The mystic either detaches himself from life as the other-worldly ascetic or the aloof visionary and therefore cannot help life, or else he brings no better solution or result than the practical man or the man of intellect and reason: by his intervention he rather disturbs the human values, distorts them with his alien and unverifiable light obscure to the human understanding and confuses the plain practical and vital issues life puts before us.

But this is not the standpoint from which the true significance of the spiritual evolution in man or the value of spirituality can be judged or assessed; for its real work is not to solve human problems on the past or present mental basis, but to create a new foundation of our being and our life and knowledge. The ascetic or other-worldly tendency of the mystic is an extreme affirmation of his refusal to accept the limitations imposed by material Nature: for his very reason of being is to go beyond her; if he cannot transform her, he must leave her. At the same time the spiritual man has not stood back altogether from the life of humanity; for the sense of unity with all beings, the stress of a universal love and compassion, the will to spend the energies for the good of all creatures\(^*\), are central to the dynamic out-flowering of the spirit: he has turned therefore to help, he has guided as did the ancient Rishis or the prophets, or stooped to create and, where he has done so with something of the direct power of the Spirit, the results have been prodigious. But the solution of the problem which spirituality offers is not a solution by external means, though these also have to be used, but by an inner change, a transformation of the consciousness and nature.

If no decisive but only a contributory result, an accretion of some new finer elements to the sum of the consciousness, has been the general consequence and there has been no life-transformation, it is because man in the mass has always deflected the spiritual impulsion, recanted from the spiritual ideal or held it only as a form and rejected the inward change. Spirituality cannot be called upon to deal with life by a non-spiritual method or attempt to cure its ills by the panaceas, the political, social or other mechanical remedies which the mind is constantly attempting and which have always failed and will continue to fail to solve anything. The most drastic changes made by these means change nothing; for the old ills exist in a new form: the aspect of the outward environment is altered, but man remains what he was; he is still an ignorant mental being misusing or not effectively using his knowledge, moved by ego and governed by vital desires and passions and the needs of the body, unspiritual and superficial in his outlook, ignorant of his own self and the forces that drive and use him. His life-constructions have a value as expressions of his individual and collective being in the stage to which they have reached or as a machinery for the convenience and welfare of his vital and physical parts and a field and medium for his mental growth, but they cannot take him beyond his present self or serve as a machinery to transform him; his and their perfection can only come by his farther evolution. Only a spiritual change, an evolution of his being from the superficial mental towards the deeper spiritual consciousness, can make a real and effective difference. To discover the spiritual being in himself is the main business of the spiritual man and to help others towards the same evolution is his real service towards the deeper spiritual consciousness, can make a real and effective difference. To discover the spiritual being in himself is the main business of the spiritual man and to help others towards the same evolution is his real service to the race; till that is done, an outward help can succour and alleviate, but nothing or very little more is possible.

It is true that the spiritual tendency has been to look more beyond life than towards life. It is true also that the spiritual change has been individual and not collective; its result has been successful in the man, but unsuccessful or only indirectly operative in the human mass. The spiritual evolution of Nature is still in process and incomplete; - one might almost say, still only beginning, - and its main preoccupation has - been to affirm and develop a basis of spiritual consciousness and knowledge and to create more and more a foundation or formation for the vision of that which is eternal in the truth of the spirit. It is only when Nature has fully confirmed this intensive evolution and formation through the individual that anything radical of an expanding or dynamically diffusive character can be expected or any attempt at collective spiritual life, - such attempts have been made, but mostly as a field of protection for the growth of the individual's spirituality, - acquire a successful permanence.

*\(Gita\). The Buddhist elevation of universal compassion, *karuna*, and sympathy (*vasudhaiva kutumbakam*, the whole earth is my family), to be the highest principle of action, the Christian emphasis on love indicate this dynamic side of the spiritual being.

The Life Divine, book II, chap. XXIV: The Evolution of the Spiritual Man SRI AUROBINDO

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**Self-realisation liberates and universalises;**

**even if our action still proceeds in the dynamics of the Ignorance,**

**it no longer binds or misleads because**

**our inner being is seated in the light of self-knowledge.**

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Sri Aurobindo

ref. The Life Divine, p.654

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Cover drawing called “Offering” by Helene (Pitanga’s exhibition)
WORK GROUP REPORT

L’avenir d’Auroville / Town Development Council (TDC)

October 2015 report

Reminder: This report is a synopsis of key topics discussed in regular meetings. It does not include any communication that has been published in the News & Notes or on the Auronet webpage of L’avenir d’Auroville / Town Development Council (TDC), such as community announcements, financial reports and site or building permissions.

Regular members: Cristo (Regional Development), Jacqueline (Urban Design), Manohar (WC representative) present one meeting a week, Sauro (Overall Coordination and Facilitation), Toby (Township Development).

Occasional attendees: Dominique (SAVI), Dr. Doshi, Guillaume (SWM volunteer), Suhasini.

I. TDC-RELATED TOPICS
A/ Site and Building Applications
Approximately 30 site and building applications were studied in October, whether for feedback, discussion, follow-up, etc.

B/ TDC restructuring
On October 2nd, Dr. Doshi explained that information on Auroville needs to spread to spike up interest. When that happens, it becomes meaningful and funds can be generated, leading to planning and building. This will allow for Auroville to grow and become a city. For this, he suggested to support the development of several working centers: Auroville as the main center and other sub-centers such as Ahmadabad and others to develop and source our energy and workforce.

He followed by highlighting that the architecture of the Galaxy needs to be diverse but unified. For that, the flow of diverse multi-cultural global work and habitats needs to increase. These options need to be studied and followed up.

The TDC’s work (Regional Planning, GIS mapping, infrastructure and planning & urban design), efficacy (implementation of the Galaxy and MP) and budget were discussed.

Dr. Doshi requested a table describing all projects with their budget and timeline etc. to see if progress and expenses concur (time, work, estimate, actual + difference analysis).

All expenses are accounted for, have been studied by AVF auditors and reported to the WC and TDC Chairman Dr. Doshi.

C/ Volunteer contract
The contract of the SWM volunteer that has been working with the TDC was finalized and accepted by all.

D/ Job applications
The TDC has received and studied several spontaneous job applications in October.

E/ FAMC membership
The TDC has decided to extend Sauro’s mandate at the FAMC.

F/ New planning office
The Governing Board has decided to allocate funds for a new planning office, options are being studied. The priority options were to build an extra floor to the Town Hall or the Multimedia center but there is a need to check if the foundations are adequate, the structural drawings need to be verified.

Several new options are:

- a) Add an extra floor on the Archives building
- b) Close the hallways in the Town Hall
- c) Start the 1st phase of the new Town Hall
- d) Build another building on the Crown road
- e) Build between Archives and MA Service Facility

The design for options c, d and e is being looked into.

II. FINANCIAL TOPICS
A/ Expanded infrastructure plan 2015-16
In October, the TDC has prepared a report for roads, electricity, water (pipes and wells) in 2 lists: 1st priority and “extras”.

B/ Office budget

The office budget was discussed and studied in detail.

III. HOUSING TOPICS
A/ Humanscapes
On October 2nd, Suhasini presented this project with regard to layout, materials, infrastructure...

Dr. Doshi raised several suggestions concerning the multipurpose hall, the parking and the staircases as well as the evolution of this project (Phase 2, the transformation of the parking…). The conceptual drawings were finally approved and sent to WAT for BoQ verification, approval and tender preparation.

B/ Habitat
An estimate and plan was sent to the TDC for Phase 1.

IV. LAND-RELATED TOPICS
A/ Acres4Auroville
A letter was sent to A4A to thank them for helping Auroville to acquire lands and to encourage them further.

B/ Under-utilized lands and fencing
The TDC has proposed to the FAMC to form a sub-group to study a proposal on how to protect under-utilized land. The proposal has been approved by FAMC who is following up with the concerned groups.

C/ Priority land purchase
Collaboration between the WC, FAMC, LB and TDC is needed to set up a purchasing strategy.

V. ROADS
A/ Master Plan roads
The TDC is studying and will present a road plan to the community shortly. It is not a mobility regulation plan, but a road plan should facilitate regulation. To allow access and regulation, roads need to be on Auroville land (contrarily to the Certitude road).

B/ Mobility - tower garage
It was highlighted that public transport is needed in the city center. The TDC discussed a proposal by the mobility task force established by the Working Committee to give space for a tower garage in the service zone. This proposal would imply that there should be no private cars, only drop points for taxis and carpooling.

Some place will be allocated for parking in the study of Residential Zone Sectors 3 to 5. Furthermore, 3 electrical 8-seater buses will shortly be used in Auroville, 1 of which will be modified and made wheelchair-accessible.

It will be requested that the mobility study be finally completed.

C/ Solar Kitchen (SK) crossing
The TDC worked on a proposal regarding this crossing and published it in the N&N for feedback.

D/ SK Crown road by-pass
Discussions were held regarding security issues with the Crown road in front of the SK.

E/ Percolation ponds
Following emails received, the TDC is studying percolation ponds near existing roads or near roads being built.

F/ International Zone (IZ) loop road
The TDC is working with the IZ team to try and find the best suited alignment.

VI. REGIONAL DEVELOPMENT
A/ Regional Planning presentation
On October 2nd, several aspects of the Regional Planning department were presented to Dr. Doshi.

The TDC is working with the local panchayat and administration to generate recognized results. The future of the development of Auroville depends on the collaboration with the region. A regional planner is needed to take care of mobility, water management and village development in the area.
Dr. Doshi underlined the fact that the government can question the non-utilization of lands and the absence of development and city growth. Institutions, activities and groups are needed to protect the future of Auroville.

Although there has been reservation in the past from Auroville Foundation to spend outside the MP, Dr. Doshi said he would support and endorse the plan for regional development.

**B/ Water For All project**

Support is needed regarding the work in regional water management which extends over an area with a 40-km radius.

- Competency in report writing and the use of relevant administration tools
- Preferably fluency in both English and Tamil
- Ability to read maps and have a good command of regional planning
- Ability to manage and communicate with Auroville and the surrounding villages via the Panchayat Planning & Development Committees and at grassroots level;
- Being a central link between Auroville outreach projects and the TDC to help foster communication, networking and resource sharing.

The position will require:

- An experienced Aurovilian with clear communications skills and without political associations
- Ability to manage and have a good command of regional planning
- Preferably fluency in both English and Tamil
- Competency in report writing and the use of relevant administration tools

The offer is for a full-time job. Maintenance will be provided if necessary. If you are interested, please write to: avenir@auroville.org.in

**C/ BSNL agreement letter**

It was brought to the TDC’s attention that BSNL dug trenches and provided a telephone connection to private people in the Master Plan area. A letter was sent to BSNL to request them not to proceed with such projects without consulting the TDC and receiving a NOC beforehand.

**D/ KK peace meetings**

Over the past few months, the FAMC, TDC and WC have been working together to finalize these peace meetings and come to an agreement that is accepted by all. An agreement has been accepted by the Nathamai and will be signed by mid-November.

**E/ Community hall Edayanchavadi**

The TDC has sent once more a request for donation for the Community Hall in Edayanchavadi.

**F/ Bio-regional communication position**

The TDC is looking for a communicator who would integrate the bio-regional team. This person would be supported as needed by Village Action and the bio-regional action group. The responsibility of this position encompasses:

- Providing communication on bio-regional infrastructure planning & development matters;
- Promoting relationship and communication between Auroville and the surrounding villages via the Panchayat Planning & Development Committees and at grassroots level;
- Being a central link between Auroville outreach projects and the TDC to help foster communication, networking and resource sharing.

The position will require:

- An experienced Aurovilian with clear communications skills and without political associations
- Ability to read maps and have a good command of regional planning
- Preferably fluency in both English and Tamil
- Competency in report writing and the use of relevant administration tools

The offer is for a full-time job. Maintenance will be provided if necessary. If you are interested, please write to:

avenir@auroville.org.in, c/o Cristo (TDC Coordinator for Regional Development) or call 0413-2622 170.

**G/ Edayanchavadi Cleaning Campaign**

The Regional Development Department of the TDC and the Irumbai Panchayat Development Committee have organized a campaign to clean the pond and surrounding places in Edayanchavadi. It was a good opportunity for the Auroville community to work closely with Edayanchavadi residents. Several Aurovilians along with the committee members have participated in this cleaning campaign. This was also acknowledged in the local press (Dina Thanthi).

**H/ Solid Waste Management (SWM)**

The TDC is in contact with all the groups dealing with SWM in Auroville who have agreed to provide assistance to the government-sponsored project for SWM in our area. Solid Waste Management work has been started in the Irumbai & Bommayarpalayam Panchayats.

The TDC has sent a request for financial assistance in form of donation to the main Auroville business houses such as, Maroma, Tanto, Dilip Kapur and others, in order to ensure the salary for one year of 2 supervisors, one for each panchayat. These supervisors will receive training from the Auroville SWM agencies and ensure the smooth working of the waste collection in all 6 villages concerned. This recruitment drive is an essential part of the project. On this depends the success or failure of this drive!

**II/ Kottakarai Library**

With the support of the local administration, the TDC managed to get the library of Kottakarai village to reopen its doors and contacted all the libraries and schools in Auroville to kindly support this effort by donating any books and magazines. Some books were received from the schools as donation.

**J/ Bommayarpalayam Panchayat**

The TDC had a meeting with the office bearers of the Bommayarpalayam village Development Committee during which a review of all ongoing projects was made, with particular attention to the ongoing SWM project that needs to be improved.

**K/ Security**

The security of persons in our area has become a common concern of the villages and Auroville. Meetings are being organized between the villages committees, Auroville security apparatus, the WC and the TDC to devise a common policy to tackle this menace.

**VII. GROUPS, ZONES, SERVICES**

**A/ Lands in need of protection**

Following concerns raised by the Land Board regarding the encroachment of several plots in Auroville, the Housing Service has sent applications to the TDC for projects on a temporary basis (movable houses) to protect these lands. As these plots are situated in the Green belt and in the International Zone, these groups have been requested for feedback and the sites published in the N&N.

**B/ Bill of Quantities**

The TDC has been working with the FAMC regarding the bill of quantities exemption limit for both housing projects and public buildings and is currently following up this topic with the SAIER team.

**VIII. OTHER TOPICS**

**A/ Waste Water Treatment Plant (WWTP)**

The TDC had organized a complementary study of the initial WWTP study which was presented to them during the month of October. More documentation was requested; the study will be presented to the community once these additional documents have been received and studied.

**B/ Service area**

Two studies regarding this area have been sent to the TDC, they are being studied in detail.

**FOREST GROUP MEETING - Aurodam 6th November 2015**

**PRESENT:** Diego, David, Dave, Glenn, Shivaraj, Satyaajhi, Hans, Ingrid, Rita, V.Boobalan, Jan, Cristo, Kumar, Bernd, Balu, Kannyappan, Fabian, Dominik, Yuval, Achilles, Balu, Madda, Enea, Edzard, Sandeep (Landboard), Aurore, Aravinda, Jasmin, Tine (Aurogreen), Priscillila, Riccardo (Urban Farming Project), Prabhu, Ilango, G. Venkatesh, Clapton, Vinny

**Topics discussed**

Vinny & Hermitage: Vinny Kapur came to the Forest Group and explained that he is planning to come back (?) to Auroville and is interested in the long run to settle and build in Hermitage. There were questions regarding his status (will he become Aurovilian or Friend of Auroville etc.? ) and the Forest group recommends that at first he is becoming clear regarding this; and once this is clear approaches the Forest Group again. Meanwhile he is more than welcome to support Bernd in the work in Hermitage.

**Building Application Nine Palms:** Ingrid came on behalf of her daughter Mohini to inform about the plans to build a house for her. The Forest Group has requested more detailed plans and information about the type of construction and the location within the community. It was recommended having the next Forest Group meeting in Nine Palms to discuss the topic in more detail.

**Requests to settle on land in the Greenbelt and green city areas:**

- Prabhu came to the Forest Group meeting to enquire about available land to settle and build on. The group
recommendation that he gets in touch with the Housing Service to see if pieces of un/under-utilized lands are available within the city area which needs presence and protection. It was mentioned that Hermitage could also be an option.

- Priscilla came as a part of a group of families and individuals who are planning to create a new community and to establish a first contact with the Forest Group (they are also in touch with the Green Group). They have a few un-attended and endangered plots to the West of Rivière in mind and have been in touch with some of the potential neighbours as well.

The Forest Group welcomes their approach and comments that the group should continue to look in more detail at the various options for land and then connect again with the relevant working groups such as TDC, Housing Service, Green and Forest Group. The group will work on this and a more detailed project write-up on their project goals and vision.

- Aravind and Jasmin approached the Forest Group with the request for a piece of land to settle on. They own some private land with the Revelation area but recognize the value this land has in the context of the park and don’t want to build on it. One suggestion was that they could settle within Revelation itself as part of a land swap but apparently there is no space available. They are advised to look for other un/under-utilized pieces of land and follow up with Housing Service and TDC in the search for a suitable plot.

These various requests (which are coming up frequently) brought up a heated discussion within the Forest Group about the impossibility of the situation. There is no money to purchase more land, there is no money to fence and protect the land and the existing forest areas need to preserve their integrity.

**Decision:** Seeing all these requests and the need for un/under-utilized lands to be protected efficiently, the Forest Group decided that it agrees that isolated plots within the Greenbelt and outside of the Master Plan area should be opened up and be allowed to settle on. It then needs to be clear that this decision is not to be understood as a “rubberstamp” approval but individual details and applicable guidelines will need to be discussed on a case-to-case basis. Similarly the Forest Groups welcomes the initiative of the Housing Service and the TDC to earmark un/under-utilized plots in the city area and open them up for temporary occupation.

**Request for TNEB connection in Samriddhi:** Ricardo from Samriddhi requested in writing a TNEB connection for his house citing health reasons. The Forest Group reiterates the applicable guideline that there is no approval for TNEB connections to individual houses in the Greenbelt. It was mentioned that exceptions are only given for institutions (such as Botanical Garden and Pitchandikulam Forest) or in rare cases for the installation of water pumps. Ricardo is welcome to bring this topic to the wider community if he feels this is required.

**Urban Farming Project (Riccardo):** Riccardo asked for individual appraisal of the Urban Farming project for the PCG. Dave and Glenn will write individual notes of support.

**Collaboration TDC / City area forest stewards:** Fabian informed that the TDC will invite City area forest stewards to continue the discussion and exchange on the overlap of the Galaxy plan with the existing ground realities. It is envisioned to have facilitated meetings with all stewards and the TDC together as well as working meetings with the individual stewards. Seeing that the current TDC will only exist a limited time it is recommended that these meetings happen soon.

**Dhanajeyan:** There is still no clarity regarding the actual stewardship of the plot above the Samriddhi canyon. The FAMC has yet not replied to the query and the Forest Group representative to the FAMC will bring this topic up in one of the next FAMC meetings.

**Hermitage:** It was reported that a large group of Forest Group members went again together with members of the Working Committee and the Land Board to Hermitage and cleared the last of a banana plantation illegally planted on Auroville land. Even though these repeated actions bring Aurovilians together and show to the non-Auroville land owners our resolve to protect our land it is still felt that we sorely miss in this as in many other cases the support and action from the Foundation office (being the legal owner of all Auroville land).

Also the Forest Group would like to remind the larger Auroville Community that this is a problem concerning all of us and that it cannot be left to the Forest Group alone along with the members of the Land Board and the Working Committee to protect Auroville land.

In the future, group actions like the ones in Hermitage will be published in the Intranet and on the News & Notes to gradually reach more Aurovilians and motivate them to help.

**Enea / Miracle:** Enea gave an update on the situation in Miracle with the current steward being out of Auroville and not able to work anymore in the community. The Forest Group decides to make Enea the new steward of Miracle. The Forest Group also agreed to give a temporary forest budget to Miracle. Ilango will help Enea with the forest work.

**Infinity:** Madda came to report about access problems Infinity as well as Kamataru Forest are facing. Local landowners increasingly block off access and at times become hostile. The only option to secure access to these lands in future is to connect to existing communities further south. The Forest Group is not able to help them, even more so as there is apparently no budget to buy any additional land in the Greenbelt. Madda was advised that Infinity and Kamataru members should in any case be in regular and pro-active touch with the Land Board to see how to deal strategically with the situation in the long run.

The Forest Group appeals to the relevant groups and active campaigns (see below for “Green Acres”) to focus urgently on the need to secure crucial pieces of land now before the situation becomes more threatening as it already is.

**Land purchase in the Greenbelt - Existing policies:** The last topic brought the question of whether there is an explicit policy to not purchase any more land in the Greenbelt but focus on securing the remaining non-Auroville lands in the city area first. Rumours have it that some members of the FAMC object to any purchase of Greenbelt land. If this should be the case then the Forest Group strongly objects to such a nonsensical approach.

The Forest Group representative to the FAMC will clarify this in the next FAMC meetings and report back to the Forest Group.

Tine - previously secretary of the earlier LMTF - had sent a letter to the FAMC urging the committee to refocus on the precarious situation of the Greenbelt and work actively on developing strategies to secure land. It was debated if the creation of a Land Support Group on the lines of the earlier LMTF could make sense but it was felt that it is rather efficient to actively support the existing groups such as the hard working Land Board. This is the time to come up with creative, pro-active and concrete proposals.

**COLAAP / GREEN ACRES:** In the same context the much appreciated efforts of Sigrid, Aryadeep, Mandakini and more in their “Green Acres” campaign are perceived as fully support-worthy by all members of the Forest Group.

**Role and Function of the Forest Group:** A small study group was formed after last month’s meeting to brainstorm about the role and responsibility of the Forest Group. A report has been circulated which some members commented upon. The Forest Group members were asked to please study the report and discuss the topic at next month’s meeting.

The next meeting will be on Friday, 4th December 2015, 15.00 in Nine Palms.
ANNOUNCEMENTS

The Active Residents Assembly experiment

We would like to remind the community that people can still sign up for the Active Residents Assembly experiment (ARA). So far, over one hundred people have done so, but we would particularly welcome more youth and those from the Tamil community.

If you would like to sign up, please contact the Residents Assembly Service (RAS) by mail or just pass by in their office in the Town Hall, 1st floor.

The next meeting of the ARA will be on: Saturday, 28th November, from 3 pm to 6 pm in the Unity Pavilion.

At this meeting, among other things, we will make the final decision regarding the first major community issue we will tackle.

Please note that you are also welcome to this or any other ARA meetings if you have not signed as a member. However, if you have not signed up and would like to attend, please inform the RAS and they will send you material to prepare you for the next meeting.

Looking forward to seeing you,
Governance Action Group

Bio-Regional meeting update

For those interested in an update presentation and discussion on the development work currently happening in the Bio-region, please come to L’avenir/TDC office on Saturday, December 5th at 11 am

All are welcome, L’avenir

L’avenir d’Auroville: 28th Nov 2015

The following Site and Building Applications (SA and BA) are announced for feedback from the community for a period of two weeks. The announcement is made for feedback only and does not mean that the project has final approval.

The final approval is given when L’avenir d’Auroville / TDC issues an NOC (No Objection Certificate). This happens only once the feedback period is over, the feedback has been evaluated, a final decision by TDC has been reached and the necessary financial formalities have been completed. It is only after issuing a final building permission that fencing, building or any other activity on the site can start. It has to be noted that site permission is given to reserve the site for a maximum period of two years in order to prepare a project proposal. It does not give any right to fence and clear the site unless, for practical reasons, there is a special permission of the TDC.

Individual Project

Site Application Feedback:

1. Site application feedback for Matej Ukmar Acceptance for standalone yoga and meditation room.

Building Applications Feedback:

1. Manu Gopalan, International Zone, House extension & roof repair on plot no IR 244/1 for an area of 65 sq.m.
2. Savitri Bhavan, Crown building - Phase 5
3. Project write-up given by the project holder
4. Project Title: Savitri Bhavan Sangam Hall
5. Proposed Site Location: Savitri Bhavan campus
6. Project Holder: Savitri Bhavan Management Team under SAIER

Architect: Helmut
Contact Persons: Helmut, Shradhavan
Description: Reading Hall, adjoined to the existing buildings
Total Area of the project: 285.98 sqm
Built up Area: 207.25 (Ground Coverage)
Target Group: Aurovillian adults and children, interested members of the general public

Background: The Sangam Hall has been an element in the Savitri Bhavan master plan since 1996.

Triggers: Usage of Savitri Bhavan has been growing steadily since the inauguration of the first small permanent building in 1999, and particularly over the last 7 years. It now feels like the right time to proceed with completion of the Main Building by adding this long-planned element.

Goals/Objectives: To provide a Hall with multi-media facilities and seating for about 200 people, participating in study-groups, guest-lectures, the OM Choir, film-shows, multi-media presentations etc.

TDC asks for feedback from the residents of Auroville within two weeks from the date of publication. If anyone wishes to have detailed information, feel free to contact TDC - L’avenir d’Auroville office: 2622-170 or come personally to the Building Application section.

Infrastructure - Road

TDC is proposing to connect the Crown Road in front of Surrender/Grace/Gaia as per drawing. For more details please contact the office.

This announcement is for two weeks feed-back.

The map will be published in Auronet on 26th Nov 2015. L’avenir

Announcement about Bridging Fund

Dear Community,

Bridging Fund (BF) is a help offered to cover people for brief periods when they are in between works. If an Aurovillian has been working for a service or project for many years, the BF can be given for up to 3 months. Otherwise, if a person has been working in a service or activity at least for one year, BF is generally given for 1 month only (other than in exceptional cases involving medical or other issues).

In recent times, it seems that there is an assumption that Bridging Fund will be made available in addition to support received by an individual from its service/activity - sometimes totaling 3-6 months. This is not to be expected. Aurovillians should work for the community and make sure a maintenance will be available for their newly chosen activity when they wish to change their work.

Any request for Bridging Fund can be communicated to the Human Resources Team (HRT). The HRT team will then review and arrive at the specific duration of support.

Thanking you, Sincerely, BCC

Technical planning office - L’avenir d’Auroville/TDC

During the last meeting held on October 2nd, the Governing Board appointed a committee including Dr. Doshi, Helmut, Sonali, Ganesh and Durganand Balsavar (an architect based in Chennai, closely associated with Auroville and Dr. Doshi) to prepare a proposal for restructuring and set up a proper technical planning office.

More recently, a meeting was held in Ahmedabad on November 1st and 2nd, attended by Durganand, Helmut and Sauro for the TDC. Helmut presented a draft to Dr. Doshi which was prepared thanks to the suggestions of many architects and individuals in Auroville.

Various options and locations were explored for the office set up. A proposal as drafted by Dr. Doshi is in the making to request Vastu Shilpa Foundation (a research organization in the field of habitat and sustainable development headed by Dr. Doshi) to update and detail the Master Plan of Auroville. The TDC and the rest of the committee members thank Dr. Doshi
and welcome his proposal and will share this idea with the Board of architects, the concerned groups in Auroville involved in development, education, economy and environment and the Auroville community for their feedback.

If the Auroville community is ready to take this step, it would require the creation of a strong client body in Auroville that can formulate a brief for the technical team regarding the specific characters of Auroville as an intentional city with a universal character, a special economic and educational background that should be an integral part of the planning assumptions and the regional and environmental background where the city is to be developed. The technical team members who are working with Dr. Doshi, including professionals like Rajiv Katpalia, Utpal Sharma and Partasaraty, would be eventually expected to travel regularly to Auroville to interact with Aurovilians and the various community stakeholders.

A proposal has been mooted to organize a community planning retreat in a couple of months to better define the direction of this work. In the interim, a provisional team for the briefing can be constituted by the TDC members, the committee members nominated by the Governing Board (Helmut, Sonali, Ganesh and Durganand), one member from the WC and possibly one representative from other sections of the community that may be closely concerned with the preparation of the brief and bring holistic inputs related to the whole Auroville life, such as the Board of architects, the Green Group, stakeholders in education, the ABC and ABS.

L’avenir

List of participants for 3-Days Selection Process

For additional members for Working Committee and Auroville Council
3 days selection process
Friday 4th December - Sunday 6th December, 2015
Working Committee: willing to be a new member (2 to be selected)
1 Juergen Aurobrindhavan juergen@auroville.org.in
2 Marc Madhuca madhuca@coffeideas@auroville.org.in
3 Mario B. Sangha mario@auroville.org.in
4 Ross ross@auroville.org.in
5 Selvaraj selva@auroville.org.in
6 Victoria victoria@auroville.org.in

ongoing team
1 Angela
2 Carel
3 Elsa
4 Mandakini
5 Ranjikutmar

stepping back members
1 Eric
2 Manohar

Auroville Council
willing to be a new member (4 to be selected)
1 Bertrand bertrand@auroville.org.in
2 Boobalan boobalan@auroville.org.in
3 Boomi Aspiration bhoomi@auroville.org.in
4 Padmanabhan padmanabhan@auroville.org.in
5 Sundera sundera@auroville.org.in

ongoing team
1 Daniel
2 Guy
3 Matriprasad
4 Renuka
5 Sivanka

stepping back members
1 Auroananda
2 Veronique

3 days selection process
1 Amir Evergreen tamaramir@auroville.org.in
2 Amy amy@auroville.org.in
3 Anand Shakti rvanand@auroville.org.in
4 Anbu Celebration aravind@auroville.org.in
5 Anbu Windarra anboov@gmail.com
6 Ann dolma@auroville.org.in
7 Arun arun@auroville.org.in
8 Biggie biggie@auroville.org.in
9 Buvana Sundari Certitude buvanasundari@gmail.com,
10 Davaselvam left AVC team davsaselvam@auroville.org.in
11 Divya AML lieserdivya@auroville.org.in
12 Elvira Klein elvira@auroville.org.in
13 Fif fif@auroville.org.in
14 Glenn Anusuya carbonneutral@auroville.org.in
15 Hemant hemant@auroville.org.in
16 Inge ingevanalphen@gmail.com
17 Isabel Invocation isixdes@yahoo.es
18 Kavitha Youth Link kavitha.urvasie@auroville.org.in
19 L’aura Center Field laura@auraville.org.in
20 Matilde matilde@auroville.org.in
21 Mita Courage mitadg@gmail.com
22 Rajavelu rajavelu@auroville.org.in
23 Rama Narayana Courage auroram12@yahoo.co.in
24 Renu renu.auroville@gmail.com
25 Rita Center Field left AVC rita.centerfield@gmail.com
26 Roy Aurodam roy@auroville.org.in
27 Sandonya sandonya@auroville.org.in
28 Sergio s.garcia.fer@gmail.com
29 Shakti shakti@auroville.org.in
30 Shanti shanti@auroville.org.in
31 Sonja Aurodam sonja@auraville.org.in
32 Tomas tomas@auroville.org.in
33 Umberto umberto@auroville.org.in
34 Viacheslav stava@auroville.org.in
35 Yuval Quiet yuvalcw@auroville.org.in
TetraPak workshops are suspended
Thank you to remember that the TetraPak workshops are suspended until mid-January. Marc for the Upcycling Studio

GangaLakshmi is teaching French
GangaLakshmi is teaching French for Aurovilians and Newcomers regularly Monday, Tuesday, Friday and Saturday

German teaching
Offering for children sessions of 45 to 60 minutes to grasp and enjoy German. Learning body awareness and more joyful things through German, reading stories and maybe acting. Preference to Newcomers, Aurovilians. Offered freely. Welcome: essence.touch@yahoo.de. Thank You! UlrikeMa

An Amma
My Amma Viji is looking for four afternoons’ work in the city centre. Viji speaks English and she is very pleasant, reliable, efficient and honest. If you want to meet her, please call her cell: 8098913015 - Love, Hufreesh

Clerodendron Plants
Dear friends,
Since last winter we have raised a number of clerodendron walichii. This is the graceful shrub which flowers around Christmas and Pongal and enchants all of us with its cascades of white and red flowers. The ideal gift to offer! We are looking forward to see you soon in the Gardens.

Energy Saving Lights and Fans with AVES & PTDC
Auroville Electrical Service (AVES) & Pour-tous Distribution Centre (PTDC) has a stock of efficient light fixtures from Havells such as LED 5W and 10W and 28W T5 tube lights. You could replace your old light fixtures (Tungsten filament, incandescent, halogen or CFL lamps) with LED lamps, for better energy savings.

CFL bulb to LED: up to 50% energy savings
Tungsten Filament bulb to LED: up to 91% energy savings
Tungsten Halogen bulb to LED: up to 82% energy savings
T12 tube light to T5: up to 35% energy savings
T8 tube light to T5 tube light: up to 30% energy savings

You also have the option of replacing your standard ceiling fans with Super-efficient fans at a purchase price of Rs. 3420/-.
Replacing your old 75W Ceiling fans to Super-efficient fans will give you up to 76% energy savings.
For purchase options and information, please contact Ph: 0413 2622 132 / 0413-2622 264 / E-mail ID: aves@auroville.org.in

Kitten
3 super sweet kittens need a new home. They are toilet-trained, very pretty and cuddly. The mom needs to be sterilised now so they urgently need a loving place. Contact Jorinde: 9655024585

Royal Enfield
Model 2010, in good condition. Contact Nitzan: 972524766193 / nitz00014@gmail.com

Dell 21.5 inch LED monitor
Open package Dell 21.5 inch LED monitor, purchased just a month ago. Great wide screen for most every day computing applications, movie watching, gaming and multimedia. I am selling it because not suitable for photo editing tasks I mainly need it for. Check its value on Flipkart. Model name: Dell S 2240 L. Contact Edo at: eddie.grassi@gmail.com, 9843893652

New or second hand massage table.
Contact Sheril: 9436681497/2656225 / sheril@auroville.org.in

Rabo Scanner
Do you use the Dutch Rabo Internetbankieren? Our Random Reader is sidetracked due to a technology change and a Rabo Scanner is waiting to be sent to us from the Netherlands. If you have a Rabo Scanner, could we borrow it for an hour?
Darle: 9843180774 and John: 9843183995

Second-hand fridge
Dear Friends, Aikiyam School is looking for a second-hand fridge. Do you have one that is in good shape that you could donate to the school? Please let us know; we will come and get it. You can call the school office to let us know at (0413) 2622 358 - Thanks! Aikiyam School Support Group

Pink wallet (lost): It's urgent - I am a volunteer in Auroville Consulting, on the 21st of November, I lost my wallet while I was travelling back from the Visitor center to Creativity. It fell down from the box of my electric bike. It's a pink coloured wallet with my driving license, Auro card, my debit card and some cash. Thank you, Sweta Nawal: 7073823099
**Kittens (missing):** These two 3 months young, cute and curious little kittens are missing - Foxy/male, ginger colour & Arty/female, white, black, ginger in patches. They were last seen Monday, 23rd afternoon, on their adventure outside of Sve-Dame on the forest path opp. Luca’s place. In case someone rescued them from rains, please bring them back to us in Sve-Dame or call Daniel on 2623-565 or 9655963955. With gratitude, Daniel

**ACCOMMODATIONS AVAILABLE AND NEEDED**

**House sitting1:** Hello, I am Mathew. I would like to house-sit for you, if central, for some months. Please contact me: tsetsematt@gmail.com

**House sitting2:** Hello, we are a NC family of 4, looking for a long-term house-sitting. Small houses which can fit a flexible family will do as well. With love, Ohad & Priscilla: Mobile 9443763298 / Landline 2623107

**House sitting3:** Hello, we are Bram and Damaris, two Dutch students who volunteer for a period of 10 months at the Isai Ambalam School. In the search for a place to live, we heard about house-sitting and this would be the ideal solution for our situation. We are more than happy to take care of your home, pets and/or garden. For study purposes we are searching a place with internet and electricity. We will live in Auroville until the 15th of August. If you, or somebody you know, are searching for house sitters, you can contact us at: 8525961832 or e-mail: Brambos1990@gmail.com.

**House in the Green belt**
A little house for nature lovers in the green belt for Newcomers or volunteers can be a long time option. 10 minutes from Matrimandir. 5 minutes from Kutilalayam. Nilatangham. Contact Ambre: ambre@auroville.org.in

**TAXI SHARING**

**November 28th:** I am arriving at Chennai airport on Saturday 28 Nov at 15:15 (3:15pm). Looking for sharing taxi to Auroville. Please contact: nawang.jinpa@gmail.com or call +91 7051029285 (mobile phone in Ladakh, India, may need the 0 before if you call from India). Thanks! Nawang Jinpa

**December 1st:** Empty taxi going from AV to Chennai airport to pick up 1 person at around 9.15 pm. For sharing it either way please email: andrebmom@gmail.com. Andre Mom

**December 2nd:** Hi, I would like to share a taxi on Wednesday 2nd of December. I will arrive in Chennai airport at 6 am. Please contact me: veroniquejobard@yahoo.fr. Thank you, Veronique J.

**December 5th:** A taxi will be leaving Auroville around 2-3 am of December 5th, to pick up somebody arriving at 5.35. The car will be fully available on the way from AV to airport, and two seats available on the way back. Anybody interested please contact Manohar: 9486416179 or manohar@auroville.org.in

**December 7th:** Going to Chennai airport on Monday December 7th, leaving Auroville around 3 pm - Can share both ways. Contact: sophie@auroville.org or 94864 75972 - Sophie

**December 12th:** Leaving Auroville for Chennai airport at 6 or 7am. Contact Isabelle: 9786400536

**December 14th:** Dear all, I want to pick up a friend from Chennai airport at 8 am and then go back to Auroville. If necessary, we can leave earlier, I don't mind waiting. So 3 seats available on the way to Chennai, 2 on the way back. Who would like to share a taxi? Please call or message me 7639318742. Best wishes, Jelly

**December 22nd:** A taxi going from Chennai airport at 3 am to Auroville. For sharing it either way, please call on Skype: marynakid69 or email: margor777@gmail.com – Marina

**WORK OPPORTUNITIES**

**For the Unity Pavilion**
Unity Pavilion is looking for a newcomer or an Aurovilian, to help with all technical work: liaising with services for technical support like phone, Internet, water, electricity - to be available in emergency situation and also able to do smaller repairs. Further, in collaboration with management, doing purchase of equipment, supervising manufacturing of such (carpenter etc.), help supervise building activities when they occur. It is a half-time work commitment. After an initial trial period of one month a half maintenance can be made available. Prerequisites: reliability, precision in execution of repairs, team worker, good communication skills, self-motivated and independent. If you are interested, please write to: unitypavilion@auroville.org.in.

**Visual photo / video projections creation**
Hamish’s is creating an interdisciplinary performance based on a book of his photos and poetry “Light in Darkness”, which will be presented at the Pavilion of Tibetan Culture. We are looking for someone who has the interest, availability, and skill (or is willing to learn) to create visual photo / video projections to be part of his interdisciplinary show. Please contact: hamish@auroville.org.in / 809.879.5447 or fif@auroville.org.in / 809.879.6955. Thanks!
HEALTH

Women of Auroville

We are offering Pap testing weekly starting Monday, December 7th. In addition, we are offering other women’s health services including breast exam, pregnancy and midwifery care. Services provided by Paula Murphy Women’s Health, Santé on Monday mornings.

Call Santé for an appointment: 2622803

AUROVILLE RADIO

Auroville Radio Update November 2015

The Auroville Radio provides a reliable and intimate link to Auroville, it captures and shares the constant activities and pulse of its transformation on a daily basis.

In the last 10 year we have succeeded to provide a space that invites creativity, exploration and experimentation while building an archival database of thousands of audio and image files for future researchers.

This year alone the Auroville Radio has welcomed more than 35 professional volunteers and students and produced over 500 programs (an average of 50 programs a month), this makes the Auroville Radio the most updated and efficient website providing information on Auroville and its development.

We have an audience of approximately 5,000 listeners following us and more through our social media pages. The richness of content and efficiency and reliability of posting has contributed to creating this strong support base.

Regarding the FM license; at present we do not have the energy to progress further, however we created a radio advisory and support team with dedicated Aurovilians (Mita, Chandresh, AloK, Harini and Krishna) to assist us.

Now our biggest focus is organizing and launching our 2nd Annual Fund Drive. This year we are aiming to raise the amount of Rs 8.5 Lakhs or US$ 13,000.

1. Support two new team members: Rs 3.16 Lakhs US $ 4,860
2. Equipment purchase: Rs 4.38 Lakhs US$ 6,760
3. Acoustic treatment: Rs 96,000 US $ 1,390

Thank you and happy darshan day! Auroville Radio Team.

These are the latest programs published by AurovilleRadio this week. All the recordings are available in CD or ready to be copied on your memory stick at the AurovilleRadio premises in Town Hall, opposite the Financial Service.

Mother #039; Q & A 21 Sept 1955 (The Mother 23/11/2015)
Mother speaks about the increasing commercial mentality, the degradation of the arts and integral progress for children. - [English, 69 Minutes]

Fair Trade & Climate Change Walk (Fair Trade 23/11/2015)
Update on the 450 km walk through Auroville by Pushpanath supporting Fair Trade & Climate change. - [English, 14 Minutes]

Mime Waits, 11th Day of Rain (News from Auroville 23/11/2015)
Featuring Dr.pad inviting us tonight at 7.30 pm at Sri Aurobindo Auditorium - Mime Wait for Godot -[English, 14 Minutes]

Off the Cuff - 53 (Performing Arts 20/11/2015)
Winds of change and monsoon rains in Auroville, what’s up and who talks when. -[English, 16 Minutes]

Avsisters at Avradio! (Music 20/11/2015)
The Avsisters perform three traditional pop songs and one classical hymn. -[Music, 11 Minutes]

Savitri, Book 1, Canto 3 - Pt 2 (Sri Aurobindo 19/11/2015)

You can listen to all of the programs and more on www.aurovilleradio.org/ For more info call 0413-2623331 or email radio@auroville.org.in

SPORTS

Winter Athletics Aurolympics

Dehashakti School of Physical Education

This year’s Winter Athletics Aurolympics will begin in a few days at the School Sports Complex in Dana (Timing: daily 2.20 pm to 5:25 pm.)

Athletics Aurolympics 2015
30 Nov. (Monday) to 18 Dec. (Friday)
Juniors: 30th-3rd Dec (Joy, Bliss, Beauty, Harmony, Force)
Seniors: from 7th-18th December
These competitions provide the opportunity for participants to perform in a range of physical activities with increasing competence and confidence within the context of athletics. They promote physical skills and development while encouraging positive attitudes towards personal fitness and health.

### Events of the Athletics Aurolympics:

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<thead>
<tr>
<th>JUNIORS</th>
<th>INTERMEDIATES</th>
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<tbody>
<tr>
<td><strong>Races:</strong></td>
<td><strong>Races:</strong></td>
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<tr>
<td>Shuttle run, get up and run 20m.</td>
<td>100m race, 5 min race, 1 min walk, get up and run 20m.</td>
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<tr>
<td><strong>Jumps:</strong></td>
<td><strong>Jumps:</strong></td>
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<tr>
<td>Hop scotch, 5 bounding strides, Standing triple jump</td>
<td>High jump, Long jump, Standing triple jump, 5 bounding strides</td>
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<td><strong>Combinations:</strong></td>
<td><strong>Throws:</strong></td>
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<tr>
<td>Hop-step-jump, Hop-skip-run</td>
<td>1kg Shot put, Seated football throw, Tennis ball throw.</td>
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<tr>
<td><strong>Throws:</strong></td>
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<td>Bean bag throw at a wall target, Tennis ball throw</td>
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<th>SENIORS</th>
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<tr>
<td><strong>Races:</strong></td>
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<tr>
<td>100m, 200m, 800m, 1500m, 1500m walk &amp; 3000m race</td>
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<tr>
<td><strong>Jumps:</strong></td>
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<td>Long jump, Triple jump.</td>
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<tr>
<td><strong>Throws:</strong></td>
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<tr>
<td>Javelin, Cricket ball throw and Shot put.</td>
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We need volunteers for score-taking, you do not need to have any special qualifications or training, only Goodwill! So come and help the children: 2.20 – 3.30 pm for juniors and 3.50- 5.15 pm for older ones Mon – Fri!

Thank you for your support, Dehashakti Sports Team

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**EATING OUT**

Special Meals at Auroannam

Kipaak Cafe at Auroannam is open for Lunch and Dinner every day! We serve food at a competitive price often cooked by volunteers from all over the world! Try your taste buds for a change maybe? See ya!

Call: 8940108632 for prior reservation & home delivery! We have WIFI and a Laundry Service!

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**GREEN MATTERS**

Global Events before the Paris Climate Summit

The biggest global summit On Climate Change is going ahead in Paris. The concern is that people speak out and the world’s leaders hear their concerns before they gather. We need a global outcry for a 100% clean energy world.

The French Government has announced that, with security still a major concern in Paris, the massive Climate March there on November the 29th has to be cancelled.

On the Eve of the Summit on Sunday the 29th of November, over 2,000 global events and marches will take place. We can all shine our brightest light in these dark times.

In Auroville we have organized an event in the Tibetan Pavilion Sunday 29th Nov at 11 am

After a concentration we will screen the documentary HOME by Yann Arthus Bertrand (See Posters and Invitations section in this issue)

For more info: theguardian.com/environment, avaaz, greenpeace, sumofus, 350.org

Monsoon Mould (some remedies that work)

Along with the relief of having a real good monsoon, comes also one of its main challenges - mould.

Grey, black, white, sometimes brightly coloured: with the high humidity in the air, it seems to grow everywhere in our homes, on walls, furniture, plastic, leather, clothes, paper, food - you name it. So ubiquitous it is here in our lush green ambiance that we don’t make a big fuss over it; still it is a nuisance and also not great for health.

While waiting for the return of the sun, there are some simple things that help preventing mould: keeping a few sprigs of neem leaves, camphor blocks, or even a low-wattage light bulb burning in the cupboards (better avoid the toxic naphtalene balls).

Once mould has grown, there is a surprisingly easy and effective treatment: **EM** (‘Effective Microorganisms’). Or more precisely, **AEM** - ‘activated EM’, that amber-coloured liquid in bottles, available inexpensively at Pour Tous, diluted in water, it has a thousand uses. It can be applied on any surface that can take a little moisture, and we’re often amazed to see mould disappear almost instantly. It helps with musty odours, or with that smelly laundry that’s been sitting in the water for too long... Even leather can be kept from continuously turning mouldy. More of its uses are described on the label, and at: http://ecopro.in/em-house.html. Obviously there are a few materials where it won't work, such as paper or that other kind of mould which tends to develop between the toes during monsoon. But for that too there are some easy remedies, such as neem cream, pumgam oil, need oil, or tea tree oil, to name a few of the tried and trusted ones.

These are the simple household helpers that we’ve found to make life a lot easier during the rainy season. If you know others, please do share them!

A happy monsoon to all!

For the Green Center Jasmin, Lisbeth & Bridget [greencenter@auroville.org.in]
Clarification to the FAMC Statement on EcoService

To the Auroville Community:

Ecoservice is a community financed waste collection Service. The income from these fees and the sales of the recyclables constitute around 95% of the budget required to run the Service, the remaining 5% comes from City Services.

You may have read in the last News and Notes the regrettable and somewhat misleading statement from the FAMC. Here is an extract which is not only untrue but can generate a reaction of doubt and mistrust to all those using Ecoservice, which needs to be clarified here and now:

However, allowing the situation to continue over several years (by the Executives) has resulted in significant financial loss to the service and charges for waste collection in the community to be unnecessarily inflated.”...FAMC

While it is true there was, in their words, “Significant financial loss to the service”, “charges for waste collection in the community to be unnecessarily inflated”, is absolutely baseless, and untrue. There was always just enough funds to make the system work but never enough even to replace the old computer (Which finally died) or build a much needed office space or upgrade the collection and segregation center in any way.

The Collection Fees for the removal of waste are not based on how much money we have or do not have, but on actual costs of the service to remove, transport, segregate and landfill the waste. The Fees have been increased once in the last 5 years due to inflation of everything around us plus wages, materials, diesel etc.

The Fees are as follows:

Segregated waste: 30 Rs per sack
We have made this Fee low as an incentive for people to make an effort and segregate. Keep in mind that even though it is “segregated”, our workers have to then micro segregate it all again as in “Plastic” we have about 10 categories that have to be separated out to get the best rate for each category - Paper is similar.

Mixed waste: 80 Rs per sack.
It is more expensive as it requires much longer processing, and, unfortunately some ends up as Landfill. To motivate people to segregate we do have an Outreach program that we bring to communities who we find have a lot of mixed waste hoping that they will respond once they see how easy it is to reduce the costs by simply making an effort to properly segregate their waste materials.

Gillian for Ecoservice

We know if we want

The aim of life is beyond all human knowledge, this is why we just cultivate the past to get it better, with our mental, higher mental, illuminated mental. It is not the past which should not be but it should stay in the past, while opening ourselves to the future. This opening to the future is to be receptive to the New Force acting upon Earth since 1956. So at least the intuition has its chances to discriminate all difficulties and put them in their right place. As for now we only have judgements, which refer to rules without discrimination to see whether they are valid or not in such and such a circumstance. We can say we prefer to be blind and follow some mental tracks than to reconsider all our approaches in the light of our inner discovery. It is a collective work, as individuals may do their own progress.

All the turmoil which earth is encountering and facing, is only a preamble of bigger turmoil to come, but we will understand only when it will be here.

It is not that we are not getting guidance or not reading Sri Aurobindo and The Mother, we simply are not trying enough to put them into reality within ourselves - if we did, it would gear ourselves towards a realization of consecration to the Truth. It is a slow process but even though it may take time, it is the right path to follow.

I am not saying anything because I know, I am speaking because I am fully part of a collective, accepted or not. Those are Mother’s Words: “......There is a Supreme Divinity, witness of all our actions, and the day of the consequence will come soon.”

Andre (New Creation)

For your calendar

AMPHITHEATRE - MATRIMANDIR

Meditation with Savitri read by Mother to Sunil’s music
Every Thursday at sunset
From 5.30 to 6.00 pm (weather permitting)

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not to use cameras, i-pads, cell phones, etc.

Dear Guests, please carry your Guest Card with you - No photos there.

Access only for the Amphitheatre from 5.15 to 6.00 pm. Please be seated by 5.25 pm

Amphitheatre Team
INVITATIONS

The Saturday Market is back!

Starting from the Saturday November 28th (Postponed to next week in case of rain)

Come and join the community every Saturday from 10 to 12 at Youth Centre to celebrate with friends, music and much more!

This year the Saturday market will have many stalls providing organic fresh food from Auroville Farms, natural products, handicrafts along seedlings and seeds to start your own garden! There will be an open stage for any kind of performance, bring your instruments and talents and join the fun!

Organic idlis and dosas will be cooked by the Youth Center team for lunch.

And if you wish to participate with a stall, drop us an email at: localiciousav@gmail.com, or call Madda at: 849042213.

Hope to see many of you there!

One Love, The Localicious Team

Join us with a Christmas song from your country

Unity Pavilion has started planning this year Christmas Celebration. The last two years this event has had a growing participation and been much appreciated by kids and adults alike. The combination of music, dance, making stars with a wish and the Christmas tea gives a day spent together in light and joyfulness.

This year we are inviting individuals and groups from different countries and languages to join. Together we have a rich heritage to draw on from our countries and cultures.

We would love you joining us with songs in your language - Songs for listening to, songs for singing all together and songs for the dancing around the Christmas tree - We also welcome recorded music to have as background during the paper-cutting session.

Volunteers for the star paper-cutting and other craft activities, as well as helping to manage the event in general in a joyful easy manner are also most welcome to contact us.

Get in touch with us: unitypavilion@auroville.org.in, 2623574

A Grandmother’s Legacy

A Feast for the Eyes, Ears and Palate

Author and Chef Jenny Mallin shares from her book: stories, photos, recipes of five generations who lived through the day of the Raj

“It is a lovely mixture of memories and cooking, and fabulous photos.” - Nicholas Pearson, HarperCollin

Come share your stories!

Sunday, November 29, 4:00 - 5:30 pm

Pavilion of Tibetan Culture

It’s about a unity of womanhood, strong grandmothers who were the backbone of their community; it’s a beautiful message for everyone and in particular women; grandmothers, mothers and grand-daughters.

[www.facebook.com/agrandmotherslegacy]

Submitted by fif

Future School Open House and Fundraiser

This coming December on the 4th, there will be a Future School open house! There will be sandwiches, a flea market to scavenge through, games, a handful of entertaining performances (by students!), cakes and so much more!

If you and everyone you know passes by on Friday, the 4th of December between 2 pm to 5 pm, we would be more than happy to welcome you (and your wallet)

Ágúst Leó

Teachers Center

The Teachers Center Invites teachers and parents to the next Conversation on Integral Education Together

We will listen to the second CD in the series “Introduction to Integral Education - An Inspirational Guide”

The topics for this week is: “How the Brain Learns.”

There will be time for sharing after the films.

Venue: Teachers Centre, SAIIER

Tuesday 1st December at 4 - 5.30pm
EXHIBITIONS

Water Colour and Ink Drawing Exhibition by Helene
Notes, jotted down between 1989 and 2015, are inner experiences testimonies in the course of the artist's search for Truth, Light, in daily life, during readings, concentrations, meditations, Darshan days.
Saturday 28th November until December the 19th - daily 8 am to 6 pm except Sundays
At Pitanga Cultural Centre, Samasti Community. Tel: 0413 - 2622994

CULTURAL EVENTS

A Variety Show Presented by Korean students
Saturday 28th Nov. 2015 at 8 pm
Sri Aurobindo Auditorium
We invite you to enjoy a show of Body percussion, Singing, Tap Dance, Guitar, Batacuda, Dance and a Story play
Book your tickets online @ http://booking.wattmon.in/
Or collect your tickets from Solar Kitchen or Town hall from Wednesday 25th November from 12 Noon!
Korean Creative traveling school, a part of Changjo School in Korea has been visiting Auroville since 2007 every year. Each year a new batch of students involve themselves in activities around Auroville for 3 months and before they leave the country, they present us with a performance.
All are welcome to enjoy an evening with these 31 energetic youngsters.
Duration: 60 minutes.

CLASSES, WORKSHOPS

WELCOME BACK TO DANCE OFFERING
Listening - Allowing - Unfolding - Celebrating - Offering with Dariya and friends
Thursdays 5 - 7 pm in Verite Hall
Sharing a unique space to be, to express, to connect, to communicate and offer our prayers with free dance and contact improvisation
Everyone is welcome! Thank you for coming on time to begin together!

INNER-WORK-WORKSHOP
Introduction to the Integral Yoga of Sri Aurobindo and the Mother
1st December (Tuesday)
• Overview with multimedia presentation• Questions and Answers• Practice in Daily Life• Complimentary Concentration Exercises
• Creative Arts, Interactive Games• Life of Sri Aurobindo and the Mother• Introduction to the Reference Books
Focus this week on: Practice - the Sunlit Path
These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.
Place: Savitri Bhavan. Time: 9 am to 12.00 Noon (pl be present by 8.55 am)
Led by Ashesh Joshi. Contact: 9489147202, 2622922
No Registration required (except for groups). Fees: Voluntary Contribution
All are welcome
For details on the Integral Yoga and the upcoming workshops: please visit www.integralyoga-auroville.

RESPIRATION WORKSHOP
Pavilion of Tibetan Culture
A 3-day workshop: 2 dates: December 2, 3, 4 and 9, 10, 11 - 9.00 to 4.00 (1 hour lunch break)
Open to all.
For many of us, breathing means air coming in and out the nostrils, inflating more or less the chest and the abdomen. We never really learnt the process of breathing and feel what is going on inside our body. Learn to open the ribcage in a proper way and stretch the diaphragm. Learn to breathe slowly, deeply, regularly (Patanjali Yoga Sutras) - Breathing is not just about gas exchanges, it deals also with the subtle energies as Prana and is as well the royal way to relaxation (by consciously directing the Sympathetic nervous system). Efficient breathing enlarges consciousness in our life and brings us -Here and Now-.
Learn to reach deeper relaxation, to develop inner feeling, to get more centered.
The control of the breath is also a main tool to release and go above our limits, our blockages, at the physical, emotional and mental levels. Whatever are our issues, breathing blockages are always present. Learn to enlarge your comfort zone at those 3 levels.
Stress is the main reason for diseases, by learning to develop and control your breath, you acquire an efficient skill to dissolve stress, layer after layer, the best way to recover or prolong health.
As everyone has different issues, a large part of the workshop will deal separately with each participant.
Open to every age.
Pavilion of Tibetan Culture: 2 622 401, kalsang@auroville.org.in
For more details, contact Marie Noelle: General medicine doctor certified from France, Yoga, Pranayama, Vipassana, Chi Kong approaches. Individual sessions also possible. Contact: framatim@yahoo.fr, 2622 989 evening time, or try: 915 998 7194.

NVC DEEPENING* WORKSHOP: “THE SURPRISING PURPOSE OF ANGER”
With L’aura Joy, CNYC Certified Trainer
Wed, Dec 2nd 9.30 am - 4 pm with potluck lunch
Anger is often seen as a negative force that we should either control or bury. The energy behind anger can be scary and even painful, both for the person feeling the emotion and for the ones witnessing it. But why does anger emerge? Is there any meaning we can make of this strong emotion? Is there a
deeper message at the core? Yes! Come and explore together...

* Intermediate level: Prior NVC experience required.
For more info and to register, contact L’aura: joylivinglearning@gmail.com, 9442788016

RESTORATIVE CIRCLES

Restoring Trust, Connection and Communication
With L’aura, supported by Janet & Shanti

Sat, Dec 12 - Sun, Dec 13: 9:30 am - 5 pm, with lunch break

Day 1:
- An introduction to Restorative Justice & Restorative Circles
- Learning how to listen for deeper meaning
- Demo of the RC process, step by step

Day 2:
- Practicing the RC process
- Discussion and next steps:
Exploring justice & practical applications in Auroville
- What would a living Restorative System look like?

Restorative Circles...
- address conflict between people within the context of their community;
- support dialogue amongst those directly or indirectly involved in a conflict;
- encourage reflective listening so that everyone has an opportunity to speak and be heard;
- uncover the underlying unmet needs or concerns that trigger conflict;
- bring about holistic, transparent solutions that meet needs and restore community.

“... Conflict is natural, normal, and recurrent in community life. When conflict occurs, it doesn’t mean anyone has failed. In fact, we need both community and conflict to reach our full potential as human beings. Much as we value individual choice, we are formed in community and work out the ramifications of our individuality in relation to others. And though we may resent it when our preferences, practices, or beliefs are challenged, we would never grow without conflict.” - Ron Krabyll & Evelyn Wright

For more information or to register, contact L’aura: joylivinglearning@gmail.com, 9442788016

DANCE WITH ABHILASH NINGAPPA

Abhilash Ningappa from Bangalore will once more share a dance workshop with Auroville at CRIPA, Kalabhumni, Thursday, Nov. 26 from 4-6 pm or Saturday, Nov. 28 from 5.30 pm.

Donation is requested, register with Jill via 9486416173 or jill.navarre@gmail.com
For more information about Abhilash and the Workshop, see Auronet

AWARENESS THROUGH THE BODY ATB1

A two-day introductory workshop with Amir & Tamar
December 5th & 6th (Saturday & Sunday)
ATB hall, Transition school, Auroville. 9:00 to 17:00 daily.

ATB1 is an introductory workshop to a rich program, born and developed in Auroville, through work of more than 20 years, inspired by the integral approach. ATB aims to assist individuals in developing the capacity for attention, concentration and relaxation, cultivating the ability to notice what one is experiencing. It is a space to cultivate introspection so that we may become aware of the different planes that form our being, enhancing the possibility to enter in contact with our wider sense of self. The exercises and games are creative and often fun.

For more information visit the ATB websites: awarenessthroughthebody.com / atbwithamir.com
To sign up, mail Amir at: atbwithamir@gmail.com. or feel free to contact Amir or Tamar at: 9751257709 / 96.

PERMACULTURE - INTRODUCTION WORKSHOP

2 Days - Dec. 5th-6th, 8am-5pm
At TerraSoul Community, Windarra Farm
Come join and enjoy a 2-day workshop blending theory and hands-on.
The Basics of Permaculture: The Topics are Ethics and Principles of Permaculture, Design Methodology, Understanding of the Soil, Management of the Soil Fertility and to understand a garden as an ecosystem in order to create a Permaculture garden. The hands-on experience will include composting, exploring Indigenous Microorganism and other Bio-fertilizers.
Facilitator: Martin Bastide
For further information contact Martin: marstide@hotmail.fr or Sandarya: sandrya@auroville.org.in / 9443619403
Please book in advance. Thank you!

THAI YOGA MASSAGE

10½ Day Workshop: December 19th - 29th 2015
Fund-raising for the new start of TerraSoul Permaculture Project
At Windarra Farm, Sunspace
With Itzhak Helman & Bebe Merino (Teachers of Sunshine Network)

Principles, Foundations & Dynamics: This course is for beginners and people who want to refresh their practice. We will have 60-80 hours intense training together. The morning Vipassana Meditation session and yoga from 6.30-8 am is optional, followed by Instruction and massage practice from 9-12 am. The afternoons from 2-5 pm are fully dedicated to massage practice. Thai Yoga Massage brings penetrating massage & gentle yoga movements into profound healing systems.

Itzhak Helman and Bebe Merino are in their Newcomer process. Both are experienced Thai Yoga Massage teachers from the Sunshine Network and deeply connected to Auroville since many years. For further information please look at the website: www.thai-yoga-massage.org
Registration: sandrya@auroville.org.in, phone 944 3619 403 / Info: Bebe Merino 8940 557 379

LIVE YOUR ESSENCE

Saturday & Sunday, 12-13th December, 2015
Do you want to feel refreshed and energised to live your life fully? Clear minded when your life is at a cross roads? Empowered to set your own conventions? Eager to take on what’s next for you?
During this weekend workshop you will not only get to know yourself and your next step in life better, you will also learn basic coaching skills. You will experience the impact you can have with enhanced listening and intuitive skills.
Julie, a certified relationship and career coach in Auroville, will facilitate this retreat. To register, email: info@aurovilleretreat.org or call: 9843948288. For details, visit: www.aurovilleretreat.org

HATHA YOGA CLASSES IN ARKA

For beginners and intermediate
Bryony has been teaching Hatha Yoga for the last 12 years in the south of France. The yoga she teaches is based on the Shivananda tradition and includes relaxation, pranayama and 12 basic asanas with some variations. The sessions always follow the same format enabling the student to develop his or her own personal practice.

Beginners and Intermediate classes: Tuesday and Thursday at 5:00 to 6:30 pm. Beginners classes: Wednesday at 8:00 to 9:30 am. Contact Bryony: 07738671045
# SCHEDULES

## CLASSES in Vérité - December 2015

<table>
<thead>
<tr>
<th>Days</th>
<th>Drop-in Classes</th>
<th>Timings</th>
<th>Facilitator</th>
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<tbody>
<tr>
<td>Monday, Wednesday &amp; Friday</td>
<td>Hatha Yoga in Iyengar Tradition</td>
<td>6:45 to 8.15 am</td>
<td>Olesya</td>
</tr>
<tr>
<td>Monday &amp; Wednesday</td>
<td>Meridian Exercises and Yoga</td>
<td>9 to 10.30 am</td>
<td>Yaor</td>
</tr>
<tr>
<td>Monday &amp; Thursday</td>
<td>Breath Connected Yoga (on Dec 3, 7, 10, 21, 24, 31)</td>
<td>5 to 6.30 pm</td>
<td>Shakti</td>
</tr>
<tr>
<td>Monday &amp; Friday</td>
<td>Pilates (starting 28 Dec)</td>
<td>4 to 5 pm</td>
<td>Philippe</td>
</tr>
<tr>
<td>Monday &amp; Friday</td>
<td>Nia (starting 28 Dec)</td>
<td>5.15 - 6.15 pm</td>
<td>Philippe</td>
</tr>
<tr>
<td>Monday</td>
<td>Sound Bath</td>
<td>5.15 to 6.30 pm</td>
<td>Aurelio</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Soul Motion (starting 29 Dec)</td>
<td>5 to 6.30 pm</td>
<td>Philippe</td>
</tr>
<tr>
<td>Tuesday &amp; Thursday</td>
<td>Meridian Exercises and Yoga</td>
<td>6:45 to 8.15 am</td>
<td>Yaor</td>
</tr>
<tr>
<td>Tuesday &amp; Friday</td>
<td>Hatha Yoga in Iyengar Tradition</td>
<td>5 to 6.30 pm</td>
<td>Olesya</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Parent-Toddler (1.5 to 3 years) Yoga</td>
<td>11 am to 12 pm</td>
<td>Shakti</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Somatic Explorations</td>
<td>5 to 6 pm</td>
<td>Maggie</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Movement &amp; Sound Relaxation (only on Dec 9, 23, 30)</td>
<td>5 to 6 pm</td>
<td>Balu &amp; Jeremy</td>
</tr>
<tr>
<td>Thursday</td>
<td>Soul Motion (starting 31 Dec)</td>
<td>9 to 10 am</td>
<td>Philippe</td>
</tr>
<tr>
<td>Thursday</td>
<td>Dance Offering</td>
<td>5 to 7 pm</td>
<td>Dariya</td>
</tr>
<tr>
<td>Friday</td>
<td>Nia (only Dec 4 &amp; 11)</td>
<td>5 to 6 pm</td>
<td>Ursula</td>
</tr>
<tr>
<td>Saturday</td>
<td>Sivananda Yoga</td>
<td>6:45 to 8.15 am</td>
<td>Mimi</td>
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</tbody>
</table>

## WORKSHOPS in Vérité - December 2015

<table>
<thead>
<tr>
<th>Date</th>
<th>Workshop</th>
<th>Timings</th>
<th>Facilitator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fri, 4 Dec</td>
<td>Ayurvedic Herbs For Daily Use</td>
<td>9.30 am to 12.30 pm</td>
<td>Dr. Geeta Auropremi</td>
</tr>
<tr>
<td>Fri, 4 Dec</td>
<td>South Indian Organic Cooking</td>
<td>9.30 am to 12.30 pm</td>
<td>Rajaveni and Suba</td>
</tr>
<tr>
<td>Sat, 5 Dec</td>
<td>End of Life Decisions</td>
<td>10 am to 4 pm</td>
<td>Susan</td>
</tr>
<tr>
<td>Sat, 5 Dec</td>
<td>Meridian Yoga Workshop</td>
<td>9 am to 12.30 pm</td>
<td>Yaor</td>
</tr>
<tr>
<td>Wed, 9 Dec</td>
<td>Living from the Heart</td>
<td>9.15 am to 12.30 pm</td>
<td>Julie</td>
</tr>
<tr>
<td>Fri, 11 Dec</td>
<td>Healthy Ayurvedic Life Style</td>
<td>9.30 am to 12.30 pm</td>
<td>Dr. Geeta Auropremi</td>
</tr>
<tr>
<td>Fri, 11 Dec</td>
<td>South Indian Organic Cooking</td>
<td>9.30 am to 12.30 pm</td>
<td>Rajaveni and Suba</td>
</tr>
<tr>
<td>Sat, 12 Dec</td>
<td>Consciousness as Medicine</td>
<td>9 am to 12.30 pm</td>
<td>Dr. Yogesh</td>
</tr>
<tr>
<td>Sat, 12 Dec</td>
<td>A Day on Death &amp; Dying</td>
<td>9.30 am to 4.30 pm</td>
<td>Susan</td>
</tr>
<tr>
<td>Fri, 18 Dec</td>
<td>Holistic Approach for Management of Diabetes Type 2</td>
<td>9.30 am to 12.30 pm</td>
<td>Dr. Geeta Auropremi</td>
</tr>
<tr>
<td>Sat, 19 &amp; Sun 20, Dec</td>
<td>Introduction to Shiatsu (1 &amp; half day workshop)</td>
<td>9 am to 3.30 pm &amp; 9 am to 12.30 pm</td>
<td>Yaor</td>
</tr>
<tr>
<td>Wed, 23 Dec</td>
<td>Fresh Perspectives</td>
<td>9.15 am to 12.30 pm</td>
<td>Julie</td>
</tr>
<tr>
<td>Thu to Sat, 24 to 26 Dec</td>
<td>South Indian Drumming</td>
<td>9.30 am to 11.30 am</td>
<td>Kadir</td>
</tr>
<tr>
<td>Sat, 26 Dec</td>
<td>Meridian Yoga Workshop</td>
<td>9 am to 12.30 pm</td>
<td>Yaor</td>
</tr>
</tbody>
</table>

## THERAPIES in Vérité - December 2015

### Contact for appointment:
- Mobile SMS - 7094104329,
- Phone 91 413 2622060,
- treatments@verite.in

- **Balu**: Sound Healing with Tibetan Singing Bowls
- **Christine**: Thai Yoga Massage, Neurolinguistic Programming (in English or French)
- **Julie**: Life Coaching Sessions
- **Susana**: Reiki Energy Healing
- **Yaor**: Nutrition & Lifestyle Recommendations (Including Aromatherapy)/Bach Flower Remedies/Zen Shiatsu

Please note: To support the work of the presenters and staff, we ask all participants to please come on time for all classes and workshops. Thank you!

Please contact Vérité: 0413 2622045 or programming@verite.in / 7094104329, 2622266 / treatments@verite.in

See the regular events section for on-going classes

Contributions requested from guests/volunteers (volunteer reduction by advance application only).

## VERITE WORKSHOPS:

(24 hour advanced registration required)

### HEALTHY AYURVEDIC LIFE STYLE with Dr. Geeta Auropremi
- **Friday, 4 December - 9:30 am to 12:30 pm**
  - A holistic approach to positive health, including basic asanas, pranayama and naturopathic practices.

### SOUTH INDIAN ORGANIC COOKING with Rajaveni & Suba
- **Friday, 4 December - 9:30 am to 12:30 pm**
  - A holistic approach to positive health, including basic asanas, pranayama and naturopathic practices.

DR. GEETA AUROPREMI has 30 years of experience in Ayurveda, Yoga and Naturopathy. She has an MD in Gynecology and Pediatrics, has an YTTC certificate and diploma in Yoga, and Post-Graduate degrees in Yoga & Naturopathy.
Participants will pick some fresh organic vegetables from the garden with a local team; then learn how to cook them with traditional recipes, and enjoy eating the results! RAJAVENI is an Aurovilian who has been coordinating the Vérité kitchen for 20 years, and SUBA has been working there for the last 10 years. Both are Tamil women from the neighboring villages, happy to share the local culture with all.

END-OF-LIFE DECISIONS with Susan Saturday, 5 December - 9:30 am - 4:30 pm Have you clarified your preferences regarding end-of-life and after-death care? Do you have a will that states your intentions for your children, your material possessions, your creative/intellectual work? This day will be dedicated to writing down our individual wishes, with some time for discussions in small groups. Basic templates will be provided.

Are you at a crossroads in your life? Do you want to figure out the path you’re meant to walk on, and walk it? In this dynamic and interactive workshop with certified life coach Julie, you will get more insight into how to align your life to your dreams. You will connect to the answers within and learn how to work with your inner critic.

LIVING FROM THE HEART with Julie Wednesday 9 December - 9:15 am to 12:30 pm Are you at a crossroads in your life? Do you want to figure out the path you’re meant to walk on, and walk it?

The purpose of this workshop is to open the meridian channels. You will learn a series of meridian exercises and some yoga asanas (standing, sitting, prone and supine) which are easy to practice at home on a daily basis. Kids age 10 and above are also welcome!

YAOIR is in Auroville as a Savi volunteer. He has completed a 2-year senior diploma in Zen Shiatsu therapy and Traditional Chinese Medicine, and has studied Hatha Yoga with Surinder Singh.

MERIDIAN YOGA WORKSHOP with Yaor Saturday, 5 December - from 9.30 am to 12.30 pm The term “meridians” comes from Traditional Chinese Medicine (TCM), and describes the energetic channels that move and flow inside the body. TCM discovered 12 main meridians that are responsible for the circulation of Qi (life energy or prana) through the body. Each meridian is related to an organ in the body, and every pair of meridians is related to a phase/system/element. People often carry blockages in one or more meridian, which can result in pain, problems, and disease.

The purpose of this workshop is to open the meridian channels. You will learn a series of meridian exercises and some yoga asanas (standing, sitting, prone and supine) which are easy to practice at home on a daily basis. Kids age 10 and above are also welcome!

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INNERSPEAK THERAPIES: ANANTJOTHI, DAAMII, KALIA, MAYA, OM, OMNHRA, OONGKIE, PEPE, SILVANA, SANGU, SUMIT, TAIS, THAI JAMAI, VILMA, VITALE.

Participants will pick some fresh organic vegetables from the garden with a local team; then learn how to cook them with traditional recipes, and enjoy eating the results! RAJAVENI is an Aurovilian who has been coordinating the Vérité kitchen for 20 years, and SUBA has been working there for the last 10 years. Both are Tamil women from the neighboring villages, happy to share the local culture with all.

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JULIE a Certified Life Coach from the Coaches Training Institute in London, Julie combines her extensive coaching, yoga and business consulting experience to facilitate clients finding insight and purpose.

Please contact Vérité to register for the following workshops: 0413 2622045, 7094104329 or programming@verite.in

Contributions requested from guests/volunteers (volunteer reduction by advance application only)

ARCA WELLNESS CENTER DECEMBER - 2015

Phone: 0413-2623799/ Website: www.arka.org.in
INTERNET FACILITY IS AVAILABLE IN ARKA MONDAY TO SATURDAY 9:00 AM TO 4:30 PM.

THERAPIES

<table>
<thead>
<tr>
<th>WHAT WE PROPOSE</th>
<th>WITH WHOM</th>
<th>WHEN</th>
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</thead>
<tbody>
<tr>
<td>CranioSacral, Lomi Lomi massage &amp; Bare foot body massage</td>
<td>SILVANA by appointment 9047654157</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Body Logic, Soft Massage And Deep Tissue Massage</td>
<td>PEPE by appointment 9943410987</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Acupuncture</td>
<td>DR. MOHAMMED SAHEL ANSARI by appointment 9994208068</td>
<td>Monday, Wednesday and Friday</td>
</tr>
<tr>
<td>Yogic Healing Therapeutic Massage</td>
<td>BASU - by appointment 9443997568</td>
<td>Monday to Friday 8 to 9:30 am &amp; 6:00 to 7:30 pm. Saturday &amp; Sunday any time.</td>
</tr>
<tr>
<td>Psycho Spiritual Tarot, Deconditioning Self-Inquiry &amp; Innervoice Dialogue</td>
<td>ANTARJOTHI By appointment 0413-2623767 or Email : <a href="mailto:antarcall@yahoo.fr">antarcall@yahoo.fr</a></td>
<td>Also in French.</td>
</tr>
<tr>
<td>Deep core massage</td>
<td>Sumit by appointment 07839062619</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Siddha Treatment ( Discover the traditional Medicine)</td>
<td>Shivaraj - 93454 54232</td>
<td>Monday, Wednesday and Friday From:10:00 am to12:00 pm by appointment.</td>
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</table>

BEAUTY PARLOR

<table>
<thead>
<tr>
<th>WHAT WE PROPOSE</th>
<th>WITH WHOM</th>
<th>WHEN</th>
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</thead>
<tbody>
<tr>
<td>Holistic Reflexology, Face Massage, Cleaning, manicure, pedicure, threading, waxing, henna &amp; hair coloring.</td>
<td>MEHA by appointment 9443635114</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>HAIR DRESSING</td>
<td>ONGKIE - by appointment 9843930178</td>
<td>Monday to Friday</td>
</tr>
<tr>
<td>Hair dressing</td>
<td>LADINA (Certified Hairdresser) appointment - 9787337465</td>
<td>Monday to Saturday</td>
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<tr>
<td>Hair dressing</td>
<td>YUVAL appointment 7639291546</td>
<td>Monday to Friday</td>
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REGULAR CLASSES IN THE MULTIPURPOSE HALL - 1ST FLOOR

<table>
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<tr>
<th>WHAT WE PROPOSE</th>
<th>WITH WHOM</th>
<th>WHEN</th>
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</thead>
<tbody>
<tr>
<td>HATHA YOGA CLASSES</td>
<td>BRIONY - 07738671045</td>
<td>Beginners &amp; Intermediate classes on Tue &amp;Thurs at 5:00 to 6:30 pm. Beginners class on Wednesday at 8:00 to 9:30 am</td>
</tr>
<tr>
<td>ACRO-YOGACLASS Partner yoga &amp; first flyings</td>
<td>Damien - 9047722740</td>
<td>Saturday Beginners class at 8:45 to 10:15 am</td>
</tr>
</tbody>
</table>
**classes**

- **Iyengar classes** - Angela and Tatiana are on training with Gita Iyengar from December 6th to 15th. Classes stop on Dec 6th and will resume again on December 16th.

- **Classical Hatha Yoga with Marcela** - a new class for mixed abilities, suitable for beginner and intermediate levels. The class includes 3 phases for balance: opening, main and closing. We will aim to develop stillness/calmness of mind and body through asanas and gentle pranayama.

  Marcela has trained with Sujatha Menon in London, from whom she received the Independent Yoga Network recognised Yoga Teacher’s qualification.

Please see December schedule for all classes.

**Workshops**

- **Thai Yoga Massage Training** - Sat Dec 12th & Sun 13th 9.00 - 12.00 & 13.30-16.30 With Bebe Merino & Itzhak Helman.
  - www.thai-yoga-massage.

- **Pranayama Course The Art of Living Part 1** - Dec 9th to Dec 12th, daily 6.30am - 8.30am with Namrita & François.

Please phone/email Pitanga reception for a workshop place

**Exhibition**

- "Notes" - water colour and ink drawing exhibition by Helene from Sat 28th - see exhibition section

Pitanga Cultural Centre, Samasti, Auroville (0413) 2622403/2622994 Pitanga@auroville.org.in

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**Programme for December 2015**

**Yoga Iyengar**

<table>
<thead>
<tr>
<th>Asanas</th>
<th>level 1 (Not Dec 7th &amp; 14th)</th>
<th>Mon</th>
<th>07.30 - 09.00</th>
<th>Tatiana</th>
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<tbody>
<tr>
<td>Asanas</td>
<td>level 2 (Not Dec 7th &amp; 14th)</td>
<td>Mon</td>
<td>17.00 - 19.00</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asanas</td>
<td>drop in (Not Dec 8th &amp; 15th)</td>
<td>Tues</td>
<td>11.00 - 12.00</td>
<td>Angela</td>
</tr>
<tr>
<td>Asanas</td>
<td>level 1 (Not Dec 8th &amp; 15th)</td>
<td>Tues</td>
<td>15.30 - 17.00</td>
<td>Angela</td>
</tr>
<tr>
<td>Asanas</td>
<td>drop in (Not Dec 9th)</td>
<td>Wed</td>
<td>07.30 - 09.00</td>
<td>Angela</td>
</tr>
<tr>
<td>Asanas</td>
<td>level 1 (Not Dec 9th)</td>
<td>Wed</td>
<td>11.00 - 12.30</td>
<td>Angela</td>
</tr>
<tr>
<td>Asanas</td>
<td>level 2 (Not Dec 9th)</td>
<td>Wed</td>
<td>17.00 - 19.00</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asanas</td>
<td>level 2 (Not Dec 10th)</td>
<td>Thurs</td>
<td>07.30 - 09.15</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asanas</td>
<td>di - restorative (Not on Dec 10th)</td>
<td>Thurs</td>
<td>15.30 - 16.30</td>
<td>Angela</td>
</tr>
<tr>
<td>Asanas</td>
<td>drop in (Not on Dec 10th)</td>
<td>Thurs</td>
<td>17.00 - 18.30</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asanas</td>
<td>hormonal balance (Not on Dec 11th)</td>
<td>Fri</td>
<td>09.00 - 11.00</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asanas - open practice</td>
<td>level 1 (Not on Dec 12th)</td>
<td>Sat</td>
<td>07.30 - 09.30</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asana</td>
<td>drop in (Not on Dec 12th)</td>
<td>Sat</td>
<td>10.30 - 12.00</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asanas for the spine</td>
<td>drop in (Not on Dec 12th)</td>
<td>Sat</td>
<td>17.00 - 18.30</td>
<td>Angela</td>
</tr>
</tbody>
</table>

**Note:** For Iyengar classes, please come to a drop in class first and talk to the teacher about appropriate level.

**Yoga - mixed style**

| Asanas (*) | for teenagers | Mon, Wed | 16.00 - 17.00 | Lisbeth/Ofa |
| Yoga Therapy | all levels | Mon, Wed, Fri | 08.30 - 10.00 | Gala |
| Vinyasa Flow | drop in - beginners | Tues | 09.00 - 10.30 | Bebe |
| Vinyasa Flow | drop in - all levels | Weds | 17.15 - 18.45 | Bebe |
| Yoga | for Pregnancy | Thurs | 09.30 - 11.00 | Appie/Grace |
| Hatha Yoga | drop in - all levels | Thurs | 09.30 - 11.00 | Marcela |
| Vinyasa Flow | drop in - all levels | Fri | 18.00 - 19.30 | Bebe |
| Asanas | for children 7-9 yrs. | Sat | 10.00 - 11.00 | Gala |

**Other Exercises**

| Pilates drop in in all levels | Tues | 07.45 - 08.45 | Teresa |
| Pilates drop in all levels | Wed | 17.30 - 18.30 | Teresa |
| Kick Boxing | drop in all levels | Wed | 18.30 - 20.00 | Antonello |
| Aviva exercise | for women | Thurs | 16.30 - 17.30 | SuriyaG |
| Pilates Intermediate | Fri | 17.30 - 18.30 | Teresa |
| Discover energy body | for children, 7-9 yrs. | Sat | 11.00 - 12.00 | Gala |

**Dance**

| Ballet for Adults | drop in all levels | Mon | 16.00 - 17.30 | Grace |
| Belly Dancing | drop in | Wed | 07.15 - 08.15 | Priscilla |
| Odissi Dance (*) | Regular practitioners | Tues | 16.00 - 17.15 | Rekha |
| Odissi Dance (*) | Regular practitioners | Fri | 15.30 - 17.00 | Kanchana |
| Ballet for Adults | drop in all levels | Sat | 15.00 - 16.30 | Grace |

**Other**

- **Exhibition:** Notes - a series of Water Colours and Ink Drawings by Helene from Nov 28th until Dec 19th

- **Workshops:** Thai Yoga Massage Training - Sat Dec 12th & Sun 13th 9.00 - 12.00 & 13.30-16.30 With Bebe & Itzhak, Pranayama Course The Art of Living Part 1 - Dec 9th to Dec 12th, daily 6.30am - 8.30am with Namrita & François.

Pitanga Cultural Centre, Samasti, Auroville (0413) 262 2403 - pitanga@auroville.org.in

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Note: (*) Denotes classes for those willing to commit for a minimum of 3 months

Pitanga is closed For Christmas December 25th
SAVITRI BHAVAN

December 2015

EXHIBITIONS

*Meditations on Savitri*

Book 2: The Traveller of the Worlds and Book 3: The Divine Mother
110 paintings made by Huta under the guidance of the Mother, continues in the picture gallery.

*Sri Aurobindo: A Life-Sketch in Photographs*
continues in the upstairs corridor

*Glimpses of The Mother*
Photos with texts in the square hall

FILMS

Mondays 6.30 pm

DECEMBER 7: *THE MOTHER ON SRI AUROBINDO*

The Mother said: ”Sri Aurobindo is here, as living and as present as ever and it is left to us to realise his work with all the sincerity, eagerness and concentration necessary”. Duration: 22min.

DECEMBER 14: *THE MOTHER ON AUROVILLE*

Dr. Alok Pandey speaks on the Inner Auroville, the individual Gnostic Consciousness and the Gnostic Community. This interview by Narad was recorded in November 2014. Duration: 48min.

DECEMBER 21: *SAVITRI - THE WAY OF LOVE*

The first Dr. M.V Nadkarni Memorial Lecture, given at Savitri Bhavan by Narad in March 2010
Duration: 64min.

DECEMBER 28: *MEDITATIONS ON SAVITRI - Book 5: THE BOOK OF LOVE*

A film by Manohar of Huta’s paintings illustrating passages from *Savitri* read by The Mother and accompanied by her own organ music. Duration: 42min.

REGULAR ACTIVITIES

Sundays 10.30–12 noon: Savitri Study Circle

Mondays, Wednesdays, Fridays 7-8 am: Sanskrit Hymns Chanting in the Hall
Mondays, Tuesdays, Fridays 3-4 pm: Yoga and the Evolution of Man, led by Dr. Jai Singh
Mondays 5-6 pm: *The Upanishads*, led by Dr. Ananda Reddy
Tuesdays 5.45-7.15 pm: OM Choir (see details below)

Tuesdays, Fridays, Saturdays 4-5 pm *L’Agenda de Mère* : listening to recordings with Gangalakshmi

Wednesdays 5.30-6.30 pm: Reading *The Life Divine*, led by Shraddhavan

Thursdays 4-5 pm: The English of *Savitri*, led by Shraddhavan

Fridays 5.30-6.30pm: Meditations with *Hymns to Mystic Fire* by Sri Aurobindo, led by Nishtha

Saturdays 5-6.30 pm: *Satsang* led by Ashesh Joshi

OM Choir

*The voice that chants to the creator Fire,*
*The symbolled OM, the great assenting Word*  (*Savitri p.310*)

In 1961 the Mother gave the adesh to Narad to bring down a new music. She said that one must go far above words and bring down the pure Music. Mother told us to sit in a circle and have no preconceptions as to what we would sing but to be silent and let the music descend in us. The OM Choir aspires to bring down the New Music for the New World in a collective body. We sing only OM, the creative and effectuating Word, after starting with warming-up and voice exercises. Narad will work with us.

**Full Moon Gathering**

Thursday December 24 7.15-8.15pm in front of Sri Aurobindo’s statue

Digital Library: multimedia facilities for individual study

This space offers individual computer access to a large range of audio-visual materials. All the recordings of courses, guest lectures and special events held at Savitri Bhavan are available, as well as much more. Aurovilians, visitors and volunteers are invited to make use of this opportunity to increase their knowledge and understanding of the vision of Sri Aurobindo and the Mother and the aims and ideals underlying the experiment of Auroville.

Exhibitions, Main Building and Office are open Monday to Saturday 9-5

Reading Room and Digital Library will be closed on Saturdays throughout this month

Everyone is welcome
**AT SAVITRI BHAVAN**

**“LIFE OF SRI AUROBINDO”**
A Screenplay by Lopa with pictures and texts about Sri Aurobindo and his work.
The story is narrated by people who knew him during his lifetime. Narrator and Sarojini (sister) is spoken by Lopa. Friends from San Francisco Bay Area spoke Dr. Krishna Dhan Ghosh (father), Maharaja of Baroda, Mrinalini Devi (wife), Sri Aurobindo, Nolini Kanta Gupta, Purani, Pavitra, Champaklal, Nirodbaran and others and texts from The Mother and Sri Aurobindo.
Paintings by Priti Ghosh and ‘Savitri’ paintings by Huta Hindocha & Priti Gosh.
Duration: 32min.
**Monday, 30th of November 2015, at 6:30 pm**

**SADHANA FOREST FILMS**

**THE ECO FILM CLUB**
Sadhana Forest, December 4, Friday at 7 pm

**PINA**
2011, 103 minutes, Directed by Wim Wenders
In modern dance since the 1970s, few choreographers have had more influence in the medium than the late Pina Bausch. This film explores the life and work of this artist of movement while we see her company perform her most notable creations where basic things like water, dirt and even gravity take on otherworldly qualities in their dancing.

Before the movie at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film you are welcome to join us for a free 100% vegan organic dinner!!

**Schedule of Events:**
16:00 free bus from Solar Kitchen to Sadhana Forest for the Tour
16:30 Tour of Sadhana Forest
18:00 free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
18:30 Eco Film Club begins with “previews” of short Sadhana Forest films
20:00 Dinner is served
21:30 free bus from Sadhana Forest back to Solar Kitchen
The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 2677682 or 2677683 or sadhanaforest@auroville.org.in.

**VISITOR CENTER MOVIE SHOW**
3rd of December Thursday 8 pm

**EVEREST (2015)**
**Dir:** Baltasar Kormákur / **Cast:** Jason Clarke, Ang Phula Sherpa, Thomas M.  
Story line: A climbing expedition on Mt. Everest is devastated by a severe snow storm.

**4th of December Friday 8 pm**

**MAZE RUNNER: THE SCORCH TRIALS (2015)**
**Genre:** Action/Sci-Fi/Thriller. **Dur:** 132mins. **Rated:** PG13. **Language:** English/ **Subtitle:** English.  
**Dir:** Wes Ball / **Cast:** Dylan O’Brien, Kaya Scodelario, Thomas Brodie-Sangster
Story line: After having escaped the Maze, the Gladers now face a new set of challenges on the open roads of a desolate landscape filled with unimaginable obstacles.

**LE PAVILLON DE FRANCE**

**“AU BONHEUR DES DAMES”**
The invention of the Department Store  
**Directed by Sally Aitken & Christine Le Goff**
In 1869, by transforming the sign “Au Bon Marché”, Aristide Boucicaut revolutionized trade and the women’s condition - The fascinating saga of the emergence of department stores. Born in the second part of the nineteenth century, in the wake of the industrial and “Haussmanian” wave, department stores have deeply changed the purchase habits and the status of women. A wonder we owe to a small hosiery peddler, Aristide Boucicaut, who went to Paris with a flair for business. With interviews of historians and sociologists, department stores’ archives, and quotes of striking veracity from Zola’s novel “Au bonheur des dames”, this documentary narrates the rise of the “Bon Marché”. A dense and pleasant fresco.

**French documentary without English subtitles; duration: 90 min.**
**Saturday, 28th November 2015 - 5:00 pm**
**CINEMA PARADISO (TOWN HALL)**

**SCREENING OF ‘HOME’**
Tibetan Pavilion Sunday 29th of November at 11 am  
A short concentration and the screening of HOME by Yann Arthus Bertrand
To show our support to all the global events and marches happening This day on the eve of the Climate Summit in Paris An event by the Green Centre
Indian - Monday 30 November, 8:00 pm:
- **KAAKKAA MUTTAI (The Crow's Egg)**
  India, 2014, Dir. M. Manikandan w/ Ramesh, J. Vignesh, lyshwarya Rajesh and others, Drama, 91mins, Tamil w/ English subtitles, Rated: G (U)

It is all about the life and times of two kids, Periya Kakka Mutta and his younger brother Chinna Kaaka Mutta, growing up in a slum, making a living stealing coal from the railway yard. Their father is in the jail while their mother brings them up. The urchins have their own dreams like any other kids, and here they want to try out a Pizza from the newly opened Pizza shop. Their curiosity about pizza is due to the new shop being opened by the Tamil star Silambarasan. They decide that by hook or crook, they will gain entry into the upmarket Pizza shop and have a slice of it with their own money. Will they succeed? An adorable film!

Italian - Tuesday 1 December, 8:00 pm:
- **HUNGRY HEARTS**
  Italy, 2014, Dir. Saverio Costanzo w/ Adam Driver, Alba Rohrwacher, and others, Thriller, 109 mins, English w/ Italian subtitles, Rated: PG

Jude is an American, Mina an Italian. They meet by chance in New York City. After a whirlwind romance, they get married and she becomes pregnant. A brand new life begins for both of them. Since the early months of pregnancy Mina is convinced that her child will be special; it is her mother instinct that tells her so. For the sake of his love for Mina, Jude plays along with her, until he reaches the point where he has to face a terrible truth. A covert battle of suspicions and resentments begins between Jude and Mina, leading to a desperate search for a solution in which everyone’s motive gets blurred.

Cultural - Wednesday 2 December, 8:00 pm:
- **CALLAS TOUJOURS: concert live in Paris Opera**
  France, 1958, Dir. R. Benamoun, concert live, 90mins, English/w French subtitles, Rated: NR

Paris 1958: The repertoire in this performance shows Callas at her best, both in recital and as an operatic actress. Verdi, Rossini, and Bellini, three composers at the heart of Maria Callas’s career are offered for the first part. The second half of the program comprises the complete Act 2 of Tosca opera, with a brilliant performance by Tito Gobbi in the role of Scarpia. Maria Callas is the quintessential diva who changed the face of the opera in the 20th century; true opera lover(s) will not miss the chance to get her live recording.

French - Thursday 3 December, 8:00 pm:
- **MARIE HEURTIN (Marie’s Story)**
  France, 2014, Dir. Jean-Pierre Améris w/ Isabelle Carré, Ariana Rivoire, Brigitte Catillon, Drama, 95 mins, French WITH ENGLISH subtitles, Rated: G

This story is based on facts that happened in France, at the end of the 19th century. Born deaf and blind, Marie Heurtin is unable to communicate. In desperation, her father, modest craftsman, leaves her in the care of nuns who are handling deaf girls.