only organic tea will be by Isha from Taiwan on Saturdays at 5 pm. Booking is required. Approx. 1 hour for each session, please choose your time slot. Venue: Swayam - Book at: 0413-2622192 / ishawaysam@auroville.org.in

Thai massage to re-harmonize the energy and heal with Christine P. Registration & info: contact@auroville-holistic.com, Christine P: 9498085493/ www.auroville-holistic.com

Theatre Improvisation Games: Improvisation Theatre or IMPROV, is a form of live theatre where most, if not all, is created the moment it is performed. Our 1.5-hour IMPROV workshop will give you a taste of what IMPROV is all about and teach you some cool personal and performance skills that will build confidence and self-esteem to make a great impression, awaken and express creativity, develop quick-thinking & active listening skills. Date and venue: Every Friday at 4.30 pm at SAWCHU. Contract: Ema (99439 70834) or Elke (94865 20868)

Transformational Yoga: Every Wednesday and Friday from 9.00 am-10.30 am at Africa Pavilion. Transformational Yoga gives you the tools you need in order to make a difference in your everyday life. In depth focus of asanas, the chakras, mantras and breathing and meditation techniques gives you the knowledge you need to purify your body, stabilise your emotions, focus your mind, and increase your spiritual well-being. Transformational Yoga aims to awaken all five bodily and mental chakras in order to experience a continuous state of physical health and stamina, emotional balance higher mental guidance, unconditional love and faith, and spiritual bliss consciousness.

Ultimate Frisbee: Monday, Wednesday and Saturday at the Gaia Sports Field 4.30 pm to sundown (turn left before Gaia community gate). Helps improve stamina, hand/eye coordination, and focus through running, throwing, & catching the disc; along with patience & teamwork and Spirit of the Game. Bring running shoes if you have them. Contact: avultimeate@auroville.org.in with any questions or just come ready to play!

NEW! Ultimate Frisbee women’s team training: Sunday 4-6 pm

Youth Entertainment Program presents the YEPweek: a program especially designed for guest kids, to enjoy their stay, and discover Auroville. We will take them from place to place, where the kids will participate in various activities facilitated by Aurovilians. This program (Monday to Friday, 8:30 am to 12:30 pm) offers a good balance between visits, activities and free playing time. Joyfully, YEP Team (+91 9862656534)

The Youth Center Pizza Nights are on Fire: And so is the fire wood oven, so when Saturday evening 7 00 pm comes around, get your chappals on and kick your bike to life (or jump on your cycle), follow your nose and you’ll end up at the right place! We have pizzaiolos rolling out dough by the second and a precisely highly trained group of hands sprinkling the pizzas with all kinds of toppings and tasty Auroville cheeses. And lots more, so see you there! (closes at 10pm)

Vinyasa Yoga: - at Creativity Hall of Light, every Thursday from 5 pm to 6.30 pm with Bebe Merino. This style is sometimes also called flow yoga, because of the smooth way that the poses run together and become like a dance. Please come and enjoy the classes.

Vocal & Nada Yoga: Every Monday 1:30 to 3.30pm at Creativity Hall of Light. Vocal yoga: Discover & develop parts of the body involved in vocal sound production to strengthen your unique musical instrument, find and free your true voice. Nada Yoga: Access inner consciousness through the sound. Ancient Nada Yoga links music to the spiritual growth through vibrational sound. Use musical scales inside energetic centers to deepen auditory and kinaesthetic awareness. Use Indian Raga to free emotional blockages. This technique helps you to sing in tune. Nada Yoga is a powerful meditative tool that deepens movement between consciousness states, enhances inner peace and contentment. Sacred Chants Help to quite the mind & open the heart the Divine Within. Contact Hansini: 9487544184

Women Temple: In Butterfly barn, Sve-dame On the following Wednesdays, at 7-9pm: 13 December. Welcome into the circle, to explore this body mystery as a portal to spirit and our unique way how it expresses itself. Through contemplation, movement, touch, self-inquiry, deep listening, celebration... Welcome to bring a flower and a friend! Thank you for coming little early, park at the gate, follow the candles & start together on time. Darjaya. (inspired by www.awakeningwomen.com)

YEP Week: Youth Entertainment Program presents the YEP Week, a program especially designed for guest kids, to enjoy their stay, and discover Auroville. We will take them from place to place, where the kids can visit and participate in various activities facilitated by Aurovilians. This program (Monday to Friday, 8:30 am to 12:30 pm) offers a good balance between visits, activities and free playing time. Joyfully, YEP Team.

Yoga body with Olesya: Asanas and Pranayama in B.K.S.Iyengar Tradition - Iyengar Yoga is a form of Hatha Yoga, where balanced
mind and right intellect are developed through mobility, strength, stability and alignment of body in asana. Every Thursday and Saturday in Sharnga Yoga Hall: 5.00 pm-6.30 pm - Contribution is required. For more information, please call or what's up Olesya: +91- 915-905-2743

NEW Zumba Class Back By Popular Demand! Weekly Zumba class with Satnish. Where: New Creation dance studio. When: MONDAYS from 6-7pm. Don't forget your water bottle!!

FILMS

AT SAVITRI BHAVAN
Monday, 11th of December 2017 at 6:30 pm
“THE YOGA AFTER SRI AUROBINDO’s AND MOTHER’s PASSING”

In this Interview Dr. Alok Pandey reflects widely and with wit the questions: What are the situation of the Integral Yoga and the status of the supramental - since they are not incarnate? First one must understand that Yoga, the mystic union and communion with the Divine is always an inner event and the changes that take place in the processes, are not dependent on any physical nearness. We may not be able to see The Mother, but she is able to see us. Yoga primarily depends on the Divine, rather than on the human end. And to transform matter is the purpose of the incarnation of the Divine. The Mother and Sri Aurobindo themselves foresaw that there will come a time when there are more aspirants. And Sri Aurobindo gave many ways and possibilities to approach the Divine for different kinds of humanity.

1. He installed The Mother in the heart or as a seed in the Indian soul through Bande Mataram and his Bhavani Bharati.
2. Then he installed The Mother as The Mother of the Sri Aurobindo Ashram and as the Universal Divine Mother, also with the publication “The Mother”.
3. And Sri Aurobindo knew that not everyone was so fortunate and privileged to receive The Mother’s consciousness directly turning to her with devotion and faith - so he manifested “Savitri”.

The Mother herself put her seal when she said “Savitri” alone can take you to the highest stages of transformational yoga without the help of a living Guru.

And in 1974 The Mother appeared and communicated: “I am no more confined only to my room, I am everywhere”. Duration: 30min.

VISITOR’S CENTRE – VIDEO ROOM
Reminder: Friday 8 DECEMBER, “THE PEARL BUTTON” by Patricio GÜZMAN,

Chile, 2015
Friday 15 DECEMBER, 7.45 pm
A Sunday in the Country (Un dimanche à la campagne -original title) - Director: Bertrand Tavernier, FRANCE, 1984
With: Louis Ducruex, Sabine Azéma, Michel Aumont
Synopsis: This celebrated French film explores family dynamics in a clan on the eve of World War I. Like every Sunday in this year 1912, a famous painter at the twilight of his life welcomes his children to his country house. The stiffness of his son strongly contrasts with the anti-conformism of his daughter, a lively and whimsical person. He does not understand them, he is not listened to anymore, he feels old… An intimate chronicle in which what is not shown, what is guessed, is more important than how it looks, dealing with what each character expects of the others.
Inspired by the early Lumiere autochromes, the superb photography (and music) of the film gives it a delicate impressionistic touch. Original French version with English Subtitles, Duration: 1h.30’
Take note: Nice temporary venue at Visitors’ Center. Screen is large, we use our own projector and sound system, and the Kalabhoomi Music Studio lends us some good cushions for comfort. Welcome!

AN ECOLOGY OF MIND: special screening
MMC (Cinema Paradiso) 8:00 pm - Friday, 15th of December
A Daughter’s Portrait of Gregory Bateson - A film by Nora Bateson

“The major problems in the world are the result of the difference between how nature works and the way people think” - Gregory Bateson

Gregory Bateson’s theories, such as “the double bind” and “the pattern which connects”, continue to impact the fields of anthropology, psychiatry, information science, cybernetics, urban planning, biology, and ecology, challenging people to think in new ways.

Dave has been exploring systems thinking in theory and practice over the last 20 years. He has also been lucky enough to be in close communication with the film’s director, Nora, and is excited to be able to share this film with the Auroville community. [http://www.anecologyofmind.com/]

THE ECO FILM CLUB
Sadhana Forest, December 15th, Friday.
Schedule of Events:
16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
16:30 Tour of Sadhana Forest
18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
18:30 Eco Film Club begins with “previews” of short Sadhana Forest films
20:00 Dinner is served
21:30 Free bus from Sadhana Forest back to Solar Kitchen
Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner!

**Note: Families and children are welcome! Dinner for children will be served at 19:00 :)

EDIBLE PARADISE - GROWING THE FOOD FOREST REVOLUTION
61 Minutes / English / 2016 / Directed by Rich Humphreys
From heritage harvest festivals and open orchards in the deep south to temperate food forests in the north there is a grassroots food movement that is engaged in communities and seeding multi-generational solutions for our food. This documentary tells the story of community in action, creating a edible paradise in public spaces in every corner of Aotearoa-New Zealand. Robina McCurdy, the Co-Producer of the film will also be present for a Q&A session.
(Reminder: Friday 08/12 The Rise of Sustainability)

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at (0413) 2677682 or 2677683 or sadhanaforest@auroville.org.in, or visit us online: sadhanaforest.org / facebook.com/sadhanaforest

COLOMBIAN MOVIE: special screening
Bharat Nivas And Latin American Pavilion Group are happy to invite you to a special film projection: “A SACRED MESSAGE FROM A COLOMBIAN INDIGENOUS TRIBE”, presented by German Zuluaga from Colombia.
Saturday, the 9th December 2017 - 5.30 pm
Venue: Bhoomika Hall, Bharat Nivas (old Bhavishyate Hall).
Some photographs and short documentary film will be shown.
Mr.German Zuluaga, visiting Guest, has started a Multicultural Community in Sierra Nevada 5 years ago in an abandoned settlement. He started exchanging products and services with the Koggies from a village 5 kms away. He wanted to help them to keep their Sacred way of living and unexpectedly he has found his own spiritual path. At the end of the short film, there will be questions and answers. Duration: 1 hour.
All are welcome. For more information: anand7@auroville.org.in or bharatnivas@auroville.org.in

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“Prelude AVFF” series

In this film series, the Auroville Film Festival team is presenting some of their favorite films submitted in this edition, which, for a reason or another, were not selected but caught their attention and their heart. You will travel the world and meet ordinary and extraordinary people, places and situations. On Wednesday, Clara L’Heureux Garcia will present her film “Vol de nuit”, and a discussion will follow the screening. With a mix of short films, features and documentaries, this series is a perfect prelude to Auroville’s 5th Film Festival.

Prelude AVFF - Monday 11 December, 8.00 pm:
- THANK YOU FOR ANSWERING ME
  Italy, 2015, Dir. Morgan Menegazzo, Mariachiara Pennisa, Documentary, 65 mins, French-Italian w/ English subtitles, Rated: G

A mysterious message carried by a balloon sparks doubts, questions and an unexpected journey from Italy. Destination: the South of France.

Prelude AVFF - Tuesday 12 December, 8.00 pm:
- LA FAMIGLIA A SOQQUA – (THE FAMILY JUMBLE)
  Italy, 2016, Writer-Director Max Nardari, Mariachiara Pennisa, w/ Eleonora Giorgi, Antonino Buscetta, Comedy, Family, 90 mins, Italian w/ English subtitles, Rated: NR

Martin, 11-year-old boy, entering the new world of middle school, faces an astonishing reality. In his classroom, he is the only student whose parents are still together! He envies his classmates who spend their holidays in wonderful places and receive lots of gifts from both of their mother and father. Therefore, Martin plots the diabolical idea to compel his parents to separate in order to enjoy his classmate’s same benefits. He succeeds in his plan but he is not able to handle the situation properly and the life of his family suddenly changes to the final resolution.

Prelude AVFF - Wednesday 13 December, 8.00 pm:
- I AM SORRY
  Slovakia, 2015, Dir. Teodor Kuhn, Drama, 17 mins, Slovak w/ English subtitles, Rated: NR

15-year-old Patrik has made a fatal mistake. His bad conscience pushes him away from his loved ones and Patrik is alone with his guilt. But slowly, he realizes that others are facing problems too. And for them, it might not be too late to help.

- LET’S OUR MEN DANCE
  Iran, 2015, Dir. Hiwa Aminnejad, Documentary, 5 mins, no dialog, Rated: NR

The story of Kurdish women labouring to weave clothes for their men to dance in.

- THE VISITOR
  Belgium, 2016, Dir. Ali Baharliou, Fantasy, 16 mins, Dutch-French w/ English subtitles, Rated: NR

A priest faces an unexpected problem while preparing the church to welcome and help out some guests. It is holiday and a pipe has burst in the church. It seems that he cannot find any plumber, until a mysterious man shows up to help.

- VOL DE NUIT (NIGHT FLIGHT)
  Canada, 2017, Dir. Clara L’Heureux Garcia, Experimental, 16 mins, French w/ English subtitles, Rated: NR

UQAM. The University of Quebec in Montreal, the “New” university, is the birthplace of the Quebec student movements of 2012 and 2015. The time of a truce, the time of a night, words shall awaken the sleeping scenery. A poetic meditation on the identity of UQAM, between fervor, activism, repression, indifference and disillusion. The screening will be followed by a discussion with the director.

Prelude AVFF - Thursday 14 December, 8.00 pm:
- UN MONDE ENTIER POUR UN PETIT MONDE - (A WHOLE WORLD FOR A LITTLE WORLD)
  France, 2017, Dir. Fabrice Bracq, Fantasy, 16 mins, French w/ English subtitles, Rated: NR

A woman tells a great story to her baby. In the manner of a tale with princes and princesses, she delves into her memories in order to pass them on to her family.

- ATTITUDE SOCIALE - (SOCIAL ATTITUDE)
  France, 2017, Dir. Fabrice Bracq, Fantasy, 16 mins, French w/ English subtitles, Rated: NR

A woman tells a great story to her baby. In the manner of a tale with princes and princesses, she delves into her memories in order to pass them on to her family.

[16 TO 23 December 2017 – 5TH AUROVILLE FILM FESTIVAL
(Please see announcement below for the Festival Schedule)

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. Please make a contribution to “Cinema Paradiso” account (#105106) at the Financial Service or set up for monthly contributions. Thanking You, MMC/CP Group

The 5th Auroville Film Festival is here!

Dear all, well it’s that time of the year again! Lights, camera, ACTION, and welcome to the 5th Auroville Film Festival 2017! The aim of the Auroville Film Festival is to connect with people and cultures within and beyond Auroville and to further the aspiration of human unity by showcasing films that develop this theme. We feature films that are created in and around Auroville, as well as international films.

The films can be viewed in the following venues: Cinema Paradiso, SAIER Conference Room, upstairs of the Archive Building, and outside the Town Hall. There are 4 film categories:

1. Films made BY residents of Auroville and the bio-region: 74 films
2. Films made ABOUT Auroville: 37 films
3. Films made BY STUDENTS: 14 films
4. Films that develop the theme of human unity: 149 from around 40 countries.

3,000 films were submitted over the last one and a half years and were screened by 4 brave selection panels! The screening schedule for the whole festival will be available shortly: with the soft copy of the News and Notes, on Auronet and on our website: http://filmfestival.auroville.org.in. We will also keep a printed copy of the schedule at AVDzines for anyone who wants to photocopy it.

This year has a number of FIRSTS!

1. The festival has been extended to 8 days (Dec 16-23).
2. You could say that the festival is kicking off Auroville’s 50th birthday celebrations!
And we are celebrating AVFF’17 with our new carbon-neutral program. We tried a new crowdfunding platform where we offered, against donations, the planting of trees that go on capturing CO2 for the life of the tree. Thanks to the donations we received, we will help plant more than 140 trees. We hope this is the beginning of something big in moving towards a carbon-neutral film festival.

We have collaborated with Anveshan, who are organising the Auroville Food Festival - 8 days of orgasmic delight for the palate. You will experience food from different countries/regions and cuisines each night. We are still organising the regions but so far, we have African night, Vegan night, European night, South Indian night, North Indian night, South East Asian (Korea, Japan, China) night, and more to come! The food will be accompanied by live music and entertainment every evening. The festival will kick off at 5 pm on Saturday the 16th of December with performances by Swaha’s Blues Band and throughout the week expect to enjoy Yatra Arts play and mime, Ray’s Electric Veena project, Vera and others.

We are organising a Kino Kabaret, where 50 participants will conceive, create and screen their short films all within 2 days. Beginning one day before the opening of the festival and concluding 50 hours later, the Kino Kabaret expects to be a lot of fun. All the Kino Kabaret films will be screened at 7pm on Sunday 17th at the outdoor venue. Registration is still open - kino@auroville.org.in

Having pioneered a live video call with a director in the U.S. during the previous AVFF, we have scheduled 4 more such encounters and 4 discussions where the directors/producer will be present. After the screening of the films, audiences will have the opportunity to share their thoughts directly with the filmmaker and receive an instant reply from as far away as Canada, Greece and North India.

There will be art instalations by Ok, Ririu and Richa, Marco F, Soham and Orly, which will be peppered throughout the Town Hall area. Centre d’Art Citadines is collaborating with us and will present a special exhibition of paintings by Dominique Jacques imagining designs for stamps in honour of the 50th anniversary of Auroville.

The festival will conclude on Saturday 23rd December at 5 pm with the awards ceremony and the re-screening of the winning films will start from 8 pm. A DJ set will finish off the night.

This year’s film festival is brought to you by MMC/CP in collaboration with Centre d’Art Citadines and Anveshan. A special thanks to all the people, units and services who made this event possible!
Volunteers and helpers!! We need you!!!!!
[aurovillefilmfestival@auroville.org.in]

**The News&Notes is available for all to download from the Auroville website at http://www.auroville.org/contents/4186**
The archives are found at http://www.auroville.org/contents/186

**Important information about News & Notes**

**Absolute deadline for submissions or cancellations:**

**Tuesday 5pm**

The contents of News & Notes are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

**How to submit material:**

Material (no pdf files, please) may be sent (in English only) to the N&N email address (below). Please try your best to send your announcements, reports, film schedules whenever they are ready.

The Tuesday deadline (5pm) is absolute as the News is given to the printers on Wednesday.

Any modifications of the submitted News items have to be sent to the editors before Tuesday 5pm.

**We regret not being able to attend to visitors on Wednesdays due to work pressure.**

**Articles for the Notes section:** no longer than 500 words. All articles and reports need to reach us by Tuesday noon.

**Visiting hours:** Mondays, Tuesdays 9am to 11.45am and 1pm to 3pm; No visitors on Wednesdays.

**Soft Version:**

We encourage you to ask us for a soft version of News&Notes sent directly to your own mail. First, it saves trees, money (Rs 30,000 monthly are spent only on purchasing paper) and labor (more than 900 copies are printed every week). Secondly, we send your soft copy as a PDF file (with full colors and clickable links) on Thursday morning, so you can get information earlier than the printing version which is delivered only on Friday and Saturday. Don’t hesitate to mail: newsandnotes@auroville.org.in or to phone 2622133 if you want to give it a try.

**Disclaimer:** The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

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