That's one thing that's happening. The two [the ordinary physical and the subtle physical] seem to be fusing more and more.

I have already explained this to you on several occasions: instead of SHIFTING from one to the other, it's as if one were permeated by the other, like this (Mother slips the fingers of her right hand in between the fingers of her left hand), and you can almost feel both simultaneously. It's one of the results of what's going on these days. A very slight concentration, for example, is all it takes to feel both at the same time, which leads me to a near conviction that true change in the physical results from a kind of PENETRATION. The most material physical substance no longer has that unreceptive sort of density, a density that resists penetration: it is becoming porous, and thus can be penetrated. Several times, in fact, I've had the experience of one vibration quite naturally changing the quality of the other - the subtle physical vibration was bringing about a sort of... almost a transformation, or in any case a noticeable change in the purely physical vibration.

That seems to be the process, or at least one of the most important processes. And it's growing more and more prominent. I spend almost every night in that realm; and even during the day, as soon as the body is motionless, there's this perception of the two vibrations, and of the physical vibration almost becoming porous.

It seems to be the process, or certainly one important process, for the physical transformation. (silence)

You see, the subtle physical seems to DOSE OUT its power and light and capacity of consciousness according to the amount of receptivity in the purely physical vibration. That's why the effects stretch over a long period of time. It's being done very, very gradually. But it's an almost continuous work. Only when there's some bodily activity and the consciousness must turn outwards (not in the same way as before, that's impossible, but still in a way that seems like a continuation of the old consciousness), then, if the work continues at all, it's invisible - and maybe it doesn't continue.... I don't know. But as soon as all activity stops and the body is concentrated or immobile - perhaps no more than simply passive - that penetration is perceptible: it's visible. Visible. And it's not like something more subtle penetrating something less subtle without altering it; the essential point is that this penetration actually changes the composition. It's not merely a degree of subtlety, it's a change in the internal composition. Ultimately, this action probably has an effect on the atomic level. And that's how the practical possibility of transformation can be accounted for.

It's an experience I have all the time.

At times it's a bit new or a bit extreme, and you have to be careful the body doesn't panic. But then you see how everything is dosed out and maintained in a way that... (Mother laughs) nothing falls to pieces!

(To be continued)

MOTHER’S AGENDA, 28 August 1962

MOTHER

To lead the Divine Life does not depend on any exterior activity or circumstances. Whatever you do from the highest work to the most ordinary, you can lead the Divine Life if you are in the true consciousness and the right attitude.

Sri Aurobindo

To be concerned for one's happiness is the surest way of becoming unhappy.

The Mother

ref. MCW, vol 14, Words Of The Mother II, p.181

Cover drawing by Emanuele
ANNOUNCEMENTS

2015 Kavunji - 2nd Group
Leaves Auroville on May 10th in the evening (Transport Service). Leaves Kavunji on May 19th in the afternoon. The children will be back in Auroville on May 20th early morning.

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<tr>
<th>Name</th>
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<tr>
<td>Anan</td>
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<td>Stefanie</td>
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<td>Guglielmo</td>
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<td>Gregorio</td>
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<tr>
<td>India</td>
<td>Deepanam</td>
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2015 Kavunji - 3rd Group
Leaves Auroville on May 18th in the evening (Transport Service). Leaves Kavunji on May 27th in the afternoon. The children will be back in Auroville on May 28th early morning.

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<td>Vladimir</td>
<td>Group Leader</td>
<td>Shankar</td>
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<td>Dinesh</td>
<td>Treks</td>
<td>Madhan</td>
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<tr>
<td>Ruslan</td>
<td>Medics</td>
<td>Akash</td>
<td>Transition</td>
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<td>Sudha</td>
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<td>Radha</td>
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<td>Santhan</td>
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<td>Divya</td>
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<td>Mathan</td>
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<td>Shankar</td>
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<td>Anandhi</td>
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<td>Mahi</td>
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<td>Arunkumar</td>
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<td>Ashwin</td>
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<td>Ragavi</td>
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News&Notes 2nd May 2015 [597]
Arjunan Transition boy
Divya Aikyam girl
Ganesh Aikyam boy
Ajith Aikyam boy
Rajalakshmi Aikyam girl
Gunadevi Aikyam girl
Vijayalakshmi Aikyam girl
Bhuvaneshwari Aikyam girl
Gold. Soundaraj Aikyam boy
Chandru Aikyam boy
Gopinath Aikyam boy
Sadhana AdotyaVidyash girl
Nickel Thej NESS boy
Anusha The Study girl
Madu TLC girl
Veerle TLC girl
Logesh Transition boy

FROM THE ENTRY SERVICE - N&N No - 597
dated 02.05.2015

We would like to inform the community that our team decided to recommend the following persons as Aurovilians and Newcomers. We will wait for two weeks (Newcomers and Returning Aurovilians) and one month (Aurovilians), from the date of this publication, for your feedback, before making our final decision.

RETURNING AUROVILIAN:
Ole WARNECKE (German) - Staying in Eternity, working as part of the housing team.

NEWCOMERS:
Leonard Anthony MEAKIN (British) - Staying at Creativity Guest house, working at teacher centre, web site designer and music awareness teacher at Aikyam school.
Marion Patricia MEAKIN (British) - Staying at Creativity Guest house, working as special needs support, teacher trainer and as advisor for English as a second language under the Teacher's centre.
Savithri ELUMALAI (Savitrimaya) - Staying in Muyerchi, working as dance teacher at Pre-creche, Deepanam, Debashakti and New creation schools, and in CRIPA.

We have identified a lack of clarity in the communication and confirmation of status, as the announcements done in the News and Notes are FOR FEEDBACK ONLY and sometimes, after announcement, there can be either an extension of status or a decision to stop the process. We have therefore added an additional section to confirm the status of persons previously announced.

CONFIRMATION OF RETURNING AUROVILIAN:
Matthieu GARDELLE (French)

CONFIRMATION OF NEWCOMER STATUS:
Wolfgang DONNE (German)

FOR YOUR INFORMATION

Resource Link

Resource Link - A liaison between the Residents of Auroville and the working groups'

Aim:
- To have a constant interaction/involvement between the Resident Assembly and the working groups in order to progress harmoniously in our organization.
- To increase the active participation of the Resource Persons towards the working groups.
- To identify Resource Persons via different methods such as through a questionnaire, email, telephone or personal contact.
- To have a record of Resource Persons available, who can offer their skills/competence for a particular topic to be discussed/worked upon, in subgroups, with working groups like AVC and WC.

Who are Resource Persons?
They are essentially members of the community who are willing and available to offer the time, expertise, skills to a working group to fulfil a specific task. In the “Participatory Working Groups” model which is now the basis upon which the Auroville Council and the Working Committee function, there is the intention to create a “pool of Resource Persons”, that allows the groups to easily ask for help when needed.

For these Resource Persons, contribution of time will be based on the time available or the time required for the particular task. The participation of the Resource Person will last up to the completion of the task.

Who is Resource Link?
Isha (from Swayam) will work actively with the AVC as a team and with the support of RAS in order to process and organize the available and to-be-acquired data on Resource Persons. This data will be utilized by the participatory working groups at first, which can then be extended to other working groups/units in the future.

Auroville Council
Summer Program at Kindergarten

The teachers of the Auroville Kindergartens are offering a Summer Program 3 times a week during a month for children age 4 to 7 (not for Jallam and Yellow groups).

When? From 18th of May to 12th of June - Mondays, Wednesdays, Fridays / 9 am to 12 am (no lunch, no bus).

Where? At Kindergarten (Center Field) from 18th May until 29th May

At Nandanam Kindergarten from 1st June until 12th June

The teachers invite volunteers - above age 14 - to help run the program (crafts, pool, blocks, games, stories and more).

There will be a meeting on Monday the 4th of May at 10 o’clock at Nandanam Kindergarten for all those willing to help.

Please come!

Courage Community - A new phase

In May 2015, in the Community of Courage we will begin to build 6 flats (and later again 6 more), to be completed in March 2016 (Approximately).

Project holder: Eugen@auroville.org.in / 413 2623137 - staying in Courage

Architect: Tapasya design studio in Humility 413 2623248

If you are interested, you can mail or phone us before 8 am or after 6 pm

Please know that a contract will need to be signed first between you and the project holder and afterwards with the Housing Service. Be aware too that half of the cost must be paid immediately after the contract with the Housing Service is finalized (as otherwise the “purchase” cannot take place).

The outfit of the building will be about the same as for the phase 2 that was built in 2004.

Please call for an appointment so I can give you more details.

Eugen

ACT voluntary contribution

Dear community,

In February 2008, when the bus service began to operate, a conscious choice was made that the structure with which to finance it would be to ask travellers to voluntarily contribute. Compelled by the utopian dream, the team wanted to explore practical ways to step forward toward the ideals. Our rationale has been twofold - on the one hand to move away from the logic of ownership creeping in as soon as a material reality is being established, on the other hand to engage with the community on the larger vision of collective transport.

At ACT we can see that the very existence of the service stands in partnership with the community. It is for the whole community - not just the bus users or working groups - to decide whether or not this service make sense for Auroville, to choose if the service strives or dwindles. If the executives of ACT have worked out on paper that a Rs 30/- contribution for a single trip to Pondy (at two third occupancy of the bus) theoretically make it possible to sustain the service, this amount was never meant to be exclusive nor compulsory. Regrettably, Aurovilians tend to follow the trend that would have us believe that groups or individuals can tell others what to do but nobody likes to be deprived of choices... Let’s try another way.

The ACT team bids to provide a space for people to find out what is the meaning of participation for them individually. The intent of the voluntary contribution is to inspire Aurovilians to happily contribute and for everyone to be able to decide for themselves how much they want to contribute, whether they use the bus or not. Therefore the ACT team kindly ask bus users to refrain from telling, asking, requiring other passengers to pay - when they choose not to - on the pretence that “otherwise the service will close”. For all we know the service may eventually close anyway. It will take a lot more than a handful of travellers being coaxed into paying ‘a seat’ to save the service in the long run. It will take a collective conscious intent and most of all the goodwill to individually respond to that intention.

Groups who manage Auroville’s assets and/or the flow of cash have so far shown no interest in the longevity of Auroville Community Transport. There is an upside to this reality, Aurovilians can now decide for themselves if they want to support a community transportation to Pondy and the vision of a collective solution for inside Auroville, not another city taxi service that is in fact providing a convenient justification to the recent proliferation of auto-rickshaws and private cars inside Auroville.

ACT joyfully welcomes all contributions at any time of any amount either when you are using the bus, utilizing the boarding pass or through monthly contribution to the ACT financial service account: No. 251892.

Once again ACT team thank you for your support,

Taj for ACT team

IEL Open House report - April 2015

We would like to thank all the participants and volunteers that made this Open house happened. We have organized the data collected in the sessions to have a picture of what are the emerging needs for entrepreneurs in Auroville. The groups gathered as per their “lifecycle moment” in the following categories: Idea Stage, Start-ups, Existing units/services, Elders (succession).

Summary of needs assessment:

Shift in focus to HR (better recruitment and succession planning). Overall: only personal issues under-represented, but likely due to bias in expected intention of IEL forum.

Our group is meeting every Wednesday to follow up the outcome of the Retreat.

If you wish to contact us, this is our e-mail address: iel@auroville.org.in

Best,

IEL group (Torkil, Dhanya, Uma, Daniele, Chandresh, Petra, Gils, Aurelio and Marc)

3rd All-Auroville Singing Festival

Dear all,

The 3rd All-Auroville Singing Festival will probably take place on Friday the 9th of October as well as on Saturday the 10th of October 2015 (or on that Saturday only if we decide to reduce it to one day). This time we would like to propose the
following theme: songs with deep lyrics, reflecting a search for the innermost, and with an uplifting effect. Furthermore we would like to gradually encourage more and more participants to compose and write their own songs. Accompanying the songs with dance or other performing arts is welcome. We were also happy that young people participated in the previous two Singing Festivals and are looking forward for more involvement from them this time.

We are in the process of finalising various details like venue, composition of the organising team, duration of the festival, etc... but can already share with you that: No-eul (ex-Minseon) will again be the main organiser. Shakti and Rolf as music coordinators will provide advice and training. Ananda will be the participants’ coordinator.

We think that rehearsals by participants should preferably start latest from July onwards and for this reason potential participants should start preparing their songs now.

The four above-mentioned organisers are available for questions and suggestions.

We will come back to you after the summer holidays.

**POSTINGS**

**Baby Born**

Dear friends, we are very happy to share with you the birth of our beautiful daughter “Shivani” who was born on the 15th of April 2015 at 8:11am in Clinic Nalam. Thanks to Vandana (doctor) and Hilde, Manuela and Appie for their great support. With Love, Samy, Gomathi and Siddhartha (brother of Shivani)

**Baby born: Amiya arrived!**

With immense joy and gratitude we would like to share the news of the birth of Amiya. Moksha’s wish has come true and her delightful sister has finally arrived! Amiya was happily born on the 21st of April at home in the loving support and care of the most amazing midwives; the 2 angels Hilde and Auradha made the experience even more special! Eternally grateful to them and our surrounding family and friends. Warm smiles & love, Ribhu, Natascha, Moksha & Amiya

**From the Auroville Library**

From May 2 to June 30 the library will be open from 9:00 to 12:30 only every Tuesday, Wednesday, Thursday, Friday and Saturday. The library will be open from 9:00 to 12:30 and from 14:00 to 16:30 every Monday. The library will be closed on May 1st.

**AVTS Revised Service Charges**

Starting with the April 2015 bills, to be paid in May 2015, AVTS has reduced its service charge from 2% to 1%. Auroville Telephone Service

**Well Cafe closed**

Dear all, Well cafe is closed from May 1 for its summer break. We will re-open on Monday June 8. Have a great summer!! With love, Well cafe team

**Remembering Ilse 05.05.2015**

Months, days and years passed away. Even then we are unable to forget your departure my dear friend. You have been a big support like a Banyan Tree where all the creatures, birds and so on settle down. You were a big support and always open to listen to me. We never ever had any misunderstanding. Now your grand-children are grown up and doing well, but you are not here physically to admire them. We miss you physically but we still feel that your presence is always with us and supporting us.

Thanks a ton for your help my dear - Love you for ever - Raji/Arunachalam/Gothalayagyi

**Nandini announcement for May and June**

Dear friends, please note our summer timing for May and June

**Tailor:** Tuesday, Thursday, Saturday from 9am to 12 30pm and 3pm to 5pm (no change) / **Distribution:** Every morning from 9am to 1pm - Pass a beautiful summer, Nandini Team

**Matrigold**

Matrigold has to raise the prices for Gold-in Glass jewellery quite a bit at the beginning of May. You can get our items still at the old rate until the 10th, if you come into our workshop in Auromode Guesthouse between 9 and 4 every work day. Birgitta

**Nepal Earthquake**

If you want to kindly help, either by going there or by sending a little something, consider the NGO Live to Love (www.savethelovewebsite). They are both internationally and locally based, they have experience in rescue operations, and many of their volunteer helpers are very dedicated Himalayan Buddhist monks and nuns. This is great compassionate work. You make a donation with Paypal on the Live to Love website. Very easy, no amount is too small. Thanks, Nawang Jinpa.

**Vegan Essences products**

Dear Customers, as the season is changing and it’s also difficult to get herbs we are going to do one last production next week. Our products may be available until the 13th of May. If you have any special orders please call us by the 5th of May. Thank you, Vegan Essences Team

**Apartments in Sanjana Housing Project**

Work is going on in the Sanjana Housing Project between Arati and Sukhavati communities. There are still a few apartments with 2 bedrooms, 126 sqm, available for housing or office. You are welcome to have a look and choose between different flats. The construction is expected to be completed beginning of 2016. For details please contact: helenes7@hotmail.com, Sanjana Management Team.
Ambassador Isuzu 2004 model

Private Car in a good condition. Just 68,000 Kms. White Color, Pondicherry Registration. Contact: Loganathan (Matrimandir) - Mobile: 9786459911.

German and Music

Instruction in German, emphasis on speaking, and music theory: practical harmony on nice keyboard, by qualified musician (Pipe organ, German B-exam). No previous experience necessary. Come and see me without obligation first. Guests welcome (No charge) - Contact Merry (Prayatna) Ph: 2623 581

Seedlings

I can give some seedlings of the huge climber Agreia nerviosa (a variety of the local elephant ear). If you want to shade a space at height in a very short time, this plant does a perfect job. It has mainly leaves (flowers are discreet and rare) and it can climb up to 15 meters high. You need to watch over it, as it is the most potent climber I have ever seen. It does not need much water, but if it has water it grows easily 1/2 meter per day. Call Birgitta: 9442300574 before 5th of May.

A TV set and DVD player

I like watching Rock’n roll films and cartoons but I have no TV - Does anyone have one to give for free (Preferably a large flat screen) as well as a DVD player to go along. No phone or email - just pass by - Love, Soham (Transformation).

Toddler playgroup

Mother of 2 years old boy seeking existing toddler playgroup to join or other toddlers to create new summer playgroup with. Mornings are best but am flexible. Would also be interested in organizing a ‘multilingual story time’ during playgroup since toddler years are the best for introducing new languages...

LOOKING FOR ...

A Puppy

“Titi” is a sympathetic and cute dog 6 months old female puppy that loves spending the days out in the nature. She goes along with kids, cats and groups of people. Call: 904-777-3628 - Olivier (Olae)

Row house

Row house at Sanjana-Project between Arati and Sukhavati. 62.7 sqm, total cost 16,57454.00 INR. Apartment 4C, finishing at turn of the year. If interested please contact: Gerhard@auroville.org.in or Sanjana@auroville.org.in.

Music CDs in Persian

I have a couple of books and music CDs in Persian. These were left by my Persian friend. Not sure about the exact names, but some are: book by J Krishnamurthy, The Secret, some flash fiction etc. Also am not sure about genre of the music. If you know Persian and would like to have them or take a look at these, feel free to drop in a sms or mail. Peace’n joy, Gaurav: 9787897947, medimedia@gmail.com

Seedlings

I can give some seedlings of the huge climber Agreia nerviosa (a variety of the local elephant ear). If you want to shade a space at height in a very short time, this plant does a perfect job. It has mainly leaves (flowers are discreet and rare) and it can climb up to 15 meters high. You need to watch over it, as it is the most potent climber I have ever seen. It does not need much water, but if it has water it grows easily 1/2 meter per day. Call Birgitta: 9442300574 before 5th of May.

LOST & FOUND

Sunglasses (Lost): With black plastic frame and dark lenses. Made by Cutler and Gross. If found please call Auroson: 9486972147.

Hand-bag (Lost): Kimaya has lost her tiny little green hand-bag with her favorite mini-toys in it last Wednesday in “la Terrace” or nearby. If found, please contact Celine: 8098846079 or pierrecelinecd@yahoo.fr. Thanks for her help.

Sunglasses (Lost): I lost a pair of brown tortoise shell sunglasses on a black cord. If found, please contact: fif@auroville.org.in or SMS 8098796955. Thanks, Fif

THANK YOU

Italian culture

Many thanks from the bottom of our heart to Ambra, Carla, Samadarsharan, Stephanie, Anna Taj, Luca, Kratu, Pushkar, Carlos, Devyani, Antonio, Daniel, Franchesco, Franchesca, Salvadore, Sylvia, Samai, Madelina for helping us to make the Italian culture come alive for our children at Nandanam Kindergarten.

We could not have done this without you!

Warm regards, Nandanam Team

I am grateful to Auroville

After living in Auroville for more than 7 years, I left it as a place of residence on 1 March 15. This is my expression of gratitude after waiting for 8 weeks, lest I should change my mind.

I am grateful for the privilege of meditating in Matrimandir and walking in the gardens.

I am grateful for finding the purpose of my life in making the world a healthier and happier place through workshops and retreats. My special thanks to Andrea & Pitanga, Ashoke Da & Bharat Niwas, Kalsang Pavilion of Tibetan Culture, Bhavana & Verite, Shraddhavan & Savitri Bhavan and Jaya & Unity Pavilion for encouraging me and enabling me to offer the workshops
and retreats. I am grateful to each and every one of you who attended the events and thank you for the generosity of your listening. I felt very fulfilled and satisfied because so many of you practiced and reap the benefits in your life. My life has been transformed in finding the joy in the purpose of my life.

I am grateful to Chandresh, Mr. Bala Bhaskar, Srinivas Murthy and Manu for beginning the manifestation of my dream for an Aurovillian Network. I am certain that it will have a significant role to play in the manifestation of The Dream.

I was 'medically' advised never to play a game after my cardiac crisis in 1987. I was inspired by The Mother playing tennis and rediscovered the pleasure in playing ping-pong. Playing a game is like a dynamic meditation and I found that it improved my being mindful.

I stopped all medication quite some time ago but was taking a substitute for baby aspirin. I developed ulcers and stopped it 28 Feb 2014, despite 'medical' advice. I am grateful to The Mother for being totally free of medication.

So many Aurovilians and friends of Auroville helped me to do workshops and retreats abroad. This not only furthered the mission of my life but also was in tune with my passion for travel. I am grateful to every one of them.

**A P P E A L**

**Call for Abri roof Fund raising**

Dear Community,

I call to all of you to help with the Fundraising for Abri roofs. If you have some contacts you are welcome to help. Even if you make a symbolic transfer, it will be like a starter to attract more money (generosity of a collective consciousness rising up for only Rs 50)

You can transfert Rs 50 to this account: 25 2339 - Change Asbestos in Abri

What I ask all of you is to be aware that a gift of Rs 50 will not change badly your bank account, but will bring to you The Joy of Giving.

At the Bakery a good starter makes for some good bread!

PTW gives a free service and its work fits with the ideal of Auroville, from this point I consider that this experience must be able to be loved showing a little gratitude from ALL.

There is so much money in Auroville, and also so little to help the ideal.

Thank you, Henri P.

**Auroville Youth Action Group needs your support**

Dear Auroville Community,

The Auroville Youth Action Group needs your support to help set our Desk and Office. This initiative is a product of the Auroville Retreat - recognized and supported by the Vision Task Force (with representatives from GB/WC/RA... etc.) who have initiated the Retreat and support the implementation of the Goals/Milestones and Strategies for the Action Groups - Governance, Economy, Land & Town Planning, Growth, Education, Youth and Bio-Region. The Youth Action Group now has one Youth Action Group representative in the Vision Task Force. We now move from the ‘Auroville Retreat’ into ‘Way Forward 2018’.

The Youth’s Action Group Goals have been to recognize the potential in Youth and support their involvement in the development of Auroville.

**Goal 1 - Housing:** Be more involved in existing youth housing projects and partake in the creation of new housing for different youth age groups & different youth needs. (Youth Hostels, Youth Community, involve youth in planning and discussions).

**Goal 2 - Education:** Identify and support student’s needs, provide information on opportunities available for further learning, connect schools, ideas, cultures & individuals. (Link schools, more classes on Auroville Philosophy & Practical Governance Structure, create/identify Apprenticeships, Community Service, Vocational Training, Internships, support for higher studies abroad, create links with outside institutions of education, get Auroville Education recognised worldwide and link young leaders to universities/conferences/UN etc.).

**Goal 3 - Employment & Economy:** Create space in Working Groups and identify job opportunities for Young Aurovilians to express themselves through work. (List Services/Units/Working Groups/Projects with employment opportunities for Youth, and Create New Jobs as suggested).

**Goal 4 - Youth Desk and Office:** Have a functioning Youth Action Group, with an office, by the end of the year 2015. The central function will be to provide information and support for Youth-related topics. (Created a Core Team, and invited more Youth to join the effort, invited ‘older’ mentors to support & guide when called upon, Created online platform, getting involved in practical change to achieve the above Goals).

**Our immediate needs are:**

- **Office & Meeting Space:** Ideally this space would be located in the Cultural Zone, with suitable space to set up a desktop-computer for office work, and a larger space to accommodate bigger meetings and creative expression with space for pin-boards/posters/workshops/screenings.
- **Office Equipment:** Computer, Printer + Cartridge(s), Phone, Modem, USB-key, Interview Recording Device, UPS Back-up, Camera, Water Filter, Cups, Desk, Drawer-cupboard, Shelf-cupboard, 2 Office Chairs, 20 Floor Cushions, Standing Fan, White-Board + Tri-pod, Pin-Boards, Stationary (Folders, Note-books, Weekly Planner, Calculator, Pens/Scissors/Paper/Tape/Stampler, Markers, Poster Paper) and anything else that you may be able to offer.

We are planning our launch event for the International Youth Day on 12th August 2015. Please support our effort to recognise the potential in Youth and support their empowerment in the development of Auroville. Our first immediate need is to set up a functioning Youth Desk and Office.

Please read more about the Youth Initiative. When we receive gifts, we will update our needs list online at:

http://ras.auroville.org.in/retreat2015/auroville-youth/

Thank you for your kind consideration and support,

Warmly,

The Youth Action Group [Core Group: Auroananda, Angeli, Chandra, Kavitha, Luca, Mirembelle, Nadia, Ramanan, Usha, Vika]

Contact us at: youth@auroville.org.in

Financial Service Account Number: 251048
Auroananda - 9787637304 / Kavitha - 8940568266 / Vika - 8098023124 / Angeli - 7094205154

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News&Notes 2nd May 2015 [597]
WORK OPPORTUNITIES

Teachers needed to fill vacancies at NESS (New Era Senior Secondary School), Aspiration

Qualified and experienced teachers are needed to teach grades IX, X, XI, and XII in the following subjects: Economics, Maths, Physics, and English.

Experience with teaching CBSE syllabus will be an advantage. If you feel you have the necessary competence and enthusiasm for teaching a subject area, please contact us on email at: nesstrust15@auroville.org.in

Ness Trustees (Ramesh T, Rajeev B, Martin L, Anbu, Klara, Abha P)

SPORTS

Aikido in Auroville - Registration of students for the period July 2015 to April 2016

Dear Parents,

We welcome the children of Auroville to enroll for the Aikido classes that will start on Monday, July 6, 2015. The classes will take place at our new Dojo at Dehashakti. If you want your child to participate kindly write to: budokan@auroville.org.in.

Children and teens are expected to attend a minimum of 3 classes a week in order to cope with the curriculum.

As we are receiving no financial support for the upkeep of the Dojo, every student (and all teachers) will be asked to contribute a yearly contribution of ₹1000 to be deposited in Account “Aikikai” No 251382. This amount is non-refundable even in the case of a student stopping midterm. Students joining for the first time will be given a trial period of one month during which they can withdraw from the program if this activity is unsuitable for them. Thereafter the contribution will need to be paid before the end of the following month following registration.

The schedule is as follow:

<table>
<thead>
<tr>
<th>CHILDREN &amp; TEENS</th>
<th>7 to 10 years</th>
<th>11 to 14 years</th>
<th>14 to 18 years</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>3:30-4:30 pm</td>
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<td>Tuesday</td>
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<tr>
<td>Friday</td>
<td>3:30-4:30 pm</td>
<td>4:45-5:45 pm</td>
<td></td>
</tr>
<tr>
<td>Saturday</td>
<td>10:00 - 11:00</td>
<td>8:00 - 9:30</td>
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</tbody>
</table>

All registered kids need to be part of the Auroville Health Fund or insured by a personal insurance.

For further enquiries please contact Surya: 2623 813 · 96 55 48 54 87 & Cristo: 2622 356

With best regards, Cristo & Surya

Co-traveler Johan

It was almost my first meeting with Johan. He visited me one cool evening at Aurogreen when I lived in the house of Udo.

At that time I was struck by humans who had to go through so much suffering that I asked him "why so much suffering?"

He replied "What!! You are asking the same question as Buddha asked, to get the right answer you need to do a vipassana course"

I at once got the needed info from him and I booked my ticket to go to Hyderabad to do my first vipassana course. By doing the course, I began to realize how human mind is programmed to be egocentric. For the first time, I saw myself and how much I was craving for pleasures and / or rather developing aversion towards pain - how everything should happen, what I want if not I'll be unhappy etc...

When I returned of course I was so excited by the revelation that I thanked him for showing the path. He liked vipassana and once he did a 5-day practice by himself at Guy's house when I brought food for him, but he was eating frugally.

This one course gave birth to many more courses and practices enlightened me so that I began to walk on the right track towards Freedom. Seeing me going deep into the practice with the luxurious company of late Bhavana, he used to smile. He liked to practice detachment, living every moment as it is without wanting to be otherwise, man of a few words and expressions.

Thank you Johan for sharing the best with me and shining the light on my path. I am very sure the same light is protecting you.

Farewell my friend Johan.

Anandi (Transformation)

From the LOE research: what we can learn from Edgar Cayce

Edgar Cayce, the uneducated but well-known American contemporary of Sri Aurobindo and Mother, when in trance could diagnose the problems in someone's body, wherever the person may be who was requesting it, and could also describe very precise treatments of all kinds, from nutrition to osteopathy or meditation, for example, that all together could provide the cure. He has given so many invaluable indications not only of medical interest, but of spiritual interest as well, about the whole evolutive meaning and purpose of our existence upon Earth, that match quite closely those we owe to Sri Aurobindo and Mother, that this has earned him a special place in the research I have done personally since decades about all those subjects, visiting even his Association for Research and
Enlightenment (ARE) twice, in 1991 and again in 2001, when I had the opportunity to go to the USA do some aspects of my work for the LOE, and establishing an official contact between the two Centres, as well as an informal relationship with the descendant of Edgar Cayce who since many years is the head of the Association: Charles Thomas Cayce. He came here several times and many of the books we have on our Edgar Cayce shelves have been sent to us free by the ARE.

In the next phase of development of the LOE, I would like very much to include an ‘Edgar Cayce Space’ where, in collaboration with specialists from the ARE, healing formulas and methods he recommended could be made available directly here.

The first step in that direction is to identify other Aurovilians perhaps already familiar also with the Edgar Cayce Material, so that a team can start forming to put together the necessary Project. Anyone interested, please contact me.

Bhaga - (bhaga@auroville.org.in, 2622328, 9443362328)

Left bleeding

To those who have created this mess!

Recently I had a minor bike accident close by Kuiilapalayam. I needed a dressing. I arrived bleeding at the Health Center in Aspiration to be told first to go and pay for the dressing. I could not believe my ears. I talked to one Doctor who very friendly said this policy had been imposed on them and if I wanted to get a “free” dressing I had to go to Kailash. I left still bleeding and had to stop on my way back home at New Creation. By chance I met my friend Tananjerian who offered to take care of the dressing and one nice lady there at the school helped me.

Thank you to those who have created such a mess with Auroville structure that an old pioneer who has devoted 42 years of his life and is still maintaining himself on top of his minimum maintenance has to live through such a shocking episode. You can be proud of yourself! I leave it to posterity to pass judgment!

Cristo - Revelation

Wild Rose

“Flowers speak to us when we know how to listen to them. It is subtle and fragrant language” (The Mother).

Some years ago near the Kavunji Nature Camp, about 1800m above sea level, I for the first time saw a wild rose. It is a big bush with bright white flowers. The gardeners don’t care about it but God does. For the roses the common spiritual name (according to the Mother) is “Love for the Divine”. This rose near the Camp creates around it the atmosphere of love for the Divine and the Camp is in it.

I have an old (1929) P.V.Mayuranathan’s book “The Flowering Plants of Madras and its immediate neighbourhood”. He wrote: “No genus of this order is native in Madras but many varieties of Rosa are cultivated in gardens.” The Rosa is the Latin name of Rose. Auroville and the Sri Aurobindo Ashram’s garden have no native roses - exactly like Chennai. But there is a wild native rose near our Camp, in the Kodaikanal region. The rose near the Camp told me: “If sunbeams kiss me, I do, like an alchemist, transform these beams into gold - into beauty, fragrance, oxygen. I create soil, biomass and shade, keep water. If sunbeams touch the cities, villages, roads, vehicles, they return to space - it is a waste for our planet”.

Every time I see the rose near the Camp, I feel like being in heaven. Not long ago I found some lines by Michelangelo: “My soul can find no staircase to heaven unless it be through Earth’s loveliness”. Yes, the divine beauty of the wild rose is a part of all nature’s charm. Once I asked my rose: “The nature of the planet is now in a dangerous situation. But what about you?”. “Me too”.

I agree with the words in The Hindu (12 Jan. 2015, p.2): “Population growth, industrialization and increased demand for resources in rural and urban areas led to immense environmental destruction...” My rose said: “If mankind will not stop its aggression against nature, we flowers will fly to another planet, to a kingdom of ahimsa - nonviolence”.

Boris

For your calendar

AMPHITHEATRE - MATRIMANDIR

The weekly meditation with Savitri on Thursday at the Amphitheatre will be on pause during May and June.

Reminder: On 1.5.15, let’s gather and see the floating of the Paper Balloon near the Urn at 6.30 am (office gate open from 6.00 am)

The soon-to-be-scattered Amphitheatre team...

INVITATIONS

Prayer Flags at Art Cart

Our mobile community art project continues to bring people of all ages and backgrounds together through creativity!

The cart has facilitated the creation of almost 1000 pieces of artwork since mid-July 2014.

On Tuesday & Friday from 4 to 6 pm on the Visitor’s Center stage, this week, the space will be dedicated to making prayer flags for Nepal.

The cart will be closed from May 4th to 16th and reopen on the 19th. See you there!

Love, light and color,

Krupa & Iyyappan J. for Sankalpa: Art Journeys, a sub-unit of Thamarai
Native American “Full Moon” Women Circle

Sunday 3rd May

Women only!!!!

Come and join us to experience a “Full moon” circle in the tradition of the Native American Culture. We’ll share traditional sacred chants, dances, sacred pipe (from the Moon Dance in Mexico)...

We invite the women to wear long skirt if possible. You are welcome to bring music instruments if you play some.

Please bring a few fruits or food for offerings and to share after the ceremony.

Joy Community Guest House from 6 to 9 pm on Sunday 3rd of May.

Kiauitl: +917094548427

3rd Annual Auroville World Laughter Day!

Send a Wave of Laughter around the World for World Peace

Sunday, May 3rd, 5:00 - 5:45 pm

Visitor’s Center under the Banyan Tree

Laughter is free and said to be THE BEST medicine. World Laughter Day, celebrated internationally, started in 1998, in India. It is a positive manifestation for world peace to build a global consciousness of human unity and friendship through conscious laughter with millions of people globally. We will include laughter exercises and meditation followed by a Yoga Nidra. Join us for a lot of fun, stress release and pure relaxation. Bring the whole family. Bring your community! No experience necessary! Bring your water bottle! For info: 809.879.6955

EXHIBITIONS

The Kazakh Eagle Hunters

Photo Exhibition

Aurelec

Opening & Art gallery

Open from 8 am to 5 pm
Kala Kendra, Bharat Nivas

Presents
Book-reading by Author: ‘Where Even the Present is Ancient: Benaras’
16th May, Saturday, 5:30 to 6:30 pm, Kala Kendra, Bharat Nivas

About the book: A curious woman walking the streets of Varanasi or Benaras is greeted by an array of sights, smells and sensations that range from stories of the Ganga to the Godhuli, the twilight. As a Sutradhar or chief narrator, author and poet Maitreyee B Chowdhury tells the tale of her encounter with the enchanting city through the medium of 50 poems and attempts to connect an India that many do not realize exists. It is a book that tells the little stories that make us who we are.

About the Poet: Maitreyee B Chowdhury is a Bangalore based poet. Her poems and articles have been published in national and international journals. ‘Where Even The Present Is Ancient: Benaras’ is her third book.

CULTURAL EVENTS

The TRANSFORMATION series

“Once were barcodes”

Adil is exhibiting his monumental TRANSFORMATION series, at the iconic Savitri Bhavan in Auroville. This project was painted at the neighbouring SAWCHU building, subsequently photographed at the Matrimandir amphitheatre and kept on view at the Unity Pavilion for a couple of months. The set then travelled to the recently concluded Auroville festival in Chennai.

“I call this the TRANSFORMATION series. What started as a fascination of working with the aesthetic of a barcode as a symbol has moved on to its deconstruction. This is a set of acrylic-on-canvas paintings, each painted 5 metres long, and stretched around wooden frames where the visual changes intriguingly, depending on the viewer’s vantage point. I have tried to position the canvas as an object instead of a crucifix immutably hung on a wall. Perspective being everything, the visual arranges itself into a barcode; satisfying the human mind into seeing a form, any form, that it forever tries to seek. I have always been inspired by Auroville architect, Helmut’s works, and I am very happy to have this installation now nestle at Savitri Bhavan.”

Adil being more known for his claywork than paintings, the works on show almost look ceramic.

He says, “I aspire to a palette of colours and textures on canvas that I cannot attain in the heady cone ten firings of my claywork. In my paint mixes, stir and sprinkle various ceramic ingredients…. powdered clays, grog and sand, glues and resists. These goops, I pour or spread by hand or sponge-rollers…. Brushes just don’t feel right for this! Resultant surfaces crackle, rupture, crinkle and hiss. This gives the canvas a “clay-ey” feel, inviting the viewer to come closer… and experience the tactile on canvas. The whole concept of posting up “please do not touch” at shows is totally ridiculous! I invite the viewer to come up-close and get personal with my works. After all, it’s the Transformation series!”

Enthusiasts of Savitri are invited to Savitri Bhavan on Friday the 8th of May 2015 between 4.30 & 6 pm. Come with your favourite passage from the Savitri for a casual group reading. You don’t need to be an orator …. just an enthusiast! Sit around the painted panels and read out the passage that works for you for that moment in time. Or then, come unprepared, open the book and see what manifests!

Adil Writer: adil@auroville.org.in : 2622724 is home.

CLASSES, WORKSHOPS

10 Days Residential Retreat in Auroville

The Pavilion of Tibetan Culture will be closed from 4th to 15th of May 2015, for the visitors and also there will be no other activities during this course. No more registration will be done in between the course.

For more info & registration contact: amritavajra@gmail.com

10 Days Residential Retreat in Auroville

Offering courses in Vipassana Meditation as taught by S.N Goenka.
4th to 15th of May 2015 at the Pavilion of Tibetan Culture

English pronunciation practise with Savitri as text

Please note: This class will start on Monday, 11 May. Mondays 9 to 10:30 am, Savitri Bhavan Reading Room with Patricia.

Open to all. No charge. If your group wants a different timing, contact Patricia: pat@auroville.org.in / 262 3750

Paida Lajin practice group

A few weeks ago many people attended the 2-day Paida Lajin introduction workshop proposed by Anandi, a Chinese lady, who in the meantime left Auroville for some time. Some participants felt immediate relief from chronic ailments, while
others had just fun with the "Slapping" of themselves and others. Starting from this Saturday, 2nd of May, 10-12 am, for the whole of May, we will meet in Pitanga for practicing what we have learned and for an exchange of experiences. Everybody who has joined the workshop or whoever is interested, is welcome.

Steffen

**WELLPAPER Workshop 06/05 Wednesday**

Skills Handicraft Arts Recycle Education

You are invited for a 3-hour introductory workshop to create art and products from waste (mainly recycled newspaper).

**Baskets Weaving Introductory workshop**

Our experienced Wellpaper ladies will teach you how to create the newspaper sticks that are made from rolled up newspaper that serve as reeds for the baskets. You will be instructed and supported during the process. By the end of the workshop you will have made your own basket. You will make the coloring of the final product on your own since its needs time to dry. The workshops are instructed by WELL women from the villages around Auroville. These women are very well practiced. These women have teaching experience in and out of AV.

Contribution: Rs.500 for guests. All the workshops has a minimum of 6 participant registered

The workshop will take place every Wednesday between 9:30 to 12:30. The workshop is held sitting on the floor.

We will all meet at “Ganesh Bakery” at 09:15 to take you to the workshop place.

Wellpaper is conducting also art workshops which are still not scheduled. Please email us for further information

If you would like to join us please email us to: wellpaper@auroville.org.in or call 0413-2622219.

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**SCHEDULES**

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**SAVITRI BHAVAN - May 2015**

**EXHIBITION**

*Sri Aurobindo: A Life-Sketch in Photographs*

Continues in the upstairs corridor

**FILMS**

No films this month

**NEW ACTIVITY**

*Meditation with Hymns to the Mystic Fire* by Sri Aurobindo

Weekly Vedic poetry reading of Agni hymns from the Rig-Veda by Nishtha

Fridays 5:30 to 6:30 pm from May 1st onwards

As late as the mid-1940s Sri Aurobindo revised around 100 of his earlier translations of Agni hymns, and in addition translated around 60 more for the first time. From this one can conclude how much importance he gave to these unique inspirations of the Vedic Rishis, which, being himself a seer-poet, he was able to render in a very powerful way. These weekly sessions will include readings of Sri Aurobindo’s English renderings of selected hymns to Agni as published in *Hymns to the Mystic Fire*, as well as recitation of the same hymns in the original (metrically restored) Vedic language. If wished, participants may collectively recite some verses so as to get in direct touch with the Vedic Sanskrit. The first session will include a general introduction to *Hymns to the Mystic Fire*.

**REGULAR ACTIVITIES**

Sundays 10.30-12 noon: Savitri Study Circle

Mondays 5-6 pm: The Integral Yoga in Savitri led by Dr.Ananda Reddy

Mondays, Tuesdays, and Fridays 3-4 pm: Yoga and the Evolution of Man, led by Dr. Jai Singh

Tuesdays 5-6 pm: Savitri study in Tamil, led by Sudarshan

5.45 - 7.15 pm: OM Choir (see details below)

Tuesdays, Fridays, Saturdays 4-5 pm L’Agenda de Mère :

- listening to recordings with Gangalakshmi
- Reading The Life Divine, led by Shraddhavan
- The English of Savitri, led by Shraddhavan
- Saturdays 5-6.30 pm: Satsang led by Ashesh Joshi

**OM Choir**

*The voice that chants to the creator Fire, The symbolled OM, the great assenting Word (Savitri p.310)*

In 1961 the Mother gave the *adesh* to Narad to bring down a new music. She said that one must go far above words and bring down the pure Music. Mother told us to sit in a circle and have no preconceptions as to what we would sing but to be silent and let the music descend in us. The OM Choir aspires to bring down the New Music for the New World in a collective body. We sing only OM, the creative and effectuating word after starting with warming-up and voice exercises given by Narad.

**Full Moon Gathering**

Sunday May 3, 7.15-8.15pm in front of Sri Aurobindo’s statue

Digital Library: multimedia facilities for individual study again functioning after being out of service for repairs and upgrading

This space offers individual computer access to a large range of audio-visual materials. All the recordings of courses, guest lectures and special events held at Savitri Bhavan are available, as well as much more. Aurovilians, visitors and volunteers are invited to make use of this opportunity to increase their knowledge and understanding of the vision of Sri Aurobindo and the Mother and the aims and ideals underlying the experiment of Auroville.

Main Building, Office and Exhibition open Monday to Saturday 9-5

Reading Room and Digital Library will be closed on Saturdays throughout this month

Everyone is welcome
Programme for May 2015

**Yoga - Iyengar**
Iyengar Practice times without teacher; for regular practitioners only:
Mon, Tues, Weds, Thurs, 17.15pm, Sat and Thurs 7.30am and Sat 17.00pm

**Yoga - mixed styles**
Yoga Therapy all levels (Max. 8 people) Mon, Wed, Fri 08.30 - 10.00 Gala

**Other Exercises**
- Pilates all levels Tues 07.45 - 08.45 Teresa
- Pilates Beginners/Intermediate Wed/Fri 17.30 - 18.30 Teresa
- Aviva exercise for women Thurs 16.30 - 17.30 SuriyaG

**Dance**
- Odissi Dance (*) Regular practitioners Fri 15.30 - 16.30 Rekha

**Martial Arts**
- Aikido all levels Tue/Thurs 6.00 - 07.30 Surya
- Aikido beginners Sat 6.00 - 07.30 Surya/Cristo
- Self Defence drop in all levels Weds 18.30 - 20.00 Antonello

**Health Care at Pitanga**
Homeopathy & Bach Flower Remedy, Marika - Mon, Fri: 09.00 - 12.00 Tue, Thurs: 15.00 - 17.00

For the following therapies & treatments please book see contact details below
Awakening the intelligence of the body with Vani, Cranio Sacral Therapy with Elena, Facial Treatment with Svetlana, Journey to the memory of the body with Vani, Oil Body Massage with Antonello, Reflexology with Pircilla, Thai Yoga Massage with Juan.

Pitanga is closed for May 1st and will close for Summer holidays on May 30th reopening on Monday July 6th

Pitanga Cultural Centre, Samasti, (0413) 262 2403 - pitanga@auroville.org.in.

**ARKA WELLNESS CENTER - MAY 2015**
Phone: 0413-2623799 / Website : www.arka.org.in

**THERAPIES**

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<th>WHAT WE PROPOSE</th>
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<tr>
<td>Cranio Sacral, Lomi Lomi massage &amp; Ayurvedic massage</td>
<td>Silvana by appointment 9047654157</td>
<td>Monday to Saturday</td>
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<tr>
<td>Acupuncture</td>
<td>Dr. Mohammed Sahel Ansari by appointment 9994208068</td>
<td>Monday, Wednesday and Friday</td>
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<tr>
<td>Body Logic, Soft Massage and Deep Tissue Massage</td>
<td>Pepe by appointment 9943410987</td>
<td>Monday to Friday 8 to9:30 am &amp; 6:00 to 7:30 pm. Saturday &amp; Sunday Mornings</td>
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<tr>
<td>Yogic Healing Therapeutic Massage</td>
<td>BASU by appointment 9443997568</td>
<td>Also in Italian</td>
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<tr>
<td>Hypnotherapy and Chakras Healing</td>
<td>Marcella by appointment 9443338734</td>
<td>Monday, Wednesday and Friday From10:00 am to12:00 pm by appointment.</td>
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**BEAUTY PARLOR**

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<tr>
<td>Holistic Reflexology, Face Massage, Cleaning, manicure, pedicure, threading, waxing, henna &amp; hair coloring.</td>
<td>Meha by appointment 9443635114</td>
<td>Monday to Saturday</td>
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<tr>
<td>Hair dressing</td>
<td>Ladina (Certified Hairdresser) appointment 9787337465</td>
<td>Monday to Saturday</td>
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<tr>
<td>Hair dressing</td>
<td>Yuval appointment 7639291546</td>
<td>Monday to friday</td>
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**REGULAR CLASSES IN THE MULTIPURPOSE HALL - 1ST FLOOR**

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<th>WHAT WE PROPOSE</th>
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<tr>
<td>ACRO-YOGA</td>
<td>DAMIEN - 9786775818</td>
<td>Sunday, Beginners class: 8:00 to 10:00am Wednesday, Intermediate: 5:15 to 6:30 pm</td>
</tr>
<tr>
<td>VOCAL YOGA VY®</td>
<td>Clare Fanning - 9442318775 Giridev - 8940056137</td>
<td>Monday, Wednesday &amp; Friday from: 7:30 am to 9:00 am</td>
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Internet facility is available in arka: Monday to Saturday - 9:00 am to 4:30 pm.

News & Notes 2nd May 2015 [597]
**REGULAR CLASSES**

**Note from the editors**

*The Regular Classes column is published once a month. Guest-houses are kindly requested to put this page up on the notice boards.*

**Kindly inform us of any changes/cancellation in your regular event** – the next regular events schedule will be published on June 6th, 2015. – Editors.

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**AcroYoga**: Every Sunday 8 to 10 am at Arka. A beautiful blend of partner yoga, acrobatics, and Thai massage. No need to bring a partner. Flexibility, power, & surrender are all combined...experience in yoga (particularly Ashtanga or AcroYoga) is very helpful.

**Aikido classes’ timing**: For the youngsters and adults: Tuesday, Thursday, and Saturday 6 to 7.30 am (Beginners are welcome on Saturday mornings. Guests and Volunteers are much welcome if they can commit for some time at least (with contribution to Pitanga as per their conditions). Please come 10-15 minutes before the class starts; wear long, large and comfortable pants and large T-shirt with sleeves, or your martial art outfits if you have any. For any information you may need, kindly contact Surya: 0413-2622.813, 96, 55.48.54.87 or call/see Pitanga Reception tel. 0143-2622.403.

**Alcoholics Anonymous**: meeting (open) every Saturday 6pm, Centre Guesthouse (Merriam Hill Centre). Contact: Ingrid 9443843976 or Shankar 9442010573.

**Aquacym Class** with Eliza at La Piscine, New Creation Every Thursday from 4 to 5 pm.

**Argentine Tango**: Mondays: Beginners’ class 6.00pm to 7.00pm and intermediates 7 to 8pm @ New Creation Sports Resource Center, Kulilapalayam. Wednesdays: Practica (tango dance space open to all) 7.30pm @ Sawchu, Bharat Nivas. Fridays: ‘An hour to study’ 8.00pm @ Naturelement. For milongas or further information please contact: tango@auroville.org.in Bring socks or dancehoes.

**Art Corner**: An open space for creative expression, for all ages! Different themes each week, as part of research on art-making in our community. New timings: Tuesdays & Fridays from 4-6 pm, at our Art Cart parked on the Visitor’s Center stage. More info: krupa@auroville.org.in.

**Astrology, its holistic approach**: Astrological Chart by Uma Giménez. You are welcome to call and find an appointment at 2623080 or 9443697972 (Surrender). The reading can be held in English, Spanish, French and Italian.

**Authentic Tamil culture**: Meena, a Tamil Aurovillian, would like to offer a course on the discovery and beauty of the authentic Tamil Culture every Sunday morning, meeting point at Courage Gate. The course may include: 1. cooking lessons, 2. How to make kolam, 3. How to wear a sari, 4. Henna design on hands and feet, 5. How to make flower garlands 6. Tailoring. If you are interested, please call Meena to talk about the details of your class and fix the time. During the day call: 9787702180, after 5 pm you may use the landline: 0413 262363. Meena

**A Self-Awareness Open Space**: You are invited to come together for self-exploration in a warm heart-space. The focus is to develop a simple practice in our daily life as a means of spiritual growth. We will do this through meditation, mantras, yoga, dialogue and spontaneous games. Time (starting 4th Dec, Thurs): Every Thursday & Sunday 5.30 pm - 7.00 pm, Saturday 7.00 am - 8.30 am. Facilitator: Samrat, ph: 9635024511, email: samrat@auroville.org.in Location: The rooftop of Apna Ghar, Meerambikai Garden, when you come into Auroville from ECR(beach road), turn left before the temple prior to Last School, Aspiration, after 200 m it will be on the right.

**Belly dancing**: Belly dancing is for all sizes, shapes and ages of women. You are welcome to learn and explore one of the most ancient, feminine and beautiful forms of dance in the world. Belly Dance is based on movements that come naturally and healthy to the female body, and finally generates changes in either our physical body or our physical space. It is possible to heal each chakra and hence heal physical, mental and emotional states.

**Bowen therapy**: Dr. Nora Berczi offering Bowen therapy (called „the homeopathy of bodywork”) and Classical homeopathic consultations in English and Hungarian language based on Sankaran’s Sensation method from 19, January to 26, February in Pitanga and in the Integral Health Clinic. If you are interested, please call me on this number: 8870943018 or write me: berczini@gmail.com

**Capoeira (Grupo Ginga Saroba)**: Monday & Wednesday - 5PM - SAWCHU (Bharat Nivas) | Tuesday & Thursday - 7.15PM - Deepanam | Contact: Info@ginga-saroba.com, 9483284345 (Sam)

**Chakras Healing** works with our thought processes and there is a corresponding thought processes for every chakra. Our thoughts affect our emotions (how we feel), then the energy field of our body, and finally changes changes in either our physical body or our physical space. It is possible to heal each chakra and hence heal physical, mental and emotional states.

**Clay classes for children and adults** with Saraswati and Anna. Please mail to aurokatrusya@gmail.com for details. Regards Saraswati 9787571633

**Cooking class**: Every Monday from 10 am to 2 pm there will be a cooking class for 4 months starting from December. These classes will include north Indian, Italian and Thai cooking. Anybody interested to learn these mouthwatering recipes are most welcome and I assure you that by the end of the sessions you will be able to please anyone with your cooking talents. Contact number: 9443635114.Meha.

**Dance space**: In Verite Hall, Thursdays 5-7pm. Everyone can dance regardless age, sex, size, flexibility...! Offering a space to explore our own unique movement, free dance and contact improvisation ... Together we create the freedom and possibility to simply be in the stillness or movement of the moment and allowing each person to be spontaneously moved by an inner pull, the music or perhaps inspired by a movement of another body. Dancing a wave, discovering on our own and as a group. Moving towards an empowered, radiating stillness...Dariya

**Flamenco In Cripa Every Wednesday**: From 4 to 5’30 pm. Starting 13th of August.

Flamenco is a movement of hands, arms, body, legs and foot. We will listen to flamenco music to understand the roots of this dance. We will create a flamenco choreography.

Come and enjoy with us, Flamenco team.

**Foot reflexology**: A massage that applies pressure to the feet with the thumb, fingers, and hand techniques. Approx. 60 min. Call 9843948288 or email vikram@auroville.org.in for an appointment.

**French classes at Savitri Bhavan, House of Mother’s Agenda**: French classes at House of Mother’s Agenda, every Monday and Friday from 6 pm to 8 pm.

**From the Food Lab**: Horizon. (In front of Sve-dame). Mon., Tues., Thurs. 4.00 to 6.00pm. Call Lorenzo before coming at 09443622774. All relevant information about the after effects of food on your body for e.g., allergies, intolerance, chronic pathology. Homeopathic Immunopharmacology is available.

**Hatha Yoga with Jacob**: Tuesdays and Wednesdays 4:45 to 6:15 pm. Jacob has been teaching Yoga to the staff of a Danish national hospital and at a yoga hostel for the past 2 years. He has polished his approach to reach people across many cultures. You are requested to bring an open mind, a generous heart and a yoga mat, if you have one.

Above facilitators are guests of Auroville and good friends of Pavilion of Tibetan Culture. Your contribution towards the activities will benefit the Pavilion of Tibetan Culture.

**Hypnotherapy and Chakras Healing at Arka**: Marcella, Aurovillian, is a qualified Hypnotherapist and Past Life Regressionist from the reputed California Hypnosis Institute (India).Languages: English, French, Spanish, Italian, English, and Russian.

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News&Notes 2nd May 2015 [597]
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**The Eco Film Club**

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**BULLY**

2011 - 98 min. Directed by Lee Hirsch. USA English

Bully is a documentary film that follows the lives of five students in the U.S. who face bullying on a daily basis. Filmed over the course of a single school year, Bully sheds new light on the pained and often endangered lives of bullied kids today, revealing a problem that transcends geographic, racial, ethnic, and economic borders.

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**Film Description**
Indian - Monday 4 May, 8:00 pm:
• LINGAA
India, 2014, Writer-Director K.S. Ravikumar w/ Rajnikanth, Anushka Shetty, Sonakshi Sinha and others, Action-Comedy, 174mins, Tamil w/ English subtitles, Rated: PG (U)

Named after deity known as Linga or Lingam, this film is set in the fictional village of Solayur. In this story, after being turned down by the ruling Britons, the rightful heir to a famous dynasty, inspires local villagers to build a dam for themselves.

West Asian - Tuesday 5 May, 8:00 pm:
• THE ATTACK

Dr. Amin Jaafari is an assimilated Arab surgeon who seems to have it all with a promising career with honors among the dead as the primary suspect. Could it be true? Could terrorist suicide bombing and his beloved wife, Siham, is found among the dead as the primary suspect. Could it be true? Could Siham had kept a secret from him? However, the answers prove hard to come by and the truths involved have a terrible pain of its consequences.

Interesting - Wednesday 6 May, 8:00 pm:
• GASLAND II
USA, 2013, Writer-Director Josh Fox, Documentary, 125mins, English, Rated: NR

In 2010 almost accidentally Josh Fox became aware of ‘fracking’ as he was offered a large amount for his ancestral property in rural PA. Instead of just looking it as a business deal - he set out to find out what ‘fracking’ is and informing us in turn. We had brought you that film in 2011. Now in this second part - the director comes with more information. Fracking is becoming global it is happening in many more countries under the cover of “cleaner energy” - we all need be informed of its consequences.

Korean - Thursday 7 May, 8:00 pm:
• PACEMAKER

This film is supported by Korea Foundation and Consulate General ROK in Chennai. Once a promising marathon runner, Man-Ho Joo was forced to give up his dreams because of a leg injury which could prevent him from ever running again and must also contain his original dream of becoming a champion marathon runner.

International - Saturday 9 May, 8:00 pm:
• FRANK

A hopeful musician named Jon joins an eccentric pop band led by an eccentric creative mastermind named Frank, who conceals his true identity beneath a giant paper mache head. Frank supposedly adheres rigorously to the ethos of making music purely for the joy of doing it, but as Jon’s influence in the band grows, Frank proves to be capable of a less-enlightened view.

Children’s Film - Sunday 10 May, 4:30 pm:
• HOMEWARD BOUND: THE INCREDIBLE JOURNEY
USA, 1993, Dir. Duwayne Dunham w/ Sheila Burnfold & Caroline Thompson, 84mins, Adventure-Drama, English w/ English subtitles, Rated: G

Three pets escape from a California ranch to find their owners in San Francisco.

BILLY WILDER Film Festival @ CINECLUB
From the late 1930s to the early 1960s, Billy Wilder dominated Hollywood’s Golden Age. With over fifty films and six Academy Awards to his credit, he is one of Hollywood’s all-time greatest directors, producers and screenwriters. His films range from stark melodrama to satiric comedy. Billy Wilder has had a powerful creative influence on both the experimental and traditional film industries in America. Often running into criticism for his presentation of taboo topics such as alcoholism and prostitution, the high quality of the films redeemed him in the eyes of both the public and the industry.

Ciné-Club - Sunday 10 May, 8:00 pm:
• SABRINA
USA,1954, Dir. Billy Wilder w/Humphrey Bogart, Audrey Hepburn, and others, Comedy-Romance,133mins, English w/ English subtitles, Rated: G

This movie was was made for Audrey Hepburn. The story is Cinderella like - where a chauffeur’s daughter with a crush on the playboy son of her father’s employer, goes to Paris and returns as a mature sophisticated lady who charms everyone she meets. The direction of Billy Wilder and the casting of Humphrey Bogart and William Holden enhance the picture as the Larabee brothers who vie for Miss Hepburn’s affections. But the film is clearly Miss Hepburn’s and one can see why she was one of the most beloved actresses of her time. Watch Sabrina and you too will fall in love with her.