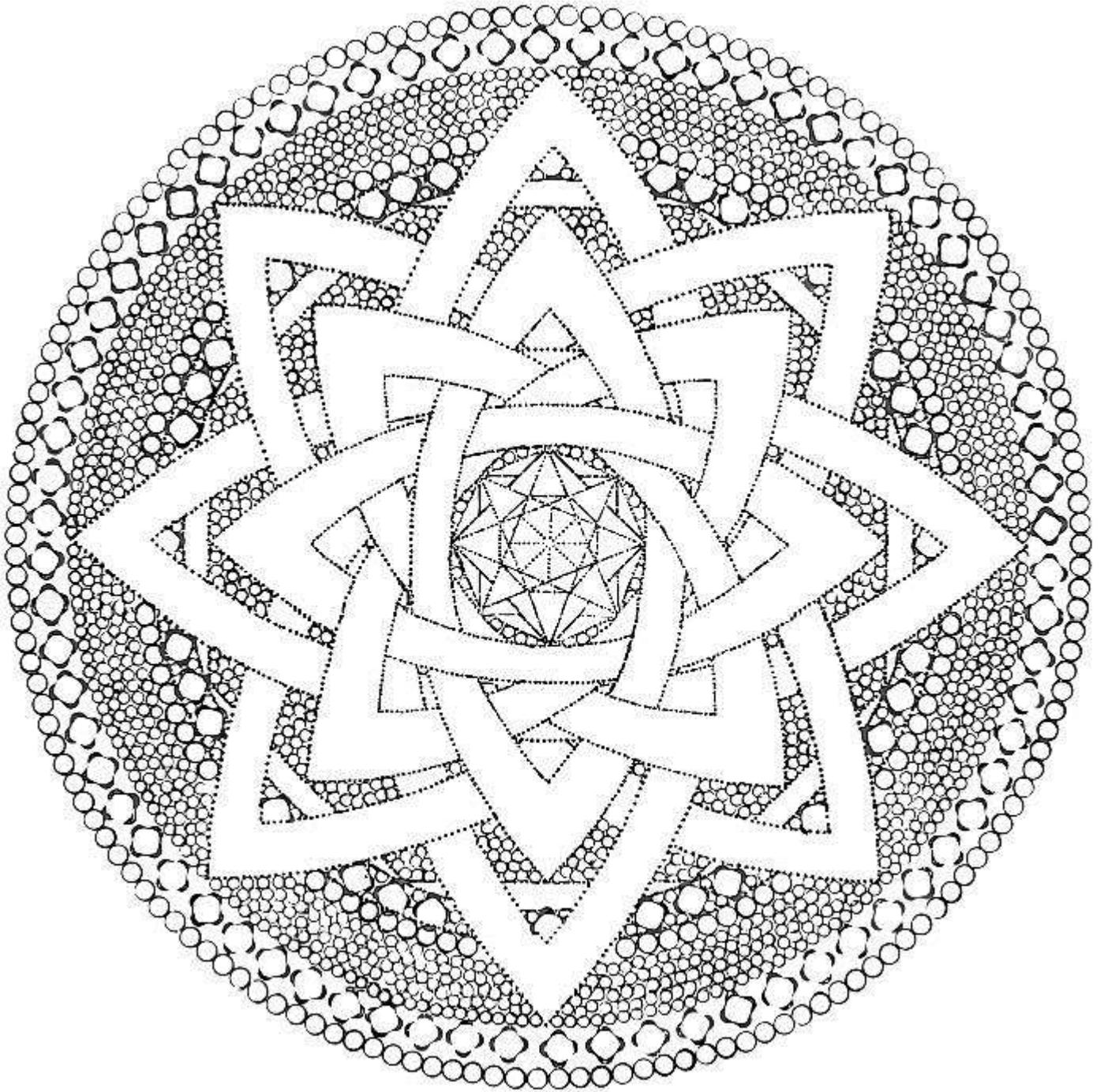


News & Notes

2nd April 2016.....A weekly bulletin for residents of Auroville.....Number 643



HOUSE OF MOTHER'S AGENDA

The Ribhus, Artisans of Immortality

(Continued) Another great work of the Ribhus is - in the strength of their previous deeds, of the light of Indra, the movement of the Ashwins, the full yield of the fostering Cow - to restore youth to the aged Parents of the world, Heaven and Earth. Heaven is the mental consciousness, Earth the physical. These in their union are represented as lying long - old and prostrate like fallen sacrificial posts, worn-out and suffering. The Ribhus, it is said, ascend to the house of the Sun where he lives in the unconcealed splendour of his Truth and there slumbering for twelve days afterwards traverse the heaven and the earth, filling them with abundant rain of the streams of Truth, nourishing them, restoring them to youth and vigour.⁷ They pervade heaven with their workings, they bring divine increase to the mentality,⁸ they give to it and the physical being a fresh and young and immortal movement.⁹ For from the home of the Truth they bring with them the perfection of that which is the condition of their work, the movement in the straight path of the Truth and the Truth itself with its absolute effectivity in all the thoughts and words of the mentality. Carrying this power with them in their pervading entry into the lower world, they pour into it the immortal essence.¹⁰

It is the wine of that immortal essence with its ecstasies which they win by their works and bring with them to man in his sacrifice. And with them come and sit Indra and the Maruts, the divine Mind and its Thought-forces, and the four great Kings, sons of Aditi, children of the Infinite, Varuna, Mitra, Aryaman, Bhaga, the purity and vastness of the Truth-Consciousness, its law of love and light and harmony, its power and aspiration, its pure and happy enjoyment of things.¹¹

And there at the sacrifice the gods drink in the fourfold bowl, *camasaṃ caturvayam* (IV.36.4), the pourings of the nectar. For *Twashtri*, the Framer of things, has given man originally only a single bowl, the physical consciousness, the physical body in which to offer the delight of existence to the gods. The Ribhus, powers of luminous knowledge, take it as renewed and perfected by *Twashtri*'s later workings and build up in him from the material of the four planes three other bodies, vital, mental and the causal or ideal body.¹²

Because they have made this fourfold cup of bliss and enabled him thereby to live on the plane of the Truth-Consciousness they are able to establish in the perfected human being the thrice seven ecstasies of the supreme existence poured into the mind, vitality and body. Each of these they can give perfectly by the full expression of its separate absolute ecstasy even in the combination of the whole.¹³

The Ribhus have power to support and contain all these floods of the delight of being in the human consciousness; and they are able to divide it in the perfection of their works among the manifested gods, to each god his sacrificial share. For such perfect division is the whole condition of the effective sacrifice, the perfect work.¹⁴

Such are the Ribhus and they are called to the human sacrifice to fashion for man the things of immortality even as they fashioned them for themselves. "He becomes full of plenitude and strength for the labour, he becomes a Rishi by power of self-expression, he becomes a hero and a smiter hard to pierce in the battles, he holds in himself increase of bliss and entire energy whom *Vaja* and *Vibhwa*, the Ribhus foster.... For you are seers and thinkers clear-discerning; as such with this thought of our soul we declare to you our knowledge. Do you in your knowledge moving about our thoughts fashion for us all human enjoyings, - luminous plenitude and fertilising force and supreme felicity. Here issue, here felicity, here a great energy of inspiration fashion for us in your delight. Give to us, O Ribhus, that richly-varied plenitude by which we shall awaken in our consciousness to things beyond ordinary men."¹⁵

⁷ Rv. IV.33.2,3,7; IV.36.1,3; 1.161.7. ⁸ Rv. IV.33.1,2. ⁹ Rv. V.36.3. ¹⁰ *yuvānā pitarā punaḥ, satyamantrā ṛjūyavaḥ; ṛbhavo viṣṭy akrata.* ¹¹ *saṃ vo madāso agmata, indreṇa ca marutvatā; ādityebhiḥ ca rājabhiḥ.* ¹² *uta tyaṃ camasaṃ navaṃ, tvaṣṭur devasya niṣkṛtam; akarta caturaḥ punaḥ.*

¹³ *te no ratnāni dhātana, trir ā sāptāni sunvate; ekam-ekaṃ suśastibhiḥ.* ¹⁴ *adhārayanta vahnayo, abhājanta sukṛtyayā; bhāgaṃ deveṣu yajñiyam.* ¹⁵ Rv. IV.36.6-9.

SRI AUROBINDO ON THE VEDA, chap. X.

The
Ponder
Corner

*Sense of humour? It is the salt of existence.
Without it the world would have got utterly out
of balance - it is unbalanced enough already -
and rushed to blazes long ago.*

Sri Aurobindo
ref. Letters on Yoga, p.501

WORK GROUP REPORT

Guidelines for Adult Learning Activities - an update

A study group formed by the Auroville Council, organized a session in SAIER on 22nd March, In order to better understand the different economic realities pertaining to adult learning activities (classes, courses, workshops, lectures, seminars, conferences, and other learning programs) in Auroville, and define a sensible set of guidelines pertaining to financial contributions.

The session was attended by over 60 people associated with ALAs in Auroville. This included facilitators, organizers and unit holders, as well as stewards of venues and guest houses. Over 10 members from different Working Groups were also present. The session was moderated by Elvira and Mukta.

The Council wishes to thank all those who participated in the session for their suggestions and feedback, along with a special thanks to Elvira and Mukta for their moderation. Notes have been compiled and are being processed by the Study Group. They will share their findings, as well as a draft set of guidelines related to financial contributions with all those who were present.

In the meantime, for any queries and/or suggestions, please write to: avcouncil@auroville.org.in

Regards, Auroville Council

ANNOUNCEMENTS

It's Voting Time!

In April, the community is being asked to vote YES or NO to two things:

1. A proposed new FAMC mandate;
and
2. A proposed new Entry Policy.

For the entry policy, you'll be able to say YES or NO separately to five separate sections of the policy.

This means that you'll be able to specify which sections you agree with and which you don't.

WHEN: Online voting runs for 13 days and starts 9 am April 2 and ends at 5 pm April 14 (you'll receive a form by email).

Paper voting will run daily (10 am - 4 pm) over two days - April 15 and April 16 (forms will be available at the two locations listed below).

WHERE: Paper voting will occur in two locations:

- a) Outside Pour Tous (Aspiration) on April 15
- b) Outside Solar Kitchen on April 16

For more information: As always, your ever-lovin' RAS will be on hand to assist, explain, clarify, massage - whatever you need to better understand the issues and the process. The only thing we can't do is tell you what to vote. That's up to you. So please don't hesitate to contact us by phone on: **948 6623 749** or by email on: raservice@auroville.org.in, if you have any questions about the issues, the process, or if you'd just like to chat.

Kind regards, Your RAS Team

Selection Process proposal for FAMC

Dear community members,

Please find below the Auronet link for the Participatory Selection Process proposal for the new FAMC membership. The Study Group was requested by the AVCouncil to work on adjusting this process, originally written for the WC and AVC only, to include other Working Groups such as the FAMC and the TDC.

<https://www.auroville.org.in/article/56655>

Please **send your feedback by April 15th** to: avcoffice@auroville.org.in.

Warmly,
The Auroville Council

Reg. Update on presentation on road in Auroville.

Just to keep you informed on this topic published in the Monthly February report from L'avenir (extract see below)

News&Notes 12th March 2016 [640]

*L'avenir d'Auroville / Town Development Council (TDC)
February 2016 report*

B/ Presentation on roads

The TDC has prepared a presentation on roads in Auroville, concentrating on road accesses, and has requested the RAS for a date for a general information meeting with the community. As it is not a discussion on specific roads, it is a presentation for the whole community because it touches all of Auroville.

Sauro informed us, that the documents to be published before the meeting are in the last stage of finishing.

We will keep you informed.

Love, Inge from Residents Assembly Service

New management for Road Service

From 1st of April onwards, Alain's responsibilities within Road Service are taken over by Jacques Train who has joined Road Service last November. He is already quite familiar with the work since he was the supervisor for the first stretch of the Kindergarten road while working with the TDC.

Alain's two years mandate has been renewed tacitly three times and he has now completed eight years with Manickam as his co-executive. Alain is no longer an executive but he remains within Road Service, for the time being, as Jacques' assistant.

Art installation on the Solar Kitchen round-about

The design of the round-about of the Solar Kitchen crossing has been discussed within Road Service. Many "art installations " are being considered, such as the coloured columns which are in the middle of Mahalakshmi Park and may be very soon also in the International Zone, such as stone sculptures or stainless steel sculptures by Aurovilian artists.

The present idea is to start with an "art installation" developed by Celestine. It is a composition of more than 200 rings, used previously as "portholes" for the skin of Matrimandir. This week, Celestine has tested the arrangement with used rings before finalising the design, the shape, the volume and the colours for each ring.

The final structure will be in place by the end of April. After some months, this "ring" sculpture may be shifted somewhere else and replaced by another art installation.

Alain Grandcolas

Guest Registration Notice

All Aurovilians hosting guests, either private or as a guest facility, please note the following "GUEST REGISTRATION SERVICE SUMMER SCHEDULE":

Registration of ALL guests staying in Auroville must be done within 24 hours of arrival in Auroville, according to Indian law. If this is not done at the guest house itself, the manager or the Aurovillian host is responsible to inform their guests to bring their passport with visa or ID proof for Indian guests, and register at one of the following locations:

Mornings and afternoons at Visitors Centre (Guest Accommodation Service office): Monday Saturday, 9 am - 12:30 pm and 2:30 - 4:30 pm (Raje)

Mornings at Town Hall: Monday-Saturday, 9 am - 12:30 pm (Jayanthi)

Summer closing and Sunday hours will be announced soon.

Please also remember that guests are required to re-register every time they move to a new place in Auroville and also when they stay longer than was told at the time of registration.

Thank you for your cooperation,
Guest Facilities Coordination Group

Please do not bring your fish to Matrimandir!

Some Aurovilians, with the good intension of giving a new spacious home to their fish, (a home with a good view) have been bringing them to live in the pond in the Garden of Consciousness at Matrimandir. This has been great for the fish, and some had grown very large, but the unforeseen bad effect has been that they have been eating all the shoots of the water plants, like Lotus and Lilies which we were trying to grow in this pond! The pond has been recently restocked with plant-friendly small fish, and we request all Aurovilians to kindly refrain from bringing fish to live in this pond! Thank you.

We take this opportunity to remind parents to please supervise their children while they are at Matrimandir as we have recently had cases where the nice stones and pebbles in the gardens of Existence, Consciousness and Bliss have been disturbed and even broken.

Thank you again,
Matrimandir

ACT closed

Dear Community, a kind reminder that from 1st of April 2016 onward the Auroville Community Transport service has been permanently discontinued.

The ACT team takes this opportunity to thank all those who have been of support over the years.

The ACT team sincerely hopes that a future community discussion will help to reach commitments and priorities concerning long term solutions for community transportation and also for mobility flow within Auroville.

Taj for the ACT team

(Please see last week's News and Notes for the new Accessible Auroville Bus schedule starting 2nd April 2016. The Editors)

FOR YOUR INFORMATION

Auroville Dairy Group

It's time again for milk price adjustment since the last one in January 2015, and it's also a good opportunity to give Aurovilians a better insight into the work of the AV Dairy Group. The aim of the group is to continually improve the quality of Aurovillian milk available through the various outlets, whilst at the same time continuing to improve cow management. Participation in the AV Dairy Group is not

L'avenir d'Auroville: 2nd April 2016

The following Site and Building Applications (SA and BA) are announced for feedback from the community for a period of two weeks. The announcement is made for feedback only and does not mean that the project has final approval.

The final approval is given when L'avenir d'Auroville / TDC issues an NOC (No Objection Certificate). This happens only once the feedback period is over, the feedback has been evaluated, a final decision by TDC has been reached and the necessary financial formalities have been completed. It is only after issuing a final building permission that fencing, building or any other activity on the site can start. It has to be noted that site permission is given to reserve the site for a maximum period of two years in order to prepare a project proposal. It does not give any right to fence and clear the site unless, for practical reasons, there is a special permission of the TDC.

Individual Project

Site Application Feedback

1. Site application feedback for Lalit & Shailaja, South of Courage Community for a individual house G + 1 for a total build up area 170 - 225 sq.m (approx.) on plot nos. IR2175B1, IR217/5A

Individual Project

Building Application Feedback

1. Selvam Rajamani, Douceur, for a Guest House

Project write up given by the project holder:

Project Title: Abundance Guest House

Proposed Site Location: Douceur

Project Holder: Selvam Rajamani

Architect: Studio One, Auroville

Contact Persons: Selvam Rajamani

Description:

Plot No: BO134

Total Area of the project:

Built up Area: 223 sqm

Target Group: Indian and international guests visiting Auroville.

Background: We have been running a home stay for the past two years. The guests who stayed with us were all very satisfied with our service and hospitality and also encouraged us to have more rooms. Following this need and the feedback from our guests we plan to build this guest house and accommodate more people with better service.

Triggers: Even though there are many home stays at this end of Auroville, we felt, there was a need for guest house facilities.

Goals/Objectives: The aim is to provide the best possible service for the guest staying with us as well as making an asset and provide financial support for Auroville.

TDC asks for feedback from the residents of Auroville within two weeks from the date of publication. If anyone wishes to have detailed information, feel free to contact TDC - L'avenir d'Auroville office: 2622-170 or come personally to the Building Application section.

mandatory for any AV farmer producing milk, but those who choose to be part of the group agree to adhere to a minimum set of standards in terms of record keeping and cow management. Only then can the AV Dairy Group vouch for the quality and safety of the milk produced by its group members, and for the fact that the milk comes from happy and well-treated cows. The farms belonging to the group so far, in no particular order, are;

- Annapurna, Discipline, Ayapardi, Brihaspathi, Booma Devi, Aurogreen

Other Auroville farms producing milk, which participate in monthly Dairy Group meetings, but which require time and/or assistance to get proper records and cow management systems in place are the following;

- Kottakarra, Cholai, Kalpavrushka, Siddhartha, Sustenance

In the not-so-distant future it is hoped that a pasteurisation facility will be established to ensure the availability of high quality, pasteurised Aurovillian milk in the various Auroville outlets. In the meantime, the current system of raw milk deliveries will remain in place, and the pricing structure from 1st April onwards will be as follows;

- Annapurna (certified organic) milk - Rs. 52.00 per liter
- All other farms (as per the list above) - Rs 47.00 per liter

Many thanks to everyone supporting the Auroville dairy farmers (please continue to do so!), and the AV Dairy Group will endeavor to keep the Aurovillian public up to speed with ongoing developments.

Good Segregation!

The Eco Service, WasteLess & the Upcycling Studio are working together to find sustainable solutions for our collective garbage! Separation of waste at source increases recycling rates and helps us throw less of this trash into landfills on Auroville land.

We now have a series of attractive waste bin labels which are colour coded and in English & Tamil.

Small labels can be placed inside your home and matching larger ones in storage bins outside. This helps keeping our trash clean and separate. It is the only place in our community where segregation is good for people and the planet!

Please contact *Palani*: 9443535172 or *Kali*: 9443090114 or mail: ecoservice@auroville.org.in to get labels and start managing your trash better today!

A Kuilai Clean service initiative

Proposal for fundraising for main street waste collection service in Kuilapalayam

For the past 25 years dating back to when the first Public Toilets were built there has been a cleaning service (AV Clean in Kuilapalayam). This service cleans the Public toilets and certain stretches of roadside waste dumps on the outer road of the village. For all these years this service has been sponsored by some Auroville and local Businesses from the area.

Now with the Swatch Bharat government funding scheme there is an experimental door to door waste collection service in its early stages of learning how to organize itself into an effective waste management service that will be able to collect all the household waste stream and avoid the dumping of the same on the outskirts of the village or on vacant plots inside the village. Still there are the shops and eating places that have a huge amount of waste that needs to be collected and is currently dumped everywhere along the road.

We are proposing a parallel main street waste collection service that will be sponsored by monthly donation by all the shops and cafes etc. to pay for a new team of cleaners who will collect from these places each day and recycle or landfill what is collected as is done with the door to door household collection.

It's time to get moving and find a way to keep the village clean on a regular basis which means each day the waste is collected. We recently had a big clean-up in Kuilai and still as there is no system in place to collect the waste it is building up again.

This Main Street service will extend from NESS school (Auroville) all the way to New Creation and Marcs coffee which

is a long distance that will require in total 4-5 ladies collecting the waste every day except Sunday.

An account has been opened called Kuilai Clean Service which is run by volunteers from Auroville and Kuilapalayam and supported by Auroville Town Development Council. The monthly donations will be put in this account and wages and other expenses / payments for landfill etc. will be made from it. All monthly donations will be given a receipt of payment each month.

Kuilai Clean Service Account number: 251836

For more information please contact Babu (984 312 9805) or Gillian (944 206 7481), or send a mail to kulaicleanservice@googlegroups.com

Sincerely, *The Kuilai Clean Service Team [Babu, Gillian, Guillaume and Selvaraj]*

Aqua Dyn - Good news to share!!!

Dear friends,

In a general way, it is good to share the good news especially when they concern a unit of Auroville such as Aqua Dyn, which since many years has been trying to make known the benefits of a pure and living water, through its purification, dynamisation and information technology and its effects on well-being and health.

Chronology of good news:

In October 2014, after eight years of legal study and technology, Aqua Dyn has received a license from the Indian government protecting its 'know-how' across the Indian Territory (First patented technology of Auroville).

During the process, in February 2015, Philip and Patrick, then living in Shanghai, contacted us, showing interest to Aqua Dyn water quality and then proposing a joint business venture. Along with them we decided to make a strategic partnership based on a joint ownership of the patent. The financial contribution brought by our new partners helped Aqua Dyn to restore financial equilibrium and to initiate new stage of development both commercial and social as well as the research. The partnership, first of its kind in Auroville, took the form of a contract developed by Auroville FACM (particularly by Ully, Toine and Michael whom we thank for their help and the outstanding work brought).

Note that it is not a sale of our patent, and even less a sale of Aqua Dyn unit, contrary to what some rumors might have suggested, but a real partnership in the respect of Auroville values, and an opening of a new door for Aqua Dyn, but also to other units that would meet the conditions. A partnership that allows a change of scale often difficult to operate.

With the help of our new partners, a new patent was also filed for the five continents and has received a first level acceptance in January.

Meanwhile, research wise, Aqua Dyn has been contacted by several medical personalities interested in Clinical experiments on several diseases called 'civilization diseases' such as AIDS, lyme, autism... These tests are underway and already show rather interesting results, enough to continue this research with more patients. We will keep you informed on that matter. Similarly social projects for Auroville and its Bio Region are being prepared and will be the subject of information to follow. In this new development of Aqua Dyn, a new intake of energy and skills supported and helped Aqua Dyn in its restructuring effort.

We very much thank Ian and Kathy for hosting Aqua Dyn in their trust; Marc (Marc Coffee) for his help as business advisor and Christine for his assistance and expertise; Sébastien and Sophie who recently joined the team and all Aurovillians and Friends of Auroville who unconditionally supported Aqua Dyn during difficult times and perilous passages.

These friends are too many to mention them all, we thank them from the bottom of our heart.

Fraternally, *The Team Aqua Dyn*

POSTINGS

Traffic alert near schools

We would like to request all road users to be aware of the children bicycling and walking to schools. **Epecially between 8:15 and 8:45 in the morning on the Crown road.** Recently there have been a few dangerous situations. Thank you, *Transition School team.*

Discounted accommodation for long term guests and volunteers

We would like to remind you that we offer special discounts all year round for long term guests and long term volunteers. Specifically, 20 % discount for long-term guests who don't offer any service to Auroville, 40 % discount for long-term guests offering any service to Auroville, 60 % discount for SAVI registered volunteers. Those discounts are applied in addition to the already reduced low season rates. We also offer special

arrangements for Newcomers and pre-Newcomers who need accommodation for a short period of time.

For more information please email us at: joycommunity@auroville.org.in or pass by during office hours (8.30 am to 12.30 am and 1.30 pm to 4.30 pm); we are located in Center Field after Nandanam School. Love, *Joy Community Team :-)*

Plastic and paper waste increasing

In recent weeks I have noticed a lot of more (clean) plastic and paper waste thrown around everywhere than there used to be. As a nature lover, I appeal urgently to Aurovilians, guests, volunteers and everyone who uses our nice forest paths to respect our mother earth and dispose of your waste in the proper bins. Additional comments and suggestions welcome. *Merry - Prayatna.*

AVAILABLE

Qualified musician ready to take more students

Piano, Harmony, counterpoint, grant yourself the pleasure of discovering what makes western music really tick. Contact *Merry - Prayatna. 2623581*

German Lessons

With or without textbook, emphasis on listening and speaking. And translations (no computer) of any text except ADS. Contact *Merry - Prayatna. 2623581*

Shared container

I am currently organizing the shipment by container business (boat) from France. If anyone (many should be better and cheaper) is interested to share it with me, let me know! You can join me at this number: 80 98 79 63 07 or by email at: worldvibes7@gmail.com (it works better than the phone...) Thank you and happy summer in Auroville! With love, *Camille.*

Satprem's notebooks of an apocalypse vol. 3, 4, 5...

To all those who love Satprem and his work, I have the great pleasure to inform you that Satprem's "Notebooks of an Apocalypse" Volume 3, 4, and 5 have been

translated into English by a team of dedicated people and are now available for reading in Auroville. You will find a copy of the Volume 3 in the Auroville Library, next to the Solar Kitchen, and the volumes 4 & 5 can be borrowed from Freeland Bookshop (2623145) where you will also find DVD copies of the 2 filmed interviews with Satprem (Original French with English subtitles) : "L'Homme après l'homme" & "Satprem - The Way towards the Within"

The volumes 3, 4 & 5 can also be downloaded as PDF files from the following links: flammedalterite.wordpress.com / nilkamal1956.wordpress.com

Volume 6 will be ready soon and others will follow...

In Their Love, Their Light and Their Force,
Diksha

An Indian men's bike

Please contact *Ally: 7639318959.*

A hammock

In blue and orange, made of cotton, medium size. It is getting bored with us because we never really used it. Make me an offer. 9943368410 - *Krishna*

LOOKING FOR ...

A Dutch citizen(s)

Who might have to travel to Mumbai to the Dutch Consulate to renew passports .I have to do this beginning of April between the 4th and the 7th preferably. Please contact me: lisbeth@auroville.org.in. *Lisbeth*

Impulsion electric machine

For muscular re-education purpose. Contact *Jean Luc: ilmalor@yahoo.fr / 7639761930*

Woman's Bicycle

A Giant Sedona bicycle for woman. *Michelle: 9786278232"*

Empty bottles of AEM

Dear users of activated EM solution (AEM), we would like to collect the empty bottles of AEM as distributed by EcoPro, for reuse or refilling of AEM.

We request you to either drop the bottles at the EcoPro office at Aurosarjan Complex or to deposit them in one of the yellow barrels (the one that has been marked with "AEM bottles") at

Pour Tous in Aspiration (PTPS), to the right side of the entrance. In case of questions, please contact us at: 2622469 / 9442300573 or send a message to: ep_office@auroville.org.in. Thank you, *D.N. Sharma / on behalf of EcoPro*

Furniture 1

Dear all, I'm a new member of Maitreye Community (NC) and I need some furniture. I'm looking for a single bed (mattress and bedspring), a hotplate electric, a desk or simple table and some chairs or armchair. If you have something to sell to me, you will make me so happy! :) Thank you so much in advance. With love, *Camille: 8098796307 or worldvibes7@gmail.com*

Furniture 2

We are looking for a big table, sized around 150*90*40cm or smaller, chairs and a mesh around 6m*4m. Please contact *Ally: 7639318959*, if you have any.

Smurfs

My son Tzur will be super happy to receive some smurf figures or dolls if you have any and don't need them anymore. Thank you, galit@auroville.org.in - Galit

A 12V table or stand DC-fan

If you have one left over somewhere please call Krishna 9943368410.

Supportive wheels for (14 inch or other) children cycle

If you have any such practical thing currently unused we shall be happy to try and fit it to the cycle (thanks to wonderful Aurovelo) and use it!! Ulrike: 9442069249 or essence.touch@yahoo.de

Looking for this dog's home

A medium sized un-neutered male black and white dog has recently made TLC base camp his home. We would like to find his true home/ owner and return him to whence he has come. If this is your dog, or you may know where he was living previously, please contact TLC @ 2622983 or call Tamar @ 9751257796. Thank you.

Books

Dear community, I am collecting English, Russian and Hindi novels to send them to people who really need them. If you have old books that you would like to give away, or would like more information, please contact 9442300574 or birgittavolz@hotmail.com. Love, Birgitta

LOST & FOUND

Mobile phone (lost): Last week on Wednesday I lost my mobile phone, somewhere on the road between International House and Cinema Paradiso. The phone is a Samsung Galaxy smart phone. My email address is: sunseil.tagore@gmail.com - Suneil

Moped TVS key (found): Between Visitor center and Matrimandir. Pass by News & Notes office.

A key (found): With "Rutachea" written on its tag, was found at the Sri Aurobindo Auditorium on Saturday night after the choir concert. The owner can ask for it at the News and Notes desk.

A P P E A L

Help secure the land for Auroville - the material foundation!



Auroville's land is an urgent priority, and everybody's help counts! Our neighbourhood is rapidly changing with incongruous developments, new roads, electricity lines and new housing projects. Only one-third of the Greenbelt land is presently owned by Auroville, and critical plots are needed for the city. The task is big. Join the efforts to secure priority lands today!

Information on the GreenAcres and A4A campaigns, news from the land, videos, photos, flyers are on www.colaap.org. Subscribing to our newsletter will keep you in touch.

We are also looking for a team member to join our activities. If you have secretarial skills and a passion for Auroville, please contact us at: lfau@auroville.org.in / 0413 2622657 and sigrid@auroville.org.in

The A4A - GreenAcres - LFAU team: Aryadeep, Jasmin, Jothi, Mandakini, Sigrid

A C C O M M O D A T I O N S A V A I L A B L E A N D N E E D E D

House-sitting1: Hello! I am Maanasi, a registered volunteer working at Eco femme. I am looking for a house sitting in Auroville from 5nd April to 5nd June, 2016. I am a single woman. I would love to take care of your house and garden, trained by my grandmother in both. Please contact me at: 09566828007 or send me an email at: maanashankar@gmail.com.

House-sitting2: Hello! We are Ismat & Rutu, long-term, SAVI registered volunteers looking for a home-stay or house-sitting in Auroville from April onwards. We'll be in Auroville for 5 months and would love to take care of your house, pets and garden. We will keep your place clean and organized. Please contact us: ismatimaan@gmail.com / rutupatel87@gmail.com / Call Ismat on: 8940521828.

House-sitter1: Seeking an Aurovillian or a Newcomer to house-sit a 2 bedroom house in New Creation Field from April 1 to beginning of January 2017. House has UPS, western toilet.... Contact Kalai or Murugam to see the house: 09047232986 / or house no. 0413 262 2479. Contact Tlaloc (tlalocct@hotmail.com) to discuss contract and expenses.

House-sitter2: We offer a housesitting in our apartment in Realization (it is near Creativity and Vikas) from April 13 to

June 27. The apartment is suitable both for a single person and for a family. It is equipped with everything you need: washing machine, kitchen, hot water, internet, drinking water. We have a dog. It will stay in the house. It is a brown dachshund called Zmey. Zmey is a friendly and playful dog, it is very attached to people. Zmey is a family dog, it lives in the house and needs human society. It can't stay the whole day alone. So, if you are working full-time, this offer is not for you. If you have pleasure in communicating, walking and playing with an affectionate and intelligent dog, this is what you need. Zmey eats some dry food which we will provide. Yury: yury@auroville.org.in

Housesitter3: A small house in the greenbelt. The community is "Espace", behind Transition school. Good for a single or a couple. It is available from the 5th Mai- 28th June. There is a cat that needs to be looked after. If you are interested please call: 9943368410 - Krishna.

Housesitter4: I'll be out for a few weeks starting next week. I am looking for a reliable house-sitter. Conditions apply. Pls. contact me by email, introducing yourself and what you are doing in AV, if interested. Bindu: bindu@auroville.org.in

TAXI SHARING

Rideshare to Vipassana in Tiruvannamalai: Start 20th of April from Pondy. Return 1st of May to Pondy. Would be great to share a taxi (or go together by bus). Ushi: umemail.india@mailnull.com +91 8754136874

April 5th: Leaving to Chennai airport from Center Guest House at 7 am on Tuesday, 5th. April. Please send a SMS if you want to share the taxi: 7289819652. Nina

April 6th: To Chennai airport on 6 April, leaving Auroville around 10 am. Call 2622727. Dorothee

April 7th: Want to share a taxi? Leaving from AV to Chennai Airport at April 7th at 3:30 pm. Contact: [Barbara b.burkel@posteo.de](mailto:Barbara.b.burkel@posteo.de)

April 8th, 12th and 15th: 8th, Friday, leaving for Chennai airport around 7.30 am / 12th, Tuesday, arriving at Chennai airport around 12:30 pm / 15th, Friday, leaving for Chennai city, drop only, around 5.30 am. All cases one person only, sharing both ways possible. Contact: mona@auroville.org.in, 2622 900 / 9443377168, Yantra. Regards, Mona

April 9th: Taxi share to Chennai airport on Apr 9 at around 3 pm. Taxi returns from the airport at around 6 pm. Thanks, Bindu - Ph -91-413-2622794

April 9th: leaving to Chennai Train Station from Reve Guest House around 7 pm. 2 seats to go there, and empty taxi coming back. To share either way, contact Ravi by email: fedeboskivo@gmail.com or call Reve GH: 2622760.

April 11th: To Chennai Airport, leaving Auroville at 5 pm - Contact *Michele*: 7639129212 / kraina99@gmail.com

April 14th: A taxi will leave Auroville on April 14, 2.30 pm, from Discipline to Chennai airport. Anyone wishing to share this taxi, please contact *Meike* 2622510 or 90.47.65.47.61

April 16th: Saturday - leaving from Swayam Yuva community at 5.30 pm to Chennai airport; share both ways - Call *Devayani*: 9943179614

April 23rd: From Chennai airport to Auroville, leaving airport at around 10.30 am. Call 2622727. Dorothee

WORK OPPORTUNITIES

Earth&us is looking for a Project Leader

Earth&us is looking for an experienced and competent project manager to lead a large scale programme and support other projects.

Alignment with Earth&us' values is a prerequisite for the role. Moreover, ability to take responsibility and deliver on time is critical.

For Aurovilians and Newcomers, we can offer a full maintenance and further support in line with Auroville guidelines.

For non-Aurovilians, the offer will be based on experience, skills and the ability to deliver.

For further details, please visit: <http://www.earthandus.org/opportunities/>

Please send us your profile if you wish to apply for the role. You can reach me on: min@auroville.org.in | 91 596 75 955 | 94 867 50 671

Min

Social media management and content writing

Dear friends,

We are in great need of help in Auroville Village Action Group, an Auroville outreach NGO based in Irumbai. We are currently updating our website and need a few people onboard who have previous writing experience.

The work can diversify into social media management and content writing.

Initially, we would like someone who can work full time.

Please contact *Inge* at 8489 2813 86 or the AVAG office directly by mail to: avagoffice@auroville.org.in

Anbu and Moris - Auroville Village Action Group

Designer metal workshop

Looking for someone with experience and interest in setting up a designer metal workshop. We are happy to work with Newcomers and Auroville residents. Please write to: squaredot@auroville.org.in. *Natasha Jain*

HEALTH

Integral Health

Classical homeopathy hypnotherapy midwifery child care coaching

Summertime

Ingo is out of station till July, Sigrid stops consultation between April 20th and July 20th, but is available for follow-up by email.

Malar is keeping up the clinic, provides follow-up remedies, PC remedies, etc.

Okoubaka and PC Shock, PC Allergy, PC Diabetes etc. are available in our remedy box, along with **Harmony** and **Samata**. Just come and take them anytime.

First Aid Kits with 32 remedies are available, description in your choice of language English, French, German and Tamil are available.

PC remedies, information medicine for Diabetes, High Blood pressure and Trauma have shown very effective. We provide 84 PC remedies for trauma, infectious diseases and chronic diseases. The developer of PC remedies is Dr. Harry van der Zee, internationally renowned homeopath (www.arhf.nl)

"Harmony and Samata" are homeopathic remedies carrying the energies of Mother and Sri Aurobindo. The remedies and information can be obtained free of cost, just pick them up in the remedy box.

Consultations are generally held in English, French and German, and Tamil.

Malar is certified in homeopathy and offers consultation for homeopathic First Aid and PC remedies.

Malar is managing the office, mailing of remedies, the FirstAidKits and PC remedies on Mondays, Wednesdays, Fridays 9 - 12 am.

You are welcome to contact us at: integralhealth@auroville.org.in to enquire about the most suitable approach for your health or psychological issue. Please make an appointment beforehand via Integral Health, Prayatna: 2623669

Sigrid sigrid@auroville.org.in , www.sigridlindemann.com /

Peter peterh@auroville.org.in - mobile 9787698464 ,

Ingo ingo@auroville.org.in 9489325085 /

Malar malar@auroville.org.in 9585012007



FOR A REFRESHING SUMMER

Ayurveda health tips

According to Ayurveda, the qualities of summer are hot, sharp, and penetrating. That's why our *pitta dosha* - the subtle energy that controls metabolism - can cause us to overheat. The sun saps the energy from the body, from the plants and the earth, increasing the heat and dryness. Pitta needs to be looked after to maintain a good energy, mental clarity, joyfulness, good digestion and blood circulation and a sound sleep.

When Pitta is out of balance it will give skin problems, hot flashes, exhaustion, indigestion or loose stool. Emotionally, excess Pitta can be irritated, short-tempered, impatient, judgemental, excessively perfectionist...

Before Pitta reaches uncontrollable heights, let's keep it cool and calm:

With the food: As Agni (digestive fire) is naturally weak, it is better to eat light, unctuous (slightly oily), cooling food such as salads and juices.

- Favorable taste: Madhura (sweet) (to take moderately in case of diabetes and high triglycerides). Lavana (salty) taste should be taken reasonably
- Drink water stored in earthen pot
- Raw food/salads should be taken at lunch mainly and cooked food in the evening
- Proteins: from vegetable kingdom (mungdal, chickpeas, beans, sprouts, nuts and seeds), from animal (white meat, fish, seashell, dairies for breakfast or lunch, eggs)
- Cereals for energy: jasmine rice, barley, oats, granola, millet (fermented ragi)
- Vegetables: pumpkin, bittergourd, bottlegourd, snakegourd, ashgourd, cucumber (taken separately), salads (green, rucola...) and green leafy vegetables, broccoli, cabbage, celery, carrots, drumstick (moringa), zucchini, plantain
- Fruits: amla, pomegranate, banana, ramphala, chiku, papaya, lemon, apple, grape, date, watermelon and melon (to be taken separately), bael fruit, coconut, pomegranate
- Beverages: buttermilk, sweet lassi, coconut water, mint, lemongrass, cardamom, chamomile, nannari (sarsaparilla), amla juice, watermelon juice, Hibiscus juice, Aparajita (clitoria terneata), aloe vera juice, vegetable juice, cucumber milk (blend ½ cup of peeled cucumber in 1 cup of milk with a pinch of sugar), electrolyte drink (1tsp of lemon juice + 1tsp of sugar + 1 pinch of salt in a glass of water)
- Other products: ghee, olive or sunflower or coconut oil
- Spices: tamarind, cumin, coriander, black pepper, turmeric, fennel seeds, fresh aromatic herbs (dill, coriander, fennel, mint, parsley, saffron)

Avoid:

- Katu (pungent), Amla (sour) tastes
- Pitta increasing products: sharp spices, fermented, deep-fried, sour buttermilk or curd, red meat, alcohol (strong liquor, red wine), coffee ...
- Drinking beverages coming from the fridge or freezer during meals

Routine to favour:

- Reduce the activities specially between 11 am and 4 pm
- Can take a nap of half an hour after lunch under a neem tree
- Sleep on the roof terrace at night
- Body massage with coconut oil - if there's no time every day to apply oil on the body, then massage ears, hands and feet + pour 4-5 drops of coconut oil on the fontanelle
- Bathe with cool water and apply a paste of sandalwood on the face, heart and lower abdomen (these are the 3 main parts that should remain fresh to maintain the coolness in the whole body); do foot bath in the evening with vetiver roots, rose water
- Protect the body from the heat by avoiding the direct sun, keep a humid towel on the head
- Swimming, Aquagym, any water activities. Qi-Gong, Tai Chi, light running: max 30 minutes early morning or late evening; walks in green environment, forest
- Soft yoga, pranayama (Sheetali, Sheetakari, ida nadi inhalation-left nostril inhalation), meditation with Gayatri mantra
- Walk under the moonlight, full moon bath
- Wear loose and comfortable cotton or silk clothes (white, blue, green, gray colours)
- Cooling jewellery: sandalwood beads, jade, pearl, amethyst crystals, moonstone, silver, aquamarine
- To refresh the ambiance use lemon or orange peel, jasmine flowers, lavender, wet cloth hanging at the open window, vetiver curtains

Avoid:

- Physical exertion
- Direct exposure to the sun between 10 am to 4 pm

Cooling plants for the summer:

- Amalaki - Amla: the fruits are refrigerant and full of Vitamin C, also a Rasayana fruit
- Aloe vera: the pulp is a bitter tonic, rejuvenate the blood and tissues
- Bilva - Aegle Marmelos: the fruits are used in juice and the leaves in a decoction to calm body and mind
- Dhania - Coriander: the seeds are used in urinary infections, kidney weakness
- Japapushpa - Hibiscus: the leaves and flowers are used for hair shampoo and conditioner; the flowers for herbal tea
- Manduka parni - Centella asiatica: the leaves are rejuvenative and a tonic for the brain and nerves
- Pudina - Mint: the leaves are used for herbal tea, recipes and foot bath
- Radha consciousness - Clitoria Terneata: the flowers are used in herbal tea or juice
- Saariva - Sarsaparilla - Nannari: the roots are used in syrup
- Shataavari - Asparagus racemosus: the rhizome is Rasayana (rejuvenative), cooling, calming Pitta, very good for women to harmonize the hormones
- Usheer - Vetiver: the roots are used for bathing
- Yashtimadhu - Licorice: the root is Rasayana (rejuvenative), used internally to refresh the body and when there is irritation, inflammation or ulcer in the digestive tract

Wishing you a light and joyful summer, *Berengere (Bee) in Pitchandikulam Forest and Santé Clinic*



Hello Listeners near and far,

The season of non-stop events is beginning to slow down which gives each of us time to finish our creative programs. We are focused on the Housing need for a team member and her children, while the options of building permission or a purchase are being pursued with the groups, funds will be needed regardless. The Account # 251774 has been opened for this purpose. Contributions can be made via Unity or our donation link site- Please specify Miriam's Family House- or contact us for details at: a@aurovillerradio.org

Thank you all for your help to come out of this "hopeless" housing situation! Our new volunteers Stephan, Murugesan, Cyril are busy recording events and we take the occasion to remind people to cooperate with our volunteers who are not known to all.

Thank you, *AurovilleRadio Team*

These are the latest programs published by AurovilleRadio this week. All the recordings are available in CD or ready to be copied on your memory stick at the AurovilleRadio premises in Town Hall, opposite the Financial Service.

Goudbhava (Music 29/03/2016)

Featuring Bengali Mystical Folk - fusion album Goudbhava by Sudipto Shekhar Mridha. -[English, 44 Minutes]

Mother's Q & A - 07/12/55 (The Mother 29/03/2016)

Mother explains the results of self-consecration. In the true joy of aspiration and self-giving, suffering disappears. -[English, 52 Minutes]

Japanese Play Kanehira (Performing Arts 28/03/2016)

An evening of celebration of students' achievements from Pondicherry University along with a performance of a play - [Tamil, 72 Minutes]

Bhakti poetry in music and dance (Music 28/03/2016)

Bhakti poetry in music and dance performance with Gordon Korstange, Joel Eisenkramer and Madhumita Padnaik -[English, 51 Minutes]

Almost the End of the Season (News from Auroville 28/03/2016)

As it seems with the rise of the temperatures, cultural activities decline. -[English, 7 Minutes]

Savitri, B. 2, C. 3, Part 1 (Sri Aurobindo 27/03/2016)

The King moves into a world of undisciplined Life. He sees Life's high dreams and they take a close shape of reality. - [English, 24 Minutes]

The Peacemakers by AV Choirs (Music 27/03/2016)

The Peacemakers by Karl Jenkins presented by Auroville Choirs, Instrumental Ensemble, directed by Nuria, sound - Joel -[English, 49 Minutes]

Baul Tradition - Enheartening (The Path 26/03/2016)

With Sudipto Shekhar Mridha we talk about the Baul tradition, music, life -[English, 68 Minutes]

Off the Cuff-62 (Performing Arts 25/03/2016)

Flowering trees, porcupines, urban gardens and fund raising for a house! -[English, 12 Minutes]

Pour Tous DC is 10 today! (Service Units 26/03/2016)

Pour Tous Distribution Service is 10 years old! -[English, 13 Minutes]

The Frog Symphonies (Performing Arts 26/03/2016)

Frogs are professional singers with a big variety of voices. Auroville Sociography of frog music. -[English, 10 Minutes]

Reise mit Blumen (Kids & Youth 25/03/2016)

You can listen to all of the programs and more on www.aurovillerradio.org. For more info call 0413-2623331 or email radio@auroville.org.in

Ein Mädchen, das die Sprache der Blumen versteht, und eine sehr spezielle Reise. Erstmals auf Deutsch. -[German, 15 Minutes]

Residents Assembly Preparation (Governance 25/03/2016)

Residents Assembly Decision Making Process -[English, 84 Minutes]

One year of SLI (Educational Centers 25/03/2016)

Sustainable Livelihood Institute has marked yesterday its graceful one year of existence . -[English, 86 Minutes]

Gosain Gaan (Music 25/03/2016)

Gosain Gaan by Sudipto Shekhar Mridha with authentic Baul songs. -[English, 68 Minutes]

Engaging with Unltd Tamil Nadu (Social Development 24/03/2016)

Engaging with Unltd Tamil Nadu, meet Gijs, Victor and Shiva - [English, 29 Minutes]

A Poem for Refugees (Literature 24/03/2016)

A Poem for Refugees evening at Unity Pavilion, as a part of World Poetry Movement -[English, 46 Minutes]

Social Movements, AV Choirs (News from Auroville 24/03/2016)

Today from GM to theater, peak of the weekend will be on 26th and 27th at 8 pm at BN Auroville Choirs in concert - [English, 12 Minutes]

Mother's Q & A - 30/11/55, Part 2 (The Mother 23/03/2016)

Mother explains how to see the true value of what you do, the true way to act and how to take criticism and praise. -[English, 30 Minutes]

Selections par Gangalakshmi-79 (The Path 23/03/2016)

La Synthèse des Yoga;Le Yoga de la connaissance intégrale de Sri Aurobindo- traduite par la Mère -[French, 21 Minutes]

All invited to a 1st Anniversary! (Bio Region 23/03/2016)

Parvathi and Balu from Sustainable Livelihood Institute are inviting us to 1st Birthday of SLI 24th at 4.30pm -[English, 10 Minutes]

Dahel - a River Full of Love (Music 23/03/2016)

Featuring Sahra Halgan Trio with some songs from their album Faransiskiyo Somaliland, released by Budha Musique -[English, 31 Minutes]

S P O R T S

Mixed Martial Arts

Monday 5:30 to 7:00 pm - Dehashakti Gymnasium

Self Defence for Women; Tuesday 5:30 to 6:30 pm - Dehashakti Gymnasium

Free for Aurovilians, Newcomers and Volunteers. Contributions welcome as we are going to buy new MMA gloves for all students! Please come with short nails, clean clothes, not over sweat from previous activities (take a towel with you), and be punctual... because I cannot accept more than 13 students per lesson. For contact: *Giacomo* 9487340778 / giacomoauroville@gmail.com

Ten kilometers barefoot run in the Auroville forests

Running barefoot offers a feeling of freedom and communion with Nature. On the forest trails of Auroville, runners experience an even stronger, blissful feeling. Maybe the energy contained in the earth of Auroville "the City the earth needs"?

We are thus organizing a ten kilometers barefoot race on Sunday, 17th of April at 5pm.

The race will start and finish in Certitude and will take you along many small soft paths of the Auroville forests, mostly avoiding tarmac and rough patches.

This is a barefoot race: no shoes, not even five finger shoes, chappals or socks. You can only tape your toes if you wish.

The new thinking today is that running barefoot is more natural and better than running with shoes. However, be aware that barefoot running uses different muscles from regular running with shoes & that you should practice a few times.

The race is open to anybody above 10 years old - Aurovilians, Ashramites, Pondy and Chennai friends.

Aurovilians can register by sending a mail to: eric.courage@gmail.com, or frederick@auroville.org.in, or fgautier@auroville.org.in. There is no registration fee.

Eric, François, Sukrit, Aurostyle, Frederick

T R A V E L

Latest News from the Travel Shop - Inside India located in Auroshilpam

We are open from 09:00 to 13:00 and from 13:30 to 17:00

Most Airlines offer the possibility to specify in-flight meals while booking a ticket.

Please Hurry: There are few seats available on discounted fares for return flights in June / July.

Insurance: We strongly recommend availing of a Travel Insurance for all foreign travels. Hotel International and Domestic hotels can be booked through us on discounted rates. International Flight Tickets / International Hotel booking, flight date changes - 0413 - 2622078, travelshop@auroville.org.in, Domestic Flight Tickets / Trains / Bus / Travel Insurance - 0413 - 2622604 / 2623030, domestic@inside-india.com, doulat@inside-india.com Tours and Domestic Hotel booking - 0413 - 2622047, insideindia@auroville.org.in

G R E E N M A T T E R S



February breaks Global Temperature Records

Global surface temperatures in February 2016 measured a record 1.35°C warmer than average. This unprecedented leap has led scientists, usually wary of highlighting a single month's temperature, to label the new record a *climate emergency*. It is yet another reminder of the incessant long-term rise in global temperature resulting from human-produced greenhouse gases. 2015 surpassed the record of 2014 for the hottest year ever measured, in data stretching back to 1850. Now 2016 is likely to beat 2015...

The UN climate summit in Paris last December confirmed 2°C over pre-industrial levels as the danger limit for global warming, which should not be surpassed. It also agreed to 'pursue efforts' to limit warming to 1.5°C, a target which now looks highly optimistic... We are hurtling at a frightening pace toward that 2°C warming, and may be closer than we realised to breaching it. We've used up all of our room for manoeuvre. If we delay strong cuts in greenhouse gas emissions any longer, the global surface temperature is likely to exceed the level beyond which lies an unknown, perilous territory.

An additional factor contributing to rising temperatures is the current El Niño event. El Niños are natural cycles of warming in the Pacific Ocean, occurring irregularly approximately every two to seven years, resulting in global changes both in temperatures and rainfall. The present episode is the biggest since 1998; it is peaking now, but the temperature effect takes time to spread around the globe. In the words of a leading scientist at NOAA (the US National Oceanic & Atmospheric Administration): 'Fossil fuel burning and the strong El Niño have pushed CO² levels up by 3.05 parts per million (ppm) on a year to 402.6 ppm. CO² levels are increasing faster than they have in hundreds of thousands of years. It's explosive compared to natural processes.'

Low levels of Arctic ice are further contributing to rising temperatures, according to the UK Meteorological Office, which observes that a record low ice in the Arctic for the last two months has 'released a lot of heat'. These researchers expect global warming to accelerate considerably faster in the coming years than has been the case over the past decade.

Global warming, combined with natural variability, leads to a greater incidence of all kinds of extreme weather events. Heat waves have scorched China, Russia, Australia, the Middle East and parts of South America in the last two years. While many regions suffer droughts, floods are estimated to have become 40% more likely by climate change, and there is a marked increase in violent storms. All these phenomena are only too obvious, impacting hundreds of millions of people every year, undermining or destroying their livelihoods, homes and environment. The World Bank estimates that over the last 30 years, \$1 out of every \$3 spent on 'development' has been lost as a result of such recurring crises, a total loss of \$3.8 trillion worldwide.

Surprisingly, global warming was predicted as early as 120 years ago, in 1896, by a Swedish scientist, as a likely effect of coal burning. Half a century ago it was common knowledge, and a report of the US Environmental Protection Agency in 1983 stated that global warming was 'not a theoretical problem but a threat whose effects will be felt within a few years', with potentially catastrophic consequences. Perhaps the strangest riddle is how the same country's Republican Party can still persist in outright denying climate change... A recent article by an environmental psychologist at a Canadian university examines in detail '33 Reasons Why We Can't Think Clearly about Climate Change' - and 'why mankind isn't acting to stem global warming'. Hopefully such studies can help addressing some of the root causes of the slow response to the global emergency at individual and collective level.

In the meantime, while Sustainability has become an accepted priority - aiming at preventing further damage to the planet's fragile health - politicians increasingly discuss 'Climate Adaptation' and 'Climate Resilience', i.e. how to increase the survival chance of populations directly affected by climate change. More and more we also hear the call for 'Climate Justice'. As declared by the Global Justice Ecology Project: '*Countries of the Global South are entitled to resources and technology to make a transition to a low-carbon economy that does not continue to subject them to crushing poverty. Indigenous Peoples, peasant communities, fisher folks, and especially women in these communities, have been able to live harmoniously and sustainably with the Earth for millennia. They are now not only the most affected by climate change, but also the most affected by its false solutions, such as*

agrofuels, mega-dams, genetic modification, tree plantations and carbon offset schemes. Climate Justice seeks to address four key themes: root causes, rights, reparations and participatory democracy.

Meanwhile, for all of us who have access to information, are neither stuck in denial nor paralysed by despair, the most obvious question is: *What can I do to help stem global warming?* A google search with this wording brings up over 38 million links!! Many of the suggested measures relate to a sophisticated lifestyle with a considerably higher footprint than ours in Auroville. Some are interesting news, such as the option - in parts of the USA - to 'pick a Green-e-certified energy supplier that generates at least half of its power from wind, solar energy and other clean sources' ('clean' understood as neither nuclear nor hydropower). But there are plenty of good points, from being conscious consumers and active citizens, to buying local & organic, using green transport, countless ways to save energy, water and other resources, minimising waste, greening our architecture and households... The fact is, we can make a green turn at almost every moment of our daily life. It's not always obvious - but let's assert our freedom to choose!

For AVGreen Center: *Lisbeth, Jasmin & Bridget* - avgreencenter@auroville.org.in

Sources: UK Met. Office, The Guardian, NOAA, NASA, Potsdam Institute of Climate Impact Research (Germany), & various websites.

The April Sunday walks are the last ones this season, don't miss them!

Sunday 3 April, 9 am: Baraka, with Achilles.

Directions: Ca. 15 minutes cycle ride from Solar Kitchen. Pass the Matrimandir main entrance; follow the road to the north past the Kottakarai turn-off, at the next crossroads turn right into the GreenBelt road. Follow this road, from its paved beginning past the Youth Center and Transition to the entrance to Dana. Opposite Dana you see on your left side the gate to the Baraka forest community; follow the winding road to the parking. Tel 91594-48069.

Sunday
walk
Farms & Forests

Sunday 10 April: Sadhana Forest. 3.30 till evening, with Aviram.

The Sadhana Forest community generously offers a bus from Solar Kitchen, a vegan dinner, and bus back to SK. Details in the next N&N.

Walks are announced weekly in the News & Notes and AuroNet with details, directions and contact tel nos. Look out for the green posters on Auroville's main noticeboards for an overview of the walks.



An Open Letter to Entry Service

Dear friends at Entry Service,

Though I have been in dialogue with you over the Gaurav Chhabra case, I've seen in the News and Notes that you have already gone ahead and announced the rescinding of his Newcomer period.

I see this act as brushing off some serious objections on your process and decision, as well as a lack of trust, faith and experience in someone's capacity, in this case me, who has taken the time to discuss this in the most humble ways one can in the given situation.

I have had communication with a few of you over this but still you did this announcement and couldn't wait for a few days till we met. I find it insulting enough to not meet you officially over this issue. However, as the case is regarding someone's prestige and is damaging enough for any individual with integrity and commitment to Auroville, I would still request you if you want to accept the error.

If this is not an error or miscommunication or lack of communication within your group, and if this is a deliberate decision, there is absolutely no point to discuss this any further. This shows an incapacity for dialogue, deliberations, and is in fact very insulting for senior committed Aurovilians like us whose point of view does not matter to this group of entry, where most of you are known personally to us, as well as many who have come to Auroville in our remembrance and have been welcomed to Auroville with an open heart.

I personally feel anguished, as visible from my letter to you here, that you have to take such a step and close your doors to any dialogue on this issue. This is a way which is self-destructive for our groups functioning and collective decision making processes. This is also reminiscent of the old dark days of Auroville's history when such incidences were common.

We are part of a country and a culture that has welcomed each one of us with an open heart, with a statutory body like the Auroville Foundation supported by the constitution of India. The least we can do is to respect our charter and our processes of collective decision making, not to define collective by a few of us with our incapacities and prejudices.

Excuse me for my language, but I am not willing to meet any of you or have a dialogue unless and until this announcement in the News is taken back. This is to simply create a faith in our processes when we have requested a status quo in several email communications we had over the past week.

Kindly establish the trust with me, fellow Aurovillian and others, who want to have an open dialogue for this case - of course, the whole process of entry needs an overhaul, or this group, now.

Thanks and regards, *Dharmesh Vikramsinh Jadeja*

Reply to Dharmesh's Open letter

Dear Community Members,

We, at the Entry Service, acknowledge the feedback on Dr.Gaurav CHHABRA's process. In case anyone has questions regarding the same, you are welcome to approach us.

Love and Light, *Your Entry Service*

10 Years of PTDC - an Appreciative Poem, a few Suggestions for the Future

On 25th March 16, PTDC celebrated its 10 years of existence. Following it by way of appreciating and thanking the people behind this shining and successful project and activity of Auroville.

In one of his last writings, in 1949, Sri Aurobindo added a postscript chapter to his book "The Ideal of Human Unity" wherein he wrote: "The indwelling deity who presides over the destiny of the race has raised in man's mind and heart the idea, the hope of a new order which will replace the old unsatisfactory order and substitute for it conditions of the world's life which will in the end have a reasonable chance of establishing permanent peace and well-being. Ref: *Collected Works of Sri Aurobindo, V. 25, The Ideal of Human Unity, Postscript Chapter, p. 586*)

10 years of PTDC - An Appreciative Poem

Triumph of an idea, a futuristic idea
Triumph of an ideal, an elevating ideal
Triumph of the vision, an ennobling vision
10 years of PTDC

The new avatar of Pour Tous
Traveled from periphery,
To the centre of the city
And rejoice
It turns into a significant artery
Of the body collective
10 years of PTDC

A centre of wholesome nourishment
A point of unexpected meetings
Converging convenience with cooperation
Propelling the beautiful experiment
10 years of PTDC

A service center which
Promotes what must be promoted
Actualizes what must be actualized
The comradeship of consciousness
A communism beyond Karl Marx
10 years of PTDC

A sparkling stream that joins the great river
A happy flow within the fermenting future
A strong branch of the immortal 'Banyan'
A fragrant flower that blooms evermore
Perpetual progress to you, PTDC,

An economy of abundance is on the horizon
A post-capitalist society is in progression
A family of the future is in formation
A living sense of unity is on the skyline
Perpetual progress to you, PTDC

Aryadeep (25.03.16)

Suggestions for future development:

1) Keep yourself in touch with the latest technological developments and try to bring whatever is feasible to PTDC. For example, in Germany there is a food store which integrates in its premises cupboard size vertical farms which offers fresh vegetables and salads. Try to install at least 1 or 2 cupboard size vertical farms inside PTDC so as to provide fresh salads to Auroville and to be in tune with the times we live in.

2) Look into the possibility of creating a special high quality health section. **Explanation:** According to one futurist, in the coming era of abundance, the present social organization and life style will see many radical changes. People will be so much free that their main occupation will be maintenance and improvement of health. Let PTDC make a beginning in that direction. I know a few things that can improve the health significantly. **A)** The Neem stem / stick. If you use neem stem / stick for chewing & brushing the teeth and gargling mouth for just 4 minutes a day, you will have lifelong strong healthy teeth and it will have many positive effect on overall health as well. **B)** Try to make available Wheat Grass juice. Literature about its beneficial impacts abounds in alternative nourishment literature. **C)** Sprouts of various seeds including wheat, sunflower seeds and a host of other things, if made easily available, could also be an important addition to PTDC's health section.

3) Start PTDC online: List all the items which can be sent using a new set up of courier service within Auroville. The idea of course is to de-link money from necessity. People can have what they need and contribute what they can online.

4) Dream to expand. Imagine that there can be, of course on a humble scale to start with, branches of PTDC elsewhere, say, PTDC Chennai, PTDC Puducherry and so on in other cities. This because honest people can be found everywhere who really would like to try out a new experiment of shared economy which is better than the system they have now.

Happy sailing, PTDC team! Thank you the work, for spreading happiness and hope, and also for your wonderful messages from time to time.

Note: This is an abridged version of a larger article. The complete version can be found on Auroville Intranet post dt. 25th March by the author or alternatively, send an email to author aryadeep@auroville.org.in

Aryadeep

Who should be called a 'Friend of Auroville'?

This is a reflection on the 'Friends' aspect of the proposed new Entry policy, which I believe is on the whole a great step forward. I apologise for having woken up late, after ample time had already been given for discussing the proposal - and I'm aware that opening up a discussion at the last moment is not the ideal. To be honest, I might not have woken up at all, were it not for hearing the concerns of several people who are directly affected by the proposed rules about 'Friends of Auroville'. I tried to trace earlier discussions on the subject, but could find only a few recent isolated comments.... (Could it be that for most of us, this topic is too remote from our daily life, and we gladly leave policy-making to others 'with more expertise'...?)

In a nutshell, I would like to ask the community to consider two points: Firstly, that the label 'Friend of Auroville' carries a deep and precious meaning, and there are many supporters and benefactors of Auroville who do not qualify to be 'friends' under the proposed policy. And secondly, that to be a 'Friend of Auroville' should be a matter of merit and commitment rather than one of wallet.

I am convinced that the proposed policy on 'Friends' has come out of a genuine need to fill a gap, and has been drafted with the best intentions. However I believe there is a need to reserve the designation of 'Friend' for the vaster category of people who are close to and willing to support Auroville. Some examples: 'Aurovilians by heart' who actively help and collaborate, but may or may not come

and stay in Auroville, whether occasionally or regularly. Ex-Aurovilians who remain in active contact, but whose conditions - financial, health or other - don't allow them to visit. Friends from the Ashram (many of whom have supported and continue to support Auroville very substantially), active supporters from other networks or without particular affiliation... Friends of Auroville may live overseas or in India, in Pondy or in the villages in our own neighbourhood... I believe that Auroville needs many, many friends, in all these places and in all these ways - in other words, a large, solid and evolving basis of 'Friends of Auroville' is important, both internationally and locally, and it will be good to establish ways to duly acknowledge all of these precious supporters and allies.

Since there is a need for creating a special status for regularly visiting friends of Auroville, can a different name be chosen for this group, so that we don't preclude the vaster base of friends and supporters? (What about 'Visiting friends' - or hopefully something better can be found?)

As for the conditions, ideally, everything will go well and the new rules will ease the life of our devoted visiting friends. I see however some potential risks. While the typical Newcomer has made a big step and an existential commitment to Auroville (by leaving behind the previous home and life, and going through the exacting period of newcomership which is often an initiation), the only condition for a 'Friend' would be an interview with Entry service. How can Entry or the community - who is invited to give feedback - get to know someone who only visits occasionally, and is merely 'encouraged' (!) to contribute, either through work and/or finance? It has been said that 'Friends' would contribute to solving the housing crisis by financing apartments or houses; but it seems to me that if someone is wealthy enough, (s)he can 'buy' a home in Auroville on a 'time-share' basis for up to 9 months per year, and has a say in who gets to use it for the remaining time, with minimal obligation towards Auroville. Will the Housing Service be able to shoulder the administrative burden of such a system; will Entry be able to assure that only genuinely committed friends of Auroville get awarded this privileged status? I would humbly suggest allowing another round of constructive discussion on this particular policy.

With thanks to all who have given their time and efforts!

Jasmin

The birds a flutter...

The birds a flutter in my eyes
The wind a murmur behind me
Only the echo of the soul
Bouncing back.

Anandi (Realization)

For your calendar



AMPHITHEATRE - MATRIMANDIR

Meditation with Savitri read by Mother to Sunil's music
Every Thursday at sunset

From 6.00 to 6.30 pm (weather permitting)

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all:

The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not to use cameras, I-pads, cell phones, etc.

Dear Guests, please carry your Guest Card with you - No photos there.

Access only for the Amphitheatre from 5.45 to 6.30 pm.

Please be seated by 5.55 pm

Amphitheatre Team

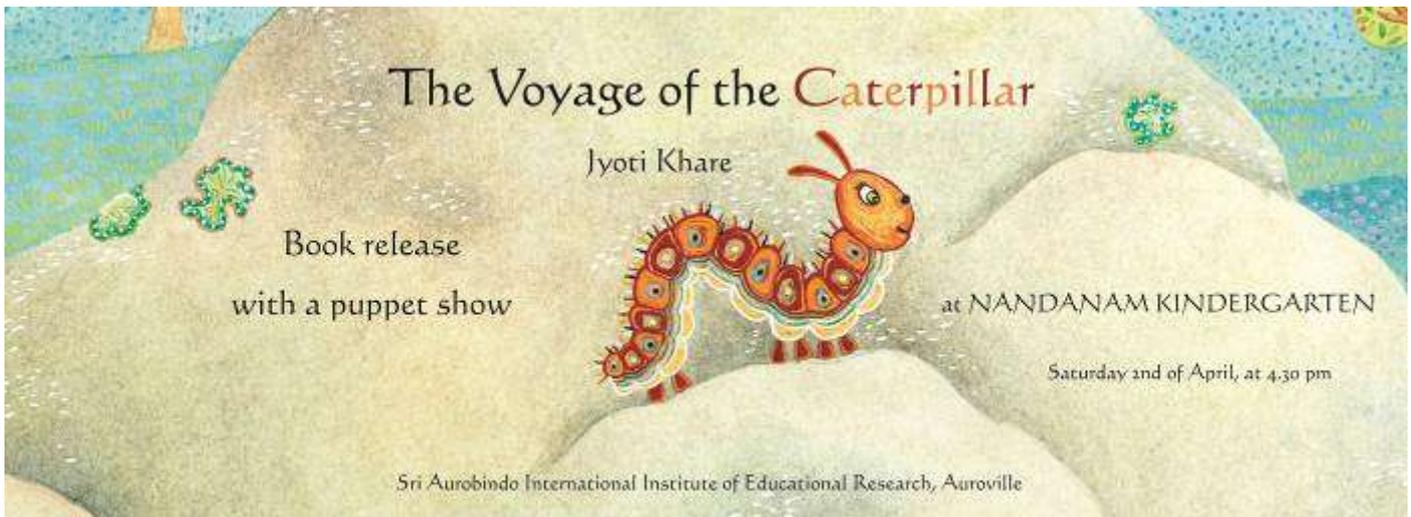
INVITATIONS

TLC OPEN HOUSE

The Learning Community (TLC) would like to invite you to our open house on **Thursday 8th of April** at TLC base camp (opposite Dana community) Join us between **2 and 6 pm** for exhibits, games and various themed stalls; visit the Dew Drop Inn tea stall and enjoy refreshments prepared by the kids...

Looking forward to seeing you there!

Much love, *TLC*



“THE VOYAGE OF THE CATERPILLAR”

You are invited for a book release with a puppet show
At Nandanam Kindergarten, 4:30pm, on Saturday, 2nd of April.

“The Voyage of the Caterpillar” is a children book written and illustrated by Jyoti Khare.

Sincerely,
Lijun for Saiier

UPDATED SCHEDULE FROM SANKALPA ART CENTER

International Zone (just behind Pavilion of Tibetan Culture)

Mandala & Meditation: Join us for a simple collective mandala creation with flowers, a brief reading from Savitri and meditation. Please bring your enthusiasm and any flowers collected on the way to our new art center for this unifying and creative experience.
Every day (Monday-Friday) from 7:15 to 8:15 am with Annabelle, Sankalpa volunteer

Expressions of Bharatanatyam: A regular class now open to all. Offered by Neela Bhaskar, volunteer in Auroville and dancer with 16 years of experience, from Chennai.
Mondays from 5:30 to 6:30 pm with Neela

Art Corner: Open community art space with different themes and experiments each week. With one special request we realized this space is ideal for sending positive messages to anyone in need, please contact us with requests in advance.
Tuesdays from 6 to 9 pm, upstairs at Le Zephyr café in Visitor’s Center
Fridays from 4 to 6 pm, at the Art Cart, parked on the Visitor’s Center stage

Look forward to creating with you!

Krupa, Iyyappan J., Amuda & Annabelle

www.sankalpajourneys.com / facebook.com/sankalpajourneys



RAINBOW SWAN GYMNASTICS STUDIO

Invites interested children **age 5 to 10** to attend the audition for the 2016 - 17 school year.

Auditions will be held on Saturday, April 16th and Sunday, April 17th.

Kindly register with: terra@auroville.org.in - providing your child's name and date of birth.
 The timings will be arranged individually.

EXHIBITIONS



PROGRESSION

EXHIBITION BY:

Carla Sello

CENTRE D'ART – CITADINES / AUROVILLE // 2 to 13 APRIL / 3.00 – 6.30 pm.

INAUGURATION: Saturday 2 APRIL 2016 / 6.00 pm

Opening the exhibition, the singers Carla Rosa Gileno, Paula Murphy and the video of Carla Sello with music from composer Gheorghe Iovu.

Kala Kendra - Center for Arts in Bharat Nivas - The Pavilion of India
Presents

RAINBOW III

(An exhibition of paintings) by Nurten Sozeri, Turkey

NEITHER GOOD,
NOR BAD
HAVE EVER TASTED.
THEREFORE WARS,
THEREFORE PAIN,
THEREFORE DUALITY
HAVE EVER BEEN EXPERIENCED.
FOR A WORLD WHERE ONLY
LOVE & FREEDOM EXIST.....

About the Artist

Nurten Sozeri is from Turkey and has studied Economics and Administrative Sciences at Marmara University. She began painting in 1987 at Orhan Tahlan's studio and later at her own since 1996. She has participated in many cultural exhibitions and held over twenty solo exhibitions. She is a member of the UPSD branch of UNESCO A.I.A.P. Artists. Nurten Sozeri lives in India since 2014.

From Monday the 4th of April, 2016 till Tuesday the 26th of April, 2016

Inauguration on Monday the 4th of April, 2016 at 5:30 pm

At KALA KENDRA - Center for Arts in Bharat Nivas - The Pavilion of India

All are Welcome (Refreshments will be served)

CULTURAL EVENTS

THE GREAT EVENT

AT SAWCHU (Bharat Nivas) | 8 pm | 2nd of April - Saturday

Celebrating the occasion of the descent of the Supermind on the 29th of February 1956
Its fifteenth anniversary being in 2016.

Gratitude at the Lotus feet of the Mother and Sri Aurobindo.

A Musical offering by the Ashram music group
(Lakshmi, Ela, Aloka, Uttam, Bryce, Gowrishankar, Tapan, Deepshikha)

THE FOOL TRIES & BUTTERFLIES

(Introducing the Mime Menu)

Three MIME performances at **The Dreamer's Cafe**
At the Visitor's Centre
By **BLIP (Drupad)**

On Friday 1st April - 4pm to 7pm
On Saturday 2nd April - 4pm to 7pm
On Sunday 3rd April - 10am to 2pm

All are welcome....!!!

CLASSES, WORKSHOPS

SOMATIC MOVEMENT WORKSHOP with Maggie

Saturday 9 - Sunday 10 April 2016

9.30 AM - 5.00 PM (12 hours)

Quiet Healing Center (tel. 2622646 / 9488084966)

A 2-day neuro-muscular re-education (mind-body training)
workshop in the tradition of Thomas Hanna.

Somatics is a system of slow, mindful movement. It improves the function of the nervous system, creating more ease and freedom within ourselves. Somatics teaches us to recognise and release holding patterns, resulting from pain, injury, stress or habituated posture, and enhances any kind of exercise such as yoga, dance, sport or just moving through life.

You will also learn a daily practice in order to maintain better flexibility, coordination, balance and wellness, resulting in a

decrease of aches commonly attributed to stress, injury and aging.

Maggie is a certified Somatic Movement Educator and graduate of the International Institute for Somatic Movement Education (IISME). She is also a highly experienced massage therapist, and has been working in the field of pain relief for over 15 years.

WATSU & ELEMENTS OF VIPASSANA with Petra

Wednesday 13 - Tuesday 19 April 2016

7.00 AM - 10.00 PM (25 hours)

Quiet Healing Center (tel. 2622646 / 9488084966)

Watsu is considered as one of the most profound developments in bodywork in recent times; it brings the giver and receiver to a new level of connection and consciousness that involves our whole being.

Vipassana, which means to see things as they really are, is one of India's most ancient meditation techniques. Vipassana is a way of self-transformation through self-observation. It focuses on the deep interconnection between body and mind, which can be directly experienced.

In this retreat, we combine elements of Vipassana meditation with the depth and practice of Watsu to encourage the search for our inner emptiness. While isolating us in silence from all external contact, we will enter into a deep contact with our inner self. This journey of observation and self-discovery can bring us to the roots of our mind and dissolve mental and emotional impurities, giving us back balance, love and compassion.

This is a 7-day residential retreat, during which we stay for the entire time in isolation on the premises of the Quiet Healing Center.

INNER-WORK-WORKSHOP

Introduction to the Integral Yoga of Sri Aurobindo and the Mother

5th April (Tuesday)

• Overview with multimedia presentation • Questions and Answers • Practice in Daily Life • Complimentary Concentration Exercises

• Creative Arts, Interactive Games • Life of Sri Aurobindo and the Mother • Introduction to the Reference Books

Focus this week on: 'The Synthesis of Yoga'

These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.

Place: Savitri Bhavan. Time: 9 am to 12 Noon (pl be present by 8.50 am for preliminary study)

Led by Ashesh Joshi. Contact: 9489147202, 2622922

No Registration required (except for groups). Fees: Voluntary Contribution

All are welcome

For details on the Integral Yoga and the upcoming workshops: please visit www.integralyoga-auroville

WORKSHOPS IN VÉRITÉ

(24 hour advanced registration required)

Please contact Vérité to register for the following workshops: 0413 2622045, 7094104329 or programming@verite.in

Contributions requested from guests/volunteers (volunteer reduction by advance application only)

• FRESH PERSPECTIVES with Julie

Thursday 7 April - 9.15 am to 12.30 pm

Are you at a cross roads in your life? Are you going through a transition? Do you want to get unstuck? In this dynamic and interactive workshop we'll explore how you can create clarity, make conscious choices and move forward. Join certified life coach Julie to get fresh perspectives on your life.

JULIE is a Certified Life Coach from the Coaches Training Institute in London. She combines her extensive coaching, yoga and business consulting experience to facilitate clients finding insight and purpose.

• MERIDIANS & YOGA with Yaor

Friday 8 April - 9 am to 3.30 pm

The term "meridians" comes from Traditional Chinese Medicine (TCM) and describes the energetic channels that move and flow inside the body. TCM discovered 12 main meridians that are responsible for the circulation of qi (life energy or prana).

People often carry blockages in one or more meridian, which can result in pain, problems, and disease. The purpose of this workshop is to open the meridian channels.

Part one - you will learn about the functions of the meridians and five elements theory. Part two - You will learn a series of meridian exercises and yoga asanas (standing, sitting, prone and supine) which are easy to practice at home on a daily basis. Kids age 10 and above are also welcome!

Note: The full day workshop allows more time for practice and guidance for the exercises. You are welcome to join either or both of the sessions.

YAOR is in Auroville as a Savi volunteer. He has completed a 2 year senior diploma in Zen Shiatsu therapy and Traditional Chinese Medicine, and has studied Hatha Yoga with Surinder Singh.

• FLOW THROUGH LIFE WORKSHOP with Julie

Wednesday, 13 April - 9.15 am to 12.30 pm

Are you holding on to your emotions? Do you keep experiencing the same patterns and want to create more flow? Learn how to process your emotions so you can access your intuition more fully. Join Julie for this workshop to explore how to turn emotions into energy in motion. You'll feel relieved and full of energy to move forward.

AVIVA'S METHOD FOR WOMAN (Hormonal Dance)

Venue: Arka, 9 April 2016 Time: 9 am - 1:00 pm

Naturally and easily regulate your hormones and change your life! In a half day long program learn a 30 minutes long "Hormonal Dance" that was created and researched by Hungarian women since the 70's. Dancing the precise form twice a week stimulates and harmonizes the hormonal system. This can help to regulate and schedule the period, eliminate difficulties of menstruation, pre-menstruation and the symptoms of menopause, be used as a contraceptive method, help conception in case of infertility, to result or stop lactation, to cure cysts, fibromas, endometriosis, to preserve youth and to lose weight, to protect from osteoporosis and many more benefits. Dress as for yoga. Aviva Method is an internationally acknowledged and protected method, and the trainers are recognized trainers by the Indian and International Aviva Training Institute. For more information please check our website: www.avivamethod.in

AV THEATRE GROUP WORKSHOP CONTINUES

Dear Friends:

We are continuing with our exploration of the sources of ENERGY IN PERFORMANCE.

Where does it come from, how do we hold on to it, how do we use it, how do we share it?

Please join us!

Wednesday and Saturday at 7:30 pm at CRIPA in Kalabhumi.

For more information, please call Jill at: 9486416173

SOLITUDE ORGANIC CAFE COOKING

Here is the Green Vegan Ice Cream, one of the recipes we taught at Solitude Organic farm Café Cooking Workshop last Saturday.

Recipe: Green vegan ice cream

Ingredients: 5 cups mixed leaves; chicken spinach; sweet basil; rosella leaves; mint; fennel; parsley; 6 - 8 bananas; 2 cups coconut milk; 5 dates (optional); 1 tsp vanilla powder.

The making: mix all the ingredients in a blender; Freeze overnight; Crush it next morning and mix again to ice cream consistency.

April 2nd, 9th and 16th are the other 3 dates to the workshop presented by Sarah Kundig. These workshops empower you to understand local foods and how to use them. The workshop starts at 3:00 pm and ends at 4:30 pm on Saturday with each workshop we offer a basket offer fresh fruits and veg with which you can practice what you have learnt. Please Reserve - *Krishna Mckenzie*, 9843319260.

COUPLES RETREAT - HEARTS IN HARMONY

Friday to Sunday, 15-17th April 2016

Stress and fatigue are the enemies of any relationship. Many couples end up disconnected due to the pressures of modern life. The solution and the way back to love, lies in a process that most couples are unaware of, and/or have not put in place within the relation. In this Residential Retreat, couples learn how to blend playfulness into the relationship, with exercises designed to keep the relation both healthy and strong, to start moving forward again.

The aim of the Retreat is to create joy, love, passion and intimacy, and set the foundation for a lifetime of togetherness. This is open for a maximum of 5 committed couples only. To register please call: 9843948288, or email: info@aurovilleretreat.org. For more info, please visit: <http://aurovilleretreat.org/retreat.php?subj=75>.

PIANO OPEN HOUSE

With Shakti's students (children and adults), beginners level.
At Cripa on Sunday 3rd of April at 10:30 am.
All are welcome

BADMINTON CLASSES AT CERTITUDE

We will be giving badminton classes for anyone who is interested to have some fun in learning badminton. The classes will start from the first week of April. We will have classes on Wednesdays, Fridays and Saturdays from 4 pm to 5 pm - for all different age groups.

Please contact Palani: 9443535172 / Bharathy: 9751110018 / Lkahsmi : 9487562218

SCHEDULES

SAVITRI BHAVAN

April 2016

EXHIBITION

Meditations on Savitri

Book 2: The Traveller of the Worlds, and Book 3: The Divine Mother

110 paintings made by Huta under the guidance of the Mother, continues in the picture gallery.

FILMS

Mondays 6.30 pm (except 4th April)

April 11: *On The Mother - The Character of Psychic Guidance and Protective Grace*

M.P.Pandit explains in detail about psychic guidance and protective grace. The talk was delivered in March 1990. Duration: 31min.

April 18: *The Teachings of Flowers - The Life and Work of the Mother of the Sri Aurobindo Ashram -*

Produced and directed by Loretta Shartsis in 2011, Cinematography by Caren Lindfield,

Music by Jean-Christophe Bonnafous. Duration: 121min.

April 25: *Meditations on Savitri - Books 8 and 9*: A film by Manohar of Huta's paintings, illustrating passages from *Savitri* read by The Mother and accompanied on her own organ music. Duration: 47min.

Special performance

On Monday 4th April, to celebrate the 106th anniversary of Sri Aurobindo's arrival in Pondicherry

SILENCE IS ALL - a poem by Sri Aurobindo

Will be performed in MIME by Drupad along with the students of Deepanam School from 7.30 to 8.15 pm

REGULAR ACTIVITIES

Sundays 10.30-12 noon: *Savitri* Study Circle

Mondays, Wednesdays, Fridays 7-8 am: Chanting Sanskrit Hymns in the Hall

Mondays, Tuesdays, Fridays 3-4 pm: *Yoga and the Evolution of Man*, led by Dr. Jai Singh

Mondays 5-6 pm: *The Upanishads*, led by Dr. Ananda Reddy

Tuesdays 5-6pm: *Let us learn Savitri together* led by Sudarsan in Tamil

Tuesdays 5.45-7.15 pm: OM Choir (*details below*)

Tuesdays, Fridays, Saturdays 4-5pm: *L'Agenda de Mère*: listening to recordings with Gangalakshmi

Wednesdays 5.30-6.30 pm: Reading *The Life Divine*, led by Shraddhavan

Thursdays 4-5 pm: *The English of Savitri*, led by Shraddhavan

Fridays 5.30-6.30pm: *Meditations with Sri Aurobindo's Hymns to the Mystic Fire*, led by Nishtha

Saturdays 5-6.30 pm: *Satsang* led by Ashesh Joshi

OM Choir

The voice that chants to the creator Fire,

The symbolled OM, the great assenting Word (Savitri p.310)

In 1961 the Mother gave the *adesh* to Narad to bring down a new music. She said that one must go far above words and bring down the pure Music. Mother told us to sit in a circle and have no preconceptions as to what we would sing but to be silent and let the music descend in us. The OM Choir aspires to bring down the New Music for the New World in a collective body. We sing only OM, the creative and effectuating Word, after starting with warming-up and voice exercises given by Narad.

Full Moon Gathering

Thursday 21th: 7.15-8.15pm in front of Sri Aurobindo's statue

Digital Library: multimedia facilities for individual study

This space offers individual computer access to a large range of audio-visual materials. All the recordings of courses, guest lectures and special events held at Savitri Bhavan are available, as well as much more. Aurovilians, visitors and volunteers are invited to make use of this opportunity to increase their knowledge and understanding of the vision of Sri Aurobindo and the Mother and the aims and ideals underlying the experiment of Auroville.

Exhibitions, Main Building and Office are open Monday to Saturday 9-5

Reading Room and Digital Library are closed on Saturdays

Everyone is welcome

ARKA WELLNESS CENTER APRIL - 2016

Phone: 0413-2623799 / Website: www.arka.org.in

THERAPIES

WHAT WE PROPOSE	WITH WHOM	WHEN
Cranio Sacral, Lomi Lomi massage & Bare foot body massage	SILVANA by appointment 9047654157	Monday to Saturday
Body Logic, Soft Massage And Deep Tissue Massage	PEPE by appointment 9943410987	Monday to Saturday
Holistic Reflexology, Full body massage, Face Massage,	MEHA by appointment 9443635114	Monday to Saturday
Acupuncture	Dr. MOHAMMED SAHEL ANSARI by appointment 9994208068	Monday, Wednesday and Friday
Yogic Healing Therapeutic Massage	BASU - by appointment 9443997568	Monday to Friday 8 to 9:30 am & 6:00 to 7:30 pm. Saturday & Sunday any time.
Psycho Spiritual Tarot, Deconditioning Self-Inquiry & Innervoice Dialogue	ANTARJOTHI By appointment 0413-2623767 or Email : antarcalli@yahoo.fr	Also in French.
Deep core massage	SUMIT by appointment 07839062619	Monday to Saturday

BEAUTY PARLOR

WHAT WE PROPOSE	WITH WHOM	WHEN
Holistic Reflexology, Full body massage, Face Massage, Cleaning, manicure, pedicure, threading, waxing, henna & hair coloring.	MEHA by appointment 9443635114	Monday to Saturday
Hair dressing	ONGKIE - by appointment 9843930178	Monday to Friday
Hair dressing	YUVAL appointment 7639291546	Monday to Friday

Internet facility is available in Arka: Monday to Saturday - 9:00 am to 4:30 pm.

BAMBOO CENTRE TRAINING PROGRAM FOR APRIL - 2016



Auroville Bamboo Centre runs many workshops throughout the year for visitors who book and pay for the courses. We do have various conditions that we hope you understand and agree with.

Training and Workshop

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

The Auroville Bamboo centre offers training to individuals and groups in:

Bamboo Furniture: 18th of April to 20th of April: -3 days - Bamboo Furniture Workshop

Bamboo Construction: 25th of April to 28st of April: 4 days - Bamboo Construction Workshop

Bamboo Jewellery: Every Thursday, Friday & Saturday of March: -9.30am to 12.30pm - Hands On Experience on Bamboo Jewellery

Bamboo Toys: Every Thursday, Friday & Saturday of March: -9.30am to 12.30pm - Hands On Experience on Bamboo Toys

Bamboo Musical Instruments: Every Thursday, Friday & Saturday of March: 9.30am to 12.30pm - Hands on Experience On Bamboo Musical Instruments

Bamboo Carving: Every Thursday, Friday & Saturday of March: -9.30am to 12.30pm - Hands On Experience on Bamboo Carving

The program will consist of learning inputs: theory, instruction, demonstration, and practical work.

Contribution: Contributions requested from guests/ Volunteers.

Flexible training dates offered to groups. Contact: 0413-2623806, 2623394 / bambooworkshop@auroville.org.in /

www.aurovillebamboocentre.org

F I L M S



C I N E M A - Bharat Nivas - AUDITORIUM

Reminder: Friday 1 APRIL - "YOYO" by Pierre ETAIX, France, 1965

FRIDAY 8 APRIL- 7:30 pm (Film show starting at 7.45 sharp)

"NOSTALGIA DE LA LUZ" - NOSTALGIA OF THE LIGHT

Directed by Patricio GUZMAN, Chile, 2010

Synopsis: For his new film, master director Patricio Guzmán, famed for his political documentaries, travels 10,000 feet above sea level to the driest place on earth, the Atacama Desert, where atop the mountains astronomers from all over the world gather to observe the stars. The sky is so translucent that it allows them to see right to the boundaries of the

universe. The Atacama is also a place where the harsh heat of the sun keeps human remains intact: those of Pre-Columbian mummies; explorers and miners; and the remains of political prisoners, "disappeared" by the Chilean army after the military coup of September, 1973. So while astronomers examine the most distant and oldest galaxies, at the foot of the mountains, women, surviving relatives of the disappeared whose bodies were dumped here, search, even after twenty-five years, for the remains of their loved ones, to reclaim their families' histories. Melding the celestial quest of the astronomers and the earthly one of the women, NOSTALGIA FOR THE LIGHT is a gorgeous, moving, and deeply personal odyssey.

Original Spanish version with English subtitles - Duration: 1h.47'. A screening in collaboration with the Embassy of France, New Delhi.



THE ECO FILM CLUB

Sadhana Forest, April 8th, Friday

Schedule of Events:

16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour

16:30 Tour of Sadhana Forest

18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club

18:30 Eco Film Club begins with "previews" of short Sadhana Forest films

20:00 Dinner is served

21:30 Free bus from Sadhana Forest back to Solar Kitchen

Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film you are welcome to join us for a free 100% vegan organic dinner!!

SEEDS OF PERMACULTURE

2014, 88 minutes, English, Production Co: AHOOHA

An interactive documentary about permaculture in the tropics. Set against a beautiful Thai backdrop, the film takes a look at two permaculture education centers where visitors from all over the world come to educate themselves to be self sufficient, produce no waste, build their homes, gardens but most of all they learn to build communities. Christian Shearer (founder of WeTheTrees and the Panya Project) guides the film through the philosophy of permaculture and a number of tropical strategies to help bring health and resilience to the permaculture farm.

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 2677682 or 2677683 or sadhanaforest@auroville.org.in.



Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program 4 April 2016 to 10 April 2016

Indian - Monday 4 April, 8:00 pm:

• BAJIRAO MASTANI

India, 2015, Dir. Sanjay Leela Bhansali w/ Priyanka Chopra, Deepika Padukone, Ranveer Singh, and others, History-Romance, 158mins, Hindi w/ English subtitles, Rated:NR (PG) In the early 18th century, Bajirao-I was a Peshwa (similar to modern-day prime minister). It is fabled that he had never lost a battle. During one of his expeditions a woman warrior Mastani, the daughter of the Rajput King Chhatrasal, seeks his help. Bajirao later gifts her a dagger, which is a symbol of marriage amongst the Bundelkhand Rajputs. Bajirao then returns to Pune to his wife Kashibai. Mastani, determined to follow her love arrives at Pune where she is not welcomed by his family. Mastani endures all insults to remain but conspiracy brews against her by Bajirao's mother and son. In his absence Mastani is imprisoned. Away in the battlefield an injured Bajirao hears this and he is heartbroken. Despite Kashibai's plea for Mastani's release so that Bajirao can recover - Mastani remains in jail. Will the two lovers unite? *This is one of the spectacular productions of the year.*

Potpourri - Tuesday 5 April, 8:00 pm:

• UÇ MAYMUN (Three Monkeys)

Turkey, 2008, Dir. Nuri Bilge Seylan w/ Yavuz Bingol, Hatice Aslan, Ahmet Rifat Sungar, 109 mins, Drama, Turkish w/English subtitles, Rated: NR

Near the Bosphorus, Eyüp and Hacer live in a modest flat with their son Ismail, who is in his 20s and doing poorly in his studies. There is little exchange of words between them and a past family tragedy makes them sad. On a rainy night, Eyüp's boss Servet, a wealthy businessman who is entering politics, hits a pedestrian on a lonely road. He drives off and offers money to Eyüp if Eyüp will take the fall - probably a six-month sentence. Eyüp agrees, and while he's in prison, Ismail wants his mother to ask Servet for enough money to buy a car. Servet, in turn, desires Hacer. How can this play out?

Interesting - Wednesday 6 April, 8:00 pm:

• LISTEN TO ME MARLON

UK, 2015, Dir. Stevan Riley, Documentary, English, 103 mins, Rated: G

With exclusive access to his extraordinary unseen and unheard personal archive including hundreds of hours of audio recorded over the course of his life, this is the definitive Marlon Brando cinema documentary. Charting his exceptional career as an actor and his extraordinary life away from the stage and screen with Brando himself as your guide, the film will fully explore the complexities of the man by telling the story uniquely from

Marlon's perspective, entirely in his own voice. No talking heads, no interviewees, just Brando on Brando and life.

Estonian - Thursday 7 April, 8:00 pm:

• MANDARLINID (Tangerine)

Estonia-Georgia, 2015, Writer-Dir. Zaza Urushadze w/Lembit Ulfsak, Elmo Nüganen, and others, War-Drama, 87mins, Estonian -Russian-Georgian w/ English subtitles, Rated:NR (PG-13)

War in Georgia, Apkhazeti region 1992: local Apkhazians are fighting to break free from Georgia. Estonian village between the mountains has become empty, almost everyone has returned to their homeland, only 2 men have stayed: Ivo and Margus. Margus too will leave as soon as he has harvested his crops of tangerines. In a bloody conflict in their miniature village wounded men are left behind, and Ivo is forced to take them in. But they are from opposite sides of the war. *This is a touching anti-war story about Estonians who find themselves in the middle of someone else's war. How do they handle it? How do the enemies act under third-party roof?*

International - Saturday 9 April, 8:00 pm:

• NO SOS VOS SOY YO (It's Not You, It's Me)

Argentina, 2004, Dir. Juan Taraturo, w/ Diego Peretti, Soledad Villamil, and others, 105 mins, Comedy-Drama, Spanish w/ English subtitles, Rated: G

Javier and Maria live together. Discontent with life in Argentina, they plan to migrate to Miami, USA in search for a better life. Since Maria has a US residency, they hastily marry and she flies ahead. He resigns his job, sells his car and apartment, and packs his things. On the way to the airport he receives a call from Maria, she doesn't want him to come over. She's confused. She's involved with somebody else. Javier is destroyed. He's a walking ghost, constantly pestering his friends, family and shrink about Maria, about getting her back.

Children's Film - Sunday 10 April, 4:30 pm:

• FIVE CHILDREN AND IT

UK, 2004, Dir. John Stephenson, w/ Tara Fitzgerald, Freddie Highmore, Alex Jennings and others, Fantasy-Adventure, 89mins, English w/English subtitles, Rated: U

Four children staying in their eccentric uncle's labyrinthine mansion for protection during World War I befriend a sand fairy who has the power to grant wishes.

HENRY-GEORGES CLOUZOT Film Festival @ Ciné-Club

Ciné-Club - Sunday 10 April, 8:00 pm:

• LES DIABOLIQUES (Diabolique)

France, 1955, Dir. Henry-Georges Clouzot w/Simone Signoret, Vera Clouzot and others, Horror-Drama-

Thriller, 116mins, French w/English subtitles, Rated: PG
The story takes place in a second-rate boarding school run by the tyrannical and mean Michel Delassalle. The school, though, is owned by Delassalle's teacher wife, the frail Christina, Delassalle flaunts his relationship with Nicole Horner, a teacher at the school. Rather than antagonism, the two women are shown to have a somewhat close relationship, primarily based on their apparent mutual hatred of Michel, who is physically and emotionally abusive to both.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted

(equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.
Kindly do not bring food, drinks, snacks, munchies or your pets into the auditorium.

As a courtesy to the fellow viewers please be sweet and stop chatting after the film starts.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in.

We appreciate your continued support. Please make a contribution to "Cinema Paradiso" account (#105106) at the Financial Service.

Thanking You, MMC/CP Group, Account# 105106, mmcauditorium@auroville.org.in

REGULAR CLASSES

Note from the editors

The *Regular Classes* column is published once a month.

Guest-houses are kindly requested to put this page up on their notice boards.

Kindly inform us of any changes/cancellation in your regular event

the next regular events schedule will be published on: **On May 7th, 2016.** - Editors.

African Drumming Sessions: The African Pavilion Team is happy to announce a series of drumming sessions that will take place every Thursday from 5.30 pm till 7.30 pm in the African Pavilion to fund raise the ongoing construction. Help support the project joining the drumming circle around an inspiring fire. Enjoy the beat!

Aikido classes: at Dehashakti/Dana, "Auroville Budokan": -
Beginners: Monday and Wednesday 6.00 to 7.00 pm - Saturday 6.30 to 7.30 am (all levels). **Advanced:** Tuesday 6.30 to 8.00 pm - Thursday 6.00 to 7.30 am and all levels on Saturday 6.30 to 7.30 am. Please be at the Dojo at least 15 min. before the class start. Beginners may wear long loose pants & t-shirt with sleeves for the start (no tight fitting please), then a white "keikogi" will be required. Health Fund or private insurance necessary - Reasonable contribution required for the Dojo. For Children and more info, please contact: budokan@auroville.org.in - or Surya: 0413-2623 813 or 9655-485487.

Alcoholics Anonymous: meeting (open) every Saturday 6pm, Centre Guesthouse (Merriam Hill Centre). Contact: Ingrid 9443843976 or Shankar 9442010573.

Aquagym Class with Elisa at La Piscine, New Creation Every Thursday from 4 to 5 pm.

Argentine Tango: Mondays: Beginners' class 6.00pm to 7.00pm and intermediates 7 to 8pm @ New Creation Sports Resource Center, Kuilapalayam. Wednesdays: Practica (tango dance space open to all) 7.30pm @ Sawchu, Bharat Nivas. Fridays: 'An hour to study' 8.00pm @ Naturellement. For milongas or further information please contact: tango@auroville.org.in Bring socks or danceshoes.

Art Corner: Open community art space with different themes and experiments each week. With one special request we realized this space is ideal for sending positive messages to anyone in need, please contact us with requests in advance. **Tuesdays from 6 to 9 pm**, upstairs at Le Zephyr café in Visitor's Center. **Fridays from 4 to 6 pm**, at the Art Cart, parked on the Visitor's Center stage. We occasionally move the cart elsewhere for events, please follow our FB page for updates: www.facebook.com/sankalpajourneys or email krupa@auroville.org.in.

Astrology, its holistic approach: Astrological Chart by *Uma Giménez*. You are welcome to call and fix an appointment at 2623080 or 9443697972 (Surrender). The reading can be held in English, Spanish, French and Italian.

Authentic Tamil culture: *Meena*, a Tamil Aurovilian, offers courses every Sunday morning to explore the beauty of the authentic Tamil Culture. **Meeting point: Courage Gate.** The course can be tailored to your choice including: 1. Cooking lessons, 2. How to make kolam, 3. How to wear a sari, 4. Henna design on hands and feet, 5. How to make flower garlands 6. Tailoring. If you are interested, please call Meena to talk about the details of your class and fix the time. During the day call: 9787702180, after 5 pm you may use the landline: 0413 2623263.

Bioregion Tour: Date: Every Saturday - Time: 12 pm to 6.30 pm. Meeting point: 11.45 am at Lively Boutique, Kotakkarai Plaza.

Please contact us on 0413 2623806 or at mohanamprogram@gmail.com. Tour will only take place once a minimum of 10 bookings has been received. We aim to run this tour every Saturday, dependent on number of bookings received. Contribution amount is confirmed on enquiry. Transportation will be arranged according to the number of people. Visit www.mohanam.org

Capoeira (Ginga Saroba Group): Join our Capoeira family! Classes open to all levels, led by Prof. Samuka da Índia and his students

• **ADULTS** >> Monday: 5.15 PM - Bharat Nivas (Sawchu) | Tuesday & Thursday: 6.00 PM - Deepanam | Wednesday & Friday: 7.00 AM - Town Hall (Plaza)

• **KIDS** >> Monday & Friday: 1.15 PM - Deepanam School - Contact us prior bringing a new kid

• **CONTACT** >> 9488328435 (Prof. Samuka) | info@ginga-saroba.com | www.ginga-saroba.com

Capoeira (Grupo Gingado Capoeira): Monday 7-8:30pm @ New Creation dance studio. Wednesday 6-7:30pm @ Bamboo Farm (near Imagination). Friday 6-7:30 @ New Creation dance studio Saturday 4:30-5:30 Music Class @ Bamboo Farm (near Imagination) Classes led by Instructor Camaleao (Jeremy) with over 20 years of Capoeira experience.

For more info visit www.gingadocapoeira.in / info@gingadocapoeira.in .Axe!

Chess: Chess enthusiasts! Anyone who is interested in playing chess or only learning is warmly invited to join us playing chess every Tuesday from 6 to 8 pm in Grace community. Tea and cookies will be served. For more info call 9159377976 or 2623182

Circus class: Every Monday: with Romain Timmers acrobatic, aerial, balancing work, juggling. Please wear yoga type clothing. From 4pm to 6pm at Eluciole circus. Miracle community

Cook like a local (Traditional): Every Saturday. Learn to make delicious local dishes and learn how to make flower drawing (Kolam). Meeting Point is the Lively Boutique, Kotakkarai plaza at 9.30 am (please bring your bike) We will finish around 1:00 pm. Visit www.mohanam.org

Clay classes for children and adults with Saraswati and Anna. Please mail to aurokatrusya@gmail.com for details. Regards Saraswati 9787571633

Cultural & spiritual experience: Irumbai legend Shiva temple visit. Every Monday & Saturday, 11am to 12.30pm & 3.30pm - 5.00pm (Please bring your own vehicle). Contributions requested from guests/Volunteers, Volunteer reduction by advance application only. Please register for all the programs in advance by contacting 0413-623806,2623394, mohanamprogram@auroville.org.in.

Dance Offering : Listening - Allowing - Unfolding - Celebrating - Offering: with Dariya and friends Thursdays, 5 to 7 pm in Vérité Hall

Sharing a unique space to be, to express, to connect, to communicate and offer our prayers with free dance and contact

improvisation. Everyone is welcome! Thank you for coming on time to begin together!

Drawing: Every Tuesday in Creativities Atelier/Studio is an open studio focused on drawing. Help is there if you want it 2-4:30. From 5-7 is figure drawing. All materials provided for both.

Eco Femme Visit: Open hour at Eco Femme! Every Thursday from 10:30 to 11:30am. All are welcome to join us for a weekly discussion: on menstruation and the environment, Eco Femme's work, eco-friendly menstrual products, how we related to menstruation world-wide. We are located in Saracon Campus (opposite Svaram Workshop, and near Ganesh Bakery and HERS). +91 9487179556 / info@ecofemme.org

Exploring Meditation: Every Wednesday from 5.15 to 6.15 PM. Witnessing our inner world using different meditation technique that were used by spiritual traditions around the world. No previous experience needed. Venue Pavilion of Tibetan Culture International Zone. Auroville. Facilitator- Yahalom Emet from Djaima Community. For information call 0413 2622401 or 8489067332 or 7639404518

Expressions of Bharatanatyam: A regular class now open to all. Offered by Neela Bhaskar, volunteer in Auroville and dancer with 16 years of experience, from Chennai. Mondays from 5:30 to 6:30 pm with Neela. See updates from Sankalpa Art Center at the International Zone (just behind Pavilion of Tibetan Culture) on our FB page: www.facebook.com/sankalpajourneys or email krupa@auroville.org.in

Farmers Market: every Saturday from 10 am to 2 pm at Youth Center

Feminine dance: Tuesdays at 4:00 at Cripa hall (in Kalabumi). Feminine Dance has historically been a mystical art, a dynamic method to experience the energies of the Universe. We will create an opportunity to reconnect joyfully to our body, reawaken the flow of feminine energy, move to the living pulse of life and have fun in the loving presence of other women. Bring comfortable dance clothes. A flowing skirt and hip scarf are helpful. galit@auroville.org.in

Flamenco In Cripa Every Wednesday: From 3:15 to 4:45 pm. We will practice the flamenco position and attitude for dancing, the movements of hands, arms, body, legs and foot. We will listen to flamenco music to understand the roots of this dance. We will create a flamenco choreography. Come and enjoy with us, *Flamenco team*.

Foot reflexology: A massage that applies pressure to the feet with the thumb, fingers, and hand techniques. Approx. 60 min. Call 9843948288 or email vikram@auroville.org.in for an appointment.

French classes at Savitri Bhavan, House of Mother's Agenda: French classes at House of Mother's Agenda, every Monday and Friday from 5 pm to 6 pm.

From the Food Lab: Horizon. (In front of Sve-dame). Mon., Tues., Thurs. 4.00 to 6.00pm. Call Lorenzo before coming at 09443362274. All relevant information about the after effects of food on your body for e.g. allergies, intolerance, chronic pathology. Homeopathic Immunopharmacology is available.

Improvisation Theatre Workshop: Our training program is dedicated to surveying the breadth of theatre improv and providing a transformative experience that will empower you to explore improv at whatever level of mastery to which you aspire. For more information contact: Veronique J. (9488512678) or Emanuele (9943970834). Fridays from 4.30-6 pm Venue: SAWCHU.

Introduction to Sustainable Food Growing: Every Monday 10.00 am till lunch time in Buddha Garden. Contact Priya for more details at priya@auroville.org.in or 94432 22653

Leela, the game of the self knowledge (2000 years old): Come and play the game of your Life! Sundays, 9.30am to 12 noon (above 15 years old), in SVEDAME, at the Butterfly Barn. English, Spanish, French, Italian and Russian versions all available Contact: Veronique J. 948 85 12 678 www.leelathegame.blogspot.in

Life Coaching: Using awareness, visualization & imagination techniques, life coaching is very useful in period of changes and doubts in order to get in contact with your intuitive self and find the creative & dynamic thread of your life again. For appointment

contact Pitanga: 2622403 or Vani: 9488818072/ vani@auroville.org.in / Reiki and Reflexology courses possible on request

Marbling & Lampshade Training: Marbling is a method of play of creative painting with surface design, which can produce patterns similar to smooth [marble](http://en.wikipedia.org/wiki/Marbling). The patterns are the result of color floated on either plain water or a viscous solution known as [size](http://en.wikipedia.org/wiki/Size), and then carefully transferred to an absorbent surface, such as [paper](http://en.wikipedia.org/wiki/Paper) or fabric. Every Thursday and Saturday from 2pm to 4:30pm. Contribution requested (you will take one lampshade with you). Please register in advance by contacting (0413)2623806, mohanamprogram@gmail.com / www.mohanam.org

Mandala & Meditation: Join us for a simple collective mandala creation with flowers, a brief reading from Savitri and meditation. Please bring your enthusiasm and any flowers collected on the way to our new art center for this unifying and creative experience. Everyday (Monday to Friday) from 7:15 to 8:15 am See updates from Sankalpa Art Center at the International Zone (just behind Pavilion of Tibetan Culture) on our FB page: www.facebook.com/sankalpajourneys or email krupa@auroville.org.in

Martial arts: At terrasoul community, in Windarra farm. classes every Tuesday and Thursday, from 5.30 pm to 7 pm. They will be taught by Martin Bastide who has more than 10 years practice in different martial arts, including Kung Fu, Pencak Silat, Krav Maga, Kick Boxing, Thai Boxing, Taekwondo and Tae Jitsu. The style taught is a synthesis of the principles of these different martial arts, with a clear orientation towards effectiveness and practicality. All levels are welcome. Come and join us to train in a respectful environment.

Meditation for Peace and Healing: Join us from 5:00 to 5:45pm every Thursday around the Peace Table at the Unity Pavilion to build and 'hold' a Collective Space for Healing and Peace. Please offer your Presence to help in this collective experiment, whether you need healing yourself or simply want to support others in their healing and well-being.

Nada Yoga: Monday 1:30 pm to 3:30 pm (for new students with appointment) / Tuesday 1.30 pm to 3:30 pm / Wednesday 1.30 pm to 3:30 pm - In Creativity hall of light. Nada Yoga or Yoga of Sound teaches us to perceive sounds in different parts of the body that are connected to the central energetic channel. These ancient Yoga techniques re-align the energy flow and give peace and quiet serenity. In addition, with these techniques. During the classes we will also learn many devotional songs. Contact Hamsini: 9487544184. She has been a perpetual student of Nada Yoga for 14 years and has been teaching it for 5 years.

For NVC (Nonviolent Communication) and RC (Restorative Circles) in Auroville, please contact L'aura: 9442788016, laura.joyful@gmail.com.

Odissi & Semi-Classical Bollywood Dance Class With Tejas: Private Dance Classes at the Shakti Dance School in Felicity. Learn grace, discipline, and the beautiful temple dance of east India. +91-8489477222. tejas@shaktidancetroupe.com.

OM Choir: "The voice that chants to the creator Fire, / The symbolled OM, the great assenting Word" Every Tuesday at Savitri Bhavan, 5:45/6:00pm - and at the OM Choir in the Ashram School, opposite the Ashram Entrance, Pondicherry, Fridays at 7:00pm.

Online Auroville Events Calendar: The schedule of events for the week can be accessed by all, including guests, on the Auronet login page: www.auroville.org.in (no need to log in!)

Pilates with Savitri at New Creation Dance Studio on Mondays at 5pm, basic level on Tuesdays at 7.30am, intermediate level. on Saturdays at 7.30 am, intermediate level

Pizzas Nights: The Youth Center welcomes you for delicious fresh pizzas from a cyclone-wood-fired oven. Every Saturday evening 7:00pm onwards

Pottery ceramic Training: Come & learn How to create your own pot! Every Wednesday and Saturday, from 10am to 12:30 and 2pm to 4:30pm. Contribution required, please register in advance by contacting (0413)2623806, mohanamprogram@gmail.com / www.mohanam.org

Pregnancy Classes: We hold a space for pregnant mothers to share information and work on reflecting on pregnancy and moving from

emotional blockages, getting advice to overcome difficulties, fears & doubts about birth and bringing more joy into the birthing journey. Time and place will be determined by mutual availability of the pregnant mothers and Ally. For more information please contact: ally@auroville.org.in. Allison

Psycho-spiritual work, tarot and other sessions: To bring more clarity and freedom on life issues where there was confusion and entanglement in order to allow new steps in life. Tarot, deconditioning self-inquiry, "inner personalities" discovery and balancing, guided meditation and other tools...by Antarjyoti in English or French, tel(land): 0413-262 37 67 or email: antarcalli@yahoo.fr

Sacred Henna Initiation: with the question: "Which energy do I want to invite into my life?" and through guided meditation and visualization, everyone will receive a symbol and a mantra. Applying the symbol on our skin we will chant the mantra inwardly, enjoying the cooling, healing and rejuvenation of the sacred henna plant. A talisman on our skin, the henna bestows blessings, good fortune and protection - a catalyst for change, IT COLOURS OUR SKIN AND REACHES OUR SPIRIT. EVERY MONDAY and WEDNESDAY: 10am to 12.30 in Surya Nivas, Auromodel. Registration required, call Sitara 97517 98408 or email: tara@auroville.org.in

Salsa in SAWCHU: Salsa dance class followed by practice. Every Tuesday 6pm-8pm. SAWCHU in Bharat Nivas. Free and open to all Aurovilians, Newcomers and Guests!

Sanskrit Mantras: Venue: Joy Community Hall Fridays: 5.30 - 6.30 pm. Chanting Sanskrit mantras is performing an ancient prayer. Through the harmonic rhythm, repetition and participation in the chant, the mind gains clarity, the ability to concentrate increases and a person becomes more tranquil. Through daily chanting the mind gains qualities which are essential for students of Yoga & Spiritual Scriptures. The specific pitches and rule of intonation and syllabic length will be learned in these classes in the traditional way. Drop-in.

Satsang: a sharing for spiritual upliftment; Savitri Bhavan, Saturdays 5-6 pm

Skyworks: Tree Climbing Workshops: Recreational tree climbing workshops. You want the experience without learning all the knots? The ropes are already positioned in the trees. The knots are tied and tested before. You "hook on". After being fitted with your "saddle" and some short instruction on safety and climbing techniques, you are off and climbing! Call *Satyajji* for conditions and appointment 958 516 58 82. Thank you

Somatic Explorations: with Maggie every Wednesday from 5 to 6pm in Vérité Hall. A gentle, easy and effective way to gain more ease in the body, better posture, flexibility, coordination, wellness, and balance, resulting in a decrease of the aches and pains commonly attributed to stress, injury and aging. Open to all, for further info call 94866 23465.

Sound Bath / Unity Journey: With Aurelio and Team. Every Wednesday 5.30-6.30 pm in Unity Pavilion!!

South Indian Classical Dance (Bhratnatyam): Bhratnatyam dance classes offer by Bhratnatyam Dance classes offered for beginners. Weekly twice. The classes are offered for children and adults. If you are interested please contact me after 4pm on my mobile. S. Caveri: 7598368514

Spanish Tertulia: A gathering for cultural exchange, every Friday from 4pm to 6pm at La Terrace. We welcome anyone interested in Spanish culture and those who practice colloquial language.

Spontaneous Singing: Every Wednesday, 5-- 6:30pm. In Creativity Hall of Light. Contact: 8940740529. Antoine

Réception francophone: Tous les mardis de 17:00 à 18:30 à La Terrace, en haut de la Cuisine Solaire, Ananda et Michiko sont à la

disposition des visiteurs francophones qui voudraient poser des questions sur Auroville. Les auroviliens et newcomers francophones peuvent aussi participer.

Tamil Classes (Basic): in Joy Community Hall, every Saturday 2:30 to 3:30pm. If you are interested to learn some basic Tamil phrases and grammatical structure, join us at Joy Hall (behind the Kitchen Garden). Drop-in.

Tamil Literary Classes and Craft Lessons: Ilaingnarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm-6 pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, History and Culture are opened to all Monday through Friday any time Also classes on languages, sewing, drawing, painting and simple handicrafts for Auroville workers and Aurovilians interested. Contact us to organize classes according to your schedule. Phone No: (0413) 2623 773. Email: tamil@auroville.org.in. R. Meenakshi (Ilaingnarkal Education Centre)

Tai Chi Hall @ Sharnga: Monday 7.30am-9am Chi and 24-form; Tuesday 7.30am-8.30am Chi; Tuesday 8.30am-9.30am 24 form; Wednesday 7.30am-8.30am 127 form; Thursday 7.30am-8.30am 108 form; Friday 7.30am-8.30am 108 form; Saturday 7.30am-8.30am 127 form=

Thai Yoga Massage Practice A inner exploration of the body, energy and spirit .Every Sunday from 9.30 to 12am, in Terrasoul Community (Windarra Farm), In the Sunspace. All levels welcome. Juan: 9443434182

Ultimate Frisbee: Ultimate Frisbee: Every Monday at Certitude & Wednesday and Saturday at the Gaia field at 4.45 pm till sundown. Helps improve stamina, hand/eye coordination, and focus through running, throwing, & catching the disc; along with patience & teamwork and Spirit of the Game. Bring running shoes if you have them. Contact avultimate@auroville.org.in with any questions or just come ready to play!

Vedic Astrology: Chart reading and interpretation. Call 9843948288 or email vikram@auroville.org.in for an appointment.

Veena Musical Classes: As one of India's most ancient string instruments, the veena's origin can be traced back to the ancient yajh, which was similar to the Grecian harp. *Bharata*, in his *Natya Shastra*, explains the theory of the 22 sruti's in an octave with the help of two experimental veena's. Kaanchi Kaama Kodi Aasthana Vithvaan Thiru Ravi (Ravi for short) conducts regular **veena musical classes** for everyone at **Yatra Arts Foundation**, near New Creation sports ground. Come and learn an ancient art form in pleasant and friendly surroundings. **Who:** Everyone! Children & Adults. **When:** Every Friday evening from 5pm to 7pm. **Contact:** 0413- 2623071 / 9786772209

Village Tour: Saturday 02/04/16, Sunday 10/04/16, Saturday 16/04/16, Sunday 24/04/16, Saturday 30/04/16. Meeting Point is the Lively Boutique, Kotakkarai plaza at 9.30 am (please bring your bike). Come and enjoy the authentic village experience and celebrate cultural heritage! mohanamprogram@gmail.com / www.mohanam.org.

YEP for kids aged 7 to 12: To enjoy activities with other kids & discover Auroville. Every week from Monday to Friday, 8:30 am to 1:30pm - Information & registration: yep@auroville.org.in or 7639321750

Yoga Classes: Vinyasa flow classes by *Bebe* in Creativity (Hall of Light) every Thursday 5 to 6.30 pm until end of April. Open to all levels. Contact lifepure41@gmail.com

Zumba classes: With *Lakshmi* at New Creation Dance Studio on Mondays 6-7pm and Thursdays 6-7pm.

Important information about News & Notes (Absolute deadline for submissions or cancellations: Wednesday 11 am)

The contents of *News & Notes* are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The *News & Notes* serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

News & Notes, Media Centre, Town Hall. Phone: 2622133, email: newsandnotes@auroville.org.in

SOME ESSENTIAL SERVICES

Auroville Ambulance: 9442224680

Auroville Library, Crown Road: opening hours - 9:00 to 12:30 and 14:00 to 16:30 from Monday to Saturday

AvHC: The Pharmacy is open 8.30 to 5 pm daily including Saturdays. The doctor's consultation is the same, except Saturday up to 1pm only.

City Transport: Quick "Pick up and Drop" Shuttle Service in Maruti Omni 4-seater van, with per passenger fares, from Rs.80 for 1 person single trip inside the city area, destinations up to Aspiration/Auromodele (Rs.110) and Repos (Rs.150), Quiet (Rs.180). Phone Visitors Centre main gate 262-2611 or to the driver directly 94876-50951 daily 9.30am-6.00pm (summer season - no longer available evenings). Please note that it is not a taxi that will wait for you for onward or return trips, but if needed will come back to pick you up again when called.

Day/Night Guard: Auroville Security: Please call Ramesh.V at 9443090107/9443362691 in case of emergency or if you need an escort (for people with bikes/cycles only) or assistance. You can also contact us at avsecurity@auroville.org.in

Auroville Dental Centre: Protection / Telephone: (0143) 2622265 or 2622007 / email: aurodentalcentre@auroville.org.in

EcoService, Kottakarai: Palani 9443535172 or Kali 9443090114

Entry Service, Multimedia Center: 1st floor, Town hall Complex: Mondays, Wednesdays, and Fridays: 10.00am to 12.00pm for enquiries/applications. Thursdays: 2:00 to 3:30pm. B Form filling for newly resident Aurovilians and youth turning 18.

Financial Service, Town Hall and Aspiration: Mon to Sat, 9 to 12.30 and 3 to 4.30pm

Free Store: Monday to Friday: 9 to 12:30 pm - Tuesday and Thursday: 2:30 to 4:30 pm

Free Store Tailoring Service: Repair work will be received only from 1st to 15th of every month. Timings will be same as Free Store.

Auroville Gas Service, Service Area: Near Tele Service" and BSNL Telephone Exchange. Monday to Saturday: 9 to 1 and 2 to 4 pm

Green Care: Tree care, pruning, rigging, removal of trees, and or branches over structures. Garden maintenance grass and hedge cutting. Call: Jonas 9159843579 or Anadi 9655477329.

Guest Service Solar Kitchen: 1st floor. 9.30 to 12.30 Monday to Saturday, and 2. to 4 pm Saturday only: Introduction Session

Housing Service, Town Hall: Public Hours:
Tuesday, Thursday and Saturday from 9:30 to 12:30
Monday and Friday from 14:30 to 16:30
Wednesday: Closed to Public (Housing Board in session 9:30-12:30). Phone: (0413) 2622658. [Email:housing@auroville.org.in](mailto:housing@auroville.org.in)

Integral Health, Prayatna: transpersonal regression therapy, classical homeopathy, counselling, vital remedies, child & women health, hypnotherapy. integralhealth@auroville.org.in-2623669 - Mon to Sat 9 am - 5 pm, preferably on appointment,

Santé Clinic: Crown Rd. near. Arka: Call 2622803 for an appointment. Hours: 8.45 am to 12.30 pm & 2 to 4.30 pm.

LOE, Lab. Of Evolution, Bharat Nivas: Monday to Friday: 9 to 12am and 2.30 to 4.30 pm - Saturday: 9 to 12am only.

Matrimandir: The Inner Chamber is open for Aurovilians daily 6am to 8.45am/11.30am to 12.30pm (2pm on Sunday)/4.30pm to 8pm. Please keep the Chamber neat and tidy. Straighten your mat and put back all extra cushions neatly by the door. Please refrain from rearranging the cushions which are laid out for you. The Petals are open for Aurovilians daily: 4.30pm to 6pm. To bring family members and personal friends please book by calling 2622579 from 9.30 to 11.30 am any day except Tuesday. Be at the office gate of Matrimandir by 8.40 am on the day of the visit. Please remain with your guests throughout the visit. Matrimandir is closed to visitors on Tuesday. Aurovilians wanting to bring their children to the Matrimandir are recommended to do so on Tuesdays between 9 and 11 am.

Music library, Town Hall: Mon, Wed, Fri, Sat from 9 to 12.30 and Tues, Thurs, Sat from 2 to 5:30pm.

Nandini Tailor section: (Auroshilpam): tel: 2622527
Open to public on Tuesday, Thursday, Saturday full day: from 9am to 12.30pm and 3pm to 5pm. No new order taken last week of the month. Don't forget to bring your bag

Nandini Distribution : (ptdc , solar kitchen) tel : 2622033
Open to public from Tuesday to Saturday morning from 9am to 12.30pm and Tuesday, Thursday afternoon 2.30pm to 4.30pm
Don't forget to bring your bag

OutreachMedia Services: The services provided by OutreachMedia include: dealing with all media that come to Auroville for filming, writing, photographing - reporters, journalist and writers. 2622-098 or 9443602194 or 9952463904 Multi-Media Centre. Office hours: Monday-Friday: 9.30am to 12.30pm. Afternoons and Saturdays by appointment.

Puncture service, service area: next to gas bottle service, opposite road service; Monday to Saturday 9am to 4 30pm; phone 2622741, cell 9442891235.

Auroville Residents Service timings: open from Monday to Friday morning's from 9:00 am to 12.00 pm and afternoon Tuesday and Thursday from 2:30 to 4:30.

Savi: Services for Volunteers and Hosting Units/Services of Auroville, a link between Auroville Projects and long-term Volunteers (minimum 2 months). We offer welcome information, placements opportunities, support with visa procedure and follow-up throughout the volunteers' stay. From Monday to Friday from 2 till 4 pm. at the Unity Pavilion. For more information call (0413)2622121 or go to Savi website: www.auroville-learning.net.

Skyworks: Tree pruning, removal of hazardous trees and branches over fragile structures, power line cleaning. SatYaaaji 958 516 58 82

Vehicle Service, Town Hall: Monday to Friday: 9am to 12.30pm, 2. to 4.30pm. Saturday: 9am to 12.30pm

Video library, Town Hall: Mon, Wed, Fri, Sat from 10am to 1pm and Tues, Thurs, Sat from 3 to 6pm.

Women's Helpline: For women needing assistance after an incident of violence on Auroville roads, please call 262 2425 (mornings) or email avhs@auroville.org.in