(Continued)

SRI AUROBINDO: The mind must be made quiet and the consciousness turned—not the mind alone—towards the aim. It no doubt takes time but that is the way. There are no devices for these things.

SATYENDRA: What is the difference between modification of nature and transformation of it?

SRI AUROBINDO: Transformation is the casting of the whole nature into the mould of your inner realisation. What you realise you project outwards into your nature.

I speak of three transformations — the psychic, the spiritual and the supramental. Many have had the psychic: there were the Christian saints who spoke of God's presence in their hearts. The spiritual transformation implies the realisation of the Self, the Infinite above, with the dynamic no less than the static side of its peace, knowledge, Ananda, etc. This transformation is difficult. Beyond that is the supramental transformation, the Truth- Consciousness working for the Divine aim and purpose.

NIRODBARAN. If one has inner realisation, transformation should follow in the light of it.

SRI AUROBINDO: Not necessarily. There may be some modification in the nature, but entire transformation is not automatic. It is not so easy as all that. The experience of peace and calm after my first contact with Lele never left me, but in my outer nature there were many agitations and again and again I had to make an effort to establish peace and calm there. Ever since that early experience the whole object of my Yoga has been to change the nature into the mould of the inner realisation. That is what I have done in my sadhana.

NIRODBARAN: Could a man with true realisation have grave defects left in his nature — defects like the sex impulse?

SRI AUROBINDO: Why not? There can be the movement of anger as well as the sex impulse. Have you not heard of Durvasa's anger or the fall of the Rishis through sex? But all Yogis may not care about these defects. Yogis pass beyond the stage of good and evil: ordinary questions of morality don't arise then. So some of them may look upon the outer nature as a child behaving as it wants, and not bother to harmonise it with the inner being. There is also the danger of self-deception. A Yogi may go into the Higher Mind, perhaps even touch the Overmind, and yet have a sexual fall. He may think he is guided by an inner divine voice and attempt to justify his erratic behaviour by saying he is only obeying that voice. I have heard of a certain Yogi who went abroad and was arrested for making advances to girls in a public place. These things are possible because man's psychology is complex.

Once after the Barisal Conference I went to see Mahendranath Nandi who was called the Tolstoy of Brahmanbaria. His grandfather was a Tantric and could meditate sitting upon the waters of a river. From him perhaps Nandi got his spiritual capacities. Nandi used to be guided by an inner voice. When Bipin Pal asked him whether he would do anything whatsoever, good or bad, if prompted by this voice, he replied that if it was from God he would follow it to any length.

But, of course, merely unconventional conduct by a Yogi is not a fall. Once a disciple got shocked because he saw me eating meat. He complained to Ramana Maharshi. Maharshi replied that it is a question of habit and, when the man had departed, Maharshi said to his followers, "What an imbecile!"

In spiritual realisations there are any number of passages, cross ways and truths. And when I say that something is to be done or not done in Yoga, I mean in our Yoga. It does not apply to Yogas with other aims. In our Yoga we insist on the transformation of the outer nature.

TALKS WITH SRI AUROBINDO, 22 December 1938

NIRODBARAN

The Ponder Corner

All is not settled when a cause is humanly lost and hopeless; all is settled, only when the soul renounces its effort.

Sri Aurobindo - ref. Essays Divine And Human, p.459

It was day before yesterday, I think, the whole day was taken up like that in the experience, and I felt it was the revelation of Auroville's true goal, and that THIS was what had to be told, and THIS is what... will select the people, the Aurovilians. The true Aurovilians are those who want to make the search and discovery of the divine. But, as I said, not through mystic means: IT'S IN LIFE. That too should be said.

Mother's Agenda, 2 May 1970
Working Committee, AV Council and AV Security. A first measure might be the erection of two checkposts which would be closed every night in order to reduce unwanted and unnecessary traffic.

Kamataru: There are two plots close to and bordering Kamataru - the Forest Group reconﬁrms that one plot is under the stewardship of Kamataru and recommends the other plot to be also under Kamataru’s stewardship.

Aurodam watershed: David announced that Achilles will advise him on the complicated watershed in Aurodam.

Evergreen: Now that it seems that there will be no farm on the 3½ plot next to Evergreen, the Forest Group recommends to reallocate the plot back to the forest and make it part of Evergreen.

New ﬁnancial year 2017 - 2018: The Forest Group brieﬂy discussed its ﬁnances and its request to the BCC for an increase in the monthly watchman/forest worker budget and to grant a few new maintenances for active foresters who are waiting for quite some time now and for new active green workers.

The Forest Group in principle supports a full time maintenance for Maddu for her greenwork in Infinity.

Next Forest Group meeting: Friday, July 7, 3pm in Fertile 7 Banyans.

Attention Eateries and Restaurants

BCC would like to remind all executives/managers of eateries/restaurants in Auroville to share your turnover ﬁgures - starting from April 2017 with Ursula, the BCC coordinator, at the Financial Service by 15 July 2017.

Thanking you, Sincerely,
BCC

Note from the Water Group

Friends, please know that there are many people working on water conservation efforts right now. This includes the people at Auroville Water Service and Pour Tous Water who are visiting communities to search for potential water leakages. Please welcome them and work with them if they come - and remember, we're all in this together. We look forward to your collaboration.

Thank you, Water Group

Houses available for transfer

3. Courage - Vivek House: Plinth Area of 84.96 Sqm First Floor RCC framed structure residential building with front Verandah, living cum Kitchen, Bedroom & Toilet, Store-room and community sharing drinking water and parking lot.

For more information contact: Housing Service (Town Hall) / Phone; (0413) 2622658 / e-mail: housing@auroville.org.in

Housing Project under construction

Will be ready 30th May 2018: Contact person: satyakami@auroville.org.in
He is available on the site on: Thursday: 3 pm to 5.30 pm / Saturday: 10 am to 12.30 pm.
The model apartment is also visible on the above day and time
2. Auromodele Orchard - Several houses are still to be built. Will be ready in 2018.
Contact person: Padmanabhan, Auromodele. Mobile: 8940220333
O B I T U A R Y

Yolande

This is to inform the community that Yolande Lemoine, one of Auroville’s strong supporters of earlier days, peacefully left her body at the age of 93 in Paris in the early morning of Saturday 24 June.

She was a close friend and precious aide of Satprem and Sujata, and liaised the important contact between JRD Tata, Satprem and Auroville. It was thanks to the efforts of JRD Tata and Yolande that Satprem’s manuscripts and audio cassettes made it to France to be published there.

Thank you, Yolande. OM~

(See also Gilles’ write-up on Yolande’s role in Auroville’s development in the Notes section)

F O R  Y O U R  I N F O R M A T I O N

Call for Grant Proposals Fall 2017

This present call is for Aurovilians who would like to prepare a project proposal to be submitted through the Project Coordination Group for:

- Projects to be submitted to Stichting De Zaaijer for possible funding in September
- MT&D Programme applications
- Micro-projects (under INR 1.4 lakhs) in the categories of:
  - Informal Education
  - Innovative Initiatives
  - Women’s Empowerment
  - Youth

Copies of the appropriate application form will be emailed to you via pcg@auroville.org.in on request, or may be downloaded from Auronet: a guide for filling in the grant form is also available. If you do not know which application to use, or under which category to apply, please send us a brief description of your project or request so that we can advise you.

Project holders are invited to send their projects as a Word document, saved in the name of the project title, to pcg@auroville.org.in

FINAL DATE for submission is MONDAY, 31 July 2017

You are welcome to email: pcg@auroville.org.in or contact the Project Coordination Group at the ACUR (Town Hall) by phoning 2622250 for further information or assistance.

Please note that the Project Coordination Group will be meeting later in the year for its annual review of new and pending grant proposals for funding by the Foundation for World Education and Stichting De Zaaijer in 2018. A call for such proposals will be announced in the News & Notes and posted on Auronet at the end of the summery.

NB If you have received funding for a project through the Project Coordination Group in previous years, please be certain that you have sent in a report for that grant before making any new applications.

Also, please note that if you are submitting a project that has anything to do with Auroville or Auroville Outreach schools, or, students of any individual classes, your project is to be reviewed by the Auroville and/or Outreach School Boards prior to the Project Coordination Group review. (Please be sure to contact all individual schools before submitting your proposal to the School Boards.) Therefore, it is important that all the relevant bodies (i.e. schools, teachers, school board, etc.) are aware of your project and support it. In this way, the Project Coordination Group can more easily recommend a project for funding knowing it will have the support of schools and thereby have a greater impact on the beneficiaries of the project.

PCG

International Relevance of Auroville

(With corrected Email address)

The International Relevance of Auroville as represented in the Vision of an International Zone of Auroville will be one of the themes for the 50th Anniversary Celebration in 2018. Pursuing this goal the 50th Team hopes that the Auroville Foundation through its Chairman, Dr. Karan Singh, invites the Diplomatic Corps accredited in Delhi and also informs the Indian Missions abroad.

Kindly inform us at 50core@auroville.org.in of:

Any relevant person to person project for Auroville / NGO to Auroville projects / Govt to Auroville projects / Other information of interest to the Ambassadors/ Representatives of your nation.

We hope after the inaugural address in Delhi to approach the national representatives with a specific proposal. Kindly help us to make this meaningful for Auroville’s future.

Frederick (frederick@auroville.org.in) for 50th Anniversary Team (50core@auroville.org.in) 20.6.2017

P O S T I N G S

Important message from the Financial Service Town Hall:
To the person holding: Credit Card MAESTRO ending number - 66388 - Please contact IMMEDIATELY the financial Service: 0413 / 26 22 453 or 26 23 648 - Otto

Ongoing admissions for Isai Ambalam School: Isai Ambalam School is an outreach school near Alankuppam. We are currently enrolling children in the age group 3-12 (up to 7th grade) for admissions. We request all unit holders to encourage the staff they work with to send their children to this Auroville School. The school also welcomes children in the age group, be it Aurovillian, newcomer or long term guest.

We follow alternative schooling methodology including real life EBDs grounded in values and provide children a rich opportunity to grow holistically. Our children have also done well in the mainstream after graduating and this year are among the toppers in 10th grade in both NESS and Kulilaplayam School.

Please contact Subash (isialbambalamschool@auroville.org.in), Sanjeev Ranganathan (sanjeev.r@auroville.org.in) or Kavitha (8940434614) for admission.

Thank you, Isai Ambalam Team.

Transition School will reopen: For the new school year on Wednesday, July 5. We look forward to meeting the children and to the new school year. Best Wishes from the Transition School Team

News&Notes 1st July 2017 [704] 4
Free store: Dear all, Free store will be closed for a big summer clean up from Monday 26th of June and will re-open on Wednesday the 5th of July! This means you can’t bring items to the Free Store OR leave them outside of the door in this period!!! Happy to see you again from the 5th of July : -) Please remember to bring clothes washed and in good condition. Thank you, Free Store Team

Auroville Library: From July 1st onward the Auroville Library is returning to its normal opening time - From Monday to Saturday 9:00 to 12:30 - 14:00 to 16:30 / it will be closed in the evening. The Auroville Library

Water Saving Tip - For the Bathroom #2: More random (but helpful) tips: This is an obvious one, but turn off what’s not in use. Turn off the tap when brushing your teeth. Running the tap while brushing your teeth can waste 15 litres of water. Next, if you don’t already have one, consider getting a dual-flush toilet. It has two flush options: a half-flush for liquid waste and a full-flush for solid waste. Plug the sink instead of running the water to rinse your razor and save up to 1135 litres a month. Finally, drop tissues in your sanitary waste bin - instead of flushing them and save water every time. Better yet, use a handkerchief! Water Group, watergroup@auroville.org.in

Swaraj University’s admission are open and there is a Mini Orientation in Chennai: The 2-year Self Designed Learning program invites learners to identify their hearts’ vision, widen their perceptive and engages them in developing the skills and practices they need to manifest that vision. A big part of the program, along with keeping the individual’s interest and vision at the center, is to give them an opportunity to understand how their actions/ choices are interconnected and impacting all our communities and nature. More Info: www.swarajuniversity.org Facebook.com/Swarajuniversity -Submitted by Lakshmi Venugopal on behalf of Sustainable Living Institute

Available

To all Dog owners and lovers: Recently I had two of my young dogs castrated and it was done at the Bark India (Charitable Trust) Hospital and Rescue Center in Morattandi and they were very efficient, friendly and it was extremely cheap. So if you need treatments for your animal and there is no Vet available, this is a good place. Agnes (Hermitage)

2 kittens: Dear animal lovers, we have 2 cute black & white kittens (one female and one male) looking for loving owners. As we have 3 cats already sadly we cannot keep them. They are about two months already, eat normal food, and are potty trained. If you are interested for yourself or a friend let us know. If you have any further questions, please don’t hesitate to call us at this number: 9751798316. Looking forward to your call. Have a nice day - Mimi and Dasha

Super sweet & cozy dog puppy to give!!: 9 weeks old and very family friendly dog - For further information please call: +91 994 337 4763 - Nadia

Looking for...

Piano in 432hz: SVARAM Musical Instruments is looking for a piano which can be tuned into 432hz. In mid-October we will have a visiting research group arriving, and working with sound in the context of healing and we do need a piano/pianino tuned in 432hz to enhance the healing power of sound, possibly for your own benefit. Thank you! Please contact us under: svaram@auroville.org.in / Phone 0091 - 413 – 2622220

2nd hand bikes: We are looking for a second-hand motorcycle or scooter as well as a second-hand bicycle. Please write us at: merianichiara@gmail.com or call us: 8270599656 - Chiara Meriani

Thank you

Thank you, to All & Life in general

This week I have the great privilege to become 75 years young in good health and good spirits, Om- As I don’t socialise much, but have this overwhelming joy and gratitude to share, I don’t want to only express it inwardly, but also outwardly. So here it is: thank you, Auroville and that great remote control Mother-wave that somehow pulled me here in the early seventies and made me glimpse la vraie chose forever, - and thank all of you folks in whose midst I somehow got ushered to arrive at this point. Looking forward to the years to come with loads of evolving to do. With much love, Mauna

Thank you from Auroville Nature Camp 2017

Thank you to all units and individual donors (in both cash and kind), volunteers, parents, and students who helped to make this year’s Nature Camps successful! Three camps were held this summer, with a total of 99 students from 10 Auroville and outreach schools and 7 teachers total participating. While this year’s camps were largely successful, we would like to remind everyone that if you come and visit Nature Camp, your actions and behavior reflect on both Nature Camp and on Auroville as a whole. We appreciate those who create a positive atmosphere aimed at exposing Auroville and outreach school students to the beauties of nature. Nature Camp is made possible through the tremendous support from numerous well-wishers in Auroville, including: SAILER, City Services, Quiet Healing Center, Sciro Pizza, Pour Tous Purchasing Service, Matrimandir Team, Naturellement, La Ferme Cheese, Inside India, Eternal Builder, Aureka, Kripa, and Margrit Mala. We would also like to thank parents who generously paid the full amount to send their children to camp. Thank you all for your wonderful support of Auroville Nature Camp and we look forward to continued support in years to come! We’re open to feedback (both positive and constructive) - so if you have anything to share about this year’s camps, please send us an email, Auroville Nature Camp Team [naturecamp@auroville.org.in]
Contact: theficklefish@gmail.com • It'll be great help. Love,

Thanks,

School and apply for the job.

related subject. If you are this person please contact the

10th). We expect this person to be fluent in English, excellent
teach Social Science lessons in the higher grades (from 7th to

Here at Udavi School, we are looking for a teacher who can

Social Science teacher

Here at Udavi School, we are looking for a teacher who can
teach Social Science lessons in the higher grades (from 7th to

10th). We expect this person to be fluent in English, excellent
in the subject matter and having a teaching degree in the
related subject. If you are this person please contact the
school and apply for the job.

Thanks, Davaselvy (for Udavi School)

Teachers

New Colors is looking for Newcomers or Volunteers to teach
and play in the Kindergarten at Edayanchavady

Duration: at least for one year.

Contact: newcolors2002@gmail.com / Cell No: 9865444472

Regards, Renana
Dear listeners!

Our live streaming can be heard on: http://radio.garden/live/villupuram/aurovill-e-radio/

From our volunteers and internship students we have:

Internship Shriya continues with a series of interviews on Auroville Film Festival, and this one is with Tom. Internship Ishana was at Ilaingarkal Center at the International Yoga Day. At Savitri Bhavan she made a short interview with Ashesh Joshi for the occasion of a book release at International Yoga Day.

Volunteer Vaidyanath reads from Vladimir Megre the 5th book on Ringing Cedars of Russia – Auroville Dream. Brilliant Skeptic are some quotations of James Baldwin, also made by Vaidyanath.

Volunteer Gino recorded Dakshina Chanting Group.

From our regular programs:

Gangalakshmi reads her Selections of Sri Aurobindo and The Mother texts in French - uncut version on request from listeners!

Out of the regular programs are here the news of Thursday, and Monday.

Within the musical edition for you to listen we have jazzy Ithiopa Mix#2, contemporary blues with The Sky is Crying, and global mix Where is the Love.

Happy listening, Your AV Radio Team [www.aurovilleradio.org]

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**SPORTS**

Dehashakti Physical Education Needs Volunteers

A Call to Sports Lovers, here is a chance to inspire children...

Dear Friends,

We are looking for committed VOLUNTEERS to help 3 afternoons minimum, or best - all 5 afternoons (Monday to Friday) 3.30 pm to 5.30 pm at Dehashakti sports ground.

From July 5th 2017 we begin our new school year and we are expecting a big increase in the no. of students. Therefore we are in need of helpers to assist the teachers during our sports classes.

At present we are looking for dedicated people to join this essential program.

Qualifications: affinity towards children, physical activity and sports and willingness to work in a team. Training in physical education and coaching will be provided. Must commit to a minimum 6 months.

No maintenance available - only the joy of free service to the children.

Dehashakti program welcomes all students from Auroville schools to participate within a framework of a required commitment. This year we project over 250 students from 5 schools of Auroville - Deepanam School, Transition School, Future School, Last School and New Era School - to participate in this program.

Activities: Team games, individual - games & skills, athletics, gymnastics, swimming, combative sports

Contact Dehashakti sports, Dana - Dawn, Michel or Rajeev (phone - 2622821)

Dehashakti Campus has become a centre of physical education and sporting activities. From morning 7 am to 12 from 5.30 pm to 7.30 pm those interested can participate in:

- Aikido (mornings & evenings daily) - with Surya
- Archery (4 pm 5.30 pm daily) - with Vladimir
- Capoeira with Samuel (only Saturdays)
- Fitness & Gym (7am-12pm & 5.30pm to 7.30pm daily) - with Vikram
- Futsal club (5.30pm to 6.30pm) - with Michel and Suryan
- Horse Friends Club - a unique program organised by older students for discovering and connecting to horses - with Chandra & Priyamvada
- Fire Juggling - with Aurevan
- Martial Arts & Self Defence by several teachers - with Giocomo, Indra and Julian

Apart from these regular activities Dehashakti sports ground welcomes other sporting activities for Auroville volunteers and interns. Please bring your own sports equipment for games you wish to play and do respect the campus and other activities happening around. With so many daily users - almost 400 nos - both students & adults / Aurovilians, Newcomers, Guests, Interns, volunteers and friends from the surrounding villages, it is very important to keep a healthy discipline:

- Park all vehicles at the parking area only. For cycles please bring your locks and park them at the cycle parking. We have specifically created a separate cycle parking. Do cooperate.
- We want to keep it a SMOKE FREE ZONE
- No pets - do not bring your pets to run / walk etc.
- Please help us in keeping it litter free campus. We have waste bins to be used.
- This is NOT a park nor a picnic place - ONLY serious sporting activities/ trainings with prior permission.

For those who want to use this campus for regular sports classes or sports training please contact Campus Team- Michel, Rajeev, or Vikram

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**EATING OUT**

Well studio Café: Dear all, Well studio Cafe is open daily - Monday to Saturday from 8.30 am to 5.00 pm / Sunday closed!!

Please join us for breakfast and lunch. Vegetarian and vegan Mediterranean food in our beautiful garden. We serve Falafel, Hummus, fresh salads pita bread cheese cake and much much more

For groups and take away please call us: 0413-2622219 / E-Mail Address: wellcafe@auroville.org.in

Hope to see you soon, Love, Well team (Sve Dame)

LeZephyr re-opens: Dearest Zephyr fans, we are re-opening LeZephyr on the 4th of July (Tuesday).
Happy to see you all again! Much love, Zephyr Team

Goyo, Korean silent restaurant is reopening: We are happy to open again after our summer break for lunch on Tuesday, Thursday and Saturday. Please book for lunch minimum a day before by SMS: 9489639009 or goyo@auroville.org.in.

We are very happy to host you with special ambience and Korean home style vegetarian menu. Love and light, Goyo
Yolande's role in Auroville's history

By Gilles Guigan, as also posted on Auronet

Five persons played a key role in the battle between the bulk of our community and the SAS - they were: Satprem, Kireetbhai, JRD Tata, Sir CPN Singh and Indira Gandhi. Both sides agreed on this.

These five persons played also a key role in making it possible for Satprem to publish the Agenda independently from the Ashram. Satprem considered that the battle for Auroville and that for the Agenda were one and the same (2 of the 5 Ashram trustees were also members of the Executive Committee of the SAS). These twin battles seem to have been closely linked with the battle for India as it was the time of the 'emergency' and then of Indira being in jail.

Yolande played a key role in JRD Tata joining these twin battles. Her husband had been a top executive (secrétaire général) of Air France. When he died, in 1969, she went to bury him in a village in Alsace (to which her husband originally belonged) and she told friends there that she had been telling herself that whenever her husband's long suffering would end, she would go to India. A lady there told her to visit her nephew in Pondicherry, whose name was Sat..something. (Satprem's father was from Alsace while his mother was from Brittany.)

Yolande came to Pondicherry and met Satprem in 1969. Navajata met her also and asked her who had sponsored her stay in India. She replied: JRD Tata. Nava then asked her to try and convince him to support Auroville's cause - which she succeeded in doing but not on the side he would have wished.

Yolande (and her husband) had met JRD Tata years earlier at a gathering of IATA's top executives (IATA is the international association of airlines companies). JRD represented Air India and her husband Air France. (Indira Gandhi had nationalised Tata Airlines, renamed it Air India and kept JRD Tata as its head. Later Morarji Desai sacked him).

This is how a long friendship started... and how JRD Tata became a member of the first Auroville International Advisory Council established as per the first AV Act (1980) and of the IAC established under the second AV Act (1988).

Thank you, Yolande!

Remembering Yolande

Memories of you seem to merge into one sweet and adventurous scene:

Bringing J.R.D. Tata to Jehangir Art Gallery in Bombay, which prompted Jeh to get involved in Auroville. First securing windmills for the water-supply.

Then you brought him to Auroville.

As the widow of the Chairman of Air France you were instrumental to safeguard the Agenda.

In so many ways you helped and protected Auroville, often not even known to us in Auroville.

You would suddenly appear on the dusty roads of Auroville and the next moment you had moved on.

That was the gift of having been granted a life-long first-class airline ticket world-wide. You were always on the move. A nomad.

I met you and stayed with you in Paris. A very gracious host.

The mystery of Auroville has attracted mysterious beings.

They come and awaken us to that mystery and move on.

You are one of them.

Love,
Frederick (26.6.2017)

Our City needs Smart Mobility

I have never been to Copenhagen (voted best bike city in the world) but I am just back from Amsterdam. In Copenhagen 1.2 million kilometres are cycled every day. 36% of the population is on their bikes and there are more bikes than people in the city. The traffic lights during rush hours favor the cyclist over the cars so you can sweep through the city whenever you want. Amsterdam also has more bikes than people. Experiencing this bike culture directly--I almost got run-over twice--leaves an impression that Auroville is not yet going in the right direction. Not only is the bicycle culture creative and extensive but they have bikes you can take and leave. They have electric cars around the city, like the Rewas we have, and you use your smart phone whenever you want one. Just walk out of your house to the nearest one and use your phone to access it, drive wherever you want, leave it anywhere. The billing is automatic and there are charging points all over the city. Every time I walked out of the house, I saw one in a few minutes ready to go.

A French friend in Italy just sent me a link about a smart city in India (https://yatripandit.com/2017/05/02/nayanew-raipur-a-smart-city-in-making/) It is about Naya [new] Raipur. Where point one of their “charter” is a green city (36%) and they claim to be “the first Greenfield Smart City in India.” Point two is called: “Fitness First: The NRDA (Naya Raipur Development Authority) has taken a wise measure to promote the long-lost habit of cycling by constructing smooth and safe cycling lanes across the city. This shall surely reduce pollution and improve fitness.”

Please read the current issue of Auroville Today (June-July 2017) back page where there is an historic article called: “Smart mobility in Auroville”. Weep when you come to the part where Auroville in 2006 could have had 500 free e-bikes from China but only 5 people were interested so the offer was not accepted. The only barriers to smart mobility are our bad habits that we are here to get rid of. For more information read The Human Cycle by Sri Aurobindo.

Thanks,
B
AMPHITHEATRE - MATRIMANDIR

Meditation with Savitri read by Mother to Sunil’s music
Every THURSDAY at sunset
We follow the sun and the timing changes with the season...
6.00 to 6.30 pm

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!
Reminder to all:
The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you
Access only for the Amphitheatre from 5.45 pm.
Please be seated by 5.55 pm.
Thank you.
Amphitheatre Team

INVITATIONS

Kick boxing and Karate classes for all ages
To keep your body fit and energetic & to protect yourself from unforeseen incidents
We invite you all to come, watch and join kick boxing & Karate, a self-defense - martial art
on 2 July 2017 at SAWCHU building Bharat Nivas between 4.30 pm and 5.30 pm.
There will be regular classes offered twice a week in the following weeks.
No Age Bar. Anyone can join!

CLASSES, WORKSHOPS

Mudra-Chi
From July onwards we will have weekly classes at Savitri Bhavan.
On Tuesdays at 5 pm.
For more information contact me: anandi7@auroville.org.in

Somatic Explorations with Maggie (from 5 July)
Wednesdays 5-6 pm in Verite Hall
Somatics is a system of slow mindful movements (in the tradition of Thomas Hanna). Each week we will explore a different theme with the aim to unwind habitual holding patterns in the body, and increase flexibility, balance, coordination and wellness.
Open to all.
For further info please call Maggie on: 94866-23465 or 2622320

Inner-Work-Workshop
Introduction to the Integral Yoga of Sri Aurobindo and the Mother
4th July (Tuesday)
• Overview with multimedia presentation
• Questions and Answers
• Practice in Daily Life
• Complimentary Concentration Exercises
• Creative Arts, Interactive Games
• Life of Sri Aurobindo and the Mother
• Introduction to the Reference Books

Focus this week on: ‘Savitri’
These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.

Place: Savitri Bhavan
Time: 9 am to 12 Noon
(For those who are new to Yoga, from 8.45 to 9 am there will be a brief presentation on Yoga and Spirituality.)
Led by Ashesh Joshi (Contact: 9489147202, 0413 2622922)
No Registration required (except for groups)
Fees: Voluntary Contribution
All are welcome
For details on the Integral Yoga and the upcoming workshops: please visit www.integralyoga-auroville.com

Exploring Auroville Architecture
10th - 12th July 2017 at Auroville
Auroville Green Practices is organizing a 3-day workshop titled “Exploring Auroville Architecture” composed of site visits and interactions with architects and building professionals from Auroville. During the program, participants will trail the diversity of architectural expressions in terms of form, context and purpose in the wider setting of this international township. Expected participants are professional and aspiring building professionals and home-owners who would like to gain inspirations and new ideas for their own practices. Participants will enjoy an exploratory tour to different places to witness Auroville’s unique architectural styles.
Concessional fees (to cover food expenses) for Aurovilians working in this field are being offered. Full program attendance is required. If you are interested to attend, please send an email to: info@agpworkshops.com. For more details please visit: www.agpworkshops.com
Did you want to learn electronics well and rigorously? If so, STEM Land invites you to a NPTEL Online Certified course (NOC) complemented with practical experience on Basic Electronics. It's a rigorous 12 Week course offered by IIT Madras. The material is presented by Dr. Nagendra Krishnapura in an articulate manner covering the theoretical aspects of basic electronics. STEM Land is offering sessions that complement the theory with hands-on and application based which will help with the understanding the material and apply these concepts both by building something and through simulations. It will require around 6 hrs/week (2-1/2 hrs of theory session can be watched online at home), but the hands-on sessions need to be attended. You can miss one class in the duration of the 12 weeks, but you drop the course when you miss the second session. Support will also be provided to understand and do assignments. Only those prepared to invest this kind of time may apply. Certification for those interested will be provided by writing the proctored examinations at a center in Pondicherry. The certificate is provided by Centre for Continuing Education, IIT for their effort. Prerequisites are 12th-grade algebra and calculus. Fee: The course is free. But, those who want certification can pay Rs.1,000 for exam fees and write the proctored examination towards the end of the course. Those interested contact: poovizhi@auraauro.com

Further details about the course: The course introduces basic linear elements used in electrical circuits. Mesh and node analysis for systematic analysis of large circuits will be studied. Fundamental circuit theorems and their use in analysis will be discussed. Two port parameters used for abstracting out the behaviour of complex circuits will be described. The notion of negative feedback, and the opamp as an element for implementing negative feedback circuits will be discussed. Differential equations are introduced as tools for analyzing circuits with memory. Sinusoidal steady state analysis for simple analysis of such circuits will be studied.

STEM Land - Aura Auro Design Team

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**SCHEDULES**

<table>
<thead>
<tr>
<th>Days</th>
<th>Title</th>
<th>Timings</th>
<th>Facilitator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mondays</td>
<td>Iyengar Yoga (starting 17 July)</td>
<td>6.45 to 8 am</td>
<td>Olesya</td>
</tr>
<tr>
<td></td>
<td>Iyengar Yoga (starting 17 July)</td>
<td>5 to 6.15 pm</td>
<td>Olesya</td>
</tr>
<tr>
<td>Tuesdays</td>
<td>Hatha Yoga (starting 25 July)</td>
<td>6.45 to 8 am</td>
<td>Sakshi</td>
</tr>
<tr>
<td></td>
<td>Hatha Vinyasa Yoga</td>
<td>5 to 6.30 pm</td>
<td>Andres</td>
</tr>
<tr>
<td>Wednesdays</td>
<td>Hatha Vinyasa Yoga</td>
<td>6.45 to 8 am</td>
<td>Andres</td>
</tr>
<tr>
<td></td>
<td>Somatic Explorations</td>
<td>5 to 6 pm</td>
<td>Maggie</td>
</tr>
<tr>
<td>Thursdays</td>
<td>Hatha Yoga (starting 20 July)</td>
<td>6.45 to 8 am</td>
<td>Sakshi</td>
</tr>
<tr>
<td></td>
<td>Hatha Vinyasa Yoga</td>
<td>5 to 6.30 pm</td>
<td>Andres</td>
</tr>
<tr>
<td>Fridays</td>
<td>Hatha Vinyasa Yoga</td>
<td>6.45 to 8 am</td>
<td>Andres</td>
</tr>
<tr>
<td>Saturdays</td>
<td>Iyengar Yoga (starting 15 July)</td>
<td>6.45 to 8 am</td>
<td>Olesya</td>
</tr>
<tr>
<td></td>
<td>Inner Dance (starting 22 July)</td>
<td>5 to 6.30 pm</td>
<td>Yoffi</td>
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<table>
<thead>
<tr>
<th>Day &amp; Date</th>
<th>Title</th>
<th>Timings</th>
<th>Facilitator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sat, 15 July</td>
<td>Fate or Choice (Family Constellations)</td>
<td>9 am to 4.45 pm</td>
<td>Yuval</td>
</tr>
</tbody>
</table>

**Therapies**

For appointment: Phone 0413-2622606  Mobile 7094104329 treatments@verite.in

- Andres Acosta  Traditional Thai Yoga Massage
- Chetna  Neurofeedback Therapy
- Mila  Craniosacral Therapy

Please note: To support the work of the presenters and staff, we ask all participants to please come in time for all classes and workshops - Contributions requested from guests/volunteers (volunteer reduction by advance application only)

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**ARKA WELLNESS CENTER JULY – 2017**

*Phone: 0413-2623799 / Website: www.arka.org.in*

**THERAPIES**

<table>
<thead>
<tr>
<th>WHAT WE PROPOSE</th>
<th>WITH WHOM</th>
<th>WHEN</th>
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</thead>
<tbody>
<tr>
<td>Body Logic, Soft Massage and Deep Tissue Massage.</td>
<td>Pepe by appointment 9943410987</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Cranio sacral, Lomi Lomi massage, Bare foot body massage &amp; Thai yoga massage.</td>
<td>Silvana by appointment 9047654157</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Holistic Reflexology, Full body massage and Face Massage.</td>
<td>Meha by appointment 9443635114</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Yogic Healing and Therapeutic Massage.</td>
<td>Basu by appointment 9443997568 or 9843567904</td>
<td>Monday to Friday 8 to 9:30 am &amp; 6:00 to 7:30 pm, Saturday &amp; Sunday any time.</td>
</tr>
<tr>
<td>Deep Core Intensive massage.</td>
<td>Sumit by appointment 07839062619</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Acupuncture.</td>
<td>Dr. Mohammed Sahel by Appointment 9994208068</td>
<td>Tuesday , Friday and Saturday</td>
</tr>
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</table>

News&Notes 1st July 2017 [704]
Systemic Solution Focused / Psycho Counselling.  Uschi by appointment 999 478 1119 / Uschi.coaching@gmail.com  Tuesday, Thursday at 10:00 am to 3.30 pm.  German and English language
Psycho Spiritual Tarot, Deconditioning Self-Inquiry & Innervoice Dialogue.  Antarjothi - By appointment 0413-2623767 or Email : antarcall@yahoo.fr  Also in French.
Chinese Fire Cupping and Moxibustion Therapy.  Chun - by appointment 8098900708  Monday to Friday 9:00 am to 5:00 pm.

BEAUTY PARLOR

<table>
<thead>
<tr>
<th>WHAT WE PROPOSE</th>
<th>WITH WHOM</th>
<th>WHEN</th>
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</thead>
<tbody>
<tr>
<td>Face Massage, Cleaning, manicure, pedicure, threading, waxing, henna &amp; hair coloring.</td>
<td>Meha by appointment 9443635114</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Hair Dressing</td>
<td>Mimi by appointment-9489694626</td>
<td>Monday to Saturday</td>
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</tbody>
</table>

REGULAR CLASSES

<table>
<thead>
<tr>
<th>WHAT WE PROPOSE</th>
<th>WITH WHOM</th>
<th>WHEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pilates Classes</td>
<td>Teresa - 7867998952</td>
<td>Tues, Wed, Thurs, Fri &amp; Saturday</td>
</tr>
<tr>
<td>Acro-yoga</td>
<td>Damien - 9047722740</td>
<td>Saturday-Beginners class 8:15 am to 9:45am.</td>
</tr>
</tbody>
</table>

Internet facility is available in arka: Monday to Saturday 9:00 am to 4:30 pm.

SAVITRI BHAVAN - July 2017

Exhibitions
In the upper corridor
Sri Aurobindo: a life-sketch in photographs
In the Square Hall
Glimpses of the Mother: photographs and texts

Films
Mondays 6.30 pm
July 17: The Teachings of Flowers - The Life and Work of the Mother of the Sri Aurobindo Ashram
Produced and directed by Loretta Shartasis, Cinematography by CarenLindfield, Music by Jean-Christophe Bonnafous in 2011.
Duration: 121min.
July 24: Sri Aurobindo’s Integral Yoga - Evolution Fast-Forward - Psychology, Cosmology, Transformational Practice
A film in 3D Motion Graphics by Sopanam, Auroville. Duration: 50min.
July 31: Meditations on Savitri - Book 2: The Traveller of the Worlds - Cantos 11-14
Film by Manohar of Huta’s paintings illustrating passages from Savitri read by The Mother and accompanied on her own organ music. Duration: 42min.

Regular Activities
Sundays 10.30-12 noon: Savitri Study Circle with Ashesh Joshi
Tuesdays 9-12 noon: Introduction to Integral Yoga led by Ashesh Joshi
Tuesdays, Fridays, Saturdays 4-5 pm: L’Agenda de Mère: listening to recordings with Gangalakshmi
Tuesdays 5-6 pm: Let us learn Savitri Together in Tamil led by Buvana
Tuesdays 5.45-7.15 pm: OM Choir (from July 18th onwards. See details below)

OM Choir
In 1961 the Mother gave the adesh to Narad to bring down a new music. She said that one must go far above words and bring down the pure Music, Mother told us to sit in a circle and have no preconceptions as to what we would sing but to be silent and let the music descend in us. The OM Choir aspires to bring down the New Music for the New World in a collective body. We sing only OM, the creative and effectuating Word, after starting with warming-up and voice exercises given by Narad.

Full Moon Gathering
Saturday 8, 7.15-8.15 pm in front of Sri Aurobindo’s statue
The Library and Digital Library are now located in the Main Building
The Reading Room is open Monday to Friday from 9 - 4.30
The Digital Library can be accessed on request Monday to Friday 9 - 12.30
Exhibitions, Main Building and Office are open Monday to Saturday 9-5
Everyone is welcome
Indian - Monday 3 July, 8:00 pm:
• RANGOON
India, Dir. Vishal Bhardwaj w/ Kangana Ranaut, Saif Ali Khan, Shahid Kapoor, and others, War-Romance, 170mins, Hindi w/ English subtitles, Rated:NR (PG-13)
Set in pre-independent India where the bid for independence was fought from different fronts. While Mahatma Gandhi adopted the path of non-violent struggle, the stage was prepared by earlier armed struggle that culminated in Subhash Chandra Bose to lead the Indian National Army that got on the front to boot the enemy out. Even as this strife played out, Julia, the daredevil actress of the 40’s ruled hearts. Closer home, her married producer Russi Billimoria is besotted with her and at the border Jamadar Nawab Malik loves her to death. Would you like to miss a love story set against historical events with breathtaking cinematography?

Potpourri- Tuesday 4 July, 8:00 pm:
• DEOKHYEONGJU (The Last Princess)
South Korea, 2016, Writer-Dir. Jin-ho Hur w/ Ye-jin Son, Ha-ee Park, Mi-ran Ra, and others, Biography-Drama, 127mins, Korean-Japanese w/ English subtitles, Rated: NR (PG-13)
The film is based on the life of Princess Deok-hye (1912-1989) who was born into Korea’s last royal family in 1912 as the youngest and only daughter of the last King of Jo-seon, ex-Emperor Gojong and his concubine Yang Gui-in. In truth, her sad and tragic life was shaped at the highest levels of the Japanese imperial family and its government, and carried out by their Korean collaborators. Two years before her birth, the Japanese Imperial Army surrounded Gwang-bok-gong Palace with artillery batteries with orders to shoot while Japanese officials inside the Palace coerced Emperor Su-jong’s (King Go-jong’s son) cabinet to approve Korea’s annexation to the Japan Empire. After her beloved father suddenly died from poisoning in 1919 - allegedly by the occupying Japanese - the Japanese forced Princess Deokye to leave Korea and her family for an education.

Interesting - Wednesday 5 July, 8:00 pm:
• HAWKING
UK, 2013, Dir. Stephen Finngan, Documentary, English w/ English subtitles, 86 mins, Rated: G,
It is an extraordinary story of the planet’s most famous living scientist, told for the first time in his own words and by those closest to him. Made with unique access to Hawking’s private life, this is an intimate and moving journey into Stephen’s world, both past and present. An inspirational portrait of an iconic figure, Hawking relates his incredible personal journey from boynood under-achiever, to PhD genius, to being diagnosed with Motor Neuron Disease and given just two years to live. Despite the constant threat of death, Hawking manages to make many remarkable scientific discoveries and rises to fame and super-stardom. A remarkable film about a remarkable person.

Nature Series - Thursday 6 July, 8:00 pm:
• PLANET EARTH II : DESERT
UK, 2016, Dir. Ed Charles, A BBC production w/ David Attenborough, Documentary, 59mins, English, Rated: NR (G)
The world’s deserts are lands of extremes that force animals to come up with ingenious ways of coping with hostile conditions, giving rise to the most incredible survival stories on earth.

International - Saturday 8 July, 8:00 pm:
• THE FOUNDER
USA, 2016, Dir. John Lee Hancock w/ Michael Keaton, Nick Offerman, John Carroll Lynch, and others, Biography-Drama, 115mins, English w/ English subtitles, Rated: PG-13
The story of Ray Kroc, a salesman who turned two brothers’ innovative fast food eatery, McDonald’s, into one of the biggest restaurant businesses in the world with a combination of ambition, persistence, and ruthlessness. It is a story that is not just about McDonald’s and not just something that belongs to history. An interesting watch!

Children’s Film - Sunday 9 July, 4:30 pm:
• SHEEP & WOLVES
Russia, 2016, Dir: Maxim Volkov, w/ Tom Felton, Ruby Rose, JB Blanc and others, Animation, 85mins, English w/English subtitles, Rated: G
In a magical faraway land, in a picturesque little village nestled among green meadows and rolling hills, lives a flock of carefree sheep. But their pastoral and stress-free life is interrupted when a pack of wolves sets up camp in the nearby ravine.

WOOODY ALLEN Film Festival @ Ciné-Club
Ciné-Club - Sunday 9 July, 8:00 pm:
• STARDUST MEMORIES
USA, 1980, Dir. Woody Allen w/Charlotte Rampling, Woody Allen and others, Comedy-Drama, 89mins, English w/English subtitles, Rated: PG
Loosely based on Fellini’s 8 1/2, this film focuses on filmmaker Sandy Bates, who is suffering from a major creative block. The film follows Sandy as he attends a weekend retrospective of his films, where he is continually harassed by fans, friends, lovers, and studio executives.

Rating codes we often use are from Motion Picture Association of America (MPAA): G-General Audiences, PG-Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. Pl make a contribution to “Cinema Paradiso” account (#105106) at the Financial Service.
Thanking You, MMC/CP Group · Account# 105106, mmcauditorium@auroville.org.in
**The News&Notes is available for all to download from the Auroville website at [http://www.auroville.org/contents/4186]**

The archives are found at [http://www.auroville.org/contents/186](http://www.auroville.org/contents/186) And regular events at [http://www.auroville.org/contents/4201](http://www.auroville.org/contents/4201)

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**Auroville Emergency Contact Numbers - Save them in your phone now!**

→ Auroville Safety and Security Team: 9443090107 (Email: avsecurity@auroville.org.in )
→ Ambulance: Auroville: 9442224680 - Pims: 0413-2656271
→ Farewell: mobile number: 8903836246. reachable 24/7.

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**Important information about News & Notes**

**(Absolute deadline for submissions or cancellations: Tuesday 5pm)**

The contents of News & Notes are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

**How to submit material**: Material (no pdf files, please) may be sent (in English only) to the editors or to phone 2622133 if you want to give it a try or to send your ideas/feedback.

**Please try your best to send your announcements, reports, film schedules whenever they are ready.**

The Tuesday deadline (5pm) is absolute as the News is given to the printers by Wednesday 2 pm.

Any modifications of the submitted News items have to be sent to the editors before Wednesday.

**Articles for the Notes section** should ideally be no longer than 500 words. All articles and reports need to reach us by Tuesday noon.

**Extra Page Requests** have to reach us by Monday, and will be met only if space allows. Extra contribution requested.

**Soft Version**: We encourage you to ask us for a soft version of News&Notes sent directly to your own mail. Or to download it from the Auroville website or Auronet (see links above). First, it saves trees, labour, petrol, and money (over Rs 25.000 monthly are spent only on purchasing paper&ink) and labor (more than 900 copies are printed every week). Secondly, the PDF file (with full colors and clickable links) is ready earlier than the printed version which is delivered only on Friday and Saturday. Don't hesitate to mail: newsandnotes@auroville.org.in or to phone 2622133 if you want to give it a try or to send your ideas/feedback.

**Disclaimer**: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation giving or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

News & Notes, Media Centre, Town Hall. Phone: 0413-2622133, email: newsandnotes@auroville.org.in

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**ACCESSIBLE AUROVILLE PUBLIC BUS – JULY 2017**

**Pondy Trips (summary. See full schedule on Auronet)**

The usual stops are served along the way: Matrimandir office gate, Solar kitchen, Certitude, Kuilapalayam, New Creation Junction, Kuilapalayam (SBI Bank ), (Former) Last School, Quiet, Lotus Hotel

**Morning Trips:**

MONDAY to SATURDAY

<table>
<thead>
<tr>
<th>Dep. 8.20 am</th>
<th>Vérité</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arr. 9.05am</td>
<td>Ashram Dining Hall</td>
</tr>
</tbody>
</table>

| Dep. 12.00 pm | Ashram Dining Hall |
| Arr. 12.45 pm | Vérité |

**Afternoon Trips:**

WEDNESDAY & FRIDAY

<table>
<thead>
<tr>
<th>Dep. 4.20 pm</th>
<th>Vérité</th>
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</thead>
<tbody>
<tr>
<td>Arr. 5.05pm</td>
<td>Ashram Dining Hall</td>
</tr>
</tbody>
</table>

| Dep. 8.10 pm | Ashram Dining Hall |
| Arr. 8.55 pm | Vérité |

**Short afternoon Trips:**

MONDAY & SATURDAY

<table>
<thead>
<tr>
<th>Dep. 2.50 pm</th>
<th>Vérité</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arr. 3.35pm</td>
<td>Ashram Dining Hall</td>
</tr>
</tbody>
</table>

| Dep. 6.00 pm | Ashram Dining Hall |
| Arr. 6.45 pm | Vérité |

**BEARS**

78 mins / English / 2014 / Directed by Alastair Fothergill & Keith Scholey

In an epic story of breathtaking scale, Disney nature's new True Life Adventure “Bears” showcases a year in the life of a bear family as two impressionable young cubs are taught life's most important lessons. Set against a majestic Alaskan backdrop teeming with life, their journey begins as winter comes to an end and the bears emerge from hibernation to face the bitter cold. "Bears" captures the fast-moving action and suspense of life in one of the planet's last great wildernesses-Alaska!

(Reminder: Friday 30/06 - Virunga)

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at (0413) 2677682 or 2677683 or sadhanaforest@auroville.org.in or visit us online: [http://sadhanaforest.org](http://sadhanaforest.org) / [https://facebook.com/sadhanaforest](https://facebook.com/sadhanaforest)

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**Free 100% vegan organic dinner!**

**Recent work!** After the film you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! Before the movie, at exactly 16:30 you are welcome to join us for a tour of Sadhana Forest and an update of our most recent work! After the film you are welcome to join us for a free 100% vegan organic dinner!

**The Eco Film Club**

Sadhana Forest, July 7th, Friday.

Schedule of Events:

16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
16:30 Tour of Sadhana Forest
18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
18:30 Eco Film Club begins with “previews” of short Sadhana Forest films
20:00 Dinner is served
21:30 Free bus from Sadhana Forest back to Solar Kitchen

Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film you are welcome to join us for a free 100% vegan organic dinner!

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**News&Notes 1st July 2017 [704]**
REGULAR EVENTS IN JULY

Note from the editors:
The Regular Events column is printed once a month, and sent via pdf/published online weekly.
Guest-houses are kindly requested to put this section up on their notice boards for their guests.
Kindly inform us of any changes/cancellation of your event, or if you want your regular event to be added to the listing
**NEW: now online Regular Events! [http://www.auroville.org/contents/4201]**

The schedule of events for the week can be accessed by all, including Guests and Visitors, on the AuroNet login page: [www.auroville.org.in](http://www.auroville.org.in)

## Auroville Akido
Will restart early July. For Children classes & general info, please write to [budokan@auroville.org.in](mailto:budokan@auroville.org.in).

## Alcoholics Anonymous:
Meeting (open) every Saturday 6pm, Centre Guesthouse (Merriam Hill Centre). Contact: Ingrid 9443643976 or Shankar 9442010573.

## Authentic Tamil culture:
Meena, a Tamil Aurovillian, offers courses every Sunday morning to explore the beauty of the authentic Tamil Culture. Meeting point: Courage Gate. The course can be tailored to your choice including: 1. Cooking lessons, 2. How to make kolam, 3. How to wear a sari, 4. Henna design on hands and feet, 5. How to make flower garlands 6. Tailoring. If you are interested, please call Meena to talk about the details of your class and fix the time. During the day call: 9787702180, after 5 pm you may use the landline: 0413 2623263.

## AVYA Auroville Youth Activities:
a brand new website presenting the regular Youth Activities available in Auroville: [youthactivities.auroville.org.in](http://youthactivities.auroville.org.in). The primary goal is to provide the Auroville community (especially children/parents), with an organized and simple overview to become aware of the Activities available in Auroville, for the AV Youth. If you wish to add your activity to the website, kindly send your contact details (sport, name, phone number, email) to [youthactivities@auroville.org.in](mailto:youthactivities@auroville.org.in).

## Bharatnatyam classical dance classes At Yatra Arts Foundation
Every Saturday evenings 4.30pm to 5.30pm and on Sunday mornings 9.00am to 10.00am.

## Brahamanapati kshetram:
The Mother and Sri Aurobindo Centre is launching regular activities: Every Thursday meditation 6.00-6.60 pm - Every first Sunday of the month reading circle from 5.30 pm led by Bhuvana Sundari in Tamil and English (for directions kindly consult Google maps at this link: [here](#)).

## Body Care In Auromode:
Facial treatment - cleaning, scrubbing, massage, moisturizing mask, rejuvenating mask, deep cooling mask, Exotic SPA - Scrub, Wraps (chocolate, Tropicana). All used materials made from natural and organic products. Body Treatment - Cup massage. For more information contact Svetlana +919344639707

## Buddha Garden Activities:
We have an Introductory tour every Monday at 10.00 am until lunch time. Walk around the farm and see how we grow our organic food. For further details contact Priya: [priya@auroville.org.in](mailto:priya@auroville.org.in).

## Capeira (Group Ginga Saroba):
Join our Capeira family! Classes open to all levels, led by Prof. Samuka da India and his students:
- **ADULTS**: Monday: 5.15 PM - SAWCHU (Bharat Nivas) | Tuesday & Thursday: 6.00 PM - Deepanam School

## Capoeira (Group Ginga Saroba):
led by Bhuvana Sundari in Tamil and English (for directions kindly & Thursday: 6.00 PM – Deepanam School till 9 pm. Every Friday at 4.30pm: Transformational yoga.

## Chinese fire cupping /Moxibustion Therapy:
Fire cupping(火罐) and Moxibustion (艾灸) are both ancient therapies based on TCM theory. They can remove one’s blockage and accumulated toxin from deep inside the body as well as improving your immune system, effective in acute and chronic internal organ disorders such as pain, stiffness, fever, chills, nausea, vomiting etc... By appointment only, Chun: 80989-00708 / chun@auroville.org.in Arka Wellness Center

## Coaching and Personal development based on NLP with Christine
5:30 pm - 6:30 pm, at New Creation Resource Center. Contact: Ingrid 47 72 27 40

## Creativity Atelier - Life Drawing Circle:
Time: Tuesdays, 5.30pm to 7.30pm. Venue: Creativity Atelier. Creativity Community. Fees: Voluntary Contributions to Materials and Model. All are welcome to immerse themselves in our intense and inspiring session of Life drawing. The idea is to explore one's creative self in a friendly and fun environment. This is not an instruction based class. A model and basic drawing materials will be arranged for. We seek your generous donation to maintain the well-endowed studio and sustain the enriching experience. We also welcome those who would like to model for our artists. You need not necessarily have prior experience to pose for few drawings. Moreover, you get to enjoy many creative manifestations of yourselves while you indulge yourself in a quiet and meditative sit-in moments. For more information or to book yourself, please contact Lakshay on 9810052574. Cheers!

## Cuban Salsa:
Learn and practice Cuban Salsa, every Wednesday, 6-8 pm, at African Pavilion. Class is Free and all are welcome. Instructors: Mouhsine & Camilla. For questions, email serrat@gmail.com

## Dance Fitness:
classes have started again in New Creation with Elodie. Tuesday and Friday from 5pm until 6pm. If you want to have fun and be active see you there!

## Eco Femme open session:
Eco Femme welcomes you on every Thursday from 10.30 am to 11.30 am for a small talk about our work, sustainable menstrual products and menstural experiences. Contact number: 9487179556

*“Evening” Farmers Market: The Saturday Market is now OH in the cooler evening! Every Saturday at the Youth Center, 6pm - 8.30 pm, along with the Pizza Night. A community celebration of local food & creativity. Yummy organic veggies and hand-processed food from AV Farms, eco-green products, fantastic jewelry, snacks and kefir, handmade clothes, music, etc. See you there. YC 0413-2622857
Feminine dance for all women: in Cripa, Kalabhum: Tuesdays at 4 pm in addition, a class is held by Priscilla on Fridays at 7:15 am. Feminine Dance has historically been a mystical art, a dynamic method to explore the energies of the Universe. We will create an opportunity to reconnect joyfully to our body, reawaken the flow of feminine energy, move to the living pulse of life and have fun in the loving presence of other women. Bring comfortable dance clothes. A flowing skirt and hip scarf are recommended. galit@auroville.org.in

Flamenco in Cripa Every Wednesday: From 3:15 to 4:45 pm. We will practice the flamenco position and attitude for dancing, the movements of hands, arms, body, legs and foot. We will listen to flamenco music to understand the roots of this dance. We will create a flamenco choreography. Come and enjoy with us, Flamenco team.

French classes at Savitri Bhavan, House of Mother's Agenda: French classes at House of Mother’s Agenda, every Monday and Friday from 3 pm to 6 pm.

From the Food Lab: Horizon. (in front of Sve-dame). Mon, Tues, Thurs. 4.00 to 6.00 pm. Call Lorenzo before coming to 09443362274. All relevant information about the after effects of food on your body for e.g. allergies, intolerance, chronic pathology. Homeopathic Immunopharmacology is available.

Games! An evening of fun board games. Every Friday from 6:30 pm onwards, upstairs at le Zephyr restaurant in Visitors Center. We have many games already! Bring yours if you have!

Hatha Yoga classes @ JOY GH: The classes will be geared towards achieving a balance in our energies. Education about the body, mind and breath and yoga asanas, sequencing and their benefits with an introductory part. We will also enjoy a little chant with a pranayama practice. The classes will be on Mondays and Fridays from 4:30 to 6:00 pm. First class will be on the 3rd of April. Thought by Sakshi. For more info: 9487272393, Joy Team.

Heartbeats - Dance Therapy with Julie, until April 27th (except April 6th). Thursdays from 5-6:30 pm, Sankalpa Art Center (behind Pavilion of Tibetan Culture, International Zone). Come explore your inner rhythm and move to the beat of your heart. Be guided through movements and music that will bare your soul while letting go of dancing to impress, instead dancing to express. Julie facilitates private coaching and dance therapy sessions, workshops and retreats across the world, combining her strategy consulting background with a passion for yoga, dance and meditation.

Hindi & English Class: Learn to speak, read and write Hindi at New Creation every Sunday at 1:00 pm to 2:30 pm. Contact Shiv: 9884035536 at Reach for the Stars. shiv.godi007@gmail.com

Hip Hop Class: Hip hop classes for Children at New creation Dance Studio. On Tuesdays: 6 pm to 8 pm and Saturdays: 4 to 5 pm - For more information call: 9786167917.

Leela, the Game of the Self Knowledge (a 2000 years old game!): Come and play the Game of your Life! Sundays, 9.30am to 12.30 (above 15 years old), in SVE DAME, at the Butterfly Barn. English, Spanish, French, Italian, German and Russian versions all available. Contribution kindly asked. Always better to call before to confirm, please contact Veronique J. 948 85 12 678 www.leelatethegame.blogspot.in

Mandala & Meditation: Daily practice from 4:30 to 5 pm, at Art Cart (VC) on Tuesdays/Fridays, Sankalpa Art Center on Mondays/Wednesdays/Thursdays. A simple co-creation and affirmation practice, bringing awareness within community through metaphor of an impermanent artform. Open to all.

Meditation for Peace and Healing: Join us from 5:00 to 5:45pm every Thursday around the Peace Table at the Unity Pavilion to build and hold a Collective Space for Healing and Peace. Please offer our Respect and Support to help in this collective experiment, whether you need healing yourself or simply want to support others in their healing and well-being.

Mudra-Chi Workshop: A body Prayer in a Tai-Chi Form. First Sunday of each month, at 5 p.m. At Savitri Bhavan. Facilitator: Anandi .For further information or Special Classes, contact me, anandi777@auroville.org.in


Odissi & Semi-Classical Bollywood Dance Class With Tejas: Private Dance Classes at the Shakti Dance School in Felicity. Learn grace, discipline, and the beautiful temple dance of east India. +91-8489477222. tejas@shaktidancetroupe.com.

OM Choir: Paused in May

Pavilion of Tibetan Culture - Wednesday dinners: As usual we request you to register with us at 0413 2622401 or send an email to: kalsang@auroville.org.in

Pilates with Savitri: at New Creation Dance Studio on Mondays at 5pm, basic level - on Tuesdays at 7.30am, intermediate level - on Saturdays at 7.30 am, basic level. savitri@auroville.org.in

Pilates with Teresa: At Arká. All classes last one hour. Tuesdays, 7:30am: focus on breath & use of the core - Tuesdays, 10am: General class - Wednesday 5:30pm: General class - Thursdays, 7:30am: focus on alignment - Thursdays, 10am: general class - Fridays 5:30pm: advanced class only for regular practitioners - Saturdays, 10:00am: General class. **Advance, medium, beginner... everyone is welcome!!** Teresa: 7867998952 /teresa@auroville.org.in

Psycho-spiritual work, tarot and other sessions: To bring more clarity and freedom on life issues where there was confusion and entanglement in order to allow new steps in life. Tarot, deconditioning self-inquiry,” inner personalities’ discovery and balancing , guided meditation and other tools...by Antarjyoti in English or French, tel(land): 0413-262 37 67 or email: antarcalli@yahoo.fr

Quantum Shiatsu Massage: With Sami A. Latzeck. www.auroville-holistic.com. Contact us by mail for more info: contact@auroville-holistic.com

Réception Francophone: Tous les mardis à 17h:00 à 18h30 à La Terrace, en haut de la Cuisine Solaire, Ananda et Michiko sont à la disposition des visiteurs francophones qui voudraient poser des questions sur Auroville. Les Aurovilianes et Newcomers francophones peuvent aussi participer.

Regression Therapy with Sigrid Lindemann. www.auroville-holistic.com. Contact us by mail for more info: contact@auroville-holistic.com.

Restorative Circles (RC): workshops, practice groups, calling a live circle, and other questions. Contact Laura: 9442788016, restorative@auroville.org.in, www.facebook.com/RestorativeAuroville

Salsa in Cripa: Salsa dance class led by Vijay, followed by practice time. Every Tuesday 6pm-7:30pm. At Cripa in Kalabhum. Open to all: Aurovilian, Volunteers, Newcomers, and Guests! (on contribution)

Sankalpa Art Cart (parked on the Visitor’s Center stage, next to cafeteria) Tuesdays and Fridays from 4-6 pm, Wednesdays from 10 am-12 pm. An open and welcoming space for creative expression and connection through various media, for all ages and no art experience necessary.

Sanskrit Mantras: at Joy Community GH Hall, Centre Field. Drop in classes on Thursday at 6:15 to 7:15pm and Regular Classes on Friday from 6:15 to 7:15pm. Chanting Mantra is performing an ancient prayer. Through the harmonic rhythm, repetition and participation in the chant, the mind gains clarity, the ability to concentrate increases and a person becomes more tranquil. Through daily chanting the mind gains qualities which are essential for students of Yoga & Spiritual Scriptures. The specific pitches and rules of intonation and syllabic length will be learned in these classes in the traditional way.

Satsang: a sharing for spiritual upliftment; Savitri Bhavan, Saturdays 5-6:30 pm

Singing & Dancing Celebration around the fire in Yatra 2017: Joyful spiritual songs from all over the world - keyboard and drums - Bring your instruments and join us! Every Thursday at 7.30 pm at Yatra - Near NewVreation Sports ground/La Piscine. Osiva: 919629832216

Skyworks: Tree Climbing Workshops: RECREATIONAL. You want the experience without learning all the knots? The ropes are already positioned in the trees. The knots are tied and tested...
before you hook on. After being fitted with your saddle and some
short instructions on safety and climbing techniques, you are off
and climbing! Kids of all ages welcome. ADVANCED You want to
learn the ropes and get off the ground. During class we teach both
the double and single ropes techniques plus demonstrate many of
the new climbing devices available. You will learn to install the
ropes in the trees, tie and use several climbing knots and ascend
and descend both with the knots but also with ascenders and
descenders. For conditions@appointment call Satyajit 8943319260

Solitude Farm activities:
• Weekly farm tour with Krishna - Saturdays 11:30am
• Cooking workshop to learn how to use local, traditional
ingredients and their nutritional benefits - Saturdays 3pm
• Volunteers welcome! Drop by to visit or call Krishna 9843319260

Somatic Explorations with Maggie: Every Wednesday from 5-6 pm
in Vértex Hall. A gentle, easy and effective way to gain more ease
in the body, better posture, flexibility, coordination, wellness, and
balance, resulting in a decrease of the aches and pains commonly
attributed to stress, injury and aging. Open to all, for further info
call 98406 23465

Sound Bath - Unity Journey: no session in May

Sound Massage and Bath With Tibetan Singing Bowls: Lying on a
mat with bowls of different pitches, sound energy flows right
through your cells forming a beautiful OM harmonic cocoon of
peace, melting away tightness and discomfort while tuning you up
to its healthy grounding vibrations. The powerful bronze bowls take
us deep inside into our true home…. Info & booking for guests: Antarjyoti , tel (land)(0413)26237 67. Mail: antarcall@yahoo.fr

Sound Therapy and Exploration in the Body for Self-Healing:
Harmonizing and restoring healing sessions through the magic of
the sounds from a specially designed sound bed and other music
instruments that enhance the self-healing powers of your
being….The aim is to put you in a state of relaxation which enables
you to see or feel yourself deeply according to your own
awareness. In addition to the sound journey, you will be guided
through your body to explore new dimensions which has an action
and a benefit on the 3 levels: Physical, Energetical and Mental.
This exploration based on the concepts of Chinese Medicine will
help you reconnect with your organs and holistic being. In case of
emergency I may help releasing sciatica pain (“Ischias” in German).
To book your appointment, please call Isha at: (0413) 2622192 /
(+91) 99433 05092

South Indian Classical Dance (Bharatnatyam): Bharatnatyam dance
classes offer by Bharatnatyam Dance classes offered for beginners.
Weekly twice. The classes are offered for children and adults. If
you are interested please contact me after 4pm on my mobile.
S.Caveri:7958368514

Spanish Tertulia: A gathering for cultural exchange, every Friday
from 4pm to 6pm at La Terrace. We welcome anyone interested
in Spanish culture and those who practice colloquial language.

Spiritual coaching with Sitara: tools: Bach flowers, mandala
affirmation work, spontaneous writing, hypnosis, meditation,
visualisation and yoga. For appointment contact Sitara
9751798408 sitara@aurovillle.org.in

Spontaneous Singing with Antoine: Paused until Aug 16th.

Sunday Farm & Forest Walks: no walks in May

Tamil Literary Classes and Craft Lessons: Ilaigarnkal Education
Centre organizes Tamil Literary Classes every Thursday evening 5
pm-6 pm. Regular attendance is appreciated. Lectures by seasoned
professors in Tamil Literature, History and Culture are opened to
all Monday through Friday any time Also classes on languages,
sewing, drawing, painting and simple handicrafts for Auroville
workers and Aurovilians interested. Contact us to organize classes
according to your schedule. Phone No: (0413) 2623 773. Email:
tamil@aurovillle.org.in. R. Meenakshi ( Ilaigarnkal Education
Centre)

TAI CHI HALL @ SHARNGA: There will be no Tai Chi classes from
May 23 to August 7. The last class will be on May 22 Monday
and the first class (next) will be on August 8 Tuesday.
taichil@aurovillle.org.in

Tanseikai Aikido in the Auroville Budokan: Tanseikai Aikido will
take its summer recess from May 20th. Classes will resume after
July 20th with a new timetable. The new hours of
practice will be announced in due time.

Tea Gathering: Experience and learn the East Asian way of
drinking and serving tea - The art of sharing joy and peace
through a cup of tea with your friends will change your perspective
towards tea - Every Saturday 2 pm to 5 pm. Booking is required.
Approx. 1 hour for each session, please choose your time slot. Book
at: 7868825918 or 04132622192 /
francesco@gelatofactory.in - Venue: Gelato Factory main Auroville
road (near Auroville Bakery and Farm Fresh), Kuliapalamy
[www.artfood.in]

Thai massage to re-harmonize the energy and heal with Christine
P. Registration & info: contact@aurovillle-holistic.com, Christine
P: 9489805493 / www.aurovillle-holistic.com

Ultimate Frisbee: Monday, Wednesday and Saturday at the Gaia
Sports Field 4.30 pm to sundown (turn left before Gaia
gallery entrance) . Helps improve stamina, hand/eye coordination,
and focus through running, throwing, & catching the disc; along
with patience & teamwork and Spirit of the Game. Bring running
shoes if you have them. Contact avultime@aurovillle.org.in with
any questions or just come ready to play!

NEW! Ultimate Frisbee women’s team training: Sunday 4-6 pm

Veena Musical Classes: One of India’s most ancient string. Regular
veena musical classes by Ravi for everyone, Children & Adults, at
Yatra Arts Foundation, near New Creation sports ground. Every
Friday evening from 5pm to 7pm. Contact: 0413- 2623071 /
9786772209

VocalYoga, Nada Yoga and Sacred Chanting: Mondays and
Tuesdays, 2 to 4pm In Creativity hall of light. Explore and learn
how to use your vocal instrument according to Italian Masters of
the voice in a yogic approach. Nada Yoga teaches us to perceive
sounds in different parts of the body connected to energetic
channels. These ancient Yoga techniques re-align the energy flow
give peace and serenity. Allow people who sing out of tune to sing
well. Learn: Mantras,Kirtans, Bajhans. Contact: Hamsini®ONLY APOINTMENT
9487544184.

WARAKU Practice in Auroville Budokan: Waraku practice will
take its summer recess from May 20th. Classes will resume after
July 20th with a new timetable. The new hours of
practice will be announced in due time.

Youth Entertainment Program presents the YEweek: a program
especially designed for guest kids, to enjoy their stay, and discover
Auroville. We will take them from place to place, where the kids
will participate in various activities facilitated by Aurovilians. This
program (Monday to Friday, 8:30 am to 12:30 pm) offers a good
balance between visits, activities and free playing time. Joyfully,
Yep Team (+91-9626565134)

The Youth Center Pizza Nights are on Fire: And so is the fire
wood oven, so when Saturday evening 7 pm comes around, get
your chappals on and kick your bike to life (or jump on your cycle),
follow your nose and you’ll end up at the right place! We have
pizzaiolos rolling out doughs by the second and a precisely highly
trained group of hands sprinkling the pizzas with all kinds of
toppings and tasty Auroville cheeses. And lots more, so see you
there!

Vinyasa Yoga: - at Creativity Hall of Light, every Thursday from
4 pm to 5.30pm. This style is sometimes also called flowyoga,
because of the smooth way that the poses run
together and become like a dance. Please come and enjoy the
classes.

NEW! Vinyasa flow Yoga classes with So-You at Creativity HALL
OF LIGHT. The class is based on alignment of iyengar and flow of
Ashtanga. It remains authentic to ancient yoga tradition while
overcoming modern challenges. After class, you will be So Young!!
Schedules, 17:30-18:30 starting in May 2017

Tuesday - Vinyasa flow lv.0
Thursday - Vinyasa flow lv.1

Aurovilians and Newcomers free of charge.
Volunteers 100 rupees. Guest 200 rupees.
Please, park the motorcycle in Creativity garage.

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