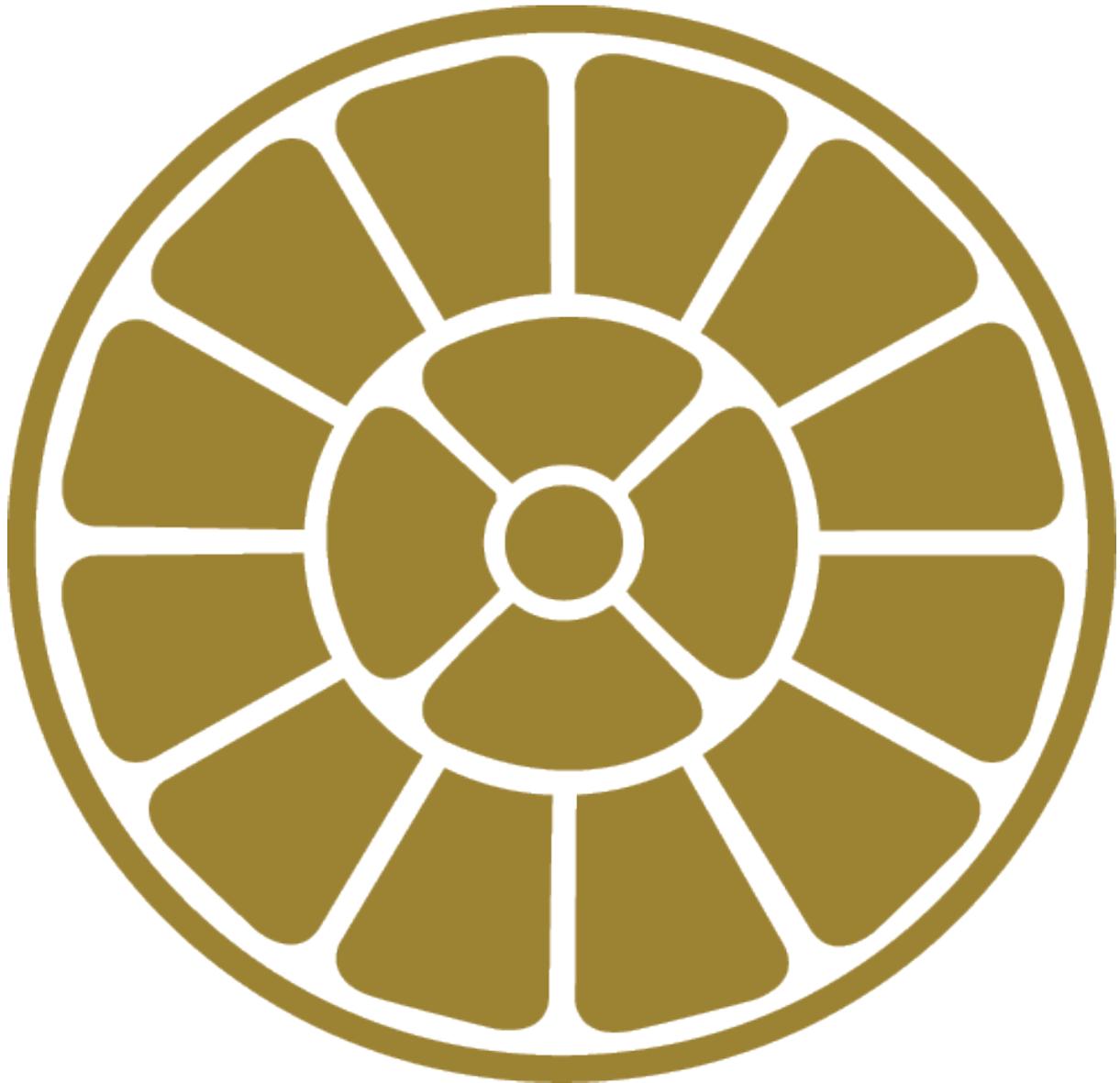


News & Notes

30th July 2016.....A weekly bulletin for residents of Auroville.....Number 658

1



OM JAI MA

HOUSE OF MOTHER'S AGENDA

"It is quite true that to a surface view Life seems only an operation of Matter, Mind an activity of Life, and it might seem to follow that what we call the soul or spirit is only a power of mentality, soul a fine form of Mind, spirituality a high activity of the embodied mental being. But this is a superficial view of things due to the thought's concentrating on the appearance and process and not looking at what lies behind the process. One might as well on the same lines have concluded that electricity is only a product or operation of water and cloud matter, because it is in such a field that lightning emerges; but a deeper inquiry has shown that both cloud and water have, on the contrary, the energy of electricity as their foundation, their constituent power or energy-substance: that which seems to be a result is, — in its reality, though not in its form, — the origin; the effect is in the essence pre-existent to the apparent cause, the principle of the emergent activity precedent to its present field of action. So it is throughout evolutionary Nature; Matter could not have become animate if the principle of Life had not been there constituting Matter and emerging as a phenomenon of Life-in-Matter; Life-in-Matter could not have begun to feel, perceive, think, reason, if the principle of Mind had not been there behind life and substance, constituting it as its field of operation and emergent in the phenomenon of a thinking life and body: so too spirituality emerging in Mind is the sign of a power which itself has founded and constituted life, mind and body and is now emerging as a spiritual being in a living and thinking body. How far this emergence will go, whether it will become dominant and transform its instrument, is a subsequent question; but what is necessary first to posit is the existence of Spirit as something else than Mind and greater than Mind, spirituality as something other than mentality and the spiritual being therefore as something distinct from the mental being: Spirit is a final evolutionary emergence because it is the original evolutionary element and factor. Evolution is an inverse action of the involution: what is an ultimate and last derivation in the involution is the first to appear in the evolution; what was original and primal in the involution is in the evolution the last and supreme emergence."

The Life Divine, SABCL, Vol. 19, pp. 852 - 53

Today I have been asked to speak to you about the Avatar. The first thing I have to say is that Sri Aurobindo has written on this subject and the person who has asked me the question would do well to begin by reading what Sri Aurobindo has written. I shall not speak to you about that, for it is better to read it for yourself.

But I could speak to you of a very old tradition, more ancient than the two known lines of spiritual and occult tradition, that is, the Vedic and Chaldean lines; a tradition which seems to have been at the origin of these two known traditions, in which it is said that when, as a result of the action of the adverse forces — known in the Hindu tradition as the Asuras — the world, instead of developing according to its law of Light and inherent consciousness, was plunged into the darkness, inconscience and ignorance that we know, the Creative Power implored the Supreme Origin, asking him for a special intervention which could save this corrupted universe; and in reply to this prayer there was emanated from the Supreme Origin a special Entity, of Love and Consciousness, who cast himself directly into the most inconscient matter to begin there the work of awakening it to the original Consciousness and Love.

In the old narratives this Being is described as stretched out in a deep sleep at the bottom of a very dark cave, and in his sleep there emanated from him prismatic rays of light which gradually spread into the Inconscience and embedded themselves in all the elements of this Inconscience to begin there the work of Awakening. If one consciously enters into this Inconscient, one can still see there this same marvellous Being, still in deep sleep, continuing his work of emanation, spreading his Light; and he will continue to do it until the Inconscience is no longer inconscient, until Darkness disappears from the world — and the whole creation awakens to the Supramental Consciousness.

And it is remarkable that this wonderful Being strangely resembles the one whom I saw in vision one day, the Being who is at the other extremity, at the confines of form and the Formless. But that one was in a golden, crimson glory, whereas in his sleep the other Being was of a shining diamond whiteness emanating opalescent rays.

In fact, this is the origin of all Avatars. He is, so to say, the first universal Avatar who, gradually, has assumed more and more conscious bodies and finally manifested in a kind of recognised line of Beings who have descended directly from the Supreme to perfect this work of preparing the universe so that, through a continuous progression, it may become ready to receive and manifest the supramental Light in its entirety.

In every country, every tradition, the event has been presented in a special way, with different limitations, different details, particular features, but truly speaking, the origin of all these stories is the same, and that is what we could call a direct, conscious intervention of the Supreme in the darkest matter, without going through all the intermediaries, in order to awaken this Matter to the receptivity of the Divine Forces. The intervals separating these various incarnations seem to become shorter and shorter, as if, to the extent that Matter became more and more ready, the action could accelerate and become more and more rapid in its movement, more and more conscious too, more and more effective and decisive. And it will go on multiplying and intensifying until the entire universe becomes the total Avatar of the Supreme.

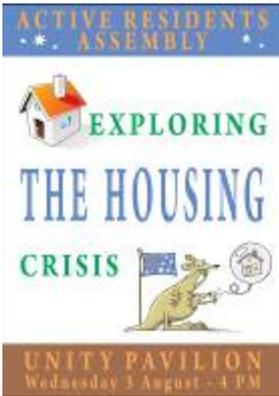
QUESTIONS AND ANSWERS, 28 May 1958 THE MOTHER

The Ponder Corner

*There is no real Yoga possible,
still less any integral Yoga,
if we do not go back from
the outer self and become aware of
all this inner being and inner nature.*

Sri Aurobindo
ref. Letters on Yoga, vol.22, p.349

ANNOUNCEMENTS



Next Active Residents Assembly (ARA) Meeting

Wednesday 3rd of August on "Exploring the Housing Crisis"

Dear Friends,
You are kindly invited for the first ARA meeting after some months of researching into the "Housing" and the "Decision Making Process" issues.

On Wednesday, 3rd August, at 4.00 pm, in Unity Pavilion - we will present the results of the ARA support group study on the housing crisis.

Crisis, yes, but what crisis? This is what we would like to share with you all. We would also like to look for simple and durable solutions for the future development of housing in our community.

Please, come and participate. This might be a good opportunity to make a quantum jump together to start solving some of our most crucial issues.

Hoping to see you there,
The ARA core group.

Members from AVCouncil & Working Committee stepping out

Dear friends,
Following our call for nominations for the groups AVCouncil, WCom and FAMC, we are publishing the names of members resigning from the AVCouncil and WCom so that you can be aware of what capacities/ skills are leaving the groups and what is needed. These members are eligible to be nominated for re-selection or be nominated for the other groups.

Confirmed members who are leaving the AVCouncil:
Sindhuj, Guy, Veronique, Daniel
Confirmed member who is leaving the WCom: Mandakini

For the Working Committee, since some of the members are TOS, the name of the second member to be replaced or re-selected will be announced in the near future.

Warm regards, *AVCouncil*

Call for Nominees for AVCouncil, Working Committee and Funds and Assets Management Committee (FAMC)!

Dear friends,
As you are aware, the AVCouncil and Working Committee need a few new members every year selected during the 3-day selection process. The recently ratified FAMC mandate also calls for a selection process to take place to create a strong and functional team. This year, this 3 day selection process is planned to be hosted from the 21st-23rd of October for the 3 groups of AVCouncil, Working Committee and FAMC.

We are now calling out for nominations (including self-nominations) for these 3 groups!

How: You will soon receive in your mailbox an invitation to nominate online from Residents Assembly Service, where you can directly select the names from a drop box containing all names in the Register of Residents. If you are not comfortable on a computer, you may pass by the RAS office where you will be assisted to nominate via the nomination form.

You can nominate up to 5 names for the AVCouncil and the Working Committee and 9 names for the new FAMC. Please make sure that those you nominate, including yourselves, have

the necessary capacities for the work, by reading the groups' mandates.

The mandate of the Working Committee can be accessed here: www.auroville.org.in/page/mandate-working-committee-2004

The mandate of the Auroville Council can be accessed here: www.auroville.org.in/page/mandate-auroville-council-2004

The mandate of the FAMC can be accessed here: www.auroville.org.in/page/famc-mandate-2016

Alternatively, you can pass by the AVCouncil's office where a few print outs of each mandate are waiting for those who may need it.

Please note that for the FAMC, you can nominate someone already serving in another working group, while for the AVCouncil and WCom, this is not the case.

The deadline for nomination is the 6th of August 2016.

We are planning this ahead of time with plenty of time assigned for feedback receiving and feedback processing, as one of the major parts of the success of this selection process method. We need you to help us see this through!

Thank you for your participation!

Warmly,
AVCouncil; Study Group; Resident Assembly Service

RAS office attendance + extra timings for Nominations

Dear Community Members,
The RAS team is happy to welcome you every morning (Monday till Friday) from 10 am till 12 noon from now onwards.

Our office is located on the 1st floor in Town Hall next to the Land Board office.

Exceptionally our office will be open additionally Monday till Thursday (1st till 4th of August) next week to allow you to get some help to nominate the candidate for the Selection Process if you cannot access online. We are happy to offer you that service. Don't hesitate to come if you have some access problem, any doubt or a change of mind and you would like to redo your form.

It is also possible to bring to our office your nomination list on paper, provided that it is clearly signed if you leave it in the box in our office during our absence.

Thank you very much for your collaboration.

Warmly, *RAS team*

From the Housing Service

One apartment is available for transfer:
Grace community - Penny - Available in October - 89.95 sqm plinth (83.12 sqm ex. common amenities). Modern apartment on the first floor: living room/kitchen, two bedrooms, storage, bathroom, balcony. Inclusive of solar hot water system. For more information contact the Housing Service or see Auronet: www.auroville.org.in/article/58181

Phone: (0413) 2622658 - housing@auroville.org.in - Public Hours: Tuesday, Thursday and Saturday 9:30-12:30, Monday and Friday 14:30-16:30, Wednesday: Closed (Housing Board in Session 9:30-12:30) -

Auroville Housing Service Team

From the Entry Service - N&N NO- 658 dated 30. 07.2016

We would like to inform the community that our team is happy to recommend the following persons as Aurovilians and Newcomers. We will wait for two weeks (Newcomers and Returning Aurovilians) and one month (Aurovilians), from the date of this publication, for your feedback, before confirming.

AUROVILIANS:

Anita ALBERTI (Italian) - Staying at Transition staff quarters, working as Petal duty coordinator.

Ohad DANENBERG (Israeli) - Staying at Grace, working as a facilitator at TLC.

Priscila DANENBERG (Israeli) - Staying at Grace, working as a coordinator at Aha Kindergarten school.

Walthera CORNUIT (Netherland) - Living at Invocation IV, working as a receptionist at SANTE.

CHILD OF AN AUROVILIAN:

Shahar DANENBERG (Israeli) - Born on 25/04/2006, studying at TLC.

Iam DANENBERG (Israeli) - Born on 12/04/2012, studying at Aha Kindergarten school.

NEWCOMERS:

Krishna NAG (Indian) - Staying at Espace, working in Baraka and Craniosacral therapist and medical masseuse at Pitanga.

Adriane FELDMANN (Swiss) - Staying at Auromodele, working for the International Zone Coordination Team as a secretary.

Cristiano RICHERS (Swiss) - Staying at Swayam, working for RAS as a resource person.

Emiko KINOSHITA (Japanese) - Staying at Grace, working in Joy GH, and Transformation Kindergarten as an assistant.

Laure CEBRON DE LISLE (French) - staying at Auromodele, working in PTDC as a cook, and in Auro-orchard as a gardener.

Fred CEBRON DE LISLE (French) - Staying at Auromodele, working for Outreach media as a film maker

Kasia (Shakti) WIERZBICKA (Polish) - Staying at Angiras Garden, working at Matrimandir and in Baraka as a caretaker for horses.

Bidyutparna (Mimi) CHAKRABARTI (Indian from West-Bengal) - Staying at Center field, working with Swadharma Project, (under ECI), and on the Ganga Project, as a coordinator.

Manas CHAKRABARTI (Indian from West-Bengal) - Staying at Center Field, working at Auroville Today as an administrator, and in Botanical Garden as a gardener.

Marc LEVASSEUR (French) - Staying at Fertile East, working in the Botanical Garden as a gardener.

Karen AALDERS (Dutch) - Staying at Saylam, working as an organizer for the Aspiration Program.

Michael GRANSITZKI (German) - Staying at Aurodam, working for Imago as an architect, and for SAIER as a constructions coordinator.

Nadia AKCADURAK (Austrian) - Staying at Aurodam, working as an administrator and a facilitator for Play of Painting in Nandanam Kindergarten\.

Renana REICHER (Israeli) - Living at Courage, working as a team member at Nandini Distribution and as a coordinator at New Colors .

Stefanie ROZENKRANZ (German) - Staying at Grace, working at Center Guest House as a receptionist.

Sandrine INIZAN (French) - Staying at La Maison Des Jeunes, working as an organizer-assistant at French Pavilion

Sathish VENKATESAN (Indian from Kulapalayam) - Staying at WEDK in Prathna, working as a program-assistant at Sustainable Livelihood Institute

Stella PEREZ (Spanish) - Staying at Udyogam, working as a secretary at Kindergarten.

CHILD OF A NEWCOMER(S):

Arun Joshua NAG (German) - Born on 07/09/2002, studying at Deepanam school.

Sakurako Vivian KINOSHITA (Japanese) - Born on 12/04/2010, studying at Deepanam school.

Martin CEBRON DE LISLE (French) - Born on 13/12/2005,

studying at Deepanam school.

Chine CEBRON DE LISLE (French) - Born on 15/01/2009, studying at Deepanam school.

Pari SHAHI (Polish) - Born on 04/05/2013, studying at AHA Kindergarten.

Arun RASCHIDY (Austrian) - Born on 04/12/2001, studying at Deepanam School.

Parin RASCHIDY (Austrian) - Born on 29/12/2003, studying at Deepanam school.

Sitara RASCHIDY (Austrian) - Born on 03/01/2008, studying at Deepanam school.

N.B. The announcements done in the News and Notes are FOR FEEDBACK ONLY and sometimes, after announcement, there can be either an extension of status or a decision to stop the process. We have added Confirmation Section below:

CONFIRMATION OF RETURNING AUROVILIAN:

Selvi TRAN (Indian from Kulapalayam)

CONFIRMATION OF NEWCOMER TO AUROVILIAN STATUS AFTER ANNOUNCEMENT IN N&N AND CONSIDERATION OF FEEDBACK RECEIVED FROM RESIDENTS:

Kalivarathan (Kali) VEERASATHIVEL (Indian from Edayanchavadi)

Stephanie KRAUS (Germany)

Sudhagar PERUMAL (Indian from Appirampattu)

We will soon invite you to fill in the B-Form request for a meeting with the AV Foundation Secretary with the aim to add your name to the Register of Residents.

Dear Newcomers,

The Entry Service team would like to inform you of the timings designated specifically for you to collect or submit the Newcomer Kit. Please pass by our office in Town Hall during these hours only: Monday & Wednesday at 2 pm to 4 pm. We look forward to seeing you.

We are open for B-Forms and Recommendation letter matters, on appointment only.

For all other matters, the office is open on Mondays, Wednesdays and Fridays at 10-12am, except for every last week of each month when we are closed to the public to do the internal office work.

The Entry Service team

(B, Chitra, Christiane, Eva, Giridev, Ishita, Neeti)

L'avenir d'Auroville / TDC - Site and Building Applications feedback - 30th Jul 2016

The following Site and Building Applications (SA and BA) are announced for feedback from the community for a period of two weeks from the date of publication.

The announcement is made for feedback only and does not mean that the project has final approval. The final approval is given when L'avenir d'Auroville / TDC issues an NOC (No Objection Certificate). This happens only once the feedback period is over, the feedback has been evaluated, a final decision by TDC has been reached and the necessary financial formalities have been completed. It is only after issuing a final building permission that fencing, building or any other activity on the site can start.

It has to be noted that site permission is given to reserve the site for a maximum period of two years in order to prepare a project proposal. It does not give any right to fence and clear the site unless, for practical reasons, there is a special permission of the TDC.

Individual Projects

- Site Applications: No new SA
- Building Applications:
 1. Veerayan & Kalavani, Vikas, House Extension - Bedroom for children for an area of 33.8 sq.m. on plot no. IR 419/1A.
 2. Joss, Fabian, Kanniappan, Pitchandikulam, Guest House - Dismountable - Prefabricated structure on plot no. BO 70/4 for total build up area of 100 sq.m.

Collective Projects

- Site applications
 1. Waste Water Treatment Plant (WWTP) - Residential Zone - Behind Maitreye

Project write-up given by the Project Holder

Project Title: Waste Water Treatment Plant - Residential Zone

Proposed Site Location: 'Behind Maitreye' (see map on Auronet)

Project Holder: TDC - Town Development Council

Architect: CSR

Contact Persons: TDC - Town Development Council

Description:

Total Area of the project: 400m²

Build up Area: 110m²

Waste Water Treatment Plant Residential Zone

Background: Several new housing projects coming up in the Residential Zone II are in urgent need of a waste water treatment facility. An assessment of the multiple small waste water treatment plants that have been built over the years in the Residential Zone shows that many of them are not working properly. They suffer from poor maintenance and are a cause

of nuisance (bad odor, mosquitoes and flies). Some of the systems are more than 20 years old and the structure and pipe systems leak. A detailed study on waste water management was conducted for the area. The study comes to the conclusion that the use of individual small waste water treatment plants should be discontinued and that a single treatment plant with a sewer system network would be the preferred option. The findings of the study were presented at the General Meeting: January 27th 2016 (on invitation by RAS and TDC).

The proposed new WWTP will meet the following conditions:

- 1) A single, *temporary*, treatment plant, well maintained;
- 2) The number of residents who are in immediate, urgent need of waste water treatment facility is maximum 300 persons in 5 projects;
- 3) The communities will be connected with a gravity-flow sewer pipe system.
- 4) The sludge will be retained and digested at site until it can be pumped off and transported by sludge truck to a suitable location for post processing;
- 5) After 1 year of operation the plant performance will be evaluated.

- Building Application: No new BA

For additional information, please write to: avenir@auroville.org.in, call 2622-170 or come directly to L'avenir d'Auroville/TDC office in the Town Hall.

For more information on the location of the plots mentioned above, you can find this same announcement with map(s) on the Auronet page of L'avenir d'Auroville/TDC.

FOR YOUR INFORMATION



ACRES FOR AUROVILLE - CAMPAIGN NEWS UPDATE

'Acres for Auroville' meets its fundraising target for the second consecutive year

Acres for Auroville is a dynamic action started by Auroville International with Lands for Auroville Unified, in support of the work of Auroville's Land Board. On August 15, 2014, we initiated A4A Phase 1 with an initial target of fundraising for the Matrimandir Area and the International Zone. We reached our fundraising goal after one year, and encouraged by donor enthusiasm, we widened our aspiration, inaugurating on Sri Aurobindo's birthday 2015:

A4A PHASE 2: The 4 Zones of Auroville's City Area.



Now, it is our great pleasure to announce A4A's second year of fundraising success:

Our Mother's Symbol Success Barometer is 100% golden filled by over 300 donations!

We sincerely thank all of A4A Phase 2 friends for this great achievement. This year, many more Aurovilians have joined as regular supporters. We are happy to count as loyal donors: Ashramites, the Golden Chain Fraternity (the Ashram school alumni), and so many devotees of Sri Aurobindo & The Mother in India and around the world. We congratulate the outreach actions of all the Auroville International centers which have touched so many friends and well-wishers of Auroville, and we thank Jaya for her rousing calls to the community.

On August 15th, at the Land Board's request, A4A will again launch an enlarged action:

A4A Phase 3 - The City Area & Other Priority Plots

This wider focus will give the Land Board flexibility in responding to important opportunities in all of Auroville's Master Plan Area - to protect the Matrimandir area, unify Auroville's urban center,

consolidate the zone around the City, and protect Auroville by securing top-priority plots in the Greenbelt.

The GreenAcres campaign will continue its crucial companion action with its exclusive focus on Auroville's Greenbelt. We encourage everyone to support both campaigns!

Acres for Auroville is a consecrated action to bring material support for securing Auroville's physical body in line with the Mother's Vision of the City of Dawn. We aim to support the Land Board in their crucial work. Together let's make A4A Phase 3 another great success!

In solidarity,

The Acres for Auroville team [For donation information and all campaign news, connect with: www.colaap.org]



GreenAcres Update - July 2016

GreenAcres started off just a year ago as a campaign for 20 priority plots in the Greenbelt. We are happy to announce that a tiny bit more of Auroville will manifest with the donations which have

come in! This is mainly due to donations coming in through AVI-USA, several passionate donors who are well-connected to Auroville, and some regular Aurovillian donors. However, we do need more Aurovilians involved to expand the campaign.

This update is meant to encourage Aurovilians to promote GreenAcres with their green contacts in India and abroad. We would like to develop support for Auroville's ecological work from like-minded organizations and potential donors in India and abroad for 2 purposes:

- 1) To receive donations directly for land purchase for the priority plots.

Or

- 2) To sponsor new eco-projects (organic farming, soil and water conservation, use of solar and wind energy), including land purchase.

We are starting to work with Aurovilian project professionals in this direction. However, we are urgently looking for a person/persons to give their energy, time and skills to enhance the GreenAcres campaign. Have a look at our fundraising videos on: www.colaap.org - and our project proposals in the donor login, and be inspired to join us for a vital challenge for Auroville's future!

In solidarity for a Green Auroville,
Sigrid & the GreenAcres Team



FRANCE = as the mid-July summer issue of the AVI France team reached us just too late for the previous installment of this column, we here mention that the informative and interesting 'bulletin d'été' can be obtained from aurovilleinternationalfr@gmail.com. The French-language letter highlights with photos the third inauguration of the future French Pavilion; Olivier's VC exhibition of Sri Aurobindo and Mother; gives an extensive update on Auroville's Village Action work and the fund raising campaigns for the Auroville Land; reports on the General AVI meeting held here in February this year mentioning all groups & individuals that were met; gives an article on Michel of Vanaville and describes Rajan (Nagam)'s Sri Aurobindo and Mother centre in Edayanchavadi; gives an overview of the eight 'Café Auroville's held in Paris and reports on AVI France's general assembly meeting in May.

DENMARK = the three-day gathering on Auroville & Integral Yoga in Klint, Denmark, is getting closer: from 19-21 August participants from Denmark, Sweden, Norway, Finland, Russia, Germany and Netherlands will join for this first larger Auroville gathering in Scandinavia since 20 years! The gathering will be held at the Martinus center in beautiful and quiet natural surroundings close by the sea. For further info and/or registration, email to: jaya@auroville.org.in

ACRES FOR AUROVILLE = A4A is the dynamic action started by Auroville International in collaboration with Lands for Auroville Unified, in support of the work of Auroville's Land Board. Two years ago, on 15 August 2014, the team initiated A4A Phase 1 with an initial target of fundraising for the Matrimandir Area and the International Zone which was, amazingly, reached after one year. Encouraged by the touching and persistent donor enthusiasm, the team widened its aspiration and inaugurated on 15 August last year A4A Phase 2: the 4 Zones of Auroville's City Area.

The AVI Centres are grateful and proud to announce that, with the help of Aurovilians, Ashramites, the Golden Chain Fraternity (Ashram school alumni), and innumerable devotees of Sri Aurobindo & the Mother and well-wishers for Auroville in India and worldwide, this second target has also now been realised.

For all AVI matters, contact: vani@auroville.org.in
This column is maintained by mauna@auroville.org.in

Auroville Sustainable Livelihood Institute - Aurovilian Input

The way that SLI offers livelihood education and development follows what is, essentially, an Auroville model but there are some special additions we hope. Many of the practices and skills have been developed and enhanced from within the community and there are several examples of this. We will highlight three areas that are quite special to Auroville that we interact with consistently for our workshop participants.

The various Auroville farms are important both as projects and places of education because we know these farms all practice sustainable organic methods and have enormous experience in these areas. It is also clear that the majority of farmers in India, in just a single generation, have lost the skills for organic and sustainable practices so we wish to help re-establish this ability. There are very few places where rural Tamils can go for workshops and actually see so many farms and food producers working together as an operational food chain. This is something that we encourage our workshop participants to adopt back in their villages if possible.

The next element concerns products ranging from cosmetics to textiles, bamboo to earth blocks and paper to pottery. This represents a large spectrum of products that probably cannot be seen or experienced in any rural community outside of Auroville - at least not from a single small geographic location. The fact remains that the range of quality goods made in and around Auroville is exceptional. So we call on many units to help us present skills and demonstration to our participants and to give them some insight in the scope of what is possible. Places like Wellpaper and Naturellement show groups of women working together using materials quite easily available anywhere in the country. These projects are particularly popular among Women's Self Help Group visitors and the participants get some form of inspiration from these visits.

Finally there are the practices related to holistic behaviour and well-being. We again have several Aurovilians that work in this space and pass on this knowledge at workshops across a wide spectrum. Many of you know Fif and Hamish and they are regular faculty presenters at SLI who engage with our visitors on a much different level concerning techniques to help them with general life conditions. So, again the workshop visitors experience something entirely new to most of them that has a visible impact while they are here. We again hope they take some of these practices home with them.

As usual we invite Aurovilians to visit or become involved at SLI through Facebook and the blog utilising the following links.

*Facebook page:

www.facebook.com/search/top/?q=sustainable%20livelihood%20institute

*The website and a blog can be found at: www.tnavsli.in

*Email: sli@auroville.org.in

*Location: Naidu House, Kottakarai Auroville, Villupuram District, Tamilnadu - 605111 Tel: +91 0413 2622333 /2622690



POSTINGS

Farmers' Market in Chennai: : an opportunity for Auroville's Units

There will be a Farmers' Market in Chennai on 10th and 11th September at the Phoenix Market City Mall. Anyone who would like to participate in the category of natural food and beverages (not necessarily organic), lifestyle, crockery / cutlery / studio pottery/wellness etc., please contact - Khyati 9823838383 or Amruta 9890126831 for further details on the market.

Submitted by Nandita (Quiet)

Probiotics Open House

To all our Great Friends, we will be not able to be with you on Thursday August 4th for our Probiotics Open House, because we are traveling. We will be back and waiting for you all on Thursday August 11th.

Thank you for your understanding and amazing support.

Guidelma and Margarita
(MGEcoduties Executives)

www.facebook.com/MGEcoduties

AVAILABLE

A room in Baraka: Vijay from Baraka (ex-Fertile Windmill) is looking for a quiet person or couple to move into his ground floor room (with attached bathroom and shared kitchen), who could offer some help, mainly with shopping. A small contribution for the room would be asked for. Please contact *Mechtild* /homecare service under: 97 87 62 64 52

Avenger Bajaj: Black color, 220cc oil cooling, 2013.Aug model, only 8400 Kms running, single owner, TN registration, add wide back seat, led lights on rear side, best condition. Anyone interested contact Phil: 894 045 3961

Pluto Kid Acoustic Guitar - Excellent For Children! Pluto HW34-101 34" acoustic guitar - good condition, excellent for your child to start learning guitar. Contact *Chun*: 8098900708 / chun@auroville.org.in

Acoustic guitar: I will leave soon and my acoustic guitar needs a new owner. Nice sound, big body. Contact *Carla*: 9489744756 or carotenthoff@gmail.com

Maxi-Cosi / Esprit Stroller: We have a Maxi-Cosi and an Esprit Stroller available for selling, both in very good condition. For more details please contact: 8940288090 or 9557975030 - *Sonia*

New World Tree seedlings available in Baraka: Baraka community has New World tree (Bixa Orellana) seedlings available. Bixa Orellana is a very nice ornamental tree that makes beautiful flowers. The seedlings we grew are ready to be planted by the next rainy season to come. Please pass by in the mornings: 8.30 am to 12 noon (except Sundays)

Tiles: Around 3500 tiles of Pondicherry for roof and shelter or other use (See: www.auroville.org.in/bazaar/item/58127) - Contact *Damien*: damien.navineau@gmail.com / 90 47 72 27 40

Hero Honda Splendor: I am leaving Auroville soon and my loyal motorbike needs a new companion. All papers are in order. The bike is in good condition, including a new kick starter and battery. If interested, please contact me. Thank you! *Lukas*: 7639318865; lukas_schlapp@hotmail.de

Honda Unicorn: Tamil registration, 2013, red color. Offer for Aurovilians & Newcomers only. Call 9443362468 - *Carlos*.

Hero Honda Hunk: 150cc, 2008, Electric Starter, properly maintained and in very good condition, Insurance valid till end of February 2017. Please contact at: f.pander@gmx.de or 7639318496, thank you, *Felix*

Bicycle: 7 Gears, bought in February at Aurovelo, in perfect condition, black. Please contact at: f.pander@gmx.de or 7639318496, thank you, *Felix*

Solar Charge Controller: I found a MPPT Solar Charge Controller and checked it, it is working, but I don't need it. Might work as a usual charge controller but is made to be used in a solar street light, just add up an (old) solar panel, battery and lamp. I can give some explanation as well. Please contact at: f.pander@gmx.de or 7639318496, thank you, *Felix*

Kittens: Kittens to change home. We have 3 kittens that are looking for a loving house. They are lovely; please come and pick them up!! 0413-2622219 / 9443385617. *Orly*

LOOKING FOR ...

Discarded Video and Cassette tapes: Upcycling Studio Auroville needs more discarded Video and Cassette tapes! (www.facebook.com/upcyclingstudioauroville/). If you still have them in your home or office, please contact *Ok*: 9344002972 or mail okjeonglee@gmail.com

Looking for an Amma: Amma with 2-3 years experience, to work full day, all days of the week. Work includes preparing tea and lunch and taking care of the office complex. Contact: *Sudha* 0413 - 2622411

House work: Malladi has worked in Auroville for many years; she is hard working and reliable and lives close to Auromodel. She also enjoys working with children and in the Garden. Contact 9943919276 - Submitted by *Stacy* (Maitreye)

House stuff: Hi, my daughter and I have just moved to Maitreye 2 and we need the following items: 1 food cupboard, 1 office chair, 1 double or queen size bed with or without mattress; an electrical oven. If you would like to give it away or sell it please call or email me as soon as possible. Thank you, *Bebe*: lifepure41@gmail.com / phone: 8940557864.

THANK YOU

To the Auroville Papers team

The Last School students and teachers want to express their deepest appreciation for the Auroville Papers team: Luisa, Herve, Jean Jacques and all the workers.

Last School begins its semester programme with a creative arts workshop. This July, Auroville Papers whole-heartedly opened the doors of their workplace, allowing Last School to literally occupy their factory premises in Aspiration. The regular work of their commercial operation went on, with youth underfoot in every corner so to say!

We learned how to make paper from cotton waste and banana stem, we created art works from rainbow colours of paper pulp, and we created unique shapes with papier-mâché. And through it all Herve and Jean Jacques remained patient, smiling, indefatigable teachers.

And of course, we got to take away all the work we produced! Thank you for giving us a wonderful taste of an open-hearted and generous Auroville that could be indeed a 'place of unending education, constant progress and a youth that never ages'.

The grateful Last School student and teacher team

Thank you to AuroOrchard!

Dear AuroOrchard team, thank you so much for those magnificent, superb, wonderful and just perfect avocados..... Keep them coming!
With love, *Mauna*

AV Ultimate

We, as part of the AV Ultimate team, are proud to announce that four of our women players had been chosen to represent India on the world stage in London this June, as a part of the Indian Ultimate Women's Team. We are even more proud to announce that the team did spectacularly well at the championships and came home with the Most Spirited Women's Team award! Spirit is considered an integral part of Ultimate as this self-refereed sport relies on the players to make calls truthfully and responsibly as well as play the game with positive spirit. Our Auroville team always tries to pay careful attention to spirit and has won Best Spirited Team for a few national tournaments as well.

We would like to thank the community and Stichting De Zaaier for all the support we have received and will hopefully continue to receive for this sport!

We would like to use this opportunity to say that this time that two of our male players have also been selected to represent the Indian Under 20 Junior Boys' team in Poland at the U20 World Championships. If you would like to know more or want to support us, do contact us at: avultimate@auroville.org.in.

Thank you from Dr. Mohammad.

I wish to sincerely thank all the Aurovilians who have contributed funds for my Surgery.
Best Regards,
Dr. Mohammad Sahel Ansari

LOST & FOUND

Red Lacrosse Ball (Lost):

Dear community, I am looking for my red lacrosse ball that has the words "Rogue Fitness" on it. It was taken from one of the benches at Certitude Field on Monday (25th July) evening around 5 pm. Will be grateful to have it back, as it was a gift from my coach. Please contact: abhinav.vinayakh@gmail.com. Thanks! *Abhi Abhinav*

A P P E A L

Ultimate Frisbee

Dear friends,

We, as AV ULTIMATE CLUB, are sending a team of 16 players (Spinergy) to attend Bangalore Ultimate Open, one of the biggest National tournaments of Ultimate Frisbee. The tournament has 30 plus teams from all over India competing with each other. The tournament is happening on August 19th - 21st. We need support from the community to send this team from Auroville to participate.

The players are from Auroville and the surrounding villages. Please help the players achieve their dreams of playing the sport they love at a national level. Below is the breakdown of the total cost for the team to participate in this tournament:

Player registration fee is Rs 5,000 in total - This will be covered by each and every player participating.

Food costs will also be covered by each player.

We need help with:

Transportation: Rs 16,000

Accommodation: Rs 16,000 for 3days

Please support and encourage our players!

Our account number is: 251887 - Name: Av ultimate club

Thank you, *Kumaran for AV Ultimate club*

Repair Work at Promesse

Dear friends,

In Promesse, we have a small repair work that needs to be done on the mother's presence temple that is in our community. This repair cost is ₹ 20, 000. But unfortunately we do not have this amount, so if anyone is interested to donate for renewing the temple, please contact me - Mobile number: 8098196158- Account no.: 5312 . *Velu Suguna for Promesse.*

A C C O M M O D A T I O N S A V A I L A B L E A N D N E E D E D

House-sitting1: *Anusha* (volunteering at Matrimandir and Auroville Papers) and *Stefan* (volunteering at Matrimandir and with Joy Living Learning) with *Ananya* (going to Kindergarten) are looking for a house-sitting opportunity from the middle of August 2016. We are super conscientious house-sitters and would enjoy hearing about any possibility, be it long-term or short-term. Would you write to us or give us a call? stefangebert@gmail.com, 9650826622

House-sitting3: Hello dear friend, my name is *Tatyana*, Newcomer. Looking for long-term house-sitting. I love pets and

plants. If you need a person like me, please contact: btv.12@mail.ru. Thanks a lot!

House-sitting2: Dear all, my son (10 yrs of age) and I, are about to begin our Newcomer period in Auroville and we are looking for an opportunity to house-sit. We would take care of everything as if it were our own and would be happy to look after a garden and pets as well as contribute financially towards running expenses. My contact number is: 96 77 558261 but it isn't the most reliable with coverage so if failing please email: cjani4@gmail.com. With thanks, *Jani*

T A X I S H A R I N G

July 29th: I can share a taxi from AV to Chennai airport any time during the morning. Must be at airport by 2:40 pm (Could also split fare with someone coming to AV from the airport.). Contact: hosh@eml.cc / +91 76 39 06 83 39 - *Howard*.

July 31st: I will be interested in sharing a taxi, Sunday, July 31. There is one more person already interested. We're looking for a third person. I am travelling from Auroville to be at Chennai Airport at about 4 pm. Any one travelling from the airport to Auroville after 7 pm may also contact. I would like to

share the taxi in whatever ways possible. Please contact *Kumar*: 9655 47 44 24 / kumarsehdev455@gmail.com

August 4th: I'll leave Auroville on Thursday, August the 4th at 15:45 pm to Chennai Airport. The taxi will return from Chennai to Auroville around 7:30 pm - If you're interested, for one way or the other, please contact *Magali* with text: 84892781478, or email: magali.adalios@orange.fr

August 6th: Taxi to Chennai on the 6th of August in the morning, time flexible. Someone would like to share? *Carla*: 9489744756 or carotenthoff@gmail.com

W O R K O P P O R T U N I T I E S

Savi needs 2 team members:

In our 6 person team, we perform our services in a friendly and dedicated atmosphere. Our organization needs 2 new members:

1) **Office work** - Main tasks will be to: Process the inquiries of Indian and foreigners asking for voluntary stays and internships, prepare the visa documentation, update our follow-up and reports, assist volunteers in their process of application and registration, contacting people at our reception desk, Coordinate the daily operations with the other sectors of Savi. This work requires the following capacities: Good communication skills (oral and written) and English language proficient, comfortable with contacts and interactions with students and foreigners, Open Office and computer literate, Self-organized, accurate and reliable. In this position you will learn a lot, and get trained into the values and practicalities of managing an admin process. This is

a full time commitment and a maintenance is available. Contact *Dominique* (dom@auroville.org.in)

2) **Relation with Units and activities of Auroville** - We need also someone to interact with our Aurovillian partners (units, services, activities), in their mentoring role with Interns & Volunteers. This work implies field visits, explaining the Savi processes, investigating about Auroville projects, summarising the needs of human resources and preparing the publication of opportunities. Updating our website databases and offer publications is also needed. The expected qualities are interest or experience in adult education, an international culture, communication skills, particularly in written English.

This is a very interesting job for a Newcomer, who wishes to discover the depth and diversity of the Auroville activities. A half time maintenance is available for this commitment. If interested, please write to Savi explaining your interest and background (CV) (dom@auroville.org.in).



AUROVILLE INSTITUTE FOR INTEGRAL HEALTH

Santé News

Auroville Institute for Integral Health Location: Crown Road (next to Arka)
Clinic Phone: (413)-2622803. Telephone Consultation: Phone: (413)-2623937

• Email: sante@auroville.org.in

Open: 8:45-12:30 & 2:00-4:30 Monday-Saturday
Closed every Tuesday afternoons for internal work/meetings
For Aurovilians, Newcomers and registered Guests/Volunteers

Acute emergencies can come directly to Santé during working hours or call ambulance if condition is severe. Call to inform about details of the case, for staff to prepare.

Auroville Ambulance: Tel: 9442224680 (24x7)

Government Ambulance: Tel: 108 (24x7)

We are very happy to announce that several of our Santé therapists have returned from their holidays, so we will begin a new therapists' schedule from Monday, 25th July, 2016.

For general appointments please call: 0413-2622803 - 9.30 am to 12:30 pm and 2 pm to 4:30 pm.

Doctor consultation (General Practitioner)	Monday to Saturday mornings Monday, Wednesday, Thursday, Friday afternoon
Andres Lokuta (bring sheet!) Acupuncture & Chinese medicine	Monday to Thursday mornings
Michael Z. Homeopathy	Monday and Wednesday afternoons
Ingo (9489325085) Homeopathy	Tuesday and Friday mornings
Natacha (8940221071) Therapeutic Shiatsu	Please contact her directly for an appointment.
Paula Murphy Women's Health (wear skirt & scarf)	Wednesday morning
Moghan (9751110486) Psychotherapy	Please contact him directly for an appointment
Dr. Berengere (Bee) Ayurveda (bring sheet for treatments!)	From 1/08/2016, Dr. Bee will work Monday afternoon & Wednesday and Friday morning
Nurse Services by Archana, Nisha, Thilagam and Viji Nursing services - First Aid, Wound care Lab collection	Monday to Saturday (except Tuesday afternoon!) Monday to Friday mornings only

For those of you who would like to help financially, our PT account number is 251822.

AUROVILLE RADIO



Dear listeners!

You are always welcome to pass by AV Radio office in Town Hall (ground floor, opposite the Financial Service) with your USB stick if you would like to download any of the programs, if you would like to share....something with us, and the broader audience.... or if you would like to actively participate....suggest...
Your Av Radio team

AV Radio was super busy with the second batch of Future School's students on their community service weeks. Hannah, Kilan and Gregorio made VOX POPs (voices of the people) on mobility:

www.aurovilleradio.org/vox-pop-on-mobility-in-auroville/#.V5bSfxJEzTA, and one on aliens

www.aurovilleradio.org/vox-pop-alien-invasion/#.V5bS1hJEzTA.

After successful interviews in Matrimandir

www.aurovilleradio.org/matrimandir-interviewskarma-yoga/#.V5bTBhJEzTA, they have managed to catch Pierre

Legrand while he was creating his art "messages" on the glass

of Town Hall www.aurovilleradio.org/artist-at-heart/#.V5bTThJEzTA,

Gangalaskhmi is continuing with Savitri

www.aurovilleradio.org/savitri-2-2/#.V5bTkBJEzTA

While Aikya and Krishna are reading an interesting story on

white lions in South Africa - Over The Sun (story for children of

all ages and others)

www.aurovilleradio.org/over-the-sun-part-2/#.V5bT5xJEzTA,

www.aurovilleradio.org/over-the-sun-3/

www.aurovilleradio.org/over-the-sun-4/

Our weekend's volunteer Aswathi recorder Erika Lermont and Shanks Caribbean Jazz on Saturday night:

www.aurovilleradio.org/caribbean-jazz-night/

And Stephen has listened to www.aurovilleradio.org/water-consciousness/,

and followed the story of Bantu Ubuntu Infinity

at Youth Centre www.aurovilleradio.org/bantu-ubuntu-at-the-youth-centre/

You might not want to miss our playlists produced by Hannah,

Arun, Kilan and Gregorio, and the team

www.aurovilleradio.org/out-of-love-for-music/

www.aurovilleradio.org/music/

www.aurovilleradio.org/get-lost-in-the-muzzik/www.aurovilleradio.org/delta-blues/www.aurovilleradio.org/hymn-for-the-weekend/

www.aurovilleradio.org/hymn-for-the-weekend/

Among all of that we managed to capture the 3rd lecture of Dr.

Sehdev Kumar on Being & Consciousness

www.aurovilleradio.org/the-mundane-and-the-sacred/

And share with you, as usual, news on Monday

www.aurovilleradio.org/curiosity-and-freedom/ and Thursday

www.aurovilleradio.org/mandates-ubuntu-infinity/,

The new week started with the third and the last batch of

Future School students: Luna, Ganga and Tharan. Their

thoughts featured in Monday's news

www.aurovilleradio.org/exploring-future/

EATING OUT

G.P. Café: We serve authentic South Indian breakfast and lunch, from 9:00 am to 4:00 pm. Location: across from C.S.R main gate and opposite Shradanjali. Come 'n' enjoy, thank you!
G.P Café team

Notes



That perhaps will take years, but your story will tend to organise your life.

The world is falling apart; the spirit and ideals of Auroville keep eluding us. But if, as children, we grow up telling us a beautiful story, and we believe in it, then, as adults... This text below by the Mother is the inspirational source of the last photographic exhibition, "A world of Wonder and Delight", announced under "Exhibitions", which I am displaying in Pitanga.

When the psychic being is in the forefront, as in children, there is no without. Microcosm and macrocosm merge. Magic dimensions unfold. Ineffable realities manifest. Then, in one's heart, a most beautiful story turns real, like a radiant sun nourishing each and all.
Paulette

"... THAT PERHAPS WILL TAKE YEARS, BUT YOUR STORY WILL TEND TO ORGANISE YOUR LIFE..."

... that depends on the candidness of a child, upon its trust in things that come to him, upon the absence of the mind's critical sense, upon heart's simplicity, upon a young and active energy - it depends upon all that--upon a kind of vital generosity within. And one must not be too egoistic, too greedy and one must not be too practical, too utilitarian - yes, there are all kinds of things that one must not be, as children are not. And then one must have a power of living imagination, because (I seem to tell you foolish things, but it is absolutely true) there is a world where you are a supreme maker of forms, it is your own world of the vital. You are a supreme maker of forms and you can make a marvel of your world. If you know how to make use of it, if you have the consciousness of an artist, of a poet, if you love harmony and beauty, you will build there a wonderful thing that will tend to come into the material manifestation.

When I was a child, that was what I used to call telling stories to myself. It is not at all telling stories through words, but in the head: it means going to a spot yet virgin and build there a wonder story. And when you know how to tell a story like that and it is truly beautiful and harmonious, truly strong and coordinated, it will realise itself in your life - perhaps not exactly in the form you created, but as a physical expression, more or less deformed of what you might have done.

That perhaps will take years, but your story will tend to organise your life.

But there are very few people who know how to tell a beautiful story and then they mix up always horrors which they regret afterwards.

If one could create a fine story with no horrors in it, nothing but beauty, that could have a considerable influence upon the life of everybody and that one does not know.

If one could utilise this power, this creative power in the world of vital forms, if one knew to utilise that when yet a child, a little child! Because it is then that one builds up one's material destiny. But generally the people who are around you, sometimes even your little comrades, but especially the parents and teachers meddle there and spoil everything, to such an extent that there are very few cases where it succeeds wholly.

Otherwise, if it were done like that, with the spontaneous candour of a child, you could organise for yourself a wonderful life. I am speaking to you of the physical world.

THE MOTHER, *Bulletin*, April 1962

For your calendar



AMPHITHEATRE - MATRIMANDIR

Meditation with Savitri read by Mother to Sunil's music

Every Thursday at sunset

From 6.00 to 6.30 pm (weather permitting)

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all:

The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not to use cameras, I-pads, cell phones, etc.

Dear Guests, please carry your Guest Card with you - No photos there.

Access only for the Amphitheatre from 5.45 to 6.30 pm - Please be seated by 5.55 pm

Amphitheatre Team

TALKS, SEMINARS

University of Human Unity

Being & Consciousness - Bhakti Yoga and the Divine Adoration

By Dr. Sehdev Kumar

Based on his forthcoming book, 7000 Million Degrees of Freedom, Dr. Sehdev Kumar presents this lecture/seminar series on the nature and mystery of Consciousness with special reference to the Bhakti Movement, and in the context of studies and research in evolutionary psychology, quantum physics, neurobiology, and new explorations in music.

Stepping into the Light of Freedom: Vision of Kabir & Mira
July 30, Saturday, 10-11 am
Venue: Unity Pavilion

Sri Aurobindo Centre for Advanced Research
Organises a Seminar on

The Element of Power in Management

August 6th (Saturday) 2016

Venue: SACAR, 39, Vanniar Street, Puducherry

For Registration please contact: sacarstudycamps@gmail.com / 9994190403, 9443019172

Special concession for participants from Auroville
All are Welcome

INVITATIONS

The Neelanjani Pot Luck

At Creativity dining hall
Is on Fri. Aug. 12 at 7 pm.

Please bring a dish AND
suggestions for needs that visual artist have in Auroville that we could realize for ourselves.

Looking forward to seeing you here.
Need I say, you don't have to have participated in Neelanjani to come!
Love, Audrey

EXHIBITIONS

Kala Kendra - Centre for Arts in Bharat Nivas - The Pavilion of India
Presents

STELLAR MEMORIES

An exhibition of Paintings By V. HARIRAAM

From Tuesday the 26th of July, 2016
Until Saturday the 20th of August, 2016

Inauguration on: Tuesday the 26th of July, 2016 at 5:30 pm

All Are Welcome
Gallery Timings: 9:00 am to 5:00 pm
(Closed on Sundays and Public Holidays)



Portraits of Indian Royalties

Drawings by Franz Fassbender

Aurelec Cafeteria & Art Gallery

From July 26th until 31st of August: open from 8 am to 5 pm

(www.facebook.com/aurelec.cafeteria)



A WORLD OF WONDER AND DELIGHT A photographic exhibition by Paulette

Tuesday July 26th until August 20th
Open daily except Sunday 8am to 6pm



When the psychic being is in the forefront, as in children, there is no without.
Microcosm and macrocosm merge. Magic dimensions unfold. Ineffable realities manifest.

Pintaga Cultural Centre, Samasti, Auroville, TN 605101, India. (0413) 2322403/2622994 Pitanga@auroville.org.in

CLASSES, WORKSHOPS

Inner-Work-Workshop

Introduction to the Integral Yoga of Sri Aurobindo and the Mother

2nd August (Tuesday): Focus this week on: 'The Collective Yoga'

- Overview with multimedia presentation
- Questions and Answers
- Practice in Daily Life
- Complimentary Concentration Exercises
- Creative Arts, Interactive Games
- Life of Sri Aurobindo and the Mother
- Introduction to the Reference Books

These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.

Place: Savitri Bhavan / Time: 9 am to 12 Noon (please be present by 8.50 am for preliminary study)

Led by *Ashesh Joshi* (Contact: 9489147202, 0413 2622922)

No Registration required (except for groups) - Fees: Voluntary Contribution -All are welcome

For details on the Integral Yoga and the upcoming workshops: please visit: www.integralyoga-auroville.com

Reading Group in Italian only: Mother's Agenda - L'Agenda di Mère in italiano

Per condividere il viaggio di Mère con Newcomers, Volontari e turisti italiani

"...c'è come una favola dietro a tutto questo...Qualcosa di indicibilmente bello, una storia che Sri Aurobindo ha cercato di far scendere sulla terra: e adesso è certo che si sta realizzando!"

Mercoledì 3 Agosto ore 17

alla Library in Creativity con *Janaka*

Le fotocopie dei passi proposti sono disponibili gratuitamente. Prenotatele con un messaggio al 948.762.96.48 oppure a: janaka.om@auroville.org.in

Exploring Colour

Aug. 12-13 / 9-5 (two hours out for lunch)

We will explore our own use of colour and also the colour theory from J Itten's point of view.

All materials are provided. Guests Rs 1,000, other participants by donation.

You must sign up beforehand and participate both days for I will not give the workshop for less than 3 or for more than 6.

Call *Audrey* 0413-262-2641 leave your # on my answering machine and I will call you back if I am not in.

Somatic Movement Workshop

With *Maggie* on Saturday 13 - Sunday 14 August 2016

9.30 am - 5.00 pm (12 hours)

Quiet Healing Center (tel. 2622646 / 9488084966)

A 2-day neuro-muscular re-education (mind-body training) workshop in the tradition of Thomas Hanna.

Somatics is a system of slow, mindful movement. It improves the function of the nervous system, creating more ease and freedom within ourselves. Somatics teaches us to recognise and release holding patterns, resulting from pain, injury, stress or habituated posture, and enhances any kind of exercise such as yoga, dance, sport or just moving through life.

You will also learn a daily practice in order to maintain better flexibility, coordination, balance and wellness, resulting in a decrease of aches commonly attributed to stress, injury and aging.

Maggie is a certified Somatic Movement Educator and graduate of the International Institute for Somatic Movement Education (IISME). She is also a highly experienced massage therapist, and has been working in the field of pain relief for over 15 years.

Dream Craft Retreat

15-17 August

Do you have a dream, a goal or a change you wish to make in life? Do you find that often you want your life to be different, but do not know how to change your life for the better? We all want to make our dreams come true, but sometimes the gap between where we are now and where we want to be, just seems too huge to cross.

In the Dream Craft Retreat, you will discover the blockages that hold you back from pursuing your dreams, and learn ways to release these to turn your dreams into reality.

To register please call: 9655696982, or email: info@aurovilleretreat.org. For more info, please visit: www.aurovilleretreat.org to register. *The Auroville Retreat Team*

Hormonal Dance

Led by Suriya Gandhi

For post-menopausal women.

It is an on-going class every Sat. 4-5 in Creativity's Hall of Light.

Info: 0413-262-2602 (no class on Aug. 13)

MUDRA-Chi Workshop : A body Prayer in a Tai-Chi Form



First Sunday of the month at 5 pm, at Savitri Bhavan.

Facilitator: *Anandi*

For further information or Special Classes, contact me, anandi7@auroville.org.in
Anandi

Feminine Dance for All Women

Tuesdays at 4 in Cripa, Kalabhumi

Feminine Dance has historically been a mystical art, a dynamic method to experience the energies of the Universe. We will create an opportunity to reconnect joyfully to our body, reawaken the flow of feminine energy, move to the living pulse of life and have fun in the loving presence of other women. Bring comfortable dance clothes. A flowing skirt and hip scarf are recommended. galit@auroville.org.in

Dance Fitness

Classes have started again in New Creation with *Elodie* Tuesday and Friday from 5 pm until 6 pm
If you want to have fun and be active see you there!

Course on Electronic Circuit Design - Analysis, Design and Art

Aura Auro Design is offering a course on Wed 12:45 p.m.-2:00 p.m. (starting 3rd Aug) on electronics circuit design. The course is equivalent to an undergrade program in electronics with an emphasis on (practical aspects of) circuit design for communication.

Who? Anyone interested in learning electronics. Exposure to algebra, trigonometry is useful though not necessary.

Where? STEM land - Udavi School (Main building, first floor-near principal's office).

What you need? Some computer access (with ability to install tools), curiosity and self-motivation.

How is the course organized? We will build circuits and some theory will be introduced along with it [Passive elements, active elements, amplifiers, oscillators, PLLs, etc.] The course will flow based on the participant interest and experience.

It will use the flipped classroom with lecture notes (youtube videos) and follow up simulation and building in software and hardware in the classes.

Participants will be expected to work on their own beyond the time together for deeper understanding and design.

Cost? There is no fee for the course. But, if you build something and you want to keep it, you are expected to pay for the components.

Interested? Send an email to: naveen@auraauro.com or call +91 9786268939.

Naveen Kumar.

Silent Expressions

Month Long Mime Workshop in August 2016

The Mime Workshop will be held at various places in Auroville in the morning from 8 am to 12 noon and evening from 4 pm to 8 pm. Students who wish to join this course can choose one of these time slots.

Saturday and Sunday are weekly offs but participants are encouraged to practice, perform or request for an extra class on these days.

The course fee is Rs. 5000/ however it is free for Aurovillians, Newcomers and Volunteers.

For more information please call *Drupad* on: 9626561256 or 9442192906. You could also email on: mime@auroville.org.in

SCHEDULES - AUGUST 2016

SAVITRI BHAVAN - August 2016

Exhibition

Meditations on Savitri

Books 4 to 7 - 125 paintings made by Huta under the guidance of the Mother in the picture gallery

Films

Mondays 6.30pm

August 1: *Sri Aurobindo and His Dreams for the Future of Mankind*

The film is about the message of Sri Aurobindo on India's Independence Day. Duration: 38min.

August 8: *The Day of The Lord*

Video of the talk given by Dr. Alok Pandey at Savitri Bhavan on 28th Feb.2016. Duration: 50min.

August 15: *The Mother On Sri Aurobindo*

The Mother says "Sri Aurobindo has come on earth ... to open concretely the route towards an imminent and inevitable future". Duration: 22:00min.

August 22: *Journey to the Life Divine - Part One*

This film made by Ashram covers the lives and work of Sri Aurobindo and The Mother from their childhood up to November 24, 1926. Duration: 100min.

August 29: *Meditations On Savitri - Book 12: Epilogue - The Return to Earth*

A film by Manohar of Huta's paintings illustrating passages from *Savitri* read by The Mother, accompanied on her own organ music. Duration: 55min.

Regular Activities at Savitri Bhavan

Sundays 10.30-12 noon: *Savitri Study Circle*
 Mondays, Wednesdays, Fridays 7-8 am: Chanting Sanskrit Hymns in the Hall
 Mondays, Tuesdays, Fridays 3-4 pm: *Yoga and the Evolution of Man*, led by Dr. Jai Singh
 Mondays: 5-6pm: *Revelations of Isha Upanishad* led by Dr. Ananda Reddy
 Tuesdays: 9-12 noon: *Introduction to Integral Yoga* led by Ashesh Joshi
 Tuesdays, Fridays, Saturdays 4-5pm: *L'Agenda de Mère*: listening to recordings with Gangalakshmi
 Tuesdays: 5-6pm: *Let us learn Savitri together* led by Buvana
 Tuesdays 5.45-7.15pm: OM Choir (see details below)
 Wednesdays 5.30-6.30 pm: *Reading The Life Divine*, led by Shraddhavan
 Thursdays 4-5 pm: *The English of Savitri*, led by Shraddhavan
 Fridays 5.30-7.00pm: *Meditations with Hymns of the Rig Veda*, translated by Sri Aurobindo, led by Nishtha
 Saturdays 5-6.30 pm: *Satsang* led by Ashesh Joshi

OM Choir

*The voice that chants to the creator Fire,
 The symbolled OM, the great assenting Word (Savitri p.310)*

In 1961 the Mother gave the *adesh* to Narad to bring down a new music. She said that one must go far above words and bring down the pure Music. Mother told us to sit in a circle and have no preconceptions as to what we would sing but to be silent and let the music descend in us. The OM Choir aspires to bring down the New Music for the New World in a collective body. We sing only OM, the creative and effectuating Word, after starting with warming-up and voice exercises by Narad.

Full Moon Gathering

Thursday 18, 7.15-8.15 pm in front of Sri Aurobindo's statue
 The Library and Digital Library are now located in the Main Building
 The Reading Room is open Monday to Friday from 9 to 4.30
 The Digital Library can be accessed Monday to Friday 9 to 12.30 on request
 Exhibitions, Main Building and Office are open Monday to Saturday 9-5
 Everyone is welcome



ARKA WELLNESS CENTER - AUGUST 2016

Phone: 0413-2623799 / Website: www.arka.org.in

Internet facility is available in Arka: Monday to Saturday; 9:00 am to 4:30 pm

THERAPIES

WHAT WE PROPOSE	WITH WHOM	WHEN
Cranio sacral, Lomi Lomi massage & Bare foot body massage.	Silvana by appointment 9047654157	Monday to Saturday
Body Logic, Soft Massage and Deep Tissue Massage	Pepe by appointment 9943410987	Monday to Saturday
Holistic Reflexology, Full body massage, Face Massage.	Meha by appointment 9443635114	Monday to Saturday
Yogic Healing Therapeutic Massage	Basu - by appointment 9443997568	Monday to Friday: 8 to 9:30 am & 6:00 to 7:30 pm. Saturday & Sunday: any time.
Reiki mind Therapy, Foot reflexology, Courses of Reiki and Ayurvedic massage. (Also individual)	Giannaka by appointment 9487629648	
Deep core massage	Sumit by appointment 07839062619	Monday to Saturday

BEAUTY PARLOR

WHAT WE PROPOSE	WITH WHOM	WHEN
Face Massage, Cleaning, manicure, pedicure, threading, waxing, henna & hair coloring.	Meha by appointment 9443635114	Monday to Saturday
Hair Dressing	Ongkie by appointment 9843930178	Monday to Friday
Hair dressing	Yuval appointment 7639291546	Monday to Friday

REGULAR CLASSES

WHAT WE PROPOSE	WITH WHOM	WHEN
Acro-yoga for beginners	Damien - 9047722740	Saturday morning at 8:30 to 10:00 am
Joint mobility for seniors	Ashaman- 9487241975 (till 13 th of August)	Monday, Wednesday, Friday: from 8:30 to 9:30 am
System for health and relaxation	Ashaman- 9487241975 (till 13 th of August)	Tuesday & Thursday: from 4:30 to 6:30 pm



PROGRAMME FOR AUGUST 2016

Y o g a I y e n g a r

Āsanas	level 1	Mon	07.30 - 09.00	Tatiana
Āsanas	level 2	Mon	17.00 - 19.00	Tatiana
Pranayama	level 2	Tues	17.30 - 19.00	Tatiana
Āsanas hormonal balance	level 3	Wed	17.00 - 19.00	Tatiana
Āsanas for women	level 2	Thurs	07.30 - 09.15	Tatiana
Āsanas	drop in	Thurs	17.00 - 18.00	Tatiana
Āsanas	pranayama beginners	Thurs	18.00 - 19.00	Tatiana
Āsanas hormonal balance	level 1	Fri	09.00 - 11.00	Tatiana
Āsana- open practice	level 3	Sat	07.30 - 09.30	Tatiana
Āsana	drop in spine	Sat	09.45 - 10.45	Tatiana
Āsanas	beginners regular students	Sat	11.00 - 12.30	Tatiana

Note: For Iyengar classes, please come to a drop in class first and talk to the teacher about appropriate level.

Y o g a - m i x e d s t y l e

Yoga Therapy	drop in	Mon, Wed, Fri	08.30 - 10.00	Gala
Āsanas (*)	for teenagers	Mon, Wed	16.00 - 17.00	Lisbeth/Bebe
Vinyasa Flow	drop in - beginners	Tues	09.00 - 10.30	Bebe
Vinyasa Flow	drop in - all levels	Weds	17.00 - 18.45	Bebe
Vinyasa Flow	drop in - all levels	Fri	18.00 - 19.30	Bebe
Āsanas	for children 7-9 yrs.	Sat	10.00 - 11.00	Gala

O t h e r E x e r c i s e s

Pilates drop in in all levels (from 23 rd)		Tues	07.45 - 08.45	Teresa
Pilates drop in all levels (from 17 th)		Wed	17.30 - 18.30	Teresa
Aviva exercise	for women	Thurs	16.30 - 17.30	SuriyaG
Pilates Intermediate (from 19 th)		Fri	17.30 - 18.30	Teresa
Discover energy body	for children, 7-9 yrs.	Sat	11.00 - 12.00	Gala

D a n c e

Odissi Dance (*)	Regular practitioners	Tues	16.00 - 17.15	Rekha
Odissi Dance (*)	Regular practitioners	Fri	15.30 - 17.00	Kanchana

H e a l t h C a r e a t P i t a n g a

For the following therapies & treatments please book your appointment on phone, 2622403/2622994

Reflexology with Priscilla, Releasing through Awareness with Rosa, Thai Yoga Massage with Juan, Bebe, Kumar, Journey through the memory of the body with Vani, Cranio sacral and medical massage with Krishna

Exhibition: A world of Wonder and Delight, a photographic exhibition by Paulette, starting on July 26th until August 20th

Pitanga will be closed on the 15th of August for Sri Aurobindo's birthday

Note: (*) Denotes classes for those willing to commit for a minimum of 3 months

Pitanga Cultural Centre, Samasti, (0413) 262 2403 - pitanga@auroville.org.in.



Joy Community Guesthouse Hall, Center Field

August 2016

"Prana Vashya" Asana Yoga

Venue: Joy Community Guesthouse Hall, Center Field

Date and time: Every Monday, Wednesday & Friday 4.30 to 6 pm

Starting date: 1st of August

Contact: 2622584/9442328120

This practice is a sixty asana sequence focusing on the development of strength with flexibility. The breath remains the key for practice throughout the series and the practitioner focuses on maintaining continuity in the breath and movements during the whole practice.

Drop in class, fixed contribution for guests (50 % discount for under 30 with ID proof), free donation for AVs, NCs & long-term volunteers (with SAVI registration proof).

Sanskrit Mantras

Venue: Joy Community Guesthouse Hall, Center Field

Date and time: Every Friday 6 to 7 pm

Starting date: 5th of August

Contact: 2622584/9442328120

Chanting Sanskrit mantras is performing an ancient prayer. Through the harmonic rhythm, repetition and participation in the chant, the mind gains clarity, the ability to concentrate increases and a person becomes more tranquil. Through daily chanting the mind gains qualities which are essential for students of Yoga & Spiritual Scriptures. The specific pitches and rules of intonation and syllabic length will be learned in these classes in the traditional way.

Drop in class, fixed contribution for guests (50 % discount for under 30 with ID proof), free donation for AVs, NCs & long-term volunteers (with SAVI registration proof)

AcroYoga Class

Venue: Joy Community Guesthouse Hall, Center Field

Date and time: Every Thursday 4.30 to 6 pm

Starting date: 4th of August

Contact: 2622584/9442328120

AcroYoga is a dynamic partner practice that blends the wisdom of yoga, the dynamic power of acrobatics, and the loving kindness of healing arts. This practice cultivates trust, playfulness, and community and supports all beings through movement, connection, and play. AcroYoga has 3 main elements:

- Solar Acrobatic Practices that cultivate trust, empowerment and joy.
- Lunar Healing Arts Practices that cultivate listening, loving and letting go.

- Yogic Practices that cultivate breathe awareness, life balance and connection.

Drop in class, fixed contribution for guests (50 % discount for under 30 with ID proof), free donation for AVs, NCs & long-term volunteers (with SAVI registration proof).

Thai Yoga Massage

Venue: Joy Community Guesthouse Hall, Center Field

Date and time: Every Monday & Wednesday 2.30 to 4 pm.

Starting date: 1st of August

Thai Massage is an ancient healing system combining rhythmic acupressure, body rocking and deep assisted stretches to relieve muscular tension and enables more blood to be carried throughout the body. (The receiver wears loose, comfortable clothing and lies on a firm mattress on the floor). Please call Joy Community at 2622584 or 9442328120 or email to: joycommunity@auroville.org.in to request an appointment.

Fixed contribution for guests (50 % discount for under 30 with ID proof), free donation for AVs, NCs & long-term volunteers (with SAVI registration proof).

Vérité - August 2016:

Phone: 0413 2622045 - Website: www.verite.in - Email: programming@verite.in - Mobile: 7094104329



THERAPIES in Vérité - August 2016	
Contact for appointment: Phone 0413-2622606, Mobile 7094104329, treatments@verite.in	
Chetna	Neurofeedback Therapy
Deepankar	Private Yoga class
Mila	Craniosacral Therapy
Susana	Reiki

CLASSES in Vérité - August 2016

Days	Title	Timings	Facilitator
Mon, Wed & Fri	Hatha Yoga in Iyengar Tradition (starts Aug 8 - no class Aug 10)	6.45 to 8.15 am	Olesya
Mon, Wed & Thu	Fusion Yoga class (no class Aug 10, 17)	5 to 6.15 pm	Deepankar
Tue, Thu & Sat	Fusion Yoga class (Aug 2, 4, 6, 13, 16, 18 only)	6.45 to 8 am	Deepankar
Tue & Fri	Hatha Yoga in Iyengar Tradition (starts Aug 5)	5 to 6.30 pm	Olesya
Wed	Somatic Explorations	5 to 6 pm	Maggie

WORKSHOPS in Vérité - August 2016

Day & Date	Title	Timings	Facilitator
Mon, 8 Aug	Somatics - an Introduction for every body!	9.30 am to 12.30 pm	Maggie
Sat, 13 Aug	Consciousness as Medicine	9 am to 12.30 pm	Dr. Yogesh Mohan
Mon, 29 Aug	Somatics - an Introduction	9.30 am to 12.30 pm	Maggie

Please note:

- To support the work of the presenters and staff, we ask all participants to please come in time for all classes and workshops
- Contributions requested from guests/volunteers (volunteer reduction by advance application only)

REGULAR EVENTS IN AUGUST

Kindly inform us of any changes/cancellation in your regular event before the 25th of August, 11am

The next "Regular Events" schedule will be published on:
August 27, 2016

Online Auroville Events Calendar

The schedule of events for the week can be accessed by all, including Guests and visitors, on the AuroNet login page: www.auroville.org.in (No need to login, just scroll down)

AcroYoga for beginners **Partner flow** - warming up with asanas and stretching with a partner. **Inversions** - flying to build trust between the partners. **Saturday 8:30 am - 10 am** at Arka. Damien 90 47 72 27 40.

AcroYoga Class: Venue: Joy Community Guesthouse Hall, Center Field. Every Thursday 4.30 to 6 pm. **Starts Aug 4th**. Contact: 2622584/9442328120. (50 % discount for under 30 with ID proof), free donation for AVs, NCs & long-term volunteers (with SAVI registration proof).

African Drumming Sessions: The African Pavilion Team is happy to announce a series of drumming sessions that will take place every Thursday from 5.30 pm till 7.30 pm in the African Pavilion to fund raise the ongoing construction. Help support the project joining the drumming circle around an inspiring fire. Enjoy the beat!

Aikido classes at the Auroville Budokan (Dehashakti): Beginners: Monday and Wednesday evening 6.00 to 7.00 pm and Saturday morning 6.30 to 7.30 am (mixed levels). Advanced (morning classes): Tuesday 6.30 to 7.30 am - Thursday 6.00 to 7.30 am and mixed levels on Saturday 6.30 to 7.30 am. Please be at the Dojo/Budokan at least 15 min. before the class starts. Beginners may wear long loose pants & t-shirt with sleeves for the start (no tight fitting please), then a white "keikogi" will be required. Health Fund or private insurance necessary - Reasonable contribution required for the Dojo. For Children classes and more general info, please write to budokan@auroville.org.in or contact Surya: 0413-2623.813 or 9655.4854.87 Our webpage: budokan.auroville.org/

Alcoholics Anonymous: meeting (open) every Saturday 6pm, Centre Guesthouse (Merriam Hill Centre). Contact: Ingrid 9443843976 or Shankar 9442010573.

Argentine Tango: Mondays: Beginners' class 6.00pm to 7.00pm and intermediates 7 to 8pm @ New Creation Sports Resource Center, Kuilapalayam. Wednesdays: Practica (tango dance space open to all) 7.30pm @ Sawchu, Bharat Nivas. Fridays: 'An hour to study' 8.00pm @ Naturellement. For milongas or further information please contact: tango@auroville.org.in Bring socks or dance shoes.

Astrology, its holistic approach: Astrological Chart by *Uma Giménez*. You are welcome to call and fix an appointment at 0413-2623080 or 9443697972 (Surrender). The reading can be held in English, Spanish, French and Italian.

Authentic Tamil culture: *Meena*, a Tamil Aurovilian, offers courses every Sunday morning to explore the beauty of the authentic Tamil Culture. Meeting point: **Courage Gate**. The course can be tailored to your choice including: 1. Cooking lessons, 2. How to make kolam, 3. How to wear a sari, 4. Henna design on hands and feet, 5. How to make flower garlands 6. Tailoring. If you are interested, please call Meena to talk about the details of your class and fix the time. During the day call: 9787702180, after 5 pm you may use the landline: 0413 2623263.

Capoeira (Ginga Saroba Group): Join our Capoeira family! Classes open to all levels, led by Prof. Samuka da Índia and his students
● **ADULTS** >> Monday: 5.15 PM - Bharat Nivas (Sawchu) | Tuesday & Thursday: 6.00 PM - Deepanam | Wednesday & Friday: 7.00 AM - Town Hall (Plaza)
● **KIDS** >> Monday & Friday: 1.15 PM - Deepanam School - Contact us prior bringing a new kid
● **CONTACT** >> 9488328435 (Prof. Samuka) | info@ginga-saroba.com | www.ginga-saroba.com

Capoeira (Grupo Gingado Capoeira): Monday 7-8:30pm @ New Creation dance studio. Wednesday 6-7:30pm @ Bamboo Farm (near Imagination). Friday 6-7:30 @ New Creation dance studio Saturday 4:30-5:30 Music Class @ Bamboo Farm (near Imagination) Classes led by Instructor Camaleao (Jeremy) with over 20 years of Capoeira experience.
For more info visit www.gingadocapoeira.in / info@gingadocapoeira.in .Axe!

Clay classes for children and adults: with Saraswati and Anna. Please mail to aurokatrusya@gmail.com for details. Regards *Saraswati* 9787571633

Dance Fitness: classes have started again in New Creation with *Elodie*. Tuesday and Friday from 5pm until 6pm. If you want to have fun and be active see you there!

Feminine dance for all women: Tuesdays at 4 in Cripa, Kalabhami. Feminine Dance has historically been a mystical art, a dynamic method to experience the energies of the Universe. We will create an opportunity to reconnect joyfully to our body, reawaken the flow of feminine energy, move to the living pulse of life and have fun in the loving presence of other women. Bring comfortable dance clothes. A flowing skirt and hip scarf are recommended. galit@auroville.org.in

Flamenco In Cripa Every Wednesday: From 3:15 to 4:45 pm. We will practice the flamenco position and attitude for dancing, the movements of hands, arms, body, legs and foot. We will listen to flamenco music to understand the roots of this dance. We will create a flamenco choreography. Come and enjoy with us, *Flamenco team*.

Foot reflexology: A massage that applies pressure to the feet with the thumb, fingers, and hand techniques. Approx. 60 min. Call 9843948288 or email vikram@auroville.org.in for an appointment.

French classes at Savitri Bhavan, House of Mother's Agenda: French classes at House of Mother's Agenda, every Monday and Friday from 5 pm to 6 pm.

From the Food Lab: Horizon. (In front of Sve-dame). Mon., Tues., Thurs. 4.00 to 6.00pm. Call Lorenzo before coming at 09443362274. All relevant information about the after effects of food on your body for e.g. allergies, intolerance, chronic pathology. Homeopathic Immunopharmacology is available.

Hormonal Dance: Led by *Suriya Gandhi*. **For post-menopausal women.** It is an on-going class every Sat. 4-5 in Creativity's Hall of Light.
Info: 0413-262-2602 (no class on Aug. 13)

Improvisation Theatre Workshop: Our training program is dedicated to surveying the breadth of theatre improv and providing a transformative experience that will empower you to explore improv at whatever level of mastery to which you aspire. For more information contact: Veronique J.(9488512678) or Emanuele (9943970834). Fridays from 4.30-6 pm Venue: SAWCHU.

Introduction to Sustainable Food Growing: Every Monday 10.00 am till lunch time in Buddha Garden. Contact Priya for more details at priya@auroville.org.in or 94432 22653

Leela, the Game of the Self Knowledge (a 2000 years old game!): Come and play the Game of your Life! **Sundays, 9.30am to 12.30** (above 15 years old), in SVEDAME, at the Butterfly Barn. English, Spanish, French, Italian, German and Russian versions all available Contact: Veronique J. 948 85 12 678 www.leelathegame.blogspot.in

Life Coaching: Using awareness, visualization & imagination techniques, life coaching is very useful in period of changes and doubts in order to get in contact with your intuitive self and find the creative & dynamic thread of your life again. For appointment contact Pitanga: 2622403 or Vani: 9488818072/ vani@auroville.org.in / *Reiki and Reflexology courses possible on request*

Meditation for Peace and Healing: Join us from 5:00 to 5:45pm every Thursday around the Peace Table at the Unity Pavilion to build and 'hold' a Collective Space for Healing and Peace. Please offer your Presence to help in this collective experiment, whether you need healing yourself or simply want to support others in their healing and well-being.

MUDRA-Chi Workshop: A body Prayer in a Tai-Chi Form. First Sunday of the Month, at 5 p.m. At Savitri Bhavan. Facilitator: *Anandi*. For further information or Special Classes, contact me, anandi7@auroville.org.in

Nada Yoga: Monday 1:30 pm to 3:30 pm (for new students with appointment) / Tuesday 1.30 pm to 3:30 pm / Wednesday 1.30 pm to 3:30 pm - In Creativity hall of light. Nada Yoga or Yoga of Sound teaches us to perceive sounds in different parts of the body that are connected to the central energetic channel. These ancient Yoga techniques re-align the energy flow and give peace and quiet serenity. In addition to these techniques, during the classes we will also learn many devotional songs. Contact *Hamsini*: 9487544184. She has been a perpetual student of Nada Yoga for 14 years and has been teaching it for 5 years.

For NVC (Nonviolent Communication) and RC (Restorative Circles) in Auroville, please contact *L'aura*: 9442788016, laura.joyful@gmail.com.

Nonviolent Communication Practice Group: A space to deepen our practice, ideally for those who have some prior NVC experience. If you're a beginner, please contact me before coming for the 1st time. We start on time, and a small contribution is requested of guests and volunteers. **Wednesdays in July, 4.30-6.30pm.** L'aura's House, Centre Field. Contact *L'aura*: joylivinglearning@gmail.com, 9442788016

Odissi & Semi-Classical Bollywood Dance Class With Tejas: Private Dance Classes at the Shakti Dance School in Felicity. Learn grace, discipline, and the beautiful temple dance of east India. +91-8489477222. tejas@shaktidancetroupe.com.

OM Choir: "The voice that chants to the creator Fire,/The symbolled OM, the great assenting Word" Every Tuesday at Savitri Bhavan, 5:45/6:00pm - and at the OM Choir in the Ashram School, opposite the Ashram Entrance, Pondicherry, Fridays at 7:00pm.

Pilates with Savitri: at New Creation Dance Studio on Mondays at 5pm, basic level on Tuesdays at 7.30am, intermediate level. on Saturdays at 7.30 am, intermediate level.

"Prana Vashya" Asana Yoga: at Joy Community Guesthouse Hall, Center Field. Every Monday, Wednesday & Friday 4.30 to 6 pm. Contact: 0413-2622584/9442328120. This practice is a sixty asana sequence focusing on the development of strength with flexibility. The breath remains the key for practice throughout the series and the practitioner focuses on maintaining continuity in the breath and movements during the whole practice. Drop in class, fixed contribution for guests (50 % discount for under 30 with ID proof), free donation for AVs, NCs & long-term volunteers (with SAVI registration proof).

Probiotics Open House: every Thursday in Creativity from 3pm to 6pm.(except Aug 4th) www.facebook.com/MGECoduties . Meet the 2 natural Soap Chefs! *Guidelma and Margarita* of MGECoduties

Pregnancy Classes: We hold a space for pregnant mothers to share information and work on reflecting on pregnancy and moving from emotional blockages, getting advice to overcome difficulties, fears & doubts about birth and bringing more joy into the birthing journey. Time and place will be determined by mutual availability of the pregnant mothers and Ally. For more information please contact: ally@auroville.org.in. Allison

Psycho-spiritual work, tarot and other sessions: To bring more clarity and freedom on life issues where there was confusion and entanglement in order to allow new steps in life. Tarot, deconditioning self-inquiry, "inner personalities" discovery and balancing , guided meditation and other tools...by *Antarjyoti* in English or French, tel(land): 0413-262 37 67 or email: antarcalli@yahoo.fr

Salsa in CRIPA: Salsa dance class led by Vijay, followed by practice time. Every Tuesday 6pm-7:30pm. At CRIPA in Kalabumi. Open to all: Aurovilians, Volunteers, Newcomers, and Guests! (on contribution)

Sanskrit Mantras: Venue: Joy Community Guesthouse Hall, Center Field. Every Friday 6 to 7 pm. **Starting date: 5th of August.** Contact: 2622584/9442328120. Drop in class, fixed contribution for guests (50 % discount for under 30 with ID proof), free donation for AVs, NCs & long-term volunteers (with SAVI registration proof)

Satsang: a sharing for spiritual upliftment; Savitri Bhavan, Saturdays 5-6:30 pm

Skyworks: Tree Climbing Workshops: Recreational tree climbing workshops. You want the experience without learning all the knots? The ropes are already positioned in the trees. The knots are tied and tested before. You "hook on". After being fitted with your "saddle" and some short instruction on safety and climbing techniques, you are off and climbing! Call *Satyaji* for conditions and appointment 958 516 58 82. Thank you

Somatic Explorations with Maggie - every Wednesday from 5-6pm in Vérité Hall. A gentle, easy and effective way to gain more ease in the body, better posture, flexibility, coordination, wellness, and balance, resulting in a decrease of the aches and pains commonly attributed to stress, injury and aging. Open to all, for further info call 94866 23465

South Indian Classical Dance (Bhratnatyam): Bhratnatyam dance classes offer by Bhratnatyam Dance classes offered for beginners. Weekly twice. The classes are offered for children and adults. If you are interested please contact me after 4pm on my mobile. *S.Caveri*:7598368514

Spanish Tertulia: A gathering for cultural exchange, every Friday from 4pm to 6pm at La Terrace. We welcome anyone interested in Spanish culture and those who practice colloquial language.

Réception Francophone: Tous les mardis de 17:00 à 18:30 à La Terrace, en haut de la Cuisine Solaire, Ananda et Michiko sont à la disposition des visiteurs francophones qui voudraient poser des questions sur Auroville. Les Auroviliens et Newcomers francophones peuvent aussi participer.

Tamil Literary Classes and Craft Lessons: Ilaigarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm-6 pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, History and Culture are opened to all Monday through Friday any time Also classes on languages, sewing, drawing, painting and simple handicrafts for Auroville workers and Aurovilians interested. Contact us to organize classes according to your schedule. Phone No: (0413) 2623 773. Email: tamil@auroville.org.in. *R. Meenakshi* (*Ilaigarkal Education Centre*)

Tai Chi Hall @ Sharnqa: Monday 7.30am-9am Chi and 24-form; Tuesday 7.30am-8.30am Chi; Tuesday 8.30am-9.30am 24 form; Wednesday 7.30am-8.30am 127 form; Thursday 7.30am-8.30am 108 form; Friday 7.30am-8.30am 108 form; Saturday 7.30am-8.30am 127 form.

Thai Yoga Massage: Joy Community Guesthouse Hall, Center Field. Every Monday & Wednesday 2.30 to 4 pm. Thai Massage is an ancient healing system combining rhythmic acupressure, body rocking and deep assisted stretches to relieve muscular tension and enables more blood to be carried throughout the body. (The receiver wears loose, comfortable clothing and lies on a firm mattress on the floor). Please call Joy Community at 2622584 or 9442328120 or email to joycommunity@auroville.org.in to request an appointment. Fixed contribution for guests (50 % discount for under 30 with ID proof), free donation for AVs, NCs & long-term volunteers (with SAVI registration proof).

Ultimate Frisbee: Ultimate Frisbee: Every Monday at Certitude & Wednesday and Saturday at the Gaia field at 4.45 pm till sundown. Helps improve stamina, hand/eye coordination, and focus through running, throwing, & catching the disc; along with patience & teamwork and Spirit of the Game. Bring running shoes if you have them. Contact avultimate@auroville.org.in with any questions or just come ready to play!

Vedic Astrology: Chart reading and interpretation. Call 9843948288 or email vikram@auroville.org.in for an appointment.

Veena Musical Classes: As one of India's most ancient string instruments, the veena's origin can be traced back to the ancient yash, which was similar to the Grecian harp. *Bharata*, in his *Natya Shastra*, explains the theory of the 22 sruti's in an octave with the help of two experimental veena's. Kaanchi Kaama Kodi Aasthan Vithvaan Thiru Ravi (*Ravi* for short) conducts regular veena musical classes for everyone at Yatra Arts Foundation, near New Creation sports ground. Come and learn an ancient art form in pleasant and friendly surroundings. **Who:** Everyone! Children & Adults. **When:** Every Friday evening from 5pm to 7pm. **Contact:** 0413- 2623071 / 9786772209

Important information about News & Notes (Absolute deadline for submissions or cancellations: Wednesday 11 am)

The contents of *News & Notes* are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material: Material (no pdf files, please) may be sent (in English only) to the *N&N* email address (below).

Articles for the Notes section should ideally be no longer than 500 words. All articles and reports need to reach us by Tuesday noon.

Visiting hours: Mondays, Tuesdays 9am to 11.45am and 1pm to 3pm; **No visitors on Wednesday.**

Soft Version: We encourage you to ask us for a soft version of *News&Notes* to be sent directly to your own mail:, instead of the paper copy. Full colors, earlier, and so much greener! Contact us at newsandnotes@auroville.org.in or phone 2622133

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The *News & Notes* serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

News & Notes, Media Centre, Town Hall, newsandnotes@auroville.org.in or 0413-2622133



CINEMA - Bharat Nivas - AUDITORIUM

(Film starts at 7:45 pm SHARP!)

- Friday 29 July "Taxi Teheran" by Jafar Panahi, Iran, 2015
- FRIDAY 5 AUGUST - 7:30 PM (Film show starting at 7.45 sharp)

"THE 400 BLOWS" (LES 400 COUPS)

Directed by François TRUFFAUT - France, 1959

With: Jean-Pierre Léaud, Albert Rémy, Claire Maurier (Jeanne Moreau appears briefly)

Synopsis: Told through the eyes of Truffaut's cinematic counterpart, Antoine Doinel, *The 400 Blows* sensitively re-creates the trials of Truffaut's own childhood, unsentimentally portraying aloof parents, oppressive teachers, and petty crime. This debut film marked Truffaut's passage from leading film critic to trailblazing auteur of the French New Wave. The original title stems from the French expression "Faire les quatre cents coups", meaning "to raise hell", as the main character does. The misfortunes that befell the young Antoine (13) and the adult force with which he takes them provoke in the viewer instantaneous adhesion and deep emotion. The intelligence of the direction/mise-en-scene, the widescreen that constantly emphasize how Antoine cannot be integrated in the world, revealed a filmmaker promised to a great future. After all these years, the film retains a special flavor, a taste of freedom and sincerity.

Original French version with English subtitles - PG 12 - Duration: 1h.39'. Screening in collaboration with the Embassy of France, New Delhi.

AT SAVITRI BHAVAN

Monday, 1st of August 2016 at 6:30 pm

"SRI AUROBINDO and HIS DREAMS FOR THE FUTURE OF MANKIND"

The film is about Sri Aurobindo's message on India's Independence Day, the 15th August 1947 and his five dreams.

1. The first of these dreams was a *free and united India*. India is free, but the partition must go and unity must and will be achieved, for it is necessary for the greatness of India's future.
2. *The Resurgence of Asia* and her return to her great role in the progress of human civilisation. 'Dharma is the basis of democracy which Asia must recognise' and 'Asia is the custodian of the world's peace of mind'.
3. A *World-Union* for forming the outer basis of a fairer, brighter and nobler life for all mankind'.
4. *The Spiritual Gift of India to the World*. India's spirituality is entering Europe and America with her teachings and her psychic and spiritual practice. 'The Veda was the beginning of our spiritual knowledge. The Veda will remain its end.' And the truth about Brahman is a light and a guide to joy and action in the world.
5. A *new Step in Evolution* which would raise man to a higher and larger consciousness.

Years after Independence Day, when asked by someone, "how to bring about the much needed cohesion and faith in the country?" The Mother answered: "by following Sri Aurobindo's teachings. His Independence Day Message issued on 15 August 1947 needs to be read and re-read and its significance explained ... India needs the conviction and faith of Sri Aurobindo."

This remarkable film by Auroville Press was done in 2002. Duration: 38min.

THE FRENCH PAVILION PRESENTS

"DEMAIN" (TOMORROW)

A documentary film directed by Cyril Dion and Mélanie Laurent *In French with English subtitles*

Sharing solutions, telling a feel-good story... this may be the best way to solve the ecological, economic and social crises that our countries are going through. After a special briefing from the journal Nature announced the possible extinction of a part of mankind before the end of the 21st century, Cyril Dion and Mélanie Laurent, together with a team of four people, carried out an investigation in ten different countries to figure out what may lead to this disaster and above all, how to avoid it. During their journey, they met the pioneers who are re-inventing agriculture, energy, economy, democracy and education. Putting together concrete and positive actions which are already working, they began to figure out what could be tomorrow's world...

Saturday, August 6, 2016, 4:45 pm, at Cinema Paradiso

THE ECO FILM CLUB

Sadhana Forest, August 5th, Friday

Schedule of Events:

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
- 20:00 Dinner is served
- 21:30 Free bus from Sadhana Forest back to Solar Kitchen



Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film you are welcome to join us for a free 100% vegan organic dinner!!

Koko: The Gorilla Who Talks To People

58mins Directed by Jonathan Taylor

An extraordinary story of Koko, the only 'talking' gorilla in the world, and her lifelong relationship with Penny Patterson. Project Koko started as a PhD project to teach sign language to a baby gorilla, but as Koko began to communicate with Penny, an intense bond formed between them. This film explores what we can really learn from this extraordinary science experiment, Does it tell us more about animals emotions or our own?

(Reminder: Friday, July 29th: Creatures of Light)

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at (0413) 2677682 or 2677683

or sadhanaforest@auroville.org.in or visit us online: sadhanaforest.org - [facebook.com/sadhanaforest](https://www.facebook.com/sadhanaforest)

VISITOR CENTER MOVIE SHOW

4th August Thursday 8 pm

ELVIS AND NIXON (2016)

Genre: Comedy/History / Rated:PG 13 / Dur:1:26 mins / Language: English/ Subtitle: English

Dir: [Liza Johnson](#) / Cast: [Michael Shannon](#), [Kevin Spacey](#), [Alex Pettyfer](#)

Storyline: The untold true story behind the meeting between [Elvis Presley](#), the King of Rock 'n Roll, and President [Richard Nixon](#), resulting in this revealing, yet humorous moment immortalized in the most requested photograph in the National Archives.

5th August Friday 8 pm

POINT BREAK (2015)

Genre: Action/Adventure / Rated:PG 13 / Dur:1:53 mins / Language: English/ Subtitle: English

Dir: [Ericson Core](#) / Dir: [Edgar Ramirez](#), [Luke Bracey](#), [Ray Winstone](#)

Storyline: A young FBI agent infiltrates an extraordinary team of extreme sports athletes he suspects of masterminding a string of unprecedented, sophisticated corporate heists.



Cinema Paradiso

Multimedia Center (MMC) Auditorium
Film program 1 August 2016 to 7 August 2016

Indian - Monday 1 August, 8:00 pm:

• NIRBASHITO (Banished)

India-Sweden, 2014, Writer-Dir. Churni Ganguly w/Lars Bethke, Lia Boysen, Saswata Chatterjee, and others, Biography-Drama, 108mins, Bengali w/ English subtitles, Rated: NR (PG)

How does a woman writer who uses her pen against religious fundamentalism deal with banishment? The film is an allegorical tale, seen through the eyes of a woman, whose unnamed character is based on the Bangladeshi writer Taslima Nasreen. It is told through her "painful separation" from her pet cat Baghini, based on Nasreen's own cat Minu, when she was forced to leave Kolkata, her home in exile in November 2007 after a daylong mayhem on the city's streets demanding her ouster. *It is a much acclaimed Oscar nominated film - where the main character has been played by the director herself. Certainly a film to watch.*

Potpourri- Tuesday 2 August, 8:00 pm:

• TALA VA MES (Gold and Copper)

Iran, 2011, Dir. Homayoun Assadian w/ Negar Javaherian, Behrouz Shaibi, Javad Ezati, and others, Drama, 97mins, Persian w/ English subtitles, Rated : NR (PG)

Seyed Reza, a mullah-in-training, has just come with his family to Tehran to study while his lovely wife Zahra looks after their two young children and weaves rugs to earn a living. One evening Zahra collapses and was diagnosed with multiple sclerosis. Seyed is left to do all the chores and take his toddler son with him to his classes. With some help from their neighbors and some strangers Seyed eventually learns to cope; his prayers and devotional studies taking on deeper meaning. *It is an acclaimed and moving film.*

Interesting - Wednesday 3 August, 8:00 pm:

• THE BABY BORN IN A CONCENTRATION CAMP

• THE LADY IN NUMBER 6: MUSIC SAVED MY LIFE

The Baby Born in a Concentration Camp: UK, 2011, Dir. Emily Davis w/ Anka Clarke, Eva Clarke and others, Documentary, 35mins, English, Rated:NR (PG) - Eva Clarke has been called the miracle baby because by the time she was born her mother Anka had endured 6yrs of Nazi rule, survived three concentration camps and weighed just five stone. The Lady in Number 6: Canada-USA-UK, 2013, Writer-Dir. Malcolm Clarke w/ Aliza Sommer-Herz, Zdenka Fantlova, Anita Lasker-Wallfisch, and others, Documentary, 39mins, English, Rated:NR (PG 13) - Alice Herz-Sommer, aged 109 and the world's oldest Holocaust survivor, tells the story of how music saved her life both during her time at the concentration camp and in the years afterwards. It is one of the most inspirational and uplifting stories where she discusses the importance of music, laughter and how to have an optimistic outlook on life. *Don't miss these films.*

East Asian - Thursday 4 August, 8:00 pm:

• KIRAWARE MATSUKO NO ISSHŌ (Memories of Matsuko)

Japan, 2006, Dir. Tetsuya Nakashima w/ Miki Nakatani, Eita, and others, Comedy- Musical, 130 mins, Japanese-English w/ English subtitles, Rated: PG

Shou's father Norio finds his son in a rather meaningless existence in Tokyo dominated by alcohol and porn videos. Having left home two years earlier to pursue life as a musician, Shou has left his band and his girlfriend has left

him. His father asks a favor, that Shou clean out the apartment of his aunt Matsuko, who he says led a meaningless life until her murder at the age of 53. The apartment is filled with garbage bags and is even more unkempt than his apartment has become, and he becomes intrigued with his aunt as details of her life are supplied by a tattooed neighbor and others.

International - Saturday 6 August, 8:00 pm:

• THE ROAD WITHIN

USA, 2014, Dir. Gren Wells w/ Zoë Kravitz, Robert Patrick, Robert Sheehan, and others, Comedy-Drama, 100mins, English w/ English subtitles, Rated: R

The film is about Vincent, a young man suffering from Tourette Syndrome. His mother dies so his estranged father, Robert, is forced to step in. However, Robert's running for political office and doesn't want his son on the campaign trail - so Robert puts Vincent in a clinic that's run by the unconventional Dr. Mia Rose. Once there, Vincent falls in love with an anorexic woman named Marie. Together, they steal Dr. Rose's car, and end up having to kidnap his OCD roommate, Alex, when he threatens to tell on them. With Robert and Dr. Rose in hot pursuit, Vincent, Marie and Alex go on a life changing road trip to deliver the ashes of his mother to the ocean.

Children's Film - Sunday 7 August, 4:30 pm:

• CHICKEN RUN

UK-USA, 2000, Dir: Nick Park & Peter Lord, w/ Mel Gibson, Julia Sawalha, Phil Daniels and others, Animation, 84mins, English w/English subtitles, Rated: U (G)

When a bird "flies" into a chicken farm, the fellow chickens see him as an opportunity to escape their evil owners.

Ciné-Club - Sunday 7 August, 8:00 pm:

• THE HONEYMOON KILLERS

USA,1969, Dir.Leonard Kastle-Donald Volkman w/Shirley Stoler,Tony Lo Bianco,Mary Jane Higby, and others,Drama-Crime-Romance,148min,English w/English subtitles, Rated:R

This dark humorous thriller about a nurse and a Spanish gigolo who murder rich but lonely women was recently shown in the midnight program on German cable. "Honeymoon Killers" is based on a true story that happened in the 1940s and still belongs to the most peculiar cases in the history of American crime.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

Kindly do not bring food, drinks, snacks, munchies or your pets into the auditorium.

As a courtesy to the fellow viewers please be sweet and stop chatting after the film starts.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. *Pl make a contribution to "Cinema Paradiso" account (#105106) at the Financial Service.*

Thanking You,
MMC/CP Group
Account# 105106

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