HOUSE OF MOTHER’S AGENDA

She passed beyond Time into eternity,
Slipped out of space and became the Infinite;
Her being rose into unreachable heights
And found no end to its journey in the Self.
It plunged into the unfathomable deeps
And found no end to the silent mystery
That held all world within one lonely breast,
Yet harboured all creation’s multitudes.
She was all vastness and one measureless point,
She was a height beyond heights, a depth beyond depths,
She lived in the everlasting and was all
That harbours death and bears the wheeling hours.
All contraries were true in one huge spirit
Surpassing measure, change and circumstance.
An individual, one with cosmic self
In the heart of the Transcendent’s miracle
And the secret of World-personality
Was the creator and the lord of all.
Mind was a single innumerable look
Upon himself and all that he became.
Life was his drama and the Vast a stage,
The universe was his body, God its soul.
All was one single immense reality,
All its innumerable phenomenon.
Her spirit saw the world as living God;
It saw the One and knew that all was He.
She knew him as the Absolute’s self-space,
One with her self and ground of all things here
In which the world wanders seeking for the Truth
Guarded behind its face of ignorance:

She followed him through the march of endless Time.
All Nature’s happenings were events in her,
The heart-beats of the cosmos were her own,
All beings thought and felt and moved in her;
She inhabited the vastness of the world,
Its distances were her nature’s boundaries,
Its closenesses her own life’s intimacies.
Her mind became familiar with its mind,
Its body was her body’s larger frame
In which she lived and knew herself in it
One, multitudinous in its multitudes.
She was a single being, yet all things;
The world was her spirit’s wide circumference,
The thoughts of others were her intimates,
Their feelings close to her universal heart,
Their bodies her many bodies kin to her;
She was no more herself but all the world.
Out of the infinitudes all came to her,
Into the infinitudes sentient she spread,
Infinity was her own natural home.
Nowhere she dwelt, her spirit was everywhere,
The distant constellations wheeled round her;
Earth saw her born, all worlds were her colonies,
The greater worlds of life and mind were hers;
All Nature reproduced her in its lines,
Its movements were large copies of her own.
She was the single self of all these selves,
She was in them and they were all in her.
This first was an immense identity
In which her own identity was lost:
What seemed herself was an image of the Whole.

SAVITRI, Book VII, Canto VII: The Book of Yoga  SRI AUROBINDO

The soul takes birth each time, and each time
a mind, life and body are formed out
of the materials of universal Nature,
according to the soul’s past evolution
and its need for the future.

Sri Aurobindo
ref. Letters on Yoga, p.534

Cover drawing by Neeti
FAMC mandate

Dear friends,

The Auroville Council has been working on the revision of the FAMC mandate, along with Resource Persons Carel, Mandakini, Sauro, Lyle and Divya.

This revised FAMC mandate presented to the community contains the following significant changes from the current mandate:

1) Selection of Members
   a) The FAMC will no longer consist of representatives of groups. Members will be selected through a community process similar to the Working Committee and the Auroville Council. Additionally, members of the FAMC may not simultaneously be members of the Working Committee, the Auroville Council, the Town Development Council, the Housing Board, the Entry Service, or the Budget Coordination Committee. The reasons for these changes are: A) to spread decision making power over a wider group of people; and B) to encourage greater competency and a more holistic perspective of Auroville and Auroville’s needs in FAMC membership. When required, the FAMC is encouraged to call on individuals or groups to provide information and support.
   b) The FAMC membership, like the WC and the AVC will be staggered to promote continuity and understanding of issues in progress.

2) Term of Membership
   a) FAMC members may serve two consecutive three year terms after which they may not serve again for at least one year. This is to ensure that the FAMC does not become dominated by the same person(s) for prolonged periods of time and to bring in fresh ideas.
   b) Early termination of membership. While it is certain that members are well chosen and will complete their terms, provisions for early termination of membership in case of poor performance or an inability to function in the group is clearly described in the mandate.

3) Support to the FAMC. The FAMC will have a Secretariat composed of a minimum of three full time Aurovilians. The reason for this is to provide much needed support to the FAMC to prepare and maintain basic documents, queries, and investigations.

4) Budget Approval. The FAMC will approve all budgets. This is to ensure that there is at least one group that has a complete picture of projects, activities, and plans, and can therefore assist in directing Auroville toward more cohesive financial planning.

5) Accountability. The FAMC will prepare an Annual Work Plan and conduct an annual review of its work plan. These will be presented in writing to the Residents of Auroville on an Annual basis. The FAMC will hold a minimum of 4 quarterly meetings with the Residents of Auroville. These changes are to increase the FAMC’s accountability to the Residents of Auroville.

6) Appeal Process. Appeals of FAMC decisions shall follow the appeal process that is approved by the Residents Assembly.

You will find the revised mandate here in the News and Notes (See below) as well as on Auronet. Additionally, RAS will soon circulate and mail with link, where feedback can be given below each section. Alternatively you can send us your comments to avcoffice@auroville.org.in. The deadline for feedback is until 15th November 2015.

Please note that while RAS has an extensive mailing list to reach out to the community, there are still people who are not on it. If you have not received such links from them in the past but would like to, please mail them at: raservice@auroville.org.in.

Sincerely,

For the Auroville Council Daniel, Sindhuja

Funds and Assets Management Committee (FAMC) of the Residents Assembly - 2015 Mandate

DRAFT 6 October 2015

Vision

The FAMC shall endeavour to:

1) Encourage the development of an economy based on the Mother’s vision and instructions. This includes: a) Establish and sustain a self-supporting city of 50,000 people.
   b) The organization should be such, that everyone's material need should be met, not according to notions of right and equality, but on the basis of the most elementary necessities; then, once that is established, everyone must be free to organize his life, not according to his monetary means, but according to his inner capacities.
   c) Ensure that everyone contributes in work, kind, and/or money.
   d) Eliminate the exchange of money between Aurovilians.
   e) Ensure that all profits are given to Auroville.
   f) Abolish inheritance in Auroville.
   g) Become the City the Earth needs.

2) Promote a vibrant and sustainable economy .

3) Ensure that all funds and assets of Auroville are being managed in a responsible manner and are used to achieve the vision set out in the Charter of Auroville

Responsibilities

1) Definitions
   a) Internal Entity. An internal entity is any Trust, Unit, Service, Project, or Activity that operates within Auroville.
   b) Project. Project refers to any short or long term activity executed by an Internal Entity.
   c) Project Holder(s). Project Holder(s) refer(s) to any person(s) responsible for the execution and/or management of any internal entity. All signatories of any internal entity bank accounts are automatically project holders.

2) Formulate financial and economic policies and rules that support the FAMC’s mission. Such policies and rules will be submitted for approval by the Resident’s Assembly.

3) Assess adherence to approved financial policies and rules, and Indian law and in cases of non-adherence intervene as required.

4) Scrutinize and approve all budgets that exceed Rs. 5 lakhs. In so doing, it will ensure the following:
   a) The project and budget uphold the financial aims of Auroville as detailed in the FAMC mission.
   b) Budgets agree with approved plans (i.e., budgets must clearly synchronize with planned activities.)
c) Budgets are in conformance with contractual agreements, if any.
d) The FAMC has confidence that project holders can and will fulfill all contractual obligations and execute these obligations in a transparent and accountable manner.
e) The results are financially sustainable (e.g., can adequately cover running expenses).
f) The project does not create an unreasonable or unacceptable degree of financial risk.
g) Budget changes that exceed 10% of the approved budget require prior approval to be received in writing by the FAMC.
h) Projects that include buildings must be accompanied by detailed Bills of Quantities signed by project architect(s) and project holder(s).

5) Oversee the functioning of the Auroville Unity Fund, Auroville Maintenance, and the Central Fund, including the approval of loan requests from the Auroville Maintenance above Rs. 5 lakhs.

6) Approve the lease of land.

7) Approve the sale, purchase, or exchange of land jointly with the Working Committee.

8) Approve the transfer, sale, exchange, or lease of any community asset within and outside Auroville that has a value in excess of Rs. 5 lakhs at the time of transfer. Community assets include:
   a) Buildings
   b) Houses (this will be done through its Housing sub-group)
   c) Machinery and Equipment held by any unit or trust
   d) Any asset, tangible or intangible, that is held by a registered Internal Entity.

9) Define and oversee the functioning of Trusts and Units under the Auroville Foundation and take action as required.

10) Approve the creation and closure of Trusts and Units or other corporate bodies under the Auroville Foundation;

11) Appoint Trustees and Executives of Internal Entities that operate under the issuance of an Office Order or any other formal document.

12) Remove Trustees and Executives of Internal Entities in accordance with a community-approved process.

13) Appoint and remove stewards of land assets.

14) Address and resolve problems arising with respect to the management of Internal Entities.

15) Initiate audits and investigations to assess the financial viability and integrity of Internal Entities, and in cases that threaten the financial viability or integrity of Auroville, intervene as required.

16) Identify, encourage, and support the growth of commercial activities that have the potential to bring significant revenues to Auroville.

17) Approve all external loans and contracts with external entities that create a financial liability above an amount that is to be determined and published by the FAMC.  This amount may be reviewed and amended from time to time as determined by the FAMC.

18) Sub-Groups
   a) Constitute and oversee the functioning of the Housing Board and the Housing Service.
   b) Constitute and oversee the functioning of the Budget Coordination Committee.
   c) Constitute and oversee the functioning of the Unity Fund.

19) Ensure the groups responsible for housing, land, and building assets maintain a current list of all assets;

20) Maintain the Auroville Foundation Consolidated Register of Assets comprising all fixed and movable assets;

21) Jointly with the Secretariat, Auroville Foundation, oversee the drafting and viability of the Consolidated Balance Sheet of the Auroville Foundation and ensure proper accounting procedures and relation with the CAG.

Accountability
The FAMC is appointed by and accountable to the Residents Assembly. The FAMC shall:

1) Produce and publish all documentation specified below in forms and forums that are easily accessible to the Residents of Auroville.

2) Maintain minutes of its meetings

3) Produce and publish monthly reports

4) Produce and publish an Annual Work Plan that includes the FAMC’s annual goals, objectives, activities, and expected results.

5) Conduct an internal annual review that relates directly to the Annual Work Plan, and informs each new Annual Work Plan.

6) Meet with the Residents Assembly on a quarterly basis.

Support

1) Secretariat
   a) The FAMC will have a permanent secretariat composed of a minimum of three full time Aurovilians to assist it in the functioning of its duties.
   b) The FAMC shall:
      i) Appoint and remove people from the Secretariat.
      ii) Develop, review, and amend job responsibilities for members of the Secretariat as required.
      iii) Provide instructions and assignments to the Secretariat on an as needed basis.

2) The FAMC may invite people to meetings as required for the purpose of facilitating its work. It may not invite people to FAMC meetings on a permanent basis.

3) To assist the FAMC in fulfilling its duties, the FAMC:
   a) May create task groups.
   b) May contract with any entity, internal or external, to assist it in the carrying out of its duties.
   c) Shall appoint an internal auditor/CA that is directly accountable to the FAMC, as and when required.

Selection of Members

1) The FAMC members shall be appointed through a community process that will be similar to that of the Working Committee and the Auroville Council. Members of the FAMC may not be simultaneously members of the Working Committee, the Auroville Council, the Town Development Council, the Housing Board, the Entry Service, or the Budget Coordination Committee.

2) Only residents of Auroville who have been living in Auroville for a minimum of 5 years may be nominated as a member of the FAMC. Members must:
   a) Have understanding of the aims of Auroville.
   b) Have understanding of finance, accounting, or economics.

Term of Office for regular members

1) Members shall serve on the FAMC for a period of three years. They may be reappointed for one consecutive three year term after which they may not serve again for a period of one year.

2) Membership shall be staggered so that three members terminate their appointment and three new appointments are made annually. In the first appointment, the Residents Assembly shall decide on the terms of those appointed, with 3 members being given 2 year terms, 3 members given 3 year terms, and 3 members given 4 year terms.

3) If a member’s appointment is terminated before their term is expired, the Residents Assembly will fill the position with a new appointment. The new appointee will complete the term of the person who resigns. If the person resigns within four months of their termination date, the Residents Assembly may decide not to appoint a replacement, and may wait until the members term has expired before appointing a new member.

Termination of membership

1) The FAMC may request the Residents Assembly to replace a member if two-thirds of the members agree. The request must be accompanied by a justification for
such a decision (e.g., frequent absence from meetings without valid reasons or without giving advance notice, inability to work effectively with other members, etc.)
2) The RA has, at any time, the right to terminate the membership of a person if it considers so necessary in the interest of the community.
3) A member may resign by giving a one-month notice to the FAMC itself and to the Residents Assembly Service. The RAS will inform the community within one week.

Chairperson
The FAMC shall select a chairperson from among its members. The chairperson does not have a predefined term of office, but can be recalled by a motion of the FAMC members. The chairperson is expected to ensure that persons are given an opportunity to express themselves and shall strive for a harmonious agreement among members of the FAMC.

Meetings
1) The FAMC shall meet at least weekly at a place of its choice. The time and venue of regular meetings may not be altered without informing all members of the FAMC.
2) In case additional meetings are called, all of the members of the FAMC must be informed of such meeting(s) at least one week in advance.
3) Three-fourths of the members may call an emergency meeting without one week notice. All members must be informed by email.

Agenda
The secretariat of the FAMC and the chairperson prepare the agenda in consultation with the members of the FAMC. The FAMC may evolve mechanisms to effectively manage their agenda by assigning priorities as agreed upon. The final agenda for a meeting is circulated to the FAMC members before the meeting. Additional agenda items can be added by members at the beginning of the meeting.

Information Sharing within the FAMC
1) The FAMC shall have an official electronic means from which it will disseminate all information to its members.
2) Members shall also have an electronic means to procure such information (e.g., a valid email address, a working internet connection, etc.).
3) Any documents posted or sent via the official FAMC electronic means shall be considered official and shall constitute receipt of information from the moment of posting. In other words, members are responsible for checking their emails or checking designated sites to obtain information.

Decision Making
1) Only members of the FAMC have voting rights and only these members may be present when a decision is taken.
2) A member who is believed to have a vested interest in a policy to be approved or a decision to be made, may be invited to be present during discussions but shall not be present when a final decision is taken and has no right to vote, if asked to be absent by a 2/3rd majority of the FAMC.
3) The FAMC will normally take decisions by consensus within meetings or through email. Consensus will also be considered present if dissenting members consent to a proposed decision. If consensus cannot be reached, decisions will be taken by vote and a two-thirds majority of the participating members is required.
4) The quorum is 6 members. If a quorum is not present, the meeting can discuss the topics on the agenda but cannot take any decision.
5) Decisions must be minuted and the minutes must be approved before any action can be taken, except in exceptional cases.
6) In exceptional cases which require immediate action a decision may stand approved before being notified. In such a case, the Chairman must read out the final decision, which must simultaneously be visibly presented to the members on a projector or any other means.

Appeal of Decisions
Appeal of decisions made by the FAMC shall follow the Appeal Process approved by the Residents Assembly.

FAMC Mandate change
Changes in the FAMC mandate must be approved by the Residents Assembly.

ANNOUNCEMENTS

GB/IAC meeting minutes
Dear Friends,
The Working Committee has published on the Avnet the following meeting minutes of:
1) The 47th Governing Board meeting minutes dated 4th October 2015 (https://www.auroville.org.in/article/53923)
2) The Minutes of the 28th Meeting of Auroville’s International Advisory Council 2nd 4th October, 2015 (https://www.auroville.org.in/article/53900)
The hard copies of the above minutes are also available for reading in the morning time only at the Working Committee office.
The Working Committee

Work on Housing Policy
The Auroville Council has started working on the Housing Policy with a sub group of 10 people. While we are not able to expand the core group for practical reasons, we invite you to sign up for being part of a larger group that will stay connected with us on this topic by mail and will be invited to share their inputs. Please mail us at avcoffice@auroville.org.in to sign up!

L’avenir d’Auroville: 31st Oct 2015
The following Site and Building Applications (SA and BA) are announced for feedback from the community for a period of two weeks. The announcement is made for feedback only and does not mean that the project has final approval. The final approval is given when L’avenir d’Auroville / TDC issues an NOC (No Objection Certificate). This happens only once the feedback period is over, the feedback has been evaluated, a final decision by TDC has been reached and the necessary legal formalities have been completed. It is only after issuing a final building permission that fencing, building or any other activity on the site can start. It has to be noted that site permission is given to reserve the site for a maximum period of two years in order to prepare a project proposal. It does not give any right to fence and clear the site unless, for practical reasons, there is a special permission of the TDC.

Individual Project:
Building Applications Feedback:
1. Auropriya, Auromodele - House Extension
TDC asks for feedback from the residents of Auroville within two weeks from the date of publication. If anyone wishes to have detailed information, feel free to contact TDC - L’avenir d’Auroville office: 2622-170 / 262-3568 or come personally to the Building Application section.
Active Residents Assembly (ARA) - an introductory meeting

When: Thursday, 5th November, at 4 pm  
Where: Unity Pavilion

You are invited to this introductory meeting if you have already signed up for the new Active Residents Assembly experiment or if you would like to sign up now!

FOR YOUR INFORMATION

Sri Aurobindo Auditorium

In the recent past, the Bharat Nivas group had requested the community to consider, that the Sri Aurobindo Auditorium has only 550 seats. We appealed to the community to agree and understand that overcrowding the hall by occupying the steps and all available space is a serious safety hazard.

The Bharat Nivas group would like to thank the community for supporting us with the ticketing system during the last 2 programs that were held in the Auditorium - Millilacoudous and Singing Festival.

All of you who attended the program may have noticed that the hall was much cooler and people were happier to know that they were sure to get a seat. We have had a tremendous positive feedback from the community members.

We will be following the same process for the upcoming programs, especially when we anticipate a huge audience.

The next program will be Diwali celebration. Information on tickets distribution will be shared shortly, if the organisers decide to have one in the auditorium besides the fireworks outdoors.

The Sri Aurobindo Auditorium is a real treasure for Auroville and we are trying our best to maintain it as such. Let us all continue to collaborate in this work.

Bharat Nivas Group.

Travel to Pondy by public - govt transport

In May 2015, there was information about a public bus plying between Pondy Bus stand and Sanjeevi Nagar.

There is also another public bus (PRTC) that plys between Pondy Bus Stand and Sanjeevi Nagar.

It takes the route - Raja Theatre, Muthialpet, Periya Mudaliar Chavadi, Kullapalayam, Edyanchavadi, KK, Alankuppam Sanjeevi Nagar, and returns along the same way. It stops in all these places and in-between also.

There are 3 buses per day:
6.00 am leaving Pondy Bus stand  
1.40 pm leaving Pondy Bus stand  
3.20 pm leaving Pondy Bus stand

In about 35-40 mins it reaches SBI Kullalapalayam, after leaving the Pondy Bus Stand;

To return to SBI Kullapalayam on its return direction (from Sanjeevi Nagar) to Pondy, takes another 25-30 mins.

Please pass on this information to people who may not read this news but still might be interested in such a service.

POSTINGS

Come and help to prepare the Christmas fair at Youth Center

The time has come once again to get the Christmas fair ready at the Youth Center. Our main tasks involve re-newing the stage area roofs, building the bus bank, finishing up the game room and cleaning and landscaping the games and stalls areas.

Come and join us on Wednesdays and Sundays starting from 9:00 am till 4:00 pm, lunch and tea provided. Any other days you can pass by as well. More information: Babu 8098736485, Noe 9139559047 - see you soon!

A new Gita study group

Dear All, My name is Gaurav and I am a newcomer here in Auroville. I was recently talking to some of my friends and...
discovered that we had a common interest in exploring the message of Bhagavad Gita. So we look forward to start a small informal group where we can explore the Gita through self-study and discussions under the guiding light of Sri Aurobindo’s work ‘Essays on Gita’. Along with it, we intend to use the ‘Glossary of terms in Sri Aurobindo’s writings’ & ‘Srimad Bhagavad Gita’ multimedia-CD developed by Sri Aurobindo Society, as our resource material.

We will start the study from scratch in November. You need not have any previous experience in study of Gita but an aspiration for elevation to the higher nature of divine humanity. Those interested in joining and enriching the group learning experience may please drop me an e-mail or an SMS - Gaurav Chhabra: medimedia@gmail.com / 9787897947 - Peace and Joy.

A lecture in Rome

On the 7th November, at the Chavara Institute of Indian and Inter-Religious Studies (CIIS) in Rome (Corso Vittorio Emanuele, 294), Paola De Paolis will give a lecture on “Sri Aurobindo: Savitri and the Gods Awake”. The actor Alberto Rossatti will read some passages of the Poem - Submitted by Paola De Paolis

Playing chess

Chess enthusiasts! Anyone who is interested in playing chess or only learning is warmly invited to join us playing chess every Thursday from 6 to 8 pm in Acceptance (enter white gate on the right side). Tea and cookies will be served. More information: matej@auroville.org.in, 809830169

Remembering Anna Maria Pezzetta

“Anna Maria Pezzetta passed away on 2nd November 2011. She had an exceptional life with very particular and deep experiences that not many attain. She was an intelligent and sensitive person, full of humor and a great worker. She gave herself completely to The Mother, Sri Aurobindo and Auroville - a true Aurovillian”. This what Anna Maria wrote after an Auroville International meeting in Italy in June 1998: “The peaceful hills of Tuscany have warmly welcomed us. For a while suddenly an Aurovillian plateau was created here, with so many colours and in the evening breeze all those different but understandable languages faded away...after a very busy day of exchanges, ideas and plans for the future...Understanding, aspiration and certitude were so evident in our meeting...Auroville is the world, and Auroville is all of us in the world, many tiny pieces in the service of a work which requires a long preparation and struggle. I have taken back to Auroville a place which is within us, in our hearts, where all of us are One, a unique vibration of the Presence. May God guide us how to direct our first steps towards this place”.

The Italian Pavilion

Massage teaching

I’m going to teach the massage I learnt from Birenda at the Sri Aurobindo ashram 20 years ago. I accept motivated people who really want to practice this job. For Aurovilians and Newcomers only. Please send an email and your phone number to Jean Louis G.: jigambero@gmail.com

Upasana - Musician for candle light play.

We invite musicians who are interested in playing in candle light and flowers - together with friends to come and celebrate Diwali. Please write to us at: office@upasana.in - Upasana

Puppies

Dear Aurovilians, we have 5 female puppies and they are waiting for a new life - if someone is interested in adopting some of them, please contact Dorota at: 9786401213 / dorotavolkov@gmail.com

A young dog

A very special 7 month old dog has taken a liking to Creativity. But we cannot have dogs here. Her coat is a beautiful dark red brown. She is playful but still a bit shy. We are convinced she’s intelligent. She likes us—even though we had her spayed! If interested call Lieve: 91592-81631.

Row house


LED lights

We are clearing out our stock of LED lights. If you are looking for LED tubes, LED downlights or LED strips now you have a good chance. Most of the products are from CORVI and have 5 years warranty, please come to CSR second floor in case you are interested. You can call before coming to make sure we are there to: 8098507673.

Organic coconut oil

I have 15 liters of organic coconut oil available - If you need any please call Anand (Gokulam Farm): 986 5623 504

Fans

To give away separately 2 Havells ceiling fans. Please call 809 891 30 75 - Gildo

LED monitor

Selling open package Dell 21.5 inch LED monitor, purchased just a month ago. Great wide screen for most every day computing applications, movie watching, gaming and multimedia. I am selling it because not suitable for photo editing tasks I mainly need it for. Check its value on Flipkart. Model name: Dell S 2240 L. Contact Edo at: eddie.grassi@gmail.com, 9843893652
grantedly help us: a four plated gas stove, curtains (for French windows), a mirror and two mattresses. You can contact us on these numbers: 8489526550 (Sara), 7598446327 (Kiran) or 9489534714 (Margaux). Looking forward to hear from you! Sara, Kiran, Rani, Auroranand, Ablish and Margaux. Any assistance would be highly appreciated - Thank you by advance, Margaux

Alex needs a welding workshop
Hello community, if someone knows how to weld and is willing to lend me the tools and teach me, I believe it could be very helpful for Ecoservice. I am building a new sorting table to improve the setup of the workers of Ecoservice (instead of the old cardboard box) and also to allow volunteers to join them in their work. I have already done 3 prototypes in Bamboo but now it’s time to try a more permanent and practical solution. I have created a new design, but the last quotation from a metal shop was 20,000 rupees (less than 5,000 in material). Since I’m using the money from the 50 rupees campaign I wish to use this money in the most efficient way. I also like doing manual work and always wanted to learn how to weld. So if you know or know someone who can help please email, text, phone or facebook!
You are curious! You will find the plan of the new design table on the facebook page of Ecoservice: https://www.facebook.com/Ecoservice-
1541837466070115/
Alex: alexandre@auroville.org.in / 759 800 4204

LOST & FOUND

Smartphone (lost): On Tuesday 20th Oct I have lost my smartphone somewhere between Udavi school in Edalanchavady and Kottakaral. It is a Samsung Galaxy S+ with a black cover for front- and backside. If you have found it, I would love to have it back! I am sure I would find a way to express my gratitude. Thank you, Darius - Email: darius.meissner@outlook.de

A wristwatch (lost): Hi all, I have been missing my small metal wristwatch, with a dolphin insignia on the back, since week of Oct 13. It is of great importance to me because it belonged to my grandmother. Please contact me at: apliu@gmail.com if found. You will be rewarded :) - Annie Liu

THANK YOU

‘White Peacock’ clay club thanks The Divine and many great people
For their support, advice, assistance and compassion during the construction of our new Classroom cum Art Garden. We might not manage to name everybody, but we absolutely need to try. With all our heart we thank Mona Doctor-Pingel and Vinayagam for the building itself, SAIER team and Sanjeev for the support and wise supervision, Carel and Stichting De Zaaier for their immediate help, PCG team and World Education Fund team for taking a notable part in our developement, Bhuvana and Sudarshan for being so generous, Giorgio Molinari for the great support and photos, Miriam, Ravi and all the Kindergarten team for their extraordinary patience, Raman for the marble benches, Dhanalag for the assorted stone pieces for our renowned mosaic path, Anbalagan (Housing Service) for the advice and assistance with the landscape and household troubleshooting, Miniature (Liliana and Marco) for their quick respond with the contribution, Shakuntala Patel for her offering, Martina (Naturellement) for the cookies, brownies and syrop, all the club members for being passionate about clay, all the Auroville potters for their past and future assistance, Michel (Flame) for the clay and sympathy, Adil (Mandala) for the flame of the heart and many aurovilians for sharing the joy on the Opening day. We also need to thank our friends from Russia, who carried the main financial load of the project.

With Gratitude,
White Peacock team (Anna, Saraswati, Fedor, Helena)

Walking outside the existing frames
Dear Ones,
I would like to share with you the next steps in my journey: 1) By being in this existence now for 56 years, 2) By being here in Auroville now for nearly 20 years, 3) By serving till now in many different ways.

The next experience needs the courage to: “Walking outside the existing frames”
I am ready to fly - based on Trust and carried from Love.

I would like to thank all the members of the community, for the wonderful experience of giving a space to: Learn how to spread wings and have the trust to fly; learn how to listen without getting personal involved; learn how to take away my personal opinion and try to listen to the wish behind; Auroville is for me a support frame to be - without me.

- Auroville is for me the space of grace to let go of “pretending” only
- Auroville is for me a playground to experience sincerity

Also this frame perhaps needs to be let go of? No idea! No concrete plans! Giving Space for the Grace

Enjoying the free flow, open to be taken from the wind, open to listen where to go, just get carried!
The team from the Residents Assembly Service is already informed and now all of you, that I would like to step back from my duty in this frame and hand over to the next one.
This handing over is an invitation to you to step forward to join the RAS- is an invitation to serve the community without decision making power- is an invitation to use this wonderful tool to grow out of small individual selves

Love, Inge

ACCOMMODATIONS AVAILABLE AND NEEDED
House-sitting 1
Dear Aurovilians, we are a Polish-Russian family and we urgently need some accommodation as soon as possible for a minimum of 2 months. We can take good care of your house, garden, animals etc… Please contact Dorota & Edo: dorotavolkov@gmail.com

8

News&Notes 31st October 2015 [621]
A P P E A L

Sponsor a child to gain an education

Dear Friends,

New Era Secondary School (NESS), Aspiration, is an Auroville affiliated secondary school using the CBSE (Central Board of Secondary Education) curriculum. We have recently restructured the Trustee Board and Management team and the new school year has started well. There are now 104 students coming from the surrounding area, mainly Kulapalayam village, and from Auroville. Due to insufficient funds for running the school we are forced to raise the student fees, but half of our students will not be able to pay even a small increase.

We are looking for sponsors to help these students coming from under-privileged backgrounds. A regular donation of Rs 300-400 a month will support one student. A one-time donation for covering half or full year tuition fees will also be greatly appreciated.

Can you help? If so, please transfer funds in account number 0030. For donors needing to avail tax exemption, please channel the funds via the Auroville Unity Fund.

You can also send your donation via a cheque made payable to ‘Auroville Unity Fund’, Town Hall, Auroville, 605101 Tamil Nadu, INDIA indicating clearly that the donation is for New Era Secondary School Tuition Fund, or you can send it electronically by going to www.auroville.com/donations/ and following the instructions. Donations from abroad can also be made via the Auroville International Centre in your country - go to www.auroville-international.org.

For more details about students or if you would like to visit the school, please contact us at (ness@auroville.org.in, tel. 2622662).

With thanks,
Ness Trustees and Ness Management team

T A X I  S H A R I N G

Taxi to Tiruvannamalai on Monday 2.11. and on Saturday 7.11: Either way to share, timings are flexible. Please contact Angelika at: 9843678421

October 31st: Dear all - Who would like to share a taxi, Saturday 31st of October - I need to be around 3 pm at Chennai airport - This cab can pick up someone on the way to Auroville. Please call me: 948 85 12 678 / veroniquejobard@yahoo.fr - Thank you, Veronique.

October 31st: Saturday 31st, I am going to Chennai International Airport. Starting in Auroville at 11 am. 2 seats are available. Please contact Peter, mobile: 8524953824 or email: peter.loegstrup@gmail.com

November 2nd: One person, looking for somebody to share a taxi leaving on November 2nd, Monday, around 9 am from Auroville to Chennai airport. Contact Kim: 8110065928, cheese1090@gmail.com

November 2nd: I'm going to Chennai on the 2nd of November to catch a flight to Mangalore. My flight is at 11:00 am. I'm looking for someone to share the taxi with. Please call me if you are interested. My number is: 91 740 6659775 - Madana.

November 3rd: Taxi leaving Auroville on the 3rd at 3 am for a drop to Egmore Station Chennai. Available for sharing both ways. Contact Meera: 9442066836.

November 3rd: I am going to Chennai Airport, starting at 7 am. Please contact Antoine 9786401741 or email: antoine.colombani.33@gmail.com

November 3rd: Leaving Auroville around 8.30 pm on Tuesday 3rd November. Please contact Kathy on: 9443135005 or kathy@auroville.org.in

November 5th: Leaving AV at 1:30 am on 5th of November to Chennai Airport, reaching there at 4:00 am. Note: That is on the night from 4th to 5th. Indra: 94 87 91 98 32 or indra@auroville.org.in

November 5th: Leaving for Chennai Airport at 12.30 am the 5th of November, arriving at Chennai airport at 3 am. If you would like to share the taxi please contact me @ 978 733 74 65. Thanks, Ladina

W O R K  O P P O R T U N I T I E S

The Auroville Online Store is looking for a full-time accountant

We are looking for a full-time trained mid-level accountant with knowledge of Tally 9.0. Main work involved is handling of accounts for a commercial unit. Some years of experience in accounting a must. Knowledge of basic English and Tamil is needed.

For further information/appointments, contact Auroville Online Store @ 2622119.

Please send a copy of your CV to: info@auroville.com

At the Africa Pavilion

The Africa team is looking for Newcomers or Volunteers who want to help with building and with garden work at the Africa Pavilion site. Great would be to find people who can come regularly.

Please call Unity Pavilion 2623576, or find us on the African pavilion site, opposite the Bharat Nivas entrance. Looking forward to see you!

Eric, Iraguha

T R A V E L

Latest News from the Travel Shop - located at Inside India in Auroshilpam.

We are open from 09:00 to 13:00 and from 13:30 to 17:00

Latest Airline Offers:

Lufthansa will be starting new flight configuration on 17 December onwards from Chennai to Frankfurt. Promotional offers for these include in new business class (full flatbed), premium economy (better seats, food & 2 pieces of luggage) and normal economy class services.

British Airways has premium economy offers to Europe and USA.

Emirates has promotional fares to Europe and USA.

Oman Air has Spectacular offers to Europe
Hotels: International and Domestic Hotel bookings can be done at discounted rates through us. International Flight Tickets / International Hotel booking - 0413 - 2622078, travelshop@auroville.org.in, Domestic Flight Tickets / Trains / Travel Insurance - 0413 - 2622604 / 2623030, domestic@inside-india.com, doulat@inside-india.com Tours and Domestic Hotel booking - 0413 - 2622047, insideindia@auroville.org.in

HEALTH

Pitchandikulam Forest - Herbal Team

Local Herbs

Health Tips for the Rainy Season with Ayurveda and Local Herbs

Thank you very much for attending the workshop. Many of you regretted not to be able to come. So please find herewith the health tips:

Main aim for the rainy season: Increase Agni (digestive power, body temperature, warmth in the heart) and control VATA (air) and PITTA (fire), regenerate.

Aahaara - Dietary tips: Agni is naturally weak after the summer. It is needed to rebuild a proper appetite/hunger otherwise Pitta disturbances may occur (if the fire is not strong, it will create fermentation in the body affecting the digestive tract, bowel movements and mental stability). What to take?

- Warm, cooked, nourishing food
- Favorable tastes to calm VATA: Madhura (sweet), Amla (sour), Lavana (salty)
- Examples of proteins: from vegetable kingdom (green gram-mung dal, lentils, pulses, beans cooked with asafoetida), yusha (mung dal soup), from animal kingdom (chicken, small sea fish, eggs, meat soups)
- Old cereals: barley, millet, rice, oats, wheat
- Vegetables: amaranth, ash gourd, aubergine, beetroots, bitter gourd, bottle gourd, cabbage, carrots, cauliflower, chow-chow, drumsticks (moringa), eggplant, pumpkin, snake gourd, squash, spinach and greens, other seasonal vegetables...
- Fruits: pomegranate, banana, seasonal fruits...
- Beverages: honey, jaggery preparations, warm or boiled water, cinnamon tea, masala tea (without milk)
- Spices: ginger, black pepper, turmeric, cumin, clove, asafoetida, mustard seeds, ajwain, cinnamon, fennel and fenugreek seeds

Better to avoid:

- Ayurvedic formulas: panchakola or trikatu or hingwashtak churna with honey after meals

Vihar - Daily and seasonal routine:

Due to a weak digestive fire and a humid environment, the body has the tendency to absorb the moist and has difficulty to keep warm. This manifests specially in the joints giving pain, stiffness, rigidity (Vata aggravation) or inflammation, skin rashes (Pitta aggravation). Add to your daily routine:

- Abhyanga (body massage), Moordhatailam (head massage), Padaabhyanga (foot massage) with warm sesame oil, followed by Swedana therapy (fomentation/sudation) with steambath or hot water shower
- Snaana: bath or shower with warm water and a paste made of chickpea flour
- Keep the body warm from head to feet (covering specially head, neck and feet)
- Regular exercise: at least 30 minutes per day to increase body heat
- Dhumapaana (fumigation) with eucalyptus, neem or sage dry leaves
- Nasya: 2 drops of Anu Tailam in each nostril

Better to avoid:

- Afternoon nap/siestas, physical exertion
- Humid cold air, wind, fan
- Getting wet in the rain
- Strenuous work, long hours in front of the computer

For further queries, please contact Berengere (Bee) in Santé Clinic or in Pitchandikulam

SPORTS

Kshetra Auroville Kalari

Timings: Monday, Wednesday, Friday mornings - 6.30 am to 7.30 am
Every evening (except Saturday / Sunday) - 5 pm to 6 pm
See you there, at Aspiration Sports Ground.
Kshetra Auroville Kalari Team

Badminton classes

Offered by Sundaramoorthy for the kids at Aspiration and New Creation.

For details contact Sundaramoorthy (Auromodele): 9489214020
Response to the French Pavilion

What is the role of the French language?
Mother’s language is French, She taught it to the children of Sri Aurobindo Ashram and this continues with the new generations.
The 13 volumes of Mother’s Agenda represent the process of integral transformation as lived by Sweet Mother and recorded by Her scribe Satprem.
Sri Dr Kireet Joshi explained to me that this holy work of Mother was the continuation of Sri Aurobindo’s book “The Synthesis of Yoga”, Book III, The Yoga of Self Perfection, translated by The Mother into French.
Kireet Joshi also advised me to teach French, what we do now four times a week, from 5 pm to 6 pm, at Savitri Bhavan, House of Mother’s Agenda.
At Auroville Radio we read different books by Sri Aurobindo, translated into French; La Vie Divine, La Manifestation Supramentale, Le Secret des Vedas, La Synthèse des Yogas - since one and half year ago.
This is our experience with the French language in my history of Auroville in India.
In Sri Aurobindo’s and Mother’s Grace,
GangaLakshmi.

The Love’s Stories

“The pain of the world cry in my heart… sing to men of love and hope!” (Georgette Coty, poet, writer, essayist, “Sing My Soul. Selected Poems and Other Writings”, published by Sri Aurobindo Ashram, 2001, pp. 19, 24)”.

In Auroville there is a small tree from Brazil - Pitanga. Sometimes it has red sweet fruits like cherry. The building of Pitanga is situated near this tree. On 9 Oct. I visited Pitanga for Edward Chinniah’s exhibition of photos. It was a nice exhibition but one photo was especially attractive for me: two boys and one of them keeping a small dog in his hands. This was the commentary: “My dog is my god. Unconditional love”.

Our planet now is full of computers, there isn’t space for love – almost. Why we so like Miguel de Cervantes Saavedra’s hidalgo Don Quixote from La Mancha? Because he loved noble actions, the young girl Dulcinea and the old horse Rosinant.

In the Ashram Sri Aurobindo there was Dimitrii von Mohrenshildt. He loved poetry and I often had talks with him about poetry. He passed away in 2002 at the age of 100. His private library with the poetry books now is in Auroville. For eleven years I visited Dimitrii every week. He told me about his friend Richard Eggenberger (Narad). Narad loves music and plants. His name, Narad, means “the messenger and musician of the God”. Dimitrii brought the orchids for Narad from the United States. Narad had a good collection of the orchids in the Matrimandir Nursery. Now another rich collection of these plants is in our Botanical Garden. Auroville isn’t the optimal place for the orchids. But they are numerous in the sholas – the ancient ecosystems near Auroville’s Nature Camp in the Kodaikanal region. Many orchids live on tree’s trunks and branches (epiphytes), but some of these plants grow on the ground (terrestrial orchids).

On 23 Oct. in SAIER I met Chali - Narad’s daughter. She loves her father very much. For me she is similar to a terrestrial orchid. Every human being corresponds with a special kind of flower. Colline and Jean in Two Banyans are like the orchids “epiphytes”. They love the forest. In the past the forest’s voice was written down by the rishis in “the aranyakies” (“forest books”) and now it is a part of the Veda. In Two Banyans forest it gives wisdom to Colline and Jean too. That’s a result of mutual love.

Boris

Auroville and the Beauty of Transformation

The Mother named the flowers of the tree Millingtonia hortensis “Transformation” and added as its quality “The goal of creation”. And an early comment for Transformation flowers by The Mother was: “Transformation is the change by which all the elements and all the movements of the being become ready to manifest the “Supramental Truth”.

The collection and counting of Transformation flowers - and also of other flowers - was used by the Mother for Her intense work for quite some time. Even in these days Transformation Trees are growing and flowering around the Ashram and the Dining Hall and in the ‘French part’ of Pondicherry.

More energy of Transformation would be good for Auroville’s development. And we can become also more aware of how flowers and their conscious force are helping us. Earlier Auroville also had many Transformation Trees, especially around the Matrimandir Office gate. I always enjoyed their white flower-carpet after the rain and the beautiful odour. Auroculture then collected the white flowers. But during the cyclone we lost - beside other trees - many Transformation Trees and new ones were not planted.

Now the monsoon is coming and it is a good time to plant consciously Transformation Trees in order to help with our progress and so with Auroville’s development - and after every rain there will be the blessing of the beauty of white flower-carpets and a wonderful odour.

There is in Auroville a conscious awareness of the Service-Trees with their shiny yellow flowers and many Service-Trees were planted. That is lovely. Let us become also more aware of the beauty of Transformation flowers and the support they give to the psychic presence and growth.

With love and adoration - Margrit
Marvellous Millidacious & Honouring Auroville Film Festival (2015)

Would you like to get away from the humdrum of your everyday life for 2 hours and get transferred to a fairyland? Watch the film Millidacious, shot during the performance of the drama with the same title in Auroville in September 2015. There are people gifted with the extrasensory sight to perceive the world of fairies. According to their account, these are the tiny joyful creatures closely related to the plants. They sing, they dance, they celebrate, they rejoice. The characters in Millidacious were that of cats, rats, rabbits and mice but through them, their big and small affairs, their joys and sorrows, their conflicts and problems, their concerns and conversations, their songs and dance you get as close to fairyland as humanly possible. At the end, you will find yourself walking on a different pitch of earth where there is lightness, sweetness, innocence, peace.

I could not follow most of the pronunciations but one thing came out clearly: actors and director must have made earnest efforts to give turns and twists to the tunes of their voices much the same way as they must have worked hard for every other aspect of the musical drama – make ups, dress, stage set up, music. The result? You feel as if you were watching a delightful captivating children’s film on an international television channel. Someday, we in Auroville will have such an international television channel but for the moment, since Paul Blanchflower and his colleagues have already produced such a marvellous entertainment, I believe they should contact film distributors in India and abroad and see if any of them is interested in buying the distribution rights for its relay on a television channel. Perhaps this could generate funds for their next performance.

Another impression I got while watching the film was – if a reviewer of the Millidacious writes in his/her review that the cost of producing this wonderful children’s film, which even adult can relish, was very low because the seasoned actors like Otto and Krishna, Clare and Jana did not charge any fee, this being a non-profit children’s film! A miracle! Yes, such miracles do happen when there is labour of love, labour of joy. Otto oudid himself. As Toine told me at the end: “What a talent we have in Auroville!”. I couldn't agree more.

Earlier, I suggested that the producer of the Millidacious should contact film distributors or the TV channels to gauge their interest. I have another suggestion too. The films should be copied into videos and be gifted to each participant, especially to all the teenagers. They will cherish it for life. If no distribution agency is interested in buying the rights, then it should be made available for purchase at various Auroville outlets including: www.auroville.com. Besides, all Auroville and Auroville friendly educational institutions should be contacted and if they show interest in having one, they should be sent a gift copy. Has any newspaper covered the event? If not, those journalists based in Puducherry who frequently writes about Auroville events in The Hindu should also be sent a copy so that they view and cover the event. Compliments to all for producing this high standard entertainment and filming it.

Honouring Auroville Film Festival (2015): I would also like to honour all the efforts, all the labour of love of Krishna, Christoph, Tom, Sasikant, Tlaloc, Marco F, Marco S, Christine, Claire, Laxmanan, Ivana, Kaeridwyn, Mariana, Shekhar, Koteshwar for selflessly making all arrangements and planning the organisation of the film festival in the minutest details. They made Auroville atmosphere more vibrant, more alive, and more joyful with their weeklong programme that included showing a large number of films and documentaries, both from within and without Auroville; decorating the town hall, Sankalpa’s multi-coloured art cart, food stalls, prizes and many more. To this end (by way of honouring) them I have posted on Auroville Intranet 1) a link to my review of Shack Life, a documentary shown at Cinema Paradiso 26th August 15 in the presence of its main director Lesley Branagan 2) a link to my brief impression of the two short films shown during last film festival, namely, Virpanaiku Alla (Not for sale) by Aurovenkatesh and Living Symbol by Juergen Puetz 3) a link to some words of the Mother on films and film studio in Auroville. If you would like to read these small documents, please check the post dt. 22 Oct 15 or write to aryadeep@auroville.org.in

Aryadeep

INVITATIONS

For your calendar

AMPHITHEATRE - MATRIMANDIR

Meditation with Savitri read by Mother to Sunil’s music
Every Thursday at sunset
From 5.30 to 6.00 pm (weather permitting)
Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not to use cameras, i-pads, cell phones, etc.

Dear Guests, please carry your Guest Card with you - No photos there.
Access only for the Amphitheatre from 5.15 to 6.00 pm.
Please be seated by 5.25 pm

Amphitheatre Team

Deepawali (festival of light) at Upasana 2015

Dear friends,
We will be celebrating Deepawali in Upasana on Wednesday 11th of November at 6 pm, onwards till 9 pm.
We invite everyone to join us for light, flowers & food together.

Love, Upasana Team.
EXHIBITIONS

Bhutan Dreams
Paro and Punakha
Photos by Franz Fassbender

Reminder: Painting exhibition by Sathya (Solitude)
@ Solitude Farm Cafe, till 7th Nov 2015, Saturday

TALKS, SEMINARS

Revival of the Cree Nation in Northern Quebec
Audio Visual presentation by Stephen Inglis
MMC Monday, Nov. 9th, 4:30 to 6 pm

After hundreds of years of colonization and marginalization, First Nations in Canada are reclaiming their rights as citizens and recovering their identities. Stephen Inglis will present a description from recent personal experience of the building and programming of Aanischaukamikw Cree Cultural Centre its vision and its role. He will also make a few comparisons to similar initiatives by tribal peoples in India with whom he has worked.

In 1968, Stephen Inglis came to the Inauguration of Auroville to put a handful of Canadian soil in the urn of the Amphitheatre. He lived in Auroville for about a year before going back to Vancouver where he completed studies in anthropology and the history of art. Stephen Inglis was Director-General of Research and Collections at the Canadian Museum of Civilization for 25-years.

Organized by Canadian Pavilion

CULTURAL EVENTS

LECTURE-CONCERT

On Italian language and music
The Italian Pavilion is proud to introduce Stefano Ragni, Italian researcher, teacher, musician, journalist who is touring the world by performing a lecture-concert on the history of Italian language through music, a long journey that spans from Vivaldi to Einaudi.

At Cripa, on Wednesday 4 November 2015, at 8 pm sharp.
All are invited.
Regular classes in Creativity hall of light

Nada Yoga: The Yoga of Sound with Hamsini - Every Monday-Tuesday-Wednesday 2-3.30 pm.
On appointment, please call Hamsini: 9487544184.

Spontaneous Singing: Freely inspired and improvised harmonisations with Asha - Every Wednesday 5-6 pm.

Vinyasa Flow: Vinyasa style active asanas with Bebe - Every Thursday 5-6.30 pm.

LEC Cooking Class: Cook with Locally Grown Vegetables

The second session this season will be on Nov the 7th (Saturday) in Life Education Centre (LEC) at 10:30 am.
It will be an interesting session with two widely available local vegetables - 1) Yam. It is slender yam not the elephant yam, also called karanai kizhangu or pidi karanai kizhanu. It is a root vegetable with nutritional benefits including being a good natural remedy for piles. 2) Drumstick - no explanation required for this vegetable and the preparation during the session is a tasty soup.
Dishes are simple, easy to prepare, nourishing and retain the flavor of vegetables.
Come watch the demonstration and be inspired to cook with local vegetables. Copies of recipes will be made available during the class. The bi-monthly cooking sessions are offered by Buvanasundari.
LEC is located opposite Isaiambalam School in Kotakkarai.

Life Education Centre team

Integral Craniosacral Bodywork

With Krishna Nag

Dates: Saturday 14 November - Tuesday 17 November (4 days)
Timings: 9.00 am - 4.00 pm (20 - 25 hours in total)
Number of participants: 6 - 8 students max.
Venue & bookings: Quiet Healing Center (2622646/2622329 - 9488084966)

During this 4-day course in Integral Craniosacral Bodywork we will be in touch with the cranial waves, nervous system, bones and tissues, and learn how to release the stored information in order to live with a clear mind, a free body and an open heart.
We will take a close look at the anatomy and the cranial waves and practice to feel it and notice how changes are taking place.
This is a training for awareness, perception and intuition. A room for self-perception and to experience a respectful way to be with each other and oneself. A space to start the dance between the conscious and the unconscious. All are welcome to create this space together. Experience in bodywork is helpful but not required.

Krishna Nag is a certified “Naturheilpraktiker” and Visionary Craniosacral Bodywork therapist; she’s also a Sivananda Yoga teacher. Krishna has been practicing Craniosacral Bodywork for several years and is eager to share her experience and knowledge through this course.
The course is only for Aurovilians and Newcomers; a minimal contribution of Rs. 250 per day is requested for lunches and snacks.

Inner-Work-Workshop

Introduction to the Integral Yoga of Sri Aurobindo and the Mother
3rd November (Tuesday)
- Overview with multimedia presentation
- Questions and Answers
- Practice in Daily Life
- Complimentary Concentration Exercises
- Creative Arts, Interactive Games
- Life of Sri Aurobindo and the Mother
- Introduction to the Reference Books

Focus this week on: ‘The Supermind’
These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.
Place: Savitri Bhavan / Time: 9 am to 12.00 Noon (pl be present by 8.55 am)
Led by Ashesh Joshi - Contact: 9489147202, 2622922
No Registration required (except for groups) / Fees: Voluntary Contribution
All are welcome
For details on the Integral Yoga and the upcoming workshops: please visit www.integralyoga-auroville.

Circlesongs

We (Marlena, Fif and Hamish) are now ready to offer circlesinging, having recently attended a Bobby McFerrin Circle Song workshop at Omega Institute in New York.
Requirements: a love for having fun, willingness to use your voice to make sound and a love for rhythm and harmony.
At the Pavilion for Tibetan Culture
Mondays 4:45 to 6:15 commencing this Monday 2 November 2015

Dance workshop

A theatre/dance company from France will arrive in Auroville on November 2nd for the entire month of November. They will train at New Creation dance studio to conduct a month long research period in the search for a theatre where future meets the present. The group is formed of multicultural artists who met during their studies at L’Ecole Jacques Lecoq in Paris. Established in 2013, the group have been continuously researching, conducting several experiments, sometimes including audience, playing with the notion of intimacy quite regularly in their recent works.
Jay Emmanuel: Born in India and bred in Australia, Jay is kathakali and contemporary dancer, actor, director and producer.
Clara Henry: Clara is an actor and dancer from France.
Sunniva Styrvold: Sunniva is an actor and fire-breather hailing from Norway, having graduated from Ecole Jacques Lecoq and Estudis Escuela Internationale de Théâtre Berty Trovias.
In exchange for using the studio, they offer to do 2 dance workshops per week in November with Aurovilians/Newcomers and guests. The theme for the workshop is how to express poetry through movement and dance. So it is a dance workshop, not a theatre workshop...

The schedule for the first workshop is Wednesday 4th at 9.30 am. After this first meeting a schedule that meets the needs of participants can be organised.
Guests/volunteers may contribute Rs 800 for the whole workshop. Thank you...
If you are interested in participating or need extra info, please contact Savitri: 8940477667 or savitri@auroville.org.in

Biodanza

Every Thursday at New creation dance studio at 7 pm till 8.30 pm. With Isabelle, facilitator in supervision. You can practise this life dance. More joy in your life with beautiful music that increases your wellbeing and your health to connect yourself, the others and the environment. It has really some positive effects. The Biodanza is for everybody. You don’t need to know how to dance.
Please come on time - Contact Isabelle 9786400536
Connection as Life Energy

Introduction to Nonviolent Communication with L’aura Joy, CNVC Certified Trainer

Do you long for more joy, authenticity and depth when connecting with yourself and others? Do you wonder what gets in the way of connecting and relating the way you truly want?

November 6 & 7 (Friday, Saturday)*- 9.30 am-5 pm (with potluck lunch)

More info & register: contact L’aura: joylivinglearning@gmail.com, 9442788016 “Must attend both days…"

A path of Nonviolence (based on Nonviolent Communication, NVC) offers both a deeply-rooted consciousness of oneness, as well as very practical tools to live this more and more in our daily lives. In re-evaluating some of our habitual and conditioned thinking, we see how much of it is life-alienating and based on a culture of scarcity and separation. We’ll learn the skills to be able express ourselves with more clarity and to hear others’ true (and harmless) message, which in turn leads to more connection between us.

Exploring Restorative Circles (and Justice in Auroville)

Sat, Oct 31 (10am-5pm) and Sun, Nov 1 (10 am-3 pm)

-What is Justice? Are we satisfied with the justice system(s) we have in Auroville…? Does it work…? How would like it to be different…? Come and explore with us! (See previous News & Notes for more info…)

Love, L’aura, Janet and Shanti. To register, contact L’aura: 9442788016, joylivinglearning@gmail.com

Namaste to all Sanskrit lovers

We are very happy to inform the community that at Deepanam School we have the possibility to offer Sanskrit classes. Acharya VishnuLalit is an inspiring Sanskrit teacher at the Ashram School and is known for conversing with almost everyone uniquely in Sanskrit for the past 50 years.

He will be with us on Wednesday afternoons from 1:30 until 4:30. One beginner’s class is planned from 3:15 to 4:15 pm.

For any queries, including alternate timings contact Aravinda Maheshwari 9487329480 or Falguni 9487336223.

We hope to gather all inputs and begin classes from next Wednesday November 4th.

A workshop on Panini

“It is one of the greatest monuments of human intelligence.” - George Cardona

Professor Rama Nath Sharma (University of Hawaii) will present a workshop that will allow students already familiar with Sanskrit to dive deep into its most beautiful and ancient grammatical traditions. Pānini has influenced not just contemporary linguistics but many other fields and is one of the greatest scholars in India’s history.

Date: 12-15 November 2015 / Venue: SAILER Conference Room

Pre-requisites: Some knowledge of Sanskrit grammar is required (this is not a beginners’ workshop)

Registration: Registration can be done online at http://dl.gt/panini2015

Auroville bamboo centre Training Program for November - 2015

Auroville Bamboo Centre runs many workshops throughout the year for visitors who book and pay for the courses. We do have various conditions that we hope you understand and agree.

Training and workshop: The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people. Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

The Auroville Bamboo centre offers training to individuals and groups in:

Bamboo Construction

4th to 7th November: 4 days - training program on bamboo construction
24th to 27st November: 4 days - training program on bamboo construction

Bamboo Furniture

19th to 21st November: 3 days - training program on bamboo furniture

Bamboo Jewellery

Every Saturday of November: 1/2day - training program on bamboo jewellery

Bamboo Toys

Every Friday of November: 1 day - training program on bamboo toys

Bamboo Musical Instruments

Every Thursday of November: 1 day - training program on bamboo musical instruments

The program will consist of learning inputs: theory, instruction, demonstration, and practical work.

Flexible training dates offered to groups - Contact: 0413-2623806 / murugan@aurovillebamboocentre.org / www.aurovillebamboocentre.org

Kottakarai plaza tour & Village Artisans and Crafts

Please register for all the programs in advance by contacting 0413 2623806 or Mohanamprogram@gmail.com. Please visit: www.mohanam.org or www.harmonyvillagepromenade.weebly.com

Bioreservation tour November 2015

Date: Every Saturday, November 2015

Time: 12 pm till 6.30 pm

Meeting point: 11.45 am at Lively Boutique, Kotakkarai Plaza

Auroville is an incubator that enables the development of village crafts, artists and artisans. In the community around Auroville in the villages of Kottakkarai, Alankuppam and Sanjeevinagar there are many small-scale Handicraft products for Auroville and for the world. It means there is imaginative design with respect for quality finishing. Mohanam invites you to join us in a tour of these projects. We will take you into the community to show how the products are made and introduce you to the artisans.

Timing: Every Thursday and Saturday Month of November from 10.00 am to 12.00 pm

Place: Meet 9.30 am at Lively Boutique opposite Ganesh Bakery Kottakarai.

Booking: Not required but please phone if you wish on 0413-2623 806 / If a group is requested, date can be flexible (No Sunday)

Contribution: Minimum Rs.350 requested (Including Lunch and small craft gift)
The Tour will only take place once a minimum of 5 bookings has been received. We aim to run this tour every Saturday, dependent on number of bookings received. Contribution amount is confirmed on enquiry. Transportation will be arranged according to the number of people.

**Village Tour**


Meeting Point is the Lively Boutique, Kotakkarai plaza at 9.30 am (please bring your bike)

Come and enjoy the authentic village experience and celebrate cultural heritage!

Contribution requested from Aurovillian, Guests & Volunteers.

**Cook like a local (Traditional)**

Saturday 07/11/15, Saturday 14/11/15, Saturday 21/11/15, Saturday 28/11/15

Learn to make these delicious local dishes and learn how to make flower drawing.

Timing: Every Wednesday Month of November from 02.00 pm to 04.30 pm

Contribution: Minimum Rs.350 Requested (come and learn and take one lampshade with you)

**Marbling & Lampshade Training**

Marbling is a method of creative painting with surface design, which can produce patterns similar to smooth marble; the patterns are the result of color floated on either plain water or a viscous solution known as size, and then carefully transferred to an absorbent surface, such as paper or fabric.

Timing: Every Thursday Month of November from 02.00 pm to 04.30 pm

Contribution: Minimum Rs.500 Requested (come and learn and take one tea cup with you)

---

**SCHEDULES**

---

**SAVITRI BHAVAN - November 2015**

**Meditations on Savitri**

- Book 2: The Traveller of the Worlds and Book 3: The Divine Mother
- 110 paintings made by Huta under the guidance of the Mother - continues in the picture gallery
  - Mondays 6.30 pm
  - NOVEMBER 2: THE COLLABORATION OF NATURE
    - Richard Pearson speaks about conscious interactions with plants. Film by Wisdom Splendour. Duration: 88min.
  - NOVEMBER 9: A New Birth - A Meeting of The Mother with Surendra Nath Jauhar
    - Surendra Nath Jauhar built the Sri Aurobindo Ashram, Delhi Branch. Duration: 22:00min.
    - Followed by Adoration of the Divine Mother - Film and music by Michel Montecrossa. Duration: 5:00min.

**EXHIBITIONS**

- Sri Aurobindo: A Life-Sketch in Photographs - continues in the upstairs corridor
  - Glimpses of The Mother - Photos with texts in the square hall

**FILMS**

- NOVEMBER 16: THE MOTHER - 'Glimpses of Her Life' and 'Four Aspects of The Mother'
  - This two-part video was originally made in 1992 and re-edited in August 2015. Duration: 43min.
- NOVEMBER 23: MEDITATIONS ON SAVITRI - Book 4: The Book of Birth and Quest
  - A film by Manohar of Huta's paintings illustrating passages from Savitri. Duration: 53min.
- NOVEMBER 30: LIFE OF SRI AUROBINDO
  - Screenplay by Lopa: pictures and texts about Sri Aurobindo and his works. Duration: 32min.

**REGULAR ACTIVITIES**

- Sundays 10.30-12 noon: Savitri Study Circle
- Mondays, Wednesdays, Fridays 7-8 am: Sanskrit Hymns Chanting in the Hall
- Mondays, Tuesdays, Fridays 3-4 pm: Yoga and the Evolution of Man, led by Dr. Jai Singh
- Mondays 5-6 pm: The Upanishads, led by Dr. Ananda Reddy
- Tuesdays 5-6 pm: Savitri study in Tamil, led by Sudarshan
- Tuesdays 5.45-7.15 pm: OM Choir (see details below)

**OM Choir**

The voice that chants to the creator Fire, The symbolled OM, the great assenting Word (Savitri p.310)

In 1961 the Mother gave the adesh to Narad to bring down a new music. She said that one must go far above words and bring down the pure Music. Mother told us to sit in a circle and have no preconceptions as to what we would sing but to be silent and let the music descend in us. The OM Choir aspires to bring down the New Music for the New World in a collective body. We sing only OM, the creative and effectuating Word, after starting with warming-up and voice exercises. Narad will work with us.

**Full Moon Gathering**: Wednesday November 25, 7.15 - 8.15 pm, in front of Sri Aurobindo’s statue

Digital Library: multimedia facilities for individual study: This space offers individual computer access to a large range of audio-visual materials. All the recordings of courses, guest lectures and special events held at Savitri Bhavan are available, as well as much more. Aurovilians, visitors and volunteers are invited to make use of this opportunity to increase their knowledge and understanding of the vision of Sri Aurobindo and the Mother and the aims and ideals underlying the experiment of Auroville.

Exhibitions, Main Building and Office are open Monday to Saturday 9-5 / Reading Room and Digital Library will be closed on Saturdays throughout this month - Everyone is welcome
Programme for November 2015

**Yoga & Iyengar**

<table>
<thead>
<tr>
<th>Practice</th>
<th>Level</th>
<th>Days</th>
<th>Time</th>
<th>Teacher</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asanas</td>
<td>1 (from Nov 9th)</td>
<td>Mon</td>
<td>07.30 - 09.00</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asanas</td>
<td>2 (from Nov 9th)</td>
<td>Mon</td>
<td>17.00 - 19.00</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asanas drop in</td>
<td>(not on Nov 10th)</td>
<td>Tues</td>
<td>11.00 - 12.00</td>
<td>Angela</td>
</tr>
<tr>
<td>Asanas</td>
<td>1 (not on Nov 10th)</td>
<td>Tues</td>
<td>15.30 - 17.00</td>
<td>Angela</td>
</tr>
<tr>
<td>Pranayama</td>
<td>1 &amp; 2 (from Nov 10th)</td>
<td>Tues</td>
<td>17.30 - 19.00</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asanas for women drop in</td>
<td>(not on Nov 11th)</td>
<td>Wed</td>
<td>07.30 - 09.00</td>
<td>Angela</td>
</tr>
<tr>
<td>Asanas</td>
<td>1 (not on Nov 11th)</td>
<td>Wed</td>
<td>11.00 - 12.30</td>
<td>Angela</td>
</tr>
<tr>
<td>Asanas</td>
<td>2 (from Nov 11th)</td>
<td>Wed</td>
<td>17.00 - 19.00</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asanas for women</td>
<td>2 (from Nov 12th)</td>
<td>Thurs</td>
<td>07.30 - 09.15</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asanas drop in restorative</td>
<td>(not Nov 12th)</td>
<td>Thurs</td>
<td>15.30 - 16.30</td>
<td>Angela</td>
</tr>
<tr>
<td>Asanas drop in</td>
<td>(from Nov 12th)</td>
<td>Thurs</td>
<td>17.30 - 19.00</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asanas hormonal balance</td>
<td>(from 13th)</td>
<td>Fri</td>
<td>09.00 - 11.00</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asana - open practice</td>
<td>level 3 (from Nov 14th)</td>
<td>Sat</td>
<td>07.30 - 09.30</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asana drop in</td>
<td>(from Nov 14th)</td>
<td>Sat</td>
<td>10.30 - 12.00</td>
<td>Tatiana</td>
</tr>
<tr>
<td>Asanas for the spine</td>
<td>drop in (not on Nov 14th)</td>
<td>Sat</td>
<td>17.00 - 18.30</td>
<td>Angela</td>
</tr>
</tbody>
</table>

**Note:** For Iyengar classes, please come to a drop in class first and talk to the teacher about appropriate level.

**Yoga - mixed style**

<table>
<thead>
<tr>
<th>Practice</th>
<th>Level</th>
<th>Days</th>
<th>Time</th>
<th>Teacher</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hormonal Yoga</td>
<td>drop in - all levels</td>
<td>Mon</td>
<td>16.30 - 18.00</td>
<td>Brigitte</td>
</tr>
<tr>
<td>Asanas (*)</td>
<td>for teenagers</td>
<td>Mon, Wed</td>
<td>16.00 - 17.00</td>
<td>Lisbeth/ofa</td>
</tr>
<tr>
<td>Yoga Therapy</td>
<td>all levels</td>
<td>Mon, Wed, Fri</td>
<td>08.30 - 10.00</td>
<td>Gala</td>
</tr>
<tr>
<td>Vinyasa Flow</td>
<td>drop in - beginners</td>
<td>Tues</td>
<td>09.00 - 10.30</td>
<td>Bebe</td>
</tr>
<tr>
<td>Vinyasa Flow</td>
<td>drop in - all levels</td>
<td>Weds</td>
<td>17.15 - 18.45</td>
<td>Bebe</td>
</tr>
<tr>
<td>Yoga for Pregnancy</td>
<td></td>
<td>Thurs</td>
<td>09.30 - 11.00</td>
<td>Apple/Grace</td>
</tr>
<tr>
<td>Vinyasa Flow</td>
<td>drop in - all levels</td>
<td>Fri</td>
<td>18.00 - 19.30</td>
<td>Bebe</td>
</tr>
<tr>
<td>Asanas</td>
<td>for children 7-9 yrs.</td>
<td>Sat</td>
<td>10.00 - 11.00</td>
<td>Gala</td>
</tr>
</tbody>
</table>

**Other Exercises**

<table>
<thead>
<tr>
<th>Practice</th>
<th>Level</th>
<th>Days</th>
<th>Time</th>
<th>Teacher</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pilates drop in in all levels</td>
<td></td>
<td>Tues</td>
<td>07.45 - 08.45</td>
<td>Teresa</td>
</tr>
<tr>
<td>Pilates drop in all levels</td>
<td></td>
<td>Wed</td>
<td>17.30 - 18.30</td>
<td>Teresa</td>
</tr>
<tr>
<td>Aviva exercise for women</td>
<td></td>
<td>Thurs</td>
<td>16.30 - 17.30</td>
<td>SuryaG</td>
</tr>
<tr>
<td>Pilates Intermediate</td>
<td></td>
<td>Fri</td>
<td>17.30 - 18.30</td>
<td>Teresa</td>
</tr>
<tr>
<td>Discover energy body for children, 7-9 yrs</td>
<td></td>
<td></td>
<td>11.00 - 12.00</td>
<td>Gala</td>
</tr>
</tbody>
</table>

**Dance**

<table>
<thead>
<tr>
<th>Practice</th>
<th>Level</th>
<th>Days</th>
<th>Time</th>
<th>Teacher</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ballet for Adults</td>
<td>drop in all levels</td>
<td>Mon</td>
<td>16.00 - 17.30</td>
<td>Grace</td>
</tr>
<tr>
<td>Belly Dancing</td>
<td>drop in</td>
<td>Wed</td>
<td>07.15 - 08.15</td>
<td>Priscilla</td>
</tr>
<tr>
<td>Odissi Dance (*)</td>
<td>Regular practitioners</td>
<td>Tues 1</td>
<td>6.00 - 17.15</td>
<td>Rekha</td>
</tr>
<tr>
<td>Odissi Dance (*)</td>
<td>Regular practitioners</td>
<td>Fri</td>
<td>15.30 - 17.00</td>
<td>Kanchana</td>
</tr>
<tr>
<td>Ballet for Adults - drop in all levels</td>
<td></td>
<td>Sat</td>
<td>15.00 - 16.30</td>
<td>Grace</td>
</tr>
</tbody>
</table>

**Other**

**EXHIBITION:** “Notes” a series of Water Colours and Ink Drawings by Helene

**Health Care at Pitanga**

Homeopathy & Bach Flower Remedy, Marika Mon, Fri: 09.00 - 12.00 Tue, Thurs: 15.00 - 17.00

*For the following therapies & treatments please book your appointment on phone, 2622403/2622994*

- Cranio Sacral Therapy with Elena or Veronica
- Experiential Anatomy with Francesco
- Journey to the memory of the body & Life Coaching with Vani
- Oil massage with Antonello
- Psychotherapy and Hypnosis with Veronica
- Naturopathy/Cupping with Veronica
- Reflexology with Priscilla
- Releasing through Awareness with Rosa
- Somatic Therapy with Francesco
- Suction/Cupping Massage with Svetlana
- Thai Yoga Massage with Juan, Bebe or Manu.

Note: (*) Denotes classes for those willing to commit for a minimum of 3 months

Pitanga is closed For Diwali Wednesday November 11th
## ARKA WELLNESS CENTER - NOVEMBER 2015

**Phone:** 0413-2623799  /  **Website:** [www.arka.org.in](http://www.arka.org.in)

### THERAPIES

<table>
<thead>
<tr>
<th>WHAT WE PROPOSE</th>
<th>WITH WHOM</th>
<th>WHEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cranio Sacral, Lomi Lomi massage &amp; Bare foot body massage</td>
<td>Silvana by appointment 9047654157</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Body Logic, Soft Massage and Deep Tissue Massage</td>
<td>Pepe by appointment 9943410987</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Acupuncture</td>
<td>Dr. Mohammed Sahel Ansari by appointment 9994208068</td>
<td>Monday, Wednesday and Friday</td>
</tr>
<tr>
<td>Yogic Healing Therapeutic Massage</td>
<td>Basu - by appointment 9443997568</td>
<td>Monday to Friday 8 to 9:30 am &amp; 6:00 to 7:30 pm, Saturday &amp; Sunday any time.</td>
</tr>
<tr>
<td>Psycho Spiritual Tarot, Deconditioning Self-Inquiry &amp; Innervoice Dialogue</td>
<td>Antarjotthi by appointment 0413-2623767 or Email: <a href="mailto:antarcalli@yahoo.fr">antarcalli@yahoo.fr</a></td>
<td>Also in French.</td>
</tr>
<tr>
<td>Courses of reiki, Reflexology &amp; Ayurvedic massage</td>
<td>Gannaka by appointment 9487629648</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Deep core massage</td>
<td>Sumit by appointment 07839062619</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Siddha Treatment ( Discover the traditional Medicine)</td>
<td>Shivaraj - 93454 54232</td>
<td>Monday, Wednesday and Friday From: 10:00 am to 12:00 pm by appointment.</td>
</tr>
</tbody>
</table>

### BEAUTY PARLOR

<table>
<thead>
<tr>
<th>WHAT WE PROPOSE</th>
<th>WITH WHOM</th>
<th>WHEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Holistic Reflexology, Face Massage, Cleaning, manicure, pedicure, threading, waxing, henna &amp; hair coloring.</td>
<td>Meha by appointment 9443635114</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Hair dressing</td>
<td>Ongkie - by appointment 9843930178</td>
<td>Monday to Friday</td>
</tr>
<tr>
<td>Hair dressing</td>
<td>Ladina (Certified Hairdresser) appointment - 9787337465</td>
<td>Monday to Saturday</td>
</tr>
<tr>
<td>Hair dressing</td>
<td>Yuval appointment 7639291546</td>
<td>Monday to Friday</td>
</tr>
</tbody>
</table>

### REGULAR CLASSES IN THE MULTIPURPOSE HALL - 1ST FLOOR

<table>
<thead>
<tr>
<th>WHAT WE PROPOSE</th>
<th>WITH WHOM</th>
<th>WHEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acro-Yoga</td>
<td>Damien - 9047722740</td>
<td>Saturday - Beginners class at 8:45 to 10:15 am</td>
</tr>
</tbody>
</table>

### CLASSES in VÉRITÉ - November 2015

<table>
<thead>
<tr>
<th>Days</th>
<th>Drop-in Classes</th>
<th>Timings</th>
<th>Facilitator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, Wednesday &amp; Friday</td>
<td>Hatha Yoga in Iyengar Tradition</td>
<td>6:45 to 8.15 am</td>
<td>Olesya</td>
</tr>
<tr>
<td>Monday to Thursday</td>
<td>Meridian Exercises and Yoga (Starting Nov. 3)</td>
<td>9 - 10.30 am</td>
<td>Yaor</td>
</tr>
<tr>
<td>Monday</td>
<td>Sound Bath</td>
<td>5.15 to 6.30 pm</td>
<td>Aurelio</td>
</tr>
<tr>
<td>Tuesday &amp; Thursday</td>
<td>Hatha Yoga in Iyengar Tradition</td>
<td>5 to 6.30 pm</td>
<td>Olesya</td>
</tr>
<tr>
<td>Friday</td>
<td>Nia (starting 13 Nov)</td>
<td>5 to 6 pm</td>
<td>Ursula</td>
</tr>
<tr>
<td>Saturday</td>
<td>Hatha Yoga in Iyengar Tradition</td>
<td>4.30 to 6 pm</td>
<td>Olesya</td>
</tr>
</tbody>
</table>

### WORKSHOP in VÉRITÉ - November 2015

<table>
<thead>
<tr>
<th>Days</th>
<th>Drop-in Classes</th>
<th>Timings</th>
<th>Facilitator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fri, 13 Nov</td>
<td>Ayurvedic Herbs For Daily Use</td>
<td>9.30 am to 12.30 pm</td>
<td>Dr. Geeta Auropremi</td>
</tr>
<tr>
<td>Fri, 13 Nov</td>
<td>South Indian Organic Cooking</td>
<td>9.30 am to 12.30 pm</td>
<td>Rajaveni and Suba</td>
</tr>
<tr>
<td>Sat, 14 Nov</td>
<td>A Day on Death &amp; Dying</td>
<td>9.30 am to 4.30 pm</td>
<td>Susan</td>
</tr>
<tr>
<td>Wed to Fri, 18 to 20 Nov</td>
<td>South Indian Drumming</td>
<td>9.30 am to 11.30 am</td>
<td>Kadir</td>
</tr>
<tr>
<td>Fri, 20 Nov</td>
<td>Healthy Ayurvedic Life Style</td>
<td>9.30 am to 12.30 pm</td>
<td>Dr. Geeta Auropremi</td>
</tr>
<tr>
<td>Sat, 21 Nov</td>
<td>Introduction to Shiatsu</td>
<td>10 am to 4.30 pm</td>
<td>Yaor</td>
</tr>
</tbody>
</table>

### THERAPIES in VÉRITÉ - November 2015

<table>
<thead>
<tr>
<th>Contact for appointment:</th>
<th>Mob/SMS - 7094104329, Ph. 91 413 2622606, <a href="mailto:treatments@verite.in">treatments@verite.in</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Christine</td>
<td>Thai Yoga Massage / Neurolinguistic Programming (in English or French)</td>
</tr>
<tr>
<td>Susana</td>
<td>Reiki Energy Healing</td>
</tr>
<tr>
<td>Yaor</td>
<td>Aromatherapy / Bach Flower Remedies / Zen Shiatsu</td>
</tr>
</tbody>
</table>

**Please note:** To support the work of the presenters and staff, we ask all participants to please come in time for all classes and workshops. Thank you! Please contact Vérité: 0413 2622045 or programming@verite.in / 7094104329, 2622606 / treatments@verite.in

See the regular events section for on-going classes - Contributions requested from guests/volunteers (volunteer reduction by advance application only).
Indian - Monday 2 November, 8:00 pm:
• KILLA (The Fort)
  India, 2014, Dir. Avinash Arun w/ Amruta Subhash, Archit Deodhar, Parth Bhalerao, Drama-Comedy, 78mins, Marathi w/ English subtitles, Rated:NR (G)
  An 11yrs old boy, Chinmay, moves to a small town after his father passes away and his mother's job transfers her. Though initially he faces challenges adjusting to the new place soon he starts making friends. Along with his classmates he joins a cycle race for which they all go to the Killa or fort. Somehow he gets separated from the rest of the boys who is left behind. He manages to return home but very disappointed in his friends feeling that no one cares for him. Chinmay would rather go back to Pune where they came from. As circumstances reveal Chinmay gets to appreciate how much his mother is trying to juggle both her work and him, and that his friends actually do care for him. It is a lovely film that has won many hearts and awards. You simply cannot miss!

Italian - Tuesday 3 November, 8:00 pm:
• TUTTO PARLA DI TE (All About You)
  Italy, 2012, Dir. Alina Marazzi, w/ Charlotte Rampling, Elena Radonicich, Drama, 83 mins, Italian w/ English subtitles, Rated: G
  Pauline, returns to her hometown, Turin, for the first time since she was ten years old. In Turin Pauline contacts Angela, a psychologist who runs a maternity center, where both mothers to be and young mothers with postpartum depression seek help. Angela asks Pauline to give her a hand in setting up an in-house archive: video interviews, mothers’ diaries, photo portraits. Pauline starts her work plunging deep in an emotional material that touches her strongly: the controversial portraits. Pauline starts her work plunging deep in an emotional material that touches her strongly: the controversial portraits. Angela asks Pauline to give her a hand in setting up an in-house archive: video interviews, mothers’ diaries, photo portraits. Pauline starts her work plunging deep in an emotional material that touches her strongly: the controversial portraits. Angela asks Pauline to give her a hand in setting up an in-house archive: video interviews, mothers’ diaries, photo portraits. Pauline starts her work plunging deep in an emotional material that touches her strongly: the controversial portraits.

Interesting - Wednesday 4 November, 8:00 pm:
• ALIVE INSIDE
  USA, 2014, Writer-Dir Michael Rossato-Bennett w/ Dan Cohen, Louise Dueño, Nell Hardie, and others, Documentary, 78mins, English w/ English subtitles, Rated: NR (G)
  The film follows social worker Dan Cohen, founder of the nonprofit organization Music & Memory, as he fights against a broken health-care system to demonstrate music’s ability to combat memory loss and restore a deep sense of self to those suffering from it. He visits family members who have witnessed the miraculous effects of personalized music on their loved ones, and offers illuminating interviews with experts including renowned neurologist and best-selling author Oliver Sacks (author of Musicophilia: Tales of Music and the Brain) and musician Bobby McFerrin (of “Don’t Worry, Be Happy” fame). Come and witness the miracle yourself! Highly recommended.

French - Thursday 5 November, 8:00 pm:
• LE VIEUX FUSIL (The Old Gun)
  France-Germany, 1975, Dir. Robert Enrico w/ Romy Schneider, Philippe Noiret, Jean Bouise, and others, Drama, 112mins, French WITH ENGLISH SUBTITLES, Rated: PG
  The action takes place in Montauban (France) in 1944. A surgeon peacefully lives there with his wife and daughter. The German invasion scares him and he prefers to send his kin to a family château in the country side. This film has won several Oscars!

International - Saturday 7 November, 8:00 pm:
• THE BLACK BALLOON
  Thomas is turning 16. His dads in the army and they’ve just moved to a town in New South Wales; his mom is pregnant; his older brother, Charlie, who’s autistic, has his own adolescent sexual issues. Thomas finds Charlie an embarrassment in public, so when Thomas is attracted to Jackie, a girl in his swim class, Charlie presents number of obstacles. Can Thomas find a way to enter the world of teen romance and still be his brother’s keeper, or is Charlie’s disability going to prove more than Thomas can handle?

Children’s Film - Sunday 8 November, 4:30 pm:
• NO FILM SCHEDULED

Ciné-Club - Sunday 8 November, 8:00 pm:
• DOG DAY AFTERNOON
  USA, 1975, Dir.Sidney Lumet w/Al Pacino, John Cazale and others, Drama-Crime, 125mins, English w/English w subtitles, Rated: PG
  The film is based on a true 1972 story; Sidney Lumet’s 1975 drama chronicles a unique bank robbery on a hot summer afternoon in New York City. Shortly before closing time, scheming loser Sonny and his slow-witted buddy, Sal, burst into a Brooklyn bank for what should be a run-of-the-mill robbery, but everything goes wrong, beginning with the fact that there is almost no money in the bank

Rating codes we often use are from Motion Picture Association of America (MPAA): G-General Audiences, PG-Parental guidance suggested, PG-13-Parents strongly cautioned, R-Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

Kindly do not bring food, drinks, snacks, munchies or your pets into the auditorium. As a courtesy to the fellow viewers please be sweet and stop chatting after the film starts.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in.

We appreciate your continued support. Please make a contribution to “Cinema Paradiso” account (#105106) at the Financial Service.

Thanking You, MMC/CP Group - Account# 105106, mmcauditorium@auroville.org.in
“The Eco Film Club
Sadhana Forest, October 16, Friday at 19:00

SEARCHING FOR SUGARMAN
2012, 86 minutes, Directed by Malik Bendjelloul
In the early 1970s, Sixto Rodriguez was a Detroit folksinger who had a short-lived recording career with only two well received but non-selling albums. Unknown to Rodriguez, his musical story continued in South Africa where he became a pop music icon and inspiration for generations. Long rumored there to be dead by suicide, a few fans in the 1990s decided to seek out the truth of their hero’s fate. What follows is a bizarrely heartening story in which they found far more in their quest than they ever hoped, while a Detroit construction laborer discovered that his lost artistic dreams came true after all.

Before the movie at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film you are welcome to join us for a free 100% vegan organic dinner!!

Schedule of Events:
16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
16:30 Tour of Sadhana Forest
18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
18:30 Eco Film Club begins with “previews” of short Sadhana Forest films
20:00 Dinner is served
21:30 Free bus from Sadhana Forest back to Solar Kitchen

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 2677682 or 2677683 or sadhanaforest@auroville.org.in.

LE PAVILLON DE France presents

HUMAN 1
Love-Women- Work- Poverty
Film director: Yann Arthus Bertrand

Five years after the worldwide success of the film HOME with more than 600 million spectators. Yann Arthus- Bertrand presents his new project: “I am a man among seven billion others. For 40 years I have been photographing our planet and its human diversity and I feel that humanity is not going ahead. We still cannot live together. Why? I looked for the answer not in statistics, not in analyzes but in Man”.

HUMAN is a diptych of stories and images of our world which creates an immersion into the depths of the human being. Through the testimonies of happiness filled with love but also with hatred and violence, HUMAN confronts us with the Other and brings us back to our own lives. Aerial pictures, with music as an opera, show the beauty of the world and offer us moments of breathing and introspection. The film allows us to embrace the human condition and to think about the very meaning of our existence - “I dreamed of a film where the power of words resonates over the beauty of the world" - Beyond the film itself, the ambition of the project is to re-create links and to gather strong values of solidarity and commitment in order for us to live together in the long run. We hope that this film will be an opportunity for debate and allow the local networks to present their own initiatives.

SATURDAY, 31ST OCTOBER, 5:00 pm - Cinema Paradiso (Town Hall) - Film in French (83mn)

Important: We are going to show the 3 films at the Paradiso
HUMAN II Saturday, 7th November, 5.00 pm / HUMAN III Saturday, 14th November, 5.00 pm

Important information about News & Notes (Absolute deadline for submissions or cancellations: Wednesday 11 am)
The contents of News & Notes are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

Articles for the Notes section should ideally be no longer than 500 words. All articles need to reach us by Tuesday noon.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.