News & Notes

09th July 2016..................A weekly bulletin for residents of Auroville..................Number 655

Know Your Snakes!
I was at the Origin - I WAS the Origin. For more than two hours, consciously, here on this bed, I was the Origin. And it was like gusts - like great gusts ending in explosions. And each one of these gusts was a span of the universe. It was Love in its supreme essence - which has nothing to do with what people normally understand by that word. And each gust of this essence of Love was dividing and spreading out... but they weren't forces, it was far beyond the realm of forces. The universe as we know it no longer existed; it was a sort of bizarre illusion, bearing no relation to THAT. There was only the truth of the universe, with those great gusts of color - they were colored - great gusts colored with something that is the essence of color. It was stupendous. I lived more than two hours like that, consciously.

And then a Voice was explaining everything to me (not exactly a Voice, but something that was Sri Aurobindo's origin, like the most recent gust from the Origin). As the experience unfolded, this Voice explained each gust to me, each span of the universe; and then it explained how it all became like this (Mother makes a gesture of reversal): the distortion of the universe. And I was wondering how it was possible, with that Consciousness, that supreme Consciousness, to relate to the present, distorted universe. How to make the connection without losing that Consciousness? A relationship between the two seemed impossible. And that's when that sort of Voice reminded me of my promise, that I had promised to do the Work on earth and it would be done. “I promised to do the Work and it will be done.”

Then began the process of descent,¹ and the Voice was explaining it to me - I lived through it all in detail, and it wasn't pleasant. It took an hour and a half to change from that true Consciousness to the individual consciousness. Because throughout the experience this present individuality no longer existed, this body no longer existed, there were no more limits, I was no longer here - what was here was THE PERSON. An hour and a half was needed to return to the body-consciousness (not the physical consciousness but the body-consciousness), to the individual body-consciousness.

The first sign of the return to individuality was a prick of pain, a tiny point (Mother holds between her fingers a minuscule point in the space of her being). Yes, because I have a sore, a sore in a rather awkward place, and it hurts² (Mother laughs). So I felt the pain: it was the sign of individuality coming back. Other than that, there was nothing any more - no body, no individual, no limits. But it's strange, I have made a strange discovery: I used to think it was the individual (Mother touches her body) who experienced pain and disabilities and all the misfortunes of human life; well, I perceived that what experiences misfortunes is not the individual not my body, but that each misfortune, each pain, each disability has its own individuality as it were, and each one represents a battle. And my body is a world of battles. It is the battlefield.

(When this text was read to Mother, she gave the following modification :) I would prefer a word other than “descent,” because there was no sensation or notion of descent - none at all.... It could be called the process of materialization or individualization - “transformation of consciousness” would be more exact. It is the process of changing from the true Consciousness to the distorted consciousness - that's it exactly. You say it yourself: the transition from the true Consciousness to ordinary consciousness. That's it exactly. “Descent” doesn't convey the actual sensation - there was no sensation of descent. None. Neither of ascent nor descent. None at all. Those creative gusts had no POSITION in relation to the creation; it was.... There was ONLY THAT. THAT ALONE existed. Nothing else. And everything happened within That. Really, it was.... There was neither high nor low nor within nor without - none of those existed any more. There was only THAT. It was.... “something” expressing itself, manifesting itself through these gusts. Something that was EVERYTHING. There was nothing else, there was really nothing but THAT. So to speak of high, low, descent won't do at all. If you like, we could put “the process of return” ....Of return to the body-consciousness. Or of materialization.

(A bit later, regarding the Talk of August 22, 1956, to be published in the next Bulletin, in which Mother says: “When you are in a condition to receive it, you receive from the Divine the TOTALITY of the relationship you are CAPABLE of having; it is neither a share nor a part nor a repetition, but exclusively and uniquely the relationship each one is capable of having with the Divine.” Mother then adds, in a voice that seems to come from far, far away:) One is all alone with the Supreme.

¹ As we will see, “descent” is not the right word.
² Mother will suffer from this same sore for nearly twelve years.
³ Later, Mother emphasized: “I don't mean a general discovery; it concerns my body alone. I don't say that all bodies are like this, but MY body - what has become my body - is like this.”

MOTHER'S AGENDA, 13 May 1962

If the central will is sincere, each recognition of a mistake can become a stepping-stone to a truer movement and a higher progress.

Sri Aurobindo
ref. Letters on Yoga, p.1509

Cover photo by Rajeev Bhat, from his new book “Snakes of Auroville & Pondicherry” (see under “for your information” for details)
ANNOUNCEMENTS

Formation of a Temporary Feedback Review Committee (TFRC) for the upcoming selection processes

Dear friends,

The new FAMC mandate awaits implementation, the TDC is in the process of being restructured, and the AV Council and WCom will need new members this year. Considering that there are several selection processes up ahead, the AV Council feels it would be ideal to form a Temporary Feedback Review Committee now, which can be called upon for any of these selection processes mentioned above, over the period of the next few months. This would allow for the planning and implementation of these processes to flow better.

The AV Council therefore invites nominations (including self-nominations) for the composition of the new ‘Temporary Feedback Review Committee’. You can propose up to 5 names of those you feel would be ideal for this task, including yourself. They should ideally be long-term residents, show qualities such as equanimity, impartiality, integrity, credibility, idealism and actions towards the realization of Auroville, preferably not members of many working groups.

This ‘Temporary Feedback Review Committee’ will be processing/looking into all the feedback received on the new nominees (FAMC, AV Council and Working Committee, possibly TDC) as and when these selection processes are planned. All these processes are planned to be held within this year, after which the committee will be dissolved.

This ‘Temporary Feedback Review Committee’ will have 7 members, selected from the list of nominees by the AV Council. Please send your proposed names to: avoffice@auroville.org.in on or before the 23rd of July 2016.

Thank you for your participation,
Warmly, Auroville Council

From the Housing Service: Houses for Transfer

The Housing Service has the following houses/apartments for transfer:

- **Arati 1** - Victoria - Now - 121.50 sqm
  - Two-storied resident building. Ground floor: living/kitchen, toilet, store and verandas. First floor: hall, room, toilet, balcony, second floor: one bedroom
- **Arati 2** - former Francoise - Now - 113.37 sqm.
  - Apartment on the first floor: Living, kitchen, toilet area, bed room, two balconies
- **Quiet** - Hilde - Now - 100.36 sqm.
  - Semi-permanent structure with sloped thatched roofing, supported on granite pillars with unplastered brick walls in cement mortar. Living cum kitchen, toilet, sit out and mezzanine bed.
- **Sangamam** - Raji (re-announcement) - Now - 38 sqm
  - 1 living room, kitchen, bath, 1 bedroom over the kitchen and bath.
- **Vikas** - former George - Now - 45.39 sqm
  - Ground floor apartment, consisting of hall, living, kitchen, toilet, front and rear passage.
- **New Creation** - Sebastien/Child Development Centre - Now - 191 sqm
  - Single residential building, built in cement mortar. Ground floor: one bed room, one child bed, one class room, one hall cum living, one dining, one kitchen, two toilets and spiral staircase. First floor: one bed room, one store room, one office room, one office store and one toilet

For exchange:

- **Inspiration** - Vijaya - studio apartment at the second floor with balcony - 57 sqm

This is a pro bono apartment, only for exchange against another pro bono house or apartment

For more information have a look on Auronet and/or contact the Housing Service. Phone: (0413) 2622658

Public Hours: Tuesday, Thursday and Saturday 9:30-12:30
Monday and Friday 14:30-16:30
Wednesday: Closed (Housing Board in Session 9:30-12:30)

L’Avenir d’Auroville / TDC - Site and Building Applications feedback - 9th Jul 2016

The following Site and Building Applications (SA and BA) are announced for feedback from the community for a period of two weeks from the date of publication.

The announcement is made for feedback only and does not mean that the project has final approval. The final approval is given when L’Avenir d’Auroville / TDC issues an NOC (No Objection Certificate). This happens only once the feedback period is over, the feedback has been evaluated, a final decision by TDC has been reached and the necessary financial formalities have been completed. It is only after issuing a final building permission that fencing, building or any other activity on the site can start.

It has to be noted that site permission is given to reserve the site for a maximum period of two years in order to prepare a project proposal. It does not give any right to fence and clear the site unless, for practical reasons, there is a special permission of the TDC.

**Individual Projects**

**Site Applications:** No new SA

**Building Applications**
1. Suryamani, Gaia, Dismountable house on plot no. BO 15/6 for an area of 65 sq.m.,

**Collective Projects**

**Site application:** No new BA

**Building Applications:** No new BA

For additional information, please write to: avenir@auroville.org.in, call 2622-170 or come directly to L’Avenir d’Auroville/TDC office in the Town Hall.

For more information on the location of the plots mentioned above, you can find this same announcement with map(s) on the Auronet page of L’Avenir d’Auroville/TDC.

FROM THE ENTRY SERVICE - N&N N0- 655 dated 09.07.2016

We would like to inform the community that our team is happy to recommend the following persons as Friends of Auroville, Relative/Partner of an Aurovilian and Associates of Auroville. We will wait for two weeks from the date of this publication, for your feedback, before confirming.

**FRIENDS OF AUROVILLE:**
Armando MUNIZ (USA)
Aurovratana VENET (French/Indian)
Dagmar Maria ROTHER-DEGEN (German)
Jean PIETRI (French)
Johan VAN DEN BOR (Netherlands)
Jyoti MADHOK (Indian)
Nadia LABIOD (French)
Sonja BENOIT (Luxembourg)
Surbhi PATEL (British)
Vineet KAPUR (Indian)

**SPOUSE / RELATIVE OF AN AUROVIILIAN:**
Shanthi BORG (Indian)
Sriramulu KRISHNASAMY (Indian)
Dear Newcomers,
The Entry Service team would like to inform you of the timings designated specifically for you to collect or submit the Newcomer Kit. Please pass by our office in Town Hall during these hours only: Monday & Wednesday from 2 pm to 4 pm. Please return these Kits within one month or the process goes on hold. We are open for B-Forms and Recommendation letter matters, on appointment only.

For all other matters, the office is open to the public on Mondays, Wednesdays and Fridays from 10-12, except every last week of each month when we are closed to the public to do the internal office work.

The Entry Service team
(B, Chitra, Christiane, Eva, Giridev, Ishita, Neeti)

**OBITUARY**

Marika passed away
This is to inform the community that Marika of Samasti community passed away on Thursday 1st of July. She was 79 years old. She had been unwell for some time. Many of us will have known Marika as a very loving person who practised homeopathy for many years.

OM

**FOR YOUR INFORMATION**

**Auroville Handbook**

Dear friends, Prisma is about to update and reprint the Auroville Handbook. If you have any changes or new information you would like incorporated please let us know. Once again we also plan to accept advertisements, half page or full page (Rs. 5,000 or 10,000). If this interests you please send us the artwork, or make an appointment with us to design something appropriate for your unit or service.

We will be printing around 2,000 copies, which will be sold mostly in Auroville and Pondicherry in the year 2017-2018. (also available online: www.auroville.com/prisma-auroville-handbook-p-3838.html)

You can contact us by phone at: 0413-262-2296 or by email: prisma@auroville.org.in

Prisma (Design - Photography - Print)

**A Presentation of The House of Mother's Agenda**

The House of Mother’s Agenda opened its doors in 1989 in Aspiration community; since 10.8.2006 it is located at Savitri Bhavan. For 28 years we have been sending, every week to News and Notes for publication, extracts from Mother’s Agenda, The Life Divine, Savitri, The Synthesis of Yoga, and Entretiens. At the same time we read every Wednesday at Auroville Radio, in French, extracts from Sri Aurobindo and Mother since 14 August 2014. Weekly we listen three times for one hour to the recordings of Mother’s Agenda or Questions and Answers in French. We teach French to children on Monday 3 h to 4 h. For adults these classes take place on Monday 3 h to 4 h. For adults these classes take place on Monday, Friday and Saturday from 5 h to 6 h.

We lend the books of Sri Aurobindo and Sweet Mother as also CDs of Mother’s Agenda and Questions and Answers in French to Aurovilians and Indian voluntaries. Some people also ask us for research about some topics to which we reply. Moreover, we study the three classes by Shraddhan in French, The Life Divine and Savitri every week.

With Love,
GangaLakshmi

[Savitri Bhavan, House of Mother’s Agenda.]

"Snakes of Auroville & Pondicherry”

SAIER is pleased to announce the publication of a new book: “Snakes of Auroville & Pondicherry”, by Rajeev Bhatt. It is a field guide to the 20 most common snakes in Auroville, with large color photographs and other identification tips. The book also includes information on how to handle snakes at home, how to tell apart ‘look-alike’ species, and what to do in case of a snake bite.

The book is available for Rs. 150 from the bookstores, PTDC, and the SAIER office.

**POSTINGS**

**IMPORTANT NUMBERS: AMBULANCE AND SECURITY**

Please remember to save these numbers in your mobile phones:

*Ambulance*: Auroville 9442224680 - PIMS 2656271
*Safety & Security*: 9443090107 - 9443362691

**ATTENTION: Farewell Cell Number**

Members of the community need to be informed that the number of the Farewell Cell Phone is: 8903836246. This phone is reachable 24/7, with different members of the Farewell Team attending it.

**Bhavishyate**

(Sri Aurobindo Center of Studies - Bharat Nivas)

INDIA: past, present and future challenges: Open sessions anchored by Mona since January 2016. We wish to inform that there will be no INDIA sessions for the month of July. We will let you know when we plan to have the next session. Those interested please send a mail to mona@auroville.org.in or cicbn@auroville.org.in to be included in the mailing list for announcements on the next topics.

**Contact Number for Shanti (Creativity)**

I no longer have the use of the cell phone I had borrowed, so a SMS will not reach me. To contact me, please use only my home phone (0413) 2623 314 or shanti@auroville.org.in.

Thanks, Shanti (Creativity)

**Musical band**

We have openings for a new musical band currently for bass, drums & keyboard. To schedule an audition please write to Martin Gluckman at: sri@auroville.org.
Available

Star Kitten
A 3 month old kitten with very good vibes, cuddly and well trained, is looking urgently for his new family to share lots of love and fun. Contact: 8529561877.

Isora

Magic Kittens
Hi, I have 2 magic kittens for you. Vispo is most probably a boy, fully white with a small tiger crown on the head... he was the first born and he is clearly the most daring... friendly, playful, adventurous and joyful. Chocolate is most probably a girl, sweet, gentle, calm and tender, she really loves to be in your arms all the time, she is 1/2 white and 1/2 tiger with a very beautiful pattern on her back. Once you meet them you'll know why they are magic. Their mama is Lilli, my cat and she is teaching them so well, they are perfectly toilet trained, most comfortable with children (they grow up with me and my friends) and they never cry!! Call 2622800 or 9442032130 - Love, Nitimey - 6 years old

New World Seedlings, Mangoes and Pineapples
Baraka community has beautiful mangoes and pineapples to sell along with tasty mango jam. For ornamental tree lovers, we also have very nice New World (Latin Name: bixa orellana) tree seedlings ready to be planted by the next rainy season to come. Please pass by ☺ Mornings 8:30 am to 12:00 (except Sundays). Baraka team

Hello, I am Thomas living in Joy Guest House presently, and I am looking for a house sitting opportunity from mid-August-September for a long period, as long as possible, for two persons. Please contact me: 9487340778 or giacomoauvrole@gmail.com

A German Teacher
Hello! I am Udhayane, living in Pondicherry. I am looking for a German teacher who can teach me to improve my German language. I have completed B1 level in German, but still I would love to learn a lot in German. For further discussion please contact me at: 7708224552/ udhayvasse@hotmail.com. Thank you!

A Cot
One plywood cot available. Contact: after 6.30 pm: 2623082, and between 10 am to 1 pm: 9442934306. Varadharajan

An Electro Acoustic Guitar
I am selling a guitar, a Washburn Electro Acoustic. Also a multi-effect pedal ZOOM 505, for electric guitar. Kind regards, Eric. Svedam, 9442646230

Chinese-made moped
Sun/rain cover, red colour. Contact L'aura: 9442788016, laura.joyful@gmail.com

Blue Denim Pepe Jeans wallet (Lost): with Rs 6,500 cash, driving license, debit card, Adhaar card & a Sim card. Lost around 8 pm at African Pavilion on Thursday 1st of July. Contact Shubham Jain, Ph: 99 8355 1809.

House-sitting 2
Hello! I am Maanas and I have been in Auroville for 4 months now and would love to extend my stay. Currently, I am house-sitting in Maitreye. I can take care of your pets, plants and keep your home clean and safe. Looking for house sitting for 1-4 months. Contact me at: maanasisshankar@gmail.com

House-sitting 3
Hello, I'm Giacomo, visiting Auroville since 2006 and living here continuously since 1 and a half year, planning to apply as Newcomer. I'm working for CIRHU and Auroservice... and I give a helpful hand to TLC and Security and Safety Service. I'm looking for a house sitting opportunity from mid-August-September for a long period, as long as possible, for two persons. Please contact: 9487340778 or giacomoauvrole@gmail.com

House-sitting 4
I am Thomas living in Joy Guest House presently, and I am looking for a cheaper place to stay for 1, 2, or 3 months. My number is 8524959404 and my mail address is thomasbrouard@laposte.net.

Be Loved, Tom.
**Health**

**Integral Health**

Classical homeopathy  transpersonal regression therapy  child care

Sigrid will be starting July 25th with consultations; Peter is still out for a few more weeks. **Malar** is certified in homeopathy and offers consultation for homeopathic First Aid and PC remedies. **PC remedies, information medicine** for Diabetes, High Blood Pressure and Trauma have shown to be very effective. We provide 84 PC remedies for Trauma, infectious diseases and chronic diseases. The developer of PC remedies is Dr. Harry van der Zee, internationally renowned homeopath and friend of Auroville (see: www.arhf.nl).

**“Harmony and Samata”** are homeopathic remedies carrying the energies of Mother and Sri Aurobindo. The remedies and information can be obtained free of cost, just pick them up in the remedy box.

Consultations are generally held in English, French and German, and Tamil.

**Auroville Radio**

Hi dear AV Radio listeners!

Holidays are over, and soon the radio will be hosting students of Future School in their pursuit of community service over the next three weeks.

Despite the quietude of the city we managed to record some events, and our new volunteer Aswathi gives us a fresh outlook on our life, and a glimpse of bio region happenings...You might like to listen to her pieces at: [http://www.aurovilleradio.org/happy-in-auroville/](http://www.aurovilleradio.org/happy-in-auroville/). Susheela was on her usual morning ritual of grooming the plants outside and she told her story of how she came to Auroville and she opens up on how happy and contented she is here.

At the Gandhi beach, every weekend there is a brass band playing music See: [Puducherry Police Brass Band]. Otherwise Gangalakshmi has kept sharing her selections on The Mother (Selections par Gangalakshmi - 84) and we have recorded part of live music at the occasion of a Bharata Natiyam performance of six girls from Auro Amsathvani Group, dancing this past Sunday at Irumbai Sree Mahaleeswarar Temple... (See Mahaleeswarar Temple Dance) and Josh invites us to an interesting meeting on 9th of July at 3 pm at Town Hall - Fresh Fruits Potluck / All for All (All for All-How to Work Together).

**Auroville Radio Website**: [http://www.aurovilleradio.org/](http://www.aurovilleradio.org/)

**Sports**

**AIKIDO CLASSES FOR CHILDREN** - Saturday morning class reintroduced!

Dear Parents, with the reopening of the schools, we also restart our Aikido classes. Please let me know by mail (preferably) or phone if your (child/ren) will attend this year. We restart on Wednesday 6th of July.

- **Classes for CHILDREN** restart on Wednesday July 6th. Schedule is unchanged: Monday and Wednesday 4.00 to 5.00 pm for the 7-11 years old (Juniors) and 5.00 to 6.00 pm for the 11-15 years old (Intermediates). Classes are led by Surya, helped by an elder student. We are very happy to reintroduce the Saturday morning classes led by our elder students: 8 to 9.00 am for 11-15 year old and 9 to 10.00 am for 7-11 year old.

- **Teenagers above 15** are invited to the morning **Adult classes** on Tuesday 6.30 to 7.30 am, Thursday 6.00 to 7.30 am and Saturday 6.30 to 7.30 am (mixed levels). Classes are led by Murugan and John. Above 15, they can also stay with the intermediates for some time...

Some points: Please note that all students and users need to be part of the Auroville Health Fund or insured by a personal insurance. The Auroville Budokan does not receive a City Budget and a yearly contribution of Rs. 1000/- (acc# 251382) is asked to all users for its upkeep (please note that teachers and in-charge include themselves in this) and it is not refundable. Guests are required to contribute per class.

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- It is OK to practice with long comfortable pants and T-shirts (no sleeveless, no tight fitting though) for the first few classes, but if the children continue, they will have to get a ‘keikogi’ (practice suit). We do have some gis in stock (small size mostly). You may see also with Free Store (they usually give us their stock of returned ones...) and Nandini for a new one; we also now have a good tailor and great cotton material from Pondy.

For more information please visit our pages at http://budokan.auroville.org/ and/or write to budokan@auroville.org.in.

Happy to see the young ones at the Budokan soon, and remember the Adults also happily restart on 5-6 July...

Warmly, Surya, Cristo, N. Murugan, Atchuthan and Pavitra

Tennis Coaching Camp

A Tennis Coaching Camp for children and juniors will be conducted by:
Murthi in Certitude every Tuesday, Thursday and Saturday from 4 to 5 pm
For Registration contact Murthi at Certitude Tennis court or at Reve, Aurovelo.

Outdoors play develops smart brains

Studies are increasingly showing the positive role that sports can play in children’s physical and psychological development but unfortunately they have not been getting enough attention from most school managements in India. Schools generally provide just an hour of sports one or two days a week. Some of the reasons cited are that they have limited playing facilities and equipment besides having just one sports teacher for all classes working full time or part time or none at all. The same state prevails in some outreach schools of Auroville also. This can change if there is an enlightened will but that is lacking as the school concentrate most of their time, energy and funds on classroom centered education.

The pressure exerted by parents and school managements to make students succeed in exams leaves little time and attention for sports. Students return from schools in late afternoons and again stay indoors to do studies related home works. As noncompliance would make life difficult for the kids at school they avoid spending time for sports both at their schools or the neighbourhood where they live. Many students who perform poorly in the academics as well as those performing very well are sent by their parents for tuition classes in the evening. This can change if there is an enlightened will but that is lacking as the school concentrate most of their time, energy and funds on classroom centered education.

There was yet another study finding beneficent effects of outdoor sports on students reported in a newspaper recently. I am posting some excerpts as well as the link below hoping that efforts to give larger role for sports in education and make it a mandatory daily school activity may be initiated by educators:

Children who play outdoor games daily are more likely to have active brains and excel at academics, finds a new study. Time taken away from lessons for physical activity is time well spent and does not come at the cost of getting good grades, said a consensus statement on physical activity in schools and during leisure time. The study includes 21 separate statements on the four themes of fitness and health; intellectual performance; engagement, motivation and well-being; and social inclusion, and spans structured and unstructured forms of physical activity for 6 to 18 year olds in school and during leisure time.

*** Regular physical activity can help develop important life skills, and boost self-esteem, motivation, confidence and wellbeing. And it can strengthen/foster relationships with peers, parents, and coaches. ***

Incorporating physical activity into every aspect of school life and providing protected public spaces, such as bike lanes, parks and playgrounds “are both effective strategies for providing equitable access to and enhancing physical activity for children and youth,” noted the study. [Source: http://www.hindustantimes.com/health-and-fitness/make-your-kid-play-outdoors-for-a-smarter-brain-better-academic-scores/story-XAC6hubRGKt3zvbft2RumK.html]

Jothi Charles (Promesse)
INVITATIONS

BUILD FREE FESTIVAL
A one day event at Sacred Groves

Saturday, July 9th
10 am - 5 pm

How to build stuff with very little money and more fun!
Open to all free spirits, artists, craftsmen, designers, architects... anybody with an open heart!

Contact: René 9487421696 / Minki 9578321033

EXHIBITIONS

Open Art Studio invitation, Sunday 10th July

Dear friends,

I welcome you for another open studio day this Sunday 10th of July at Surrender.
I will be sharing some recent as well as older paintings in a surreal figurative style along with sketches, drawings and related writings. Some paintings will be on sale.

The studio is above the Auroville Today office in Surrender, and will be open from 9:30 am to 12:00am and from 3:30pm to 6:00 pm. If you would like to come but cannot make it during these times please contact me on 9486422616 or email me at tisamri@gmail.com.

See you there,

Amrita

CULTURAL EVENTS

CREATIVE TRAVELING SCHOOL CONCERT

"8 PM, 9TH JULY 2016 VISITOR CENTRE IN Auroville"

Le Pavillon de France presents:

“Le tableau des merveilles” by Jacques Prévert

July 14 at 7.30 pm at the Visitors’ Center
A theater play in French
With
Alain, Antoine, Aurore, Cathy, Christophe, Emanuelle, Frédéric, Lison, Natacha, Rena, Sarah, Swar, Véronique, Véronique J. & Walter
Stage director: Céline
Video: Sarah
**Talks, Seminars**

**University of Human Unity**

**BEING & CONSCIOUSNESS**

**Bhakti Yoga and the Divine Adoration**

"Adoration, Music, Verse, Dance ....
For millennia, the great sages in India have celebrated the experience of the Divine in most palpable sensuality. How & Why?"

**Dr. Sehdev Kumar**

Based on his forthcoming book, *7000 Million Degrees of Freedom*, Dr. Sehdev Kumar presents this lecture/seminar series on the nature and mystery of Consciousness with special reference to the Bhakti Movement, and in the context of studies and research in evolutionary psychology, quantum physics, neurobiology, and new explorations in music.

**About the Speaker:** Professor Emeritus at the University of Toronto, Canada, Author of Vision of Kabir, Lotus in the Stone, Matters of Life & Death: Reflections on Bioethics, Law and the Human Destiny and other books, Dr. Kumar is a Nuclear Physicist, and a historian and philosopher of Science, and a Bioethicist; he lectures extensively on topics related to Nature of Mind & Consciousness. Friend of Auroville, he also writes a weekly column, Ideas & Beliefs.


Dr. Kumar will present four weekly seminars on the following themes:

i. **I Remember, and hence I Become: Memory, Self & The Bhakti Movement:** July 8
ii. **Seeds of Consciousness & The Ground of Being:** The Bhakti Yoga & the Poetic Sensibility: July 16
iii. **The Mundane & the Sacred: Are there different Levels of Consciousness?** July 23
iv. **Stepping into the Light of Freedom:** Vision of Kabir & Mira: July 30

Venue: Unity Pavilion
Starting Date: July 8
Time: 10.00 am - 11.30 am

**1st Open Meeting to ALL people for ALL topics**

Saturday July 9th, 3-5 pm, in the Town Hall Meeting room (1st floor)

Fresh fruit potluck to discuss how to organize large group meetings to effectively empower and develop individual ideas. Bring ideas like what would be most important for you or a group to develop and grow in your own community or Auroville or globally. Seeking solutionary ideas to be presented equally in simple 3-9 minute format at least two topics encouraged. Especially ideas for initial organizing of subgroups so that more ideas have equal voice and ideas with more support can rise among the groups. All people welcome Newcomers, Volunteers, Guests and Aurovillians. Optional to bring along a few pieces of fresh fruit to share and possibly bring a mat to sit on if the groups expand out of the meeting room.

Mahalo,

Josh [Email: Jameslevenson@gmail.com with any questions]

**Classes, Workshops**

**Dance classes**

I am happy to inform you that the dance classes are starting again from Saturday the 16th of July, here are the timings:

- Friday afternoon from 3.45 to 4.45 for Transition and Deepanam kids in Cripa
- Saturday morning from 9.00 to 10.00 for young children in Cripa
- Saturday morning from 10.00 to 11.00 for adults in Cripa

If you need more information about the classes please feel free to call me at 9442395774.

Thanks, Alice

**Inner-Work-Workshop**

Introduction to the Integral Yoga of Sri Aurobindo and the Mother

- 12th July (Tuesday)
- Overview with multimedia presentation
- Questions and Answers
- Practice in Daily Life
- Complimentary Concentration Exercises
- Creative Arts, Interactive Games
- Life of Sri Aurobindo and the Mother
- Introduction to the Reference Books

Focus this week on: ’Self-realisation’

These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.

**Place:** Savitri Bhavan
**Time:** 9 am to 12 Noon (please be present by 8.50 am for preliminary study)

Led by Ashesh Joshi (Contact: 9489147202, 0413 2622922)
No Registration required (except for groups)
Fees: Voluntary Contribution
All are welcome
For details on the Integral Yoga and the upcoming workshops: please visit www.integralyoga-auroville.com

**Reiki and Reflexology Massage - By Janaka at Arka**

Every week-end. Individual course in 3 sessions also in week-days by appointment.

- **Reiki Course** activates your hands to be connected with the Cosmic Energy which cures physical diseases and the emotional conflicts through the contact. It teaches to practice self-treatment and session to other one. **Very important: Reiki is not a personal power but just an opportunity to channel the Healing Energy in one’s own Center, as in Meditation!**

News&Notes 09th July 2016 [655]
Discover what is behind the movement and the evolution of capoeira's legalization. This is only the beginning of the story...

formalized in the first half of the twentieth century following come out of the context of two principle branches that were training of combat and self-defence. Capoeira's many styles used capoeira's dance-like appearance as a way to hide their development of the art form. Some historians claim that slaves played a crucial role in the origins and early history are still a matter of debate among historians, but it is clear that African slaves played a crucial role in the development of the art form. Some historians claim that slaves used capoeira's dance-like appearance as a way to hide their training of combat and self-defence. Capoeira's many styles come out of the context of two principle branches that were formalized in the first half of the twentieth century following capoeira's legalization. This is only the beginning of the story... Discover what is behind the movement and the evolution of Capoeira with the group Ganga Saroba (Prof. Samuka da India & students)

Workshops timing
- Friday 15th of July: 4 to 6 pm - Deepanam's Amphitheater
- Saturday 16th of July: 9 to 11 am - Deepanam's Amphitheater

Details
Free of cost for all. Both days can be attended separately. Open to all (14 years old and above) - Workshop oriented towards beginners / non practitioners, doesn't require any particular physical skill. Limited places, priority given to Aurovilians / Newcomers on booking
Contact: info@ginga-saroba.com / 9488328435 / www.ginga-saroba.com

Restorative Circles Learning Community

**Building a Compassionate Justice System**
With L’aura Joy
July 16 & 17 (Saturday - Sunday) - 9.30 am - 5 pm, with a lunch break

Restorative Circles (RC) offer ways for individuals and communities to establish connection, discover meaning and recover power on profound levels. They create forums for reaching agreements that help sustain effective and nurturing relationships both personally and collectively. This Circle process has developed within the Restorative Justice (RJ) movement, which in recent decades has rediscovered and adapted ways for communities to promote responsibility and healing. Rethinking justice, and engaging with the challenge of consciously building whole system responses to community well-being, has opened up revolutionary possibilities for furthering a culture of peace. More info about Restorative Circles: www.restorativecircles.org

Conflict is an inevitable part of the diversity of life. Yet few of us individually, let alone as a community, know how to respond to conflict with behaviors that do not produce pain and damage relationships. The RC process offers a way to create community spaces for conflict that are safe and constructive, not destructive. It has been described as a straightforward problem-solving and nonviolent restoration method that demonstrates how community members can resolve their own conflicts when provided with a constructive forum to do so. The establishment of a restorative system empowers communities to consciously choose how they would like to respond to conflict before it occurs - a form of proactive, preventative conflict transformation. It enables them to choose a nonviolent response to conflict that involves the whole community in discovering their own sustainable strategies by addressing immediate as well as underlying long term causes.

Contact L’aura for more information and to register: joylivinglearning@gmail.com, 9442788016

Contact Dance Improvisation

Workshop on Saturday from 4 to 6 pm in Cripa. Discover and enjoy the rhythm of your body and the relation with the ground, the space and with other bodies. Arianna: 8524959680 / John: 8524963049

New program for creativity atelier studio

If you are a guest, volunteer, newcomer or Aurovillian and want to draw or paint on your own, you may call: 0413-262-2641 and leave your name and number on her answering machine if Audrey is not in, so she can call you back to make arrangements to use the materials and the studio. The studio is cooperative so you may not be alone when you use it.

Every other month on the second Fri, and Sat. of the month Audrey will give a two-day workshop Exploring Drawing and on the alternative month Exploring Colour. Please sign up by calling the above number and secure your place. She will not give the workshop for over 6 or under 3.

If anyone is interested in running a Figure Drawing Group in the studio please contact her.

SU JOK - BE YOUR OWN HEALER

“Su Jok is a Divine Gift. Use, Learn and Spread it to Save Health and Wealth”

Su Jok Therapy (Su: Hand, Jok: Foot) is a treatment system comprising a variety of techniques to prevent and cure illnesses and restore health without the use of drugs. The objective of Su Jok Therapy is to balance the imbalanced energies in the body and most often this is done by simply applying pressure to the corresponding points on the hands and feet.

Su Jok can be learned in a couple of hours to a degree enough to practice. A few easy steps could have you on your way to being pain free.

YATRA ARTS FOUNDATION proposes to conduct a 2-hour Introductory Session on Su Jok Therapy on Monday 11-07-2016, between 4.30pm to 6.30pm at Yatra Arts Foundation, Kailapalayam (Near New Creations Ground), Auroville.

ENTRY FREE. For Registration Call: +91 9566554644 or email: omardee@gmail.com
**THE ECO FILM CLUB**

**Sadhana Forest, July 15th, Friday**

**Schedule of Events:**
- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with ‘previews’ of short Sadhana Forest films
- 20:00 Dinner is served
- 21:30 Free bus from Sadhana Forest back to Solar Kitchen

**BATMAN V SUPERMAN (2016)**

- **Dir:** Zack Snyder  
- **Cast:** Henry Cavill, Amy Adams, Michael Shannon  
- **Genre:** Sci-Fi/Action/Adventure  
- **Rated:** PG 13  
- **Language:** English/Subtitle: English / Dur: 2.31mins

**Storyline:** Clark Kent, one of the last of an extinguished race disguised as an unremarkable human, is forced to reveal his identity when Earth is invaded by an army of survivors who threaten to bring the planet to the brink of destruction.

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**MERU**

- **Dir:** Jimmy Chin & Elizabeth Chai Vasarhelyi
- **Year:** 2015 - 87mins

**Storyline:** By September 2011, renowned alpinists Conrad Anker had convinced his two lifelong friends to undertake the Shark's Fin once more, under even more extraordinary circumstances than their first attempt. MERU is the story of that journey, an expedition through nature's harshest elements and one's complicated inner demons, and ultimately on to impossible new heights.

**VISITOR CENTER MOVIE SHOW**

**14th Thursday July 8 pm**

**MAN OF STEEL (2013)**

- **Genre:** Sci-Fi/Action/Adventure  
- **Rated:** PG13  
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Indian - Monday 11 July, 8:00 pm:
- NIL BATTEY SANNATA (The New Classmate)
  India, 2016, Writer-Dir Ashwini Iyer Tiwari w/ Swara Bhaskar, Ratna Pathak, Riya Shukla, and others, Drama-Family, 100mins, Hindi w/ English subtitles, Rated: NR (G)
  Appu is a school student and is giving up on studies, because she knows her mother will not be able to provide for her higher studies. Her mother tries hard and even enrolled her for math tuition but Appu thinks only children of rich parents become doctors or engineers and believes she'll end up being as a maid like her mother. But one day she gets an interesting classmate. Don't miss this lovely, inspiring film.

Potpourri - Tuesday 12 July, 8:00 pm:
- DURAK (The Fool)
  Russia, 2014, Writer-Dir Yury Bykov w/ Artyom Bystrov, Natalya Surkova, Yury Tsurilo, and others, Drama, 116mins, Russian w/ English subtitles, Rated: R
  This film is about a simple plumber Dima Nikitin. An honest man, he is up against an entire system of corrupted bureaucrats. Nothing really makes him stand out among the rest; may be an unusual combination of honesty and integrity that makes him as somewhat weird. At stake are the lives of 800 inhabitants of an old dorm inhabited mainly by drunks and outcasts that is at risk of collapsing within the span of the night. After arriving at the scene, Nikitin discovers that it is not a simple maintenance job, people need to be evacuated immediately. Fighting the red tape, Nikitin sets off on a night Odyssey around the town authorities.

Cultural - Wednesday 13 July, 8:00 pm:
- BLANCHE NIEGE, ballet Preljocaj
  France, 2009, Dir. Harald Krytinar, w/ Nagisa Shirai in the leading role and Sergio Dias as the Prince, ballet, 110mins, French w/English subtitles, Rated: NR
  The very famous choreographer Angelin Preljocaj is proposing a fascinating contemporary and romantic adaptation of the famous tale Snow White, rewarded as the best dance performance in 2009 on music from Gustav Malher, probably his best and most creative ballet. The sceneries and costumes are fabulous and you will be transported in the magic world of the fairy tale. An interview of the choreographer will introduce his work.

East Asian - Thursday 14 July, 8:00 pm:
- SUD SANAEHA (Blissfully Yours)
  Thailand, 2002, Dir. Apichatpong Weerasethakul w/ Min Oo, Jenjira Jansuda, Kanokporn Tongaram, and others, Romance-Drama, 125 mins, Thai w/ English subtitles, Rated: PG
  A leisurely paced chronicle of two young lovers, Min, an illegal immigrant from Burma, and Roong, a girl who works in a souvenir sweatshop, who take the day off for a picnic in the bucolic countryside. The first half of the film documents their efforts to procure medicine for Min's irritating skin condition and extricate themselves from Orr, the older woman who Roong pays to look after Min. The remainder of the film takes on the slow rhythms of their idyllic day together.

International - Saturday 16 July, 8:00 pm:
- QUE HORAS ELA VOLTA (The Second Mother)
  Brazil, 2015, Writer-Dir. Anna Muylaert w/ Regina Casé, Helena Albergaaria, Michel Joelsas, and others, Comedy-Drama, 112mins, Portuguese w/ English subtitles, Rated: R
  Val spends 13 years working as nanny to Fabinho in São Paulo. She is financially stable but has to live with the guilt of having left her daughter Jéssica, in Pernambuco, in the northeast of Brazil, raised by relatives. As college entrance exams roll around, Jéssica wants to come to São Paulo to take her college entrance exams too. When Jéssica arrives, cohabitation is not easy. Everyone will be affected by the personality and candor of the girl and Val finds herself right in the middle of it.

Hayao Miyazaki Season for Children's Matinee
Children's Film - Sunday 17 July, 4:30 pm:
- HAURU NO UGOKU SHIRO (Howl's moving castle)
  Japan, 2005, Dir. Hayao Miyazaki, w/ Chieko Baisho, Takuya Kimura, Tatsuya Gashuin and others, Animation, 119mins, English w/ English subtitles, Rated: PG
  When an unconfident young woman is cursed with an old body by a spiteful witch, her only chance of breaking the spell lies with a self-indulgent yet insecure young wizard and his companions in his legged, walking castle.

LASSE HALLSTRÖM Film Festival @ Ciné-Club
Ciné-Club - Sunday 17 July, 8:00 pm:
- CHOCOLAT
  USA-UK, 2000, Dir. Lasse Hallstrom w/ Johnny Depp, Juliette Binoche, and others, Drama-Romance, 121mins, English w/English subtitles, Rated: PG
  In a small town where life has been the same for 100 years, a war is about to break out between the tranquility of tradition and the fear of change. The shock of the new, the excitement of letting go, the dangers of denying people joy and the temptations of intolerance are aroused by a chocolatier’s delectable sweets in chocolate, a comic fable about the magical power of indulging in pleasure, the tale of several interconnected villagers whose comical confrontations and misbegotten dreams become a moving exploration of tolerance and personal liberation.

Rating codes: We often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.
Kindly do not bring food, drinks, snacks, munchies or your pets into the auditorium.

As a courtesy to the fellow viewers please be sweet and stop chatting after the film starts.
For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auerovile.org.in. We appreciate your continued support. Please make a contribution to “Cinema Paradiso” account (#105106) at the Financial Service. Thanking You, MMC/CP Group - Account# 105106, mmcauditorium@auerovile.org.in