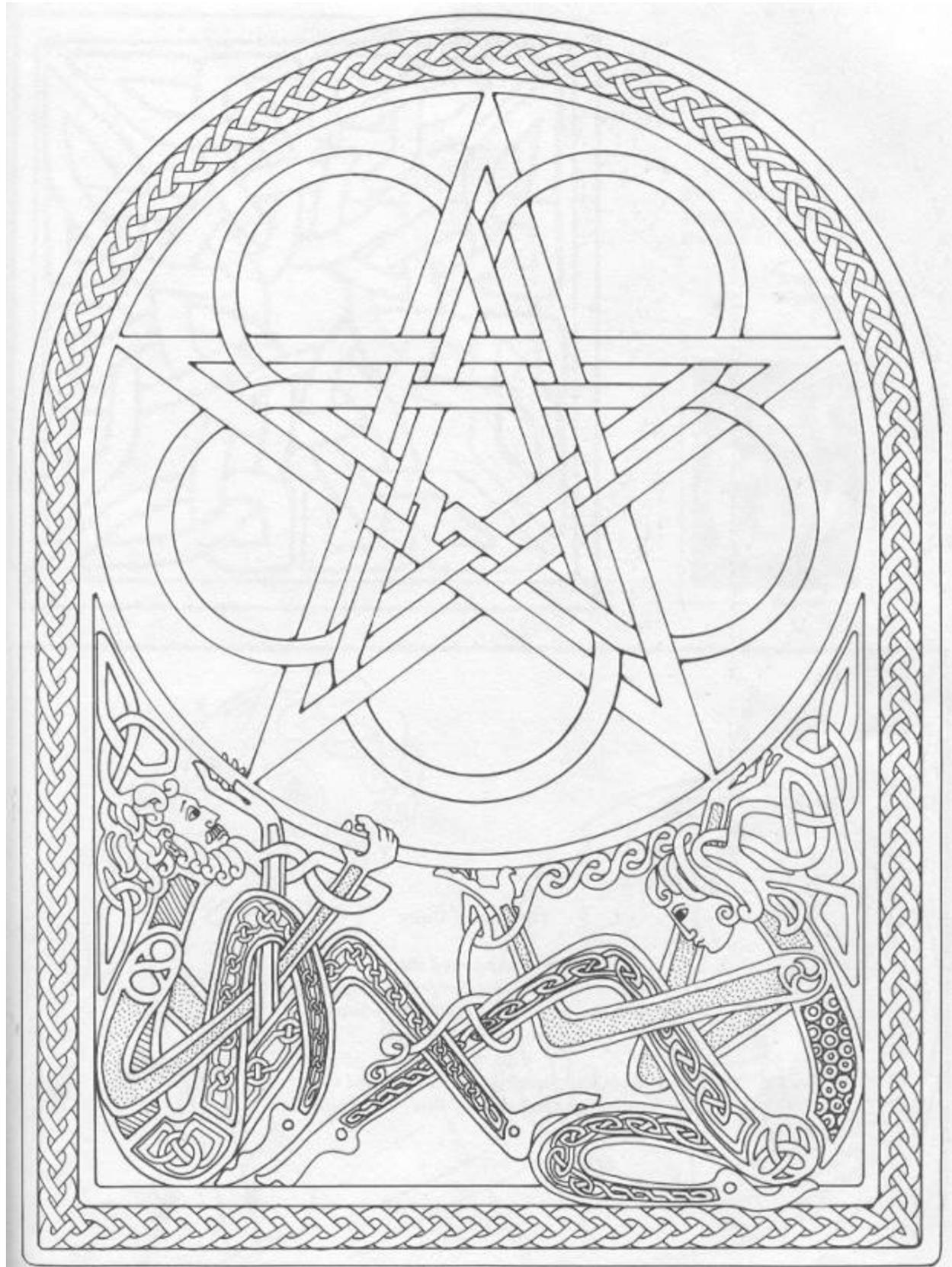


# News & Notes

29th November 2014.....A weekly bulletin for residents of Auroville.....Number 575



# HOUSE OF MOTHER'S AGENDA

**All time is one body, Space a single book.**

*Savitri*

Consciousness is no longer the narrow shutter that needed to be kept narrow lest it explode; it is a great, tranquil Gaze: "Like an eye extended in heaven," says the Rig Veda (I.17.21). *The ordinary individual consciousness is like an axis, says the Mother, and everything revolves about that axis. If it moves we feel lost. There is this tall axis (more or less tall; it may also be very small) fixed in time, and everything revolves about it. The consciousness may extend more or less far, be more or less high, more or less strong, but it still revolves about that axis. Yet for me, there is no longer any axis--it's gone, disappeared! So it can move to the north, to the south, the east, or the west--forward, backward, or anywhere at all. There is no more axis.*

It is hard for us to imagine what the vision of such a universal being could be. With our mental outlook, we might be tempted to think that total knowledge of the three tenses immediately removes all the unpredictability of existence. But this is applying to the supramental consciousness characteristics and reactions that belong uniquely to the mind. The way of perceiving and *experiencing* the world is different. The supramental consciousness is not anxiously turned toward the future as we habitually are. Everything is exposed before its eyes, but it lives time divinely: *every second* of time is an absolute, as filled with plenitude as all the millennia combined. It is the utter perfection of time. In ordinary life, we never live in the present; we are either thrust ahead by our hopes or pulled backward by our regrets, because the present moment never quite meets our expectations; it is always lacking something, always terribly empty. For the supramental consciousness, each thing is at each instant fully what it should be and as it should be. There is a constant, unalterable bliss. Each portion, each image of the great cosmic Film is full of all the preceding images and all those that follow; it lacks neither future perspectives nor past memories. "That bliss which is most large and full and without a gap," says the Rig Veda (V.62.9); that *unwounded Delight*, says Sri Aurobindo. It is also the utter perfection of space. We are forever seeking new things or new objects because each thing lacks all the other things that are not present in it; our objects are as empty as our minutes. While for the supramental consciousness, each object, each thing it touches feels as full and infinite as a vision of the immensities or the sum of all possible objects: *The Absolute is everywhere . . . every finite is an infinite*. And there is a sense of ever-renewed wonder arising not from surprise but from the constant rediscovery of that eternal infinity, that timeless Absolute in each space-bound object and each second of time. There is an utter plenitude of life. Indeed, our finite, temporal life is not full at all; it is terribly wanting: we have either to turn our backs on the temporal to find timelessness, or to renounce our need for infinity in order to experience the finite--while the supramental plenitude finds infinity in the finite and timelessness in the temporal. It lives spontaneously every sound, every object, as well as the immensity that contains all seconds and all objects; and these are two *simultaneous* ways of experiencing and perceiving the same thing.

Not only does the supramental consciousness have a cosmic status, but it also possesses a transcendent one, and the two do not contradict each other. And not only are they not contradictory, but their simultaneity is the key to true life. Life is deficient not only because its objects are empty and its time fragmented, but also because of its lack of foundation and solidity. All religions and spiritualities have sprung from this fundamental need in man: To find a permanent Base, a refuge of peace outside the chaos, uncertainty and suffering of the world--something utterly untouched and protected. Then, in the course of our quest, we suddenly emerged in a stupendous Silence, a Vastness outside the world, which we called God, the Absolute, or Nirvana (the words are unimportant): we secured the great Release. This is the fundamental experience. Whenever we approach that great Silence, everything changes; we feel Certainty, Peace, like a shipwrecked man who has found a rock. Nothing in life is secure; only that Rock never fails us. That is why it is said that God's kingdom is not of this world. Sri Aurobindo's experience, too, had begun with Nirvana, but it ended with the plenitude of the world. This apparent contradiction is central to our understanding of the practical secret of true life.

**SRI AUROBINDO or the adventure of consciousness,  
chap. XV: The supramental consciousness - SATPREM**

*The  
Ponder  
Corner*

*And so it makes you... (Everyone is complaining, everyone is moaning, everyone is talking about his troubles), it makes you indifferent and you say, "Well, what would you, the world is like that!"  
The world is "like that," but it isn't true! It is NOT like that - it's like that for our consciousness....*

*Mother's Agenda, 3 July 1971*

**FOREST GROUP MEETING - BARAKA****07<sup>th</sup> NOVEMBER 2014**

**PRESENT:** Auronevi, Matriprasad, Julia, Balu, Boobalan, Thanajayan, Fabian, Christoph, Biggie, Achilles, Hans, Shivaraj, Georg, Kannyappan, David, Cristo, Glenn, Yuval, Dominik, Ambre, Jasmin, Madda, Sathiya (Guest), Kumar (Guest), Edzard

**Topics discussed****Silence:**

Kumar and Sathiya have recently taken over the Bijou unit from Gillian and came to discuss the possibility to open the small scale workshop in Silence. Planned is to continue with the existing setup of women and the same line of work in a temporary structure.

Various options and concerns were discussed and the Forest Group recommends that both meet with Hans from Silence to discuss possible solutions. They will revert back to the Forest Group to report on their meeting.

**Firewood:**

Due to the weather and the fact that the cyclone wood is slowly getting less, there is not enough dry firewood available for various Auroville units (Bakery, Tanto, VC ...).

In principle the Forest Group is committed to provide this much needed resource to Auroville units on a priority basis rather than selling it to non-Auroville individuals. As there is a difference in rates per ton and work related to cutting and transport between selling to Auroville units and outside individuals some Forest stewards - especially from smaller forest areas who are in need of any source of income - at times preferred to deal with the easier way of selling outside of Auroville (In these cases the buyers come and take care of transport and cutting). The Forest Group decided to find a more unified and organized way which still allows the stewards to generate some income and give the Auroville units the much needed wood at a reasonable rate, if not at cost rate. Process is ongoing.

**Land Board:**

The Forest Group appreciates the addition of Kannyappan and Suhasini to the newly formed Land Board.

**Azhaga Bhoomi:**

The recent case of cutting many valuable trees on the plot stewarded by Balu (with the intent to shift an existing path/road) brought into light the issues he has as a relatively new steward struggling with his apprentice maintenance and also the stewardship of the 5 acres of land.

To assist him it was proposed that he will meet with his immediate neighbours (Gopal & Madda from Infinity, Rishi and Dominic) to work together on a development plan for the land to better understand what is good and needed.

Balu will additionally to the work on the Azhaga Bhoomi plot look for other opportunities to work to justify a full-time maintenance at a later stage (In general a steward has to take care of more than 5 acres to justify a full maintenance). He will explore various options and report back to the Forest Group.

**Thanajayan:**

Thananjayan reported that a survey was just undertaken next to his plot on the New Creation - Samriddhi canyon area. This would be a good time to fence the Auroville land as the boundaries are clearly established for the time being. This was agreed and a letter will be sent to the FAMC and the new Land Board (Glenn: I understood you will write the letter. Correct?)

**Land Allocation process as proposed by the TDC:**

The Green Group members of the Forest Group circulated a draft proposal for land allocation in the Greenbelt prepared by the TDC. The individual members are to study the proposal and revert back with feedback which will then be communicated to

the TDC. The Farm Group is requested to do the same and inform the Green Group representatives.

**Residents Assembly Mandate of Forest Group and Green Group:**

While reporting on the latest Green Group meeting decision about the need for Residents' Assembly recognition of Farm & Forest groups, it was suggested instead to go for recognition as an "official body" of the Green Group. The meeting felt that Green Group is the representative body of all Green Workers and should be acknowledged as such by other bodies such as WC, FAMC, TDC, AVC, etc. Green Group will therefore contact RAS to begin this process.

**The next meeting will be on Friday, 5<sup>th</sup> December 2014 at Siddhartha Forest, 15.00.**

**International Zone Pavilion Groups Meeting****25 October 2014 - Unity Pavilion**

Present: 52 persons representing 32 countries - Chairperson: Linda-Grace

Notes: Martin and B

The meeting began with a short concentration followed by an introduction by B emphasizing the new beginning with the implementation of the vision/guidelines, cooperative processes, and projects on the ground.

Luigi noted the special decor for the meeting: A large "harmony" flower arrangement and coloured prints of the flags for 52 countries.

(49 represented in Auroville, plus 2 guest countries from Africa, and the European flag).

Linda-Grace spoke about the approval (by consensus) of the IZ Mission & Organizational Guidelines by the General IZ meeting. She also explained the present organizational structure of the IZ (IZ Team, Coordination Team and Sub Groups) and invited those who resonate with the work of a Sub Group, to join that Sub Group.

Ruslan reported on Planning and Development (one of the subgroups) noting the progress already made by Kireet (rain water catchment and erosion control), the new well and water distribution system, plans for the Habitat project, and generally opening up for pavilion development. He stressed the need for joint and shared facilities. There was a question from Peter A on landscape and topography toward a one campus park.

Louis elaborated on the plans for the Habitat project, providing permanent housing for IZ caretakers, those who work in /are related to the IZ, and AVI people: Three sets of six flats each are planned along the Loop Road.

Luigi noted Bharat Nivas as the host and centre of the zone, and that there is a plan for the five continental groups which represent 200 countries. He reported on the subgroup on Protection and Security mentioning the proposed fence to close the front and back "doors" of the Zone. He emphasized how we now have to work beyond the old polarities which have always blocked the zone from progressing.

Alain G. gave a brief history of the three attempts to start the French Pavilion, the need for TDC to finally approve the route of the Loop Road, and he proposed an art installation for each of the 14 focal points he has marked in the zone with a green painted granite post. The focal points could also include information panels like are now in the Visitors' Centre.

Attendees of the meeting gave reports about their concerns, activities and pavilion plans:

Eric Clapton (Africa) gave a report by power point on Africa House. He shared the difficulties but also the steps forward.

Anandi (Argentina) on the activities of the stone circle next to the Inuksuk for the Americas.

Aryamani (Brazil) reported further on the Pavilion of the Americas.

Bogi (Hungary) discussed the political problems currently in Hungary - She reported on the work of the Hungarian group, in particular research on the qualities which the country brings. Research on food has been carried out and they have provided food for events in the International Zone. She has made an approach to a member of the EU in Delhi.

Carla (Italy) said they have an active group of ten people ready to do many activities. She reported on the work of the Italian group. They have organised a number of events and have the support of the Italian Embassy.

Edsard noted the work of Kireet and wanted the Land Use Plan created by Suhasini to be considered in the planning.

Tapas (Bharat Nivas) elicited clarifications about the difference between the Cultural and International zones and pointed out the space already available for activities, events etc...

Jaya (Scandinavian Group) called for a group pavilion for the Nords and briefed the group on Unity Pavilion's openness for all, new equipment and facilities.

Kalsang (Tibet) explained the familial and home quality of this fully functioning pavilion and her aspiration to be fully surrendered and receptive to the manifestation of the International Zone and to the Auroville process.

Peter A (Germany) told the story of turning upside down the German flag to represent a change in the German consciousness, as the black would be at the bottom and he spoke for the German group about the activities undertaken.

Martin (UK) mentioned work by European AVI groups at meetings in Berlin, Switzerland and Ireland on plans for collaboration on the European area and new plans for the inauguration of the European area on 21 Feb 2015 by the Auroville International groups. He also mentioned the British plans for a tea shop in the International Zone as the first step towards a British pavilion.

Tatiana (Bulgaria) reported on cultural activities and research on the spiritual past of Bulgaria. A video has been created.

Louis C. and Claude J. (France) reported on the activities undertaken by the pavilion group - more than 180 over the years. Some work has also been done on the architecture of the French pavilion. There are 335 people in Auroville of French origin.

Louis C reported on CIRHU and its research on human unity.

B (USA) spoke about the International House and about the possibilities of having an Earthship as a pavilion.

Vera (Russia) spoke about her work with the Russian bells, and a proposal for a Russian café in the international zone. She wants to do more research about the purpose of the International Zone and the Mother's vision.

Sun Mi (South Korea) spoke about the Korean group's work. The Korean consul came to Auroville and they have invited him to come to an event in November.

The meeting closed with a promise to follow up soon with another meeting to complete the remaining agenda which may include:

- Report of the meeting with TDC / L'Avenir
- 2015 Events and activities coordination
- Contact person Pavilion Group
- Creative proposals (Art, physical development, a flag, group of flags etc...)
- Communication material (Pamphlets, brochures, websites, etc.)
- Official support from Embassies
- Volunteers for Sub Groups
- Pavilion representative(s) in the Coordination Team
- Research on the Genius, qualities and advanced research of a country
- Presentations by pavilion groups not represented at the previous meeting

For those who are interested, kindly find below the YouTube link to watch a 16 minute video of the meeting.

[www.youtube.com/watch?v=y8UtwSzbiJc](http://www.youtube.com/watch?v=y8UtwSzbiJc)

*Submitted by Linda-Grace, on behalf of the IZ Coordination*

## Meeting IZ Coordination Team and L'Avenir / TDC

Meeting: Planning Meeting - Date & Time: 27-10-2014/ Monday/ 11.00 am - Venue: Town Hall, Auroville.

Present: Sauro /Toby/Jacqueline/Nicole/Cristo

Others: IZ Coordination Team: Louis, Alain G., Martin L., Luigi, Ruslan, Linda-Grace, Vera, Miriam, Toine (consultant on electrical grid)

The proposed agenda included the following topics:

-Who is the International Zone Coordination Team and the International Zone Sub Groups:

The team includes 22 members, who meet on a weekly basis. They formed different subgroups (for development, security, communication, financial accounts, study group...) and some members have been appointed to take care of the various matters. Once a month they organize a general meeting with the pavilions. They informed that they felt the need to change the name of the mailing list as the numbers of members has grown. The group is open for participation.

- Detailed Development Plan:

Ruslan who is part of the development subgroup illustrated the possibility to expedite the building application process by helping the residents with filling up the applications. Sauro stated that a strategy for the next 5 years is needed. Toine pointed out that an urban design plan can be fixed roughly, as basic framework, so that the infrastructure can be consequently frozen. Sauro clarified that the footprint of the IZ is available, but there is no plan for internal infrastructure. The IZ team made some proposals of development that will be sent to L'Avenir. 12 focal points have been identified on the ground.

- International Zone Habitat; Louis' project has been presented. He will fill up the building application.

They will prepare the following applications for approval: Habitat (Louis), Loop road (Alain), Fence (Luigi), Study Urban Design (Luigi), Preliminary study for a Detailed Development Plan (Ruslan).

For the electrical design (conversion of TNEB overhead line system to an Auroville owned underground system a plan has to be prepared by the TDC for which Toine offered to be a supporting resource person.

Sauro concluded that TDC needs to study the material. A larger meeting will be organized about the ground reality and strategies.

*Submitted by Linda-Grace, on behalf of the IZ Coordination*

## Auroville Art Service Report - 2014

Auroville Art Service has set up a website to feature Auroville artists, activities, projects, and venues. We also have a Facebook page.

This year we have initiated a project to promote publications from Auroville. We have also organized a couple of small events by request. We are now part of the organizing group of the festival of Auroville in Chennai.

We continue to offer our services as a legal umbrella.

### I. Fine tuning of accounting services offered to artists

An individual Auroville artist making sales of their work should be registered under an AV umbrella of their choice, in order to comply with Indian laws. AV Art Service is one such umbrella. We have the required sales tax registration and provide accounting services.

Our umbrella is experimenting with operating as a co-operative. This means that artists who are registered with us contribute a mutually agreed upon percentage of sales and donate a monthly membership fee to the co-operative.

The funds will be allocated in the following ways:

1. A percentage to pay for AVArtS administrative expenses including accounting fees, office expenses and so on. Nothing goes towards anyone's maintenance.
2. A percentage to the Central Fund
3. Art development in Auroville, specifically public art initiatives
4. Infrastructural maintenance of art venues, including studios, and towards the maintenance of an artist for a certain period of time.

So far Nele, Adil, Wazo, Anna, Monique, MAGzAV and Serge are participating in this artist's co-operative. This experiment started in March 2014. It is carried forward by Krishna D, Kumar (Mukti Accounting) and Petra.

## II. Setting up a website showcasing art and artists in Auroville

The Auroville Art Service website (<http://aurovilleartservice.org/>) showcases the diversity of artists and cultural activities in Auroville. The website has been online for six months. As of now, it features about 60 artists. It also contains information on art venues, workshops and projects.

If you would like to be featured on the website please contact us at <[aurovillearts@auroville.org.in](mailto:aurovillearts@auroville.org.in)>. We also encourage feedback and welcome suggestions.

The website is taken care of by Christoph P and Mariana Cortina.

## III. Promoting Auroville publications

The original intention of promoting Auroville publications was to explore the establishment of a publications fund. Towards this, we have been practicing and learning the business of book sales with one shop in Kolkata. This endeavor is still in a very nascent stage. We will report on it as it evolves. This project is being carried by Nina S.

We applied for and received a PCG grant to take Auroville publications to two fairs in India. One of these fairs will be at the Ethical Market that will be part of the festival of Auroville in Chennai.

For the fair, we have worked on design aspects with Krupa Jhaveri and decor aspects with Marc B. Mariana Cortina is in the final stages of preparing an e-catalogue. She has collected information on over 250 books (in English) that have been authored or published in Auroville. We will shortly upload on AVnet a list of the books we have information about so that corrections and additions can be made.

The people working on the book fair project are Renu, Mariana Cortina, Nina S, Krishna D, and Petra.

**IV. Auroville Art Service and the Auroville festival in Chennai**  
Auroville Art Service (Marco, Krishna, Mariana) is part of the team that is organizing the festival of Auroville in Chennai. We are particularly involved in the cultural aspects of the festival.

We would like to use this opportunity to introduce Chennai to the richness and diversity of artists from Auroville. We are currently working really hard on this project.

## V. Some additional activities

Marc B and Renu organized a workshop with Auroville artists and designers at Shradhanjali, at the request of the unit holder. The idea of the workshop was to improve the designs of Shradhanjali by inviting Auroville artists to interact with the unit.

Renu and Anungla worked with Ajit and INTACH to create an evening event of music and performance on Pondicherry beach. This event was very well received.

Renu opened a Facebook page for us and this is regularly updated with announcements and news of art events in Auroville and Pondicherry. She also makes the postings on Avnet.

We are currently working on the next issue of MAGzAV, which we hope to publish by February, 2015.

## VI. Our concerns

More and more people are participating in Auroville's free cultural events, which is good, but they may not be aware that these incur costs, which the organizer is bearing. These costs can include rehearsal time, venue charges, production charges, and performance fees. How can we support these events that we all enjoy and participate in? Should AVArtS request contribution at event venues upon request by the organizer?

We pledge to be completely transparent with the community about the money that we receive and how we spend it.

We believe that when we collaborate through and contribute to the Auroville Art Service we act as a collective force in contributing to the welfare of the community. Please do consider becoming a member of our co-operative!

[2623187@aurovillearts@auroville.org.in/](mailto:2623187@aurovillearts@auroville.org.in)  
[www.aurovilleartservice.org](http://www.aurovilleartservice.org)

# ANNOUNCEMENTS

## Houses for transfer

**Yantra:** Two-story houses connected by a middle part that can function as an independent room for grown children and/or workshop /office. (It has an independent access). The combination of the two houses and the middle part is 205.31 Sqm.

A transfer of a combination of 2 separate houses in which one house retains the middle part is also possible.

Suitable for 2 couples of which one with 1 or 2 grown children.

As the house has a big pond in front it might not be suitable for families with very small children who cannot swim.

## *Housing Service*

## Invitation Pavilion Groups / IZ General meeting

Dear friend,

You are warmly invited to the meeting of the International Zone Pavilion Groups / IZ General Meeting scheduled for:

**Saturday 6th December, 2.30 - 5.30 pm at the Pavilion of Tibetan Culture.**

The intention is to have a creative, joyful and effective sharing in the research of how to move harmoniously forward.

We invite all 53 nationalities in Auroville to be present with at least one member and gather around 53 flags in a deep aspiration for unity in diversity to manifest.

## **Agenda:**

1 Work in Progress.

2 Reports of Pavilions not given at the last meeting about their projects and hopes for the future, in view of a coordinated effort to accelerate the International Zone development and activities.

3 Group reflection on "What unifies a Continent": One Africa, one Asia, one Europe, one America, one Oceania.

*International Zone Coordination Team.*

## Trip to Pondy on the 5th of December - Darshan Day

There will be a bus to Pondy on the 5th of December - Darshan Day, starting from Matrimandir at 9 am following the usual route and coming back to Auroville at noon.

*Susmita*

## TDC - L'avenir d'Auroville

TDC - L'avenir d'Auroville has decided to bring the following Site & Building Application to the News & Notes for feedback.

1. The Colours of Nature- Jesus, Kottakarai, Staff Quarters for 53 m<sup>2</sup>.
2. Site permission for Nandini Durgesh for a house in Aspiration for an area of 61.72 m<sup>2</sup>.

TDC asks for feedback from the residents of Auroville within two weeks from the date of publication. If anyone wishes to have detailed information, feel free to contact TDC - L'avenir d'Auroville office: 262-3568 or come personally to the Building Application section.

## Update on the feedback process for the selection of the WC/AVC

Dear Ones,

The RAS team is thanking all of you who have shared their feedback with the "Temporary Feedback Review Committee"

125 Aurovilians have participated in the feedback process and they gave:

600 electronic feedbacks and 41 confidential feedbacks.

Out of this total of 641 feedbacks

407 were supportive by saying "yes", 63.49%,

224 were expressing their concerns by saying "no", 34.95%,

8 gave no reason, 1.25%,

2 were annulled, 0.31%

The Feedback Review Committee will process the feedback now and they will look into the details and study the issues which are raised.

They will publish the names of participants in the three-day selection process, on Tuesday 2nd of December, 2014 on Auronet and in the N&N.

Hard copies will be available in the Town Hall and in the Solar Kitchen.

The RAS team is thanking all of you for giving them your trust.

The selection process will be held from Friday 5th of December till Sunday 7th December, 2014 in the Unity Pavilion.

The timing of this event is from 9 am till 5 pm and Sunday till lunchtime only. Lunch will be taken together.

The outcome of this selection process will be the list of the 7 new WC members as well of the 2 replacement AVC members, will be published on Auronet as well as in the following N&N of Saturday 13th of December.

The Study Group, the AVC and all participants invite the community for a celebration event on Monday 15th December, 2014.

*The motto is: "It (Auroville) will be built by what is invisible to you <...> that is why one can laugh {Mother's Agenda September 69}*

Let us express our joy in her dream.

Let us give joyful support to the members of our participatory working groups.

The event will start on 4.30 pm and it is planned to share a dinner together in the Unity Pavilion.

Details about the programme will be published later.

Love, your RAS team

## FROM THE ENTRY SERVICE - N&N NO- 575 dated 29.11.2014

We would like to inform the community that our team has decided to recommend the following persons as Aurovilians and Newcomers. We will wait two weeks for Newcomers and Returning Aurovilians and also one month for Aurovilians, from the date of this publication, for your feedback before making our final decision.

### AUROVILIANS:

Alain SCHWAB (French) - Staying at Aspiration, working as a gardener at Matrimandir.

Ganesh (Ganesh bala) BALASUBRAMANIAN (Indian from Chennai) - Staying at Petite Ferme, working as an Architect with David at Aurelec under ASA.

Swati Madhav JALNAPURKAR (American with an OCI) - Staying at Realization, working as an English Language teacher at Future school.

Balu KUPPUSAMY (Indian from Edayanchavadi) - Living at Equality, working as part of the administration team at Housing Service and also working as a member of the "Reach for the stars" project and part of the support group.

Enrica CERCHI (Italian) - Staying at AML, working as a team member at Tavola and also working in Sharan's kitchen and cooperating with l'Avenir Archaeology.

### CHILD OF AN AUROVILIAN:

Uma NAVARE (USA) - born on 11/04/1996, studying at Future school.

Mohana NAVARE (USA) - born on 16/07/1998, studying at Future school.

### NEWCOMERS:

Sylvie HOUBRE (French) - Staying at Maitreya, working as a Yoga teacher at Pitanga and also working as a Receptionist at Guest Service, as well as with Administration there.

Egeniya (Genia) KULIEVA (Russian) - Staying at Djaima, working as a cook and with quality control at AV Bakery Cafe and Restaurant and as a cook for food production at Auro Amritam.

Maguy (Maggie) POINT (French) - Staying at Savitri Bhavan, working as part of the follow up and mentoring team of volunteers at SAVI.

Eric (Erico) PETITPIED (French) - Staying at Purity guest house, working as coordinator for repair works at Housing Service.

We have identified a lack of clarity in the communication and confirmation of status, as the announcements done in the News and Notes are for FEEDBACK ONLY, and sometimes, after announcement, there can be either an extension of status, or a decision to stop the process overall. We are adding another section of confirmation to avoid further confusion.

### CONFIRMATION OF NEWCOMER STATUS:

Chitra BALAGURU (Indian from Chennai)

Balaguru RAMASAMY (Indian from Madurai)

Gerald VON (Jerry) BRANDENSTEIN (South African)

Beatrice BALDACCHINO (French)

Jasmin MAHESWARI (South African)

Aravinda MAHESWARI (Indian from UP)

Ravindra SOLANKI (Indian from Gujarat)

Manjini JAGADEESAN (Indian from Bommaiypalayam)

### CONFIRMATION OF NEWCOMERS TO AUROVILIANS AFTER ANNOUNCEMENT IN N&N AND DUE CONSIDERATION OF THE FEED BACKS RECEIVED FROM RESIDENTS:

Walter Van ASSCHE (Belgian)

Elena STEPANOVA (Russian)

Charlotte (Charly) HESTIN (French)

Dear Newcomers,

The Entry Service team would like to inform you of the new timings designated specifically for you to either collect or submit the Newcomer kit. Please pass by our office in the Town hall during these hours only: Wednesday & Friday at 2 pm to 4 pm. We look forward to seeing you. *The Entry Service Team*

The Entry Service is looking for new committed members NOW!!!!!!

3 of the core group members are finishing their term of service in February, and the team needs to be completed with people willing to be full time committed members. A proper relay is essential for the fluidity of this service. We are happy to take the time to answer any of your questions

or doubts, and we are happy to share our work experience with anybody interested or considering joining. Ideally, you need to have prior experience of office work or of conducting interviews. Communication skills as well as human

relations skills. Fluent English, able to type up minutes, undertake email follow up. Listening skills and ability to give clear information on entry process at the desk and during interviews.

#### INFORMATION ON JOINING AUROVILLE

Our office is open to general public on Monday, Wednesday, and Friday from 10 to 12 am and Thursday afternoon from 2 to 3 pm on appointment regarding B-Forms and Recommendation letters.

Please notice that the last week of each month we are closed for public. We will use this time for studies, field visits and internal office work.

*The Entry Service team (Chitra, Eva, Ishita, Kripa, Muthu, Umberto).*

## O B I T U A R Y



### Ponga left us

On Sunday 23<sup>rd</sup> November, Poongavanam, the mother of Shivagami, Rajaveni, Mani and Shiva, left her body at around 4 am in her house in Kuilapalayam at the age of 75.

Many of us will remember Ponga's fine and strong person as she moved through the Auroville days from early years onwards, working in various communities, Transition School, Bharat Nivas and the like.

Her body was cremated at the Kuilapalayam burial ground in the afternoon of the same day with many attending.

We thank this long-term sister, who gave Auroville her services and children, and extend condolences and strength to her family.

OM-

## FOR YOUR INFORMATION



**GERMANY** Once again AVI Deutschland came out with a large, colourful and informative autumn newsletter with as main topics: Joss's intro sessions on SLI (Sustainable Livelihood Institute); inauguration of the Sri Aurobindo statue @ the Paris UNESCO headquarters; a report on the discussions held at the Berlin meeting of the European Pavilion group; update on the A4A campaign and AVI Germany's active participation; Weltwaerts alumni meetings and other events. As always the German-language newsletter can be obtained from [isa-wagner@t-online.de](mailto:isa-wagner@t-online.de)

**RUSSIA** We got word that, inspired by the Auroville Café event recently held in Paris by AVI France and reported in this column, also the Auroville Café team in St Petersburg will organise an open day on Auroville, with photos, basic Auroville texts in Russian language, and the AVI liaisons in St Petersburg giving a talk on Sri Aurobindo's vision and Auroville. Kseniya, who stays in touch with Auroville on behalf of the organising team writes: "We called our café 'Cafe Auroville' because the ideas of Sri Aurobindo have a very special place in our hearts and we are ready to support them with the best of our energy." Thank you, Kseniya!

**ARGENTINA** Aurovilian Anandi (Elba Fernandez), who is functioning as AVI Argentina liaison, is making the most of the need for a visa renewal by attending book fairs and other such centres to speak about Auroville during her travels through USA, Argentina, Uruguay, Chili, Colombia and Venezuela. She writes: "I hope that some more spaces for Auroville are going to be opened, and that possibly some arrangement can be found for a future AVI meeting in Latin America!" She'll surely stay in touch with us.

**THE NETHERLANDS** One of AVI Netherlands' members, Adri Bolsenga, who has been here with us a number of times, recently gave a 45mins presentation on Auroville at 'Tubantia', the Masonic Lodge in his hometown Enschede. Other members, Jan Pieter and Wim, had assisted in writing the script. The presentation was very well-attended and afterwards many questions were asked regarding the ways in which the reality of Auroville is shaped according to its ideals. Presently presentations are being prepared for another Masonic Lodge and for the students of Saxion University of Applied Sciences, one of the largest institutions of higher education in the Netherlands, with over 24,000 students.

AVI NL prides itself on a frequently visited Facebook page and the statistics shown are impressive. Particularly its Trend watching posting attracted 369 visitors in two days! It concerns a report by two Dutch students at the Fontys Academy for Creative Industries ('International Lifestyle Studies'). Mentored by AVI NL-member John van den Wildenberg, the students started their research project in Auroville in August and will return to the Netherlands mid December. To visit the Facebook page of AVI NL, go to [www.auroville.nu](http://www.auroville.nu), click on 'Contact' and then on the Facebook icon.

A group of eight educationists from the Netherlands made a study tour through India, exploring various educational institutions in New Delhi, Pondy and Auroville, to find out what they can learn from India in the field of education, with a special interest in Integral Education. The Study Tour was designed and guided by AVI NL-members Wim and Regine. The group consisted of primary school principals and teachers, one principal of secondary education and educational advisors. After Delhi they visited in Pondy the Sri Aurobindo International Centre of Education and had an inspiring discussion with Matthijs Cornelissen. In Auroville visits were paid to Last School, Future School, Ilaigarkal and TLC. The group had also several excursions in Auroville, attended a

lecture by Luigi and joined an ATB-workshop by Aloka. The tour was a great success and will be organised again in 2015.

Last but not least, the centre has been instrumental in **obtaining funding** for a Sunlit Future project to bring a reliable source of power using non-conventional energy to the remote village of Basgo in the Leh district of Jammu and Kashmir, 13000 feet above sea level by harnessing the power of the sun. *[Google photos of this amazing historical town on the bank of the Indus River in Ladakh to get an idea..!]*

**AVI BOARD** During a recent Skype conference, AVI Board members decided on the coming AVI General Assembly meetings to take place in **USA August 2015** (coinciding with the AUM meeting), in **Auroville in 2016**, and in **Russia in 2017**. They also discussed plans to have a February 2015 ceremony marking the center of the European area in the International Zone, as well as further training with Monica Sharma.

*For all AVI matters, please refer to Vani via [vani@auroville.org.in](mailto:vani@auroville.org.in)  
This column is maintained by [mauna@auroville.org.in](mailto:mauna@auroville.org.in)*

## Lively up your earth eco music festival 2015

Dear Friends,

The cleanup for the festival is well under way!

We have started with cleaning the Secret Garden Stage and soon will be looking at building the stage with bamboo and other local materials.

This year we are going to have a third stage called the Circus Stage and we will be starting to work on this within the next couple of weeks. If you would like to get involved, cleanups are on Wednesday and Thursday and Saturday mornings (8.30 to 12.30).

We are also still looking for lots of other people who can help us with various aspects of festival such as stage manager, fund raising, social media, artists for art space, building etc. If you think you would like to join in, please write to [luye2015@gmail.com](mailto:luye2015@gmail.com) or give me a ring 9843319260.

Yours, *Krishna Mc K.*

## LOE research: a new blog, for collecting cellular consciousness experiences

Since a few decades, a new phenomenon is happening in many human bodies, experienced directly by the consciousness of the human beings inhabiting each of those bodies:

This central consciousness in them becomes aware of the minute consciousness present also in each and every cell of their body, in what can be called Cellular Consciousness Experiences (CCEs) that usually become more and more frequent for each person over time.

But that is only the first stage:

Then the human being notices that this cellular consciousness starts awakening gradually, becoming aware of the central consciousness that is contacting them, and responding more and more to the direct orders or other forms of communication the cells may receive from it.

And then after this second stage, the human being may become aware of a yet further stage, a third stage in which the consciousness of the cells awakens in a yet deeper, actually spiritual manner: the cells themselves start being able to perceive the Divine Presence, with the Peace and incredible Sweetness of Love, the incredible Bliss - yes, Delight of Being - that this Divine Presence inevitably brings, because it is what Itself is.

Such experiences are downright Cellular Spiritual Experiences, and don't seem to have any upper limit, opening the way to a complete transformation of the cellular functioning for the full body, in some as yet undetermined future.

Those new types of experiences in one's body are all actually due to the new step in terrestrial evolution that discretely began about fifty years ago, unknown to humanity at large, but exerting since then its invisible influence on all nevertheless.

The gradual appearance of this new kind of experiences at the cellular level means we are witnessing the beginnings of a new way of functioning for the human body that seems to already be in the process of generalizing itself to some extent here and there.

It is obviously of tremendous importance for the whole human species to research this new phenomenon, study it, and come to some experiential as well as theoretical understanding of it, so as to become able to identify as many as possible of the factors, be they spiritual or physical, that seem to encourage and accelerate this evolutive process as yet unknown by mainstream Science, but which holds potentially the key to the very future of Humankind.

In Auroville, the 'Universal City' founded in 1968 near Pondicherry, South India, quite a lot of study has been done already on this topic in the context of the 'Laboratory of Evolution' (LOE), a Research and Documentation Center started for this purpose among others, in 1984.

A small Research Team there has identified, starting of course with Sri Aurobindo and the Mother who pioneered this process, a number of individuals from all over the world - including themselves - in whom the new cellular process had appeared to one extent or the other, and could be documented, through simple means to begin with: personal diaries and blogs, sometimes paintings or other illustrations.

This thirty-year long preliminary research work has yielded a number of precious data, such as for example the three stages of Cellular Consciousness Experiences presented at the beginning of this Introduction, as well as more detailed information potentially useful for all those whose life happens to develop in that direction, be it deliberately or not.

It is time now to enlarge the scope of this study and add to it the testimonies of whomever else in Auroville and the world at large happens to have this kind of experiences.

Collected in a way similar to what has been done for the study of the NDEs, the CCEs too, studied and compared on a large enough scale, will no doubt reveal quietly more of their secrets to the experimenters pooling together (anonymously or not, as each one wishes) the contents of their Cellular Consciousness Experiences, and everybody will benefit from the additional discoveries that will be made in that manner.

So a new blog is being created at WordPress by the LOE Research Team, specifically for receiving as many as possible of such testimonies, so as to constitute gradually the needed 'data-bank', so to say, for this larger scale ongoing study. The name and address of this new Blog, already online: 'Cellular Consciousness Experiences' ([cellularexperiences.wordpress.com](http://cellularexperiences.wordpress.com)).

In about a week it should be ready to begin receiving your contributions, so please do start giving some time to preparing what you are willing to share.

Thanking you in advance, *Bhaga for the LOE Research Team.*

## Mosquito control for dummies

A team from the Vector Control Research Centre in Pondicherry has visited Auroville a couple of times in the last few weeks, and has been teaching a few of us how to prevent mosquitoes. The key to this is identifying their breeding sites and making them unavailable to mosquitoes.

There are two types of mosquitoes in Auroville. There is the large slow Armigeres, which breeds in septic tanks and grey water. Then there is the zippy little striped one, Aedes. This is the nasty one that transmits dengue, chikungunya, and filaria.

These are the following steps you have to take around your house or unit:

1. Check the septic tank. Is the top well sealed? Even microscopic cracks can allow Armigeres to breed. Either seal

it, or cover the lid with 5 cm of sand. This prevents mosquitoes from wriggling on or out.

2. Check the air vent of the septic tank. This should have mosquito netting tied around it.

3. Check where your kitchen water runs off. If you think your plants are taking care of the problem, think again. If your septic tanks are sealed and you still have Armigeres, this is probably the source. Scoop out some water and see if there are largish, wriggly larvae in it. Ensure that there is proper drainage for this runoff, and water doesn't stay on the ground.

4. Water in your compost pit? Spray with EM.

Now for the Aedes:

Walk systematically through your garden. Look for pieces of plastic, broken pots, ashtrays, coconut shells, bottles, bottle caps: anything that might have accumulated even a thimbleful of water. Overturn them. Do you have a tarpaulin over anything? Check that no water has accumulated in its folds. Wherever you have an outside tap, make sure no water accumulates. Ensure that you have guppy fishes in your ponds, and in the water channels going around your house. If you use ant-wells, ensure the water is changed at least once a week. Plant fanatic? Your Bromelias, or any big leaved plant where the leaf comes straight from the stem, could be a problem. See those drops of water where the leaf meets the stem? Enough for mosquito breeding. Either remove them, or try spraying with EM (I personally don't know if this will work).

Have bamboo clumps? Wherever you've cut them and there is a little hollow left, that's enough for Aedes. Fill these hollows with sand.

Have cut trees? The stump will very often have a hole in the centre, making a nice little pool at the bottom. Fill with sand.

Apart from all this, there are nasty smelly creatures around called bats. They do a phenomenal job of keeping mosquito numbers down, so please let them breed in peace. If you have antisocial neighbours who refuse to follow the above, at least your problem will be considerably reduced.

I invite people to write in with other suggestions where I have posted this on AVNet.

Rauf

## Talkin' Trash

Short semi-sweet reminders about converting "waste" into "gold" are what we are up to. Please read the Green Column in N&N for more in-depth information about what we need to do to keep Gaia (Earth) alive. Recently, there was all you wanted to know about plastic and what to do about it. Please go back and read this Green Column if you missed it. If you would like to read about a very cool zero waste hero, check out this link: <http://www.mindbodygreen.com/0-16168/i-havent-made-any-trash-in-2-years-heres-what-my-life-is-like.html>

Need the reminder that News and Notes is best read online? Saves so many resources, and you get the pictures in color, and you can refer to it anytime because someone always takes or misplaces the paper copy, right? Okay, so you have the paper

copy. Well, it is compostable and recyclable like all paper and cardboard. You don't need to send all the scraps of paper in your pocket to Eco Service; just put them in your compost. Of course, any food stained or dirty paper must go in the compost. Newspaper, bakery paper can all go into compost, but rip it up for better decomposition and mixing. Paper obviously burns nicely, but still it is much better to compost it, or send it for recycling into "new" paper and save trees, resources, and feel good.

We encourage you to contact us with any feedback including your own tips: [somawaste@auroville.org.in](mailto:somawaste@auroville.org.in) or 763-976-5954. Call for any waste resources like signs for your bins, info, etc. Please visit the Eco Service website: <http://www.eco-service.in/>

*The Solid Waste Management Task Force*

## Sacred Groves

Clarification on Sacred Groves from Housing Service:

After a detailed study of Sacred Groves Housing Project and several meetings with the Housing Board, FAMC and L'Avenir- we understand that it meets the minimum standards on construction management.

Hence, we have decided to continue our complete support of Sacred Groves. We additionally offer to support the project on a regular basis with our members - Aurovici, Yuval and Joseba. We will continue to support the project financially till the 3 prototype houses are completed. External fundraising especially with our primary partners like AVI-USA is a possibility too in order to meet some of the incubation costs. An MOU to this effect has been drafted and signed. As a result, construction work on the site of Sacred Groves has resumed from 24th Nov 2014.

We welcome users who have already signed up for the project and other supporters to contact the project holders, Manu and Joseba (representing Housing Service) for any further clarifications.

## From TDC / L'Avenir

Dear Aurovilians,

Satellite imagery shows clear signs that the monsoon is now over, the humidity belt coming from the east has now shifted south and is passing bellow Sri Lanka.

We could not achieve the yearly average of 1299 mm and stand today around 1150mm as an average between the various locations that we get.

**We therefore ask everybody to shift to saving mode right now!**

And please, do not let yourselves be abused by the free electricity supplied for pumping by Varuna. We are talking here of water.

If you have any questions, please refer to: [tom@auroville.org.in](mailto:tom@auroville.org.in)

At Her Service,

Tom (Water Coordinator. For TDC / L'Avenir)

## POSTINGS

### Baby born

We are very thankful and happy with the birth of our son Makin on Friday, November 21. Both baby and mother are doing very well. *Vengadesh and Meena (Abri-Forest)*

### Attention Food Units - Enforcement of Food Safety Regulations

Auroville Food Units may kindly note that FSSAI, the Indian food safety and standards agency has stepped up enforcement measures and a few Auroville units have already received notices for shortcomings detected in their products/premises for which they are going to be taken to court and fined. You

are therefore advised to ensure that you maintain the highest level of conformity to food safety regulations at all times - *Kind regards, Dr Ajith*

### Vegan Essences products

Vegan cheese, boursin, chocolate mousse and 2 kinds of hummus will be available again from this Thursday onwards at Foodlink, Farm Fresh and Happy Foods. Enjoy!

### Special Sale at Wellpaper

If you look for gifts or if you need some baskets and accessories, we would like to offer you Wellpaper's

products at very low prices! **Timings:** from Monday to Friday from 09:30 am till 16:00 pm / **Directions:** The sale will take place at Wellpaper workshop in Kottakarai- Wellpaper workshop is located close to Bamboo center in the Mangalam site. Mid-way from the town hall "mushroom" toward Ganesh bakery - turn left toward the Kali temple. Follow the road till the Wellpaper arched building. Please call us on 2622219 for any assistance or additional information. You are all welcome, *Wellpaper team*

### Auro-Beach(Repos) Second gate is ready to use now.

It is nearly opposite the Waves gate. As usual there will be an every week-end program for everyone to come and enjoy in Auro Beach in order to remember and develop the Repos community.

## AVAILABLE

### Laptop

SAMSUNG laptop second hand, rarely used, Model N100 screen: 26 cms = 10.23 inches. (I need a larger screen to work) - Contact: [simone@auroville.org.in](mailto:simone@auroville.org.in)

### Street Honda, Stereo set, LCD/CD player

1/ Street Honda - from Nov 2002 - Paper valid and New Insurance valid till Oct 2015.  
2/ Philips & Panasonic stereo sets. The lens of the CD players need to be replaced. Radio OK, Stereo Speakers good quality  
3/ One LCD/CD player that can be connected to the Philips or Panasonic speakers.  
Contact Vani: [vani@auroville.org.in](mailto:vani@auroville.org.in) or by SMS 94 888 18 072

### Vegetable seedlings



Our tomato, capsicum and brinjal seedlings are ready to be planted in your garden.

Also there are a few fruit trees - lemon, pomelo and kumquat.

And some big star fruit trees, already some with fruits.

We are looking forward to see you again!

*Your Auroville Botanical Gardens team.*

### Organic chocolate

You may have seen the Conscious Living Chocolate around Auroville; well, we are in the process of improving, growing and re-branding. Our new name is Mason & Co and you can expect to see the new packaging appearing in shops around Auroville & Pondicherry...but don't worry it is still the same people behind the chocolate it's just a different name and more flavours!

We have 8 flavours now: 75% Bittersweet Dark, 75% Zesty Orange, 70% Sea Salt, 70% Chilli & Cinnamon, 65% Semi Sweet, 65% Roasted Cashew, 55% Coconut Milk .

## LOOKING FOR ...

### Foldable massage table

I am looking for a foldable massage table. Contact: *Juergen* - [b4tasttd@auroville.org.in](mailto:b4tasttd@auroville.org.in) or 96 55 662645

### Anyone coming to Auroville from Australia or New Zealand?

If so, please let us know her/his contact details. We need someone to receive a packet in the post over there and bring it over for us. The packet would be very small and light,

### This week Program:

Painting and Drawing lessons! Learn the secrets of Art of Painting and Drawing first-hand from a professional artist. Tricks of the craft will be patiently explained step by step. For the beginners of any age a jump-start introduction. For more advanced students, historical techniques and materials as well as tips on portrait painting. Everyone who is ready to paint their own Masterpiece is welcome in the Studio at Aurodam near Auroville main road and for the open air sessions at the Repos Beach, Auroville.

For feedback and to sign up for a lesson call +91 9600663886, Vlad (volunteer and well-wishers for Repos)

All are welcome.

*Repos Beach Management Team*

Also, check out our new website which gives lots of information and photos about what we do and the farms we work with, so have a peek at: [www.masonchocolate.com](http://www.masonchocolate.com)  
You can buy from Food Link, Farms Fresh, Happy Foods, Old Pour Tous, Food Dome and also directly from our factory in Fraternity (next to Papyrus) between: 9 - 12 and 2 - 5  
Any questions just email us at: [info@masonchocolate.com](mailto:info@masonchocolate.com) or call 8489197701

### Lively Boutique Special offer

A special offer from Lively Boutique (in Kottakarai) and Auro Bacio, in Lady Fashion, tops, blouses and panties. During the period of December 1<sup>st</sup>, 2014 till the end of January, 2015. Submitted by *Ramu*

### Suitcase

RONCATO, Italian, very good condition, big size, 34x58x80 cms, Bordeaux Colour, hard cover, with wheels, number combination lock, telescopic handle. Contact *Grazia, Surrender*, 0413-2622 487, 9843087577, or email: [pucci1944@yahoo.it](mailto:pucci1944@yahoo.it).

### Second-hand gas stove with two burners

Hello! We have a gas stove available with 2 burners to give away. If interested please pass by Joy Community Guesthouse (Ex. College Guesthouse, Center Field) in the morning or call 9442328120 or 04132622584 or email [guesthousejoy@gmail.com](mailto:guesthousejoy@gmail.com).  
*Love, Joy Community :-)*

### Mongoose stunt cycle

One year old, perfect condition. Contact *Ohad* 9443763298

practically weightless. It would have tiny parts as we need to repair our special Tomatis headphones.  
Thanks a lot, Auroville Language Lab and Tomatis Research Centre.

[All@auroville.org.in](mailto:All@auroville.org.in), [alltomatis@gmail.com](mailto:alltomatis@gmail.com), 944.36.31.861 (Mita), 2622575 (Tapas), 95.85.207.962 (Raj), 2623661 (Mano and Parti), 2623088 (Kushboo/ Tomatis Centre).]

### Indoor furniture

Hello! We are looking for some indoor furniture. Some of the things we need include: 1 or 2 wooden desks, a bookshelf, an

armoire and some stools/chairs. Older pieces needing restoration would also be welcome. If anyone has any of these they would like to sell or pass on please contact me: 890-383-

615 / Email: [alohatouch@gmail.com](mailto:alohatouch@gmail.com) - Thank you so much, *Jivatma*

## LOST & FOUND

**Wallet (Lost):** I, Suleman Khan < Lucky > a volunteer here, lost my wallet on 17th of November somewhere in Auroville. The wallet contained my I-card, license, ATM card, Photographs etc and had a few thousand Rupees in it. I am more worried about my I card etc than the cash. If someone finds it please get back to me on my phone number: 9585332363 or my email: [wwwlucky298@gmail.com](mailto:wwwlucky298@gmail.com)  
Thanks a lot, *Suleman Khan*

school bag between Kindergarten and the Solar Kitchen. It's brown with a doll picture. If you found it please contact *Jayanthi*: Mobile: +919787432151 / E-mail: [jayababy58@gmail.com](mailto:jayababy58@gmail.com)

**Bajaj key (Found):** on the parking opposite the Foundation office - please collect it at the News office.

**School bag (Lost):** Monday afternoon my baby lost her

## THANK YOU

### Thanks from Anandi

Dear friends, Big Thanks to all of you who have answered in so many ways to my call. Hugs, good wishes, some rupees, some euros and dollars, pesos from Mexico and Colombia and some coins from Argentina are in my bag...Not too much, but a little wood has always made good - big fires! and I have just started on my journey, I am at the Frankfurt Airport waiting for the Mexican connection...the longest Birthday Day in my whole life ,a day of almost 40 hours and 3 Continents! Never so close to the Divine also!

Still having a lot of time to contribute with me if you feel as I will finish in Woodstock (USA) for the AVI Meeting in August. Money inside Auroville: my Account Nr 251314 (Otto will put it on my Bank Av.) From abroad: to AviUSA mentioning "for Anandi's work for AVI in America".

Thanks again for being with me in this Auroville's adventure throughout Latin America.

*Amor y chau...Anandi*

## APPEAL

### Evergreen horses is hosting a fundraiser

Evergreen horses is hosting a fundraiser on the 14th of December to help finish building the tack room/food store room.

If you want to help you can give things like clothes, toys, kitchen utensils, jewellery, any kind of gadgets (nothing broken please!) for the flea market and we will come pick them up (call Sara-9489145177 or Maya- 9786951591) or you can make a donation to evergreen horses construction account 251928.

Thank you and hope to see you there!

*Evergreen Horses Team*

### Stalls and Stands at the Youth Center Christmas Fair

On the 20th of December the Youth Center is hosting the fantastic annual Christmas fair!

- Everyone who is interested in participating can do so by setting up a stall or stand at the Christmas fair selling food or other items/goods.

- Musicians, actors, jugglers, clowns and entertainers are all very welcome to fill the stage and make everybody happy!

- Every Sunday we are having a full work day to prepare for the fair with a free and tasty lunch provided. Everyone is invited!

- We are still interested in your second hand items for the flea market, don't hesitate to contact us if you need help transporting them.

- If anybody is interested in participating in other ways feel free to contact us.

Thank you in advance! YC team 2622857 or [noevanalphen@yahoo.com](mailto:noevanalphen@yahoo.com)

## ACCOMMODATIONS AVAILABLE AND NEEDED

### House sitting1

Dear Community,

We are looking for a place to stay between 15th of December and 3rd of January. If you plan to go out for the Christmas holidays and would like to share your home with us please let us know. We love pets and plants. *Barni, Bende, Bogi and Zsolti*. Love and Light!

## TAXI SHARING

**December 1st:** Anybody interested in sharing a taxi for AV on Dec.1st, arriving time in Chennai Airport around 4.30am with Kuwait Airways - maybe someone in the same plane? Please contact [gilbert@auroville.org.in](mailto:gilbert@auroville.org.in). Thank you. Merci, *Gilbert*

**December 2nd:** Leaving Auroville (New Creation Field) at 4 pm to Chennai Airport. Taxi already booked. Fred (9943275469, [frederic\\_latour@yahoo.fr](mailto:frederic_latour@yahoo.fr)).

**December 5th:** Friday December 5<sup>th</sup>, arriving at Chennai airport at 4.20 pm. Going to Auroville, if you want to share please contact: [sigapro@web.de](mailto:sigapro@web.de) - *Sibylle*

December 5th: Leaving from Auroville to Chennai Airport at 3 pm. Contact Chandra: [chandradedionigi@yahoo.fr](mailto:chandradedionigi@yahoo.fr) or 7639781711

December 8th: A taxi will be returning to Av from Chennai Airport at 7 am .One place available; please call Mukta at: 2622943 / 9655422346

December 12th: Arriving in Chennai Airport at 3 pm. Leaving Airport at around 4 pm to Auroville. Taxi already booked. Fred (9943275469, [frederic\\_latour@yahoo.fr](mailto:frederic_latour@yahoo.fr)).

December 12th: A taxi ' ll be leaving Auroville early morning to be at Chennai airport at 8.30 - 9.00 am. For

sharing it both ways pls call : Mukta - 2622943 -- 9655422346 .

December 18th: Arrival Mona: Thursday, December 18 Chennai Airport at 13:05 with INDIGO flight 6E 238 - Contact: [monatmam@gmail.com](mailto:monatmam@gmail.com)

December 22nd/23rd: I will arrive at Chennai airport on 22<sup>nd</sup> of December at 11:50 pm with Lufthansa. If you arrive -- or leave -- with a flight about this time and want to share, let me know by email to: [evm.lang@gmx.net](mailto:evm.lang@gmx.net). Thanks, Evmarie

December 22nd: Arrival Frederic: Monday December 22nd Chennai Airport at 16:25 with Indigo flight 6E 512 from Bhubaneswar, Orissa. Contact: [monatmam@gmail.com](mailto:monatmam@gmail.com)

## WORK OPPORTUNITIES

### Aurodesign in Prayatna

Is looking for a person who loves Aurodesign in all. He / She has to be an Aurovilian and have the capacity to manage the development of new products for marketing and interior work.

A basic knowledge of engineering is also needed - AutoCAD - and some experience on the building site. If it's something for you, come and see! AURODESIGN OFFICE - 2623422, [aurodesign@auroville.org.in](mailto:aurodesign@auroville.org.in) Ayyappan

### 1 or 2 volunteers for the cooking team for Peas vs Pills

We are looking for 1 or 2 volunteers for the cooking team for Peas vs Pills. If you would like to join us and meet the following conditions, we want you!

You have attended Peas vs Pills in the past and you have an idea of the kind of cooking that we do or you don't mind finding out and working according to our methods.

You can commit to volunteering for one Sunday every month from Dec - March. Dates - 21st Dec, 18th Jan, 22nd Feb, 29th March.

You have some experience in cooking / vegan cooking for large numbers and you are quick in chopping and preparing.

If you can join us, please write to: [nandita@sharan-india.org](mailto:nandita@sharan-india.org) or call 0413 2622637 or 2622424. We will have the first meeting soon on the 5th or 6th of Dec.

In case you can only help for the first 2 or 3 months, do be in touch and we will see if this can work.

Dr Nandita Shah

## HEALTH

### Homeopathic Consultations

I am back in AV and available for homeopathic consultations: At the Quiet Healing Center (262 2329/ 94880 849660) - Tuesday thru Saturday  
At Kailash Clinic (262 2803) Monday afternoons.  
All meetings by appointment only.  
Michael Z.

### Jade Beautysalon

Facials, manicure, pedicure, waxing, treatments for any kind of skin problems.

Beauty the smile of divine, feel good with yourself.

Call for appointment: 809 876 0113

Happy to welcome you,

With love Julia

## SPORTS

### Tennis tournament

All those interested to assist in the tennis tournament at the end of January 2015, please meet at certitude on sun 30 November at 10 am.

Thanks. Frederick

## GREEN MATTERS



### Vanishing Wildlife

The absence of birds in the sky, animals in the forests and fish in the oceans is sending us clear signals that we are not

living sustainably and that our human footprint on this finite planet is increasing, we are living beyond our planet's boundaries.

The new World Wildlife Fund (WWF) Living Planet Report offers some sobering details of this decline which already has halved the planet's known population of vertebrate wildlife in just 40

years. The report is long, overwhelming, complex and critical, but shows also some hope.

#### Here are some key points:

Earth's wild vertebrate population — which includes all mammals, birds, reptiles, amphibians and fish — declined by 52 % between 1970 and 2010. In other words, the total number of vertebrates in the wild has been cut in half within a single human lifetime.

Researchers calculated this by analyzing 10,380 animal populations from 3,038 species. They used these data to create

a representative "Living Planet Index" for 45,000 known vertebrates.

The number one cause of wildlife declines is habitat loss and change, which is reducing 45 % of the animals studied. Hunting and fishing, both intentionally and via 'by-catch' is next at 37 %. The fastest wildlife decline is in freshwater habitats which have lost 76 % of their vertebrates.

The most severe loss of wildlife has taken place in South America. Vertebrate species fell 83 % from 1970 to 2010 in the neo-tropics, a bioregion that includes most of South America, Central America and the Caribbean as well as parts of lowland Mexico and South Florida.

Low-income countries have seen a 58 % decrease of vertebrate wildlife since 1970, compared with an 18 % drop in middle-income countries. The wealthiest nations have seen a 10 % increase, although their rising resource consumption correlates with the global trend of biodiversity loss. "In effect, wealthy nations are outsourcing resource depletion," (WWF's Keya Chatterjee.)

Marine animals – ranging from tiny sardines to the enormous baleen whales that eat them – have suffered a 39 % population loss over the past four decades.

Populations of land animals have also fallen 39 % overall. But they only declined 18 % within land-based protected areas, less than half the rate for land animals as a whole. That suggests nature preserves can be an effective way to slow down wildlife declines.

Tigers are rapidly vanishing from much of their range, for example, but their numbers have risen 63 % since 2009 within several protected areas in Nepal. Such success hinges on enforcement, though, as seen in the rampant poaching of rhinos and elephants in some African nature preserves. The number of rhinos poached in South Africa alone rose from 13 in 2007 to more than 1,000 in 2013.

However, there are examples of rare wildlife thriving near dense human populations. Fewer than 1,000 mountain gorillas are left on Earth, squeezed into islands of forest that are "surrounded by a rising tide of humanity" as the WWF puts it. Yet thanks to conservation efforts that engage local residents and promote eco-tourism, mountain gorilla population has increased by nearly 30 % in recent years. Gorilla tourism fuels a \$200 million industry in Rwanda, for example, where communities near national parks share 5 percent of the money generated by park permits.

Humankind needs to feel the problems before we take action, it is hard to coordinate ourselves, we are very territorial and tribal in facing global issues, we have to learn to work together and connect, link and plan to face the challenges of sustainability. Public, private and civil society have to come together to share a joint action plan, agenda and vision for the future Earth. Poverty is not a driver but rather a consequence of environmental degradation. There is no solution for poverty alleviation if we do not truly address environmental issues.

We can see a number of positive changes - the growth of awareness about the problems and solutions around environmental issues, whether it be the involvement of the (private) business sector, community based actions or local NGOs and concerned citizen groups, but mostly the booming of civil engagement across the world, all coming together to create a new global movement with the potential to turn things around, increase the pressure and raise demands for the public good.

*For the Auroville Green Center: Lisbeth & Bridget*

Sources: WWF Living Planet report, Intro of the report by Marco Lamberto

WWF Keya Chatterjee, The Guardian, on Disappearing wildlife.

The Auroville Green Center invites you to share green issues for a healthy Auroville, Bioregion and planet Earth

## For your calendar



### AMPHITHEATRE - MATRIMANDIR

*Amphitheatre Team*

Meditation with Savitri read by Mother to Sunil's music

Every THURSDAY at Sunset - 5.30 to 6.00 pm (*weather permitting*)

Enjoy the beautiful open space, an immense sunset and heavenly music in the very Center!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone not to use cameras, cell phones, etc.

Dear Guests, please carry your guest cards and note that access is only for the Amphitheatre, from 4.45 to 6.00 pm. Thank you!

## INVITATIONS

### ART CHAKRA: THE OPEN ART EVENT.

Everyone is invited to the 6th session of the non-judgemental art event- *Art Chakra* scheduled for coming Sunday, 30th Nov. from 10:30 to 12:30 noon at Kala Kendra in Bharat Nivas.

Those who may like to present their art works like paintings, photography, short films, poetry, live music etc. may still get in touch with us for registration on our Facebook page or through the contact given below. Audience can simply drop in without prior registration.

Open and free for all!

Details: *Gaurav* , Ph: 9787897947, [medimedia@gmail.com](mailto:medimedia@gmail.com),

## CLEANING CAMPAIGN

Dear All,

Greetings from Edayanchavady People!

We Edayanchavady elders and youths are organizing a big cleaning campaign on **Sunday 30/11/2014**. Please do join hands together to change something better for future! It is a good opportunity for the Auroville community to work closely with Edayanchavady people.

Starting point: Edayanchavady Temple

Starting Time : 7.00 am

Welcoming you all for a clean Edayanchavady!

*Submitted by Balu, Equality Community.*

## THE ASHRAM SCHOOL'S LAST YEAR STUDENTS AND OTHERS

Are presenting Sri Aurobindo's poem "A God's Labour" through recitation, music and movements.

All are welcome.

Dates: 1st of December -- 8.00 pm

29th of November -- 8.45 pm (general rehearsal)

Place: Ashram Theatre / Duration : 1 hour



## DEEPAM CELEBRATION

Friday 5<sup>th</sup> of December at 6 pm

On the full moon we will light more than a thousand oil-lamps which create a celestial atmosphere. Karthigai Deepam has for centuries been celebrated. It originates from the legend of Lord Shiva who had transformed himself into a divine flame. On this night in Tiruvannamalai a big fire is lit on top of the holy mountain of Arunachala.

At Deepam we work with children and youth with special needs from the surrounding villages. Deepam means light - we chose this name for our project because we want to bring light into the lives of children with special needs.

A bus will leave at 5.30 pm from Solar Kitchen for anybody who needs transport to Deepam, Please follow the lights from the orange gate, previously Last School entrance, to reach Deepam. Kindly be on time as there will be a small program by our children.

## EXHIBITIONS



### AN EXHIBITION OF ART WORKS BY FUTURE SCHOOL STUDENTS.

Opens Saturday November 22nd and runs until December 6th

ArtSeaw



Pitanga Cultural Centre, Saimesti, Auroville, TN 605101, India.  
(0413) 2622403/2622994 Pitanga@auroville.org.in

Open Monday - Saturday 8.00 - 12.30 and 14.00 - 18.00

## Arlet Exhibition "Les Citadines" from December 3rd To 22nd



Kalakhoj hosts a short evening of sharing art works produced by  
Karl Bird, a visiting guest artist (Norway)

### "NEW ROUTES NEW ROOTS"

A showcase of work created during Karl's residency in Auroville

Date: Friday, 28th November 2014 / Time: 5.30 to 7.30 pm Venue: Unity Pavilion, Auroville

Karl Bird (UK/Norway) is predominantly a painter and takes inspiration from his environment. Using a combination of processes and a painterly language to create abstract landscapes, he explores the relationship between organic matter and synthetic material. During his residency Karl has been based at Future School where he has been working with students as well as on his own.

All friends, students and teachers who have interacted with Karl Bird are invited to this small gathering.

For more information: Tapas BHATT - 9442121315

## TALKS, SEMINARS

### AGP Solar Passive Design Studio

3 day seminar 4-6 December, 2014

Auroville Green Practices is organizing a 3-day seminar on Solar Passive Design from 4-6th of December 2014 at Auroville, Tamil Nadu, India. This workshop aims at teaching solar passive design techniques for planning and architectural design with a focus on three predominant climatic zones of India, namely Hot-Humid, Hot-Dry and Composite.

We invite professional architects to join this seminar where participants will be introduced to climatic variations and their effects on built environments along with solar passive design techniques for site planning and building design through talks, site visits and a design exercise with constant interaction and guidance from Ms. Suhasini Ayer, Dr Arvind Krishnan and Mr. Sanjay Prakash. This is a limited capacity and requires active participation of all attendees. Interested individuals can register online at

<http://www.agpworkshops.com/solar-passive-design-studio-4-6-december-2014/>

Contact: Kanika Atre, for Auroville Green Practices, 0413-2622571

Shefali Mendon Auroville Consulting Saracon, Auroville, TN 605101, India - M: +91 994 391 8779

### Unity Pavilion and Kalakhoj

Presents a Talk by Mrs. Helene Larsson Pousette, visiting guest from Sweden

Curator & ex-Cultural Counsellor of the Swedish Embassy in Serbia

Date: Wednesday, 3rd December 2014. Time: 7 30 pm. Venue: Unity Pavilion

#### Theme

With the support of a power-point presentation on different exhibitions organised by Mrs. Helene, she interprets ideas on the notion of national identity explored in the cultural heritage's objects, unique collections and the influence of the narratives. That is a hot topic around the world at present.

The above Talk will be followed by a question & answer session.

An inspiring subject for International Zone development members & Pavilion project holders.

For more information: contact Jaya (Unity Pavilion) / Tapas Bhatt - 9442121315

## CULTURAL EVENTS



## A DIVINE OFFERING OF INDIAN CLASSICAL DANCE

Graceful Odissi Dance by AuroTejas Hemsell & Ashwini Raghupathi  
Powerful Bharathanatyam Dance by Krithiga Ravichandran  
Saturday, November 29th at Unity Pavilion, 8:30 pm (doors open at 8)  
[tejas@shaktidancetroupe.com](mailto:tejas@shaktidancetroupe.com)

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## A MUSICAL PLAY

FORUM-THREE THEATRE group from Bangalore will be in Auroville  
Offering a musical play based on Bertolt Brecht's "Schweyk in the Second World War".

Date: Saturday 29th November 2014  
Venue: Sri Aurobindo Auditorium,  
Time: 7.30 pm  
Language: English.  
Directed by Ranjon Ghoshal

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## Music Invocation

By Lakshmi Santra

Friday, 5th December at 5 pm

At SAWCHU in Bharat Nivas

The evening marks a beginning of regular Vocal training and Hindustani music classes in Bharat Nivas

Classes will be given by Lakshmi Santra who's studied music at the University of Calcutta with Iderahabad Prayag & Sanget Somiti.

Lakshmi proposes exercises, to develop one's capacity to sing. These classes will enable you to explore and achieve your capacity to sing. These classes are also, for ones who have some training already in Hindustani Music and have been looking for teacher to have one on one classes.

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## CLASSES, WORKSHOPS

### VEENA MUSICAL CLASSES



As one of India's most ancient string instruments, the veena's origin can be traced back to the ancient yazh, which was similar to the Grecian harp.

*Bharata*, in his *Natya Shastra*, explains the theory of the 22 sruti's in an octave with the help of two experimental veena's.

Kaanchi Kaama Kodi Aasthana Vithvaan Thiru Ravi (*Ravi* for short) conducts regular veena musical classes for everyone at Yatra Arts Foundation, near New Creation

sports ground.

Come and learn an ancient art form in pleasant and friendly surroundings.

**Who:** Everyone! Children & Adults

**When:** Every Friday evening from 5 pm to 7 pm.

**Contact:** 0413- 2623071 / 9786772209

### AWARENESS THROUGH THE BODY

#### Mini-workshop on connectedness

This small workshop is open to everyone who is interested and already acquainted with ATB or similar work, and who would like to spend a few hours in their week-end to enjoy and appreciate moments of deepened and expanded awareness.

The main theme will be connectedness (within oneself, with others and with the surroundings) and it will be explored through activities involving breath, sound, space and movement.

The workshop is going to take place in Transition School in the ATB hall on: Saturday 6th December, afternoon from 15.00 to 18.30

If you would like to participate please contact *Francesco* at: 9626895370 or at: [Sghilli@hotmail.it](mailto:Sghilli@hotmail.it).

### SENSE OF AUROVILLE

Auroville Retreat welcomes you to a short introduction to life in Auroville by Ross. We will explore a variety of sites; the programme includes a session on Awareness through the Body (with Amir), lunch and a walking tour of Auroville's International Zone. During the tour we will talk about The Auroville Charter and Dream, living in a community, architecture and city planning, forestation and farming, experiments on financial models and any other Auroville related topics you would like to learn about. Registration for this retreat is necessary, book your Retreat by calling 9843948288, and show up on any Thursday morning at Dreamers Cafe in the Visitors Centre at 8.45 am. Contact: Vikram, 9843948288, [info@aurovilleretreat.org](mailto:info@aurovilleretreat.org)

## WELL SHARE

### *Skills Handicraft Arts Recycle Education*

You are invited for a 3-hour introductory workshop to create art and products from waste (mainly recycled newspaper). The following are the techniques we share:

#### 1. Baskets Weaving Introductory workshop

Our experienced Wellpaper ladies will teach you how to create the newspaper sticks that are made from rolled up newspaper that serve as reeds for the baskets. You will be instructed and supported during the process. By the end of the workshop you will have made your own basket. You will make the coloring of the final product on your own since it needs time to dry.

#### 2. Bowls Coiling introductory workshop

The WELL Women will introduce how to create beautiful bowls, containers or accessories made of flattened and coiled newspaper sticks. Most likely you will end up with more than one item.

#### 3. Paper Mache Introductory workshop

In this workshop you will learn the making and usage of colored paper pulp. You will be guided through the process of cutting and shaping a serving bowl from a waste card board on which you will apply the pulp in your own design. We will show you how to manipulate and smooth the pulp into the shape of a bowl. Depending on the weather it usually takes an average of two days for the bowl to dry.

The workshops are instructed by WELL women from the villages around Auroville. These women are very well practiced. These women have teaching experience in and out of AV.

Contribution: Rs.500 for guests. All the workshops has a minimum of 6 participant registered.

The workshop will take place every Wednesday between 9:30 to 12:30.

Wellpaper is conducting also art workshops which are still not scheduled. Please email us for further information / If you would like to join us please email us to: [wellpaper@auroville.org.in](mailto:wellpaper@auroville.org.in) or call 0413-2622219.

With Love, *Wellpaper team*

|                                                             |                                                             |                                                      |
|-------------------------------------------------------------|-------------------------------------------------------------|------------------------------------------------------|
| <i>Baskets Weaving</i><br>December 3, 2014<br>2014          | <i>Bowls Coiling</i><br>December 10, 2014<br>2014           | <i>Paper Mache</i><br>December 17,<br>2014           |
| <i>December 24, 2014</i><br><i>January 14, 2015</i><br>2015 | <i>December 31, 2014</i><br><i>January 21, 2015</i><br>2015 | <i>January 7, 2015</i><br><i>January 28,</i><br>2015 |
| <i>February 4, 2015</i><br>2015                             | <i>February 11, 2015</i><br>2015                            | <i>February 18,</i><br>2015                          |
| <i>February 25, 2015</i>                                    | <i>March 4, 2015</i>                                        | <i>March 11, 2014</i>                                |

## AWARENESS THROUGH THE BODY ATB1

A two-day introductory workshop with Amir  
December 13th & 14th (Saturday & Sunday)

ATB hall, Transition school, Auroville.

09:00 to 17:00 daily.

ATB: ATB aims to assist individuals in developing the capacity for attention, concentration and relaxation, in refining the senses and in cultivating the ability to notice what one is experiencing.

We hope to provide tools and a space to enhance introspection so that we may become aware of the different planes that form our being and have the possibility to enter in contact with our wider sense of self. All the activities, within their particular focus, work towards that goal. The exercises and games are creative and often fun.

ATB has been created and implemented in Auroville schools since 1992, by Aloka Marti and Joan Sala, based on their personal experience following the spiritual path of integral yoga and the idea of integral education. Over the years they have adapted, added to and incorporated knowledge acquired from a wide variety of disciplines, into a coherent, sequential curriculum.

For more information visit the ATB website:  
<http://awarenessthroughthebody.com/>

To sign up for this introductory workshop: mail me at [atbwithamir@gmail.com](mailto:atbwithamir@gmail.com) or feel free to contact Amir or Tamar at 9751257709/96.

## INNER-WORK-WORKSHOP

Introduction to the Integral Yoga of Sri Aurobindo and the Mother

3rd of December (Wednesday)

•Overview with multimedia presentation• Questions and Answers• Practice in Daily Life• Complimentary Concentration Exercises

•Creative Arts, Interactive Games• Life of Sri Aurobindo and the Mother• Introduction to the Reference Books

Focus this week on: 'The Inner Being'

These Workshops are conducted every Wednesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.

Place: Savitri Bhavan. Time: 9 am to 12.00 Noon (pl be present by 8.55 am)

Led by Ashesh Joshi Contact: 9489147202, 2622922

No Registration required (except for groups) Fees: Voluntary Contribution

All are welcome

For details on the Integral Yoga and the upcoming workshops: please visit [www.integralyoga-auroville.com](http://www.integralyoga-auroville.com)

## UNLOCK YOUR FULL POTENTIAL

Life Coaching Workshop with Julie

Friday 12 - Sunday 14 December 2014

Friday dinner: 7.00 - 9.00 pm

Sat. & Sunday: 9.30 AM - 5.30 pm

Bookings: Quiet Healing Center (tel. 2622329 / 9488084966)

Do you want to feel:

Φ Refreshed and energised to live your life fully?

Φ Clear minded when your life is at a crossroads?

Φ Empowered to set your own conventions?

Φ Eager to take on what's next for you?

Φ Confident in your ability to listen to yourself and others at a deeper level?

Φ Aware of how you access your intuition and how you can use it?

During this weekend workshop you will not only get to know yourself and your next step in life better, you will also learn basic coaching skills. In a joyful and open learning environment, you will experience the impact you can have with enhanced listening and intuitive skills while establishing an immediate connection with your fellow participants.

*Julie is a Certified Relationship and Career Coach from the acclaimed Coaches Training Institute in London. She has been coaching a broad client base - from entrepreneurs to executives, mothers, academics, students and volunteers: She will facilitate your journey of finding answers to your questions; answers which already lie within you and show how to realise your full potential.*

## NLP THERAPY

Certified by INLPTA - as NLP Practitioner and certified in hypnosis from the California Hypnosis Institute of India Christine Pauchard is giving NLP therapy from 2010.

NLP will help you to become more efficient regarding your profession; will help you to become aware of your limiting mechanisms and achieve your goal whether it is personal, social, professional or familial. (Therapy is given in French only at the present time)

Contact: *Christine P:* 9489805493 or [christinep67@gmail.com](mailto:christinep67@gmail.com)

## AGNEYAM: PURIFYING THE MIND (ARCHERY WORKSHOP)

A rare workshop that utilizes classical Indian archery to target mind and soul. The workshop is an experiential dissection of the processes of the ancient art of archery as scripted in Dhanurveda.

**Registration:** Thursday, November 27th, 2014 5 pm at KalariGram

**Seminar dates:** Nov. 29th - Dec. 3rd, 2014 or Dec. 6th - Dec. 10th, 2014

Accommodation and enhanced martial art training, coupled with Kalaripayattu, may be arranged for those who would like to have a personalized, full time residential workshop.

For more details and reservations: Hindustan Kalari Sangam (KalariGram) / Udayan (near Adishakti), Edayanchavadi Rd, Auroville PO [kalariagram.org.in](http://kalariagram.org.in)

## LOCALLY GROWN VEGETABLES - SESSION 8

*A series of "learning to cook, prepare and taste sessions"*

The eighth session will be on **29th of November 2014 (Saturday)** at 10.30 am, at Life Education Centre, opposite Isaiambalam School.

This will focus on the preparation of both: **Elephant Yam Eriseri** (traditional Kerala dish using yam with the good flavour of pepper and coconut), as well as **Pepper Jeera Rice** (flavoured rice prepared using pepper and cumin seeds as the main spices).

These sessions are being conducted by **Buvasundari**.

Looking forward to see you there on **29th of November**, where we will see, learn, do, eat and ask questions!

*Life Education Centre team*

## HEALING BY BREATHING RESPIRATION WORKSHOPS AT SVEDAME

**4 afternoons - Dec 3, 4, 5; 6th...1.30 - 4.30 pm**

...Breathing is not just about gas exchanges, it deals as well with subtle energies as Prana but it is also the royal way to **relaxation** (by consciously directing the Sympathetic nervous system). The control of the breath is also a main tool to release and go above your limits, your **blockages**, at the physical, emotional and mental levels. Whatever are our issues, breathing blockages are always present and in another hand, you will not achieve anything with a blocked breath.

...Efficient breath centers you within your body, enlarges consciousness in your life and brings you «**Here and Now**»

...Stress is the main reason of diseases, by learning to develop and control your breath, you acquire a new performant skill to dissolve stress layer after layer, best way to recover or **prolong health**.

As everyone has different issues, a large part of the workshop will be to deal separately with each participant. Open to every age.

Marie Noelle: French doctor MBBS, Yoga, Pranayama, Vipassana, Chi Kong.

Please register soon if possible, thanks. Individual sessions possible also.

[frametim@yahoo.fr](mailto:frametim@yahoo.fr), 2622 989 evening time, or try 7 639 128 435 or sms

## INTRODUCTION EVENING TO 'WOMEN TEMPLE GROUP'

**Friday 5.Dec, 7-9 pm, in Sve-dame, Butterfly Barn.** (with Dariya and sisters)

After 10 of us meeting and practicing weekly for the past 2 months, we are ready to open and expand our Women temple to a few more women, who are willing and able to join & commit, for a next cycle of 8 weeks (on Wednesdays 7-9 pm).

We are going to share a shorter temple evening, followed by questions and answers.

Welcome to this open evening, to experience and sense if this is something you would enjoy being part of.

In order to live and embody the feminine brilliance, for real, we are creating a conscious women's culture which can awaken and nourish us in the deepest sense. The Women's Temple group is a way for us to remind each other of who we are, in an on-going way. Instead of enforcing the status quo by focusing on our problems and personal shortcomings, the **Women's Temple group practices connect us with truth beyond our fears and limited self-images**. From this deeper place, we can navigate from Presence and inner guidance instead of exhausting ourselves in trying to be leaders from a tense, competitive and ego-centered state of mind.

The Women's temple is not a therapy or a support group. It is a space where we come to mirror, celebrate and empower each other. A space where we can drop our masks, and let the beauty of our authentic face be seen in all its glory and pain, passion and vulnerability.

In our Women's temple, we meet beyond the personal, and in this expanded meeting the collective feminine as well as the personal feminine is healed and celebrated. All our practice is based upon being present in the body

(From: <http://awakeningwomen.com/>)

## A SELF-AWARENESS OPEN SPACE

You are invited to come together for self-exploration in a warm heart-space. The focus is to develop a simple practice in our daily life as a means of spiritual growth. We will do this through meditation, mantra chanting, yoga, dialogue and spontaneous games.

Time (starting 4th Dec, Thurs): Every Thursday & Sunday 5.30 pm - 7.00 pm, Saturday 7.00 am - 8.30 am.

Facilitator: **Samrat**, ph: 9655024511, email: [samrat@auroville.org.in](mailto:samrat@auroville.org.in)

Location : The rooftop of Apna Ghar, Meerambikai Garden, when you come into Auroville from ECR (beach road), turn left before the temple prior to Last School, Aspiration, after 200m it will be on the right.

## CHRISTINE P GIVE CLASSES IN DYNAMIC HATHA YOGA

On Wednesday and Fridays 5 to 6:30 p.m. at Vérité. There will be others classes on Mondays and Thursdays (4.30 to 6.00 pm) and Tuesdays and Friday (11 to 12h30 am) in another place from 7 December.

My long years of yoga studies with R.Sharath Jois in Mysore, my experience as a teacher in Caledonia, my knowledge of the body as a registered nurse allow me to teach all age groups and help everyone to progress whatever its difficulties. For more information: *Christine P: 9489805493*

## HOW TO IMPROVE YOUR SOCIAL PROJECT COMMUNICATIONS

**A 3 hour workshop on Improving Communication for Social Programs in Auroville will be held on December 12 at Unity Pavillion: 9.30 - 12.30 am**

This workshop will be especially relevant for any project holder who is working on a social and/or environmental issue and will explore how to research and develop effective audience-centered communications to make sure your message is heard and received for greatest impact.

The workshop will be presented by social communications lecturer and consultant Gerald Frapé. He will be in Auroville for 4 weeks and has also offered to assist individual projects to develop communication strategies. The workshop will be an opportunity to learn new strategic communication skills and obtain free advice on your social project.

Gerald has 35 years of experience in communicating about social issues such as environment, human rights, social justice, health and international development. He has consulted for Australian Governments, the World Health Organisation and a range of NGO's including Greenpeace, the Dalai Lama Australian tour and Oxfam Australia. For the last 20 years he has taught communicating social issues to international

students at Australian universities. Gerald has visited Auroville several times over the past 18 years and has previously conducted workshops on communication for Aurovilians

working on social issues and directly assisted with programs for village action, health and child protection. To register, write to [kathy@auroville.org.in](mailto:kathy@auroville.org.in)

## SCHEDULES

### TAI CHI HALL @ SHARNGA: CLASSES FROM NOVEMBER 24 TO DECEMBER 13

Monday 7.30: Chi / Monday 8.30: 24 form  
 Tuesday 7.30: Chi / Tuesday 8.30: 24 form / Tuesday 16.30: 24 form  
 Wednesday 7.30: 127 form  
 Thursday 7.30: 108 form  
 Friday 7.30: 108 form / Friday 16.30: 24 form  
 Saturday 7.30: 127 form

All are welcome [[taichi@auroville.org.in](mailto:taichi@auroville.org.in) / 2623187]

### SOUTH INDIAN ORGANIC COOKING

With Rajaveni & Suba

Friday, 5 December - from 9.30 am to 12:30 pm (24 hour advance registration required)

Participants will pick some fresh organic vegetables from the garden with a local team then learn how to cook them with traditional recipes, and enjoy eating the results!

*RAJAVENI is an Aurovillian who has been coordinating the Vérité kitchen for 20 years, and SUBA has been working there for the last 10 years. Both are Tamil women from the neighboring villages, happy to share the local culture with all.*

### LIFE COACHING ON HOW TO LEAD A MORE FULFILLED, JOYFUL AND INTUITIVE LIFE: FULFILLMENT

**With Julie - Saturday, 6 Dec from 9 am to 12.30 pm**

Life coaching workshops with Julie who will facilitate individual and group exercises to find your own answers to how to live your life to your full potential. You'll come away feeling refreshed and energized to live your life fully, and to set your own conventions.

**Fulfillment:** What's stopping you from leading a more fulfilled and meaningful life? How can you live your life fully, expressing your gift to the world? Join Julie for this workshop if you are interested in exploring what this means for you and how you can make it happen.

*JULIE combines her extensive coaching, yoga and business consulting experience to help clients find a balance between thought and action, between being mindful and practical. She specializes in relationship and career coaching.*

*Please contact Vérité to register for the following workshop: 0413 2622045 or [programming@verite.in](mailto:programming@verite.in) Contributions requested from guests/volunteers (volunteer reduction by advance application only)*

#### CLASSES in Vérité - December 2014

| Days                                                                       | Drop-in Classes                                                                     | Timings             | Facilitator       |
|----------------------------------------------------------------------------|-------------------------------------------------------------------------------------|---------------------|-------------------|
| Monday to Friday                                                           | Hatha Yoga in Iyengar Tradition                                                     | 6:45 to 8.15 am     | Olesya            |
| Monday & Wednesday                                                         | Hatha Yoga (starting Dec 8)                                                         | 3:00 to 4:30 pm     | Shivi             |
| Monday                                                                     | Sound Bath                                                                          | 5:15 to 6:30 pm     | Aurelio           |
| Monday & Friday                                                            | Pilates (starting Dec 22)                                                           | 4 to 5 pm           | Philippe & Sabine |
| Monday & Friday                                                            | Nia Holistic Dance (starting Dec 22)                                                | 5:15 to 6:15 pm     | Philippe & Sabine |
| Tuesday & Thursday                                                         | Qi Yo Yoga Flow (no class on Dec 25)                                                | 3:00 to 4:30 pm     | Naradi            |
| Tuesday & Thursday                                                         | Hatha Yoga in Iyengar Tradition (no class on Dec 4 & 25)                            | 5 to 6.30 pm        | Olesya            |
| Tuesday                                                                    | Soul Motion Conscious Dance (starting Dec 23)                                       | 5:00 to 6:30 pm     | Philippe & Sabine |
| Wednesday                                                                  | Somatic Explorations                                                                | 5 to 6 pm           | Maggie            |
| Wednesday                                                                  | Dynamic Hatha Yoga (starting Dec 17)                                                | 5 to 6.30 pm        | Christine         |
| Thursday                                                                   | Dance Space (no class on Dec 11 & 25)                                               | 5 to 7 pm           | Dariya            |
| Friday                                                                     | Dynamic Hatha Yoga                                                                  | 5 to 6.30 pm        | Christine         |
| Saturday                                                                   | Dynamic Hatha Yoga                                                                  | 6:45 to 8.15 am     | Christine         |
| Saturday                                                                   | Nia Dance (until Dec 20)                                                            | 5.15 to 6.15 pm     | Ursula            |
| Saturday                                                                   | Pilates (starting Dec 27)                                                           | 7.15 to 8.15 pm     | Philippe & Sabine |
| <b>WORKSHOPS in Vérité - December 2014 (advance registration required)</b> |                                                                                     |                     |                   |
| Fri, 5 or 19 Dec                                                           | South Indian Organic Cooking                                                        | 9.30 am to 12.30 pm | Rajaveni and Suba |
| Fri, 5 or 19 Dec                                                           | An Intro to Gurdjieff Movement                                                      | 5 to 6.30 pm        | Plavan            |
| Sat, 6 Dec                                                                 | Life Coaching: How to Lead a More Fulfilled, Joyful and Intuitive Life: Fulfillment | 9 am to 12:30 pm    | Julie             |
| Fri & Sat, 12 & 13 Dec                                                     | Integral Resourcing: Positive Momentum in Our Personal and Professional Lives       | 9.30 am to 12.30 pm | Dhanya & Susan    |
| Sat, 13 Dec                                                                | Consciousness as Medicine                                                           | 1.30 to 5 pm        | Dr. Yogesh Mohan  |

|                             |                                                                                   |                              |                     |
|-----------------------------|-----------------------------------------------------------------------------------|------------------------------|---------------------|
| Fri, 19 Dec                 | Integral Health & Healing                                                         | 9.30 am to 12.30 pm          | Dr. Geeta Auropremi |
| Fri & Sat, 19 & 20 Dec      | Neurolinguistique Programme (NLP) - An Intro (only in French)                     | 9 am to 4.30 pm              | Christine           |
| Sat, 20 Dec                 | Life Coaching: How to Lead a More Fulfilled, Joyful and Intuitive Life: Intuition | 9 am to 12:30 pm             | Julie               |
| Sat, 20 Dec                 | Affirmation Dolls                                                                 | 1.30 to 4.30 pm              | Krupa               |
| Wed, 24 Dec                 | Integral Health & Healing                                                         | 9.30 am to 12.30 pm          | Dr. Geeta Auropremi |
| Fri & Sat, 26 & 27 Dec      | Fate or Choice? (Family) Constellation Workshop                                   | 9am to 1pm   9am to 4.45pm   | Yuval               |
| Fri & Sat, 26 & 27 Dec      | Yoga and Meditation                                                               | 9 am to 4.30 pm              | Christine           |
| Mon to Fri, 29 Dec to 2 Jan | Perceptible Breath                                                                | (call for detailed schedule) | Veronika            |
| Wed, 31 Dec                 | Integral Health & Healing                                                         | 9.30 am to 12.30 pm          | Dr. Geeta Auropremi |

#### Therapies in Vérité - December 2014

| Therapist        | Modality                                     | Contact for appointment |                      |
|------------------|----------------------------------------------|-------------------------|----------------------|
| Krupa            | Art Therapy                                  | Ph. +91 413 2622 606    | treatments@verite.in |
| Dr. Geeta        | Ayurveda, Yoga & Naturopathy                 | Ph. +91 413 2622 606    | treatments@verite.in |
| Dhanya and Susan | Integral Resourcing                          | Ph. +91 413 2622 606    | treatments@verite.in |
| Julie            | Life Coaching                                | Ph. +91 413 2622 606    | treatments@verite.in |
| Naradi           | Lomi Lomi Massage                            | Ph. +91 413 2622 606    | treatments@verite.in |
| Christine        | Neurolinguistic Programming (only in French) | Ph. +91 413 2622 606    | treatments@verite.in |
| Veronika         | Perceptible Breath (starting mid Dec)        | Ph. +91 413 2622 606    | treatments@verite.in |
| Philippe         | Tarot Reading (starting 22 Dec)              | Ph. +91 413 2622 606    | treatments@verite.in |

*Please note: To support the work of the presenters and staff, we ask all participants to please come on time for all classes and workshops. Thank you!*

Please contact Vérité: 0413 2622045 or programming@verite.in/See the regular events section for on-going classes. Contributions requested from guests/volunteers (Volunteer reduction by advance application only).



PITANGA

## Programme for December 2014

### Y o g a - I y e n g a r

All Iyengar classes for the first two weeks of December are cancelled as Angela and Tatiana are in training with the Iyengar institute in Pune. Normal class schedule will resume Monday December 15<sup>th</sup>.

### Y o g a - A s h t a n g a - V i n y a s a

|                        |                       |           |               |       |
|------------------------|-----------------------|-----------|---------------|-------|
| Ashtanga - Vinyasa (*) | regular practitioners | Tues, Fri | 06.30 - 08.15 | Alain |
|------------------------|-----------------------|-----------|---------------|-------|

### Y o g a m i x e d s t y l e s

|                        |                       |               |               |          |
|------------------------|-----------------------|---------------|---------------|----------|
| Āsanās (*)             | for teenagers         | Mon, Wed      | 16.00 - 17.00 | Lisbeth  |
| Yoga Therapy           | all levels            | Mon, Wed, Fri | 08.30 - 10.00 | Gala     |
| Prana Vidya Hatha Yoga | all levels            | Mon, Fri      | 17.00 - 18.30 | Sabrina  |
| Hatha Yoga             | all levels            | Tue, Sat      | 06.45 - 08.00 | Nausheen |
| Aviva exercise         | for women             | Thurs         | 16.30 - 17.30 | SuriyaG  |
| Āsanās                 | for children 7-9 yrs. | Sat           | 10.00 - 11.00 | Gala     |
| Abdominal Exercise     | all levels            | Sat           | 17.00 - 18.00 | Jean Luc |

### O t h e r E x e r c i s e s

|                            |      |               |        |
|----------------------------|------|---------------|--------|
| Pilates all levels         | Tues | 07.45 - 08.45 | Teresa |
| Pilates all levels         | Wed  | 17.30 - 18.30 | Teresa |
| Pilates Intermediate level | Fri  | 17.30 - 18.30 | Teresa |

|                                 |                      |            |               |          |
|---------------------------------|----------------------|------------|---------------|----------|
| Gurdjieff Movements<br>Altimoda | all levels           | Mon, Thurs | 07.45 - 09.00 | Plavan & |
| Gurdjieff Movements<br>Altimoda | all levels           | Saturday   | 18.15 - 19.45 | Plavan & |
| Discover energy body            | children, 7-9 yrs.   | Sat        | 11.00 - 12.00 | Gala     |
| Abdominal toning                | all levels in French | Sat        | 17.00 - 18.00 | Jean-luc |

## Dance

|                  |                       |     |                 |       |
|------------------|-----------------------|-----|-----------------|-------|
| Odissi Dance (*) | Regular practitioners | Fri | 15.30 - 16.30pm | Rekha |
|------------------|-----------------------|-----|-----------------|-------|

## Martial Arts

|        |            |           |               |              |
|--------|------------|-----------|---------------|--------------|
| Aikido | all levels | Tue/Thurs | 06.00 - 07.30 | Surya        |
| Aikido | beginners  | Sat       | 06.00 - 07.30 | Surya/Cristo |

The timings of Children's classes are not mentioned here. Contact Cristo 2622356, email: [cristo@gmx.fr](mailto:cristo@gmx.fr)

## Health Care at Pitanga

Homeopathy & Bach Flower Remedy, Marika Mon, Fri: 09.00 - 12.00 Tue, Thurs: 15.00 - 17.00

*For the following therapies & treatments please book your appointment on phone, 2622403/2622994*

Acupuncture with Morgana, Awakening the intelligence of the body with Vani, Ayurvedic Oli Massage with Teresa, Cranio Sacral Therapy with Elena, Facial Treatment with Svetlana, Journey to the memory of the body with Vani, Oil Body Massage with Antonello Reiki with Betty, Reflexology with Pircilla, Releasing through Awareness - with Rosa, Thai Yoga Massage - with Juan and Teresa

Note: This symbol (\*) above indicates classes not open to new students  
Closed December 25<sup>th</sup> for Christmas

Pitanga - Cultural Centre, Samasti Community.  
Open Monday - Saturday 8.00 - 12.30 and 14.00 - 18.00  
(0413) 262 2403 - [pitanga@auroville.org.in](mailto:pitanga@auroville.org.in)

## PITANGA NEWS



### IYENGAR CLASSES - with Tatiana and Angela

Tatiana and Angela will be training in the Iyengar Institute for the first two weeks, in December therefore their classes are cancelled and will resume on Monday, Dec 15th with the usual schedule. In the

meantime, the remainder of our schedule is as normal and we have the additional new activities below for you to try.

### HATHA YOGA with Nausheen - Tuesday and Saturday 06.45 am - 8.00 am

A gentle Hatha yoga class with a combination of asana, pranayama and relaxation offered by Nausheen Bari, a long term volunteer working in Mandala pottery and a certified Yoga teacher with The Yoga Institute, Mumbai and The Sivananada Vedanta association.

### PRANA VIDYA HATHA YOGA with Sabrina - Monday and Friday 5.00 pm - 6.30 pm

A gentle, flowing and recharging class that explores asanas for stretching and toning the body and bringing flexibility to the spine guided by conscious breathing and gravity. The class includes Tibetan Healing Sounds, Pranayama, Mudras, Bija Mantra's and tuning into deep relaxation with singing bowls from Kashmir and Tibet. Multi level class, all are welcome. Sabrina, a newcomer to Auroville, has been practicing Yoga for 15 years and is a certified Qi Yo Multiversal Yoga Teacher and a member of the International Yoga Federation.

### GURDJIEFF MOVEMENTS with Plavan and Atimoda - Monday and Friday 7.45 am - 9.00 am and Saturday 6.15 pm - 7.45 pm

Gurdjieff Movements are a unique collection of movement exercises and rhythmic dances that have been inspired by the sacred dances and spiritual exercises seen by George Ivanovich Gurdjieff in temples and monasteries of the East. They are designed to serve the purpose of harmonic development of man by demanding the total involvement of body, mind and feeling while evoking a sense of presence. They also create an ideal situation to experiment with the transformation of energies through awareness.

This class is taught by Plavan who is a guest to Auroville and has been practicing Gurdjieff movement since 1988 and teaching the Movements in Japan and abroad since 1997. He is a translator of Gurdjieff's books into Japanese and the author of a book on the Movements and cosmology of Gurdjieff. He is assisted by Atimoda who has the experience of bodywork and medication center leader besides the Movements.

### PSYCHOSYNTHESIS WORKSHOP- an integral map for transformation with Ulli

Nov 28th and Nov 30th 9am-6pm - see last week's news and notes or auronet for details

**ACUPUNCTURE TREATMENTS** available by appointment from reception offered by Morgana a returning certified therapist to Pitanga

For further details and workshop registration please contact Pitanga, Samasti, Auroville, tel: 0413 2622403 or email: [pitanga@auroville.org.in](mailto:pitanga@auroville.org.in)

# SAVITRI BHAVAN

December 2014

## EXHIBITIONS

*Sri Aurobindo: A Life-Sketch in Photographs*  
Continues in the upstairs corridor

*Meditations on Savitri: Books Eight to Twelve*  
From December 15 in the Picture Gallery

## FILMS

### Mondays 6:30 pm

December: "*The Mother on Sri Aurobindo*"  
A film of 1992 from the Sri Aurobindo Ashram. Duration: 22min.

December 8: *Shri Kireet Joshi "Let Us Work to Restore the Veda, Part 4 - The Seven Rivers, 1"*  
"The Veda contains the highest possible understanding of Divine consciousness, the Human consciousness and the connection between the two". Duration: 88min.

December 15: *Shri Kireet Joshi: "Let Us Work To Restore The Veda, Part 5 - The Seven Rivers, 2"*  
"How to live life according to the Veda?" - Duration: 87:00min.

December 22: "*Journey of Love*" - A video-talk by Dr. Alok Pandey  
reflecting upon Sri Aurobindo's life and work that he brought and is bringing Truth with love.  
Duration: 77min.

December 29: "*Meditations on Savitri - Book 1: The Book of Beginnings - Canto I: The Symbol Dawn*" - A film by Manohar of Huta's paintings illustrating passages from *Savitri* read by The Mother and accompanied by her own organ music. Duration: 27min.

## REGULAR ACTIVITIES

Sundays 10.30-12 noon: *Savitri* Study Circle

Mondays, Tuesdays, and Fridays 3-4 pm: *Yoga and the Evolution of Man*, led by Dr. Jai Singh

Tuesdays 5-6 pm: *Savitri* study in Tamil, led by Sudarshan

5.45-7.15 pm: OM Choir (*see details below*)

Tuesdays, Fridays, Saturdays 4-5pm *L'Agenda de Mère* : listening to recordings with Gangalakshmi

Wednesdays 5.30-6.30 pm: Reading *The Life Divine*, led by Shraddhavan

Thursdays 4-5 pm: The English of *Savitri*, led by Shraddhavan

Saturdays 5-6.30 pm: Satsang led by Ashesh Joshi

### OM Choir

*The voice that chants to the creator Fire, The symbolled OM, the great assenting Word (Savitri p.310)*

In 1961 the Mother gave the *adesh* to Narad to bring down a new music. She said that one must go far above words and bring down the pure Music. Mother told us to sit in a circle and have no preconceptions as to what we would sing but to be silent and let the music descend in us. The OM Choir aspires to bring down the New Music for the New World in a collective body. We sing only OM, the creative and effectuating word after starting with warming-up and voice exercises given by Narad.

### Full Moon Gathering

Saturday December 6, 7.15-8.15pm in front of Sri Aurobindo's statue

Digital Library: multimedia facilities for individual study

Savitri Bhavan offers individual computer access to a large range of audio-visual materials. All the recordings of courses, guest lectures and special events held at Savitri Bhavan are available, as well as much more. Aurovillians, visitors and volunteers are invited to make use of this opportunity to increase their knowledge and understanding of the vision of Sri Aurobindo and the Mother and the aims and ideals underlying the experiment of Auroville.

Office, Exhibitions, Reading Room and Digital Library are open Monday to Saturday 9-5

Everyone is welcome

## ARKA WELLNESS CENTER DECEMBER- 2014 THERAPIES

| WHAT WE PROPOSE                                      | WITH WHOM                                              | WHEN                                                |
|------------------------------------------------------|--------------------------------------------------------|-----------------------------------------------------|
| Ayurvedic massage, Lomi Lomi massage & Cranio Sacral | SILVANA by appointment 9047654157                      | Monday to Saturday<br>(After 8th of December)       |
| Acupuncture                                          | Dr. MOHAMMED SAHEL ANSARI<br>by appointment 9994208068 | Monday, Wednesday and Friday                        |
| Body Logic, Soft Massage and Deep Tissue Massage     | PEPE by appointment 9943410987                         |                                                     |
| Yogic Healing<br>Therapeutic Massage                 | BASU - by appointment<br>9443997568                    | Monday to Friday 8 to 9:30 am<br>& 6:00 to 7:30 pm. |

|                                                                                                 |                                                                                                                |                                                                      |
|-------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|
|                                                                                                 |                                                                                                                | Saturday & Sunday Mornings                                           |
| Reiki, Mind Therapy, Foot Reflexology, Courses of Reiki & Ayurvedic Massage. ( Also Individual) | GIANNAKA by appointment 9487629648                                                                             |                                                                      |
| Hypnotherapy and Chakras Healing                                                                | Marcella- by appointment 9443338734                                                                            | Also in Italian                                                      |
| Thai yoga massage                                                                               | Mark-by appointment 8940001088                                                                                 | Until 13 <sup>th</sup> of December                                   |
| Shiastu                                                                                         | Vijan - by appointment 9787390182                                                                              |                                                                      |
| Psycho Spiritual Tarot, Deconditioning Self-Inquiry, Innervoice Dialogue, Graphology            | ANTARJOTHI By appointment 0413-2623767 or Email : <a href="mailto:antarcalli@yahoo.fr">antarcalli@yahoo.fr</a> | Also in French.                                                      |
| Siddha Treatment ( Discover the traditional Medicine)                                           | Shivaraj - 93454 54232                                                                                         | Monday, Wednesday and Friday From: 10 am to 12:00 pm by appointment. |

#### BEAUTY PARLOR

| WHAT WE PROPOSE                                                                                             | WITH WHOM                                               | WHEN                          |
|-------------------------------------------------------------------------------------------------------------|---------------------------------------------------------|-------------------------------|
| Holistic Reflexology, Face Massage, Cleaning, manicure, pedicure, threading, waxing, henna & hair coloring. | MEHA by appointment 9443635114                          | Monday to Saturday            |
| Beauty care (Herbal facial). Dieting/Nutrition consultation. Hair cuttings for Indian hair only.            | Semantini by appointment 9943387428                     | Tuesday and Thursday mornings |
| HAIR DRESSING                                                                                               | ONGKIE - by appointment 9843930178                      | Monday to Friday              |
| Hair dressing                                                                                               | LADINA (Certified Hairdresser) appointment - 9787337465 | Monday to Saturday            |
| Hair dressing                                                                                               | YUVAL appointment 7639291546                            | Monday to Friday              |

#### REGULAR CLASSES IN THE MULTIPURPOSE HALL - 1ST FLOOR

| WHAT WE PROPOSE                          | WITH WHOM                                                             | WHEN                                                                          |
|------------------------------------------|-----------------------------------------------------------------------|-------------------------------------------------------------------------------|
| Acro-yoga                                | Mark - 8940001088 email- mark@auroville.org.in<br>Damien - 9047722740 | Sunday morning at 8:00 to 10:00 am                                            |
| VOCAL YOGA VY®                           | Clare Fanning - 9442318775 & Giridev                                  | Monday, Wednesday & Friday at 7:30 am to 9:00 am                              |
| Hatha yoga with pranayama and Meditation | Ankur - 9159834055                                                    | Monday to Saturday at 5:00 to 6:30 pm( also special classes with appointment) |
| KUNDALINI YOGA                           | Ankur - 9159834055                                                    | Tuesday Thursday & Saturday at 7:00 to 8:00 am                                |
| QI CHONG                                 | Vijan Emilio-9787390182                                               | Tuesday Thursday & Saturday From 9:00 to 10:00 am                             |

INTERNET FACILITY IS AVAILABLE IN ARKA MONDAY TO SATURDAY 9:00 AM TO 5:00 PM.

## FILMS



CINEMA - Bharat Nivas - AUDITORIUM

FRIDAY 5 DECEMBER- 7.30 PM (Film show starting at 7.45 sharp)

"A SEPARATION" - Jodaeiye Nader az Simin

Director: Asghar FARHADI -IRAN, 2011

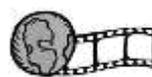
Stars: Leila Hatami, Peyman Moaadi, Sareh Bayat

Awards: Academy Award for Best Foreign Language Film

**Synopsis:** A married couple is faced with a difficult decision. Simin prefers to live abroad to provide better opportunities for their only daughter, Termeh while Nader refuses to go because he thinks he must stay in Iran and take care of his father who suffers from Alzheimer. Without really willing it, they start a divorce so that Simin can leave the country. Her request having failed, she returns to her parents' home and Termeh chooses to stay with her father. Nader hires a maid to look after his old father, hoping his life will return to a normal state. Yet, when he discovers the new maid has been lying to him, he realizes that there is more on the line than just his marriage. From family drama to police investigation, religion, morality, legal

or social injustice, everything is in this accomplished film that has received unanimous acclaim all over the world.

*Original version in Persian with English Subtitles - Duration: 2h.*



## "The Eco Film Club

Sadhana Forest, December 05th, Friday at

7pm

### THE ISLAND PRESIDENT

2011 - 101 min. Directed by Jon Shenk

Winner of 3 International Awards and Nominated for 3 more

The story of President Mohamed Nasheed of the Maldives, a man confronting a problem greater than any other world leader has ever faced—the literal survival of his country and everyone in it. After bringing democracy to the Maldives after thirty years of despotic rule, Nasheed is now faced with an even greater challenge: as one of the most low-lying countries in the world, a rise of three feet in sea level would submerge the 1200 islands of the Maldives enough to make them uninhabitable.

*The Island President* captures Nasheed's first year of office, culminating in his trip to the Copenhagen Climate Summit in 2009, where the film provides a rare glimpse of the political horse-trading that goes on at such a top-level global assembly. Nasheed is unusually candid about revealing his strategies - leveraging the Maldives' underdog position as a tiny country, harnessing the power of media, and overcoming deadlocks through an appeal to unity with other developing nations. When hope fades for a written accord to be signed, Nasheed makes a stirring speech which salvages an agreement. Despite the modest size of his country, Mohamed Nasheed has become one of the leading international voices for urgent action on climate change.

Before the movie at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work!

After the film you are welcome to join us for a free 100% vegan organic dinner!!

Free bus service to the TOUR OF SADHANA FOREST and the ECO FILM CLUB - DEPARTURE SOLAR KITCHEN: 16:00 and RETURN FROM SADHANAFORREST: 21:30

Free bus service to the ECO FILM CLUB - DEPARTURE SOLAR KITCHEN: 18:00 and RETURN FROM SADHANA FOREST: 21:30

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 2677682 or 2677683 or [sadhanaforest@auroville.org.in](mailto:sadhanaforest@auroville.org.in)

## VISITOR CENTER MOVIE SHOW

4th December Thursday 8 pm

LUCY (2014)

Genre: Sci-Fi/Action / Rated: Above 18 / Language: English/Subtitle: English / Dur: 1.30min

Dir: Luc Besson / Cast: [Scarlett Johansson](#), [Morgan Freeman](#), [Min-sik Choi](#)

Storyline: It was supposed to be a simple job. All Lucy had to do was deliver a mysterious briefcase to Mr. Jang. But immediately Lucy is caught up in a nightmarish deal where she

is captured and turned into a drug mule for a new and powerful synthetic drug. When the bag she is carrying inside of her stomach leaks, Lucy's body undergoes unimaginable changes that unlocks her mind's full potential 100%. With her new-found powers, Lucy turns into a merciless warrior intent on getting back at her captors. She receives invaluable help from Professor Norman, the leading authority on the human mind, and French police captain Pierre Del Rio.

5th December Friday NO SHOW

## THE FRENCH PAVILION

Presents

"L'urgence de ralentir"

A French documentary by Philippe Borrel  
Arte France 2014, 1h24mn

Saturday, 29th November 2014

Cinema Paradiso at 5 pm

## AT SAVITRI BHAVAN

Monday, 1<sup>st</sup> of December 2014, at 6:30pm.

"THE MOTHER on SRI AUROBINDO" -

Sri Aurobindo came to tell the world of the beauty of the future that must be realised. He came to give not a hope but a certitude of the splendor towards which the world moves. The world is not an unfortunate accident, it is a marvel which moves towards its expression.

A film from the Sri Aurobindo Ashram from 1992. Duration: 22min.



# Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film programme 1 December 2014 to 7 December 2014

Indian - Monday 1 December, 8.00 pm:

PRAGUE

India-Switzerland, 2013, Dir. Ashish R. Shukla w/ Chandan Roy Sanyal, Arfi Lamba, Kumar Mayank, and others, Mystery-Romance-Thriller, 109mins, Hindi-English-Czech w/ English subtitles, Rated: NR

A city with a history of heritage, myth and superstition. A passionate architect with strong but delusional ideas about love and life. A Czech gypsy girl searching for her identity and true love. Add to the drama of a mean friend you can't do without and cannot trust either. The conflict of these complex characters is further heightened with illusions of someone who is there but at the same time not there. Is what you see is true or not? All of the above are thrown together in a very unique and unusual situation where you do not know what to believe and what to disbelieve.

Italian - Tuesday 2 December, 8:00 pm:

STILL LIFE

UK-Italy, 2013, Writer-Dir. Umberto Pasolini w/ Eddie Marsan, Joanne Froggatt, and others, Comedy, 90mins., Italian w/ English subtitles, Rated: G

Meticulous and organized to the point of obsession, John May is a council worker charged with finding the next of kin of those who have died alone. When his department is downsized, John must up his efforts on his final case, taking him on a liberating journey that allows him to start living life at last.

Cultural - Wednesday 3 December, 8.00 pm:

FUENTEVEJUNA, ANTONIO GADES LAST WORK

Spain, 2012, Dir. A.L. Ramirez w/ Cristina Carnero, Angel Gil and others, 94 mins (film) + 10mins (presentation) Spanish w/ English subtitles, Rated: NR

Antonio Gades last choreographed work in 1994 is a piece of pure beauty. Based on true events the play was written by Lope de Vega nearly 400 years ago. The story is about the abusive misuse of power and privilege of a commander who took advantage of the vassals in his care, until one day, encouraged by their women the villagers revolted and killed him. When interrogated the entire village took responsibility. It highlights the enormous richness of the Spanish folklore. Do not miss this tale of love and solidarity!

Spanish - Thursday 4 December, 8.00 pm:

ARRANCAME LA VIDA (Tear This Heart Out)

Mexico, 2008, Dir. Roberto Sneider w/ Ana Claudia Talancón, Daniel Giménez Cacho, José María de Tavira, and others, Drama, 107mins, Spanish w/ English subtitles. Rated: R  
Set in the 1930s in Mexico, the film focus on the life of Catalina, a young girl born to a middle-class family. She meets the cunning General Andrés Ascencio and gets married to him. The film is partly grounded on the factual lives around the arrogant and ruthless General Maximiano Avila Camacho, one of the last of the unfettered Caudillos of that era.

International - Saturday 6 December, 8:00 pm:

DEUX JOURS, UNE NUIT (Two Days, One Night)

Belgium-France-Italy, 2014, Writer-Dir. Jean-Pierre Dardenne, & Luc Dardenne w/ Marion Cotillard, Fabrizio Rongione, Pili

Groynes, and others, 95mins, Drama, French-Arabic w/ English subtitles, PG-13

Sandra, a young Belgian mother, discovers that her workmates have opted for a significant pay bonus, in exchange for her dismissal. She has only one weekend to convince her colleagues to give up their bonuses so that she can keep her job.

**Children's Film - Sunday 7 December, 4:30 pm:**

**NIGHTMARE BEFORE CHRISTMAS**

USA, 1993, Dir. Henry Selick w/ Danny Elfman, Chris Sarandon, Catherine O'Hara, and others, 76mins, Animaion-Fantasy-Family, English, Rated: G (for >5yrs old)

Jack Skellington, the pumpkin king of Halloween Town, is bored doing the same thing every year for Halloween. One day he stumbles into Christmas Town, and is so taken with the idea of Christmas that he tries to get the resident bats, ghouls, and goblins of his town to help him put on Christmas instead of Halloween -- but alas, they can't get it quite right.

**Fritz Lang Film Festival @ CINECLUB**

**Ciné-Club - Sunday 7 December, 8:00 pm:**

• **THE BIG HEAT**

USA, 1953 Dir. Fritz Lang w/Glenn Ford, Gloria Grahame, and others, 90mins, Crime-Thriller, English w/ English subtitles, Rated: PG

Dave Bannion is an upright but unscrupulous cop on the trail of a vicious gang that he suspects holds power over the police force. Bannion is tipped off after a colleague's suicide and his fellow officers' suspicious silence lead him to believe that they are on the gangsters' payroll. When a bomb meant for him kills his wife instead, Bannion becomes a furious force of vengeance and justice, aided along the way by the gangster's spurned girlfriend Debbie. As Bannion and Debbie fall into the Gangland's brutal trap, they must use any means necessary to get to the truth.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

*Kindly do not bring food, drinks, snacks, munchies or your pets into the auditorium.*

*As a courtesy to fellow viewers please be sweet and stop chatting after the film starts.*

For scheduling programs at MMC/CP venue: please email us at [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in). We appreciate your continued support. Thanking You, MMC/CP Group Account# 105106, [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in)

## SOME ESSENTIAL SERVICES

**Some Auroville Acronyms:** ABC Auroville Board of Commerce; ABS Auroville Board of Services; AVC Auroville Council; BCC Budget Coordination Committee; FAMC Funds and Assets Management Committee; FS Financial Service; HRT Human Resource Team; LCC Land Consolidation Committee; LMTF Land Management Task Force; LRM Land and Resources Management; PTDC Pour Tous Distribution Centre; WC Working Committee

[Kindly let us know of any changes in opening/closing hours for the service. Eds]

**Auroville Ambulance:** 9442224680

**Auroville Library, Crown Road:** opening hours - 9:00 to 12:30 and 14:00 to 16:30 from Monday to Saturday

**AvHC:** This is to inform you that due to popular demand, from 3rd June onwards, we are extending our Doctors' consultation hours from 8.30 to 1pm and 2 to 5.30 pm daily except Saturday which remains a half day. The Pharmacy will maintain its present timings (8 am to 5 pm). *Av HC*

**City Transport:** Quick "Pick up and Drop" Shuttle Service in Maruti Omni 4-seater van, with per passenger fares, from Rs.60/- for 1 person single trip inside the city area, destinations up to Aspiration/Auromodele and Repos/Quiet. Phone Visitors Centre main gate 262-2611 or to the driver directly 94876-50951 daily 9.30am-6.00pm and Fri-Sat-Sun evenings up to 9.30pm (10.00pm for return trips). Please note that it is not a taxi that will wait for you for onward or return trips, but if needed will come back to pick you up again when called.

**Day/Night Guard:** Auroville Security: Please call Ramesh.V at 9443090107/9443362691 in case of emergency or if you need an escort (for people with bikes/cycles only) or assistance. You can also contact us at [avsecurity@auroville.org.in](mailto:avsecurity@auroville.org.in)

**Eco Service, Kottakarai:** Jayamurthy - 904 701 5812 / Gillian - 9442067481, email: [ecoservice@auroville.org.in](mailto:ecoservice@auroville.org.in) / Auralice - 763-965-5954

**Entry Service, Multimedia Center:** 1st floor, Town hall Complex: Mondays, Wednesdays, and Fridays: 10.00am to 12.00pm for enquiries/applications. Thursdays: 2:00 to 3:30pm. B Form filling for newly resident Aurovilians and youth turning 18.

**Financial Service, Town Hall and Aspiration:** Mon to Sat, 9 to 12.30 and 3 to 4.30pm

**Free allopathic medical treatment** by Dr. Amarnath in Arati One. Tel.: 262 24 92; email: [amarnath@auroville.org.in](mailto:amarnath@auroville.org.in)

**Free Store:** Monday to Friday: 9:00 to 12:30 pm. Tuesday and Thursday: 2:30 to 4:30 pm

**Free Store Tailoring Service:** Repair work will be received only from 1st to 15th of every month. Timings will be same as Free Store.

**Auroville Gas Service, Service Area:** Near Tele Service" and BSNL Telephone Exchange. Monday to Saturday: 9 to 1 and 2 to 4 pm

**Guest Service Solar Kitchen:** 1st floor. Open every morning (including Sunday) from 9.30 to 12.30. Afternoon from 1pm to 4pm (except Sunday)

**Housing Service, Town Hall:** Public hours are Monday & Friday 2:30 to 4:30pm, and Tuesday, Thursday, Saturday 9:00 to 11:30am. No public hours on Wednesday.

**Integral Health:** Classical homeopathy, hypnotherapy, midwifery, counselling, Shiatsu, energy work / [integralhealth@auroville.org.in](mailto:integralhealth@auroville.org.in) - 2623669 / Mon-Sat 9 am - 5 pm, preferably on appointment.

**Kailash Clinic, Kailash:** Call 2622803 for an appointment during morning hours from 8.30am to 12.30pm

**LOE, Lab. Of Evolution, Bharat Nivas:** Mon to Sat 9am-12 noon and Monday to Friday 2.30pm to 4.30pm.

**Matrimandir:** The Inner Chamber is open for Aurovilians daily

06.00am to 08.45am. 11.30 am to 12.30pm (02.00 pm on Sunday)

04.30 pm to 08.00pm

Please keep the Chamber neat and tidy. Straighten your mat and put back all extra cushions neatly by the door. Please refrain from rearranging the cushions which are laid out for you.

To bring family members and personal friends please book by calling 2622579 from 9.30 to 11.30 am any day except Tuesday. Be at the office gate of Matrimandir by 8.45am on the day of the visit.

Please remain with your guests throughout the visit.

**Matrimandir is closed to visitors on Tuesday.**

Aurovilians wanting to bring their children to the Matrimandir are recommended to do so on Tuesdays between 9 am and 11.15am.

**Midwifery care in Auroville:** 24/7 for emergencies and birth, pregnancy consultations and preparing for natural gentle birth, consultations for breastfeeding and post-natal care. by appointment phone 8098900471. Manuela

**Music library, Town Hall:** Mon, Wed, Fri, Sat from 9 to 12.30 and Tues, Thurs, Sat from 2 to 5:30pm.

**Nandini Tailor section: (Auroshilpam):** tel: 2622527

Open to public on Tuesday, Thursday, Saturday full day: from 9am to 12.30pm and 3pm to 5pm

No new order taken last week of the month. Don't forget to bring your bag

**Nandini Distribution : ( ptdc , solar kitchen)** tel : 2622033

Open to public from Tuesday to Saturday morning from 9am to 12.30pm and Tuesday, Thursday afternoon 2.30pm to 4.30pm  
Don't forget to bring your bag

**OutreachMedia Services:** The services provided by OutreachMedia include: dealing with all media that come to Auroville for filming, writing, photographing - reporters, journalist and writers. 2622-098 or 9443602194 or 9952463904 Or Robert at 8940 568 305. Multi-Media Centre. Office hours: Monday-Friday: 9.30am to 12.30pm. Afternoons and Saturdays by appointment.

**Puncture service, service area:** next to gas bottle service, opposite road service; Monday to Saturday 9am to 4 30pm; phone 2622741, cell 9442891235.

**Auroville Residents Service timings:** Please note that the Auroville Residents Service office will be open from Monday to Friday morning's from 9:00 am to 12.00 pm and afternoon Tuesday and Thursday from 2:30 to 4:30.  
Thank you, Residents Service Team

**Savi:** facilitates voluntary services and internships in Units & activities of Auroville; clarifying your needs of long term volunteers, helping with visa, and following-up these external resources to make their stay mutually beneficial. Opening hours in Unity Pavilion for visits, waiver forms signing and welcome Monday to Friday 10 12am. Phone 262 2121 - email [study@auroville.org.in](mailto:study@auroville.org.in)

**Skyworks:** Tree pruning, removal of hazardous trees and branches over fragile structures, power line cleaning. SatYaaji 958 516 58 82

**Vehicle Service, Town Hall:** Monday - Friday : 09.00am - 12.30 pm, 02.00pm - 4.30pm. Saturday: 09.00am - 12.30pm

**Video library, Town Hall:** Mon, Wed, Fri, Sat from 10 am to 1 pm and Tues, Thurs, Sat from 3 to 6pm.

**Women's Helpline** - For women needing assistance after an incident of violence on Auroville roads. Please call 262 2425 (mornings) or email [avhs@auroville.org.in](mailto:avhs@auroville.org.in)

## ACT NEW TIME TABLE

**EARLY TRIP (daily except Tuesday).** This service is conditional to MM being open to visitors. Usually not running on rainy days (enquiries: 2622235)

7:45 AM from Transport Service near Certitude Corner, opposite to Gas Service

12:00 Noon from Pondy rue St Louis (beach end of J.N. Street) opposite Ashram playground

### SHOPPING TRIP

Tuesday

8:50 AM from Vérité

12:00 Noon from Pondy Manakula Vinayagar Street (Ganesh Temple Street)

### AFTERNOON TRIP

Monday

2:50 PM from Vérité

6:00 PM from Pondy Manakula Vinayagar Street (Ganesh Temple Street)

Wednesday and Friday

4:30 PM from Vérité

8:00 PM from Pondy Manakula Vinayagar Street (Ganesh Temple Street)

Please note: In case the ACT bus is not available as per the time table please be on the lookout for a replacement by Auroville Jeep or Van, we will ensure that a small white and orange sign is visible on the replacement vehicle.

All trips are paying trips and ACT welcomes your contribution everyday on every trip. ACT maintains its voluntary contribution policy aligned with Auroville's utopia, ideals and aims. At present it is YOUR contribution ALONE which keeps the service afloat. Travel passes are available from Financial Service (Town Hall & Aspiration) and Guest Service (above the Solar Kitchen). For more information contact ACT (0413) 2622962 or [act@auroville.org.in](mailto:act@auroville.org.in)

In summary, 2 trips have been discontinued Thursday and Saturday morning trips. The logic being that there is a 7:45 AM departure from Transport Service every day except Tuesday. We assume this can somewhat fulfil the need for the 9:00 AM trip on these days. We have maintained the 9:00 AM trip on Tuesday when the 7:45 AM is not available. In addition the ACT bus is on duty Saturday (and Sunday) mornings for shuttling visitors from the Visitor Centre to Matrimandir viewing gallery.

### **Important information about News & Notes (Absolute deadline for submissions or cancellations: Wednesday 11 am)**

The contents of News & Notes are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

**How to submit material:** Material (no pdf files, please) may be sent (in English only) to the N&N email address (below).

**NB: Messages with large attachments (more than 1 MB) will not reach our inbox.**

**Please try your best to send your announcements, reports, film schedules whenever they are ready. The Wednesday deadline (11am) is absolute as the News is given to the printers by Wednesday 2 pm.**

Any modifications of the submitted News items have to be sent to the editors before Wednesday.

**We regret not being able to attend to visitors on Wednesdays due to work pressure.**

**Articles for the Notes section** should ideally be no longer than 500 words. All articles need to reach us by Tuesday noon.

**Disclaimer:** The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

News & Notes, Media Centre, Town Hall. Phone: 2622133, email: [newsandnotes@auroville.org.in](mailto:newsandnotes@auroville.org.in)