HOUSE OF MOTHER’S AGENDA

A letter from Sri Aurobindo to his younger brother Barin.

April 7, 1920

The peculiarity of this yoga is that until there is siddhi above the foundation does not become perfect. Those who have been following my course had kept many of the old samskaras; some of them have dropped away, but others still remain. There was the samskara of Sannyasa, even the wish to create an Aravintha Math [Sri Aurobindo monastery]. Now the intellect has recognized that Sannyasa is not what is wanted, but the stamp of the old idea has not yet been effaced from the prana [breath, life energy]. And so there was next this talk of remaining in the midst of the world, as a man of worldly activities and yet a man of renunciation. The necessity of renouncing desire has been understood, but the harmony of renunciation of desire with enjoyment of Ananda has not been rightly seized by the mind. And they took up my Yoga because it was very natural to the Bengali temperament, not so much from the side of Knowledge as from the side of Bhakti and Karma [Works]. A little knowledge has come in, but the greater part has escaped; the mist of sentimentalism has not been dissipated, the groove of the sattvic bhava [religious fervor] has not been broken. There is still the ego. I am not in haste, I allow each to develop according to his nature. I do not want to fashion all in the same mould. That which is fundamental will indeed be one in all, but it will express itself in many forms. Everybody grows, forms from within. I do not want to build from outside. The basis is there, the rest will come.

What I am aiming at is not a society like the present rooted in division. What I have in view is a Samgha [community] founded in the spirit and in the image of its oneness. It is with this idea that the name Deva Samgha has been given - the commune of those who want the divine life is the Deva Samgha. Such a Samgha will have to be established in one place at first and then spread all over the country. But if any shadow of egoism falls over this endeavor, then the Samgha will change into a sect. The idea may very naturally creep in that such and such a body is the one true Samgha of the future, the one and only centre, that all else must be its circumference, and that those outside its limits are not of the fold or even if they are, have gone astray, because they think differently.

You may say, what need is there of a Samgha? Let me be free and live in every vessel; let all become one without form and let whatever must be happen in the midst of that vast formlessness. There is a truth there, but only one side of the truth. Our business is not with the formless Spirit alone; we have also to direct the movement of life. And there can be no effective movement of life without form. It is the Formless that has taken form and that assumption of name and form is not a caprice of Maya. Form is there because it is indispensable. We do not want to rule out any activity of the world as beyond our province. Politics, industry, society, poetry, literature, art will all remain, but we must give them a new soul and a new form.

Why have I left politics? Because the politics of the country is not a genuine thing belonging to India. It is an importation from Europe and an imitation. At one time there was a need of it. We also have done politics of the European kind. If we had not done it, the country would not have risen and we too would not have gained experience and attained full development. There is still some need of it, not so much in Bengal as in the other provinces of India. But the time has come to stop the shadow from extending and to seize on the reality. We must get to the true soul of India and in its image fashion all works.

People now talk of spiritualizing politics. Its result will be, if there be any permanent result, some kind of Indianized Bolshevism. Even to that kind of work I have no objection. Let each man do according to his inspiration. But that is not the real thing. If one pours the spiritual power into all these impure forms - the water of the Causal ocean into raw vessels - either the raw vessels will break and the water will be spilt and lost or the spiritual power will evaporate and only the impure form remain. In all fields it is the same. I can give the spiritual power but that power will be expended in making the image of an ape and setting it up in the temple of Shiva. If the ape is endowed with life and made powerful, he may play the part of the devotee Hanuman and do much work for Rama, so long as that life and that power remain. But what we want in the Temple of India is not Hanuman, but the god, the avatar, Rama himself.

We can mix with all, but in order to draw all into the true path’ keeping intact the spirit and form of our ideal. If we do not do that we shall lose our direction and the real work will not be done.

MOTHER’S AGENDA, 21 July 1962

As the light of a star reaches the earth hundreds of years after the star has ceased to exist, so the event already accomplished in Brahman at the beginning manifests itself now in our material experience.

Sri Aurobindo

Ref. Essays Divine and Human, p.465

Cover drawing by Neeti
**Work Group Report**

**Land Board Report for January 2015**

Dear Aurovilians – the transition from LCC and LRM got completed in Dec 2014 and from January the Land Board has taken up all the responsibilities involving Purchase, Consolidation, and Protection of Auroville lands. Below is a list of the major works carried on and this list is not exhaustive for the works undertaken in Jan 2015. Land Board weekly meetings are on Tuesday 3-5 pm and Friday 10:30-12:30 pm

We actively meet and seek sellers of land in the City Area and Office Timings for sellers have been fixed for Monday and Wednesday mornings 10 am -12 noon at Foundation Bhavan. You can call at 2623699 to fix an appointment with Anjali

**EXCHANGE, PURCHASE, PROTECTION, ENCROACHMENT, MAPPING AND ADMIN ISSUES COVERED IN JANUARY**

1. Raghuram s/o of Ramnaidu exchanged land in Irumbai village R.S No 58/10 ext 0.62 acres, 58/13 ext 1.09 acres with Auroville land in Irumbai village R.S No. IR 76/3A ext 0.76 acres, IR 111/2A ext 0.17 acres, Thiruchitrambalam land - TH 219/3A ext 0.20 acres. Exchange was done earlier, LB took possession and marked the boundaries with stones and informed L’avenir.

2. Nagraju s/o of Sathy Narayana exchanged land in Bommayarpalayam village R.S. No 30/3A, 30/3B ext 1.42 acres with Auroville land in Thiruchitrambalam village R.S. No 191/1B ext 0.68 acres. Exchange completed and possession was taken.

3. Land Care section of Land Board looking after the Wood Yard has supplied up to 300 coconuts to Food link / PTDC to be distributed free to Aurovilians

4. Land board is in touch with FAMC regarding re-starting sale of wood from the two yards. FAMC is investigating wood sales done earlier and we are awaiting their approval and a system to start moving wood again.

5. The Hermitage issue has been discussed in details and Bernd and Agnus were invited to meet the group and action is being planned to seek legal support and to plough the land.

6. Mandakini from Acres for Auroville met the Land Board many times individually and as a group. We congratulate Mandakini for her great work with AVIs and fund raising and thank the full AVI board.

7. Negotiations for further purchase and exchanges are an on-going process; we encourage Aurovilians to bring forward contacts and information in case their friends or family wants to sell land in the master plan area.

8. The difficult task of making one consolidated map is going on with Special officer lands at Foundation office and Stephen Raj (Land Board person) on an on-going basis to conclude a common list of all lands and Map database work.

9. The land board has had meetings with L’avenir and Working Committee, Peromboke list for GB and City was given by Land Board to L’avenir

10. Peromboke list for GB and City was given by Land Board to L’avenir

11. Peromboke RS No. 299 illegal work being done by neighbor on land rightfully to be under Auroville. A complaint made by WC (Land Board person) on an on-going basis to conclude a common list of all lands and Map database work.

12. The Land board has had meetings with L’avenir and Working Committee, Peromboke list for GB and City was given by Land Board to L’avenir

13. Land Board has opened a new section in Foundation Bhavan second floor which welcomes sellers and holds negotiations.

14. Land Board has recommended Chali Grinnell as their representative to FAMC and a member will be present for issue based topics.

15. The Land Board is making a call to Aurovilians to come forward to help in case of encroachment or neighbor fence issues.

Divya, Gerard, Kannyappan, Prasad, Sandeep, Suhasini

**Announcements**

**Mother’s Room Darshan On 21st February 2015**

Tokens for Darshan will be registered on:

**Days:** Monday 16th & Tuesday 17th of February

**Timings:** 9 am - 12.30 pm and 3 pm - 6 pm

**At:** PITANGA, Samasti.

This is a service for Aurovilians & Newcomers only.

We inform you dear friends that from now on we will not be able to take requests by mail. (Sorry for the inconvenience)

So to register your name(s) for Mother’s Darshan tokens, we invite you to come or send someone to Pitanga with a requesting note. We will do our best for your requirements.

Registration on the phone will be taken only for people who are sick or not mobile.

Collection of tokens will be on Thursday 19th and Friday 20th at Pitanga from 9-12.30 pm and 3 - 6 pm

Darshan timings: The tokens given by the Ashram enables you to go for Darshan usually between 12 noon and 4.30 pm with the limit of 30 persons per slot. The time slot 3.30 - 4 pm is reserved for Aurovilians taking the bus.

Transport: The bus will start from Matrimandir at 3 pm following the usual route and coming back to Auroville at 6 pm. The trip is restricted to those who are going for the Darshan.

Reminder from the Ashram: Auroville will not be granted extra tokens, beyond 240 tokens provided in the regular 8 time slots.

Reminder from us: There are four ways to go to Sri Aurobindo’s Room or Mother’s Room without a token on Darshan days. You may join the queue of devotees at 5-6 pm on the previous day, spend the night waiting on the street and enter the Ashram compound for Darshan from 3 am onwards.

You may go on the day itself, join the queue between 3 am and 6 am.

You may go in the morning of the Darshan day and get your token at the Ashram. In this case you will probably need to wait or come back later at the time indicated on the token. You may join the queue on Darshan day before 5 pm as the queue is generally over between 5 to 6 pm.

Kumar, Mallika, Meha, Susmita in collaboration with Pitanga team
Message from the Working Committee

The Under-Secretary of the Auroville Foundation has informed the Working Committee that visits of diplomats such as Ambassadors and Consuls must be notified to him. Those who are organizing such visits are kindly requested to inform the Under-Secretary before the visit takes place.

The Working Committee

A survey on volunteers and interns

In view of the large influx of volunteers and interns, it has become necessary to develop some general guidelines for the hosting Auroville units as well as for the benefit of the volunteers and interns. A simple questionnaire has been prepared by Savi in consultation with the Auroville Board of Services, the Auroville Board of Commerce and other working groups. It will be emailed to all units this week. We request all units to participate and answer the three questions of the enquiry.

Thanks for your cooperation,
Working Committee

Auroville Retreat

Integral Being - Sat 14th & Sun 15th Feb

Improve your wellbeing in the three primary dimensions by learning an integrated exercise program that can be practiced in just 30 minutes per day to enjoy a new level of physical wellbeing with higher energy levels. The root cause of stress and learn of micro-break and micro-meditation techniques that could be easily folded into your busy life-style, enabling you to enjoy a new level of inner harmony, emotional wellbeing and personal productivity.

Be happier through a fusion of cutting-edge scientific research and ancient wisdom. Happier people are more successful and healthier, experiencing the “Joy of being alive”.

For more information & registration, please visit www.aurovilleretreat.org or call 0413-2622571, 8940219725

TDC - L’avenir d’Auroville

The following Site and Building applications are announced for feedback from the community for a period of two weeks. The announcement is made for feed-back only and does not mean that the project has final approval.

The final approval is given when L’Avenir / TDC issues an NOC (No Objection Certificate). This happens only once the feedback has been evaluated, final decision by TDC has been reached and the necessary financial formalities have been completed. It is only after issuing a final building permission that fencing, building or any other activity on the site can start. It has to be noted that site permission is given to reserve the site for a maximum period of two years in order to prepare a project proposal. It does not give any right to fence and clear the site unless, for practical reasons, there is a special permission of TDC.

Individual Project:
1. Site announcement Vinagamoorthi & Rama for a house in Auromodele
2. Site announcement for Ishta for a house in Auromodele

Collective Project:
1. Giez Pascale (Kalou),Miracle, Change of roof (bamboo - RCC Ferro Cement Channel roof)
2. Site announcement for Sonali & Anupama, Free Standing studio/office space in Maitreyee.
3. Site announcement for African Pavilion

Project write up given by the project holder

Project Title: Africa House Temporary Development

Proposed Site Location: upper corner next to the Secretary’s house along the Bharat Nivas - Visitor center Road - as per agreement with L’avenir d’Auroville

Project Holder: Jaya, Miriam, Tekeste

Architect: Satprem in collaboration with the African youth.

Contact Persons: Jaya, Miriam, Eric Clapton

Description: There is now electricity connection, a water tank, water pipes connecting the tank to the perma-culture field and one tree house. The application is for a kitchen cum meeting space as per documentation given to you already.

Target Group: African Youth and other youth as well as Aurovilians in general as well as African youth studying in Tamil Nadu and eventually African students and Volunteers coming to study and volunteer in Auroville.

Background: This project has been going on for the last 5 years. The site was first on the other side of the Secretary’s house, but in interaction with L’avenir it was shifted to the present site. The plan is to develop the upper part where no future buildings are planned with temporary structures and to do perma-culture and some tree planting for harvest on the lower part towards the Visitor center. To protect the land fencing will be done along the road from the Bharat Nivas corner to the tree line by the Visitors Center left side parking.

Triggers: The dream of the Africa House project goes back to the end of the 90ties when Tekeste took it up with support of Roger and Helmut. There was interaction with the Addis Ababa University and a model was created for the Africa House project which received Roger’s approval. What we are doing now is a simple project to create a platform for the larger project which will come later.

Goals/Objectives: To have a gathering place for the African Youth and develop a place to host African students. Their stay would then also include some involvement in the place.

Site announcement for Grace 5 housing project.

Project write up given by the project holder.

Project Title: Grace 5

Proposed Site Location: Integrated into master plan of existing Grace Community

Project Holder: Helmut

Architect: Helmut/Supriti of Ovoid Atelier

Contact Persons: helmut@auroville.org.in

Description: 7 two-storied row houses with about 100 sqm built up area each, consisting of Kitchen/Dining, Living room, Courtyard, 2 Bedrooms, Bathroom, WC, Storeroom, Porch and Garden

Target Group: Couples, families with children

Background: Due to its central location (walking distance to Matrimandir, Town Hall, Arka, AlIH, Library, Solar Kitchen) Grace Community is a popular and sought-for place to live in Auroville.

Triggers: Repeated requests from people seeking housing in Grace and general housing shortage in Auroville

Goals/Objectives: To provide additional houses in Grace in a simple form, using existing infrastructure, aiming at a reasonable cost structure and a speedy realization.

TDC asks for feedback from the residents of Auroville within two weeks from the date of publication. If anyone wishes to have detailed information, feel free to contact TDC - L’avenir d’Auroville office: 262-3568 or come personally to the Building Application section.

House available

Auromodele
Petite Ferme/ Krishnan
(krishnanbrigitte@auroville.org.in) phone guest service afternoon 1 to 4 pm / 2622675. For exchange or transfer: Ground floor + 179,76 sq meter
Mangalam Radial third phase

TDC is planning the construction of Mangalam Radial Third Phase. It starts at the Kali Temple Land towards the West to the height of Guna's house. We also propose to make the link to the mud road direction Ganesh Bakery. (See Map on the Auronet)

OBITUARY

Serge Cattaneo passed away

One of Auroville’s early pioneers, Serge Cattaneo, passed away on February 6th this year, at the age of 77, in France where he lived with his long-time partner and wife Flore, also Aurovilian for many years. Serge came to Auroville in 1976 and lived and worked here up to 1992, at first located in Aspiration and working at Toujours Mieux (today Eureka). At a later stage he and Flore moved to Dana, and residents of that time may remember him through his participation in the ‘Théâtre Expression Auroville’. Serge also worked at Aurelec, setting up the software for various Auroville services.

While gratefully holding him up to the light, our love and sympathy go out to Flore and his daughter, Auroville-born Savitri. OM~

FOR YOUR INFORMATION

CROATIA == The Auroville International Association is happy to announce that it now has a liaison person for Croatia: Dr Irena Ateljevic who has been coming and going to the City of Dawn since some nine years now. In her application Irena wrote: “It has been the teaching and vision of the Mother and Sri Aurobindo that has ‘saved’ me from my increasing delusion by academia and the intellectual limitations which are particularly exercised in Eurocentric social sciences in which I spent 20 years of my scientific career.” Having worked in various Auroville various units and gaining an insight in how the city works, Irena is currently involved in Aurosaya and in the process of becoming Newcomer. Yearly she will spend some months in Croatia, where she intends to remain instrumental with regard to the sustainable future of this young EU nation through writings, interviews and lectures, while simultaneously highlighting Auroville’s vision and aims.

ARGENTINA == During a meeting in Mexico City with Dr. Alicia Rodriguez, President of the International Peace Banner Committee (Roerich Foundation), Anandi of AVI Argentina informed Dr. Rodriguez about Auroville’s endeavour towards human unity, and received a Peace Banner for the City of Dawn. During the ‘Universal Intercultural Dialogue’ in Guadalajara (Mexico) in May of this year, one such a flag, symbolising an international pact for the protection of cultural values, will be handed to organisations and representatives of different religions and major international communities participating at the meeting. Anandi extends an invitation to members of other AVI centres to be present and receive the flag for their centre.

GERMANY == AVI Germany’s seasonal newsletter is out and is, once again, a feast of colour and information (in German!). One of the centre’s volunteers has given it a facelift and, as always, it offers a good mix of inspiring editorials, personal observations, reports on meetings and seminars based on Sri Aurobindo’s vision, and a variety of other interesting tidbits. The 19-page .pdf version of the letter can be sent to you by Vani or Mauna (e-addresses below).

We also received word from Wolfgang, one of the original initiative takers of the creation of AVI Deutschland in the early years, now living in USA. As mentioned in this column before, Wolfgang wrote a book ‘Die Seele der Nationen, Evolution und

Heilung’ (Soul of Nations, Healing and Evolution; Europa Verlag) that was published last year. The book has now been recognised through a Foerderpreis, or advancement award, by the Transpersonal Psychology Society of Germany, which yearly gives an award to an outstanding publication in the field of synthesizing psychology, spirituality and science. Now the waiting is for an English translation of the work!

USA == AVI USA informs us that, besides Binah, one more Aurovilian has joined the USA Board team, namely Nadaka, who currently lives in the States, exploring with his partner Gopika the country’s music dimensions. Another new member is Matthew Andrews, who originally came in touch with Auroville during a 3-month Living Routes programme in 2000 and immediately felt home in the City of Dawn. Having visited once again in 2013 with his wife, he now feels strongly compelled to become actively involved in supporting Auroville. The couple runs the Yoga Center Amherst (Massachusetts) and hopes to infuse it with the spirit of Auroville.

As the main AVI General Assembly meeting will be held in the USA this year (August, Woodstock), there won’t be an AVI meeting held in Auroville itself this year. However, some impromptu meetings may take place these months with AVI members who are in the City of Dawn. Please contact Vani in case you’re interested.

For all AVI matters, contact Vani via vani@auroville.org.in/ This column is maintained by mauna@auroville.org.in

Head on!

My head wobbles...It has been blithely wobbling for more than fifteen years now and may continue to do so for ever. It is more painful for others to see this wobbling than it is for me, as I hardly sense it. From time to time someone ever so sweetly and cautiously asks me if I suffer from Parkinson’s disease, and therefore...and also in order to avoid undesirable mental formations, it’s maybe good to state once again that this is not the case. I just seem to ‘suffer’ from a benign essential tremor (BET), which appears to be the most common movement disorder worldwide. As far as I know, there’s only one other person in Auroville who is privileged to have this. As she has a yes-yes wobble, and mine is a no-no one, when we’re in discussion it’s quite a feast. Just that you know. Thanks for caring, and with love, Mauna

News&Notes 14th February 2015 [586]
A survey on volunteers and interns

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Thanks for your cooperation,
Working Committee

Welcoming you to infinity

A new and colourful small community in the wild of Auroville. Infinity practices various forms of permaculture and traditional natural farming. As well as reforesting and bringing back biodiversity and improving soil condition. We are looking for bright volunteers who are eager and motivated to form a new community and help with farming and building. Come and join the green work as well as many opportunities for eco-building and expressing yourself! Come down or contact Infinity on 8489042213 for more info or ask for directions in the Youth centre.

The Bamboo project

Dear Community: a year ago we announced the creation of a committee to work with the Bommayarpalayam Panchayat on the subject of mutually coordinating our planning and development. We are happy to announce that the TDC has also entered into a similar agreement with the Panchayat of Irumbai. This memorandum of understanding will provide a mechanism for cooperative planning with the villages within the Green Belt, enabling all the communities, both Auroville and the villages to find negotiated solutions to issues concerning land, access, economic development and social interactions.

The TDC clearly recognizes that without the cooperation of the village Panchayats, issues of land and development will remain unresolved, and could easily lead to conflicts that would not only harm Auroville, but would also be contrary to the spirit of its charge, through the charter, to enhance human unity. This development program will be materialized through selected projects. Your financial help is needed to realize them, and we ask you to be generous in your support. We will publish regularly presentations on these projects, allowing you to select the projects for which your donations will be spent, transforming it into helpful energy.

The bamboo project

Located in Bommayarpalayam (a village near Auroville), a part of the coast suffers from erosion and the land is threatened by salt water intrusion. The Town Development Council has been working with the Panchayat for over a year to beautify this land. Based on Auroville long experience in degraded land restoration and earth healing, the Beach Beautification Bamboo Project aims to address these issues by creating a bamboo landscape plantation operating on controlled rain harvesting channels. The project will include the provision of proper sanitation, enhancement of the beach facilities, and will provide employment to residents of the village.

Reforestation that uses the overflow from the canyon, cleaning the area, and managing this waste land will bring sustainable economic opportunities and growth to the village.


You can support us through this AV account: N° 252167 - L'Avenir Bioregion Help

Submitted by TDC

Banner for "What's happening in Auroville"

Dear Friends

We are preparing for the Auroville exhibition in Chennai Festival. We are going to make a big banner for “What's happening in Auroville”

If you have a plan of workshop, art exhibition, concert, seminar and more in March, can you send your poster by mail?

Just mind that this is for showing about 'Human Unity'

Please contact Ok: 9344002972, okjeonglee@gmail.com

Ok for Auroville Exhibition

Auroville Film Festival 2015

Have you made your film yet?

All films made by Aurovilians, residents of Auroville and its bioregion, and films made by guests in Auroville will be screened in September.

We accept films of any duration and any theme made by students of Auroville Schools, Auroville Outreach Schools, Auroville Region Schools and from any child in the bioregion. www.aurovillefilmfestival.org

How to Submit a Film?

The last date for Aurovilians to make submissions into the category of films made by Aurovilians or into the category of films made by students is July 15th 2015.

Submissions have to be made online through our website: www.aurovillefilmfestival.org or can be given to us as a video-DVD or uploaded onto vimeo/youtube in HD resolution (1280/720 minimum).

Krishna

Use Auroscrap

Dear Community,

This is a reminder to please use Auroscrap!

I see many of us using local dealers or the guy on his moped-scrap-picking-up mobile. By selling to them, though you might be getting slightly better value at times (though probably not on the whole when you consider all the different scrap types), you are also allowing a resource that we could be harnessing for the just cause of developing our waste sector to go elsewhere. By using Auroscrap you are supporting our efforts to better waste management in Auroville.

We pick up and pay for most things. We can help you clean out your store room, garden etc. We also offer our load carrier for hire if we’re not busy. For trips to Pondy etc. but especially for trips inside of Auroville we offer good rates. We will help with lifting, loading and unloading too.

You can call me on 944 3003 617, or email to EcoService@auroville.org.in.

Hope you have a splendid day :) - Love, Suryan
POSTINGS

The 1 Hour implication in Auroville

We believe Auroville has the potential to become THE greatest example of resource management, if everyone would participate at the 1 hour implication in Ecoservice. That's why we invite you (Aurovillian, Newcomer, Volunteer, Guest, Children) for a 15-minute tour where we will show you all about the processing of our resource, followed by 45 minutes where we will help with the segregating process. This hour is meant to change our mindset from the concept of waste to the one of resource. There will be music, joyous positive people, and surprises for everyone dress with something PINK (because our building is now dress of this color of beauty!).

TWO hours available Monday, Wednesday, Friday: 10:00 to 11:00 / 14:00 to 15:00 (We can arrange any other time on request, for work groups, friends, etc.)

For any question or to book a tour, Email: the1hour@outlook.com // Facebook: https://www.facebook.com/pages/Ecoservice/1541837466070115

See you there, Alex and the Ecoservice team

From AVTS

Dear friends,

Greetings, Auroville transport service (next to NCC) is functioning fully. It seems there are rumors that it is closed - Not at all! Please call for reservations as usual at the same numbers. Many thanks, Saroja

No smoking at La Terrace and Solar Kitchen

Kindly note that La Terrace and Solar Kitchen are No Smoking Zones. E-cigarettes and all other electronic smoking devices should also not be used. Anyone who needs to smoke should use the designated smoking area or go outside the premises. Thank you for your cooperation - La Terrace and Solar Kitchen

Feeding dogs

Dear visitors, Newcomers, Aurovillians, Need your assistance to feed tame friendly dogs around our communities: to pick up food at 3 pm at Solar Kitchen and distribute it at places that I will show you - takes about 2 hours - this is easily done when we are 3 or 4 persons to divide the 7 days of the week - please call Lorraine at 9655933914 for more info or send SMS

AVAILABLE

Terracotta tiles

Around 200 terracotta tiles. Call Hedia 9585975381 / hhedia@gmail.com

Furniture

Baby-highchair, water filter, Hi-fi CD-Player, tape, radio and Furniture. If interested please call Rolf 2622347

10 years old female cat

Gray tiger, striped and friendly. Contact Merry Prayatna 2623581

Curtains/bedspreads/tablecloths

Beautiful handwoven fabric for curtains/bedspreads/tablecloths in different colours, made in Auroville. New, not yet cut or stitched, I am selling due to change of colour scheme. Lieve 9159281631

A dog

A very friendly female Indian breed dog 7 month old sterilized and vaccinated named Chhutki needs a home. If you are interested please call Shona from Pondy 989486460. Thanks - submitted by Diego

A puppy

Hello, I have a very sweet and gentle puppy looking for a new home. She is approximately 4-month old. I found her with 4 others. She is the only one who can’t go back on the street because she is too gentle. She has lived with us for 21/2 months now. I will vaccinate her this week. So if you think you can share your life with her please let me know. Krishna 9943368410

LOOKING FOR…

An Amma

Looking for a full time reliable Amma, 8 am-5 pm, for kitchen and housework, preferably from the Pillaichavady area. Phone 9486842522. Maggi and Surakshita

Beach clean-up: Volunteers wanted

Beach clean-up: anytime @ Repos Aurobeach. Contact: Bhoomi 8056638876/ Vasu 9787399955/ Raju 9092589134. All for land beautification. All donations in kind welcome.

A part time job

Malliga has worked for us full-time since November, she helps the gardener with weeding and cleaning the place. With warmer weather approaching, we would like to share her services. Malliga lives near Kullanpalayam, she owns a moped and speaks English very well. She has two school-going children. We would like to keep employing her 3 to 4 days/week. Please call or email us if you need a hard-working, cheerful Amma for 2 to 3 days per week for house or garden work. Email: tine@auroville.org.in, phone 0413 290 96 19 and 9843984181. Thank you, Tine and Toby

Someone going to or returning from Australia

Desperately looking for someone going to or returning from Australia, from now, through the end of March. No I do not want a kangaroo. neither do I want to accompany you. Do call or email me? Thanks, adil@auroville.org.in / 04132622724 is home. Adil

A Motorbike with electric starter

Hello, I'm looking for a motorbike (in wonderful conditions :) with an electric starter. Preferably with a Tamil Nadu plate - If you or your friends are selling one such thing, do contact me at: 944 36 17 308, Sara :)

LOST & FOUND

News&Notes 14th February 2015 [586]
**Sunglasses (lost):** At Pour Tous on Thursday with a black cord. If found, please contact Norman 2622284 or 9585437380

**Book (lost):** “Des Has emit den Bernsteinaugen” from AV library. Contact Hartmut 8940229406 or Email: vonlieres@gmx.de

**Cellphone (lost):** Hello, my name is Nisan and I am volunteering in Buddha Garden. On the 7th after coming back from Wellcafe my cellphone fell from my pocket while driving between Verite and the Buddha Garden. Phone Description: LG G2 (black) with a black case and a Slim Amour print on it. My photos and a photo of my passport are on the phone as well. Thank you very much, Nisan

**Mobile Phone: Samsung Galaxy S2, dark blue (lost):** it dropped out of my pocket while riding the motorcycle on the way from the Town Hall Junction to the Visitor Center through Kottakarai at approximately 5:00 am during the Auroville Marathon. I couldn't find it on the way afterwards. Contact: jakob.feldbauer@gmx.at - Warm regards, Jakob Andreas

**Small brown lady bag (found):** Close to Kailash clinic with a black key purse with 6 keys. Pick up at News&Notes office.

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**THANK YOU**

From Nandanam Team and Parents

Dear Community ;),

Nandanam Team extends its heartfelt gratitude to all our parents, well-wishers, friends, the units, the volunteers who contributed to make our fund-raising event a success.

Thanks to the efforts of Parents, Volunteers, Friends and all the Donations we received, we have raised Rs. 183,000/- . Three Cheers for all who put in their effort and time!

We need Rs 2,77,000/- to reach our goal of Rs 4,60,000. So all who still wish to donate are welcome to donate into our account no. 103717.

A Big THANK YOU from Nandanam Team and Parents.

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**APPEAL**

**Auroville Cricket Tournament**

Dear Friends,

The Auroville Cricket Team Has planned to organize a senior level (Ten overs) Cricket tournament starting on the 22nd of February and ending on 22nd of March. The matches will happen on Sundays only, in which roughly 25 teams from the villages all around Auroville will participate. The Matches will happen at the Kailapalayam ground and the final match will take place at the Adventure cricket field (Opposite to Udavi School).

As we all know that organizing a cricket tournament needs a lot of financial support, we have got some money from SAIIER through Auroville sports resource center and we have contributed ourselves as much as we could do for this event to happen and are now in need of your generous help either financially or materially, whichever is possible. We would be really grateful to you if given a chance for us to play and organize this tournament.

Our Financial Account Number is: 0267 (Auroville cricket club)

Thanking you, Auroville Cricket Team
To Know More about the Tournament, Please contact: Manikandan - 9843041586 / Gnanavel - 9943414846

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**ACCOMMODATIONS AVAILABLE AND NEEDED**

**House-sitting 1**

We are a family of four. We have been in Auroville for over 1 year and are still looking for house sitting. We are very responsible and reliable people. Please contact: yasminliron@gmail.com or call 9943311619. Love, the Levi Family.

**House-sitting 2**

I'm Charles, nine years Aurovilian, looking for a house-sitting. I'm quiet, responsible and reliable; a good housekeeper. In charge of maintenance at Verite for 2+ years - now with Blue Light. References available. Funds available for expenses and small repairs. Contact: c.bluelight@auroville.org.in, 262 2500 (office hours), 99434 66057. Thanks in anticipation - Best, Charles

**House-sitting 3**

I am looking for a house-sitting. I am 49, I do not drink alcohol and I do not smoke. I am a responsible person, I like a quiet place. Please send a SMS: +919943360811 or write an e-mail: ivana.frousova@yahoo.co.uk. I thank you for your reading, Ivana

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**TAXI SHARING**

**February 13th:** I am booking a taxi from Center Guest house to Chennai Railway Station on Friday 13th February to leave at 2.00 - 2.30 pm. If anyone would like to share, leaving or if someone is arriving that evening at Chennai and wants to take the taxi back please contact Sidhya: sidhya91senani@gmail.com or +91 8966903523

**February 16th:** A taxi will be leaving the 16th of Feb. at around 11/12 am to pick up my friend at Chennai airport. If you wish to share the taxi on the way to the airport or back, please contact me 944 36 17 308 - Sara:

**February 17th:** I am leaving Auroville on 17th around 3.30 pm to pick up my mom from the airport; she's arriving at 6.30 pm.
Anyone interested can share the taxi with us, going to Chennai (only I will be in the car, coming back: my mom and me, not much luggage). Melissa, 9486008371

February 18th: Taxi sharing: I am arriving at Chennai airport around 14.30h. Taxi available both ways. Empty taxi will leave Auroville around 11.30 am, if interested, please contact: nm.laura@gmail.com, Laura

February 19th: My friend Gilles, would like to share a taxi: 19th February Thursday at 3 or 4 am, to Chennai airport from Svedame. (Saudia airlines 8:55 am) 2 places available. Come back empty. Please contact Veronique J. 948 85 12 678 and 26 22 638. Thanks.

February 19th: My friend is arriving at Chennai airport around 5 - 5.50 am. Taxi available both ways. Empty taxi will leave Auroville around 1.30 - 2.00 am. If interested, please contact: 2622 595 or hrim@bk.ru. Thank you, Galina

February 19th: Thursday - to Chennai Airport; a taxi is leaving Auroville 12:00 noon. If you wish to share (both ways possible) please contact Kati, phone 8489265342 / kati.hoetger@web.de

February 20th: Leaving for the Airport, Chennai around noon time on 20/02/2015, Friday. The taxi will be available one way only (AV to Chennai). If you want to share, please get in touch. Sudhir - Angiras Garden, contact: sudhir@auroville.org.in, Mob: 9486268021

February 22nd: A taxi from AV will pick up 1 person on 22nd at 08:10 am from Chennai airport. The car can be shared both ways. If you are interested please contact me: manu@auroville.org.in - Thank you, Manu

February 22nd: Sunday leaving from Auroville at 8 am to Chennai Airport on 22nd of February. Taxi can be shared both ways, only 1 person is going. Ingrid 9443843976 or ingridt@auroville.org.in

February 22nd: Sunday - to Chennai Airport; a taxi is leaving Auroville 4 p.m. (16:00). If you wish to share (both ways possible) please contact Kati, phone 8489265342 / kati.hoetger@web.de

February 23rd: I am leaving 22nd daytime or 23rd Feb early morning to Chennai airport. Anyone interested to share a taxi leaving from Auroville? If so, please contact to: nina.melisser@gmail.com, Nima

February 28th: On 28th of February afternoon I will go to Chennai. If anybody would like to share a taxi please contact me: zkitti@gmail.com (Kitti)

WORK OPPORTUNITIES

At Auroville Water Service

Auroville Water Service needs a secretary / office assistant with good English knowledge in speaking and writing. Computer skills Excel and Word are required. The person has to understand English well and be able to answer the phone in English. Please email your CV to Toby, AV Water Service <toby@auroville.org.in> for an appointment.

At the Vegan Panda Café

Aurosoya and the Auroville Bamboo Centre (ABC) have joined hands in setting up ‘The Vegan Panda Café’ at ABC. This is an exciting opportunity for Newcomers and Aurovilians. Our soon-to-be-open venture is looking for an enthusiastic management team that is passionate about healthy vegan food and environmental sustainability. We require one vegan chef and one café manager. Long-term volunteers are also welcome that are willing to cook, learn and share full time. Call Irena at 9786935794 or Frederic at 7639434040. You can also write to us at aurosoya@auroville.org.in

Check web sites of Aurosoya and the ABC for an insight into our work and philosophy: http://www.aurosoya.in/

http://www.auroviliebamboocentre.org/

HEALTH

Tibetan doctor visit

This is to inform you that the Tibetan Doctor and his team will be here in Auroville on Saturday the 28th of February. For information you are requested to call Namgyal or Kalsang: 0413 2622401 or send an e mail to kalsang@auroville.org.in

You are requested please to not call at: 0413 2623338. You are requested to come from the main entrance of Pavilion of Tibetan Culture.

AUROVILLE RADIO

The Auroville Radio has begun the first experiment with the AVI’s around the world in order to hear about their work, projects and hope for Auroville. One of the topics to explore is the International Zone and its evolution and to get their perspective on Auroville. Next week you will hear the first interaction with Vikas of AVI UK. We invite the AVI centers and all Aurovilians living abroad who would like to share with the radio to write us to arrange a Skype call at our account “AurovilleRadio”. The Auroville Radio will be participating at the Chennai Festival with Aurovillian audio profiles that Chloe is organizing. We are always looking for your participation in the radio be it technical, financial or in content production. Aurovilians and guests are welcome to visit us on the ground floor in the Town Hall.

Our account number is 251369 or via our site aurovilleradio.org/donate. Your contribution is essential for us to be able to run this free service.

These are the latest programs published by AurovilleRadio this week. All the recordings are available in CD or ready to be copied on your memory stick at the AurovilleRadio premises in Town Hall, opposite the Financial Service.

Welcome Marathon’s Runners! (Wellness 07/02/2015)
Welcome to all! Participants at the Auroville’s 8th Marathon talks with Andrea about their feelings and excitement. - [English, 12 Minutes]

Off the Cuff-15 (Performing Arts 06/02/2015)
Why driving on the left is crucial, why AV will welcome 3,300 people this weekend, volunteers and our graveyard. -[English, 19 Minutes]
Awakening of the voice & hearing (Music 06/02/2015)
Saarang festival’s Thursday workshop on “Awakening of the voice and hearing” at Bharat Niwas in Auroville - [English, 66 Minutes]

Auroville International Marathon (Wellness 05/02/2015)
Chandresh talks about the 8th edition of the Auroville Marathon, touch the history and problems that goes along with it. - [English, 18 Minutes]

8th Marathon, 7th Indian Cinema (News from Auroville 05/02/2015)
Chandresh talking about the 8th edition of the AV Marathon, and Surya invites us to the 7th Panorama of Contemporary Indian Cinema - [English, 19 Minutes]

Selections par Gangalaksmi-23 (Integral Yoga 04/02/2015)
Selections de par Gangalakshmi - cette semaine une partie d’une Lettre de Sri Aurobindo a Barin (son frere) 1920. - [French, 23 Minutes]

AV Outreach Development Database (Social Development 04/02/2015)
Paul Vincents presents Auroville Outreach Development Database booklet which holds basics info and links - [English, 16 Minutes]

Teachers Center (Integral Education 04/02/2015)
You can listen to all of the programs and more on www.aurovilleradio.org. For more info call 0413-2623331 or email a@aurovilleradio.org

T R A V E L

Latest News from the Travel Shop
Located at Inside India in Auroshilpam - For ticketing - International and Domestic Flights, Trains, Buses and Tours.
Under promotional offers Airlines are giving a limited number of seats per flight. It is advisable to book early to make sure that you can travel at your preferred dates.
Qatar Airways and Emirates have promotional offers to Europe and the USA.
Srilankan Airlines, Etihad Airways, Kuwait Airways and Oman Airways have promotional offers to many European destinations.
We're open from 09:00 to 13:00 and again from 13:30 to 17:00/Tel: 2622078, 2622604, 2623030, travelshop@auroville.org.in, domestic@inside-india.com, doulat@inside-india.com

G R E E N  M A T T E R S

Sunday 15th of February - Fertile Field with Jana and Jan 9.30 - 11 am
Route description : From Solar Kitchen 20 min cycle ride. Out of the SK front gate go straight past Library and Arka on your left towards Transition school. Past the upturned car, take a right onto the Green belt road towards Dana on your right, past Baraka on your left. Around the corner you see a watchman hut, here turn left follow the road till you come to a small left turn off, marked with a flag. Go straight down this 500 meter long winding forest road, to the right a small house and to the left the road continues, till you come to a silver gate that's Fertile Forest. For assistance phone: 934 571 8694

This forest is young compared to some other forests in Auroville. It was started 17 years ago by Perumal and Jana. It began as 20 acres of open land with no tree in sight and has now grown into a beautiful thick forest. Jana studies insects so she planted the front part of the forest with trees that support butterfly life as a special project. A forester named Jan moved into the forest a couple of years ago and works with Jana to maintain and protect the young forest.
The back area is under construction as we are clearing out the sick and dying cashew trees to make way for new forest. Auroville has purchased more land behind the main area which we also take care of. Right now, we are engaged in cleaning and replanting.

Next week Sunday the 22 nd of February Discipline with Jeff 9-12 am (details in next weeks' News and Notes)
The hundredth monkey theory, (Ken Keyes: The Hundredth Monkey)

Or the collective consciousness implemented for an entire civilization.

A few years ago in Japan, a scientist made an extraordinary discovery. Macaques (Macaca fuscata) on the Koshima Islet, south of Kyushu, are animals that live near the sea and eat the fruits and vegetables they find in the trees and sometimes on the sandy soil of their territory. Picked off the ground, the fruit is covered with sand and eating those is not very nice. But these monkeys have always acted like that...

But one day, Imo, one of the females in the group, dropped its sweet potato in the water and suddenly the sand disappeared, it seemed more tasty without the crusty sand. So, she understood that by putting the fruit in the water, the sand disappeared. So she got used to rinse the food before eating it. Her little ones imitated her, then other females and then the whole colony, into the habit of washing their food. Group meetings, observe and imitate this new habit.

One day, the group scrubbing sweet potatoes reached the number of one hundred and one with one particular effect - all other groups on the island began washing their food naturally. This is the hundredth monkey theory. If this theory can be applied to monkeys without ‘consciousness’, I’d like to assume that it can be applied to humans.

Here is what I propose:
To counter the negative energy that blocks the development of Auroville, create a group of at least a hundred people that generate a stream of light energy, positive and constructive. Of course, a hundred people do not always mean the same.
1) Let us meet one time per day / week / month, the more the frequency will be constant and regular over the egregore (collective thought form), the stronger it will be.
2) Create a sentence, a common mantra
3) Recite it together, but also individually, at work, at home, in small groups, as a background - a pacifying murmur that creates an energy barrier.
4) A discreet message in the N & N for information on the dates and location.

Here is my proposal. I thought of the Pavilion of Unity, but perhaps also the Tibetan Pavilion. What do you think of this idea? For me, this issue is urgent in view of the last meeting that took place (GM).

Thank you for coming fast together and “conspire” (“breathe together” as do all the dolphins and all marine mammals. Yes, marine mammals conspire).

With Love and Gratitude,
Veronique J

For your calendar

AMPHITHEATRE - MATRIMANDIR

Meditation with Savitri - read by Mother - to Sunil’s music
Every THURSDAY at sunset - from 5.30 to 6.00 pm (weather permitting)
Enjoy the beautiful open space, an immense sunset and heavenly music in the very Center!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone not to use cameras, I-pads, cell phones, etc. Dear Guests, please carry your guest cards with you and note that access is only for the Amphitheater, from 5.15 pm. Please be seated by 5.25 pm, no late entry. Thank you.

Amphitheatre Team

SILENT MEDITATION FOR AUROVILLE
Let’s meet as usual under the Banyan tree Matrimandir,

Every Thursday 5 to 5.30 pm. We will concentrate on this phrase:

“Please Mother, help us to open ourselves to the Divine Consciousness, thank you”
Then you can listen to Mother recite Savitri at the amphitheater, at 5.30 pm.

Please, dear guests, bring your Aurocard, thank you
Thank you for being together

News&Notes 14th February 2015 [586]
MEDITATION ON MOTHER’S BIRTHDAY, 21.2.2015

In the Matrimandir Amphitheatre at 6 am

Recording of the Mother reading from Sri Aurobindo’s book ‘The Mother’ will be played. 

Entrance from 2nd Banyan gate only. Gate opens at 5.15 a.m.

All are requested to come early and be seated by 5.45 a.m.

Please remember to bring along a torchlight and leave your pets and cell phones at home.

Those with camera are requested to place themselves on the southern side of the Amphitheatre at the designated ‘PHOTO SPOT’. Photography without flash please.

Please note that access is limited to the Amphitheatre and up to 7 am only.

Visitors are requested to either carry their Aurocard or collect personally free tokens available at the Visitors Centre upstairs on the 19th and 20th of February between 3 pm and 5 pm.

Bonne Fete!

INVITATIONS

FARMER’S MARKET AND COMMUNITY FESTIVAL
SATURDAYS AT THE YOUTH CENTER (10:30 am - 2:30 pm)

For the winter season, the Farmer's Market at the YC will now be held on a weekly basis - every Saturday
(However, it will be cancelled in case of rain!!)

Love and light, The Localicious Auroville Team

SOUND CREATION WORKSHOP: RECORDING AND EDITING SOUND

With the support of the French Pavilion

Do you know that sound can be used as a way to express yourself and your creativity?

By not making only music, but with sounds recorded around you.

Like soundscape, birdsongs, wind through the branches, a motorbike passing, water flowing and voices around you who sing, speak, scream, shout, tell and sometimes confide.

The microphone gives us the possibility to record and fix sounds in many ways.

To play and express creativity with all those sounds, we use an editing program.

For one week, Chloé an Aurovilian friend, working independently for Radio France and studying electro-acoustic music in Paris, will give a one-week workshop on how to record and edit sound by using the program REAPER.

She'll give an overview of fundamental techniques for recording and editing.

Participants will learn this program by making a portrait of someone (or something) from Auroville. After that, for those who want it, we'll include your « portrait » into the radio installation: The Voices of Auroville for the Auroville festival in Chennai (1st - 21st March 2015) at the Lalit Kala Academy Art exhibition in Chennai.

Date: Monday 16th to Thursday 19th, February 2015
Friday, February 20th: Open practice
Time: 2 to 4:30 pm

Venue: AurovilleRadio, Town Hall ground floor

Equipment: provided by AurovilleRadio but if you have any, bring your laptop and recording machines.

Contribution: Rs 1,000 for guests/ Rs 500 for volunteers / Free for Aurovilians

OLI SCHOOL

Aurovilians, Guests, Newcomers, etc...

You are all welcome on Tuesday 17th of February at 6 pm at “OLI SCHOOL” premises, formerly Last School, located in Aspiration campus for the projection of a 20mn movie in English that Srinivasan did about our school.

“OLI SCHOOL” is a project for the children of the surrounding villages and based on a Montessori and Free Progress pedagogy.

Place and date

“OLI SCHOOL” - old Last School building - Aspiration.
17th of February at 6 pm

Love, OLI SCHOOL team

INTERNATIONAL WOMEN’S DAY

Dear friends,

We are celebrating the International Women's Day on Saturday, March 7th, from 4.30 pm to 6.30 pm at SAWCHU building, Bharat Nivas.

Program - 1
Kolam competition. The Kolam patterns are mostly created based on dots arranged in different types of grid patterns. However, many non-dot based Kolam patterns also are available. The purpose of Kolam is not merely decorative. Kolam drawing has several social, spiritual and symbolic meanings attached to it. Those who practice it believe that drawing a Kolam purifies the entrance space and this in turn will invite the goddess of wealth Laxmi to enter the house. This they believe would give the all the inmates wealth and prosperity.

Program - 2
Josephine Joyner would facilitate a sort of positive presence, acknowledging the violence issue in an English talk. Suryagandhi will translate in Tamil.

Program - 3
Jayanthi, Yaelle Ouerdani and friends are going to offer Henna decorations.

Program - 4
Prize for the kolam competition winners.

If anybody knows the circle dance, music or other activities which make the event especially joyful for women please contact grace@auroville.org.in. We still have a lot of places to be filled with circle dance, music. Therefore, we need more people to come forward to make this event filled with lots of fun.

If you are not able to come physically you could still support us through your little contribution to our account number: 103868. Please come and join the fun!
Grace

EVOLUTIONARY CAFE

We would like to invite you to join us again for the Evolutionary Cafe. Every second week we will be exploring different ‘evolutionary’ paradigms, to see how they might be able to help us shed light on some of Auroville’s challenges from novel perspectives - hoping of course in the process that they might suggest some interesting new solutions.

Each evening starts with a short inspiring video or talk, after which we use the ‘World Cafe’ model to divide into smaller groups and reflect on its potential relevance to Auroville through focussing on a given question. So in a fun relaxing atmosphere over juice and biscuits, we hope to nurture a new appreciation of both the challenges and the joys of living in Auroville.

The focus of the next session will be a film on Charles Eisenstein’s ‘Sacred Economics’, after which as usual we will then explore how we might weave any insights into other areas of Auroville.

PS: For those who would like copies of this or any of our previous videos, please feel free to bring a memory stick...

Place: Le Zephyr (NOT Unity Pavilion as it is being used by the Retreat program)
Time: Juice and biscuits from 6.45pm then the film at 7.00pm, Monday 16th February
Hosts: David (Luminosity) and Ulli (Auroshilpam)

INTERNATIONAL ZONE EVENT SUBGROUP

Dear Friends,

We are proposing the following programs during the Birthday week (February 21 till February 27) between 4:00 pm and 6:00 pm

21st February
Gathering at the Inuksuk (Africans singing mother song)
European ceremony with planting of the European tree
Bufet at visitors center
22nd February
Visiting Tibetan Pavilion
New borewell ceremony guided by B
Louis Cohen showing the place of new Habitat project
Land for European Plaza intro by Luigi update
Hungarian and bulgarian dinner and Music
23th February
Visiting Language Lab
Visiting Darkali
24th February
Visiting Sankalpa

Russian Singing bells and russian snacks
Visiting Aurocreations, discussion on encroachment and future fence
25th February
Visitors center visit
Bharat Nivas visit with snacks
26th February
African program with snacks
Visiting monumental exhibition in Bharat Nivas
Concert at Bharat Nivas
27th February
Visiting Savitri Bhavan
Unity Pavilion garden refreshment in Peters Domme
Power point presentation, questions answers
Closing of the week

Warmest regards,
International Zone Event Subgroup

SAARANG
Weekly Presentations
A workshop on the vast ocean of Indian music

Lead by Rashmi BHATT (Tabla)
In collaboration with Chandra (Bansuri - Indian flute) and David (Violin)
Date: Thursday, 19th February 2015 at 6 pm  
Venue: India Space - Bharat Nivas - Auroville

A. brief history of Indian music  
B. The Raga, Tala and Rasa System  
C. Rhythms of India, Vocal Rhythms/western rhythms  
D. The Art of Improvisation in music  
E. How to listen to a Concert of Indian classical music

The Workshop will conclude with a brief moment of musical improvisation.  
All are welcome with their own musical instruments and drums.

A brief introduction on Rashmi BHATT  
Rashmi V. Bhatt is a World Percussionist. He was born and raised in India. He studied Tablas right since an early age under the guidance of Shri Torun Banerjee in South India, Pondicherry, where he grew up. Right since the age of 14, he was asked to teach in a Music School, also to all the foreign students of his Guru. That trained him up with a very long and vast experience of teaching, which he continues doing even today all over Europe, maintaining the pure style and the rigorous method of Tabla-training of his Guru. He also holds Rhythm Workshop with Children in India, Italy, Spain, Germany, Marocco. He has collaborated with the giants of Indian Music like Zakir Hussein, Trilok Gurtu, S. Shankar, Vemu Mukunda and with the late King of Qawwali from Pakistan Nusrat Fateh Ali Khan. He has been invited for a Tour with the world famous Pop Singer SHAKIRA. He has worked with Marcus STOCKH AUSEN, Ayub OGADA, Danilo REA. He is also the Art-Director of the World Rhythm Festival in Italy. He lives in Rome, ITALY.

THE SAARANG TEAM/ BHARAT NIVAS  
For more information: cicbn@auroville.org.in

OPENING THE GATES TO THE VILLAGE  
You are cordially invited to join us for the Alankuppam / Sanjeevinagar Village Heritage Festival  
From 21st Saturday - 22nd Sunday, February 2015  
At Alankuppam sports Ground (opposite of Sanjeevi Perumal temple)  
Time: 10 am - 6 pm

The festival includes
Both day Programs:
- Art & Craft Market
- Traditional Tamil lunch & Snacks
- Bullock cart riding (small contrib.,)
- Video about the temple festival
- Story telling about the village
- Village craft information corner
- Demonstration of local craft
- Kilijosiyam corner (small contrib.,)

Traditional Games
Day 1
- Uriadithal
- Pallankuzhi
- Nondiyattam

Day 2
- Pallankuzhi
- Nondiyattam
- Ilavattakal Thooguthal

Day 3
- Kanvasudaital
- Kanamburichiyattam
- Silattam
- Kolam competition

For Contact: Mohanam Cultural Centre/ Phone: 0413 - 2623806 - 2623394/ E-mail: mohanam@auroville.org.in / Web: www.mohanam.org

You are very welcome to participate in these games and explore the AV bio-region village experience

Yours,
Mohanam Team, village Panchayat, Women’s & Youth club

EXHIBITIONS

KALA KENDRA - BHARAT NIVAS presents  
Naked Eye / Camera Obscura Installation  
By Götz Rogge, Berlin/ Germany  
Kala Kendra, Bharat Nivas - The Square Circle Exhibition Space  
15th Feb to 22nd Feb  
Opening: 11 am, Sunday, 15th Feb

The complete interior building is being turned into a large walk-in Camera. An image of the sky above, clouds, and the transition of the sun are projected through a small hole directly onto the floor in the darkened space. You will be able to watch the sun during noontime (approx.11:00-13:00h) - A cosmic meditative experience. For the sun hours sound/music is planned (see Auronet).

For more information on the physical phenomena of the Camera Obscura see: http://en.wikipedia.org/wiki/Camera_obscura  
For more information on art work with the Camera Obscura by Götz Rogge see: www.halqa.de  
Further details: Gaurav- 9787897947, Kala Kendra
ARKA HOLISTIC WELLNESS CENTRE

Exhibition of handmade plastic flowers

Theme: “The spiritual significance of flowers” by The Mother.

From Friday, 20th Feb 2015 to Saturday, 28th Feb 2015 (except on Sunday)

As part of THE MOTHER’S day (21st Feb) and AUROVILLE day (28th Feb) celebrations, the arts and crafts team of ARKA is conducting an exhibition of handmade plastic flowers, based on The Mother’s book “The spiritual Significance of flowers”.

Among the innumerable flowers of which The Mother had given their spiritual significance (898 to be precise), we present around fifty. These flowers are made out of material sourced from the humble plastic ‘carry bags’ of various colours - which are so freely available and are becoming a menace in polluting the environment - thus creating a new pleasing avatar of them.

All are welcome

Venue: ARKA, Crown road, Auroville.

Dates: Friday, 20th Feb 2015 to Saturday, 28th Feb 2015 (except on Sunday). Timing: 10 am to 5 pm

TALKS, SEMINARS

PITCHANDIKULAM FOREST - HERBAL TEAM

AYURVEDA

DINACHARYA - DAILY ROUTINE

Saturday 14th February 2015 (14:30 to 17:30)

What are the recommendations from Ayurvedic scriptures (Ashtanga Hridaya) for the daily routine? Ayurveda looks at the cycles of nature and gives advice on daily activities around these cycles to remain healthy. These routines help to establish the balance and to understand the influence of exterior factors that can shake the inner balance.

Based on the fluctuation of Dosha (Vata-Pitta-Kapha) along the day, Dinacharya is fundamental to understand the flow of life.

For registration, please SMS Berengere (Bee) on 9489505691

WHAT DOES THE LAW SAY?

We often witness women in the bio-region facing a variety of issues and wonder what legal provisions are available for them. LEC will offer a series of sessions to help bring awareness on women’s rights and laws related to women in India. This educative series will offer women the legal knowledge as a step towards their empowerment.

Who can attend: ammas, staff, workers, family and friends; anyone who is concerned about women’s empowerment around; the sessions will be in Tamil, translations available as needed

Where and when: All sessions will be in LEC; the first will be on 28th Feb from 2.30-4.30 pm

Topics for each session will be grouped on particular themes. More about the topics for the first session to follow.

This legal educative series will be offered by Mrs. K. K. Ritha, MA BEd, MHR (Master of Human Rights), BL, Member, State Consumer Dispute Redressal Commission, Puducherry

HOMEOPATHY MEETS AUROVILLE EDUCATION" MARCH 1 AND 2ND

Dear all,

I feel extremely grateful to announce the visit of my dear colleague and friend, the internationally renowned homeopath Dinesh Chauhan. Dinesh is a well-known international teacher of homeopathy, Sankaran Method, Academy of advanced homeopathy “The other song” Mumbai, www.theothersong.com - He will be visiting us around Auroville’s Birthday, Feb 28th.

We invited him to give a 2-day seminar, March 1st and 2nd on “Homeopathy and children”, focusing on the individuality being the focus for Auroville education as well as for homeopathy.” - Dinesh has a huge repertoire and is an extremely lively teacher, international expert in this approach, fun as well as deeply involved with healing and meditative approaches.

Some ideas for the seminar are: “The Other song” of nature within a child - and its potential for healing. Treatment of autistic children, hyperactive, dyslexic, slow learners, how to see, to discern the individual energy pattern, to “dis-cover” the inner natural source of creativeness and energy. We will gain insight of the interplay between individualities, the ability to adapt one’s behavior, living one’s “inner song” in a healthy way, or even: developing the individuality into one’s potential.

Dinesh’s latest Book: “From Treating to Transforming - choose homeopathy”

“The cure is when ones ailments are recovered and get aligned to their healthy state. Healing is when one is deeply rooted within one’s inner health plus actualization of one’s hidden potential; while transformation is when one executes and begins one’s journey towards the higher potential, completely in sync with one’s central energy pattern.” (From Dinesh latest book) www.homeohome.com

Please do register with Malar: malar@auroville.org.in

Venue of the seminar probably in Sharnga Guesthouses new Yoga room, seats limited to 25.

Submitted by Sigrid
SAVITRI BHAVAN
The 5th Dr. M.V. Nadkarni Memorial Lecture
Living with Savitri

Will be given at Savitri Bhavan
On Thursday February 19, 2015, 4-5 pm by
Dr. Prema Nandakumar

Light refreshments will be served
Everyone is welcome

THE ROLE OF FRANCE IN THE ADVENT OF THE AQUARIAN AGE
Presented by Fanchon Pradalier-Roy

Wednesday, February 18, 2015 at 5 pm
Cinema Paradiso (Town hall)

Fanchon Pradalier-Roy is a researcher in astrology, life, education, and communication sciences. After a career as a specialist in media and communication technologies, applied to education and training, she created an Open University for astrology on Internet. Then she worked on the publication of books for Alpheus Editions, on the emergence of a new consciousness. She now focuses on astrological research and writing, lectures, leads seminars and talks, makes films with her husband, Hubert Roy. She is in the lineage of two great astrologers, Charles Vouga and Germaine Holley, who bequeathed her moral rights to their work.

The talk will be in French only.

CULTURAL EVENTS

KALABHUMI FESTIVAL
On Saturday February 14th (Valentine's Day) in Kalabhumi,
an art event will take place.
From 3:30 pm till night there will be Music, Food, Dance Performances, Concerts and entertainment for adults and kids as well.
Take note of it and share it with your friends...

"LIBERTAS"
A performance by Sin Cha Hong
Thursday 19th Feb 2015 @ 8 pm
Sri Aurobindo Auditorium - Bharat Nivas

In the 70s and 80s, for more than 20 years, she worked with her own dance company “Laughing Stone” in New York. She worked together with the avant-garde composer John Cage and with video artist Nam June Paik for her dance pieces. Recently she has been more focused on her solo pieces. She is recognized as one of the most influential artists in Korea.

CLASSES, WORKSHOPS

DJEMBE DRUMMING LESSONS WITH PRAKASH
Every Tuesday and Thursday, starting on 17th
of February, Djembe drumming lessons and practise with Prakash at 5:00-6:00 pm in SVARAM. Prakash has had some experience in playing Djembe for 6 years and already performed in Thailand and Vietnam and with international Artists.

Contact number: 09360666448
Warm regards, Jakob

CREATE AND TRANSFORM
Art Therapy Weekends: February 21 and 22 or March 21 and 22,
9 am -5 pm
Rejuvenate your creative juices, relax, self-reflect, express and
discover your inner SELF. Through specific Transformational art experiences including drawing, painting, collage, mixed media, doll making, puppetry, storytelling, journaling and sharing. - Participants will have the opportunity to open the treasure chest within, embarking on this creative journey. No prior art experience is required. Registration in advance is required.
Tia Pleiman, MA is an Art therapist with 25 years of experiences within a variety of educational settings and works
with adults using Art Therapy as a wellness practice. She believes that creating art transforms lives.
For resume/cv and further information, visit www.createandtransform.org - To Register: contact Tia at 9874685531, tialovesart@gmail.com

RONALD RAND’s ‘ART OF...TRANSFORMATION’ WORKSHOP

Feb. 14, 2015 at CRIPA, 4:30-7:00 pm
To attend, call Jill at 9486416173

A great way to play and learn how to unleash your creative impulses through the joy of improvising, imagination/movement exercises and theater games. We’ll explore how to overcome the “inner critic,” nerves, unleash your creative impulses and self-consciousness to discover ways to authenticity. Ronald Rand was personally mentored for over 5 years by Stella Adler, student of Stanislavsky, and with his thirty years of teaching and performing, he will share the use of these exercises in the workshop.

About Ronald: Currently traveling across India to several theaters and universities on his 4th tour as a U.S. Goodwill Cultural Ambassador, RONALD RAND, will travel onto Malaysia for 6 weeks to teach at the University of Malaysia as a Fulbright Specialist Scholar. He has taught at over 75 universities around the world, and recently taught and performed at the British West Indies National Theatre, M.E.S.S. International Theatre Festival, Belgrade’s Slavija Festival, as he tours around the with his solo play, LET IT BE ART! Mr. Rand has performed “LET IT BE ART!” on 5 continents in 22 countries. He is the Founder and Publisher of “The Soul of the American Actor,” and the author of the best-selling book “Acting Teachers of America”. He has written the libretto for a new opera “_IBSEN” with Hartmut von Lieres, which was given a staged presentation two years ago here at Auroville directed by Jill. He is most grateful to Jill and the Auroville Theatre Group to be able to return to Auroville to share this Workshop.

INNER-WORK-WORKSHOP

Introduction to the Integral Yoga of Sri Aurobindo and the Mother

17th February (Tuesday)
- Overview with multimedia presentation
- Questions and Answers
- Practice in Daily Life
- Complimentary Concentration Exercises
- Creative Arts, Interactive Games
- Life of Sri Aurobindo and the Mother
- Introduction to the Reference Books
Focus this week on: ‘The Inner Being’
These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.
Place: Savitri Bhavan. Time: 9 am to 12.00 Noon (pl be present by 8.55 am)
Led by Ashesh Joshi. Contact: 9489147202, 2622922
No Registration required (except for groups). Fees: Voluntary Contribution
All are welcome
For details on the Integral Yoga and the upcoming workshops: please visit: www.imaginarilyoga-auroville.com

QUIET HEALING CENTER: COURSES & WORKSHOPS

PEAS VS PILLS SEMINAR with Dr. Nandita

ACHIEVE YOUR HIGHEST HEALTH POTENTIAL
Date: Sunday 22 February 2015 / Time: 9 AM - 5.30 PM
Bookings: Quiet Healing Center (tel. 2622329 / 9488084966)

Just one day of your time can make a lifetime of a difference

Most of us look after our vehicles, clothes or possessions better than we look after our own body. The irony is that those things are replaceable but our body is not. But it is possible to change our ways, and actually life can be even more enjoyable this way.

Don’t be left behind! Join the thousands of people, who have done the Peas vs Pills, have lost weight and now enjoy a glowing skin, lots of energy, perfect health and have been able to reduce or stop their medications.
You will learn:
- How the food you eat affects you physically, mentally and spiritually.
- How you can take complete responsibility for your health by understanding the cause of disease and how to eliminate it.
- To transform your life is simpler than you think.
You will enjoy delicious meals with simple cooking tips and never look back at your old unhealthy habits. Don’t miss this opportunity to ensure a vibrant health for yourself and your family!
Advance booking is required. More information: Dr Nandita Shah - 2622637 / nandita@sharan-india.org

WATSU & BREATHING

With Xavier Boisson
Monday 23 - Tuesday 24 February 2015 (2 days)
9.00 AM - 6.30 PM (15 hours)
Quiet Healing Center (tel. 2622329 / 9488084966)
A journey of exploring and discovering your breath and its applications in Watsu. You will discover how to integrate the practice of Watsu qualities and the power of working with the breath. Several topics will be discussed such as the link between breathing and yourself as a giver, but also breathing and energetic connection with the receiver. You will study the anatomical basis of our respiratory system to better understand its functioning. To incorporate these elements into your water work, you will practice, explore, share your feelings, and practice again and again...
Pre-requisite: Watsu Basic or Liquid Flow/OBA Basic.
Watsu & Breathing is recognized by WABA (Worldwide Aquatic Bodywork Association) as part of the Watsu learning program and gives 15 hours of credit for registration with WABA and Watsu India.

WATSU & MEDITATION

With Xavier Boisson
Wednesday 25 – Thursday 26 February 2015 (2 days)
9.00 AM - 6.30 PM (15 hours)
Quiet Healing Center (tel. 2622329 / 9488084966)
Meditation is an important tool to listen, accept and know ourselves, and to become more intuitive towards ourselves and others. The purpose of meditation - besides the physical and psychological benefits - is to build a connection with our soul and with the Divine in and around us. It also encourages the development of our intuition and perception through the heart and not only through the rational mind. This permits us, in certain life situations, to operate on a higher level and make better choices.
Meditation helps us essentially to develop our capacity for personal introspection and is the basis for our ability to listen to the person we float in our arms during a Watsu session. In this way we can work with a genuine empathy, thereby stimulating the flow of subtle energy.
Pre-requisite: Watsu Basic or Liquid Flow/OBA Basic.
Watsu and Meditation is recognized by WABA (Worldwide Aquatic Bodywork Association) as part of the Watsu learning program and gives 15 hours of credit for registration with WABA and Watsu India.

WATSU & PREGNANCY

With Xavier Boisson
Friday 27 - Saturday 28 February 2015 (2 days)
9.00 AM - 6.30 PM (15 hours)
Quiet Healing Center (tel. 2622329 / 9488084966)
This course offers water students and practitioners the necessary tools for giving sessions to pregnant women and gaining a deeper insight into the fascinating world of pregnancy and birth in relation to aquatic bodywork. It also offers specific indications and contra-indications in the context of pregnancy and will allow you to give a precious support to future mothers.

With Watsu, we can help relieving specific pains and create psychological conditions to better prepare pregnant women for childbirth. The course also focuses on the prenatal energetic relation between parents and child and how the future father can fully participate in the pregnancy.

Pre-requisite: at least 50 hours of aquatic bodywork.

Watsu & Pregnancy gives 15 hours of credit as an elective with Watsu India.

**AQUAFITNESS CLASSES**

With Lisa

Everyone is welcome. Come to enjoy a good training, with fun, pleasant energy and a lot of benefits for your health.

*Place: La Piscine / When: Saturdays, from 2 to 3 pm*

**DRAWING WORKSHOP.**

With the right side of the brain method - Facilitators Kitti and Marianna.

During the workshop we will learn:

- How to make a real portrait
- How to enjoy the timelessness
- How to use the drawing to express yourself

If this resonates with you... Then join us!!

*Venue: Pavilion of Tibetan Culture. From 18th till the 21st of February 2015. From 9 am till 5.00 pm*

Four full days required. Registration and for information contact: kalsang@auroville.org.in or call Kitti +91/ 9805982976

(You can enjoy the course without any previous experience.)

**RESPIRATION WORKSHOPS**

Svedam 2 workshops: Feb 23 and 24, Feb 26 and 27, 9.00 to 12.00 and 2.00 to 5.00

Open to all.

For many of us, breathing means air coming in and out the nostrils, inflating more or less the ribcage and abdomen. We never learnt to feel really what is going on inside our body.

Breathing with a stressed ribcage and diaphragm will just nourish the stress.

- Learn to open the ribcage in a proper way and stretch the diaphragm.
- Learn to breath slowly, deeply, regularly (Pantanal Yoga Sutras) on the way to bring relaxation, develop inner feeling, get deeper contact with ourselves, increase health. The body is often lazy to learn change, but there are tricks to make it easier!

Breathing is not just about gas exchanges, it deals as well with subtle energies as Prana and it is as well the royal way to relaxation (by consciously directing the Sympathetic nervous system) - The control of the breath is also a main tool to release and go above your limits, your blockages, at the physical, emotional and mental levels.

Whatever are our issues, breathing blockages are always present.

Efficient breathing centers you within your body, enlarge consciousness in your life and brings you «Here and Now»

Stress is the main reason of diseases, by learning to develop and control your breath, you acquire a performant skill to dissolve stress layer after layer, the best way to recover or prolong health.

As everyone has different issues, a large part of the workshop will deal separately with each participant. Open to every age.

Marie Noelle: French doctor MBBS, Yoga, Pranayama, Vipassana, Chi Kong approaches.

Please register. Individual sessions possible also - framatim@yahoo.fr, 2622 989 evening time, or try 7 639 128 435 or sms.

**SEVEN-EYES - THE SCIENCE OF BECOMING WHO YOU REALLY ARE**

3-Day Workshop with Jerry & Sandyra

On Feb 27th - March 1st 2015, 9 am - 5 pm at Windarra, Sunspace

A journey of self-discovery and awakening: This workshop will offer you a new way of looking at yourself and others, which contributes to a fundamental shift in consciousness. The approach is through an easy to access chakra based system, called Seven-Eyes. It allows you to become aware of yourself at seven levels of consciousness.

In order to reveal our inner truth we will discover our driving impulses, feelings and conviction. We will be able to see our patterns with compassion and love and experience freedom and happiness by getting more and more in touch with our inner being.

We will explore the seven levels in a joyful, creative and experimental way with dancing, painting, nature experiences and role plays.

The journey through the different stages will lead us from body impulses, through image based experiences and expectations, to mind based convictions. The integration of Seven-Eyes will emerge naturally in our daily reality and we will perceive life through a new perspective.

Jerry studied clinical and social psychology and worked about 40 years in education, training and psychotherapy. He created Seven-Eyes, a simple but profound system to become aware and integrate the different levels of consciousness.

Sandyra lives in Auroville. Her life is dedicated to the evolution of consciousness. She shares her knowledge and awakened wisdom since many years around the globe.

Info and registration: bodyinlight2015@gmail.com, phone: Sandyra: 944 3619 403, Jerry: 709 4629 714

**LOCALY GROWN VEGETABLES**

*A series of “learning to cook, prepare and taste sessions”*

Food is a wonderful medicine - proper and balanced intake of food helps the body to be healthy.

From August 2014, we have had a great series of 11 sessions over 6 months (12th session will be in March 2015). These bi-monthly sessions were offered by Buvanasundari, who has years of experience and expertise in South Indian traditional cooking.

The aim of these sessions was to make you confident enough to prepare by yourself for your consumption at home. Allowing us to become aware of and using locally grown vegetables, the optimal use of mild spices and oil with good cooking techniques, to enhance the taste and savour, besides helping in getting familiar with using vegetables available where we live.

Now as an offering, the students who have attended these sessions, wish to celebrate their learning, by preparing dishes from this set of 12 recipes.

This will be done over 2 days (Saturday 21st Feb and Saturday 28th Feb).

Tiking - 11.30 am - 12.30 pm

*Place: Life Education Centre, Opposite Isambilam School*

For sharing this knowledge, we would like to invite 6 people each time, to come and enjoy a meal with us, tasting these wonderful and healthy dishes.

Hence, if you wish to join us either on 21st or 28th, please do give your name and phone number to LEC (Indirani, phone 2622082, time 3-5 pm) - please be aware that this is the only way you can reserve your attendance and we cannot accommodate more than 6 people at a time.

Looking forward to see you there, where we will be able to enjoy a meal and celebrate the knowledge that we have acquired!
**LIFE EDUCATION CENTRE TEAM**

**INTENSIVE CIRCUS WORKSHOP**

**Feb 22- Feb 28.**

Come play, train, and expand your circus skills in paradise at the Eluciole Circus Center in Miracle Community! A week long intensive of a variety of circus skills ranging from aerial arts, prop manipulation, dance, acrobatics, yoga, performance coaching, acro-yoga, vertical dance and more. Join an amazing collective of instructors from all over the world sharing their skills and passions. This jam packed week will meet the needs of all levels of circus artists from the total beginner to advanced ones. We will also be hosting a fund raising show starring the instructors of Circus Week on the Sunday February 22, to kick off the week!

Workshop/Event Schedule will be posted here [https://www.facebook.com/events/446431678842312](https://www.facebook.com/events/446431678842312) or on the Eluciole Circus Facebook Page.

**“CONNECTION” AS LIFE ENERGY**

Do you long for more joy, authenticity and depth in your connection with yourself and others? Do you wonder what gets in the way of you experiencing your relationships in the way you truly want? A path of Nonviolence (based on Nonviolent Communication, NVC) offers both a deeply-rooted consciousness of oneness, as well as very practical tools to live this more and more in our daily lives. In re-evaluating some of our habitual and conditioned thinking, we see how much of it is life-aliening and based on a culture of scarcity and separation. We’ll learn the skills to be able to express ourselves with more clarity and to hear others’ true (and harmless) message, which in turn leads to more connection between us.

Everyone welcome (new to NVC, or not)! Limited seats!

Pre-Registration, complete participation (2 full days) and contribution required.

Fri, Jan 20 - Sat, Feb 21 9.30am - 12.30pm & 2-5pm with L’aura Joy, CNVC Certified Trainer

Joy Guest House, Centre Field
For more info and to register, contact L’aura: 9442788016, joylivinglearning@gmail.com

**FATE OR CHOICE? (FAMILY) CONSTELLATION WORKSHOP with YUVAL.**

Saturday, 21 February - from 9 am to 4.45 pm

Venue: Vérité

In our lives hidden dynamics can unconsciously create our fate. To become aware of them, we can bring back choice by applying (family) constellation techniques. Yuval is life & business coach.

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**SCHEDULES**

**BAMBOO CENTRE TRAINING PROGRAM FOR FEBRUARY**

Auroville Bamboo Centre runs many workshops throughout the year for visitors who book and pay for the courses. We do have various conditions that we hope you understand and agree.

Training and workshop

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people. Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

The Auroville Bamboo centre offers training to individuals and groups in:

- **Bamboo Furniture**
  25th to 28th February: 4 days - TRAINING PROGRAM ON BAMBOO CONSTRUCTION
  The program will consist of learning inputs: theory, instruction, demonstration, and practical work.
  Flexible training dates offered to groups, contact: 0413-2623806 aurovillebamboocentre@auroville.org.in, bambooworkshop@auroville.org.in/ www.aurovillebamboocentre.org

- **PITANGA NEWS**

  **NEW CLASSES**

  **HATHA - RAJA VINYASA FLOW** - from Feb 18th, Weds 9.00am - 10.30am and Thurs 11am-12.30pm with Andreas, visiting teacher from Columbia.
  Creating consciousness of the inner flow of energy, we aspire to purify the being, open the heart, and return to the Natural rhythm of life. This practice integrates the flow of Prana through the spine and emanates it into the physical, mental, emotional, intuitive and psychic being. It creates harmony throughout the body reaching a state of conscious health, connection and well-being. The practice guides the student to a tension-free state of radiant health, through Asanas, Pranayama, Meditation, activation of the energetic centers (chakras), and relaxation practices. The final relaxation (Psychic sleep) is enhanced by sound (sound healing or Naad).

  **FORGIVENESS PROCESS** Thursdays 6 pm to 7.30 pm with Marie Claire in the tradition of Dr. Laskow. Forgiving does not mean forgetting or accepting, it is rather for giving yourself Love and Freedom. Forgiving releases attachments to the past and the resistance to being who you truly are. To discover that, in the deepest sense, there is no other to forgive, oppose or love. There is only One. This class is a guided process that can be taken as a once off for a particular issue or on a continuous basis for deeper clearing.

  **WORKSHOPS**

  **PRANAYAMA COURSE** - The Art of Living Part I - February 20th to 24th - 6.30 am-8.30 am with Namrita & Francois, five-day intensive pranayama course - see last week’s News and Notes for details

  **IMPROVISING MOVEMENT** - A NATURAL DANCE Friday, February 20th, 10 am- 12.30pm with Elisabetta - An inner journey to access your personal creative dance language. - see last week’s News and Notes for details

  **AIKIDO WORKSHOP** - March 2nd to March 22nd, Mon and Weds 7-8.30 pm and Sat and Sun 9.30 -11 am (4 classes a week for 3 weeks ) with Andre Palmeri, 6th Dan - Student of Tamura Shihan, Makoto Dojo, Marseille. Please come 15mins before the class starts; wear long comfortable pants and T-shirt with sleeves - or with martial arts outfits. No drops in please beginners are welcome. For further information contact Surya 0413-2623813, suryanina@auroville.org.in or Cristo cristoto@gmx.fr.

  Registration is needed for all workshops, see details below

**MUSIC and MEDITATION**

**LIVE MUSIC SATSANG MEDITATION** - Sunday February 15th, 22nd and March 1st, 10:30 am to 11:45 am with recorded artist Shastro (clarinet, bansuri) and Ashaman (guitar). See last week’s News and Notes for details. Late comers not admitted as it is a meditative event.
EXHIBITION
PIONEERS OF THE NEW WORLD - Matrimandir Construction Site. Friday February 20th to March 7th: a photographic exhibition by Paulette
Pitanga is closed for February 21st and 28th
Pitanga, Samasti, Auroville, (0413) - 2622403, email pitanga@auroville.org.in

OPENING THE GATEWAY TO THE VILLAGE
Program for February 2015
Auroville is an incubator that enables the development of village crafts, artists and artisans. In the community around Auroville in the villages of Kottakarai, Alankuppam and Sanjeevinagar there are many small-scale Handicraft products for Auroville and for the world. It means there is some imaginative designs with a respect for quality finishing. Mohanam invites you to join us in a tour of these projects.

We will take you into the community to show how the products are made and introduce you to the artisans.
Timing: Every Thursday Month of February from 10.00 am to 12.00 pm
Place: Meet 9.30 am at Lively Boutique opposite Ganesh Bakery Kottakarai.
Booking: Not required but please phone if you wish on 0413-2623 806
If a group requested, date can be flexible (Expect Sunday)
Contribution: Minimum Rs.350 Requested (Including Lunch and a small craft gift)

VERITE
Please contact Vérité to register for the following workshops: 0413 2622045 or programming@verite.in
Contributions requested from guests/volunteers (volunteer reduction by advance application only)

INTEGRAL HEALTH & HEALING with Dr. Geeta Auropremi
Focus: Healthy Lifestyle and Purification Methods
Friday, 20 February · from 9:30 am to 12:30 pm (24 hour advanced registration required)
A holistic approach to understanding the self and maintaining health, including yoga, Ayurveda, diet, pranayama, meditation and naturopathy. Lifestyle guidance is also available for managing specific health issues.
DR. GEETA AUROPREMI has 30 years of experience in Ayurveda, Yoga and Naturopathy. She has an MD in Gynecology and Pediatrics, an YTTC certificate and diploma in Yoga, and Post Graduate degrees in Yoga & Naturopathy.

HOW TO FLOW THROUGH LIFE with Julie
Monday, 23 February from 9 am to 12.30 pm
Are you holding on to your emotions? Do you keep experiencing the same patterns and want to create more flow? Learn how to process your emotions so you can access your intuition more fully, Join Julie for this workshop to explore how to turn emotions into energy in motion. You'll feel relieved and full of energy to move forward.
JULIE is a certified life and executive coach from the Coaches Training Institute in London, with extensive coaching, consulting and yoga experience.

F I L M S

C I N E M A - SRI AUROBINDO AUDITORIUM - BHARAT NIVAS
FRIDAY 13, SATURDAY 14, SUNDAY 15 - 5:00 PM and 8:00 PM, 7TH PANORAMA OF CONTEMPORARY INDIAN CINEMA
(Program in last week's News and Notes and Auronet)
FRIDAY 20 FEBRUARY - 7:30 PM (Film show starting at 7:45 sharp)
“LE QUATTRO VOLTE” - “The Four Times”
Directed by MICHELANGELO FRAMMARTINO · Italy, 2010

Stars: Giuseppe Fuda, Bruno Timpano, Nazareno Timpano
Synopsis: An idyllic village in Italy's mountainous region of Calabria is the setting for LE QUATTRO VOLTE. An old shepherd lives his last days in a quiet medieval village perched high on the hills of Calabria, at the southernmost tip of Italy. He herds goats under skies that most villagers have deserted long ago. He is sick, and believes to find his medicine in the dust he collects on the church floor, which he drinks in his water every day. An exquisitely filmed take on the cycles of life, structured in four parts, per its title (“Four times”), “Birth, death, and transformation are examined in it.
Original Italian version (no dialog) · Duration: 1h.28'
THE ECO FILM CLUB
Sadhana Forest, February 20th, Friday at 7pm

ALIVE INSIDE
2014 - 78 min. Directed by Michael Rossato-Bennet, English Winner of 7 International Awards
ALIVE INSIDE is a joyous cinematic exploration of music’s capacity to reawaken our souls and uncover the deepest parts of our humanity. Filmmaker Michael Rossato-Bennett chronicles the astonishing experiences of individuals around the country who have been revitalized through the simple experience of listening to music. His camera reveals the uniquely human connection we find in music and how its healing power can triumph where prescription medication falls short.
This stirring documentary follows social worker Dan Cohen, founder of the nonprofit organization Music & Memory, as he fights against a broken healthcare system to demonstrate music’s ability to combat memory loss and restore a deep sense of self to those suffering from it.
Before the movie at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film you are welcome to join us for a free 100% vegan organic dinner!!
Free bus service to the TOUR OF SADHANA FOREST and the ECO FILM CLUB - DEPARTURE SOLAR KITCHEN: 16:00 and RETURN FROM SADHANAFOREST: 21:30
Free bus service to the ECO FILM CLUB - DEPARTURE SOLAR KITCHEN: 18:00 and RETURN FROM SADHANA FOREST: 21:30
The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 2677682 or 2677683 or sadhanaforest@auroville.org.in

VISITOR CENTER MOVIE SHOW
Thursday 19th February
NO SHOW

Friday 20th February 8 pm
THE THEORY OF EVERYTHING (2014)
Genre: Biography / Drama / Rated: PG13 / Dur:2hrs / Language: English/ Subtitle: English /Dir: James Marsh
Cast: Eddie Redmayne, Felicity Jones, Tom Prior

Storyline: The Theory of Everything is the story of the most brilliant and celebrated physicist of our time, Stephen Hawking, and Jane Wilde the arts student he fell in love with whilst studying at Cambridge in the 1960s. Little was expected from Stephen Hawking, a bright but shiftless student of cosmology, given just two years to live following the diagnosis of a fatal illness at 21 years of age. He became galvanized, however, by the love of fellow Cambridge student, Jane Wilde, and he went on to be called the successor to Einstein, as well as a husband and father to their three children. Over the course of their marriage as Stephen's body collapsed and his academic renown soared, fault lines were exposed that tested the lineaments of their relationship and dramatically altered the course of both of their lives.

L’HOMME APRÈS L’HOMME
Cinema Paradiso (MMC Auditorium) - Town Hall
Every Friday from 13/02/2015 to 27/02/2015 at 4.30 pm

A powerful introduction to Sri Aurobindo and Mother’s evolutionary action
“Le Chemin vers l’Interieur” (The Way towards the Within) - 1981 - 30 mins
“L’Homme apres l’homme” (Man after man) - 1981 - 1 hr 2 filmed interviews with Satprem and Sujata in French with English subtitles - Satprem was Mother’s confident for almost 20 years. He recorded all his conversations with her and published them under the title of “Mother’s Agenda”.

AT SAVITRI BHAVAN
Monday, 16th of February 2015, at 6:30 pm
“The teachings of flowers - the life and work of the mother of the Sri Aurobindo Ashram”
The Mother used flowers and their true essence for spiritual teaching of the Integral Yoga and for the manifestation of a new consciousness. It links our visible, tangible world with inner worlds using the true meaning and qualities of flowers. The earth is formed from the dust of the stars in the nebulae of our cosmos, and we are made of the earth. And in the evolution of earth - in all its beautiful multiplicities - each flower has some particular quality which we also have, or want to have, because people and flowers alike are children of the earth and stars. 
A film by Loretta Shortasis, Cinematography by Caren Lindfield. Duration: 121 min.

FOR COFFEE AND CACAO ENTHUSIASTS
MMC, Saturday 14th from 4:00 to 5:30 pm
During our recent trip to South America, we have visited several coffee and cacao farms, processing units and attended the World Cacao Summit 2014 in Ecuador. We would like to share our experience with coffee and cacao enthusiasts or if you are simply interested in South American Culture. 
Matilde

VISITOR CENTER AUDITORIUM
(Movie Theatre)
February 17th, at 8.pm,
The German Pavilion presents a documentary film by Rita Erben and Yatra Srinivassan:
Children of the desert - Nomads in Rajasthan / Kinder der Wüste - Nomaden in Rajasthan
45 min., Germany 2013, OV German with English subtitles
The desert Thar is at the border to Rajasthan. Deeply rooted in their traditions, twenty thousand Naths still travel from place to place like their ancestors. This documentary - produced for and shown in the German-French TV channel ARTE - was directed by Aurovilian Rita Erben and Yatra Srinivassanan. Both will attend the screening and are happy to discuss with the audience. Rita will also present a ‘making-of’ slide-show.
Manga (漫画 Manga) are comics created in a style developed in Japan in the late 19th century/ by Japanese creators in the Japanese language. They have a long and complex history in earlier Japanese art. Since the 1950s, manga has steadily become a major part of the Japanese publishing industry and have gained a worldwide audience. Today, the term manga refers both to comics and animated feature films. We bring you some of the most famous manga films produced in the last 40yrs!

Manga Film Series - Monday 16 February, 8:00 pm:
- HOTARU NO HAKA ( Graves of the Fireflies)
  Japan, 1988, Writer-Dir. Isao Takahata w/ Tsubomi Tatsuumi & others, 89mins, Animation-Drama-War, Japanese w/English subtitles, Rated: PG (U/R)

In this semi-autographical tale, Seita and his little sister Setsuko are living in wartime Japan. After their mother is killed in an air raid they start living with a relative. When that arrangement does not work out, they make an abandoned shelter their home. Not having any whereabouts of their soldier father, the two must somehow survive. When everything is in short supply their only entertainment is the light of the fireflies.

Manga Film Series - Tuesday 17 February, 8:00 pm:
- INNOCENCE (Ghost in the Shell)

Batô is a living cyborg. His whole body, even his arms and legs, are entirely man-made. What only remains are traces of his brain and the memories of a woman. In an era when the boundary between humans and machines has become infinitely vague, Humans have forgotten that they are humans. This is the debauchery of the lonesome ghost of a man, who nevertheless seeks to retain humanity.

Manga Film Series - Wednesday 18 February, 8:00 pm:
- HEISEI TANUKI GESSEN PONPOKO (Pompoko)
  Japan, 1994, Dir. Isao Takahata w/ Shincho Kokontei, Mokota Nonomura, and others, 118mins, Animation-Fantasy-Drama, Japanese w/ English subtitles, Rated: PG

As the human city development encroaches on the raccoon population's forest and meadow habitat, the raccoons find themselves faced with the very real possibility of extinction. In response, the raccoons engage in a desperate struggle to stop the construction and preserve their home.

Manga Film Series - Thursday 19 February, 8:00 pm:
- KAZE TACHINU (The Wind Rises)
  Japan, 2013, Dir. Hayao Miyazaki w/ Hideyuki Anno, and others, 126mins, Animation-Biography-Drama, Japanese w/ English subtitles, Rated: NR (G)

Jiro dreams of flying and designing beautiful airplanes, inspired by the famous Italian aeronautical designer Caproni. Nearsighted from a young age and unable to be a pilot, Jiro joins a major Japanese engineering company in 1927 and becomes one of the world's most innovative and accomplished airplane designers. The film chronicles much of his life, depicting key historical events, including the Great Kanto Earthquake of 1923, the Great Depression, the tuberculosis epidemic and Japan's plunge into war. Jiro meets and falls in love with Nahoko, and grows and cherishes his friendship with his colleague Honjo.

Manga Film Series - Saturday 21 February, 8:00 pm:
- KAGUYAHIME NO MONOGATARI (The Tale of the Princess Kaguya)
  Japan, 2013, Dir. Isao Takahata, 137mins, Drama-Animation-Fantasy, Japanese w/ English subtitles, Rated: PG

Found inside a shining stalk of bamboo by an old bamboo cutter and his wife, a tiny girl grows rapidly into an exquisite young lady. The mysterious young princess enthralled all who encounter her - but ultimately she must confront her fate, the punishment for her crime.

Children's Film - Sunday 22 February, 4:30 pm:
- MULAN II
  USA, 2004, Dir. Darrell Rooney and Lynne Southerland w/ Michael Lucker, Ming Na Wen, BD Wong, Mark Moseley, 79mins, Animation-Action, English, Rated: G

Preparing for their wedding Shang and Mulan are suddenly sent off on a secret mission. Mushu starts to meddle and a surprise attack by Mongolians doesn't help either.

Hitchcock in England Film Festival @ CINECLUB

BFI - Sunday 22 February, 8:00 pm:
- SABOTAGE
  UK, 1936, Dir. Alfred Hitchcock w/ Sylvia Sidney, Oskar Homolka and others, 76mins, Mystery-Thriller, English w/English subtitles. Rated: PG.

Mr. Verloc is part of a gang of foreign saboteurs operating out of London. He manages a small cinema with his wife and her teenage brother as a cover, but they know nothing of his secret. Scotland Yard assign an undercover detective to work at the shop next to the cinema in order to observe the gang. It is loosely based on Joseph Conrad's novel The Secret Agent.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

Kindly do not bring food, drinks, snacks, munchies or your pets into the auditorium.

As a courtesy to the fellow viewers please be sweet and stop chatting after the film starts.

We appreciate your continued support: monthly or occasionally through blue-sheets (Aurovillians/Newcomers) or Auroard reader (Guests). You can also make a contribution to “Cinema Paradiso” account at the Financial Service.
**Disclaimer:** The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

**News & Notes, Media Centre, Town Hall. Phone: 2622133, email: newsandnotes@auroville.org.in**

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**A C T N E W T I M E T A B L E**

**EARLY TRIP (daily except Tuesday) this service is conditional to MM being open to visitors. Usually not running on a rainy days (enquiries: 2622235)**

<table>
<thead>
<tr>
<th>Time</th>
<th>Service Location</th>
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<tr>
<td>7:45 AM</td>
<td>from Transport Service near Certitude Corner, opposite to Gas Service</td>
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<tr>
<td>12:00 Noon</td>
<td>from Pondy rue St Louis (beach end of J.N. Street) opposite Ashram playground</td>
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**SHOPPING TRIP: Tuesday**

<table>
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<tr>
<th>Time</th>
<th>Service Location</th>
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<tr>
<td>8:50 AM</td>
<td>from Vérité</td>
</tr>
<tr>
<td>12:00 Noon</td>
<td>from Pondy Manakula Vinayagar Street (Ganesh Temple Street)</td>
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**AFTERNOON TRIP: Monday**

<table>
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<th>Time</th>
<th>Service Location</th>
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<tbody>
<tr>
<td>2:50 PM</td>
<td>from Vérité</td>
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<tr>
<td>6:00 PM</td>
<td>from Pondy Manakula Vinayagar Street (Ganesh Temple Street)</td>
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**Wednesday and Friday**

<table>
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<th>Time</th>
<th>Service Location</th>
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<tr>
<td>4:30 PM</td>
<td>from Vérité</td>
</tr>
<tr>
<td>8:00 PM</td>
<td>from Pondy Manakula Vinayagar Street (Ganesh Temple Street)</td>
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Please Note: In case the ACT bus is not available as per the time table please be on the lookout for a replacement by Auroville Jeep or Van, we will ensure that a small white and orange sign is visible on the replacement vehicle.

All trips are paying trips and ACT welcomes your contribution everyday on every trip. ACT maintains its voluntary contribution policy aligned with Auroville’s utopia, ideals and aims. At present it is YOUR contribution ALONE which keeps the service afloat. Travel passes are available from Financial Service (Town Hall & Aspiration) and Guest Service (above the Solar Kitchen). For more information contact ACT (0413) 2622962 or act@auroville.org.in

In summary, 2 trips have been discontinued Thursday and Saturday morning trips. The logic being that there is a 7:45AM departure from Transport Service every day except Tuesday. We assume this can somewhat fulfil the need for the 9:00AM trip on these days. We have maintained the 9:00AM trip on Tuesday when the 7:45AM is not available. In addition the ACT bus is on duty Saturday (and Sunday) mornings for shuttling visitors from the Visitor Centre to Matrimandir viewing gallery.

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**Important information about News & Notes (Absolute deadline for submissions or cancellations: Wednesday 11 am)**

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**Entry Service, Multimedia Center:** 1st floor, Town hall Complex: Mondays, Wednesdays, and Fridays: 10:00am to 12.00pm for enquiries/applications. Thursdays: 2:00 to 3:30pm. B Form filling for newly resident Aurovilians and youth turning 18.

**Financial Service, Town Hall and Aspiration:** Mon to Sat, 9 to 12.30 and 3 to 4.30pm

**Free Store:** Monday to Friday: 9:00 to 12:30 pm. Tuesday and Thursday: 2:30 to 4:30 pm

**Free Store Tailoring Service:** Repair work will be received only from 1st to 15th of every month. Timings will be same as Free Store.

**Auroville Gas Service, Service Area:** Near Tele Service” and BSNL Telephone Exchange. Monday to Saturday: 9 to 1 and 2 to 4 pm

**Green Care:** Tree care, pruning, rigging, removal of trees, and or branches over structures. Garden maintenance grass and hedge cutting. Call: Jonas 9159843579 or Anadi 9655477329.

**Guest Service Solar Kitchen:** 1st floor. Open every morning (including Sunday) from 9.30 to 12.30. Afternoon from 1pm to 4pm (except Sunday)

**Housing Service, Town Hall:** Public hours are Monday & Friday 2:30 to 4:30pm, and Tuesday, Thursday, Saturday 9:00 to 11:30am. No public hours on Wednesdays.

**Integral Health:** Classical homoeopathy, hypnotherapy, midwifery, counselling, Shiatsu, energy work / integralhealth@auroville.org.in - 2623669 / Mon-Sat 9 am - 5 pm, preferably on appointment.

**Kailash Clinic, Kailash:** Call 2622803 for an appointment during morning hours from 8.30am to 12.30pm

**LOE, Lab. Of Evolution, Bharat Nivas:** Mon to Sat 9am-12 noon and Monday to Friday 2.30pm to 4.30pm.

**Matrimandir:** The Inner Chamber is open for Aurovilians daily 06.00am to 08.45am.11.30 am to 12.30pm (02.00 pm on Sunday)

**Music library, Town Hall:** Mon, Wed, Fri, Sat from 9 to 12.30 and Tues, Thurs, Sat from 2 to 5:30pm.

**Nandini Tailor section:** Open to public on Tuesday, Thursday, Saturday full day from: 9am to 12.30pm and 3pm to 5pm

**Nandini Distribution:** ( ptdc , solar kitchen) tel : 2622033

**OutreachMedia Services:** The services provided by OutreachMedia include: dealing with all media that come to Auroville for filming, writing, photographing - reporters, journalist and writers. 2622-098 or 9443602194 or 9552463904

**Puncture service, service area:** next to gas bottle service, opposite road service; Monday to Saturday 9am to 4 30pm; phone 2622741, cell 9442891235.

**Auroville Residents Service timings:** Please note that the Auroville Residents Service office will be open from Monday to Tuesday mornings from 9:00 am to 12.00 pm and afternoon Tuesday and Thursday from 2:30 to 4:30.

**Thank you, Residents Service Team**

**Savi:** facilitates voluntary services and internships in Units & activities of Auroville; clarifying your needs of long term volunteers, helping with visa, and following-up these external resources to make their stay mutually beneficial. Opening hours in Unity Pavilion for visits, waiver forms signing and welcome Monday to Friday 10 12am. Phone 262 2121 - email study@auroville.org.in

**Skyworks:** Tree pruning, removal of hazardous trees and branches over fragile structures, power line cleaning. SatYaji 958 516 58 82

**Vehicle Service, Town Hall:** Monday - Friday : 09.00am - 12.30 pm, 02.00pm – 4.30pm, Saturday: 09.00am - 12.30pm

**Video library, Town Hall:** Mon, Wed, Fri, Sat from 10 am to 1 pm and Tues, Thurs, Sat from 3 to 6 pm.

**Women’s Helpline -** For women needing assistance after an incident of violence on Auroville roads. Please call 262 2425 (mornings) or email avhs@auroville.org.in
Dear All,

‘Ṛtu Samrit’, meaning - a season of coming together, will be a thematic yearly festival based on the states of India. Working in collaboration with institutions that can provide us a wide spectrum of traditional art of Bharat, ‘Ṛtu Samrit’ will bring out the nation’s ethnic best by bringing forth her intellectual and artistic genius, enhancing the spiritual nuances of our culture.

From this 25th to 28th of Feb ‘15, ‘ Bharat Nivas campus, will be a colorful happy holidaying place of the ‘Ṛtu Samrit’

The festival’s spirit of togetherness in this year 2015, is in bringing The Seven Sister States also called "Paradise Unexplored" with Arunachal Pradesh, Assam, Meghalaya, Manipur, Mizoram, Nagaland and Tripura along with Sikkim, of North East to the season of South, with 150 artists sharing their art and craft, dance and music! Ṛtu Samrīt’s flavor for this year is Bamboo! 'Tvaksaar' meaning Bamboo, in Sanskrit.

Through the day, 8 groups of artists from 8 states will be giving a demonstration of their native art of cane weaving, creating baskets and boxes. They will be textile weaving, right here for us, with colorful threads creating beautiful patterns on mini looms around the campus of Bharat Nivas.

Our evenings will be alive with folk music and dances from all of these states, for these 3 days at the Sri Aurobindo Auditorium from 8 PM onward.

We will end our festival with the First Time screening of “Integral Yoga - Psychology, Cosmology & Transformational Practice” video that’s based on Sri Aurobindo’s work primarily and made together by Hemant Shekhar and Manoj Pavitran.

Besides the exotic North Eastern India spirit, we will have an open stage during the days and invite one and all to participate and add to the fun of togetherness with your dancing, singing, acting, juggling, acrobats, playing an instrument or telling a joke. We invite you to paint faces, or palms or to share the art of tying flowers or drawing Kolam.

We have 8 food stalls waiting to be occupied by any of you to cook, bake or steam something yummy through the days.

It’s an Auroville week of togetherness and happiness and celebration of 2 Bdays together!! So lets get together to enjoy with big smiles and lots of love!

Enthusiastic, interested participants, volunteers do write to kalai@auroville.org.in to book a nook quickly for yourself!