News & Notes

23rd August 2014......................A weekly bulletin for residents of Auroville..................Number 561
HOUSE OF MOTHER’S AGENDA

A supramental gnostic individual will be a spiritual Person, but not a personality in the sense of a pattern of being marked out by a settled combination of fixed qualities, a determined character; he cannot be that since he is a conscious expression of the universal and the transcendent. But neither can his being be a capricious impersonal flux throwing up at random waves of various form, waves of personality as it pours through Time. Something like this may be felt in men who have no strong centralising Person in their depths but act from a sort of confused multi-personality according to whatever element in them becomes prominent at the time; but the gnostic consciousness is a consciousness of harmony and self-knowledge and self-mastery and would not present such a disorder. There are, indeed, varying notions of what constitutes personality and what constitutes character. In one view personality is regarded as a fixed structure of recognisable qualities expressing a power of being; but another idea distinguishes personality and character, personality as a flux of self-expressive or sensitive and responsive being, character as a formed fixity of Nature’s structure. But flux of nature and fixity of nature are two aspects of being neither of which, nor indeed both together, can be a definition of personality. For in all men there is a double element, the unformed though limited flux of being or Nature out of which personality is fashioned and the personal formation out of that flux. The formation may become rigid and ossify or it may remain sufficiently plastic to change constantly and develop; but it develops out of the formative flux, by a modification or enlargement or remoulding of the personality, not, ordinarily, by an abolition of the formation already made and the substitution of a new form of being, - this can only occur in an abnormal turn or a supernormal conversion. But besides this flux and this fixity there is also a third and occult element, the Person behind of whom the personality is a self-expression; the Person puts forward the personality as his role, character, persona, in the present act of his long drama of manifested existence. But the Person is larger than his personality, and it may happen that this inner largeness overflows into the surface formation; the result is a self-expression of being which can no longer be described by fixed qualities, normalities of mood, exact lineaments, or marked out by any structural limits. But neither is it a mere indistinguishable, quite amorphous and unseizable flux: though its acts of nature can be characterised but not itself, still it can be distinctively felt, followed in its action, it can be recognised, though it cannot easily be described; for it is a power of being rather than a structure. The ordinary restricted personality can be grasped by a description of the characters stamped on its life and thought and action, its very definite surface building and expression of self; even if we may miss whatever was not so expressed, that might seem to detract little from the general adequacy of our understanding, because the element missed is usually little more than an amorphous raw material, part of the flux, not used to form a significant part of the personality. But such a description would be pitifully inadequate to express the Person when its Power of Self within manifests more amply and puts forward its hidden daemonic force in the surface composition and the life. We feel ourselves in presence of a light of consciousness, a potency, a sea of energy, can distinguish and describe its free waves of action and quality, but not fix itself; and yet there is an impression of personality, the presence of a powerful being, a strong, high or beautiful recognisable Someone, a Person, not a limited creature of Nature but a Self or Soul, a Purusha. The gnostic Individual would be such an inner Person unveiled, occupying both the depths, - no longer self-hidden, - and the surface in a unified self-awareness; he would not be a surface personality partly expressive of a larger secret being, he would be not the wave but the ocean: he would be the Purusha, the inner conscious Existence self-revealed, and would have no need of a carved expressive mask or persona.

THE LIFE DIVINE, Book II, Part II, Chap. 27: The Gnostic Being

SRI AUROBINDO

Our mind must be silent and quiet
but our heart must be full of an ardent aspiration.

The Mother

ref. MCW, vol. 14, Words of the Mother - II, p.350
Funds and Assets Management Committee (FAMC)

JULY 2014 REPORT

Regular members: Ashoke (Sri Aurobindo International Institute of Educational Research), Daniel (Working Committee), David (Forest group), Iyanar (Farm group), Juergen (Land Resources Management), Michael (Auroville Unity Fund), Rathinam (Budget Coordination Committee), Satyakam (Housing Service), Sauro (L’avenir d’Auroville), Toby (Auroville Board of Services), Ulli (Auroville Board of Commerce), Shri. N. Bala Baskar (Secretary, Auroville Foundation), and Mr. Srinivasmurty (Finance & Administrative Officer, Auroville Foundation).

TRUST & UNIT TOPICS

The FAMC approved the reappointment of Udavi School Trust trustees Bithi, Dominique H., Eric, Neeti, and Sanjeev with effect from 22 May 2014.

The Auroville Board of Services (ABS) endorsed the appointments of Bithi and Christian T. as additional executives of AuroOrchard, a service unit under Auroville Service Trust. The current executive is Gerard. This was approved.

The ABS approved the creation of a new service unit, Atmasanga Environment Alliance, under Auromitra Trust, with executives Udhay and Aurelio. Their activity is described as: “Creating and conducting ‘Awareness Campaigns’ to educate people about environmental degradation caused by human activity and suggesting solutions to deal with various problems, e.g.: campaign against plastic bags, and promotion of reusable shopping bags made of cotton and jute.” This was approved.

The Auroville Board of Commerce (ABC) approved the creation of a new unit, Amano, under Auromitos Trust, with executives Andre D. and O. Marriappan. This is the leather works that has been part of Auromics for many years; they simply wanted to create a separate entity. This was approved.

The ABC approved the appointment of Ambra as an additional executive of Miniature, a unit under Team Trust. The current executives are Marco and Liliana. This was approved.

The ABC approved the appointment of Julia K. as an additional executive of Sciro Pizza, a unit under Free Flow Trust, as well as the executive resignation of Dirk N. The current executives are Antonio and Cinzia. This was approved.

FINANCE TOPICS

New Era Secondary School (NESS) requested a Government of India Plan Grant advance of Rs. 3,30,032 for teachers’ salaries from April through July 2014 (4 x Rs. 82,508). It was reported that some Bharat Nivas salaries had already been advanced by the Auroville Unity Fund. Previously it was agreed that recurring expenses such as salaries need to be advanced. This request was approved.

FAMC requested Andre T. to stop allowing Welcome Taxi, a non-Auroville unit, to use a Financial Services account for transactions. Upon further clarification, it was reported that Andre was debiting Aurovilians via the New Creation Frites account for Welcome Taxi billing of Aurovilians. Andre then replied to the FAMC that he would stop.

Auroville Nature Camp submitted a grant application to the Project Coordination Group (PCG) for approximately Rs. 34 lakhs to improve the infrastructure, create new immovable assets such as a caretaker house and kitchen/pantry, upgrade the fence for protection, and purchase a truck. As the request concerned immovable assets the PCG asked the Nature Camp team for “a letter of approval” from FAMC (and L’avenir). FAMC expressed support for this development and wrote a letter of approval to the team. They were further advised to create proper access in case of an emergency and to consider the nearby agricultural land which may be purchased in the future and used to grow food. It was also mentioned that the team explore how the camp can be used by adult Aurovilians, and Auroville units/services, in ways that will maintain the integrity of the atmosphere.

HOUSING TOPICS - Nothing new this month

LAND TOPICS

The FAMC were requested to support pursuing a land purchase opportunity in Irumbai near the lake and Kalparusha Farm. Purchase would consolidate farm land in a good location. After receiving a verbal report from a member of the Land Consolidation Committee (LCC) the FAMC members expressed support to pursue this purchase. It was agreed to put into practice, as an experiment, some developing guidelines for ‘those friendly to Auroville’ to purchase land in the Master Plan area. Details on the developing guidelines will be communicated in the near future; they are presently being drafted by L’avenir d’Auroville. FAMC followed-up with the LCC in writing.

The FAMC were informed of about 7 acres being offered at a reasonable rate per acre in the Northern greenbelt near Freedom. This is a critical spot for access, and purchase of the land would provide security in the area, and into Auroville. The members agreed that the LCC should pursue this land purchase with the ‘those friendly to Auroville’ idea in mind. LCC was informed in writing.

The LCC proposed to exchange Auroville land in Thiruchitrambalam revenue village TH 191/1B - 68 cents, against land in Bommayarpalayam revenue village R.S.No BO 30/3 - 1.42 acres (greenbelt). The FAMC approved the land exchange noting that the Auroville plot is 87 cents while the proposed exchange is for 68 cents only. FAMC requested LCC to exchange the entire plot. FAMC do not see any sense in maintaining a 19 cent plot.

The LCC proposed to exchange Auroville land in Thiruchitrambalam revenue village TH R.S. No. 180 - 0.38 acres (Auropannam) against land in Irumbai revenue village R.S. No...
Reappointment of Unity Fund Executives

Dear friends,

The term of office of the Unity Fund has expired some time ago. The executives (Rathinam, Divya, Lyle, Michael Tate and Otto) are standing for reappointment for a period of 2 years. We announce their names for a 2-week feedback. Feedback and suggestions should be addressed to: workingcom@aurville.org.in

Thanking you

Announcement from BCC

This is to inform the community that following the decision of the Resident Assembly regarding Pour Tou Water, the BCC has arrived at a list for the scope of works to be carried out by Pour Tou Water, and agreed with their team to a mode of functioning and a monthly budget. Please details below - This will be a 2 years experiment with a six monthly review by BCC.

POUR TOUS WATER (Emergency - Repair & Maintenance)

The work and objectives of PTW is to be essentially an Emergency - Repair & Maintenance Public Service: 24/7 emergency availability. We are available for emergency situation: Pipe broken / Sludge crises / Pump problem / Water delivery / Fire / other natural damages.

PTW is not available for new construction work or City-water pipe supply & connection.

SERVICES OFFERED BY POURE TOUS WATER:

Our PTW will offer all these services to everybody (individuals, communities, city-services, services-units and commercial - units)

Free service & labor and consumables / Material & supplies at the charge of the Users

1/ Bore well pump checking, repair and maintenance: Often, emergency
* To take off the pump - to check the problem - to put a temporary pump in order to provide asap water during the time of repair and generator if necessary / to purchase the new pump in case (plus service charges 10%) / to put back the pump + record of water level and new data concerning the pump & Well. Electric or Solar.

2/ Water tank cleaning and maintenance: Only emergency
* There is all kind of water-tanks, some are easy to clean, others are more difficult and need more workers on the spot / Often, emergency

3/ Exterior & interior Plumbing, repair and maintenance:
* Exterior problem with valve or link / interior problem with cleaning and painting: Only emergency
* To deliver asap water by tank on the spot for user in needs:

4/ Sludge & Septic tank maintenance: Often, emergency
* There is all kind of Septic tank / to put EM in the septic tank and take off the Sludge / monitoring the Sludge Spot eco friendly. Repairs on Septic Tank to be charged extra.

5/ Water supply by tank of (2500 & 5000 liters): Only emergency

6/ Generator supply (4 kva, 7.5 kva-10 kva & 40 kva): Only emergency
From the Entry Service - N&N - No- 561
Dated 23.08.2014

We would like to inform the community that our team decided to recommend the following persons as Aurovilians and Newcomers. We will wait two weeks for Newcomers and Returning Aurovilians and also one month for Aurovilians from this publication for your feedback before making our final decision.

AUROVILIANS:
Maya BERGGREEN (Swedish) - Staying at Gaia, working as teacher trainer at SAIIER and also working as teacher at TLC.
Gildo PIVETTA (Italian) - Staying at Luminosity, working as teacher at Future School.

CHILD OF AN AUROVILIAN:
Zasha Aditya Elvis SODERLING (Swedish) - born on 30/10/1997, studying in Future school.
Nikita Jenina SODERLING (Swedish) - born on 06/02/2000, studying in Future school.
Mohini Ninja SODERLING (Swedish) - born on 25/06/2008, studying in TLC.

RETURNING AUROVILIAN:
Geo BRETTMAN (German) - Staying at Auromodel, working as team member at Nandini distribution centre.

CHILD OF A RETURNING AUROVILIAN:
Rani - born on 19/11.2014

NEWCOMERS:
Roberto LONGO (Italian) - Staying at Maitreya, working as gardener at Matrimandir.
Melissa DE VALERA (France) - Staying at Auromodel, working as coordinator and teacher at Lilith Fashion school and also working as designer and co-manager at Avatar Design fashion unit.
Eric (Clapton) NTAKIRUTIMANA (Rwanda) - Staying at Acceptance, working as coordinator at African Pavilion and also working on the construction site at Maison de jeunes/ Citadines.
Nadia ROMEO (Italian) - Staying at Acceptance, Working as part time secretary at L’Avenir and also working as homeopath assistant at integral health clinic.
Manjini JAGADEESAN (Indian from Bommaiarpalayam) - Staying at Celebration, working as Coordinator at Comfort Design.
Anandhajothi GANESH (Indian from Chidambaram) - Living at Aspiration, working as cook at PTDC kitchen.
Rabindra JIBANDASH (Indian from Orissa) - Staying at Celebration, working as teacher at Nandanam.
Punam RAUTELA (Indian from Rourkela) - Staying at Celebration, Working at Kindergarten and Alkyam school.
Sergio GARCIA FERNANDEZ (Spanish) - Staying at Adventure, working as Web designer under Auroville Radio and part of the Capoeira team.

CHILD OF A NEWCOMER :
Arun GARCIA VANTIEGHEM (Spanish) - born on 18/11.2009.

Confirmation of Newcomer Status:
We have identified a lack of clarity in the communication and confirmation of status, as the announcements done in the News and Notes are for Feedback only, and sometimes, after the announcement, there can be either an extension of status, or a decision to stop the process overall. We are adding another section of confirmation to avoid further confusion.
From Entry Service
Dear Community,
We would like to remind you that we need you to sign your feedback(s).
Anonymous feedbacks are not taken into consideration. Signing in the name of a Community or remaining anonymous does not verify your status as Aurovilian and cannot be taken into account. Even if your name will not be communicated to the concerned person, we may need to communicate with you eventually. The content of the feedback is shared in a clarification interview before continuing with any process of joining Auroville.
Aurovilians are extended members of the Entry Service, to send valid feedback which is signed by name in order for us to be able to take it into consideration. Signing in the name of a Community, or remaining anonymous does not verify your status as Aurovilian and cannot be taken into account. Only named feedback can be considered, and although names will not be mentioned, the content of the feedback will be shared in a clarification interview before continuing with any individual's process of joining Auroville. Thank you for your continuous input and support by providing feedback regarding those aspiring to join the community.

The Entry Service Team

ID CARDS for Aurovilians - Last round
ID Cards registration will start again from Monday 25th August till 30th September.
Please bring along a proof of identity.
Those who have not yet picked up their ID Cards from the previous 2 phases are requested to pick them up.
Timings: 10:30 - 12:30 pm, Monday through Friday and 02:00 - 04:00 pm, Mon - Wed - Fri.
Phone: 2622-222
Auroville Foundation

AGP Summer School 2014.
Dear friends,
It has been a week since the completion of Auroville Green Practices Summer School 2014. The program was based on a 3H approach which nurtures hands (skills), head (competencies) and heart (inner capacities) of the participants and this year communication skills, relay with communication, human relation, interviews. Fluent English, skill such as typing minutes, email follow up, listening, understanding and give information on entry at the desk and during interviews.

DEar Community,
We would like to remind Aurovilians of their responsibility, as extended members of the Entry Service, to send valid feedback which is signed by name in order for us to be able to take it into consideration. Signing in the name of a Community, or remaining anonymous does not verify your status as Aurovilian and cannot be taken into account. Only named feedback can be considered, and although names will not be mentioned, the content of the feedback will be shared in a clarification interview before continuing with any individual's process of joining Auroville. Thank you for your continuous input and support by providing feedback regarding those aspiring to join the community.

The Entry Service Team

INFORMATION ON JOINING AUROVILLE

Our office is open to general public on Monday, Wednesday, Friday from 10 to 12 am and Thursday afternoon from 2 to 3 pm on appointment regarding B-Forms and Recommendation letters.
Please notice that the last week of each month we are closed for public. We will use this time for studies, field visits and internal office work.

The Entry Service team (Chitra,Eva, Ishita, Kavitha, Kripa, Muthu, Umberto).

FOR YOUR INFORMATION

Auroville Singing Festival 2014 - Important notice
1) The second rehearsal which had been planned for Sunday 31st August has been POSTPONED to Sunday 7th of September from 3 to 5.30 pm in the SAIIER conference hall.
2) All team should send us [at: avsingingfestival@auroville.org.in] a short history of their team
and song so that the Master of Ceremony may be able to introduce you to the public in case you cannot do it yourself.

3) Clementine, long term volunteer, has offered to provide voice training and advice. She can be contacted at: clementine.browne@gmail.com

4) We need more children for the Children Choir - Information is available with Minseon at: avsingingfestival@auroville.org.in

Ananda (Co-coordinator)

Understanding sludge and sludge tests

What is sludge?
Sludge is the semisolid untreated residue that is generated by domestic sewage. All of the water from our toilets, bathrooms, kitchens goes into a septic tank. “Septic tanks are settlers i.e. meant to give wastewater enough time to let solids (such as shit and food waste) settle and turn into bottom sludge. When the bottom sludge takes up about 50% of the volume of the settler, the time given to the inflowing wastewater becomes too short to permit settling of solids and the settler does not sufficiently perform; it needs to be de-sludged.”

What is de-sludging?
“De-sludging means the removal of the bottom sludge (always leaving a ‘starter’ for the subsequent inflow). It does not mean the emptying of the tank. Sludge is taken from septic tanks, this is the same whether the “system” consists of septic tank and soak pit only or whether it consists of several other gadgets after the septic tank. In some DEWATS waste-water treatment plants, sludge is taken from the first or the first few tanks of the baffle tank reactor, where bio-waste is decomposed (i.e. treated) slightly further. As regards fresh shit, yes, in sludge from septic tanks there is some small amount of fresh shit, between 1 percent and 1 per milie and probably less.”

Why should we care?
I must admit it is ironic to make such a fuss out of sludge when India holds the world record for open defecation and has no qualims, despite laws, to send men unprotected down sewers and septic tanks. Downhill from Forecomers, “the city of Pondicherry lets out several lakhs of litres of partially treated sewage every day, directly into the soil on the same area.” And yet perhaps this is precisely why we should care, for one of the ideals of Auroville is to be a model for India. Besides, personally I feel, if one generates waste, one should have some awareness and take some responsibility for ensuring that the waste is properly disposed.

Treating sludge
When treated and processed, sewage sludge becomes biosolids. Local governments make the decision whether to recycle the bio-solids as a fertilizer, incinerate it or bury it in a landfill.

Why is it an issue now?
From 2002 to until recently, Botanical Garden had sludge pits, where sludge from AV would be deposited, treated with EM and coir, and then after a year, the sludge would be used as a fertilizer for non-fruit trees. Compared to 10 years ago, the volume of sludge generated seems to have doubled or even tripled (AV currently produces an estimated 80,000 liters of sludge every month), and there were some complaints that the treatment wasn’t being done properly. The recent de-sludging of the Solar Kitchen wastewater treatment plant resulted in almost 4,000 liters of sludge (19 loads of 500l each). After dealing with this, Botanical Garden decided to shut down its sludge pits. AV Water Maintenance decided to create new pits in Mango Field (Forecomers), but the location, the process of choosing the site, the treatment process, and the safety of the sludge is disputed. Also, while earlier there was only 1 AV unit that was handling de-sludging, now there are 3 AV units capable of handling sludge. Auroville urgently needs to find a site where sludge from all 3 units can be properly treated and it can be ensured through soil tests that the sludge is safe to be discharged into the land as compost. There is a proposal for a pilot project where sludge treatment and monitoring of the treatment would be handled by people other than those collecting it.

What can I do as an individual?
What you flush away is what we have to collectively treat. So pls. be mindful about that. Pls. don’t flush sanitary napkins, diapers, condoms, down the toilet. Ask the Eco-service for a separate bin to put these items in. Also don’t flush cigarette butts, swabs, cooking oils, for they also lead to clogging the system up. The flushing of salted water into the septic system can lead to sodium binding in the drainfield, and chemical cleansers kill the microbiological life that breaks down the waste. Ideally, only what is excrated by the body should be flushed.

What can I do in my community?
Most communities have wastewater treatment plants. But these plants are not functioning well as they were not built or are being maintained properly. Malfunctioning treatment plants result in more frequent de-sludging. Get an expert opinion if the community treatment plant can be improved. Repair it and decrease the volume of sludge your community produces.

How safe is the biosolids or treated sludge of AV?
Pls. see attached files reg. sludge tests and reports in the post http://www.auroville.org.in/article/43821

Submitted by Bindu

News from the Centres

August 15th was celebrated by the Centres in varying ways. Some organised a quiet gathering cum meditation for its core members, perhaps even with a small bonfire; others used the occasion to call for a larger national gathering, and yet others enjoyed a collective walk through beautiful greenery...In many centres around the globe, be they AVI or other associated parties, Sri Aurobindo’s anniversary was honoured, and deep gratitude felt and expressed.

SPAIN - Spanish speaking readers are warmly invited to the newly emerging AVI Spain website http://www.auroville.es/ that went live on the 15th; the site is still under construction but it’s already lovely and the basics are there.

CANADA - AVI Canada came out with a rich and mostly bilingual (French-English), illustrated 37-page summer newsletter that contains a.o. its traditional ‘Mot du Président’, regular Centre activities, inspired personal impressions, reports on events here in Auroville’s International Zone in February this year, and some articles earlier published in Auroville’s media. It also carries an in-depth article by Vera giving background of the Russian Bells and introducing the http://www.russian-singing-bells.com/ site, as well as a small cameo on birds and harmony by Monique, and Andre talking about his educational centre. The bulletin also gives its considerable fundraising results for land purchase, Matrimandir, educational & health projects and afforestation. And once again AVI Canada contributed to its thoughtful Vision Future project, which it initiated two years ago: the project works in collaboration with Auroville’s Housing & Entry services and aims towards financially helping young newcomers to settle in the City of Dawn. The bulletin can be downloaded from http://aurovillecanada.org/plans.html/
and info. It contains an animated report of the ‘Deutsche Tage’ weekend in May held in Munster, Germany, written by one of the participants; depicts in text and photos the AVI Europe meeting & and sightings in Cork, Ireland; carries an in-depth article on the Thomas & Thomas book on AV Economics; and highlights Unltd Tamil Nadu & one of its enterprises ‘Amirtha Herbal’. AVI Germany is delighted to work with the young Weltwaerts (WW) volunteers, and youthful energy radiates through the letter’s pages and photos. A fun little article gives us glimpses of how, each year, a new batch of 15 WW volunteers receives a week-long ‘survival’ training of how to handle life here... and one of the WW volunteers describes her keen cultural observations while living in a Tamil family in Edeynchavadi for 3 months. There’s also a touching musing on the multi-faith prayer hall at Heathrow Airport as seen through young eyes; an article by the Sri Aurobindo Society on its 25 years in Germany; as well as a fundraising appeal for the Kuilyapalayam sanitary park project, African House and, of course, Acres for Auroville.

There are updates on courses given by Aurovilians in the Sri Aurobindo Centre in Berlin and the gradual emerging of its garden where members work every Wednesday, and much more. The newsletter (in German only) can be obtained from info@auroville.de.

**PAVILIONS** - At the request of Avenir/TDC, Centres are working on a questionnaire re aim, parameters, use of space and other such data pertaining to the cultural/national pavilions to be built in the International Zone in collaboration with the respective Centres. As the AVIs are strongly promoting the idea of this Zone to finally get into shape, Hungary, Germany, UK, France, Scandinavia and the Europe group responded with hope. However, it’s adamant that first a clear, well defined layout for the zone be conceived. A detailed “Basic parameters for an International Zone infrastructural plan for the construction of national pavilions and continental groupings” has been submitted to Avenir/TDC by the AVI Board with the sincere hope and trust that something will be moving.

For all AVI matters, please refer to Vani via vani@auroville.org.in

This column is maintained by mauna@auroville.org.in

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**POSTINGS**

**Repos beach - Be careful**

Regarding beach erosion in Repos: as all the sand is gone, be very careful not to injure yourself when you go to swim. There is a lot of debris from the old structures: broken bricks, iron rods, granite pillars in the shallow water.

Vasu, Young Hee.

**From Nandini Tailoring section**

No order taken from Tuesday 26th to Saturday 30th of August. We start again on Tuesday 2nd of September. Don't forget to bring your bag with your new order. Anne and Vidya

**Baby born**

Selvam and Anitha from Creativity are happy to announce you the birth of their daughter on Saturday 16th August at 10.26 am

**Tree Care restarts work**

Tree Care Team would like to inform the community that we have restarted working.

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**AVAILABLE**

**A kitten**

A very intelligent orange black and white kitten is looking for a home. Toilet trained. Impeccable manners. Call Nandita 2622637, 2622424 or SMS 9488483286

**A round garden table and chairs**

A round garden table in steel, painted in black with top in glass (diam. around 1m) and 4 chairs in good condition are available. Call 948 63 63 708 - Ashatit

**An iron**

If anyone has still an old functioning iron lying around, even if with cable or plug defect, kindly pass it on to me. I’ll repair and reuse it happily. Call 2623038 or Email kayananda@auroville.org.in

**MRF tire**

I am selling my MRF revs of size 130/40 radial tire. It can easily fit into Pulsar 150, 180, 200, 220 , Yamaha fz and other bikes with 17 inch rim. Contact: Vikrant ph. 9940072682 e-mail viekie012@gmail.com

**Bean bag and a single mattress**

Please contact 9884035536. Thanks, Shiv

**Bike + Appliances**


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News&Notes 23rd August 2014 [561]
LOOKING FOR…

Shelves for the special needs room

Dear friends,

Here at Aikiyam School we have classes for students who have ‘special needs’ because of physical challenges or learning and assimilation difficulties. The room where we work with them every day really needs some shelving. Do you have any shelves, big or small, that you could give us so that we can put things away neatly and keep the space on the floor freer? If you do, please let us know. You can call the office at 0413 2622 358 or Shankar at 89031 52339.

Thank you very much for helping out, Aikiyam School

Barrels

1 iron barrel and 3 big blue barrels. Ready to pay at a good price. Contact Boobalan, V Siddharta forest 9787084506

Place for training

I’m having a small friend who is studying at the Lycée Français of Pondicherry. She has to do a training for three weeks from 8 to 26 September, related to sales. If it is possible to find some place which is connected to natural medicine or plants, it would be really appreciated. Thanking you - Contact: pierre.satsanga@gmail.com / 9626 9015 75. Pierre Elouard - Transformation

Usable blender, kitchen equipment for cooking class

If you have a spare blender/grinder or a stainless steel pressure cooker (3-4 litres) that is in good working condition, consider loaning it to the Future School cooking class where a growing number of students are learning fast and easy recipes for dishes that are nutritious as well as tasty. We are also in need of a small oven, woks, additional rolling pins, cutting knives.

Please contact futureschool@auroville.org.in or call 2622776.

Thanks!
Abha

Transformation

Usable blender, kitchen equipment for cooking class

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Please contact futureschool@auroville.org.in or call 2622776.

Thanks!
Abha

LOST & FOUND

Stainless steel water bottle (found): Someone forgot a stainless steel water bottle marked PIA during the rehearsal at SAWCHU on Sunday 17.08. The bottle is with me. Contact: ananda@auroville.org.in

ACCOMMODATIONS AVAILABLE AND NEEDED

House sitting 1

We, Julie (Nandini Distribution) and Rashid (volunteer), are looking for a house-sitting from the beginning of September for as long as possible. We are responsible people, we will take good care of the house and we will be happy to take care of animals and garden.

Julie & Rashid

House sitting 2

I’m Charles (Aurovilian) looking for a house-sitting. I’m quiet, responsible and reliable; a good housekeeper; an engineer with practical knowledge of electrics, plumbing etc. References available. Funds available for expenses and small repairs. Anything considered. Available now. Contact: c.bluelight@auroville.org.in, 262 2500 (office hours), 99434 66057.

House sitter 1

My house in Quiet is available for housesitting from 18th Sept till approx mid Nov. I am looking for someone who loves animals and can keep the house neat and clean. Some contribution towards expenses is expected. Please contact shahnandi@gmail.com or message 9488483286 - Nandita

TAXI SHARING

August 25th: A Taxi will be leaving Av early morning to be at the airport for 9 am. For sharing it, pls call Silvana: 2622943 / 9047654157

August 26th: Tuesday for flight arriving 20.15pm in Chennai airport. If interested to share please contact Kathy (kathy@auroville.org.in or 9443135005 and leave a message). Thanks!

September 1st: A taxi will be leaving Av very early to be at Chennai airport at 7.00am. For sharing it both ways, pls call: Silvana 2622943 / 9047654157

September 2nd: Going to Chennai Airport (International flight). Leaving Auroville before 3 pm. Three seats available and/or empty taxi from Chennai airport back to Auroville from after 6 pm. Please contact Honor: 9943275107 or honor.chance@gmail.com. Thanks

WORK OPPORTUNITIES

Join us at Upasana

At Upasana we have the following jobs:

Stock room manager: Someone who is meticulous with materiel arrangement of things. Skill -- Tamil, English

Project coordinator: Good in coordinating things, being with people, planning action with team and following up. Computer skill required.

Both jobs are open for part time if required. Please write to: Admin@upasana.in

At Annapurna

Annapurna Farm needs a person, full or half time, who has skills, or is interested in learning them, in the maintenance of and setting up of machinery and infrastructure. Maintenance provided. Come and share the work of growing food for Auroville!

Contact Andre Mom at: andrebmom@gmail.com
**AUROVILLE RADIO**

This week the Auroville Radio Team is happy to welcome Sergio and Marieke’s new son Unai to the world! Chloe is visiting with Lucas (a musician and sound hacker) and is planning an exciting event -watch for the announcements.

We are grateful to Armando (the musician) who sent us microphones and money fund raised in NY earlier and to Krupa and Edo for the safe delivery. Also thanks to Marc in Canada for his contribution via the Gateway website! Your enthusiasm helps us as does your support. We are now active in planning a month long fund-raising campaign and are excited that Vania (youth of Auroville) is composing a short piece for the Auroville Radio. We look forward to further collaborations with Auroville musicians. Meanwhile we explore, express and expand slowly towards futures destinations!

All the recordings are available to be copied on your memory stick at the AurovilleRadio premises in Town Hall, opposite the Auroville Radio. We look forward to further collaborations with Auroville musicians.

You can listen to all of the programs and more on www.aurovilleradio.org. For more info call 0413-2623331 or email Andrea: a@aurovilleradio.org

**HEALTH**

**Free check-ups for early detection of oral cancer**

On the 21st of August, Dr. N.S.C. Charles MDS (Oral Maxillo Facial Pathologist) has kindly agreed to do the check-ups for Aurovilians, Newcomers and workers. Kindly contact the reception for appointment: 2622265 or 2622007.

**GREEN MATTERS**

**Good news: the Auroville egg is coming!**

‘Pondy eggs’, Auroville eggs, organic eggs, freerange eggs, country eggs...what do these labels really mean? This column explains some essentials - the good and the bad, the hopeful changes, and choices we have as consumers.

**“Pondy eggs”**

Mostly do not come from Pondy, but from as far as 300 km away from us. As eggs are becoming a more and more widely accepted part of Indian diets, with school feeding schemes (such as in Tamil Nadu) and hospitals including them in their meals, India has become the world’s second largest producer of eggs. What once was a natural part of farming has turned away from us. As eggs are becoming a more and more widely accepted part of Indian diets, with school feeding schemes (such as in Tamil Nadu) and hospitals including them in their meals, India has become the world’s second largest producer of eggs.

Our Nandita Shah describes the conditions (apologies to sensitive readers, please continue reading to the good news!):

“To prevent hens from pecking each other, their beaks are cut off without anaesthetics soon after birth. The beak is a very sensitive part and many die as a result of this procedure [...] The claws on their feet are often cut off for the same reason, leaving their feet and legs deformed. They are also kept in the dark for most of their lives to reduce aggression and to make them lay more eggs. These chickens have been bred to lay about 250 eggs a year [presently 300+], a tenfold increase from what they would produce in nature. As a result of the ensuing calcium depletion, their bones become brittle. When their production decreases, in about a year, they are taken to slaughter...”

Inevitably these birds are prone to severe behavioural and health disorders. Therefore, they are not only vaccinated but given antibiotics on an ongoing basis, generally as part of their feed. Problems are not limited to the birds, but extend to humans and the environment; they range from creating resistance to antibiotics through the food chain, to salmonella infections, fly infestations and pollution of air and water in their neighbourhoods.

**Improvements in sight**

The good news is that in June this year, the Indian government has directed the state governments to stop the use of antibiotics and growth hormones in animal feed, as well as respecting a gap between antibiotic therapies and the sale of food products from treated animals. Animal welfare organisations have launched campaigns for a complete ban on battery cage systems, which clearly violates the ‘Prevention of Cruelty to Animals’ act. Earlier this year, the High Courts of Punjab and Haryana have issued notices to governments and industry to phase out battery cages.

In Europe, battery cages are banned since 2012, and other countries like USA, Canada and Brazil have started to follow suite.

A big mayonnaise producer, Hellman’s, only uses eggs from cage-free production and seeks certification of all its supply by a third-party animal welfare auditor, and many other companies such as Burger King, Subway, WalMart and Starbucks have adopted cage-free procurement policies in the USA.

**In India too**, alternative egg production systems - free-range, organic and cage-free - is being encouraged by the government. Especially in states with small land holdings and less resources like Kerala and the North-East, rural egg production is being strongly promoted. The layer hens, distributed in rural areas are mostly indigenous breeds, more robust and better suited to village conditions.
Eggs in Auroville

Auroville has a few farms and communities that keep chicken “the natural way”, and some manage to supply FoodLink with small quantities of organic ‘country eggs’ which, in spite of costing double or more than industrial eggs, are very popular and always quickly bought up. (While earlier one could get natural eggs from the villages, these have become all but unavailable.) Those farms that have produced large quantities of eggs for the community (Aurogreen, AuroOrchard) have been under some of the same constraints, financial and practical, as poultry farmers elsewhere, in spite of doing their best to avoid the degrading aspects of ‘high-density’ poultry farming.

In recent years, 99% of Auroville eggs (mostly supplied to PTDC and Solar Kitchen) have come from AuroOrchard, and now the farm has taken the lead in changing the system. A Poultry Group has been formed by several farmers intending to start egg farming for Auroville, and they are working on Standards for ‘Auroville Eggs’. These are not quite as stringent as ‘organic’ or ‘country’ eggs (by the way, ‘organic’ is not synonymous with ‘free range’ and vice versa; there are many nuances and shades), as it is presently difficult to guarantee 100% organic feed and a generous outdoor space of 5 sqm per hen; but they are a vast improvement on previous conditions, and aim at treating animals with dignity. The main improvements are:

• Free range access, i.e. an fenced-in outdoor area (presently 1sqm per hen)
• shelter with natural light & air, night perches, and nests for laying
• minimum 20% organic feed
• no de-beaking
• Hens have at least twice the life-span of battery hens (2 years).

While the new chicken compound at AuroOrchard gives a happy feeling, Christian wishes to increase that the outdoor space to allow the hens more natural conditions. This involves significant costs for fencing, and donations and/or ideas for fundraising are very warmly invited!!

Outlook for our future egg supply

AuroOrchard has been supplying Auroville with 5000 eggs weekly. Due to the change-over to the new system, this supply will come to an end in a week or two; but it will resume with ca. 2500 eggs in late October, and reach the previous supply of 5000 eggs weekly in April or May next year – of superior quality and from far happier hens!

Of course some dilemmas remain in almost every form of dairy & poultry farming, as nature tends to produce a ‘surplus’ number of males; and allowing mothers to bond with their offspring, or animals to live their full natural life-span is more than most farms can afford due to financial constraints…Cruelty-free or Ahimsa farming is being discussed in the food and milk stores, and the experiment is being extended to the poultry. A group of poultry farmers in Auroville plan to form a cooperative to supply 100% organic eggs to the community. The group has been working on ‘Standards for strong eggs’, which will be released soon. The group hopes to supply 1000 eggs weekly by mid-October.

Food gardens growing in our schools

Since the last couple of months, a quiet revolution has been brewing in Auroville, and more specifically in the Auroville schools.

The Localicious movement is a people’s movement aimed at getting our society to connect more with local food and understand where it comes from. As part of its activities we have been visiting schools, helping them establish their own vegetable & fruit gardens.

The idea was to select five schools and go once a week to each school, and then start the cycle again so as to follow up with the next jobs to be done - weeding, mulching, intercropping etc…

We have so far been to Nandanam twice, where the first time at least 25 teachers and parents came and helped create two big circle gardens with banana, papaya, cucumber and ladies fingers. The second time we created a large trellis for lablab beans and wing beans, and also planted loads of pumpkin and bottle gourd.

Deepanam School has a very sincere wish to grow and cook their own food, and so we have started off with the same module of a circle garden and using lots of mulch. They also took advice about how to integrate papayas into the space outside their office, which normally only has flowers, and have begun in that very ornamental garden to grow beans on a rope structure between two palms! Now they are starting sweet potatoes as well, as loads of papayas and bananas, all heavily mulched to reduce evaporation, create more porosity in the soil, return organic matter, and top-suppress weeds.

In Aha Kindergarden we started a snake-like bed, again with loads of twigs and branches as mulch. (This bio-resource is everywhere in Auroville, and we are millionaires if we find ways to return it to our soil!!) In this snake-shaped bed we planted papayas and bananas, as it was said that if we begin with these two easy crops, at least some of snack time can come from the school itself.

Next we went to TLC, where we had the same sense of warmth of community interaction, creating a beautiful bed mainly with bananas and papayas. We discussed the importance of ensuring the follow up, having a team, and a vision of what next job was to be done. The next day a new trench had magically appeared, dug by enthusiastic hands!

This technique of creating a raised bed with a trench around it, filling the trench with organic matter that is available in abundance in Auroville, couldn’t get much simpler, it is an easy task anyone can do! Many people are intimidated by seeds and soil and all the doubts around how deep do I plant, is it right like this, doubts that are a symptom of an educational system that has deprived us of our relationship with the land. This simple approach brings people back to the garden, and perhaps most importantly, together with each other. Any alternative movement, initiative or endeavor has community at its base, and it is this very sense of community that we lose when we don’t know any more where our food comes from.

On top of these efforts, TLC has a twice weekly-class in Solitude, where they participate in activities such as learning how to grow non-tilled Ragi, making green smoothies and creating a newsletter focused on their activities on the farm.

Deepanam, Nandanam and Transition have come to Solitude for tours, and other schools such as Udavi School and New Creation School have asked for assistance. When the Transition kids came round they were all curious about banana flower, and asked to take some home to cook. When they eat such local foods as Banana Flower at home and come to know how good they are, it is these very kids who will change the way we perceive food in Auroville. It is they who will demand banana flower in Auroville eateries, as well as other local foods and it is they who will create a quiet revolution.

 Krishna Solitude

Locally grown vegetables – Session 3

The second session held on 16th of August described the properties and ways of using Banana Stem, in its cooked form, using coconut and/or moong dal.

The third session will discuss in detail how to use Banana Stem, in its cooked form, using yoghurt/curd/buttermilk. If time permits, we will request participants (in a small group) to demonstrate what they have learnt in the previous 2 sessions, so that they get familiar with the recipes.
It will be held on 6th of September 2014 (Saturday) at 10.30 am, at Life Education Centre, opposite Isaiambalam School. For those of you interested in having recipe notes, we will make them available for you. The aim of these classes is to make you confident enough to prepare by yourself at home. Also allowing us to become aware of and using locally grown vegetables, with the optimal use of mild spices and oil with good cooking techniques, to enhance taste and savour. These sessions are being offered by Buvanasundari. Looking forward to see you there on 6th of September, where we will see, learn, do and ask questions!
Life Education Centre team

Auroville cucumbers, juicy, fresh, organic and versatile, available in great supply!

Presently we are receiving from the Farms as much as 160 kg fresh cucumbers every day. Please help the farms and yourself by enjoying this cooling vegetable in salads and so many other great dishes! Recipes have been posted on AVNet, or can be requested from avgreencenter@auroville.org.in.

At your service,
FoodLink team [FoodLink, situated near Solar Kitchen, PTDC and Free Store, is open daily 9am - 3pm.

Tel. 94861-44072]

The proof of the Supramental pudding'
The proof of the pudding is in the eating, as we all know from direct experience with our human puddings. Well, same thing with the Supernal - only, not all of us have had the direct experience of eating THAT pudding yet.
All of us, though, can see the direct effects of its presence and action upon Earth since 1956, in the collapse or near-collapse of so many of our old rotten institutions, and in the blooming a bit everywhere of spiritual awakenings and of new, happier ways of living together.
But how much faster it would all go if only we the Humans of Earth, would massively and deliberately CHOOSE a harmonious life and a harmonious world, instead of the world of nearly constant drama that we are still weaving for ourselves through the mental consciousness most of us persist to linger in, even though now there is the possibility for everyone to opt for the New Consciousness also available as well, a first step towards the much vaster Supernal Consciousness.
If the New Consciousness is what you trustfully ask from the Divine Grace, this is what you will get; your life and yourself will start changing for the better, in unbelievable ways.
But most people, consciously or not, as they have no contact any more with their deeper, true Being and its divinity, keep ordering actually drama and still more drama, for it is what they presently relish and are addicted to; they believe it is drama that makes life and themselves interesting.
Fine, if in their current blindness this is what they want to use their Free Will for; but then they shouldn't complain afterwards about the Divine not loving them and throwing on them calamity upon calamity in a life of constant misery. They should realize it is they themselves who are making it happen that way, and that only a change of consciousness will change this situation for them.
This is valid also for entire groups, peoples for example confronting each other through war since decades or more, and growing only more hateful of each other in that seemingly endless process of killings and retaliation.
How can we, the other Humans watching it all happen with appalled and weary hearts, how can we help them get unstuck from that vicious circle of revenge?
By practicing peace constantly in our own lives towards the people around us, and by ceaselessly calling for help and directing towards those hot spots the Supreme Divine Power now present right here upon Earth: the Supernal, for it is the Power of Harmony and can bring Peace upon Earth... as soon as it becomes what we collectively and absolutely want.
Even a small percentage of us, once reached, will be contagious enough to have a mass-effect upon the whole of Humanity.
Mother hoped the creation of Auroville could help in that direction.
Shall we prove Her right?

Submitted by Bhaga

What is missing?
Stillness prevails in this space, A constant play of light and darkness,
After a long interval, Truth and untruth, immortality and mortality,
A movement begins, continues, What a game of dualities!
continues towards that unknown! Is there a place without divine,
Being alone is challenging, A power that is not that,
self-understanding is possible, Knowledge which is only for some,
only in solitude, Wisdom which is only for one?
solitude conveys the greater message!

A day passes, another day comes,

Jyothi M.
Welcome to the Thursday weekly meditation
Listening to Mother’s reading of Savitri on Sunil’s music
Timing still from 6 pm to 6.30 pm
Let’s enjoy the beautiful open space under the vast sky, the special light of the setting sun and heavenly music in the very center of Auroville!
(Dear Guests, please carry your Guest Card – please no photos there. Access only for the Amphitheatre from 5.45 pm to 6.30 p.m. Thank you!)

Amphitheatre Team

INVITATIONS

ART CHAKRA-
The Volunteers' Open Art event Sunday, 24th Aug, 10:30 am - 12:30 afternoon

Hey Everyone!
ART CHAKRA is back with a pretty cool lineup of interesting performances and presentations for you! We have in store for you - presentations of photography, live music and much more by Auroville Volunteers!
All power-packed in just two hours!
So join us this Sunday, the 24th August at 10:30 am for the second session of ART CHAKRA!
Come Open Your Art Chakra!

Venue: AV room, Kala Kendra, Near Aurobindo Auditorium, Bharat Nivas
Inquiries: Gaurav (Resident Artist, Kala Kendra) - 9787897947, medimedia@gmail.com
More details: www.facebook.com/AurovilleArtChakra
This year, according to the lunar calendar, Ganesh Chaturthi occurs on the 29th of August.

As every year everyone is welcome to Sri Ganesh’s little abode in Auroville
From 4 pm to 6 pm
The Aarti will be sung at 5.30 pm.

THE MOTHER and SRI AUROBINDO
on Lord Ganapati

In Celebration of His Birthday
You are invited to an Exhibition at
Brahmanaspati Kshetram
29-31 August, 2014, 3pm to 6pm
3/134, Kalaihu Mettu Street, Edyanachavadi, Auroville

GALLERY SQUARE CIRCLE

GALLERY SQUARE CIRCLE - KALA KENDRA PRESENTS

DREAMY

AN EXHIBITION OF PAINTINGS BY D. TIROUMALE

23 AUGUST - 19 SEPTEMBER, 2014

OPENING ON:
SATURDAY, 23RD AUGUST, 2014 5.00 PM

OPEN DAILY: 9 AM TILL 5 PM CLOSED ON SUNDAYS

AT GALLERY SQUARE CIRCLE
KALA KENDRA BHARAT NIVAS
PAVILION OF INDIA AUROVILLE

ALL ARE WELCOME

TEXTILE ART EXHIBITION

Dear Artists and textile lovers,
You all are welcome for the museum quality Bandhani exhibition at Janaki, Roman Rolland street.
Bandhani is Tie and Dye technique.
In Asia, Japan, Indonesia, India, Thailand are known for this technique.
Current work is presented by India, Gujerat.
It is done by Kamaldeep Kaur of Neelgar, a signature name in the country for her exquisite work. She visited Auroville last week.
Exhibition is on from 16 August to 25th August.
Venue -Janaki, 28, roman Rolland Street, Pondicherry.
CULTURAL EVENTS

Explore Art in your neighborhood!
Hufreesh’s Open Studio

Thursday, Friday, Saturday, August 28, 29, & 30, 2014
From 11:00 am until 5:00pm

Once more I open the doors of my studio to the community.
This is a unique opportunity to visit “Hufreesh’s Art Studio”
Please come to view my diversified works of art created over the years.
During this visit you will get an opportunity to venture inside the creative process of an Abstract artist.
“Art washes away the dust from the human soul.”

www.hufreesh.com / hufreesh@auroville.org.in / 759-888-0649

CLASSES, WORKSHOPS

TROVADORES IN AUGUST

As every month, we meet the last Friday of the month, to read poems and sing songs, of our own or the ones we like; in different Languages. This month we are going to get in a lot of languages.
One day we will sing together, come and enjoy the moment with us.
At the Unity Pavilion, Friday the 29th at 5.30 pm. Everybody Welcome

FLAMENCO IN CRIPA EVERY WEDNESDAY

From 4 to 5.30 pm. Starting 13th of August.

We will practice the flamenco position and attitude for dancing, the movements of hands, arms, body, legs and foot. We will listen to flamenco music to understand the roots of this dance. We will create a flamenco choreography.
Come and enjoy with us,

Flamenco team.

ART OF ACTING CLASSES OFFERED

Dear Friends,

I would like to offer acting classes at CRIPA, Monday and Tuesday, 7:30 - 9:30 pm, from August 25th.
These classes would emphasize the physical/emotional/spiritual aspects of the art of acting, and how they are connected.

For more information and registration, please contact Jill: 9486416173.

LEELA THE GAME OF THE SELF-KNOWLEDGE

Come discover the game of your life. The karmic dice will help you understand your evolutionary path and will guide you to your divine being. With this universal tool, 3000 years old, you will play your role on the large board of dharma.
Finally a game where everyone is a winner!

Every Sunday, 9.30 am, at Svedame, Butterfly Barn (please park outside of the community) Bring a small object that represents yourself and a notebook. (In English, German, Spanish, Russian and français)

Contact Véronique j. for information: 948 85 12 678

LEARNING COOPERATION THROUGH GAMES AND ACTIVITIES

This workshop is setup mainly for teachers from primary and secondary schools but it is open to everybody (a minimum of 10 and a maximum of 20).
The aims of these activities are to promote success for the group as a whole rather than for individuals, to create or reinforce an environment of solidarity, confidence and creativity.

The workshop includes: experiencing a selection of cooperative games; feedback in small groups about the emotions felt during the activity; and finally an exchange on the purpose and usefulness of such activities in facilitating group dynamics and cooperation.

The day will be organized as:
• Morning: Introduction of the workshop and each other / Contract and organization of the day / Emotional weather / Getting to know each other / Confidence / Using of our different senses
• Afternoon: Cooperatives games about strategies / Crystallization activities / Integration of the day / Feedback

Saturday the 23rd of August (1 day session, 9 am to 12.30 and 2 pm to 5 pm) at Deepanam School.

For registration and any question, please contact Fred: Frederic_latour@yahoo.fr (99 43 27 54 69)
TUNING TO HARMONY
Performance plus workshop at CRIPA. This musical program presents a unique musical instrument - Russian Singing Bells with a special resonance that helps to come to the state of inner silence and peace. Meditation on sound, harmony, unity.
Time: 25th August and 1st September, 5.00 to 6.30pm
Venue: CRIPA (Kalabhumii). Contribution requested from guests
Led by Vera Lipen

INNER-WORK-SHOP
Introduction to the Integral Yoga of Sri Aurobindo and the Mother
27th August (Wednesday)
Overview with multimedia presentation and Questions and Answers
Creative Arts, Interactive Games and Life of Sri Aurobindo and the Mother
Introduction to the Reference Books
Focus this week on: The Supermind.
These Workshops are conducted every Wednesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.
Place: Savitri Bhavan. Time: 9 am to 12.00 Noon (pl be present by 8.55 am). Led by Ashesh Joshi
Contact: 9489147202, 2622922
No Registration required (except for groups). Fees: Voluntary Contribution
All are welcome
For details on the Integral Yoga and the upcoming workshops: please visit www.integralyoga-auroville.com

THE BASICS OF NONVIOLENT COMMUNICATION: “EXPLORING A PATH OF NONVIOLENCE”
Sat, Aug 30 - Sun, Aug 31: 9am - 5pm, including lunch
Joy Living Learning (Joy Guest House) - Centre Field, Auroville

SCHEDULES
Please contact Vérité to register for the following workshops: 0413 2622045 or programming@verite.in
Contributions requested from guests/volunteers (volunteer reduction by advance application only)

NEW YOGA CLASSES WITH ALEXIA:
THERAPEUTIC YOGA (for Seniors) on Tuesday & Saturday from 6:45 to 8:15 am
A gentle and meditative asana practice, pranayama, and short discussions about how yoga can help with different health conditions.

HATHA YOGA (Mixed Levels) on Thursday from 6:45 - 8:15 am
Build strong bases for your practice, including the meditative aspect of yoga. Classes will end with pranayama, and will leave you energized and relaxed.

HATHA YOGA (Intermediate) on Monday & Wednesday from 5 to 6:30 pm
Working on more advanced Asanas, the meditative aspect of yoga, and pranayama.

ALEXIA has been trained with Hatha and Ashtanga Vinyasa Styles by Bharath Shetty at Yoga India in Mysore (500-hr advance program). She holds a Master degree in Biomedical Engineering from Imperial College London, and speaks French, Spanish and Persian. She is very excited to share the deep learning she experienced at Yoga India.

The Power of Nonviolent Communication:
At the heart of this practice is the belief that as human beings we are designed to collaborate and to want to contribute to the well-being of others. However, because of our conditioning and socialization, we forget our true nature and instead start to live a life filled with right and wrong thinking. Instead of cooperation and abundance, we experience competition and scarcity, and so we can easily resort to violence (even if ever so subtly).
Nonviolent Communication offers an understanding, as well as very practical tools, that support us to become more aware of our unconscious, life- alienating behaviour. We learn to translate our judgments into our true feelings and needs and to hear the true feelings and needs behind another’s judgments or threatening behaviour. At this level, we are able to reconnect to our shared humanity, to develop a deeper sense of self-connection, as well as to extend curiosity and compassion towards the other’s inner reality.
As we’re able to connect and hear each other on a needs-based level, we start to rebuild trust and repair connection.
Independent of our relationship with the other, this practice is also hugely self-empowering, as it encourages us to take self- responsibility for what we’re experiencing and supports us to make conscious choices about how to move forward - in a way that contributes to life!
L’aura Joy, CNVC Certified Trainer: L’aura has been sharing and living NVC for the past 7 years, and has traveled and shared in different countries and contexts. She is passionate about exploring how we can live our lives in empowered and co-creative ways. Nonviolent Communication offers such a clear, yet deeply powerful and transformative, framework within which to explore both our inner realities as well as outer relationships.
For more info and to register: joylivinglearning@gmail.com, Phone: 9442788016

FATE OR CHOICE (FAMILY) CONSTELLATION WORKSHOP WITH MOGHAN
Saturday, August 30th from 9 am to 4:45 pm
Fate or Choice?
An episode in an unremembered tale it’s beginning lost, it’s motive and plot concealed a once living story has prepared and made our present fate, child of past energies Sri Aurobindo, Savitri
In our lives Hidden Dynamics can cause results we never intended. Unconsciously these Dynamics create our Fate. To become aware of them, can bring back Choice. Applying (family) constellation techniques we can, in an intuitive way, find the insights and energy to choose consciously for the changes we want.
MOGHAN is a life & business coach.

PITANGA NEWS
Yoga for pregnancy with Appie
A special class for pregnant women will (re)start at Pitanga.
From Thursday 21st August onwards at 9.30 am
If it's your first time please come at 9.15 am
Welcome, Appie

New Iyengar Yoga beginners class with Angela
Each Wednesday at 11am-12.30pm from Thurs August 21st
“The Eco Film Club

Sadhana Forest, August 29, Friday at 7pm

YEARS OF LIVING DANGEROUSLY

Documentary (Environment) • 60 minutes, 2014. Showtime. English.

Years of Living Dangerously highlights the importance of understanding climate change and tries to convince large parts of our society that are still skeptical about it despite the overwhelming scientific consensus. The 9-part TV series, which is the “biggest story of our time” according to filmmaker James Cameron, reports on the crippling effects of climate change-related weather events and the ways individuals, communities, companies and governments are struggling to find solutions to the biggest threat our world has ever faced.

Before the movie at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work!

After the film you are welcome to join us for a free 100% vegan organic dinner!!

Free bus service to the TOUR OF SADHANA FOREST and the ECO FILM CLUB

DEPARTURE SOLAR KITCHEN: 16:00 and RETURN FROM SADHANA FOREST: 21:30

Free bus service to the ECO FILM CLUB

DEPARTURE SOLAR KITCHEN: 18:00 and RETURN FROM SADHANA FOREST: 21:30

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 2677682 or 2677683 or sadhanaforest@auroville.org.in

Film programme 25 August 2014 to 31 August 2014

Kindly do not bring food, drinks, snacks, munchies or your pets into the auditorium.

Auroville Film Series - Monday 25 August, 8.00 pm:
- **Auroville, The City the Earth Needs**
  
  France, 2007, Dir. Guillaume Estivie, Benoît Thuault, Olivier Jehan, Documentary, 57 mins, English
  
  Auroville is an experimental township near Puducherry in South India, whose stated purpose is to realize human unity in diversity. It is a popular tourist destination, and has been described as a “New Age metropolis conceived as an alternative exercise in ecological and spiritual living”. The township starkly stands out from the surrounding traditional Indian villages and farms. This film questions all those who are still dreaming of building a better world and inventing a new way of living.

Auroville Film Series - Tuesday 26 August, 8:00 pm:
- **Building Matrimandir**
  
  India, 2008, Dir. Doris and Francis, Documentary, 52 mins, English, French, German, Italian, Spanish, Portuguese, Dutch, Lithuanian
  
  A documentary on the construction of the Matrimandir

Auroville Film Series - Wednesday 27 August, 8.00 pm:
- **City of the Dawn**

USA, 2011, Dir. Chris Buhman, Documentary, 55 mins, English

This film explores Auroville, India, an experimental city, founded on principles of shared leadership, sustainable development and new consciousness. This film is designed to inspire the hope and inner work to shift us individually as well as collectively.

This film won the Planetary Prize at the European Spiritual Film Festival and was the Official Selection of both the Idyllwild International Festival of Cinema and the Global Community Film Festival, Toronto, Canada.

Auroville Film Series - Thursday 28 August, 8.00 pm:
- **Auroville, l’Esquisse d’Un Monde**
  
  (Auroville, the Outline of a World)
  
  Belgium, 2009, Dir. Quentin Noirfalisse, Adrien Kaempf, Antoine Sanchez, Maximilien Charlier, Documentary, 26 mins, French with English subtitles
  
  1968. A handful of pioneers, mostly Europeans disappoint- ted by the western society, began the construction of Auroville, a utopian city. This documentary tackles the lives of Aurovilians, the paradoxes the city faces, and explains the
reasons which led them to start afresh and to reject a system that will soon dominate all continents.

Auroville, a town in Southern India with 2500 inhabitants from 45 different nations. Everything is a bit different here: no obligation to go to school, no private ownership, no mayor, no religion. But growing up in a place with the self-imposed mission to speed up the evolution of mankind can also be extremely daunting. Isa slowly realizes that she is fast growing out of the cosy and protective nest that the community provides, and has to find her own way pretty soon. In the face of the permanent confrontation between her idealistic dreams and everyday realities, this is a very hard task.

Was broadcast on 3sat, ZDF.

International - Saturday 30 August, 8:00 pm:

- **LOOPER**
  
  USA, China, 2012, Dir. Rian Johnson w/ Joseph Gordon-Levitt, Bruce Willis, Emily Blunt and others, Science Fiction, 119 mins, English w/ English subtitles, Rated: R

  In 2074, when the mob wants to get rid of someone, the target is sent into the past, where a hired gun awaits - someone like Joe - who one day learns the mob wants to ‘close the loop’ by sending back Joe’s future self for assassination.

Children’s Film - Sunday 31 August, 4:30 pm:

- **MARY AND MAX**
  
  Australia, 2009, Dir. Adam Elliot, w/Toni Collette, Philip Seymour Hoffman, Eric Bana, 92 mins, Animation-Comedy-Drama, English, Rated: G

A tale of friendship between two unlikely pen pals: Mary, a lonely, eight years-old girl living in the suburbs of Melbourne, and Max, a forty-four year-old, severely obese man living in New York.

**John Cassavetes Film Festival @ CINECLUB**

**Ciné-Club - Sunday 31 August, 8:00 pm:**

- **A WOMAN UNDER THE INFLUENCE**
  
  USA, 1974, Dir. John Cassavetes w/ Gena Rowlands, Peter Falk, and others, 155 mins, Drama, English w/ English subtitles, Rated: PG

  A mother of three whose husband works as a construction worker; a mismatched couple like so many others in Cassavetes films, she’s impetuous, extroverted, and fragile, while he’s controlling, distant, and hard-bitten. Their differences underscore a series of domestic dramas, culminating in a nervous breakdown that sends her to a psychiatric hospital for six months, only to return to a home environment on even thinner ice than before. This harrowing masterpiece charts the emotional meltdown of a suburban housewife and its effects on her blue-collar Italian family.

**Rating codes** we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted and NR=Film Not rated, (equivalent to Indian rating: A i.e. for Adults), NR-Film Not rated, Rating awaited, or Rating not available.

As a curtsey to the other viewers please be sweet and stop chatting after the film starts. For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. Thanking You, MMC/CP Group - Account# 105106, mmcauditorium@auroville.org.in

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**Important information about News & Notes**

(Absolute deadline for submissions or cancellations: Wednesday 11 am)

The contents of *News & Notes* are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

**How to submit material:** Material (no pdf files, please) may be sent (in English only) to the N&N email address (below).

**NB:** Messages with large attachments (more than 1 MB) will not reach our inbox.

Please try your best to send your announcements, reports, film schedules whenever they are ready. The Wednesday deadline (11am) is absolute as the News is given to the printers by Wednesday 2 pm.

Any modifications of the submitted News items have to be sent to the editors before Wednesday.

We regret not being able to attend to visitors on Wednesdays due to work pressure.

**Articles for the Notes section** should ideally be no longer than 500 words. All articles need to reach us by Tuesday noon.

**Work groups please note:** Long reports (more than one page) or reports that contain graphs or have specific requirements, need to reach the N&N desk latest by Tuesday noon. If such a report comes on Wednesday morning without prior notice, the editors cannot guarantee placement the same week.

**Disclaimer:** The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The *News & Notes* serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

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