

News & Notes

12th March 2016.....A weekly bulletin for residents of Auroville.....Number 640



HOUSE OF MOTHER'S AGENDA

This necessity arises from the fact that the buddhi is only a *pratisthā* or chief support of the ego-sense in its manifold play, *ahankāra*; but in its source it is a degradation or deformation of a truth of our spiritual being. The truth of being is that there is a transcendent existence, supreme self or spirit, a timeless soul of existence, an eternal, a Divine, or even we may speak of it in relation to current mental ideas of the Godhead as a supra Divine, which is here immanent, all-embracing, all-initiating and all-governing, a great universal Spirit; and the individual is a conscious power of being of the Eternal, capable eternally of relations with him, but one with him too in the very core of reality of its own eternal existence. This is a truth which the intelligence can apprehend, can, when once purified, reflect, transmit, hold in a derivative fashion, but it can only be entirely realised, lived and made effective in the spirit. When we live in the spirit, then we not only know, but are this truth of our being. The individual then enjoys in the spirit, in the bliss of the spirit, his oneness with the universal existence, his oneness with the timeless Divine and his oneness with all other beings and that is the essential sense of a spiritual liberation from the ego. But the moment the soul leans towards the mental limitation, there is a certain sense of spiritual separateness which has its joys, but may at any moment lapse into the entire ego-sense, ignorance, oblivion of oneness. To get rid of this separateness an attempt is made to absorb oneself in the idea and realisation of the Divine, and this takes in certain forms of spiritual askesis the turn of a strain towards the abolition of all individual being and a casting away, in the trance of immersion, of all individual or universal relations with the Divine, in others it becomes an absorbed dwelling in him and not in this world or a continual absorbed or intent living in his presence, *sāyujya*, *sālokya*, *sāmīpya mukti*. The way proposed for the integral Yoga is a lifting up and surrender of the whole being to him, by which not only do we become one with him in our spiritual existence, but dwell too in him and he in us, so that the whole nature is full of his presence and changed into the divine nature; we become one spirit and consciousness and life and substance with the Divine and at the same time we live and move in and have a various joy of that oneness. This integral liberation from the ego into the divine spirit and nature can only be relatively complete on our present level, but it begins to become absolute as we open to and mount into the gnosis. This is the liberated perfection.

The liberation from ego, the liberation from desire together found the central spiritual freedom. The sense, the idea, the experience that I am a separately self-existent being in the universe, and the forming of consciousness and force of being into the mould of that experience are the root of all suffering, ignorance and evil. And it is so because that falsifies both in practice and in cognition the whole real truth of things; it limits the being, limits the consciousness, limits the power of our being, limits the bliss of being; this limitation again produces a wrong way of existence, wrong way of consciousness, wrong way of using the power of our being and consciousness, and wrong, perverse and contrary forms of the delight of existence. The soul limited in being and self-isolated in its environment feels itself no longer in unity and harmony with its Self, with God, with the universe, with all around it; but rather it finds itself at odds with the universe, in conflict and disaccord with other beings who are its other selves, but whom it treats as not-self; and so long as this disaccord and disagreement last, it cannot possess its world and it cannot enjoy the universal life, but is full of unease, fear, afflictions of all kinds, in a painful struggle to preserve and increase itself and possess its surroundings, — for to possess its world is the nature of infinite spirit and the necessary urge in all being. The satisfactions it gets from this labour and effort are of a stunted, perverse and unsatisfying kind: for the one real satisfaction it has is that of growth, of an increasing return towards itself, of some realisation of accord and harmony, of successful self-creation and self-realisation, but the little of these things that it can achieve on the basis of ego-consciousness is always limited, insecure, imperfect, transitory. It is at war too with its own self, — first because, since it is no longer in possession of the central harmonising truth of its own being, it cannot properly control its natural members or accord their tendencies, powers and demands; it has not the secret of harmony, because it has not the secret of its own unity and self-possession; and, secondly, not being in possession of its highest self, it has to struggle towards that, is not allowed to be at peace till it is in possession of its own true highest being. All this means that it is not at one with God; for to be at one with God is to be at one with oneself, at one with the universe and at one with all beings. This oneness is the secret of a right and a divine existence.

THE SYNTHESIS OF YOGA, part IV: The Yoga of Self-Perfection, chap. VIII: The Liberation of the Spirit - SRI AUROBINDO

*The
Ponder
Corner*

29.02.1956 - 29.02.2016

Truth alone can give to the world the power of receiving and manifesting the Divine's Love.
The Mother on 29 February 1968

Submitted by GangaLakshmi

L'avenir d'Auroville / Town Development Council (TDC)

February 2016 report

Reminder: This report is a synopsis of key topics discussed in regular meetings. It does not include any communication that has been published in the News & Notes or on the AuroNet webpage of L'avenir d'Auroville / Town Development Council (TDC), such as community announcements, financial reports and site or building permissions.

Regular members: Cristo (Regional Development) is TOS, Elisa (WC representative) present one meeting a week, Jacqueline (Urban Design), Sauro (Overall Coordination and Facilitation), and Toby (Township Development).

Occasional attendees: Jan, Kaja, Spiru team (Hendrik, Edgar & Ami)

I. TDC-RELATED TOPICS

A/ Letter of information regarding TDC sub-groups/activities

Request from the TDC to the community (all services and individuals):

If and when you require work from any sub-group or activity of the TDC (ex: WAT group, survey team, etc.), please do not contact any of the individual members directly. We request you to channel your request through L'avenir d'Auroville (avenir@auroville.org.in).

II. HOUSING TOPICS

A/ Building quality guarantee

The TDC has received a letter from the Housing Service and Board recommending a guarantee of good practices with regard to building quality. The WAT team has been requested for their opinion so as to initiate related discussions with the FAMC.

III. LAND-RELATED TOPICS

A/ Kottakarai wall

The WC is looking after this topic because they are best equipped to deal with it as they have been following up since the beginning. The TDC supports the WC and the LB in their work.

IV. ROADS

A/ Windarra road

Confusion arose following the posting in the N&N announcing the upcoming conduction of a survey of the area. Several representatives of the community expressed that they do not want a road to go through Windarra as the traffic will pollute the farmland and they requested that the TDC study the possibility of constructing the road South or North of the community instead of in the middle.

The TDC highlighted the necessity for an access road to the Industrial Zone. To have all relevant data, a survey (step 1) is needed to study options (step 2). Following that, the options can be presented (step 3) to finally collect and study feedback

(step 4). Due to several plots of private land, some options can already be put aside for the moment.

Additional meetings are being organized in March with all parties to discuss this topic.

B/ Presentation on roads

The TDC has prepared a presentation on roads in Auroville, concentrating on road accesses, and has requested the RAS for a date for a general information meeting with the community. As it is not a discussion on specific roads, it is a presentation for the whole community because it touches all of Auroville.

V. REGIONAL DEVELOPMENT

A/ SWM in villages

On February 7th in Kulapalayam, a big clean-up has been held along with schools and social workers and the help of JCB and Lorries. Roughly 60% of the village has been clean. A second clean-up should be organized soon. In the evening, Yatra Art performed a play on the quirk and insight of a family dealing with waste. More than four hundred people came to enjoy the show.

During the last two weeks of February, sacks have been distributed to every household in order to facilitate source segregation between dry and wet waste. Door-to-door collection (four ladies with two tricycles under the government scheme) is currently put on hold but should start again very soon.

B/ Water Festival 2016

The TDC is promoting the 'All For WATER For All' project and contributed to organizing a mobile Water Festival for seven weeks throughout the bioregion. The inaugural day was on February 2nd and the valedictory function will be held in Bharat Nivas on March 22nd for World Water Day. Several awareness programs have been conducted in schools (puppet show, theatre, movie screening, pledge, etc.), as well as different events in the bioregion.

VI. GROUPS, ZONES, SERVICES

A/ Development plan of Bharat Nivas

The Development plan of BN was sent to the TDC for feedback and Dr. Doshi will also be requested for comments.

VII. OTHER TOPICS

A/ Waste Water Treatment (WWT) for Maitreye

A meeting was held with the TDC, Water Group, and other interested people (mostly local residents). It was agreed by all that there is an urgent need for a solution to WWT in this area. A survey, options and estimates for the 1st phase are being prepared.

B/ New office space

The TDC is working with the ACUR team regarding several projects that are in the pipe-line and the ones that may arise soon. A summary of the current stand and (short and long-term) proposals are needed.

ANNOUNCEMENTS

New Housing Board Members: For Feedback

Dear Aurovilians,

Following our call for new members to join the Housing Board representing our community at large, the AVCouncil has received the following names: Aurovici (second term), Eugene, Fif, Babu K and Prema.

All were invited for a meeting with us to understand their motivations/reasons/interest to join the Housing Board.

Please send your feedback, if any, to: avcoffice@auroville.org.in on or before 26th of March 2016.

The Auroville Council

Letter of information regarding TDC sub-groups/activities

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Yours faithfully,

L'avenir d'Auroville/TDC

Postponement of the General Meeting from March 19th to the 24th

Reg: Residents Assembly Decision Making Event on a new Entry Policy, a new FAMC Mandate and a possible Process to select the members.

Dear Community members,

This General Meeting which will be the start of a Residents Assembly Decision Making Process is postponed for one week.

The new date is: Thursday 24th March 2016, from 4:30 - 6:00 pm, at the Unity Pavilion.

The Study Group is working on a proposal which is adequate to the needs of a FAMC selection process. It is necessary because the new FAMC mandate is proposing to change the constitution from a representative system into a system where the members will be selected.

A) For the new Entry Policy (<https://www.auroville.org.in/article/55789>) you will be asked to approve separately the following sections:

- 1) How to become an Aurovilian including the Mentor Pool system
- 2) Status of Auroville Students
- 3) Status of Friends of Auroville
- 4) Status of Relatives/Partners of Auroville
- 5) Status of Associates of Auroville

The aim of this questionnaire is to allow partial approval of the Entry Policy.

B) For the new FAMC Mandate (<https://www.auroville.org.in/article/56338>) you will be asked following questions:

- 1) Approval of the new Mandate
- 2) Approval on a possible selection process proposed by the Study Group for the selection of members as proposed in the new FAMC Mandate

The Residents Assembly Decision Making policy - as approved in 2007 - will be the base of the process (<https://www.auroville.org.in/page/2007-residents%E2%80%99-assembly-decision-making-policy>).

For any further clarification, please contact the AV Council or be present for the GM on **Thursday 24th March**.

Sincerely, *AVCouncil*

L'Avenir d'Auroville: 12th March 2016

The following Site and Building Applications (SA and BA) are announced for feedback from the community for a period of two weeks. The announcement is made for feedback only and does not mean that the project has final approval.

The final approval is given when L'Avenir d'Auroville / TDC issues an NOC (No Objection Certificate). This happens only once the feedback period is over, the feedback has been evaluated, a final decision by TDC has been reached and the necessary financial formalities have been completed. It is only after issuing a final building permission that fencing, building or any other activity on the site can start. It has to be noted that site permission is given to reserve the site for a maximum period of two years in order to prepare a project proposal. It does not give any right to fence and clear the site unless, for practical reasons, there is a special permission of the TDC.

Collective Project:

Building Application Feedback:

1. **Earth Weavers - Meera Prajapati, Industrial Zone-Pony Farm, Material and Structural Design and Research**

Project writes up given by the project holder:

Project Title: "Earthweavers" Environmental Design - Material and Structural Research Design and Development.

Proposed Site Location: Pony farm

Project Holder: Earthweavers

Architect: Earthweavers

Contact Person: Meera Prajapati

Description:

Plot No: IR 280/8

Total Area of the project: 1924 sq mtrs (without canyon offset area)

Build up Area: Phase 2 - 456 sq mtrs

Target Group: Auroville and the world through Design, Research and Implementation.

Background:

Triggers:

Auroville presently do not have integrated place for different material and different structural Research, design and implementation. This project contributes in this domain and invites all interested designers and researchers in this line to be part of it.

Goals/Objectives:

- Research, Design, Implementation.
- Research on different Materials.
- Research on Building Structures to reduce concrete usage and finding alternate sustainable ways for cost effective structures as is the need of Auroville.

2. AVSRC- Joti, New Creation, 1st floor - extension on plot BO 139/4 (Habitat) for total built up area of 43.80 sq.m.
3. Chaitanya Baetens, Center Field, Family House on plot IR 220/1 G+1 - 200 Sq.m.
4. Food Link, Southern Service Node area, Eatery / Café Phase 1.

Project writes up given by the project holder:

Project Title: Auroville Foodlink building

Proposed Site Location: Foodlink - Demo farm / Southern Service Node area

Project Holder: Foodlink - / Farm Group, Vivek, Vivek@auroville.org.in

Architect: Office 4, Dorle

Contact Persons: Vivek - Vivek@auroville.org.in, Dorle Dorle@office4.in

Description:

Plot No: IR 424/1

Build up Area: 103 sqm

Target Group: Aurovilians and general public, farmers and educational institutions.

Background: This current project for which a building / site application is sought is part of a larger vision of the Farm Group to develop Foodlink as an educational institution and demonstration center for organic agriculture, a demonstration farm, and a café serving local food. This larger vision, which is dependent on the availability of funds, will be implemented in phases.

Foodlink was developed as a result of an in-depth study on the situation of the Auroville Farms, which took place in 2005. The aim of Foodlink is to be the link between growers and consumers by distributing milk as well as the fruits, vegetables, rice and grains produced by the Auroville farms, orchards and forest. Developing Foodlink as an educational institution is part of the 5 years plan for AV Sustainable Agriculture Plan (ASAP). It was decided by the Farm Group and other stakeholders to start with the building of a café for multiple reasons: (see goals and objectives)

Triggers: This project is part of a larger vision to develop the allocated Foodlink area so as to provide the needed facilities to the community in order to promote organic, sustainable agriculture and work towards a better food quality and security for Auroville and its neighborhood.

Food is a basic necessity, and the production and consumption of food links human beings to all aspects from caring of the environment, to health, education, culture and economy. As the city grows, the connection and involvement of Aurovilians with green work (farming and forestry), which was very strong in the early years of AV, is diminishing. Auroville needs a place where the city residents can connect to the greenbelt activities and can be involved in gardening and farming in their free time.

It is recognized worldwide that food security is of extreme importance due to climate change. Thus the vision of the

Foodlink is to create a love for growing and consuming localicious (locally delicious) food.

Goals/Objectives: At present, Foodlink is located in a temporary building near the new Pour-Tous building where the space is very limited, with no possibilities to expand. In the context of its further development according to the 5-Year-Plan, Foodlink needs an adequate building for storage, food processing, office space, etc. Site plans for the plot have been submitted to TDC by the architect. Building permission is sought for Phase 1 which comprises a cafeteria. That has the following goals and objectives:

- 1) An easily accessible café that uses only local organic food will create awareness in the community of the importance of eating local food (While there are a number of eateries of Auroville, none of them are committed to using only local food);
- 2) It will ensure that surplus produce of the farms is not wasted.
- 3) The café as an income-generating venture can contribute its profits to the continued development of the larger vision of Foodlink.

TDC asks for feedback from the residents of Auroville within two weeks from the date of publication. If anyone wishes to have detailed information, feel free to contact TDC - L'avenir d'Auroville office: 2622-170 or come personally to the Building Application section.

FROM THE ENTRY SERVICE - N&N NO- 640 dated 12.03.2016

We would like to inform the community that our team is happy to recommend the following persons as Aurovilians and Newcomers. We will wait for two weeks (Newcomers and Returning Aurovilians) and one month (Aurovilians), from the date of this publication, for your feedback, before confirming.

AUROVILIANS:

Robert L'HEUREUX (Canadian) - Staying at Luminosity. Working at Matrimandir and Mitra

NEWCOMERS:

Antoine COLOMBANI (French) - Staying at French Pavilion, working as a production manager at Svaram.

Malvika PATHAK (German) - Staying at Fertile, working at TLC.
Guy ATTEWELL (British) - Staying at Fertile, working at TLC &

Sacred Groves.

CHILD OF A NEWCOMER(S):

Jalin PATHAK ATTEWELL (German) - born on 18/08/2003, studying at TLC

Ameya PATHAK ATTEWELL (German) - born on 07/10/2006, studying at TLC.

N.B. The announcements done in the News and Notes are FOR FEEDBACK ONLY and sometimes, after announcement, there can be either an extension of status or a decision to stop the process. We have added Confirmation Section below:

RETURNING AUROVILIAN CONFIRMATION:

Edgar IGLESIAS LOPEZ (Spanish)

CONFIRMATION OF NEWCOMER STATUS:

Sarah LEPROUST (French)

Veerapan (Thamu) VEERARAGAVAN (Indian from Kottakarai)

CONFIRMATION OF NEWCOMER TO AUROVILIAN STATUS AFTER ANNOUNCEMENT IN N&N AND CONSIDERATION OF FEEDBACK RECEIVED FROM RESIDENTS:

Balaguru RAMASAMY (Indian from Madurai)

Chitra BALAGURU (Indian from Chennai)

Annalisa CASELLATO (Italian)

Gregory Paul HAYLLEDICK (South African)

We will soon invite you to fill in the B-Form request for a meeting with the AV Foundation Secretary with the aim to add your name to the Register of Residents.

Dear Newcomers,

The Entry Service team would like to inform you of the timings designated specifically for you to collect or submit the Newcomer Kit. Please pass by our office in Town Hall during these hours only: Monday & Wednesday at 2 pm to 4 pm. Please return these Kits within one month or the process goes on hold.

We are open for B-Forms and Recommendation letter matters, on appointment only.

For all other matters, the office is open on Mondays, Wednesdays and Fridays at 10-12am, except for every last week of each month when we are closed to the public to do the internal office work.

The Entry Service team (B, Chitra, Eva, Ishita, Matilde, Neeti)

FOR YOUR INFORMATION

Eric Hughes, co-founder of Matagiri, dies at age 84.

Eric Hughes passed away Sunday evening, March 6th after suffering a stroke. He was 84 years old.

Winner of the Edward Albee award for his play "The Empty Room", Eric had a deep love of theater and the opera. He worked as a copy editor for many years both in Manhattan and in upstate New York. He met his partner of over fifty years, Sam Spanier, in Manhattan. Sam, an accomplished painter who had been a student of the Gurdjieff work with Madam de Salzman in Paris, became a disciple of the Mother of the Sri Aurobindo Ashram in Pondicherry. Both men went to Pondicherry and had profound spiritual experiences from their contact with her which changed the course of their lives.

Eric read deeply in Sri Aurobindo and Mother's published works and translated the 13 Volumes of Mother's Agenda of the Supramental Action Upon Earth from the original French which contributed to the official translation. Sam and Eric co-founded Matagiri (Mother's Mountain) and later incorporated it as a nonprofit organization. He also edited a book entitled "On Collective Yoga" containing quotes from Sri Aurobindo and the Mother.

Sam and Eric were joined by others in a community and over the years received thousands of people at the 42 acre retreat. After Sam's death, Eric continued to greet visitors and share insights until his passing. Matagiri will continue under a Board of Trustees including Julian and Wendy Lines, whom Eric named as his successors. They both have been students of Sri Aurobindo's yoga since the early '70s.

Submitted by Mauna

AVdzines Building @ Mangalam Campus

Dear friends, we're happy to mention once again that the Avdzines branch at Mangalam Campus near Bamboo Center & Well Paper, Kottakarai, warmly welcomes Aurovilians, Auroville units, Newcomers, guests, students & visitors for the following works:

Package designing & manufacturing; die cutting; offset printing (books, leaflets, bill books etc.); T-shirts & T-shirts printing; flex & banner printing and so on. You name it, we do it! We also started a screen printing section.

Avdzines Team

Contact: *Guna* Ph: 0413 2623566 / 9443459063



NOTE FROM THE CHAIR— By now, most AVI people who had come to attend this year's annual AVI gathering have left Auroville for their homes - mostly in wintery climate zones. Quite certainly all have enjoyed the sun and warmth and have returned home with refreshed spiritual energies, even if there was little room for physical rest during our two intense weeks of programmes. They were packed with meetings of the AVI Board; with a **General Assembly** in which the Board and the AVI Centres & Liaisons reported on their work during the last year and new Board members were elected; with a **full range of presentations from Auroville working groups and projects**; and finally with a **two days retreat** of the AVI Board, among them the three Aurovilian members, Mauna and Martin Littlewood as honorary board members and Auroville representative Vani.

For this retreat, the group came together in the beautiful atmosphere of the Unity Pavilion and Peace Hall in order to, for once, not having to work through a packed agenda but to reflect on the years of working together, to concentrate on the inner values that each and everybody is striving to bring to the work for Auroville's further manifestation and to cast an outlook on the next future and tasks, part of which will be AVI's participation in Auroville's 50th anniversary celebrations. That this outlook actually turned out to be a fresh and vibrant one was partly due to the skilful, very lively and energising facilitation of Muna, a young member of AVI Germany, assisted by Angiras, now AVI UK, who brought in the perspective of somebody grown up in Auroville.

That Auroville, too, is increasingly energised by young, fresh initiatives became obvious during the many presentations we received from different areas of Auroville's multifaceted activities. We are very grateful for the efforts everybody took to share experiences and insights with us and we are looking forward to all further collaboration.

Friederike, currently AVI's Chairperson

ACRES FOR AUROVILLE—The new A4A PowerPoint is online: <https://vimeo.com/155997109>

It is to the great credit of all who have built AV so far! In that context, also an 'Art for Land' auction took place in Auroville's February birthday week with some 75 artists in

Auroville, and also from Ashram, offering their works for the land. For 20 art works from 10 artists, 12 art lovers offered more than Rs 2 Lakhs. Remaining works will be posted online.

AVI USA VISION— As in the previous issue of this column, as printed in Auroville's News and Notes, the words 'emergency' and 'emergence' had been mixed up (*and how well do they both fit!!*), we here post the corrected version of the Centre's vision statement: "We believe that humanity's current ecological, economic, social and spiritual crises call for a new consciousness rooted in an experience of true unity, and that Auroville is and has been a laboratory for the emergence of this new consciousness."

For all AVI matters, contact: [vani@auroville.org.in/](mailto:vani@auroville.org.in) This column is maintained by: mauna@auroville.org.in

Accessible Auroville: the First Accessible Public Bus

On 5th of March the First Public Accessible Bus in Auroville and Tamil Nadu was inaugurated by Dr. Karan Singh. After cutting the ribbon we gave a demonstration of how the platform lift functions. Then members of the GB and IAC were invited to get on the bus for a short drive from Auroville Foundation to Matrimandir and back.

There was a certain excitement among those who attended to the ceremony as it was really a great moment: Auroville is the first town in Tamil Nadu to have got an Accessible Public Bus!

The bus is accessible **To All**. It means that everybody will be able to use it: wheelchair users, mothers with buggies, people with temporary or permanently reduced mobility included.

We warmly thank the Italian donor, Luisa Gullino, the Vehicle Service who has been a great helper, and "Accessible Auroville" friends-supporters who were present at the ceremony.

It is the beginning for creating an inclusive society where also the differently able residents and guests have the possibility to lead on a life with dignity and freedom without discrimination.

We firmly invite all residents to help Auroville to become Accessible To All in all public places and buildings for its 50 years Birthday!

With Gratitude,

Susmita, Sauro, Raju

POSTINGS

Baby born: Dear friends, we are very happy to share with the community the announcement of the birth of our daughter Rachana on 04th March 2016. *Ramesh.V, Senthamarai and Ramana*

A Poem for Refugees: The World Poetry Movement will have a Planetary Reading call: "A poem for Refugees". Auroville, "Les Baladantes" and "Trovadores" would like to join that event concerning this actual human problem. Please send us poems, photos music or other ideas for sharing together on March, the 21st. To: *Florence* : lesbaladantes@gmail.com / *Anandi*: anandi7@auroville.org.in

AVAILABLE

Hero Honda Splendor: Hero Honda Splendor from 2002 with Tamil Nadu registration. In good condition as a lot of parts have been changed 8 months ago. If interested, contact me at 9442328120, *Giovanni* :-)

Construction/Repair Work: Anand is an Aurovilian who helped me with all aspects of housing construction. He has successfully finished his work with me and is looking for other work. He is a specialist in metal work but can organize and facilitate all other construction related jobs. You can reach him at 9865623504 or on email anandfeb21@auroville.org.in.
Submitted by B=

Juicer: "Desire" model Butterfly fruit and vegetable juicer. Brand new with original packing and 2-year warranty. Quality juicer that separates the pulp and has a strong motor (800W). Contact *Nandini* at: 8220515654 or nandini.auroville@gmail.com

Fridge: Electrolux, 2 doors, in working condition. Price: best bid of the day, only Saturday. *Mariano* 763 922 6362

Royal Enfield: 350cc Machismo from 2006. Properly serviced. Contact 08605232995 or hermanboots@gmail.com.
Herman

Seminar room: Guest season is gradually coming to an end; therefore we can now offer our Seminar room which has a Projector and space enough to seat 20 individuals comfortably, to be utilised as a venue to organise Presentations, Meetings and Seminars for Auroville working groups, free of cost. Contact us well in advance to make arrangements at 0413-2622555 and 2622047 - ask for *Elizabeth* or mail at: insight@inside-india.com

Solar freezer: Brand Steca, 165 liters, top loading, running on 12 or 24 volts DC for battery operation. Runs only as a freezer and is as such ideal for restaurants, cafes or guesthouses. The freezer can be seen at AEP (Auroville Energy Products) - Right turn after Auromode) at working hours. *Lisbeth* (lisbeth@auroville.org.in)

Special offer from Eco Femme for Women's Day: Eco Femme will have a stall with products and information at the Women's Day celebrations on Sat, Mar 12 evening at Well Café Sve Dam. As a Women's Day special, we are offering cloth pads at Rs. 50/pad to all rural women employees who would like to use them. So pass by at our stall and pick up some pads as gifts for the women that you employ! Join us in our endeavour to safeguard the health of women and of Mother Earth by reaching out to all women with a Safe, Hygienic, Eco-Friendly option for menstrual protection!
In solidarity, *Eco Femme Team*

Amma looking for work: Purani, a friendly and hard-working Amma is looking for work. Please call her directly on 7868825912 - Many thanks, *Ribhu*

LOOKING FOR ...

Home furniture: We are looking for a desk with chairs, a big low dining table for sitting on the floor with cushions, one double and one single beds & mattresses, washing machine, child bike for 5 years old and kitchen items. If you have any of those, please contact: 7639318959 or ally@auroville.org.in. Thank you! Best regards, *Ally*

Fridge: We are two young girls volunteering in Auroville who are staying in the teachers' residence of Aikiyam School. Unfortunately, we do not have a fridge in our apartment. Is there anyone who can miss their fridge for another 6 months or who has one for a good student price? This would help us so much during this warm days! Please contact us at: lauradejaeger@live.be. Thank you! *Laura*

Lady's Cycle 1: Looking for a simple lady's cycle for my Amma in a good condition. Contact: marinonimonica@gmail.com, phone 2623332, 9443085323 (10:30 am to 7:30 pm only). *Monica*

Lady's Cycle 2: I'm looking for a lady bicycle for my daughter and my five years old granddaughter from 19.03.-1.04. *Monika* <2622918> or <9486423764>

Plastic Jars: I need a big quantity of clear transparent plastic jars with screw lids (from any ayurvedic products or so), size 250ml up to 1.2 litres. Please save them for me, I will come to pick them up when you have collected a few of them. *Schima* 2623038

Keyboard for my Macbook: A replacement keyboard for my Macbook 15" (It is not Macbook, but the old thick model). Basically if anyone has an old Macbook that is not working anymore but is willing to give me the keyboard from the machine, pls. contact me. Thank you, *Bindu*, Ph: 91-413-2622794

Conversational English speaker: I am Kalaivani, a Tamil speaker from Irumbai near Auroville. I am looking for an English speaker who can help me improve my English conversation. Do you feel you could help me? If so please contact me on my mobile number no. 9843924971 or email: skalai_1982@yahoo.co.in - If you help me, I will be grateful. Thank you, *Kalaivani*

LOST & FOUND

Bike/moped keys (Found): in a lamppost near Matrimandir [TVS Keys/Aerostar keys] - Contact Claire: clairehalot@outlook.fr

THANK YOU

From Nammal Mudiyum "We Can" Project Team

Edayanchavady young men and women, Tamarai and the Auroville Village Action Group, would like to thank all those who took part in the Well Being shifting Alcohol campaign day in Edayanchavady on February 28th. Special thanks to Udavi school for drama practice space, Srini and team at Yatra Arts and Media Foundation, the Auroville Shiatsu group, Elaise and Acro yoga team, Zeevic and Well paper, Krupa and the Sankalpa art team, Marie claire and Oli team, The Auroville AA association, the medical team from Pondicherry Government hospital and Mother care de-addiction centre and all others who support in so many ways including coming to enjoy the event - Rumba Nandri.

APPEAL

Support needed for Goupi

Dear Auroville's sisters and brothers,

The Auroville Council is approaching you in trying to help Goupi and his present "situation/condition/environment" to change for the better. He's still hosted in Arka, but should vacate very soon for different reasons. In our understanding/perception, Goupi needs a place and somebody to "help" him to heal himself.

If you're willing to help Goupi and us, please contact avcoffice@auroville.org.in

Sincerely,
AVCouncil

ACCOMMODATIONS AVAILABLE AND NEEDED

House-sitting 1: Hello, I'm a NC finishing my Newcomer period and looking for a long-term house-sitting in any area. I'm Russian, 28 years old man, working in Matrimandir. Please contact me: auropoint@gmail.com or 948 932 6854 - Pavel

House-sitting 2: Hello! We are Ismat & Rutu, long-term Volunteers looking for a home-stay or house-sitting in Auroville from March onwards. We'll be in Auroville for 6 months and would love to take care of your house, pets and garden. We will keep your place clean and organized. Please contact us: ismatimaan@gmail.com / rutupatel87@gmail.com / call Ismat on 8940521828. Thank you, *Ismat*

House-sitter1: We offer a house-sitting in our apartment in Realization (it is near Creativity and Vikas) from April 13 to June 27. The apartment is suitable either for a single person or a family. It is equipped with everything: washing machine, kitchen, hot water, internet, drinking water. We have a dog. He will stay in the house. It is a brown dachshund called Zmey. It is a friendly and playful dog, very attached to people. Zmey is a family dog; it lives in the house and needs human society. It can't stay the whole day alone. So, if you are working full-time, this offer is not for you. If you get the pleasure of communicating, walking and playing with an affectionate and intelligent dog, this is what you need. Zmey eats some dry food that we will provide. Contact Yury at: yury@auroville.org.in

House-sitter2: My house in Quiet is available for housesitting from 26th March to 20th April and 28th May to end of June and involves pet care. I am looking for a neat and responsible person who genuinely likes animals. The work is not much but they need a presence. For enquiries please write to Nandita: shahnandi@gmail.com or SMS: 9488483286

TAXI SHARING

March 13th: To Chennai, leaving at 1 pm. Contact Claire: clairehalot@outlook.fr - I will call you back.

March 11th: I am leaving for Chennai airport on the 11th March at 6.30 am. For sharing either way, please contact: shahnandi@gmail.com or SMS 9488483286. *Nandita*, Quiet

March 15th: I am leaving Auroville at about 11am, to reach Chennai Airport at 3 pm latest. Contact 7339095644 or sylvan.seiffert@gmax.de *Sylvana*

March 15th: Are you leaving for Chennai on 15th March? I need a taxi in Chennai on the 15th at about 3 pm in Chennai city to return to Auroville. If you would like to share, please write to: shahnandi@gmail.com or SMS 9488483286.

Nandita, Quiet

March 17th: 2 people are landing at Chennai Airport at 2.20 pm on the 17th. 1 seat left to come back to Auroville. Otherwise, 3 or 4 seats are available in the taxi leaving Auroville around 10:30 am to go to the airport, if you are interested, please contact me : fcebron1@gmail.com. *Fred* 85 25 805528

March 18th: A taxi is going from Chennai airport to AV on March 18th around midnight. For sharing either way, contact *Steffi*: 8971561015 or stefanie.weinert@gmx.de=

March 20th: I am leaving to Chennai airport at 10.30 p.m. On the 20th of March from Centro Field. Looking for taxi share. Call *Elisabetta*: 8524953770.

HEALTH

Bills for AVHC

This is to inform the community that from April onwards, AVHF kindly requests all members to submit their bills **only into the box at the AVHC reception**.

AVHF won't receive any more bills in person.

These changes would help the administrative staff of AVHF to work more efficiently and to process bills in a short period of time.

Please contact AVHF in case of questions and doubts via avhealthfund@auroville.org.in or contact us via phone 2622123 to make an appointment.

We thank you for your understanding and cooperation.

Greetings, AVHF

Fostering Well-Being for Alcohol de-addiction

As a follow up to the Nammal Mudiym campaign day on Feb 28th in Edayanchavady that highlighted alcohol addiction, we would like to offer the following supports in Tamil, for anyone or group, who would like help with this disease. Please spread this message to anyone you know or affected families.

- AA meetings in Edayanchavady/Thamarai Healing Centre (opp. The temple) weekly Sundays at 10.30 am facilitated by Alcoholics Anonymous Association

- Family and/or individual AI Anon Counselling in Auroville Village Action Headquarters Irumbai (opp. TNEB sub-station), weekly Saturday afternoon 2 pm facilitated by Mothercare De-addiction team.
- Well-Being and Alcoholism awareness programs available through Auroville Village Action Group
- 30-day in house de-addiction treatment - placement and part sponsorship
- On-going de-addiction support session at Edayanchavady Healing Centre and AVAG office
- Well-Being support and daily yoga class at Edayanchavady/Thamarai Healing Centre. Silambam Martial Arts class weekly on Sundays.

If you would like to donate to this work, especially for the sponsorship of de-addiction, please use the Auroville Financial Service account: 251465 - Village Alcohol Awareness, and for those in other parts of India or abroad please contact: thamarai@auroville.org.in

For further information contact:

1. Edayanchavady Healing Centre/Thamarai 0413-2622077, email: Thamarai@auroville.org.in
2. Auroville Village Action Group 0413 2678871, email: avagoffice@auroville.org.in

WORK OPPORTUNITIES

BCC part time assistant

Dear All,

The Budget Coordination Council (BCC) is looking for a part time assistant to work with the BCC coordinator. The candidate needs to be an Aurovillian or a Newcomer with background in Accounts, good knowledge of Excel, good command of English, eye for the details and enthusiasm to learn and perform various related tasks as needed.

For further details and job-description please write to: bccoffice@auroville.org.in with subject line "Application".

Thanking you, Sincerely, BCC

Website content writer

Volunteer content writer is needed to help Auroville Village Action group create website content. This is suitable for someone interested in village outreach work with good English writing skills and who likes working on a team.

Please contact: Anbu for Auroville Village Action Group: avagoffice@auroville.org.in, Tel: 0413 - 2678871

AUROVILLE RADIO



These are the latest programs published by AurovilleRadio this week. All the recordings are available in CD or ready to be copied on your memory stick at the AurovilleRadio premises in Town Hall, opposite the Financial Service.

The Best of Blue Note no9 (Music 08/03/2016)

9th edition of The Best of the Blue Note. - [English, 41 Minutes]

Pondicherry Equestrian Challenge (Social Development 07/03/2016)

Pondicherry Equestrian Challenge 2016 at Auroville -[English, 18 Minutes]

Mobility in Auroville (Mobility 07/03/2016)

'Getting Around -[English, 100 Minutes]

Indian Devotional Music (Music 07/03/2016)

Bharat Nivas presents a concert of Indian Devotional Music - [English, 55 Minutes]

Auroville's Birthday Meditation (The Mother 07/03/2016)

On February 28th 1968, Auroville was founded. Aurovillians wait for the sunrise with a great dawnfire -[Sound, 20 Minutes]

Blessings to Women, Unicorns (News from Auroville 07/03/2016)

Happy International Women's Day! -[English, 10 Minutes]

Selections par Gangalakshmi-73 (The Path 07/03/2016)

Cette semaine; La Manifestations Supramental sur la Terre, Sri Aurobindo, Traduite par la Mere -[French, 19 Minutes]

50th Anniversary General Meeting (Culture 07/03/2016)

A recording of Auroville 50th Anniversary Update and General Information Meeting -[English, 60 Minutes]

You can listen to all of the programs and more on www.aurovillerradio.org. For more info call 0413-2623331 or email radio@auroville.org.in

Selections par Gangalakshmi-72 (The Path 03/03/2016)

Cette semaine; Savitri de Sri Aurobindo; -[French, 15 Minutes]

A chat with Anusuya Kumar Ph.D (Integral Education 03/03/2016)

Short talk with Anusuya about her research work on Johannes Hohlenberg's meeting with Sri Aurobindo- -[English, 10 Minutes]

Fire, Women's Day (News from Auroville 03/03/2016)

Tribute to Tyagaraja Aradhana on 6th at 9 am at SAWCHU. 4th and 5th at Visitors Centre Fire Spinning presents. -[English, 10 Minutes]

Close Encounters (Sri Aurobindo 02/03/2016)

Anusuya Kumar from Denmark talks on anthroposophical "Close Encounters" of Johannes Hohlenberg with SA, TM. -[English, 77 Minutes]

Kalabhumi Festival 2016 Part 3 (Music 02/03/2016)

Auroville's Kalabhumi Festival 2016 - Part 3. Performance by Amando and Dhani, accompanied by percussionist Brian - [English, 77 Minutes]

Kalabhumi Festival 2016 Part 2 (Music 02/03/2016)

Auroville's Kalabhumi Festival 2016 - Part 2. Performance by Anna Taj, Edo Ardo, Foulax, Agni, Saga Daven, Peter Hadders - [English, 47 Minutes]

Kalabhumi Festival 2016 Part 1 (Music 02/03/2016)

Auroville's Kalabhumi Festival 2016 - Part 1. Performance by Kranti, Joel, Edo Ardo, Dug, Emanuele, Tony, Margerita - [English, 44 Minutes]

TRAVEL

Latest News from the Travel Shop - located at Inside India in Auroshilpam.

We are open from 09:00 to 13:00 and from 13:30 to 17:00

Do not wait any longer!

Airline tickets will only cost more, as the Indian Government announced higher tax rates for aviation fuel. Very few seats are available on discounted fares in June and July.

Avail our services which include facilitating date changes for your flight bookings and recommend us to your Guests as well.

Latest Offers from Airlines:

Oman Air has special 1 month and 4 months fares to Europe.

Kuwait Airways has special fares to Europe and New York.

Insurance: We strongly recommend availing of a Travel Insurance for all foreign travels. Please ensure that you have all the required travel documents for your entire journey i.e., valid passport & necessary visas and that you have had the recommended inoculations for your destination(s). You can check with us in advance if flight schedules have changed.

International Flight Tickets / International Hotel booking - 04132622078, travelshop@auroville.org.in,

Domestic Flight Tickets / Trains / Bus / Travel Insurance 04132622604 / 2623030, domestic@inside-india.com, doulat@inside-india.com.

Tours and Domestic Hotel booking - 04132622047, insideindia@auroville.org.in

EATING OUT

WELL CAFE new opening hours..

Dear all, Well Café will stop having dinners from 14/3/16. Our opening hours will be Monday to Saturday 8.30 am to 4:30pm.

Set up in the forest of Sve Dame, Auroville - a beautiful combination of a vegetarian and vegan Mediterranean restaurant and Arts and Crafts shops.

With love, *Well Café team*

Organic Lunch in Joy Community

Tuesday at 12:45: Traditional Italian Food

Friday (cancelled till new notice)

Saturday at 12.45: Fusion Food

We serve a beautiful organic lunch accompanied with the usual family atmosphere of Joy Community. Ingredients are all fresh (some from our beautiful vegetable garden) and depend on the inspiration of the season, garden, and the chef of the day. For Italian food, some of the dishes are homemade lasagna, gnocchi, tagliatelle pasta, ravioli, etc. For world fusion food, some of the dishes are Varagu special, Mexican enchiladas, Caribbean fried plantains, etc. By reservation only (1 day in advance) - Please call 04132622584 or 9442328120. *Joy Community team :-)*

Pizza night in Joy Community

Date: Tuesday 15th of March

Time: 7 to 8 pm

We are happy to announce a beautiful night in great company with the usual Italian community at Joy and the most loved food of the world: Pizza! We will have even watermelon to refresh while enjoying a compilation of incredible breath-taking human performances; mix of ice skating, dance, yamakazi, etc... with little western classical shorts music pieces. A feast for those with a light heart. Advance reservation required (for the Pizza), please either call (04132622584 or 9442328120) or email (joycommunity@auroville.org.in) or pass by Joy Guesthouse. Fixed contribution from guests; free donation from Aurovilians, Newcomers and SAVI registered volunteers (please bring your card). *Joy Community Team :-)*

Sunday Chill at Auroannam

Chill under the trees, contemplate or start a conversation while Dingbawi prepares some finger licking delicacies straight from the fire.

Bring your instruments and stories for the bonfire! We open at 6 pm!

GREEN MATTERS

Sunday
walk
Farms & Forests

Sunday 13th of March - Pichandikulam with Joss at 6.15 am: Note! Early morning!

Tel; 2622387 - Bring some organic food to share for breakfast!

Directions: 15 min cycling from Solar Kitchen. - From Solar Kitchen go right towards Certitude, take a left on the cross roads, follow the tar road direction Kuillapalayam, pass Acceptance on your right, stay on the road till you see a bridge on your left, here go left and follow the road down to Pichandikulam.

Pichandikulam is a 50-acre self-generating forest sanctuary with a wide diversity of fauna, containing more than 600 plant species, of which 350 are to be found in the Medicinal Plant Conservation Park. Pichandikulam is committed to preserve the local and almost extinct TDEF species (Tropical Dry Evergreen Forest) and has a large Seedbank. It is also a Bio Resource Center with educational facilities for the local community with a focus on conservation, identification and use of indigenous medicinal plants.

Sunday 20th March: Samriddhi Forest with Diego & Biggie at 7.30 am - Tel 2622398

For Details see the next News and Notes and the March Walk Posters on Auroville's main Noticeboards.

Notes 

Auroville 48

Today is Auroville's 48th birthday! The Earth-Queen is 48. The Rose-flower of the earth is 48! New kind of United Nations is 48! "The cultural, architectural, educational and all round world Olympics" is 48.

The Mother: "48 is four times 12. It's an extremely important figure. Extremely important."

What could be this "extremely important"?

The Mother: "Thus we have first 6, then 12 (a perfection of manifestation), then 30, the manifestation of Sachchidananda, and 48, the manifestation of the Infinite".

In some rarified plane of consciousness, today the infinite must be solemnizing his bond with Auroville with an all-powerful will to consolidate and strengthen her presence on earth for furthering the evolution hundredfold.

Once, about 4 decades ago an Englishman published a small unusual advertisement in an insignificant corner of a prominent British newspaper. It read: "An expedition going to North Pole. Inhospitable terrain, long walks, harsh climate, low wage, safe return not guaranteed. If interested, please write to Box. No...."

Response?

The man who had placed the advertisement later said in an interview that it was as if the whole of England was up and eager to come onboard. He got numerous letters expressing their desire to join the expedition.

We can infer from this that deep down in the people's heart there is a need for adventure, for freedom; freedom from daily routine; from ordinary and familiar circumstance; a quest for something new, something lofty and pristine.

The same need for adventure, the same quest for something new and pristine; the same search for freedom from ordinary and familiar patterns of life and circumstances gripped people's imagination when Auroville was announced more than 48 years ago.

"Now look! A flood of letters, my child! From everywhere, from all over the world, people are writing to me: "At last! This is the project I was waiting for", etc. A flood." (Ref. Mother's Agenda, V. 6, June 23, 1965)

"Auroville is an exciting project ..." wrote India's Prime Minister Indira Gandhi.

In a most poetic language, Auroville was introduced to the General Assembly of the UNESCO. The representative of the Indian delegation had said referring to the aspiration of Auroville, *"secret chamber where the beautiful princess sleep"*.

This quest for something new was also the view of the Mother: *"If I come to Auroville, there will be meditation again"*...she once said in a lighter vein which at once speaks of her humour and her expectation that in Auroville, the pattern of individual and collective life will be better and different than existing in the Ashram at Puducherry...there will be a more vibrant, more flexible, more plastic environment, free from mental rigidity and fixedness.

On another occasion when a disciple presented a plan for financing Auroville, she replied: All this seems like the old way of working and added *"Auroville wants to be a new creation expressing a new consciousness in a new way and according to new methods."*

What does this exactly mean?

I will not venture to answer the question. I suppose most people could sense the reply. I will only say that now when the exponential technologies are about to disrupt the industrial era and create a new era of universal abundance, Auroville will have relevance only if she emerges into an oasis, and not another city.

Dr. Doudou Diene (Former Director of the Division of Intercultural Projects, UNESCO; Former UN Special Rapporteur, former member of Auroville International Advisory Council in an interview with Auroville Today in 2010) said: *"Auroville is based on Sri Aurobindo's incredible vision of the unity of mankind behind its diversity. It is an attempt to break or to reverse the deep historical trend of interpreting diversity as oppositions, as something to be afraid of. You are constructing a new human tapestry where each thread, each individual, nationality, will retain its specificity, its beauty, while contributing to the tapestry as a whole. You are not there yet: this is the ultimate, but you are definitely on the way."*

Submitted by Aryadeep

An answer to Auroville Today's article about Maitreye 2

The recent article in the February edition of Auroville Today discusses, among things, the Maitreye 2 building. The first comment I think I would like to make is that some views expressed are that of just one person and those views are not necessarily representative of the larger group of residents. In fact we feel that more effort should have been made to seek others' opinion who are full time residents. The basic information about the building is quite accurate but it is the interpretation that may differ. So let me first address these matters.

Yes, the building is constructed exactly as described in respect to the layout, access points, mesh doors, etc.

First this building is low cost housing and the way it is laid out with access off a main corridor is exactly how these types of building are constructed and it is typical around the world. There is one main access area from the main road to the building and there are two sets of stairs that enable access to all floors. Ideally both sets of stairs should be used for access but that is not the case currently. Most use the first set of stairs but there is landscaping work in progress that will encourage people at the far end of the building to use the correct stair access. This will reduce noise and improve privacy for people in the more vulnerable areas.

Mesh doors and windows are very common in Auroville. In fact I will move to Sanjana and the norm there is the same mesh (more or less). Simply, without a sound barrier in the form of windows or something else there will be noise. However, I do play music and as with many other communities in this area I listen on headphones - there are communities in Auroville where noise restrictions insist on the use of headphones.

Privacy - Even if you have glass, it is transparent and so the perceived privacy issues are only rectified by hanging curtains or something similar. If curtains block airflow so will any other type of barrier. Incidentally I do not feel that my privacy is compromised so the views expressed on this subject are entirely subjective.

I will also counter statements suggesting that Maitreye 2 is not a home and that there are quite a few residents of Maitreye 2, especially on the first floor, who do regard their apartment as home, albeit temporary. So again the view as to being at home or not is subjective. I know of a number of people who are quite willing to stay here on a permanent basis but as this is newcomer housing it is not an option.

That's not to say the building does not have problems and there have been several issues reported to Housing Service and, to their credit, they are addressing and rectifying the problems point by point. It's sometimes a little slow but it is done and now according to the residents group the outstanding issues are reasonably minor.

During earlier years in Auroville I stayed in guesthouses at 5 times the price of here and they were worse places to live in according to my view. Real noise problems were experienced for months end due in one case to a constant construction process.

We certainly thank the Housing group for following up with repairs and for providing reasonable accommodation at an affordable rate. We also thank the people who are now working on landscaping the open spaces as they are here every day working hard in the hot sun and we understand that this is done as a community service.

Families - Maitreye 2 welcomes families with young children where it is both safe and with space for the kids to play. There is a mix of ages in Maitreye 2 from 4 years to a young 78! Our 78-year-old resident says that he is delighted to have the children around and that they are no trouble whatsoever.

Please note that the residents have created a community that meets on a monthly basis and in general feel that this is a good place to live. One resident comment is that we live in Auroville and that we could perhaps think less about the material problems and more about the other benefits.

So in short many are grateful to the Auroville community and the Government of India for Maitreye 2 - many like the place and find it an enlightening experience.

In summary please neither assume nor consider that Maitreye 2 is unsuitable accommodation. Some people may or may not like it but as suggested that is a subjective approach as there are many more people who do like the place. So please do not be so negative about Maitreye 2 and the many people who have worked on this project.

Submitted by Nicholas Klotz on behalf of the residents group at Maitreye 2

Open letter to AV Working Groups about Collective Transportation and ACT

Dear Members of AV Working Groups:

I would like to address the recent closure of the ACT bus services, especially their services of providing transportation for Aurovilians and guests to Pondicherry and the Ashram. Those of us who choose to live more simply in Auroville, who do not own cars or motorcycles (or ride only cycles), the older members of our community who cannot get around as they once did, and those who rely only on Maintenance, as well as others, DEPEND UPON THE BUSES from Auroville to travel to Pondy where we engage deeply our Connection with the Ashram, while also needing to shop for items that are not available in Auroville. It is not right, nor does it reflect our supposed Collective Spirit, that the community and economy groups continue to see transportation as an individual thing rather than something we should be sharing and organizing together, for the good of ALL.

I would like to know what you as the working groups for Auroville - who should be taking into consideration the needs of all the various groups of people in our community - plan to do to provide transportation for those of us in Auroville who do not have any other way to get to Pondy and the Ashram (except for taxis which are way too expensive). In the beginning of Auroville there was a bus providing FREE transportation to Pondy every day despite the immense lack of money and even food in those days!... Then we had the SAIER free bus 3 times per week, which disappeared also.... Then the ACT buses taking up the Need.... And now we are coming upon Auroville's 50th Anniversary years and we have NO bus service?!... It is a sad shame that this keeps happening, where free services seem to be disappearing entirely and Aurovilians are being forced to pay for every single service provided here. It is an absolute shame and reflects the Insincerity in the organization and utilization of our economic and other resources. If there is money to shuttle visitors from the Visitor's Center to the Matrimandir every day, if there is money for sending members of working groups to Delhi or other places around India for meetings, if there is money for people to buy personal cars, then there should be a way to provide a bus for collective transportation.

Perhaps a bus every day is not necessary, but we need to have some bus service provided at least 3 to 4 times per week. I have heard for some time now from ACT that there is no support for their services from the central fund, and I do not quite understand this. It is your responsibility, as members of the main working groups who oversee the various resources of the community, to either find a way to utilize the ACT buses for the community or to find another solution to this need for collective transportation.

I would like to add that this community claims to be very 'environmental' and 'eco-friendly', as an example for the world, and yet our means of transportation lacks anything of this environmentally-sound Spirit. Why do we continue to go in the opposite direction (even from the rest of the world!) and rely on individual transportation methods which pollute the air around us far more significantly and cost much more to maintain, and not have more collective transportation? We need to look more into our community practices and how we use the wealth and resources of this community for the good of ALL.

So, I can only urge you to please find a solution to this current transportation situation as soon as possible. I am one among many others who depend on the bus for multiple reasons and would like Auroville to have a dependable transportation system for All.

Thank you for your attention and consideration and I look forward to hearing back from you.

In Peace and Light,

Noel (*Surrender Community*)

The Truth behind the Lotus Pond in Matrimandir

I think that confusion still prevails among some Aurovilians to understand the truth behind the lotus pond in Matrimandir. Let us see how it could be removed. First of all we should stop considering things from the sense of physical perception alone. It is only a starting point. We should learn to see the issue of lotus pond from the spiritual point of view.

Matrimandir represents the Universal Existence, 'satchitananda', Spirit which is the cause of the Universe. The existence of the Universe is the result of the action of the Conscious-Force of the Spirit, 'satchitananda' which is present at all levels of existence and in all things. Matter is at the extreme end of the involuntary process of manifestation. Conscious-Force, 'chit-shakthi', the Mother is inexpressive at the material level of existence. She, being encased in the inert inconscient Matter, struggles hard to evolve Life (**Vital Existence**) from Matter. Here Life, which has evolved from Matter, is known as subconscious Life or Sea which is a part of the Universal Existence. The word 'sea' is only a symbol and does not represent physical water. It indicates the movement of Conscious-Force. The consciousness in Matter is inexpressive, whereas in Life it is partially expressive. It is in movement like water. Movement of desires and movement of nervous and physical sensations are the attributes of the subconscious living beings. Plants and animals are in the subconscious Life and they are called vital beings with living bodies. They do not behave like inert inconscient stones. Here 'satchitananda', though hidden or imprisoned in subconscious Life, is partially expressive.

Now let us consider the issue of the lotus pond. While Matrimandir represents the Universal Existence, the lotus pond in Matrimandir represents the subconscious Life of the Universal Existence. Whether Matrimandir has a lotus pond or not, it is immaterial; the absence of a lotus pond in Matrimandir will not in any way affect the idea of subconscious Life which is just above the earth where Matrimandir stands. The presence of a lotus pond in Matrimandir makes the idea of subconscious Life more concrete and tangible and increases our understanding of the spiritual truths of subconscious Life.

It is suggested that there will be a lake with lotus plants surrounding Matrimandir. I do not understand the logic behind the idea of relating the lotus plant with the lake. I feel that some may think that deficiency such as the absence of lotus plants in stagnant water in the lotus pond will become sorted out when there is a lake with plenty of lotus plants surrounding Matrimandir. But I would like to point out that there is already the subconscious Life in the place where we are going to have the lake. The earth in this place is inert inconscient Matter from which the subconscious Life has already emerged. There we have plants and animals which are living things in physical bodies and constitute the subconscious Life on earth. The creation of a lake is not going to change this condition anymore.

I would like to stress that we should be clear about the objective of having the lotus pond in Matrimandir. Otherwise the confusion related to the lotus pond will appear again and again. Do we have the lotus pond in Matrimandir to satisfy the aesthetic taste of the visitors or to impart them the spiritual truths of the subconscious Life in the Universal Existence? The answer to these questions will reflect our attitude towards the lotus pond in Matrimandir.

Ref: This article is based on the ideas taken from 'The Life Divine' and 'The Secret of the Veda' by Sri Aurobindo

Submitted by: Somasundaram

The True Aspiration Story

On 28th & 29th February Auroville Retreat had organized two sessions at Unity Pavilion, one dinner session with a talk and reading, and the other a sharing session through answering 2 questions on the above theme. I could attend only the dinner and talk session but not the sharing session. But I had prepared some answers for the questions dealt with in both these sessions. The answers prepared for the following questions are given here.

28th February: (a) How & why Sri Aurobindo passed away? (b) How Auroville was conceived?

How & Why Sri Aurobindo passed away? To hasten the Supramental manifestation, he decided to leave his body so that the descent of Supramental Force would be received by his physical body, and then to work from the subtle plane, without leaving the earth atmosphere (Agenda) - The body received the Force and for 3 days was suffused with a golden glow. Work in the subtle plane continued and on 29th February 1956 the descent of Supramental Force on earth occurred.

How Auroville was conceived? Until the accident to Sri Aurobindo occurred in the late 1930s, all the 150+ sadhaks' (aspirants for Integral Yoga) consciousness were held in Mother's Consciousness "as in a shell" (Mother's Questions & Answers). They were totally protected from any fall from higher consciousness acquired by them because all their inner movements were guided (or monitored and conducted) by Mother. After the accident, World War II came and a large influx of refugees, 1000+ from Bengal sought refuge in the Ashram. They did not come to the Ashram to do yoga. The intense atmosphere of yogic consciousness prevailing in the Ashram till then was unobtrusively invaded by the ordinary human consciousness of these refugees. The "shell" protection preventing fall from higher consciousness could not last effectively as before. Mother felt that thereafter the Integral Yoga in the Ashram had to be done under "other conditions", that is, an active and conscious inner support for all those inside the "shell" was necessary. For that it was necessary that all those inside the "shell" receive the guidance and support and consciousness from within themselves, like Mother and Sri Aurobindo did. For that to happen it was necessary that the Supramental descent took place sooner than later. Sri Aurobindo left his body enabling it to receive the descent, and then worked from behind the veil in the subtle plane to bring about the descent 63 months later.

12 years after the descent, in 1968, Auroville was inaugurated. It was to be the field for the Supramental manifestation by receiving the Supramental Force for building the city through practicing Karmayoga, the Yoga of Integral Works. The five ideals conceived for Auroville were: Human Unity, Unending Education, Endless Progress, Youth that Never Ages and Becoming the Cradle of Superman.

Human Unity needs realization of the psychic being (growing divinity within) and universalizing it.

Unending education needs a willingness and ability to learn all the time.

Endless Progress needs a capacity to perfect oneself (doing things better and better).

Eternal Youth needs a capacity for non-stop progress.

Cradle of superman needs a consciousness for spiritual evolution upwards.

For each Aurovilian the Force was made available and accessible, in the context of the work of building the City and for realizing the five ideals. The "shell" protection will have to be acquired by discovering the inner Divinity, one's psychic being, and consciously following its guidance for one's work as well as one's progress. Matrimandir was to provide the inner support needed for this endeavor. Each one independently has access to the guidance, and can consciously and in total freedom choose to follow it.

Subash Isai Ambalam School

For your calendar



AMPHITHEATRE - MATRIMANDIR

Meditation with Savitri read by Mother to Sunil's music

Every Thursday at sunset

From 6.00 to 6.30 pm (weather permitting)

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all:

The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not to use cameras, I-pads, cell phones, etc.

Dear Guests, please carry your Guest Card with you - No photos there.

Access only for the Amphitheatre from 5.45 to 6.30 pm.

Please be seated by 5.55 pm

Amphitheatre Team

EXHIBITIONS

"Intuitive paintings"

From Marie-Claire

Is extended till the 19th of March in Pitanga.

INVITATIONS

Reminder: Volunteer Introduction Program (VIP).

A 4-day discovery journey in Auroville for volunteers, interns, and for those who are interested.

Dates: 17, 18, 21 and 22 March 2016 - Timings: 9:00 am - 4:30 pm

Please register as soon as you can with Savi at: study@auroville.org.in

"Weed-Walk"

With the mercury rising we decided to do a quick "Weed-Walk" to identify as many edible weeds from the coloring book: "Edible Weeds and Naturally Growing Plants" this Friday, 11 March 2016 for 45mins to 1hr max between 7:30 am and 8:30 am.

If you want to join : bring yourself, your copy of the coloring book - with a pencil to note any observation, water to drink, cap, sun-screen, mosquito repellent (if needed). Wear comfortable clothes and shoes that allow you to walk around a bit. Meet us close to the new cafe at the Town Hall (behind Cinema Paradiso) at 7:30 am. We will start and finish the walk there.

See you, *Nina* for Coloring Book



Tea Party with UnLtd Tamil Nadu

At the Ilaignarkal School, from 4 to 5 pm, on Wednesday, March 16.

UnLtd Tamil Nadu and our March 2015 cohort are celebrating the completion of their incubation journey with evaluation presentations. We invite you to join us for Tea Time after the evaluations, where you can network and connect with some exceptional social entrepreneurs in the Auroville bioregion. Our start-ups have been hard at work the whole year becoming the best change-makers they can be. We will be celebrating their triumphs, progress, and milestones while also reflecting on their obstacles and missteps.

March investees include Upcycling Studios, Sristi Village Foundation, Evergreen Spirulina, CARE Society, and others.

All our welcome to join us! Snacks and refreshments will be served :).

Reminder: Singing & Dancing Celebration

Around the fire in Yatra - Joyful spiritual songs from all over the world
Keyboard and drums - Osiva, Antje and friends - Bring your instruments and join us!

Thursday, 10th of March 2016, 7.30 pm / Monday, 14th of March 2016, 7.30 pm.

Thursday, 17th of March 2016, 7.30 pm / Monday, 21st of March 2016, 7.30 pm.

Near New Creation Sportsground/La Piscine - Auroville, 605-101, Tamil Nadu - Osiva phone: 00919629832216

Inauguration of a Dragon

Arka and Diego invite you all to the Inauguration of a Sculpture of the big Dragon "ORWIN"

At Arka (Near Giorgio's Room), on the 17th of March, Thursday, 5 pm

Juices and Biscuits to Celebrate!

L' Agenda Di Mere In Italiano Per Soli Newcomers E Turisti

Readers Group: Mother's Agenda in Italian only

Gruppo di lettura in Italiano con Jannaka

".... C'è come una favola dietro a tutto questo...Qualcosa di indicibilmente bello, una storia che Sri Aurobindo ha cercato di far scendere sulla terra: e adesso è certo che si sta realizzando!"

Jannaka invita i New Comers ed i turisti italiani a condividere

IN ITALIANO alcuni momenti dell'Agenda di Mère.

Mercoledì 16 Marzo ore 17 a Luminosity

Le fotocopie dei passi proposti sono pronte gratuitamente. Prenotatele con un messaggio al 948.762.96.48 oppure a lestellenoi@gmail.com

TALKS, SEMINARS

Sri Aurobindo Centre for Advanced Research (SACAR), Puducherry Organises A One-Day Seminar on

Harmony in Management

On 20th March 2016 Time: 8.30 am to 5.30 pm

Chief Guest: Dr. G. Natchiar (Co-founder and Emeritus HR - Director, Aravind Eye Care System, Madurai)

For Registration please contact: sacaroffice@gmail.com 9443019172, 9994190403

For the detailed brochure please visit our website: www.sacar.in - Seminar fees: Rs. 500

Venue: SACAR, 39 Vanniar Street, Vaithikuppam, Puducherry, 12 Landmarks: Masimagh Road, Mother's Guest House

Submitted by Anandi (Progress)

“The true Stories of Volunteers”

About Education in Auroville

Thursday March 24 th - 5.00 pm to 7:30 pm in Pavilion of Tibetan Culture

Arnaud Lebrun will present the Unschooling approach he experiences in Sadhana Forest

Carmen Palinckx will give us glimpses about education in Nandanam Kindergarten

Marina Zhakharova will share her experience of Integral Education in Isaiambalam School

Often volunteers' input is not considered at its real value; yet, many of them are genuinely connected to Auroville, and their adventure brings progress and creative solutions in many areas.

Once a month, Savi would like to share with the community the beauty of their involvement.

Everyone is welcome: Volunteers, Newcomers, Aurovilians and Guests - Tea and snacks will be served - No previous registration.

Contact *Savi* at 0413 262 2121 for more info.

C U L T U R A L E V E N T S

Woman's day celebration

On Saturday the 12/3

6 pm: presentation by Eco Femme and Santé Clinic

7 pm: dinner and slide show.

8-pm: concert by AV SISTERS!

8.45 pm: feminine dance

9.30 pm: D.J MIRCO - Woman's music!!!

With love,

Well Cafe Team - Sve Dame (opposite C.S.R) 0413 2622219

“Tracks of the Unicorn”

Promenade Performance: A journey into the fantastical.

Friday 11 & Saturday 12th of March.

Where: Meet at the security booth opposite Solar Kitchen, at the entrance of Maha Lakshmi Park.

When: Walk starts at 17.30h

Parking: Solar Kitchen.

Bring your torch :-)

Auroville Sisters

present to you a musical evening at the Visitors' Center at 7:30 pm on Friday 18th of March.

Featuring Shakti, Swaha, and Vera. Accompanied by Ashaman, Dag, Francois, Holger, Shakti, and Shanks.

Wendy Jehlen presents a visual theater performance:

'Lilith'

Sat. 19th March 2016, at 8 pm

Sri Aurobindo Auditorium - Bharat Nivas

“Lilith” is a study of the story of the first woman, created as Adam’s equal, who rebelled against Adam and fled Eden.

This character is explored as a figure from ancient texts who has been re-envisioned and reclaimed in modern feminist thought.

Wendy Jehlen’s unique approach to choreography incorporates elements of movement styles including Bharat Natyam; Odissi; Capoeira, Kalaripayattu, West African dance, Butoh, and a wide-range of Contemporary dance forms.

C L A S S E S , W O R K S H O P S

INNER-WORK-WORKSHOP

Introduction to the Integral Yoga of Sri Aurobindo and the Mother 15th March (Tuesday)

• Overview with multimedia presentation • Questions and Answers • Practice in Daily Life • Complimentary Concentration Exercises • Creative Arts, Interactive Games • Life of Sri Aurobindo and the Mother • Introduction to the Reference Books

Focus this week on: 'Self-Realisation'

These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.

Place: Savitri Bhavan. Time: 9 am to 12 Noon (pl be present by 8.50 am for preliminary study)

Led by Ashesh Joshi. Contact: 9489147202, 2622922. No Registration required (except for groups)

Fees: Voluntary Contribution. All are welcome

For details on the Integral Yoga and the upcoming workshops: please visit www.integralyoga-auroville

PREGNANCY RETREAT - “BIRTH INTO LOVE”

Monday to Wednesday 21st to 23rd March, 2016

Pregnancy is a time of growth, awareness and anticipation. Creating a new life is one of the world’s most powerful experiences, and as awe-inspiring as it may be, it sometimes comes with a certain amount of stress. In this retreat, you can allow yourself to engage with activities that enhance your sense of being, your spirituality and your connection to your

unborn baby. Relax your body, mind and soul in this healing space and be nurtured by 3 days of profound experiences. During this journey you will learn about a loving way to welcome your baby to the world and be inspired to give birth with ease and joy!

This residential retreat is for a maximum of 5 couples only.

To register please call: 9843948288, or email: info@aurovilleretreat.org. For more info, please visit: <http://aurovilleretreat.org/retreat.php?subj=71>. Thank you! Ally

THAI YOGA MASSAGE

10 Day Beginner Workshop - March 17th - 27th 2016

TerraSoul at Windarra Farm

With *Itzhak Helman & Bebe Merino* Teachers of Sunshine Network

Principles, Foundations & Dynamics: The course is designed for all who want to start, refresh and improve their practice. We provide space and learning opportunities for all - you are most welcome.

The course will have 60-80 hours intense training. The morning Vipassana Meditation session and yoga from 6.30 - 8 am is optional, followed by Instruction and massage practice from 9-12 am. The afternoons from 2-5 pm are fully dedicated to massage practice. Thai Yoga Massage brings penetrating massage & gentle yoga movements into profound healing systems.

Itzhak Helman and Bebe Merino are in their Newcomer process. Both are experienced Thai Yoga Massage teachers from the Sunshine Network and deeply connected to Auroville for many years.

For further information please look at the website: www.thai-yoga-massage.org

Registration and info: terrasoul@auroville.org.in, phone/sms: 852 495 3481- *Itzhak*

WORKSHOPS IN VÉRITÉ:

- **FRESH PERSPECTIVES** with *Julie*

Wednesday 16 March - 9.15 am to 12.30 pm

Are you at a cross roads in your life? Are you going through a transition? Do you want to get unstuck?

In this dynamic and interactive workshop we'll explore how you can create clarity, make conscious choices and move forward. Join certified life coach Julie to get fresh perspectives on your life.

JULIE is a Certified Life Coach from the Coaches Training Institute in London. She combines her extensive coaching, yoga and business consulting experience to facilitate clients finding insight and purpose.

24 hour advanced registration required

Please contact Vérité to register 0413 2622045, 7094104329 or programming@verite.in. Contributions requested from guests/volunteers (volunteer reduction by advance application only)

- **Vérité Class Cancellation:**

Yin Yoga with *Stinna* is cancelled, starting Thursday, Mar 17, 2016.

INNER WATSU

Friday 25 - Wednesday 30 March 2016 (6 days)

8.45 am - 6.30 pm (50 hours)

Quiet Healing Center (tel. 0413 2622646 / 9488084966)

This workshop is for experienced water students, who want to dive deeper into the different layers of Watsu. Through an interdisciplinary approach and discussion on issues related to aquatic bodywork and personal growth, you will deepen your experience and understanding of working with human beings in warm water.

You will learn about introducing Watsu to clients and about the role of chakras (especially the heart chakra) as instruments of psychosomatic awareness. You will deepen your knowledge of Watsu for disabled clients and persons with special needs. You will also explore underwater work in new ways, and value the joy of learning about Watsu in relation to pregnancy, birth, respiration and sexuality. Prerequisite: Watsu 2 or an equivalent course.

FRENCH CREATIVE WRITING CLASSES:



in Pavillon de France (Opposite parking of the Visitor Center). Wednesday 16 March from 5.15 pm to 6.45 pm

Please contact *Florence*: 7639322654

by mail lesbaladantes@gmail.com

CREATE YOUR VISION BOARD

Creating a sacred space that displays what qualities we want to manifest in life, actually does bring them to life - what we focus on expands. When we create a vision board and place it in a space where we see it often, we essentially end up doing short visualization exercises throughout the day.

Visualization is one of very powerful mind exercises we can do (for ex Olympic athletes have been using it to improve performance.) It's simple: *a vision board needs to focus on how/what one wants to feel/experience*, not simply on things that one wants.

Welcome to join this 5 hour ws, to connect with your deeper longings, let your creativity flow using recycled materials and *create your Vision* board around specific project/topic, or a more general one for ex. for next month, a year etc.

In Sve-dame, Butterfly Barn - Saturday 19th, March, 2.30-5.30 pm & Sunday 20. March 3-5 pm.

Please register, so I know how much material to prepare! 9786658967 or dariya@auroville.org.in

THE ENERGY OF PERFORMANCE

Being awesome on stage as an actor means tapping into the Energy of Performance. But where does it come from? How do you access it? How do you sustain and play with it?

Through a series of individual and group exercises, we will become more conscious of where, how, when and why you need to pay attention to the source of the energy you need for a great performance.

When: Every Wednesday and Saturday, 7:30 - 9 pm. Starting March 16th, for one month. After the month is over, we'll take a look at where we are.

Where: CRIPA (Centre for Research in the Performing Arts), in Kalabhumi

Who: Everyone is invited, but probably starting with 16 years and up.

Please bring a favorite piece of music, a poem or text you can really relate to and would like to explore.

For signing up, please call Jill at: 9486416173 or write to: theaurovilletheatregroup@gmail.com

We will ask for a contribution from guests.

Thanks, Love and Light, *Jill*

8 LIMBS OF YOGA

Christine Pauchard offers a one-day workshop based on the 8 limbs of yoga, on 23rd of Sunday 13th March.

See the program and details on www.auroville-holistic.com. And 3 half days workshop about communication with NLP from 18 to 21st of March. More details and inscription on: www.auroville-holistic.com / contact@auroville-holistic.com / 09489805493



C I N E M A - Bharat Nivas - AUDITORIUM

Reminder: Friday 11 MARCH - "AND THE SHIP SAILS ON" - "E LA NAVE VA" by F. Fellini

FRIDAY 18 MARCH- 7:30 PM (Film show starting at 7.45 sharp)

1) Everyone is invited to be a part of and experience the magic of a "Live Sand Animation performance" by Raja Biswas. The 10-12min performance/projection is an autobiographical account narrated using symbolic motifs.

2) It opens this Friday film show: "ANKUR" / THE SEEDLING

Directed by Shyam BENEGAL, India, 1974 - Cast: Shabana Azmi, Sadhu Meher, Anant Nag...

Synopsis: In a small village in an Andhra Pradesh still marked by feudalism, Lakshmi lives a poor lifestyle along with her husband, Kishtaya, a deaf-mute with a penchant for the bottle. Both work for a wealthy landlord. The landlord's son, Surya, having to stop his studies, returns home to look after the estate as well as to formalize his pre-arranged marriage to the young Saroj. When Kishitaya is punished for a petty theft and absconds from the place, Lakshmi is left alone to fend for herself... Shyam Benegal creates a sublime and provocative examination of hypocrisy, economic disparity, and the social status of women in *Ankur*. The film was highly acclaimed and went on to win 43 prizes including the Golden Bear at the 24th Berlin Film Festival. It also happens to be the debut feature film of Shyam Benegal, introducing the actors Anant Nag and Shabana Azmi. A good documentary on S. Benegal's New Cinema was presented during the 8th *Panorama of Contemporary Indian Cinema* by Aurofilm a few weeks ago at the Auditorium and you might have discovered his film work.

Original Hyderabad (from Andhra Pradesh) version with English subtitles - Duration: 2h. 18'.



THE ECO FILM CLUB

Sadhana Forest, March 18th, Friday

Schedule of Events:

16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour

16:30 Tour of Sadhana Forest

18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club

18:30 Eco Film Club begins with "previews" of short Sadhana Forest films

20:00 Dinner is served

21:30 Free bus from Sadhana Forest back to Solar Kitchen

Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work!

After the film you are welcome to join us for a free 100% vegan organic dinner!!

RACING EXTINCTION

2015, 90 minutes, English, Directed by Louie Psihoyos

Utilizing state-of-the-art equipment, Oscar-winner Louie Psihoyos (*The Cove*) assembles a team of artists and activists intent on showing the world never-before-seen images that expose issues of endangered species and mass extinction. Whether infiltrating notorious black markets with guerrilla-style tactics or exploring the scientific causes affecting changes to the environment, "Racing Extinction" will change the way we see the world and our role within it.

The bus service is operated by Sadhana Forest.

For more information about the bus service please contact Sadhana Forest at 2677682 or 2677683 or sadhanaforest@auroville.org.in.

VISITOR CENTER MOVIE SHOW

17th March Thursday 8 pm

BIG SHORT (2015) Nominated for best supporting actor

Genre: Drama/Biography/Comedy - Dur: 2hrs 10min; Language: English/ Subtitle: English; Rated: R Above 18

Dir: Adam McKay / Cast: Christian Bale, Steve Carell, Ryan Gosling

Story Line: Four denizens in the world of high-finance predict the credit and housing bubble collapse of the mid-2000s, and decide to take on the big banks for their greed and lack of foresight.

18th March Friday 8 pm

THE REVENANT (2015) Winner of Best Actor

Genre: Adventure/Drama/Thriller - Dur: 2hrs 36min; Language: English (no subtitle); Rated: R Above 18

Dir: Alejandro González Inárritu / Cast: Leonardo DiCaprio, Tom Hardy, Will Poulter

Story Line: A frontier man on a fur trading expedition in the 1820s fights for survival after being mauled by a bear and left for dead by members of his own hunting team.

AT SAVITRI BHAVAN

Monday, 14th of March 2016 at 6:30 pm.

"ON THE MOTHER - INTEGRAL KNOWLEDGE" by M.P.Pandit

M.P. Pandit (1919-1993) was a prolific writer, spiritual teacher, secretary of the Sri Aurobindo Ashram and personal secretary of The Mother. He wrote over one hundred books and many articles on the yoga of Sri Aurobindo and The Mother.

In 1990 he delivered twelve talks on The Mother's life and mission with a focus on the early period of her life. In this talk at his residence he is speaking in a precise way about The Mother's objectives that she wanted to bring upon the earth Perfect consciousness, Integral knowledge and Power. The video recordings are presented here in their natural setting without editing. Duration: 35min.



Cinema Paradiso

Multimedia Center (MMC) Auditorium
Film program 14 March 2016 to 20 March 2016

Indian - Monday 14 March, 8:00 pm:

• 36 VAYADHINILE (At the Age of Thirty Six)

India, 2015, Writer-Dir. Roshan Andrews w/Jyothika, Rahman, Abhirami, and others, Drama, 115mins, Tamil w/ English subtitles, Rated: U (G)

36-year-old Vasanthi is a responsible daughter-in-law, wife and a mother of a teenager along with a monotonous 9-5 government job. There is nothing interesting about her life; she leads a mundane life but she craves for a change. When her husband Tamizhselvan decides to move to Ireland with their daughter Mithila she is left behind - because she does not qualify for a particular job in Ireland because of her age. At this juncture she meets Susan David, her old classmate who is now a successful CMO. Susan reminds her of the bold, strong-willed woman she used to be and inspires her to rediscover her younger self. Vasanthi, is encouraged... *A wonderful inspiring film!*

West Asian - Tuesday 15 March, 8:00 pm:

• ZIRE DARAKHATAN ZEYTON (Trough the olive trees)

Iran, 1994, Dir. Abbas Kiarostami w/ Mohammad Ali Keshavarz, Farhad Kheradmand, Drama, 103 mins, Persian w/English subtitles, Rated: G

The movie focuses on one of the events in Zendegi Edame Darad (1992), and explores the relationship between the movie director, and the actors. The local actors play a couple who got married right after the earthquake. In reality, the actor is trying to persuade the actress that they should get married.

Interesting - Wednesday 16 March, 8:00 pm:

• MUGABE AND THE WHITE AFRICAN

UK, 2009, Dir. Lucy Bailey, Andrew Thompson, Documentary, English, 90 mins, Rated: G

In 2008 Mike Campbell - one of the few remaining white farmers in Zimbabwe to have held fast in the face of the violent 'Land Reform' program - took the unprecedented step of challenging President Robert Mugabe before the SADC International Court (SADC - South African Development Community) to defend his farm, which is also home to 500 black workers and their families, and to charge Mugabe and his government with racial discrimination and with violations of Human Rights.

Potpourri - Thursday 17 March, 8:00 pm:

• EL ESTUDIANTE (The Student)

Mexico, 2009, Dir. Roberto Girault w/ Jorge Lavat, Norma Lazareno, José Carlos Ruitz, and others, Drama, 95 mins, Spanish w/English subtitles, Rated: G

Chano, a retiree in his seventies, enrolls at a university to follow his long-deferred dream of studying literature and in the process he tears down the generational gap with a group of youngsters. In a clash of diverse customs and traditions, they

share their hopes and dreams, overcoming the challenges of life, romance and friendship.

International - Saturday 19 March, 8:00 pm:

• MR, HOLMES

UK, 2015, Dir. Bill Condon w/Ian MacKellen, Laura Linney, Milo Parker, and others, Drama-Mystery, 104 mins, English w/English subtitles, Rated: G

An aged, retired Sherlock Holmes, deals with early dementia, as he tries to remember his final case and a woman, the memory of whom still haunts him. He also befriends a fan, the young son of his housekeeper, who wants him to work again.

Children's Film - Sunday 20 March, 4:30 pm:

• MATILDA

USA, 1996, Fantasy-Drama, Dir. Danny DeVito, w/ Danny DeVito, Rhea Perlman, Mara Wilson, and others, 98mins, English w/English subtitles, Rated: PG

Terrible parents, a horrible brother and a psychotic headmistress force a girl genius to discover she has extraordinary powers.

WACHOWSKIS' Film Festival @ Ciné-Club

Ciné-Club - Sunday 20 March, 8:00 pm:

• CLOUD ATLAS

USA, 2012, Dir. The Wachowskis & Tom Tykwer w/ Tom Hanks, Halle Berry and others, Drama, Sci-Fi, 172min, English w/English subtitles, Rated: R

This film explores how the actions and consequences of individual lives impact one another throughout the past, the present and the future. Action, mystery and romance weave dramatically through the story as one soul is shaped from a killer into a hero and a single act of kindness ripples across centuries to inspire a revolution in the distant future. Each member of the ensemble appears in multiple roles as the stories move through time. A complex, multi-layered and highly original movie.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

Kindly do not bring food, drinks, snacks, munchies or your pets into the auditorium.

As a courtesy to the fellow viewers please be sweet and stop chatting after the film starts.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in.

We appreciate your continued support. Please make a contribution to "Cinema Paradiso" account (#105106) at the Financial Service.

Thanking You, MMC/CP Group - Account# 105106, mmcauditorium@auroville.org.in

Important information about News & Notes (Absolute deadline for submissions or cancellations: Wednesday 11 am)

The contents of *News & Notes* are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

The Wednesday deadline (11am) is absolute as the News is given to the printers by Wednesday 2 pm.

We regret not being able to attend to visitors on Wednesdays due to work pressure.

Visiting hours: Mondays, Tuesdays 9am to 11.45am and 1pm to 3pm; No visitors on Wednesday.

Soft Version: We encourage you to ask us for a soft version of News& Notes send directly on your own mail. First, it saves trees, cost of paper (Rs 12.000 monthly are spent only on purchasing paper) and labor cost (900 copies are printed every week). Second we send your soft copy as a PDF file (Same formatting as the printing version with colored pictures) on Thursday morning and you can get information earlier than the printing version which is delivered only on Friday and Saturday. Don't hesitate to mail: newsandnotes@auroville.org.in or to phone 2622133.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The *News & Notes* serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

News & Notes, Media Centre, Town Hall. Phone: 2622133, email: newsandnotes@auroville.org.in

Measles and Mumps Outbreak in Auroville area.

PARENTS! Friends! Visitors!

There is a measles and mumps outbreak in the AV area. Both are highly contagious viral infections. If you or your child is sick, please isolate him/her to limit the transmission to others. Sante is here to support you in any ways we can.

Measles:

Measles is an infectious, serious disease caused by a virus.

Signs and symptoms

- First, a **high fever**, which begins about 10 to 12 days after exposure to the virus, and lasts 4 to 7 days. A **runny nose, a cough, red and watery eyes, and small white spots inside the cheeks** can develop.
- After several days, a **rash** erupts, usually on the face and upper neck and spreads over about 3 days, to reach the hands and feet. The rash fades after 5 to 6 days. On average, the rash occurs 14 days after exposure to the virus .
- **Who is at risk?** Any non-immune person (who has not been vaccinated) can become infected. **People who recover from measles are immune for the rest of their lives.**

How is it Transmitted? The contagious measles virus is spread by coughing and sneezing, close personal contact or direct contact with infected nasal or throat secretions.

The virus remains contagious in the air or on infected surfaces for up to 2 hours. It can be transmitted by an infected person from 4 days before the onset of the rash to 7 days after the rash erupts. So all infected people need to especially stay at home during that time to limit the spread through our community.

Treatment is supportive only, treating the symptoms and keeping the patient as comfortable as possible.

No specific antiviral treatment exists for measles virus.

Supportive care must ensure **good nutrition, adequate fluid intake and treatment of dehydration**. Measles-related complications are more common in children under the age of 5, or adults over the age of 20. Women infected while pregnant are also at risk of severe pregnancy-related complications. If you feel you are ill, **please call the clinic and we can guide you**. Try not to come directly here if you can avoid it to limit transmission

Prevention

Routine measles vaccination for children is available as a single combination MMR vaccine (Measles/Mumps/Rubella). It is safe, effective and inexpensive.

A Measles-Friendly Recipe shared from one affected AV mum. Thank you for sharing!

One of the hardest symptoms of measles is the inability to retain food and liquids through vomiting and diarrhoea. This can lead to dehydration quickly, especially when dealing with young children. One of the few foods that the body accepts and does not expel is **STRAINED RAGI PORRIDGE**.

RECIPE FOR MAGIC PORRIDGE:

1. Boil 1/2 cup of water.
2. In another 1/2 cup of water, mix a tablespoon of ragi powder. Mix well and then strain with a fine sieve to collect a milky fluid. (The plastic sieves with double layer are good). The coarse, dark part of the ragi is strained out.
3. Mix slowly this milky fluid to 1/2 cup of boiling water, stirring constantly. Boil to required thickness. Add a half pinch of salt and sugar/honey to taste.

Give this porridge at least 3 times a day. After eating it, food of choice can be eaten. Nothing will be expelled.

Mumps:

Mumps is a viral infection, primarily affecting the salivary glands. The virus is transmitted by direct contact, or via airborne droplets from the upper respiratory tract of infected people.

Initial symptoms usually appear 2-3 weeks after infection, and include **headache, muscle pain, low-grade fever and low energy**. Soon after, **swelling of one or both salivary glands** appears.

There is **no specific treatment** for mumps. Treatment is supportive only. **Patients are infectious 7 days before symptoms occur and upto 9 days from when the symptoms began**. If you are sick, **please remain isolated for that period to limit transmission**. The virus usually causes mild disease in children, but in adults can lead to complications, such as meningitis and orchitis. Mumps can be prevented by immunization with a vaccine.

PONDICHERRY HEALTH NEWS!

Free Campaign for voluntary testing for STI [sexually transmitted infections] & HIV [human immunodeficiency virus that causes HIV infection that can lead to AIDS] from 1st Feb to 31st March 2016. Know your status.

Contact Govt. Hospital & 24 hr PHC - Pondicherry AIDS Control Society.

This free testing would be particularly helpful for all Healthcare workers, pregnant women or any reproductively active person.

Santé

Auroville Institute for Integral Health

Location: Crown Road (next to Arka)

Clinic Phone: (413)-2622803. Telephone Consultation: Phone: (413)-2623937/ • Email: sante@auroville.org.in

Open: 8:45-12:30 & 2:00-4:30 Monday-Saturday

Closed every Tuesday afternoons for internal work/meetings

For Aurovilians, Newcomers and registered Guests/Volunteers

Auroville Ambulance, Tel: 9442224680 (24x7):. Acute emergencies can come directly to Santé during working hours or call ambulance if condition is severe. Call to inform about details of the case, for staff to prepare.

Government Ambulance, Tel: 108 (24x7)

Home care service for acutely ill and bedridden patients: phone 9488726184 from 9am-5pm only.

NEW! Telephone Consultation Service (TCS): Phone: 0413-2623937 9:00am-9:30am Monday - Saturday

If you are acutely sick (severe and urgent e.g. high fever, strong unusual pain, etc.) and would like to speak to a healthcare provider that same morning about what to do and how to manage it - we offer telephone consultations with trained members of Sante staff from 9:00 - 9:30am every morning Monday to Saturday. Please call - 0413-2623937. This is a new service recently introduced in Sante so those who require medical attention can receive timely care, professional medical advice or schedule an emergency appointment by phone.

NEW!! Acute Care, the integral way - If you have fallen sick or have an acute need and require medical attention that same day, we encourage you to use our **NEW Telephone Consultation Service (TCS)**. If TCS scheduled an emergency appointment for you or you happened to drop in, Sante welcomes you to try our morning **Acute Care** service. This new activity is an effort to accommodate the urgent medical needs of the community and to develop integral health within the capacities of our multidisciplinary team.

How will it work? You will be able to quickly see a therapist or doctor assigned to see all patients with acute needs on that day. You will need to remain flexible and accept that you will not be able to choose whom you can consult with. And we, on our side, will ensure for you a consultation with a skilled healthcare professional from our team on the same morning. Since this is a new activity within Sante, with all the coordination involved, please, be patient...

For general appointments, please call 0413-2622803 - 9.30am to 12:30pm and 2pm to 4:30pm. Please honour these timings.

Doctor consultation	Monday to Saturday mornings Monday, Wednesday, Thursday, Friday afternoon
Dr. Berengere (Bee) <i>Ayurveda (bring sheet for treatments!)</i>	Wednesday, Friday morning Thursday afternoon
Andres Lokuta (<i>bring sheet!</i>) <i>Acupuncture & Chinese medicine</i>	Monday, Wednesday, Thursday afternoons
Michael Z. <i>Homeopathy</i>	Monday & Wednesday afternoons
Ingo (9489325085) <i>Homeopathy</i>	Tuesday & Friday mornings
Moghan (9751110486) <i>Psychotherapy</i>	Please contact him directly for an appointment
Linda Grace <i>Medical Shiatsu, Meridian Psychotherapy</i>	TOS till further notice
Natacha (8940221071) <i>Therapeutic Shiatsu</i>	Please contact her directly for an appointment.
Paula Murphy <i>Women's Health (wear skirt & scarf)</i>	Wednesday morning
Dr Wolfgang <i>Gynecology/Obstetrician</i>	Thursday & Friday morning Monday & Wednesday afternoon
Dr. Marie-Noelle Life style change, breathing & coaching	TOS till further notice

Nurse Services by Archana, Ezhilarasi, Nisha & Thilagam

Nurse services Lab collection	Monday to Saturday (except Tuesday afternoon!) Monday to Friday mornings only
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For those of you who would like to help financially, our Pour Tous account number is 251822.