News & Notes

4th April 2015..................A weekly bulletin for residents of Auroville..................Number 593

"Can we share things like your laptop or your bike or the fridge or your time juicer or your shoes or watch or cellphone or car .... ?"

"Auch!!
Sorry!!
I am not so spiritually advanced yet!!"
HOUSE OF MOTHER’S AGENDA

“Sri Aurobindo’s message is an immortal sunlight radiating over the future.”

“One must not confuse a religious teaching and a spiritual teaching. Religious teaching belongs to the past and stops all progress, spiritual teaching is the teaching of the future. It enlightens the consciousness and prepares it for the future realization. A spiritual teaching is above religions and strives towards a total truth. It teaches us to come into direct contact with the Divine.”

MOTHER’S AGENDA, 15 July 1972

MOTHER

How are you? Not so well. Why? I don’t know. What’s wrong?... The head or the body?

No, it’s rather within.

Ohh! That HAS to be all right. Within, we’re the masters - we want to be well, we are well. It’s only this (Mother points to her body) that doesn’t quite obey. (Long silence. Mother holds Satprem’s hand)

The subconscient is a mass of defeatism. That’s what keeps rising to the surface. As we ABSOLUTELY need to change that, the subconscient must be clarified so that the new race can come. We must clarify the subconscient. It’s a mire. It’s full of defeatism - defeatism, the first reaction is always defeatist. It’s absolutely disgusting, mon petit, I’ve seen it, I am working there... a disgusting place. We absolutely must... we must be categorical and vigorous - fearless, you know. Change it MUST. It’s nasty.

And it keeps rising to the surface... (Gesture from below).

A fantastic energy is checked by that, by that foul thing.

(Mother gives flowers to Sujata) Here. Do you want a garland?

We must.... (To Satprem) You have the capacity to... (Mother drives her fist down into Matter). Defeatism belongs to the subconscient - it MUST change, it must. Defeatism is anti-divine. [...] It’s full of... the very word [God] is full of deception. It’s not that way, it’s.... We are - WE are the Divine who has forgotten Himself. And our task, the task is to re-establish the connection - call it by any name you like, it doesn’t matter. It’s the Perfection we must become, that’s all. The Perfection, the Power, the Knowledge we must become, that’s all. Call it what you like, it doesn’t matter to me. That’s the aspiration we must have. We must get out of this mire, this stupidity, this unconsciousness, this disgusting defeatism that crushes us because we allow ourselves to be crushed.

And we fear. We fear for its life (Mother touches the skin of her hands) and we’re afraid to perish! Well, I say: let’s unite our consciousness with the eternal Consciousness and we will enjoy eternal consciousness. How stupid can one be! (Silence)

But, you see, when you are here, I can express these things because your atmosphere is conducive to expressing them.

We must... we must put this at the service of the Divine - always. Always. With faith, an absolute faith: whatever happens is what the Divine wants to see happen. The Divine - I say “Divine” because I know what I mean by that word, I mean supreme Knowledge, supreme Beauty, supreme Goodness, supreme Will - all... all that must be manifested in order to express... what must be expressed. (Long silence)

We are disgusted with the world as it is - and we have the POWER to change it. But we are such fools that we can’t bring ourselves to abdicate our silly little personality to... to let the Marvel unfold.

And that’s all accumulated in the subconscient: everything we have rejected is there, and now it must be brought in contact with the transforming Force... so that this unconsciousness may come to an end.

(Mother plunges in for half an hour)

Mon petit....

MOTHER’S AGENDA, 19 July 1972

MOTHER

A GREAT FAVOUR

Ah! You do not know what a favour I am doing to you all.

You have no idea that the whole world, the entire universe bows down to me, imploring me in an act of adoration to serve me. You do not know who I am, who has descended in the ignorance among you who has consented to be human, to take up a physical body among you all. You have no idea of who is there before you. Well, even the gods whom you revere so much, perform tapasya in order to have a glimpse of me. It is for me and through me that the whole Universe exists and it vibrates in my consciousness. It is through me that all living beings and inanimate things and all that you see in the Manifestation, acts and progresses. There is nothing that is not within me. I am the Cause. It is in me that all things disappear. Everything is expressed in me and aspires to take refuge in me. Those who know me a little give their entire lives to find me.

I am above the whole Manifestation!

MOTHER taken from the book The Supreme

Our world is at an evolutionary crossroad and the choices we each make are crucial to how the future of billions of souls will unfold. Let us choose wisely - Submitted by Ricardo

Cover drawing by Emanuele
WORK GROUP REPORT

Retreat- follow-up

Dear Community,

A number of people have been asking what is happening with the outcome of the Retreat and have expressed concern that all the hard work put into the Retreat might go to waste.

The Working Committee is still waiting for the minutes of the Governing Board and International Advisory Council meetings concerning specific post-Retreat responsibilities, and for the report on the Retreat by the Retreat Organizing Group.

As soon as these minutes and report have been received, and as requested by the GB and IAC in its last joint meeting, specific task groups will be constituted to take up the next step of implementing the milestones identified in the Retreat.

The Retreat Organisation Group was set up for the specific task of organising and facilitating the Retreat. With the finalisation of their report on the Retreat, that task gets completed and the team members will get back to their other work responsibilities in Auroville.

Warmly,
The Working Committee

ANNOUNCEMENTS

General Meeting to discuss the Proposed Construction of a New Road (Mangalam Radial) in the Pony Farm Area, Kottakarai

The Residents Assembly Service (RAS) would like to give a space for this case study on:

- how implementation of the Master Plan is happening till now
- which parts, tools and processes are missing to enable TDC to fulfill all aspects of its mandate: To hold their commitment to a collaborative approach - a wide participation and a sincere effort to integrate different perspectives while planning, developing and constructing the Auroville Township
- which parts, tools and processes need to be developed so that implementation can be an inclusive joint venture between Residents and our appointed Working Groups
- How do we go about it (Who, What, Where, When and How)

When: Tuesday 7th April, 2015 @ 4:30 pm - 6:30 pm
Where: Unity Pavilion
Who: Everyone. We really need you.

Please join us in this adventure!

Kind regards,
Inge and Slava for the Residents Assembly Service (raservice@auroville.org.in)

For details on Pony Farm case-study please go to http://ras.auroville.org.in/case-study/pony-farm

Surya for BCC

Dear community,

Following our announcement to N&N regarding Surya representing the community at large in BCC, there has been no objection received.

AVC endorses the recommendation of BCC.

Best regards, AVC

FROM THE ENTRY SERVICE - N&N NO- 593 dated 04.04.2015

We would like to inform the community that our team had decided to recommend the following persons as Aurovilians and Newcomers. We will wait for two weeks (Newcomers and Returning Aurovilians) and one month (Aurovilians), from the date of this publication, for your feedback, before making our final decision.

AUROVILIANS:
Julie VIDEGRAIN (French) - Staying at Grace, working as part of the tailoring section team at Nandini and also as a French teacher in Deepanam and Last school.
Olesia ISKHAKOVA (Russian) - Staying at Udavi staff quarters, working as English and Yoga teacher at Udavi, Verite Hall and Quiet Healing Centre.
Svetlana TSKHAY (Russian) - Staying at Udavi Staff quarters, working as part of the Matrimandir designing team and as sports teacher assistant at Udavi school.

CHILD OF AN AUROVILIAN:
Mira ROYER (French) - born on 27/03/2002, studying at Deepanam

NEWCOMERS:
Axum Kiros DAGNEW (Ethiopian) - Staying at Grace, working at Auroville bakery. (m/o Julian EJIERMANN and Hindia EJIERMANN)
Jayendira Saraswathi YAFFAROVA (Indian from Pondicherry) - Living at Djaime, working as legal advisor for working committee and Varuna (m/o Tatyana YAFFAROVA)
Neil Edward MEIKLEHAM (Canadian) - Staying at Pitchandikulam, working as part of the team in arboretum at the Botanical Gardens.
Shanti PIGNOLET (French) - Staying at Dana, working as a stock care taker at The colours of Nature.

We have identified a lack of clarity in the communication and confirmation of status, as the announcements done in the News and Notes are FOR FEEDBACK ONLY and sometimes, after announcement, there can be either an extension of status or a decision to stop the process. We have therefore added an additional section to confirm the status of persons previously announced.

CONFIRMATION OF NEWCOMER STATUS:
Saravanan GOVINDAN (Indian from Kulpalayam)

PEOPLE WHO HAVE LEFT AUROVILLE ON THEIR OWN:
Irena ATELJEVIC (New Zealand) - Due to unforeseen circumstances Irena ATELJEVIC has had to postpone her Newcomer process application. Her application is cancelled for now.

In case the above person(s) wishes to come back to live and
work in Auroville, (s)he will need to restart his/her newcomer process.

TEAM MEMBERSHIP: We would like to inform the community that Kripa has finished her term as a member of the Entry Service team after 3 years; We thank her for her valuable input into the team. We will miss her!

Dear Newcomers,
The Entry Service team would like to inform you of the timings designated specifically for you to collect or submit the Newcomer Kit. Please pass by our office in Town Hall during these hours only: Wednesday & Friday at 2pm to 4pm. We look forward to seeing you.

We are open for B-Forms and Recommendation letter matters, on appointment only.

OBITUARY

Prabhaben

This is to inform the community that Prabhaben Dhandhania, who was in charge of Auroville Prosperity in the early years, has passed away in her Ashram premises on the 31st of March.

As Prabhaben was one of Mother’s close contacts regarding Auroville Prosperity matters in those formative years, she is remembered by us with gratitude and respect.

Jay MA~

FOR YOUR INFORMATION

Acres for Auroville - Update N°4

A4A’s goal is to help acquire the remaining plots missing from the Matrimandir Area and the International Zone. And the flowers in the Matrimandir Gardens and at the Unity Pavilion in the International Zone remind us, in the Mother’s messages for each one, that aspiration, harmony, and perseverance have a power - the power to mould and influence circumstances:

- Power of Effort (Effort of Auroville): Effort well-directed overcomes all obstacles
- Power of Perseverance: Perseverance overcomes all obstacles
- Power of Collective Aspiration: A harmonious collective aspiration can change the course of circumstances

We are happy to announce that we are now at 70% of our fundraising goal! Since our last campaign update, Acres for Auroville has received 90 new donations - first-time donors, repeat donors, generous amounts, modest amounts - all from the heart and sent in the spirit of unity. Some of the donations have come from creative personal initiatives with the public and among friends, providing inspiring examples of solidarity as well as dynamic support for enlarging the network of collaboration. This result has happened in just 7 months since our kick-off on Sri Aurobindo’s birthday, thus confirming the truth of the message of the flowers!

Solidarity has the power to enrich us, as well as serve Auroville. One donor wrote: “When I received my donor package for contributing to the purchase of land in Auroville, I was filled with beautiful moving was the packet of red earth.”

So, let us continue together in this spirit of aspiration, perseverance, and collective harmony! May our unity give Auroville the power to mould the circumstances that are needed for its harmonious development, and for building the Mother’s Dream!

We invite you to join us in A4A’s collective gift for Auroville’s 50th birthday - the means for acquiring the land!

In solidarity for the City of Dawn,
Aryadeep, Mandakini, Sigrid, for the Acres for Auroville Team (* Hibiscus photo by Sergey)

[Please specify “ACRES FOR AUROVILLE” via Auroville Unity Fund (checks or bank transfers), Auroville Donation Gateway (credit or debit cards) www.auroville.com/donations/, Auroville International www.auroville-international.org. See COLAAP for tax deductibility: www.colaap.org]

Video Interviews of Ashramites and Aurovilians Online

Over the past few years, Narad, who is a past Aurovillian and Ashramite that started the OM Choir and also the Matrimandir Nursery many years ago, has been interviewing with video many of the older Ashramites as well as other Aurovilians about their experiences and life, particularly relating to Mother and Sri Aurobindo, Ashram-life, Auroville-life, and many other topics of Yoga. These videos have been uploaded to a website and are available for everyone to view as they wish.

The videos are arranged according to the following topics: 1. Sri Aurobindo Ashram, the Early Years. 2. Interviews with Disciples and Devotees. 3. Readings from Savitri.

In addition, videos related to the OM Choir, Mother and Sri Aurobindo, and others are also available, as well as older Ashram videos of devotees, including Kireet Joshi, Arabinda Basu, Lalubhai Patel, Manoj Das, Udar, Taraben, and others.

Some of the individuals that you can see being interviewed by Narad include the following: Aster Patel, Kalaben, Chamanlal, Dr. Alok Pandey, Shradhavan, Mirayoti, Vasanti, Ushaben and Chunibhai, Shyam Kumari, Tarun, Lata, Tara, Giles Guigan, Chali, Kireet, Amal Sircar, Barbara (Ritam), and many others.

Please visit: www.motherandsriaurobindo.org and begin exploring under the Multimedia section, subsections Video and then Interviews. Enjoy!

Submitted by Noel Parent
Koodam

Dear all, Greeting from Koodam.

We would like to give you a small update on how our work has been going for the last months.

At the moment, we offer the following services to the community:

- Listening and venting - people are welcome to share in a safe and confidential space their feelings, thoughts or experiences. The session can be done in English, Tamil, French, German, Slovene and Hebrew.
- Support in choosing a specific conflict resolution method
- Mediation
- Meeting facilitation

And here are some highlights from our first report that takes a look at the impact Koodam's work had since September 2013:

<table>
<thead>
<tr>
<th>Service Category</th>
<th>Total Cases</th>
<th>Number of People Impacted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Listening and Venting</td>
<td>11</td>
<td>12</td>
</tr>
<tr>
<td>Mediation</td>
<td>27*</td>
<td>108**</td>
</tr>
<tr>
<td>Negotiation</td>
<td>2</td>
<td>9</td>
</tr>
<tr>
<td>Arbitration</td>
<td>2</td>
<td>9</td>
</tr>
<tr>
<td>Working with WG/WC/AVC on conflict cases</td>
<td>9</td>
<td>72</td>
</tr>
</tbody>
</table>

**COMBINED TOTAL CASES** 51

* In seven cases, one of the parties chose not to participate in the mediation, and the process did not continue.
** Total does not include the seven declined mediation requests.

Success Rates of Meditation (Total: 20)

- 74% Conflict closure (n=14)
- 26% No agreement (n=5)
- On-going mediation (n=1)

If you want to read the full report you can download it from Auronet or send a request to: koodam@auroville.org.in, we will send you a soft copy per email.

Peace and light, Koodam team

Auro-Orchard: organic recovery

Yesterday was the 31st of March, last day of the fiscal year. Our tractor left the farm to deliver the last batch of eggs, fruits and veggies to Foodlink. So, it’s time to give you a feedback: we are glad to announce that since 2011’12, while becoming organic, Auro-Orchard has fully recovered from the cyclone Thane and even surpassed its earlier results. It’s particularly true for fruits that we can talk about recovery, because the cyclone has had a dramatic impact on the trees and on the irrigation systems. Thanks to the work done by Sylvain and all the team, old trees are blooming and young trees are growing to prepare the future. Veggies exhibit a steady increase, as a result of our continuous efforts to increase the fertility of the soil, and better our method and organisation. The contribution of volunteers is also essential! Eggs are at a low point, because we had to stop the renewal of the flocks in order to improve our setup. But production should come back to normal levels or better, while improving its quality, from August 2015.

POSTINGS

Ecoservice is closed for now

Ecoservice is having an internal crisis and we have been forced to close down for now. We will not be collecting any waste BUT we can deliver extra storage sacks to you. So if you need some sacks please call or email us and we will deliver them to you asap. We hope to get back up and running very soon. Please bear with us. Contact us at: ecoservice@auroville.org.in, 763-965-5954 or 944-206-7481 - The Ecoservice team
Transformation: house for exchange

One part of a double standing house with private entrance. About 85 sqm - 2 rooms with kitchen and with shared bathroom and small bathroom upstairs. For single man only. Kayananda: 2623038

Yatranova on tour

Yatranova team will be closed for our annual tour from Saturday April 11th to Tuesday April 14th. We will re-open on Wednesday April 15th. Thank you for your understanding! Swadha

Solar Kitchen closed on Sunday 05.04.2015

Solar Kitchen remains closed on Sunday 5th of April for urgent repair work. Solar Kitchen Team

Financial help for artists

Dear Auroville Performing Artist, if you plan a performance for the financial year 2015-16 and you need financial support please send a mail to: <av.artistgroup@gmail.com> - With love, Rolf

Kalpana Housing Project

Fully equipped 42 apartments with Solar/hybrid system. The model, and the 3D designs for each unit is available at the Housing Service, and a catalogue with the preliminary cost for each unit. A list of the candidates eligible for subsidies is being prepared.

Contact: satyakam@auroville.org.in

Available

Qualified musician

I offer lessons in music harmony for any Aurovillian, Newcomer, Guest or Volunteer, free of charge. Timings according to your schedule. Merry (Prayatna) - Ph: 2623 581

Honda CB twister

2011 model, electric start, disc brakes and only 11000km done. Tamil Nadu Registered. Contact Vikrant ph. 9940072682, email: viekie072@gmail.com. Kindly call after 5 pm - Mon-Fri or leave a message. Thank You

A place to stay

Available for a long term, co-location in a house in Fertile. Call Christine P.: 9489805493

E-Bike (Ampere Adya)

Hello AV Community, I have a relatively new e-bike (less than 1 year old). It is an AMPERE Adya moped (with large wheels), silver color and in good condition. 60V (5 battery) model. Batteries working fine and charger included. Also have a new white helmet with visor for sale. which can be added on for free if you buy the bike. Don't have a charging station where I live so can't really use the bike. Am open to renting (per day or per km), or selling if I get a suitable price. Thanks! G (sattvig@gmail.com, 0840 799 7970)

Stuff

Honda CB Trigger 150 CC with Dual Disk Brakes, 6 months old and done only 1800 km, white colour in excellent condition / 2. Food Cupboard, wooden with mesh front. Dimensions are - H 48 X W 36 X D 16 inches. Good condition / 3. Acoustic Guitar with electric pick up, basic one, working condition / 4. Tennis racquet "Head" - brand new, never met a ball, although a few years old / 5. 3 seater wooden sofa with caning - light one, suitable for veranda - Contact Rajiv: 8940500751. Stuff can be viewed at Suryaniwas, Auromodel.

Feverfew available

Feverfew is a herbal remedy claimed to help prevent migraine, but is also used for other problems such as fevers, irregular menstrual periods, arthritis, a skin disorder called psoriasis, allergies, asthma, tinnitus, dizziness, nausea and vomiting (look it up on the Internet for more details). I have 3 small bottles of it to dispose of, in case anyone is interested. Tim W. (ph.2381 home, 2296 work, or e-m timwrey@...)

A volunteer cook

I work actually for Cafeteria and Le Zephyr (Visitors Center) but as the season is low (less people, less work) I am willing and interested to work at other place as a cook (Veg and non-veg food). Please if interested contact Gerard at: 894 056 2296.

Coconut Keet leaves

Hi, everybody, I have 500 pieces of Keet roof leaves. If you are interested please contact Anand: 9865 623504

Baby rocker/swing and walker

A baby rocker/swing and walker (all in one), good from 6 months to use. If you want to have a look: Paula 9488239348 or pauli@auroville.org.in
A fan
In case you got yourself a new ceiling fan or even an AC and don't need your standing fan any more, I would love to buy it from you. Mine broke and I feel the need quite badly. Sylvia tel. 2622 649 or sylviazi2000@yahoo.co.in

Materials
Marc & Ok are opening an Upcycling Studio in Udavi in the spirit of Reduce, Reuse, Recycle. They are looking for materials to build shelves to receive the waste material. Please if you have pipes, scaffoldings or anything you don't need call Marc: 9442006807.

A removable cast
I am looking for a removable cast for the foot & ankle to use for 3 weeks. Contact Indra: 948 791 9832 - Thank you

A German speaking helper
Looking for somebody who speaks or understands German to help mainly with two sweet girls (3 and 4,5 years old) for a period of one, two or three months, 20 hours weekly. Accommodation provided at Transformation Guesthouse. Please contact Samata ph. 2622231, 9443797601 / samata@auroville.org.in

A Splendor motorbike
I am looking for a Splendor motorbike in good condition. The best would be a Tamil Nadu registration, but Pondicherry registration OK as well if owned by an Aurovilian. Please contact me at 9442328120 or 04132622584 or giovanni@auroville.org.in. Thanks, Giovanni :-)
**ACCOMMODATIONS AVAILABLE AND NEEDED**

**House-sitting 1**
Looking for a house-sitting opportunity starting April-June. I am a French volunteer who loves plants and animals and would be honored to keep your place in good shape. You can reach me at: fabibaba@yahoo.com / 950092443 - Tilli

**House-sitting 2**
I will be away from 29th of May to 2nd of July and my house in Quiet will be available for house-sitting. I am looking for someone who wants some quiet space, the sea and who loves animals and will be happy to look after them. Please SMS 9488483286 or email shahnandi@gmail.com I will be away also from 21st April - 27th April which could be an opportunity to check it out and see if it’s good for you. Nandita, Quiet

**House-sitting 3**
I am Tsunya Nawang Jinpa, a French nun in Auroville since end of Nov., quietly writing an academic book. I was staying in a capsule that is now getting too hot for me while it’s still too early for me to return in the high Himalayas, where I otherwise live and volunteer. I am looking for a house sitting or accommodation from any time in April or May until end of May or mid-June (at the latest). It needs to be both quiet and cool. I would be very happy to take care of your pets friends and plants, and help keep the light of the place up. Thanks! Contact: nawang.jinpa@gmail.com or 88948-01624

**House-sitting 4**
Dear AV Community, I have been a volunteer and pre-newcomer and would like to figure out a housing situation before I commit to starting the Newcomer process. My interests are in eco-friendly living and Ayurveda. I practice meditation in every moment so end up putting a lot of love and care into my living space :) I am looking for something approximately between July-September and January onwards. Would be grateful for something relatively new, clean, and quiet. References available. Thanks! - 'G' (sattvig@gmail.com, 0840 799 7970).

**House-sitting 5**
I am Jakob, Austrian Civil Servant and long-time volunteer at SVARAM since August 2014. I am looking for a new accommodation / house sitting possibility from now onwards to July, short term is also welcome. If you look for a responsible, clean and quiet house-sitter please contact me at: jakob.feldbauer@gmx.at or 80 988 52568 - Thank you, Jakob

**House-sitter 1**
Seeking Aurovilian or Newcomer to house-sit a small single place in Auromodel from May 15 until the end of January 2016. Looking for a super clean, responsible woman. Expenses will be discussed when we meet. Contact Yen at: 8489265035.

---

**TAXI SHARING**

**April 6th:** Would anyone be willing to share a taxi with me on Monday, 6th of April - leaving Auroville around 5 - 5:30 a.m. to Chennai airport? Call Gosia at 9843522628.

**April 7th:** Tuesday - Leaving Auroville at 2 am (Or between 12 to 2 am). Please contact Ginevra, ph: 709 4583824 or 19ginevra@gmail.com

**April 7th:** A taxi is leaving to pick up someone at 12.55 pm (afternoon) on the 7th of April from Chennai airport. Looking for a share either way (to or from Auroville). The taxi can leave anytime in the morning on the 7th before 10 am. Please SMS 09869454909 or email shahnandi@gmail.com Nandita, Quiet

**April 10th:** Taxi share to Chennai airport on 10th of April, leaving Auroville around 5 am. Please contact me by phone: 8940285161 or by mail: elenasol@tiscali.it

**April 12th:** Taxi leaving for Chennai airport Sunday, April 12 at 10 pm. Anyone interested to share? Contact Dirk: 94885 12659

**April 14th:** Hi, I am Assia going to the Airport on 14 April any time in the afternoon and would like to share a taxi with one person or two depending on luggage. Please mail me: khan.assia@gmail.com - Thanks.

**April 14th:** Tuesday 14th of April, leaving from Auroville at 8.30 am to Chennai Airport. Taxi can be shared both ways, only 1 person is going. Ingrid: 9443843976 or ingridt@auuroville.org.in

**April 14th:** Leaving from AV around 3 pm to Chennai airport. I would love to share the taxi and cost. Please send me a text +917066605578 or email: erikaspost@spray.se

**April 21st:** Leaving Auroville at 4 pm for Chennai airport. Taxi returning empty at around 7 pm, so could be shared both ways. If you are interested please drop me an email: ynotsnenevs@hotmail.com

---

**WORK OPPORTUNITIES**

Join our social making team!

We are looking for people passionate about social change and the ability to guide others in fulfilling their social entrepreneurial dreams! At UnLtd Tamil Nadu we find innovative change makers and support them to change the face of India for good. After the successful start-ups of EcoFemme, Wasteless, Amirtha and many more we are now welcoming our third batch of ten investees including Auroville based Upcycling and others across Tamil Nadu such as Sristi Farm Academy and CareSociety. However, we need YOUR help to give them all the support they need. That is why we are currently looking for Tamil speaking coaches and buddies to help them realize their full potential!

1. As a COACH we need your help for at least half a day a week for the period of twelve months. In which you provide personal coaching and ongoing advisory support on key aspects of the investee’s venture. We are looking for English and (preferably) Tamil speaking coaches with any experience in personal coaching that exceeds the conventional coaching of the corporate world. We wish to support our investees to make them extraordinary social entrepreneurs.

2. As a BUDDY we need your help for a time period of at least six months to guide our investees through the incubation process at UnLtd Tamil Nadu. This includes providing your investee with the best resources and connections possible to meet the development needs for their start-up and themselves! We are looking for English and (preferably) Tamil speaking buddies who have exceptional inter-personal & communication skills and the ability to listen carefully.

Those who are interested or have any questions please contact: hr@unltdtamilnadu.org or Gerry: 8940230984

Thanks from the Unltd Team ☺️
**HEALTH**

**Ear-Nose-Throat (Ent) specialist at AVHC**

Dear Community,

Dr Vasudevan, the ENT specialist from Pondy, has continued to provide consultation at AV Health Centre for the past four months, on every second Thursday of the month, from 10 am to 1 pm. This time on 9th of April, the Audiologist is also available.

Please utilise this consultation, if you have ear or throat problems, while he is offering his time and coming here. Appointments should be made at AVHC reception.

Dr Geeta Auropremi is available on Monday, 9 to12, for consultation on regular AVHC charges.

**AVHC will be closed only on Saturday 18 April 2015, for the annual tour of our staff.**

*Dr Uma, for AV Health Centre*

**Jade Beauty salon**

Facials, manicure, pedicure, waxing, treatments for any kind of skin problems.

Beauty the smile of the divine, feel good with yourself.

Call for an appointment: 809 876 0113

Please do protect your skin from the strong sun every day

Happy to welcome you,

With love, Julia

---

**SPORTS**

**La Piscine News**

Last August, for safety reasons, we removed the starting blocks at La Piscine. The ongoing risk of a diving accident is very small, but the potential consequences in terms of loss of life and injury are so tragic, that we are obliged to eliminate this risk all together by implementing a **No Diving** policy at La Piscine.

According to FINA regulations, the minimum required depth for diving in a swimming pool is 1.5 m.

La Piscine is only 1.37 m at its deepest point. More than a third of the pool is less than 1 meter deep.

We know that many of you who love to dive and know how to dive safely in shallow water will be unhappy and inconvenienced by this new rule. It may be tempting to ignore it and to plunge in head first since you know what you are doing, but there may be children or guests who are unaware of the shallow depth and other inexperienced swimmer/divers who see you do it and follow your example.

Therefore we request your collaboration to keep La Piscine a ‘No Diving’ pool.

(Feet First is Fine!)

While we make every effort to maintain a high standard of safety and cleanliness there are always dangers in and around a swimming pool. Have fun and enjoy, but understand that you swim at your own risk.

All the Lifeguards have very basic Life Saving/CPR skills but they are not **Certified Lifeguards**. Their duty on the deck is to make sure that the rules of safety and hygiene are observed by all swimmers to help avoid and assist possible accidents. (**They are not babysitters! Children under 12 must be supervised by an adult at all times.**) We welcome your support and cooperation.

Love, La Piscine Team

---

**TRAVEL**

**Latest News from the Travel Shop – Inside India in Auroshilpam.**

Office hours: ‘From 09:00 to 12:30 and from 13:30 to 17:00 - our extended time till 19.00’

For ticketing - International and Domestic Flights, Trains, Buses and Tours.

Under promotional offers, Airlines give only a limited number of seats per flight. Hence it is advisable to book early to make sure that you can travel at your preferred dates using these privileges.

**Offers**

Emirates have promotional fares to many European destinations ticketing to be done on/before 9 April.

Srilankan Airlines have special offers to all their destinations.

We recommend the following minimum check-in time:

*Domestic - 2 hour prior to departure / International - 3 hours prior to departure.*

Please ensure that you have all the required travel documents for your entire journey i.e., valid passport & necessary visas and that you have had the recommended inoculations for your destination(s). Please check with us in advance if flight schedules have changed.

Insurance: We strongly recommend that you avail of a Travel Insurance

---

**GREEN MATTERS**

**Sunday walk**

Farms & Forests

Please note that no walks are planned for the coming 2 weeks. The last two Sunday walks of the season will be:

- 19 April: Buddha Gardens / 26 April: Aranya (with potluck)

Check this space in the next N&N!

---

**News from the Coromandel Coast**

Every year between December and March, the beaches of Chennai become the site of one of Nature’s moving spectacles, and an equally moving interaction between humans and animals. During this season, tens of thousands of Olive Ridley turtles, a large, endangered marine turtle, reach the shores with the ocean currents, from as far as the Australian seas. They arrive en masse in the span of a few days, depositing 100-150 eggs each at night in pits dug out by their flippers, and then return to the ocean just as quickly. Most females return faithfully to their native beach each time, within a few hundred metres of where they last nested.

After 45 days, the babies will hatch and head for the sea, to start their life in the ocean which can span a century. A 100+ million year-old instinct draws the hatchlings to the water, led by the light which is brighter in the ocean than on the land. But
now with big cities along the shore, the land is a stronger light source than the sea at night, so the hatchlings start moving inland, where their chances of survival are almost nil. This has been the main cause for their declining numbers. And this is where the Students Sea Turtle Rescue Network (SSTCN) has come to help. Through intense lobbying, they have achieved that by Government Order, the high ‘mast lights’ along those beaches are switched off at night during the ‘turtle season.

And every night between December and April, they organise ‘turtle walks’, where volunteers search for nests and carefully collect the large rubbery eggs, which are then placed in a hatchery, from where the new-born babies can be safely released into the sea. These educational walks start at 11 pm from Neelangarai and cover the 7 km stretch to Besant Nagar beach, typically ending at 4 or 5 am, depending on whether nests are found and how many. For anyone interested to join, SSTCN.org has the details.

During the same season, conservationists and nature lovers concentrate their efforts on the wetlands of the Coromandel Coast, where huge numbers of migratory birds gather during winter, some travelling from as far as Siberia. We are all familiar with the Kalivelli tank, one of the largest and most significant wetlands in peninsular India. This year’s bird counts have revealed a sharp decline in numbers (the famous Vedanthangal bird sanctuary being almost deserted), and it is to be hoped that this dramatic drop is mainly due to temporary drought conditions rather than to irreversible factors...

Between these two refuges for Nature, there is another gem of rich biodiversity and great scenic beauty. The Odiyur lagoon near Cheyyur is an estuary with a dune system that filters the salt water, so that its aquifer is of excellent quality, and agriculture can take place just behind the dunes. The region has original stands of TDEF, reserve forests, mangroves and sea grass beds, all of it supporting a varied population of fish, crustatians and birds, and a thriving farming & fishing community. It is in this ecologically vital and sensitive area that a crucial battle is being fought, against plans to build a coal-fired ‘Ultra Mega Power Plant’ that is said to yield 4000 MW of power to Tamil Nadu and neighbouring states, at a very high economic and an incalculable environmental cost. This project, which has been in the pipeline for several years but has revealed many problems and flaws, is part of an ambitious plan envisaging a total of 40 coal-fired plants for the energy-hungry state, most of them located near the coast, where they can access imported coal (from China, Australia and USA). These projects are in various stages of development, from newly commissioned, to tendering and advanced construction. Opposition from local residents and environmentalists has intensified due to land seizures, severe air pollution, fly ash contamination of ground water, thermal discharges on fisheries, displacement of communities and other damaging impacts. So far nearly half of the original plans have had to be cancelled or shelved.

In the case of Cheyyur, numerous eminent scientists and environmental activist have intervened and objected. Presently the case is before the National Green Tribunal. A website with detailed studies - www.cheyyur.wordpress.com - reveals the impacts of this project, which would spell total destruction for the area. A few snippets from the studies: “Dredging of the port will decimate benthic ecosystems and subsequently fish populations. Fish stocks will further be affected by the movement of ships resulting in a poorer catch and eventually posing a serious threat to the livelihoods of the fishermen. Port activity will obstruct Olive Ridley [turtle] nesting activity and hatchlings if there are any at all, will be disoriented by the bright lights of the port, preventing their natural journey towards the sea. Mercury discharge from the main plant has been very conservatively calculated and the actual amount poses a serious hazard. In addition, the proponent has failed to conduct studies on the radioactive content of coal, as well as the heavy metal content...” The hundreds of Kgs of various toxic metals released daily would pollute the air not only locally, but have serious consequences for Auroville, Pondy and beyond. A presentation was recently given at the Unity Pavilion; an interview is available on AV Radio, and the documentary ‘Kaayal Kadhaigal’ (stories of the lagoon) will be shown at Cinema Paradiso during Earth week.

At a time when more and more countries are divesting from coal & fossil fuels, when the eruption of methane in the Siberian tundra (due to permafrost thawing) puts the planet onto an unknown course, we can only hope that reason will prevail. May the amazing Ridley turtle, symbol of longevity, teach us sustainability!

Sources: https://www.youtube.com/watch?v=81Pxd3A2YsE. Nityanand Jayaraman The Other media, Sourcewatch, Coalwarm, Global Coal Plant Tracker, Center for Media & Democracy, BNHS

For AV Green Center - avgreencenter@auroville.org.in

Jasmin, Lisbeth, Bridget

Feedback on “A White Paper on Auroville Lands” by Francois Gautier

This perspective looks towards the future without getting hopelessly depressed about the gross mistakes of the past and present. It seems to be the only sane and sensible way to go, and it takes a lot of courage to let go of the obsolete and fossilized moulds of the original model plans of Auroville. Since the lands were not purchased at the outset, and are now impossible to procure, there needs to be organic growth in the way described in the article by Francois.

I fully agree with that approach, and I know many people especially of the younger generation, who can see it as the obvious thing to do. Thanks Francois, for putting it down so succinctly.

Kirti

What about French?

Through exchanges about the recent Auroville Retreat, I learned of a recommendation that additional resources should be allocated for the teaching of English and Tamil with residents of Auroville, this naturally to foster communication. Beautiful initiative but what about French? According to a directive of the Mother (some anglo-centrists in Auroville may contest the validity or existence of), there should be four official languages spoken in Auroville: Tamil, English, French and Sanskrit. We know that English has gradually taken a place disproportionate to the three other languages. It has not always been so. At the beginning of Auroville, francophones were the largest

News&Notes 4th April March 2015 [593]
contingent of the pioneers, such a critical mass that even Americans began to learn and speak French (proving that nothing is impossible in this world...). Mother's recommendations were also mostly communicated in French, and it is in its original French version that the Charter of Auroville was enshrined in the urn on 28 February 1968.

In fact, there are still many people who speak or understand French in Auroville. The problem is that English is so overwhelming that a francophone will speak at once in English to another person, to realize very quickly that both speak French (the same happened to me recently several times). I observed also frequently cases where in a group of ten people, for example, only one or two people do not understand French; everyone will speak in English, even if three or four of them do not keep an English conversation. Two weights, two measures? This kind of absurd situation would not occur if the status of French as an official language of Auroville was more respected and his teaching, promoted.

Nevertheless, many non-francophones are learning French in Auroville, primarily for the joy of reading in the original writings of Mother, who made with French a spiritual language. French is also recognized as the language of precision and clarity. At the school of the Sri Aurobindo Ashram, mathematics and sciences are taught in French and other subjects in English. This effective bilingualism, well balanced, gives remarkable results in terms of quality of training. Through its qualities of clarity, French has been for several centuries (until 1945 that marked the beginning of American supremacy) the language of diplomacy. A treaty shall indeed be understood in the same way by both parties. Since it is English that has become the universal “lingua franca”, one surely cannot say that the confusion has decreased in international relations, or that harmony has made great progress...

Why French, could you say, not Italian, Russian, Spanish, German or Chinese? While it is true that many languages are spoken in the world by more people than French, they do not have this quality of universality, shared by these both languages of civilization, complementary in my view, French and English, the only two spoken on five continents at a time.

Will the New Man speak in English only? I do not think so. I would rather see him quadrilingual, or at least bilingual, English AND French. And yes for English and Tamil classes for all, but please French classes for all too!

Christian Feuillette

Tony

“There is no mortality. It is only the Immortal who can die; the mortal could neither be born nor perish.” (Sri Aurobindo - an Aphorism No. 60 partially quoted in Mother’s Agenda Vol.2)

Mother’s comment: “The Immortal can pass from the condition of life to the condition of death (but not ‘death’ as we understand it); ‘can die’ means ‘can change condition.’ The Immortal can pass from this condition to that condition and back and forth again. We call it ‘death’, but it has nothing to do with either life or death. They are changes of state. (Silence)


One of the relevancies of Auroville is that she provides a base and a shelter for a happy, active and creative life to a specific category of people - people who in course of or at the end of their professional lives do not want to spend the rest of their time in the ordinary surroundings of the society. They look for exceptional places with a conscious orientation, a higher purpose, an idealistic goal. Another distinctive feature of these people is their openness. There are many who as soon as they know that there is a certain Mother as founder, hastily presume Auroville to be a sect with a set dogma. But people of this category are able to relate to a broader picture and can adopt a positive attitude towards those larger pictures that provided that larger picture. Auroville appeals to their sense of universality and they think that she can impart a gratifying meaning to life.

Take for example, Don and Marie-Ange. As far as I know, Don was a teacher of English in Japan for decades. But at the end of his professional life, he and Marie-Ange chose Auroville to live and work. They came here about a decade and half ago. We all know their active presence and meaningful participation in the community, including on the intransit. In the course of time, Don and Marie-Ange have both started studying the works of Sri Aurobindo.

Similar is the case with many Aurovilians. Many of us, including myself, first discovered Sri Aurobindo and the Mother and then came to Auroville but these people first came to Auroville and then imbibed the enriching influence of Sri Aurobindo.

Tony, as far I know, belonged to this category of people. After his professional life in many countries, he and Ilona zeroed in on Auroville and came here with their family. It is certainly to their credit that they were open to the idea of Auroville and her founding inspiration.

I happened to meet Tony on a few occasions. Once about 6 or 7 years ago, Raju of AV Vehicle organized a visit to Tindivanam for a group of Aurovilians for their driving license. Myself, Tony, his two daughters, and a few others were part of the group. There was a lot of free time. Tony and I began to chat. Perhaps in the context of his Jewish background, our conversation turned toward religions and their role in the life of humanity. I told him about some of the interesting views of Sri Aurobindo and the Mother on Judaism and Islam and thereupon Tony told me that he had been reading “The Evening Talks with Sri Aurobindo”.

When our conversations turned towards the Auroville planning - his field of profession - he told me that he was quite impressed by the extensively detailed maps and plans at L’avenir. Tony and Ilona also used to attend a few of the Dreamcatchers meetings early morning at 6 on the rooftops of various places in Auroville.

Thank you, Tony, for joining the journey. Keep on the happy sunlit path! A victory is waiting for us, for the whole world!

Aryadeep

Intolerance in Auroville?

The level of intolerance of the community has become impossible for the Housing service.

The reality of the Housing is as follows:

- There are 35 families and singles without funds and 25 families, singles and couples with only 3-5 lakhs for housing.
- There are weekly 4 to 6 requests for free housing.
- For the last 10 years we have built only 25 houses per year as an average.

When a house is available we have all sorts of objections from the neighbors:

- The community does not want children (almost all the communities in the residential zone do not accept children except Grace and Realization)
- The neighbor cannot support any sound because he works at night on the Internet and he needs to sleep till 11 am.

News&Notes 4th April March 2015 [593]
- The neighbor cannot support any sound because he works at night and needs to go to bed at 8.
- A community that has made offices on the ground floor, decides arbitrarily not to use these spaces for office anymore because of the noise it may create.
- Objection because a building of a new settlement will make noise, and the trucks will pass on the road in front of his house.

Where are we going? Have we forgotten that we have been invited here to build a city? Or have we come to Auroville just for our own small comfort and try to stop all developments by all means?

Satyakam

Declaration

“All human beings are born with equal and inalienable rights and fundamental freedoms” (Universal Declaration of Human Rights, United Nations, General Assembly 10 Dec. 1948).

My dear friend Dimitri von Mohrenschildt in the Sri Aurobindo Ashram passed away 9 June 2002. His age was 100; he was born 11 Apr. 1902. Mostly people are dying before they reach such an age. The doctors are more and more busy. Is it natural? Every person receives from God the possibility to live with a long happiness and wisdom. Without doubt something is wrong with our lifestyle. We have too many artificial things in it.

Mankind uses electricity for transforming night in a kind of day. The scientists know that “artificial night time light from sources such as street lamps affects the growth and flowering of plants and even the number of insects that depend on those plants for food. Bat activity lowers in lit areas. Of course the night electrical light is bad for human health. People don’t ask Nature: Does it like this light? Electrical light has negative effects on the nature around us and within us. If we violate nature, our karma isn’t good.

Aurovilians were incarnate in the same place 2,500 years ago - it was the time of Confucius (551?-483 BC), Buddha (563? -483 BC), Mahavira (“Great Hero”, he founded Jainism). Auroville previously was name “Eden”, every man named “Adam”, every woman “Eva”, every child “Angel”. They ate prana. In Eden there was no money but they had a lot of honey. There was the weekly newspaper “Megalithic News” and the monthly one “Ancient Wisdom”. Then people didn’t know profit but they had a great prophet. He said: “After 2,500 years an ecological crisis will take place on our planet. People like Confucius, Buddha, Mahavira will not be born in that time. It will be an era of pollution by electrical light, plastic, nucleo-matter, etc, etc…”

Every person in Eden lived more than 150 years; they could levitate heavy granite stones. The Pre-Aurovilians created a Universal Declaration of Equal Rights of Plants, Animals and Homo sapiens.

Boris

For your calendar

AMPHITHEATRE - MATRIMANDIR

Meditation with Savitri - read by Mother to Sunil's music
Every Thursday at sunset

From March onward:  6.00 to 6.30 pm (weather permitting)
Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not to use cameras, I-pads, cell phones, etc.
Dear Guests, please carry your Guest Card with you - No photos there.
Access only for the Amphitheatre from 5.45 pm
Please be seated by 5.55 pm, no late entry! Thank you.

Amphitheatre Team

AMPHITHEATRE - MATRIMANDIR

Friday 3rd of April from 6.30 to 7.15 pm
Musical meditation for the full-moon rise
The Renaissance
Recorded music from 15th and 16th century

Access only from office gate. Dear guests, please carry your guest card.
To maintain the place quiet, please be seated before 6.30 pm, no late entry!
Switch off your mobile phone, no photos!
INVITATIONS

FARMER'S MARKET AND COMMUNITY FESTIVAL - SATURDAYS AT THE YOUTH CENTER (10:30 am - 2:30 pm)

Farmers, cooks, eco-warriors, handicraft artists, singers, musicians, and volunteers are all welcome! Come to eat local organic snacks and lunch, buy local organic produce, explore local handicrafts, and join in the music, games, and community fun. *The Market will be cancelled in case of rain.*

To participate or volunteer, please email: localiciousav@gmail.com

Love and light, The Localicious Auroville Team

---

Pitchandikulam Forest - Herbal Team

Health Management in summer

With Ayurveda and the Use of Local Herbs

*Saturday 11th of April 2015 (10 to 12:30 and 14:30 to 16:00)*

- How to keep Body and Mind cool and fresh during the summer?
- What are the changes occurring in the body? Any specific ailments?
- Which local plants and vegetables to use during this season?
- Which medicinal plants support the health during the heat?

The afternoon will be dedicated to various herbal preparations and cooling/refreshing techniques...

For registration, please SMS Berengere (Bee) on 9489505691

---

In the interest of peace

We invite you to the viewing of "The presence in the present"
By international peace ambassador Prem Rawat
(Toronto, Canada in July 2014)

At Unity Pavilion on Wednesday 22nd at 7:30 pm [Duration: about 60 minutes]

---

Conversation on Integral Education

The Teachers Center invites teachers working in the Auroville and outreach schools to the next Conversation on Integral Education.

This week we will offer a workshop on different learning styles.

Through the workshop teachers will be able to identify their own learning styles, and also understand the experiential learning cycle.

The workshop will be led by Leena and Sheba, working in the field of education since the past 18 years.

*When: Tuesday 7th April from 4 pm to 6 pm*

*Where: The Teacher Center, SAIER*

Welcome!

---

Calling All Unit/Service Holders and New Entrepreneurs

Do you want to help in developing your idea/organisation?

Then join the Integral Entrepreneurship Lab! Block April 15th in your agenda.

This initiative emerged from the AV retreat as platform to enhance and support the Auroville economy. We envision a support system for budding as well as seasoned entrepreneurs in Auroville which will:

- Bring service and commercial units closer together: what are the synergies between them? How to bridge the polarities, and form a supportive relationship?
- Listen to the youth & fresh entrepreneurs: what are their ideas, perspectives, needs? What is necessary to support them? How to incubate & accelerate them?
- Support senior entrepreneurs in (peer) learning, and sharing challenges, knowledge, experience, networks.
- Develop fundraising support, attracting seed funding for social innovation: how do we reach foundations/corporates/crowdfunding groups? How do we govern this fund?

We invite you to our open house @Verite on APRIL 15 from 2.30 to 5 pm

Please come prepared with the following:

- Clarity on areas where you need hands-on support (e.g. HR/communication/partnerships/quality/finance/etc.)
- Willingness to share lessons learnt

We will share experiences of successful entrepreneurs, examples of support models that worked and those that did not, but most of all we will listen deeply to your doubts, concerns and aspirations. We will then revert back to you with a plan to address those needs we can meet internally, and a longer term plan to find external support.

Please join us in co-creating the future support ecosystem for our economy ©

IEL core group (Marc, Aurelio, Daniele, Uma, Torkil, Dhanya, Samvit and Gijs)

---

News&Notes 4th April March 2015 [593]
**TALKS, SEMINARS**

**Bharatanatyam**
An introduction to the art form by Neela Bhaskar
A lecture demonstration with dance, music and interactive discussions

*Date: 12.04.2015*  
*Time: 6 pm*  
*Venue: Pavilion of Tibetan Culture*

**CULTURAL EVENTS**

**Melodies and Words**
A concert with

- Clementine
- Jivatman
- Susana
- Swaha

And

- Chandra - bansuri
- Rolf - guitar

*4 April (Saturday) 8 pm*  
*At Unity Pavilion*

---

**The last week of Audrey’s Perpetual Patterns**
At Citadine Gallery on Mon., Wed., & Sat.: 9:30-12 / Daily: 2:30-5:30  
(From 2008 to 2015 the patterns have gone from process to conceptual)
Earth and Paint
Abstract Paintings by Jurgen Putz, Auroville

Alliance Francaise Pondichery
Opening on Thursday 2nd of April at 7 pm
Open every day from 10.30 am to 6.30 pm April 30th

Vocal-colours
Presents a Concert of
Jazz, Bossa Nova, Soul, Pop and French chansons
On Saturday, 11th April, 8 pm
At Bharat Nivas - Sri Aurobindo Auditorium
Vocals: Ahilya, Jivatman & Susana, Juliette, Marlenka, Moghan and Victoria
Matt-Sax, Edo-guitar, Jurriaan-piano, Sep-drums, Rolf-bass

CLASSES, WORKSHOPS

Inner-Work-Workshop
Introduction to the Integral Yoga of Sri Aurobindo and the Mother
7th April (Tuesday)
Overview with multimedia presentation / Questions and Answers / Practice in Daily Life / Complimentary Concentration Exercises / Creative Arts, Interactive Games / Life of Sri Aurobindo and the Mother / Introduction to the Reference Books
Focus this week on: 'The Supermind'
These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.
Place: Savitri Bhavan / Time: 9 am to 12.00 Noon (pl be present by 8.55 am)
Led by Ashesh Joshi - Contact: 9489147202, 2622922
No Registration required (except for groups) - Fees: Voluntary Contribution
All are welcome
For details on the Integral Yoga and the upcoming workshops: please visit: www.integralyoga-auroville.com

Watsu and Liquid Flow Basic
Welcome to the last course of the season to experience and learn the basic sequence of surface and underwater treatment in the embrace of warm water.
With Dariya & Daniel, afternoons, 7-12 April, at Quiet healing centre
Registration required: 2622-329 or quiet@auroville.org.in

A Workshop at Arka (Multi Hall)
Wednesday April 8, 2015 - Concentration Technique
Wednesday April 15, 2015 - Rest and Relaxation Techniques
Time: 9:30 to 11:30 am
With Dr Geeta Auropremi - Phone no: + 91 9443288156

Free classical yoga classes
Every Wednesday and Saturday in Mitra (Close to Town Hall) from 17:00 to 18:00.
Come and learn a wide variety of Asanas, pranayamas and Sutras of Patanjali and his eight steps path.
Contact Enrique: 8098865957-evicentmoratalla@gmail.com"
LIVING CO-CREATION
6 Week online course for Auroville with Katharine & Makasha Roske & Carolyn Anderson
Start: April 7th 6.30pm - Unity Pavilion
This is a Call to participate in the Great Adventure of Birthing a New World - a Co-Creative Society

The essence of co-creation - working from the inside out, combining resonance, love and inner wisdom with outer actions in the world - helps us to manifest a collective positive change. By practicing co-creation we can more effectively and wisely bring forth a culture that embodies the consciousness, values, and vision that lie at the heart of the Auroville experiment.

Building on the momentum created by the recent Auroville Retreat and the stewardship for new emergence trainings, long-time Auroville friends and supporters Katharine and Makasha Roske and Carolyn Anderson have offered to engage with us in an online course on principles and practices of co-creation.

In this course, we will...
- Enhance your capacity to co-create with others
- Experience the power of being a part of a resonating group field based on love, trust, cooperation and mutual empowerment
- Gain the skills to overcome the sense of separation

Learn the principles and practices of “whole systems decision making” and “attuned alignment”

Deepen in your soul’s calling and your ability to manifest your shared destiny

Discover why the process of co-creation is vital to shifting from the dominator to the partnership model

This course is open to everyone. The course together with the guidebook, The Co-Creator’s Handbook, offers processes, tools, experiential exercises and understanding necessary for awakening individuals to their full potential and birthing a co-creative culture.

“I don’t think it is an exaggeration to say that by learning the principles and practices of co-creation we are making an immeasurable contribution to this quantum jump to the next stage of human evolution.” Barbara Marx Hubbard

Come and join the Adventure in Unity Pavilion or at home:
Tuesday, April 7th 6.30 - 9 pm - Public Online Broadcast - weekly till May 12th
Friday, April 10th 5-7 pm - Practice & Sharing - weekly till May 15th (optional)

Registration & Info: sunlitcircles@gmail.com, Sandhya: 944 3619 403
Note: upon registering at above email you will be sent the link to register on Maestro.

Gingado Capoeira India Class Schedule
Monday 7-8:30pm @ New Creation dance studio
Tuesday 5-6:30pm @ Elucioele Circus (Miracle Community)
Wednesday 7-8:30am @ Dehashakti sports ground
Friday 6-7:30pm @ New Creation dance studio
Saturday 10:30-12pm @ New Creation dance studio (Kids Class)

For more info contact: 9489-322-615 / info@gingadocapoeira.in / www.gingadocapoeira.in

Capoeira new class!

CAPOEIRA for KIDS (ages 6-12) Saturday 10:30-12pm @ New Creation dance studio
Capoeira is a mix of dance, martial arts, music, acrobatics and play. Join us for this dynamic class lead by Instructor Camaleao (Jeremy) with over 18 years of Capoeira experience.

Makasha Roske and Carolyn Anderson have offered to engage with us in an online course on principles and practices of co-creation.

Gingado Capoeira is a kind of “anarchist poetry”, that brings awareness to the body and quality into relationships. We will guide you the fundamentals keys to play freely during the next hour on Live Music.

Contact improvisation
In creativity, Hall of light
Every Monday and Wednesday from 6 to 8 pm
Contact Improvisation is about two (or more) people freely improvising movement, using the floor and each other as a surface to rely on gravity. Each may change from give to take at any time in a mutual reliance, with a state of abandon and trust. It’s a kind of “anarchist poetry”, that brings awareness to the body and quality into relationships. We will guide you the first hour into a warm-up and a little bit of techniques to give you the fundamentals keys to play freely during the next hour on Live Music.

Aurovilians and Newcomers free of charge, Guests Rs 100 contribution.
For more info contact: John - 7868827567 or Élise - 7767892429

Vipassana Course
The Tibetan Pavilion is going to host a 10-Day residential Vipassana Course (Goenka lineage).
The retreat will begin on Monday the 4th of May 2015 and end on the 15th of May.
The number of seats is limited to 20 students; it will be in English medium only.
To register, please email to amritavajra@gmail.com

Schedules

LIVING CO-CREATION
6 Week online course for Auroville with Katharine & Makasha Roske & Carolyn Anderson
Start: April 7th, 6.30pm - Unity Pavilion
This is a Call to participate in the Great Adventure of Birthing a New World - a Co-Creative Society

The essence of co-creation - working from the inside out, combining resonance, love and inner wisdom with outer actions in the world - helps us to manifest a collective positive change. By practicing co-creation we can more effectively and wisely bring forth a culture that embodies the consciousness, values, and vision that lie at the heart of the Auroville experiment.

Building on the momentum created by the recent Auroville Retreat and the stewardship for new emergence trainings, long-time Auroville friends and supporters Katharine and Makasha Roske and Carolyn Anderson have offered to engage with us in an online course on principles and practices of co-creation.

In this course, we will...
- Enhance your capacity to co-create with others
- Experience the power of being a part of a resonating group field based on love, trust, cooperation and mutual empowerment
- Gain the skills to overcome the sense of separation

Learn the principles and practices of “whole systems decision making” and “attuned alignment”

Deepen in your soul’s calling and your ability to manifest your shared destiny

Discover why the process of co-creation is vital to shifting from the dominator to the partnership model

This course is open to everyone. The course together with the guidebook, The Co-Creator’s Handbook, offers processes, tools, experiential exercises and understanding necessary for awakening individuals to their full potential and birthing a co-creative culture.

“I don’t think it is an exaggeration to say that by learning the principles and practices of co-creation we are making an immeasurable contribution to this quantum jump to the next stage of human evolution.” Barbara Marx Hubbard

Come and join the Adventure in Unity Pavilion or at home:
Tuesday, April 7th 6.30 - 9 pm - Public Online Broadcast - weekly till May 12th
Friday, April 10th 5-7 pm - Practice & Sharing - weekly till May 15th (optional)

Registration & Info: sunlitcircles@gmail.com, Sandhya: 944 3619 403
Note: upon registering at above email you will be sent the link to register on Maestro.
**VERITE PROGRAM**

Please contact Vérité to register for the following workshop: 0413 2622045 or programming@verite.in

Contributions requested from guests/volunteers (volunteer reduction by advance application only)

**Consciousness as medicine with Dr. Yogesh mohan**

**Saturday 11 April - from 9 am to 12:30 pm (by advance registration)**

A consciousness approach to dealing with stress, common health problems and diseases, beyond what is written in medical texts. Experiential knowledge from a practitioner’s perspective on inner healing.

Dr. Yogesh mohan, MD (JIPMER), PGPM (ISB) brings the essence of 20+ years of work. Professor & Head Medical Education, Saveetha Medical College, Former Head Integrative Medicine Apollo Chennai.

**ARKA WELLNESS CENTER : APRIL - 2015**

Phone: 0413-2623799 / Website : www.arka.org.in

<table>
<thead>
<tr>
<th>THERAPIES</th>
</tr>
</thead>
<tbody>
<tr>
<td>WHAT WE PROPOSE</td>
</tr>
<tr>
<td>-----------------</td>
</tr>
<tr>
<td>Cranio Sacral, Lomi Lomi massage &amp; Ayurvedic massage</td>
</tr>
<tr>
<td>Acupuncture</td>
</tr>
<tr>
<td>Body Logic, Soft Massage And Deep Tissue Massage PEPE by appointment 9943410987</td>
</tr>
<tr>
<td>Yogic Healing Therapeutic Massage</td>
</tr>
<tr>
<td>Hypnotherapy and Chakras Healing</td>
</tr>
<tr>
<td>Siddha Treatment ( Discover the traditional Medicine)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>BEAUTY PARLOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>WHAT WE PROPOSE</td>
</tr>
<tr>
<td>-----------------</td>
</tr>
<tr>
<td>Holistic Reflexology, Face Massage, Cleaning, manicure, pedicure, threading, waxing, henna &amp; hair coloring.</td>
</tr>
<tr>
<td>Hairdressing</td>
</tr>
<tr>
<td>Hair dressing</td>
</tr>
<tr>
<td>Hair dressing</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>REGULAR CLASSES IN THE MULTIPURPOSE HALL - 1ST FLOOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>WHAT WE PROPOSE</td>
</tr>
<tr>
<td>-----------------</td>
</tr>
<tr>
<td>Acro-Yoga</td>
</tr>
<tr>
<td>Vocal Yoga VY®</td>
</tr>
</tbody>
</table>

Internet facility is available in Arka Monday to Saturday: 9 am to 5 pm.

**PITANGA NEWS**

**CLASS CHANGES:**

**FORGIVENESS PROCESS** with Marie Claire has finished and will resume again at the beginning of August.

**IYENGAR YOGA** - last class for this season with Angela is April 1st and with Tatiana is April 15th. Classes will resume in August when they return after further training and we will start with a reconnection workshop August 1st, 2nd and 3rd each day 7.00- 9.30 am with Tatiana.

**ASTHANGA VINYASA YOGA** - with Alain will finish on April 10th until further notice.

**NEW AND RESCHEDULED YOGA CLASSES** - Hatha Yoga with Nausheen will be once a week on Thursdays at 17.15pm until April 13th. Vinyasa classes with Andres are rescheduled to Tuesday 17.30pm, Thursdays 07.30am and Bebe takes an additional class in Vinyasa on Fridays at 17.15 pm, see full schedule elsewhere in news and notes.

**EXHIBITION: DEEPANAM CHILDREN'S ART AND CRAFT EXHIBITION** - SATURDAY April 4th until April 12th

Pitanga, Samasti, Auroville, (0413) - 2622403, email pitanga@auroville.org.in
Programme for April 2015

**Yoga - Iyengar**

<table>
<thead>
<tr>
<th>Asanas</th>
<th>Mon (until 13th)</th>
<th>Tue (until 14th)</th>
<th>Wed (until 15th)</th>
<th>Thur (until 9th)</th>
<th>Fri (until 10th)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Iyengar Asanas level 1 (regular students)</td>
<td>07.30 - 09.00</td>
<td>12.00 - 13.30</td>
<td>17.00 - 19.00</td>
<td>07.30 - 09.15</td>
<td>07.30 - 09.00</td>
</tr>
<tr>
<td>Iyengar Asanas (*) level 2 (regular students)</td>
<td>17.00 - 19.00</td>
<td>17.00 - 18.30</td>
<td>17.00 - 19.00</td>
<td>07.30 - 09.15</td>
<td>07.30 - 09.00</td>
</tr>
<tr>
<td>Iyengar Pranayama level 1 &amp; 2 (regular students)</td>
<td>17.00 - 18.30</td>
<td>17.00 - 19.00</td>
<td>17.00 - 19.00</td>
<td>07.30 - 09.15</td>
<td>07.30 - 09.00</td>
</tr>
<tr>
<td>Iyengar Asanas for women (*) level 2 (regular students)</td>
<td>07.30 - 09.15</td>
<td>07.30 - 09.00</td>
<td>07.30 - 09.00</td>
<td>07.30 - 09.00</td>
<td>07.30 - 09.00</td>
</tr>
<tr>
<td>Iyengar Asanas level 1 (regular students)</td>
<td>17.00 - 18.30</td>
<td>17.00 - 19.00</td>
<td>17.00 - 19.00</td>
<td>07.30 - 09.15</td>
<td>07.30 - 09.00</td>
</tr>
<tr>
<td>Iyengar Asanas for the spine</td>
<td>17.00 - 19.00</td>
<td>17.00 - 19.00</td>
<td>17.00 - 19.00</td>
<td>07.30 - 09.15</td>
<td>07.30 - 09.00</td>
</tr>
<tr>
<td>Iyengar Asanas (*) level 3 (regular students)</td>
<td>07.30 - 09.30</td>
<td>07.30 - 09.00</td>
<td>07.30 - 09.00</td>
<td>07.30 - 09.00</td>
<td>07.30 - 09.00</td>
</tr>
<tr>
<td>Note: if you are coming to an Iyengar class for the first time, you need to come to a drop in class</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Yoga - Ashtanga - Vinyasa**

<table>
<thead>
<tr>
<th>Ashtanga - Vinyasa (*) regulars (until April 10th)</th>
<th>Mon, Wed</th>
<th>Fri</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ashtanga - mixed styles</td>
<td>06.30 - 08.15</td>
<td>Alain</td>
</tr>
<tr>
<td>Asanas (*) for teenagers</td>
<td>16.00 - 17.00</td>
<td>Lisbeth/Ofa</td>
</tr>
<tr>
<td>Yoga Therapy</td>
<td>08.30 - 10.00</td>
<td>Gala</td>
</tr>
<tr>
<td>Prana Vidya Hatha Yoga (Max. 8 people)</td>
<td>17.00 - 18.30</td>
<td>Sabrina</td>
</tr>
<tr>
<td>Vinyasa Flow dropout in beginners</td>
<td>09.00 - 10.30</td>
<td>Bebe</td>
</tr>
<tr>
<td>Dharma Vinyasa Flow</td>
<td>17.30 - 19.00</td>
<td>Andres</td>
</tr>
<tr>
<td>Vinyasa Flow drop in - intermediate</td>
<td>16.30 - 18.00</td>
<td>Bebe</td>
</tr>
<tr>
<td>Prana Vidya Hatha Yoga</td>
<td>18.30 - 20.00</td>
<td>Sabrina</td>
</tr>
<tr>
<td>Dharma Vinyasa Flow</td>
<td>07.45 - 09.15</td>
<td>Andres</td>
</tr>
<tr>
<td>Yoga for Pregnancy</td>
<td>09.30 - 11.00</td>
<td>Apple</td>
</tr>
<tr>
<td>Vinyasa Flow drop in - beginners</td>
<td>17.15 - 18.30</td>
<td>Nausheen</td>
</tr>
<tr>
<td>Asanas for Children for 4-6 yrs.</td>
<td>09.00 - 10.00</td>
<td>Bebe</td>
</tr>
<tr>
<td>Asanas for children 7-9 yrs.</td>
<td>10.00 - 11.00</td>
<td>Gala</td>
</tr>
</tbody>
</table>

**Other Exercises**

| Pilates all levels                                 | 07.45 - 08.45 | Teresa |
| Pilates Beginners/Intermediate                     | 17.30 - 18.30 | Teresa |
| Aviva exercise for women                           | 16.30 - 17.30 | SuriyaG |
| Discover energy body                               | 11.00 - 12.00 | Gala |
| Abdominal toning all levels in French              | 17.00 - 18.00 | Jean-luc |
| Odissi Dance (*) Regular practitioners             | 15.30 - 16.30 | Rekha |
| Aikido classes' timing: For the youngsters and adults: Tuesday, Thursday, and Saturday 6 to 7.30 am (Beginners are welcome on Saturdays mornings. Guests and Volunteers are much welcome if they can commit for some time at least (with contribution to Pitanga as per their conditions). Please come 10-15 minutes before the class starts; wear long, large and comfortable pants and large T-shirt with sleeves, or your martial art outfits if you have any. For any information you may need, kindly contact Surya: 0413-2623.813, 96.55.48.54.87 or call/see Pitanga Reception tel. 0143-2622.403. |
Alcoholics Anonymous: meeting (open) every Saturday 6pm, Centre Guesthouse (Merriam Hill Centre). Contact: Ingrid 9443843976 or Shankar 9442010573.

Aquagym Class with Elisa at La Piscine, New Creation Every Thursday from 4 to 5 pm.

Argentine Tango: Mondays: Beginners’ class 6.00pm to 7.00pm and intermediates 7 to 8pm@ New Creation Sports Resource Center, Kulipalayam. Wednesdays: Practica (tango dance space open to all) 7.30pm @ Sawchu, Bharat Nivas. Fridays: ‘An hour to study’ 8.00pm @ Naturellement. For milongas or further information please contact: tango@aurouville.org.in Bring socks or dancehoes.

Art Corner: An open space for creative expression, for all ages! Different themes each week, as part of research on art-making in our community. New timnings: Tuesdays & Fridays from 4-6 pm, at our Art Cart parked on the Visitor’s Center stage. More info: krupa@aurouville.org.in.

Astrology, its holistic approach: Astrological Chart by Uma Gimenez. You are welcome to call and fix an appointment at 2623080 or 9443697972 (Surrender). The reading can be held in English, Spanish, French and Italian.

Authentic Tamil culture: Meena, a Tamil Aurovillian, would like to offer a course on the discovery and beauty of the authentic Tamil Culture every Sunday morning, meeting point at Courage Gate. The course may include: 1. cooking lessons, 2. How to make kolam, 3. How to wear a sari, 4. Henna design on hands and feet, 5. How to make flower garlands 6. Tailoring. If you are interested, please call Meena to talk about the details of your class and fix the time. During the day call: 9787702180, after 5 pm you may use the landline: 0413 2623263. Meena

A Self-Awareness Open Space: You are invited to come together for self-exploration in a warm heart-space. The focus is to develop a simple practice in our daily life as a means of spiritual growth. We will do this through meditation, mantra chanting, yoga, dialogue and spontaneous games. Time (starting 4th Dec, Thurs): Every Thursday & Sunday 5.30 pm - 7.00 pm, Saturday 7.00 am - 8.30 am. Facilitator: Samrat, ph: 9655024511, email: smrat@aurouville.org.in

Location: The rooftop of Apna Ghar, Meerambikai Garden, when you come into Auroville from EC'R(beach road), turn left before the temple prior to Last School, Aspiration, after 200m it will be on the right.

Belly dancing: Belly dancing is for all sizes, shapes and ages of women. You are welcome to learn and explore one of the most ancient, feminine and beautiful forms of dance in the world. Belly Dance is based on movements that come naturally and healthy to the female form. For more details contact Pricila: shuhipuk@gmail.com

Bioregion Tour: Date: Every Saturday - Time: 12 pm till 7.30 pm. Meeting point: 11.45 am at Lively Boutique, Kotakkarai Plaza. Please contact us on 0413 2623806 or at mohanamprogram@gmail.com. Tour will only take place once a minimum of 10 bookings has been received.We aim to run this tour every Saturday, dependent on number of bookings received.Contribution amount is confirmed on booking.Transportation will be arranged according to the number of people.

Bowel therapy: Dr. Nora Berczi offering Bowel therapy (called ‘the homeopathy of bodywork’) and Classical homeopathic consultations in English and Hungarian language based on Sankaran’s Sensation method from 19 January to 26 February in Pitanga and in the Integral Health Clinic. If you are interested, please call me on this number: 8870943018 or write me: berczini@gmail.com

Capeira (Grupo Ginga Saroba): Monday & Wednesday - 5PM - SAWCHU (Bharat Nivas) T & Tuesday & Thursday - 7.15PM - Deepanam | Contact: info@ginga-saroba.com, 9488324835 (Sam)

Chakras Healing works with our thought processes and there is a corresponding thought processes for every chakra. Our thoughts affect our emotions (how we feel), then the energy field of our body, and finally generates changes in either our physical body or our physical space. It is possible to heal each chakra and hence heal physical, mental and emotional states.

Clay classes for children and adults, with Saraswati and Anna. Please mail to aurokatrusya@gmail.com for details. Regards Saraswati 9787571633

Cooking class: Every Monday from 10 am to 2 pm there will be a cooking class for 4 months starting from December. These classes will include north Indian, Italian and Thai cooking. Anybody interested to learn these mouthwatering recipes are most welcome and I assure you that by the end of the sessions you will be able to please anyone with your cooking talents. Contact number: 9443635114, Meha.

Dance space: in Verrite Hall. Thursdays 5-7pm. Everyone can dance regardless age, sex, size, flexibility...!

Offering a space to explore our own unique movement, free dance and contact improvisation ... Together we create the freedom and possibility to simply be in the stillness or movement of the moment and allowing each person to be spontaneously moved by an inner pull, the music or perhaps inspired by a movement of another body. Dancing a wave, discovering on our own and as a group. Moving towards an empowered, radiating stillness...Dariya

Flamenco In Cripa Every Wednesday: From 4 to 5.30 pm.

Starting 13th of August.

We will practice the flamenco position and attitude for dancing, the movements of hands, arms, body, legs and foot. We will listen to flamenco music to understand the roots of this dance. We will create a flamenco choreography.

Come and enjoy with us, Flamenco team.

Foot reflexology: A massage that applies pressure to the feet with the thumb, fingers, and hand technique. Approx. 60 min. Call 9843948288 or email vikram@aurouville.org.in FOR an appointment.

French classes at Savitri Bhavan, House of Mother’s Agenda:

French classes at House of Mother’s Agenda, every Monday and Friday from 5 pm to 6 pm.

From the Food Lab: Horizon. (In front of Sve-dame). Mon., Tues., Thurs. 4.00 to 6.00pm. Call Lorenzo before coming at 09443362274. All relevant information about the after effects of food on your body for e.g. allergies, intolerance, chronic pathology. Homeopathic Immunopharmacology is available.

Hatha Yoga with Jacob: Tuesdays and Wednesdays 4:45 to 6:15 pm. Jacob has been teaching Yoga to the staff of a Danish national hospital and at a yoga hostel for the past 2 years. He has polished his approach to reach people across many cultures. You are requested to bring an open mind, a generous heart and a yoga mat, if you have one. Above facilitators are guests of Auroville and good friends of Pavilion of Tibetan Culture. Your contribution towards the activities will benefit the Pavilion of Tibetan Culture.

Hypnotherapy and Chakras Healing at Arka: Marcella, Aurovillian, is a qualified Hypnotherapist and Past Life Regressionist from the reputed California Hypnosis Institute (India). Languages: English, Italian / Contact: Tel. 9443338734 or email: abalancedstate9@gmail.com

Hypnosis enables conscious access to the memory of a consenting person, which then provides the tool to therapeutically work with earlier experiences still influencing a person today. This includes fears and phobias, addictions, trauma, inner child work, pre-natal experiences, discovering personal resources, transpersonal regression therapy.

Ikebana lessons: Ikebana - The Japanese Ancient Art of Flower Arrangement (Sogetsu School of Tokyo). Classes for all levels. For further information please contact: Valeria Raso Matsumoto, cell. 9442992827, valeriaiaraso@hotmail.com

Impro Theater Friday, at 4.30, SAWCHU, Barath Nivas, free workshop, just come and enjoy. Contact Jeff 948 64 75 367

Introduction to Sustainable Food Growing: Every Monday 10.00 am till lunch time in Buddha Garden. Contact Priya for more details at priya@aurouville.org.in or 94432 22653

Leela: the game of self knowledge (2000 years old): come play the game of your life. Sundays, 9.30 to12 (above 15 years old) Info, Veronique J., 948 85 12 678 - SVEGAME, Butterfly Barn in German, English, French, Spanish and Russian.

Meditation for Peace and Healing: Join us from 5:00 to 5:45pm every Thursday around the Peace Table at the Unity Pavilion to
South Indian Classical Dance (Bharatnatyam): Bharatnatyam dance classes offer by Bharatnatyam Dance Classes offered for beginners. Weekly twice. The classes are offered for children and adults. If you are interested please contact me after 4pm on my mobile. S.Caveri: 7598368514

Spanish Tertulia: A gathering for cultural exchange, every Friday from 4pm to 6pm at La Terrace. We welcome anyone interested in Spanish culture and those who practice colloquial language.

Reception francophone: Tous les mardis de 17:00 à 18:30 à La Terrasse, en haut de la Cuisine Solaire, Ananda et Michiko sont à la disposition des visiteurs francophones qui voudraient poser des questions sur Auroville. Les aurovillens et newcomers francophones peuvent aussi participer.

At Tai Chi Hall: Tai Chi @ Sharnag: Chi on Mondays and Tuedays from 7.30am-8.30am. 24 form on Monday and Tuesday mornings from 7.30am-9.30am and on Friday evenings from 4.30pm-5.30pm. 108 form on Thursdays and Fridays from 7.30am-8.30am. And 127 form on Wednesdays and Saturdays from 7.30am-8.30am. Monday 7.30am-8.30am: Chi. Monday 8.30am-9.30am: 24 form. Tuesday 7.30am-8.30am: Chi. Tuesday 8.30am-9.30am: 24 form. 24 form. Wednesday 7.30am-8.30am: 127 form. Thursday 7.30am-8.30am: 108 form. Friday 7.30am-8.30am: 24 form. 24 form. Saturday 7.30am-8.30am: 127 form

Tai Chi Hall @ Sharnag resumes evening classes. We will practice the 24-form every Tuesday and every Friday from 4.30pm to 5.30pm.

Thai Massage: offer Traditional Thai massage (For men and women), and Ayurvedic massage Abhyanga. (For women only) 1h to 1:30. At your home (if you can’t move) or at my local. For more information: Christine P: 9488805493

Tamil Literary Classes: - Ilaignarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm-6 pm. Regular attendance is appreciated. Lectures by senior professors in Tamil Literature, history and culture are opened to all / Now we are ready again to continue our Classes on sewing, hand embroidery, drawing, painting and simple handicrafts for Aurovillians workers, their wards and Aurovillians interested. Better fix your schedule with our craft instructor / - We have created facilities for simple natural Beauty Corner for women only. Contact Ms. Fathima, Trained beautician working with us in our school. R. Meenakshi (Ilaignarkal Education Centre, Phone No: 0413 - 2623 773, Email:- tamil@aurville.org.in)

Therapies - Vani: Journey to the memory of the body: Journey through the trauma memories in the body, emotional blockages and build systems in order to release and heal these traumas, by getting aware & deprogramming these past belief systems that keep you from living a very joyful life in the present. Fusion of Hladina Method, Hypnotherapy, Radikal Healing. Awakening the intelligence of the body: Awakening your own healing power, experiencing the Presence within by quietening the thought process and connecting your mind body. Fusion of deep guided relaxation, visualisation, energy work, panic healing, acupressure & reflexology.

Life Coaching: Using awareness, visualization & imagination techniques

Life coaching is very useful in period of changes and doubts in order to get in contact with your intuitive self and find the creative & dynamic thread of your life again.

For appointment contact: Pitanga: 2622403 or Vani: 9488818072/vani@aurville.org.in/Reiki & Reflexology courses possible on request

Traditional Hatha Yoga Classes: by Sergio Martinez Pose: Venue: Joy Community Guesthouse Hall (Center Field) Yogasana classes: Monday and Wednesday 4.30 to 6 PM. Special back bending class: Thursday - 4.30 to 6 PM. Sergio has been practising Yoga for the past 16 years and is in Auroville since about a year as a long-volunteer. From 2002 to this very day, Sergio has been an ongoing devoted student of Acharya Venkatesha, founder of Atma Vikasa Yoga Institute in Mysore. To deepen his practice, he lived in Mysore for 7 years getting the most of his Guru’s teachings. He got the approval to teach Yoga in 2003 and since then, Sergio has been one of the best ambassadors of this system of Yoga. Sergio’s teaching takes you deep in the understanding of every aspect of Yogasana. His classes are inspiring
to help you overcome your limitations and go further to grow into a better practitioner, both physically and mentally. Even though the classes are in group, you get plenty of individual attention, he guides every one with care, dedication and loving attention. In this style of teaching, anyone can come from beginners to advanced practitioners and fit into the group, getting the required attention and the right guidance. For more information contact Sergio at omindiyoga@gmail.com or at 9880093339 or Joy Community Guesthouse at guesthousejoy@gmail.com or at 04132622584.

**Ultimate Frisbee:** Every Saturdays & Mondays, 5pm till sundown at Certitude. Helps improve stamina, hand/eye coordination, and focus through running, throwing, & catching the disc; along with patience & teamwork. Bring running shoes if you have them. Contact mark@auroville.org.in with any questions or just come ready to play.

**Vedic Astrology:** Chart reading and interpretation. Call 9843948288 or email vikram@auroville.org.in for an appointment.

**Veena Musical Classes:** As one of India's most ancient string instruments, the veena's origin can be traced back to the ancient yazh, which was similar to the Grecian harp. Bharata, in his Natyashastra, explains the theory of the 22 sutris in an octave with the help of two experimental veena's. Kaanchi Kaama Kidi Aasthana Vithvaan Thiru Ravi (Ravi for short) conducts regular veena musical classes for everyone at Yatra Arts Foundation, near New Creation sports ground. Come and learn an ancient art form in pleasant and friendly surroundings. **Who:** Everyone! Children & Adults. **When:** Every Friday evening from 5pm to 7pm. **Contact:** 0413-2623071 / 9766772209

**Vinyasa flow - Yoga Classes:** With Bebe at Windarra, SunSpace every Monday and Friday 9-10.30am starting Monday Feb. 9th. **Vinyasa flow class description:** An open level class linking breath with movement designed to build heat and strength. The finishing off with restorative postures is designed to release stagnant energy and calm the body and mind. The class may include simple pranayama and meditation. For additional information contact Bebe Merino 8940557379 or lifepotential1@gmail.com

Bebe Merino has been practiced yoga and meditation for 15 years and taught for almost 9 years. She is a qualified Hatha yoga teacher in Sivananda Center in Kerala since 2005.

**Women Temple Circle:** We come together in silence to connect with the Shakti flow as it keeps changing, we pray with our bodies, connect through music and touch, we self-inquire and hold space - a practise and discovery of embodied feminine spirituality, where every experience can be a portal to presence, where here and now is ‘the moment’ supporting each other and drinking the nectar that the circle creates (inspired by Chamelé of Awakening women institute) - Wednesdays, 7-9pm, in Sveta dame @ Butterfly Barn (until Wed.22. April) - (pls come early to settle in, we start on time and then the door closes)

**Women Self-Defence Course by Giacomol Colombo:** **Venue:** Joy Community Guesthouse Hall (Center Field) **Date/time:** Tuesday and Friday - 5.30 to 7 PM. Starting on Tuesday 10th of March

Giacomol has been practising martial arts for the past 22 years and is in Auroville since recently as a long-term volunteer of Joy Community. From 1997 to 2002 he has been focusing on Wing Tsun, which is a self-defence martial arts invented by a nun and traditionally transmitted to women only. Since 2005 he has been practising Grappling that is one of the most effective martial arts in real ‘street’ situations, and Shou Dao that is very suitable to develop individual characteristics and to find the practitioner’s own style without being restricted by orthodox decoded styles. Thanks to his long-term experience in all these techniques, Giacomol helps the practitioner to develop equilibrium, coordination, sensibility, fluidity, proprioception (perception of internal body parts), use of non-muscular energies, and awakening of spontaneous body ‘intelligence’. The purpose of this course of 4-6 weeks is to get to act and react with “conscious” energy even before getting into physical contact with an internal feeling of secure action and equanimity. As such, this is especially suitable and directed to women who want to be ready to respond from sudden aggressive approaches without needing much strength, constant training and body fitness.

**World dance is back every Friday from 5 to 7 pm:** dinner will be served at the cafe. Please come to dance with us.

We serve Vegetarian & Vegan Mediterranean food. Open from Monday to Saturday 8.30 to 17.00 pm. new - organic wheat and gluten free bread and pita bread.

With love. Well cafe team

**Atelier D’écriture (Writing Workshop In French):** Le Pavillon de France organise un cycle d’ateliers d’écriture et de méthodologie animé par Florence. Chaque atelier durerait une dizaine de participants, pour écrire au fil de la plume, selon l’humeur et les rencontres. Le prochain atelier d’écriture créative aura lieu du 16h30 à 18h le mardi 9 décembre: « Écrire avec la peinture d’Edouard Hopper ». L’atelier de méthodologie aura lieu de 9h30 à 12h30 le samedi 13 décembre: « Écrire l’histoire de sa vie ».

Plus de précisions sur le lieu en réservant soit par tel au 962 6648976 soit par E-mail à lesbaladantes@gmail.com (le nombre de places est limité).

**FILMS**

**CINEMA - Bharat Nivas - AUDITORIUM**

**(FRIDAY 3 APRIL “MR. HULOT’S HOLIDAY” - “Les Vacances de Monsieur Hulot” (original title) - Directed by Jacques Tati)**

**(FRIDAY 10 APRIL - 7:30 PM (Film show starting at 7:45 sharp)**

**“WILD FRANCE” - “LE PLUS BEAU PAYS DU MONDE”**

Directed by Fred FOUGEA - FRANCE, 2013

Synopsis: Through this touring trip, Frédéric Fougéa sets out to discover the beauty and wealth of a country to the unknown but spectacular biodiversity, France, and pays tribute to the landscapes of its different regions. What a wild world inhabits the highest mountain peaks, the shores of oceans around the Hexagon, marshes and plains. Some rare animals such as wolves or bears, let themselves be observed in their natural habitat. Other creatures, like birds butterflies-birds, turtles and terrapins eagles, suggest their amazing manners. The Films from Fougéa Frédéric are recognizable to a particular style mixing documentary and fiction: built as “stories” Their favorite theme is the relationship between humans and animals; all exploring the issue of animality in man and humanity in animals.

**English version - Duration: 1h.40’**

**AT SAVITRI BHAVAN**

**Monday 6th of April 2015, at 6:30 pm**

**“JOURNEY TO THE LIFE DIVINE - Part 1”**

This film created in the Ashram covers the lives and work of Sri Aurobindo and The Mother from childhood up to November 24, 1926.

A special focus is given to Sri Aurobindo’s coming to Pondicherry on the 4th of April 1910 and to The Mother’s first arrival on 29th of March 1914.

On November 24, 1926 - Sri Aurobindo retired from daily contact with his disciples and placed The Mother in charge of their care. The collaboration of The Mother and Sri Aurobindo was important for a big change of consciousness and for the future in earth evolution and to bring forward the Divine Work and Life Divine for humanity.

The film is done by the Sri Aurobindo Ashram, Department of Physical Education. Duration: 100 mn.
VISITOR CENTER MOVIE SHOW

9th April Thursday 8 pm
UNBROKEN (2014)
Genre: Biography/Drama / Rated: PG13 / Dur: 2.30min / Language: English/Subtitle: English
Dir: Angelina Jolie / Cast: Jack O’Connell, Takamasa Ishihara, Domhnall Gleeson
Storyline: After a near-fatal plane crash in WWII, Olympian Louis Zamperini spends a harrowing 47 days in a raft with two fellow crewmen before he’s caught by the Japanese navy and sent to a prisoner-of-war camp.

10th April Friday 8 pm
THE COBBLER (2014)
Genre: Fantasy/Comedy / Rated: PG13 / Dur:1.39min / Language: English/Subtitle: English
Dir: Thomas McCarthy / Cast: Dan Stevens, Adam Sandler, Steve Buscemi
Storyline: Max Simkin repairs shoes in the same New York shop that has been in his family for generations. Disenchanted with the grind of daily life, Max stumbles upon a magical heirloom that allows...

The French and Spanish Pavilions present an outstanding film
PICASSO “INVENTORY OF A LIFE” (Duration: 1 h 50, no subtitles)
Film in French by Hugues Nancy and Olivier Widmaier Picasso
At Cinema Paradiso on Saturday, April 11, 2015 at 5:00 pm.

Kala Kendra, Bharat
Nivas presents
INVISIBLE WINGS
Film screening with filmmaker (Documentary, 10 min, Language: Malayalam with English subtitles, India)
About the film: “Invisible Wings” is a short documentary about a tea seller named Vijayan, who accomplished his desire to travel the world in spite of all the obstacles life has thrown upon him. His story speaks volumes about Inspiration, Motivation and Persistence. Vijayan fulfills his aspirations with his Invisible Wings of Desire. Owner of a coffee shop, he is married to Mohana and they have two daughters who are married and settled in Ernakulam. Vijayan is treading in this terrain of making his dream a reality and hitherto have visited over 16 countries with his wife, who is a powerhouse of support for him...
INVISIBLE WINGS is an attempt to narrate his philosophy to the public and inspire them to discover new dimensions of life.

About the filmmaker & Breakaway Ride: Hari Mohan, the young passionate filmmaker, director of the film, will be present at the screening for interaction with the audience. He is travelling throughout Southern India on his bicycle with his film and organizing screenings at various towns in Tamil Nadu, Kerala and Karnataka. He calls his ride Breakaway Ride!

Time and Venue: 6:30 pm to 7:00 pm, Tuesday, 7th April AV Room, Kala Kendra, Bharat Nivas
Entry: Free and Open to all
Film Website: www.theinvisiblewings.com, Details: Gaurav, 9787897947
International - Saturday 11 April, 8:00 pm:
- **BELLE**
  UK, 2013, Dir. Amma Asante w/ Gugu Mbatha-Raw, Matthew Goode, Emily Watson, and others, Drama, 104mins, English w/ English subtitles, Rated: PG
  Inspired by the true story of Dido Elizabeth Belle, the illegitimate mixed race daughter of a Royal Navy Captain. Raised by her aristocratic great-uncle Lord Mansfield and his wife, Belle’s lineage affords her certain privileges, yet the color of her skin prevents her from fully participating in the traditions of her social standing. Left to wonder if she will ever find love, Belle falls for an idealistic young vicar’s son. He with Belle’s help, shapes Lord Mansfield’s role as Lord Chief Justice to end slavery in England. A wonderful film!

Children’s Film - Sunday 12 April, 4:30 pm:
**BABY’S DAY OUT**
USA, 1994, Dir. Patrick Read Johnson w/ John Hughes, Lara Flynn, Joe Mantegna, Joe Pantoliano, 99mins, Adventure-Comedy, English w/ English subtitles, Rated: PG
  Baby Bink couldn’t ask for more; he has adoring (if somewhat sickly-sweet) parents, he lives in a huge mansion, and he’s just about to appear in the social pages of the paper.

Masterpieces of Japanese Cinema @ CINECLUB
Ciné-Club - Sunday 12 April, 8:00 pm:
- **SEPPUKU (Harakiri)**
  Kobayashi served as a rebel filmmaker in Japan’s thriving, defiant postwar cinema. The movie stands as the director’s most pronounced antiestablishment film, its raw moments of symbolic violence balanced with a narrative whose allusions hold tragic humanist and social implications. It is Kobayashi’s most powerful film, and an uncommonly singular statement against samurai honor. Given the engrained presence of samurai in Japanese cinema, and the samurai’s influence over Japanese principles from their feudal period to present.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available. **PLEASE no food, drinks, snacks, munchies or your pets into the auditorium. Also, as a courtesy to the fellow viewers please be sweet and stop chatting after the film starts.**

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in.

Thanking You, MMC/CP Group · Account# 105106, mmcauditorium@auroville.org.in

**We appreciate your continued support: monthly or occasionally. You can also make a contribution to “Cinema Paradiso” account at the Financial Service.**

---

**Important information about News & Notes (Absolute deadline for submissions or cancellations: Wednesday 11am)**

The contents of News & Notes are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

**How to submit material:** Material (no pdf files, please) may be sent (in English only) to the N&N email address (below).

**NB:** Messages with large attachments (more than 1 MB) will not reach our inbox.

Please try your best to send your announcements, reports, film schedules whenever they are ready. The Wednesday deadline (11am) is absolute as the News is given to the printers by Wednesday 2 pm.

Any modifications of the submitted News items have to be sent to the editors before Wednesday.

We regret not being able to attend to visitors on Wednesdays due to work pressure.

**Articles for the Notes section** should ideally be no longer than 500 words. All articles need to reach us by Tuesday noon.

**Visiting hours:** Mondays, Tuesdays 9am to 11.45am and 1pm to 3pm; No visitors on Wednesday. Please, no dictations over the phone unless it is an emergency or you have a medical problem.

**Soft Version:** We encourage you to ask us for a soft version of News&Notes send directly on your own mail. First, it saves trees, cost of paper (Rs 12.000 monthly are spent only on purchasing paper) and labor cost (900 copies are printed every week). Second we send your soft copy as a PDF file (Same formatting as the printing version with colored pictures) on Thursday morning and you can get information earlier than the printing version which is delivered only on Friday and Saturday. Don’t hesitate to mail: newsandnotes@auroville.org.in or to phone 2622133.

**Disclaimer:** The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

**News & Notes, Media Centre, Town Hall. Phone: 2622133, email: newsandnotes@auroville.org.in**

---

---