

News & Notes

06th August 2016.....A weekly bulletin for residents of Auroville.....Number 659



HOUSE OF MOTHER'S AGENDA

"As Mind is established here on a basis of Ignorance seeking for Knowledge and growing into Knowledge, so Supermind must be established here on a basis of Knowledge growing into its own greater Light. But this cannot be so long as the spiritual-mental being has not risen fully to Supermind and brought down its powers into terrestrial existence.

The Life Divine, SABCL, Vol. 19, pp. 890 - 91

What is the role of the spirit?

One might say that it is both the conscious intermediary between the Supreme and the manifestation, and the meeting-place of the manifestation with the Supreme. Spirit is capable of understanding and communicating with the highest Godhead and at the same time it is the purest, one might say the least distorted intermediary of the highest Godhead in the outermost manifestation. It is spirit which, with the help of the soul, turns the consciousness towards the Highest, the Divine, and it is in the spirit that the consciousness can begin to understand the Divine.

It might be said that what is called "spirit" is the atmosphere brought into the material world by the Grace so that it may awaken to the consciousness of its origin and aspire to return to it. It is indeed a kind of atmosphere which liberates, opens the doors, sets the consciousness free. This is what enables the realisation of the truth and gives aspiration its full power of accomplishment.

From a higher standpoint, this could be put in another way: it is this action, this luminous and liberating influence that is known as "spirit". All that opens to us the road to the supreme realities, pulls us out from the mud of the Ignorance in which we are stuck, opens the doors to us, shows us the path, leads us to where we have to go — this is what man has called "spirit". It is the atmosphere created by the Divine Grace in the universe to save it from the darkness into which it has fallen.

The soul is a kind of individual concentration of this Grace, its individual representative in the human being. The soul is something particular to humanity, it exists only in man. It is like a particular expression of the spirit in the human being. The beings of the other worlds do not have a soul, but they can live in the spirit. One might say that the soul is a delegation of the spirit in mankind, a special help to lead it faster. It is the soul that makes individual progress possible. The spirit, in its original form, has a more general, more collective action.

For the moment the spirit plays the part of a helper and guide, but it is not the all-powerful master of the material manifestation; when the Supermind is organised into a new world, the spirit will become the master and govern Nature in a clear and visible way.

What is called "new birth" is the birth into the spiritual life, the spiritual consciousness; it is to carry in oneself something of the spirit which, individually, through the soul, can begin to rule the life and be the master of existence. But in the supramental world, the spirit will be the master of this entire world and all its manifestations, all its expressions, consciously, spontaneously, naturally.

In the individual existence, that is what makes all the difference; so long as one just speaks of the spirit and it is something one has read about, whose existence one vaguely knows about, but not a very concrete reality for the consciousness, this means that one is not born into the spirit. And when one is born into the spirit, it becomes something much more concrete, much more living, much more real, much more tangible than the whole material world. And this is what makes the essential difference between beings. When that becomes spontaneously real — the true, concrete existence, the atmosphere one can freely breathe — then one knows one has crossed over to the other side. But so long as it is something rather vague and hazy — you have heard about it, you know that it exists, but... it has no concrete reality — well, this means that the new birth has not yet taken place. As long as you tell yourself, "Yes, this I can see, this I can touch, the pain I suffer from, the hunger that torments me, the sleep that makes me feel heavy, this is real, this is concrete..."

(Mother laughs), that means that you have not yet crossed over to the other side, you are not born into the spirit. *(Silence)* In fact, the vast majority of men are like prisoners with all the doors and windows closed, so they suffocate, which is quite natural. But they have with them the key that opens the doors and windows, and they do not use it.... Certainly there is a time when they don't know they have the key, but long after they have come to know it, long after they have been told about it, they hesitate to use it and doubt whether it has the power to open the doors and windows or even that it is a good thing to open them! And even when they feel that "after all, it might be good", there remains some fear: "What will happen when these doors and windows are opened?..." and they are afraid. They are afraid of being lost in that light and freedom. They want to remain what they call "themselves". They like their falsehood and their bondage. Something in them likes it and goes on clinging to it. They still have the impression that without their limits they would no longer exist. That is why the journey is so long, that is why it is difficult.

For if one truly consented to cease to exist, everything would become so easy, so swift, so luminous, so joyful — but perhaps not in the way men understand joy and ease. In truth, there are very few people who do not enjoy fighting. There are very few who could accept the absence of night, few can conceive of light except as the opposite of darkness: "Without shadows there would be no picture. Without struggle, there would be no victory. Without suffering there would be no joy." That is what they think, and so long as one thinks in this way, one is not yet born into the spirit.

QUESTIONS AND ANSWERS, 26 November 1958

MOTHER

The
Ponder
Corner

One can be conscious of an experience in such a way that this consciousness is not formulated into a thought or thoughts. This is very important if the mind is to remain absolutely quiet and silent.

The Mother
ref. Words Of The Mother, vol.14, p.371

Cover: photo by Paulette, part of her current exhibition in Pitanga - "A World of Wonder and Delight" - until the 20th of August 2016

Report of the Working Committee for June and July 2016

The Working Committee wanted to publish its monthly report for June 2016, but since the majority of the members were TOS, and the remaining few were overloaded with work, we couldn't prepare the report and took the liberty to prepare a two-month report instead. We still intend to resume our monthly reports, and apologise for not being able to do so this time.

Please do note that our General Meeting with the community is scheduled on Tuesday, 9th August, at 4:30pm, at the Unity Pavilion. We hope to see you there.

Updates on ongoing and new topics:

- 1. GB / IAC Meeting:** The next meeting of the Governing Board and International Advisory Council of the Auroville Foundation is scheduled for September 8th - 10th. During our upcoming General Meeting we will be able to report to you on the proposed agenda.
- 2. Selection Process: Two members of the Working Committee, Mandakini and Elisa, have offered to step down and the selection process is to choose replacements.** Please note that the members who step down are eligible to be re-selected for the Working Committee or be nominated for the other two groups, namely, the Av Council or the FAMC. We request the community to be fully involved in the process to ensure best outcomes.
- 3. Blue Office - A New Support Desk for the Reception of VIPs:** The Auroville Foundation and the Working Committee frequently receive VIPs in Auroville. Very often this means accompanying them to the Inner Chamber for meditation, with the help of the MM Access Team, and after, taking them around to various Auroville services, units, schools, research institutes, farms, forests etc. whenever they have shown curiosity and goodwill in learning more about Auroville. Often we have needed help and have requested Aurovilians, on an ad-hoc basis, to extend their time and energy to take these guests around. We realised that this has become a time consuming activity which will best need a few more members on-board specifically dedicated to this task.
For this purpose, we have, along with the collaboration of the Foundation Office, created a new support desk called the Blue Office. Currently Eric (Courage) and Bunty (Auromodel) have been appointed to support us in this task.
- 4. Matrimandir Executives:** We have contacted the executives in order to proceed with the resigning, re-appointment and / or replacement of the executives. We will keep the community informed and involved.
- 5. Supporting the Entry Service:** Together with the Av Council and the Entry Service, we have done exercises on improving communication bearing in mind three key components: truth, accuracy and compassion. We are now articulating on paper reasonable grounds for rescission and guidelines for receiving and sharing feedback so that the mentors may profit by the same. Once completed, we will share these with the community. With regards to the appeal against some of the past applicants, we are still working on it and have not come to a conclusion yet.
- 6. Maintenance of Street Lights and CCTV Cameras:** We would like to inform the community that the GOI grants cannot be used for the maintenance of existing street lights and or CCTV cameras. The relevant working groups will be asked to devise a solution to maintain these equipments.
- 7. Kottakarai Issue:** We have been in discussion on how to move forward with the current difficulties with Kottakarai while impressing on the need to fortify the relationship between Auroville and its bioregion through collaboration and co-development in the future. We have organised a

half day session on 6th August, with relevant working groups in order to move further in this direction. In our upcoming GM on the 9th, we will update you on developments and seek your inputs.

- 8. Auroville Mental Health Policy:** The work of drafting this policy is on-going. There is a growing need for Auroville to address the requirements of those who wish to be supported or hand-held towards regaining their mental and emotional strength. The goal is to be able to provide a physical space with supporting competencies and programmes as well. We are changing the title of this topic to Mental and Emotional Health Care.
- 9. Delay in submitting Balance Sheets for the year 2015 - 16:** It has been extremely time-consuming to follow-up with Trusts and Units to submit their balance sheets on time. Kumar and Prabhu have been extremely helpful in assisting us with the follow-up. However, some trusts / units failed to submit their balance sheets even beyond the grace period extended to them. This is unacceptable. The CAG Certification Audit would commence from Monday 1st August. After the completion of the CAG Audit, we will organise a meeting with all the Trustees to put a better mechanism in place which will help timely submission of balance sheets, here on.

Completed Responsibilities (topics that we were involved in and have either been resolved or flagged with the relevant working group. We will not be reporting any more about these topics, but they do remain on our radar):

- 1. Roundabout:** The TDC has proposed to re-open the slope section of the Solar Kitchen round-about with some proposed enhancements to ensure further safety. While we do acknowledge and appreciate the thorough research done before proposing the enhancements, we have asked them to solicit a second opinion on the suggested changes, for example by Pondicherry Engineering College, since we do not hold the necessary expertise to provide a green-signal on safety. If the community is curious to know more about these proposed changes, please contact the TDC.
- 2. Threatening letter to Vikas Community:** There have been no further threats or disturbance towards members of the Vikas Community any more. For confidentiality reasons we had not published the letter officially, but for those who have shown interest in reading the letter, it is best you contact the Vikas community directly.
- 3. Auroville Accounting Service:** The proposal, along with a budget has been submitted to the FAMC for their further inputs and action.
- 4. Abandoned pets:** We have noticed a growing culture of people from outside abandoning their pets at the doorstep of Integrated Animal Care Centre (IACC) and also within other Auroville premises, such as the Town Hall. The IACC ends up taking these pets in, some of which are sick and/or wounded, and providing them with shelter, food, cure and care. It is becoming exceedingly difficult to care for such animals without available funds and infrastructure. While the IACC is continuing to handle the cases for now, they have shared with us that the scope of the IACC is public health in animals and that they do not have the bandwidth to shelter animals for long-term. The IACC is already handling more than 70 dogs. This topic has been discussed with the Av Council, and they have created a sub-group (Marc and Sundar) that will involve the community to find a solution. All those who may be interested in helping out in this matter are requested to contact the Av Council.
- 5. Restructuring TDC:** We would like to remind the community that this topic is being driven by the Av Council and a group of Aurovilians that emerged from the two-day workshop on the topic, held on Apr. 30th and May 1st. While we are informed and consulted, if you have any queries on this topic please contact the Av Council for first-hand information on the latest developments.

6. **Space Audit:** One of the topics that we had discussed during one of our internal retreat sessions was the need for a space audit of public spaces in Auroville in view of many spaces not being fully utilized. We shared the same with the FAMC, who have, in the meanwhile, taken it up.

Pending Topics (topics that are still on our table for which we have no noteworthy update to provide except that they are in progress and are not stagnating):

1. Appeal Process
2. Mobility
3. 50th Anniversary
4. Water Harvest / Water Service
5. Windarra
6. Auroville Child Development
7. Pending Visas

Entry Service New Policy Report 2016

On schedule, the New Entry Policy began officially on July 1st. However, we were a week late to get the online application form up and running; and the usual learning curve for any new policy is now, a few weeks later, stabilizing. Approximately every two weeks there is a Welcome Talk for all those who wish information to join Auroville as Friend, Associate, Partner/Relative, or Newcomer. This is step one for all applicants. We ask everyone to please go to this talk and not call or write to the Entry Service and ask to have everything explained over the phone/email. All documents related to Entry are still not too easily accessible online through the Auroville website and Auronet. This will change soon. The new little booklet "Welcome to Auroville" gives a concise overview of the new policy and is available at the Welcome Talk.

The mentors are also asked to attend a Welcome Talk to have the overview of the Policy. A document called "Jumping into the Mentor Pool" has been prepared to assist everyone to understand how it all can work. We have decided not to assign mentors to Newcomers who are still in the process but started before the new policy went into effect. We do not have enough mentors to do this. We are asking for more people to join the Mentor Pool. Mentors are currently "out of stock" because of the high demand, so this is a real need for more Community members to step forward now. Please send an email to: entryservice@auroville.org.in to jump into the pool.

The application form is available online and the ideal way to apply so that all data becomes electronic from the beginning for efficiency at all the levels. This one form can be used for joining any of the different categories but only Newcomers require mentors. The link to this form will be given to those who send an email to: entryservice@auroville.org.in to introduce yourself.

The Entry Service has been having joint meetings with the Auroville Council and Working Committee to refine and implement the new policy. The new Entry Policy shifts much more of the responsibility for the entry process to the Community and away from the Entry Service. Historically the Entry Service has always been in a difficult position to do its work harmoniously with its Community interface. Now, also the housing requirements for Entry shift to Housing and not Entry Service. Additionally, Entry had always been asked about the special cases where maintenance was required for a newcomer. This now must be determined by the Human Resources Team (HRT). Matters relating to children of Newcomers joining schools or parents requesting waivers on fees must all be handled by the School Board and not Entry.

Another change to be noted in the new policy is that when an Auroville youth wishes to formally join the Community when turning 18, his/her name will also be announced in the News and Notes like everyone else for feedback. Then they will sign the B-form (formal request to the Foundation to be a legal resident of Auroville). As we all must not forget, "Aurovilian" is a spiritual status, a state of consciousness needed for Auroville to actually happen.

All of this restructuring requires a new understanding from all of us about the Entry Service. This essential service needs new people to take a turn helping out as the turnover of members is constant. Right now, the Entry Service needs urgently two members with very good English and computer skills. Two of the current members will shift to other jobs.

Let's continue together as a Community to welcome and integrate as best we can those who wish to join us in this Adventure.

The Entry Service

[B, Neeti, Chitra, Christiane, Ishita, Eva, and Giri]

ANNOUNCEMENTS

Important Announcement from the BCC

Dear Community,

In view of the present financial situation, the BCC is left with no choice but to freeze the allocation of maintenances from City Services. Human Resources Team (HRT) has been requested to act accordingly.

To clarify, this means that:

- No new maintenances can be allocated for the time being.
- Services can continue to have the maintenances they are currently using. If needed, such maintenances can be re-allocated to another person working for the service instead (after review and recommendation from the HRT).
- If there are currently unused maintenances in the approved budget, services will not be able to start using them until the financial situation improves.

Timely and adequate contribution from activities and individuals will immensely help in improving the situation.

Thanking you, sincerely,
BCC

Names for Temporary Feedback Review Committee (TFRC)

Dear friends,

We are happy to announce that this year's Temporary Feedback Review Committee (TFRC) is composed of: **Angad (Mantra Pottery)**, **Krishna (Anusuya)**, **Mauna (Grace)**, **Meenakshi (Nursery)**, **Pala (Invocation)**, **Rakhal (Sukhavati)**, **Surya (Surrender)**, with 3 reserve members: **Charu**, **Suzie** and **Marlenka**.

The Auroville Council chose these 10 names through an internal selection process from the list of nominees received from the community at large, as done in the previous years.

As announced earlier, those on the TFRC will not be eligible to participate in the upcoming selection processes, so please make note of this if you are yet to nominate for the AVCouncil, WCom and FAMC.

We would like to thank you all for coming forth with your timely nominations!

Warmly,
the AVCouncil

Leaving Auroville Fund Allowance

Recently the Auroville Council suggested, and the FAMC agreed, to take over administrative responsibility for the Leaving Auroville Fund Allowance process.

To review the process document please check our AuroNet posting, or write to: 'adminfamc@auroville.org.in' and ask for a copy of it. Allowance requests may be sent to: 'adminfamc@auroville.org.in' or 'famc@auroville.org.in'.

We ask you to be mindful that this is not a 'right' but should be only requested by an Aurovilian if there is a real need. Money one gives to develop Auroville, whether for housing or anything else, is not an investment in the normal sense of the word.

Sincerely, FAMC

Follow-up General Meeting

Dear friends,

We would like to invite you to a follow-up General Meeting on the re-visioning and re-structuring of the Town Planning and Development of Auroville.

When: 19th of August 2016

Time: 4:30 pm to 6:00 pm

Where: Unity Pavilion

Following the last workshop held in beginning of May 2016, a group of Resource Persons have been working to put together a framework to present to the community.

In this meeting we will define the tentative timeline, the outcome foreseen and the process we propose to achieve the same. We will also be sharing the work being done, the challenges and obstacles of the existing mandate as well as form a "Sounding Board" of community members that will be actively involved in shaping the final outcome of this process together with the core group and the Auroville Council, so your presence is very important!

All are welcome.

Sincerely, Auroville Council

Sri Aurobindo's room Darshan on 15th August 2016



Tokens for Darshan will be registered on:

- Monday 8th and Tuesday 9th August
 - 9 am - 12.30 pm and 3 pm - 6 pm
- At: PITANGA, Samasti.

This is a service for Aurovilians & Newcomers only.

We inform you dear friends that we are not taking requests by mail. (Sorry for the inconvenience)

So to register your name(s) for Sri Aurobindo's Darshan tokens, we invite you to come or send someone to Pitanga with a requesting note. We will do our best for your requirements. Registration on phone will be taken only for people who are sick or not mobile.

Collection of tokens will be on Friday 12th & Saturday 13th at Pitanga from 9-12.30 pm and 3- 6 pm

Darshan timings: The tokens given by the Ashram enables you to go for Darshan usually between 12 noon and 4.30 pm with the limit of 30 persons per slot. The time slot 3.30 - 4 pm is reserved for Aurovilians taking the bus.

Transport: The bus will start from Matrimandir at 3 pm following the usual route and coming back to Auroville at 6 pm. The trip is restricted to those who are going for the Darshan.

Reminder from the Ashram:

Auroville will not be granted extra tokens, beyond the 240 tokens provided in the regular 8 time slots.

Reminder from us:

There are four ways to go to Sri Aurobindo's Room or Mother's Room without a token on Darshan days:

1. You may join the queue of devotees at 5-6 pm on the previous day, spend the night waiting on the street and enter the Ashram compound for Darshan from 9 am onwards.
2. You may go on the day itself, join the queue between 3 and 6 am.
3. You may go in the morning of the Darshan day and get your token at the Ashram. In this case you will probably need to wait or come back later at the time indicated on the token.
4. You may join the queue on Darshan day before 5 pm as the queue is generally over between 5 to 6 pm.

Pitanga Team in collaboration with Kumar, Mallika, Meha and Susmita

From the Entry Service - N&N NO- 659 dated 06.08.2016

We would like to inform the community that our team is happy to announce the names of the Children of Aurovilians who have signed the B Form at the age of 18+ and have been entered in The Register of Residents held by the Auroville Foundation.

YEAR 2014

Aditya NISAR - Indian

Amrita Aryaman MASSAGUER GARCIA - Spanish

Chandran Florian GOODCHILD - Australian

Kanikannan VIJAYAN - Indian

Satya RANIERI - Italian

Shardul HEMANT - Indian

Vanitha NARAYANASAMY - Indian

N.B. The announcements done in the News and Notes are FOR FEEDBACK ONLY and sometimes, after announcement, there can be either an extension of status or a decision to stop the process. We have added Confirmation Section below:

FRIENDS OF AUROVILLE CONFIRMATION:

Mouhsine SERRAR (Canadian)

Helmut ERNST (Germany)

Uschi ERNST (Germany)

SPOUSE / RELATIVE OF AN AUROVILIAN CONFIRMATION:

Jeyandira Saraswathi YAFAROVA (Indian from Pondicherry)

Dear Newcomers,

The Entry Service team would like to inform you of the timings designated specifically for you to collect or submit the Newcomer Kit. Please pass by our office in Town Hall during these hours only: Monday & Wednesday at 2pm to 4pm. Please return these Kits within one month or the process goes on hold.

We are open for B-Forms and Recommendation letter matters, on appointment only.

For all other matters, the office is open to the public on Mondays, Wednesdays and Fridays at 10-12am.

The Entry Service team

(B, Chitra, Christiane, Eva, Giridev, Ishita, Neeti)

L'avenir d'Auroville / TDC - Site and Building Applications feedback - 6th Aug 16

The following Site and Building Applications (SA and BA) are announced for feedback from the community for a period of two weeks from the date of publication.

The announcement is made for feedback only and does not mean that the project has final approval. The final approval is given when L'avenir d'Auroville / TDC issues an NOC (No Objection Certificate). This happens only once the feedback period is over, the feedback has been evaluated, a final decision by TDC has been reached and the necessary financial formalities have been completed. It is only after issuing a final building permission that fencing, building or any other activity on the site can start.

It has to be noted that site permission is given to reserve the site for a maximum period of two years in order to prepare a project proposal. It does not give any right to fence and clear

the site unless, for practical reasons, there is a special permission of the TDC.

Individual Projects

- **Site Applications:** No new SA
- **Building Applications:** No new BA

Collective Projects

- **Site applications:** No new SA
- **Building Application**

1. SAIER Staff Quarters, Cultural Zone - Dana Project writes up given by the project holder.

Project Title: SAIER Staff Housing

Proposed Site Location: Dana, Auroville

Project Holder: SAIER

Architect: PATH Architects and Planners

Contact Persons: SAIER (Chali and Peter)

Description: Plot No: BO 10/2B

Total Area of the project: Site area: 7120.5 sq m

Built up Area: 1600 sqm

Target Group: Members of SAIER, teachers, researchers and other individuals involved in Auroville's thriving education.

Background:

Triggers: As SAIER in its support of the never ending education of Auroville is continuously growing, it has an urgent need to house its members.

Goals/Objectives: Auroville faces an influx of talented people who are willing to give their time and expertise to work in the field of education in terms of pedagogy and application and develop their methods to be in line with the basics laid out by Sri Aurobindo and the Mother. But it has been seen rather consistently that lack of funds for housing is the reason many of these are not able to sustain their commitment here and have to look for other options of life. Housing being a fundamental need, SAIER has tried to find a solution to this issue by taking up the work of building basic housing which would make it possible to harvest this versatile energy and enrich the education and research in Auroville.

In a carefully planned and phased construction, SAIER attempts to build sufficient housing facility and provide it free of cost to those involved in the field of education.

For additional information, please write to: avenir@auroville.org.in, call 2622-170 or come directly to L'avenir d'Auroville/TDC office in the Town Hall.

For more information on the location of the plots mentioned above, you can find this same announcement with map(s) on the Auronet page of L'avenir d'Auroville/TDC.

FOR YOUR INFORMATION

Auroville Community Transport for Goods (ACT-G)

Similar to ACT's community transport for passengers, I am starting a community transport service for goods that Aurovilians procure from outside of Auroville. Currently, a number of us go to Pondy or Chennai to buy materials either for ourselves or for our units. This new service will reduce the need for multiple people having to bargain from the same vendors and transporting goods individually. Instead, this new service will facilitate collective bargaining and purchasing of goods from outside of Auroville, and will home-deliver products to Aurovilians or Auroville units.

Brief outline of services to be provided:

Collective purchasing

- Procurement of goods such as stationeries, home appliances, other household items such mattresses, or even groceries from stores such as Nilgiris in Pondicherry. For example, most Aurovilians buy mattresses from one or two stores in Pondicherry; if a service does all the coordination with these suppliers everyone will get a better price.

Delivery service at door steps

- Delivery of goods procured from Pondicherry on a daily basis; and delivery of goods to be procured from Chennai on a weekly basis (For example: all Guest Houses buy sheets and linen from one or two stores in Chennai but go back and forth individually)
- Delivery of products shopped online (Currently, Aurovilians buy products on Amazon and Flipkart, but their delivery representatives do not know places within Auroville and hence struggle to deliver. I have discussed with Amazon about doing the delivery using local youth; youth will get employment and Aurovilians will get products on time. Amazon is open to the idea.)

Benefits of the new service:

- Time/energy/money/ resource saving - instead of everyone going to Pondicherry for purchases, one service will get it done, and will save time and energy. In some cases, it will result in money savings too, if there is aggregation of demand and collective bargaining.
- Door delivery: Delivery on time and to the right people, and not struggling with unknown delivery people like in the case of Amazon now (as per discussions posted on Auronet)

- Reduces pollution by not using many vehicles-- less bikes of e-tailers; less vehicles roaming around to deliver products such as beds.
- Less traffic with in AV
- Creating employment for local youth

How will the service be offered?

- For a small fee, the service will take orders from Aurovilians over phone or email, and deliver goods on a periodic basis.
- The service will initially employ bioregional youth, who already have a small load vehicle on a contractual basis to buy goods from Pondicherry, and deliver it in Auroville.

If you are interested in using this service, please call +91-9786350006/9444340006 or email:

deliverservice.auroville@gmail.com

MGEcoduties on Natural Shampoo Bars

We started to produce our new Natural Shampoo Bars. We have been studying that the hair needs a transition time from commercial shampoo to natural shampoo bars. Here is what we found out:

Your hair may be going through detox!

As commercial shampoos strip away the natural protective oils, your scalp and hair become dry. Your dry scalp now produces more oil to compensate. The harsher the shampoo, the more your hair and scalp dry out and the more oil your body produces. Your scalp becomes conditioned to this vicious cycle of excess oil production.

As you transition to a natural shampoo bar, your scalp needs time to detox, to re-balance scalp oil production. This can take anywhere from a few days to a few weeks and for some even longer. During this transition period hair may feel extra greasy or heavy. For most there is a light at the end of the tunnel as your scalp finds its proper oil balance.

How does your water affect your hair?

If your hair does not seem to be adjusting to the shampoo bars, it may be due to your water. The characteristics of your water can determine how well (or poorly) your shampoo and conditioning routine works.

The term "hard water" is used to describe water that has a high mineral content, usually calcium and magnesium but may also include bicarbonates and sulfates. The degree of hardness becomes greater as the mineral content increases. The term "hard water" was originally coined to refer to water that was

difficult or hard to work with. Hard water requires much more soap, shampoo, or detergent than soft water; and the minerals in hard water can decrease soap's lathering capabilities.

Studies have also shown that hard water can be an eczema trigger. The calcium and magnesium in hard water seem to cause skin to become more dry which may lead to irritation. Also since hard water requires much more soap, shampoo or detergent than soft water, people living in hard water areas tend to use more which can aggravate eczema.

What does this have to do with hair?

You need water to shampoo your hair and hard water makes it harder to wash your hair. Each hair shaft is made up of little scales, like shingles on a roof. Hard water tends to make the scales stand up, which makes your hair feel rough and tangly. Since your hair is tangled and rough, it is more difficult to rinse out all of the soap. Soap is less effective in very hard water because it reacts with the excess minerals to form calcium or magnesium salts. These are not easily soluble in water and can result in soap film. Washing hair in soft water will have a different result because it leaves fewer insoluble deposits on the hair.

In commercial shampoos, natural soap has been replaced by synthetic surfactants. What's the difference between a synthetic surfactant and natural soap?

Soaps are biodegradable products produced from natural, renewable resources like coconut oils.

Synthetic surfactants, like Sodium Lauryl Sulphate (SLS), Sodium Laureth Sulphate (SLES), Ammonium Lauryl Sulphate (ALS), and others, are made from petrochemicals and created

in a chemical factory. Although these synthetic surfactants do not react with hard water minerals as much, they do not produce the lather that consumers like. The lather comes from the addition of synthetic lather or foam boosters-like cocamide monoethanolamine. So, these detergent shampoos lather well in all types of water and rinse off easily and completely.

That's their only good point. Sadly detergent is very harsh, and damages your hair. It cleans out dirt and strips out the oil, including the natural oil that makes your hair shiny and strong. Conditioner was introduced as people noticed that detergent shampoo took all of the oils out of their hair and left it feeling dry and brittle. The oils your hair needs to be healthy come naturally from your scalp. Conditioner simply puts artificial oils in your hair so that you do not notice the damage done by your detergent shampoo. Natural shampoo bar is better for washing hair, because it does not strip the oils that are naturally in hair. Commercial shampoo is detergent. Detergents are really excellent cleaners (for dishes and laundry!).

So what can we do?

Shampoo manufacturers love to spread misinformation claiming that soap is "harsh." But, the problem with using a natural shampoo bar is often in the water, not the shampoo bar.

If your water is not too hard, just use your all natural shampoo and a bit of conditioner. The conditioner will help the scales on your hair lie flat, and allow the last of the shampoo bar to rinse out.

Guidelma and Margarita [MGEcoduties]

POSTINGS

Omega - change of email address

Dear all, this is to inform you that I have been using: palani@auroville.org.in as email for Omega - from now onward we have changed our email address to: omega@auroville.org.in - Please update it in your address book. Thanks and regards, *M. Palani*

Evergreen horses guided rides

After a long summer break Evergreen horses guided rides will start again On Saturday August 6th at 3 pm. for children up to 6 years. No appointment needed, just come on time! *Sara*

We believe it takes a Community to raise a child

And in that spirit, Transformation Kindergarten was born. We invite you to discover a space where families are actively involved, creating a community-like environment for the children and parents to grow together. Visit our webpage: www.transformationkg.org/ Contact us by e-mail: transformationkg@auroville.org.in

Looking forward to meeting you!

Transformation Kindergarten

4th Auroville Singing Festival 2016 (unplugged)

Dear friends, This year the Auroville Singing Festival will probably take place on Saturday 8th of October 2016 at the Unity Pavilion. It will be more simple and modest and will last only one evening. We propose that participants perform, alone or in small groups, songs with simple accompaniment or a capella, to reduce the load of technical installation.

We reserve ourselves the right to decline accepting songs which are not sufficiently in the Auroville spirit. We also welcome new participants, especially young people, as new participants give a new and fresh flavor to the festival. We would prefer that participants organize their own accompaniment as Rolf, Ananda and Gerhard may be able to help only in a limited capacity. Application forms can be obtained by email from: avsingingfestival@auroville.org.in. The deadline for submitting application will be 14th August 2016. Welcoming you, *Ananda, Noeul and Rolf*

Announcement from Nandini

Nandini Tailoring section has returned to its usual timing starting Monday 1st of August onward! Tuesday, Thursday, Saturday full day: 9 to 12.30 am and 3 to 5 pm. Don't forget to bring your cloth bag when you come. Thank you! *Nandini Team*

Inauguration of new Kitchen "ANNAM"

Dear friends, we are happy to announce the Community at large that the inauguration of the new kitchen at Bharat Nivas is going to occur soon in August 2016. *Ramesh.V*

YEPweek

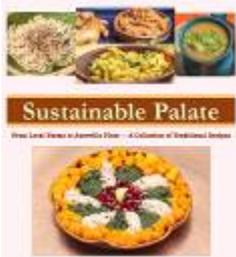
YEPweek is a program for children aged 4 to 14 years old. The goal of YEPweek is to introduce the children to Auroville through various activities over a 5 day period (Monday to Friday). We do accept children for even just one day!

For more information contact us: E-Mail: yep@auroville.org.in

Phone: +91 96 26 56 51 34

Joyfully, *Yep Team*

AVAILABLE



Sustainable Palate: : A new book by SAIIER

A new book by *Life Education Centre (LEC)*, published by SAIIER:

"Sustainable Palate - From Local Farms to Auroville Plate - A Collection of Traditional Recipes",

is now available for purchase at the Visitor's Center bookstore and PTDC.

Haircut

Hi, everyone, it's Mimi and I'm doing hair cutting in the afternoons at Arka once again. Do you need a haircut? To get your hair back in to shape again, or just a healthy trim to get those dry split ends away, maybe you're in the mood for a totally new look? If so, text/call me (best in the evenings) at 9489694626 to make an appointment. I am also doing eyelash and/or eyebrow dying if you are interested. Looking forward to hearing from you. *Mimi*

Office space for rent

Completely newly renovated office space (40 square mtrs), very quiet and green surrounding for rent at Auromode with following facilities. 24 hours Security service, 24 hours Generator back-up, Aquadyne drinking water, Car & Bike parking. Best regards, Auromode Trust - Auroshilpam, Auroville - 605101, Tel: 0413-2622193-161 / Mobile: 99433 90391

LOOKING FOR ...

X-Rays needed for artistic purpose: Dear Aurovilians and friends, a few years ago I asked you if you would agree to give me your old and useless X-Rays so that I would make artworks with them. Many of you accepted to do so and I prepared an exhibition that was very successful here in Pitanga and more recently in Montreal, Canada. I would like to continue and improve that type of artwork; therefore I need your help. Would you please let me know by phone or by e-mail if you have some X-rays that you would agree to give to me? If it is the case I will pick them up myself at your convenience. Thanks in advance, *Monique P.*
Phone: 2623345 or patenaude@auroville.org.in

House furniture: We are looking for the following items (if possible for tall people, e.g. higher than standard size): a) dining table with approx. 4 chairs b) desk with a work chair, c) small table for children with 1 or 2 chairs for children. If you would like to give away or sell any of these items please call or email me: stefangebert@gmail.com / 9650826622. Stefan

Solar panel / inverter: Hi Auroville dear friends, I am *Balu from Azhgu-Bhoomi Forest* North Green Belt area. I have been looking for a long time for a solar panel battery (old) and an inverter for the light in my house' because I have no power. This is urgent, please call me: 9786807071 (or) e-mail: sbalu.av@gmail.com.

A nanny: Newcomer couple looking for an English speaking child minder/nanny to look after our 4 year old daughter. Hours: Mon-Fri 12.45-4.30 pm. Additional hours by arrangement. Looking for someone dynamic and fun, with good level of English (our daughter is very chatty!). Experience in looking after children required. Please email *Daniela* at: danielaboban@hotmail.com

Responsible young man looking for a job: He is awake, friendly, honest and understands fast what is asked from him. His name is Surya, he is 23. His capacities include: basic knowledge of Word and Excel, quasi-fluent English, car driving (has his driving licence), supervising workers (a team of cleaning ladies for example), purchasing and basic book-keeping, administrative work. Education: 12th standard in Kuylapalayam Trust School. He has experience as a waiter, as a driver and as a supervisor in a guesthouse. He would most like to work in a unit, is open to any job that requires his abilities, is open to learn new ones. A job as a private driver would also suit him, or as a waiter. He looks for a full-time job and is not available on Sundays If you are interested in his profile, please give us a phone call as a first step and we'll put you in touch with him.

Yvelise and Emanuele (04132623407)

LOST & FOUND

Water Bottle and Bag (Lost): Dear ones, somewhere I have left my stainless-steel-water bottle together with its own beautiful hand-stitched little shoulder bag, full of most beautiful printed pink rose flowers. If you've found it, kindly phone 0413-2623 028, *Schima-Dorit*

Keys (Lost): A set of keys on a keychain with green pouch and a St Christopher medal, was lost near Pour Tous PTDC on

Saturday 16th of July. If found, please bring back to the News&Notes office, thanks.

Grey Backpack (Lost): Hi, I lost a grey backpack. Inside there is a flashlight and 5 rainponchos. I am not sure where I lost it exactly. If you have found it, please call me: 8531020912. Thank you, *Claudia*

A P P E A L

Support needed for higher studies in France

Hi everyone,
This is *Bhuvan*, not so long ago I posted in News&Notes an announcement regarding my higher studies in France. I am an 18 year-old-student who grew up in Auroville. After finishing my middle school in Transition School I got the opportunity to join the French high school "Lycée Français de Pondichery", where I spent 4 years of my studies in a French educational system. At the end of these four years not only am I speaking French fluently, but also I have successfully managed to pass, with the honors of getting "MENTION BIEN", in my final exam,

the Baccalauréat. I am motivated in pursuing my higher studies in France.

After a long search, I finally have found a permanent place to rent, in a student hostel during my stay in Toulouse close to the University campus. However I am still in the search for financial assistance to cover rental and daily expenses.

Any suggestions for contacts in Toulouse and financial contribution would be highly appreciated and very helpful.

Financial Service Account Number: 252438 - Bhuvan Studies
Please don't hesitate to contact me or sophie@auroville.org.in for any further details. Thanking you in advance for your help and support, *Bhuvan, Dheena & Ejilmathy*
(bhuvan@auroville.org.in / 9047654077)

A C C O M M O D A T I O N S A V A I L A B L E A N D N E E D E D

Homeshare: A room (reasonably spaced) and a bathroom is all that I need and I will probably never be able to afford even the smallest Auroville apartment. My name is Sumit and I have been around in AV since 2002 (with a near seven year break in Germany), I am not a party rabbit or overtly social and spend most of my free time writing (working on three books) or

reading. I can be useful in the kitchen and happily share the chores. I work every day of the week (including Sundays) as a Massage Therapist and am by nature kind of 'chilled out'. Perhaps you have extra and vacant rooms in your house and do not mind sharing your space with a youngish, single male with clean habits and positive sensitivity towards pets (no

experience with pet birds though!) for a long term arrangement. Need a place from September onwards, I would be happy to financially contribute for your generosity of space sharing along with other help in errands and such. Looking forward to hearing from sharing-caring souls. Warm regards, *Sumit* (floydchaterji@gmail.com / Mobile : 91- 7839062619)

House-sitting 1: Hello dear friends, my name is *Tatyana*, I'm a 55 years old Newcomer. Looking for long-term house-sitting. I love pets and plants. If you need a person like me, please contact: btv.12@mail.ru. Thanks a lot!

House-sitting 2: Critical Basic Need - Dear Friends, this is our 3rd repeated request in this regard in the last few years. We are looking for options to get a 2-3 bedroom house as a minimum 1-2 years house-sitting option. Our present house in Courage has become a 'very tight space' as 2 adults & 2 children are living in less than 75 sqm as carpet area (actual

usable area). We hope to be able to find a reasonable solution in the form of a new house or suitable alternative solution in the next 2 years or so. If something works out towards this transit period of 2 years, it would certainly assist with a better living & working environment. City area would be our preference but not closed to other options too. An earliest possibility is welcome & would be very helpful. Thanks - *Lalit, Shailaja, Sagarika & Neelabh* - lalit@auroville.org.in, 9443790172

House-sitting 3: I am Matthias Hochholzer, Austrian Civil Servant and long-time volunteer at SVARAM from August 1st 2016. I am looking for an accommodation / house sitting possibility from now onwards to July 2017, short term is also welcome. If you look for a responsible, clean and quiet house-sitter please contact me at Tel +91 8531997847 or email to: hochholzer.matthias@gmx.at - Thank you, *Matthias*

TAXI SHARING

August 7th: Taxi leaving Auroville early morning (around 5 am) to pick up a guest at 8:30 am at airport on 7th August, Sunday. Taxi sharing is possible both ways. *Lalit*, lalit@auroville.org.in, 94437-90172

August 10th: Joel can share a taxi from Chennai airport to AV, he lands at 4:45pm so the taxi will live at 5:30pm more or less but he could be flexible if somebody is interested in sharing the taxi. Could also split fare with someone going to Chennai Airport from AV the same day (before 5pm). Contact: montseestevez47@gmail.com / +918531957848 - *Montse*

August 11th: My flight is landing at Chennai on 11 August 2016 at 2:40 early morning. A taxi will be picking me up from Auroville and bring me back. Anybody willing to share the car (empty from AV to airport or with me from airport to AV) is welcome. Please contact me by email only manohar@auroville.org.in - *Manohar*

August 13: Taxi leaving the airport in Chennai at about 4.00 am (early morning) on Saturday, 13 August, to Auroville. Taxi sharing is possible both ways. Email (russ@primesingers.com) or send a message on WhatsApp to +919047468594

August 14th: A taxi is going to Chennai airport to pick up someone arriving at 8.25 am by Emirates. Anyone who would like to share either way please contact: kathrin@auroville.org.in or sms 8940230841. Thanks! *Kathrin*

August 14th: Taxi leaving Auroville at 1 pm to drop a guest at airport on 14th August, Sunday. Taxi sharing is possible both ways. Return timings (after 4 pm from Chennai) could be bit flexible. *Lalit*, lalit@auroville.org.in, 94437-90172

August 15th: 1 person will go from Auroville to Chennai Airport at 3 pm to reach latest by 6.00 pm. If you would like to share the taxi either way, please contact *Stefan*: stefangebert@gmail.com

August 18th: 1 person will go from Auroville to Chennai Airport at 10 am to reach latest by 1 pm. If you would like to share the taxi either way, please contact *Stefan*: stefangebert@gmail.com

August 22nd: 1 person will go from Auroville to Chennai Airport at 1.00 pm to reach latest by 4.00 pm. If you would like to share the taxi either way, please contact *Stefan*: stefangebert@gmail.com

WORK OPPORTUNITIES

Annapurna is looking for a committed team of people

About Annapurna: Annapurna is one of Auroville's oldest and most productive farms. It is the only IMO certified farm of Auroville producing grain and dairy products and serves as Auroville's granary - procuring, processing and storing grain from other farms. In an experiment to have active support from the community, Annapurna now has a group of Aurovilians of volunteers as a Support Group.

HR needs:

Annapurna is looking for committed, self-motivated, and experienced people to manage the following responsibilities. Compensation in form of cash and/or kind is available for the right person. Decisions will be made on a case-by-case basis, but in general, there will be a trial period for 3 months.

Mechanic: Annapurna needs somebody to maintain all the machinery that it uses for cultivation, grain-processing etc. and general maintenance work.

Administrator and accounting: To enter and monitor labour, machine hours and other farm activities, as well as supervision and data entry of grain processing work. Basic computer skills required.

Cheese-producer/developer: Annapurna needs somebody, ideally with some experience in cheese-making, to manage its dairy processing unit.

If you are interested, please drop a short email to Tomas (tomas@auroville.org.in) letting him know:

- Of your background,
- Why you would be interested in this work,
- Your experience
- And any questions you may have.

We look forward to hearing from you!

Bindu (for the Annapurna Support Team)

At Aikiyam School

Aikiyam School is looking for a full-time person to help Shankar, the principal. You would manage the office, take care of correspondence and minutes, arrange meetings, draft guidelines and contracts, take care of volunteers and receive guests, assist the Campus Manager, make sure that files and records are properly maintained, liaise with SAIER, and attend the weekly support group meeting. You would also be responsible for compiling a newsletter three times a year. We have two experienced young women already in the office who will assist you. Very good written and spoken English is required for this specific work, as well as being an Aurovillian or Newcomer.

Please contact the Aikiyam School office at (0413) 2622 358 or contact us by email at: assg@auroville.org.in

Thanks for being interested in Aikiyam School!

Devasmita, Janet, Françoise, Heidi, Marion, Martin, Laura, Shankar, and Sudhir [Aikiyam School Support Group (ASSG)]

Website: <http://aikiyamschool.wix.com/bilingualschool>

Dear listeners!

- EXPLORING FUTURE - The last batch of Future School's students on their community service week has said goodbye and shared with us some thoughts on their future. ([click here](#) to listen)
- VOX POP on Food - by Luna and Ganga ([click here](#) to listen)
- 'ANN-YEONG-HASEYO' - Our volunteer from Pondicherry University Stephen Anurag has met a "famous" Indian actor Sachin Nair based in South Korea. ([click here](#) to listen)
- SELECTIONS PAR GANGALAKSHMI - 87 - Gangalakshmi shares her weekly selection of The Mother's Questions and Answers in French. ([click here](#) to listen)
- MOTHER'S QUESTIONS & ANSWERS - From this week onwards Loretta will continue with Questions and Answers by The Mother, and Savitri by Sri Aurobindo. [Click here](#) to listen to the First Session of Q&A.
- STEPPING INTO THE LIGHT OF FREEDOM - Dr. Sehdev Kumar has concluded with his series of lectures on Being& Consciousness with "Stepping into the Light of Freedom: Vision of Kabir & Mira". ([click here](#) to listen)
- OVER THE SUN 5 - Aikya reads the last part of "Over the Sun or How the White Lions Saved the World" - [click here](#) to listen
- DANCING MOODZ - Tharan has hand-picked a few of his favorite "danceable" songs ([click here](#) to listen)
- PEARCED SPEAR is Arun's playlist for the week: [click here](#) to listen
- DELTA BLUES - CROSSROAD (Part 2)- Exploring the story of Robert Johnson, his influence, and the story of Crossroad.... [click here](#) to listen
- NOMINATION TIME, RAS HELPS - From our regular programs you can listen to news of Thursday ([click here](#) to listen) and Monday's Housing Crisis and AV Ultimate - [click here](#) to listen.



Of course you are very welcome to pass by AV Radio if you would like to take any of the programs on your USB stick...or if you would like to share something with us (and the audience)...if you would like to volunteer, participate in any way....if you have any suggestions, feedback, thoughts.. We are located on the ground floor of Town Hall, opposite Financial Service....

Yours,

Auroville Radio Team (www.aurovillerradio.org/)

S P O R T S

To all AV Sport Activities for Youth: IMPORTANT!



Dear All, we are creating an online platform presenting the Youth Sports Activities available in Auroville via a website.

The primary goal is to provide the Auroville community (especially children/parents), with an organized and simple overview to become aware of the Sport Activities available in

Auroville, for the AV Youth.

Please visit <https://sports.auroville.org.in> to see the website.

If you:

1. offer a Sport Activity open to Youth below 18 years old
2. offer an activity year-round (excluding summer break/holidays)
3. and you have not yet been contacted by us

Kindly send your contact details (sport, name, phone number, email) to sports@auroville.org.in

We will provide you with a user name and password to create your own activity page or we will create it for you.

Thank you! *The AV Youth Sport Team*

(Aurosylle, Elisa, Marta, Matthia, Megan, Sara, Satyavan)

Auroville Badminton Tournament 2016 (ABT)

The Auroville Badminton Team would like to conduct the 5th Annual Badminton Tournament at Certitude Sports Ground. We will be holding matches for our community players and the categories are: Sub Junior Boys Doubles, Sub Junior Girls Doubles, Junior Girls Doubles, Junior Boys Doubles, Women Doubles and Men's Doubles.

Event details

Matches will start from Saturday 6th of August till 14th and we will hold all the finals on 15th of August 2016. We will have matches regularly happening in the evenings till we reach the finals of all the categories.

We will regularly keep you posted on the upcoming matches.

Registration

Registrations of all categories are open from Wednesday 3rd of August and will be closed on Friday 5th of August 2016.

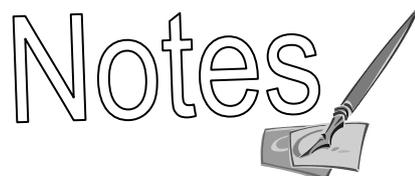
We invite all players to register themselves and come and enjoy the moment together and have fun!!

For Registration Please contact:

Bharathy - 9751110018, 9443610798

Manickam - 9443001761

Palani - 9443535172



LOE-CHU Research

Meaning & Importance for the World & Its Youth, Of Auroville [Part 1]

(This was written on my blog for the 15th August two years ago, under the title 'Centenary of the ARYA: Hundred Years Later, What Is the Earth At?', <https://labofevolution.wordpress.com/2014/09/13/centenary-of-the-arya-hundred-years-later-what-is-the-earth-at/> It is meant also for outside AV.)

For August 15th 2014, among many other events organized in Auroville to commemorate Sri Aurobindo's Birth Anniversary, a small Exhibition has been realized to celebrate more precisely the Centenary of 'ARYA', the monthly magazine through which during seven years, from 1914 to 1921, Sri Aurobindo wrote, chapter after chapter, most of the great books that made him famous, pouring over the world the Vision, actually revolutionary, that he had of Life upon Earth: a Life that was evolving of course, but with a divine origin and purpose, the next step of which was about to start, for leading us beyond the mental way of functioning that is the present summit of that evolution.

In those first 'ARYA' writings, Sri Aurobindo, establishing this new overall perspective, clarified the meaning of the word 'Aryan': this word didn't refer to any specific, supposedly superior, race, but to anyone keen on overcoming one's own ordinary human nature, by gradually replacing it with the divine nature that is secretly and originally ours, and that we are here to reconquer, precisely through this immense terrestrial Evolutive Adventure.

Later on, it is the twisted meaning of the word, the totally wrong racist perspective added to it by Nazism, that made the word sadly famous, but its true meaning cannot be erased. Nazism as such is no more a concrete threat for the Earth, but the erroneous essence of it still exists, as all the various forms of fanaticism and fundamentalism that continue to inflame human brains, always of course in the name of 'Truth'.

Will there be then no end ever to all those extremisms that make Humanity suffer so much? Happily, there will be! We are coming closer at last to the gradual extinction of extremism in general. Here is why:

Since the first issue of 'ARYA' on August 15th 1914, a hundred years ago, a major change has happened upon Earth: in 1956, the new evolutive step announced in 'ARYA' has effectively started; we are now in the 'Supramental' Era, in which, finally activated upon Earth, this vibratory frequency of a Consciousness and a Power greater than that of the Mind is replacing as fast as possible the way of functioning until now predominantly mental, of human beings.

The only thing that limits and slows down the liberating action of this New Consciousness upon the Earth as a whole is our own incapacity to change faster... and of course also the fierce resistance from those whose present power depends on the continuation of the multifarious Falsehood engendering everywhere the dehumanized society we are forced to live in.

The Mental perception is inevitably limited and divisive, as it takes its little isolated point of view for the Absolute Truth and then wants to impose it as such on everybody, through violence if necessary. By its very nature - its mode of functioning, inherent to the Mind Power - it is incapable of arriving at the true, full and complete Truth. This is exactly why it is time to switch over to the Supramental's vaster mode of perception, able to contain at last the entire real Truth, a Totality that includes all points of view, each one in its appropriate place at each instant. This major change of consciousness is starting in more and more human beings, but not yet in all, far from it. *(To be continued next week...)*

Bhaga

Stellar Memories

An exhibition of paintings by V. Hariraam - Video Screening of 'Art and Elusive Peace' (see under Cultural Events)

How would one feel about going to an art exhibition offering both abstract paintings by a contemporary Indian artist and a film about the arts in the Jewish Museum of Berlin by this exact same artist?

What is the relationship between both and why would the artist want to present both at the same time? What is the message to be delivered, and what does want to be expressed?

Art is primarily for the one who expresses it and the one who looks at it. Art is mostly emotional and, whether you find it beautiful or ugly, it will trigger the core hidden deep down in your psyche. And if you take the time to observe those same emotions you might even understand things about yourself you never thought of and it might even help you to grow and evolve. It is a little like photography; one does not need to understand the language of the camera to appreciate a photograph. Something in you will react, regardless if the photographer has used a wider lens, small aperture or 100 or 200 ISO, and even if you don't have the wider clue about photography. Very seldom abstract art can leave you indifferent, abstraction is a departure from reality and the mind reacts differently to it. I personally tend to go with the post-Jungian who would see the quantum theories with their disintegration of conventional ideas of form and matter as underlying the divorce of the concrete and the abstract in modern art.

Art Historian Ashrafi S. Bhagat describes the artistic journey of V. Hariraam as having issued from his creative struggles, depressions, hallucinations and subconscious dreams like out-of-body experiences, intuitive guidance, soul searching and perceptual experiences; in other words, struggles that bore rich dividends of seeking and achieving abstract success. These are what lead us through his exhibition in Kala Kendra, Auroville, which has presentations of "Stellar Memories"(paintings) and "Art and an Elusive Peace" (29 minute documentary about the Jewish Museum in Berlin) both newly produced in 2016.

Even though a few compositions have bright colours like red, pink and turquoise, the big juxtapositions of horizon bands and patches of black -sometimes geometrical, some lines, some verticals - dominate most of his works. There is a gloomy feeling that the mind does not really understand. It feels uncomfortable, almost like the place deep in the psyche where none want to go to.

After wandering in the dark and dysfunctional misunderstood part of the brain, what would be so meaningful about watching a movie on the Jewish Museum?

I was in for a big surprise. The movie is remarkably deep, hopeful and, as a matter of fact, full of light. It opens up with words of deep Indian wisdom and mysticism, moves to the uneasy and painful experience of going through the museum and ends by a few shots of art and everyday life in Berlin.

The steps of people walking on metal faces, each looking like the Scream of the Norwegian painter Edgard Munch, will resonate in you long after the movie is over and with it what could seem like the still heavy heart of modern Berlin.

Nothing is light. Like the paintings, all remains quite dark, but somehow one understands the life force behind this allegory, and through it one has the perception of the beautiful soul of V. Hariraam. One has to go through a tunnel of misunderstood darkness in order to find the hopeful, divine light, and with it the life force that could help to change it all. Intertwined in what could seem gloomy, inert and slightly obsessive dysfunctionality, there suddenly appears the deep, the passionate, the genius! Like a character in a Russian novel...

If you go to V. Hariraam's exhibition and watch the movie simultaneously, you will see abstract art in a complete different light, and if you have never gotten to appreciate it, you might start to understand a dimension of the mind like you never did before.

The exhibition is on till the 20th of August at Kala Kendra. There will be a video screening and a discussion with the artist on Saturday the 6th of August at 4.30pm at Kala Kendra. Artist: hariraam@yahoo.com

This article was written by Chana Corinne Devor who is presently exploring Auroville. She is an art critic and writes for international travel and spiritual magazines. *Submitted by AVArtService*

Perpetua Mobile

"This is to inform the community that Marika of Samasti community passed away on Thursday 1st July" (N&N 9.7.16, p.4).
"They are leaving one by one" (Paulette, "Marika...", N&N 16.7.16, p.10).

On July 29 I visited Pitanga and saw the aquarium with the beautiful fishes. They moved endlessly like a perpetual mobile. The souls of Aurovilians who passed away perhaps move permanently too before they find the bodies for their new incarnations. I saw one fish and suddenly before me appeared a smile - of course it was a kind Marika's smile. It was separate from the body like the Cheshire cat's smile. Marika's soul, her spirit was in the corridors of Pitanga, in the rooms and outside of the building. The souls are immortal and many of them are now among us. What are they doing? I felt that Marika's soul creates a good atmosphere, it wants to help - and helps really. Maybe Marika's soul wasn't happy about the very lapidary information about her published in N&N on 9.7. But in the next issue there was a more detailed Paulette's text. And without doubt Marika's soul received joy from the excellent photos of Paulette's exhibition in Pitanga (July-August). Many children and flowers are in those photographs.

What can the souls do without a body? They can do a lot. I arrived in Auroville in 1991 from the Soviet Union and the first years were difficult for me. But I definitely knew that the souls of my parents and of my elder brother (they passed away a long time ago) arrived in Auroville and helped me through different people. I had many signs of it. Once I went to Chennai (to the Russian Consulate) for the prolongation of my passport. Before this journey I had talked with Auroculture (she then lived in Aspiration). I said: "They will refuse to extend my passport, I'm sure". Auroculture answered: "Read Savitri, write the letter for the Mother, put it before her photo-portrait. Be sure you will have success." I did it and the Russian Consulate in Chennai gave me my passport. They returned it with the words: "We cannot do anything for you". I asked: "Can the situation change in the future?" - "Yes, somebody will arrive from Delhi after three weeks, phone to us at that time". I answered: "I will sit here and wait" - "But after three weeks!" - "I will wait here". They took my passport again and extended it. Thank you, dear Auroculture as well as the souls of Sri Aurobindo and the Mother!

Boris

For your calendar



AMPHITHEATRE - MATRIMANDIR

Meditation with Savitri read by Mother to Sunil's music
Every Thursday at sunset

From 6.00 to 6.30 pm (weather permitting)

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all:

The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not to use cameras, I-pads, cell phones, etc.

Dear Guests, please carry your Guest Card with you - No photos there.

Access only for the Amphitheatre from 5.45 to 6.30 pm - Please be seated by 5.55 pm

Amphitheatre Team

INVITATIONS

MEDITATION WITH THE PEACE BELL

13th of August, Saturday, 5.00 to 6.00 pm

Pavilion of Tibetan Culture, International Zone of Auroville

"When the sun sets and all become silent, sit down for a moment and put yourself into communion with nature, you will feel rising from the earth... the aspiration of an intense love and longing, - a longing for something that brings light and gives happiness... There is a yearning so pure and intense that if you can feel the movement in the trees, your own being too will go up in an ardent prayer for the peace and light and love that are unmanifest here."

The Mother, Questions and Answers 1929-1931, 2 June 1929

We invite you to meditate together to create a space of peace inside ourselves.

The deep resonating sound of the Peace Bell will help us enter inside and focus our intention.

During this hour anybody can express his/her aspiration by ringing the Peace Bell.

Let the resonance fill us with the vibration of inner peace.

All are welcome!

Vera for the Peace Bell team

(Photo: Zarya)



INTERNATIONAL YOUTH DAY 2016

This year's United Nation's theme is "The Road to 2030: Eradicating Poverty and Achieving Sustainable Production and Consumption."

YouthLink would like to explore this theme through Auroville's values, by encouraging each one of us to practice embodying Generosity & Gratitude. By learning to give, and learning to receive, we will be able to shift our culture positively.

BRING A GIFT & GET A GIFT!

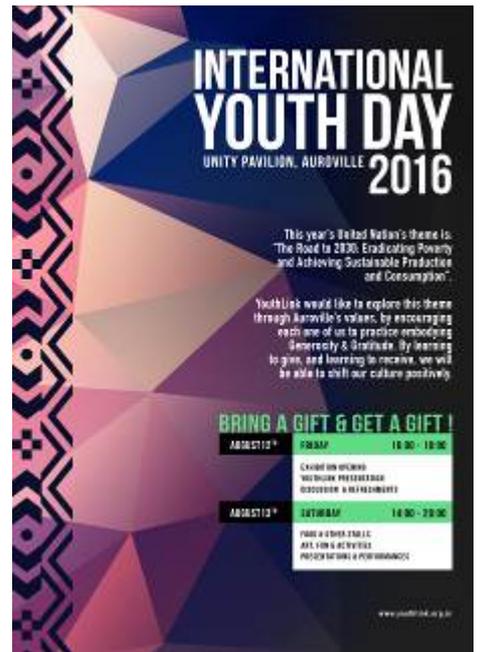
Unity Pavilion, Auroville
Friday 12th Aug: 16:00-18:00

Exhibition Opening
 YouthLink Presentation
 Discussion & Refreshments

Saturday 13th Aug: 14:00 - 20:00

Food & Other Stalls
 Art, Fun & Activities
 Presentations & Performances

www.youthlink.org.in



EXHIBITIONS



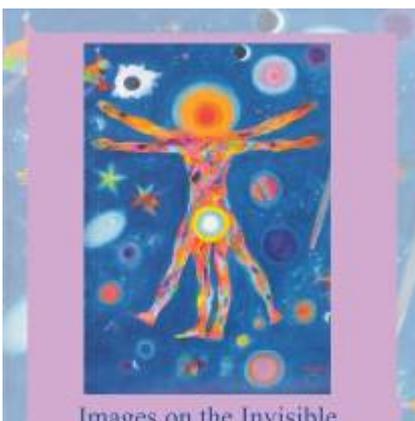
A WORLD OF WONDER AND DELIGHT

A photographic exhibition by Paulette

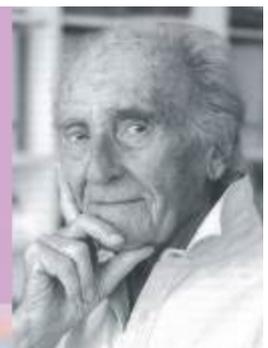
Tuesday July 26th until August 20th
 Open daily except Sunday 8am to 6pm



Pitanga Cultural Centre, Samasti, Auroville, TN 605101, India. (0413) 2322403/2622994 Pitanga@auroville.org.in



recent paintings by Paolo Tommasi
 in the Hall at Savitri Bhavan
 from August 10-31
 9-5 daily except Sundays



CULTURAL EVENTS

Kala Kendra - Centre for Arts in Bharat Nivas - The Pavilion of India
Presents

'ART AND AN ELUSIVE PEACE'

A Documentary (29 Minutes) with an Interactive session
By V. Hariraam

At Kala Kendra - Center for Arts, Bharat Nivas
On Saturday the 6th of August, 2016 at 4:30 pm

'Art and an Elusive Peace'

"Recently I had been in Berlin. I visited the Jewish Museum and documented a few installations by a few internationally acclaimed artists. These installations inspired me a lot though I could not document some that were gruesome. However they signified the end result of hate. They aimed at consolidation of peace rather than bloodshed. Also I visited and documented a bit at the 'Sachsenhausen', the historical site of the concentration camp. I visited the Kaizer Wilhelm Memorial Church that was bombarded during the previous regime of the Nazis. I could not do full justice to the documentary though, it could throw some light at what Berlin was like and is today. Yet, the gloom is felt even to this day. I used a Canon 60 D Camera to make this documentary Possible".

V. Hariraam

ALL ARE WELCOME



Saturday 6th August At Well Café

- 7.00pm till 8.30pm Dinner
Vegetarian and Vegan (Fresh happy cool & colorful food)
Screening Art video
- 8.00pm to 9.00pm Live music concert
Folk Trio Band
- 9.00pm to 12.00pm World Dance with DJ Moushine

All are welcome!!! (0413 - 2622 219)

CLASSES, WORKSHOPS

MUDRA-Chi Workshop : A body Prayer in a Tai-Chi Form



First Sunday of the month
at 5 pm, at Savitri Bhavan.
This month: 7th of August

Facilitator: Anandi
For further information or
Special Classes, contact me,
anandi7@auroville.org.in

Inner-Work-Workshop

Introduction to the Integral Yoga of Sri Aurobindo and the Mother

9th August (Tuesday): Focus this week is on: 'Intimacy with the Divine'

- Overview with multimedia presentation
- Questions and Answers
- Practice in Daily Life
- Complimentary Concentration Exercises
- Creative Arts, Interactive Games
- Life of Sri Aurobindo and the Mother
- Introduction to the Reference Books

These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.

Place: Savitri Bhavan

Time: 9 am to 12 Noon (please be present by 8.50 am for preliminary study)

Led by Ashesh Joshi (Contact: 9489147202, 0413 2622922)

No Registration required (except for groups)

Fees: Voluntary Contribution

All are welcome

For details on the Integral Yoga and the upcoming workshops: please visit www.integralyoga-auroville.com

Workshops in Vérité:

Please contact Vérité to register 24hr in advance for the following workshops: 0413 2622045, 7094104329 or programming@verite.in.

Contributions requested from guests/volunteers (volunteer reduction by advance application only)

- SOMATICS - AN INTRODUCTION FOR EVERYBODY! with Maggie

Monday, 8 August - 9.30 am to 12:30 pm

Somatics is a system of slow mindful movements (mind-body training) in the tradition of Thomas Hanna. A gentle, easy and effective way to gain more ease in the body, better posture, flexibility, coordination, wellness, and balance, resulting in a decrease of the aches and pains commonly attributed to stress, injury and aging.

Maggie is a professionally trained Somatic Movement Educator and offers workshops, classes and clinical sessions in highly effective technique.

• **CONSCIOUSNESS AS MEDICINE with Dr. Yogesh Mohan**

Saturday, 13 August - 9 am to 12:30 pm

A consciousness approach to dealing with stress, common health problems and diseases, beyond what is written in medical texts. Experiential knowledge from a practitioner's perspective on inner healing.

Dr. Yogesh Mohan, MD (JIPMER), PGPM (ISB) brings the essence of 20+ years of work. Professor & Head Medical Education, Saveetha Medical College, Former Head Integrative Medicine Apollo Chennai.

Family Constellation with Moghan

Saturday 13th of August

9 am to 6 pm in the Hall of Light, Creativity

Please register ahead of time - limited number of participants
Contact: moghan@auroville.org.in / 9751110486

Trauma - the unseen wound

What is trauma?

How to identify trauma and post-traumatic stress disorder? How to recover a person's full potential, energy and zest for life? and even integrate the wisdom of it all?

A 2-day workshop with theory and interactive exercises, a toolbox of techniques to apply in your therapeutic work. The workshop is designed for therapists of body and mind, psychologists, and all who work with trauma.

Contribution Rs 4.600, Aurovilians and Newcomers Rs 400.

Date: August 13, 14th, 9- 5.30 pm.

Venue: Sharnaga Guesthouse Yogahall

All registration: contact@auroville-holistic.com / ph: 9626006961

Website: www.auroville-holistic.com - Workshops and retreats in Auroville with international faculty.

Somatic Movement Workshop

With Maggie on Saturday 13 - Sunday 14 August 2016

9.30 am - 5.00 pm (12 hours)

Quiet Healing Center (tel. 2622646 / 9488084966)

A 2-day neuro-muscular re-education (mind-body training) workshop in the tradition of Thomas Hanna.

Somatics is a system of slow, mindful movement. It improves the function of the nervous system, creating more ease and freedom within ourselves. Somatics teaches us to recognise and release holding patterns, resulting from pain, injury, stress or habituated posture, and enhances any kind of exercise such as yoga, dance, sport or just moving through life.

You will also learn a daily practice in order to maintain better flexibility, coordination, balance and wellness, resulting in a decrease of aches commonly attributed to stress, injury and aging.

Maggie is a certified Somatic Movement Educator and graduate of the International Institute for Somatic Movement Education (IISME). She is also a highly experienced massage therapist, and has been working in the field of pain relief for over 15 years.

Dream Craft Retreat

13-15 August

Do you have a dream, a goal or a change you wish to make in life? Do you find that often you want your life to be different, but do not know how to change your life for the better? We all want to make our dreams come true, but sometimes the gap between where we are now and where we want to be, just seems too huge to cross. In the Dream Craft Retreat, you will discover the blockages that hold you back from pursuing your dreams, and learn ways to release these to turn your dreams into reality.

To register please call: 9655696982, or email: info@aurovilleretreat.org. For more info, please visit www.aurovilleretreat.org to register.

Dance Fitness classes

Dance Fitness classes have started again!

In New Creation with Elodie

Tuesday and Friday from 5 pm until 6 pm

If you want to have fun and be active see you there!

Special classes in August in Quiet's pool

• **Baby-swim and watsu-class on Tuesdays at 9.30 am.**

All babies from 2-14 months are welcome (with a parent)

It is about fun and connecting with your baby in the warm water.

Bring a swim-nappy, your swimming-suit and a big towel.

• **A class for pregnant couples on Thursdays at 3 pm**

It's about preparing for birth and connecting with your baby and as a new family.

In case your partner or birth-assistance isn't available you can come alone. Welcome, *Appie*: appelie@auroville.org.in

African Drumming Sessions (change of timings)

The African Pavilion Team is happy to announce a series of drumming sessions that will take place every **Thursday from 7 pm till 9 pm** in the African Pavilion to fundraise the ongoing construction. Help support the project joining the drumming circle around an inspiring fire.

Enjoy the beat!

New vinyasa flow classes with Bebe

In Creativity, Hall of Light, Every Thursday from 4 to 5.30 pm.

An open level yoga class that aims to create strength and flexibility in the physical body, calming the mind and balancing the emotions. It may include basic Pranayama, breathing exercises and/or restorative Asanas to bring total relaxation to the body. For more information contact *Bebe* at: lifepure41@gmail.com, 8940557864.'

Awareness through the Body with Aloka

Weekly sessions at Transition School ATB Hall

• **Wednesdays at 5 pm sharp**

Yoga Nidra sessions

Starting from the 17th August 2016 to February 2017

Deep relaxation sessions that last for about an hour.

Open to everybody. Please be on time

• **Thursdays from 4.30 pm to 6 pm**

Starting from September 18th 2016 to February 2017

ATB explorations

Introspective explorations using the body as a key to come to know and harmonise oneself better

People interested on participating need to sign up with me at: alokamariona@gmail.com

Creativity - Life Drawing Circle

Tuesdays: 5.30 pm to 7.30 pm

Creativity Atelier. Creativity community.

All are welcome to immerse themselves in our intense and inspiring session of life drawing. The idea is to explore one's creative self in a friendly and fun environment. This is not an instruction based class. A Model and basic drawing materials will be arranged for 10 participants. Thus, book in advance to reserve your space. It is free for Aurovilians, Newcomers, volunteers and guests. Though, we seek your generous donation to maintain the well-endowed studio and sustain the enriching experience.

We also welcome those who would like to model for our artists. You need not necessarily have prior experience to pose for few drawings. Moreover, you get to enjoy many creative manifestations of yourselves while you indulge yourself in a quiet and meditative sit-in moments.

For more information or to book yourself, please contact *Chandana* on 9940662299 or *Lakshya* on 9810052574. Cheers!

SCHEDULES



THERAPIES:

Appointments are currently available for Fire Cupping with Chun:

Gua Sha (spooning or scraping) is an ancient healing technique of traditional Chinese medicine (TCM). It is press-stroking of body surface by using a special tool and medicinal oil along the pathway of the acupuncture meridians. Fire cupping is an ancient form of therapy in China and Egypt, in which a local suction is created on the skin by introducing fire to the inside of the glass or bamboo cups. Fire cupping is one of the best deep-tissue therapies. Both therapies can release one's accumulated toxin from the body, activate one's blood circulation to dissipate blood stasis as well as improves your immune system, effective in acute and chronic internal organ disorders such as pain, stiffness, fever, chill, cough, wheeze, nausea and vomiting etc.. Chun is an Aurovilian from China, a certified TCM physiotherapist; he has been enthusiastic about non-drug therapy rooted in TCM since early age and skilled in Acupressure, Gua Sha, Fire cupping and moxibustion therapy.

Pitanga Cultural Centre, Samasti, Auroville (0413) 2622403/2622994 Pitanga@auroville.org.in

CLASSES:

- Restorative new class with Bebe starting on Monday 8th at 10 am till 11.30 am
- Awareness Through the Body - ATB class series (with Francesco)
Series of 5 weekly consecutive classes in Pitanga. During these one and half hour sessions we will explore the basics of ATB through the fundamental themes of: attention, concentration and relaxation. The first introductory session is drop in and open to everyone, while the next ones will be for those who decide to come with regularity. Both new people and those who had already previous experience with ATB can participate and benefit from these classes.
When: on Saturdays
from 13th August till 10th September between 17.00 and 18.30.

To join either register at the Pitanga reception or just come at the first drop in class.

FILMS



CINEMA - Bharat Nivas - AUDITORIUM
(Film starts at 7:45 pm SHARP!)

- Reminder: Friday 5th August: "LES 400 COUPS" (THE 400 BLOWS) by François TRUFFAUT, France, 1959
- FRIDAY 12th "KILLA" (THE FORT) - Directed by Avinash ARUN - India, Maharashtra, 2015

With: Archit Davadhar, Amruta Subhash, Parth Bhalerao, Gaurish Gawde

Synopsis: One of the most endearing movies at the Indian Panorama 2015 at the International Film Festival of India (IFFI) was Avinash Arun's Killa (The Fort). Set in the beautiful Konkan region, the Marathi movie is a poignant presentation of isolation and rootlessness that have been brushed into the cinematic canvas through an 11 year old boy, Chinmay. Chinmay struggles to find friends in the new village where his mother has been transferred. Having lost her husband recently, she has her own struggles but pushes herself to give some kind of stability and continuity to her son. Yet professional compulsions interspersed with corruption and petty rivalry at workplace, make her efforts very painful.

Original version in Marathi, with English subtitles - Duration 1h.47' - General Audience

FILM FEST "Restoring Connection"

From October Sun 16 to October Sat 22, we are presenting a week-long film show in Cinema Paradiso on the theme of Restorative Justice.

Twice each day (at 4 pm and 8 pm), we will screen inspiring movies, documentaries, and feature films. There will be discussion forums & get-togethers, food & drinks.

On the opening day, guest speaker Nimisha Desai from Gujarat will present her work in this field, as well as the special screening of the film "Women for Justice" in Tamil.

More info to follow soon...



For your calendars...!
From Restorative Auroville
(L'aura, Janet, Shanti,
Helene and Kati)

VISITOR CENTER MOVIE SHOW

11th August Thursday 8 pm

A HOLOGRAM FOR THE KING (2016)

Genre: Drama/Comedy

Dur:1:38 mins / Rated:PG 13 / Language: English/Subtitle: English

Dir: [Tom Tykwer](#) / Cast: [Tom Hanks](#), [Alexander Black](#), [Sarita Choudhury](#)

Storyline:A failed American businessman looks to recoup his losses by traveling to Saudi Arabia and selling his idea to a wealthy monarch.

12th August Friday 8 pm

ZOOLANDER 2 (2016)

Genre: Comedy / Dur:1:42 mins / Rated: PG 13 / Language: English/Subtitle: English

Dir: [Ben Stiller](#) / Cast: [Ben Stiller](#), [Owen Wilson](#), [Penélope Cruz](#)

Storyline:Derek and Hansel are lured into modelling again, in Rome, where they find themselves the target of a sinister conspiracy.

THE FRENCH PAVILION presents

"DEMAIN" (TOMORROW)

A documentary film directed by Cyril Dion and Mélanie Laurent
In French with English subtitles

Sharing solutions, telling a feel-good story... this may be the best way to solve the ecological, economic and social crises that our countries are going through. After a special briefing from the journal Nature announced the possible extinction of a part of mankind before the end of the 21st century, Cyril Dion and Mélanie Laurent, together with a team of four people, carried out an investigation in ten different countries to figure out what may lead to this disaster and above all, how to avoid it. During their journey, they met the pioneers who are re-inventing agriculture, energy, economy, democracy and education. Putting together concrete and positive actions which are already working, they began to figure out what could be tomorrow's world...

Saturday, August 6, 2016, 4:45 pm, at Cinema Paradiso

AT SAVITRI BHAVAN

• Monday, 8th of August 2016 at 4:00 pm:

“SRI AUROBINDO and HIS DREAMS FOR THE FUTURE OF MANKIND”

The film is about Sri Aurobindo's message on India's Independence Day, the 15th August 1947 and his five dreams.

1. The first of these dreams was a *free and united India*. India is free, but the partition must go and unity must and will be achieved, for it is necessary for the greatness of India's future.
2. *The Resurgence of Asia* - and her return to her great role in the progress of human civilisation. 'Dharma is the basis of democracy which Asia must recognise and 'Asia is the custodian of the world's peace of mind'.
3. *A World-Union* - 'for forming the outer basis of a fairer, brighter and nobler life for all mankind'.
4. *The Spiritual Gift of India to the World*. India's spirituality is entering Europe and America with her teachings and her psychic and spiritual practice. 'The Veda was the beginning of our spiritual knowledge. The Veda will remain its end.' And the truth about Brahman is a light and a guide to joy and action in the world.
5. *A new Step in Evolution* which would raise man to a higher and larger consciousness.

Years after Independence Day, when asked by someone, "how to bring about the much needed cohesion and faith in the country?" the Mother answered "by following Sri Aurobindo's teachings. His Independence Day Message issued on 15 August 1947 needs to be read and re-read and its significance explained... India needs the conviction and faith of Sri Aurobindo."

This remarkable film by Auroville Press was done in 2002. Duration: 38min.

• Monday, 8th of August 2016 at 6:30 pm:

“THE DAY OF THE LORD”

The 15th of August 1947, the day of Sri Aurobindo's birthday and the day when India became free marks a special day for India and also a special day in Earth's spiritual history. This is also so with the 29th of February 1956. It is the day when the long and intense tapasya of Sri Aurobindo and the Mother bore the fruit of the Supramental Manifestation upon Earth and in the midst of our struggling humanity.

Since then a New Consciousness has been active upon earth, growing by the day, by the minute and the hour, shaping the

earth's future. We may not recognize it or even doubt it but human blindness is not a proof of the sun's absence. But to those who are open and ready, it is an exceptional hour, when a *little effort brings great results*. In this talk Dr. Alok Pandey contemplates and reflects upon this God-moment or as the Mother put it, the 'Day of the Lord' and its shaping of Earth's destiny and the future of humanity.

A film by Wisdom-Splendour. Duration: 50min.

THE ECO FILM CLUB



Sadhana Forest, August 12th, Friday

Schedule of Events:

16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour

16:30 Tour of Sadhana Forest

18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club

18:30 Eco Film Club begins with "previews" of short Sadhana Forest films

20:00 Dinner is served

21:30 Free bus from Sadhana Forest back to Solar Kitchen

Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film you are welcome to join us for a free 100% vegan organic dinner!!

Rivers and Tides: Andy Goldsworthy Working with Time

90mins - Directed by Thomas Riedelsheimer

Landscape sculptor Andy Goldsworthy is renowned throughout the world for his work in ice, stone, leaves, wood. His own remarkable still photographs are Goldsworthy's way of talking about his often ephemeral works, of fixing them in time. Now with this deeply moving film, shot in four countries and across four seasons, and the first major film he has allowed to be made, the elusive element of time adheres to his sculpture.

(Reminder: Friday, August 5th:- Koko: The Gorilla Who Talks To People)

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at (0413) 2677682 or 2677683 or sadhanaforest@auroville.org.in.

Or visit us online:

sadhanaforest.org / [facebook.com/sadhanaforest](https://www.facebook.com/sadhanaforest)

Important information about News & Notes (Absolute deadline for submissions or cancellations: Wednesday 11 am)

The contents of *News & Notes* are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material: Material (no pdf files, please) may be sent (in English only) to the *N&N* email address (below).

The Wednesday deadline (11am) is absolute as the News is given to the printers by Wednesday 2 pm.

Articles for the Notes section should ideally be no longer than 500 words. All articles and reports need to reach us by Tuesday noon.

Visiting hours: Mondays, Tuesdays 9am to 11.45am and 1pm to 3pm; **No visitors on Wednesday.**

Soft Version: We encourage you to ask us for a soft version of *News & Notes* send directly on your own mail. First, it saves trees, cost of paper (Rs 12.000 monthly are spent only on purchasing paper) and labor cost (900 copies are printed every week). Second we send your soft copy as a PDF file (Same formatting as the printing version with colored pictures) on Thursday morning and you can get information earlier than the printing version which is delivered only on Friday and Saturday. Don't hesitate to mail: newsandnotes@auroville.org.in or to phone 2622133.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The *News & Notes* serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

News & Notes, Media Centre, Town Hall. Phone: 2622133, email: newsandnotes@auroville.org.in



Cinema Paradiso

Multimedia Center (MMC) Auditorium
Film program 8 August 2016 to 14 August 2016

Indian - Monday 8 August, 8:00 pm:

- **Te3n (Three)**

India, 2016, Dir Ribhu Dasgupta w/ Amitabh Bachchan, Nawazuddin Siddiqui, Vidya Balan, and others, Mystery-Thriller, 136mins, Hindi w/ English subtitles, Rated: U/A (PG-13)

In this adaptation of the South Korean film *Hangul* (Montage), John Biswas lives with his sick, wheelchair bound wife in Kolkata. He still blames himself for the kidnap and murder of his granddaughter Angela 8yrs back. He keeps pursuing the case and after 8yrs he suddenly gets a clue. Father Martin is an ex-cop turned priest who originally handled Angela's case. Meanwhile Ronnie, grandson of Manohar is kidnapped. The pattern is identical to Angela's case that occurred so many years back. Sarita in charge of the new case seeks help from Martin. Investigations in these two cases set eight years apart from the crux of this gripping psychological thriller. *Don't miss!*

Italian- Tuesday 9 August, 8:00 pm:

- **LA DOPPIA ORA (The Double Hour)**

Italy, 2009, Dir. Giuseppe Capotondi, w/ Ksenya Rappoport, Filippo Timi, Crime, Drama, Mystery, 95 mins, Italian w/ English subtitles, Rated: G

Sonia comes from Ljubljana and works as a waitress. Guido is an ex-policeman and works as a guardian at a villa. They meet on a speed date. He's a regular client. But it's the first time for her, and it's obvious. They don't say much, the attraction is instinctive. They get to know each other in a matter of days, and show each other their wounds. They're on the point of falling in love... when Guido dies. Sonia finds herself alone once again, coping with a death for which she can find no sense. And for which some people even hold her responsible. While Sonia's past comes back to her, with all its unresolved knots, the reality around her starts to break down, burying her. Who Sonia really is? *An award winning film - not to be missed!*

Cultural - Wednesday 10 August, 8:00 pm:

- **BALLET IGOR MOISSEYEV: Live in Paris**

France, 2011, Dir. Andy Sommer w/all the dancers from the ensemble Moissejev, ballet, 107 mins, Rated: NR

The Igor Moissejev ballet is known throughout the world for its dynamism, infectious joy and perfectionism. The 70 dancers of Moissejev's ballet take us on a journey around the world and former regions of the Soviet Union like Moldova, Belarus, Caucasia, Ukraine and more, reveling dazzling, surprising and joyful ballets from Moissejev's repertoire. A show always acclaimed throughout the world.

Russian - Thursday 11 August, 8:00 pm:

- **12 (Twelve)**

Russia, 2007, Dir. Nikita Mikhalkov w/ Sergey Makovetskiy, Sergey Garmash, Aпти Magamaev, and others, Crime-Thriller, 159mins, Russian-Chechen w/ English subtitles, Rated: PG-13.

Twelve jurors must decide the fate of a Chechen adolescent charged with murdering his stepfather. All seem to hold the young man guilty, except for one, who will attempt to convince the remaining eleven that they are wrong. *A masterpiece of Russian cinema!*

International - Saturday 13 August, 8:00 pm:

- **DEMOLITION**

USA, 2015, Dir. Jean-Marc Vallée w/Jake Gyllenhaal, Naomi Watts, Chris Cooper, and others, Drama, 101mins, English w/ English subtitles, Rated: R

Davis, a successful investment banker, struggles after losing his wife in a tragic car crash. Despite pressure from his father-in-law, Phil, to pull it together, Davis continues to unravel. What starts as a complaint letter to a vending machine company turns into a series of letters revealing startling personal admissions. Davis' letters catch the attention of customer service rep, Karen, and, amidst emotional and financial burdens of her own, the two form an unlikely connection. With the help of Karen and her son Chris, Davis starts to rebuild, beginning with the demolition of the life he once knew.

Children's Film - Sunday 14 August, 4:30 pm:

- **THE CURSE OF THE WERE-RABBIT**

UK, 2005, Dir: Nick Park & Steve Box, w/Peter Sallis, Helena Bonham Carter, Ralph Fiennes and others, Animation, 85mins, English w/English subtitles, Rated: U (G)

Wallace and his loyal dog, Gromit, set out to discover the mystery behind the garden sabotage that plagues their village and threatens the annual giant vegetable growing contest.

Ciné-Club - Sunday 14 August, 8:00 pm:

- **TRACKS**

Australia, 2013, Dir. John Curran w/Mia Wasikowska, Adam Driver, and others, Adventure-Biography, 112mins, English w/English subtitles, Rated: PG-13

Based on Robyn Davidson's classic travel book of the same name and supported by the extraordinary cinematography of Mandy Walker and the lovely score by Garth Stevenson, the film follows Robyn as she travels solo across the unfathomable desert.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

Kindly do not bring food, drinks, snacks, munchies or your pets into the auditorium.

As a courtesy to the fellow viewers please be sweet and stop chatting after the film starts.

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